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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 20, 2019

DECEMBER SUNRISE/SUNSET: 20 7:11 • 5:40 21 7:12 • 5:40 22 7:12 • 5:41 23 7:13 • 5:41 24 7:13 • 5:42 25 7:14 • 5:42 26 7:14 • 5:43



From left, Bailey-Matthews National Shell Museum staff members Dr. José Leal, Leigh Gay, Rebecca Mensch (inside the new Pop-Up Tank), Dorrie Hipschman and Melanie Moraga are excited to show off the major renovations that have been completed at the facility photos by Jeff Lysiak



The new first floor entrance to the museum, a two-story glass façade, took five days to install

Holiday Sneak Peek: Museum To Reopen

by Jeff Lysiak

Thile many people will be spending the next couple of days shopping for the final items to cross off their holiday gift lists, a few lucky folks have already completed that task. Count the staff of Bailey-Matthews National Shell Museum among those

lucky ones.

In fact, they are so eager to give their "gift" to the community that they plan to do so in the days before Santa Claus and his reindeer-driven sleigh arrive on Sanibel

The museum is putting the finishing touches on its general construction and hopes to reopen this Saturday, December 21 with more programs, exhibits and activities than ever before, including a new exhibit titled Coral Reefs: Nurseries of the Sea. Visitors are encouraged to check the website at www.shellmuseum.org for updates or call

the museum at 395-2233. Daily beach walks are always available and may be reserved by calling the museum.

"I can't wait to open our doors again," said Executive Director Dorrie Hipschman, standing in front of the museum last Friday morning. "I miss seeing all of our visitors, especially the locals who stop by all the time. It will be good to get back to normal again, welcoming back the entire community who has been such great friends and neighbors to us."

Inside. The Great Hall of Shells

features all of the same favorite educational, fun and informative displays. The popular Touch Tank display will be active, as will the museum's gift shop.

active, as will the museum's gift shop.

"Admission will remain the same for now," explained Hipschman – \$15 for adults (18 and older), \$9 for youth (12 to 17), \$7 for children (5 to 11) and free to children under 5 and active military. "We expect to have a new fee structure once the aquarium exhibits open in the spring."

Closed since April 29, construction continued on page 10

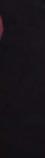


Four relief sculptures have been added along outside walls of the museum; cuttlefish, giant clam, lion's paw shells and octopus



Detailed image of octopus relief sculpture

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Warm Wishes For A Merry Christmas And Happy New Year



Your friends at Island Sun and The River Weekly News, from left, Jeff Lysiak, Chris Arundel, Justin Wilder, Sharon and Mike Terry, Bill Staples, Di Saggau, Bob Petcher, Lorin Arundel, Ann Ziehl, Gerri Reaves and Tom Rasi photo by Logan Hart



Saint Babel Catholic Church

Christmas Eve Masses 5:00 PM and 10:00 PM

Christmas Day Mass 10:30 AM

Telephone: 239.472.2763 Saintisabel.org 3559 Sanibel-Captiva Road, Sanibel Island at the intersection of Rabbit Road

Landmark: The Bubble Room

week's image is a circa 1998 photo of a couple raising their glasses

Captiva Island

for a toast at The Bubble Room on Captiva.

The History Gallery, developed by the Captiva Island Historical Society. features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the website at www. captivaislandhistoricalsociety. org/archives/research to view many more images to bring you closer to Captiva.☆



The Bubble Room

photo courtesy Captiva Island Historical Society Archives

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch. org, 8210 Cypress Lake Drive, Fort Myers,

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday. Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way. 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taize Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS

OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



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Sanibel

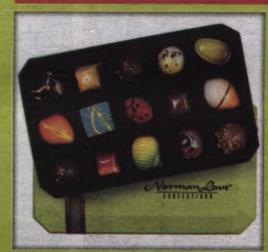
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3rd Annual Tradition

Santa & Mrs. Claus are coming to town Monday, December 23

at Captains for Clean Water Fundraiser Friday, Jan. 3 12-6 p.m.

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OBITUARY



ROBERT JAMES BRACE

Robert James "Bob" Brace was born in 1942 in Superior, Wisconsin to HW "Wid" Brace and Katharine (Link) Brace. He passed away on December 10, 2019 after a brief stay at Hope Hospice.

After graduating from the University of Wisconsin, Bob moved south to St. Louis with D'Arcy Advertising where he met his wife of 50 years, Sharon Storck. Bob was a partner at Frank Block Associates and ultimately a partner with Jim and Dave Stobie at Stobie-Brace Advertising

and Marketing, specializing in business-to-business advertising. Bob took great pride and joy in his work on the board of directors of the World Bird Sanctuary where he coined their motto, "Let Your Spirit Take Wing."

Bob and Sharon enjoyed "rustic" foreign travel, working on many research expeditions with the Earthwatch Institute, African locations being their favorites. Closer to home, they were sent as trained disaster relief volunteers on three FEMA deployments.

Music was truly Bob's passion.
His low bass II notes were much in demand. He began singing with the St. Louis Symphony Chorus and later with the "unaccompanied but not alone" Kirkwood, Missouri Greenleaf Singers where Bob donned his elegant madrigal costume each holiday season. In 1999, Bob took early retirement and he and Sharon moved to Captiva Island, Florida where he sang with the Fort Myers Symphony Chorus, Vocal Artistry and the Sanibel-Captiva Community Chorus.

Bob's volunteer activities on Captiva included the Captiva Fire Control District where he served 18 years as a volunteer firefighter/EMT and on the Board of Fire Commissioners as president. He was also an active member of the Captiva Civic Association. While relaxing on the beach near his home, Bob enjoyed fishing and an occasional cigar.

Bob, a wonderful, loving and creative individual, is survived by his wife Sharon; his brother John and his wife Cindy of Elk Mound, Wisconsin; nephew Jason Hatcher and his wife Karen of

Minneapolis, Minnesota; nieces Krista (Hatcher) Uelmen and her husband Travis of Madison, Wisconsin and Kate (Hatcher) Clayton of Portage, Michigan. Bob was preceded in death by his sister Katharine (Brace) Hatcher and brother Link.

In lieu of flowers, the family requests that donations be made to the Alvin A. Dubin Alzheimer's Resource Center in Fort Myers, Florida: www.alzheimersswfl. org/donations.asp. Family and friends are invited to a celebration of life gathering at 5 p.m. on Tuesday, January 21, 2020 at the Captiva Civic Center.☆

Christmas Eve Service At Lighthouse Beach

Island residents and visitors are invited to grab a beach towel or chair, and head to Lighthouse Beach for the annual Christmas Eve Beach Service on Tuesday, December 24 at 5 p.m.

This enchanting service is Sanibel Congregational United Church of Christ's gift to the community since 1979. Gulf breezes and waves provide background for this family-friendly service of carols and telling of the Christmas story by Senior Pastor the Rev. John Danner. As the sun sets, the beach will become aglow with candlelight for the singing of Silent Night in the shadow of the Sanibel Lighthouse.

All proceeds from the offering taken

during the service will be given to FISH of SanCap and The Salvation Army.

Complimentary parking is available at the Sanibel and Captiva Islands Chamber of Commerce, 1159 Causeway Road, and Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, with free transportation to the beach beginning at 4 p.m. and continuing until all have left the beach at the conclusion of the service. Transportation will be provided by vans from Island Taxi and trollies from Adventures in Paradise. There will also be limited free parking available at Lighthouse Beach. Traveling by bicycle or walking to Lighthouse Beach is encouraged to ease traffic and minimize damage to the beach areas.

Sanibel Congregational United Church of Christ thanks the City of Sanibel and the Sanibel Police Department for their assistance in carrying on this tradition. Those attending are asked to help preserve the beauty of the island by following the "no parking" zones, cleaning up all personal trash and avoiding the roped off beach grass areas on the beach itself

In the rare event that weather forces cancellation of the service, announcements will be made at 1 p.m. and the service will be moved to the church.

For more information, call 472-0497 or visit www.sanibelucc.org. There will also be a traditional candlelight service held at the church at 9 p.m that same evening.*











The students sang carols from the top of their lungs and shook their bells with joy

Sophie Echevarria tells Santa what is on her Christmas list

CECI Students Celebrate **Luminary Night**

nce again, Sanibel's Luminary Night celebration did not disappoint. The students of the Children's Education Center of the Islands (CECI) sang their hearts out to their favorite holiday songs and shook their bells with all their might at Periwinkle Place shopping center on December 6.
The arrival of Santa at the end of the

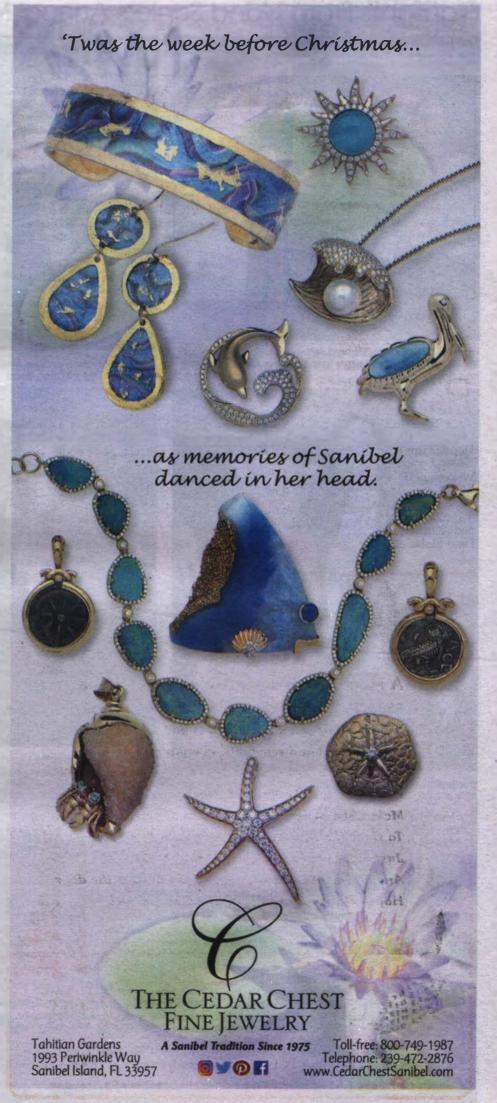
singing was a wonderful surprise to the children. Students past and present - and even some adults - were able to sit on Santa's lap and share their Christmas wish lists.



Levi Arlington whispers to Santa what he would like for Christmas



Children's Education Center Director Ms. Clndy, front, and teachers, from left, Ms. Joy, Ms. Bryanna, Ms. Sue and Ms. Kerra have all made Santa's nice list



Highlights From Island Seniors Annual Meeting And Holiday Lunch



From left, Trish Phillips, Richard Johnson, Judie Zimomra and Mick Denham at last week's Island Seniors Annual Meeting photos by Jeff Lysiak and Holiday Lunch



Seniors Program Manager Amy Esposito-Brown and Seniors Program Assistant Dana Raco



Anita Force Marshall presenting Trish Phillips with a certificate of appreciation



Shirley Schulz and Shirley Bohnert



Lifetime members of the Island Seniors honored last week: back from left, Anne Bresslau, Lucy Pickel, Beverty Lubetkin, Jack Kohn and Robin Krtvanek; front from left, Bernie Lubetkin, Wil Schlosser and Marguerite Amold

photo by Amy Esposito-Brown

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CARD OF THANKS



PAWS cares for the bables and adults photo provided

s we come to the end of 2019, all of us at PAWS (Protection of Animal Welfare Society) are very thankful for the many people that helped our effort over the last year, especially all of our contributors and adopters. We're also thrilled that the hurricanes left us alone and we had no major storms.

PAWS provided for the needs of many animals in 2019, some for very long periods of time.

The majority are cats since dogs are usually claimed rather quickly as they've managed to get out of the house/fence, or loose from a leash. We have very few dogs that are dumped on Sanibel.

Many young, injured and sick animals came our way during the year that needed veterinary care, medicines and intensive home care. We provided for litters of kittens, as well as adult kitties and found wonderful homes for all of them. Joan and Jim Bajek continue to foster kitties for us. They are the only foster home we have currently. If anyone is able to foster kittens, cats, or dogs, contact Pam at PAWS, 472-4823.

We are so grateful to these great folks for providing a home and caring for all these babies. We have no facility here on Sanibel to house our lost, abandoned, sick and injured animals. It can be really difficult to find a home to care for them until we find their people, or, as in most instances, find families to adopt and give them a forever home. We are so very thankful for all they have done, and continue to do. Kudos to Joan and Jim,

especially Joan, the primary caregiver.

We would like to thank our fabulous local veterinary care providers, Dr. Mark Mathusa at Beachside Animal Clinic, and VCA Coral Veterinary Clinic, Sanibel and Fort Myers. They provide quality care to our sick and injured animals. Special thanks to Dr. Michael Rohlk, Mary Ann and Nick at Rohlk Animal Hospital in North Fort Myers. I discovered this hospital when helping out with TNR (Trap/Neuter/Release). They provide excellent services and care and a great discount for nonprofits, which is very helpful when you have a half dozen animals to vet at once.

A big thank you to all the folks that

donated financially and in other ways to support our PAWS animals this past year.

Without the help from our island community, we would not be able to continue to provide for our domestic animals that are in need of shelter and care. We have many folks that provide ongoing support during the year and without them, we could not operate.

They truly keep us going.

Special appreciation to the Center 4 Life, that each year for the past nine seasons has hosted the Justine Smith Memorial Bridge Tournament and donated the proceeds to PAWS, which was one of Justine's favorite charitable organizations.

Special thanks to our local newspapers, the Island Reporter and the Island Sun, for donating space for pictures and stories about our rescues in their weekly papers. This is how we manage to reunite some of our PAWS animals with their families. In the event we don't locate their people, their pictures and stories help us locate a new forever home.

Thanks to all the island businesses that display our PAWS donation boxes on the counters: Bailey's General Store, Huxter's Liquors and Bank of the Islands. As always, special thanks to Footloose H2O Outfitters at Jerry's Center. Linda and all the staff make it part of their job to continuously collect the largest amount of funds for us. What they do is so appreciated. If you own or manage a business here on Sanibel or Captiva and would be willing to have one of our donation containers, please let us know.

If you're considering year-end

charitable contributions, please think of our domestic island animals and donate to PAWS. Veterinary care, especially critical care hospitals, are extremely expensive. PAWS is a 501(c)3 nonprofit, established in March, 1987. We operate solely by financial contributions and donations from folks living or visiting our islands. If you itemize deductions on your federal income tax return, all donations are completely tax deductible. Make checks payable to PAWS and mail to P.O. Box 855, Sanibel, FL 33957. Your canceled check is your receipt, but if you prefer to have a letter, send an email to sanibelcat@embarqmail.com, or give Pam a call at 472-4823.

If you've ever spotted a white cat on the causeway island at the high span, that's Tobie. He is a feral cat and came through the TNR program at Lee County Domestic Animal Services. Huge appreciation to Yolanda Rivera and Rose Dakos for visiting him every night with a wonderful dinner. He is so lucky to have such kind people to care for him. He's much safer out there than he would be on Sanibel or Captiva. No gators, bobcats

When shopping on Amazon, use the PAWS Amazon Smile link: smile.amazon. com/ch/65-0037174 and Amazon will donate a small portion to PAWS.

Please be careful that pets are not exposed to dangerous plants, flowers and foods that everyone has on hand this time of year.

Some can cause violent illness, and even death. You can Google a list online.

We truly appreciate your support.

Thank you and Happy New Year 2020!



From page 1

Sneak Peek

work at the museum began with removing interior and exterior walls on the first floor. That was followed by removing the concrete flooring, drop ceilings and main staircase that led to the second floor.

In addition, the parking lot area was regraded and repaved with new asphalt. All of the original vegetation that had to be removed during the renovation process was replaced and replanted with 100 percent native trees, shrubs and ground covers.

Over the summer and early fall, construction crews installed a new, 9.5-inch reinforced concrete slab that spans the entire first floor. The rebar-reinforced floor will help support 11 live aquarium tanks – which range in size from 100 to 1,000 gallons – located on the ground level.

In recent months, aquarium tanks and additional materials began arriving on site. They have already been installed strategically throughout the ground floor, which will also include a modern-style wide staircase leading to the atrium overlooking the two-story glass wall entrance.

"All of the front entrance windows arrived on October 5, and they took five days to install," added Hipschman. "They are made of a specialized material that is impact resistant, wind resistant and floodproof."

New Exhibit To Debut

While work on the first floor continues, with a target grand opening



Construction worker adding glass panels to the new staircase photos by Jeff Lysiak

date for the aquarium feature – The Living Collection Gallery – scheduled for sometime in March, visitors who stop by the museum this weekend can view a unique display on the second floor.

Coral Reefs: Nurseries of the Sea, a traveling exhibit on loan from The Paly Foundation, includes a colorful display one of earth's most biodiverse ecosystems. Accoring to the foundation's website, the exhibit's learning objectives include:



Dorrie Hipschman and Rebecca Mensch looking out the first floor rear windows

Biology of Corals – Coral animals have been around since before the dinosaurs. Learn all about this amazing creature and how they help sustain over one million species of plants and animals.

Our Dependence on the Reef - Coral reefs prove their invaluable worth by providing everything from food and shelter to cancer-fighting medicines.

Dangers to Coral Reefs - Coral reefs may be gone even before we can fully understand them. Learn about the many threats facing coral reefs, including how our fascination with reefs can be harmful.

Conservation Efforts – Efforts to help conserve coral reefs include large-scale initiatives and dedicated individual action. Pick a single action from the exhibit recommendations and have a collective effect in saving this natural wonder.

"There are many species of mollusks, as well as fish, worms and sea stars







A traveling exhibit, Coral Reefs: Nurseries of the Sea, opens this weekend at the museum image courtesy The Paly Foundation

that are a part of the coral reef ecosystem. The diversity is huge," said Dr. Jose Leal, science director and curator of the Bailey-Matthews National Shell Museum. "So many species rely on coral reefs for their existence and their survival, and the most complex and diverse species are super delicate we call them hyper-diverse systems."

New Staff, Aquariums Soon While work on the Your Museum Comes Alive! project - sponsored in part by the Department of State, Division of Cultural Affairs, the Florida Council of Arts and Culture, and the State of Florida - continues over the next few months, museum staff has welcomed several new members to its educational and leadership team.
"By January, we'll have five new

marine educators, and all of them have degrees in marine biology," explained Hipschman. "Toni Gynac has already started, plus we're adding Jorden Falker, Melissa Dills, Kelsey Hansmann and Gyasi Alexander. Colleen Donnelly has also come aboard as our new chief of museum operations."

Also newly arrived at the museum

are several marine specimens that will become a part of the first floor aquarium attraction.

We received our first shipment of live species last week," added Hipschman, noting that all have been acquired through sustainable sources. "They will be a part of the cold water touch tanks."

According to Rebecca Mensch, the museum's marine biologist who helped conceive the idea of bringing an aguarium attraction to the facility four years ago, those live species include giant gumboot chitons, Lewis' moon snails, swimming scallops, red turban snails, black turban snails, lion's chitons and giant rock scallops.

Here's what museum visitors might expect to experience once the aquarium

attraction opens:

Walking into the museum, visitors will be met with the admissions desk directly in front of them, with a staircase to the second floor to their left. Straight ahead, they will enter a room containing The Great Barrier Reef aquarium.

"Our reef tank will focus on three species of giant clam, all of which are big and beautiful, but don't get as large as the true giant clam," said Mensch. "This tank will also feature various species of live coral and fishes to help illustrate the important roles that mollusks play within their communities. All of the animals in this tank will be captive-bred specimens, so no coral reefs will be impacted by our display of the animals.

Then, visitors will be directed towards the next room to the right, where aquariums containing the giant Pacific octopus and flamboyant cuttlefish will be located.

Several of our tanks will feature animals that have very well-known shells, to help solidify the concept that the shell is a body part of an animal, instead of the common misconception that a shell is rock," Mensch explained.

In the next room, two tanks will be located in the center of the open space. One tank will contain a chamber nautilus, while the other will be a pop-up tank, where kids and adults may 'crawl inside" and experience live fish and mollusks moving around them.
Three additional aquariums will

contain marine life such as the queen conch, tiger cowrie and junonias.

In the new touch tank area, located

in the southeast corner of the building, there will be two interactive displays one with warmer water for local mollusk species and one with cooler water for species found in northern climates.

Last week, one of the eye-catching additions to the building – four relief sculptures featuring a cuttlefish, giant clam, lion's paw shells and an octopus – were installed adjacent to the parking lot drop-off roundabout, a sign that on site renovations are nearing completion.
"We are at 94 percent of our \$6

million capital campaign goal," said Assistant Director Melanie Moraga. "And we'll be announcing plans for our final push – we're \$332,523 away – that we hope to finish by January or February."

For more information or to make a contribution, call 395-2233 or visit www.shellmuseum.org.

Sanibel Congregational United Church of Christ

A HOLIDAY SEASON **OF SERVICES**

SUNDAY, DECEMBER 22 Fourth Sunday in Advent

7:45 a.m. Chapel Worship Service 9:00 a.m. Blended Worship 11:00 a.m. Traditional Worship

TUESDAY, DECEMBER 24

5:00 p.m. ANNUAL LIGHTHOUSE BEACH CHRISTMAS EVE SERVICE

Carols, Candles, the Christmas Story A free-will offering will benefit F.I.S.H. and The Salvation Army

> 9:00 p.m. in our Sanctuary **CHRISTMAS EVE** CANDLELIGHT SERVICE

SUNDAY, DECEMBER 29 BELL SUNDAY

7:45, 9:00, and 11:00 a.m. worship in our Sanctuary





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City Of Sanibel Vegetation Committee

Brazilian Pepper: What Residents Should Know

'f you are a longtime resident or visitor to Sanibel, most likely you know about Brazilian pepper, while those with less history may not. If you photos provided

are unfamiliar with the plant, here's what you need to know about this infamous plant.

