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Voicemail:
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The Progress provides an open forum for readers to express their views on local issues. Letters should be typed, double spaced, must be signed, and should be accompanied by an address and daytime phone number for verification. Letters go to the editor's office by Friday at 5 p.m. Monday to be considered for publication that week. They are subject to editing for length and clarity.

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WORLD COMMUNITY NEWSPAPERS

City's plan prompts citizens' reactions

By Sam Daly
Staff Writer

Some may worry about how the public does not care about issues this day. But when it comes to recreation, apparently they care very much.

The public nearly filled the council chambers in City Hall Wednesday to witness the presentation of plans for a proposed recreation center slated to be built behind City Hall.

They were also there to comment on the center. Most of these comments were positive, though a few came out against either the center or how the city was going about building it.

The city government came out strongly in support of the center. "I wish I had a dollar for every person who has come to me over the last 19 years and said if there was a place for my child to go, my child would not be in a police station," said Det. Mark Schwartzback, a juvenile department officer and assistant director of the Police Athletic League.

Frank Regan, director of Economic Development and Planning, called the Recreation Center a "very innovative program as well as a very innovative way of working with our youth."

According to Schwartzback, the center would bring the PAL and Recreation Center together in a central location "in arguably the most secure place in the city, right next to the police station."

In proximity to senior citizen housing across the street and its programs for senior citizens would also provide a place for the children using the facility. Regan added that this would give children a place to go when the city's playgrounds are closed, which is three-fourths of the year.

Ralph Dismanno, superintendent of the Recreation Department, said the increased flow of people into the facility could add to increased economic development in the downtown area.

The public, as a whole, supported the construction of the center. "I've grown up in Rahway for 21 years now and growing up, there was not a lot to do," said one resident. He added there is even less to do with the cancellation of dances at Rahway Intermediate School, and there is "not much to do" at the city's parks, which wouldn't have the facilities available at the recreation center.

"I just feel this is very positive and I support it," said Christine Ellis, Lillian Henderson, a former Board of Education member, said this was similar to the "vision" for Rahway that Charles Brown had when he built the John F. Kennedy Community Center on East Hazelwood Avenue.

"If our mayor did not have a vision, he would not have a lot to say for this community. Tonight he is offering a vision for this community," she said. But some people felt the facilities currently in Rahway — especially the schools and parks — were being underused and that the recreation center was unnecessary.

Bob Carson, a soccer coach, said the facility was "long overdue" but questioned its cost. Gene Hunter said there were already more than 20 parks and schools in Rahway that should be used.

The council approved a \$5,243,500 bond ordinance that night to finance the construction of the recreation center, which Carson said amounted to \$5,000 per family in Rahway.

Carson said this was an "investment" to the people who volunteered their time for recreation and after-school programs and who could not be paid. He added the public had not had enough of a chance to comment on the center. The council had made the announcement during last Wednesday's meeting and, according to Councilman Frank Janusz, had not said they would be voting on a bond ordinance.

"How can we condemn it if we don't know about it?" he said. Carson's concerns lasted at least one other resident, Barbara O'Lochlain, questioned the need to build the recreation center. She pointed out that Carson was a member of the Union County Council and predicted Rahway would have trouble with the UCUA.

"He's not saying don't build it. He's saying let's look into it," she said. Captain Edward Tilton of the Police Department responded to these by saying, "We don't want to be asking how much but rather how soon?"

According to Tilton, Rahway ranks fourth in Union County for the number of children on probation. He added that the Rahway police had about 1,000 juvenile calls last year, more than 200 of which went to juvenile court.

He added that the PAL is not underfunding the school facilities in town but rather is running into scheduling conflicts with the school.

"We will have to beg, borrow and steal space, but we plan to turn that around," he said.

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COMMUNITY CALENDAR

The Community Calendar is prepared by the Rahway Progress to inform residents of various community activities and governmental meetings. To give your community events the publicity they deserve, mail your schedule to Rahway Progress, Attention: Chris Surval, managing editor, P.O. Box 3109, Union, 07083.

Monday
• The Mayor's Concert Series begins. There will be concerts on Thursday nights from 7 to 9 p.m. at West Main Street and Irving Street in Rahway. Concerts should bring lawn chairs. In case of inclement weather, the concerts will be moved indoors to Rahway Intermediate School, Kline Place in Rahway. On Aug. 7, Smooth-A-Move Revue will kick off this concert series by taking listeners through a fascinating recreation of the Motown sounds of the Temptations, Four Tops, and many more. On Aug. 14 the Tim Gilla Band, one of New Jersey's most popular country music dance bands, will perform. This seven piece group features pedal steel, fiddle, guitar, bass, drums, keyboard as well as two highly talented female vocalists. On Aug. 21, the Latin Jazz Connection performs Latin big band classics.

Tuesday
• The Rahway Board of Education will meet for its regular monthly council meeting at 7:30 at the Intermediate School cafeteria.

Wednesday
• A free blood pressure screening is being offered for Rahway residents at the Rahway Public Library on the first Tuesday of every month. There will be a blood pressure screening from 3 to 6 p.m. on Aug. 5. For more information call 927-2085.

Thursday
• The 23rd annual Soap Box Derby, co-sponsored by the Mal Edzel Civic Association and the Linden Recreation Department, will be held on Sept. 14 at Summit Terrace and St. Georges Ave. at noon. The deadline for submission of applications is Sept. 2.

The derby is open to boys and girls ages 7 through 15 in Union County. Each participant receives a trophy, a commemorative T-shirt and a certificate, while winners take home larger trophies, and special prizes, such as bicycle or a scooter.

The derby has been a success since its inception and has become a favorite family project for the summer. Moms, dads, boys and girls, even grandparents get involved working together on the cars. Volunteers from the community assist with the derby. A celebration picnic will be held at the derby at Willow Park. Last year event attracted approximately 450 people.

Applications and further information are available by contacting Mal Edzel at 925-8807 or the Linden Recreation Department at 474-8600.

Friday
• The Saturday Marketplace, located in Parking Lot

adjacent to the train station at the corner of Irving Street and Broad Street in downtown Rahway, will open. The Saturday Marketplace is expanding. Interested vendors can call the sponsoring organization, Rahway Center Partnership, at (392) 396-3545 for information.

Saturday
• The Concerned Citizens of Union County will meet at the JFK Community Center, 796 East Hazelwood Ave. in Rahway. For time call Bob Carson at 381-7229 or Kent Blanchard at 296-3722.

The Concerned Citizens are involved in examining such issues as the hazards of a toxic waste incinerator. The group uses the model of participatory democracy in their organization and state there is no single person who makes all the decisions, the group decides action. The Concerned Citizens invite all to join their meetings on the first and third Thursday of every month.

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Township addresses speeding

By David Goldberg
Staff Writer

The best way to save someone from a dangerous situation is to make the individual aware of exactly what kind of danger is being caused before it is to occur.

In the Township of Clark, Westfield Avenue among many other main roads has a speeding problem. This serves as a hazard to the people speeding, the people who driving at normal speed as well as the pedestrians who are walking around in the area. Obviously, giving the offenders speeding tickets for being in violation the law would be justified, but it isn't really enough. Installing radar activated display signs which show how fast vehicles are travelling on the main roads of Clark, may make drivers more alert and will possibly slow down the speeding. This device has been used in nearby towns such as Rahway and Scotch Plains.

The radar sign was installed in Rahway in early May. The police saw this sign as a different approach to fight speeding.

"Overall I think that the radar sign has been very effective," said Capt. Wilson. "It definitely slows down people who have been speeding. Most people have a tendency to speed unless they are being watched."

"We are hoping to come up with some arrangements to improve the speeding problems that occur in the Township of Clark," said Mayor Robert Ellenport. "Chief Deppo has been working with the town trying to get the radar sign to be approved by the town. Last year the town council chose to vote against the radar sign. I am hoping that the town council will support this issue if it were to come up again."

"The Township of Clark is in the process of trying to install rumble strips on the ramp of the highway exit," said Ellenport. "The rumble strips on the rumble strips should cause speeding automobiles to slow down. The rumble strips when they drive on will alert drivers that they are exceeding the speed limit. The strongest solution for the speeding and the large amount of traffic that comes from this exit would be to get an exit on I-95."

During the conference, Sanders also presented a speech to other franchise owners on the factors of success. In addition to the Reno awards ceremony, Sanders also participated in Decorating Den Interiors' 15th annual Dream Room Contest held this Spring in the illustrious Presidential Suite of New York's Plaza Hotel.

Editors from: Traditional Home, House Beautiful, Bob Vila's American Home, Woman's World, Better Homes and Gardens and more participated in the judging. The judging was based on design excellence, creative problem solving, and overall presentation. As a result of judging the contest, editors often request to display the rooms in upcoming issues of their publications.

Sanders submitted photos and other materials of a completed living room done for Cranford residents. The traditional living room featured gaily, rose, and cream colors along with cherry wood and brass accents.

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Karen Sanders of Clark, is honored by Decorating Den Interiors, the largest international interior decorating company.

Sanders receives recognition

Karen Sanders of Clark, was recently honored by Decorating Den Interiors, the largest international interior decorating company.

Sanders received the companies coveted Chairman's Circle Award for producing of the top ten highest retail sales achievement of more than 700 Decorating Den Interiors decorators.

James S. Bugg, Sr., chairman and owner of Decorating Den Interiors; Jim Bugg, Jr., president and CEO; and Sue Palley, senior vice president of Retail Sales, dedicated the award during the company's 28th Anniversary Conference held in May in Nevada.

"Ms. Sanders' success is a true testament of tremendous design and sales ability," stated Jim Bugg, Jr. In addition to the Chairman's Circle Award, Sanders was also presented the President's Club gold watch for cumulative sales in excess of \$1 million, the Prism Award for achieving retail sales of \$400,000 or more during 1996, the Positive Thinkers Award and Third Year Century Society Pin.

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Cigarette causes house blaze

By David Goldberg
Staff Writer

A careless smoking led to a fire at a Rahway residence on July 31, officials said.

According to Battalion Chief Irwin Kriebler, the fire at 863 Rahway Terrace was started in a chair in the house. One of the occupants was handicapped and had to be evacuated to a neighbor's house.

The chair was taken outside and extinguished. Firefighters had to evacuate smoke from the house, which caused an estimated \$10,000 in damage.

A malfunctioning fire alarm diverted firefighters from a real motor vehicle fire on July 31.</

COMMUNITY FORUM

Contract frees teachers' time

There was no candlelight vigil in front of Rahway Intermediate School this past week. There were also no threats of teachers refusing to participate in extracurricular activities. Instead, there was a bright light at the end of a 12-month period known as the expired teachers' and school workers' contract. It came in the form of a tentative deal after a six-hour negotiation session between the Rahway Education Association and the city's school board.

We hope this tentative three-year pact will have a positive effect on the quality of education in Rahway which both sides are anticipating. Although the contract settlement may take some time to be ratified by the REA, the union which represents 300 teachers, aides, custodians and maintenance workers can now focus on a vital task — fine-tuning the 1997-98 school programs.

The public needs to be apprised of the progress of this settlement. The best way for the citizens of Rahway to keep informed is to attend the school board's coming meetings, a caucus meeting on Aug. 12 and a regular meeting on Aug. 19. At the regular meeting, residents will have a chance to comment during the public portion. This is an opportunity to voice opinions and concerns in a public forum. In fact, we encourage this type of interaction. With such, the quality education desired by parents and guardians can certainly be attained. If all goes well, the summer's end will bring a new and bright beginning to education in Rahway.

Take the advice

Fifty-one bikes have been reported stolen in the city this year and at this rate, the number could exceed last year's 93 bike thefts. This is an alarming statistic, especially when combined with the fact that the total value of bikes stolen this year has already exceeded last year's total value.

Bikes have been stolen from porches and from back yards. The only real way to prevent a theft is simple: lock your bike. With the more expensive bikes, parts are often exchanged and this prevents bikes from being identified after they are taken. Other than locking your bike, there is not much people can do to stop bike thefts, but there is a lot they can do to help the police investigate the thefts. Serial numbers or receipts greatly enhance investigations, according to police. This should be advice well-taken by anyone concerned about this rise in bike thefts.

