Read Us Online at IslandSunNews.com

OCTOBER



VOL. 17, NO. 14

SUNRISE/SUNSET:

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 9, 2009



Mary Timms, and her dog Sophie, Emily McCallion, Claire Minoui and Nikko Rocha

Girl Scouts And Brownies Collect Tabs For Ronald McDonald House

Sanibel's blended Junior Girl Scout and Brownie Troop 228 is collecting pop tabs to earn money for Fort Myers Ronald McDonald House. The tabs can be collected from the tops of any aluminum cans – including those from soda, vegetable and soup cans, and pet food cans.

continued on page 40

President's Garden And Patio Dedication At Schoolhouse Theater

It's that time of year again. The Herb Strauss Schoolhouse Theater welcomes back patrons to the opening of its 2009-2010 season on Thursday, October 15. The evening will start at 6:30 p.m. with a selection of hors d'oeuvres and beverages served on the President's Patio. At 7 p.m. the dedication ceremony will begin which will honor The Schoolhouse's past presidents, to whom the new garden and patio are dedicated. Then, The Schoolhouse family kicks off the first show, Lovely Night, at 8 p.m. Lovely Night is a rousing

9 7:24 • 7:07 10 7:24 • 7:06 11 7:25 • 7:05 12 7:25 • 7:04 13 7:26 • 7:03 14 7:26 • 7:02 15 7:27 • 7:01

Lovely Night is a rousing tribute to the glorious music of Oscar Hammerstein II. This lively musical revue stars five actors, all making their Sanibel Island debut: Amanda Hunt, Pamela McKenna, Joshua Noble, Kevin Rose, and Elizabeth Urbanczyk. Credits among them include the Fantasticks, The Music Man, continued on page 7

Kelly Legarreta



by Anne Mitchell

A benefit for Eric Vartdal, who is suffering from ALS (Lou Gehrig's Disease), will take place at 4 p.m. on Saturday, October 17 at the Sanibel Grill at Timbers Restaurant and Fish Market. Vartdal's wife Judi has had to give up her job to care for him so they have no income. They have a son Eric Jr., 21, who has autism.

Admission is \$20 and will include live music from some local bands, food, drinks, cash bar and auction items.

The donations have been pouring in, and according to Kip Buntrock, Vartdal's childhood friend, "We have some amazing stuff to bid on." The list includes vacation rentals, spa packages, a private showing for 50 of your closest friends at the Island Cinema, and artwork.

Buntrock, a 20-year cancer survivor, is one of the organizers of the benefit. continued on page 10



Eric Vartdal

Migratory Birds Land On Sanibel

Sanibel is experiencing a large "fall out" of migratory songbirds. These fall outs occur when large flocks of birds get caught by frontal systems and are forced to fall out on the nearest land. These events happen every spring and fall to a greater or lesser degree but they vary greatly in occurrence at any one location from year to year.

This fall out is one of the biggest on Sanibel in the last 10 years, both in terms of number and diversity of birds. Generally, the birds will hang around for a day or two before continuing their migration into the Caribbean where they will spend the winter.

Birds seen in this fall out include: bluewinged warbler, Tennessee warbler, blackthroated blue warbler, chestnut-sided warbler, redstart, ovenbird, northern waterthrush, hooded warbler, yellow warbler, black-and-white warbler, Blackburnian warbler, prairie warbler, northern parula, magnolia warbler, yellow-rumped warbler,



Black-throated blue warbler

yellow-throated vireo, blue-headed vireo, Swainson's thrush, veery, rose-breasted grosbeak, summer tanager, scarlet tanager, and Eastern wood pewee.





Read the Island Sun online at: www.islandsunnews.com









Proud Sponsor of The Eric Vartdal Family Benefit to battle Lou Gehrig's Disease. Saturday, October 17th, 4-8 p.m. Timbers/Sanibel Grill

520 TARPON BAY ROAD (ACROSS FROM BAILEY'S) | SANIBEL, FL 33957 239-472-2888 | LILYJEWELERS.COM Call for a complimentary catalog!



If You Can Tell The Difference Between Fire Ant Bites And Mosquito Bites, You Might Be A Florida Cracker

Mevening, November 6 at The Bait Box and find out how the real Florida (Solutions to Avoid Red Tide), this event will be raising money for educational programs to teach school students and the overall community about red tide, water quality and how we can all be better marine stewards.

Francis Bailey fondly remembers the homemade country biscuits the late Esperanza Woodring would make and serve with her homemade seagrape jelly. Bailey's General Store will be supplying the biscuits and a number of other cracker food items along with the fresh caught and smoked mullet that START board member Ralph Woodring will prepare. Seagrape honey, collected from Sanibel hives, will also be served with the biscuits. "The food will be fabulous and something guests will be talking about on their way home from the event," said Cracker Fest volunteer Annie Nachtsheim.

In addition to the unique menu, there will be dancing to live country music, cast net demonstrations and a one-of-a-kind auction. "The auction will feature a number of distinctive items," said event co-chair and START board member Kevin Vertesch of Dan Hahn Custom Builders. "Some of the auction items range from a private photo lesson on a boat of the historical stilt fish houses; to a picnic at one of the privately owned stilt fish houses, a Cracker vacation, staying at the charming Jensen's Twin Palms Resort on Captiva, to a Cracker sunset experience on the dock of Ralph and Jean Woodring," said Vertesch. Thus far, individuals and businesses who have been kind enough to donate some-

Thus far, individuals and businesses who have been kind enough to donate something for this auction are the following: Adventures in Paradise; Sam and Francis Bailey; The Bait Box; Les and Sandy Boyle; Cantina Captiva; Luc Century; Tyler Compton; CROW; "Ding" Darling Wildlife Refuge; Finnemore's Bike Rentals; Florida Everblades; Dick Fortune and Sara Lopez; Phil Gaylor; Dave Godfried; Gulf Coast Palm and Tree; Hooters; Il Tesoro; Jensen's Twin Palms Resort & Marina; Keylime Bistro; Lehr's Tackle & Bait Shop; McCarthy's Marina; Charlie McCullough; Miss Britt Charters, Miami; Ted Myerson; Henry and Annie Nachtsheim; Native Guides Fishing; Over Easy Café'; Marianne Ravenna; RC Otter's; Sanibel Café'; Sanibel Sea School; Sanibel Spirits; Subway; Suncatcher's Dream; Tarpon Bay Explorers; The Sanibel Bean; Tonic Hair Salon; Total Wine; Tribeca Salon; Useppa Island; Kevin and Birgie Vertesch; Ralph and Jean Woodring; Norm Zeigler.



Historic Florida stilt home

photo by Dick Fortune and Sara Lopez of Through the Lens Gallery

A big thank you to the following event sponsors – Red Roe level: The Bait Box; Sanibel Captiva Community Bank; Lily & Co. Jewelry Gallery; and Mabry Brothers, Inc. Mullet level: Bailey's General Store; Dan Hahn Custom Builders; John Grey Painting, Ltd.; Sandcastle Construction; Nave Plumbing; Big Red Q Quickprint; Soon Come, Inc.; Lazy Flamingo; Gulf Coast Palm & Tree, Inc.; Ted Watts Construction, Inc.; Pavese Law Firm; Shoreline Lumber Inc.; Red Stripe Beer; and The Sanibel Captiva Trust Company.

Attendance to the SanCap Cracker Fest is by reservation only. Tickets are \$75 each. For more information, or to receive an invitation, call Birgie Vertesch at 292-0566 or check out the Web site at www.sancapcrackerfest.com.

Island	Seniors	This	Week
--------	---------	------	------

Aerobics	Mon., Wed., Fri.	9 a.m.	
Bridge	Mon., Wed.	12:30 p.m. 9 a.m.	
Essential Total Fitness	Mon., Wed., Fri.		
Mah Jongg	Thurs.	12:30 p.m.	

Island Seniors is located at 2401 Library Way • Phone 472-5743







SCCF Grants **Easement For** Path Widening

by Anne Mitchell

he city council on Tuesday accepted a shared use path and rest area easement from Sanibel-Captiva Conservation Foundation that will make

way for widening the Rabbit Road path. Most of the widening will take place to the east side of the path except for an area near the lakes. To avoid extensive loss of native vegetation, that section will be widened on the west side, which won't require as much vegetation removal - but it requires an easement from SCCF. The project will increase the path width from six to eight feet.

In addition, SCCF has plans to construct a rest area at the southeast comer of the intersection of the path and the Sanibel River. The facilities would be constructed by SCCF and the Sanibel Bicycle Club, and maintained by the city.

Clearing Sanibel River To Continue

by Anne Mitchell

he clearing of the Sanibel River of nuisance vegetation and debris will continue in 2010 follow-ing the approval by the city council of a \$100,000 contract to Canoe Adventures proprietor Mark "Bird" Westall.

Westall, a former Sanibel mayor and city councilman, is doing the work by hand, as he has for several years.

Independently Owned And Operated

COPYRIGHT 2009 Island Sun

He is one of the many vendors who agreed to reduce their price this year at the city's request. The contract represents a 7.4 percent reduction over the previous year, according to City Manager Judie Zimomra.

In order to maintain proper flow during periods of high water, the city established an annual maintenance program for the river. The maintenance involves dredging and vegetation trimming and removal

Westall is said in a city memo to be the foremost authority on the river and its wildlife and vegetation.

5K Run/Walk And Aquathlon

egistration is open N for the 5k Run/Walk (October 24) and the Aquathlon

RUN For Reading

(October 25) on the grounds of South Seas Island Resort, Captiva.

Special weekend room rates for this event begin at \$125/night for one-bedroom villas A room can be reserved for one or two nights (October 23 and/or October 24) if you register for your room online. See details at www.southseas. com/runforreading.

Ths event benefits Literacy Volunteers of Lee County, providing free adult literacy programs in Lee County since 1989. Visit www.leeadultliteracy.com for more information.公



USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957 Postmaster: Send change of address to Island Sun, **Co-Publishers**

1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$50 one year, \$25 six months (Allow 2-3 weeks for delivery). First Class U.S. \$115 one year, six months \$58 (Allow 3-5 days for delivery). Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299. E-mail: press@islandsunnews.com

Breast Cancer Awareness Month



Sanibel Mayor Mick Denham reads a proclamation for Breast Cancer Awareness Month to Mary Ann Loh, education chair of the Susan G. Komen For the Cure organization of Southwest Florida. Loh, a Sanibel resident, is a four-year breast cancer survivor. She made a presentation prior to the Sanibel City Council on Tuesday on cancer education and the need for regular screening.

Free Skin Cancer Checks

n Friday, October 16 from 10 a.m. to 2 p.m. Harris Dermatology will be offering free skin cancer screening at the Sanibel Recreation Center. Screenings are quick and easy. The exam is a non-invasive, visual inspection of exposed areas of the body that will be done after a brief medical history is com-

pleted. No appointment or registration necessary – walk-ins are welcome. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information call 472-0345.袋

Read Us Online: www.IslandSunNews.com

Contributing Writers

Kimberlev Berisford Don Brown Ray Buck Lorin Arundel & Ken Rasi Constance Clancy, ED.D. Suzy Cohen Scot Congress Jenny Evans Marcia Feeney Eric Pfeifer Ed Frank Max Friedersdorf Priscilla Friedersdorf Carol Gagnon Jim George Craig R. Hersch Jane Vos Hogg Joan Hooper

Shirley Jewell Brian Johnson Audrey Krienen Jeri Magg Cindy Malszycki Anne Mitchell Capt. Matt Mitchell Bruce Neill, PhD Evelyn Neill J.B. Novelli Ed O'Neil Gerri Reaves Capt. Bob Sabatino Di Saggau Jeanie Tinch Bridget Vandenburgh

WE MAIL TO ALL RESIDENTS AND BUSINESSES ON SANIBEL AND CAPTIVA ISLANDS

Advertising

Ed Ibarra

Terri Blackmore

Graphic Arts &

Production

Stephanie See

Ann Ziehl

Katherine Mouvos

SANIBEL CAPTIVA

ivers Beach

PRINTED ON **RECYCLED PAPER**

PRINTED WITH LOW-RUB, SOYBEAN INK

Bobcat In Gumbo Limbo



ust like a domestic cat, this bobcat "rolled in the grass, licked his paws and then washed his ears" in the backyard of Barb and Doug Walling of Serenity Lane, Gumbo Limbo, Sanibel. "But he is the size of a German shepherd," Barb Walling said.

"We watched him for about 15 minutes. He didn't seem to mind us standing there watching him, but he stood up and strolled off when we tried to get closer," she added. The Wallings took these photos with a standard digital camera.

Bobcat

From page 1 Dedication At The Schoolhouse

Godspell, Law and Order-Criminal Intent, and Footloose

All opening night ticket holders are invited to attend the dedication ceremony which will honor past presidents Keith Trowbridge, Steve Brown, Ginny Fleming, Art Cassell, and Chuck Ketteman. Heading the ceremony will be current president, Steve Klug. Also debuting will be The Schoolhouse Theater's numerous other renovations

including new carpeting throughout the lobby and theater, a new lobby bar, exterior and interior paint, some additional stage lighting equipment, landscaping throughout the property, and other finishing touches.

The Herb Strauss Schoolhouse Theater is located at 2200 Periwinkle Way, Sanibel. Call the box office at 472-6862 or log onto www.TheSchoolhouseTheater.com.



Baileyfest Prizes Top \$1,700

ore than 40 different door prizes, valued at more than \$1,700, will be awarded at the 24th annual Baileyfest. Baileyfest will be held on Sunday, October 25 from 1 to 4 p.m. at Bailey's Center on the corner of Periwinkle Way and Tarpon Bay Road.

All 14 merchants in the Bailey's Center Merchants' Association (BCMA) have donated prizes:

- Bailey's General Store \$100 gift card
- Bailey's True Value Hardware \$100 gift card
 Biddles Bucket four \$25 gift certificates
- The Grog Shop \$100 case of wine
- Nick's Frozen Yogurt \$100 gift basket • Hillgate Communications - \$100 spa gift basket

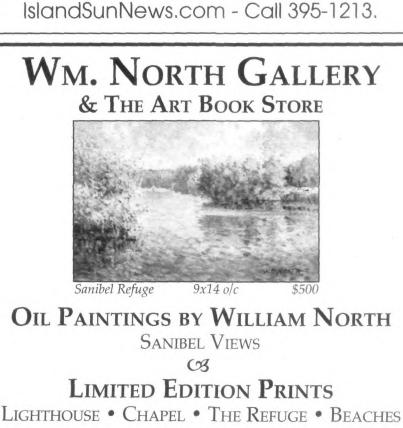
- Island Cleaners \$100 gift package
 Island Cinema 10 \$10 gift certificates for concessions
- Lily & Co. \$495 jewelry set
- Sanibel Barber Shop four \$25 gift certificates
- Sanibel Baber Shop Jour \$25 gift certificates
 Sanibel Beauty Salon \$100 beauty gift basket
 Sanibel Shell Automotive four \$25 gift certificates for parts or labor
 Select Vacation Properties \$100 BBQ gift basket
 The Video Scene 12 double movie rental packages

In order to enter the drawings, individuals need to visit the 14 BCMA merchants from now through Friday, October 23. Entries are limited to one per person at each merchant. Winners will be announced at Baileyfest, but do not need to be present to

The Baileyfest stage will run from 1 p.m. and feature acts from local performers such as The Schoolhouse Theater, BIG ARTS, Jennifer Valiquette (saxophone player), Sanibel School Steel Drum Band, Ring of Emerald dancers, and more.

The family-oriented event will include food and beverages, crowning of Baileyfest king and queen, mule and wagon rides, a bounce house, dunk tank, inflatable slide, miniature golf, and traditional games, including an egg and spoon race, hula hoop contest, tin can alley and fastest pitch. All proceeds will benefit Sanibel and Captiva non-profit organizations such as CROW, FISH and SCCF.

To link your Web site on



(3

GREAT ART BOOK BARGAINS COFFEE TABLE • BIOGRAPHY • HOW TO • HISTORY

WM. NORTH GALLERY in Gannon's Antiques & Art Mall 16521 S. Tamiami Trail, Ft Myers Corner of US 41 & Island Park Rd

Open 10 am to 5:30 pm Monday through Saturday (239) 489-2211

Rotary Happenings

submitted by Shirley Jewell

Ur Rotary meeting this past week was all about us. No speaker per se but a rather good looking panel of current and past Rotarians reminiscing about the history of our very own Sanibel-Captiva Rotary Club.

The club was organized in the fall of 1979 and chartered in 1980 and has been actively engaged as a service club on the island ever since; 30 years of history and still going strong. Thanks to former club President Jim Reid ('95), and our club historian, for oh so many years, our club retains a number of scrapbooks containing information about our club activities throughout many of those years.

Scot Congress, president '92, started our discussion by reading a newspaper clipping about the organizational begin-nings of the club. "In the fall of 1979, a small band of curious Sanibelians gathered for a meeting at the home of Bob Merklas. As the evening unfolded, it was evident that several attendees were previous Rotarians from far northern climes. Among those attending included Charlie Gold, George Christenson, Bob Marye, George Brauch, Dick Thatucht, John Murray and Mark Webb. Only the latter trio were neophytes to Rotary, but all were assembled to answer the offer by the Fort Myers Beach Club to act as sponsor for a new club on Sanibel and Captiva. And so begins our history here on the Island.

Rodney Jobe, president '88, presented information about the beginnings of some of our club rituals, like our collecting of happy dollars and scholar dollars (anyone who has attended one of our meetings thinks this is such fun and willingly contributes a dollar or so to have a chance to tell about something positive that happens to them during the week. This gets the meeting off on a positive note and all for a good cause). Rodney estimated that over the years we probably have collected somewhere around \$250,000 to \$300,000 for our Sanibel-Captiva Rotary Club scholarships program.

Stories were just getting going now. Rodney and the group including Scot Congress, Jim Reid, Dick Aldrich and another voice in the crowd, Gary Sowers, president '94. Gary started talking about the club's original, large fundraising effort - the Rotary pancake breakfast, which started in the early '80s. It was quite popular and brought in around \$15,000, but as things go with this type of event, it started to morph into a combination Rotary pancake breakfast/arts and crafts fair held at the community center. Then it went from a one-day event to a two-day event on Valentine's Day weekend every year. This doubled our fundraising income and then insanity took over in 1988.

The pancake breakfast would take place at The Community House and the arts and crafts fair was held on The Sanibel School grounds. We doubled the numbers of booths and craftspeople participating (around 215). Sounds good, doesn't it? But our club and the city

continued on page 40

San-Cap ABWA October Meeting

The Sanibel-Captiva Chapter of the American Business Women's

Association (ABWA) is going "green" at the October 13 meeting. The program, featuring two ABWA members, will focus on the green appeal of homes and on becoming a more conscious green consumer. The meeting will be held October 13 at The Community House. Informal networking starts at 5:30 p.m. and the dinner/meeting begins at 6.

The cost for the evening is \$20. All local businesswomen are welcome. Speaker and ABWA member Sarah

Ashton will present Enhancing the Green Appeal of your Home – What Buyers are Looking for and Sellers Need to Know. A Sanibel Island resident since 2001, Ashton is a realtor with Royal Shell Preferred Properties and a member of the Sanibel-Captiva Chamber of Commerce. She is also a founding member of the Sanibel Alliance for Renewable Resources (SARR) and is currently the chair of this organization.

Speaker and ABWA member Leigh Klein will discuss the value of converting your home to Green Living. She will focus on the toxic contents of everyday household products and the link between these products and multiple diseases. She will also describe how effortless it is to not only banish these toxins, but also to save money by becoming a more knowledgeable green consumer. Klein, owner of All

continued on page 36

Take Off Your Reading Glasses And Try To Read This Article

by Olivia DeLuca, age 10

Isn't it horrible to not be able to see? On June 26, 2009, Tylor Stewart and her cousin Dana Garvin visited Panama to deliver 5,000 pair of glasses to less fortunate Panamanians. Companies Luxottica, OneSight, Sanibel -Captiva Lions Club helped with the funds for the two girls and the 48 other supporters to go on the trip. Luxottica, an Italian company, manufactures glasses, and OneSight, a foundation developed to help fund and provide domestic and international clinics work together to help others.

The OneSight event happened outside Panama City in a rural area called La Chorrera. There were many stations set up from #1 to #9 at the local school gym.

• Eye Drop Dilation Station: Lions put in drops to allow the doctors to view the patient's eyes easily.

• E Station: The Leo's, young Lions test to see if the patient is near or far sighted.

• Auto-refractor station: Takes a picture of both the left and right eye and shoots out a label with the current prescription on it.

continued on page 11





Zontians at the District 11 conference from left: Nola Theiss, Nancy Dreher, Ruth Woodham, President Carolyn Gray, District 11 Lt. Governor Jane Adams, Governor Lynn Salvatore, Linda Robison, Cyndy Lorry and Karen Pati

Zonta Does It Again: Best Club In District 11

or the fourth time in the past five years, the Zonta Club of Sanibel-Captiva has been recognized as the most effective and successful club in Zonta's District 11, which comprises more than 40 Zonta clubs from South Carolina to Puerto Rico, including over 20 in Florida. Two years ago, Zonta

San-Cap was the runner up. At the District 11 annual conference in Fort Lauderdale September 24-26, club members were on hand to receive the coveted Governor's Cup at the capstone event, the annual awards banquet. The award, the highest recognition bestowed upon a club by Zonta International, was given for the year ended May 31, with Linda Robison as president.