Brazilian pepper (Schinus terebinthifolius) is considered a Category I invasive plant by the Florida Exotic Pest Plant Council, and is one of the most aggressive invasive exotic plants in Florida, infesting over 700,000 acres. Its dense canopy shades out other native species, and it invades



Closeup of Brazilian pepper

the aquatic and terrestrial habitats of the wildlife that depend on the land and

water for their survival.
In the 1990s, a City of Sanibelappointed committee studied habitat issues in conjunction with the development of the Sanibel comprehensive surface water management system. The conclusion was that Sanibel's wetland habitat had decreased significantly since the 1950s due to fire suppression, Brazilian pepper and other hardwood invasion, and a decreased wet season water table. Thus, in 1996, Sanibel City
Council adopted the Brazilian Pepper
Eradication Program with a goal to rid
the entire island of this invasive exotic plant. Over the years, the eradication program, combined with new policies and systems to manage surface water as well as the prescribed burn program, has resulted in the near elimination of this invasive pest. However, it is an

ongoing battle.

If you are driving around Fort Myers in the winter, and you see beautiful red berries, it is probably Brazilian pepper. As you can imagine, those bright red berries are very attractive to birds and mammals who act as perfect dispersal agents. Thus, Brazilian pepper will continue to be an occasional nuisance. Be vigilant and prevent its spread.

Since plant identification can be challenging, here's what you should

Brazilian pepper is a shrub or small tree which can grow up to 40 feet. There are male and female plants, but only the female bares fruit. The leaves are alternately arranged with one- to two-inch long, elliptic and finely toothed leaflets. The serrated leaves are reminiscent of the wild rose leaves up north. The mid-rib of the leaf is reddish, and flower clusters which are white and continued on page 21

After 17 years, CJ's is excited to switch it up with SWIMWEAR!

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Prescribed Burns

by Gerri Reaves

f you see a charred landscape the next time you explore a park, preserve, or wildlife area, there's a good chance that the land has recently been treated with a prescribed burn.

The word prescribed is apt, for these planned burns do function as a prescription for the land by mimicking

Florida's natural seasonal fires.

Note the charred cabbage palm (sabal palmetto) and tree trunks in these photos, for example. The new bright green growth of the palm's bud at the center of the scorched fronds, however, indicates that the palm has survived.

Many of the state's ecosystems actually depend on fire for plant and animal diversity. Those species are termed "fire-adapted.

The gopher tortoise, indigo snake, Florida mouse, Florida panther, Florida scrub-jay, northern bobwhite, wild turkey, red-cockaded woodpecker and burrowing owl are just some of the animal species that depend on fire, as do plant species such as longleaf pine, pitcher plants, orchids, cutthroat and wiregrasses.

Only highly trained professionals

manage prescribed burns. They are carried out by wildlife biologists and land managers in government and independent environmental organizations, but only after extensive planning.

But why has human intervention become necessary?

Prior to Florida's massive





Cabbage palms and pines have evolved to survive natural seasonal fires. The green growth at the center of the palm fronds indicates that the trees are alive, despite the charred photos by Gerri Reaves

over-development, fires were a natural seasonal occurrence caused by lightening

or extreme heat, for example.

Because the fires occurred seasonally, accumulated undergrowth was minimal. Therefore, the fires were fast-moving, relatively "cool," and not intense enough to burn the tree canopy.

The fire would eventually stop on its own because it encountered a wetland, ran out of fuel, or was extinguished by rain.

Such fires are nature's way of clearing out, keeping balance and opening up the land. Also, the fire triggers the release of seeds, enriches the soil and keeps invasive species in check.

Post-fire, the land springs back with new growth.

However, over time, natural landscapes have been destroyed completely or become isolated parcels as the landscape is crisscrossed by roads and other development.

Furthermore, development that relentlessly pushes closer to wild areas puts buildings, infrastructure and lives at increased risk.

Decades of fire suppression allow growth to accumulate. Prescribed burns and physical removal are two ways to

address the threat that fuel accumulation

The next time you see a charred landscape on your nature walk, appreciate the vital importance of prescribed fires in habitat management - and imagine a time when the land managed itself very well.

Sources: https://myfwc.com, www. leegov.com, and www.nature.org.

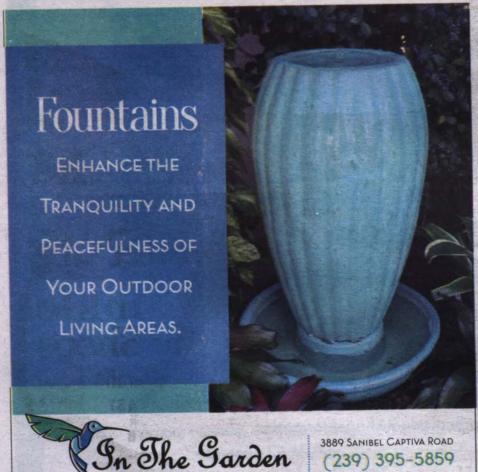
Plant Smart explores the diverse flora of South Florida.

Sea School Offers Beach Walk

ach winter, in the spirit of enjoying the outdoors with family and friends, Sanibel Sea School offers a series of guided beach walks. The next community beach walk will be held on Saturday, December 28 from 9 to 11 a.m. to explore what has washed ashore.

A marine science educator will talk about any interesting organisms and objects encountered along the way, share some basic biology and answer questions. The experience is always different and you are sure to learn something new.

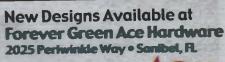
These walks are free and all ages are welcome. Children under age 18 should be accompanied by a parent or guardian. Group size is limited to provide a more intimate experience and avoid disrupting neighbors and the island wildlife. Registration is required, and can be completed online at www. sanibelseaschool.org/beachwalks. You will receive an email to confirm your registration, or a notification of your placement on the waitlist.



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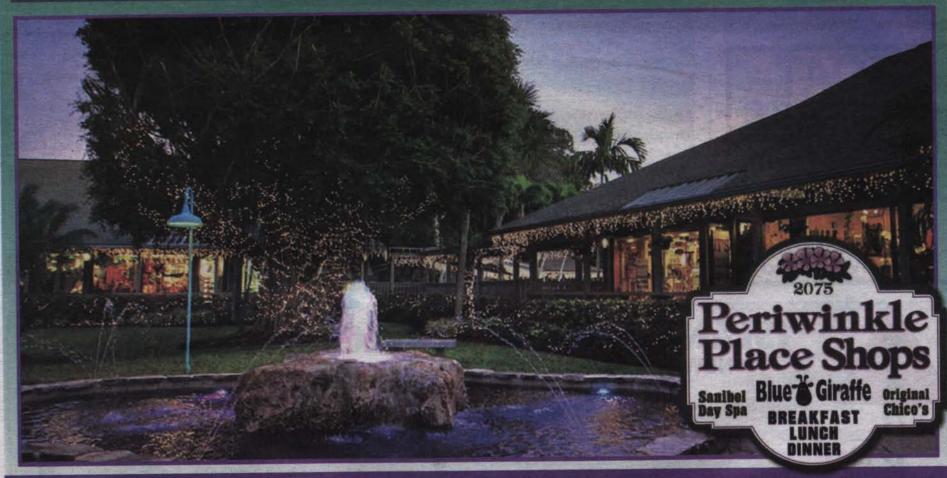


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How Low Can It Go?



by Capt. Matt Mitchell

Te had fishing the winter negative low tides this week, which can bring amazing

action. This crazy low water played out as expected with my clients experiencing some of the best snook action while mangrove fishing that we have seen in months. Thirtyinch snook and a nonstop bite had everyone smiling.

We decided to fish a favorite channel and arrived on the last of the falling tide. We could see the entire exposed grass flat littered with high and dry crab pots. Once the tide switched, the grass flat was was flooded and totally covered in less than a few hours. We picked the deepest spots on the shoreline, and the bite started immediately with almost every shiner flipped up close to the bank getting hit. Fast-moving tides in these narrow channels create rips and eddies on every piece of structure. It makes for a perfect ambush spot for hungry snook to sit.

We get to experience these negative low tides all winter long. The lower the water gets, the tighter it bunches up the fish in very small areas. Learning to access and locate these deeper areas only comes with time served, though looking at Google Earth and charts is a great way to get started. The narrower and deeper the channel, the faster the tide will usually move.

Winter tides with a shallow draft boat can really pay off as many of these deeper channels are only accessible by crossing shallow bays and flats. Another option is getting into these areas while the tide is still up and going out. Once the tide bottoms out, you will be trapped until the water comes up high enough to leave. Watching wading birds work the acres of exposed grass flats all around us is an amazing sight.

Along with the snook in these deeper channels, we also did well on redfish. By bouncing a live shrimp on a jighead in the fast-moving tide, we caught lots of redfish ranging from 16 to 24 inches. Larger mangrove snapper have also been a welcome surprise in these same areas. Two days in a row, we also caught what, at first glance, I thought where mangrove snapper but, on closer inspection, turned out to be cubera snapper measuring roughly 15 inches. The variety can be limitless when fishing these deeper water

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you captmattmitchell@aol.com



have comments or questions, email Gary Blitgen with a snook caught on a negative low tide with Capt. Matt Mitchell this week

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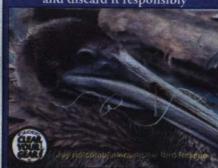
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CROW Case Of The Week:

Turkey Vulture



by Bob Petcher

he turkey vulture is the third largest raptor to the eagle and condor. The road kill warrior relies on its keen sense of smell to locate fresh carcasses. These scavengers

are known for cleaning up roadsides, backyards, farm lands or anywhere else there may be a meal. When you spot one on the ground, you know something has

Luckily, these dark brown birds with featherless red heads and pale bills seem to have exceptional immune systems, because of their inability to contract botulism, anthrax, cholera, or salmonella when dining on carrion. Interestingly, they reportedly almost never attack living

Due to their near infinite food supply, turkey vultures have increased in number over the past 40 to 50 years. These large carnivorous birds are not immortal, however. They have been known to swallow bullets or lead shots in the rotting meat they eat, and that can lead to poisoning and death.

One good way to tell a turkey vulture apart from an eagle or an osprey is when in it is in flight. Turkey vultures often



Patient #19-4953 is in an outdoor enclosure and should be released soon

photo by Brian Bohlman

fly with their wings raised in a V-shape and are not graceful fliers. They soar in unsteady patterns and create wobbly circles in the air.

At CROW, an adult turkey vulture was admitted from Cape Coral after it was believed to have been hit by a car. It was reported by the finder to have an injured wing and leg. On examination, veterinarians did not find evidence of broken bones and initial x-rays did not show any either. The patient was noted to be limping and to have swelling in its left foot, possibly from infection in the joints. Veterinarians provided antibiotics and performed a regional limb perfusion, known as a flushing of the joint).

'Regional limb perfusion is an infusion of medication into the tissue at the site of injury in order to get a high concentration where it is needed," said Dr. Megan Cabot, CROW veterinary intern. "This is performed when systemic (oral) medications aren't getting the job done and can result in much faster recovery."

The finder's reported injured wing was not seen as anything significant.

"It was likely a soft tissue injury which can often be difficult to see on radiographs and can resolve on its own," said Dr Cabot.

After a few days, the patient's swelling had subsided. A repeat of radiographs revealed evidence of healing of a small fracture in one of the toes of the left foot.

The fracture was small and not displaced so it was not very visible on radiographs until it started to heal, at which point the fracture site gets brighter and more easily visible on radiographs said Dr. Cabot, when explaining why the initial x-ray did not spot the fractured toe. "The fracture is minor and likely happened right before intake, but was painful enough to keep the patient down. With pain medications and antibiotics, the patient appears to feel much better and the fracture is healing well."

The fractured toe does need time to

heal completely.

"It typically takes around two to three weeks to heal," said Dr. Cabot.

The patient continues to receive pain medication and has begun to eat on its own. A move outdoors is a good sign that it is being prepped to return to the

"The vulture was moved to an outside enclosure and if it remains pain free and eating well, it will be cleared for release," said Dr. Cabot.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.\$



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Florida Lucine



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Another local member of the widespread family Lucinidae, Stewartia floridana

(Conrad, 1833) grows to about 28 mm (about 1.1 inch). The shell outline is circular, with a squarish, truncated posterior end. The shell surface is smooth, and the external sculpture consists of coarse, irregular growth lines. The thin, brownish periostracum (external, brownish layer) is present in well-preserved shells. Commonly found on the back bay areas of Sanibel and Captiva. Learn more about local mollusks and their shells at www. shellmuseum.org/shell-guide and www. shellmuseum.org/blog.

The museum is closed for renovations while we build your new aquarium. The aquarium is scheduled to open in early 2020. See construction updates at www.shellmuseum.org.

updates at www.shellmuseum.org.

The Bailey-Matthews National Shell
Museum is located at 3075 SanibelCaptiva Road. Call 395-2233 or visit
www.shellmuseum.org.❖



The Florida Lucine, Stewartia floridana

photo by James F. Kelly

Share your community news with us, Call 395-1213 or email press@islandsunnews.com

American Legion Post 123

American Legion Post 123 is having an Ugly Christmas Sweater & Holiday Celebration this Saturday, December 21 from 5 to 9 p.m. There will be a finger food



buffet and live music from 5 to 8 p.m. Barbecued ribs and chicken will be served on Sunday, December 22 from noon to 8 p.m. A Christmas dinner will be served on Wednesday, December 25.

Wednesday, December 25.

The third Thursday of the month is
Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a m to 8 n m

a.m. to 8 p.m.

New American Legion eligibility dates are November 11, 1918 through present.

All veterans are welcome to become a member. Contact Tim or Randy at 472-9979.

If you have a flag that needs to be retired, you can drop it off at Post 123.

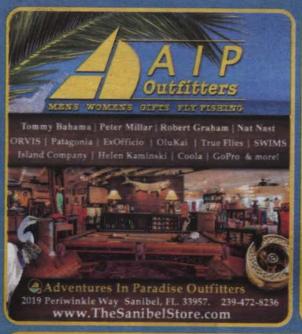
American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.

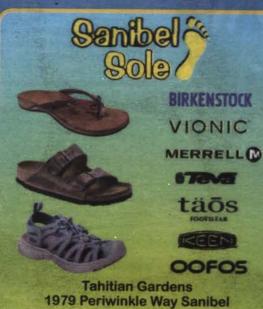
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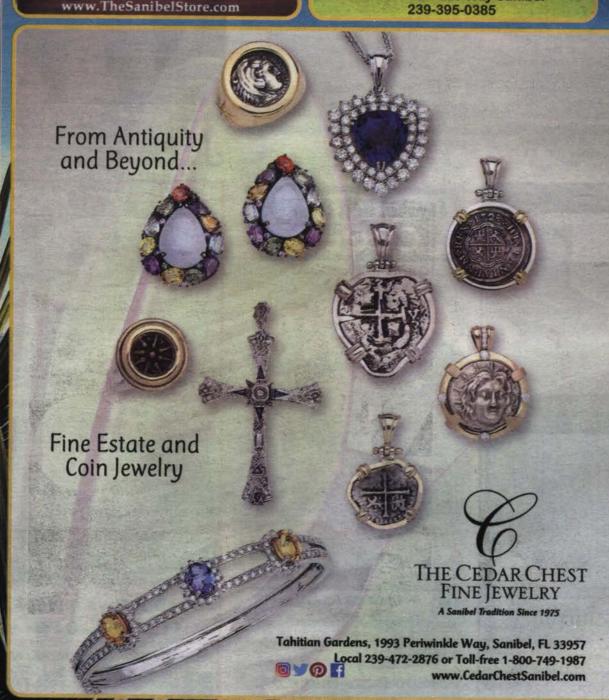
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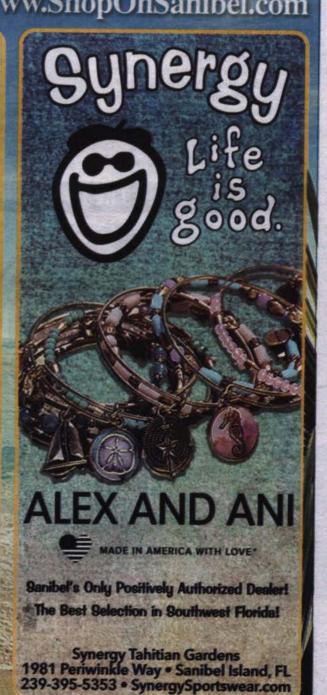






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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, December 20, 11 a.m. to

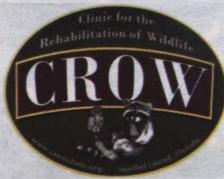
12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff

hospital tour.
Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the

tour with an animal ambassador.

Friday, December 20, 11 a.m.,
adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.



Monday, December 23, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, December 23, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Patient Profiles: Virginia Opossums (daily presentation). Virginia opossums are the only

marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, December 24, 11 a.m. to 12:30 p.m., \$25 per

person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour. Wildlife Walks are approximately 1.5

hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, December 24, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the

Week (daily presentation). CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Wednesday, December 25, closed

Christmas Day.
Thursday, December 26, 1
a.m. to 12:30 p.m., \$25 per person, advance registration with payment required - Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the

tour with an animal ambassador.

Thursday, December 26, 11

a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient
Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their

specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.☆

rish Caught



photo provided

ack Smith caught a 25-inch snook in Dinkins Bayou on December 9. The fish was released.☆





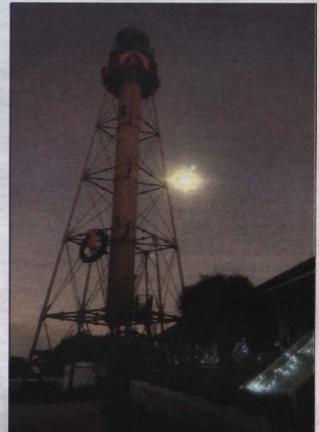


Sanibel Lighthouse Decked Out

consecutive year, the Sanibel Lighthouse has been decorated with holiday decor by the employees of the City of Sanibel Department of Community Services. Built in 1884, the Sanibel Lighthouse has survived hurricane strength winds many times and is a symbol of the community's endurance and strength.
As a holiday gift to

the community, city staff places the green garland and red bows upon the lighthouse. Additionally, both of the adjacent lighthouse caretaker's cottages have been decorated with garland, bows, and wreaths for the holiday season.

Placed on the National Register of Historical Places in 1974, ownership of the Sanibel Lighthouse, two caretaker's cottages and 44.7 acres were transferred to the City of Sanibel by the federal government in 2010. The decorations will remain on



Sanibel Lighthouse

photo by Matt Fannon

From page 12

Brazilian Pepper

the lighthouse and cottages until January 9.4

two to three inches long, appear from September through November. The fruit is clustered and initially green, becoming bright red when ripe (usually by December). This timeframe distinguishes this non-native plant from native vegetation, which generally blooms and bears fruit in the spring through fall. If you crush a leaf of the Brazilian pepper, it smells peppery or like turpentine, but be careful since it is a relative of the poison ivy family, and therefore, its sap can cause an allergic reaction.

In order to successfully control Brazilian pepper, all Brazilian pepper tree stumps must be treated with an appropriate herbicide. In most cases, a product containing the active ingredient triclopyr is the best choice for controlling Brazilian pepper; however, the methods of application may vary depending on the maturity of the pepper being treated. Mature trees should be cut as close to the ground as possible. Within five minutes, herbicide should be applied to the cambium (living tissue just inside the bark).

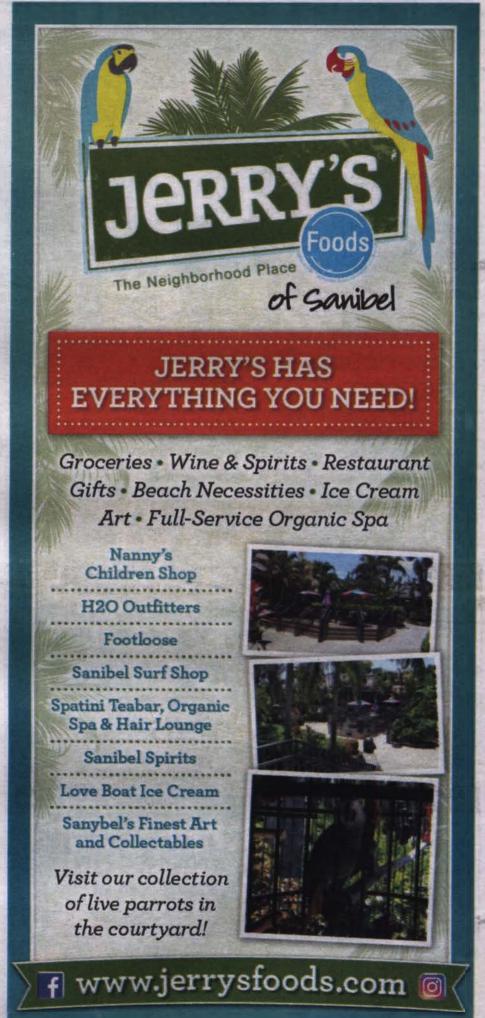
Small seedlings or re-sprouts may be hand pulled or treated with foliar treatment. Brazilian pepper can be removed from developed property without a permit; however, a vegetation permit is required to remove pepper from a vacant parcel.

Brazilian pepper made its way to Florida from South America in the mid-1800s and is native to Argentina,

Paraguay and Brazil. It was brought here as an ornamental plant, and its brilliant green foliage and bright red berries are often used in Christmas decorations. The introduction of Brazilian pepper to south Florida serves as another cautionary tale of why nonnative plant and animal species can be so detrimental to the environment. In 1996, along with the Brazilian Pepper Eradication Program, Sanibel City Council enacted legislation regulating seven other invasive exotic plant species air potato, earleaf acacia, exotic inkberry, java plum, lead tree, motherin-law's tongue and melaleuca. These eight are the worst of the invasive exotics on Sanibel, and may not be intentionally planted or transplanted on Sanibel. When applying for any city development permit, conditions of the permit require removal of these eight plants in perpetuity.

