Every week we mail to every home and business on Sanibel and Captiva, subscribers throughout the United States, and...

Arnold Schwarzenegger Santa Monica, CA



VOL. 2, NO. 10

SANIBEL & CAPTIVA ISLANDS, FLORIDA

SEPTEMBER 2, 1994

The Life Of Clarence Rutland

Clarence Rutland

decade after his death,
Clarence Rutland's former
home has carved a new
career as the "museum" in
Sanibel's Historical Village and
Museum. But for more than half a
century it was home to Rutland in
its original location at 1167
Periwinkle Way next to the present Huxters' Market.

Clarence's life on Sanibel actually goes back much further. Born in West Apopka (Lake County in central Florida) in 1890, he came south with his family at age five after his father's citrus groves fell victim to the "great freeze" of 1895. They travelled first by rail to Punta Gorda which was the

end of the line, and then finished the trip by boat -- a side-wheel steamer.

There were about 300 inhabitants, farmers and fishermen, on the island at that time, but the living was rich. Deer, quail and rabbit were plentiful; fishing was easy and oysters and clams available for the taking. Of course another natural wonder were mosquitos!

In Rutland's own words, "You could swing a bucket around in the yard and get a gallon of 'em".

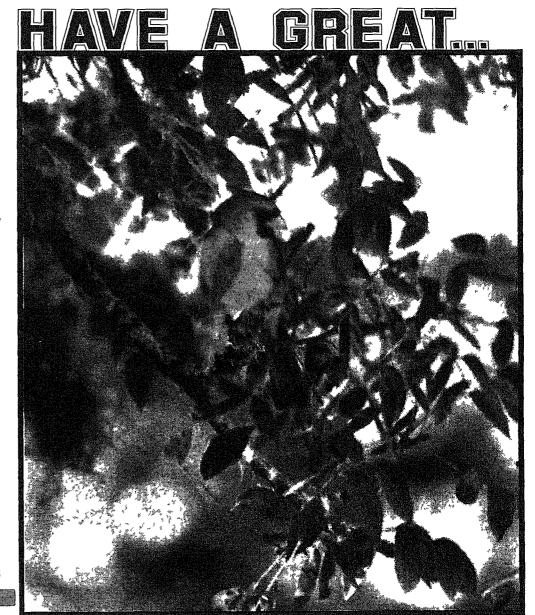
Residents were still fulfilling homestead requirements in 1895, but the land was claimed so the elder Rutland worked on shares raising tomatoes, peppers and eggplant. The owner furnished

land and fertilizer and the sharefarmer plus members of his family did the work They shipped their produce via steamers that met the railroad at Punta Gorda daily.

Their farming ended abruptly within two years of the family's arrival when Othman Rutland died. He is buried on the property they rented

which coincidentally is part of the parcel Clarence bought years later including the house that is now Sanibel's historic museum. Irene Rutiand kept her brood together by raising turkeys until she married Henry Shanahan who was the lighthouse keeper and a widower with eight children. Irene and five young Rutlands merged

Continued on page 3



LABOR DAY WEEKEND

New Books From "Ding" Darling

anibel Elementary School students eager to learn more about their own island backyard now have new books in their library to help them do just that. The "Ding" Darling Wildlife Society this week presented the school with 23 books from the shelves of the society's book shop at the J.N. "Ding" Darling National Wildlife Refuge.

"This is wonderful," media specialist Sue Los Huertos said when she accepted the books from Society President Molly Krival. "Our students show great interest in the environment. These new titles will help them

understand and appreciate not only the nature of Sanibel and Captiva, but also of Florida."

Among the books are "The Wonderful World of the Mangrove Swamp," "Seashells of North America," "Simon & Schuster's Guide to Insects" and "Florida's Wild Flowers." Dick Workman's definitive book about Sanibel and Captiva, "Growing Native," also is included, as is "Ding: The Life of Jay Norwood Darling." For the school's youngest readers, selections include "Sam the Sea Cow" and "Salty Seagull."

The titles were chosen by school staff after a library inventory seriously depleted the stacks, Los Huertos said. "We took out anything that had a copyright date of 20 years or older,

plus many more books whose content simply was no longer appropriate for whatever reason," she said.

The inventory was prompted by the school's plan to join a computer network linking Florida's public school libraries, Principal Barbara Ward explained. Eventually, Sanibel Elementary will be on-line with hundreds of other schools for purposes of sharing reading and research resources. In the meantime, the local shelves were cut by half in the necessary inventory process. That's why Ward approached the "Ding" Darling

Wildlife Society with the school's wish list of environmentally oriented materials. The Society gladly accommodated the request by a unanimous vote of the board of directors.

"We are delighted to make this important gift to the school," Krival said. "Our feeling is that our community's young people simply cannot have too many books at their finger-

Los Huertos echoed that sentiment. "Even in the computer age," she said, "there will never be a

Continued on page 32

Bag Day at Noah's Ark

aturday, September 3rd, from 9:30 a.m. until 12:30 p.m, is the famous Noah's Ark Bag Day at the thrift shop located behind St. Michael's and All Angels Episcopal Church, 2304 Periwinkle Way. The Episcopal Church women urge you not to miss the biggest sale of the year on Sanibel. For \$3.00 you can fill a grocery bag with designer clothes, handbags and blouses from the new boutique, children's clothes, toys, shoes, men's clothes, china, even hand-woven baskets. Or pay half price for those items that won't fit in a bag -- furniture, furnishings, golf and other sports equipment, pictures, sculptures, antiques, collectibles and much more!☆

American Legion Events

Picnic

aturday, September 3rd, the American Legion Post 123 will present their Labor Day Picnic beginning at noon. On the menu is roast pig, corn bread, macaroni salad, potato salad, barbeque sauce and other goodies. There will also be a Horseshoe Throwing Tournament.

The cost is \$7.50 for all you can eat, kids are \$3.50. Located at mile marker 3 on Sanibel-Captiva Road.

For more information call 472-

Flea Market

unday, September 4th at 9:00 a.m. Located at mile marker 3 on Sanibel-Captiva Road. For more information call 472-9979.❖

Bake Sale

In conjunction with the Flea Market, the annual Bake Sale will begin at 9:00 a.m Sunday,

September 4th. There will be "Bushels of Baked Goods" a "Gross of Goodies", a "Plethora of Pies" and a "Cases of Cookies". All proceeds benefit children's Halloween and Christmas parties. Located at mile marker 3 on Sanibel-Captiva Road.

Jack Lewis At BIG Arts

unday, September 4th, Hot and Cool jazz will be performed by Jack Lewis' "Jazztet" from 4:00 to 6:00 p m. in the Phillips Gallery at Big Arts Center, 900 Dunlop Road. Jack will play the tribe roll of M.C., Leader and Drummer. He will propel the group of All Star Musicians through the timeless, toe-tapping



Weather History

by Rhonda Bentley, WBBH-TV

20 8 ½ WBBH-TV

Date August	Tempe Low	rature High	Rain (inches)	Wind Knots	Gulf Temp		
24	77	91	.08	SE 10	87		
25	74	89	.50	E 10	86		
26	74	90	.50	S-SE 10	84		
27	75	92	.00	SE 10	85		
28	75	91	1.5	Var 10	85		
29	72	88	.00	SE 10	85		
30	74	92	.00	E 10-15	86		

music of Duke Ellington, Irving Berlin and others. The Jazztet will feature Sir John Jeffrey, vibes, Ray Olsen, guitar; and John Lamb, bass (formerly with Duke Ellington and his orchestra). There will be plenty of free parking and tickets may be purchased at the door. The cost is \$10.00 For more information call 939-4791 **

OBITUARY

Barbara Sisson

Barbara Sisson, of Sanibel, died Thursday, August 25th. Cremation arrangements are by Anderson Funeral Home, Fort Myers.

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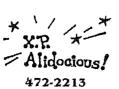
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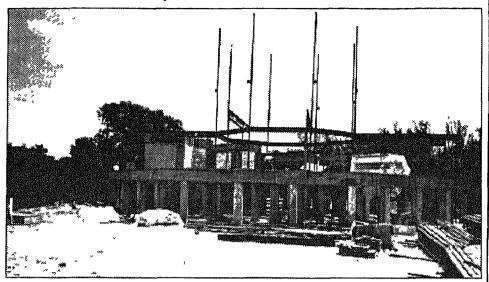


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Shell Museum 1995 Membership Drive Launched



Going up! The uniqueness of Captiva architect George Tuttle's intersecting octagons design is becoming evident as steel is erected for the Bailey-Matthews Shell Museum. Long vertical stringers will support an octagonal stained glass cupola above the second floor.

ill Hallstead, chairman of development for the Bailey-Matthews Shell Museum, has announced that the drive for 1995 membership support begins September 1. "All memberships or membership renewals received on or after that date will be valid through 1995," Hallstead said. "And all such members will be admitted to the museum free."

Although funding for the building itself is now assured, the project depends on membership support to help defray administrative costs. Also needed are additional major gifts to fund the completion of exhibit fabrication.

Museum memberships range from the \$25 individual membership through \$35 family, \$50 sustaining, \$100 patron, \$500 five-year benefactor to \$1,000 life membership. All members receive a 1995 window decal and a membership card Various gifts are available to new members and renewing members who upgrade to a higher category. Complete membership and major gift information is available from the Shell Museum Preview Office at 395-2233. Or you may mail your membership check to: Shell Museum, P.O. Box 1580, Sanibel FL 33957.☆

MDA Boot Drive

he Sanibel Fire Control District will be out collecting donations for the Muscular Dystrophy Association through their annual boot drive Saturday through Monday, September 3rd through 5th. Firefighters and volunteers will be at the following locations from 9:00 a.m. to 4:00 p.m. daily: Bailey's Shopping Center, Forever Green Center, Jerry's Shopping Center and Periwinkle Place Shopping Center The annual MDA fundraiser is sponsored by the Sanibel Fire Control District and volunteers.な

Horticultural Society To Meet

he Horticultural Society Master Gardeners will meet Tuesday, September 6th at 10.00 a.m. at the Sanibel library for a workshop by Kaye Cude. The workshop is free and open to the public. For more information call Dr. Faye Granberry at 472-6940.☆

Clarence Rutland

from page 1

with the clan occupying the keeper's cottages and there Clarence spent the balance of his childhood.

In those days rare and treasured shells were "more for the gathering

the searching' according to a 1966 interview. Clarence recalled finding "8 or 9 junonias one morning after a stiff no'-wester." He claimed to be a selftaught swimmer. he fell off a dock when

he was about 10 years old and became an instant swimmer.

Island children were sent to the one room school, now Old Schoolhouse Theater, where "A ladu would come in and she'd get about \$25 a month to teach 50 of us kids. They earned their money!" he concluded. Rutland quit school after the third grade.

At age 12 he joined a cattle boat running from Punta Rassa to Key West. Punta Rassa was a major cattle shipping point operated by Jake Summerlin. Rutland likened it to the Old West. "They was some fightin' and killin' going on all the time. I can remember when cattle walked up and down Front Street in Fort Myers. Get off the sidewalk and you were just as apt to step in a cattle pie.'

Alice Kyllo, long-time resident and

friend to "Uncle Clarence in his later vears, recalls his stories about cattle runs including one where he did not return on the same boat, a lucky chance for it sank on the way back.

Perhaps that was the trip where he hopped a schooner to Miami Beach. There he worked for a time on a dredge when Carl Fisher was devel-

> oping Miami Beach. "Mosauitos were so bad they had to screen the boat so we could keep working."

That was the beginning of what Clarence called his

"running around". He was big for his age of 14 and could pass for older. He remembered the (Florida) East Coast Railway and was on the second train of the Flagler-built line that went to Key West.

He would drift away from Sanibel for weeks or months. At one time he followed the migrant trail up the east coast packing fruits and vegetables, he spent a period in Tampa as a street car conductor, and he worked in a saloon. He summed it up "I've done anything that everybody else has except kill somebody. Never done that '

But Sanibel was always home. 'Anything went wrong, I always came back here."🌣

Source material for this article is from the files of Sanibel Historical Village and Museum which includes newspaper clippings from Florida newspapers



Following the death of her husband in 1987, Irene Rutland raised turkeys near the Lighthouse. An area near there is still called by some, "The Turkey Pen."
photo by Florence Fritz, "Unknown Story of Sanibel & Captiva"

Library Closed For Holiday

he Sanibel Public Library will be closed Labor Day, Monday, September 5th It will reopen Tuesday, September 6th at 10:00

Contributing Writers

MEMBER







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J B. Novelli

Crossing the Great Water

by Pamela Gilbert Wortzel

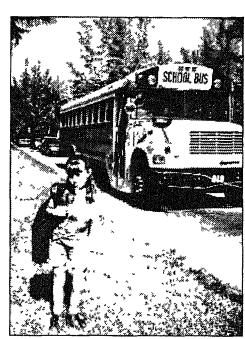
hildren who have grown up on Sanibel and only attended the local elementary school have generally lived in a pretty sheltered environment. Living on an island provides a certain amount of isolation from the "real world." The Sanibel Elementary School only goes up to fifth grade. After fifth grade the majority of the students attend Cypress Lake Middle School. What is it like for these children to make the transition from a small, close-knit school with less than 300 students to a vast place with an enrollment of nearly 1,000 kids?

I talked with some of the middle schoolers about their reaction to the new life that takes them across the bridge which divides Sanibel from the mainland Their initial reaction to this change in their lives seems very positive.

"I think middle school is really neat," says eleven year old Erika Dean. "I like switching classes for each subject. It makes the day pass quickly." Erika is particularly excited about a technical education class she is taking. "We're going to build magnetically powered cars. The class is a mixture of science, math and art"

One thing Erika doesn't like about

middle school is the dress code. Shorts must be a certain length and very tight, revealing clothes are not allowed. "I want to become a fashion designer," says Erika, "and the clothes I want to design are tight-fitting so I wouldn't be able to wear them to school."



Sixth grader Sam Cote thinks that middle school is great but "it's kind of hard to get used to switching classes after so many years of sitting in the same classroom " Sam expected the school to be much bigger than it actually is. He says that he's already

made a couple of new friends among the kids from Ft. Myers. What does he miss about going to school on Sanibel? "I miss the after school "rec" program the most," says Sam According to Brittany Benner, one

According to Brittany Benner, one of the advantages of middle school is that, "if you don't like a teacher, you don't have to be with them all day " She thought that she would be getting a lot of homework, but so far there hasn't been too much. What are the kids in Ft Myers like? "Some of the girls are easy to make friends with," says Brittany, "but some of the boys are wacko!" She doesn't really feel that she misses Sanibel all that much.

Eleven year old Tanya Bell likes changing classes but wishes there was more time in between. She doesn't like the dress code, but it's nowhere near as bad as when she went to school in England and had to wear "a horrible uniform with a tie!" "The Sanibel kids always stick together," says Tanya "A group of us eat lunch together."

Seventh grader Liz Armitage, who is beginning her second year at Cypress Lake Middle School, is not too happy about the fact that the

school has no lockers, but she's gotten used to lugging around her heavy back pack all day. She likes the fact that she's made a lot of new friends at Cypress, but she still wishes that "the Sanibel School went up to the eighth grade."