The selection of the winner is based on results documented in an extensive annual report, covering strategic planning, service projects, internal administration, funds raised, membership development and publicity. Most of all, the cup recognizes the impact the club has had on women's lives, locally and internationally.

The club's 65 members work on a wide array of projects that employ both service and advocacy to enhance the lives of women, Zonta's mission. These include support for women recovering from addiction and for young women at risk; adult literacy; healthcare access for women; and human trafficking awareness education. In addition, the club recently created a project designed specifically to help women in need on Sanibel and Captiva. For more information, visit www.zontasancap.com.

The club also has a history of successful fundraising, and its signature event, A Peek at the Unique, is a tour of island homes that has garnered more support each year since its inception, last year raising almost \$70,000 for projects both locally and internationally. Planning for the 9th annual Peek, set for Saturday, March 13, is already under way.

Current President Carolyn Gray commented: "We could not have achieved this level of success without the support of all of our members, our friends and the business community, including our island newspapers. This award reflects positively on the entire community of Sanibel and Captiva."*

American Legion

arbecue ribs and chicken will be served Sunday, October 11 from 2 to 8 p.m. and on Thursday October 15 at 6 p.m. it's Lamar's fresh stone crabs and live music.

Oktoberfest will be celebrated Sunday, October 18 from 2 to 7 p.m. featuring authentic German fare.

Thursday is card night at 7 p.m.

Food is served all day every day and the public is always welcome. Hours are Monday to Saturday, 11 a.m. to 9 p.m. and Sunday, noon to 9 p.m. For more information call 472-9979.*

Community Panel Meeting

he next Captiva Community Panel meeting will be held on Tuesday, October 13 at 9 a.m. in the Wakefield Room at Tween Waters Inn.

At 9:10 a.m. there will be discussion of the land development code with a draft presented by David Depew and Max Forgey of Morris-Depew Associates.

The panel provides a public forum for Captiva property owners to present projects requiring variances and get feedback from and ask questions. The panel has

no decision-making authority on variance requests but does advise Lee County on the point of view of the panel and of other interested Captivans.

City Seeks Founding Families

he City of Sanibel is currently updating the roster of individuals and families who were residents of Sanibel at the time of incorpora-tion, November 4, 1974. If you were a resident at the time of incorporation or if you have the names and contact information of those who were residents at the time, contact Sanibel City Hall via email at sanadmin@mysanibel.com or call 472-3700.

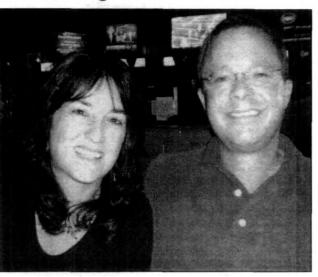


From page 1 Eric Vartdal Benefit Night

He said Vartdal was his first friend when he came to the island as a boy in 1972. There were few children on Sanibel back then. They bonded quickly and even were college roomates at the University of South Florida.

Vartdal, 48, supervised maintenance at Royal Shell Vacations and would also filet fish at Timbers when they needed an extra hand.

Friends and family have pitched in to help since Vartdal was diagnosed in January. ALS sufferers lose use of their muscles and at this point, Vartdal, once an avid fisherman



Manya Vartdal and Kip Buntrock

and hunter, has trouble eating and even sleeping. A "lawn army" and a "food army" have been set up to help the family, said Manya Vartdal, sister-in-law, who is also helping organize the fundraiser.

A Facebook page carries updates on the family and the benefit. Log onto www. facebook.com and type "I support Eric Vartdal" in the search box. A fund has been set up at Sanibel-Captiva Community Bank for those who would like to donate. Call Buntrock at 246-6282 for more information.

Love Language

by Manya Vartdal, written Tuesday, July 28, 2009

My brother-in-law has ALS. Now - I've put this in writing. Much as I hate it, there it is. Everyone in our family is trying to wrap our heads around it. Acceptance with something so shattering is hard. It's beyond words, beyond anything.

The men in my husband's family are Norwegian generally quiet, friendly, un-showy people. Except my brother-in-law Eric. Eric has always been strong spirited and opinionated. The center of attention. Never afraid to show his feelings or speak out.

My husband Brett and his father Bob are more alike in the way they operate - a kind of fly under the radar approach.



Never very demonstrative, or loud. Simple and kind. Understated.

The three Vartdal men have been close as any father, son, brother trio can be. Eric, usually in the spotlight, Brett and Bob completing the triangle. All equal sides complimenting one another, holding each other up. Now that ALS has started to really affect Eric I am humbled at the way these men show they care. Their love language is not talking so much as doing, being there, lending a hand. Constant and steady. Quiet. For example: In the years I have been with my husband, I've heard the story of his mango poisoning many times. He is extremely allergic to the sap of a mango tree. He learned this only after doing quite an impression of the Elephant Man. It was awful! So afraid of suffering again, Brett has been paranoid of mangoes. Just having them in our house makes him nervous. It's a major operation when I actually get a mango, and Brett prefers I eat them when he is not around. I have to promise to be very, VERY careful and clean up every last bit before he comes home!

Ironically, one of Eric's passions has always been growing fruit. Mangoes, of course, are his favorite. The mangoes from Eric's trees are a slice of heaven here on earth. I tell you - they are creamy and sweet. Simply amazing. So worth the effort and clean up. Now that Eric cannot do it himself, and it's prime season, Brett goes over almost daily, and picks mangoes for his brother. (with bags on his hands) He even brought some home for me to eat.

Love language.

Bob, Eric and Brett used to fish and golf together, they have had to make adjustments. Now they watch fishing and golf together, on TV. Weekly, and as much as they can. Time is precious. Tonight as the three left our house, I looked out the window and saw how, without a word, Bob walked ahead of Eric, checking to be sure his footing was solid. Brett walked behind, a hand out hovering near his back, to catch him should he fall. And I am humbled again at the power of quiet love. If you are a Vartdal, you certainly don't have to scream to be heard.

Their love language is loud and clear.☆



From page 8

Reading Glasses

Optometrist's Manual evaluation:
 Doctors check for cataracts and diseases.
 Conversation with a doctor as to

what they do for a living.
Director Station: This tells the

patient whether to go to the reading , sunglasses station or to wait for their prescription.

• IMS Inventory Management System: This computer station holds all the data for the entire inventory on sight. This allows the volunteers to find the glass that is best suited for the patient.

• Dispensing: This is where the volunteers check the prescribed glass ware and fit it to the patient's face.

We encourage you to help others with their needs.

That is why we are going to do something special called Sight Night. On Sight Night, Saturday, October 31, the students from The Sanibel School not only are going to trick or treat for candy but are going to ask for old and used glasses to give to the less fortunate. So if you are one of those people who like to give, we will see you at your front door.

See you for sight.举

Our E-Mail address is Press@islandsunnews.com

Rusty Isler

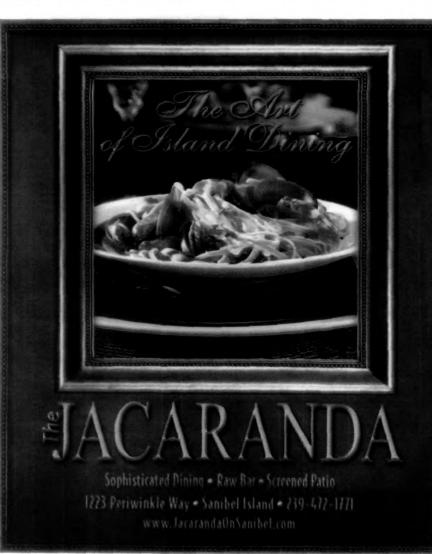
to providing water to an island. The economy has affected the utility companies, and the unreliable rainfall makes it difficult to count on enough storage in the two 5,000,000-gallon tanks. On a good note, Isler was happy to announce that there had not been an increase in our usage rate for 17 consecutive years. Unfortunately, the increase came this year when people are cutting back. For more information, go to www.islandwater.com

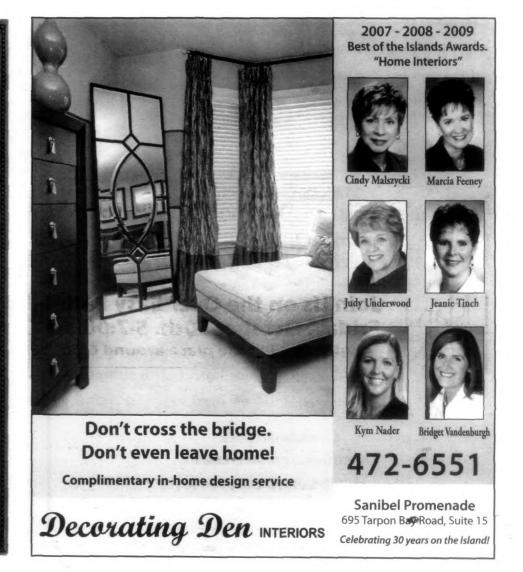
Don Feiner showed up to the meeting with a bandage on his hand which he claims was due to a recent surgery. Rumor has it that he just keeps these various bandages at his house because they make good ice breakers when he is forced to sit at a new table for Kiwanis' breakfast meeting. Barry Gordon was



nice to see Bob Harvot back at our meetings and doing well. Dick Muench, Bill Traum and Tom Louwers announced they had a good time vacationing together in Bermuda. They were shocked when they saw the prices for everything including the food. Apparently the lobsters were going for \$62 per pound. Let's just say our friends ate a lot of hamburgers! And finally, we were prepared to sing Happy Birthday to Armand Ball, but he snuck out early to avoid the harmony. It is kind of tough early in the morning.

Please consider joining the Kiwanians every Tuesday at 7:30 a.m. at The Dunes. You just can't imagine the fun we have!







Kiwanis Ponder Reverse Osmosis

by Eric Pfeifer

User, the general manager from the Island Water Association. It was almost unconscionable that Dave Williams could pick an LSU graduate to speak to us the week before the Gators take on the Tigers next week, but fortunately Doug Congress didn't show up to the meeting again, and he is the only one who gets upset with stuff like that. Furthermore, we were just thankful to have Dave Williams, our speaker chair this month, remember to show up himself.

Rusty educated us on the process of how we get our water on the island. Some of you may take it for granted that when you turn on your faucet, drinking water comes out. But did you know that we used to get all of our water from a 10-inch pipe coming from Pine Island back in the 1960s?

The IWA, which started in 1965, now has 5,000 users, or members, and we currently use 1.2 billion gallons per year. In 1980, IWA opened its reverse osmosis plant. There are 14 production wells and one injection well throughout Sanibel, and there are 120 miles of pipe on the island. Their annual budget is \$6,500,000, which is directed by a local board comprised of five members, including two Kiwanians: Bob Wigley and Bob Lindman. There are many challenges

Churches/ **Temples**

ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers 8210 Cypress Lake Drive, Fort Myers Rev. Dr. Elias Bouboutsis Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com, 481-2099. BAT YAM-TEMPLE OF THE ISLANDS: Bat Yam Tomple of the Jalanda a sofarm Bat Yam Temple of the Islands, a reform congregation meets for Friday night services at the Fellowship Hall of the Sanibel Congregational Church, 2050 Periwinkle Way, Sanibel Rabbi Murray Saltzman, President Bernard Lubetkin invite you to join them for worship. For more information call 472-5259. Have a good week. CAPTIVA CHAPEL BY THE SEA: 11580 Chapin Lane

11580 Chapin Lane The Rev. Joyce Kelly Sunday, 11 a.m 472-1646 **FIRST CHURCH OF CHRIST, SCIENTIST:** 2950 West Gulf Dr., Sunday, 10:30 a.m.; Sunday School, 10:30 a.m., Wednesday evening meeting - 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 1 p.m. (November through March), Friday 10 a.m. to 1 p.m. (summer hours). 472-8684. **SANIBEL COMMUNITY CHURCH:** Sanibel Community Church: 1740

Sanibel Community Church: 1740 Periwinkle Way, 472-2684, Dr. Daryl Donovan, Senior Pastor, Barb Nave, Associate Pastor, Tom Walsh, Youth Pastor, Sunday Worship Hours: 8 a.m. Traditional Service with

Communion, 9 a.m., Contemporary Service with Kids' Church 10:45 a.m. Traditional Service Childcare available at all services. SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST: 2050 Periwinkle Way across from Periwinkle Place Shopping Center. Minsters: Dale Kent, Denise Terry, Sunday Worship 10 a.m. Worship with nursery and Sunday school and for children and youth. Elevators for easy access to sanctuary. Church office open Monday-Friday, 472-0497; www.sanibelucc.org ST. ISABEL CATHOLIC CHURCH: 3559 San-Cap Rd., 472-2763 Pastor: Rev. Christopher Senk, Communion Service: Monday and Tuesday, 8:30 a.m. Daily Mass: Wednesday, Thursday, Friday, 8:30 a.m.; Saturday Vigil, 5 p.m.; Sunday Masses, 8:30 and 10:30 a.m. August and September Services Saturday 5 p.m., Sunday 9:30 a.m. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

2304 Periwinkle Way between the Bean & Bailey's, 472-2173 Reverend Dr. Ellen M. Sloan, Rector www.saintmichaels-sanibel.org Worship Services: Saturdays at 5 p.m. Worship Services: Saturdays at 5 p.m. Sundays at 8 and 10:30 a.m. Wednesdays at 9 a.m. and 6 p.m. UNITARIAN UNIVERSALISTS OF THE ISLANDS: Meets on the first Sunday of each month from November through April at

the Sanibel Congregational Church 2050 Periwinkle Way at 7:30 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 395-3112 or email uuislands@comcast.net.\$



MAKING STRIDES FOR THE AMERICAN CANCER SOCIETY

Saturday, October 17, 2009 Registration begins at 7 a.m. Survivor breakfast served at 7:15 a.m. 5k walk begins at 8:15 a.m. Warm up with Mr. Deke

Stay for the live music and entertainment from the main stage Featuring TJ Kelly Band and the Hot Flashes Dance Troupe

Chance Drawing for Prizes

Centennial park Downtown Fort Myers, FL 1375 Monroe St and Edwards Drive

Join online today!!! Form a team or join as an individual walker. http://makingstridesacsevents.org/Lee County

Alpha Course Banquet At Sanibel Community Church

Sunday evening, October 11 at 5 p.m. there will be an Alpha Course intro-ductory banquet at the Sanibel Community Church. This is the opportunity for individuals to decide if they want to take the course. The topic will be, Christianity: Boring, Untrue and Irrelevant? The banquet is free with child care provided.

In this 10-week course, participants will take a hard look at the facts regarding Jesus Christ. The course will also deal with the subjects of the reliability of scripture, healing today, resistance of evil and the work of the Holy Spirit.

The Alpha Course is a video course that was produced in England with the Rev. Nicky Gumble as the presenter. He deals candidly with relevant issues of life. Millions participate in the course each year all around the world

For more information call the church office at 472-2684. The Church is located at 1740 Periwinkle Way, next to Jerry's market.

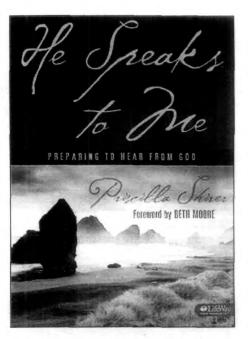
Women's Bible Study To Begin

anibel Community Church will begin a six-session Women's Bible Study on Wednesday, October 14. This is a DVD series by Priscilla Shirer, an inspiring Bible teacher, popular author, and internationally acclaimed speaker. For over a decade she has shared the deep truths of scripture in a simple, straightforward way that assists the listener in applying truth to her life.

Shirer is married to her best friend Jerry. Together they have founded Going Beyond Ministries. She draws life lessons from the account of God speaking to the boy Samuel. She relates six characteristics found in Samuel that are applicable to women today.

These characteristics are: A Simple Relationship, A Set Apart Holiness, A Still Attentiveness, A Single-Minded Worship, A Sold Out Hunger, and A Servant's Spirit.

Books may be purchased in the Carpenter's Shop at Sanibel Community Church at 1740 Periwinkle Way. Reserve one by calling Marilyn at 472-2684 or emailing her at Marilyn@sanibelchurch. com



Classes will be held October 14 to November 18 in the Fellowship Hall from 9:30 to 11:45 a.m. All are welcome.



WWW.CHRISTINESJEWELRYBYDESIGN.COM

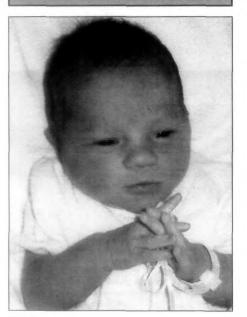
HAPPY BIRTHDAY ·



Eden Roshberg



BIRTH ANNOUNCEMENT



Tara Marie Shreves

Donna and Kristopher Shreves are proud to announce the birth of their daughter, Tara Marie, born September 15 at 4:20 a.m. at Cape Coral Hospital. Tara weighed six pounds, seven ounces and measured 19 inches. Grandparents are Jack and Rebecca Hines and Patti Barnes and Michael Penkos. Tara's proud big brother is Nate.

BIRTH ANNOUNCEMENT



Jillian Ann "Jilly" Breece

Penny and Kevin Breece welcomed a daughter, Jillian Ann "Jilly" Breece at 1 p.m. September 23, 2009. She was eight pounds, seven ounces and 21 inches. She joins her sister, Kimberly and brother, Kevin.

BIRTH ANNOUNCEMENT



Cody Thompson Kreter

Ody Thompson Kreter was born August 23, 2009 at 6:05 a.m. at Women & Infants Hospital in Providence, Rhode Island. He weighed six pounds, 15 ounces and was 21 inches long.

HIs parents are Justin and Sarah Kreter of Cranston, Rhode Island. His grandparents are Stephen and Laura Kreter of Wilton, Connecticut and Sanibel Island, and Peter and Anne O'Neill of Princeton, New Jersey.

A New Look For The Community House

submitted by Kimberly LaBar

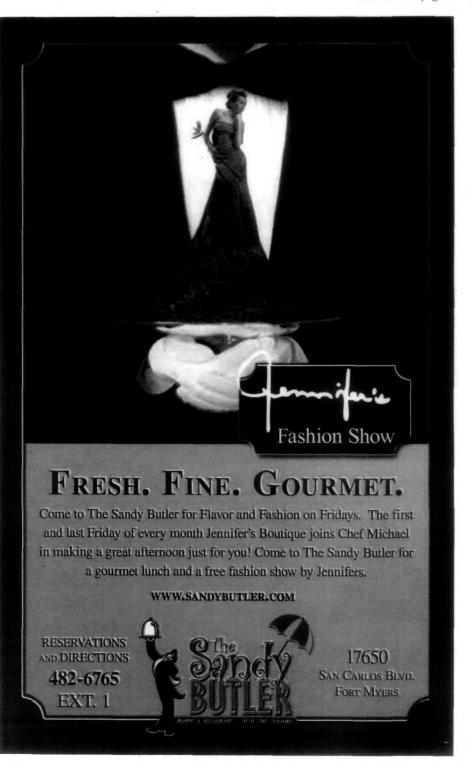
The Community House, formerly known as the Sanibel Community Center, is swiftly moving forward to enhance its usage and upgrade its look. An important step



after revitalizing its mission statement has been how to articulate that vision to the community. This is your house, past, present and for years to come. This is where our community has gathered over 70 years and the Sanibel Community Association (SCA) wants to demonstrate in every way possible the feeling of change and coming home. During the summer a new marketing strategy was developed starting with a new brand, including a new logo, marketing campaign and a look that is easily recognizable and

speaks to who and what we are. The news this week is that the SCA is rolling out that brand image. Salli Kirkland, president of the SCA said, "We have been blessed at the number of islanders who





Power Squadron Boat Safety Series

submitted by Bob Allen, Sanibel and Captiva Sail And Power Squadron

What a picture! Is it fictional? Hope it gets your attention. Accidents, injury, property damage and deaths can happen on the water. Whether you are a boat owner, renter, or passenger, if you go on the water you should have a basic knowledge of how to do it safely. It is a lot more fun that way.

The Sanibel Captiva Sail & Power Squadron of the United Sates Power Squadrons (a non-profit educational organization) offers courses leading to enjoyable boating experiences. The National Boating Safety Advisory Council unanimously voted for the Coast Guard to seek statutory authority to establish minimum education requirements for recreational boat operations. Most of our states and many nations already have some requirements. Our two-hour public seminar courses will be held on Saturdays at the Sanibel Library as follows: November 21 at 10 a.m., Charts

November 21 at 10 a.m., Charts November at 1 p.m., GPS December 5 at 1 p.m., Radio December 12 at 1 p.m., Anchoring

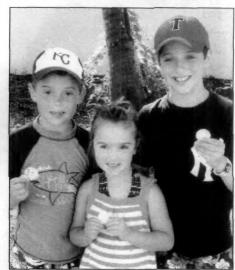


A day on the water ruined

An additional 12 seminar courses will be offered in early 2010 including the ever popular boat handling. The schedule is in the works. For further information contact Roger Heider at 395-0959 or e-mail rogerheider @mac.com Also a free boat excursion to orient yourself to our waters is scheduled from 2 to 4 p.m. on Saturday, November 14 followed by a reception.