Showing support

Tuesday evening, residents across the county, as well as the country, fought against crime in a way that has become an annual tradition for the past 14 years.

National Night Out has gained support from local communities and crime prevention agencies to instruct residents how to better protect themselves, their homes, and most important, their families.

What makes the event unique is that it seems more like a block party rather than a night to let burglars and other undesirable know that residents in communities are coming together to take back their community. Their voices are the tool to drive criminals out of the town and let them know they will be a victim no more.

We are glad to see that the popularity of this event is growing. For some towns, it was the first time they participated in the annual event — for others, it is a long line of tradition which stems from the event's 14 years of banding a community together.

There is a lot that can be achieved from National Night Out. New friends and allies meet. Should someone try to intrude upon your family or personal space, you can rest assured that one of your new friends may be there to assist you in getting to safety.

In addition, with the local crime prevention agencies in a more relaxed atmosphere, they will be able to meet and greet the public and create more of that home-town atmosphere where everyone knows each other on a first-name basis.

So whether you were out to have fun or learn something about drug or crime prevention, the important thing is that you were there. By showing support for your community, you will show the criminals they are not welcome.

"We have all of us at times suffered from the liberty of the press, but we have to take the good with the bad."

Theodore Roosevelt
26th U.S. President
1883

Rahway Progress

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SUMMER MARKET — Shoppers browse at the Rahway Saturday Marketplace on Irving Street. The marketplace is open through August every Saturday from 9 a.m. to 3 p.m.

Computers are handy, but aren't 'Royalty'

Free Form

By Bob Rixon

The first typewriter I recall using was my mother's big metal Royal. It was on the Royal that I dispensed with a year's worth of high school touch typing instructions and began developing the four-fingered writer's technique that most of the other writers in the western world, depend upon on a daily basis.

I'm thinking of that typewriter, because I just bought my first personal computer, a contraption that was unimaginative to me — along with compact discs and microwave ovens — when I began thinking of myself as a writer.

Actually, I've been using a computer for nearly nine years: a Smith Corona word processor that was a technological wonder when I first obtained it. It's been a reliable, loyal machine to me, as all of my Smith Coronas have been. I've done most of my best writing on it. I owned a good Smith Corona electronic and before that I borrowed one from a friend for over a year. But I've never forgiven the company for falling a step behind Brother in word processing, going Chapter 11, moving out of New York State to Mexico, and basically giving up the ghost anyway.

The word processor changed how I write, although I didn't realize this until it was in the repair shop for a month and I had to go back to a regular typewriter. I found that I had lost my ability to construct solid, sequentially organized chunks of prose. Gone were those college nights when I could knock off a three-page book report in one draft from a pile of notes jotted down on cocktail napkins. To revise a page on a typewriter, one has to retype the entire page, at least, which one would rather do as little as possible. I'm not sure why I got a computer. I wanted one for a long time. The Internet doesn't entice me; the Internet does many people I know, although I'm looking forward to chatting with friends scattered all the way to California and making some new ones along the way. I need to create and link up a web page to the WPMU radio station site now that the station broadcasts around the world on the Net. I love fonts, the endless variety of alphabet designs that are available on computer. Especially, I need to organize my writing better than the capacity my old word processor affords me. It just seemed like it was time to do it. I have a lot to learn and I'm feeling a bit overwhelmed by the sheer amount of things my new computer can do.

So I'm writing this on the old machine and wondering when I'll get around to printing out the enormous quantity of material I've stored over the years on non-transferable Smith Corona Data Disk. And I'm feeling nostalgic about typewriters, particularly for that old Royal with the spool of ribbon that wound over and over until the ink was used up and the letter came out faded. Sitting in an attic room late at night tapping out letters, sentences, paragraphs, pages; each page a new, and pleasing, like a new born baby.

Bob Rixon is a resident of Rahway and a columnist of this publication. Rixon's e-mail address is rixb@writemore.com.

LETTERS TO THE EDITOR

Let's make better use of schools

To the Editor:
Mayor Kennedy, his political allies and political dependents, plan to build a new recreational center that costs \$5,393,500, and possibly even more by the time it is completed. That's about the same amount of money as our new City Hall cost. This plan will create money for out-of-town bond attorneys who contribute to Kennedy's campaign and enrich out-of-town contractors, not to mention create additional new political jobs under our out-of-town Recreation Department superintendent.

The fact is all of the recreational facilities to be built by this project already exist in our schools. Why not save millions of dollars by using and improving some of these facilities when schools are not in session? A study made on the last year of Kennedy's now first superintendent of schools by "New Jersey" magazine placed Rahway last in New Jersey in our economic category on quality of education. If you really want to fight juvenile crime, improve your school system and make its recreational facilities available to all our students when school is not in session.

Use the money to improve our school system and get our children off the streets and into the best places next to their homes, namely our schools, and save our millions of dollars besides. At the very least, the City Council should hold a referendum on this issue before spending over \$5 million of the taxpayers' money for recreational facilities that already exist in Rahway.

William P. Wrook,
former councilman,
Rahway

Janusz is right

To the Editor:
Councilman Frank Janusz is to be commended for alerting the people to Mayor Kennedy's scheme to lease away our water utility so that his out-of-town contributors can be richer and a private corporation can force higher water rates on the people of Rahway.

It is now apparent that our water rates in Rahway already are much higher than are justified by our water utility expenditures because Mayor Kennedy wants to make the Rahway Water Department an exceptionally attractive buy for whatever out-of-town private water company decides to buy our utility. As Mayor Kennedy already has admitted, the water rates will go up under private control.

What we must also examine, as concerned Rahway citizens, is the likely fact that Rahway water under any lease agreement will be controlled by out-of-town profiteers. When other towns are experiencing water shortages, will these out-of-town profiteers pump Rahway water to out-of-town users and unnecessary subject Rahway citizens to drought restrictions? Because most Rahway residents get their water from the Rahway River and the supplier never water goes into the ocean, there is usually no need for drought restrictions on most Rahway water users. This favorable situation could change.

under private out-of-town control. Councilman Janusz is right; any move to change the legal status of our water utility and any move toward private out-of-town control should be subject to a vote of the people.

James J. Fulmer,
Former councilman
Rahway

McGregory puts career before child

To the Editor:
Last year Kari-McGregory filed for divorce from her husband Jim. In papers filed in Vancouver, Canada, Mrs. McGregor indicated that Jim McGregor was "so consumed by his political career that he neglected his wife and only child, Morgan."

According to the press, in his written response to his wife's charges, McGregor wrote, my wife "appears to ignore all of the contributions made by myself towards the parenting of Morgan, which I willingly undertook in my spare time." The point isn't that Jim McGregor is getting divorced. The point is that raising a child is not something one does in his spare time nor is parenting something that people should expect to be praised for because they did it willingly.

The divorce between the McGregories is unfortunate. Divorce strikes many marriages and the fact that Jim McGregor is a gubernatorial candidate should not make it a major campaign theme.

But the fact that Jim McGregor thinks raising a child is something that is done during spare time speaks volumes about his character. Trap shooting is something done in spare time. Raising a child is something to which every waking moment is dedicated.

Not only does Jim McGregor's formal written response to his wife's charges give us great insight into his character, it raises great questions about the kind of message he thinks we should send to teenagers and young adults. Should we really be telling people it's fine to be raising children during spare time? Should we be telling teenagers not to worry about the responsibility of parenting, after all, it's only a part time responsibility?

One final thought: McGregor's response to his wife's divorce filing was a formal, written response. It was prepared by McGregor, his attorney, and political consultants. It was not a candid, off-the-cuff comment. It represents his best shot at responding to his wife's claim that he neglected his wife and their only child for the sake of his political career.

Richard Miller
Scotts Plains

Our policy on letters and columns

The Progress welcomes submissions from its readers. Either letters to the editor or opinion pieces on any subject will be considered for publication on the Community Forum Pages. For publication, all letters and essays must be received before 9 a.m. Monday at 1291 Skyward Ave. Union, NJ 07083.

QUESTION OF THE WEEK

Do you plan on attending the Mayor's Concert Series?

Responses will be published next week.
Polls close Monday at noon.
Calls are free. Touch tone phones only.

LAST WEEK'S RESULTS

Were you ready to submit your quarterly tax payment Friday?

NO RESPONSE

RAHWAY PROGRESS - CLARK EAGLE

Summer program awards crafty artists

The annual Rahway Recreation Summer Arts and Crafts Exhibit was held at the Rahway Public Library and was sponsored by the Summit Bank of Rahway July 28-31.

11 city playgrounds participated in the craft program under the direction of Christine Beaton and Ellen Zyma. The winners in the category for Original Crafts were: Frankie Brennan, first place; Angela Jennings, second place; Amy Melissa Servadio, third place. Outstanding Craft winners were: Christine Hoffman, first place; Jacqueline Jack, second place; and Shubira Hair, third place. Creative Craft winners were: Veronica Williams, first place; Taitang Andre, second place; and Emily Heard, third place.

The Drawing and Painting program was under the direction of Janice DiGiorgio. Winners in the Junior Division were: Amanda Picard, first place; Elizabeth Picard, second place; and Sonia Picard, third place. Winners from the Senior Division were: Janette Painter, first place; Carly Painter, second place; and Jesse Painter, third place.

The Ceramic program instructor was Donna Stone. Winners from the Beginner category were: Casey Frakes, first place; Brian Levine, second place; and Colleen McGuire, third place. Winners from the Advanced category were: Kristin Lehtewicz, first place; Kristi Krawiec, second place; and Janette Painter, third place.

The Rahway Recreation Department gives special thanks to those individuals who supported the exhibit, including: Fran Ryan, Branch Manager of the Summit Bank; Keith McKoy, Director of the Rahway Public Library; and the Rahway Public Works Department. We also thank the judges for their time and effort: Maria Alexander, Jose Perez, Cheryl Evan, Candace Tob and Paul O'Mahoney.



Winners from the annual Rahway Recreation Summer Arts and Crafts Exhibit display their trophies at the Rahway Public Library. 11 city playgrounds participated in the craft program.



NEWS CLIPS

Recycling bins added

Expanding its effort to maintain Union County parks at ecological models and encourage citizens to help keep the areas clean, the Division of Parks and Recreation has joined the Bureau of Environmental Affairs to assign its recycling program.

The division has placed specially marked recycling bins in Rahway River Park picnic areas in Rahway to expand the program to other county parks. The effort is in addition to recycling programs at county golf courses, the Trailside Nature Science Center and the Watchung Stables in Mountaintop.

"We are taking all of the members of the public who use this park to dispose of plastic, glass, aluminum and trash in bins that have been respectively marked," said Freeholder Dan Sullivan, liaison to the Parks and Recreation Advisory Board.

Individuals who apply for Rahway Park permits receive special packages containing material about the expanded environmental effort, reflections for children's bicycle helmets and information about county parks. Information also can be obtained by calling the Division of Parks and Recreation at (908) 527-4900.

Parks program

The Board of Chosen Freeholders invites organizations serving individuals with disabilities and/or senior citizens aged 62 and older to participate in Discover Our Parks, a

half-day program in the Union County

Accompanied by a Division of Parks and Recreation staff person, organized groups will have an opportunity to visit a county park and participate in one of the following activities: free of charge, outdoor swimming, a tour of the Watchung Stables, nine holes of pitch and putt golf, or a nature of planetarium presentation at Trailside Nature and Science Center.

Groups are responsible for transporting their participants to and from the selected Discover Our Parks site. Appointments will be made on a first-come, first-served basis, weekdays, through Aug. 22.

For further information, contact the Union County Division of Parks and Recreation at (908) 527-4900.

Horseback-riding lessons

The opportunity to learn to ride a horse exists this summer at the county's Equestrian Camp.

Equestrians of all abilities, especially beginners, are invited to enroll in one or two of the week-long sessions which includes instructional riding, trail rides, learning general equestrian skills and a horseage. Campers will also be able to participate in a Horse Show at the end of the summer.