As these kids board the bus each day carrying their unbelievably heavy back packs, one gets the sense that they are eager for new adventures. Sanibel is a cozy and familiar environment for them, but they seem more than ready to meet the challenges of the world that lies beyond our little island.

From page 5

Volunteers

The Sanibel-Captiva Conservation Foundation is located at mile marker one on the Sanibel-Captiva Road, one mile west of Tarpon Bay Road. The not-for-profit organization is dedicated to the preservation of wildlife habitat and natural resources on and around the islands.





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THIS WEEK IN HISTORY

On September 3, 1783, the British signed a peace treaty with the United States to end the Revolutionary War... August 30, 1856, abolitionist John Brown led anti-slavery forces against Missourians at Osawatomie, Kansas... September 1, 1858, the first Atlantic Cable failed... September 1, 1864, Atlanta fell to General Sherman and the Yankees... September 4, 1186, the Apache Indian, Geronimo, finally surrendered to the US... September 3, 1940, the US announced a transfer of 50 overaged destroyers to Great Britain... September 1, 1951, The Us, Australia, and New Zealand signed a mutual security pact. . September 4, 1951, transcontinental television was inaugurated with President Truman's address at the Japanese Peace Treaty Conference in San Francisco... September 4, 1957, Arkansas Governor Orval Faubus called out the

National Guard to stop nine black stu-

dents from entering the previously allwhite Central High School in Little Rock.. September 3, 1976, the Viking II set down on Mars' Utopia Plains... September 1, 1993, Bosnian Muslims refused to accept a UN peace agreement unless Serbs and Croats ceded them more land...

September 1, 1993, President Boris Yeltsin suspended Vice President Aleksandr Rutskol, one of his political adversaries, an First Deputy Premier Vladimir Shumeiko, an

ally.. September 3, 1993, The Supreme Soviet (standing legislature) rejected Yeltsin's suspension of Rutskoi and referred the question to the Constitutional Court...

September 4, 1993, PLO Chairman Yasir Arafat obtained the endorsement of a peace accord with Israel (hammered out with the US) from Fatah, the PLO's largest and most moderate faction.☆

Volunteers Needed

ata cards? Sunscreen? Garbage Bags? Lemonade? What do these things have in common? They are all essential elements of the annual Coastal Clean Up scheduled for September 17. But there is one essential element missing Jolunteers!

The Sanibel-Captiva Conservation Foundation needs your help in ridding the island's beaches of litter and debris Volunteers are asked to meet SCCF staff at either the Captiva Library, or in the Conservation Foundation's parking area

Data cards are an important in a method to collect data on the source and type of the litter and marine debris. Data is collected in over 30 states and 40 countries during this,

the world's largest, volunteer effort. The international clean up is coordinated by the Center for Marine Conservation. Their sponsors supply the data cards, garbage bags, pencils, and posters to promote the event.

Sunscreen, hats, and garden gloves are suggested items for volunteers to bring to the clean up. Lemonade, hot dogs, bottles of water, fruit and other snacks are being supplied in cooperation with Sunny Day magazine. This is the second year Sunny Day has helped with the project Additional assistance has come from Keep Lee County Beautiful

So mark your calendars, grab your hat, and join in the global community spirit to clean up our beaches. See you on September 17, at 8.30 am, at the Captiva Library or SCCF, to participate in the world's largest volunteer effort!





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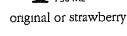
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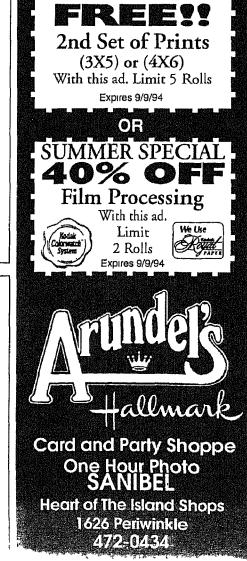
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a Closer look...

The Antlion

By Mike Boerema

The first time I saw the small cone shaped pits in the sand I was at summer camp. Other boys in the cabin who were from more rural areas than my friends and I would occasionally have fun teasing us city slickers about some of the natural

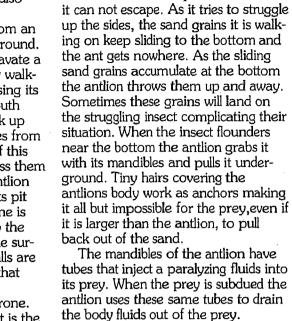
things we were seeing for the first time. So when I asked what the pits were, I thought we were getting our legs pulled again when they said that at the bottom of each pit was a little bug called an antlion. To prove their point one of the boys caught a few ants and dropped each one into separate pits. After a few seconds of struggling to climb out of the pit the ant would suddenly disappear into the bottom of the

What we were seeing was the larval stage of Brachynemurus

ferox, common name antlion, also known as doodlebug.

The larval antlion hatches from an egg that was deposited in the ground. It will immediately begin to excavate a pit in which to trap its food. By walking backwards in a circle and using its mandibles, large pincer like mouth

parts, to pick up sand particles from the center of this circle and toss them away, the antlion slowly digs its pit out. This cone is dug down to the point that the surrounding walls are at an angle that makes them avalanche prone. This last part is the key to the trap functioning properly. When the pit has been properly excavated the antlion burrows backward into the bottom staying hidden except for the mandibles. When finished the pit can be an inch deep and two inches across.



antion uses these same tubes to drain the body fluids out of the prey. When it has finished its meal the antlion throws the drained exoskeleton out of the pit. It will make sure the pit is ready to trap its next victim and set-

When an ant or some other small insect walks into the pit it will find that

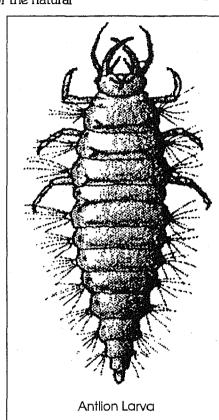
The larva begins life about 1/8 inch in size and will go through three molts

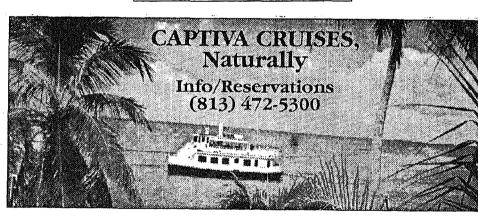
tle in to wait for its next meal.

as it grows to about 1/2 inch. This can take anywhere from one to three years depending on where it lives. Northern antlion larva will bury themselves deep into the ground to escape the winter cold and will need three years to mature. Extreme southern antlions can feed year around and need only a year to mature. When they do mature they develop a roundish cocoon and spend about a month metamorphosing into its adult form.

As with most insects who go through metamorphosis the adult form bares little resemblance to the larva. The emerging adult is a weak flier that somewhat resembles a damselfly except that the wings are held upright instead of folded back. Little study has been done on the adult stage of their life. Adults are rarely seen except when drawn to lights at night. After the female mates she will deposit eggs, one at a time, throughout sandy areas. The eggs hatch and the cycle begins anew.

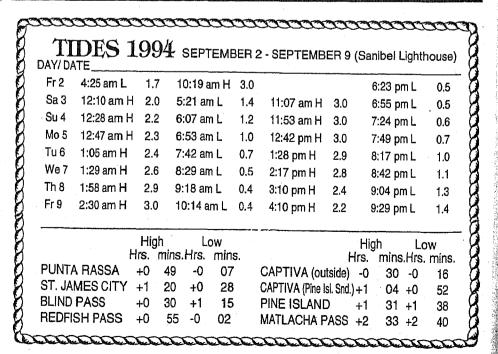
Mike Boerema works as a naturalist guiding canoe and kayak trips at the Tarpon Bay concession of the "Ding Darling" N.W.R.











The Coquina

by Mike Boerema

ne of the more common and colorful bivalves or clams found on our Gulf beaches is the Coquina, *Donax variabilis*. This small clam gets to about 3/4 inch in size and comes in a variety of colors



from white to yellow to various shades of red and blue. Most of them have bands of darker coloring running from the umbo or hinge of the shells out

to the shells edge.

When alive the coquina lives right along the water's edge in what is known as the swash zone, the area where waves break on the shore. Lying buried in the sand Donax used its siphons, a pair of long tubes that extend up to the sands surface, to pull water down into the shell for food and to breathe.



Water is pulled down one tube called the inhalant siphon and passed over the gills. The gills are lined with cilia, tiny

hair like organelles, which in this are branched, that strain microscopic plants and animals from the water.



The cilia move the food particles to what is called the food groove. This long notch that leads to the mouth has another set of cilia that transport

the food particles to a pair of palps, lip-like organs that sort out undesirable particles then push the food into the mouth. Rejected material is pushed into the passing water and along with any waste material is pumped out of the exhalant siphon.

To stay in the swash zone the coquina will move up and down the beach with the tides. To move up the coquina uses it foot to push itself out of the sand as a

wave comes in. When the wave has deposited the clam higher up on the beach it uses its foot to quickly bury itself again in the soupy mixture of sand and water. To move down they ride the returning water of a spent wave.

Coquinas are eaten by shore birds, crabs, and burrowing carnivorous snails.



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See Under Sea

by Cindy O'Leary



The smiling faces you see here belong to two of our snorkelers this past week. As most of you know by now, we do not allow any live collecting so it was a real treat when young

Isabell Klein from Seligenstadt, Germany found this huge horse conch on Saturday. Then on Sunday, Mary Oglesby from Pemberton, New Jersey found two large empty conchs!

I wish I could tell you that we find

shells of this size every day, but of course we don't. The shelling conditions vary daily at Cayo Costa, just like they do down here. Some days Mother Nature is very generous and other days she must be in a bad mood and refuses to give up many of her treasures.

These three shells were not found on the beach, but in the water by snor-

keling. Isabell found hers in fairly shallow water. Mary had to work a bit harder. She saw part of one sticking out of the sand in about 6 feet of water...lost if, found another then spent about 30 minutes finding the

first one and then retrieving it.

The Horse Conch (Pleuroploca gigantea) was made the state shell of Florida in 1969 and can grow up to 2 feet in length! The baby ones are usually bright yellow or orange and are not uncommon to find on parts of our beaches. As the shell grows, the color on the outside tends to becomes a duller



Isabell Klein

dirty-white or chalky-salmon, and is covered with a black-brown periostracum or coating. The only time I ever saw large ones on the beach was after the "storm of the century". There were so many live creatures beached, that I gave myself "shell shoulder" throwing them back in. I don't know if it did any good, but it made me feel better after seeing

kitaka kanaka kaliki kitaki kanakiti kana kitaki mana mala mala mala kaliki kitaki kitaki kitati kaliki kitaki

these helpless creatures struggling on the beach.

Remember, respect, don't collect live critters that you SEE UNDER SEA.☆

Cindy O'Leary is a certified SCUBA Instructor and owner of a Dive Center on Sanibel



Mary Ogles

Arts For ACT **Auction**

by Pamela Gilbert Wortzel

n Saturday, August 27, more than 1,200 people turned out for ACT's annual fundraising event. This year the fifth Arts for Act Auction was held at Harborside Convention Hall in downtown Ft Myers. People came to view and bid on art work donated by more than 90 artists, paying a \$25 admission charge which raised about \$8,000 for the center. The art auction itself raised over \$62,000 for the local Abuse Counseling and Therapy Center and sales of a signed poster by world famous artist Robert Rauschenberg brought in an additional \$10,000. When all the figures are finally added up the total is expected to equal the \$85,000 amount raised by last years event.

The auction offered an opportunity for bidders to purchase an interesting selection of works by artists in various mediums. Betty Sammis Weller's impressionistic watercolor "Fantasy Reef" sold for \$925. Thom Milsap's colorful acrylic "Sun Flower with Still Life" raised \$475 and "Lavender Green Dilly Dilly" by Ft Myers artist Nancy

Many of the participating artists had also donated works in previous years. Darryl Pottorf, who served as the honorary chairman of the event, raised \$3,400 with his veg-

etable dye on paper work, Study for Pigeon-Hole Mona Lisa.' "The Aftermath," by Captiva artist Rene Miville, dealt with the effects of Hurricane Andrew. His chemically

imaged photograph sold for \$1,450. Michael St. Amand's intriguing mixed media piece titled

"Attractions" raised \$1,150 Janet S. Echelmen's acrylic triptych, which was donated from Robert Rauschenberg's private collection,

to be auctioned was Robert Rauschenberg's

own lithograph titled "Detail from

the Bellini Series to honor Riva Castleman of the Museum of Modern Art Print Department, which sold for \$16,500 ACT specially thanked Rauschenberg for his

continued support and generosity.

The evening, which began with an art preview and a sumptuous spread of hot hors d'oeuvres and closed with the music of the Rock and

Soul Revue, was another successful fundraiser for the organization which has an annual operating bud-

get of about \$700,000 a year

This year more than 17,000 Southwest Florida women called the Abuse Counseling Hotline for help. Increased awareness of the widespread problem of domestic abuse has aided

the development of this important

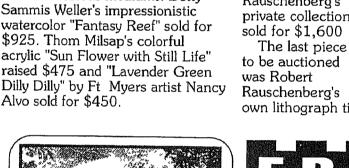
program which provides shelter and counseling for the many victims of abuse, but the need for funding continues to grow as more and more cases are reported each year.

According to ACT chairwomen Jennifer Benton, instances of domestic abuse were rarely acknowledged years ago, but now that this issue has been widely publicized, more and more people are speaking up. In order to help these woman and children, ACT employs a staff of 26 people who provide counseling and man the ACT Hotline. The program is also supported by a much needed staff of volunteers who generously donate their time in order to help others.

Formed by a group of local women in the mid-70's, ACT is the only certified agency in Lee County that serves victims of sexual abuse and domestic violence. The non-residential program is expanding to meet the needs of the community. More volunteers are needed for the program. Volunteers receive special training for manning hotlines and on-call counseling.

The center is always in need of such items as diapers, clothing and

personal care items. To volunteer or make a donation call 939-2553. Anyone in need of abuse counseling can call the 24 hour ACT Crisis Hotline number, 939-3112.☆





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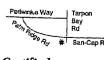
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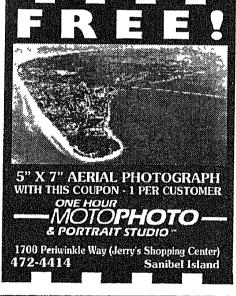
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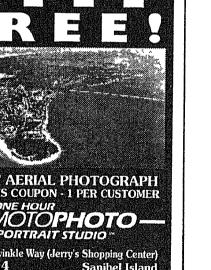


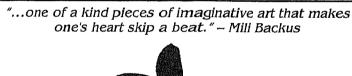














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Running Your Life by Empowering Yourself

by Constance S. Clancy, Ed.D.



ou know what you want. Now learn to empower yourself, to actively chase after goals, and you'll create a greatly rewarding personal and professional life

for yourself. The key, building selfesteem, entails an experience of control over ourselves and our existence. We have an inner compass that guides us and sets our direction- as we operate out of our internal locus of control. However, the person with low self-esteem operates out of an external locus of control, meaning he/she responds to choices and actions of others. It is a passive response to life rather than a proactive choice. This difference in a life pattern is a reflection of the degree to which a woman or man operates by conscious purpose

Our purpose is to focus our energies that will give meaning and structure to our existence. There may be times we will do certain tasks, yet have the ability to feel in control of our life if we hold in mind a wider context and the goal to which we are moving. We may not truly enjoy the action steps along the way, i.e. working while going to school, yet we know the goal is attainable and we will achieve.