A boating safety course of two fourhour segments will be held Saturday mornings on 5 and 12 December. This should be a must for anyone going on the water. This course will also be offered in early 2010.

Shells Found



Marcus, Madelyn and Dominick Scudiero

Dominick, Madelyn and Marcus Scudiero from Kansas City, Missouri, found shells on the east end of Sanibel while visiting their grandfather Ed Ibarra.

> To advertise in the Island Sun Call 395-1213



Power Squadron Monthly Meeting

submitted by Julie Boyd

ity the poor mosquito. Last Tuesday night the Sanibel-Captiva Sail & Power Squadron discovered what happens to the island trademark, the mosquito. Shelly Redovan, deputy director, education and communication for the Lee County Mosquito Commission captivated us at our first meeting of the fall with the precision involved in targeting this most maligned of pests. We heard about the use of ultra-low volume aerosol droplets and the advanced technology allowing middle of night



Milena Eskew with speaker Shelly Redovan of the Lee County Mosquito Control District

spraying. We learned about the numerous diseases, including West Nile virus, certain encephalitides, and malaria, carried by mosquitoes, necessitating this warfare. Commander Steve Abbott recounted several fall activities demanding our attention,

Commander Steve Abbott recounted several fall activities demanding our attention, not the least of which is a fun "free" cruise on Saturday, November 14, to encourage our local navigation skills. Our enthusiastic Joanne Heroy-Giller has arranged for a cruise and appetizer reception departing from Sanibel Harbour Resort – with a catch! In order to enroll, we must bring a potential member.

The power squadron not only wants its members to be better boaters but for others to join us on our safe waters. Subjects to be covered on this cruise include boating safely on our busy weekends, navigating the Miserable Mile, getting to Matlacha without having to go aground, and finding the entrance to Tarpon Bay.**



The "Ding" Darling Days birding tram

Two `Ding' Days Tours Headed To Bunche Beach

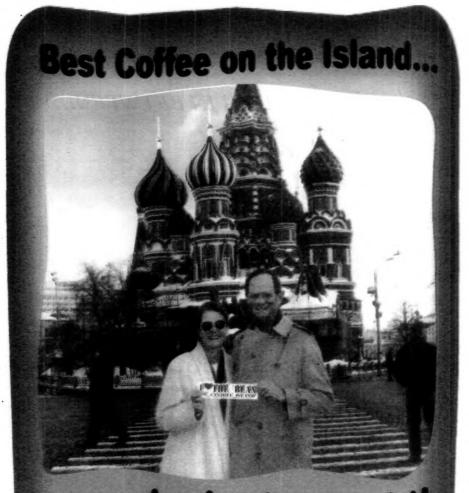
Because of the popularity of the Bunche Beach Birding Tram, "Ding" Darling Days again will offer two free excursions during its week of festivities, October 18 to 24. Times and dates for the two trips coordinate with low tides: 9 a.m. to noon on Thursday, October 22, and 10 a.m. to 1 p.m. on Friday, October 23. The tours meet at the flagpole at Sanibel's J.N. "Ding" Darling National Wildlife

The tours meet at the flagpole at Sanibel's J.N. "Ding" Darling National Wildlife Refuge and are limited to 29 participants each. Tarpon Bay Explorers provides the complimentary transportation to Bunche Beach. Reservations are required; call 472-8900.

Protected Bunche Beach Preserve, a stop on the Great Florida Birding Trail, teems with shorebirds, wading birds, ospreys, bald eagles and other birds.

For more information on other birding tours and eco-events during the 20th annual "Ding" Darling Days, visit www.dingdarlingdays.com.





...maybe in the world! BREAKFAST · LUNCH LIGHT DINNER · DESSERT Fresh brewed Coffees Expertly Brewed Espresso, Cappuccino & Latte Iced/Slushy Drinks Bagels, Muffins, Pastries, Cake Sandwiches, Soups & Salads

Fruit Smoothies Ice Cream

Wireless Internet • Outdoor Seating Concerts • Play Readings Entertainment



CROW Case Of The Week: Eastern Spotted Skunk

by Brian Johnson



There's really never any telling who is going to come in the front door at CROW with what type of problem, and on October 1 CROW received another case that could be classified as an oddity.

This time the patient was a 330-gram Eastern spotted skunk who had apparently gotten stuck inside a Gatorade bottle. "The bottle had been cut away and she had a ring around her neck that looked like a plastic bonnet," said Dr. Amber McNamara.

The creature was in otherwise good shape, though she had some swelling around her hip area, likely a result of trying to scrape the lid off her neck with her feet. It must have been frustrating trying to get the thing off.

Dr. Stephanie French examined her and decided to see if she could slide it off. She greased the skunk's neck with mineral oil, and in moments pulled the Gatorade ring free.

It was a little bit of déjà vu for French, who in October of 2007 had rescued an Eastern spotted skunk from a dumpster in Koreshan State Campground, one hour south of Sanibel in Estero. The skunk had slipped into the dumpster, eaten a meal, and then gotten stuck



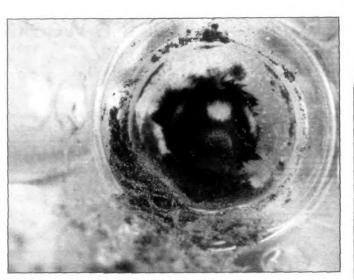
The little skunk is well and truly stuck



when trying to exit through a small hole. In that case French had to use a sedative to calm the frantic animal and eventually pop him through to daylight.

Removing the Gatorade ring turned out to be easy, but the skunk, though cooperative, sprayed in the clinic. "It's potent!" said Dr. Amber McNamara.

They moved the skunk to the outdoor aviary upstairs. "Most of the upstairs of the old hospital is empty," said McNamara. "She



The skunk's face is framed by the plastic "bonnet"

did great up there. She had no lameness and looked good. We fed her a mixture of cat chow, scrambled eggs and mice. She also received anti-inflammatory treatment for her swelling."

Cat Turner took her back to Lehigh Acres on October 5. "She didn't spray the whole way out there, but at the release site, just as she was let go, she sprayed in the carrier"

CROW staff is moving into the new hospital. The majority of the mammal and reptile patients have transitioned to the new building, and the first bank of cages was taken over into the ICU area on Friday, October 2. More cages have been moved this past week.

The new hospital will also have additional new cages, including a very large walk-in cage to accommodate birds such as white pelicans and great blue herons.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.





On Vacation Or Don't Have Time To Cook? *We have the answer:*

EARLY BIRD SPECIALS

Easy on the Budget

4 to 6 p.m.

Downhome Dinners

From Pot Roast to Pork, comfort food like mom used to make.



You'll Find Everything You Need In Our Full Service Supermarket

Located at Periwinkle & Casa Ybel 1700 Periwinkle Way, Sanibel Island, FL Store Hours Every Day - 6 a.m. to 10 p.m. 472-9300

Calusa Blueway Paddling Festival

THE GREAT

(ALUSA

BLUFWAY

Lee County

Paddling Trail

he Calusa Blueway Paddling Festival will take place October 23 to November 1 along the beaches of Fort Myers and Sanibel

Events abound for the Calusa Blueway Paddling Festival. Check it out at www.

CalusaBluewayPaddlingFestival.com. Among the weekend highlights:

October 23: 5-7 p.m. Blueway Beach Bash at Bay Oaks Recreation Center, Fort Myers Beach; 5:30-8:30 p.m. Bonita Springs Fish Fry at Riverside Park.



October 24: 10 a.m.- 4 p.m. Blueway Fest main event with speakers and kayak demos, Mound House, Fort Myers Beach; 5 p.m. Paddlers Reception, Pink Shell Resort, Fort Myers Beach; 9 a.m. Imperial River Race, Riverfront Park, Bonita

October. 25: Safe light to noon, Monofilament Madness Cleanup, Lee County waterways. 9 a.m.-5 p.m.; Tarpon Point Geo-Paddle, Cape Coral's Tarpon Point Marina. 2 p.m. - 6 p.m.; Paddlers Pig Roast Picnic, San Carlos RV Resort, Fort Myers Beach.

October 29: 6:30 p.m. Paddlers Reception, Hilton Garden Inn, south Fort Myers

October 30: 9 a.m. Upriver Speakers Series, Upriver RV Resort and Caloosahatchee Creeks Preserve, North Fort Myers. 7:30-11 p.m.; Calusa Costume Ball, Tarpon Lodge, Pine Island.

October 31: 10 a.m.-4 p.m. Blueway Fest main event at Randell. Safe light to 3 p.m.; Catch-and-release kayak fishing tournament, Lee County waterways and Randell Research Center; 5 p.m.Paddlers Reception, Sun & The Moon Inn, Matlacha.

November 1: 9 a.m. Paddle of the Pass canoe/kayak regatta, Matlacha Park. 11:30 a.m.-2 p.m.; Bluegrass for the Blueway and Taste of Matlacha, Matlacha Park.

For more information, call 823-6335 or log onto www. CalusaBluewayPaddlingFestival.com.

Shell Museum Awarded Arts Tourism Grant

r. José H. Leal, director/curator of The Bailey-Matthews Shell Museum, announced that the museum was awarded an Arts and Attractions Grant by the Southwest Florida Community Foundation in partnership with the Lee County Tourist Development Council, City of Fort Myers, and the Alliance for the Arts.

The purpose of the Arts and Attractions grant is to assist in "reinventing" Lee County as a tourist destination, to strengthen the public's perception of the county's offerings in the arts, to encourage Lee County arts and attractions industry growth, and to partner with professionals to ensure a quality return on the community's investment.

The grant was prepared by Kathleen E. Hoover, public relations manager for the museum, based on the premise that shells provide the perfect venue for building long-term relationships with visitors.

Lee County hosts approximately five million visitors a year. Surveys conducted by the Lee County Visitor and Convention Bureau (VCB) report that shelling ranks seventh out of the top 10 Lee County visitor activities. Eighty-three percent of visitors spend time at the beach and 39 percent collect shells.

Grant funding will support development, production, and distribution of an informational brochure referred to

as Shelling 101, designed to get visitors "hooked" on the hobby of shell collection. Brochure content will guide visitors through how to find, clean, identify, and transport shells as well as provide tips for caring for shells placed in a collection.

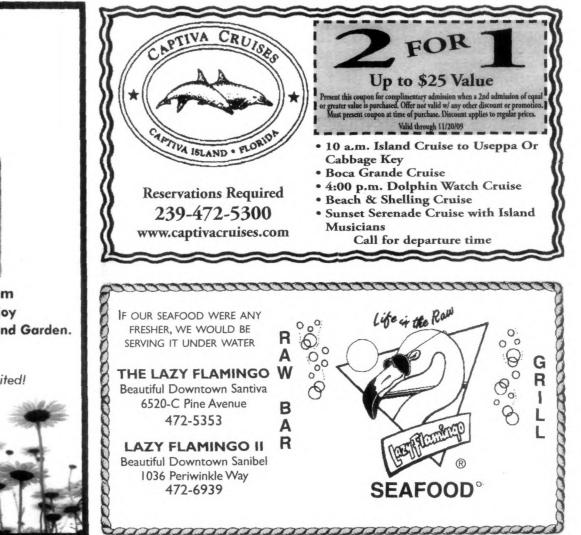
The museum plans to distribute the brochure through accommodation partners to assure travelers receive information early in their stay. This communication project will piggyback on the museum's packaging efforts with lodging providers and participation in the VCB's new booking engine, ARES.

"Enhancing relationships with the local business community and building long term relationships with first time visitors are strategic imperatives for the museum. As many of our devoted vol-unteers attest, shelling was responsible for their return trips and ultimately led to retirement on the beaches of Southwest Florida. The museum wants to serve as an ongoing resource for visitors as they embark on this journey," said Hoover.**

Share your community news with us.

Call 395-1213 Fax: 395-2299 or email

press@islandsunnews.com





Fish Your Way To The Top Of The Food Chain



by Capt. Matt Mitchell

unning all around Pine Island Sound this week it was easy to spot birds and lots of top water activity just about Leverywhere. Huge schools of small threadfin herring are being worked over on all sides by predators. Terns, pelicans and seagulls pick off the bait from the air while ladyfish, mackerel and jacks pick them off from water. This is the whole food chain in motion. Starting with a jig it's easy to fish your way up the chain to a big shark or even a late season tarpon. When tides aren't the best or you just don't feel like throwmix of species

feeding

includes

With

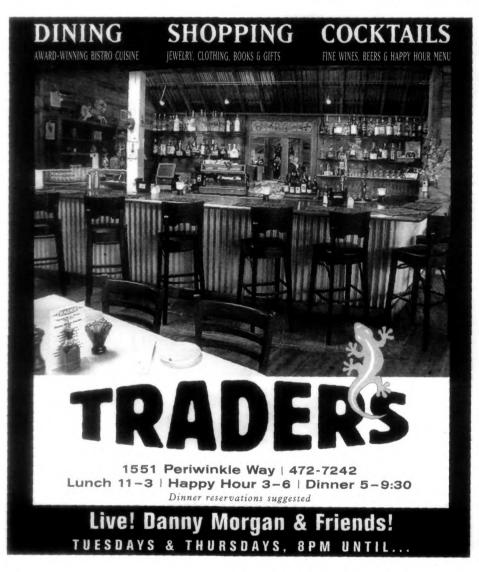
activ-

ing the cast net for bait, this is a great thing to do. The best of this high activity mixed bag action could even be a cobia or that

trophy silver king. To get started look around the bigger shoals and areas close to the passes for birds working. Run around until you find bird and/or fish activity. The flats from three- to six-feet deep from Chino Island to Hemp Keys is a good area to start your search. Usually, the more concentrated the birds, the more fish below. Shut down away from the birds and drift through.

Jigs, spoons and plugs should be on the small side or about the size of the bait that everything is feeding on. Any small flashy artificial bait will work – these fish are not picky. I prefer to use an artificial with a single hook rather than treble hooks which make it harder to unhook the fish safely. Make long casts and work the jig through the bait pods. Use a medium speed retrieve keeping the rod down close to the water while twitching the rod tip. These fish are often so aggressive around these feeding frenzies that you can simply jig right next to the boat and catch fish. The lighter the tackle for step one, the more fun it is. Light easy to cast spinning tackle works best. The usual

Send Us Your Fish Tales he Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.



on these bait balls ladyfish. seatrout. Spanish mackerel jacks and bluefish. this much ity larger predators are usually close by. The next step is to

reserve a Tom Bruno from New Jersey with his first snook, a nice 31-incher ladyfish and cut it

into large chunks. Rig up the bigger rods with a large circle hook and six feet of 80# leader. Anchor up and throw the chunks out as far as you can from the boat. Sit the baited rod in a holder and see what happens. With two cut baits set out of the back of the boat you can keep the action going with the light rod and jig combo. Sooner or later the cut bait will get picked up and the drag screamed.

There are lots of big sharks all around the bait balls. Sharks from three to seven feet are common with even bigger ones around. Most of these big sharks eventually bite through the leader unless the circle hook catches them well away from their sharp teeth. You can use a small piece of metal leader but it seems to cut down on the number of bites.

Keep your eves open while around the feeding frenzy as you never know what might show up.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.蓉



20 ISLAND SUN - OCTOBER 9, 2009 Power Lifters Lend A Hand At Schoolhouse Theater

by Brian Johnson

wo power lifters from Evolved Athletics, Danny Aguirre and Darrell Bartley, volunteered to move The Herb Strauss Schoolhouse Theater's piano on October 3. With Artistic

Director Victor Legarreta holding one end, Aguirre and Bartley hoisted the 600-pound musical instrument from the floor to the theater's stage. Thanks to them, it will be all ready when the theater



Victor Legarreta, Darrell Bartley and Danny Aguirre

has its season opener on Thursday, October 15 (call the box office at 472-6862 for tickets)

"We're very appreciative," said Legarreta. "It's the beginning of season so the financials are tough and we were looking for help. I thought, who are the strongest people I know? Danny was the first one to come to mind.

You could call Aguirre the Lance Armstrong of power lifting in Southwest Florida. Diagnosed with an advanced form of cancer in 2004, he was given three months to live. But Aguirre was back training 18 days after lung surgery and has created a remarkable story of recovery and success. He is currently the 19th ranked power lifter in the nation in his age division, and can squat lift over 500 pounds



having an appetizer party on our patio?

Contact Jeff @ 472-3434 or email:

jeff@muckyduck.com

What A Way To Make Your Day!

Located deep in the heart of downtown Captiva, directly on the Gulf where the sun sets nightly

Serving Lunch 11:30 - 3:00 Dinner 5 - 9:30 • Closed Sunday **Entertainment Nightly on the Patio** Open all day for beer & wine • 472-3434 • www.muckyduck.com

Aguirre and Bartley are regulars at Evolved Athletics, a unique training center that opened this past February in Fort Myers on San Carlos Boulevard near the new Super Target. The facility has wall-to-wall weights, medicine balls, kettle bells, and other fitness equipment.

"We have people as young as 13 up to a 76-year-old lady who now has decided she wants to do power lifting," said Aguirre. Evolved Athletics is unique in that it offers group workouts and develops a camara-

derie among the members, said Aguirre. The team schedule runs from 5 to 10 a.m. and then 5:30 p.m. Individual sessions are between 10 a.m. and 4 p.m.

Aguirre remarked on the renovations at the theater during his trip to the island. "It looks nice - I can't wait to see it up and running," he said.

Sign Up Now For 10K Race 4 FISH by Brian Johnson

riends In Service Here (FISH) invites runners to sign up for the inaugural 10K race (6.2 miles), scheduled for Saturday, October 17 on Sanibel. The race

will start at the Sanibel Community House at 7:30 a.m., proceed down Periwinkle Way, wind around Casa Ybel, Tarpon

Bay Road.

Road, and finish back at the



Barb Rich, Jean Baer and Cindy Sitton

and Island Inn

Community House. FISH is working in conjunction with the Fort Myers Track Club, who is handling the logistics of the event, including setting up three water stations. Runners may pick up a pre-registration form at Bank of the Islands (\$20), go to www.ftmyerstrackclub.com, or stop by Run Florida at 13211 McGregor Boulevard in Fort Myers. The deadline for pre-registration is Saturday, October 10. Race day registration fee is \$25.

Sponsorship dollars and registration fees will go to FISH, a non-profit organization which helps islanders in need. FISH has a food pantry, provides transportation for the elderly to doctors' appointments, and delivers Meals on Wheels and medical equipment, among other services.

There are 15 different age divisions for both men and women, and everyone who participates will receive a medallion and a T-shirt. CC Caldwell of the Sanibel-Captiva Art League is leading a group who paints sand dollars that will serve as the medals.

Those with an interest in supporting the event as a sponsor or volunteer can call Joel Soobitsky at 472-4003.



Floral Designs From Recycled Items



statter Betsy Eidem, who is also Stone's daughter

submitted by C. Hed, Sanibel Public Library

ecycle - Reuse is the theme of a wonderful floral arrangement on display at the Sanibel Public Library. Library user and floral designer Winnie Stone has Abeen recycling since before recycling was cool. Stone donated a wonderful three-dimensional artistic display to the library for patrons and staff to enjoy. The design, made of plant based materials, features palm fronds, palmetto fronds, burl and recycled paper packing materials.

Stone finds materials for her designs everywhere she goes, from the old box in her storage area to the browning palm fronds lying on the ground as she walks by a neigh-bor's home. She sees beauty in everything and explains that "once you are involved in flower arrangements, you will see that nature is the paintbrush to the world. The unique findings you pick up dry and become wonderful shapes and colors.

Gardening has been a lifelong passion for Stone, or as she says, really her "first love." In fact, she used to play bridge four days a week before she found her interest was really in gardening, which she started in 1965 when she moved to Miami and earned a position serving on the board of directors for the Florida Federation of Garden Clubs for 30 years. Since then, gardening has taken up her energy and her passion and she no longer has time for bridge.

Locally, Stone has been an active member of the Fort Myers Lee County Garden Council for 15 years, and a member of the Royal Palm Garden Club of Fort Myers for over 15 years. She has been a member of garden clubs for over 40 years.

Stone, a now retired judge of floral show arrangements, has also been an instruc-tor of floral design for about 30 years. She said she tries to keep involved with garden design so that she won't "get too old too fast." When asked about her favorite arrangement, she said "it was the last one" she did. When asked about her favorite color? "All colors and all flowers are my favorites," she said A

Little Monster Tales Scare Up Fun At **BIG ARTS**

ome to BIG ARTS at 1 p.m. Sunday, October 25 dressed in your Halloween costume to enjoy Little Monster Tales presented by Fantasy Theatre Factory. Using juggling, comedy, puppets, and music to weave their tales, Fantasy Theatre Factory will tell spinetingling stories that will send children running to the library for books that contain these tales. Tickets are \$12 for adults, \$7 for children under age 13.

