**THE COMMERCIAL LEADER OF LYNDHURST**

Established 1922

**THURSDAY, DECEMBER 27, 2001**

**Community Briefs**

**Free bottled water will be available**

Any Lyndhurst Township resident wishing to receive bottled water at a charge may do so by coming to the Lyndhurst Police Department at Valley Brook Avenue on Thursday, Dec. 27 from 8:00 a.m. to 9:00 p.m. The water will be distributed on a first come, first served basis. We will continue to offer this service on Saturdays for two additional days. These two scheduled days will be the only time for water distribution.

**Jr. Woman’s Club to celebrate 70 years**

Lyndhurst’s Junior Woman’s Club will celebrate its 70th anniversary on Jan. 10, 2002. To commemorate the event a luncheon will be held on Sunday, Jan. 13, 2002 at noon at San Carlo restaurant in Lyndhurst. All former Lyons club members are welcome to attend. Tickets cost $35 per person and can be obtained by contacting Donna at 973-451-3592.

**Take a trip to Showboat**

Commissioner Paul Russo, Jr., Director of Recreation announced that there will be an Atlantic City trip to the Showboat on Saturday, Jan. 26. The trip is open to any Carteret resident over the age of 50 and cost is $25 per person. Tickets will go on sale on Wednesday, Jan. 2 in the School Office from 9 a.m. to 3 p.m. Only 100 tickets will be sold. Tickets are $15 with a companion ticket offered for $30. The bus will leavepromptly from the TCA at 8:00 a.m. For further information, call the Recreation Office at 939-4277.

**Lesson in safety**

The North Jersey Foundation for Safety’s “AACA the Safety 10” recently presented the first grade students of Franklin School, Lyndhurst. Otto and Otto Dimartino spoke to the students about pedestrian safety. Mr. “See and Be Seen” Aid also enjoyed the students. From left to right are Matthew Weinert, Officer Dimartino Yang and Vincent Crispino.

**Beefsteak dinner planned for Jesse DiSanto fund**

There will be a fund-raising beefsteak dinner planned for Jesse DiSanto Trust Fund on Saturday, Jan. 9, 2002 at 7:00 p.m. at the Lyndhurst Women’s Senior Citizen Center. Donations are $30 and tickets are $5 per person. Proceeds will go to the Jesse DiSanto Trust Fund.

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**Meat 当然 looks back at 2001, ahead to 2002**

The holidays season is one to look back, reflect, and remember all that we have accomplished over the past year. As we look back at 2001, we can see that this was a very productive year, marked not only by the tragic events of September 11th, but also by the tremendous recovery efforts that have followed. The events of September 11th had a profound impact on our community, and we are still feeling the effects of that day.

Commissioner Smith along with Commissioner Pate is working on our street sweeping project, which will start with the removal of the street sweeping clock on the Town Hall lawn and will continue into the spring with new light fixtures and also a grant for a new street sweeping machine. The Parks Oriental Park and Ramapo Park is being maintained on a regular basis, as well as the parks and public buildings. Under the Commission’s supervision we are striving to maintain the highest standards for our parks and public buildings.

Lyndhurst Police Blotter

**Wanted by Rutherford Police Department**

Wanted by the Rutherford Police Department, 108 Franklin Avenue, are wanted in connection with the Nov. 11 in front of the Veteran’s Square Monument. Lyndhurst will be initiating an intense Grease trap investigation to commence inspection of any improper maintenance. Business owners will be notified, in writing, of any improper maintenance. In the event of any improper maintenance, business owners will be notified, in writing, of any improper maintenance. In the event of any improper maintenance, business owners will be notified, in writing, of any improper maintenance. A time for heroes

**A time for heroes**

Lyndhurst Veterans of Foreign Wars Post 3549, the American Legion Post 129 and the American Legion Auxiliary Post 350 held their Veteran’s Day services on Nov. 11 in front of the Veteran’s Square Monument. Members are members of the American Legion, Veterans of Foreign Wars, American Airmen, Mayor James Gualdi and the Commissioners

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The House also approved Concurrent Resolution 252 to honor all the passengers and crew of Flight 93, which crashed near Shanksville, Pennsylvania.

"We will never again hear the phrase 'let's roll.' We must never again see the courage in its purest form. It is time that we roll away this page of unimaginable terror, they put the sacrifice for our freedom. In the face of unimaginable terror, they put the phrase let's roll without thinking of it," said acting Governor Donald T. DiFrancesco.

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**YMCA takes free trip to see Storm**

Jayson Williams, owner of the New Jersey Storm professional indoor La- zertown team, has made it possible for any child in the community to see the Storm play. Williams has donated two tickets for each night of the Storm’s December games to the Bergen County YMCA for children and families who wish to attend. This is a great opportunity for the community to experience the excitement of indoor football.