To view pictures of these plants or the city's The Alien Invasion brochure, visit www.mysanibel.com/Departments/ Natural-Resources/Vegetation-Information/Exotic-Vegetation/ Other-Invasive-Exotic-Vegetation.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.☆



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22 | ISLAND SUN - DECEMBER 20, 2019



From left, Kathy Monroe, Cindy Walker and Anthony Morales



From left, Chuck Bergstrom with Stephen and Melissa Lodwick



Gina and Joe Wagg

FISH Friendly Faces Holiday Luncheon

he FISH of SanCap December 10 Friendly Faces Luncheon at George & Wendy's Seafood Grille was a celebration of the holiday season, with 41 community members in attendance. There were holiday games with prizes, and plenty of food and conversation to make it a festive gathering. Through the generosity of an anonymous donor, a "Secret Santa" picked up the tab for

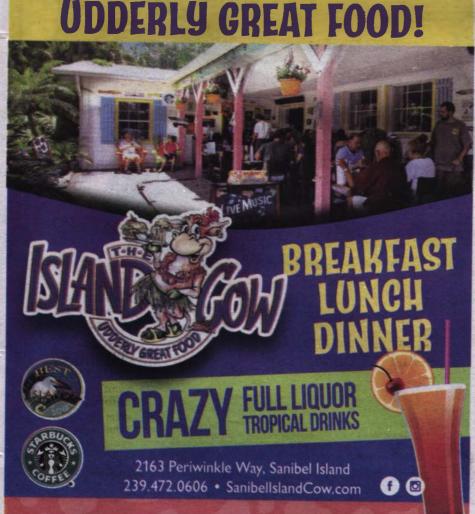
everyone in attendance.

The Friendly Faces price fixed lunch consists of an entree, side, non-alcoholic drink and dessert. Guests pay \$8 per person upon arrival; FISH subsidizes \$2 per person. Cash is the preferred method of payment. If cost is an issue, contact Kathy Y. Monroe at FISH as, on a case-by-case basis, FISH may subsidize a larger part or the entire cost of the meal.

The next Friendly Faces Luncheon is scheduled for 11:30 a.m. on Tuesday, January 14 at George & Wendy's Seafood Grille. For more information, contact Kathy Y. Monroe or Anthony Morales at 472-4775.



From left, Jerry Edelman, Claire Beckmann, Kathy Monroe, Carol Kremi and Melissa Rose





New Year, New **Opportunities**

by Kealy McNeal

't's that time of year when people begin making lists of how they're going to become a better person in the new year. New Year's resolutions typically involve selfimprovement goals,

and last until about mid-February. While you're making your list, why not add a few paddling resolutions to the usual "drink more water" and "eat less junk food." Here are my suggestions:

Go on an overnighter. Find a sandy stretch along the Caloosahatchee, an island in the bay, or even a park that you can paddle to and pitch a tent for the night. Perhaps head north to Cavo Costa State Park or south to Koreshan State Park - both offer beautiful scenery. Ditch your electronics and

enjoy stargazing instead.

Introduce a friend to the sport. Experience the nostalgia of watching someone discover the magic of paddling, and practice your teaching skills. Take a friend with you when you explore the canals or venture into the bay on a calm day.

Start a paddler's log. Keeping a log can be beneficial in the long run to help remind you of conditions of previous paddle locations, or to claim more paddling days per year than your buddy over a drink at Doc Ford's.

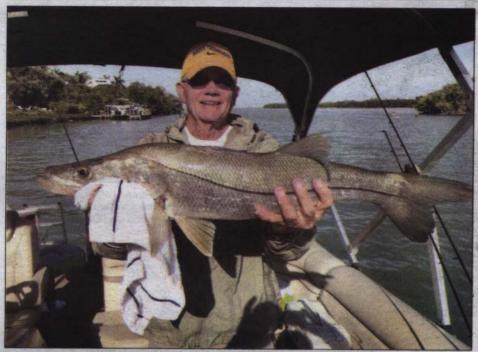
Explore a new region or watershed. Let's say you've been paddling for awhile on local water. Is it time for a change of scenery? Consider a trip to a paddling destination. Head south to Key Largo for some awesome paddling around Key Largo Sound, or go north to Weeki Wachee Springs.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn

Our email address is press@islandsunnews.com



Fish Caught



Dwight Dunlap with one of the snook he caught

photo provided

wight Dunlap caught and released 12 snook and 25 redfish in Pine Island Sound recently. He was fishing with Capt. Jack Smith.



BIG ARTS Holiday Concert Highlights



BIG ARTS Board Co-chair Don Rice Introducing the BIG ARTS Community Chorus at the December 10 holiday concert at Sanibel Community Church. The Sanibel Captiva Trust Company was the sponsor for this year's BIG ARTS Community Band and Chorus holiday concerts.



BIG ARTS Community Chorus Director Ellen. Whitten



Chorus members



Chorus members were in the holiday spirit



BIG ARTS Community Chorus performing at Sanibel Community Church



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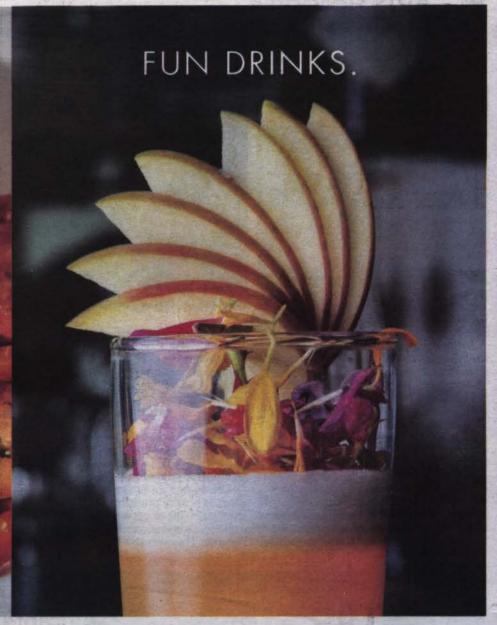
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Island Currents

Following The Island Currents



by Kathy **Kurtz Ferrari**

Tell, it's almost time for that big man in the red suit. (No, not that guy in the Speedo who likes going to Bowman's Beach. Someone please tell him to put his shirt

Santa may still be checking his list, and if you are too, a trip to the shops at Periwinkle Place might be in order. This Sanibel destination, located at 2075 Periwinkle Way, is on every local shopper's

Top 10 list.
While there are 26 shops here, one of my favorites is Island Pursuit. Aptly named, it may be the perfect store for island life.
The company has several other locations in Florida and New England, all stocked

with coastal fashions for women and men.
"Our owner tries to buy casual" sportswear, but elevated a little bit," explained Sanibel store manager Melissa Rhodes. With an infectious laugh, she can guide customers in the right direction for stylish purchases.

Splashes of color jump from every corner of Island Pursuit, as fun sundresses. bathing suits, tops and shoes beckon. Some of the store's popular brands include



Island Pursuit store manager Melissa Rhodes is ready to assist customers

photos by Kathy Kurtz Ferrari

iconic French striped clothing by Saint James; preppy, logo encrusted pieces by Vineyard Vines; bright and comfy clothing from Southern Tide; menswear by Johnnie-O; and color coordinated shoes by Jack Rogers (my preferred footwear) and TOMS, the shoe brand known for its charitable efforts.

"We try to go with (lines that) give back, made in the USA, and obviously sustainable," Rhodes said, adding fair trade and organic products are also featured.

OK, I admit we probably can't give shoes as holiday presents. Island Pursuit also carries lots of gift items, like locally made soaps and soy candles by Sanibel Naturals. They come in tropical scents

with names like hammock time, beach and periwinkle. You might want to buy one for yourself to remember your time on the islands.

My other favorite in the store is locally designed jewelry featuring freshwater pearls and sea glass (actually recycled glass) knotted on handsome leather cords. Every time I'm in Island Pursuit, they catch my eye. (I've been good this year, Santa. Please?)

Rhodes was sporting one of the necklaces, apparently sharing my lust for the line. It also caught loyal customer Marilyn Conoscenti's eye, who came in during my visit.
"This is my go-to store for myself,



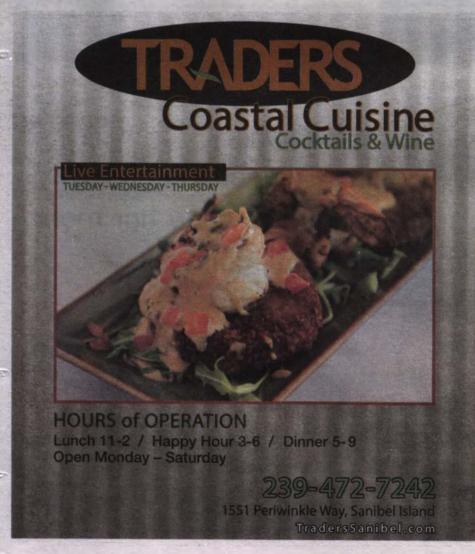
Island Pursult carries many gift choices like soaps by Sanibel Naturals

and also I'm purchasing a gift for my daughter," Conoscenti said, as she spied and purchased - the necklace Rhodes was wearing. "She has great taste.

For more information, visit www. islandpursuit.com or call 472-4600. With all this shopping, I'm getting hungry. A trip to Periwinkle Place usually includes a meal at Blue Giraffe for me.

I always get sentimental here, as it was one of my late mother's favorite lunchtime spots. (Talk about a power shopper and someone who could really work up an appetite shopping! I think it's hereditary.)
Blue Giraffe serves delicious breakfast,

lunch and dinner, with pleasant outdoor patio seating (pet friendly), with a fun and









Flavia and Geoffrey Letendre put "a lot of love" into the menu at Blue Giraffe

colorful interior dining option. There's also a full bar, daily happy hour, and a "Husband Day Care Center," for those not quite into the whole shopping thing. (What??)

The restaurant has gone by different names over its many years at Periwinkle Place. The Letendre family purchased Blue Giraffe about three years ago, and chef Geoffrey Letendre and his wife Flavia infuse their love of food into the daily menu.

Food choices are island inspired, and the local flavor is genuine.

"I grew up on the island," said the chef. "When I was a kid, I went to (The



Diners enjoy the outdoor patio at Blue Giraffe

Sanibel School) for elementary, but we left here for about 20 years.

While away, as a self-described "big, fat kid who liked to eat," Letendre attended the California Culinary Academy. He went to work in the restaurant industry in Texas, where he met his wife.

While owning the restaurant is a dream

come true, he admits it's a lot of work.
"My wife does a lot. We spend a lot of time and put a lot of love into it.

Among Letendre's favorite dishes are his signature clam chowder; drunken grouper, blackened and made with Captain Morgan rum infused butter; and Blue Giraffe blackened mahi-mahi tacos. Letentre is very excited about Blue Giraffe's new Mexican menu which was

set to debut this month.

We always wanted to bring a little Mexican to the island. I don't think there's much in the offerings for good Mexican food around," Letendre added.

The new menu features Causeway chicken quesadillas; marinated skirt steak fajitas on either corn or flour tortillas; pork and grilled pineapple pastor tacos; Juan in a Million enchiladas with seasoned beef; and even a simply seasoned ground beef and cheese dish for "gringos." (That would be my husband's order.)



Customers Dan Oaks and Todd Miller of Canton, Illinois take advantage of "Husband Day Care" at Blue Giraffe while their bosses" shop

Blue Giraffe is open daily from 7 a.m. to 8 p.m. (They will be closing at 3 p.m. on Christmas Eve, and closed on Christmas Day.) For more information, visit www.bluegirafferestaurant.com or call 472-2525

So until next time, for those who celebrate the season, have a merry one. And to everyone, have fun in the island

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.\$





Front entrance at Clela

Restaurant Reveals Fresh Look, New Name

by Jeff Lysiak

Pollowing a nearly seven month renovation, the island restaurant known as IL Cielo reopened on December 4 with a new name — Cielo—along with a new look for the front entrance area, main dining room and bar area.

"Cielo was taken down to bare walls

photos by Bob Petcher

and completely remodeled with a new entrance way and landscaping," said Marcus Preece, general manager. "The kitchen was rebuilt with new cooking equipment, a hood system with controlled return air, LED lights, ceiling, floor and air conditioning."

Following completion of the renovations, which started on May 13 and was completed on November 22, Cielo welcomed back a majority of its staff, including Chef Melissa Akin.

"Ninety percent of our staff returned a few weeks before we reopened, allowing them to taste Chef Melissa's new menu and get back into the groove of things,"



The main dining room at Cielo

added Preece. "It is great to have everyone back. It makes it feel like home again after all the months of construction."

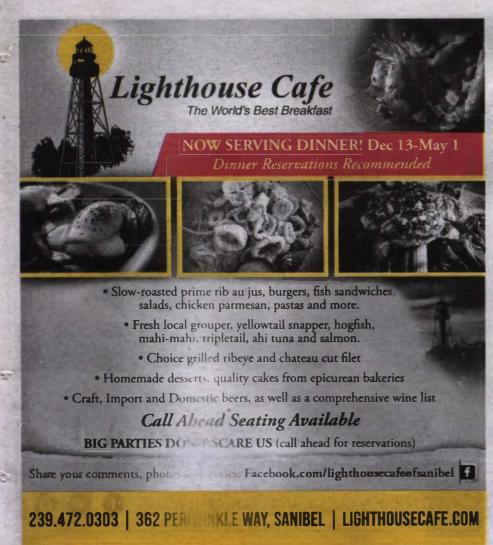
Of all of the major renovations completed at the restaurant, Preece pointed out the most impressive transformation can be seen in the main dining area.

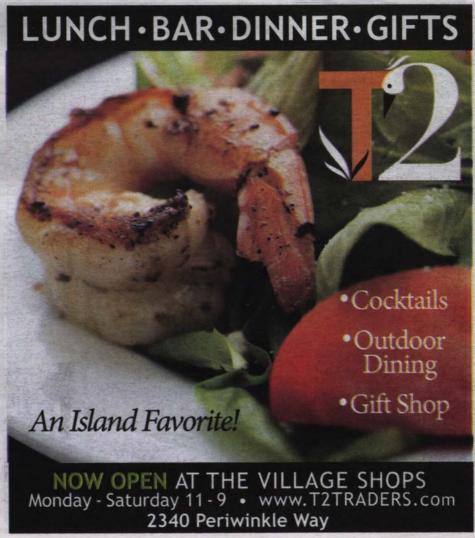
"The small patio area located at the front entrance has been enclosed and now accommodates a stainless steel and wood horseshoe-shaped bar with banquet seating around the perimeter, with floor-to-ceiling windows," said Preece. "The old bar location was converted to be part of the main dining area with high-back

booths, along with a private dining room (able to seat 40 to 50 people) that can be used for private corporate events, small weddings, birthdays, etc. The open floor plan of the dining area allows each guest to be part of the dining room without it being overcrowded and people being on top of each other."

Preece also pointed out that the main feature in the renovated dining room is a temperature/humidity controlled horizontal display wine wall, measuring 16 feet wide by eight feet tall.

In order for restaurants to keep up to date with trends both in design and food concept, remodel work typically takes







The new horseshoe-shaped bar area

place every seven to 10 years. However, the leadership team at Cielo decided it was time to make a few changes... including the name.

'Many of our guests referred to us as Cielo," said Chuck Grover, manager. "Plus, with new look of Cielo, it sounds

"IL Cielo had built a great reputation on Sanibel and Captiva and the surrounding area over the last 10 years," said Preece. "The name IL Cielo was often mispronounced, so Cielo (CHEE-eloh) it became.'

During the period the restaurant was closed for renovation work, Chef Akin traveled to Chicago, Orlando and across the state of Florida to attend food shows and meet with produce, dairy, cattle and fisherie representatives, sourcing local products for her new menu. She is also working with the American Culinary Federation to complete her coursework and practical exams to become a CEC (Certified Executive Chef).

"Both our happy hour bar menu and dinner menu have changed, allowing Chef Akin to spread her culinary wings," said

In the few weeks Cielo has been open following the renovation, customers have showered the restaurant staff with compliments about how pleased they

are to see so many positive changes completed on site.

"All of us at Cielo are beyond happy with the way the project turned out," said Grover. "We hope that the guests of Cielo this season enjoy the new while enjoying dinner, an exotic cocktail by our resident mixologist Greg or a bottle of wine from our extensive collection.'

"Comments have been very positive about the new look from our regulars, and first time guests seem to like the look of the new design," added Preece. "We have been told we are metropolitan but still have that Floridian feel.

As for the future of Cielo, Grover explained that a successful businessman once told him. "To rest content with the way things are is the first sign of business

"We will never rest at Cielo," he added. "We will continue to improve every day.

Cielo, located at 1244 Periwinkle Way on Sanibel, serves dinner from 4:30 to 9 p.m. seven days a week, with a Sunday brunch offered from 11 a.m. to 2 p.m. Happy hour is offered daily from 4:30 to 6 p.m., with live piano entertainment Tuesday through Sunday starting at 6 p.m. For reservations or more information, call 472-5555 or visit www. cielo-sanibel.com.



Cielo's wine wall measures 16 feet wide by eight feet tall





White and Dark Chocolate Mousse with Strawberries

12 large strawberries, rinsed, hulled and sliced

Fresh mint, for garnish

White Chocolate Mousse Ingredients: 3 ounces white chocolate for baking,

broken into pieces

3/4 cup heavy whipping cream, divided 2 tablespoons confectioners' sugar 1/2 teaspoon vanilla extract

Dark Chocolate Mousse Ingredients: 3 ounces dark chocolate for baking, broken into pieces

3/4 cup heavy whipping cream, divided 2 tablespoons confectioners' sugar 1/2 teaspoon vanilla extract

In a small saucepot combine 1/4 cup heavy cream and the white chocolate pieces. Cook over medium heat until the chocolate is completely melted. Remove from heat and cool completely. Beat



White and Dark Chocolate Mousse with Strawberries

photo courtesy Fresh From Florida

remaining cream, confectioners' sugar, and vanilla extract in small mixing bowl until stiff peaks form (do not overbeat). Fold melted baking bar mixture into whipped cream; refrigerate. Spoon into

serving bowl or individual dishes. To assemble the dish layer the two mousses with the strawberries in four wide-rim glasses. Keep cold and garnish with fresh

LIVE ON THE ISLANDS

Cielo has live entertainment with pianist and vocalist Scott McDonald Tuesday through Sunday.

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with The Wildlings. James Prather performs on Thursdays.

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

> Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.\$

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239-472-2525 Periwinkle Place Shopping Center

Award-Winning Pianist To Perform At St. Michael's



Qilin Sun

photo provided

Church will host pianist Qilin Sun in a piano concert on Friday, December 27 at 7 p.m. at the church. The recital is part of the St. Michael's Nourishment for Body, Mind and Spirit lecture and concert series. It is free and

open to the public.

Sun will play on the church's new Steinway grand piano, a gift of the late

Bob Ingraham and his wife, June.
Hailed by the *Irish Times* as a brilliant performer with "unfettered enthusiasm," Sun made her orchestral debut at age 11, playing Mozart's Piano Concerto No. 23, K. 488 with the Calgary Philharmonic Orchestra. Since then, she has performed in various venues throughout Asia, Europe and North America. She has also received a number of awards and accolades, including first prize in the Xing Hai Cup National Youth Piano Competition in Beijing, second prize in the China Wen Hua Award National Piano Competition, and first prize in the 5th Asian Piano
Competition in Hong Kong.
Her recent concert highlights include

the opening gala concert with the Chengdu Orchestra in the City Concert Hall in China and recitals at Alice Tully Hall of Lincoln Center, Royal Dublin Society of Ireland, Ruïnekerk in the Netherlands, Imperial Palace of Goslar in Germany, Grand Hall of Sichuan Conservatory of Music in China, Aspen Chapel in Colorado, Chateau of Fontainebleau in France, Studzinski Hall of Bowdoin College, Paul Hall, Morse Hall, and the Peter J. Sharp Theater of The Juilliard School, along with other various venues throughout New York

As a collaborative musician, Sun is currently a member of the Altezza Piano Trio. Having been promoted by The Juilliard School's Honors Chamber Music Program, the trio made its recital debut at Alice Tully Hall and is quickly establishing itself as a promising ensemble in New York City. In addition, as a member of The New Juilliard Ensemble, Sun premiered several new works playing the piano and celesta in Alice Tully Hall.

Born in Sichuan, China, Sun started playing the piano at age 3. After completing her bachelor's and master's degrees at The Juilliard School in 2018, she was accepted again by The Juilliard School for the doctor of musical arts degree, the most prestigious program the school offers. She is currently a CV Starr doctoral fellow under the tutelage of Yoheved Kaplinsky and Matti

For more information, contact Alan Kelmereit at 472-2173 or visit www. saintmichaels-sanibel.org. St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel.☆

Community House

Holiday Desserts Workshop

A Hands-on Holiday Desserts workshop will be held on Saturday, December 21 from 9 a.m. to noon. Lean how to make chocolate truffles, croquembouche, snowball cookies, kringla cake and chocolate brittle. Cost is \$45 for members and \$55 for guests.

BIG ARTS Current Events

The BIG ARTS Current Events group meets from 10 a.m. to noon on Mondays and Wednesdays.

Indoor Mini Golf

The indoor mini golf course - a

Sanibel holiday tradition - opens for play on Thursday, December 26 from 4 to 7 p.m. Additional dates include Friday and Saturday, December 27 and 28 from 9 a.m. to 7 p.m. Cost is \$3 for nine holes. Daily prizes are provided by Sunny Island Adventures. Prizes for each player are provided by Zoomers.

Sanibel Yoaa

Yoga Nidra with Dr. Susan Susan Pataky is offered on Mondays from 3 to 4 p.m. Experience the powerful practice of deep relaxation.

Sanibel Yoga with Vinyasa is offered on Tuesdays at 10 a.m. and Gentle Yoga at 11:15 a.m. On Thursdays, yoga for all levels is held at 10 a.m. and Gentle Yoga

continued on page 37



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THURS. DECEMBER 19 9 am Home Schoolers Cooking

SAT. DECEMBER 21

9 am - 12 pm Hands-On **Holiday Desserts**

MON. DECEMBER 23

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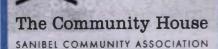
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The Community House Sugarcane





by Resident Chef Jarred Harris

ugarcane is a group of grass species that belongs to Poaceae family. Other members of this family include corn, wheat and rice. Sugarcane is grown around the world primarily to produce sugar, however, sugarcane plants are also used for making ethanol, molasses, bagasse (animal fodder) and rum. Fibers from the sugarcane plant can be woven into fabrics and used to make paper

Sugar is produced from sugarcane juice that's extracted from the stalk of the plant. This process involves crushing, heating, cooling and refining the sugarcane juice. In the United States, sugar cane is grown in Florida, Louisiana and Hawaii. Brazil is the largest producer of sugarcane in the

Sugarcane was originally domesticated around 8,000 BC in New

Guinea. During the 5th century AD, a chemist found a way to crystalize sugarcane juice to make sugar easier to transport. The sugarcane plant reached Spain around 715 AD, introduced to the Americas during the 16th and 17th centuries. During this time, many sugarcane farms were formed across the world using African slaves as their primary labor source.