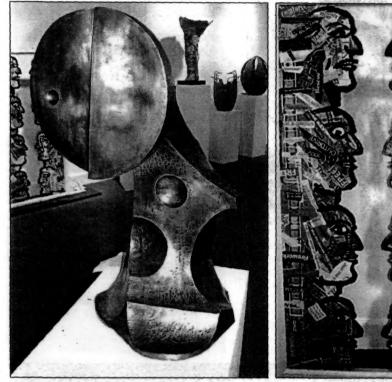
Stories to be presented include Dr. Jekyll and Mr. Hyde by Robert Louis Stevenson, The Monster and the Tailor by Paul Galdone, The Ghost Eye Tree by Bill Martin and Scary Poems for Rotten Kids by Sean O'Huigin.

Fantasy Theatre Factory is a touring children's theater company based in Miami. They are professional adult performers who provide quality cultural programming for children and family audiences. Fantasy

Theatre Factory's programs combine artistic expertise with educational objectives, directly incorporating Florida Sunshine State Standards. For more information call 395-0900, e-mail info@BIGARTS.org or log on to www. BIGARTS.org.芬



Juror's Talk And Awards Presentation At BIG ARTS Phillips Gallery

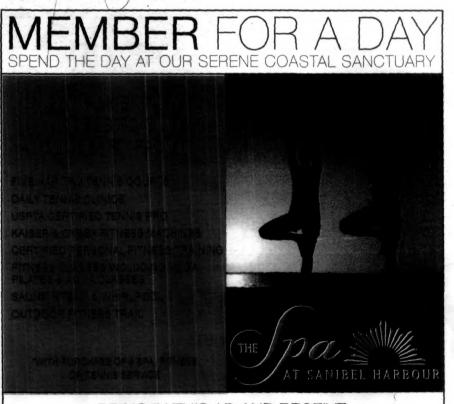




Monk by Yuni Tamawieck

"They Said" Talking Heads by James "JR" Roberts

IG ARTS will host a juror's talk with Mary Voytek and an awards ceremony for its current sculpture exhibit Saturday, October 17 at 4 p.m. in the Phillips Gallery. Voytek is the sculpture professor at FGCU College of Arts and Sciences. An artists reception will follow.



BRING IN THIS AD AND RECEIVE 20% OFF SPA SERVICES MONDAY-THURSDAY NOW THROUGH OCTOBER 31ST, 2009

Voytek earned her master of fine arts at Rhode Island School of Design in 1982. She is known for her distinctive multi-media sculpture. Voytek has exhibited her work extensively in galleries and museums and in major shows in New York, Washington extensively in galleries and museums and in major shows in New York, Washington DC, Chicago, Boston, Los Angeles, and Miami. Internationally, her work was featured at the Glass Millennium Festival in Hsinchu City, Taiwan, where she exhibited an 18-foot neon and aluminum sculpture titled *Buddha*. This monumental piece is on display at The Atlanta International Museum of Art and Design. The sculpture exhibit will remain open through Friday, November 13. Phillips Gallery is open Monday through Friday, 1 to 4 p.m. and Saturdays 9 a.m. to 1 p.m. The exhibit is supported by Visual Arts Patron season sponsors June Rosner and Russ Bilgore.

Russ Bilgore. For more information stop by 900 Dunlop Road or call 395-0900.

Orchid Society Meeting

ncidiums will be the topic of the Monday, October 19 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by Bill Hill of Orchid Island Orchids in Vero Beach, a grower with 40 years' experience, specializing in oncidium culture. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, 2304 Periwinkle Way on Sanibel. This will be the society's first meeting of the 2009-10 season.

Orchid novices are encouraged to come to the meeting at 1 p.m. to hear a member of the society demonstrate the capabilities of the computer program Orchid Wiz, a tool for identifying an orchid's parentage.

Participants can come early to purchase orchids or do so during intermission. Anyone with questions or an ill orchid that needs diagnosis can bring

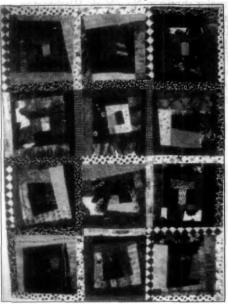
their plants to the meeting during show and tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Members and guests are also invited to participate in a monthly orchid raffle. Society membership is \$20 annually, guests are \$4.5

Share your community news with us.

Call 395-1213 Fax: 395-2299 or email press@islandsunnews.com



Artists Reception



Block Party Fiber Art by Helen Ketteman

Big ARTS will exhibit the works of Connie Bransilver, Pam Brodersen, Lisa Gould, Leo Johnson, Gail Jones, John Jones, Petra Kaiser, and Helen Ketteman. There will be an artists' reception 5 to 6:30 p.m., Saturday, October 17.

Conservation photographer Connie Bransilver shows infrared photography in this exhibit. Bransilver said, "Infrared images are reflected light, and these are reflections of a more innocent world, reflections of how life may have been hundreds and even thousands of years ago and still may be, reflecting the power of the "forever." These reflections, reminders, can also goad us into action to preserve and conserve the best of our natural and man-made world. Viewing infrared images, reflected light, is a different way of seeing the familiar, and perhaps taking a moment to reflect on what life might have been or may still be if we act."

This exhibit is open in Founders Gallery until Friday, November 13. Gallery hours are Monday through Friday,



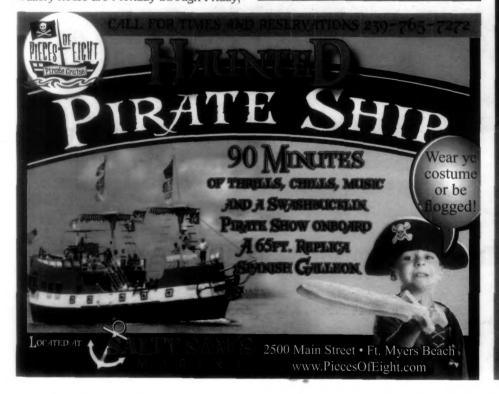
Belly Dancer fused glass by Lisa Gould

9 a.m. to 4 p.m. The exhibit is supported by Visual Arts Patron season sponsors Deborah and John La Gorce. For more information call 395-0900.[‡] Royal Palm Alley

photography by Connie Bransilver



Title Services, Inc. (239) 472-3688 "You'll Appreciate the Difference"



ISLAND SUN - OCTOBER 9, 2009 23

October At The Sanibel Public Library

Programs:

Monday, October 12 at 4 p.m. Computer Workshop

Google: More Than a Search Engine (please register in person in advance for this session)

Wednesday, October 21, 2 p.m. Program

Prostate Cancer: Questions and Answers , presenter: Jan Manarite , PCRI Florida education facilitator

Book Group Discussions: Non-Fiction Group Discussion October 8 at 2 p.m.

Armenian Golgotha by Peter Balakian

Fiction Group Discusson October 28 at 2 p.m. Desert Queen: the extraordinary life of Gertrude Bell, adventurer, adviser to kings, ally of Lawrence of Arabia by

Janet Wallach. 举

Ellington's Jazz Club and Restaurant * features world class jazz nightly, along with a dining experience and cuisine, second to none.

LIVE JAZZ MICHTLY

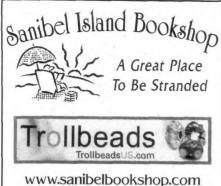
ELINCTON'S

"STEP BACK TO A TIME WHEN JAZZ WAS KING, AND A NICHT OUT WAS SOMETHING REALLY SPECIAL"

> "Feast on good things for the palate and the ear at Ellington's." NY Times

"Great food...Fantastic Jazz!" Dave Brubeck

1244 Periwinkle Way, Sanibel 239-337-JAZZ (5299) or 239-472-5555 Ellingtonsjazz.com



1571 Periwinkle Way • 472-5223 10 ~ 6pm Monday – Saturday 12 ~ 5 pm Sundays



The G^{*}Iden P^{*}w Grooming Salon IS NOW - Grooming all size dogs Call for a "free" ½ hour consultation with our new trainer 16848 McGregor Blvd. • 415-7297

\$5.00 off 1st time customer w/this ad

BIG ARTS Community Chorus

Music With BIG ARTS Community Band And Chorus

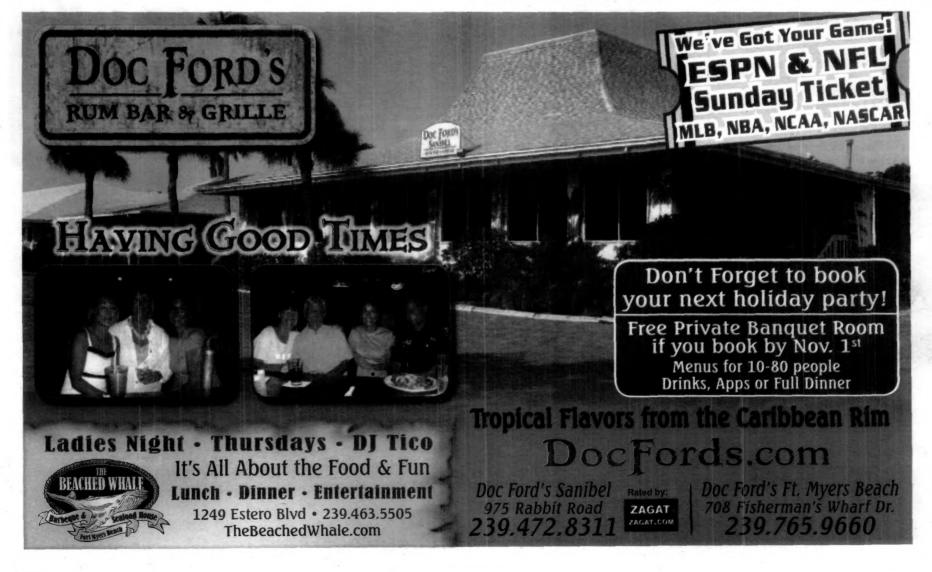
BIG ARTS Community Band Director Don Knowland invites all men and women to join for the 2009-10 season. Rehearsals start Monday, October 12 at 6:30 p.m. The first practice is in Schein Performance Hall at BIG ARTS.

"We welcome all musicians. Some people haven't played in 30 years, they join us, and it all comes back to them," Knowland said. Chorus practice resumes at 6:30 p.m. Tuesday, October 20. BIG ARTS Community Band and

Chorus performs their annual Holiday Concert 7 p.m. Tuesday, December 8. Tickets are \$7. The band will perform We Wish You a Merry Christmas, Aaron Copeland's Fanfare for the Common Man, Joy to the World with audience participation, and other holiday favorites. The chorus, led by Steve Cramer, will

The chorus, led by Steve Cramer, will perform Goin' On a Sleighride (Jingle Bells/Over the River), The Shepherd's Chorus, from Amahl and the Night Visitors, Hanerot Halalu (A Song for Hanukkah), and more. The band and chorus together will perform the Christmas on Broadway medley. BIG ARTS Community Band and Chorus sponsored by Sanibel Captiva Kiwanis Foundation. For more information call 395 -0900 35

> Read us OnLine at IslandSunNews.com



Cinema Therapy Fridays at 1:30 p.m. continues through October.

October 9 – Harvey October 16 – First Wives Club

October 23 - Quiz Show October 30 - Mrs. Brown

Computer Lessons, Monday October

12.1 to 3 p.m. (\$30 for members, \$45 for non-members), Discovering The Value of The Internet.

Monday, October 19, 1 to 3 p.m. \$30 for members, \$45 for non-members), Hello Ebay!

Kayak Launching, Tuesday, October 13 and 27 (\$2.50 members and \$5 nonmembers)

Leisure Lunchers & Thrift & Consignment Store Shoppers Extrordinaire! Thursday, October 15 at 11:30 a.m., to Bahama Breeze, Fort Myers and Blessed Pope John Thrift Store & Super Goodwill Store. Carpool from the center.

The annual Island Seniors Bazaar will be held Saturday, November 21, 9 a.m. to 1 p.m. at the senior center at Library Way and Palm Ridge Road. A Trash & Treasures sale will provide lots of great bargains, and refreshments will be available for sale. In addition craft and artistic items will be displayed for purchase. Anyone interested in renting a table to present their items for sale may sign up at the center. Call Carole Anne Fallon at 395-2115 for further details. Proceeds will be used for the various programs that benefit island seniors.

Sanibel Movie Debuts, Starring No One In Particular

by Anne Mitchell

Tideo Biography LLC will debut its newly completed film created on Sanibel and filmed at the Sanibel Historical Museum and Village with a special showing at the Island Cinema on Sunday, October 18 at 1 p.m.

Part one, Pioneering an Island, is an intimate interview with island-born Sam Bailey, with never before seen footage of Sanibel circa 1930s to 1950s in a 16-miinute journey back Rusty Farst behind the camera



Part two is a fictional

narrative titled Sandbars To Sanibel starring 49 Sanibel and Captiva residents. The 30-minute film showcases the pioneers and buildings of old Sanibel in the 1920s and was shot at the historical village with its eight original wood framed, knotty pine buildings. The producer and director is Rusty Farst, who shot the movie with a hand-held camera.

The film is set on Sanibel circa 1929. The island mail girl drenches the mailbag and the whole town fondles a water-soaked letter trying desperately to find the recipient, resisting the temptation to read its contents. A love affair ignites, a school house goes bezerk and a small village becomes re-united.

Tickets are \$25 in advance only. Supply is limited. Contact Rusty Farst at Jawsproductions@comcast.net, Salli Kirkland at Salli@Sanibelsegway.com or purchase at the Island Cinema. An After Glow party will follow at nearby Biddles Bucket.



The class begins with a joke to put you in the right frame of mind and ends with a positive thought for the day. Find your strength, balance and flexibility with simple yoga poses and a great core with the dynamics of pilates. Strengthen, lengthen

and gain flexibility. Bridge for Fun - Monday, Wednesday, and Friday, 12:30 p.m.

Monday Wednesday and Friday, 8 a.m.

Happy Hour stands for an hour of aero-

bics and positions of pilates and yoga.

Island Seniors

Mah Jongg — Thursday, 12:30 p.m. Prizes are awarded.

Theater Performances, Florida Repertory Theate, Saturday, October 31. 2 p.m. (members \$26 & non-members \$31), Boeing-Boeing, by Marc Camoletti.

This multiple Tony Award-winning Best Play is sidesplitting comedy that soars in the stratosphere, and is first-class entertainment that will have audiences unbuckling their seatbelts and rolling in the aisles.



A New Look For The Community House

have stepped forward to volunteer at just the right time. One of those individuals is Evelyn Neill from the Sanibel Sea School, who is a very experienced and creative mar-keting professional. She quickly grasped the ideas and enabled us to wade through the seas of contenders to find the designer that "got it" and guided us through the process so we are ready to use the results.

The final logo design not only tells but shows the story of the SCA together with The Community House. Additionally, the roof-top symbolizes the home that is here for the needs of the islands of Sanibel and Captiva. You will hear us saying, "This is the year to come on home to the Community House" as a way to draw us all together through membership and participation. Watch for our logo on our newsletter, House News, on our signs, and in our correspondence.

The Sanibel Community Association was founded in 1927 to operate The Community House as an independent, 501 (c)3 non-profit organization. That means every penny earned is from memberships, donations, hall rentals and SCA events. During a year of surveying islanders about who owns The Community House, the overwhelming response was "the city." Spread the word, members of the SCA own and operate The Community House. Most islanders use the facilities during the year through sponsored events like the annual miniature golf tournament, to service organization meetings and fundraisers. We all have a lot to gain by improving the look and functionality of the building and grounds, as there is no other place like it on our islands

We ask you to become a member or sponsor an event. Membership is very reasonable, kept that way so everyone will want to join. Look into being part of the new excitement, where everyone comes together under one roof and where everyone feels at home. For more information on membership, call The Community House office at 472-2155公

Read us online: www.IslandSunNews.com



Winning Play To Debut in Fort Myers



Michael Dunsworth and Joann Haley

heatre Conspiracy presents the winner of its 11th annual New Play Contest, Time and Ina Meyerhoff, playing October 9 through 24. Written by Alan Brody, who teaches theater at the Massachusetts Institute of Technology, this bittersweet May/December romantic comedy should appeal to all ages.

The play was one of 437 entries submitted from across the United States, Canada, England and France. Brody is also a published author and playwright and will be attending the opening weekend, October 9 and 10, to meet audience members and conduct a talkback session after each show. Theatre Conspiracy will host the audience to a champagne reception to honor Brody each night during the talk-back sessions. The cast of four consists of local actors Joann



Haley as Ina Meyerhoff, Michael Dunsworth as Frank Minetta, Rick Sebastian as Brian Meyerhoff and Robert Feigenblatt as Morty Grauman. Directed by Bill Taylor, the show depicts the conflicts and humor that occur when a successful older woman falls in love with a younger man to the dismay and disapproval of her son who is the same age as his mother's new lover.

Theatre Conspiracy's annual play contest has grown significantly over the years attracting thousand's of entries from playwrights around the world. "It's amazing to see the wide variety of work that is submitted to us each year," said Taylor, Theatre Conspiracy's artistic director. "And sometimes it is very difficult to pick just one script as the winner but Time and Ina Meyerhoff was by far our overall favorite and we are excited to have its world premiere here in Fort Myers," he added. Shows are scheduled for October 9, 10, 15, 16, 17, 22, 23 and 24 at 8 p.m. with

a matinee on Saturday, October 17 at 2 p.m. Tickets are \$22 or \$10 for students. Opening night will be a "pay what you will" performance with attendees deciding what they would like to pay at the door. Thursday nights are buy one get one half off. Tickets are available by calling the box office at 936-3239.



BEAD BRACELET -

Make IT & Take IT, 32 - Tues. &

Art Supplies • Shell Craft • Notions

Craft Supplies . Gifts Scrapbook Papers .

Quilting • Fabric • Beads • Rubber Stamping Mon. - Sat. 10am - 5pm

Find us on facebook

1620 Periwinkle Way • 472-2893

Poetic Voices

ease send typed ems with a

short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel,

Don Brown or send a Microsoft Word attachment to

donbrown@alum mit.edu

FL 33957 Attn:



selected by Don Brown

Sanibel Heat and Ansel Adams

by Nancy J. McDowell

Taking a last deep breath of the cool circulating air, I open the car door and step out into the Sanibel heat.

Palpable and cloying, it hits me: steamy fingers clawing little troughs of sweat along forehead, cheeks, and back; the wetness sticky on my skin as it trickles and evaporates.

I think of the Ansel Adams photographs on my wall:

Prostate Cancer Discussions At Sanibel Library



Jan Manarite

Jan Manarite from the Prostate Cancer Research Institute (PCRI) will offer an open forum at the Sanibel Public Library where men and their family members ask questions regarding PSA testing and prostate cancer in general. The event will be held in Meeting Room #4 on Wednesday, October 21, at 2 p.m.

Without giving actual medical advice, Manarite will offer insight into current research and opinion, direct men and their wives in forming better questions for Cathedral Spires with its snowy peaks stretching upward like fingers grasping at heaven;

El Capitan partly blotted out by tendrils of snow that smoke and curl as if coughed up by a Cracker House chimney.

Overheated cells cool as light and shadow play in my mind; blowing snow fills the furrows of sweat on my back, creating tiny snowdrifts in their place.

The pavement is buckled and baked by too many summers, begging moisture and shade beneath my feet; but I'm untouched by the Sanibel heat.

Nancy McDowell, who started writing poetry in her early 20s, retired to Shell Point in 2008 and was immediately inspired by the natural beauty of Sanibel and Captiva. She is passionate about preserving the unique ecology of the barrier islands and is a member of CROW and SCCF. Nancy received the 2008 Quill Award from Writing.Com for her free-verse poem, Into Atrica.‡

their physicians, and help people under-

stand how to obtain and understand their

question and answer session. Free educational materials will also be available.

Manarite has served as the Florida

educational facilitator for the Prostate Cancer Research Institute for almost eight years. During that time, she has authored numerous articles, led advocacy efforts in Washington, DC, spoken publicly on prostate cancer, and operated PCRI's Florida Helpline from her home on

Manarite is the wife of Dominic Manarite, previously Captain Dominic of Janice Too Charters. For nine and a half years, Dominic has fought, and continues to fight, advanced hormone-refractory

For further information, call Duane Shaffer at the library, 472-2483 or Jan Manarite at 395-0995.‡

The Island

Book Nook

A Paperback Exchange Bookstore

Come browse the nook for that special book

2330 Palm Ridge Rd Suite #11

Sanibel, FL 33957

239-472-6777

www.theislandbooknook.com

Stop in to check out our grand selection of

used paperback and hardback books - We are

your connection for locally authored books, guide books, postcard, calendars & prints

metastatic prostate cancer.

Sanibel.

medical records. This will be an open

Birding At Bunche Beach

xperi-ence the beautiful birds of Bunche Beach with a bird patrol guide on Monday, October 19 from 8 to 10 a.m. Meet in the parking lot at Bunche Beach, located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road

until it deadends. This birding trip is excellent Marbi

for viewing both migrant and resident wading and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. This event is free and provided in cooperation with Lee County Parks and Recreation.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information call 707-3015 or visit www.birdpatrol.org.**

Our email address is press@islandsunnews.com





Marbled godwit Int wading and shoremudflate at low tide due Three Crafty Ladies

My Stars ***

LIBRA (September 23 to October 22) Trying to make peace among quarreling family members, friends or colleagues can be tough. Expect some resistance, maybe even some expressions of resentment. But stay with it. SCORPIO (October 23 to November 21)

SCORPIO (October 23 to November 21) Changing your mind doesn't have to be a problem once you realize that you might have good and sufficient cause to do so. Make your explanations clear and complete. Good luck.