**Some tips for good friends and grandparents**

**NAPSA:** According to the American Association of Retired Persons (AARP), approximately 60 million Americans are grandparents. To help them, children, many of these grandparents are in charge of their grandchildren's child-rearing responsibilities. While this new responsibility can be great fun, taking care of grandchildren who also have special needs can be physically draining and may even become a health concern for some grandparents who are not prepared.

*Start a stretch-Caring for grandchildren can be a real strain. Approach it like any other form of exercise.*

Start with a stretch before you begin your day. Whether you are taking care of a newborn or a toddler, having a light stretch in the morning can help prepare your body for the demands of the day.

*Do it daily—Dedicate a time of the day to learning about caretaking.*

Take time each day to research and learn about the best ways to care for your grandchild. This could include reading books, attending workshops, or even seeking advice from other grandparents.

*Help your child when you can.*

As a grandparent, you can help your child by offering to take care of the child when they need a break. This could be anything from watching the child while the parent runs errands to helping with homework or playdates.

*Get involved in your child’s life.*

Whether it’s attending school events, participating in sporting activities, or simply spending time together, getting involved in your child’s life can help you stay connected and engaged.

*See a doctor regularly—Seniors may have more frequent health issues.*

As a grandparent, it’s important to take good care of your own health. Regular checkups with your doctor can help identify potential health issues before they become serious.

*Take a break when you need one.*

Take care of yourself and your needs. Whether it’s taking a walk, reading a book, or simply taking a moment to yourself, it’s important to take care of your own mental and emotional health as well.

*Get help when you need it.*

If you find yourself overwhelmed or feeling like you can’t handle the demands of caring for a grandchild, don’t hesitate to seek help. This could be from a family member, a friend, or even a professional caregiver.

*Connect with other grandparents.*

Caring for and playing with children can lead to a sense of fulfillment and a new sense of purpose. Connect with other grandparents who are also taking care of children to share ideas, support, and encouragement.

*Learn about the resources available.*

There are many resources available for grandparents who are caring for children. Your local community center, library, or even a grandparent’s support group can be valuable resources.

*Be patient with yourself.*

Caring for a grandchild can be a big transition. Be patient with yourself as you adjust to this new role. Remember, it’s okay to ask for help and seek support when needed.

*Focus on what you can control.*

Focus on the things you can control and let go of the things you cannot. Whether it’s the behavior of a child or the demands of a grandchild’s schedule, focus on what you can control and let go of the things you cannot control.

*Take care of your own health.*

Taking care of a grandchild can be physically and emotionally draining. Make sure you are taking care of your own health and well-being so that you can continue to be there for your grandchild.

*Seek support when you need it.*

If you find yourself feeling overwhelmed or unsupported, don’t hesitate to seek support. Whether it’s from a friend, family member, or professional, seeking support can help you feel less alone and more capable of handling the demands of grandparenting.
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Family Vision Care
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Eye Physician & Surgeon, Board Certified

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Gentle Dental Care For The Entire Family

Joseph Tella DMD
Gentle Dental Care For The Entire Family

Denise Paglio, Michael Ejgird to wed

Bergen County names room in honor of Barbara Chadwick

Pictured are former fresholders Charlotte Vanderwalt (left) and Leonard H. Klawer (right) congratulating Freshholder Barbara Chadwick at the dedication of the “Barbara Chadwick Multi-Purpose Room” at One Bergen County Plaza, Hackensack.

County Executives William P. Scarbrough, former county executive, and private citizens in celebrating the public career of Freeholder Barbara Chadwick of Rutherford. The multi-purpose room in the new county Administration Building, One Bergen County Plaza was re-named “The Barbara Chadwick Multi-purpose Room.”

A County Freeholder since 1982, Chadwick also served as a councilwoman and as Mayor of Rutherford. Among her many activities are: Board of Directors of the New Jersey Association of Counties.

Reach out - Madame Loureux President of Lyndhurst AARP #4319, is shown accepting a Certificate of Appreciation from Commander Tom Weit of Barringer-Lopinto, American Legion Post #139, Lyndhurst. Throughout the year, the club gave generously to veterans, providing such items as lap robes, personal toiletry items, candy, fruit, cookies, monetary gifts for birthdays, and more. Some members visited veterans who live in boarding and nursing homes that are in private facilities. These vets don’t qualify for state run veterans’ homes and might otherwise be homeless.

Woman’s Clubs join in book donations

The Woman’s Club of Lyndhurst joined the New Jersey State Federation of Woman’s Clubs “Holiday Kids Project” to give the gift of knowledge, imagination and discovery. On Dec. 15, 329 clubs of the New Jersey State Federation of Woman’s Clubs donated children’s books to their local libraries. This is a gift to the children of New Jersey. It also helps General Federation of Woman’s Clubs attain its goal of $17.5 million of books and supplies donated to local libraries.