To live my life at the level of conscious purpose, I need to take responsibility for formulating my goals. What do I want to achieve in terms of personal development? What do I want to achieve professionally? What do I want out of my relationships? I need to think about how to get there from here, once again, action steps. In addition, I need to monitor my behavior over time to assure myself my actions are

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in alignment with my goals. Finally, I need to pay close attention to the outcomes of my actions, to determine whether they are producing the results intended. These policies are enormously self-esteem building, because they generate a sense of competence in the face of life's challenges.

The following example illustrates operating purposefully:

In therapy, Mary said to me, "I would like to be a better partner to Sam, who felt torn between her love life, her many women friends and her career as an owner of a successful clothing store. "I really do care for him. He complains I don't give him enough time; that I'm always in a rush or on the phone " "What would you do differently?" I inquired. She seemed puzzled by the question. "I'd like both of us to be happier romanti-"What do you see yourself dong that would make both of you happier?" "I'd create a better relationship," she said. " "Good . If that's you're purpose, what actions would you need to create a better relationship?"

Clearly that line of questioning had not occurred to her. "I'm embarrassed to admit I don't know. I do know my purpose for work and what I need to do, but I guess I really don't have a purpose for this relationship, just a wish." Mary then realized that if she learned to take better charge of her time and put energy into her relationship like she does her business, that it would not suffer malnutrition. Today she feels successful in both areas of her life.

One of the most potent ways of raising self-esteem and gaining more satisfaction is by converting desires into purpose. Again, here's how:

- Ask yourself what actions would you need to take if your purpose were to "achieve your goals in reality".

- Design an action plan.

- Monitor your progress: pay attention to the outcome of your actions. Adjust your plans and behavior when necessary.

- Keep yourself on track, moving toward fulfillment.

- Watch yourself grow in personal

Dr Clancy is a licensed mental health therapist and certified hypnotherapist

Dermatitis From Outdoor Plants

by Nelson Nalman, RP.H.

Summertime outdoor activities can be spoiled by a brush with poison ivy, poison oak, or sumac. June or July are peak months for contact with these plants and the skin inflammation that follows. It has been reported that as many as 8 out of 10 persons are sensitive to poison ivy alone.

Blisters resulting from exposure to these plants are caused by a chemical

in the plant sap called urushiol. Once this chemical contacts the skin, it begins to penetrate in a matter of minutes. Usually within two days, a rash develops which is followed by blistering, redness and itching. After a few days the blisters become crusted and begin to scale. If there are no complications, the condition begins to clear in about 10 days.

If exposure to plant sap is suspected, exposed areas of the skin should be washed immediately. A mild rash may require nothing more than soaking in cool water. Home remedies that help dry oozing blisters include wet oatmeal or a solution of baking soda. Calamine, a mixture of zinc oxide and ferric oxide, reduces inflammation, stops oozing and promotes healing. Topical medicines containing local anesthetics such as benzocaine may help alleviate pain. Hydrocortisone cream or spray usually relieves redness and itching.

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ee Memorial's Diabetes Treatment Center and the Children's Hospital of Southwest Florida present Pediatric Diabetes Awareness Day.

Lee Memorial's Diabetes

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* Increase awareness of Pediatric Diabetes services.

* Provide community resources that are available in Southwest Florida.

Continued on page 22

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Inca Gold

by Di Saggau



Cussler's engaging hero, Dick Pitt is back, in an adventure that involves a classic treasure hunt involving an ancient hoard of gold, the secrets of a lost civiliza-

tion and an international ring of smugglers.

Publisher Simon and Shuster says it best Inca Gold begins in 1532, when a fleet of ships sails in secret to an island in the middle of an inland sea There they hide a magnificent treasure more vast than that of any pharaoh Then they disappear, leaving only a great stone demon to guard their hoard.

In 1578, the legendary Sir Francis Drake captures the Spanish galleon filled with Inca gold and silver and the key to the lost treasure, which included a gigantic chain of gold that belonged to the last Inca king, a masterpiece of ancient technology so huge that it requires two hundred men to lift it. As the galleon is sailed by Drake's crew back to England, an underwater earthquake causes a massive tidal

wave that sweeps into the jungle. Only one man survives to tell the

In 1998, a group of archaeologists is nearly drowned while diving into the depths of a sacrificial pool high in the Andes of Peru They are saved by the timely arrival of Dirk Pitt, who is in the area on a marine expedition. Pitt soon finds out that his life has been placed in jeopardy by smugglers intent on uncovering the lost ancient Incan treasure. Soon, he, his faithful companions and Dr Shannon Kelsey, a beautiful young archeologist, are plunged into a vicious, no holds barred struggle to survive

From then on it becomes a battle of wits in a race against time and danger to find the golden chain, as Pitt finds himself caught up in a struggle with a sinister international family syndicate that deals in stolen works of art, the smuggling of ancient artifacts and art forgery worth many hundreds of mil-

lions of dollars. The clash between the art thieves, the FBI and the Custom Service, a tribe of local Indians and Pitt, along with his friends from NUMA (National Underwater and Marine Agency), two of whom are captured and threatened with execution, rushes toward a wild climax in a subterranean world of darkness and death.☆

Fun Facts

by Carolyn Lewis



"Gone With the Wind"

n the thirty years I have been coming to the island, I have never been through (thank heavens) a real hurricane

After experi-

encing what I call terrible tropical storm Bob, I can assure you that at the first warning of a storm I will evacuate!

At the time we had an older couple visiting us from England, and the night the storm hit, they later told us that they were sure that their lives were over, and preparing to meet their maker.

We were living in the Gulf Pines subdivision, and that day we had spent at the beach playing in the largest waves I had ever seen in all my years. I can recall us all wondering what was causing these huge swells. That evening, just as we were preparing to fix dinner, we were watching the weather report and learned that a severe weather warning had been issued for Lee County. Not long after that the electricity went out and we ate our semi-cooked

dinner by candle light.

What else to do but retire early? We were awakened by the whole house being lit up, and we thought, great the electricity is back on. Wrong! It was sheet lighting that went on and on accompanied by wind gusts up to 70 miles per hour. The trees were bending to the ground and the house sitting on its stilts was rocking back and forth, branches slamming into the windows with such force we were sure they would soon be in the rooms with us!

We all hovered together in the living room watching the "show" when the rains came. Thirteen inches in less than three hours! When the daylight finally came, we ventured out on the porch and realized that our yard was now a vast lake In the middle of what used to be the back yard, two alligators were happily swimming around while a couple of egrets and a big blue heron watched the whole scene.

We crept down the stairs, avoiding the wild life and noted that a fishing line was in order, as there were dozens of fish swimming in our front

As the waters finally receded and the electricity was restored, our guests from England decided that they must cut their visit short, and the very next day they were "Gone With the Wind"!☆

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- 1 Debt of Honor Clancy HC F
- 2 Halloween Night II Stine PB -
- 3. Totch Brown PB NF
- 4. The Heat Islands White PB F
- 5. Without Remorse Clancy PB -
- 6. Mama Makes Up Her Mind -WHite - PB - NF
- 7. A Land Remembered Smith -PB-F
- 8. Pot of Gold Michaels PB F
- 9. Florida's Fabulous Mammals -Gingerich - PB - NF
- 10. Nature on Sanibel Greenberg -PB - NF

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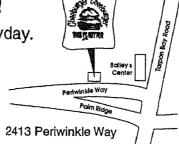
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"Oh You... Go Long"

by Matt Asen



RE YOU READY FOR SOME FOOTBALL?" So asks Hank Williams Jr every Monday night, and my answer is a

resounding YES! What ever interest I might have had in the baseball post season has been "struck" from my mind. Basketball is still months away and the hockey players & owners seem to be choking on the puck, so bring on the pigskin!

This season, the pro football rules committee made a couple of rule changes to put more offense in the game. One is moving back the kickoff spot to the 30 yard line (formerly the 35 and not too long ago the 40) so that more kickoffs would get returned rather than sailing out of the end zone. Another change is the addition of the two point conversion The conversion is the play after the touchdown is scored and it formerly consisted of kicking the ball through the goalposts for one point. Now you have the option of running or passing it from the 2 yard line for two points. It will be interesting to see which

coach is "chicken" and which is "a real man" when it comes down to making that choice on the last play of the game.

While I think that both of these changes will add to the offense of the game, I don't think it's quite enough. If they want to make the game more offensive and exciting, they should borrow a few pages from the rule books of the kids who play "touch" football throughout the streets of America. For those of you who grew up where grass was plentiful or peewee football leagues prospered here's the 'skinny' on two-hand touch or street football.

The playing "field" was long and thin, which was set by the width of the particular street you were playing on. The out of bounds were marked by the curbs and the parked cars You could touch a parked car, but you couldn't climb on top of it or jump off its bumpers (a plot often tried by wiseguys) The space between parked cars was in bounds and often led to exciting plays.

The end zone or goal line was usually marked by a sewer, which in reality was a manhole cover. A typical street football field would run three "sewers" long, with the middle one serving as "midfield". In addition to serving as markers, these manhole covers served another very important purpose. During fall and winter when street football was played, it was gen-

erally very cold out. It was tough to catch a football with gloves on and even tougher to throw one unless you were bare handed. To keep your hands warm, you would huddle around the nearest manhole cover to call the play, at the same time, rubbing your hands over the steam that came out of the sewer Thank you Con Edison!

Like pro football, the opening kickoff was one of the most exciting plays of the game. Just imagine two groups of six (sometimes more) kids running full speed at each other on an asphalt surface about 20 feet wide, bordered by parked cars Also like pro football, this is where most injuries occurred. It wasn't until much later in my "street football" career that our "rules committee" abolished the "suicide kickoff" and started play by giving the ball to the offensive team on their own "20 yard line" which was usually the second car up from the "end zone" sewer.

In street football, everyone is eligible, meaning the quarterback could throw the ball to any player on his team This is one of the ideas that could make pro football more exciting. Football highlight clips are full of speedy receivers making long catches over their shoulders, but the ones that stick out in my mind are those "fluke plays" where some 300 pound lineman has ended up with the ball and is "RUMBLING, BUMBLING &

STUMBLING" down the field (thank

you Chris Berman). If everyone was "eligible", lineman would certainly have more fun playing the game. They might even have their names recognized by fans and most importantly, they would be able to take center stage (if they scored a touchdown) by doing the all important touchdown dance. Just think of all the possibilities! This would also help protect the quarterback, by giving him more places to throw the ball, thus ending the controversial intentional grounding calls.

If they want to give the quarterback more protection, they can go to the other main rule in street football, which is "THE COUNT". The count is yelled out loud by the line defender (called "the giver") after he has tossed the ball to the opposing quarterback As a youngster the count went as high as 10, but as we grew older, the allotted time went down to 7, then 5 and finally 3 "seconds" As play clocks were not on display at either end zone, in my neighborhood, the count was measured by "thousands" "One-one-thousand, two-one-thousands" and so on until the last count was reached, which is when you were able to rush the quarterback, (the last second always got mumbled extra

In Brooklyn, where all my cousins lived, their court system was based on Mississippi's "One Miss-iss-ip-pi"



Feature Opens Friday

roducers June Koo, Vince Kelly and Emily Hewitt will open the third feature of the Off Beach Players '94 Summer of America's Favorites at

Sanibel's Old Schoolhouse Theater on Friday, September 2, 1994.

Under the direction of Evelyn Mercado, actors Lynn Schneider, Mitch Haley, Todd Keene, Vince Kelly and Don Williams comprise the cast of Frederick Knott's classic thriller Dial "M" for Murder.

Former lovers Margot Wendice (Lynn Schneider) and Max Halliday (Mitch Haley) believe their extramarital dalliance has escaped the detection of her husband Tony (Todd Keane). But Tony, seething with retaliation

hidden under a veneer of graciousness and manners, is fully aware of the indiscretion. His hunger for revenge leads him through a tangle of blackmail and murder as he engages hit-man Lesgate (Vince Kelly), a shadowy character with

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many versions to his past, to end Margot's life. The deed goes awry and the initial assessment of the crime scene by the seemingly befuddled Inspector Hubbard (Don Williams) lands Margot on death row. Free of her, Tony resumes his life, leaving Max scrambling to dis-



Left to right: Lynn Schneider, Mitch Haley, The Off Beach Players in "Dial M For Murder."

prove the case against her.

Dial "M" for Murder creates an atmosphere of tension and suspense as an innocent woman is caught in the snare of her husband's lies. Staged by the Off Beach Players, act two's struggle to the death is made all the more heart

pounding by the tiny stage dimensions and close audience proximity at the Old Schoolhouse Theater.

Technical production is supervised by Stage Manager June Koo and Technical Director Dave Hewitt. Set and special effects are designed by Jack Koc. Ushers and

box office volunteers are coordinated by House

Manager Marion Sweedler. Dial "M" for Murder will run at the historic Old Schoolhouse Theater on September 2, 3, 4, 7, 8, 9, 10, 14, 15, 16, 17, 21, 22, 23 and 24. Curtain time is 8 pm.

Group rates have been established for clubs and organizations. For the general public, tickets are \$10.00 for adults and \$5.00 for theater goers aged 17 and under. Tickets are available at Bailey's on Sanibel. Off island, tickets are at Hollywood Movies on Mcgregor boulevard in Iona and Wicker Expressions in

the Walmart/Scotty's Center. The Old Schoolhouse Theater is

located at 1905 Periwinkle Way on Sanibel. For further information, call 472-9357.☆

Theater Celebrates

he 1994-95 season at the Old Schoolhouse Theater marks the 30th anniversary of theater being presented in the historic oneroom Schoolhouse. Broadway veteran Ruth Hunter and her husband Philip bought the building in 1964 and opened in March 1965 with 'The Reluctant Debutante" -- featuring a cast drawn from the community (including present mayor Jerry Muench).

In the spirit of civic pride and in memory of Ruth Hunter who passed away in July, the Old Schoolhouse Theater Foundation is presenting "A Sanibel Vaudeville", a musical extravaganza that will feature local talent under the direction of J.T. Smith. Nine benefit performances will be held December 8 through December 17. All proceeds will benefit the Foundation which has been instrumental in keeping musical theater

Continued on page 14

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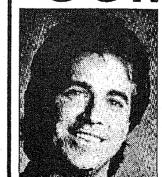
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Phil Offers Wide-Ranging Series

n abundance of choices will be the Philharmonic Center's gift to Naples and Southwest Florida as the lively arts complex on Pelican Bay Boulevard celebrates its fifth birthday and starts its sixth season this fall.