SAGITTARIUS (November 22 to December 21) An unkept promise can be irksome and easily raise the Archer's ire. But instead of getting into a confrontation, take time to check why someone you relied on came up short. CAPRICORN (December 22 to January 19)

CAPRICORN (December 22 to January 19) A new workplace distraction creates an unnecessary delay. The sooner you deal with it, the better for all concerned. A personal matter also should be attended to as soon as possible.

AQUARIUS (January 20 to February 18) Once again, the Aquarian's gift for applying both practical and creative methods to resolve a situation makes all the difference. Personal relationships thrive during the weekend.

relationships thrive during the weekend. **PISCES** (February 19 to March 20) A relationship appears to be losing its once strong appeal for reasons that might be different from what you think. An open and honest talk could lead to some surprising revelations.

ARIES (March 21 to April 19) A changing situation calls for a change in plans. Although you might prefer the schedule you had already worked up, you could do better by agreeing to make the needed adjustments. TAURUS (April 20 to May 20)

That once seemingly rock-solid proposition you favored might be hiding some serious flaws. Take time to check it more carefully and question anything that seems out of kilter. GEMINI (May 21 to June 20) Finish up those lingering tasks so that you can then arrange to spend some time in quiet reflection. This will go a long way in restoring both your physical and spiritual energies.. CANCER (June 21 to July 22)

CANCER (June 21 to July 22) A family situation could heat up and boil over unless you deal with it as soon as possible. Try to persuade other family members to work with you to help cool things down.

LEO (July 23 to August 22) Cheer up, Kitty Cat! That low feeling will begin to ebb by midweek, and you should be back in the social swirl in time for the weekend. A

long-postponed deal could be starting up again. VIRGO (August 23 to September 22) Going too fast and too far on too little knowledge could be risky. Best to slow down and check for any gaps in your information. It's what you don't know that could hurt you BORN THIS WEEK:

Your life is bound by your belief that character counts more than anything else.

THIS WEEK IN HISTORY

• On October. 13, 1792, the cornerstone is laid for a presidential residence in the newly designated capital city of Washington. The executive mansion soon became known as the "White House" because its white-gray Virginia freestone contrasted strikingly with the red brick of nearby buildings.

brick of nearby buildings. • On October 12, 1915, British nurse Edith Cavell is executed by a German firing squad for helping Allied soldiers escape from German-occupied Belgium during World War I. When Cavell and others were arrested, she made a full confession and was sentenced to death.

• On October 18, 1922, "Robin Hood," starring Douglas Fairbanks, opens in Hollywood. As a publicity stunt, Fairbanks had posed atop a New York hotel in costume, with bow and arrow. He and several others shot arrows from the building, and accidentally injured a man when an arrow flew through an open window.

• On October 14, 1947, U.S. Air Force Captain Chuck Yeager becomes the first person to fly faster than the speed of sound. His X-1 aircraft was lifted to an altitude of 25,000 feet by a B-29 and then released through the bomb bay, rocketing to 40,000 feet and exceeding 662 mph.

• On October 15, 1964, while trying to set a new 1 mile land-speed record, Craig Breedlove inadvertently set another kind of record after he lost control of the Spirit of America jet-powered car on the Bonneville Salt Flats in Utah. The vehicle began to skid, taking nearly 6 miles to decelerate from more than 400 mph -- the longest skid marks on record.

• On October 16, 1973, Henry Kissinger and North Vietnamese diplomat Le Duc Tho are awarded the Nobel Peace Prize for negotiating the Paris Peace Accords. Kissinger accepted, but Tho declined the award until such time as "peace is truly established."

• On October 17, 1994, taxicab driver Jeremy Levine returned to London, from a round-trip journey to Cape Town, South Africa. Passengers Mark Aylett and Carlos Aresse paid 40,000 pounds, or approximately \$65,000, for the 21,691-mile trip, setting a world record for the longest known taxicab ride.

STRANGE BUT TRUE

• It was actor, senator and erstwhile presidential candidate Fred Thompson who made the following observation: "After two years in Washington, I often long for the realism and sincerity of Hollywood." • With an area of less than 1,000 square miles, the tiny Western European nation of Luxembourg is one of the smallest countries in the world, and it is the worlds' only remaining sovereign Grand Duchy. Considering the country's longstanding adherence to tradition, it is perhaps unsurprising that the national motto is "We want to remain what we are."

• When you recycle an aluminum can, it's possible for that can to be processed, reused and back on the shelf within 60 days.

• The skateboard was invented in California in the 1950s by surfers who wanted to continue their favorite activity even when they weren't in the water.

• The decadence of France under Napoleon's rule is legendary, and the luxury wasn't reserved solely for people. It was not uncommon for pet dogs of the wealthy nobility to have their fur waxed and styled with hot rollers in imitation of Princess Eugenie, the wife of Napoleon III.

• Statistics show that more babies are born during the waning moon than during the waxing moon.

• Those who study such things say that the average office desk carries 400 times more bacteria than a toilet.

• When creating its cocoon, the silkworm spins a continuous thread more than a thousand yards long, or 12,000 times the length of its own body. To accomplish a comparable feat, a 6-foot-tall man would have to spin a thread that stretched unbroken for 15 miles.

• You may be surprised to learn that the onion is actually a lily, botanically speaking.

THOUGHT FOR THE DAY

"A little nonsense now and then is relished by the wisest men." -- Roald Dahl



VILL RECEIVE A

FLORIDA RESIDENCY

GUIDE & DVD

continued on page 40

A Hollywood Script Couldn't Even Portray The Twins Season-Ending Drama



by Ed Frank

nbelievable, indescribable, amazing, remarkable, beyond belief, and every other adjective you can find. That's about the only way we can convey the down-the-stretch

surge of the Minnesota Twins that carried them to a first-place tie with the Detroit Tigers when the regular season

ended last Sunday, both at 86-76. Winning 16 of their final 20 games, including four straight at season's end, the Twins erased a three-game deficit with only four games remaining to become the first team in baseball history to tie for first-place in back-to-back seasons.

In one of the greatest baseball games ever played, the amazing Minnesota Twins defeated the Detroit Tigers 6-5 in 12 innings Tuesday night before a record crowd in the Hubert H. Humphrey Metrodome to capture the American League Central Division Title.

The two teams battled for more than 4-1/2 hours in this tie-breaker before the Twins scored the winning run in the bottom of the 12th on a single to right field by Alexi Casilla.

The Twins won 17 of their last 21 games to win the division crown, and became the first team in baseball history to come back from a threegame deficit with only four games to play.

Game number 163 between the Tigers and Twins to determine the American League Central Division champion was played Tuesday afternoon on the Twins' home field, the Metrodome.

It was just a year ago when the Twins tied the Chicago White Sox, losing the tie-breaker in a heart-breaker, 1-0, in Chicago. But the rules were changed this year. Instead of flipping a coin to determine home field, the team with the best head-to-head record earned home field advantage. The Twins were 11-7 against the Tigers this season and won seven of nine in their soon-to-be abandoned Metrodome.

Given little chance of catching the Tigers, who had a commanding sevengame lead with only three weeks remaining, the Twins were nearly unbeatable as the season wound down.

The final regular season game Sunday brought back memories of 1991 when the Twins won their last World Series. Those white "homer hankies" by Presented by:

Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorneys

In this informative workshop, you will learn:

Michael B. Hill

- What the advantages are to Florida Residency
- If your will and trust from up North are still valid
- · Why you need to update your legal documents to Florida law
- How to avoid probate
- If you can save taxes by declaring Florida Residency
- What you need to know about Florida homestead laws
- How you can keep your legal documents up to date in a cost effective manne

Complimentary Written Trust Analysis Bring Your Current Documents To The Workshop For A Complimentary 12-Point Written Analysis

Tuesday, October 27, 2009 9:00am Sanibel Community House Sanibel Island Light refreshments served Wednesday, November 11, 2009 8:30am - Light refreshments & Document Review 9:30am - Presentation Shell Point Retirement Community (Follow the signs to event parking)

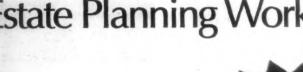
Reserve your space. Call: 239-425-9379



SHEPPARD, BRETT, STEWART, HERSCH, KINSEY & HILL P.A. Attorneys at Law

9100 College Pointe Ct., Fort Myers, FL 33919 www.sbshlaw.com | 239-334-1141





Well, the "homer hankies" were out in full force last Sunday beneath the white

Teflon roof of the Metrodome, as the Twins slugged five home runs enroute to a 13-4 win over Kansas City. The largest regular-season crowd in 16 years, 51,155, had

The Tigers, who had lost six of nine, earned the tie by defeating the White Sox 5-3

Sunday was to be the Twins last game in the Metrodome, their home since 1982, as they move next season to the new Target Field, a \$500 million outdoor stadium. It's

50,000-plus fans became emblazoned in Twins history.

a move that would make most teams shout for joy.

plenty to wave about.

in the finale.

Storm A Brewin'

he Sanibel Storm youth soccer team continued its good start to its first season in the Southwest Florida league with a victory of 5-2 against Greater Fort Myers.

On a perfect day for soccer the Storm started very strongly and took control of the game early on. Josh Congress, while defending with a growing confidence, stepped up the field to open the scoring with a firmly hit shot from the edge of the box. With Aldo Ramirez and Kirk Williams pulling the strings in midfield the Storm increased their lead when James Dowling pounced on a loose ball and drilled it home. A goal from the industrious Thomas Rizzo and another from Sanibel's own Irish terrier Eric Howells gave the Storm a commanding halftime lead.

Greater Fort Myers started the sec-ond half well and their physical strength and hard work paid dividends when they struck twice within 10 minutes. Encouraged by a great vocal support, the Storm put their foot on the accelerator and were rewarded with a nicely worked goal which was expertly dispatched by the blond bomber Michael Stufano. Strong performances by Andrew Turner, Mark Thomas and Brody Burns helped secure a deserved victory.

Head coach Rob Price said after the game, "As a group we are improving all the time. The boys work very hard in practice and that is starting to show in the games.



The Storm's next game is on Saturday, October 10 at the Kelly Road Complex. All support is welcome for the first off island soccer team. As always thank you to Bailey's General Store and Sanibel Island Bookshop for their continued support.x

Volunteer Of The Month



Karolina Czarnecki

he Sanibel Recreation Center recognizes Volunteer of the Month Karolina Czarnecki.

Karolina was born in New York City and moved to Florida about six years ago. She is currently a high school student in the IB Program and maintains straight As. In her free time, she enjoys art, photography, and is a national champion in taekwondo. Karolina said, "I enjoy volunteering at the Sanibel Recreation Center because it is such a beautiful place. I have a lot of fun working with the younger kids. It also gives me a purpose and I love just being able to help people.

Volunteer opportunities are now available. For information call 472-0345. The Sanibel Recreation Center is

located at 3880 Sanibel-Captiva Road.

Member Of The Month

he Sanibel Recreation Center recognizes Member of the Month Stan Domanski.

Domanski moved to Sanibel eight years ago from St. Paul, Minnesota. In addition to playing tennis and working out at the rec center, he enjoys biking and playing hockey. His goal is to be as fit as his idol, Sam Bailey. Domanski said, "This is a great place

to work out. What makes it so special is the facility and the great staff. I would recommend this place to anyone who wants to get fit, have fun and meet the most wonderful staff. I have been involved with fitness centers for over 50 years and this place is tops!'



Stan Domanski

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit www. mysanibel.com.举

SPORTS QUIZ

- 1. San Diego joined the National League in 1969. When was the Padres' first winning season?
- 2. Between Chuck Tanner and Jim Leyland, how many seasons combined did they manage the Pittsburgh Pirates?
- 3. How many losing seasons did Phil Fulmer have
- in 17 years as head coach of the University of Tennessee football team?
- 4. Name the last franchise before the Detroit Pistons (2003-08) to make the conference finals at least six years in a row.
- 5. When NHL star Jarome Iginla became the Calgary Flames'
- "All-Time Leading Scorer" in 2009, whose mark did he pass? 6. How many consecutive years has the Tour de France been won by a Spaniard?
- 7. In 2009, golfer Mark Calcavecchia set a PGA Tour record for consecutive birdies. How many did he have?

ANSWERS

'07 & '09; Carlos Sastre '08). 7. Nine birdies in a row. 830 points for Calgary. 6. Four consecutive years (Oscar Pereiro, 2006; Alberto Contador, 3. Twice - 2005 and 2008. 4. The Los Angeles Lakers (1982-89). 5. Theo Fleury had 1. In 1978, the Padres were 84-78. 2. Twenty years (Tanner 1977-85; Leyland 1986-96).



Will Power Religious Conditions Imposed On Inheritance Upheld



everal weeks ago I reported on an Illinois case where a condition of inheritance imposed upon a couple's grandchildren was that they marry within the

Jewish faith or that a grandchild's non-Jewish spouse would convert to Judaism within one year of the marriage. The controversy wound its way through the lower courts and found its way to the Illinois Supreme Court, which recently ruled on the case.

Looking at In re Estate of Feinberg, Max Feinberg created a trust in which he declared that any grandchildren or lower descendants who marry outside of the Jewish faith are to be treated as if the grandchild predeceased the grandparents. thereby denying the grandchild a share of the inheritance unless the spouse of such descendant has converted to the Jewish faith. The parties to the litigation call this "the Jewish clause.

An Illinois circuit court held that this Jewish clause was invalid and an appellate court confirmed, both finding the clause unenforceable and against public policy. Generally speaking, courts will find such constraints against public policy if they either encourage divorce or discourage marriage itself

One of the judges of the appellate court disagreed, stating that the clause should be held valid. "Max and Erla had a dream... to preserve their 4,000-year-old heritage," Justice Alan J. Greiman noted. Max and Erla Feinberg were survived

by five grandchildren. All of the grandchildren married, but only one married a Jew. Several cases erupted against the estate plan. They were consolidated into one case and the question about the Jewish clause went to the appellate court. One of the grandchildren, Michele

Trull, who had married a non-Jew sued the co-executors of the estates. Those executors happened to be Michele's father, her aunt and uncle. Michele

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

claimed that the three had engaged in a conspiracy to evade estate taxes and had misappropriated millions of dollars from her grandparents' estates. Apparently the amounts left in the grandchildren's shares exceeded the Feinberg's generation skipping tax exemption. So the executors sought to enforce the Jewish clause to pull amounts back to the children's generation, to which the executor's belonged.

The executors of the estate sought to have Michele's case dismissed because the Jewish clause deemed Michele to have predeceased her grandparents and therefore she had no interest in the estate.

The appellate court's opinion explored the public policy argument voiding the Jewish clause. Such a clause is invalid if it encourages disruption of a family relationship, discourages formation or resumption of such a relationship, or seriously interferes with a beneficiary's freedom to obtain a divorce or exercise his or her freedom to marry.

It is conceivable that such clauses "could just as well result in the courts being required to enforce the worst bigotry imaginable," Justice Quinn noted. "Courts are not well suited to decide all the various questions that might arise in the enforcement of such conditions. What would happen if one of Max and Erla's grandchildren initially married a non-Jewish person but subsequently married a Jewish person? Would the grandchild be resurrected upon the second marriage?"

Justice Greiman, on the other hand, who dissented, examined a multitude of cases from outside Illinois. Most were decided in the 1950s or earlier, but sided with enforcing such a clause. According to those cases, "partial restraints on marriage are valid unless they are unreasonable, and therefore conditions on gifts prohibiting a beneficiary from marrying a specific individual have been upheld.

Given the heated exchange between justices Greiman and Quinn, the Illinois continued on page 40



Luxury Home Sale LEADERS VIP Realty is a proud member of Luxury Portfolio an international Real Estate network dominated by the world's most powerful independent luxury brokerages. We offer an exclusive marketing plan for Estate Homes! Call for details... Direct Gulf Front Condo Dramatic Gulf Front Views PRICE REDUCED PRICE REDUCED • 3 Bedroom - direct gulf front - 6 unit complex • 5 BR/ 5.5 BA with stunning frescos · Breathtaking views, large master suite · English gourmet kitchen & grand master suite · Glass enclosed lanai, direct stairway to gorgeous beach · 2-story guest house with art studio · Spacious fitness room w/sauna · Priced to sell, furnished, very spacious • \$7,900,000 (2900976) • \$1,295,000 (2801271) Jim Hall 472-5187 X 215 Steve Harrell & Toby Tolp 472-5187 x 252/253 Beach Front Home On Captiza Beachview Estate PRICE REDUCED · Great view of 10th green & lake · Fantastic rentals • 3BR/2BA home in South Seas · 3 BR/3 BA, study, formal DR · Gourmet kitchen, plantation shutters • New kitchen, marble floors, fireplace, and more • Terrific views of beach and pool · Security system & workshop • \$1,299,000 (2801146) • \$1,799,000 (2801402) McMurray-Nette Team 472-5187 x 250/266 Three Marketeers 472-5187 x 279 Sanibel Marina Canal Location, Location, Location • Ground floor, gulf front, 2 BR/2 BA Ground-level spacious 3BR/3BA home · Walk out your screen porch & you are in the sand · Boat dock on deep direct access waterway · Recently remodeled · Completely renovated, great location Fantastic rental histor • Beautiful appointments, private living suites • \$1,495,000.00 (2800353) • \$1,260,000 (2800588) David Schuldenfrei 472-5187 x 227 Mary Lou Bailey 239-472-5187 x 246 Live The Captiva Lifestyle. Gulf To Bay Estate • 2 BD/2 BA bay front condo Spectacular Gulf to Bay Estate with Exquisite details · Main house offers 4 bedroom, 4.5 bath with heated pool · Newly furnished, turn-key · Guest cottage 3 bedroom, 3 bath with gorgeous water views • Hurricane impact windows · Dock, lift and 28 ft boat all included • New docks, pool, tennis, clubhouse • \$5,995,000 (2800749) • \$1,200,000 (2900720) Karen Bell 472-2603 x 270 Susan Dunn 472-5187 x 238 VIP Realty Group, Inc. VIP Realty Group, Inc. 1560 Periwinkle Way, Sanibel 2000 Periwinkle Way, Sanibel (239)472-5187 (800)553-7338 (239)395-0607 (800)553-7338 (239)472-0996 Fax (866)472-5187 Int'l (239)472-0996 Fax (866)472-5187 Int'l



MLS

14970 Captiva Drive, Captiva (239)472-7800 (866)472-7800 (239)472-7861 Fax viprealty.com

32 ISLAND SUN - OCTOBER 9, 2009 Around The Islands With Anne A New Season Brings Fresh New Collections To Why Knot

by Anne Mitchell

urry over and see the new collection of merchandise that's arriving daily at Why Knot and Why Knot Relax women's clothing stores in The Village Shops. This season's colors are

cool and serene, as always, and the fabrics are natural,

soft and comfortable as you'd expect. But somehow Joan Chiaramonte and her daughter Jen have done it again - they've put together a fresh new look but within the same island-friendly parameters. They've been doing it for years, but I haven't seen them this excited. They tell me this is their best collection yet and it's flattering for all ages.

Scarves are a huge fashion accessory this year and while you might wonder what use you'd have for a scarf on Sanibel, you have to see how these scraps of fabric pull a simple outfit together - rather like jewelry - and give it attitude.



Why Not style is simple and comfortable

At Why Knot, you'll find the ever popular FLAX brand, along with Habitat, BKG cotton knit sweaters, Free People for the younger customer, and, of course, their signature Why Knot brand. The great thing about the store is that its clothing is timeless and you can mix and match many of the brands and update your older items with the season's latest

I especially loved the Pure sweaters - chunky, breathable cotton with a rare style that's been translated into ponchos, hoodies, jackets and vests, some with oversized but-

Why Knot and Why Not Relax share a space in The Village Shops, Sanibel, phone 472-3003.

Artist Pam Rambo, of the former Kirby Rambo gallery on Sanibel, launched a line of holiday greeting cards made on Sanibel. They're avail-

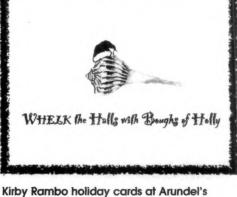
able at Arundel's Hallmark Shoppe in Heart of the Island shopping center. The cards feature seashells and are simple, clever and, in my mind, sure to be highly popular. Each anatomically correct seashell has a red glitter Santa hat perched on the top.



Chunky knit cape with hood by Pure at Why Knot

Gray and sage top and matching scarf at Why Knot





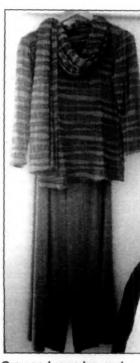
The Shellabrate the Season collection is made up of six different cards for Christmas and one design for Hannukah. Some examples: We KING'S CROWNS of Orient are; OLIVE want for Christmas is my feet on the Beach; and Oh CONE all Ye Faithful. For Hannukah, it's Happy Hanuconch.