Watchung Stables, 1160 Summit Lane, Mountaintop, is the site for this opportunity for fun, fitness and learning. Camp is open to boys and girls ages nine to 17.

Enrollment is limited to a maximum of two weeks per child. Scheduled sessions will end the week of

Aug. 19. Sessions are Tuesday

through Friday from 9 a.m. to 3 p.m. Participants may register 8 a.m. to noon and 1 to 4 p.m. Applications are accepted on a first-come, first-served basis. The fee is \$220 per session for Union County residents; \$260 for out-of-county. For further information, contact the Watchung Stables at (908) 789-5665.

Tour of stables

Pro-schoolers and day campers are invited to visit the Watchung Stables for a one-hour tour. See more than 50 school horses. Walk into their bedrooms. Find out how they shoo, what they wear and more.

Tours are held Mondays through Thursdays at a cost of \$20 per group. Groups limited to 25 and appointments must be made in advance. Contact Jean Jacobus at (908) 789-5665.

Courses open

Golfers again can enjoy playing 18 holes at each of the county's three golf courses, with no temporary greens or on-going construction on any of the open holes.

The nine holes reconstructed in phase one of the three-phase plan to restore Gallop Hill Golf Course, located on the Boulevard in Union, are open for play. Gallop Hill now has 18 of its 27 holes open. The new holes that golfers can play are 1, 2, 3, 6, 7 and 8 and on the front nine; with 3 and 4 from the single nine, and 18 from the regular 18-hole course. Holes 9, 17 from the 18-hole course are also open.

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Red Cross names Palmer as Volunteer-of-the-Year

By Liane Tagulis
Staff Writer

It's refreshing to encounter a citizen who is not hindered by age. Ed Palmer, a 75-year-old resident of Rahway, is an essential member of the American Red Cross where he has been named volunteer of the year for 1997.

Palmer, a 64-year-old father of three — Darren, 25, Cheryl, 22, and Craig, 20 — has a full itinerary that keeps him actively making a difference in his community. He has been involved in the first aid/medical community since he served in the Korean Conflict as a Navy Second Class Petty Officer in the medical core. He joined the Red Cross in 1965 and has been heavily involved ever since. He's served as Captain to the Squad for five different years, 1978-79, 1984-85, and 1989, and also as a Lieutenant. He's also been an EMT instructor for 15 years.

Palmer has also used his medical "know-how" in other areas. Since 1982, he's been employed by Amtrak in New York City to teach CPR and other licensed safety courses. He's also been a volunteer at the American Red Cross where he's been named volunteer of the year for 1997.

A passenger preparing to board a train to Florida collapsed on the line and suffered a heart attack. Nobody knew what to do. They (other passengers) were all standing around doing nothing. Then, some of the people who knew me, came and got me and told me what was going on. So I went over, and there was a lady there who happened to be a registered nurse. We performed CPR until the paramedics came, and they took over. Happily, the passenger lived.

Palmer is also an honorary member of the TSA and the TMDA. His extensive years of experience has affected many lives. Squad member Tom Soban has known Palmer for more than 12 years.

"He's great! A lot of fun to be with. He makes everybody laugh," Soban said. "Ed was one of my instructors from the 1970's, when I was first starting out. I've been on the squad with him for 11 years."

When asked about what he has learned from Palmer, Soban said, "He can make the dullest job interesting. He really knows his first aid, too. He's great on jobs, never too quick. He takes a cool approach to things. He doesn't rush in. He uses as many people and resources as needed on the job."

Another Squad member, Norman Kreiberg, stated, "I've known Ed all of my life. He and my mother used to work together. I absolutely love working with him. I've learned a lot from him. I'm a lot better at EMS. He's had a tremendous, positive effect on my life."

Palmer spends his spare time pursuing hobbies of great interest to him. He keeps physically fit while enjoying sports such as downhill skiing, golf, and he's a licensed scuba diver. "I've been deep sea diving since the 1970s, but I really became serious again in 1991," Palmer said.

But the hobbies closest to his heart are attending the semi-pro baseball games of his youngest son, Craig, who plays for the Millburn Marinos. He and Craig also enjoy deep sea fishing for bluefish together.

Palmer said he looks forward to the future because it will give him "more time to teach."

Ed Palmer, a teacher for the American Red Cross where he was named volunteer of the year for 1997, spends some spare time enjoying golf. Palmer, a 75-year-old resident of Rahway, is an essential member of the Red Cross.



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Chef of the week



Joe Urso, from the Rahway Retired Men's Club, was named 'Chef of the Week' at the Rahway Senior Center. Urso's menu included Kebab and sauerkraut which he grilled at the center's outdoor picnic area. For information on Rahway Senior Center activities call 827-2016.

"I'm planning on working for as long as I can...at least until my kids finish college. I'm currently working for Union County Community College teaching adult basic education. I'm hoping, a little further in the future, I'll volunteer some more."

SENIOR NEWS

Club trip planned

The Linden Active Seniors Club, sponsored by the Linden Recreation Department, announces their officers for the 1997-1998 year. Congratulations to Margaret March, president; Edith Sabol, vice president; Julia Magg, secretary; and Virginia Duffy, treasurer.

On Tuesday, the club is planning a trip to Hunt's Landing for an Italian Festival. Interested members can contact Virginia Duffy for further trip information and reservations.

The club will reconvene on Sept. 8 at the John T. Gregorio Recreation Center, 330 Helen St., Linden. For more information concerning this club or any clubs sponsored by the Linden Recreation Department, call the Gregorio Center at (908) 474-8627.

Seniors discount program
The Linden Recreation Department has comprised a booklet made up of Linden merchants that give senior citizens discounts. This program is designed to give a discount on goods and services to Linden senior citizens. Seniors participating in this program are required to present their Linden Seniors Identification Card to the participating merchant.

Tuition free classes
The Linden Recreation Department, in cooperation with Union County College, announces tuition free Senior Citizens College Classes, at the John T. Gregorio Recreation Center, 330 Helen Street.

Beginning Thursday, Sept. 4, 1997 at 9 a.m., "Abnormal Psychology" class will be offered. This course will include a look at various mental illnesses, their possible causes and treatments; learn the fundamental concepts of financial analysis, planning and control as well as managing assets. Class will be taught by Professor Tooker.

Registration will take place on the first day of class. For further information, call the John T. Gregorio Recreation Center at 474-8627.

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Woman assaulted in robbery totalling nearly \$25K

Railway

Police are investigating two robberies that took place on Friday. One was in a Race Street restaurant, the other occurred on St. Georges Avenue and Murray Street.

The first, in the Race Street restaurant, occurred between 6:30 and 7 a.m. Before it was over, the occupant of the building, a 26-year-old woman, had been assaulted and her 1994 Land Rover was stolen.

According to police, two suspects gained entry to the victim's ground floor apartment through a window while she was sleeping. One held her down while the second removed over \$11,000 in jewelry from her apartment.

The victim also reported that one of the suspects struck her in the head with a kitchen pot. According to Lt. Bob Dileo, the victim was not seriously injured.

The suspects then took a set of car keys as they were leaving and stole her Land Rover, worth about \$24,000. It was recovered the next day by East Orange police, unoccupied, on a residential street.

The first suspect is a six-foot tall, dark-skinned black man and the other is a black male. There is no further information on their descriptions.

Officer Richard Long is investigating the incident.

The second robbery occurred at 5:27 p.m. at St. Georges Avenue and Murray Street.

The victim, a 23-year-old Railway man, on foot after leaving the Acme Check Cashing Company on St. Georges Avenue when the suspect approached him.

The suspect first asked the victim for directions to Scott Avenue, then pushed him to the ground. The suspect then reached into his pocket and took \$700 in cash, then ran behind 200 St. Georges Avenue. The victim lost sight of him at this point.

The victim was not injured during the robbery.

The suspect is a dark-skinned black

POLICE BLOTTER

On July 30, police investigated a theft from a vehicle on West Cherry Street at 6:24 a.m. The victim reported that, between 6 p.m. on July 29 and 6 a.m., someone broke the passenger side window of his vehicle and stole an Audi 5000 sedan. The vehicle was parked in a rear parking area of West Cherry Street. There are no suspects.

Also on July 30, police investigated the theft of a bicycle at 2:14 p.m. The victim, a 21-year-old male, reported that he was riding his bicycle on St. Georges Avenue. When he turned right onto St. Georges Avenue, he noticed that his bicycle was gone. The bicycle was a 1982 Honda CB 550. The victim reported that he was riding the bicycle to work. There are no suspects.

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On July 31, police investigated the theft of a bicycle at 8:53 a.m. The victim, a 21-year-old male, reported that he was riding his bicycle on St. Georges Avenue. When he turned right onto St. Georges Avenue, he noticed that his bicycle was gone. The bicycle was a 1982 Honda CB 550. The victim reported that he was riding the bicycle to work. There are no suspects.

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RAILWAY PROGRESS — CLARK EAGLE

On July 18, police arrested a female resident for driving under the influence at 10:19 p.m. A court hearing is pending.

On July 20, police arrested a 30-year-old male for driving under the influence at 10:19 p.m. A court hearing is pending.

On July 21, police investigated a motor vehicle break-in at a Westfield Avenue business at 1:46 p.m.

Also on July 21, police investigated the theft of a postbox from a Central Avenue business at 10 p.m.

Also on July 21, police investigated a report of phone harassment from a Goodman's Crossing resident at 10:33 p.m.

On August 3, police investigated the theft of a bicycle from a Valley Road business at 11 p.m.

On July 22, police investigated a theft from a motor vehicle at a Lionel Street residence at 1:58 p.m.

From The Editor's Notebook

Editors do cry.

I was cooking breakfast last weekend when I received the news that a former editor at World Newspapers was killed by an alleged drunk driver in Ocean City, Md. Michael Karchan, who worked for me in our Bloomfield region, died instantly after the Bloomfield driver hit him with his car. He then fled from the scene and hid under a pier along the beach road, police said.

When I was told Michael was in a car accident, the last thing I expected to hear on the telephone from our Essex County regional editor was that "he didn't make it." Without knowing my way to the details, since the accident occurred less than 10 hours earlier, I guess I expected Anthony to say, "He's in the hospital, and I'm going down to visit him." I guess I believed, until this time, I heard the words "he didn't make it," that Michael would be with us forever.

Although my relationship with Michael was about 18 years old, I considered him a friend. That was the kind of person Michael was, and anyone who knew him felt the same way. Throughout the entire day after receiving the news, I thought more and more about it and could not believe my dear friend was dead. But news articles the following day in New Jersey newspapers, as well as one from a Maryland newspaper, drove everything home.

On Monday afternoon, I read an account of the accident from a north Jersey newspaper where Michael worked after leaving World Newspapers. The details of the accident were so gruesome and created such a vivid picture of the accident scene that I cried at my desk. That should not have happened to me, I thought.

On Wednesday morning, more than 350 family members, friends and co-workers filled a church in Neptune for Michael's funeral. The turnout was an indication of the kind of person Michael was. But there was no wake for Michael. There was only a visitation period for 90 minutes prior to the 11 a.m. funeral. The more than 350 people who attended could only view Michael's closed casket as they expressed their condolences to his family and fiancée.

By the end of the service, which lasted almost two hours, my tears turned to anger when the pall bearers wheeled Michael's casket out of the church — so much anger that my eyes filled with tears. I was angry that none of us got to see him one more time. I was angry that his family and girlfriend were so devastated by their loss. And I was angry because the man who died this, according to police, was driving on a revoked license.

A news broadcast last week reported about a study that showed 60 percent of drivers who get their licenses revoked or suspended continue to drive anyway. In California, where an employee of the California Division of Motor Vehicles was interviewed, reports showed that more than 1 million people are driving illegally. Of that number, 12 percent are unlicensed, either suspended, revoked, or having no license at all. The employee said these people are four times as likely to get into a car accident, and that they are in a social high-risk group — usually young, single and male.