Diversity will keynote the 1994-95 schedule of events, according to Myra Janco Daniels, who is founder, president and CEO of the Philharmonic Center for the Arts. Attractions will range from world-renowned orchestras, solo virtuosi, opera, theater and dance through jazz, swing, folk song and country music. This will be a "first" for "The Nashville Sound" in the Center's acoustically splendid Hayes Hall.

Class Acts

"We promise something for everyone," assured Daniels in presenting the new season's brochure, appropriately titled "Class Acts!". "And we keep that promise not only with the exciting variety of our attractions, but also with a variety of ways to sign up for them. Some series have been kept small, with three or four events, and there are single attractions as well."

Dance is an area of the performing arts which has steadily been build-

ing an audience ever since the Philharmonic Center for the Arts opened in the fall of 1989. This will be the sixth season in which the young and vital Miami City Ballet, led by artistic director Edward Villella, will be the resident company at the PCA. The company of 35 dancers and 10 apprentices are dancing at the Edinburgh Festival in Scotland this week.

Nutcracker

In Naples, MCB will again mount its shimmering production of Balanchine's Nutcracker Ballet, following with a series of three programs, each prepared under the guidance of a New York City ballerina now retired from performance (Violette Verdy, Patricia McBride, Suzanne Farrell).

In addition, the Royal Ballet of Flanders will stage a complete Cinderella; principal dancers of the New York City Ballet will perform; and An Evening of Ballet and Tango will star Julio Bocca with Eleonora Cassano and Ballet Argentino. Hubbard Street Dance from Chicago will be welcomed back to Hayes Hall for their third visit, and Le Ballet National du Senegal will bring its 40 West African dancers for a Philharmonic Center "first".

Orchestras

Seventeen virtuoso players from the chamber orchestra of The Academy of St. Martin in the Fields, led by Iona Brown, will lead off the Great Orchestras Series in January, followed by The Russian National Orchestra, and a return after two years by The Royal Philharmonic from London, this time with Yuri Temirkanov conducting.

The roster of visiting virtuosi is rich



Hubbard Street Dance

with the names of guitarist Christopher Parkening, violinist Itzhak Perlman (for the fifth time) with pianist Samuel Sanders, tenor Jerry Hadley, and pianist Simone Pedroni, Gold Medal Winner at the Van Cliburn International Piano Competition.

Country Music

Country Billboard is new to Hayes Hall. It will bring country singer Lee Greenwood's Christmas Show along with the music which helped Ronald Reagan and George Bush win their victories. In January, guitarist Chet Atkins, king of the country pluckers, will attract the devotees.

Plays on the agenda for the 94-95 include Pulitzer Prize winner Wendy

Wasserstein's The Sisters Rosensweig, Loretta Swit (Major Houlihan in MASH) in Willy Russell's comedy Shirley Valentine, and D. L. Coburn's Pulitzer Prize winning The Gin Game, with Kim Hunter and Vincent Dowling.

Crazy for You

Musicals abound: Crazy for You (Gershwin music in a new format), The Secret Garden, Forever Plaid, Guys and Dolls. A special feature of the theater series is a solo performance by Ben Vereen, one of the most versatile and popular stage, screen, and TV entertainers today.

Comedian Bob Newhart is another star of several entertainment media who will appear on stage at the Philharmonic Center. Also booked in are Paige O'Hara, Michael Piontek, Ute Lemper, Judy Collins, Marvin Hamlisch, Maureen Mcgovern, Barbara Cook, and the two-piano team of Landsberg and Yount.

More about the Phil's 6th season in next week's Island Sun.

Young Dancers Sought

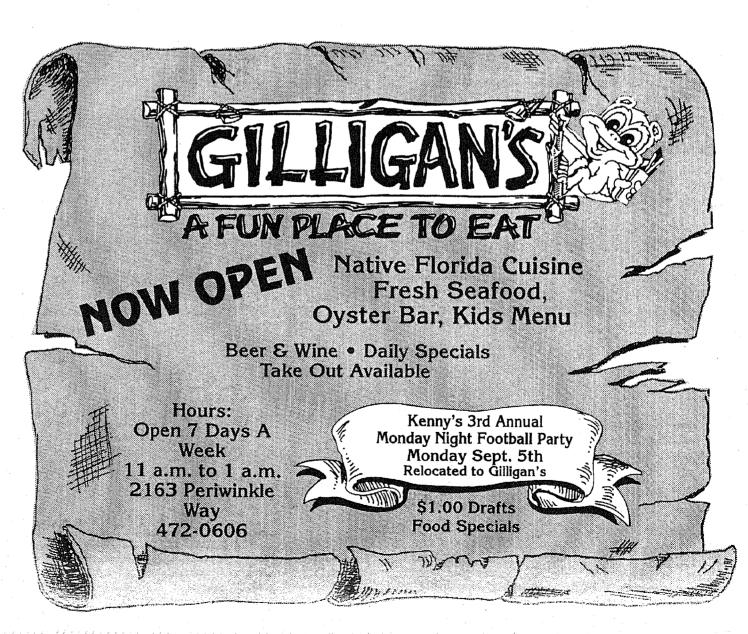
Ithough performance of Nutcracker at the the Philharmonic Center for the Arts are almost three months away, auditions for Children's roles in the holiday season dance classic already are being scheduled.

Nutcracker, to music by Tchaikovsky and choreography by George Balenchine, will be danced by Miami City Ballet from Wednesday, Nov. 23, through Sunday, Nov. 27. This will be the fifth consecutive year for the \$1 million production which was given its world premiere at the Center over Thanksgiving weekend in 1990.

Along with the professional dancers of MCB, the ballet requires approximately 40 boys and girls, ages 9-16, who portray children at the Christmas Eve celebration in the first act of Nutcracker. Some of them will dance other roles in the second act. All the young dancers who audition must have had at least one year of dance training and must be currently enrolled in dance classes.

Auditions will be held between 4 and 5 pm, Friday, September 9, in the Daniels Pavilion at the Center for the Arts, 5833 Pelican Bay Boulevard, in Pelican Bay, Naples. The center is just one block west of

Continued on page 24



Page 14 From page 12

Theatre Celebrates

alive at the Old Schoolhouse.

J T. Smith is seeking local talent -anyone who has a yen to sing and
dance for one brief shining moment
on the Schoolhouse stage. Smith
states, "Prior experience is not necessary -- we're just looking for locals
committed to performing 9 shows
and who have a definite sense of
humor" Rehearsals will be Saturday
mornings in November and more in
early December Watch this paper for
an audition announcement in
October

The show will feature J.T Smith's distinct brand of Broadway razzle-dazzle along with some inspired send-ups of life on Sanibel. Smith comments, "What Ruth Hunter started has led to two very unique theaters on our Island and a whole lot of community involvement. This show will celebrate the Schoolhouse as a theater and the fun it has brought to so many Islanders." Tickets for "A Sanibel Vaudeville" will go on sale at the box office in the beginning of November.

Open Audition

Producing Director Carrie Lund and Robert Cacioppo of the Pirate Playhouse, Sanibel's professional equity theater, will be holding an Equity and Non-Equity open audition at the theater, located at 2200 Periwinkle Way, Sanibel Island, for the 1994-95 winter season on Saturday, September 24, from 10 am to 4 pm. Please bring a photo and resume and have two one minute contrasting monologues prepared. There will be a sign up sheet posted one hour prior to audition. Attention-Singers and Dancers are needed for the musical, Dames at Sea. The season schedule is as follows. The Sunshine Boys- Nov. 11-Dec. 10. The Mousetrap-Dec. 16-Jan. 14, Bedroom Farce- Jan 20-Feb 18, The Cocktail Hour-Feb 24-Mar. 25, Mama Drama- Feb. 26-Mar. 25 (12 shows only Thurs. and Sat. 2 pm and Sun 8 pm), Dames at Sea, Mar 31-May 6.

Two to seven month contracts are being offered for the season beginning Nov. 1 through May 6 For further information, please contact the Playhouse at 472-0006 after September 19.3

Street Market Vendors Needed

alling all British themed or oriented vendors interested in having a 12' x 12' stall (\$25 for the day) in the Petticoat Lane Street Market, held during the second annual "All Things British" festival, in the grounds of the Lee County Continued on page 30

Fashion Showcase

esigners of Southwest Florida will step forward to present in a showcase modeling their own creations at the Wednesday, September 7th, luncheon of the

Newcomers and Old-Timers of Sanibel and Captiva at 11:30 a.m. at the Forest Country Club.

This showing is unique, in that this is the first time this group of designers, many from Sanibel, have combined their talents to present their own original designs to the public in a showcase setting.

The clothes will be modeled in a "ten-table" setting representing some 14 area fashion creators.

Dr. Faye Granberry, Chairperson, notes that this is a very exciting pre-

sentation, as it gives to the less known designers an opportunity to be recognized and be a part of a formal showing. It also gives luncheon attendees of the Newcomers and Old-Timers a perfect setting to view local talents.

Jane Hale, fashion show coordinator has invited the following local designers to present their creations:

Silks by Lahja, The Hat Shop, Handpainted Silks by Carol Slife, Three Crafty Ladies, Beth and Linda "Fabric Mart," "Suit Yourself" by Karen Kopp, Evelyn Klein 'Cashmere Stoles,' Fashion Business of Carlisle, "Florence," Scott's Back

Shop, Susie's Boutique, Idle Hours, Cloth Word and Designs by Jane Hale.

Dr. Faye Granberry (left) and Jane Hale (right)

at the Forest Country Club planning the

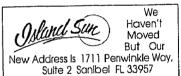
September 7th Newcomers -Old Timers

Showcase Fashion Show

The clothes will range from bathing suits, hats, shawls, to clothes informal to formal. Designs will be shown for both men and women.

Cottons will be featured in many different designs, and hand-painted silks in combinations of colors that reflect the feeling of the tropics.

The luncheon is open to everyone. Cost is \$10.50, reservations are a must by Sunday, September 4th. Please call Faye Granberry at 472-6940 for more information.





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FRIED GATOR TAIL With spicy cucumber sauce HOMEMADE CONCH FRITTERS With cocktail sauce BASKET OF CHIPS & SALSA

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TARBITES - Our mini sandwich. Choice of Prime rib, Ham, or Chicken All served with melted American cheese on a petite roll

ARTICHOKE & SPINACH GRATINIER Select artichoke bottoms stuffed with spinach & topped with parmesan cheese & bread crumbs

BAKED CRAB-STUFFED MUSHROOMS ESCARGOT BOURGUIGNONNE

CHEDDAR & BACON SKINS Served with sour cream CHILI SKINS Topped with chili beef & cheddar cheese

PIZZA SKINS Topped with marinara, mozzarella & pepperoni

MUSSELS MARINARA - Succulent black mussels sauteed with white wine, tomato, garlic, olive oil, herbs & spices

BUFFALO ROCK SHRIMP Served with bleu cheese dressing & celery

RAGIN' CAJUN FISH CAKES - Spicy grouper cakes deep fried & served with red caper tartar sauce FRIED CALAMARI - Served with fresh tomato sauce BUFFALO WINGS Served with bleu cheese dressing &

GOURMET POPPERS - Giant stuffed jalapenos served with salsa cruda & your choice of. Cool cream cheese, Black beans & cheddar, Chicken, BBQ Beef or Cheddar

SOUPS NEW ENGLAND CLAM CHOWDER BAHAMIAN CONCH CHOWDER A BOWL OF BLACK BEAN SOUP

SALADS

SHRIMP & DILL SALAD PLATE Served on a bed of garden greens with fresh fruit

ISLAND CHICKEN COBB SALAD - Buttermilk fried chicken strips, sun-dried tomatoes, calamata olives, hard boiled egg, avocado & bleu cheese atop crispy lettuces, served with fresh herb vinaigrette

TROPICAL FRUIT SALAD - An array of seasonal fresh fruits served with orange sherbet

CRABO-MATO SALAD PLATE - Surimi crab atop tomato slices served with fresh fruit on a bed of greens CHUNKY TUNA SALAD PLATE - Our dolphin free tuna salad served an a bed of crisp garden greens with an array of fresh fruits

SANIBEL SALAD - Lump crab, avocado & mango The perfect combination gently tossed in citrus vinaigrette & served over mixed greens

CHEFS SALAD - Julienne of turkey, ham & swiss cheese served with hard boiled egg, tomato & cucumber atop crisp mixed lettuces

SPINACH SALAD - Fresh spinach chopped hard boiled egg. warm bacon sliced mushrooms, red onion & parmesan cheese, served with fresh herb vinaigrette HOUSE SMOKED FISH PLATE - Ask your server for todays smoked delicacy Served on crisp greens with hard boiled egg, shaved red onions, tomato & cucumbers drizzled with horseradish sour cream

SEVICHE TOSTADA - Tender marinated snapper in lemon & lime marinade, served in a giant fried tortilla with crispy lettuces, salsa cruda & all the fixings HOUSE SALAD - Mixed lettuce & garden vegetables. Choice of house dressing

CAESAR SALAD - Romaine tossed with croutons & parmesan cheese in a classic dressing May be served with Grilled Chicken Breast, or Shrimp or Crab BURGERS

Served with french fries tomato & onion.