The cards come in boxes of eight for

To mark the firm's 40-year anniversary. local Decorating Den owners Cliff Welles and Judy Underwood are having a Forty and Fabulous Dream Bedroom Makeover

The grand prize winner will receive a custom bedroom which includes a design plan; painted bedroom from CertaPro with paint from Benjamin Moore; a 6' x 9' Nourisan area rug; custom window fashions from Hunter Douglas; custom bedding and window products from Carole Fabrics; and lighting and accessories from Decorating

To enter the sweepstakes, participants must complete a short survey online at www.decoratingden.com. The winner will be selected from entries received on or





Bedroom scene from Decorating Den

LIVE ON THE ISLANDS Traders Store & Café has

reopened after its September hiatus and has Danny Morgan playing on Tuesdays and Thursdays, phone 472-7242. Ellington's Jazz Club &

Restaurant has live jazz seven nights a week from 7 to 11 p.m. at its new location at 1244 Periwinkle Way, Sanibel, phone 337-5299.

Biddles Bucket's entertainment line-up is: Tuesday, karaoke; Wednesday, David Barbar; Thursday, Robby Hutto and the Absent-Minded Band; Friday, karaoke; and Saturday, Steve Reynolds. Biddles Bucket is at 2499 Periwinkle Way, Sanibel, phone 472-2323.

John McLane plays jazz Wednesday nights at the **Twilight Cafe** Jazz and Sushi night starting at 6 p.m. Sushi is served in addition to the regular menu. The restaurant is at 2761 West Gulf Drive, Sanibel, phone 472-8818.

The Crow's Nest at 'Tween Waters Inn, Captiva, has live entertainment Fridays and Saturdays starting at 9 p.m.

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside.

Keylime Bistro on Captiva features live entertainment seven days and nights each week.

McT's Shrimp House & Tavern's entertainer on Friday and Saturday nights is Ira Wilkes.

The Jacaranda, 1223 Periwinkle Way, has entertainment nightly from 8 p.m. to midnight.

The Island Cow's live entertainment is from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak.

Danny Morgan and Friends play at **Casa Ybel Resort** pool bar on Sundays from 1 to 4 p.m.



Please visit our Island Sun online advertisers each week at www.islandsunnews.com. You can click through to their Web sites for more infomation about real estate, shopping, restaurants and services. Just click on the logos on the left and right sides of the front page.

Doc Ford's Fort Myers Beach Rum Bar & Grille at 708 Fisherman's Wharf, Fort Myers Beach, has entertainment most Friday and Saturday evenings and Sunday afternoon and evening.

Sunshine Seafood Cafe at 8750 Gladiolus Drive, Fort Myers, has live entertainment on Friday and Saturday nights featuring jazz and relaxing dining entertainment.

The weekly program at **Biddle's Restaurant & Piano Bar**, 20351 Summerlin Road, Fort Myers, is: Sunday, Gary and Glenda Goetz – piano and vocals, classics, oldies, easy listening; Monday, Chris Workman – piano and

ISLAND SUN - OCTOBER 9, 2009 33

vocals, easy listening; Tuesday, Billy McEvoy – piano and vocals, classics and artist impersonations from the '60s to '80s; Wednesday, Soli & Andre, Motown, R&B, country and Dance the Night Away; Thursday, Paul Ventura and Gary Goetz – piano and vocals; Friday, Soli & Andre, Motown, R&B, country and Dance the Night Away; Saturday, a rotation of entertainers.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@ aol.com or 395-2299.*

Top Ten Books

- 1. Guernsey Literary & Potato Peel Pie Society by M. Shaffer
- 2. Black Widow by Randy Wayne White
- 3. Thomas Payne's Common Sense by Glen Beck
- Rough Country by John Sanford
 Dead Silence by Randy Wayne White
- 6. Hardball by Sara Paretsky 7. Strength In What Remains by
- Tracey Kidder
- 8. Lost Symbol by Dan Brown
- 9. Associate by John Grisham 10. Battle For God by Karen

Armstrong Courtesy of Sanibel Island Bookshop.X



34 I ISLAND SUN - OCTOBER 9, 2009 New Kindergarten Teacher Mary Eileen McDonnell



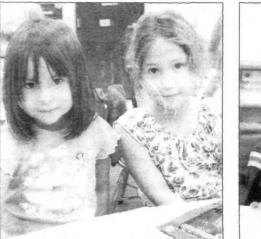
The kindergartners in Mary Eileen McDonnell's class

by Brian Johnson

t was impossible to replace kindergarten teacher Kathleen Zocki when she retired last spring, but the arrival of Mary Eileen McDonnell is making matters much easier.

"Mary Eileen has done a wonderful job," said Vice Principal Nancy McDole. "The children love her, the parents love her. She is nurturing. She expects a lot from the kids, and they are happy to comply."

McDonnell taught in Fairfax, Virginia before moving to Florida with her husband. She started at The Sanibel School in November, 2008 and worked as a tutor and





Amber LaBorde and Anicca Silvson

Daniel Paul and Jack Heidrick

math assistant. The timing was perfect for both her and the school to take over from the legendary Mrs. Zocki.

"I am so lucky," said McDonnell. "I have wonderful kids, a welcoming staff, and parents who are so supportive of me. I love the sense of community here, and the kids are so active... I love the school grounds – it makes for a wonderful place to work, all the new trees and plants have created a warm environment in which to learn." McDonnell grew up in the Chicago area and attended John Carroll University in

McDonnell grew up in the Chicago area and attended John Carroll University in Cleveland, Ohio. She earned her masters of arts in teaching at night while working full time at the investment firm TIA-CREF.

Her teaching career took her to Italy for two years, where she taught kindergarten at the International School of Turin; the children came from all over the world, though most had parents who either worked for Fiat or sat on the Olympic Committee. She enjoyed immersing herself into the Italian culture, and one of the features of her program at The Sanibel School will be making her students aware of the world outside of the U.S.

"The best part of kindergarten is the kids – I love their spontaneity and pure enthusiasm for all things that are small to adults!" she said. "And I love the fact that I can teach them a skill such as reading or writing that they will have for the rest of their lives."



Creating Your Own Personal Retreat



by Kym Nader ne of the

greatest luxuries we can have, and the most elusive to find, is time for ourselves. Nearly every minute of our lives is programmed with family, business, or social activities.

To better handle our multiple responsibilities, we need time each day to retreat to our own private place, where we can restore our tired bodies and souls. Get in the habit of taking time to pamper yourself. Here are some ways to create your own divine personal retreat inside your home

Eliminate Clutter. The first step to decorating a peaceful haven is to eliminate annoying disorder, like stacks of stress-provoking paper clutter. Discard dated material. Important papers should be filed in drawers or individually covered wicker file boxes. Magazines and other reading material can be attractively stored in decorative chests. Your decorator can help you find pretty and practical solutions for keeping your paper collection under cover.

Pamper Yourself in Sleep. There is hardly anything more restorative than a good night's sleep, enhanced even more so if followed by a leisurely morning in bed. Treat yourself to a glamorous setting that promotes lingering, so every day you can wake slowly to the joys of a new day. Tufted headboards, down comforters, plump pillows and romantic bed ensembles are just a few of the luxuries that can make your mornings more beautiful.

Create a Cozy Corner. Losing yourself in the worlds created by novelists is a wonderful way to escape from your daily routine. Prepare a quiet, cozy corner for uninterrupted time to read the latest bestseller or revisit a favorite book. Comfortable seating, proper lighting, and a handy table for books and beverages are essential furnishings. Consider a decorative folding screen for extra protection from outside distractions.

Make a Place for Beauty. There are certain routine aspects of life that have a tendency to wear us down. One such activity faced by women is the daily beauty regimen. Imagine how much more appealing the morning's ritual would be if you were sitting on a boudoir chair, before a lovely vanity table, with a large mirror and the appropriate lighting. Reflect in Luxury. Soaking in a tub is

a glorious way of unwinding. Create the perfect bathroom grotto ambiance with plants, candles, scented soaps and oils and soft ethereal music. Warm up the tile floor with a lovely chenille rug to match your luxurious bath sheets. The ultimate finishing touch would be a fabulous chan-

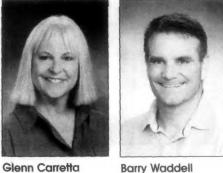
delier on a rheostat for soft night light. Soothe the Soul with Music. Every once in a while you need to force your active mind and body to slow down. One of life's greatest delights is listening to music. Music inspires a range of emotions, but one soothing suggestion is the sounds of Chopin, Debussy, or Pachelbel Their good-for-the-soul sounds make a soft background for reflecting and meditating.

Let Creativity Flourish. If you find peace in recording your life in a journal, pleasure in watercolors, or dream of writing a blockbuster novel, you need a solitary place to pursue these creative endeavors. Have everything at hand when the mood strikes. Whatever your style preference or budget allowance, you can have the perfect creative accessories.

Find Time for Peace and Quiet. To complete your serene setting, shut down the computer, switch the phone to voice mail, and turn off all the bells and buzzers. The absence of extraneous noise will allow you to get the most out of your personal retreat time.

Kym Nader is an interior decorator on Sanibel.亞

ISLAND SUN - OCTOBER 9, 2009 35 Sales Leaders



Barry Waddell

ohn R. Wood, Realtors Island Real Estate, Inc., has announced its sales leaders. Glenn Carretta achieved a marketing award for the most "qualified to sell" exclusive listings agreements. Her listing to sales ratio is the best in the business, says Jay Richter the com-

pany's managing partner. Barry Waddell received the sales pro-duction award. "Barry is gifted with the skill of finding buyers and matching them with the right places," says Richter.#

Email your editorial copy to: press@islandsunnews.com







Insurance Tip: Increase In Flood Rates



by Marge Meek

s of October 1 flood premiums will be going up by an average of eight percent, reflecting the National Flood Insurance Program's assessment of current and future risks. Unlike Citizens, who can build assessments into our rates to pay for past disasters, federal regulations prohibit rate increases due to past losses.

The \$500 deductible has been eliminated with \$1,000 being the starting point. What are some other ways to keep your flood insurance? Lower level openings on elevated homes are the best way to keep your premium down and protect your home from damage in case of a flood or storm surge.

Homes that are in the A flood zone, must allow flood waters to pass through the home in order to qualify for the lowest rate. An elevated home with an enclosure on the lower level needs vents on at least two walls that equal in square inches the number of square feet of enclosure. This zone is for flooding and the test for flooding is a watermark on the wall as the water recedes.

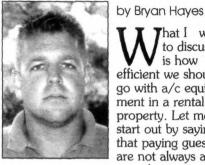
This is different than what is required for homes in the V flood zone and this is often the most confusing part when you are purchasing a house and want to know what insurance will cost. V flood zone homes anticipate a storm surge, thus breakaway walls are the criteria for getting the lowest flood rate on the lower level of elevated homes. But in order to get the lowest rate, which is a much higher rate than on A zone homes, the house can have no more than 299 square feet of enclosure with breakaway walls. Since garages are typically larger than that, most V zone homes pay a premium whether they have breakaway walls or not.

So, homes in A zones have flood vents, homes in V zones have breakaway walls. Having breakaway walls on an A zone house doesn't help your flood rate. Having vents in a V zone house doesn't help your flood rate. With flood zone changes that took place last year at this time, it is important to

understand that keeping your flood insurance up will insure you are grandfathered in to your previous zone and rate, if you went from an A to a V. You should also check and see if you went to an A zone from a V zone, as that could save you lots of money. Lee County property appraiser's Web site will give you that information or you can ask your insurance agent.

Marge Meek is a local Sanibel-Captiva insurance agent, who can be reached at mmeek@rosierinsurance.com.

Pay Now Or Pay Later With Cheap A/C System



That I want to discuss is how efficient we should go with a/c equipment in a rental property. Let me start out by saying that paying guests are not always as considerate as we

are when it comes to energy bills. When the need arises I know the temptation is to install the most economical equipment available, which is usually the least efficient, also known as the cheap stuff.

The reason we are tempted to do this is the bottom line. We have these properties as profit streams and if we spend high dollars on upkeep it cuts into the bottom line. This is where the title of this article comes into play. If we opt to install the least efficient equipment it will cost us less at first, but in the end the cost is usually much higher overall. Less expensive equipment does not hold its efficiency as long, resulting in higher energy bills. It breaks down more often, which can be a triple edge sword if that is possible, we have to pay for the repair, risk lost rental and possible future bookings and referrals by that individual.

Less expensive equipment usually has a softer warranty as well. And with equipment lasting for eight to 12 years on average you will be stuck with your decision for a very long time. Now the bottom line is not looking as good.

So the long and short of it is ... spend some time talking with your service provider. Find out what your options are and what his/her suggestions are, then make a decision based on all the facts not just the cheapest price, especially now with the governments energy incentives.

Thanks as always and keep cool. Bryan Hayes is a Sanibel air conditioning contractor. He can be reached at Bryan@sanibelair.com.

From page 8 **ABWA Meeting**

Ways Travel, has lived on Sanibel since 1981. Growing up in her family's camp-ground on Cape Cod, she was taught to respect and appreciate nature at a very early age. "We were living green before most of the world knew what green living meant," said Klein.

RSVP to Gayle Dehaan-Garland (godehaan@comcast.net) or call President Carol Simontacchi at 472-4499. The Sanibel-Captiva Chapter of ABWA meets the second Tuesday of each month at 6 p.m. at The Community House.

OUTSTANDING EAST END WATERFRONT PROPERTIES



1149 Paper Fig Ct

Deep Water Dockage. 2 story Mediterranean reconstruction. Dramatic double door entry with 12 foot ceilings. 4br/3.5 ba + den, dream kitchen opens to great room. Heated pool and spa w/ rock waterfall & slide. Seawalled w/ lift. Beach access, prime Shell harbor location. \$1,995,000

*Pictures & videos @ TeamSanibel.com

572 Kinzie Island

Canal Side, East End Residence. 5br/5ba estate hugged by royal palms & paths of flowers. 20' high entry/living room w/ fireplace & 14' pocket sliders opening to ent. patios w/ outdoor kitchen steps to private pool, fountain & path to dock w/ lift. Fireplace, surround sound, formal dining, Mahogany study & roof top sun deck. Exclusive Kinzie beach cabana/kitchen, tennis & community pool. \$1,990,000

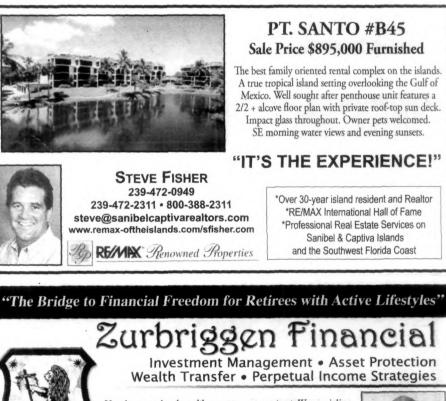
*Pictures & videos @ TeamSanibel.com



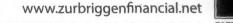
Glenn Carretta, Broker Associate John R. Wood, Island Real Estate



www.TeamSanibel.com - Check out 'The Carretta Report' for Glenn's weekly blog

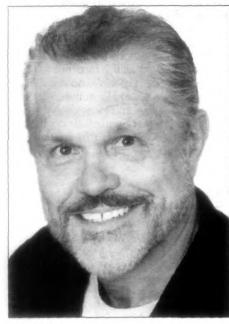


You deserve a local wealth manager you can trust. We specialize in helping simplify life's transitions of retirement, life without a spouse, or sudden wealth and offer independent investment management. Let me help you coordinate and implement your plans so that you can focus on things that are more important than money.



ber FINRA/SIPC, Rick Zurbrig

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520



Cliff Welles

AP (Accredited Professional) certification from the Sustainable Furnishings Council (SFC).

Welles has been a member of the premier organization in green furnishings since its inception. SFC is a non-profit coalition of suppliers, manufacturers, retailers and designers formed to promote sustainable practices in the home furnishings industry.

"This certification provides me with the materials and educational resources to further the cause of sustainable design in our work," commented Welles. "This is our way of promoting ecologically-friendly furnishings for both homes and commercial spaces. Every day more eco-friendly products are available for the home, usually at no extra cost to our clients, and at far less cost to the planet. We all need to be aware of these opportunities."

With his partner Judy Underwood, Allied ASID, Welles has served as the Florida regional director for Decorating Den Interiors since 1993, with design studios in Sarasota, Bradenton, Punta Gorda, Fort Myers, Bonita Springs/ Estero, and Naples, plus Miami, Coral Gables, Fort Lauderdale, Weston, Parkland and Boca Raton on the east coast. They will be sharing sustainable design training to each of those studio's owners, as well as to their own design team in the Bonita Springs and Sanibel Island locations they personally operate.

Underwood's work has been featured in shelter magazines and several hardback design books, including the recently published *Decorating...the professional touch!* by Carol Donayre Bugg, ASID, DDCD.

Originally from the midwest, Welles and Underwood have been in south Florida for 25 years, and now both reside in Southwest Florida.

ISLAND SUN - OCTOBER 9, 2009 37 Garage Wins Road Service Award

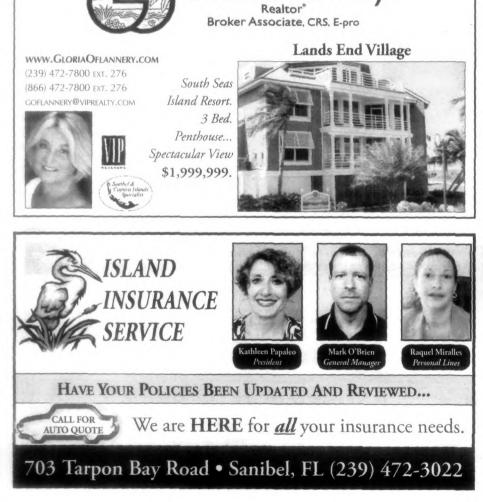


Island Garage has received the American Automobile Association's 30-year Road Service Award as well as a five-year AAA Approved Auto Service Award. Island Garage is family operated and has been in business for 34 years. It is located at 1609 Periwinkle Way. Pictured from left, Steve Longo, AAA field manager; Josh Morey, AAA regional manager; Mary Thomas, owner Island Garage; Jim Thomas, ASE certified technician; Ed

and ss for lired lorey, d

Schatzman senior vice president, automotive services AAA; Terry Beerman, ASE certified technician; and George Hoskinson, regional managing director AAA.





Gloria O'Flannery

38 ISLAND SUN - OCTOBER 9, 2009 Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My 92-year-old mother is driving me crazy. She is a very determined woman who has lived in the same house since her early childhood and has outlived two husbands there. She refuses to leave and go into a sheltered environment.

Her attorney says we should forcibly remove her. Her physician says that she should leave, and he would help us by giving her some type of medication. She requires around the clock help and they are robbing her blind. Keeping her in her home is very expensive and it would be

so much easier for us to have her where she would be safe. What would you suggest we do now? Andrea

Dear Andrea,

I do not think a 92-year-old woman should be in such control. While her spunk is an asset in some areas, something should be done to protect her from herself and help you with her care. If she refuses to help you, I think it would be appropriate for you to seek the help of authorities who are experienced with this type of problem.

Lizzie

Dear Andrea,

The short answer is, if your mother is competent, can afford in-home care and is reasonably safe, she can live where she wants to live. If she is not competent, cannot afford the services she needs in the home and is unsafe, abused and/ or neglected, there are proper and legal avenues to use.

Talk with her attorney to understand legal competence. Talk with Adult Protective Services to gain an understanding of the statutes around abuse and neglect. Your family is not the first or the last to struggle with this issue. There are community resources and professionals that can assist you and your mother with a plan.

Pryce Lizzie and Pryce's email address is momandmeaging@hotmail.com.芬

The Autism Fund **Provides Funding** For Local Girl, 4

ost preschool aged children spend their afternoons playing on swing sets, finger painting or watching Sesame Street. But that is not always true for children with symptoms on the autism spectrum. Many of these children spend their afternoons trying to learn behaviors that come naturally to most children but are difficult for them because of their disabilities.

Grace, age four, of Naples, has been receiving Applied Behavior Analysis (ABA) therapy, thanks to a grant from The Autism Fund, Inc., a Florida charity launched in 2008 with the goal of making this therapy available to needy children on the autism spectrum who live in Lee and Collier counties.

Evidence clearly shows that children with autism can make significant improvements if they receive intensive ABA therapy at a young age.

The grant to Grace was the first given by The Autism Fund, and was made possible by a group of Naples neighbors from Windstar by the Sea, who held a 5k run/ walk to raise money for the fund. This money, coupled with contributions from her family members, is being used to help defray the cost of treatment, which can be lengthy and expensive.

There are hundreds of needy children in Lee and Collier who could benefit from such treatment, but whose families cannot

Got A Problem?

Dr. Connie Is In



Grace

afford it. The Autism Fund is a local charity and all money raised is spent directly on local children. In addition, its manager and all but one member of its board of directors live and work in Southwest Florida

For the last six months, Grace has spent two afternoons a week at her therapist's office. When she began therapy she was unable to follow simple directions, interact with her mother or control her emotions. As a result, she would become overwhelmed with fear in situations that most children find to be neutral or even enjoyable. Simple things like going to the store, eating at a restaurant and attending continued on page 40

A sleep study is a non-invasive test which records your breathing, oxygen level, heart rate, muscle tone and rhythm while you sleep overnight at a sleep center or a private hotel room at the center.