The driver of the car that killed Michael is a 27-year-old single male from Virginia who is being held in jail until a pre-trial hearing on Aug. 25. According to news reports, he has six driving violations since 1980.

Our fear is that our justice system, which obviously has failed in the past, will not fully punish this man for what he did and this seventh violation will simply become a part of his record. Our fear is that attorneys, some of whom are paid by the hour, will see NOTEBOOK, Page B2

Going book buggy

Byrne Falwaowski, who recently passed the 50-Book level in the Clark Public Library's 300 Buggy, has Books' summer book club, holds up her book list. For more information on the club call the library at (201) 388-5998.

PUBLIC NOTICE

NOTICE TO ABSENT NEW JERSEY VOTERS: The Board of Chosen Freeholders of the County of Essex, New Jersey, is hereby notified that the 1987 General Election will be held on Tuesday, November 3, 1987. The Board of Chosen Freeholders is responsible for the administration of the election and for the distribution of the ballot to the voters. The Board of Chosen Freeholders is also responsible for the collection of the ballot from the voters and for the counting of the ballot. The Board of Chosen Freeholders is also responsible for the distribution of the ballot to the voters and for the collection of the ballot from the voters and for the counting of the ballot.

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Union County

Franks offers county companies help

New program said to combine private, public efforts

The long-term health of New Jersey's economy depends on a strong and dynamic manufacturing sector, said Congressman Bob Franks to the New Jersey Manufacturing Extension Partnership.

Joined by other government and university officials at the recent event, Franks, R-7, spoke to representatives of 22 Union County manufacturing companies who came to learn about a new program designed to improve manufacturing competitiveness.

The event was co-sponsored by the New Jersey Manufacturing Extension Program, Inc. It is focused on increasing profits and enhancing global competitiveness for New Jersey's small and medium-sized manufacturers in the plastics, metal working, machinery, and electronics manufacturing industries.

NIMEP, Inc. is a cooperative venture between New Jersey Institute of Technology, the New Jersey Commission on Science and Technology, and the National Institute of Standards and Technology Manufacturing Extension Partnership.

"The long-term health of New Jersey's economy depends on a strong and dynamic manufacturing sector," he added. "Employment in this vital sector has fallen, but productivity has increased. Today, nearly 20 percent of New Jersey's Gross State Product is generated by our manufacturing companies."

Franks co-chairs the Congressional Taskforce on Manufacturing and the Northeast-Midwest Congressional Coalition.

"I have been an outspoken advocate for those programs that are of significant benefit to small and mid-sized manufacturers. I have found the Manufacturing Extension Partnership to be perhaps the most valuable program that the federal government sponsors for small and mid-sized manufacturers," he also said.

According to Franks, on average, every MEP center project adds or saves five American jobs, increases sales for program participants by \$300,000, and saves nearly \$3,000 in labor and material costs.

"NITEP efforts regarding manufacturing and NIMEP, Inc. are a labor of love," said Saul K. Fenster, president of NITEP. "The program is a real example of the new partnership paradigm where industry, government and university entities must function together as a new distributed support system. NITEP is committed to helping the state's manufacturing sector improve productivity and competitiveness through technology transfer, collaborative research, and marketing assistance."

NITEP's manufacturing initiatives include degree programs at the baccalaureate, master's and doctoral levels; an array of research activities; and an investment in equipment used by students, faculty and industry such as computer aided design work stations, rapid prototyping, and automated manufacturing machinery. The university's Center for Manufacturing Systems has been working with the state's manufacturing sector since 1990.

Jay Brandinger, executive director of the N.J. Commission on Science and Technology, told the manufacturers that they all have the ingredients to be successful — help from the federal, state and county governments as well as NITEP.

"Increasing productivity and product sales are on the upswing and I feel the decline in manufacturing has bottomed out," Brandinger said. "A successful manufacturing sector is the backbone of the state's economy and working partnerships are in place to help New Jersey firms survive and grow. The goal is to make New Jersey the national leader in high-tech manufacturing."

Small manufacturers from all industrial sectors can turn to NIMEP

Bassano's health bills become law

For thousands of developmentally disabled New Jerseyans, life is a constant struggle of disappointment and frustration. It is also a life of dependence and limited freedom.

Legislation, however, signed by Acting Gov. Donald T. DiFrancesco will provide hundreds of developmentally disabled individuals with the opportunity to live independently in a caring, supportive environment.

DiFrancesco, the Senate president, had taken over the executive branch of the state government during Gov. Christine Whitman's trip to Nevada last week. He was the first governor to sign the bill into law.

The measure, sponsored by Sen. C. Louis Bassano, R-Union, would create grants and revolving loan programs for community-based projects by appropriating money from the state's Developmental Disabilities Waiting List Reduction and Human Services Facilities Construction Bond Act of 1994.

"With 1,500 urgent cases where the parents are growing too old to adequately care for their disabled children, New Jersey needs immediate and effective solutions to the problem of waiting lists. This measure would enable the state to place over 400 individuals in group homes where they can get the care they need while living happy, fulfilling lives, independent of their families," Bassano said.

In addition, the new law calls for \$4.5 million to be used for de-populating North Princeton Developmental Center and \$7.6 million for de-populating the Marlboro Psychiatric Hospital, which will be closed for closing.

"This money will be used to ensure that there are proper community-based services and programs so that these patients from NPDC and Marlboro can be reintegrated into society or placed where they will get the assistance they need," Bassano said.

Another key aspect of the bill is the \$2.6 million state fund for upgrading/maintaining Division of Youth and Family Services group homes and the \$1.5 million will be used by the Commission for the Blind and Visually Impaired.

The second bill signed into law and also sponsored by Bassano, S-877, will enable the state to further reduce its waiting list of developmentally disabled individuals awaiting placement in a group home by appropriating the \$6.5 million.

Bassano said this bill is a victory for the developmentally disabled of our state.

"In September of 1995, the state appropriated \$10 million for the purpose, but a total of \$16.5 million is needed to serve 500 clients. This bill appropriates the \$6.5 million necessary to make up the shortfall. It gives parents new hope for the future of their disabled children."

This means, Bassano said, that aging parents who for years have been placed under great strain caring for their disabled children will be able to place their developmentally disabled children in group homes this year.

"These loving, dedicated and hardworking parents will finally have peace of mind knowing that their children will be well taken care of when they are no longer able," he added.

Games for the disabled turns golfer into 'Tiger'

Challenges have always been par for the course. A 5-year-old boy without a lower right leg, and a 70-year-old stroke victim were among the more than dozen people with disabilities who were part of the third annual First Swing Golf Program held recently at the Ash Brook Golf Course in Scotch Plains.

Sponsored by the Board of Chosen Freeholders, the Division of Parks and Recreation and the Eastern Amputee Golf Association, with funding from the U.S. Golf Association Foundation, First Swing promoted the sport of golf to people with impediments, and showed how the sport can be a vital part of physical therapy.

"My son loves golf, and he's actually pretty good," said Claire Tucciarone, mother of Connor, 5, who, despite wearing a prosthetic leg, competes for his miniature golfing trophy. Connor, who has a prosthetic right leg and lower leg, showed proficiency with a miniature golfing trophy. Connor, who has a prosthetic right leg and lower leg, showed proficiency with a miniature golfing trophy.

"I hope to play golf regularly with my son," said Potter, a resident of the New Jersey Veterans Home in Paramus, who has since played nine holes at Ash Brook. "I don't know how well I'll do, but I like it. That's the important thing."

Also participating in First Swing were therapists from Kessler Institute for Rehabilitation and JFK Hospital, as well as Bob Colicchio and Bill Smith from the Union County Office for the Disabled.

Tucciarone said that Connor, who will enter kindergarten at Holy Trinity School in Westfield next month, recently scored two holes-in-one during a miniature golf outing and things when people suggest he may become the next Tiger Woods.

"Tiger Woods?" he said. "Who's Tiger Woods?"

'Vintage Views' examines 'easy access' for the aged

This month's "Vintage Views," the county's cable TV program for seniors, will feature how the New Jersey Easy Access, Single Entry program will help elderly citizens receive all the help they need to live independently.

Program Host Ed Colicchio discusses the state's newly introduced program with Susan Chaffon, executive director of the Department of Human Services, Aging, and Disability. Chaffon points out that the goal of NJ EASE is to create a single point of contact with a trained personnel to access information on services in a way that promotes self-choice, supports personal dignity, and facilitates the use of quality cost-effective services.

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Freeholder not connected to Elizabeth businessman

In the opinion column titled "Common Sense" published in the July 31 edition of this newspaper, Regional Editor Jay Hochberg erroneously identified an Elizabeth businessman.

Tony Goncalves is not related to Freeholder Donald Goncalves; and the Freeholder, an Elizabeth Development Co. employee, did not play a role in awarding EDC grant money to the businessman.

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, write Tony Chavanan, editor in chief, 1291 Stuyvesant Ave., Union, 07083, or call (908) 686-7700 Ext. 329 on weekdays before 5 p.m.

Freeholder not connected to Elizabeth businessman

In the opinion column titled "Common Sense" published in the July 31 edition of this newspaper, Regional Editor Jay Hochberg erroneously identified an Elizabeth businessman.

Tony Goncalves is not related to Freeholder Donald Goncalves; and the Freeholder, an Elizabeth Development Co. employee, did not play a role in awarding EDC grant money to the businessman.

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, write Tony Chavanan, editor in chief, 1291 Stuyvesant Ave., Union, 07083, or call (908) 686-7700 Ext. 329 on weekdays before 5 p.m.

Director uses Hitchcock style in 'The Last Seduction'

File critics across the United States were recently polled to find out who they thought was the greatest director of all-time. This is obviously an extremely difficult question. Charles Chaplin directed many of his own pictures. John Ford and John Huston both have numerous classics to their name including "Stagecoach" and "The Maltese Falcon." Spielberg, Scorsese and Coppola, with films like "Jaws," "Taxi Driver," and "The Godfather" were all in the running. Stanley Kubrick, the director of "2001: A Space Odyssey," "Clockwork Orange," "The Shining" and other landmark pictures, was thought to be the favorite.

But when the votes were counted, Alfred Hitchcock was awarded the title. Hitchcock was one of only a few directors who stuck to one basic genre—the thriller. He had a style that kept viewers on the edge of their seats and the scripts he worked with were, for the most part, near flawless.

It's safe to say that John Dahl, the director of "The Last Seduction," is a very big Hitchcock fan. The film is a winning card of suspense and terror with the viewer with the feeling they're walking blindfolded through a minefield. Linda Fiorentino stars as Bridget, the "loving wife of Clay," played by Bill Pullman. Pullman's a doctor who chooses to make his money writing out prescriptions to drug addicts and dealers.

He decides to make a big score and sell a suitcase of pharmaceuticals, pocketing \$750,000. He meets his very dangerous customers under a bridge near the Hudson River and almost gets his head blown off. But he brings home the bacon to his wife with thoughts of a new life in his head. The only problem is, she's got

The Video Detective

By Jim Riffe

some thoughts of her own, which include the money but don't include him.

Moments after he steps into the shower to get ready for their first night as rich people, she puts the oils in a bag and jumps in a cab. This is doubly troublesome for Clay since he owes a loan shark some serious money. The next day, she's further away and he's been awarded a big prize from his money man.

Bridget goes down in a little farm town and displays the charms which make her one of the most beautiful femme fatales to grace the screen in years—Madonna would have loved this role. She quickly meets in love with a young Leviticus, played by Peter Berg and uses him like a sculptor to get her husband's wife ready to leave her for her back. The problem for the unknown Mike is his role in the plan could send him to the electric chair.

Dahl's smooth directing style makes the 100 minute running time virtually fly by. I'd bet if Hitchcock saw the film he'd be giving it the thumbs up.

A resident of Mountaineer, Jim Riffe is the author of "The Video Detective's Guide to the Top 100 Films of All Time."

Museum seeks artists, crafters for fall show

The Donald B. Palmer Museum of the Springfield Free Public Library will sponsor its first annual Art Show and Sale on Sept. 20 from 10 a.m. to 4 p.m. The museum is seeking professional artists and craftspersons to participate in the event, which is designed to showcase the area's most creative talent while raising funds for the museum's ongoing exhibitions and events.