ALL AMERICAN BURGER - One half pound of choice ground beef served on a kaiser roll

BIMINI BURGER Topped with grilled red onion & tomato chutney

CHEESEBURGER Served with your choice of swiss, cheddar, mozzarella, American or provolone BLEU BURGER Topped with homemade bleu cheese dressing

CREOLE BURGER Mixed with bacon, peppers, onions & Creole spices

BACON CHEDDAR BURGER Topped with bacon & cheddar cheese

ALPINE BURGER Topped with mushrooms & Jarlsberg cheese

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roll with lettuce, tomato & onion **REUBEN SANDWICH** - Corned beef, swiss cheese &

sauerkraut on grilled rye bread with our special sauce CUBAN SANDWICH - Our homemade Cuban style pork sliced thin with ham & cheese on a hoagie roll MONTE CRISTO SANDWICH - Ham, turkey & swiss cheese dipped in egg batter & deep fned to a golden brown

CAJUN BBQ CHICKEN SANDWICH Served on a kaiser roll

CAJUN BBQ PORK SANDWICH Served on a Portuguese roll

MEATBALL PARMIGIANA Baked on a hoagie roll

with provolone cheese

GRILLED MAHI MAHI Sprinkled with Greek seasoning, served on a kaiser roll

SOFT SHELL CRAB SANDWICH Deep fried until golden brown & served on a kaiser roll with red caper tartar sauce

FRENCH DIP Served on a hoagie roll with au jus on the side May add provolone

TARBITE PLATTER Choice of three Prime nb & cheese Ham & cheese, or Chicken & cheese GROUPER SANDWICH Deep fried & served with tar-

tar sauce, or grilled served with salsa cruda

ON THE COLD SIDE

SHRIMP & FRESH DILL SALAD SANDWICH Served on a kaiser roll

DAGWOOD'S GRINDER Piled high with ham, turkey, salamı, cheeses, lettuce, tomato & onion on a hoagie

B.L.T. - An old favorite

TURKEY CLUB SANDWICH Served with bacon, swiss cheese, lettuce & tomato

HOUSE SPECIALTIES

FRIED SHRIMP BASKET Served with french fries &

CAJUN (or PLAIN) GROUPER FINGER BASKET Served with french fries & slaw

BUTTERMILK FRIED CHICKEN BASKET Served with french fries & slaw

BEEF BURRITO Served with salsa cruda, sour cream & shredded lettuce

MAHI MAHI DIJONAISE Golden brown deep fried Mahı Mahı fingers served with dijonaise sauce ANGEL HAIR POMMODORI Pasta tossed in fresh tomato sauce topped with black olives & capers, or grilled chicken

RAGIN' CAJUN FISH CAKES Spicy Grouper cakes fried 'til golden brown & served with red caper tartar sauce

BAKED SHRIMP & SCALLOP CASSEROLE A creamy mixture of scallops shrimp & swiss cheese topped with seasoned bread crumbs

BLACKENED SHRIMP Dusted with blackening spice & served with our homemade bacon pecan BBQ sauce PUERCO ASADA Slow cooked Cuban style pork, roasted in garlic & vinegar marinade. Served with black beans & rice

PINEAPPLE CURRY SHRIMP BOAT Sauteed shrimp with just the right amount of curry Served steaming in a pineapple boat over rice

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Gilligan's Restaurant **Opens**

by Pamela Gilbert Wortzel

s Gilligan's, a new Sanibel restaurant, gets ready to open, the place is filled with a constant stream of people stopping by to wish owner Ken Ruffner well While cases of wine are unpacked and beer deliveries are made, Ken is busy attending to last minute details. Along with partners Pam Irwin, Bob and Jean Craig, Rod Craig and Nicole and Fred Knipscheer (of Boston Bruin hockey fame) Ken is looking forward to being part of another Sanibel restaurant success story.

The dining room has been repainted and brightened up to give the place a light, airy feeling. A decor accented with gaily painted tables and pictures of tropical scenes creates a breezy Florida style atmosphere.

Ruffner, who grew up outside of Pittsburgh, has lived in Florida since 1982 Working in various island restaurants over the years has given him a good idea of the type of place he wants to create. He has had an ample chance to learn about the likes and dislikes of customers. Partner

Pam Irwin, who has a degree in hotel and restaurant management from Florida State University, created the dishes for Gilligan's menu The restaurant features a creative selection of native Florida cuisine. Influences of Key West, the Bahamas and Cuba are also detectable on Gilligan's menu.

Soups include a hearty Caribbean black bean soup topped with cilantro,

an oyster stew and a Boston-style chowder Among the intriguing list of sandwich offerings is a softshell crab sandwich served on French bread, a grilled Tuna Tango sandwich which is glazed in

honey Dijon marinade and the Veggie Gyro, which consists of a pita pocket bread filled with grilled tomato, zucchini, asparagus, onion, sprouts and avocado.

Salad lovers will delight in the Mediterranean Grilled Salmon Salad served atop mixed greens, tabouille and sliced tomato tossed in a parmesan vinaigrette. The Greek Salad

Kapsalis which is made with garden greens, tomato, cucumber, red onion, feta cheese, pepperoncinis, fresh shrimp and crabmeat also sounds

very appealing.

A Spanish influence can be detected in the Cuban Quesadilla – a crispy flour tortilla filled with black beans, cheese and green onion The traditional quesadilla is given an unusual twist at Gilligan's where you can

order the To Brie or not to Brie' Quesadilla which is served with a creamy horseradish. Seafood aficionados will enjoy the Shrimpboat Quesadilla and the Shrimp and Lobster



Gilligan's also offers a selection of gourmet hamburgers. Vegetarians will be pleased to see a vegetarian Garden Burger on the menu Interesting appetizers from the "Odds and Ends" selection of the menu include the Bahamian Chip Trip - a basket of fried pineapple and plantain chips and a delicious sounding

FROZEN TANQUERITA

1-1/2 oz. Gin, 4-1/2 oz. Margarita Mix, 1 Splash Triple Sec, 1 Orange slice Combine all ingredients with 1-1/2 cups cracked ice, mix in blender for 5 to 10 seconds until slushy and firm (not watery). Pour into large chilled cocktail glass or wine goblet with a salt-coated rim.

Enioy!

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Panacea Crab and Artichoke Dip. Florida Style Entrees and Land Lubbers Main Features are available after 4:00 p.m. Especially appealing among the seafood entrees is the Corn Husk Salmon grilled in the husk with olive oil and fresh herbs and the Grenada Fish Pan Do - the fresh catch of the day simmered in summer vegetables, coconut milk and cheese. The dessert menu will offer a changing selection of daily specials

A large and well chosen wine list which offers more than thirty wines and eighteen different wines by the glass is another one of Gilligan's attractions. The restaurant also features a raw bar where the bartender shucks the oysters right in front of you and serves them up right on the bar. The restaurant's children's menu is more extensive than most. Even the pickiest child is sure to find something he or she will like.

Gilligan's, which is located at 2163 Periwinkle Way, is open 7 days a week from 11:00 a.m. to 1:00 a.m. Call 472-0606 for more infor-

Food For Thought

by Paul Gaeta



emember when we **L**thought potatoes were fattening? Now they make the meal. Pre-bake large potatoes in the microwave, then split and scoop out

insides. Mash with cottage cheese,

shredded cheddar, chopped ham and onions and bake again in a 400 degree oven for 20 minutes

Super salmon filets are "painted", with a mixture of teriyaki sauce, lots of grated fresh gingerroot and a little sesame oil, then broiled until done without turning.

Wickedly wonderful spread goes on croissants or miniature cream puffs. Melt 2 ounces of semisweet chocolate and let cool slightly. Process 1 cup toasted almonds or roasted unsalted cashews, then add half a stick of butter and buzz again. Stir in the melted chocolate.

Do it Yourself Chips are a snap with pita breads or flour tortillas cut into wedges. Spritz with nonstick cooking spray, then season with grated Parmesan cheese, onion powder, garlic or seasoned pepper. Bake at 350 for 10 to 12 minutes or until crisp. Bon apetit!‡

GRADUATION ANNOUNCEMENT

'yton W. Ireland, Jr , a native of Sanibel, graduated on August 6th, 1994 from Florida State University with a B.S. degree in Business Management. "J.R." attended the Children's Center Nursery School in Bailey's Old Store, Sanibel Elementary, Cypress Lake Middle School, and Bishop Verot. He graduated with honors from Edison Community College and achieved a 3 4 G.P.A at Florida State.

"J.R." is the son of Myton and Dolly Ireland. He will make his home on Sanibel and be employed by Galloway Ford.☆

Retirement Party



en Meeker's retirement partu and banquet was held Friday, August 26th at the Sundial Beach and Tennis Resort on Sanibel. More than 90 friends and colleagues came to pay tribute to Meeker for over nine years of service as president and director of the Sanibel-Captiva Islands Chamber of Commerce. 🕸



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TV 20's Rhonda Bentley Making Career Move

by Pamela Gilbert Wortzel

n September 9, TV 20 meteorologist Rhonda Bentley will be saying good-bye to Southwest Florida and heading up to

Norfolk, Virginia for a new job as a co-host and meteorologist for a morning magazine show.

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Bentley, who is originally from Reedsburg, Wisconsin, has mixed feelings about leaving Southwest Florida, but she knows that it will be a good career move. She will miss all the wonderful friends she has made during her five years in this area. But she plans on

coming back to visit as often as possible.

"I love Sanibel," says the vivacious young weather woman. "I like to ride my bike out there. I've spent a lot of time just sitting on the beach talking with friends." The beaches of Sanibel and Captiva hold very special memories for her. "I even fell in love on the beach!" she laughs. "We're not together anymore, but he's become

my best friend."

Bentley, who received a degree in mass communications from the University of Wisconsin at LaCrosse and became a Certified Board Meteorologist at Mississippi State, started out her broadcasting career as a political reporter in Tennessee. She remembers covering a young senator named Al Gore. Eventually she came to realize that she pre-

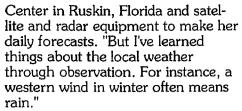
ferred doing feature stories and weather reporting to covering hard news.

Her move to Virginia is part of a career plan that she hopes will eventually land her a job on a major New York network. "Willard Scott has to retire sometime," she jokes. "I'd like to have his job."

Bentley is truly a morning person—she doesn't mind having to

be at work each day at 3:30 am, an hour that would make most of us cringe. After getting herself going with a cup of coffee, Bentley pulls together the different sources of information that she will use to make her morning weather report.

"The different sources never agree" says Bentley, who relies on information from the National Wire Service, the National Weather



She has also learned a lot about weather from boaters. "People who work out on the water are right about predicting the weather nine times out of ten." says Bentley.

times out of ten," says Bentley.

Bentley has the distinction of being the first woman ever hired to do TV weather in Southwest Florida. "I applaud news director Chere Avery for having the courage to hire a woman," she says. "When people called the station and asked "Why is a girl doing the weather forecast?,' she stood behind me."

Eventually the other stations also hired female meteorologists. Bentley doesn't feel that she has encountered any specific discrimination in broadcasting because she is a woman. She believes that broadcasting is now becoming an accepted profession for women in the same way that nursing and teaching have been.

Bentley becomes emotional when she tells how regular viewers have called the station to say how much they'll miss her broadcasts. She realizes that career wise, it's time for her to move on. But Southwest Florida will always hold a special place in her heart the



Rhonda Bentley



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My Stars ★ ★ ★

Aries (March 21 to April 19) You'll get the green light to go ahead with a project. You may receive good news an investment, scholarship or credit application. Shrewd judgement aids you in financial planning this week. You may receive an unexpected job offer.

Taurus (April 20 to May 20) One who was competitive with you is now more willing to cooperate. A partner has happy news to share with you. Good news comes from an agent or advisor. It's a good week to reach agreements with others. Partners agree.

Gemini (May 21 to June 20) The beginning of the week brings a bit of stalemate on a project. However, later, you'll have a sudden breakthrough. Meetings with accountants and brokers are favored. Investment options are plentiful and lucrative.

Cancer (June 21 to July 22) Give those close to you the freedom to do their own thing. Avoid overly possessive behavior. You may be beginning an important negotiation this week. You're insightful about a family members odd behavior. The weekend accents leisure interests and hobbies.

Leo (July 23 to August 22) You'll take pride in what you accomplish on the job this week. You may begin a major home improvement project this week. A favor asked of you this week may be an imposition. An important understanding is reached with a relative.

Virgo (August 23 to September 22) Guard against being too impressionable. You may become wrapped up in a hobby and neglect necessary tasks. Avoid a tendency to daydream. Weekend social plans are subject to

change, so be flexible. Romance colors your entire outlook.

Libra (September 23 to October 22) It may be hard to refuse an offer to sell something you own. You may receive a gift or favor from a relative. Plans are in the works for minor home improvements This weekend, you could find yourself entertaining an unexpected guest.

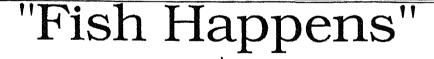
Scorpio (OCtober 23 to November 21) Improved self confidence marks your outlook on life this week. It's a great week to go after what you want. You may hear good news from a brother or sister. Artistic sensibilities are heightened. You're persuasive in arguing your position.

Sagittarius (November 22 to December 21) A new opportunity for financial or career gains comes from an unexpected party. A chance for extra income may also come in the form of a freelance job. Though shopping is favored, your taste may be off the mark.

Capricorn (December 22 to January 19) Benefits come through friendships this week. YOu may receive an invitation to a special party. It is worthwhile to check into joining a club or organization. Things go your way if you're not self-willed or arbitrary.

Aquarius (January 20 to February !8) A project on the back burner that's dear to your heart will now be at the forefront of your attention. It's a week of opportunity in business. You're in a charitable mood and will gladly do someone a favor.

Pisces (February 19 to March 20) You'll get the opportunity to visit friends you haven't seen in quite a while. It's an excellent week to meet with agents, teachers and legal advisors. You're naturally sympathetic and supportive to a friend.



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Here's Looking At

CULT SPORTS

Sanibel Tennis Pro Hits It Big

oni Halski, Director of Tennis at the Sundial Beach Resort, Sanibel, hosted and won the USTA tournament on August 28th in the 30s Division The seeded players were No 1 Long, No. 2 - Halski: No 3 - Saunders, and No. 4 -Thaler.

On the road to victory in the finals, Toni defeated Mike Kunnen of Port Charlotte in the first round 6-4, 6-1. In the second round, Toni faced a tougher opponent, Chris Zahlaka, Tennis Pro at the Sanibel Harbour Resort, but came through after three sets to win 6-7, 6-1, 6-2. In the semi-finals, Toni took his competitor, Scott Saunders of Miami, ranked number 4

in the state, in another grueling 3 hour, 3 set match to win 2-6, 6-4, 7-5. To top it off, less than one hour later in the finals, Toni ousted arch rival, number 1 seed, Kevin Long, Tennis Pro at Wyndemere Country



Toni Halski

Club in Naples, 6-0, 7-5

This is Toni's first tournament victory on his quest to regain the form that brought him a number 2 state ranking six years ago.☆

Sundial Summer Classic Tennis Tournament

August 27th & 28th

Mens 30 Singles

Kevin Long, Naples

Halski

Toni Halski, Sanibel

6-0, 7-5

Womens 30 Singles

Karen Currie, Sarasota

Linda Francis, Sanibel

Currie 6-0, 6-0

Mens 45 Singles

Greg Copeland, Ft Myers

Tols Mihailoff, Naples

Mihailoff 6-2, 3-6, 6-0

Mens 30 Doubles

Kunner/Zahalka

Halski/Long

Halski/Long 2-6, 6-4, 6-2

Womens 30 Doubles

Bracamonte/Galatz

Spotts/Jensen

Spotts/Jensen 6-2, 6-2

Mens 45 Doubles

||@@@@@@@@@@@@@@@@@@@@

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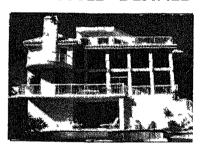
6-2, 6-4 Spotts/Jensen

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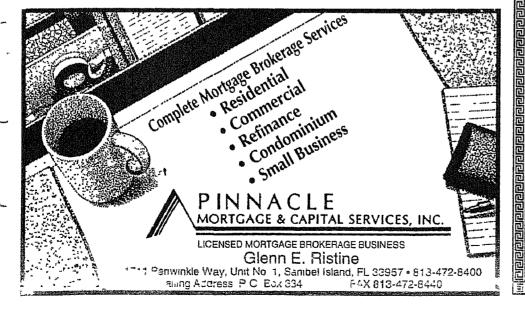
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Junes Golf Gab

by Catherine Ransavage, P.G A Golf Professional

here is a fault in the golf swing that I notice in many amateurs whether it be on the tee or in the fairway, namely, failure to finish the swing So often, the club strikes the ball and that's just about as far as it goes. In conjunction with this, the golfer usually leaves the right foot planted on the ground as though it were nailed there or just barely raises the right heel. You, as a golfer, are supposed to end up with all the weight on the left foot, the body pointed at the target and (for drill), try touching the right knee to the back of the left knee. Do permit the club to swing through the shot with accelerated smoothness and let it do its job. Don't try and stop it At least you will look a lot better making a swing Try it, you'll like it! Till next time ..₩

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Dunes Superskins Golf

The men's golf scores at the Dunes Superskins Full NDCD were as follows:

18 Hole Winners (A flight) - Max Friedersdorf - 3; Peter Perkins - 2; Dave Sutherland - 1; Bob Davison -1; Paul Cornelius - 1; Bob Cope - 1 9 Hole Winners - Doc Cooperrider - 3; Bob Kimmel - 1; Alan Boers - 1.🌣

Rec Center Holiday Hours

The Sanibel Recreation Center on Sanibel-Captiva Road will be closed September 2nd for evening play. Hours for September 6th will be from 1.00 to 5.00 p.m and the complex will be closed Saturday and Sunday, September 10th and 11th.#

Fireworks In September?

ll season long the Fort Myers Miracle have been igniting the I fireworks on the baseball diamond, and on September 2, they will once again ignite some spectacular

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Booster Seat		
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post-game fireworks.