Sugarcane juice has many health benefits and has been used as a natural remedy for hundreds of years. The juice is rich in powerful antioxidants that help fight infections and boost the immune system. Sugarcane juice is also rich in iron, potassium, magnesium, calcium and electrolytes.

Fresh sugarcane can be purchased at Caribbean and Latin markets. You can also buy it online.

Here is a simple recipe to try using fresh sugarcane:

Grilled Sugarcane Shrimp

Ingredients Juice and zest of 1 lime

1/2 cup soy sauce 1/4 cup Worcestershire sauce

1 tbsp. dark rum

tbsp. coconut oil tsp. Demerara sugar

cloves of garlic (minced)

1 jalapeno pepper (seeded and chopped fine)

2 pounds large shrimp (peeled and deveined)

24 two-inch chunks fresh pineapple 12 eight-inch sugarcane skewers

Method

Place the first eight ingredients in a

blender and blend until smooth.

Place the shrimp in a zip-closure bag and pour the marinade on the shrimp. Refrigerate for 1 hour (overnight is

Remove the shrimp from the bag and skewer 1 pineapple chunk then 1 shrimp and then a second pineapple chunk on each skewer.

Place the shrimp skewers on the grill and cook until lightly browned. Turn the skewers once and cook for an additional 3 to 5 minutes.

Remove the shrimp skewers from

the grill and serve.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155

Garden Club Auction Set For January 14



photo provided

ay Carney will serve as auctioneer at the Shell Islands Garden Club Biennial Auction, to be held on Tuesday, January 14 at The Community House. Carney, a garden club member and colorful raconteur, will auction off a variety of quality items related to home and garden, as well as themed baskets, gift certificates from local businesses, handcrafted one-of-a kind treasures, jewelry and household furnishings.

Jeannine Brinkerhoff and Maggie Butcher are co-chairing the event and promise "a lively auction with some interesting items." There will also be a silent auction, in which attendees may place their bids on select items until the final bell.

The public is invited to attend.
According to Brinkerhoff, this event is highly anticipated and offers "something for everyone and a fun afternoon for a good cause." The Community House doors will open at noon with auction bidding to begin at 12:15 p.m.
Light refreshments will be served.

The auction is the nonprofit

continued on page 33

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From left, Alice and Laurie Verme of Sanibel's Best Homemade Ice Cream inventing ice cream flavors in the lab with Capt. Chris Wittman, co-tounder of Captains for Clean Water

New Ice Cream Flavor To Debut At Fundraiser

apt. Chris Wittman of Captains for Clean Water has joined forces with Sanibel's Best Homemade Ice Cream for a yearlong fundraising effort supporting education on the issues facing Florida's estuaries and the Everglades. Wittman, along with Laurie and Alice Verme of Sanibel's Best Homemade Ice Cream, have created a new ice cream flavor, with proceeds from sales benefiting Captains for Clean Water.

"Every scoop sold of our new top secret ice cream flavor in 2020 will raise funds to support water education and outreach," said Wittman, a self-proclaimed ice cream lover. "We will unveil the new flavor at the fundraiser kickoff on Sanibel Island January 3rd."

"Captains for Clean Water is fighting to overcome the most important challenge facing our community," said Laurie Verme, owner of Sanibel's Best Homemade Ice Cream, formerly known as Pinocchio's. "I grew up on the North Shore of Long Island and my father was a bayman," said Verme. "I recall dolphins swimming in Long Island Sound until the water became unfit; they migrated south and so did we. Now with the risk of history repeating, my family and I want to help make 2020 a turning point year for clean water. Water is life and is the most important part of our world. Working with Capt. Chris and his team, we aim to make a difference and hope to turn heads in government at all levels.

Chauncey Goss, chairman of the South Florida Water Management District Board, serves on the Captains for Clean Water board of directors and

plans to join local dignitaries and the Sanibel and Captiva Islands Chamber of Commerce at the kickoff.

"STEM students will join in and learn all we can," said Kelly Johnson, STEM leader at The Sanibel School. "Who can say no to ice cream and a good cause?

'We encourage the public to stay informed and consider becoming a member of Captains for Clean Water," said Wittman. "Water quality impacts" everything from our economy to our way of life. We invite everyone to join us as advocates for long-term, science-based solutions to the manmade water crisis in South Florida.

The Captains for Clean Water 2020 Sanibel fundraiser will take place at Sanibel's Best Homemade Ice Cream, located at 362 Periwinkle Way, from noon to 6 p.m. on Friday, January 3.

For more information, visit www. captainsforcleanwater.org.#

From page 32

Garden Club

organization's biggest fundraising event. Proceeds from the auction help support the following local organizations: Sanibel-Captiva Conservation Foundation (SCCF); Clinic for the Rehabilitation of Wildlife (CROW); Sanibel Community Association; Sanibel Historical Museum and Village; and ECHO, a worldwide, outreach organization that teaches sustainable farming methods.

The Shell Islands Garden Club meets on the second Tuesday of the month from October to May. Members take part in a variety of pursuits, such as floral arranging, garden tours and field trips to local nurseries, and helping to create and maintain native plantings in public places.

For more information, visit www. sanibelgardenclub.org.



Made-to-Order Omelet & Waffle Station or Taste of Italy Pasta Station Glazed Bone-In Virginia Ham Salmon Duxelle en Croute Grain Mustard and Herb-Crusted Ribeye Loin Honey-Maple Fried Turkey Fully Loaded Baked Sweet Potato Roasted Winter Vegetables Saffron & Sage Risotto Chef's Dessert Display *Omelets and Waffles at 10am-12pm seatings; Pasta at 1-3pm seatings.

For the full menu, visit sundialresort.com. FOR RESERVATIONS, CALL 239,395,6013



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Selfie Station, Virtual Reality At Sanibel Library

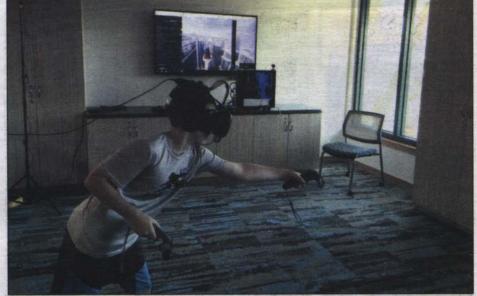
Teekly children's programs with Youth Service Librarian Deanna Evans continue this month at Sanibel Public Library. STEM programs for all ages have been added to the schedule. The events are on the calendar at the library's website at www.

Storytime for preschoolers and their caregivers will be held on Wednesdays

and Thursdays at 11 a.m. Family Storytime helps develop pre-reading skills through songs and stories. No registration required.

The After-School Crew (for kindergarten through fifth grade) will meet at 3 p.m. on Thursdays. There will be books, puzzles, games, crafts and snacks. No registration required. No program on Thursday, December 26.

Stop by the library from 10 a.m. to noon on Friday, December 27 to test drive a virtual reality viewer. Patrons ages 13 and older can take the Deep Sea Adventure: Whale Encounter and Coral Reef, a VR underwater world.



Bryson Stanley experiences virtual reality at Sanibel Public Library

The public is invited to these programs and there is no additional cost

to participate.
Use the selfie station in the main lobby to take a photo posing with holiday props. You can email the photos to yourself or to friends up north.

The book discussion group is reading Chances Are... by Richard Russo. The discussion begins at 10 a.m. on Wednesday, January 22. Copies of books for discussion are offered in a variety of formats, including audiobook, eBook and large print. While it is preferable to come to the discussion having read the book, all are welcome.

The book for February is The Dutch House by Ann Patchett.

The library has an abundance of materials to help you organize and plan your holiday meals. If you're looking for culinary inspiration, try a cookbook like The Best of America's Test Kitchen 2020, or the classic (and updated this year), Joy of Cooking. There are also magazines with holiday tips including Martha Stewart Living and Bon Appetit. The library also offers music streaming services - Freegal and Hoopla - with millions of songs, including holiday music playlists from

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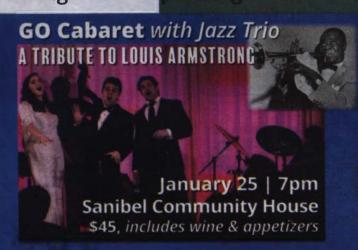


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COURSE THREE - Choice of:

- Five Spiced Butter Poached Lobster Tail Spumante
- Japanese Style Grilled Octopus & Tuna Zinfandel

COURSE FOUR - Choice of:

- Venison Loin Syrah
- Wagyu Tenderloin Nebbiolo

COURSE FIVE - Choice of:

- Chocolate Mousse Trio Solera
- Grilled Lemongrass Pound Cake Reisling

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Volunteers are a big part of FISH of SanCap's success

photo provided

FISH Of SanCap Welcomes Back Volunteers

YSH of SanCap extends a heartfelt "Welcome back!" to all seasonal volunteers. Thanks to FISH volunteers, the community is stronger; they are heroes who accomplish remarkable feats every day and have a real impact on the lives of island neighbors. With volunteer help, FISH continues to honor its mission, "to lend a helping hand to those that live, work or visit Sanibel and Captiva islands."

"We are thrilled to see our seasonal volunteers return, and we have lots of areas that can use their assistance. And, we are always looking for additional people who want to volunteer within their community. Even if you have just one hour, once a week, we can find a place for you," said Maria Espinoza,

FISH Walk-In Center manager. FISH recently held a volunteer recruitment social to introduce the community to the available opportunities. Volunteers are trained in their area(s) of interest and placed with a more seasoned volunteer to shadow. There are always opportunities to become involved with FISH, from transportation to meal delivery, phone

duty to stocking shelves.

FISH could not offer the programs and services to the extent that we do without our fantastic volunteer force. Our islands have some of the most committed volunteers with an incredible range and depth of experience that is fundamental to our success. We are looking forward to celebrating our volunteers at the FISH Annual Meeting and Volunteer Recognition Luncheon, scheduled for February 19," added Alicia Tighe, FISH executive director.

To learn more about FISH and volunteer opportunities, contact Maria Espinoza at 472-4775.

From page 34 Sanibel Library

pop and country to classical. Sanibel Public Library loans out cooking kits, which check out like library books. The kits are circulated in bags with a coordinating cookbook and instructions. Some of the kits are especially handy at this time of year, like the dip server, cookie kit, pie, cake and tart kits, or crepe kit.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee and are good

for one year. Sanibel Public Library will be closed on Tuesday and Wednesday, December 24 and 25. The library will close early on New Year's Eve, open from 9 a.m. to 1 p.m. on Tuesday, December 31. It will be closed on Wednesday, January 1 for New Year's Day.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483, or visit www.sanlib.org.



NEW YEAR'S EVE shellebration

TUESDAY, DECEMBER 31

ADULTS \$84.99 · CHILDREN 4-12 \$32.49 **CHILDREN 3 & UNDER FREE**

s with reserved seating are available at \$788.40 and include admission for up to ten.

ISLAND-STYLE BUFFET - STILT WALKER FIRE DANCER SHOW - GAMES **PIE EATING CONTEST** DJ & LIVE ENTERTAINMENT FACE PAINTING - FIRE PIT S'MORES **COUNTDOWN TOAST**

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1451 MIDDLE GULF DRIVE, SANIBEL ISLAND



The Guardians



by Di Saggau

ohn Grisham's latest novel The Guardians is a suspenseful thriller about a workaholic attorney and Episcopal priest named Cullen Post. Post is an 'innocence lawyer" who works to free

people who he feels have been wrongfully incarcerated. He writes, "Prison is a nightmare for those who deserve it. For those who don't, it is a daily struggle to maintain some level of sanity. For those who suddenly learn that there is proof of their innocence yet they remain locked up, the situation is literally maddening.

His main case involves a young black man named Quincy Miller, who was found guilty of shooting a lawyer named Keith Russo, in the small Florida town of Seabrook. There were no witnesses and no one with a motive, but Quincy was tried, convicted and sent to prison for life. He's been in prison for 22 years, maintaining his innocence. He says a fellow inmate fabricated a story about him being the killer, and his ex-wife made false claims about him owning several guns. Another witness lied about him fleeing the scene of the crime. As Post looks for evidence in this cold case to free his client, it puts him in serious danger. The lawyer Quincy was convicted of killing had ties to a drug cartel and so does the retired sheriff who handled

the original investigation.
Post works for Guardian Ministries. a four-person team dedicated to righting wrongs of the criminal justice system. Powerful, ruthless people murdered Keith Russo, and they do not want Quincy Miller exonerated. Grisham again delivers a complex thriller that deals with not only false incarceration, but the death penalty and how the legal system shows prejudice. In the book he writes, "Correction facilities are huge businesses. In the U.S. there are

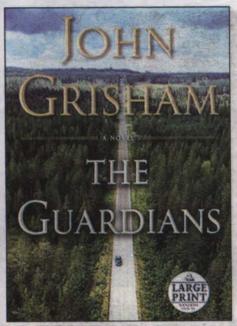


image provided

over two million people locked up, and it takes one million employees and \$80 billion in tax dollars to take care of them."

I would like to see more books with Cullen Post in the lead to free those who have been falsely imprisoned. The Guardian lives up to Grisham's reputation for entertaining legal fiction.

Top 10 Books On The Island

Giver of Stars by Jojo Moyes
 Where the Crawdads Sing by Delia

3. Minute to Midnight by David Baldacci

4. Daisy Jones and the Six by Taylor Jenkins Reid

5. Collector's Apprentice by BA

6. Chef by James Patterson

Warning by Anonymous
Ninth House by Leah Bardugo Talking to Strangers by Leah Weiss

10. Holidays on Ice by David Sedaris Courtesy MacIntosh Books and Paper.

School Smart



by Shelley M. Greggs, NCSP

Shelley, My grandchildren will be visiting me for this holiday season, and I need some suggestions for educational

gifts that don't involve technology. They get enough of that from their parents. I don't have much room for large toys or sports equipment either. My granddaughter is age 8 and my grandson is age 10. What suggestions do you have?

Jesse L, Sanibel

Jesse.

Your grandchildren are at wonderful ages for many non-toy, non-tech gifts that are educational and fun. I have listed several suggestions that I hope you find appealing.

You might purchase a series of classes for them: music, dance, riding, drawing, acting -- classes are a great way to encourage children in their interests. Find out their interests and what's available in their hometown and sign them up.

You might purchase a family membership in their local zoo, science museum, children's museum, YMCA membership, etc. These are particularly great for family gifts. Many young families want to enjoy day outings, but affording them can be a challenge, so give them the gift of a yearly membership.

Purchase a magazine subscription for something they are interested in. Kids enjoy getting things in the mail and, as a plus, they will be practicing their reading and learning specialized vocabulary.

Purchase tickets to "special events" either in their hometown or for an event during their visit or both. Movie tickets or tickets to a play, concert or sports event are great. Having an event to look forward to is exciting for kids.

Kids love activities like miniature golf, bowling, skating and jumping on a trampoline. These are so much fun, and a big part of the fun is going together. Children love spending time with the adults in their lives, plus these activities will provide for some exercise.

Games and puzzles are great activities for developing memory and cognitive skills like problem solving. Games teach a lot, too, and not just factual information but social skills as

Books are my all-time favorite gifts for kids both young and old, and the benefits from reading are endless. While a book from their favorite author is always welcome, you might want to try something new, like reading poetry, a play or a mystery out loud to one another.

A gift given to a charity chosen by the child. Depending on the age of your child, this may or may not be an appropriate gift, but if so, introduce

several charities to your child. Include organizations that work in your area (such as a food bank), that do work that is important to your family (perhaps, planting trees in deforested areas), or that your child would find intriguing (say, provides school supplies to low income kids in your community). Let the child choose a charity and give a gift in your child's name to that organization. Deliver the gift in person, if appropriate. Alternatively, you could find a Christmas Giving Tree-type program in your area and gift your child the same gifts you provide for the low-income child in need to serve as a reminder of how kids everywhere all just want to play and feel loved.

I hope that these suggestions are useful to you and result in happy gift giving and receiving!

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Academy Academy Contenders

BIG ARTS Academy **Award Series**



by Stan Gembicki

he BIG **ARTS 2019** Academy Award Contenders Series at Island Cinema begins Wednesday, January 8 at 12:30 p.m. and will continue for five Wednesdays

at the same time through February 5. Each week, one of the top Academy Award contender films will be screened followed by a discussion at Island Cinema. The films will be announced as soon as they are confirmed, usually seven to eight days prior to the

This popular series allows movie lovers to see some of the best films of the year and offers an opportunity to join others in a lively discussion led by

experienced moderators.

Films to be shown will include some of the following: JoJo Rabbit, Little Women, 1917, A Beautiful Day in the Neighborhood, Knives Out, The Lighthouse, Ford v Ferrari, and Once Upon a Time in Hollywood.

Mark your calendars now. Tell your

friends and watch for notices in the Island Sun containing updates about the films in the series. Tickets are available at the door or in advance at the Island Cinema Box Office, located in Bailey's Shopping Center.



P.O. Box 1515, Sanibel, FL 33957-1515. All donations are tax deductible, and the

Applicants Sought For Christmas Fund

by Jeff Lysiak

Rockin' Christmas Fund is once again taking scholarship assistance applications from students that have suffered sudden loss of a parent, impacting their ability to pay for college or university tuition.

Founded by Sanibel residents Vincent, Illona, Victoria and Whitney Wolanin, Rockin' Christmas Fund is a 501(c) nonprofit endowed fund, where 100 percent of donations go towards the cause of helping students who suffered the unexpected sudden loss of a parent.

"When a student has lost a parent, it can be devastating, especially when it is their dream to attend a university. Rockin' Christmas Fund is a scholarship that helps lighten that burden for high achieving students," explained Vincent Wolanin.

In Florida, the fund has aided students attending Florida Gulf Coast University, Ave Maria University and the University of Florida. But the impact doesn't stop there; the fund also aids students in many other universities and institutions across the country.

institutions across the country.

Since it was founded over 25 years ago, the fund has raised several million dollars in scholarship and assistance money for college students and children.

Applicants should email the required



Members of the Wolanin family, from left, Illona, Whitney, Vincent and Victoria, taken at City Hall in Vienna, Austria photo courtesy TopNotch Entertainment Corp.

in the community;

Goals after graduation once

To make a donation to the fund, send

your check to Rockin' Christmas Fund,

information in a letter to be considered via email to RockinScholarships@ RockinChristmas.net or by postal mail to Rockin' Christmas Fund, P.O. Box 1515, Sanibel, FL 33957-1515. The following information should be provided:

The story and circumstances behind the financial need;

The school being attended, grade point average (GPA), major, expected year of graduation;

Extracurricular activities at school or

Wolanin family and Wolanin affiliated companies match all donations, thereby doubling all donated amounts.

From page 31

Community House at 11:15 a.m.
Cost is \$18 for members and \$20 for guests.

Shell Crafting
Shell craft lessons are held at 10

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays (no lessons on December 23). All ages are welcome but children must be accompanied by an adult. Cost is \$3 to \$5 per project, supplies provided. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase

Honey, Pickles And Jellies

their work.

Locally harvested honey is for sale, as well as chutneys, pickles and jellies made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155

Comfort
Christmas
Dinnet Glenu:

Our Famous Breaded, Deep-Fried
12-13 lb Turkey

Mashed Potatoes & Turkey Gravy

Sweet Potato Casserole
Topped With Roasted Marshmallows

Cauliflower & Broccoli Au Gratin

Classic Stuffing With Fried Pecans

Cranberry Sauce

\$275 Feeds 10-12 Guests
\$185 Feeds 5-6

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Music & Entertainment

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Island Cottlion Steering Committee Chair
Julie Boyd photos provided

Island Cotillion Hosts First Dance Of The Season

The Island Cotillion held its first dinner dance of the season on December 5 at The Sanctuary Golf Club on Sanibel. Members and guests danced to



Hosts of the December Island Cotillon Dinner Dance, from left, Judy and Bill Cheney, Deborah and Bill Larson, and Marjorie and Will Smith

the music of the White House Band. The Island Cotillion is made up of Sanibel and Captiva residents who get together to share their love of dancing. There are two formal dinner dances and one informal dance each year. For more information about joining the group, call Julie Boyd, steering committee chair, at 395-0464.☆



Mandy and Steve Greenstein



Jim and Kathleen Salzman



Norma and Charles Emerson



Sherry and Neal Halleran



White House Band

Season Of Giving



Gulfshore Opera Performances On Sanibel

ulfshore Opera will return to Sanibel with two concerts for its sixth season. GO Cabaret will perform A Salute to Louis Armstrong at The Community House on Saturday, January 25 beginning at 7 p.m. Tickets are \$45 and include appetizers and wine.

GO Artists in Residence, accompanied by a jazz trio, salute Louis Armstrong

with selections by Louis Armstrong, Ella Fitzgerald and Frank Sinatra. Jazz pianist Tony Viviano leads the trio that includes FGCU Jazz Studies professor Brandon Robertson, who recently released his debut album Bass'd on a True Story, and drummer Rick Costa.

On Saturday, February 8, Gulfshore Opera presents its Passionate Puccini concert at Sanibel Congregational United Church of Christ at 7 p.m. Delight in the great arias and scenes from Puccini's Tosca, Turandot, Madama Butterfly and a sneak peek into the upcoming production of La Bohème. Tickets are

\$50 for premium seating and \$35 for general admission.

Passionate Puccini brings the Gulfshore Opera Professional Artists in Residence with regional favorite, soprano Robyn Lamp. Lamp performed the role of Lucrezia Borgia last season on the Opera Meets Broadway Gala, also performing with Broadway star Norm Lewis. That same evening, Lamp stepped in as a last-minute replacement for the Verdi Requiem with the Southwest Florida

Gulfshore Opera brings high quality artists to Southwest Florida. Joining Gulfshore Opera this season is soprano Chelsea Lehnea, fresh off debuts at the Washington National Opera and the Merola Opera Program at San Francisco Opera. Lehnea will be performing the role of Musetta in La Boheme. Peter Lake joins as Rodolfo in *La Boheme*, and serves as the tenor artist in residence. Lake has been seen with the Savannah VOICE Festival, directed by Sherrill Milnes and the Pacific Opera Project with a world premiere English/Japanese production of Madama Butterfly. Neil Nelson, having just performed the title role in Porgy & Bess with the South Florida Symphony Orchestra, waterpas to Gulfchera, Opera as Orchestra, returns to Gulfshore Opera as an artist in residence. In addition to singing Marcello in La Boheme, Nelson will be featured on the GO Cabaret Series in A Salute to Louis Armstrong.