A fee of \$30 per table will guarantee an artist a table or up to five feet of wall space. No other fees will be charged to artists. If interested, registration for the event must be made by Aug. 15, and may be done so by contacting Susan Permatas at (973) 366-9330.

The Springfield Library and Donald B. Palmer Museum are located at 66 Mountain Ave., Springfield.

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complaint any meat. Mugs of domestic drafts at \$1.45 are more than a bargain.

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Alexus Steakhouse & Tavern is located at 1230 Route 22 West in Mountaineer. Lunch and dinner hours: 11:30 a.m. to 11 p.m. Mondays through Thursdays, and

11:30 a.m. to midnight on Fridays and Saturdays. On Sundays, dinner is served from 3 to 10 p.m. For more information, call (908) 233-5300.

This column is intended to inform our readers about dining opportunities in the area

The three 'B's make the grade

By Hope A. Kinske

The Diamond Hill Summer Chorus performed "A Garland of B's" on July 31 at the Presbyterian Church of Chatham Township, for an audience of friends and patrons. What exactly is a "Garland of B's," you may ask? The B's refer to the composers of the evening's selections performed by the Chorus, which included Johannes Brahms, Adriano Banchieri and last but not least George Bizet.

Garth Nair, the group's conductor, served as emcee for the evening introducing the selections. He began by revealing a conversation he had previously with one of the Chorus members about the program. The program, according to the member, ranged from the "sublime to the ridiculous." The music to follow did indeed live up to those expectations.

The Chorus, elegantly attired in traditional black-and-white, performed "Nanie Op. 82" by Johannes Brahms. A truly splendid selection indeed, well deserving of the title of sublime.

The next selections for the program were excerpts from "Furto nella sera del Giocoso" composed by Adriano Banchieri. Banchieri takes quite a non-traditional approach to writing choral music: The selections used human voices to imitate animals and musical instruments. The highlights of these excerpts were a trio of Chorus members imitating the Jew's Harp.

My favorite was the last two selections, "Candidata a tre voci" and "Contra-punto bestiale alla mente," which are traditionally performed together. Nair's introduction of these pieces translated the titles into English. The rough translations being "Three Scatterbrains Sing" and "Animals Improve Contrapoint." The animals named were a dog, a cat, a cuckoo and an owl. The soloist emerged from the vestibule dressed in the appropriate costume, much to the surprise and delight of the audience. What could be called the ridiculous was absolutely enchanting to me and also to the younger members of the audience.

Following intermission, the program continued with "Schicksalsheld, Op. 54" another Brahms composition. Nair explained that this piece is done in two sections. The first addresses the celestial beings, characterizing their carefree existence and freedom from the restrictions which bind humanity. The second section addresses the human condition, portraying through music and voice the trials and tribulations of humanity.

In order to end on a positive note, Brahms turns his listener to the world of the celestial beings. Nair's passionate and energetic conducting along with the harmonious voices of the Chorus hared me into the depths and then released me to soar into the great vast unknown.

The last 5 selections were excerpts from the opera "Carmen" by Georges Bizet. The program ended with a rousing version of "March - Les Vols."

The Diamond Hill Summer Chorus is an offshoot of the Summit Chorus. The members are amateur choral singers who wish to participate during the summer season. This year marks its 19th season. The Chorus was originally founded by Albert Donohue while he served as choir director at Governor Livingston High School. Nair was recruited by Donohue in 1976. Nair's credits include his work as the conductor of Summit Chorus and The Chatham Chorus of New Jersey. He is also an associate professor of music at Drew University.

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A.C.T. Award nominees are announced

(Continued from Page B3)

Jennifer Douglas, "Ransom," Sayreville; Janet Greene, "A Streetcar Named Desire," Artie; Ann Marie Hatterly, "Noises Off," Studio; Barbara Neff, "Lost in Yonkers," Playhouse Association of Summit; Rose Ann, "Tosca," "Beyond Therapy," Spangone; B.J. Welsh, "Laughing Wild," Blackbox.

Featured Actor in a Musical: Robert Duffy, "The 1940s Radio Hour," Trilogy Repertory Theatre; John Martin, "The Fantasticks," Carnival Productions; Joe Minella, "Joseph and the Amazing Technicolor Dreamcoat," Phoenix; Greg Moran, "My Fair Lady," Townsquare; Vic Morasco, "Man of La Mancha," Theatre Guild of Old Bridge; Tim Skarke, "West Side Story," Mystic Vision; Paul Stable, "Little Shop of Horrors," Studio; Patrick Stargis, "Oklahoma!," Sayreville.

Featured Actress in a Musical: Terri Cerreto, "A Grand Night For Singing," VFL; Janette Fitzpatrick, "She Loves Me," Gill St. Bernard's; Cheryl Frederico, "A Day in Hollywood/A Night in the Ukraine," Westfield Community Players; Kimberlee Gehring, "Mousses," Townsquare; Denise Geros-Panadero, "West Side Story," Mystic Vision; Leslie Hochman, "Oklahoma!," Sayreville; Helene Reiffe, "A Grand Night For Singing," VFL; Bob Valenti, "I, There Life After High School," VFL.

Featured Actor in a Play: Kevin Carr, "Six Degrees of Separation," Circle; John Dowling, "Jeffrey," Playhouse 22; Michael Hart, "Laughter on the 23rd Floor," Somerset Valley; Dennis O'Heilly, "Punchline to Dream," Circle; Joe Prusak, "A Streetcar Named Desire," Artie; Joe Reppey, "Barf in the Park," Playhouse 22; Bobby Solie, "The Sisters Rosensweig," WCP; Mary Sherman, "Laughter on the 23rd Floor," Somerset Valley.

Featured Actress in a Play: Janet Appavelli, "Dancing at Lughnass," Villagers; Ellen Cusick, "Dancing at Lughnass," Villagers; Diane Gilch, "Jeffrey," Playhouse 22; Lillian Israel, "Six Degrees of Separation," Circle; Pat Lacanubba, "Barf in the Park," Playhouse 22; Deirdre MacMahon, "A Streetcar Named Desire," Artie; Joan Smith, "A Streetcar Named Desire," Artie; Rose Anne Tora, "Belles," Spangone.

Ensemble Performer in a Musical: Staci Beth Block, "Tadpole," VFL; Kevin Glackin, "Forever Plaid," Mystic Vision; Louis Mastro, "Cyrano," Civic Theatre of Hudson County; Megan McElreath, "She Loves Me," Gill St. Bernard's; Michael McElreath, "West Side Story," Mystic Vision; Pamela D. Roberts, "Tommy," Phoenix; Daryl Sanka, "Gypsy and Dolls," Manalapan Community Players; Bernard J. Solomon, "L'il Abner," Linden Summer Playhouse.

Ensemble Performer in a Play: Rich Adams, "Night Watch," Iron Mountain Stage Company; Ringwood; Ana Cammarata, "A Christmas Carol," Playhouse 22; Michael Iovino, "Rehearsal For Murder," WCP; L. Robert Johnson, "Barf in the Park," Park Players; Union City; T.C. Leszczynski, "California Suite," West Milford Players; Brian McCarty, "Jeffrey," Playhouse 22; Renee Minter, "Crucial Straws," Gemini; Mike Frappiccini, "Jeffrey," Playhouse 22.

Stage Manager: Debbie Gosciniak, "Man of La Mancha," Theatre Guild of Old Bridge; Mary Beth Griffin, "Joseph and the Amazing Technicolor Dreamcoat," Civic Theatre of Hudson County; Eric Levin, "Little Shop of Horrors," Studio.

Costume Designer: Alexandra Durnett, "Night Watch," Livingston Community Players; Rebecca Miglion, "Night Watch," Livingston Community Players; Stephanie Simon, "Laughter on the 23rd Floor," Somerset Valley; Holly Rhodes, "Joseph and the Amazing Technicolor Dreamcoat," Sayreville; Joan Smith, "A Streetcar Named Desire," Artie; Rodi Wyckoff, "Oklahoma!," Sayreville; Sara Hoolahan and Christina Hicks, "Man of La Mancha," Theatre Guild of Old Bridge; Fish Lam and Sally Sullivan, "Who's Afraid of Virginia Woolf?," Chatham; Cost and Crew, "Noises Off," Studio.

Properties: Rebecca Miglion, "Night Watch," Livingston Community Players; Stephanie Simon, "Laughter on the 23rd Floor," Somerset Valley; Holly Rhodes, "Joseph and the Amazing Technicolor Dreamcoat," Sayreville; Joan Smith, "A Streetcar Named Desire," Artie; Rodi Wyckoff, "Oklahoma!," Sayreville; Sara Hoolahan and Christina Hicks, "Man of La Mancha," Theatre Guild of Old Bridge; Fish Lam and Sally Sullivan, "Who's Afraid of Virginia Woolf?," Chatham; Cost and Crew, "Noises Off," Studio.

Lighting Designer: Joe DiNardo, "Dancing at Lughnass," Villagers Theatre; Richard Hennessey, "A Midsummer Night's Dream," Chatham Community Players; Alan Levine, "Jeffrey," Playhouse 22; Andrew Martin, "Tommy," Phoenix Productions; Diane Nigro, "A Streetcar Named Desire," Artie; Anne Sussman, "Ady Wides," Beyond Therapy; Spangone Artists Ensemble; Joseph Schreck, Jr., "A Grand Night For Singing," Voices For Life; James Tormes, "Man of La Mancha," Theatre Guild of Old Bridge; Willie West, "Fiddler on the Roof," Mystic Vision Players.

Lighting Designer: Joe DiNardo, "Dancing at Lughnass," Villagers Theatre; Richard Hennessey, "A Midsummer Night's Dream," Chatham Community Players; Alan Levine, "Jeffrey," Playhouse 22; Andrew Martin, "Tommy," Phoenix Productions; Diane Nigro, "A Streetcar Named Desire," Artie; Anne Sussman, "Ady Wides," Beyond Therapy; Spangone Artists Ensemble; Suzanne Wengert, "Laughter on the 23rd Floor," Somerset Valley Players; Jared Saltzman and Lori Jandora, "A Grand Night For Singing," Voices For Life.

WORRALL COMMUNITY NEWSPAPERS

Union Leader, Kenilworth Leader, Roselle Park Leader, Summit Observer, Springfield Leader, Mountaineer Echo, Elizabeth Gazette, Roselle Spectator, Rahway Progress, Clark Eagle, Hillside Leader, Linden Leader

DINING REVIEW

August 7, 1997

ALEXUS STEAKHOUSE & TAVERN

"The place to go for great Steak - Burgers - Sandwiches"

Sticks, or Buffalo Wings, all priced at \$3.95. Other appetizers include Awesome Nachos, Fries Calamari and the Onion Flower. Alexis Homemade New England Clam Chowder and Onion Soup heaping with cheese will hit the spot. I tried the famous 24 oz. Delmonico Steak for \$11.95 which came with choice of Baked potato, seasoned rice, or steak fries. A lot 24 oz. Sirloin was a flattening size and was mouth watering tender and done to perfection. My partner had the Salmon Fillet also priced at \$11.95 which was baked and served with choice of potato, seasoned rice, or steak fries, and topped with a homemade dill sauce. Again a flattening portion, which was fresh and flaky. Top off this sumptuous meal we enjoyed the strawberry shortcake fresh piled high with strawberries and whipped cream and the old favorite carrot cake. Coffee and cappuccino was a rewarding finish.

Alexus has a new favorite on the menu in addition to the 24 oz. steaks. Introducing the new 14 oz. cut of Prime Rib for only \$9.95. We encourage all to come and give it a try.

The house wines come by the glass, half carafe, or full carafe. Choose from Sparkling Asti, Chardonnay, and many others will

by Renee Iken

This Alexis Steakhouse & Tavern has a new look and new menu. This restaurant includes new cozy dining areas, a 57-foot-long bar, extensive dining and party room for your special occasions. Located just five miles from the Garden State Parkway, this venue provides a perfect setting for casual dining.