Miller Beer, the Fun Kruz, Valvoline Instant Oil Change and Cat Country 107 (WCKT) are proud to present the 1994 fan appreciation fireworks spectacular — immediately following the Miracle/Charlotte Rangers game.

Come on out and see the Miracle for (perhaps) the final time in 1994 and help us celebrate our most successful season ever.

Continuing in the Miracle tradition of great fireworks shows, the fan appreciation fireworks show will be nothing short of well, spectacular! Say goodbye to the "Boys of Summer" on Friday night, September 2 as the Miracle take on their arch rival, The Charlotte Rangers, and stay for the best (if not the only) fireworks show in September Who else but the Miracle are crazy enough to do fireworks in September?

. The 1994 fan appreciation night fireworks spectacular is proudly sponsored by Miller Beer, the Fun Kruz.

Valvoline Instant Oil Change, Cat Country 107 FM, and of course, your Fort Myers Miracle

For more information call Lou Slack 768-4210 #

NFL FOOTBALL 1 p.m. Sunday

Atlanta at Detroit Cleveland at Cincinnati Houston at Indianapolis K.C. at New Orleans Minnesota at Green Bay Philadelphia at N.Y. Giants Seattle at Washington Tampa Bay at Chicago

4 p.m. Sunday Arizona at L.A. Rams Dallas at Pittsburgh New England at Miami N.Y. Jets at Buffalo

8 p.m. Sunday San Diego at Denver 9 p.m. Monday L.A. Raiders at San Francisco

Paul's Picks For Week 1

ere we go again and it's going to be a great college football season with the National Championship again up for grabs. There are no shoe-ins for the mythical championship with at least eight teams with a legitimate shot for #1 with a couple of sleepers to boot! Florida State and Florida, and Michigan and Notre Dame meet head to head again this year not to mention Florida State and Miami. Michigan and Ohio State, Nebraska and Colorado, Penn State and Michigan, Ohio State and Wisconsin. Wisconsin and Michigan, Arizona and UCLA - Stamford With all these top 10 teams playing each other there is no easy road to the top. Maybe this is the year of the sleeper like Stamford with a great coach like Bill Walsh returning 17 starters and 50 lettermen or Nebraska who needs to get by Colorado and UCLA and Oklahoma to have an undefeated regular season. In any case it will be fun to pick-um this year so here we go with just 5 games of interest this

- Texas - Pittsburgh - Texas improved near the end of last season and will return 18 starters, nine on each side of the ball. Pitt will also

return 18 starters, but they are no match for the Longhorns. Texas by

-Florida State - Virginia - The Seminoles return only $1\overline{1}$ starters from last year's team, but who cares, they are also returning 54 lettermen with a good amount of playing time. They are also 7 & 1 against the spread when favored by 20 points or more. They are favored by only 19 points by the bookmakers, but it doesn't matter. Florida State by 22.

-Michigan - Boston College B.C lost its powerful offense to graduation, but returns a very good defense. Unfortunately they face the Wolverines on enemy turf. If the right Michigan team shows up they should win by at least 12 points Michigan by 12.

-Notre Dame - N'Western -Northwestern returns 16 starters and 38 lettermen this year, but they did lose their last 8 games after an impressive start against the Irish and BC last year. They should be better this year, but not better than Notre Dame. It's not whether or not they will lose, but by how much. I say 24 points.

-USC - Washington - How good will USC be this year? Not bad, but not good enough to win the PAC 10 . however, good enough to beat Washington by 6 雰

SPORTS QUIZ

- 1. Who was the first jockey to have the distinction of riding over 7,000 winning horses?
- What was Joe DiMaggio's nickname?
- Where in Asia do you find the world's biggest bowling alley?
- 4. What was Cassius Clay's nickname before he became Muhammad Ali?
- 5. When did regular telecast of the Olympics begin?
- What did Babe Ruth call his 44-ounce baseball bat?
- 7. What baseball player said, "Avoid running at all times"?
- 8. What was the last team for which Bobby Orr played in the NHL?

I. Willie Shoemaker; S. Joltin', Joe; 3. Tokyo; 4. the Louisville Lip, 5. 1956, 6. Black Betsy; 7. Satchel Paige, 8. Chicago Black Hawks

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From page 9

Pediatric Diabetics

* Share the information on new products for children with diabetes.

Parents, children, teachers, physicians, anyone may attend. Come enjoy the fun and information.

For more information contact Lee Memorial's Diabetes Treatment Center at 334-5200.☆

Cancer Awareness Month

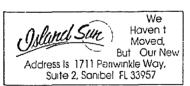
he Children's Hospital of Southwest Florida and the Candlelighters of Southwest Florida recognize September as Childhood Cancer Awareness Month.

An estimated 8,000 children between the ages of 1 and 14 will be diagnosed with some type of cancer this year.

If you're one of these children, a loved one, their parent or a health care professional, attend the free seminar, "Coping with Childhood Cancer," Wednesday, September 7th at 6:30 pm. To be held at The Children's Hospital of Southwest Florida at Lee Memorial's HealthPark Medical Center.

Learn more about the disease, how children cope with the treatments and side effects of cancer, how parents manage emotionally and financially, and the available resources in our community for children with cancer and their families.

This program is presented by The Children's Hospital of Southwest Florida at Lee Memorial's HealthPark Medical Center and the Candlelighters of Southwest Florida as part of September's Childhood Cancer Awareness Month. Please call 432-3071 for reservations.





Mammography Saves Lives

Preast cancer can be cured if diagnosed and treated at the earliest stage. The American Cancer Society recommends a baseline mammogram between the ages 35-40; a mammogram every two years between 40-50 and every year after age 50.

Southwest Florida Regional Medical Center's Mobile Unit makes mammography convenient; it travels to areas close to your home or place of employment. The unit is certified by the American College of Radiology and X-Ray films are read by board certified radiologists at the Regional Medical Center. Results are mailed to patient's physicians.

The Mobile Mammography Unit will be at Bailey's on Sanibel Wednesday, September 28th.

Appointments are necessary. For more information about mammography or to make an appointment, call the Mobile Mammography Office at Southwest Florida Regional Medical Center at 939-8678.**

Trick-Or-Treat For UNICEF

ach year 3.5 million children, enough to extend from New York to Denver, die from preventable diseases, including measles, polio, tuberculosis and whooping cough. Because of UNICEF assistance, millions of children in the developing world now have access to health care, safe water supply, sanitation, nutrition, education and training. Millions of other children still need our help...and your help!

The Paper Trader card shoppe in Tahitian Gardens on Sanibel Island is already in full swing for what has become a much anticipated event, Trick-or-Treat for UNICEF. This will

be the seventh year for this annual event and each year it not only includes more stores and individuals than before, but draws tourists who visit Sanibel with their children for that specific weekend. It occurs on the last Saturday in October and begins mid-day. Two weeks prior to this event, the children of Sanibel Elementary, the Children's Center, Montessori School of Sanibel and Rabbit Road Center for Children are given the little orange cartons from UNICEF and are asked to collect pennies, nickels, dimes, quarters and dollars for UNICEF Also during the month of October, participating stores on Sanibel will house larger orange cartons on their counters and will be asking their customers for their extra loose change. On Saturday, October 29th, the children will bring their filled collections cartons to the Paper Trader at Tahitian Gardens and exchange them for an official Trick-or-Treat bag and a map with simple clues of other stores and and centers on the island. The children will be invited to trick-or-treat in participating stores and the individual centers will have unique events for them such as costume contest. games and relays. Each child will be given identification from each participating store visited by them and these will be collected and returned to the Paper Trader to be counted and a grand prize awarded to the child visiting the most stores. Every year the enthusiasm increases and not only the children dress for the occasion, but many parents appear incognito. This year Tahitian Gardens has plans to prolong the fun and include some late afternoon and early evening festivities for the adults as well as the children.

In addition to the UNICEF day, you can help UNICEF reach their vital goals and make a difference to children's lives by buying UNICEF greeting cards and related products. The Paper Trader will be selling not

only Christmas cards but related merchandise throughout the year and will special order upon request. It doesn't take much to help a needy child and supporting UNICEF is an easy way to help.

The goal for the entire day is to collect \$2,000 to be contributed to UNICEF to help them reach their goal of Universal Child Immunization. Chairing the event for the seventh year is Nancy Goetz, owner of the Paper Trader in Tahitian Gardens on tropical and

Tahitian Gardens on tropical and breath-taking Sanibel Island.☆

Calling All Volunteers!

ope Hospice will be holding Volunteer Training Classes for anyone interested in becoming an important member of our Hospice Team. Hospice Volunteers are special people who truly make a difference. Hope Hospice maintains a wide variety of volunteer opportunities suited to your personality and expertise.

Volunteer Training Classes will be coming soon to an area near you. So, if you're interested in becoming an important part of what Hope Hospice does every day, call Hope Hospice Volunteer Coordinator Melissa Mehlum at 489-9164 **





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TRIVIA TEST

- 1. Shakespeare: What country does Hamlet call home?
- 2. Geography: What does Goat Island split in two?
- 3. Early Television: What was the "Millionaire's" name?4 Capital Fare: How many state capitals were named after presidents?
- 5. History: Who was the head of the Gestapo?
- 6 Periodicals: What magazine debuted on November 23, 1936?
- 7. Real Names: What is Twiggy's real name?
- 8. Music: Who composed "Johnny's theme" for the "Tonight" show?

ANSWERS

I. Denmark; S. Niagara Falls; 3. John Beresford Tipton; 4. 4; 5. Heinrich Himmler; 6. "Life"; 7. Leslie Hornby; 8. Paul Anka



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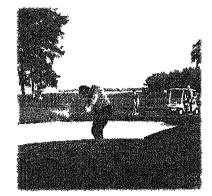
by Thom R. Wendling, Assistant to the Sanibel Emergency Management Plan Director

Suggested Hurricane Supply List

- Canned goods and nonperishable foods that do not need cooking, such as, canned meats and fish, canned fruits and vegetables, canned soups and puddings, canned fruit juices, dried fruit, baby formula and food, bread, cookies and crackers, peanut butter and jelly, coffee and tea, bottled water.
- ☐ Manual can opener
- ☐ Prescription medication (2 week supply)
- ☐ Pet food
- ☐ Water purification tablets (halazone)
- Disposable plates, cups and utensils
- ☐ Infant care items such as disposable diapers, baby wipes, formula, baby food
- ☐ First aid supplies
- ☐ Masking or duct tape
- ☐ Flashlight or lantern and extra batteries
- ☐ Battery operated radio and extra batteries
- ☐ Watch or battery operated clock
- ☐ Ice chest, extra flashlight or lantern bulbs, matches, canned heat (sterno)
- Lamp or lantern with fuel supply, portable outdoor camping stove or grill with fuel supply
- Portable outdoor camping stove or grill with fuel supply
- Plastic trash bags, plastic sheeting or drop cloth, chlorinated bleach
- ☐ Fire extinguisher (ABC type)
- Other items that may be useful include: work gloves, sun lotion, insect repellent, hammer, screwdriver, pliers and wrenches, handsaw, razor knife, ax or chain saw, rope caulking, nails and screws, rope and wire, bucket, mop, broom, scrub brush & rags, all-purpose cleaner, ladder, sandbags, portable generator, sheets of plywood, shovel, rake, wheel-barrow, tree pruner.

For further information, call Sanibel Emergency Management at 472-3111.

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At the entrance to South Seas Plantation Captiva Island

From page 13

Young Dancers Sought

route 41, the Tamiami Trail. In Charge of the auditions and rehearsals will be Debi Clementi of the Philharmonic Center Consulting Staff. She has studied and taught dance in London, England and in Buffalo, Rochester, and Chautaugua in New York State. Dance coaches of MCB will come to the center for the auditions and to cast the selected children in their roles

Missy DeAngelis will be assisting Clementi She has taught dance for 15 years in the Naples area, in West Virginia and in California DeAngelis is a graduate of West Virginia University and was a performing member of the Mountain Jazz Dance Theater

Registration forms for the auditions are available at the Philharmonic center and at dance studios in the Naples and Fort Myers areas Forms must be filled out and mailed by September 5th to Debi Clementi, Philharmonic Center for the Arts, 5833 pelican Bay Boulevard, Naples, Florida, 33963-

Attire for auditions and rehearsals will be: Gırls— pink tıghts, black leotard, haır up Boys— black tights or pants, white t-shirt, sneakers or ballet slippers.

Children should plan on staying at the audition for two to three hours Parents will not be permitted to observe auditions. Audition results will be posted between 8 and 9pm,

on Wednesday, September 9. Final selections will be made after three rehearsals. Young dancers from four feet to four feet four inches in height will be auditioned at 4 pm. Those from four feet 5 inches to four feet 11 inches will, at 4.30. Dancers from five feet to five feet four inches, at 5.30 pm. Plan on staying two to two and a half hours.

Auditions for the Chinese dance at 5.30 pm — two females to perform with a male dancer from MCBmust have experience on pointe and must bring pointe shoes with them to audition. Height for this is five feet to five feet five inches.