Insomnia is primarily treated with behavioral approaches including the relearning of sleep habits. Sleep apnea may be treated by one or more of a combination of therapies: nasal device/ breathing CPAP machine, surgery, and/ or dental appliance. Narcolepsy and restless leg syndrome are treated with medications.

Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at Connie@drconstance.us.



IONA SCHOOLHOUSE* 15961 McGregor Blvd 685 & 4745 Sq. Ft. Office Space Negotiable Rates Available

includes 7 boat slips. Negotiable Wet & Dry Boat Slips Available

Commercial Leasing

ANNEX AT SUNSET* 10801-31 Sunset Plaza Cir. 1360-2724 Sq.Ft. Warehouse/office Space Negotiable Rates Available

INVESTMENTS

Lisa.Bramm@RLRLLC.com

A REAL ESTATE INVESTMENT COMPAN

*Fort Myers Locations

CAPTIVA **₩ILLAGE SQUARE** 14970 Captiva Dr. 1000 So Ft Office/Retail Negotiable Rates Available

THE PARAMOUNT BUILDING* 7290 College Prkwy. Four Story Office Building 376-2416 Sq. Ft. Negotiable Rates Available

MATZALUNA CENTER 1200 Periwinkle Way 800-2400 Sq. Ft. Office/Retail Space Negotiable Rates Available

www.LeaseOnSanibel.com

by Constance Clancy Q: I may have a sleep disorder

and I want to know how sleep disorders are diagnosed and treated? A: The initial step toward a diagnosis begins with

the awareness, as you have, that a problem exists by the patient, bed partner or physician.

For some disorders such as insomnia or restless leg syndrome a medical history and a sleep diary can help determine what kinds of tests or sleep study would be in order to determine the exact problem.



ISLAND SUN - OCTOBER 10, 2009 39

deaRPharmacist

by Suzy Cohen, RPh **D**Pharmacist: I'm very tired

and weak without my thyroid medicine. Now, I'm concerned about the thyroid shortage and worried that there will not be medication for me. What else can I do?

M.K., Gainesville, Florida

There will always be thyroid medication, don't worry. While this is all getting sorted out by the manufacturers and the FDA, let me assure you that it's possible to create more thyroid hormone naturally. You can also make your cells more sensitive to circulating thyroid hormone.

The active version of thyroid hormone is called T3 and it makes you feel "awake." The inactive hormone is called T4. In order for you to feel well, have energy and burn carbs and fat, your body must be able to convert T4 to T3. It's pretty easy to do. Low thyroid (T3) can cause depression, weight gain, brittle nails, cold sensations and thinning hair.

Low thyroid (T3) will trigger your brain to produce some TSH (Thyroid Stimulating Hormone) which shouts at your thyroid gland, "Make more T3, we don't have enough!" When the gland makes some more T3, the TSH hushes up. It's a complex feedback loop, but that's the gist. With that in mind, here's some more advice that can help you regain healthy thyroid levels:

Iron: You need sufficient levels of iron to make thyroid hormone and to get it into your cells where it works. Women with a heavy monthly flow often run short on iron. You can measure iron stores (called "ferritin") with a simple blood test.

Trace Minerals: They help you convert T4 to T3 and include zinc, selenium and chromium. These minerals double as antioxidants which means that they do good housekeeping on your cells and protect the thyroid gland from destructive free radicals. It's an inexpensive fix, take "chelated" minerals or drink green food supplements that contain marine-derived compounds.

lodine: Another trace mineral that is absolutely critical in making thyroid hormone and also in protecting against breast cancer. It's shocking but white bread often contains bromine which can cause iodine deficiency and interferes with thyroid functioning. So iodine is helpful to your thyroid, bromine is not. Ashwagandha: In animal studies, this herb stimulates more T3 production. Additionally, it nourishes tired, stressed adrenal glands. This causes your stress hormone cortisol to come down, and it may help you lose belly fat. Guggul: You get a lot of bang for

Guggul: You get a lot of bang for your buck with guggul because it helps you make more T3, it can lower cholesterol/triglycerides and it may relieve joint pain and osteoarthritis.

Insulin: When serum insulin is high, thyroid hormone can't work well. You can bring insulin levels down by exercising and taking various supplements which I outlined for you in a prior column (now posted at my Web site, www. DearPharmacist.com).

DID YOU KNOW?

Essential oils should be avoided for 10 days following chemotherapy administration.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. dearpharmacist.com.\$

Sanibel School Fund Targets Technology

Parents and friends of The Sanibel School are planning a year of fundraising activities to help the school pay for the replacement of desperately needed computers and other

technology. Only about half of the middle school laptop computers are operational and those that still function are agonizingly slow. In the elementary school lab, onethird of the computers there don't work

anymore. "There are plenty of worthy charities on the island, but we think educating the children who attend The Sanibel School should be at the top of everyone's list," said Craig Holston, president of the Sanibel School Fund, a 501(c)3 organization.

The Sanibel School earned a National Blue Ribbon designation from the U.S. Department of Education last year in part because of the programs supported by the Sanibel School Fund.

The nonprofit organization raises money to pay for school enhancements with a variety of fundraisers. This year's plans also include an event celebrating the 100th anniversary of The Sanibel School.

Holston said the success of fundraising efforts depends on the parents and the community working together. "We're always looking for people who might be willing to lend a hand," said Holston.

If you'd like to help, contact Holston at 472-1707. The School Fund members meet every third Wednesday in the conference room of The Sanibel School for one hour. The next meeting will be held October 21 at 8 a.m.

FGCU Graduate Open House

Florida Gulf Coast University invites prospective students to attend the Graduate Studies Fall Expo to learn about post-baccalaureate study opportunities at FGCU, 5 to 7 p.m., Wednesday, October 14 in the Student

Union ballroom. Throughout the evening, faculty, staff and students discuss FGCU's 31 graduate and doctoral programs in business, counseling, criminal forensic studies, criminal justice, education, English, environmental science, health professions, public admin-

istration and social work. Representatives are available from FGCU's Testing Center, Financial Aid and Scholarship Office and Campus Recreation. The Office of Graduate Studies provides admission requirements.

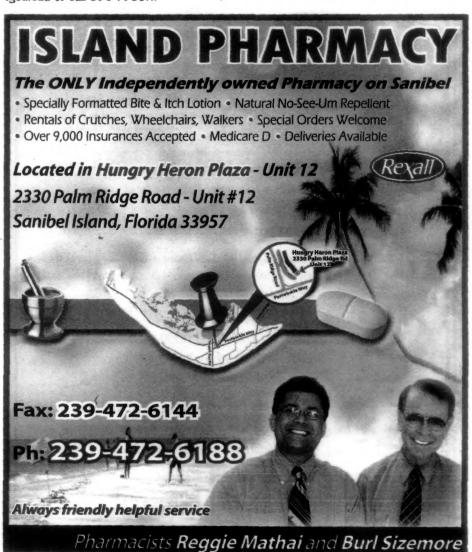
Prospective students are encouraged to visit or RSVP by email at graduate@ fgcu.edu or call 590-7988.* Sleep Better, Improve Memory workshop on Sleep Better -

A Improve Memory will be held on Tuesday, Octiber 13 from 10:30 a.m. to noon at The Community House. It one of the brain fitness workshops sponsored by LEAF Ltd. every Tuesday morning at The Community House, located at 2173 Periwinkle Way. The workshop offers tips on how to get to sleep or get back to sleep as well as presenting information on the relationship of quality sleep to good memory.

Also at The Community House every Wednesday afternoon is a "brain gym" from 1:30 to 3 p.m. This is an opportunity to try computer-based brain exercises to improve memory, attention, visualspatial perception, and other cognitive functions. A real gym was never this much fun – and no prior knowledge of computers is required.

The cost for the workshops and brain gym are \$15 each. No pre-registration is necessary. Call Lynn at 247-4277 for more information or questions.

Read Us Online: www.IslandSunNews.com



SOUTHWEST FLORIDA DENTAL GROUP 15650 San Carlos Boulevard 489-1118

Carmen J. Aulino D.D.S. • David G. Carlton D.D.S. Eric Baxmann D.D.S. New Patients and Emergencies Welcome

40 ISLAND SUN - OCTOBER 9, 2009 From page 38

Autism Fund

preschool would trigger uncontrollable bouts of anger, screaming and crying. Thus, Grace was becoming isolated from society, unable to attend preschool, to make friends, and to enjoy being a child.

Her therapist says, "Because of her therapy, Grace can now interact in a successful and enjoyable manner with her mother. She is able to follow directions and is able to quiet her own fears when they begin to overwhelm her. She is becoming comfortable in settings that used to be painful for her. She has learned to enjoy the beach, to go on short trips to the store with her mother, and to attend Sunday school. With continued therapy, her future shines bright.

Attending school, making friends, and living a typical life are now all within her reach. $\overset{}{\leftrightarrow}$

From page 29 Ed Frank

But their swan song to the Metrodome was delayed at least one more day and maybe longer, if the Twins defeat the Tigers in Game 163 to win their fifth AL Central crown in the last eight years, all in the eight-year tenure of Manager Ron Gardenhire. The Twins or Tigers face the difficult task of taking on the New York Yankees in the best-of-five divisional playoffs. The Yankees, with the best record in baseball at 103-59, will have home field advantage.

Let's not forget our other spring training home team, the Boston Red Sox, who won the American League wild card slot. Boston finished 95-67 and will oppose the American League West Division Champion Los Angeles Angels.

Regular season records mean little when it comes to October baseball. The best teams don't always win as the history books tell.

The baseball experts rank the Twins and/or Tigers as the weakest of the eight teams to advance to post-season play. Don't be surprised if the experts are wrong again.

Mauer Wins Third Batting Title; Favorite to Win American League MVP

Joe Mauer, the sensational young catcher for the Minnesota Twins, captured his third American League batting title in the last four seasons, finishing the regular season with a .364 average, 12 points ahead of Ichiro Suzuki of Seattle. It was his highest batting average in his sixyear Major League career.

Despite missing the first month of the season with a back injury, Mauer's on base percentage (.422) and slugging average (.586) also topped the league. Hitting for power, he had 28 home runs and 96 RBIs.

With their star first-baseman, Justin Morneau, sidelined, Mauer kept the Twins in contention, not only with his bat but with his behind-the-plate skill in handling pitchers.

From page 8

Rotary Happenings

weren't ready for the chaos that ensued -traffic gridlock! Parking was a nightmare and the police expressed grave concern for the safety of everyone. Needless to say, that was a wake-up call that we were way over on heads on this one. The club dropped the pancake break-fast and the two-day Valentine weekend Rotary Arts and Crafts Fair returned to The Community House. Fewer vendors but better organization. Over the last 30 years, the Sanibel-Captiva Rotary Club has had the opportunity to use the money raised from our arts and crafts fair to make a number of wonderful donations to the worthy causes in our community and beyond. One that we are most proud of is our \$125,000 contribution to build The Sanibel School Cafetorium.

Through our speaker series, we get to hear about the positive work of a number of organizations throughout our area and around the globe and Rotary International causes for the fight against HIV/AIDS, polio and fighting for world literacy and clean water.

Two of the most powerful tools for members of Rotary International is the genuine belief in the motto: "Service Above Self;" and being mindful of Rotary's four-way test; 1. Is it the truth? 2. Is it fair to all concerned? 3. Will it build good will and better friendships? 4. Will it be beneficial to all concerned?

From page 31 Will Power

Supreme Court agreed to hear the case. In its decision, the Illinois Supreme Court unanimously upheld the right of individuals to unequally bequeath assets based upon religious beliefs. The court cited that individuals could legally disinherit any family member who married outside of a particular faith, so long as such a method did not encourage divorce, which would be against public policy.

Supreme Court Justice Rita Garman wrote, "although those plans might be offensive to individual family members or to outside observers, Max and Erla were free to distribute their bounty as they saw fit and to favor grandchildren of whose life choices they approved."

The court determined that at no point did the trusts encourage the grandchildren to divorce or remarry within their faith. Garmin noted that the trusts' provisions were not intended to control, but rather "made a bequest to reward, at the time of her death, those grandchildren whose lives most closely embraced the values that she and Max cherished."

This important decision upholds a person's right to include conditions in his.

Thirty years of history, the history of working and having fun together, accomplishing goals and knowing that you can make this world a better place. That is what Rotary is all about.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday morning at Beachview Steakhouse. If you would like to attend one of our upcoming meetings or get information regarding Rotary International call 337-1099.‡

From page 1 Girl Scouts And Brownies Collect Tabs

Ronald McDonald House offers a home-away-from-home for the families of seriously ill children receiving medical care in Southwest Florida. The house offers families a temporary home 24 hours a day, seven days a week.

Participants collect pop tabs instead of entire aluminum cans because the tabs are pure high-quality aluminum. After the tabs are collected they are weighed to determine their value, and the Ronald McDonald House receives a check for the value.

If you would like a tab collection box for your store or home, contact Troop Leader Diane St. Pierre at 472-9211. The troop will collect tabs until November 7. The troop is also going to cook a meal for families at the house.

The Fort Myers Ronald McDonald House serves approximately 200 families each year. For more information about the local Ronald McDonald House, call 437-0202. The house is located off Bass Road, behind The Children's Hospital at HealthPark.[‡]

or her trust on inheritance. This decision likely extends beyond religious preferences. Trusts that have conditions imposed upon a drug addicted or alcoholic beneficiary prior to receiving their inheritance will also likely benefit from this ruling.

If you wish to include conditions on a beneficiary's inheritance, it would be wise to consult with your estate planning attorney to make sure that the provisions are properly drafted to minimize the chances that a beneficiary successfully challenges them.

©2009 Craig R. Hersch. Learn more at www.sbshlaw.com.🌣

From page 1 Migratory Birds

Where to find the birds

Watch fig trees in particular to see some of these birds. The warblers and vireos feed on the bugs attracted to the fruits and the tanager, grosbeaks, and thrushes feed on the fruits themselves.

SANIBEL IOK RACE 4 F.I.S.H. In cooperation with the Fort Myers Track Club. . . TRACK CLUB . F.I.S.H. (Friends in Service Here) is sponsoring a 10K race on Sanibel. Proceeds to Benefit F.I.S.H. of Sanibel, Inc. SATURDAY, OCTOBER 17, 2009 7:30 A.M. Special awards include a T-Shirt and Medallion for all runners, Special prizes for the winners and a Souvenir Packet from Sanibel. Sponsors are an important part of the success of this 1st Annual Event. There are three categories of financial support which will feature different size logos on the back of the shirts, banners displaying logos, internet and newsprint publicity, posters throughout the area and promotional items to be included in the souvenir packet. Support Levels: GOLD \$750.00 - \$1000.00 \$500.00 - \$ 749.00 SILVER BRONZE \$250.00 - \$ 499.00 We appreciate your support to assist F.I.S.H. of Sanibel where 170 volunteers help over 500 clients with transportation, food pantry, visitations, financial assistance, health referrals, meal delivery, hurricane information and planning and medical equipment. For Further Information, Contact: Joel Soobitsky 472-4003 or FMTC 332-IRUN F.I.S.H. of Sanibel, Inc. is a 501 (c)3 non-profit organization.



														ין	JZ	22	1		1	4	NSWERS			
	SUDOKU										KING CROSSWORD										MAGIC MAZE	SUPER CROSSWORD		
1	2	7	3	8	9	6	5	4	G	A		F	S	T	-+	B	G	+	D	-	ASIAN STOCK EXCIIANGES	MASIC ANKH LEHAR ABASH ORAL BANE ERODE MEDEA IMSIOQUTOE NEPAL PLAINT		
8	3	4	6	2	5	7	9	1		A		O R E	A	RU	-+	A		E	E	-		IMSOOUTOF NEPAL PAINT YEGG ATTY MIA REDS URIS ECHO EXODUS		
9	6	5	7	4	1	8	3	2				KN	IE	E		TI	JT	+	R	-	M	SHAPETHATWHENEVER OER CAPE ALENE CARR		
4	5	8	2	6	3	9	1	7	SH	1	RI		F	A	-+	-+-	S E		M		MALAYSVAP	DEARTH STARLIT CACHET ALLOY BOOST DOVE TOBE		
7	9	6	5	1	8	2	4	3	E	W	E	F	-	R		S	G	+	+	-	NU ARHAB A	URSA NAS AMISS DEL IGOTOTHE BEACHALL		
2	1	3	9	7	4	5	6	8	M	-	-+-	EF	+	S	Т	E		+	-	4	HUWELE	N A P L E A S H G B S W R A Y C L E M R I T A L A P I S R E G A L H A R D E N E R R A T L C A F R L C A		
6	8	1	4	5	7	3	2	9	G		A M	L E	-	A		NI	- D	E	N			SASS HELENNEIL GAS THEMENDRESSMEWITH		
5	7	9	1	3	2	4	8	6	A	+ +	1	۷	-	+-+	Ρ	-	T	1	С	2	MAN DO ANN	CAREER MESA RAVI THAL YET HERA EDAM		
3	4	2	8	9	6	1	7	5	E	0 N	NE	N		E	A L	1	P A S P	+	+	-	at a s	EARNS TOWER THEIREYES AROSE IITALY CELL SLAP MONET CONDE HAIL TATA		

PROFESSIONAL DIRECTORY



ISLAND SUN - OCTOBER 9, 2009 43 PROFESSIONAL DIRECTORY FULL SERVICE SALON & MASTER BARBER PET SITTING REMODELING NOW OPEN! slandStyles Island Pet Sitting SNIPITZ.SALON Remodeling Hair & Nail Design Studio Award Winning Design & Construction Services Kitchens - Baths - Additions - Decks - Complete Renovations. MASTER 15560 McGregor Blvd (Bruno's Plaza) Kelly Tyrrell Local Islander owned and operated to serve you! BARBER Come visit our New Design Center and Kitchen Showroom located at 975 Rabbit Road next to Doc Fords & Sanibel Fitness Center 415-1862 STYLIST Island Resident **BARB • RANDI • MIKE • SUE** 472-0355 395-9999 Formerly of Scarlett O'Hairs GLADIOUS www.islandstylesremodeling.com MCGREGOR X Jonathan Tongyai - State Certified General Contractor CGC1508056 NKBA Certified Kitchen Designer - NARI Certified Remodeler SUMMERLIN kellykelly07@aol.com A FULL SERVICE SALON REMODELING REMODELING **IMPACT WINDOWS & DOORS/GLASS Gulf Shore Architectural Products** "Big or Small, We Renovate It ALL!" and services Windows REMODELING **Home Renovation Experts** Kitchen * Bath * Studios * Garages * Excellent Prices!! Excellent Quality! Workout, sewing & craft rooms * Home office * Closets & storage * Framing & Drywall Kitchen & Bath Cabinetry USA Attics * Driveways * Wine cellars * **Entertainment Units** Floor & Shower Tile Work Greenhouses * Decks * SWFL Window and Door Specialist" **Built-In's** Interior Trim & Moldings Custom Closets CALL RANDY (239) 671-4603 Library Designs Windows Plus Licensed & Insured 1415 Colonial Blvd., Fort Myers FL 33907 www.GulfShoreArch.com **PGT Windows & Doors** Phone: 239-267-5858 serving SW Florida (239) 738 - 2329 10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908 State Cert CGC-020491 Fax: 239-267-7855 Lic. & Ins cbc0250550 ... "Ask About Our Rental Ready & Sale Ready Programs" E-mail: windowsplusllc@earthlink.net Quality Workmanship Affordable prices Mobile: 239-872-0709 **TREE & LAWN CARE** REMODELING **TILE & STONE INSTALLATION** * Jesus Hernandez * Robley Parish Ceramic Tile, Inc. Cook & Son, Inc. LAWN CARE & Installation of Tile & Stone New Construction and Remodeling **TREE SERVICE** CGC1507121 www.jesuslawncare.com • Over 40 yrs. experience in area Custom Remodeling • Excellent References upon request Kitchen • Baths • Carpet • Tile • Hardwood Insured Concrete Restoration • Water Proofing Sanibel License #53-14475 Landscaping • Tree Service • Stump Grinding • Stucco • Plumbing • Electrical Ph: 239-369-8847 Landscape Design • Ponds • Waterfall Installations Cell: 239-470-3305 Landscape Refurbishing • Pepper Clearing Fax: 239-369-6511 Office: 472-9137 • Cell: 691-8445 12 years serving San-Cap & Ft. Myers HANDY SERVICES DRAPERY/WINDOW BLIND CLEANING & REPAIR POOL SERVICE & REPAIR CLEARVIEW Islands Premier Pool Service ON-SILE Professional Weekly Service HANDY SERVICES Fast Expert Equipment HunterDouglas "YES WE DO THAT" Repair and Replacement CERTIFIED TECHNICIANS Deep-End TWOOD ROT REPAIR T DECKING TROOF REPAIRS Specializing in WINDOW & DOOR REPAIR / INTERIOR & EXTERIOR CARPENTRY DRAPERY CLEANING **Pool Service** Gulfstream Pool Heaters 7 SCREENS 7 SOFFIT & FASCIA 7 DRY WALL REPAIR WINDOW BLIND CLEANING & REPAIR We Come To You! 239-699-6279 CALL JEFF BERGER AT 239-265-2827 **Robert Crawford** License # 0707041 License # 050524 25 years experience Lic # CPC1457386 Phone (239) 267-8405 09-00014233 CONSTRUCTION/REMODELING IMPACT WINDOWS & DOORS/GLASS HOME BUILDING & REMODELING Cooper Construction Inc. Licensed # S2-11975 Insured **CUSTOM HOME BUILDING** Commercial & Residential is a family run business serving SWFL for over twenty years. AND REMODELING SPECIALISTS Stevens & Sons Glass WE OFFER: New Construction • Remodeling **Replacement Impact Windows & Sliding Doors.** New Construction • Framing • Custom Builds • Meida Suite Commercial Mirrors, Tub & Shower Enclosures, Store Fronts, Remodeling Exercise room Porch Enclosures, French Doors, Plate Glass 472 - 5444Mark Custom Carpentry Custom Stone & Marble to meet all residential and commercial needs. Specialists in impact condo complex replacement McQuade We can design, build and manage any edeavor you dream up. **Open Your** GENERAL CONTRACTOR Kerry Cooper David Herman Doors to Quality 239.776.6782 239.454.5699 2416 Palm Ridge Road Phone: (239) 472-0032 The Islands' Longest Established Construction Business nosnowhere@earthlink.net License: CBC1255742 busyboyk@aol.com Sanibel Island, FL 33957 Fax: (239) 472-0680 Lic#: CG013441