The restoration of superb music greets diners as they enter this comfortable restaurant. It's perfect for a family outing, a lunch getaway from the office, or just a place to catch a game on one of their many televisions. Novelty mirrors and neon signs suggest the free spirit of the restaurant.

Alexus is famous for their "Outrageous steaks and overstuffed sandwiches." But there is an abundance of items to choose from their new menu and all are reasonably priced. I suggest you bring a hearty appetite because these portions exceed what you might expect.

The service staff was attentive and friendly, allowing me to control the pace of the meal. Diners are greeted at the table with deep dish bowls stocked with pickles, hot red peppers, and a house salad of cucumbers, carrots, and shredded cabbage. You must taste the pub style Cheddar Poppers. Mozzarella

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Hillside Saturday, October 18, 1997 8:00 a.m. to 2:00 p.m. Municipal Swimming Pool Central Avenue

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Young performers participating in the Paper Mill Playhouse Summer Musical Theatre Conservatory and Life on Earth. The cast includes, from left, kneeling, Erica Condi of Westfield, Allison Siko of Westfield, Heidi Biber of Summit, Tiffany Cunt of South Orange and Darren-Love of Westfield, and standing, Rebecca Dolan of Springfield, and Dooley of Mountaineer, Jason Kass of Union, Robert Rivera of Linden, Paul Kroll of New Providence, Lindsey Bass of Morris Plains, Diane Foster of Union and Paper Mill's Artistic Director Robert Johnson.

Many 'stars' shine in 'Life on Earth'

A phenomenal stage production, "Life on Earth," the concert with its equally phenomenal artistic director Robert Johnson, and more than 200 youngsters and adults graced the Paper Mill Playhouse in Millburn on July 31 in the season's final summer concert. All of these people, in two acts, offered a show unlike any other reviewer has ever seen. In fact, it surpasses last year's magical offering of "Life on Earth."

It could match anything Broadway can offer its patrons — and beyond. The show was an absolutely magnificent vehicle for Johnson and all of his friends to celebrate the environment on the Planet Earth with a variety of musical themes, musical numbers and some of the finest choreography ever witnessed in a long time. There also were some original songs in the format of music and dance written by Robert Johnson, composer-in-residence, and Edmund Clonick. And it was all conceived by the gorgeously handsome, multi-talented Johnson.

The cast, a combination of talented New Jersey children and adults, including Nicole Martorello, selected from Union High School as one of the winners of the annual "Life on Earth" Awards, representing excellence in the production of high school musicals. She appeared with Johnson in a skit called "Keepers of the Kingdom." Featured were the Paper Mill's STAR Program — Students Training and Artistic Recognition — guiding the marvelous Paper Mill Playhouse Summer Conservatory Youth Ensemble and the New World Choir — all of whom performed as if they were trained by professionals — as a good many had, in fact.

Additional entertainment which

Arts center subscriptions still available

The New Jersey Performing Arts Center is offering season subscriptions through its Phone Center, which has been in operation since November handling general inquiries and Charter Membership sales.

More than 200 performances have already been planned for the first season in NJPAC's two theaters: the 750-seat Presidential Hall and the 510-seat Victoria Theater, opening Oct. 18, after four years of construction. The New Jersey Performing Arts Center is the culmination of an unprecedented public-private partnership that began more than a decade ago.

This initial subscription offering for NJPAC-presented performances features a variety of options designed to suit differing tastes and lifestyles. Standard NJPAC subscriptions include either four or six performances. Subscribers may choose to attend performances related to specific artistic disciplines such as music or dance, or choose a series that offers a sampling of different types of performances. Subscribers may also choose from among series that feature performances on the same day of the week, or series that offer performances on different days of the week. In

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HEROINES

ACROSS

1. Verid heroine
2. Pencil heroine
3. Low haunt
4. Coarse diamonds
5. Spent her
6. Simplicity
7. Try to
8. State of
9. Anna May
10. Instrument for Casals
11. French town
12. Pencil opera
13. Love opera
14. Robot drama pos.
15. Gaudier
16. Spanish boy
17. Attendants for Lord
18. Bare heroine
19. Foreign plants
20. Swiss brocade

DOWN

1. Female associating figure
2. 121 Vacate
3. Symbol of Wales
4. 121 Enter
5. 121 Bardem
6. 121 Spanish gentleman
7. 121 Scott heroine
8. 121 French heroine
9. 121 French heroine
10. 121 French heroine
11. 121 French heroine
12. 121 French heroine
13. 121 French heroine
14. 121 French heroine
15. 121 French heroine
16. 121 French heroine
17. 121 French heroine
18. 121 French heroine
19. 121 French heroine
20. 121 French heroine

HOROSCOPE

For the week of Aug. 10 to Aug. 16

Aries March 21-April 20

When it comes to making plans for this week, use your imagination. Don't let yourself get caught in a rut, either in business or in pleasure. The untold pain holds hidden charms. Deepen a relationship with an unexpected romantic gesture.

Taurus April 21-May 21

Stick to your tried and true recipes for success this week. Your schedule won't allow you to refine an innovation just yet. Work with a partner to create something that's greater than the sum of its parts. A young person could meet a helping hand.

Gemini May 22-June 21

This is a good week for embarking on new ventures, like a new job or starting school. Your energy is running high this week, so clear out a bunch of old chores that you've been neglecting. This weekend, call an old friend and reminisce.

Cancer June 22-July 22

Giving someone a gift does wonders for your mood. This is a good week for traveling. You might want to plan a weekend getaway. Trust the details of a sticky situation to a male or female partner. Their focus will help you both end smelling like roses.

Leo July 23-Aug. 23

A friend comes up with excellent ideas early in the week. Be sure not to discard the most valuable ones just because they seem a little offbeat. Use your creativity to visualize new solo, tons to old problems. This weekend, deepen your roots.

Virgo Aug. 24-Sept. 22

Your future starts now, so stop procrastinating! There are all kinds of possibilities out there, so don't allow yourself to be sidetracked. This is a good time to learn a new skill, or to deepen your understanding of an old skill. Relax this weekend.

Libra Sept. 23-Oct. 23

Put your plans into action early in the week. If you anticipate opposition, then momentum will be your best ally. The sooner you get moving, the better things will go. A social gathering this weekend could be the site of some surprising revelations.

Scorpio Oct. 24-Nov. 22

Avoid conflict with an authority figure. Your negotiation skills will come in handy. Above all,

PLAY and WIN!!

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What's Going On

FAIR

SUNDAY

August 17, 1997

PLACE: Garden Center, Eastville, 525 Eastville Avenue, Eastville, NJ 07023

TIME: 10am-5pm, Rain date Saturday, August 23, 1997

PRIZE: Free admission. Over 100 Cash and Souvenir prizes.

ORGANIZATION: Sponsored by The Garden Center, Eastville, NJ 07023. Contact 201-667-6535 for more information.

RUNNAGE SALE

SUNDAY

August 17, 1997

PLACE: Temple Station, Eastville, 525 Eastville Avenue, Eastville, NJ 07023

TIME: 10am-5pm, Rain date Saturday, August 23, 1997

PRIZE: Free admission. Over 100 Cash and Souvenir prizes.

ORGANIZATION: Sponsored by The Temple Station, Eastville, NJ 07023. Contact 201-667-6535 for more information.

SATURDAY

September 13, 1997

PLACE: Orange Park, located at Central and Oakwood Avenues, Orange, New Jersey 07067

PRIZE: Free admission. Food merchandise and craft vendors, live entertainment, children's activities, local artists, exhibitors, health screening, community information, booths and much, much more!

ORGANIZATION: City of Orange, Office of Mayor Mimi Hackert.

Cafe adds extra hours for the summer months

The Music Box Cafe of the Donald B. Palmer Museum, located in the Springfield Free Public Library, is open weekdays for the summer months. The Music Box Cafe will be open Monday and Tuesday mornings from 10 a.m. to noon and Monday evenings from 6 to 8:30 p.m.

The cafe serves coffee, juice, bagels, muffins and baked goods and provides an appropriate atmosphere to read a book or just relax while surrounded by the current exhibit in the Palmer Museum.

Those interested in performing at the Music Box Cafe should submit a resume or letter of introduction to Susan Remabach, Springfield Public Library, 66 Mountain Ave., Springfield, 07081.

sizzling deals

Lutz's

Pork Slices, Inc.

Full Service

Butcher Shop

Over 40 Years

(908) 688-1373

Fax (908) 688-3832

1055 Springfield Ave. - UNION, NJ 07081

It's your right

Under New Jersey's Open Public Meetings Act, you have a right to advance notice of all meetings of public bodies. You have a right to expect that the meeting of public bodies will be open to the public, except in limited circumstances such as to protect privacy in personnel matters and to discuss pending litigation.

You have a right to expect that public officials will not conduct business in private sessions, whether meeting formally or informally.

You have a right to know in advance the purpose of a private session and when the discussion will be reported publicly.

The purpose of the Open Public Meetings Act is to ensure that public business is conducted in public. That's why it is commonly called a Sunshine Law.

It's your right. Use it. Protect it.

njpa

Sponsored by the Editorial Committee of the New Jersey Press Association and this newspaper.

HEALTH/FITNESS & MEDICINE

Pathways offers support groups

Pathways invites women who have or have had breast cancer to join one of the organization's support groups. Meetings are free and will be held at one of Pathways' three sponsoring agencies — the Summit YMCA, the Resource Center for Women at Calvary Episcopal Church, or Overlook Hospital.

Call Margaret Meola, director of Pathways, at (908) 277-3663 to register for any of these groups or for more information about Pathways.

"Facing Breast Cancer Together," for women who have been recently diagnosed, is an 8-week series that meets on Thursday evenings from 5:30 to 7 p.m. at the Summit YMCA. Topics will include breast cancer treatments, communication with the health care system, coping strategies, and issues involving families and friends. Vaughan Schwarz, PhD will facilitate.

"Living with Breast Cancer," is a weekly support group for women with nonrecurrent breast cancer that offers a safe, supportive environment in which to share resources and ways of coping. This group discusses living with the ongoing issues of breast cancer. Facilitators are Mary Hill, RN, MSN and Kay English, MSW.

"Adjusting to Recurrent Breast Cancer," meets twice a month and is for women with recurrent or metastatic breast cancer. Discussion will include ways of regaining a sense of control in one's life and education about recurrent breast cancer issues. Virginia Burns, LCSW, MSW will facilitate.

Pathways provides non-medical breast cancer resources to women and their families. It is sponsored and coordinated by Overlook Health System, the Resource Center for Women and the YMCA, all of Summit. The organization sponsors support groups, physical fitness and rehabilitation programs and breast cancer awareness efforts.

HIV/AIDS: Fact/Fiction

Summer Fiction: HIV/AIDS is transmitted by mosquitoes, fleas and ticks.

Summer Fact: Diseases can be transmitted by mosquitoes, fleas and ticks but HIV/AIDS is not one of them.

Scientists studied how an insect bites and found that it does not inject its own or a previous person's blood into a new person it is biting. It injects saliva. Some viruses, like yellow fever and malaria, are transmitted by the saliva of certain mosquitoes. HIV, the virus that causes AIDS, cannot reproduce in insects so it cannot survive.

Summer Fiction: You'll get HIV/AIDS if you're in a swimming pool or hot tub with an infected person who injects himself and begins to bleed.

Summer Fact: HIV/AIDS is not transmitted through water in a pool or hot tub.

HIV, the virus that causes AIDS, must be present in sufficient amounts to cause infection. Unfiltered blood does contain sufficient amounts of virus to be a concern. In a swimming pool or hot tub, however, disinfectants are used and the water dilutes it so much there is no longer a concern about viral transmission.

There are times when separating fact from fiction isn't easy. For information about AIDS, 24-hours-a-day, call the New Jersey AIDS Hotline at (800) 624-2377.

FREE Information!
CALL (908) 686-9898
and enter a four digit selection number below!