Nutcracker at the Philharmonic is unique in that it gives young dancers the educational experience of working in partnership with professional dancers in a major production ☆

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From page 11

Go Long

and so on. As 'Mississippi' has one more syllable than 'one thousand', those games always took a bit longer. Can you imagine watching a pro football game with Dan Marino standing in the pocket as Lawrence Taylor called out, "one Mississippi, two Mississippi " Maybe that's not such a good idea after all

The last thing I remember about street football was the play calling "You go to the hydrant and cut left". "You go to the second lamppost and buttonhook". "You do a down and out at the blue Chevy" "You get on the cross town bus, have the driver open the doors and I'll fake it to you." "You two criss-cross by the lady with the baby carriage" These were all the standard calls in the playbook of street football

Of all of the plays called in street football, there was one that was the kiss of death It was usually the last play called in the huddle. It was usually called when some kid, always the slowest, smallest or fattest one said, "What about Me?" The quarterback, while getting up from his previous crouch would look back with disdain at this last player who, in his mind should have taken the hint and not shown up to play in the game. He would then put the knife right through the poor kid's heart and say, "Oh you .. you go long."な

Irish Society Meets

The Irish Heritage Society of Southwest Florida Announces the Beginning of the 1994-

This year's first meeting of the Irish Heritage Society of Southwest Florida will be held Monday night, September 12, 1994, at the Knights of Columbus Hall on Park Meadows Drive in Fort Myers The meeting will begin at 700 pm. We will invite all members and friends to attend Any one interested in joining the club should come out and see what we are all about

The first meeting will be an important one as we will discuss the upcoming year. We plan on having dances, parties and our first Irish Festival in March of '95 It looks like an exciting first year, so we hope to see you all there

If you have any questions, please feel free to call Mike Burke at 458-4534 or Mike Terry at 458-2127 ☆

WE MAIL TO ALL RESIDENTS AND BUSINESSES ON SANIBEL AND CAPTIVA **EVERY FRIDAY**



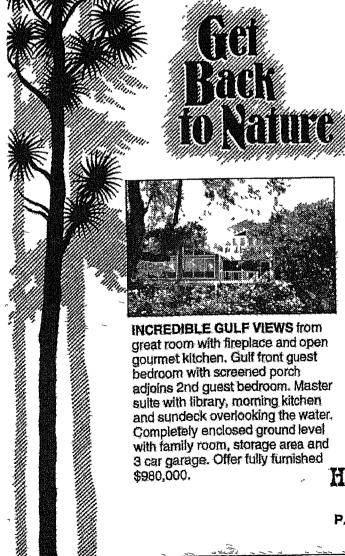
Village Trading Post

Division of Comfort By Design

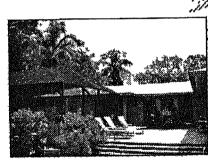
(Fort Myers Beach Store Only) 2709 Estero Blvd. Ft. Myers Beach Hours 10 a.m. - 6 p.m. Mon. - Sat. 463-3038

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with family room, storage area and 3 car garage. Offer fully furnished \$980,000.



BRIGHT WATERS is a 1.39 acre Captiva estate property with a spacious, contemporary home of white tiled rooms awash with daylight flowing in from walls that are mostly windows. Three bedroom suites. Beautifully furnished. Pool, dock. \$1,375,000.

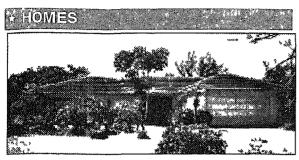
NEW LISTING! Island Charm in Captiva's Village only steps from the Gulf beach! 2BR 2 bath ground level home. Living room with fireplace. family room, large studio. Beautiful mature vegetation. Only \$345,000. 100 X 100 adjacent vacant lot to the East can be purchased for \$195,000.

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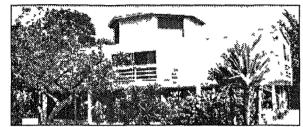
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- Screened Lanai with Hot Tub!
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- Deeded Beach Access, Best Value Near Beach Lot
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- Lot #1 Gopher Walk
- Pool, Tennis and Clubhouse
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Sanibel Office

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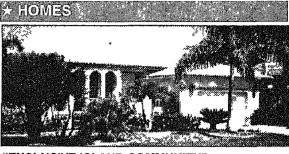
PART ISLAND

- Unique Opportunity!
- 140 Acre Parcel
- · Gorgeous Views, Great Boating
- Owner Will Trade! \$549,000
- Don't Wait! Call JIM HALL at 472-5187 ext 15 (#94-

- Deeded Beach Access, \$137,000
- Call MARY ANN SEIPOS at 472-3325 or
- 472-5187 ext. 45 (#92-15549)

"DID YOU SAY INVESTMENT?!"

- Exclusive Casual Sportswear Shop
- · Located in "Olde Sanibel" Shopping Center, Ideal Location
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"EXCLUSIVE ISLAND COMMUNITY"

- Beautiful 3BB/2BA Lakefront Home
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- 3BR/2BA lakefront home
- Vaulted ceilings; arbored entry
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- 4BR/3BA 2 story home
- 163' riverfront
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Municipal Unit Investment Trusts:

An Alternative for Conservative Investors

by Arnold Z. Goodman, Investment Advisor



'n the investment game "how" can be as important as 'what". Take municipal bonds for example. Most investors realize how advantageous it could be to own

municipal bonds because they are free of federal taxes. Which municipal investment is most appropriate for each investor may not be as clear.

There are four different ways to purchase municipals: individually and through unit investment trusts (UITs), open-end funds as well as close-end funds. Each of these securities pays tax-free income. Their performance in the market-place, i.e. what the investor earns or does not earn, can vary significantly.

Let's take a closer look at these investments:

Individual Bonds-provide investors reduced risk as regards to payment of interest and repayment of principal. dependable income and a wide range of choices to fit investment objectives in terms of quality, maturity, type of bond and geographical location.

UITs- are fixed portfolios of individual bonds assembled by bond professionals. The UIT is very similar to bonds in that it gives investors a steady cash flow as well as a stated maturity value and an average life. Investors can also choose from

monthly or semi-annual income and automatic reinvestment. Investors purchase units (usually in \$1,000 increments) and own a pro rata portion of the bonds.

Open-end Funds- issue shares in the fund. A manager purchases bonds with new monies and sells bonds to meet redemptions. Shareholders can receive interest monthly and reinvest back into the fund if they choose. The manager continuously buys and sells bonds so that income will fluctuate with changes in interest rates. Proceeds from bond calls or maturities are used to purchase new bonds. Because available monies are continuously used to purchase new bonds, there is no final maturity date or maturity value.

Closed-end Funds- are very similar to their open-end cousins. The manager is responsible for buying and selling bonds within the fund. There is a fixed number of shares available, however. The shares trade on an exchange and the bid and offer are determined by the marketplace. The net asset value (NAV) is based on the value of the securities held. Shares can be trading at a premium or a discount to their NAV.

Many investors are finding bonds and UITs particularly attractive in today's market environment. With the recent upward spike in interest rates, UITs currently offer higher yields than other professionally selected municipal investment portfolios. Frequent deposits of new trusts allow UITs to keep pace with interest rate changes while other alternatives may lag behind.

The recent upswing in rates serves as a perfect example. Because the sponsor buys bonds at the new higher interest rate levels, UITs on average have higher yields than other professionally managed portfolios. Open-end fund are continuous and often carry a great deal of old bond inventory, so it may be difficult for a

portfolio manager to replace older issues with newer higher yielding ones.

The fixed aspect of the unit trust is also appealing to investors as they know when they can expect their return of principal. Regardless of what direction the market takes, the principal will be returned upon maturity of the bonds held within the trust. This feature is particularly attractive right now.

No one knows with any certainty where the market is headed. UIT investors, however, know when to expect their return of principal.

Arnold Z. Goodman is an Investment Advisor registered with an NASD/SIPC member firm, I.M.&R. A glossary is available with all prior articles and a brief description of same. For more information please contact the Island

International Real Estate

by J.B. Novelli



ourism in Florida is a little behind but there doesn't seem to be any shortage of foreigners interested in our area's Real Estate.

Typically any buyer for Florida property starts out as a visitor. They come for a vaca-

tion, on business, or to visit relatives and decide they like the area. Usually it takes two or three visits to the area to get to know the turf. The carefree lifestyle takes hold. The beauty sinks in and a psychological commitment to the place commences. Especially visitors to Sanibel and Captiva seem to develop this love of the Islands and decide this is the place they want to have a second home or retire to. I hope this doesn't mean that our lack of tourism today means fewer buyers later.

It has been our experience that foreign buyers are making more educated decisions. They are planning their trips well in advance and are requesting more information on properties they plan to look at before

they arrive. Many are planning a total move to the area. They seem to have more interest in purchasing businesses, and establishing themselves in the area. I attended a presentation by the Fort Myers Chamber of Commerce this week and was impressed to see the activity and growth in Lee County. Business coming into Fort Myers and Lee County as well as our new tenth State University has contributed greatly to quality growth.

All these positive changes make our area more desirable to Foreigners and any potential purchasers that are contemplating a move to Southwest Florida. #

J.B. Novelli is a licensed real estate broker.



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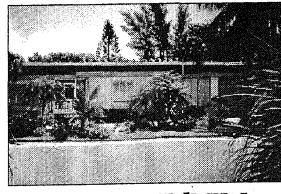
If you've found the perfect place to live, call us. We'll find the mortgage you can live with.



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GREAT FAMILY NEIGHBORHOOD centrally located with nature preserve buffer. Piling home with vaulted ceilings and fireplace. Large homesite will accommodate additions or screen enclosed pool. Owner financing available. Asking \$175,000. Call FISH for appointment.





LOOKING FOR A GREAT INVESTMENT at an unbelie able price in one of the nicest subdivisions on Sanibel? This is it - lovely 3 bed, 2 bath home with a spacious floor plan, large eat-in kitchen plus formal dining room, all opening to an exceptionally large lanai and pool. Add a private backyard and you have one of the best buys in the Dunes





TWO UNIT DUPLEX on the Sanibel River. Great rental possibilities, \$164,900. For more Information call Lisa Cochrane at 813-472-2311 or 472-8875 eves.





5 MINUTE WALK TO BEACH BUILDERS HOME!! 3BD/2BA...Old Florida style lush native vegetation, secluded near beach. Lots of extras, Fireplace. Berber carpet and spacious screen enclosed porch UNFURNISHED, \$249,000. FURNISHINGS MAY BE NEGOTIABLE. Call Art Corace eves at 768-0755.





SEAGULL ESTATES - Wonderful 2 bedroom home with den. Large porches, deeded beach access. Enjoy community pool and tennis in this nice subdivision. ONLY \$329,900.



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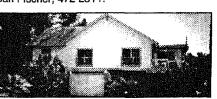
DRASTICALLY REDUCED! This 3 bed 2 bath home sits on over 1/2 acre and is just steps to the beach. For a limited time, this home can be yours for ONLY \$215,000. DON'T PASS UP THIS DEAL! Ask for Chuck Andrews 482-3356 eves.





MCGREGOR WOODS - Private cul-de-sac setting with lush landscaping. Oversized, fenced back yard, large family room with fireplace. Just reduced to \$178,900. Call Bari Fischer, 472-2311.





HUGE!!! Describes this 4 bdrm 3 bath home with a big sleeping loft, large eat-in kitchen plus separate dining area. Is close to the beach, I mean real close - no streets to cross and it's a BARGAIN, I mean a real BARGAIN. \$269,000 and THAT'S FURNISHED. This is a great deall Call Jim Artale for more information 472-2311.



David McCagg



CANAL FRONT! Gorgeous Shell Harbor home. 3 bedroom 2 bath, with heated pool. Unique floor plan with cathedral ceilings, two family rooms, new carpet and new dock. All this for \$354,000 Furnished. Call David McCagg 454-6694 eves.





LOOKING FOR A GREAT CONDO BUY? Check this out at Lighthouse Point. 2BR/2BA, den screened porch, and wrap-around deck around entire unit. You won't find more for the money on the entire island. Beautifully landscaped, tennis, pool, beach, on-site manager. ALL FOR ONLY \$265,000.





PRICE REDUCTION. Designer furnished, Gulf front 3 bed, 2 bath with all amenities. Heated pool, tennis, rooftop sun deck, covered deeded parking, large storage, & low density. Drastically cut from \$715,000 to \$665,500. Call to see this terrific buy.



Chapin, CRS



DELIGHTFUL TO THE EYE. Spectacular Sunsets from this very Private SUNSET CAPTIVA on the beach. Excellent rental history, wrap around screened porch and deck. Just what you have been waiting for. Call today to make an appointment to see. Two large bedrooms and two and a half baths. Large living area with fireplace. Extra fireplace in master bedroom. Priced at \$667,000 furnished. Call Barbara 472-4325.



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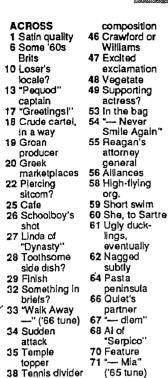
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BEACH CHAIR CROSSWORD



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ARTS

BARRIER ISLAND GROUP FOR THE ART: Discussion Groups

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76 Associate

Tuesday nights 7:30 p.m., Life Drawing, Live Model, No Instructor, \$10 Per Session. Wednesdays, 10 a.m. to Noon, Throughout the Summer: Current Events. Various Leaders.

Mondays thru Fridays, 1 p.m.-4 p.m., all summer, Art League Summer Show "A Variety of Art by Local Artists," Free Admission. Location: 900 Dunlop Road, Sanibel, 395-0900.

ORGANIZATIONS ALCOHOLICS ANONYMOUS:

Sundays, 8:00 p.m. Sunday Nite Step Group at St. Michael's Episcopal Church, 2304 Periwinkle Way

Mondays, 10:00 a.m. Sanibel Women's Group at United Congregational Church of Christ (across from Periwinkle Shopping Plaza)

Mondays, 6:30 p.m. Captiva Survivors next to library on Captiva Rd. (look for library sign)

Tuesdays, 8:00 p.m. San/Cap Tues. Nite Group at United Congregational Church of Christ (across from Periwinkle Shopping Plaza)

Wednesdays, 7:00 a.m. Spiritual Beginnings at St. Michael's Episcopal Church, 2304 Periwinkle Way

Wednesdays, 8:30 a.m. Sanibel Step Meeting at Sanibel Community Church, Periwinkle Way (next to Jerry's Restaurant) Wednesdays, 7:30 p.m., New Women's Meeting, new location: Community Church next to Jerry's

Thursdays, 12 noon Men's Big Book Group at United Congregational Church of Christ (across from Periwinkle Shopping Plaza Thursdays, 6:30 p.m. "11th Step" Workshop Group at Sanibel Library, 2401 Library Way (off Palm Ridge Rd.)

Thursdays, 8:00 p.m. Sanibel New Life Group at St. Michael's Episcopal Church, 2304 Periwinkle Way

Fridays, 8:00 p.m. Sanibel/Captiva Group at St Michael's Ep scopal Church, 2304 Perwinkle Way

Saturdays, 9:00 a.m. Captiva Saturday Morning Meeting next to library on Captiva Rd. (look for library sign)

AL-ÀNON:

Tuesdays, 8:30 a.m., Sanibel Community Church (next to Jerry's)

Tuesdays, 8 p.m., Sanibel Community

Church (next to Jerry's) Fridays, High Noon, Sanibel Community

Church (next to Jerry's) AEROBICS WITH CHILD CARE:

9 a.m.-10 a.m. at Sanibel Recreation Center Tues.-Thurs. & Sat.. \$2 donation suggested. For more information call 472-0361. Tuesday of every month. For further information call 395-0130 or FISH at 472-0404 HOPE HOSPICE:

Lehigh Acres - Grief Support Groups will be held on the first and third Mondays of each month from 1:30 p.m. to 3:00 p.m. at the C.H.A. building in Lehigh. (9 Beth Stacy Blvd., Suite 201). Free of charge. For more information call 489-9166

HORTICULTURAL SOCIETY:

Tuesday, Sept. 6th, 10:00 a.m. Master Gardeners at Sanibel Library. For details call Dr. Faye Granberry at 4726940.