The Community House is located at 2173 Periwinkle Way. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For tickets, visit www.gulfshoreopera.org or call 529-3925.\$

Darren "DJ" Jenkins and Maggi Feiner, FISH, of SanCap president and CEO

photo provided

arren "DJ" Jenkins, a fifth grade student at The Sanibel School, used some of his allowance to purchase gifts for children in the community, with help from his parent.

Jenkins brought his Santa bag to FISH of SanCap, which will deliver the gifts to children in need on the islands.

"If I saw a kid that didn't have a

present to open, it would make me really sad," said Jenkins. "I would give him some of my presents and invite him and his family to our house for Christmas. Everyone needs a present to open."



Sanibel Historical Museum & Village

Announces Its First VILIGHT TALK OF 2020

January 15

About Community-CHR's 40th Anniversary At The Community House. Program begins at 7:00 p.m.



The history of Sanibel becoming a city and CHR! CHR formed in 1979 as a nonprofit to address the growing need for affordable housing on Sanibel. It was in 1983 that an ordinance was passed by the city that established the Affordable Housing program, and CHR was designated as the city's housing foundation. Hear about what this all means for the Sanibel community and its residents.

Call 472-4648 for tickets - \$10 per person.





From our family of restaurants to you

Happy Holidays!

Our Captiva location will be open Christmas Day.







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WE'VE GOT YOUR GAME!

Join us every Saturday & Sunday for all the games!



Buy our UCATAN SAUCE by the bottle!



YUCATAN SHRIMP!

Visit Our Sister Locations on Ft. Myers Beach The Dixie Fish Co. & The Whale



Island Sun



BUSINESS

REAL ESTATE

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VOL. 27, NO. 25

SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 20, 2019

Photographer Awarded Brush Of Excellence

Tature photographer Sallie Rich received the 5th annual SCCF JN "Ding" Darling Brush of Excellence Environmental Art Award on December 10 at the SCCF (Sanibel-Captiva Conservation Foundation) annual meeting.

"I enjoy taking all my pictures, being outside and living here, so thank you to the SCCF for all the work you do to preserve it for our families and posterity, said Rich. "We all love it and every single time our family comes back, they don't want anything to change, so thank you for keeping it so much the same and natural."

Recognizing her long-standing contributions in capturing the natural beauty of the islands through photography, the SCCF award committee selected Rich's entry from a series titled, The Courtship of Great Blue Herons.

Brush of Excellence committee chair



From left, Andrea Koss, Sallie Rich and Sandy Gross at the SCCF annual meeting photo provided

and SCCF board member Sandy Gross presented Rich with the award.

"This year, our prize recipient spoke to 29 middle schoolers at The Sanibel

School about her work, her process and her relationship with photography, accompanied by a video of the entire sequence of her photographs of the

courtship of the great blue heron," said Gross. "She is inspiring a future generation of conservationists.

A self-taught photographer, Rich started taking photos in 1937 with her father's box camera that she still owns. Before moving with her husband to Captiva in 1988, they raised three children in Baltimore and she enjoyed various photographic opportunities, including time ashore on the Azores and Madiera Islands, hiking in Europe and Scandinavia, and a 10-week camping trip

in the American West.
At the age of 90, Rich has practiced yoga for 61 years, to which she credits a creative, long and productive life. The true love of her photography career became the amazing natural beauty and wildlife of Sanibel and Captiva over the past few

To live within minutes of the JN 'Ding" Darling National Wildlife Refuge has been the gift of a lifetime," she said.
"My wish is that all people will follow their passion to find their own joy as I find mine

continued on page 18B



Sydney, an American alligator

Fundraiser For CROW At **Burroughs Home**

ickets are on sale now for the Clinic for the Rehabilitation of Wildlife (CROW) inaugural fundraiser, WILD About CROW, to be held on Saturday, January 18 from 6:15 to 9:30 p.m. at the historic Burroughs Home and Gardens in

photos provided

downtown Fort Myers. Edison National Bank is the Golden Bald Eagle sponsor for the "animal print optional" event which will feature a sit-down dinner, appearances by CROW's animal ambassadors, and plenty of surprises for guests. The night will also include a live auction sponsored by Spivey Law Firm, craft brews sponsored by Millenial Brewing Company, spirits sponsored by Huxter's Market, Deli & Liquors and Global Event Marketing, wine sponsored by Superior Title, desserts



Morgan Hester, wildlife rehabilitator, with animal ambassador Talon, a red-tailed hawk

sponsored by Lady Cakes Bakery, and music, sponsored by Azul Cosmetic Surgery & Medical Spa, will be provided by Southwest Florida native DJ Robert

McDonald from New Beginnings Events. "In 2019, CROW has admitted over 5,000 wildlife patients and only 20

percent come from Sanibel and Captiva Islands where we are located," said Alison Charney Hussey, executive director for CROW. "The other 80 percent come from throughout Lee County, which is why we are very excited to be hosting this continued on page 22B



www.SanibelCaptivaRealEstateGuide.com

Locations In Sanibel and Captiva

2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva



Singers from the BIG ARTS Community Chorus, led by Ellen Whitten, performing for chamber members at The Sanctuary Golf Club photo provided

Chorus Performs At Chamber Luncheon

The Sanibel & Captiva Islands
Chamber of Commerce held its
final luncheon of the year on
December 10 at The Sanctuary Golf Club
with entertainment by a small group of
singers from the BIG ARTS Community
Chorus, under the direction of Ellen
Whitten.

The chorus kicked off its annual holiday concert with the BIG ARTS Community Band, under the direction of Mike Lamade for the seventh year, that evening at Sanibel Community Church. For the men and women of the band

and chorus, the holiday concerts are a labor of love. The concerts feature a mix of traditional and contemporary holiday favorites.

The band and chorus are made up of members of the community who come together to share their love of music. They travel from nearby communities to Sanibel for practice from October through March. While many are islanders, others come from Fort Myers, Cape Coral, Lehigh Acres, North Fort Myers and Pine Island.

"We always enjoy the BIG ARTS Community Chorus performance while we feast on a delicious meal prepared by The Sanctuary's award-winning culinary team," said John Lai, chamber president.

The luncheon was sponsored by RS Walsh Landscaping & In the Garden.

City Of Sanibel Holiday Hours, Refuse Collection

Sanibel City Hall will be closed in observance of the Christmas holiday on Tuesday and Wednesday, December 24 and 25. Regular office hours will resume on Thursday, December 26. If you have any questions, call 472-3700.

The Sanibel Recreation Center will be closed on Tuesday and Wednesday, December 24 and 25. Regular hours will resume on Thursday, December 26. If you have any questions, call 472-0345.

The Center 4 Life will be closed on Tuesday and Wednesday, December 24 and 25. Regular hours will resume on Thursday, December 26. If you have any questions, call 472-5743.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services on Christmas Day will be one day later. If normal pickup is Wednesday, December 25, waste will be picked up on Thursday, December 26. If your normal pickup day is Thursday, December 26, waste will be picked up on Friday, December 27. If your normal pick-up day is Friday, December 27, waste will be picked up on Saturday, December 28. The normal

waste collection schedule will resume on Monday, December 30. If you have any questions, call 334-1224.

Refuse, recycling and vegetation waste collection on Sanibel by Advanced Disposal Services on New Year's Day will be one day later. Therefore, if normal pickup is Wednesday, January 1, waste will be picked up on Thursday, January 2. If normal pickup is Thursday, January 2, waste will be picked up on Friday, January 3. The altered schedule will remain in place for the rest of the week. The normal waste collection schedule will resume on Monday, January 9. If you have any questions, call Advanced Disposal at 334-1224.

Sanibel City Hall will be closed in observance of the New Year holiday on Tuesday and Wednesday, December 31 and January 1. Regular office hours will resume on Thursday, January 2. If you have any questions, call 472-3700.

The Center 4 Life will be closed on Tuesday and Wednesday, December and January 1. Regular office hours will resume on Thursday, January 2. If you have any questions, call 472-5743.

The Sanibel Recreation Center will be closed on Tuesday and Wednesday, December 31 and January 1. Regular office hours will resume on Thursday, January 2. If you have any questions, call the recreation center at 472-0345.

Merry Christmas & Happy Holidays from The SanibelSusan Team 🚜



1238 Isabel Dr., Sanibel Harbours Bayside with pool & amazing views. Multi-level spacious 4+bedroom with elevator. Dock with lift too. \$3,595,000



842 Limpet Dr, Shell Harbor Light bright easy-living ground-level home with 3 suites surrounding great room. Deep water access. \$2,095,000



Gulfside Place #222, 1605 Middle Gulf Dr Residential 2nd floor condo in private stand-alone tier. Interior remodeled with high-end finishes, faces beach. \$1,395,000



Sandalfoot #2D2, 671 East Gulf Dr Updated 2 bedroom end-unit. Low fees & on-site rental/mgmt office. Equipped for renting or vacations. \$699,000



9448 Begonia Ct, Gumbo Limbo 1-level semi-raised home at end of cul-de -sac on lake. New roof & HVAC. Perfect for easy living & entertaining. \$599,000



1558 Sand Castle Rd, The Dunes Split-plan 3-bedroom pool home with fireplace, high ceilings, newer metal roof, & million dollar views. \$599,000



Lighthouse Point #211, 200 Periwinkle Way Spacious 2 bedroom + den in residential bayside complex handy to gulf, shops, fishing pier, marina, & bike path. \$599,000



1894 Farm Trl, Island Woods Residential lot in 38-home community with pool & tennis. High elevation. Convenient inland location. \$249,000



4566 Buck Key Rd, Sanibel Bayous Nicely wooded lot for single-family home. Handy to bike path, school, rec center, & Bowman's Beach. \$149,000

2242 Periwinkle Way, Sanibel Square, Suite 3





Susan Andrews Realtor®, Broker/Owner, RSPS®, SCIS, TRC



David Anderson Realtor®, Closing Coordinator, Office Manager



Lisa Murty Realtor®, Sales



Elise Carnes Licensed Assistant, Listing Coordinator,

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THE SANIBEL CAPTIVA TRUST COMPANY 2020 Speaker Series

WEDNESDAY, JANUARY 15 Aging in Place & Long-Term Care

Andrea Sieradzki, Campus Director | Gulf Coast Village

Aging well at home is possible if you plan ahead. Researching long-term care strategies to support your lifestyle are the key to making it happen. Learn how at our January program.

TUESDAY, FEBRUARY 4 Your Spouse Has Passed - What Now?

Peter Knize, J.D., LL.M., Trust Administration

Your loved one may have managed the financial and estate responsibilities in your household. Whether or not your spouse or significant other has already passed, be prepared by knowing the hurdles that widows and widowers face during the first year and the resources available to you.

TUESDAY, FEBRUARY 25

Protecting the Inheritance You Leave Your Loved Ones

Craig R. Hersch, P.A. | Shepard, Brett, Stewart, Hersch, Kinsey & Hill, P.A.

Many estate plans are vulnerable to common dangers such as divorce, creditors, malpractice cases, car crashes or business lawsuits. Learn the latest estate planning strategies that will protect your loved ones when you're no longer here to protect them yourself.

TUESDAY, MARCH 10 Election Results and Your Portfolio

Timothy P. Vick, Director of Research Edwin C. Ciskowski, CPA - Senior Vice President, Senior Portfolio Manager

Will a Democratic or Republican White House affect investors' portfolios? We will look at the historical results, as well as what is ahead in domestic and global industry for the answers.

TUESDAY, MARCH 31 The Seven Deadly Financial Sins

Robin L. Cook, CWS and Steven V. Greenstein, CTFA, Wealth Services Advisors

No matter how long you have been saving, investing or overseeing your taxes, we have a few tips to help boost your wealth plan to possibly save you money and aggravation.

Reservations are Required. Reserve the entire series. or select the programs you prefer. RSVP to Frances Steger or fsteger@sancaptrustco.com or call 239.472.8300

\$2 Million in investable assets and higher

SANIBEL CAPTIVA TRUST COMPANY PRIVATE WEALTH MANAGEMENT



Zonta members were orange at their regular meeting on December 3 in honor of Zonta Says No, a global initiative that focuses on gender violence. The event runs annually from November 25 to December 10. photo provided

Mark The Dates For Zonta Events

submitted by Sue Denham

here's a lot going on with the Zonta Club of Sanibel-Captiva. Along with holiday events organized for Zonta service partners and working for the passage of the Equal Rights Amendment, this award-winning club is busier than ever. As planning begins in earnest for the 19th annual A Peek at the Unique home tour fundraiser, to be held on Saturday, March 14, here are some other important dates for your calendar:

Zonta 100th Anniversary Blood Drive In celebration of Zonta's Centennial (Zonta International was founded in 1919), Zonta is inviting the community to participate in a blood drive. Set for Tuesday, January 7 and Thursday, January 9 from 8 a.m. to 1 p.m. across from The Community House and managed by the Lee Health Blood Bank. this community event will be mirrored by other Zonta clubs in Southwest Florida.

For more information, visit www.

Third Annual Lunafest Film Festival -The popular film festival, featuring films

by and about women, is set for Tuesday, January 21 at 7 p.m. inside The Community House. As a centennial gift

to the community. Zonta is providing this event at no charge. Visit www.Eventbrite. com to get your free ticket. Further details will follow.

Peek At The Unique General Tickets On Sale – On and after January 26, all tickets for all departure times will go on sale at www.Eventbrite.com. Until then, check the website for departures at 2 and 2:30 p.m. at a discounted price while they last. Regular cost is \$100 per person (plus an Eventbrite service charge); proceeds benefit programs that empower women.

For more information, go to www. zontasancap.com.

Deadline For Young Women in Public Affairs (YWPA) Award – The last date to apply for Zonta's YWPA award, with a \$1,000 scholarship to the successful candidate, is February 22. Open to high school age students in Southwest Florida with experience in local or student government, workplace leadership and an active commitment to volunteerism. For the full application and details, visit www. foundation.zonta.org/ourprograms.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women and girls. Follow Zonta Sanibel-Captiva on Facebook, and "Like" Zonta (@zontasancap) on Instagram.☆

ISLAND SUN BUSINESS NEWSMAKERS







Deb Gleason

Mary Lou Bailey and Harley

Bell Team

VIP Realty Group

the top producers for November at VIP Realty Group were: Deb Gleason, top sales; Mary Lou Bailey, top listings; and Karen Bell and the Bell Team, top



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SANIBEL ISLAND



5089 JOEWOOD DR., SANIBEL

- Beachfront, 6 BR, 5 BA, Pool & Spa
- Generator, Elevator, Beautifully Landscaped \$3,495,000 MLS 219071481

Trevor Nette 239.281.4435

SANIBEL ISLAND

6477 SANIBEL-CAPTIVA RD., SANIBEL

- Historic Mitchell Estate, Beachfront
- Last Home Before Blind Pass
- \$2,900,000 MLS 219000116 John Stephens 239.980.6394

SOUTH SEAS ISLAND RESORT



1404 BEACH COTTAGES, CAPTIVA

- Direct Beachfront
- 2 Bedrooms, 2 Baths, Updated Interior

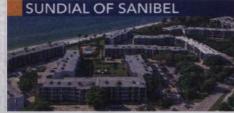
MLS 219080497 \$1,245,000 Vicki Panico & Fred Newman 239.980.0088



5659 SANIBEL-CAPTIVA RD., SANIBEL

- New Remodel, Dock, Pool, Furnished • Virtual Tour: www.5659SanCap.info
- \$825,000 219010968

Bob Radigan 239.691.6240



1501 MIDDLE GULF DR. #C210, SANIBEL

- Views of Gulf of Mexico
- 1 Bedroom, 1 Bathroom

MLS 219072600 \$485,000 **Brian Murty 239.565.1272**





THE PERSON AND THE PERSON AND THE PERSON AND THE

228 VIOLET DR., SANIBEL

- Near Beach Masterpiece, 4,000+/- S.F. • 4 BR, Pool, Remodeled to Finest Standards
- \$1,749,000 MLS 219009841 Jason Lomano, Lomano-Nicholson Team 239.470.8628



2445 W. GULF DR. #C3, SANIBEL

- Phenomenal Gulf Views
- Gorgeous 3 BR, 2 BA, Ground Level
- \$1,195,000 MLS 219076630

John Nicholson, Lomano-Nicholson Team 239.849.3250

SANIBEL ISLAND **NEW LISTING**

5089 SANIBEL-CAPTIVA RD., SANIBEL

- 3/4 Bedrooms, 2 Baths, Pool/Spa
- Quite Getaway on West End
- 219076738

Tom Kiddy, McMurray & Members 239.410.8047

SUNDIAL OF SANIBEL

1501 MIDDLE GULF DR. #H210, SANIBEL

- Phenomenal Income
- Open Floor Plan Studio

MLS 218080098 \$379,000

Brian Murty 239.565.1272



4630 RUE BAYOU, SANIBEL

- Steps to Beach, Private Setting on 1.5 Lots • 4 Bedrooms, 4.5 Baths, Pool/Spa
- \$1,495,000 MLS 218084340 McMurray & Members 239.850.7888



1269 PAR VIEW DR., SANIBEL

- 3 BR, 2.5 BA Remodel on 15th Fairway
- Southern Exposure, Steps to Beach Access \$1,099,000 MLS 219032239 \$1,099,000 Cindy Sitton 239.810.4772

SANIBEL RIVER ESTATES **NEW LISTING**

3570 BUNNY LN., SANIBEL

- Walk to Gulf, Deeded Beach Access
- 3 BR, 3 BA, Pool w/Waterfall
- MLS 219078043 \$739,000

Sharon Kottraba, Lomano-Nicholson Team 804.240.3115



1219 PAR VIEW DR., SANIBEL

- Outstanding Near Beach Homesite
- Tropical Landscape, Ideal S. Exposure \$299,000 MLS 218082852

Cindy Sitton 239.810.4772



11555 WIGHTMAN LN., CAPTIVA

- Gulf Front Beach Cottage
- Gorgeous Sunsets, Walk to Shops & Dining
- MLS 219066529 \$3,849,000 McMurray & Members 239.850.7888

SOUTH SEAS ISLAND RESORT



17 BEACH HOMES, CAPTIVA

- **Extraordinary Gulf Front Views**
- 2nd Floor Master Suite w/Waterfront Deck
- \$3,292,000 MLS 218018805 Fred Newman & Vicki Panico 239.826.2704



1163 SEAGRAPE LN., SANIBEL

- Steps to Beach, 4 BR, 4 BA + Den
- Large & Private, Screened Heated Pool
- \$1,295,000 MLS 219067158
- Andre Arensman 239.233.1414

SANCTUARY GOLF VILLAGE CONDOS

2647 WULFERT RD. #1, SANIBEL

- All New Interior w/Open Layout
- New Kitchen, Baths, Electrical & Floors
- MLS 219071399 \$925,000 Trevor Nette 239.281.4435



5775 BALTUSROL CT. #B102, SANIBEL

- 2 BR, 2 BA, 1,459 S.F., 10' Ceilings
- Sliders to Lanai w/Lush Fairway Vistas MLS 219058602 \$489,000

Cathy Rosario 239.464.2249



2462 WULFERT RD., SANIBEL

- Lovely Golf Course Views
- Overlooks 15th Fairway
- MLS 219028304 \$229,000

McMurray & Members 239.850.7888

submitted by Shirley Jewell

appy holidays to all! It's been a great calendar year for Sanibel-Captiva Rotary and in December, the club prepares for its upcoming fiscal year (July 1 to June 30) by

(July 1 to June 30) by electing our lineup of officers and board members for the coming year. These new officers are responsible for joining the current officers in understanding club responsibilities for planning club objectives and budgeting for the coming year. Continuity is important in exploring new ideas for worthy projects and developing fundraising activities to support club

Newly elected officers serving as of July 1, 2020 will be: President Richard Green, President-elect Bill Letendre, Vice President Dorrie Hipschman, Secretary Chet Sadler, Treasurer John Raho, and Sergeant at Arms Don Russell. Joining our currently serving directors and board trustees are club directors Cindy DeCosta and Barbara Ellis, and board trustees Bill Harkey and Make Raab.

Along with our election of officers on December 13, the club held its last assembly for 2019, an informational update on club business and committee reports.

But before we got down to the



From left, Richard Green, Dorrie Hipschman, Cindy DeCosta, Bill Harkey, John Raho and Chet Sadler photo provided

nitty-gritty of club business, our Rotary International Foundation Chair John Schwandke, with the assistance of Paul Harris multi-award recipients Bob Eidsvold, Bill Rahe and Chet Sadler, presented eight Paul Harris Awards to first-time recipients: Carlton Anderson, Jonathon Dean, Scott Mowry, Joleen Raho, John Raho, Lynn Schneider, and absent on Friday, Mary Schoeffel and Donald Dillinger. This award is in recognition of a financial contribution to Rotary International (RI) Foundation either personally or in their name to support the work of Rotary and the collective financial power that the RI Foundation provides back to Rotary clubs around the world for projects that will contribute to well-being of communities around the globe.

Now on to some highlights of our

committee reports for December:

Treasurer John Raho reported that the club is in a good financial position and dues payments are slowly coming in, but that is not unusual this time of the year. The arts and crafts festival jury fees are coming in now and the club can look forward to a great festival this year. Our Happy Buck Dollars add up and the monies are distributed to a variety of Sanibel-Captiva Rotary causes.

fees are coming in now and the club can look forward to a great festival this year. Our Happy Buck Dollars add up and the monies are distributed to a variety of Sanibel-Captiva Rotary causes.

Sanibel-Captiva Rotary Trust Treasurer Scott Mowry stated that the fall distribution cycle funded \$95,000 in grants from arts and crafts festival proceeds and \$24,000 to the Wheelchair Foundation from our 2019 Wheels on Wheels fundraiser.

The committee is now reviewing grant applications for the next distribution cycle.

Reporting on the arts and crafts festival,

Scot Congress said juried selections have been made for this year's festival and we will have 110 artists represented. We are still waiting for a city permit but expect all to go well. There was some trouble with festival website but hopefully this has been corrected.

Roger Thriftshauser and Roger Grogman have set a goal for silent auction donations and are already in action collecting items for our 2020 festival, to be held in February. Last year, they had almost 300 items on the auction tables. To get these items is a challenge but all Rotarians are asked to help, and thanks is given to our community businesses who generously support Rotary with donations for the silent auction. Kudos go to the unsung heroes of the silent auction area. The logistics of the displays is quite a job and handled beautifully by Clair Beckmann and her amazing committee. Claire is ready to roll.