CHIROPRACTIC
5100 The Art of Chiropractic
5101 What is an Adjustment?
5102 Muscle Pains & Sprains
5103 What Causes Back Pain?
5104 Headaches
COSMETIC SURGERY
5260 Hair Transplantation
5261 Eye Lid Surgery
5262 Liposuction
5263 Rhinoplasty
5264 Laser Skin Resurfacing
MEYER'S SEXUAL HEALTH CONCERNS
5180 Impotence
5191 No Scalpel Vasectomy
5192 Male Infertility
5193 Kidney Stones
5194 Prostate Cancer

InfoSource
A Public Service of WORRALL COMMUNITY NEWSPAPERS



The Family Centered Care nursing team at Saint Barnabas Medical Center invites a new family to return to the medical center after discharge for a free informational meeting called "Parenting Insights."

Saint Barnabas offers insight into parenting

The Family Centered Care nursing team at Saint Barnabas Medical Center invites new families to return to the medical center after discharge for a free informational meeting called "Parenting Insights." Offered every Tuesday from 1:30 p.m. to 2:30 p.m., "Parenting Insights" will be held in the Solarium on Unit 3300 of the Medical Center.

This informational gathering is an opportunity to meet other new parents, compare ideas about baby care and ask Saint Barnabas nurses a variety of parenting questions. "Our concern for new parents does not end when they leave our Maternity Center," says Karen Martino, R.N., nurse manager of the Family Centered Care Unit. "This informational meet-

ing shows new families that we are always there when they need us, even after they leave. We want to help parents enjoy their new role and maintain their connection with Saint Barnabas."

During 1996, the Medical Center's Department of Obstetrics once again achieved a record number of deliveries with the birth of over 6,000 babies. Included in this number are 180 sets of twins, 32 sets of triplets and 3 sets of quadruplets. The new "Parenting Insights" meeting is added to a full selection of pre-birth classes offered, including Lamaze and breastfeeding classes, grandparenting and sibling classes, a post and labor seminar, a baby safety course and a program for parents of multiples.

Newborns in car seats or strollers are welcome to attend Parenting Insights, and refreshments will be served. Free parking is available, but allow plenty of time as space is limited. Reservations are required by calling The Department of Maternal Child Health, Saint Barnabas Medical Center, at (201) 533-5000, ext. 2584.

Horizon Wigs
featuring Estetica Designs
Styler & serviced by Jackie, licensed cosmetologist.
Special attention given to chemotherapy patients.
Also carrying full line of beauty supplies, costume jewelry and vitamins.
705 Jersey Ave., Elizabeth • (908) 354-9086

Registration Now Open For St. Elizabeth Hospital's Healthy Shape-Up Program
St. Elizabeth Hospital's Nutrition Services will hold a "Healthy Shape-Up Program" A Six-Week Program Being Offered on Thursdays, August 14, September 18, 1997 5:30 - 6:30 pm at the Health & Rehabilitation Center. Cost: \$60.00

The program will be taught by Registered Dietitians who will teach participants how to lose weight sensibly by developing healthy lifestyle habits through good nutrition, behavioral techniques and physical activity.

Call Now to Register! (908) 527-5065
240 Williamson Street, Elizabeth, NJ 07207 (In The St. Elizabeth Medical Office Building)

offering nutritional counseling, weight loss programs and special needs diet planning tailored to individual lifestyles and personal needs.

The Health & Rehabilitation Center — offering a full range of fitness, therapeutic exercise and wellness programs in an environment in which to attain optimal health regardless of any limiting medical conditions.

CHIROPRACTIC
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5101 What is an Adjustment?
5102 Muscle Pains & Sprains
5103 What Causes Back Pain?
5104 Headaches
COSMETIC SURGERY
5260 Hair Transplantation
5261 Eye Lid Surgery
5262 Liposuction
5263 Rhinoplasty
5264 Laser Skin Resurfacing
MEYER'S SEXUAL HEALTH CONCERNS
5180 Impotence
5191 No Scalpel Vasectomy
5192 Male Infertility
5193 Kidney Stones
5194 Prostate Cancer

InfoSource
A Public Service of WORRALL COMMUNITY NEWSPAPERS

Blood donations especially needed in the summer months

The Blood Center of New Jersey is urging local residents to donate blood over the summer months to prevent serious shortages. Using the theme, "Keep the Beat Going: Be a Blood Buddy," blood center officials hope to have regular donors bring new donors to blood drives and blood donation sites throughout the summer.

"While most people consider summer to be a time of vacations, sun and fun, there are hundreds of patients whose lives will depend on those willing to take the time to donate a pint of blood," said Judy Daniels, B.C.N.J. spokesperson.

"The current pool of regular blood donors has been dropping and not enough new-time donors are coming in." Daniels continued, "So, to encourage more people to donate for the first time and current donors to donate more frequently, we are offering a special promotion this summer."

"Between June 14 and Sept. 7, every donor who has given at a specific site — donor center, corporate or community blood drive, etc. — within the last year is asked to bring someone who has not donated at that site," Daniels said. "This can be someone who may have given at another site or may never have given at all. Both donors will receive a unique, one-of-a-kind tee-shirt!"

Donors must be 18 years of age. Seventeen-year-olds may donate with parental permission. There is no age limit for donors provided they have donated within the last 2 years, or have a doctor's note. Donors should know their social security number and bring a signed form of identification. People with cold or flu symptoms should wait until they are feeling better before donating, and there is a 72-hour deferral for dental work, including routine teeth cleaning. For those who have traveled outside of the United States recently, call the blood center for eligibility criteria. For more information or to sign up for a blood drive, call the blood center at (800) BLOOD-NJ (236-6363).

CHIROPRACTIC FOR BETTER HEALTH
DR. DONALD ANTONELLI
ADJUSTING THE SPINE

If there are any misalignments or structural imbalances in your spine that may be causing health problems, your doctor of chiropractic will make adjustments that may be needed to restore you to good health.

"Adjustment" is a term used to indicate treatment given to vertebrae in your spine that may be out of alignment or not functioning normally. They may be out of alignment, causing a disturbance to your nervous system by interfering with normal message passing.

The treatment may begin with palpation or examining your spine by touch. Gentle manipulation may then be used to correct the misalignment. As you feel the correction, the doctor will apply a gentle pressure to the areas of the spine.

In the interest of better health, Dr. Donald Antonelli, a Chiropractor, is offering a special adjustment service. He will adjust your spine, restoring it to its normal position. This is a gentle procedure, and you will feel the difference immediately.

LOSE WEIGHT & KEEP IT OFF GUARANTEED!
86% Success Rate! No Dieting! No Exercise!
with CALORAD
A Natural and Nutritional Liquid Food Supplement

Loss Weight & Keep It Off For Good!
Eat/Drink/Move Effectively/Smart Weight Loss Product Available!
86% Success Rate! No Dieting! No Exercise!
No Starvation! No Dieting! No Exercise!
No Starvation! No Dieting! No Exercise!
No Starvation! No Dieting! No Exercise!

Administrative Assistant
Bartley Management Inc. requires versatile person to assist sales department. Duties include: telephone, fax, clerical and data entry, call scheduling and more. Will train a willing person. Full and part time. Contact: 908-484-2831.

Area Representative
A High Earning, prestigious opportunity as a White-Wagon Representative. Flexible hours, work from home, no experience necessary. Excellent benefits. Visit our website: www.white-wagon.com. Training. Call Northern NJ 201-538-0300, South Coast NJ 1-800-458-0202.

Assembly/Artists
Crafts, toys, jewelry, wood home, sewing, sewing, computer work from home to your point area. Great pay. Free details. Call 1-800-458-0202, 24 hours. (Fax) 908-484-2831.

Assistant Manager
North Jersey location and retail experience a plus. \$20,000 salary and benefits. Full resume today. 201-540-1000.

AVON No Door to Door Necessary
Earn to \$20K. No prior experience. Full training available. Call for great information opportunity. 201-540-1000.

Bartender/Server and Supervisor
Day shift. Private club. Looking for a well spoken and pleasant person with retail experience. Full and part time positions available. Contact: 908-484-2831.

Beautiful
Wonderful opportunity for experienced business-minded hairdresser to work or manage the hair salon area within a brand new full service beauty salon. Excellent working location. Excellent loyal customers. Full and part time. Call 908-484-2831.

Caring Woman
with others home to pick up two girls from kindergarten and drop them off. \$10.00 per hour. Call 908-484-2831.

Child Care
a casual home care and 11:30am-5:00pm, Monday thru Friday in our home. \$10.00 per hour. Call 908-484-2831.

Child Care
part time. Responsible person with driving license and local references preferred. Call for girls 2 and 3 in morning. 2:00pm-5:00pm weekdays. Starting September. School holidays. Full and part time. Call 908-484-2831.

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Community Classified

1-800-564-8911
Search your local classifieds on the Internet.
<http://www.localsource.com/classifieds/>

SALES HOURS
Monday through Friday
9:00 AM - 5 PM
After Hours Call
908-686-9898
Selection # 8100

RATES
CLASSIFIED RATES
20 words or less.....\$14.00 per insertion
Additional 10 words.....\$4.00 per insertion
Display Rates.....\$24.00 per column inch
Contract Rates Available
Blind Box Number.....\$12.00 per insertion
Marginal Listing.....\$4.00 per insertion

BEST BUY
CLASSIFIED COMBINATION RATES
Ad appears in all 22 newspapers
20 words or less.....\$20.00 per insertion
Additional 10 words.....\$6.00 per insertion
Display Rates.....\$45.00 per column inch
Contract Rates Available

CHARGE IT
All classified ads require prepayment.
Please have your card and expiration date.

ADDRESS
Classified Advertising
Worral Newspapers
P.O. Box 153
Maplewood, NJ 07040

Offices where ads can be placed in person:
(2) **ESSEX COUNTY**
463 Valley Street, Maplewood
170 Scotland Road, Orange
266 Liberty Street, Bloomfield

UNION COUNTY
1291 Stuyvesant Ave., Union

HELP WANTED
1000 POSSIBLE READING ROOMS. Part time. \$10.00 per hour. Call 908-484-2831.

CHILD CARE
Part time. \$10.00 per hour. Call 908-484-2831.

COMPUTER SPECIALIST
Part time. \$10.00 per hour. Call 908-484-2831.

ACCOUNTING
Part time. \$10.00 per hour. Call 908-484-2831.

ADMINISTRATIVE ASSISTANT
Part time. \$10.00 per hour. Call 908-484-2831.

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NEWSPAPERS

ESSEX COUNTY
News-Record of Maplewood & South Orange
West Orange Chronicle & East Orange Record
Orange Transcript & The Glen Ridge Paper
Nutley Journal & Belleville Post
Irvington Herald & Valleyburg Leader
The Independent Press of Bloomfield

UNION COUNTY
Order Publisher: Springfield Leader
Clark Eagle & Fairview Leader
Mountainville Echo & Roselle Spectator
Hillside Leader & Roselle Park Leader
Linden Leader & Rahway Progress
Summit Observer & Elizabeth Gazette

DEADLINES
Business Directory 4 PM Thursday
Display - Space reservation 5 PM Friday
Ad Copy 12 noon Monday
In-column 3 PM Tuesday

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Saab autos innovative all through the years

Saab automobiles have been synonymous with innovative technology and advanced engineering since the first Saab was unveiled in 1947. The Swedish automaker has continued to pioneer a long line of safety, comfort and performance features, many of which have been adopted by other manufacturers. The following are Saab world innovations, and all of these features — small or large — are available on today's Saab 900 and 9000 models.

Although 1972 federal safety standards did not require specific side-impact reinforcement, Saab added steel beams to the side door structure of the Saab 900 model in the fall of 1972. Saab's real-world accident investigation team had found that many collisions involved side impacts. As a result, Saab engineers integrated longitudinally welded beams into the doors, at a height to provide maximum protection for passengers. These type of welded steel beams were an industry first, and are now used in some form by most carmakers.