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Hours by appointment
Homemade goodness - The United Methodist Women's Club of Lyndhurst recently held their annual "Cookie Walk" on Dec. 8. Many homemade cookies and leaves were sold. The proceeds from the sale will benefit the many reasons that they support. President Judith Hettinger, Jean Falkman, M. Davis, Donna Shles.

Participants wanted for prostate cancer study

By Susan Sontag, M.D., Rockleigh, Chairman of the Department of Urology, is pleased to announce that Hackensack University Medical Center is participating in an international prostate cancer prevention research study. SENESC E (Selenium and Vitamin E Cancer Prevention Trial).

The department is honored to be a participant in this exciting study," said John C. A. Thomas, a volunteer with the Firefighter Support Network in Brookyn, New York. "They donated precious time to our study for generations to come and the study will find means to prevent prostate cancer for generations to come."

Will Smith at his best as Muhammad Ali

I have to admit that I was skeptical about the casting of Will Smith as the nineteen-sixties Heavyweight Champ, Muhammad Ali. But after seeing the film, I am now a convert.

As Muhammad Ali, Prince has succeeded in making an amazing transformation. Second, I must say that it is an incredible feat to have a non-Arab play the role of Muhammad Ali, as the film itself proves. Third, Prince has successfully created an Arab-American icon who is truly believable and relatable.

As far as the acting is concerned, I have to say that Will Smith delivers a powerful performance. He brings to the role the charisma and confidence that are characteristic of Muhammad Ali. His portrayal of the boxer is both entertaining and inspiring, and he manages to convey the incredible spirit and resilience of the man he portrays.

In conclusion, "Ali" is a film that is both entertaining and educational. It is a testament to the power of film as a medium to tell important stories and to inspire us to think about the world in which we live. It is a film that deserves to be seen and recommended to everyone.
Gone are the days of icemen and furnaces that burned coal

by Charlotte Navino

I saw an ad in the supermarket food column and it reminded me of the day when I cooked the famous Christmas Eve fish dinner that Mark made when he was 11 years old. He had found a barrel of coal in the cellar and decided to try his hand at baking a large turkey. I remember helping him to prepare the meal and being very excited about the prospect of a delicious Christmas Eve dinner. However, the day did not turn out as planned. The coal was poured into the barrel down. One day they left the big barrel on the hot sand and some brightly colored tar landed on a young boy's hand, could not be removed from the skin. The doctor could not remove the hot tar till it was cooled. The sea remained through life.

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Santal's Helpers - The Lyndhurst United Methodist Church has been helping to annual Christmas dinner for many years. Pastor of the church, Rev. Joanne Martin and Rev. Kevin Condon with the many hats, mittens, gloves, and toys. But we don't want the snow or put them out for the garbage. The coal was poured into the cellar down. One day they left the big barrel on the hot sand and some brightly colored tar landed on a young boy's hand, could not be removed from the skin. The doctor could not remove the hot tar till it was cooled. The sea remained through life.

St. Mary's Hospital
211 Pompton Avenue
Passaic, New Jersey 07055
973-470-3000

Leading the Way

SACRED HEART STUDENTS GET IN TOUCH WITH NATURE

SACRED HEART SCHOOL, Lyndhurst, recently held a "Touch of Nature" outing for its 9th grade students. Each student was asked to bring a trowel and experience the wonder of nature as they explored the school's outdoor areas.

The students were led on a guided nature walk around the school grounds, observing and identifying various plants, animals, and insects. They also had the opportunity to participate in a bird-watching activity, where they learned to identify different species and their behaviors.

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THE LEADER

Vikings suffer first loss against Gaels

The North Arlington Boys Basketball team got a big shot in the arm with a season opening 74-41 win over Secaucus on December 19th in the second game of the season. The Vikings were coming off a tough 61-55 loss to Ridgefield in their season opener on December 12th. With the win, the Vikings improved to 2-1 on the season and kept their hopes alive for a playoff berth.

The Vikings led by 14 points at halftime, 38-24, and continued to pull away in the second half, outscoring Secaucus 36-17. Senior captain Nick Mazzolla scored a game-high 26 points, while junior forward Anthony Rossmello added 11. The Vikings were able to outscore Secaucus in every quarter, 27-14, 11-10, 16-6, and 12-5.

In addition to Mazzolla and Rossmello, sophomore guard Mike Alfano netted 45 points, while senior forward Mark Lehman added 16. The Vikings defense held Secaucus to only 12 points in the first quarter and 26 in the second, while scoring 38 themselves. The Vikings were able to control the game from the start, never trailing and holding a double-digit lead for most of the game.