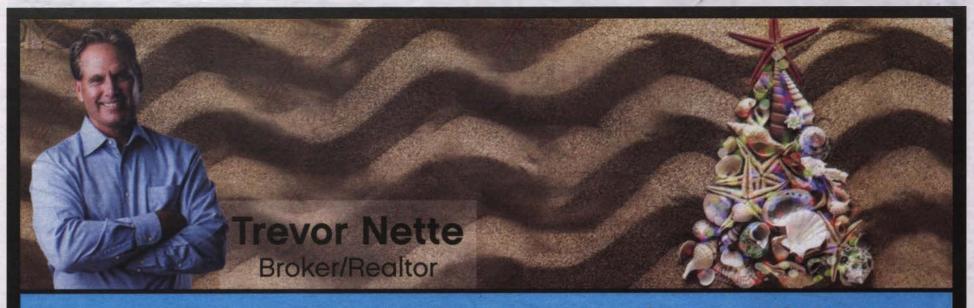
Charlie Emerson is responsible for our festival guide each year, including ad sales that finance production of the guide. The guide not only provides a map of the festival grounds and list of artists and craftsman booth locations but provides an opportunity to put in print information about Sanibel-Captiva Rotary. This is a wonderful way companies and businesses can display their support for the work that

Rotary does.
Sanibel-Captiva Rotary is looking forward to a new year and hope that the coming year will bring peace and good will to all.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.☆







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- 4/4 with awesome location
- Big water + golf coarse views
- Wonderful floor plan. Pool
- Buyer represented by Trevor

\$1,050,000

16970 CAPTIVA DR., CAPTIVA



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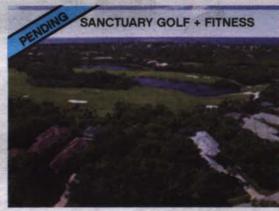
\$3,995,000





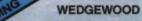
- Newer construction. Gorgeous interior
- Wine room, elevator, game rooms
- Panoramic Gulf views. Private pool + landscaping

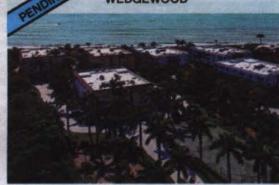
\$7,995,000



- Brand new construction
- Located on hole #9 on Baltusrol Ct.
- 4/4 with pool + spa
- Buyer represented by Trevor

\$1,850,000





- Luxury beachfront condo
- Gorgeous Gulf of Mexico views
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5089 JOEWOOD DRIVE, SANIBEL



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Spotlight Properties of the Week

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FRIDAY Mostly Cloudy High: 73 Low: 67



SATURDAY High: 75 Low: 69



SUNDAY High: 71 Low: 62



MONDAY High: 65 Low: 59



TUESDAY Sunny High: 69 Low: 63



WEDNESDAY Mostly Sunny High: 68 Low: 62



Cape Coral Bridge Tides

THURSDAY Partly Cloudy High: 70 Low: 64

Redfish Pass Tides							
Day	High	Low	High	Low			
Fri	8:11 am	1:59 am	8:35 pm	1:46 pm			
Sat	9:53 am	3:14 am	9:09 pm	2:30 pm			
Sun	11:18 am	4:15 am	9:44 pm	3:10 pm			
Mon	12:30 pm	5:07 am	10:19 pm	3:46 pm			
Tue	1:31 pm	5:54 am	10:55 pm	4:18 pm			
Wed	2:23 pm	6:37 am	11:31 pm	4:50 pm			
Thu	3:06 pm	7:18 am	None	5:24 pm			

	Point Ybel Tides								
Day High			Low	High	Low				
	Fri	7:16 am	2:01 am	7:40 pm	1:48 pm				
	Sat	8:58 am	3:16 am	8:14 pm	2:32 pm				
	Sun	10:23 am	4:17 am	8:49 pm	3:12 pm				
	Mon	11:35 am	5:09 am	9:24 pm	3:48 pm				
	Tue	12:36 pm	5:56 am	10:00 pm	4:20 pm				
	Wed	1:28 pm							
	Thu	2:11 pm	7:20 am	11:13 pm	5:26 pm				

Day High Fri 8:02 am		Low	High	Low	
		2:04 am	8:15 pm	2:11 pm	
Sat 9:23 am		3:04 am 8:59 pm		3:01 pm	
Sun 10:44 am		4:01 am	9:46 pm	3:50 pm	
Mon 11:39 am		4:54 am	10:32 pm	4:39 pm	
Tue 12:18 pm					
Wed 12:54 pm		6:28 am	11:47 pm	6:08 pm	
Thu 1:32 pm					

Day	High	Low	High	Low
Fri			10:45 pm	
Sat	12:03 pm	6:30 am	11:19 pm	5:46 pm
Sun	1:28 pm	7:31 am	11:54 pm	6:26 pm
Mon	2:40 pm	8:23 am	None	7:02 pm
Tue	12:29 am	9:10 am	3:41 pm	7:34 pm
Wed	1:05 am	9:53 am	4:33 pm	8:06 pm
Thu	1:41 am	10:34 am	5:16 pm	8:40 pm

Island Seniors At Center 4 Life

eet your friends Land make some new ones at the Center 4 Life. Browse through the following activities, then



stop by to sign up.

The center will be closed on Tuesday and Wednesday, December 24 and 25 for the Christmas holiday. Normal hours will resume on Thursday, December 26. It will also be closed on Tuesday and Wednesday, December 31 and January 1 for the New Year's holiday. Normal hours

will resume on Thursday, January 2.

Kayaking on Tuesdays – January 7 and 14 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Line Dancing Classes - Fridays, January 3, 10, 17, 24 and 31 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members.

The instructor will review dance steps then turn up the music. Bring a friend for a fun-filled afternoon. Advance registration is not required.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and

wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, January 8 at 2:30 p.m. is The Beach House by Jane Green.

Skinny dipping in her neighbors' pools when they're away and who dearly loves her Nantucket home. But when she discovers that the money she thought would last forever is dwindling, she realizes she must make drastic changes to save her beloved house. So Nan takes out an ad: Rooms to rent for the summer in a beautiful old Nantucket home with water views and direct access to the beach."

Bea Pappas, ISEA-NF Collage, Part 1 - Tuesdays, January 7, 14, 21 and 28. Cost is \$125 for members and \$140 for non-members. Make collage papers with gelli plates, fabric, tissue paper and National Geographic pages. Bring acrylic paint, preferably liquid, not tubes; white tissue paper, cloth-style paper towels, flat nylon brush (one- or two-inch) and a water container to clean, at brushes. Contact the center for more

information, 472-5743.

Learn to Play Mahjongg with Katie Reid - January 27 to 31 Cost is \$15 for members and \$30 for non-members. Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies provided. You must register in advance to participate.

Contestants Wanted for Sanibel's Got Talent - Thursday, February 20. If you or someone you know would like to be in the spotlight, contact talent scout Tommy Williams at the center. He is seeking local talent to perform in this special event at the Sanibel Recreation Center, following a

potluck dinner.

Demaris Peters Pike - Friday, January 31. Damaris Peters Pike will present Que Sera, Sera Remembering Doris Day in the Women

Contrary to the popular image of the smiling girl next door, Doris Day's story is full of pain and sorrow along with great success. This recounting of her youth in Cincinnati, her start as a big band singer, and amazing rise to stardom in movies includes several wellloved songs associated with the star, such as It's Magic, My Secret Love and Sentimental Journey. A \$5 donation is requested with proceeds benefitting Island Seniors programming.

Games - Cost for all games is \$2.50 for members and \$5 for nonmembers. Prizes will be awarded.

Bridge - Monday and Wednesday. Registration begins at 12:30 p.m.

Game begins at 1 p.m.

Mahjongg – Monday and Thursday

Hand & Foot – Thursday at noon. Hearts - Friday at 12:30 p.m.

Fitness Classes - Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows: Cardio Combo - Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance

and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

50/50 Cardio Sculpt - Monday, Wednesday and Friday at 9:30 and 11 a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Power Hour Fitness - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

ISLAND SUN BUSINESS **NEWSMAKERS**

Pfeifer Realty Group

he top producer at Pfeifer Realty Group for November was: Jennifer McSorley, top listings and top sales.₩



Jennifer McSorley





WEEKLY RENTAL LICENSE 836 Donax Street Is Offered At \$549,000

This 3BR/2BA family home overlooks the Sanibel River The living room, dining and kitchen combo have French door access to the screened back porch with abundant natural light. Community pool and easy walking distance to beach access. Great rental opportunity!

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1056 S YACHTSMAN DR • SANIBEL Bay/Gulf access canal home with 3 bed, 2 bath, 1682 sq ft has been recently updated. Enjoy pool, screened lanai, and 2 car air conditioned garage. Recently updated dock. **OFFERED AT \$879,000**





1567 SAND CASTLE RD . SANIBEL Beautiful lake and golf course views, 3 bed, 3 bath, 2560 sq ft with cathedral ceilings, space to entertain, master suite, quest room en suite & screened porches. **OFFERED AT \$897,000**

STUNNING BAY FRONT

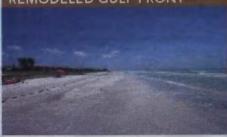


261 FERRY LANDING DR • SANIBEL Direct Bay front duplex, 2 bed, 2 bath, 1637 sq ft with cathedral ceilings, spacious loft, master suite with office area, community tennis, pool & fishing pier. OFFERED AT \$1,095,000

PEACEFUL WEST END

2065 WILD LIME DR . SANIBEL Serene and private West End island retreat with relaxing, screened pool & lanai. Coastal cool home with 3 beds and 2.5 baths. Close to Bowman's Beach & Blind Pass. **OFFERED AT \$639,000**

REMODELED GULF FRONT



SANIBEL ARMS F2 • SANIBEL Gulf front condo with 1 bed, 1 bath, 638 sq ft. Remodeled ground floor unit provides easy access to the beach in a favorite Sanibel complex. Great investment property. **OFFERED AT \$549,000**

GOLF COURSE VIEWS



1611 SAND CASTLE RD . SANIBEL Island style living with view of the golf course, lake & sunset skies. 3 bed, 2.5 bath, 1349 duplex with main floor master, screened lanai, side deck & paver drive. **OFFERED AT \$479,000**

BEAUTIFUL GULF VIEWS



SAND POINTE 111 • SANIBEL Corner unit with 2 bed, 2 bath, 1007 sq ft. Enjoy breathtaking tropical views from the large lenai, relax at the heated pool, or stroll the white sandy beaches of Sanibel Island. **OFFERED AT \$699,000**

EASY ISLAND LIVING



1031 SAND CASTLE RD . SANIBEL Overlooking The Dunes lake and golf course, 3 bed, 3 bath, 1908 sq ft home is easy on and off island. Lots of outdoor space, pool and 2 car garage. **OFFERED AT \$820,000**

C/VERRY (HRISTMAS.





Fred Bondurant

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KNOWLEDGE I NETWORKS I SERVICE I RESULTS

Hospital Stay Turns Into The Gift Of A Lifetime

submitted by Mary Ann Watt, Lee Health Foundation

Stories like this are why SanCap Cares and the island communities continue to support Golisano Children's Hospital as they care for the children and families of Southwest Florida."

It's a wonderful life... but it didn't look that way to Cindy and Dan Hawkins, or their son, Max, late on the evening of December 23, 2018.

With Christmas less than 30 hours away, Dan and 14-year-old Max were leaving a Cape Coral Walmart, driving into a night illuminated by festive lights and legions of home-bound consumers, when trouble jumped out and tagged them.

Just like hordes of others, father and son had gone out to find that last essential gift, the one that could make Christmas just perfect. Unlike most others, though, they no sooner got out of the parking lot when another car slammed into theirs. The accident



Cindy and Max Hawkins

photo provided

occurred about 10:30 p.m., shaking them up a bit but allowing them to walk away.

They got home, and that seemed to be the end of it. It wasn't.

What happened in the next day and a half – thanks to doctors and nurses working through Christmas at Golisano Children's Hospital – proved just how wonderful a life it can be, even if marred by significant imperfections.

"When Max got up the next morning, on Christmas Eve, he just wasn't feeling quite right," Cindy Hawkins recalled. She and Dan hustled the boy off to an urgent care center, where staff members took one look at him and pointed the family to Golisano, where they learned Max had an emergency condition that had cut off blood flow to an area below his waist.

It had to be repaired immediately.

"By 6:30 p.m. on Christmas Eve, they were taking him back to surgery," Cindy said. Not a happy moment, to be sure, but it went off with no hitches.

Surgery took about an hour, and by 9 p.m., Max had been moved into a room where his parents could stay with him.

That's when the magic – the wonderful life, perfect Christmas or not – began.

"The staff brought in a Christmas tree," Cindy said. "Actually, they gave Max a choice: a tree he could decorate himself, or one already decorated."

Still groggy, the boy picked the decorated tree and went to sleep.

As the night hours dragged on, there seemed to be no jingling bells or prancing reindeer or visions of sugar plums in the Hawkins family, or on the ward.

But then that all changed.

"About 2 a.m., Dan and I wake up to the noise of a lot of people coming into the room," Cindy said. "Max kept sleeping. When I asked the nurse what was going on, she just smiled and said, 'Santa came."

"I didn't even realize how much they'd brought until morning." Max awoke fairly early on Christmas Day and wanted only one thing – to go home. And then he saw the tree, and beneath it a cluster of presents with his name on them.

"There were eight to 10 gifts, things a boy would want: ear buds for his phone, an ice hockey table game, there was some kind of science gift in there, so the gifts were educational as well as just fun," Cindy said.

"He was so surprised, and it made Christmas seem a little bit more normal. The staff didn't have to do that. They were wonderful from the time we stepped in to the time we stepped out. They were so amazing."

And one other thing: "It made Max feel good."

Later that day, the family was able to return home with what might arguably prove the biggest gift of all for Max: a lifelong memory of caring and compassion, not just important diagnostic and surgical skill – one that made even a significantly imperfect Christmas something utterly wonderful.

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Sea School Director Speaks To Lions Club

r. Bruce Neill, executive director and co-founder of Sanibel Sea School, addressed the Sanibel Capitva Lions Club last week. His talk focused on the impact of climate change, red tide and algae on water conditions and aquatic life.

Dr. Neill started his talk by stating that climate change is real, it is driven by human activities, and that there is not a scientific debate on this. Virtually all scientists agree on the cause and effect of climate change. He said that climate change skeptics claim there are not "good" studies (i.e. double-blind studies) on climate change. He humorously stated that there have never been double-blind studies on the effectiveness of parachutes either. He also noted that red tide is a

natural occurring phenomenon that is enhanced by human activity. It is not a plant or animal, rather it is a form of plankton. Nutrients cause the red tide to bloom, and its decomposition depletes the oxygen in the water, making it hypoxic. It is primarily this lack of oxygen, not the toxin, that kills much of the aquatic life.

In discussing solutions, Dr. Neill pointed out that the water infrastructure of south Florida was created to serve a population that is one-20th of the current population. The increased migration of almost 1,000 people per day into Florida is not sustainable. He pointed out that the solution to the water quality issues starts with the human race. You can reduce the



Dr. Bruce Neill

photo provided

use of plastics and fertilizer. You can reduce the water usage by using native vegetation and not irrigating your lawns.

Dr. Neill said that 56 percent of the water usage on Sanibel is for irrigation of lawns, most of which actually runs off into the bay or the gulf. Finally, you can press your politicians to discuss detailed plans on their proposals for improving water quality and not just let them off with 30 second sound bites.

The Sanibel Captiva Lions Club holds regular dinner meetings on the first and third Wednesday of the month during the year. Visiting Lions or other interested parties are welcome to attend. For more information, contact Membership Chair Steven Schulz at P.O. Box 391, Sanibel, FL 33957, call 233-6261, or visit www. sanibelcaptivalionsclub.org.

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Trust Company Supports Arts And Crafts Festival

The Sanibel-Captiva Trust Company has signed on as a bronze sponsor of the Sanibel-Captiva Rotary Club 37th annual Arts & Crafts Festival, to be held on Saturday and Sunday, February 15 and 16 at The Community House.

The juried art show features more than 120 artists in a variety of mediums. The arts and crafts festival is the primary fundraiser for the Sanibel-Captiva Rotary, allowing the club to disperse grants of about \$100,000 to both local and international causes.

"The Sanibel-Captiva Rotary does so much for so many – our community is stronger for it," said Al Hanser, founder and chairman of the trust company.

For more information about Rotary's charitable giving or to make a contribution, contact Chet Sadler at 472-7257.



From left, Steve Greenstein, Anne Campbell, Lee Almas, Robin Cook, Jeff Muddell, Barb Ellis, Lee Schaff, Gary Dyer, Jonathan Dean, Roger photo provided

From Our Family To Yours,
Happy Holidays!
Merry Christmas!
and a Happy and Healthy
2020 To All!



Diane • Ray • Carl • Cindy •
• Kassia • Gayle • Lori • Dianne •

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From left, CROW Executive Director Allison Charney Hussey, Leslie Palmer and Bank of the Islands Assistant Vice President Darrin Grotrian photo provided

Bank Donation Goes To CROW

Bank of the Islands made another nonprofit donation through its We Love Our Islands program recently. Leslie Palmer was spotted with a We Love Our Islands decal on her vehicle, winning her the right to select which local nonprofit organization would receive a charitable contribution from the bank. Palmer chose to donate

the bank's \$200 to the Clinic for the Rehabilitation of Wildlife (CROW). That donation marks \$84,300 given away to date through the bank's We Love Our Islands program.

"We work very closely with CROW on Taste of the Islands and other initiatives," said Willy Ocasio, Bank of the Islands vice president and Sanibel-Captiva office manager. "They care for injured wildlife and provide great educational programs, on our islands and throughout Southwest Florida."

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How To Change Up Your Holiday Decor This Season



by Linda Coin

hristmas will be here before you know it. You may already have or will soon decorate the tree and cookies while listening to music that gets you in the holly jolly spirit. This time

of year is so traditional and nostalgic, often taking you back to your childhood splendor. While there are plenty of classic touches about the holiday season that simply can't be changed, there are many ways to decorate and start new traditions to pass on to your family.

Looking for some holiday inspiration? Here are a few ways to mix up the Christmas decor this year...

Follow the "less is more" mantra.

Oftentimes, Christmas is associated with an abundance of decorations, creating your own whimsical wonderland in the comfort of your own home. Instead of following through with this usual option, consider a theme that's more minimalistic. Perhaps you focus on using one bold color – white, green or red – instead of a mixture of the three for

a simplified look.

Consider a theme centered around one item. Similar to the statement around color, it can be easy to decorate with dozens of different Christmas emblems and items. Instead of turning your home into a habitat for all the characters in your favorite classic holiday movie, choose one staple item and style the rest of your home around it. Consider basing your decorations on a theme such as Santa, the gingerbread man, or bows. You should choose an item that means something to you and has a personal connection to your family. From there, take advantage of new items with holiday pillows on the sofa, colored and scented candles, table runners and other key pieces of decor that can bring the room

Decorate in a new place. Everyone has that one room in their home that gets the most attention around Christmas. Perhaps it's the living room, where you get to decorate the mantel and gather around the fire during the holiday season. While this can be a tradition that's hard to bust, decorating a different room as the main focal point during this time of year can give you a whole new perspective on the holiday season. For example, you can focus on the dining room instead - when the tree and majority of decorations are in this living space, you and your family members may be more inclined to gather around the table for conversation. There's also a great opportunity here to decorate the guest room, a welcoming holiday wreath over the bed with a new comforter with coordinating shams for

your visitors can make the room pop and keep guests in the holiday spirit throughout their stay

throughout their stay.

Try a new tree. The Christmas tree is the most common denominator in decor in homes during the holiday season, and many people decorate with the same ornaments year after year. If you really want to mix things up, consider a different colored tree. A gorgeous white option makes a modern and stylish statement without taking away from the spirit of Christmas.

It's hard to believe that it's almost time to start shopping for Christmas presents, let alone decorating for the holiday season. If the idea of mixing things up from the tradition intimidates you, consider working with a design professional. They can help you navigate the trends and classic options to devise a decorating plan that caters to your personality, style, wants and needs.

Linda Coin is an interior designer

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.

New Intern For City Of Sanibel

abrielle Cooper is assisting the City of Sanibel as a spring intern, now through the spring semester. Cooper is scheduled to graduate from Florida Gulf Coast University (FGCU) in May of next year.

Cooper is interning in the administration department. Her projects include the design of various informational and educational materials for recently adopted city legislation.

Cooper was raised on Sanibel, attended The Sanibel School and is a graduate of South Fort Myers High School. She is currently pursuing her bachelor's degree at FGCU, majoring in communications with a concentration in public relations with a minor in Spanish. When asked why she wanted to intern at the city this spring, she said, "The City of Sanibel has always been close to my



Sabrielle Cooper

photo provided

heart and interning here will help me prepare for my professional future."