Side-impact protection is an integral part of the energy-absorbing Saab safety cage design. Saab was one of the first carmakers to design a car with integrated safety cage construction. Sturdy steel reinforcements diverting the passenger compartment, diverting collision forces away from the occupants, regardless of whether the impact comes from the front, rear or side. In addition, the front and rear areas of the car are designed to absorb much of the kinetic energy generated in a collision. These so-called "crumple zones" take the brunt of a crash.

Saab was the first carmaker to introduce impact-absorbing, self-restoring front and rear bumpers in the U.S. The new bumpers debuted on the 1972 Saab 900. One year ahead of the 1973 federal bumper standard that required all cars be capable of sustaining a 5-mph front and 2.5-mph rear "barrier collision without damage," the safety systems of the car. The 1972 Saab 900 was the first car that not only met but exceeded the regulation by suffering no damage at all in the low-speed impacts.

Today's Saab 900 and 9000's four-door bumpers are still designed to restore to their original shape following a low-speed impact. Each year, the Insurance Institute for Highway Safety (IIHS) subjects new cars to a series of low-speed crash tests to check the strength of their bumpers. In the latest round of tests, the 1994 Saab 900 was the only 4-door midsize car to drive away from the 5-mph front and rear flat barrier impacts without damage. In fact, the 900 is one of only four cars tested since 1990 that suffered zero damage in the flat barrier tests.

Saab is synonymous with state-of-the-art turbocharging. Prior to 1977, other manufacturers used turbo only on limited production or very expensive sports cars. Reliability was low and cost was high. Saab revolutionized the concept of turbocharging family cars by applying an adjustable-boost turbo to a small displacement engine with the introduction of the 1977 Saab 900 Turbo, followed by the new Saab 900 Turbo in 1983. Saab's turbo engines were engineered to achieve high torque at low speeds — a desirable characteristic for everyday driving.

The 1980 Saab 900 offered the award-winning Automatic Performance Control (APC), which electronically monitored and adjusted the turbo engine for maximum efficiency and low emissions, and compensated for different octane gasoline. Saab's next "first" was the 16-valve turbo engine, introduced as the third generation turbo in 1983. This engine was also equipped with an intercooler to lower the temperature of the intake air, which raises the engine's compression ratio and power output.

In 1992, Saab's remarkable Trionic system debuted, which further improved the efficiency of Saab turbo engines. Electronically, the award-winning Trionic system constantly adjusts the engine's fuel/air mixture, ignition timing and turbo charge. Saab is still a leader in the production of advanced turbo engines. All of today's Saab turbo engines are inter-cooled, use four valves per cylinder, direct injection and dual overhead camshafts. Over the years, refinements have reduced the feeling of "turbo lag" to virtually nil, and today's turbos are as reliable as a normally aspirated engine.

The use of daytime running lights (DRLs) has been proven to be an effective, low-cost method of reducing the risk of car crashes. When the key is turned on, the 1995 model year, Saab 900 and 9000's first carmakers to introduce DRLs.

The '97 Nissan Maxima — a sales leader

Since its introduction in 1981, the Nissan Maxima has been the perennial sales leader in the upper middle import sedan segment — a category it helped create. The introduction of the refreshed 1997 Maxima, Nissan continues to set new benchmarks for its class in styling, performance and value.

For 1997, the Maxima lineup includes the luxuriously equipped GLR model, performance-oriented SE and high-value GXE, providing a wide selection of equipment and features to match the individual needs of each customer.

Nissan's flagship sedan has refreshed styling for 1997, enhancing the sleek, smooth, luxurious shape. Maxima's sophisticated, yet sporty, new looks were achieved through a series of enhancements that include a new front grill design (chrome on GXE and GLR), jewel-like multi-parabola headlights, new front and rear bumper fascias, and new taillights.

Other major exterior refinements include new 16-inch aluminum alloy wheels and integrated fog light design on the sporty SE, new wheel covers for GXE models, and

exclusive new aluminum alloy wheels for the fully-equipped GLR. Maxima retains Nissan's award-winning 3.0-liter DOHC V6 engine. This powerful yet refined powerplant was named "Best Engine" by "Ward's Auto World" for two years running. It is one of the lightest, most compact engines for its displacement ever built for production use, producing a potent 190 hp at 5,600 rpm and 205 ft-lbs of torque at 4,000 rpm.

Among the many technical highlights of Maxima's engine are microfinishing of the camshaft and crankshaft, a digital knock control system, and a cross flow coolant pattern. These attributes help enhance engine performance, reduce exhaust emissions and lower overall engine friction — resulting in improved performance and fuel economy.

The affordable GXE and sporty SE are equipped with a standard speed manual transmission. An electronically controlled, 4-speed automatic transmission with overdrive is standard on the luxury-equipped GLR and available as an option on GXE and SE.

Maxima's innovative engine is designed to provide optimum control in a variety of driving conditions. The 1997 Maxima features an extensive list of standard, safety equipment, including dual air bags, 3-point front seat belts with adjustable front shoulder belts and a 3-point ALR/ELR front-passenger side air bag. The 1997 Dodge Viper RT10 will mark the opening of another chapter in an emerging Viper history and tradition with changes in appearance and performance.

Beginning with the 1997 model, a number of product changes are planned with each successive version contributing to the evolution and tradition of the marque," said Martin R. Levine, Dodge division general manager.

We believe the original Viper RT10, produced from 1992 through 1996, has secured a place in history as a vehicle that defined a new Chrysler way of business by taking on fresh challenges and, once again, defining the genre of what a pure American sports car should be. Levine continued, "The 1997 Viper RT10 will open a new chapter in the legendary Viper story."

The first and most noticeable changes in the 1997 Viper are the new exterior design themes. Customers will have a choice of red exterior paint with yellow five-spoke wheels and yellow Viper logo decals; black exterior paint with a silver center stripe and polished aluminum five-spoke wheels; or white exterior paint with a blue pearl center stripe and white five-spoke wheels. All previous color choices will be retired at the end of the 1996 model year run. Interior changes to complement the new exterior color themes include red leather-wrapped steering wheel, transmission shifter knob and hand brake with the white exterior paint and blue pearl stripe, a new all-black interior will be provided with the black exterior paint and silver wheels.

Sliding access side window curtains, replacing the soft zipper curtains and available removable color-keyed hardtops are also new for 1997. The legendary Viper side exhaust, which has been changed to a "rear" outlet exhaust system for 1997, has less restriction for improved performance and a throatier sound due to a redesigned muffler system. Exhaust pipe routing follows the silhouette of the rear wheel, but turns forward of the rear wheel. The pipes pass over the rear suspension and end in a tandem muffler with dual outlets on the centerline of the car. The muffler outlets have a polished ceramic coating for a long-lasting quality appearance. An aluminum shield protects the front floor and fuel tank against heat from the exhaust system.

Viper's 0-100 mph 2.9 V-10 engine horsepower and torque ratings are increased in 1997 due primarily to the redesigned exhaust system. Horsepower increases to 415 hp (305 kW) at 5,200 rpm, with torque at 488 foot-pounds (661 N-m) at 3,600 rpm. Internally, the engine also has a new timing belt to reduce drag due to access oil rotating with the crankshaft. The Viper driveline includes a more robust differential and stronger drive shafts capable of accepting up to 500 foot-pounds (678 N-m) of torque. There is also a revised differential mounting system to reduce housing movement under heavy acceleration and deceleration.

Aluminum suspension components improve Viper's handling and provide increased ride compliance. High-duty A206 cast aluminum control arms and knuckles replace steel control arms on front and rear knuckles. The change of material reduces the weight of the vehicle by 60 pounds (27 kg). At

Potent '97 Dodge Viper is a lethal driving machine

Since its debut as a concept car in early 1989, the Dodge Viper RT10 has defined the quintessential American sports car — a big block, attention grabbing, fast, loud, unadorned, and definitely a modern standard-bearer for pure American heritage and tradition. While Viper has remained virtually unchanged through 1996, the 1997 Dodge Viper RT10 will mark the opening of another chapter in an emerging Viper history and tradition with changes in appearance and performance.

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the same time, the rear roll center has been lowered and geometry revised to reduce track change during ride motions. This makes the car more stable during hard cornering through roads. At the same time, the rear cross member was increased from 6 degrees to 41 degrees, improving straight line tracking. Front suspension geometry is unchanged but the lower ball joint has been relocated from the knuckle to the lower control arm, reducing the ball joint movement in the arm under braking. This allows it to be lighter than the previous configuration.

Front and rear shock absorbers have been revised to provide better control of the pickup points further outward under lower control arms than the previous system. Higher rate springs, 18 percent rear and 12 percent front, and new shock absorbers valving improve impact feel and increase high speed control. Shock absorber valving has also been recalibrated for a better control at low temperatures.

The 1997 Dodge Viper RT10 will be the first domestically-produced car to use Michelin Pilot MX03 tires. The carcass, tread and compound of these tires are tuned to the new suspension package to provide more stability. The most notable construction change is a significant increase in sidewall stiffness. Reinforced sidewalls and improved low temperature and wet traction objectives have been achieved along with substantial increases in cornering and braking traction. Wet cornering traction increased six percent in a standardized wet traction test. Peak lateral acceleration on the skidpad increased by over 5 percent. Stopping distance from 60 miles-per-hour (96 km/hr) is reduced by over 13 percent.

A recalibrated power brake booster for Viper provides more pedal modulation. The increased modulation improves low to moderate speed braking pedal feel while maintaining Viper's exceptional high-speed braking performance. Overall, there are 200 new components, or a 10 percent product change in the 1997 Dodge Viper RT10 and yet it remains the ultimate American-made, no excuses and no holds-barred excitement machine.

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Volvo flagship 960 has two models

Volvo's flagship 960 series consists of two models for 1997: a sedan and wagon. Both models share drivetrain, suspensions, most essential equipment and dimensions. They also share the feeling that characterizes Volvo's hallmark concern for occupant safety. All Volvo 960 models are equipped with both frontal and side-impact air bags for both the driver and front-seat passenger, three-point seat belts with child seat locking, rear doors and tailgate with child safety locks, halogen headlights, front fog lamps with wipers and washers, and a rear fog lamp. In addition to the air bags installed in both front seats for side impact protection and air bags in the steering wheel and passenger's side of the dashboard, all Volvo 960s feature front seat belts with automatic, pyrotechnically actuated pretensioners to ensure the belts are snugged down in the event of a frontal impact.

Besides being restrained by three-point safety belts, all 960 occupants are protected by Volvo's Side Impact Protection System, SIPS, which channels impact energy around the vehicle's structure away from the car's occupants. Wagon models also come equipped with an integrated child rear booster seat. The feature is optional on sedans.

All 1997 Volvo 960 models have daytime running lights, three-point seat belts with child seat locking, rear doors and tailgate with child safety locks, halogen headlights, front fog lamps with wipers and washers, and a rear fog lamp. In addition to the air bags installed in both front seats for side impact protection and air bags in the steering wheel and passenger's side of the dashboard, all Volvo 960s feature front seat belts with automatic, pyrotechnically actuated pretensioners to ensure the belts are snugged down in the event of a frontal impact.

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Both the sedan and wagon models come equipped with a center-console mounted switch, the driver of a 960 can select between transmission shifting programs that offer either optimum fuel efficiency or enhanced performance. In addition, by selecting the Winter/Wet setting, the driver can ensure optimum starting traction on slippery or wet roads. In the Winter/Wet setting, the transmission locks out First and Second gear and starts the car out in Third. For additional low speed traction, a locking rear differential is available as an option.

The engine is a naturally-aspirated, 2.9-liter with dual overhead camshafts and four valves per cylinder, the block and cylinder head are made of light alloy. All 960s have four-wheel disc brakes equipped with a Bosch anti-lock system (ABS). The front discs are vented and are 11.0 inches in diameter. The rear discs are solid and have a diameter of 11.06 inches. The parking brake is a mechanically operated drum brake system.

In addition, all models have power-assisted rack-and-pinion steering. The steering system's ratio is 16:1. It takes 3.5 turns of the steering wheel to get from lock to lock, to achieve a turning radius of 31.8 feet.

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