The Vikings offense showed a balanced attack with Mark Mazzolla and Mark Lehman scoring 16 points each, while Alfano added 11. The Vikings were able to outscore Secaucus in every quarter, 27-14, 11-10, 16-6, and 12-5.

The Vikings were led by Nick Mazzolla, who scored 26 points, while Anthony Rossmello added 11. The Vikings defense held Secaucus to only 12 points in the first quarter and 26 in the second, while scoring 38 themselves. The Vikings were able to control the game from the start, never trailing and holding a double-digit lead for most of the game.
This year, resolve to practice every day

Practice makes perfect. Or if not perfect, then progress. So this year, instead of making a firm resolution to accomplish one specific goal, just resolve to practice.

Practice being nice. Practice smiling more. Practice choosing less and moving more. Practice being nice to annoying people and incompliant drivers. Practice smoking less and singing more. Practice being civil and tolerant and non-judgmental. Practice being helpful.

It's hard to change. It's hard to lose bad habits. It's hard to move forward. But if practice makes progress, then we're all on our way.

Happy 2002!

-- Laine Rapisardi

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Letters

Mom thanks the many who helped her

Dear Editor,

I am a single mom here in Rutherford and just went through the most trying month of my life and my children's lives. We had times when keeping the refrigerator was a challenge and times when I needed help to watch them. The times when we needed repaired and times I just needed a break. Times I was sick and had to get to work in time. Times we were just simply overwhelmed and dropped off assisted. Times my son had been picked up, cache, and dropped back home. Times a pizza was delivered anonymously.

It takes many different people to work together to get where we are and there are far more families that gave us our hands down. Someone needed help and the neighbor next door.

Thank you to Mcstellar and his nonsensical thoughts.

Happy Holidays to all that helped, just through the year. Your hand down, home cooked meals, transportation and child care, and financial help and giving us through the hardest year of our life. Even though we don't have names

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Two things are clear.

1. Ours is a nation divided. We have a new administration that is devoid of compassion and will likely be considered in Arab neighborhood. The

2. America has never been more divided. There are millions of people who do not want to coexist with anyone else. We must learn to coexist with our neighbors and friends.

Thank you to all of the generous contributors.

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In our anti-wildlife plan, we must learn to coexist with the wildlife. Anti-wildlife plan is not unconstitutional.

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The people most likely to know people who know people who know people who know people, who could lead law enforcement to the terrorists would have

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Correction:

The guest column "Beccho's prayer for unity" appeared in the Dec. 12 substi-

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Assistant Editor

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Leaders may be edited for space and clarity and are printed at the discretion of the editorial staff.
Feathered friends - Jarad's Parrots. Rutherford newest bird store at 32 Park Ave., held its grand opening ribbon cutting on Nov. 24. Owner Wayne Klymenko has created a unique store where bird lovers will find a wonderful assortment of exotic birds (from conures to macaws) all sizes of parakeets and a large selection of bird seeds. The store focuses on educating people to better understand their avian companions. Jarad's Parrots' hours of operation are Monday 1 p.m. to 8 p.m. and Tuesday through Saturday, 12 p.m. to 5 p.m. Shown left to right are: Rob-Finnaeus Bryant, Manager; Rutherford Downtown Promotion Fund, Ed Price, President; the RDP Board of Trustees, Wayne Klymenko, owner; Matt Ryan, Ursula Baker; and Mayor Bernadette McPherson.

Attention buyers! Call for a free list of properties in your price range!

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WHY IS IT?

A man wakes up after sleeping, turning the knob of the wire hood six turns. 5. Release the foil. Place a towel over the cork and hold the cork in place. 6. Rock the cork, not the bottle, and ease the cork from the bottle. 7. Pour champagne into flutes. 10 Cheers! “Champagne is for opening, not spilling,” said Laird. “Follow these tips and you’ll be sure to get your first champagne, like Korbel, into the glass rather than onto your guests. And remember, practice makes perfect. The more you entertain and serve champagne, the easier it gets.”

The friendships of those we serve is the foundation of our progress.

As we begin 2002, we think of all our valued friends and customers with warm appreciation and wish you all good things for the coming year.

Savino Real Estate, Inc.

List your home with us & get ready to move!

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201-438-3120
Joseph J. Hanley

Joseph J. Hanley, 74, of Kearny, formerly of Bayonne, died suddenly on Friday, Dec. 14. He was a native of Bayonne, N.J., and for 35 years lived in Bayonne. He was active in the local community and a member of the Bayonne Moose Lodge.

Evelyn M. Krauss

Evelyn M. Krauss Markey, 58, of North Arlington, was afforded a place in Our Lady Queen of Peace Church, North Arlington, following the funeral from the Parow Funeral Home, North Arlington. The funeral was held on Monday, Dec. 19, at home.

Funeral services were held at St. Anthony's Church, North Arlington, on Saturday, Dec. 15.

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