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2. Direct Gulf views at Sundial East - Sanibel

- 2 BR/2BA condo + den with views directly out to Gulf of Mexico
- Open kitchen w/ granite countertops, SS appliances, community pool, tennis, beach access & more. Nightly rentals & dog friendly.
- \$899,000 EUR €811,188

3. Gulf views at Loggerhead Cay - Sanibel

- · 2 BR/ 2 BA condo with updated kitchen and pet friendly policies
- · Community amenities: beach access, pool, grills, tennis & more.
- \$745,000 EUR €672,540

4. On East End Located Across Street from Beach w/ Boat Dock

- 3 BR/ 2.5 BA remodeled home with screen enclosed pool, large backyard, and canal view
- Old Florida style home, 2nd floor master suite, community tennis & dock. Offered mostly furnished.
- · \$1,375,000 EUR €1,245,527

5. Sea Oats-Short Walk to Beach

- 3BR/3BA home with open floor plan, large kitchen, enclosed pool and large lanai
- · Volume ceilings, custom millwork, and fully mitigated
- \$899,000 EUR €811,188

6. Ground level home in Shell Harbor - Sanibel

- 3 BR/ 2.1 BA home situated on an oversized lot on Sanibel's east end
- · Dock, boatlift, new windows, and long canal views
- \$995,000 EUR €897,811











7. Private beach access on Sanibel's West End - Sanibel

- 3 BR/ 2 BA home built to the most recent high standards by a prestigious local builder in 2017
- Large open kitchen, granite counters, vaulted ceilings, multiple porches, & transom windows

• \$1,450,000 EUR €1,308,369

\$559.000 EUR €504,398

8. Remodeled at Sanibel Arms West

- 2 BR/2 BA open kitchen with granite countertops, unit was newly painted
- Community amenities: large pool, beach frontage, on-site management/rental office, tennis & more

9. Remodeled Direct Access Canal Home In Shell Harbor

- 3BR/3BA completely remodeled ground level home featuring travertine floors and open kitchen
- Large boat dock able to accommodate sizeable boat or sailboat,
- very short trip to the open waters of the bay \$1,595,000 EUR €1,439,205

10. Captiva Village home with stunning Gulf Views - Captiva

- 3 BR/4 BA fully remodeled home designed to take advantage of Gulf views from every level
- Wood floors, stainless steel kitchen, stone fireplace, multiple lanais, large master suite, grotto inspired pool with hot tub, wet bar and shower.
- \$3,650,000 EUR €3,293,480

11. Long lake views on Lake Murex - Sanibel

- 4 BR/3.1 BA home on oversized lot with 2 story ceilings and great room
- · Chef's kitchen with 2 islands, gas fireplace, elevator, pool, and generator
- \$1,299,000 EUR €1,172,118

12. Near Beach - Panoramic Views

- 3BR/ 2.5 BA Island style home located across the street from the beach and Gulf
- Updated kitchen and bathrooms, screen enclosed pool with water views
- \$1,295,000 EUR €1,169,046





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Callie and Bailey Johnson, center, with 10K race committee members, from left, Ed Ridlehoover, Diane Cortese, Pete Bender and George Campean photo provided

Longtime Family Business Devoted To Community

Bailey's General Store is a familyrun business that has been devoted to the Sanibel Island community for more than a century. Bailey's has provided fuel to the runners of the 10K Race 4 FISH – held each fall on Sanibel – and backpack-style bags for race day treats. These are some of the things the long-established business has done since the inaugural run 11 years ago.

"Since 1895, the Bailey family has been working to build the community on our island," said Calli Johnson, who has previously been a runner in the 10K. "Three generations later, that drive and will to improve without harming our little piece of paradise still goes today."

Rotary Club Shows Support



Sanibel-Captiva Rotary Club members with race committee members Ed Ridlehoover and Pete Bender, right photo provided

The Sanibel-Captiva Rotary Club has been serving its community for more than 35 years, by raising funds to support worthy causes. Throughout the years, Rotarians have supported FISH of SanCap through its annual 10K race.

The club also distributes annual scholarships for local youth, supports

the Blessings in a Backpack program and the annual Dictionary Day, when every third grade student at Fort Myers Beach Elementary and The Sanibel Schools receive a dictionary. The club's annual arts and crafts fair has became one of Southwest Florida's premier juried art shows, and its primary fundraiser.





Team members from Sundial Resort & Spa with 10K Race for FISH committee members Pete Bender and Ed Ridlehoover, back left photo provided

Sundial Resort Supports Annual Race For FISH

undial Beach Resort & Spa showed its community spirit at the 10K Race 4 FISH this past October with a team of runners and as a sponsor.

We recognize and support the valuable programs FISH of SanCap administers within the Sanibel-Captiva community, and appreciate its multiple social service initiatives," said Phillip Starling, general manager of Sundial Resort & Spa.☼

BIG ARTS Names Annual Benefit Co-Chairs

IG ARTS annual benefit will be held on March 27 and is cochaired this year by Kris Gurall and Nancy Traylor. Both are long-time Sanibel summer residents — Gurall from her northern home in Lake Winnipesauke, New Hampshire, and Traylor from Evansville, Indiana. Gurall and Traylor have devoted their time and talent to many of community nonprofit organizations, from Sanibel-Captiva Conservation Foundation to FISH of

We are thrilled that Nancy and Kris have graciously agreed to co-chair the 2020 BIG ARTS annual benefit. We are so fortunate to have their wonderful leadership, especially during this 'banner year' for BIG ARTS", said Susan Heisler, co-chair of the BIG ARTS board of directors.

BIG ARTS spring concert benefit features the group Heart by Heart, which plays the music of the famous rock band, Heart. Formed in 1970 in Seattle, Washington, Heart sold over 35 million records worldwide, including over 22.5 million in album sales in the United States. The band was inducted into the Rock and Roll Hall of Fame in 2013. Steve Fossen and Michael Derosier, bassist and drummer in the original band, were the inspiration



Kris Gurall and Nancy Traylor photo by Impressions Photography

for the new group, Heart by Heart. "Our mission is to perform the classic Heart music as faithfully as we can," Fossen said. Heart by Heart presents a powerful, dynamic show that includes all the favorite Heart hits such as Crazy on You (1976), Magic Man (1976) and Barracuda (1977) as well as deep album

For information, contact Annie Campbell at acampbell@bigarts.org, 472-9700 ext. 308, or visit www. bigarts.org.☼

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Will Power

Of Faith And Reason



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

s Christmas and Chanukah approach, I thought I'd write about faith. I appreciate how both holidays engender erenity and redemption in the face of brutality, shine light during times of darkness, and for their messages of hope. Yet we live in a time when people ridicule those of faith.

Human beings have many faculties at their disposal. We have a brain to process information, emotions that move us and intuition that guides us. We have our sensory tools of sight, hearing, smell, taste and touch. So where does faith fit in?

Many don't view faith as a basic human faculty, rather they e it more as the absence of reason. Others are even more cynical, claiming that faith is a sign of weakness, something to resort to when all else fails. In earlier times, cynics say faith was a necessity because man didn't have science to help explain the laws of cature, but in the face of reason and all of man's brilliant accomplishments, we have outgrown our need for faith. Isn't faith simply a creation of our imagination to deal with issues we can't comprehend?

We know how to access reason, as we have cultivated it our entire lives - at school, work and elsewhere. We are all born with faith, it's a natural state. Young people readily accept notions they don't understand because faith is inherent in all of us.

Faith is not, however, to be confused with childish naivete, gullibility or laziness. Children tend to lose faith as they grow older in our society, when they experience hypocrisy or have been lied to. The child, to protect himself, begins using reason alone to process ideas, effectively silencing his inner voice telling him that, even though something cannot be grasped with his hand or totally understood with his mind, it may

We all realize that we can't sense everything, yet know it exists, as two examples radio waves and electricity. Yet we don't allow ourselves to contemplate an omnipresent higher being, writing that off as fictional storytelling.

Consider your family dog. He certainly possesses certain human-like qualities, including the ability to express certain emotions. Like us, he has the senses of sight, hearing, smell, taste and touch. Even as smart as he seems to be, he can't operate a car, contemplate his future, solve a crossword puzzle or be amazed at the artistry of Mozart. His brain has certain limitations.

Like our family pet, isn't it possible that we also have limitations, albeit at a higher level? Can we not reason that human beings may be limited in some way that hides the

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Eternal from us? Could this incapability be by design? Is there a spiritual reality beyond that which we can see, feel, hear and touch?

Using reason, we can contemplate the wonders of creation and begin to recognize the breadth of the infinite power responsible for it. Reason also leads us to understand the limit of human knowledge and how much is beyond our scope. Reason, therefore, can lead to faith. Well-developed reason arrives at the obvious conclusion that reality is far greater than that which we can experience with our senses and our intellect. We come to realize that this reality is not a product of our mind, but that our mind is a product of this reality. Reason may lead us to the door of this reality, but we need different tools to enter.

Scientific reason is often used to explain away faith. Science and faith need not be mutually exclusive. Science is used to explain many things. It makes our lives more comfortable and makes us work more efficiently, but does it explain how to make our lives more meaningful? Science may explain the what and may even explain (partly) the how, but it never explains the why. One can therefore say that secular or scientific reason deals with what the universe is, while spiritual wisdom deals with why it is and what it means.

Faith isn't always easy. As we wrestle with an uneasy past and an uncertain future, it may seem more comforting to cling to the lives we know. But the thirst for redemption is coupled with another trait that all humans share: hope. Hope for health and prosperity. Hope for justice and virtue. Hope for freedom from the darkness.

Make your home a loving environment, make your office a place where generosity and compassion replace selfishness and aggression. Above all, share these ideas with your family and friends.

Merry Christmas and Happy Chanukah.

Note: this column was almost entirely adapted from the book, Toward a Meaningful Life – The Wisdom of Rebbe Menachem Mendel Schneerson by Simon Jacobson. ©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.

From page 1B

Brush Of Excellence

in looking through the camera lens."

Rich also was presented with an honorarium provided by Andrea Koss in memory of her husband Kip, Darling's grandson and torchbearer. The Brush of Excellence award is a tribute to Darling, the Pulitzer Prize-winning editorial cartoonist, artist and conservation champion who had a winter home on

A current resident of Shell Point Retirement Community, Rich is deeply attached to saving habitat for wildlife. In her 2019 book, The Courtship of Great Blue Herons, she wrote, "For more than one-million years, nature provided wilderness for life on Earth. Now, it is for us to resolve to protect and increase what nature has given us.

Prior honorees of the Brush of Excellence include Jaye Boswell, Clyde Butcher, Jim Sprankle and Ikki Matsumoto.

Works of art by all five Brush of Excellence artists will be on exhibit Monday through Friday from 9 a.m. to noon in the Bailey home at SCCF's Bailey Homestead Preserve, located at 1300 Periwinkle Way. The exhibit will remain on view through April; closed December 24 through January 1 for the holidays.☆

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Gloria Garrett and Kelley Laird

ABWA Board Member Earns Service Award

Telley Laird of New American Funding received the 5-year ABWA Service Award from Gloria Garrett of HMG, chapter president. Laird is an ABWA past president and a current member of the executive board.

"ABWA is a pivotal element in career management," said Laird. "When I made the move from hospitality to mortgage loan origination, ABWA was there with networking, professional development opportunities and, most importantly, support and encouragement from women

I respect."

"Kelley is the consummate professional dambin team." said and critical to our leadership team," said

Island Business Gives Back



From left, race committee member Pete Bender, Mike Cohn of John Grey Painting, race committee member Nicole McHale, Nate and Derrick Grey of John Grey Painting, and race committee members Ed Ridlehoover, Roger Timm and Diane Cortese photo provided

ohn Grey Painting has been renovating, decorating and painting homes and businesses for more than 50 years. Veteran painter John Grey and his team also support their community through island nonprofit organizations, such as FISH of SanCap. The company was a sponsor of the

annual 10K Race 4 FISH, held this fall.

We have been a part of this community for many years and our organizations like FISH make it a great place to live and work," said Nate Grey, who is part of the business along with his brother, Derrick.



Rare Beach Front Home **Amazing Gulf Views** Beautifully Updated Open Custom Kitchen 4 287 Square Feet

photo provided

Garrett. "She has a firm grasp on chapter history and obligations to the national organization, but when new ideas are

needed, she always takes leadership. As innovation committee chair, she launched

ABWA welcomes the community to its monthly luncheons and to join in the

discussion with the presenters showcased

in the Women in Leadership Speaker Series. The next meeting will be held on

Tuesday, January 28 at Sundial Beach

Resort and Spa, located at 1451 Middle Gulf Drive on Sanibel. Networking

the guest speaker from noon to 1 p.m. Cost is \$25 per person. RSVP at info@

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Beautifully Updated 3/2



Direct Gulf Access

by Howard Prager



Four things to report from last week: the Heisman, NFL teams eliminated from playoff chances, baseball's staggering signings, and a touching football story on an ironic date.

The Heisman. The most famous college football award. And without much surprise, it went to QB Joe Burrow of LSU, a quarterback who came into his own this year after transferring from Ohio State two years ago. The nation's toprated passer, he led his team to the No. 1 seed in the BCS Championship and won the 2019 Heisman Trophy Saturday. Burrow is on pace to set an FBS singleseason record for completion percentage (.779), along with 48 touchdowns and 4,715 passing yards, both SEC records. He threw only six interceptions. Burrow is the fourth straight quarterback to win the award and the 12th to win it in the last 14 seasons. He is the second Heisman Trophy winner in LSU history. The other? Billy Cannon in 1959. The last SEC QB to win? Johnny Manziel from Texas A&M in 2012.

According to NCAA records, Burrow won by the largest vote margin in Heisman history. His 2,608 points were 1,846 more points than second-place

finisher Jalen Hurts. Burrow also received 95.03 percent (841 out of 885) of possible first-place votes, breaking the record set by Ohio State QB Troy Smith in 2006 when he received 91.63 percent of the votes. Burrow set new records for highest percentage of possible points (.938) and percentage of ballots received (.955). And just in case all those records aren't enough, Burrow is the first Heisman winner in history to wear No. 9. Let's see how he fares in the BCS championship games and in the NFL draft.

Speaking of the NFL, the Bears and Tampa Bay were both eliminated from a playoff berth last weekend. Leading the NFC are the Seahawks and Packers, who may be facing what New England has discovered, riding on the tailcoats of how well aging QB Aaron Rogers does. Like Tom Brady, Rogers always finds a way to win. The Ravens and Patriots are on top of the AFC. We'll see if the last couple of weeks of the season provide any drama, and if these two teams and storied QBs face each other in this year's Super Bowl.

Baseball free agent signings continue to set new heights. One day after the Nationals re-signed their World Series super arm Stephen Strasburg for \$245 million, the Yankees signed Gerrit Cole who pitched so well for the Astros in the series, for \$324 million. Not to miss out, former Nationals 3B Anthony Rendon signed with the Angels for \$245 million. All three happened to be clients of uberagent Scott Boras. Other deals happened too, but nothing in this mega realm. Madison Burngarner got off pretty

cheaply for \$85 million. Cheap and \$85 million are not terms I often use next to each other. It seems that like baseball records, record salaries are meant to be

The good news sports story of the week is not about money, individual awards, or controversies. December 14 was the seventh anniversary of the Sandy Hook Elementary School shooting. Most people in town mourn the victims of the mass shooting on that day. That's how the day started. But it ended differently. Newtown High School won the state football championship, its first state title in 27 years. The team featured the older brother of one of the Sandy Hook victims as well as several players who attended

Sandy Hook. That, in itself, is incredibly

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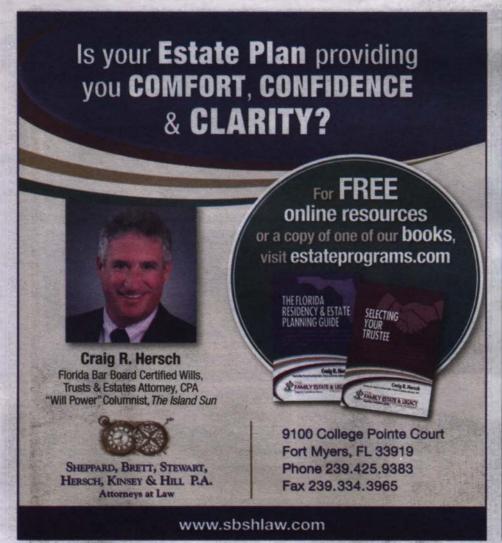
The play that led them to victory was when Junior quarterback Jack Street fired a 36-yard pass through the fog and rain with three seconds left in regulation time of the Class LL state final that somehow reached senior wide receiver Riley Ward for the touchdown that will live forever in Newtown lore. Ward tossed his helmet in the air as uproar erupted after the storybook ending. "For a second, I was like the last one to run on the field, and I had nobody to hug, because I was like, 'Wait, did that really just happen?" Newton head coach Bobby Pattison said. "The great thing about football and sports continued on page 23B

SPORTS QUIZ

- 1. Who was the first major-league player to hit a pair of home runs in an All-Star Game?
- Name the last of the six major-league teams that longtime skipper (1967-88) Dick Williams managed.
- 3. Can you name two of the first three quarterbacks in SEC history to have at least 35 passing and 35 rushing touchdowns during their career?
- LeBron James played in eight consecutive NBA Finals (2011-18). Name two of the three players who played in more.
- 5. An American has been drafted No. 1 overall eight times in the history of the NHL Entry Draft. How many of them were selected between 2000 and 2019?
- 6. Who was the last Cup driver before Chase Elliott in 2018-19 to win back-to-back races at Watkins Glen?
- 7. Who was the last female tennis player younger than Coco Gauff in 2019 (15 years old) to win her first WTA tournament?

ANSWERS

1. Pittsburgh's Arky Vaughn, in 1941. 2. The Seattle Mariners, in 1988. 3. Tim Tebow, Dak Prescott and Nick Fitzgerald. 4. Bill Russell (10 consecutive), Sam Jones (nine) and Tom Heinsohn (nine). 5. Five. 6. Marcos Ambrose, in 2011-12. 7. The Czech Republic's Nicole Vaidisova, who was a younger 15 when she won in 2004.





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Brain Blood Flow





by Ross Hauser, MD and Marion Hauser, MS, RD

rain fog is the inability to have a sharp memory or focus. Many of our patients report an inability to think clearly and just don't feel like themselves. They tell us that their PCP said, "eh, you're just getting older!" Gradual, slow decline in mentation does come with aging but not accelerated or severe brain function decline. Alzheimer's Disease is not a normal "disease of aging."

In addition to eating a fresh food-based diet, getting adequate rest, reducing stress and staying active, there is one other factor to consider: cervical instability (i.e. loose support structures in your neck that cause your cervical spine to move too much). When this happens, guess what? Patients may experience episodes of dizziness, fainting, mental blocks, brain fog, weird eye/ear sensations and, if left long enough, seizures or stroke.

Because of our "face-down-lifestyles" (i.e. cell phone/device use), our necks are getting stretched, to the point that they can no longer hold up our heads properly. Many suffer with sore necks and shoulders, and find symptoms worsening. More severe situations may arise when moving the head right or left. This was the case for a recent patient who came from the Netherlands. He thought he had a severe case of hypoglycemia, so he was eating every few hours. Turned out that he experienced complete artery blockage when turning his head to the right and looking down. We documented this using Digital Motion X-ray (DMX) and Transcranial Doppler (TCD) studies in our office. You can imagine how he felt to discover this information.

Dr. Hauser was our first patient to receive TCD testing in our office. We were amazed to find out that when he turned his head to the right and looked up, his study revealed complete blood flow blockage. For years during Ironman Triathlon training, he would experience dizziness during the swim. Now we know why.

What did he and the patient from the Netherlands do? Regenerated their loose cervical spines with prolotherapy and started posture exercises to improve their

spinal curves. This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.

Beautifulife:

Holiday Sanity



by Kay Casperson

re you starting to feel a bit of the holiday pressure? Does it seem like the lists are growing bigger every day? Maybe you're feeling stressed about throwing

a holiday party, a family function, or even deciding what to get for those on your gift list. Every year it seems that right when Thanksgiving hits, we are tossed into the hustle and bustle of the holidays. Black Friday comes, followed by Cyber Monday and boom, we find ourselves running like crazy from here to there, trying to get everything done

If you are like me, you are probably waking up in the middle of the night thinking about all of the things that you need to accomplish. You are also most likely lacking in the sleep department. If you are a busy multitasker, you may be making plans for work functions, end of season celebrations, holiday shopping, kids Christmas parties, teacher gifts, Santa stuff, decorating and all the other things that come with the holidays.

Before you let the stress and anxiety creep up on you, I encourage you to stop right now, take a deep breath and try to put a few simple steps in place to keep the holidays sane and as stress

free as possible.

List it – Make a list of events you need to plan for and what needs to get done to make them happen with success. Next, a list of people you want to remember for the holidays with cards, cookies, gifts, or even just a call to say hello with a cheerful wish. Remember to check things off when they are done, so you are feeling accomplished.

Me time - Carve out some time each day to breathe, move, exercise, or stretch to make sure you are being mindful of your body and health. After all, this is a time to think about others, but you need to make sure you take care of yourself.

Space it - Choose what you eat

and drink wisely at parties and get togethers. Partake in moderation, so you don't feel bad afterwards that you may have overindulged.

Enjoy - Most importantly, have fun and celebrate a festive, spiritual and meaningful holiday time with people that are special to you and who bring love and joy to your life.

My favorite affirmation for staying

sane this holiday season is:

"I will keep the joy in my heart through the holidays and will focus on what is most important.'

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

From page 1B

CROW Fundraiser

event off-island for the community to learn more about CROW's work and show their support for native and migratory wildlife.

Tickets are \$125 per person through the end of 2019. On January 1, the price will increase to \$150 per person. Guests also have the option to be an Awesome Opossum Host by purchasing a table and filling it with seven of their closest friends or colleagues for \$1,500. Host sponsors will receive entry for two for the Virginia Opossum VIP reception inside the Burroughs Home before the event with an exclusive meet-and-greet opportunity with CROW Animal Ambassador Mina, the great horned

Tickets and host tables can be purchased online at www.CROWClinic. org/articles/wild-about-crow. Other sponsors also include Northern Trust, as a Bronze Bobcat sponsor, Susan Ion Hogan, DDS, as the Southern Black Racer Valet sponsor and Uncommon Friends as the Habitat sponsor.

For more information on becoming a sponsor, contact Mary Schoeffel at mschoeffel@crowclinic.org or 472-3644

The Burroughs Home and Gardens is located at 2505 First Street in downtown Fort Myers.☆

Sanibel Shoes & Socks for Homeless Veterans

Drop-Off Locations November 30 to December 22

We kicked off year three of Sanibel Shoes and Socks for Homeless Veterans and, we added additional drop-off sites. Below are places that offer a drop-off box to deposit shoes and socks.

SANIBEL

Bailey's General Store The Dunes Golf & Tennis Club American Legion Post 123 St. Isabel Catholic Church Sanibel & Captiva Islands Chamber of Commerce Kingfisher Real Estate Bank of America The Community Hou Sanibel Fire and Rescue District Sanibel Public Librar FISH of SanCap

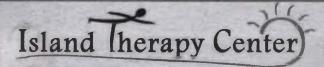
FORT MYERS

St. Columbkille Catholic Church PORT CHARLOTTE **WIKX Radio**



We will continue to collect and socks for men and women from now until the Sunday before Christmas. Sunday to give veterans the opportunity to get a job, bring dress shoes, work because makers and socks to one of the drop-off centers. For more info, call 973-687-4826

PHYSICAL THERAPY – MASSAGE - PILATES



Feel Well on Sanibel! " MM827832 PT013489

Expert Physical Therapy for Back, Neck, Joint Pain Dizziness/Vertigo, Weakness, Balance **Doctorate Physical Therapists – One-on-One Medicare - Joint Surgery - Sports Rehab**

Premium, Lab-Tested **CBD Pain Relief** Now Available

239-395-5858 www.islandtherapycenter.com 2242 Periwinkle Way, in the Sanibel Square.

deaRPharmacist

Lettuce Alternatives



by Suzy Cohen, RPh

ear Readers: thought it was just romaine.