Workshop is free and open to the public. LIVING AGAIN SUPPORT GROUP FOR **GRIEF RECOVERY:**

Sponsored by FISH. Meets every Thursday at 10:30 a.m. at the Sanibel Community Church. For more information call Topper Schram at 395-0130 or FISH at 472-0404. NEWCOMERS- OLD TIMERS OF SANI-**BEL/CAPTIVA:**

Sept. 7th, 11:30 a.m. luncheon at Forest Country Club with Designers of Southwest Florida in a "Showcase" fashion show. Cost is \$10.50, reservations required by Sunday, Sept. 4th. Call Dr. Faye Granberry at 472-6940

NOAH'S ARK:

Summer hours are Tuesdays and Fridays, only, 9:30 to 12:30.

J.N."DING" DARLING WILDLIFE REFUGE:

Wildlife Drive through the Refuge is open from Sunrise until 45 min. before Sunset. The Drive is Closed on Fridays only; the Visitor's Center is Open 9 a.m. to 5 p.m. every day except Fridav SANIBEL-CAPTIVA

CONSERVATION FOUNDATION:

Walk In The Wetlands, Mon., Tues., Wed., and Fri. 8:30 a.m.

Beach Walk, Thursdays at 8:30 a.m. Nature Center, Trails, Nature Shop & Book Store and Offices Summer Hours thru September: Tues., Wed., Thurs., 9 a.m. to 2

For more information call 472-2329 4 p.m.-5 p.m., daily Boat Cruises, reservations required, call 472-7549, Adults \$16.50 SANIBEL CAPTIVA ROTARY:

Regular Weekly Breakfast Meetings held at Tarwinkles, Fridays at 7:30 a.m. Visiting Rotarians are welcome. For Information Call

SANIBEL COMMUNITY ASSOCIATION: Summer Office Hours thru Oct. 1: Tues, Wed., Thurs. only 9 a.m. to 2 p.m. (Closed Mon. and Fri., Sat. and Sun.)

Sept. 7 & 21, 6:30 p.m. Lions Club Dinner Meeting

Sept. 8, all day, Board of Elections - First Primary

Sept. 12, 6:00 p.m. (2nd Mon. of month instead of 1st) - Fishing Club Dinner Meeting

SANIBEL PUBLIC LIBRARY:

Summer Hours (Memorial Day-Labor Day) Mon. and Thurs. 10 a.m.-8 p.m.; Tues., Wed., and Fri. 10 a.m.-4 p.m.; Sat. 10 a.m.-1 p.m. Wed., Aug. 17, Preschool Story Hour 10:30 a.m. for children ages 2-5, accompanied by an adult. Guest story person Pat Robertson.

For more information, call 472-2483 SOS INVESTMENT CLUB OF SANIBEL:

5 p.m., 4th Monday of every month, Sanibel Library, Study and learn how to invest your money. For more information contact Heidi 472-6270, Jane 472-4590 or Roz 472-2695 **VOLUNTEER GRANDPARENTS NEED-**

The aerobics class for young parents has begun. There is still a need for assistance with childcare. The class meets Tuesday, Thursday and Saturday mornings. Are you lonely for "little people touch?" Call Helene at 472-0361 for information or to volunteer. WOMEN'S GUILD MEETING:

Sanibel Community Church - 9:30 a.m. Regular monthly meetings will be held on ne third Thursday of each month, 472-2684

ENTERTAINMENT HARBORSIDE CONVENTION HALL

Sundays, Gulf Coast Fellowship, 9:00a.m.-12:30 p.m., call 275-5565 for more info. Mondays, Ballroom Dancing, 8:00-10:30p.m., cost \$4.25, call 334-7637 for

Fridays, Country Western Dance, 7:30-11:30p.m., cost \$5/\$4, call 540-4758 for more info

OSTEGO BAY MARINE CENTER:

Features a touch tank, aquariums and other educational marine exhibits. Free admission. Saturday, 10 a.m.to 4 p.m. Group and school tours weekdays by reservation. Sail & Learn Cruise aboard the Island Rover, Saturday, 10 a.m. Two-hour cruise is \$18 for adults, \$12 for children under 12. Group rates available. Call 765-8101 for information.

PHILHARMONIC CENTER FOR THE ARTS:

Oct. 8th, 8 p.m. Keith Lockhart Oct. 10th & 11th, 8 p.m. Viva Vivaldi! The Galleries and The Norris Garden are open M-S 10 a.m.-4 p.m. and Sun Noon-5 p.m., Gallery admission \$3, Adults, \$1.50 students. For further information call 1-800-597-1900.

WILDLIFE PRESERVE

Wednesdays and Saturdays, 9:30 a.m., Guided (one-mile) walk through Six Mile Cypress Slough Preserve. Gather at the parking lot shelter on Penzance Rd and Six Mile Cypress Parkway, one mile north of Daniels Parkway (exit #21 off I-75). Program is free, \$3 per vehicle parking fee. Call 432-2004 for more information.

ISLAND SENIORS

ARTHRITIS WATER EXERCISE: Fridays, 11 a.m. at Rec Center. M-W-F, 9:30 a.m., Drop-In 10 a.m., Aerobics, \$1 mem., \$3 non-mem. Mondays,1:30 p.m. Bowling at Beach Bowl, FMB, \$5.50 pp.

Tuesdays, 9:30-11 a.m., Yoga, \$12 Per Class (\$10 members), \$54 for Series of 6 Classes (\$30 for members).

Wednesdays, 1 p.m. Beg Linedance, 2 p.m. Adv. Linedance, \$1 member, \$3 non-mem-

Saturdays, 10 a.m., Water Aerobics at Rec Center. For more information call 472-5743. 0a.m.-

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Two Community Classes

🦰 moke No More is a three session course that utilizes behavior modification, mental imagery and positive reinforcement to assist in the efforts to quit smoking. The cost is \$50.00. The dates are September 19th, 20th and 21st and the time is 7:00 pm.

Stress Management is a four week course. Learn ways to identify what

causes you to stress and what to do about it. Class four is a class on massage techniques. The dates are September 19th and 26th and October 3rd and 10th. The time is 7:00 pm. The cost is \$50.00.

If you would like to register or require additional information about either of these classes, contact Lee Memorial Education and Organizational Development at 334-5275.☆

Educational Program

ee Memorial's Memory Disorders Clinic and Older Adult Services are offering a weeklong educational program especially for the Alzheimer's/Demential Caregivers.

The program runs September 19-23 from 9:00 am to noon at Heartland Health Care Center, located at 1600 Matthew Drive in Fort

Myers. There is no fee to attend though reservations are required. To make a reservation or for concerns regarding respite needs call Lee Memorial's Older Adult Services at 334-5949.

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Churches

CHAPEL BY THE SEA ON CAPTIVA: 11 a m. Sunday services, Nov. 21- April 17 with Rev Gordon S. Price, 472-

CHRISTIAN SCIENCE:

West Gulf Dr., Sunday - 11 a.m., Wednesday - 8 p.m., 472-4449 SANIBEL COMMUNITY CHURCH:

1740 Penwinkle Way, Pastor Dr. Ralph "Denny" Dennison, Asso. Pastor Rev. Robert P. "Rob" Peterson, Service Worship - 8 a m. & 10 a m , Sunday School - 9 a m., 472-2684.

Childcare available for both services. Mondays, 1 p.m., Prayer Group in Room 100 of Family Life Center Thursdays, 7:30 p.m., Prayer & Praise in Sanctuary Fellowship.

Sundays, 7-8 p.m. Junior High School Students, 8.30-9 30 p m., High School

Wednesdays, 7-8 p m., Junior High School Students, 8:30-9:30 p.m., High School Students, 9:30-12 30 a.m., Elementary School Students

ST. ISABEL CATHOLIC CHURCH:

San-Cap Rd , Monsignor Schlefen, Sunday Mass - 8:30 a.m., 10:30 a.m., & 12 noon (No 12 noon Mass May 1-Oct. 1) Sat & Evening Mass - 5:30 p.m. Dally Mass, M-F - 8:30 a.m., Confession - Sat - 3.30 p.m. - 4:30 p.m., 472-2763. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

Penwinkle Way, Rev. William P. Dodd, Sunday Holy Communion - 7:30, 9:30 a m , Wed. Holy Communion - 9:00 a m , Thurs Holy Communion - 7.30 a m , 472-2173.

GREEK ORTHODOX CHURCH OF SOUTHWEST FLORIDA:

Rev Arthur Kontinos, Pastor, 481-2099. BAT YAM-TEMPLE OF THE

Shabbat worship services will be held at the Sanibel Congregational Church every Friday evening at 8 p.m TEMPLE BETHEL SYNAGOGUE: Cape Coral, 542-3733

REFORM JEWISH SERVICES:

Continuing through the summer and fall, services will be held at the Lighthouse Condominium meeting room every Friday at 8 00 p m. Rabbi Philip Frankel. Phone 472-8809

SANIBEL CONGREGATIONAL

UNITED CHURCH OF CHRIST: 2050 Penwinkle Way, Dr Randall H Nieholf, minister Sunday services moming chapel 8 a.m.; full worship service 10 a m Sunday School during 10

Child care provided. Elevator for easy access Church office open Monday through Friday, Phone 472-0497 UNITARIAN UNIVERSALISTS OF

THE ISLANDS:

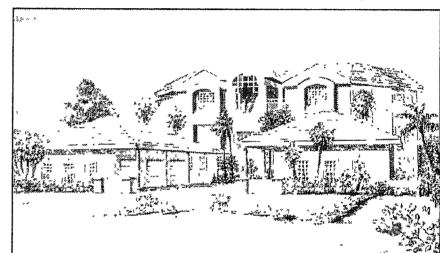
Meet first three Sundays of month, 7:30 pm Fellowship Hall of Sanibel Cong. United Church of Christ. Call 472-9262 VINEYARD OF THE ISLANDS:

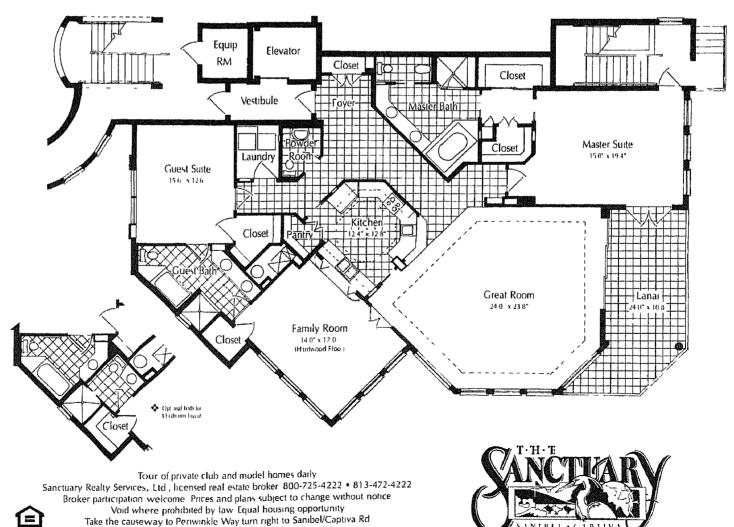
4115 San Cap Rd. Pastor Jamie Stilson Sunday Worship 10 a m., Nursery &S S provided 472-1018.



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SHIPPING

From page 14

Vendors Needed

Alliance for the Arts (a non-profit organization) on Saturday, November 12, 10 00 am- 5 00 pm Vendors to provide own tables, etc

If interested, please call 267-6455 now for an application as space is limited

"All Things British" International Festival is an annual event presented by the Lee County Alliance of the Arts, in conjunction with The British Commonwealth Club of Lee County and Lee County Parks and Recreation. Great Britain's artistic and cultural heritage will be showcased and should be fun for all family members ♯

From page 32

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painting by that famous artist, right here on

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Children's Center

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Children can attend for half days with or without lunch, or for full days they must be two years old as of September 1, and fully potty trained for admission For more information, call 472-4835

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SANIBEL/CAPTIVA RESIDENTS

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9/2 BM 9/2

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36



ACCEPTED

The Island Sun reserves the right to refuse, revise and properly classify all ads. No refunds for unused weeks

New Books

from page 1

replacement for putting a book in a child's hand." The "Ding" Darling Society's gift will help do that for 267 students in kindergarten through grade five this year and for the youngsters who follow them in years to come.

The books are just the latest ges-

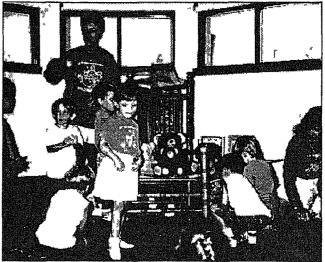
ture in the Society's long relationship with Sanibel Elementary Several years ago the Society helped start the Junior Naturalist program in which every fifth-grader is trained as a refuge guide and then shares his knowledge with his peers from throughout Lee County Still going strong, the program has earned accolades from educational and environmental organizations at the state and national levels

Another Societysponsored activity will take place at the school in the coming weeks when budding artists participate in an environmental cartoon contest started on Sanibel four years ago as part of the Society's annual celebration of "Ding" Darling's birthday, the contest has expanded to include several schools on the mainland. Winners will be honored at this year's festivities set for Saturday, Oct 22, at the refuge Visitor Center, just up the road from the elementary school **



Looking over the newest books about the environment in the media center at Sanibel Elementary School are, standing left to right: media specialist Sue Los Huertos, "Ding" Darling Wildlife Society President Molly Krival and Principal Barbara Ward; seated: third graders Amy Pavelka, left, and Joe Ravenna.

Donation To Library



The Rabbit Road Center for Children recently donated a storytime rocking chair to the new Sanibel library on Dunlop Road.

Preschoolers personally delivered the gift wrapped rocker to the children's area of the library.

Children's Center Has Openings

pace is still available this fall for children ages 2 through 5 at the Children's Center of the Islands. In anticipation of the completion of a second classroom building and the resulting increase in enrollment later this year, the center started the fall session last week with six teachers the increased staff has alleviated long waiting lists and the assignment of priority to younger siblings of Children's Center alumnae, both of which have been necessary in years

Science, art and music projects, fun field trips and lots of opportunity for creative play geared toward development of the skills essential for success in kindergarten and beyond, are just part of the curriculum students enjoy at the private, non-profit preschool. New to this year's program is gymnastics every Friday under the instruction of the staff from Gym Mobile.

Also new this year are extended hours, from 7 30 am to 6 pm. to better serve working parents In addition, the school will remain open during traditional Christmas and Easter holidays. Director Rosemary McConkey also will lead a weekly

Continued on page 30



Saturday & Monday September 3rd & 5th MDA BOOT DRIVE 9:00 A.M. - 4:00 P.M.

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