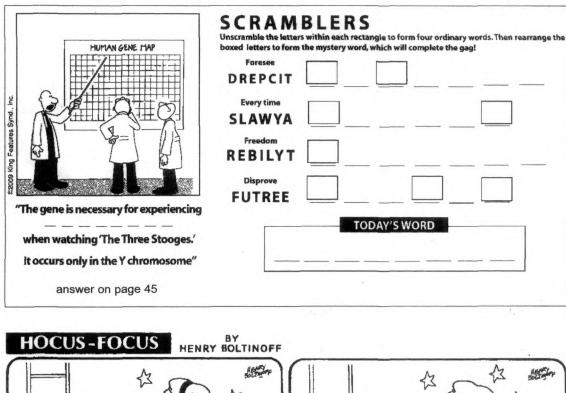
 \star \star \star Read us online at islandsunnews.com \star \star \star

1					9		5	
	3		6			7	-	1
		5		4			3	
4			2					7
10200	9				8	2		
		3		7		5		
6			4					9
	7				2		8	6
		2		9		1		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box). There is no guessing and no math involved, just logic.

answer on page 42

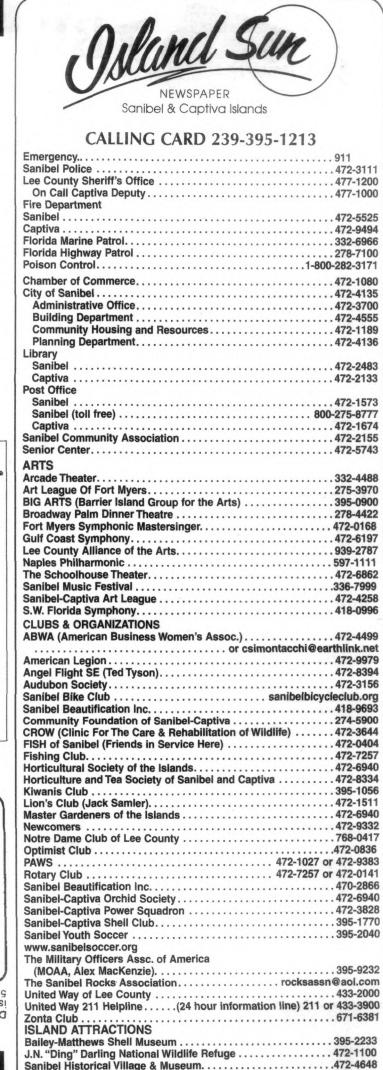


 \star \star Read us online at islandsunnews.com \star \star

		20	_	Southers
1	7	*		
	112-	32		-
E	100		*	
/	, 19		A.M.	
オー	N	R	1	
1	/		adin	



Differences: 1. Letter on jersey is smaller. 2. Girl's hair is added. is different. 3. Crossbar is missing. 4. Star is added. 5. Stripe on hat is missing. 6. Girl's collar is different.



SCCF (Sanibel-Captiva Conservation Foundation)472-2329

Answers page 42

BEACH CHAIR PASTIME

	al al a		Jan		S	u	p	e	r	Cı	0	SS	W	70	rc	l_		RU		
	oss		6	1 Me			103					nay t	e		Valer Harp		9	2 "-	- may	
5	Not fe Egypt	tian	6	2Ah		to		rema	rk		8 Bu	sik			sitcon	n		kin	ıg"	a
	symbo Fred		. 6	the 3 Pia	foot				long-	?	9 Ac Ca	riou			Decis			13 Sv 15 Fe		first
	Disco			5 Shi	ake- earea	n		Arizon	na cit	y 1		chaic	lion		defea		ag	far 17 Ac	nily	
19 (Unive	rsity		infi	nitive	1		Shan	kar		1 Sp			58	Gent	le —		_	rique	
20 \$	ordea Sourc		6	6	. bas		115	Even	SO	1	3 As	sist		59	Com	pose	r	Re	eville	
	ruin Wear	dow		9 Wr		La	117		Zeus			irrent			Frank		10	do Do	ubter	
	Mythic				rza			expo Merit		1		ature	ell.		Irania religi			12 Ha		ative
23 :	Start	of a	7	2 Pa			125	Light	house	9	Fr	ancoi	s!"		Opin Drac			6 "Ya		imo
25 :	Sherp	a sit	e 7	6 Pa	140	f	129	End	of		8 Ba	rthold		70	Boa, but n			18 Mc	ost	
(cover	?		8 Vel			132	rema Crop			CL	ew abbine			cobra	2	10	9 Cu		
	Safec Part c			fea 9 Ter	rier			up Po la	nd	2	Property of the property of th	oblem	1.		Foot Wing		11	0 Co	mpos	
	Farron	w or		tet		lion"		Conv				eature ergre		74	dings "Tom		or 11		plan	d
32 (Cincir	nnati			nogri	am		Clout	aca	d	tre				"Tani haus	n -			lution	
33 /	Autho		n	sta	r	ong		artist			wh	nacke			Treas	sure		or	Nets	
1	Canyo	b		IS Mr. Ka	diddi	e-		Publi Nast		3		prosco		77	"Son	e		6 Do do	g	
	Novel Acros			hoj 17 Ru	pper dner	or			hard erio!"			- Hav			Cam			8 Im 9 Big		
	Part 2 remai		5	Ga		1	DOV	IN		-		verw		80	"Spa	nish		21 Au		
47	- th	le lan	d s	0 Fit	for a		1	Miss		4	IO Ma	arinel		84	song)		2 Po	tatoe	's
1	of the free .		ş	14 So 16 Un	predi	ict-		Pigg	oun		11 Ba	ar sup	ply		Thyre	ary	12	24 Ari	range	
	Drac's Coeu			abl		to		Bunc	tions			af pa		82	Horre			typ 6 Pa		
	ID Singe	ar Vik		find	d a nec			Mani enc.	uscrip			asa -			Book	part		27 Yo		
54	Scarc	city	ş	9 Be	braz		4	Becc			Na	ationa			staffe			bo	oze	
	Like a romai	ntic			aubel			block		4	16 Pl	ark ace ir		99	Com	plete.	5 13			or of
	eveni Presti		10	11 50				-							the c	ake		W	is.	
_					daka non		6	Boris		6		ramic				ake Loo		Will En	is.	
1	2	3	4				6			9	py	ign and			the c Anita	ake Loo	s 13	Will En	is. ns, fo	
1	2	3	4		non	or	6	side			py 51 Fe	ign and	5	91	the c Anita	ake Loos edy	s 13	Wi S1 En ins	is. ns, fo stanc	е
	2	3	4	Sir	non 5	or	6	side		9 21	py 51 Fe	ign and	5	91	the c Anita	ake Loos dy 14 22	s 13	Wi S1 En ins	is. ns, fo stanc	е
1 19 23		3	4		non 5	or 6	6	side	dick	9	py 51 Fe	ign and	12	91	the c Anita com	ake Loo: edy 14	s 13	Wi S1 En ins	is. ns, fo stanc	е
	2	3	4	Sir	non 5	or	6	side		9 21	py 51 Fe	ign and	5	91	the c Anita	ake Loos dy 14 22	s 13	Wi S1 En ins	is. ns, fo stanc	е
		3	4	Sir	non 5	or 6	6	side	dick	9 21 25	py 51 Fe	ign and	12	91	the c Anita com	ake Loos dy 14 22	s 13	Wi S1 En ins	is. ns, fo stanc	е
23	27	3		Sir	1000 5 20	or 6	6	side	cick 29	9 21 25	10	ramic eign	12	91	the c Anita com	ake Loo: 24 22 26	s 13	Wi Ins	is. ns, fo stanc	е
23	27			Sir	1000 5 20	or 6	7	side#	cick 29	9 21 25 36	10	ramic eign	12	91	the c Anita com	ake Loos edy 14 22 26 40	s 13	W 31 En ins	is. ns, fc stanc	е
23 41 47	27		33	Sir 24	1000 5 20 34	or 6	6 7 44	side#	29 35	9 21 25	10	ramic eign	12	91	the c Anita com	ake Loos edy 14 22 26 40	s 13	W 31 En ins	is. ns, fo stanc	e 18
23 41 47 54	27		33	Sir	1000 5 20 34	or 6 28	7	side#	cick 29	9 21 25 36	10	amicologian	12	91	the c Anita com	ake Loos edy 14 22 26 40	s 13 15 32 51	W 31 En ins	is. ns, fc stanc	е
23 41 47 54	27		33	Sir 24	1000 5 20 34	or 6	6 7 44	side#	29 35	9 21 25 36	10	ramic eign	12	91	the c Anita com	ake Loos edy 14 22 26 40	s 13	W 31 En ins	is. ns, fc stanc	e 18
23 41 47 54	27		33	Sir 24	1000 5 20 34	or 6 28	6 7 44	side#	29 35	9 21 25 36	10	amicologian	12	91	the c Anita com	ake Loos edy 14 22 26 40	s 13 15 32 51	W 31 En ins	is. ns, fc stanc	e 18
23 41 47 54	27		33	Sir 24	non 5 20 34 48	or 6 28	6 7 44	8 45	29 35	9 21 25 36	10	ramic eign 111 38 63	12	91	the c Anita com	ake Loos edy 14 22 26 40 50	s 13 15 32 51	Wisi En ing 16	is. ns, fc stanc	e 18
23 41 47 54 61	27	43	33	Sir 24	non 5 20 34 48	or 6 28	6 7 44 57	8 45	29 35	9 21 25 36	10	ramic eign 111 38 63	12 30 46	91 13 39	the c Anita com	ake Loos edy 14 22 26 40 50	s 13 15 32 51 65	Wisi En ing 16	is. ns, fc stanc	e 18
23 41 47 54 61 72 78	27	43	33	Sir 24	5 20 34 48 67	or 6 28	6 7 44 57	45 68	29 35	9 21 25 36 49 81	9951 Fee 10 37	ramic eign 11 38 63 69	12 30 46 76	91 13 39 64	the c Anita com	ake Loo: edy 14 22 26 40 50 70	s 13 15 32 51 65	W 31 En ins 16 52 71	15. 15. 17 17 153 153	e 18 60
23 41 54 61 72 78 85	27	43	33	Sir 24 56 79	non 5 20 34 48	or 6 28	6 7 44 57 75	45 68	29 35 58	9 21 25 36 49	9951 Fee 10 37	ramic eign 11 38 63 69	12 30 46	91 13 39 64	and a second sec	ake Loos edy 14 22 26 40 50	s 13 15 32 51 65	W 31 En ins 16 52 71	is. ns, fc stanc	e 18
23 41 54 61 72 78 85	27	43	33	Sir 24	5 20 34 48 67	or 6 28	6 7 44 57	45 68	29 35	9 21 25 36 49 81	9951 Fee 10 37	ramic eign 11 38 63 69	12 30 46 76	91 13 39 64	the c Anita com	ake Loo: edy 14 22 26 40 50 70	s 13 15 32 51 65	W 31 En ins 16 52 71	15. 15. 17 17 153 153	e 18 60
23 41 47 54 61 72 78 85	27	43	33	Sir 24 56 79	5 20 34 48 67	or 6 28	6 7 44 57 75	45 68	29 35 58	9 21 25 36 49 81	9951 Fee 10 37	ramic eign 11 38 63 69	12 30 46 76	91 13 39 64	and a second sec	ake Loo: edy 14 22 26 40 50 70	s 13 15 32 51 65	W 31 En ins 16 52 71	15. 15. 17 17 153 153	e 18 60
23 41 47 54 61 72 78 85	27 42 73	43	33	Sir 24 56 79 95	5 20 34 48 67	or 28 62 62	6 7 44 57 75	45 68	29 35 58	9 21 25 36 49 81	9951 Fee 10 37	ramic ign 111 38 63 69 83	12 30 46 76	91 13 39 64 84	and a second sec	ake Loos edy 14 22 26 40 50 70 70 90	s 13 15 32 51 65	W 31 En ins 16 52 71 91	15. 15. 17 17 153 153	e 18 60
23 41 47 54 61 72 78 85	27 42 73 999	43	33	Sir 24 56 79 95	non 5 20 34 48 67 87	or 6 28 62 62	6 7 44 57 75	45 68	29 35 58 97	9 21 25 36 49 81	37 82	ramic ign 111 38 63 69 83	12 30 46 76	91 13 39 64 84	and a second sec	ake Loos edy 14 22 26 40 50 70 70 90	s 13 15 32 51 65 777	W 31 En ins 16 52 71 91	15. 15. 17 17 153 153	e 18 60
23 41 47 54 61 72 78 85 94	27 42 73 99	43	33	Sir 24 56 79 95	non 5 20 34 48 67 87	or 6 28 62 62	6 7 44 57 75 96	68 80 1112	29 35 58 97	9 21 25 36 49 81	82 106	ramic ign 11 11 38 63 69 83 101 101	112 300 46 76 89	91 13 39 64 84 102	and a second sec	ake Loosedy 14 22 40 50 70 90 107	s 13 15 32 51 65 777	Wist En ins 16 52 71 103	is. ns, fc stanc 17 53 92 92	e 18 60 93
23 41 47 54 61 72 78 85 94 94	27 42 73 99	43	33	Sir 24 56 79 95 104	non 5 20 34 48 67 87 105 115	or 6 28 62 100	6 7 44 57 75	68 80 112	29 35 58 97	9 21 25 36 49 81 88	100 37 82 106 117	ramic jgn 111 38 63 69 83 101 118	112 300 46 76 89	91 13 39 64 84 102	second se	ake Loos edy 14 22 26 40 50 70 70 90	s 13 15 32 51 65 777	Wist En ins 16 52 71 103	15. 15. 17 17 153 153	e 18 60 60 93
23 41 47 54 61 72 78 85 94 94 1114 123	27 42 73 99	43	33	Sir 24 56 79 95	non 5 20 34 48 67 87 105 115	or 28 62 100 125	6 7 44 57 75 96	68 80 112	29 35 58 97	9 21 25 36 49 81	100 37 82 106 117	ramic algn 11 11 38 63 69 83 101 118 118	112 300 46 76 89	91 13 39 64 84 102	and a second sec	ake Loosedy 14 22 40 50 70 90 107	s 13 15 32 51 65 777 108	Wist En ins 16 52 71 103	is. ns, fc stanc 17 53 92 92	e 18 60 93
23 41 47 54 61 72 78 85 94	27 42 73 99	43	33	Sir 24 56 79 95 104	non 5 20 34 48 67 87 105 115	or 6 28 62 100	6 7 44 57 75 96	68 80 112	29 35 58 97	9 21 25 36 49 81 88	100 37 82 106 117	ramic jgn 111 38 63 69 83 101 118	112 300 46 76 89	91 13 39 64 84 102	second se	ake Loosedy 14 22 40 50 70 90 107	s 13 15 32 51 65 777	Wist En ins 16 52 71 103	is. ns, fc stanc 17 53 92 92	e 18 60 60 93

- 大言花宿御たたので



MA	G		N	1A		ASIAN STOCK EXCHANGES								
W	Η	D	A	Х	0	U	D	Q	N	N	L	K	Н	A
E	В	Y	v	S	M	N	Р	М	J	E	Н	E	В	I
Y	V(M	A	L	A	Y	S	1	A)P	Т	Q	0	В
L	I	G	D	L	N	I	A	R	Н	А	В	В	Y	A
W	Т	R	I	Р	I	A	S	M	I	L	K	I	F	R
D	В	A	Y	W	Н	1	W	E	U	L	Т	S	Q	А
0	Н	Μ	K	I	С	F	D	I	N	I	A	B	Z	I
Т	X	W	U	S	Q	0	N	A	A	0	I	N	R	D
L	J	Н	F	D	С	A	M	W	P	Т	D	A	K	U
Y	W	V	Т	S	Q	М	U	р	A	Ν	N	N	L	A
K	I	Н	F	E	A	K	С	В	J	Z	1	Y	I	S
Find	the ard,	lister back	l wor ward	ds ir I. up.	the dow	diag n an	ram. d dia	They gona	run Ily,	in all	dire	ction	15 -	
Amm Bahra China India	ain		lr Is	ndon an arael apai		1		Kuw Mala Nep Oma	aysia	а			anka	abia a



Beach Cottage 1406 at South Seas Charming beachfront 2 BR with loft

- Best sunset views and steps to the beach
- Quiet location, comfortable and tasteful
- Large under building storage
- \$1,025,000

Vicki Panico or Fred Newman 239-980-0088





Properties

- Great Island Location
- Three bedrooms, three baths
- New Hurricane code windows and doors
- Private Caged Pool

Preferred

- Many Community Amenities
- \$456,000 Kara Cuscaden 239-470-1516



"Best of Loggerhead Cay" We have the best units currently available at Loggerhead Cay. All have 2 bedrooms, 2 baths. Community highlights include well maintained grounds, large pool, tennis, clubhouse, on-site management, weekly rentals, and pet friendly. Call the Burns Family for more information or to schedule an appointment. We are your Loggerhead Cay experts!

• Unit 302 - \$475,000 - Just Sold • Unit 261 - \$459,000 • Unit 574 - \$619,000 • Unit 433 - \$579,900 • Unit 103 - \$899,000 - Gulf Front Call the Burns Family Team 239-464-2984



"Chez Pink Shell"

- Fully renovated 3 Bedrooms, 2 Baths
- New granite, wood and stainless kitchen
- · Hurricane impact windows, lush vegetation
- Near beach and bayou
- \$599,000
- Jane Weaver 239-850-9555



- Gulf Access Canal Front Condo PET FRIENDLY for owners! • Tennisplace corner unit, 1st floor
- 2 Bedrooms, 1.5 Baths
- · Close to Beaches & Bridge
- \$300,000
- Vallee Arnett 239-645-1903



Au' Natural

- Nature Lover's Dream
- 2 BR/2 BA Island Retreat
- Wide Open Lake View
- Beach Access & Community Amenities
- \$495,000
- John and Denice Beggs 239-357-5500



"Elegance in the Sanctuary" • Spacious 2 bedrooms, 2 baths plus garage

- · Beautiful views of the golf course
- · Cherry hardwood flooring, tray ceilings, crown molding
- Custom furnishings & window coverings
- \$579.000 The Burns Family Team 239-464-2984



• Fully furnished, on the beach and close to all amenities • Two bedrooms and two baths

- · Beautifully updated throughout
- Reduced to \$644K
- Sally Davies 239-691-3319



Gulf to Bay-Captiva

- 4 BR/5BA, Furnished
- 1 Acre lot, boat dockage
- · Enclosed, heated pool

Relax. You're Preferred.

- Panoramic Gulf views
- \$4,995,000
- Jim Branyon 239-565-3233



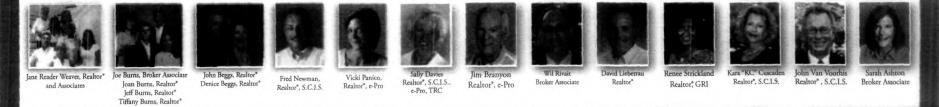
Exquisite Beachview Home

- Steps to Your Deeded Beach Access
- 3 Bedrooms, 2.5-baths, Great Room, Fireplace
- · Masterfully Detailed Throughout
- Impeccable Property Overlooking the River • Market Priced at \$1,397,700
 - Wil Rivait 239-464-8108



Spanish Cay Delight

- 2 bedrooms, 2 Baths
- Stunning views of Sanibel River
- · Bright and Open
- \$395,000 Turnkey
- Sarah Ashton 239-691-4915



959 Periwinkle Way, Sanibel Island, Florida 33957 | 15050 Captiva Drive, Captiva Island, Florida 33924 239-472-0078 | www.RoyalShellSales.com | Prices and listings are accurate as of this printing. Call the listing Realtor to verify pricing and availability.

Royal Shell Preferred Properties