At this point, you should probably just throw out all your lettuce. It doesn't matter if it came from Salinas, California because other states

may be involved now. There have been over 100 reported cases across 23 states at the time of this writing. There is an official recall.

I'm not being an alarmist, Just the other day, we were told to trash those convenient bagged salad 'kits' because there are various types of lettuce in there, and some bags might have the contaminated E. coli leaves in it. The warning to consumers was about the brand called, Fresh Express Sunflower Crisp Chopped Salad Kits. Just days after that urgent concern, the FDA has announced it is looking into several other E. coli outbreaks linked to lettuce grown from other states. There are multiple strains of pathogens and, once infected, symptoms can show up between one day and a week later.

One quick thing, if you are supported on warfarin or other anticoagulants, please be aware that all salad greens are high in Vitamin K (some more than others), so do not change your diet without your doctor's approval and supervision.

Here are some lettuce alternatives for those of you who wish to avoid romaine and other lettuces:

Rainbow or Swiss Chard - These have broad green leaves attached to a bright crimson red stalk. The red in the leaves and stalk is due to the natural dye "betalain" which is used for liver health. If you've ever cooked chard, you know this shrinks to nothing. You can fill a giant 16-quart pot with these, and by the time you've steamed it over five minutes, you'll end up with a spoonful.

I once bought six of these at one time, and when I checked out at the supermarket, the cashier sarcastically asked me if I was going to eat all that myself. Without batting an eye, I quipped, "No I have a horse to feed!"

Spinach - Like all leafy greens, spinach is high in fiber and promotes regularity. It contains oxalates, and it is very rich in potassium which regulates blood pressure.

Radicchio - Radicchio is a small, round reddish-purple sphere and pairs well with greens in a salad. It's way tastier than red cabbage. Add radicchio to your salad because it is high in Vitamin C, Vitamin K and other micronutrients.

Mustard Greens - Taste this green before chopping it into your salad, because most people have to acquire the taste. I must be weird, because I don't mind eating it raw. If you lightly steam or blanche it, you will reduce the bitterness. This popular plant gives us mustard seeds, which can be turned into one of our favorite condiments.

Watercress - Very versatile and contains over 50 vitamins and minerals. Scientific data shows this can help prevent DNA cellular damage and, in that regard, perhaps slow the development of cancer. Sometimes people worry about the goitrogenic effect on iodine absorption, and subsequent production of thyroid hormone, but I think a little watercress is just fine.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.

From page 20B

Frankly Speaking

in general is moments like this, it brings people together. These guys had an outstanding year. To win a state championship is a tremendous accomplishment, and these boys deserve it. They're a great bunch." The Newtown team was honored on Sunday Night Football.

Sometimes sports can add some new and good memories at a painful time.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@ islandsunnews.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: My boyfriend keeps a lot of things from me, and I feel he is very secretive. Is this unhealthy?

A: Most of us have a secret or two that we wish to keep to ourselves and that is perfectly okay.

We have things from our past that we prefer not to share with others. Usually the secrets we keep to ourselves are situations that may make us look less favorable to others. It may be something like abusive, alcoholic, drug addicted, or incarcerated relatives and/or friends. It can be a plethora of things we don't want to share

The issue with being secretive about most things is that it can lead to emotional dysfunction. It simply isn't healthy to keep so many secrets to oneself. Secrets are things that we tend to be ashamed of or something we are hiding from others to keep looking good on the surface. Sooner or later, secrets can and will be found out. It's one thing to keep something a surprise, which is usually a good thing such as an engagement, party, vacation,

You may want to confront your boyfriend and let him know that you are

aware that he is keeping secrets, and it's not healthy for him or your relationship. You may want to ask yourself if you are keeping secrets in your closet as well. Maybe your boyfriend can journal his secrets privately, as this can be a cleansing exercise and he could use a third person if he is worried about privacy. This way, he can have the freedom to keep a degree of

security without feeling exposed.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Know The Signs Of Drug Abuse

arconon reminds families that many people will be spending more time with family and friends around this holiday season. Be familiar with the signs that your loved one may be struggling with addiction to drugs or alcohol. Be mindful of the things that will actually tell you if they are doing well or not. If you notice that things aren't right, you need to be prepared to confront your loved one and get them into treatment. You are giving them the gift of a new life.

For more information on how to confront your loved one, visit www. narconon-suncoast.org/blog/how-toconfront-your-addict-this-holiday-season. html. Call 1-877-841-5509 for a no cost screening or referral.





CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477 1000
Fire Department Coulded	4//-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	279 7100
Poleon Control	2/0-/100
Poison Control	-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472 2700
Puilding Deportment	4/2-3/00
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	000 500 4000
Dest Office Co. 11	.239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	.800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-10/4
Samper Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ADTC	
Arcade Theater	322 4400
Art League Of Fort Muses	332-4408
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	200 2525
Gulf Coget Symphony	200-2035
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	470 6060
Caribal Music Fastival	4/2-0802
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	ancapart.com
SW Florida Symphony	419,0006
Symphonic Chorale of SW Florida	500 500
	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc http://abwasani	belcaptiva.org
American Legion Post 123	470 0070
Angel Flight SE	4/2-99/9
Angel Flight SE	7-4AN-ANGEL
Audubon Society	7-4AN-ANGEL
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PETS OF THE WEEK

Lee County Domestic Animal Services

Zorro And Maya



Zorro ID# A799083

'ello, my name is Zorro. I am a 3-year-old male hound mix who came to LCDAS Awith my brother Kirby who has since been adopted. My greatest wish is to find my new family in time to spend the holidays in my forever home. I am an energetic, handsome boy who is full of love. You will surely fall in love with me when you meet me. I love to flip my toys in the air in the play yard, and it is so much fun to watch.

My adoption fee is \$50. Hi, I'm Maya. I am a 1-year-old female domestic medium hair who is even more beautiful when you see me in person than in my picture (which seems quite impossible, but true). I have a fluffy, fox-like tail that I sway back and forth while strutting my stuff around the cat room. I am a

Maya ID# A802162

free spirit who prefers to roam around rather than being held. I get along with the other cats, so I am perfect to take advantage of the adopt-one-get-afeline-friend free promotion.

My adoption fee is \$10 with the BOGO offer. Lee County Domestic Animal Services (LCDAS) is celebrating the upcoming holiday season with a Gift Giving Tree. The tree in the adoption lobby at LCDAS is decorated with ornaments with a wish list of gifts for the shelter pets. Visitors may pick one up and return them by Saturday, December 21 to help make the animals holiday a little brighter. The ornament is yours to keep for your tree! Visit www.leelostpets.com to view all pets currently available and adoption fees.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or

call 533-7387.

Haven on Earth Animal League

Baby Grey And Peloton



Baby Grey

i There! We are Baby Grey (grey and white) and Peloton (black and white Ltuxedo). While we aren't biological siblings, we've spent our entire lives together so we would really like to get adopted together. Baby Grey is a 6-month-old male, and Peloton is a 5-month-old female. We've been neutered and spayed and have all of our vaccinations. We are very playful and sweet.

Baby Grey likes to give kisses, and will cuddle

and sleep with you - just like a human child. Baby Grey needs a lot of attention and really needs to have another kitty around to help keep him company and play with him. Peloton is very easy going. They both get along great with other cats and would do well in a multi-cat household. Baby Grey has extremely soft fur and feels like a marshmallow, while little Peloton is sleek and shiny. Peloton has a white tip at the end of her



Peloton

Come see us at the PetSmart on Six Mile Cypress Parkway in Fort Myers.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\$

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Super Crossword **FOODIES** ACROSS 49 Lull 84 Singer Fiona 120 Form-fitting 36 Happy times 82 Small band 1 Withdraw behaving comedian swimwear 37 Grammy-83 MGM mogul Second-rate John to very badly? 121 Litters about winning jazz/ Marcus 13 Mexican sleen? 88 Pilfer from 122 Pants part pop pianist 84 Long, strong meat dishes 55 Vast span 89 Fruit such as 38 Nile queen and fibrous 20 Pro speaker 56 Per piece a pear DOWN 40 Heineken 85 Taboo 21 Start of a 57 City on 90 Enthusiastic 1 Birds of fable alternative pirate chant 86 Baked with Interstate 80 French 2 Part of QED 43 Solo in sci-fi 22 Minimal cash a cheese 58 Original "Star assent 3 Support stick 44 Paper Mate topping 23 Actor Trek" captain 91 Long, thin 4 Virtual sales alternative Kevin from 59 French artist 87 "- for cigar 5 Longtime 45 Prefix with Evidence" Quebec? Jean 95 Even trades pickup model chic 25 Marsh gas, 60 Rye husk 97 Blast noise (Sue Grafton - tu" (Verdi **47** Heedless 62 Kagan on mainly 99 Airer of 105-Across) book) 48 Fled 26 William who the Supreme 'Conan" 7 Jaded sorts 89 Rampart part 49 Contact lens created Court 100 Newswoman 91 PC admin 8 Fover care brand Shrek 64 With Ann being a 9 Moby Dick's 50 Sounding off people 27 Lettuce 45-Across coward? hunter 92 Get misty-51 Alias letters type 28 Fierce wind the 1980s. 102 Special 10 Pt. of SPCA 52 Disco, e.g. eyed politically Arctic light 11 Japanese 93 "Ripe" period 53 School 30 At any point 66 Gene stuff 104 One-named chiefs of old theater 94 Actress 31 Willed gift 67 Bewilder "Smooth 12 Longtime group Headly 33 Astronaut iustice Operator' cleanser 54 "Catch my 95 South, in Alan clearing Warren? singer brand drift?" Lima 70 Med. service 105 Met highlight hurdles? 13 Actress **57** Flowers 96 Bracelet 36 It's scanned 71 Sniff out 106 "It's ---Marisa again holders in a store. 73 French artist ("That's 14 Hex ender? 59 Deadly viper 97 Assembles for short Dufy evil!") 60 U.K. media 15 Ran into 98 Composer 39 "Blasted!" 74 Healing balm 107 Take on the 16 "Arrow of giant **40** Discontinued 75 Fancy Thomas role of God" novelist 61 Tire catcher 101 Cartons **iPods** shooting 111 Thick-Chinua - Grant" 41 Restitution marble 102 Cockeyed skinned 17 Yeast, e.g. 64 Classic auto 42 "The Taking 76 Slips a cog 103 Ranch units fruits 18 Set of nine 65 'Fore of - One 77 Outfielder Ty 114 Baseballer 106 Tiptop 19 Boat backs 68 Common Two Three' 78 Author Sarah Mike with 108 Ripped 24 Blind as rhyme (1974 film) Jewett chicken pox? 109 Halo, for one 29 Old hi-fi buys scheme 44 Tie-ons for 80 Key on a PC 117 Turned-up 32 Tennis unit 110 Flower part 69 Exultant joy messy food 81 Honor facial feature 33 Be in sync 112 Ares, for one 72 -ette relative 45 See 118 United, with essavist 34 Stoolie, to 113 That, in Lima 77 Hack's auto 64-Across Charles "up" Brits 79 Blvd., e.g. 115 Spike of corn 46 Irate novelist with jesting 119 South 35 Former car-80 Prefix with 116 Print quality Anne? insults? Dakota city financing co. dermis abbr 22 23 24 25 26 31 32 34 35 42 44 45 46 48 47 52 53 56 63 65 66 67 68 69 71 75 76 78 80 81 90 92 95 96 100 102 104 105 106 107 108 109 110 111 112 | 113 114 115 116 117 118 119 120 121 122

King Crossword ACROSS Chum With 29-Across. Conrad novel Faction 12 Whatever amount 13 Dermatology subject Horn sound 15 Related to summer the-"That hurts!" 18 Decorate a T-shirt. '60s-style 19 Old Olds "- the fields we go" 22 Trite 26 McCartney 48 Western cohort hero's tradecity 29 See 4-Across mark 50 Suitor 30 Praise in verse Draftable Doves' place 52 List-ending ters 32 Eviscerate abbr. 53 Complain 33 Actress Bugs Cannon 54 Peruse Commotion 55 "Quiet!" 35 Trot 36 Part of a DOWN Santa cos-History tume Oppositionist 1935 Astaire/ Orpheus' Rogers movie instrument Oppositionist Attorney 25 See to 40 Swelled head Earth tone 41 Pester Genetic - list 45 Oodles stuff 28 On

7 Midwestern 29 Moonshine container 8 Remained 32 Commence upright hostilities 9 Debtor's let-33 Thick 35 Binge 10 Elmer, to 36 Went by water 11 Biblical verb 38 Excited ending 39 Porcelain 16 Worship 42 "I'll have what 20 Shade source - having 23 Georgetown 43 Wooden strip athlete 44 Leave an 24 Hebrew impression month 45 "The Chew' network 26 "Shoo!" 46 Meadow 47 Rowing need 49 Weeding tool

TOLKIEN MAGIC MAZE CHARACTERS QNKHEBYVSMPMJH

EBYVTQOL(GANDAL IGDBYWTRSRIPMEK IFDBGYWUOAFSAQO MKIFDEBKHGLNZXW USQONMLKNOOOLJ FDCAYEUEWRGLGVT QPNMRWLBNNULEK HFEURNIPP IPAUL CBZYAYODORFWVMM USRQPNMLJOBLIBS

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Aragorn Arwen Beleg Bilbo

Feanor Fingolfin Gandalf Gollum

Legolas Melkor Merry **Pippin**

Sam Smaug Uruk-hai

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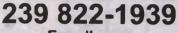
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	2				8		1	
		1		9				6
6			7	3		4		

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

HOCUS-FOCUS

HENRY BOLTINOFI



. SEE TRAINTER SECTIONS 21 MIS ENTIRED

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



3 House has more windows 4 Woman's coat has but-is 5 Tree has extra limb 6 Mom's bangs are different. referces: 1. Woman's hat is different. 2. Blanket has a ruf-

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My Stars ★★★★

FOR WEEK OF DECEMBER 23, 2019

Aries (March 21 to April 19) Make your holiday preparations one step at a time in order to avoid being overwhelmed and leaving things undone. That confusing family situation continues to work itself

Taurus (April 20 to May 20) Ease this year's holiday money pressures by letting your thrifty side guide you as you look for those perfect gifts that typically reflect your good taste and love of beauty.

Gemini (May 21 to June 20) You'll have a good handle on potential holiday problems if you delegate tasks to family members, friends or co-workers - most of whom will be more than happy to help

Cancer (June 21 to July 22) Right now you are especially vulnerable to sholiday scams that seek to take advantage of your generosity. Best advice: Check them out before you send out your checks.

Leo (July 23 to August 22) The upcoming holiday season gives the Big Cat much to purr about. Relationships grow stronger, and new opportunities loom on the horizon, just waiting to be

Virgo (August 23 to September 22) A changing situation brings conflicting advice about how to go forward with your holiday plans. Your best bet: Make the decision you feel most comfortable with.

Libra (September 23 to October 22) Holiday plans get back on track after some confusion about the direction you expected to take. A potentially troublesome money matter needs your immediate attention.

Scorpio (Óctober 23 to November 21) Your holiday preparations are on track. But you need to confront a personal situation while you can still keep it from overwhelming everything else

Sagittarius (November 22 to December 21) Tight financial matters ease a bit during this holiday season. But the sagacious Sagittarian is well-advised to keep a tight hold on the reins while shopping for gifts.

Capricorn (December 22 to January 19) Don't put off making decisions about this year's holiday celebrations, despite the negative comments you've been getting from several quarters. Do it NOW!

Aquarius (January 20 to February 18) The holidays will bring new friends and new opportunities. Meanwhile, be careful to use your energy wisely as you go about making holiday preparations.

Pisces (February 19 to March 20) There's good news coming from a most unlikely source. And it could turn out to be one of the best holiday gifts you have had in years. Remember to stay positive

Born This Week: You are respected

for your honesty and loyalty. You make friends slowly - but with rare exceptions, they're in your life forever.

MOMENTS IN TIME

• On Dec. 28, 1793, British-born American revolutionary Thomas Paine, author of "Common Sense," is arrested in France for treason, having been tried in absentia and convicted. Paine was imprisoned in a former palace, where he had a large room with windows and catered meals

 On Dec. 24, 1851, a fire sweeps through the Library of Congress and destroys two-thirds of Thomas Jefferson's personal literary collection. Jefferson had sold his personal library of 6,487 books to Congress after the British burned the Congressional library in 1814.

 On Dec. 23, 1888, Dutch painter
 Vincent van Gogh, suffering from severe depression, cuts off the lower part of his left ear with a razor. He later documented the event in a painting titled "Self-Portrait with Bandaged Ear.

• On Dec. 27, 1900, prohibitionist Carry Nation smashes up a bar in Wichita, Kansas, causing extensive damage and landing in jail. Nation became famous for carrying a hatchet and wrecking saloons, and sold souvenir hatchets to help fund her anti-alcohol activities

• On Dec. 29, 1915, the French

National Assembly passes a law formally ceding the land that holds the British war cemeteries to Great Britain, ensuring that its saddest and most sacred monuments would be forever protected.

• On Dec. 26, 1946, infamous gangster Benjamin "Bugsy" Siegel opens his Flamingo Hotel in Las Vegas. The grand opening was a flop, however, and the casino lost \$300,000 in the first week. The hotel was named after Siegel's girlfriend, whose nickname was "The Flamingo" because of her red hair and long legs.

 On Dec. 25, 1962, "To Kill a Mockingbird," a film based on the novel by Harper Lee, opens in theaters. The Great Depression-era story of racial injustice and the loss of childhood innocence is told from the perspective of a young Alabama

girl named Scout Finch.

STRANGE BUT TRUE

- It was Polish chess grandmaster Savielly Tartakower who made the following sage observation: "Victory goes to the player who makes the next-to-last mistake
- · Worldwide, herbivores kill more people than carnivores
- Bulletproof vests, fire escapes, windshield wipers and laser printers all were invented by women.
 - Japanese scientists have discovered

CLASSIFIED

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SCRAMBLERS

1. Search; 2. Invest:

3. Tangle; 4. Chore

Today's Word

VACATION

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ANNUAL RENTAL

UPDATED 2/2 UF CONDO Close to Sanibel & FM Beach, this Ground level condo has new Wood vinyl in LR, new Carpet in BR's, Full size W/D, in unit, overlooks courtyard, view of lake. Clubhouse, pool, exercise, etc. \$1,300/mo.

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Elevated Duplex, 2,000 Sq. Feet, Private Beach Access, 3BR, 2 Bath, LR, DR, open floor plan, 2 car garage, vaulted ceilings, 2 lanais, loft, no pets, no pool, \$2,650. Call 239-910-6430. 10/11 # TEN

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LOST AND FOUND

LOST AT TASTE OF THE ISLANDS JIMINY CRICKET NECKLACE CHARM/PIN

About 11/2 inches tall, Sterling Silver base with colored stones made into Jiminy Cricket. If you found this. please contact B. Curtis at 239-472-5490 or Email bjcurtis@comcast.net. Reward offered for return.

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scamatolawn@aol.com

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that the human body emits a very slight, yet perceptible, glow. After using a special camera to study a sample of men in their 20s, they found that intensity of the glow varies, with the lowest point at around 10 a.m. and the brightest at 4 a.m.

• In 1743, a hand-operated elevator was installed in the palace of Versailles. Louis XV used it to visit Madame de Chateauroux, his mistress.

 Due to a quirk in the transition from one kind of calendar system to another, nobody was born between Oct. 4 and Oct. 15 in continental Europe in the year 1582.

• If you're like me, social situations can be a nightmare of trying – and usually failing – to remember the names of all your new acquaintances. The next time you find yourself struggling to name the person you're conversing with, you can always segue into this interesting tidbit: The inability to remember names is technically known as anomia.

• In ancient Japan, towns would have public contests to see who could break wind the loudest and the longest. Prizes were awarded.

• It is possible for a fetus in the womb to get hiccups.

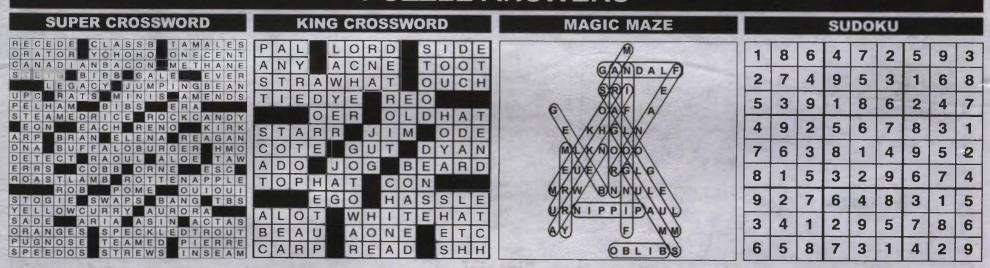
THOUGHT FOR THE DAY

"Doctors are the same as lawyers; the only difference is that lawyers merely rob you, whereas doctors rob you and kill you too." – Anton Chekhov

HORTOONS



PUZZLE ANSWERS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
McGregor Isles	Fort Myers	1992	5,888	\$2,495,000	\$2,435,000	16
Sanibel Estates	Sanibel	2005	3,650	\$2,450,000	\$2,400,000	53
Cape Harbour	Cape Coral	2015	3,175	\$1,300,000	\$1,225,000	48
Siesta Isles	Fort Myers Beach	1984	2,584	\$1,295,000	\$1,200,000	48
Town And River	Fort Myers	1975	3,044	\$1,275,000	\$1,100,000	231
Edgewater	Fort Myers	2001	3,229	\$1,200,000	\$1,205,000	2
Marina Isle	Bonita Springs	2000	3,540	\$1,199,000	\$1,199,000	100
Old Pelican Bay	Fort Myers Beach	2002	3,119	\$999,900	\$950,000	211
Alva	Alva	2005	3,554	\$995,000	\$950,000	86
Bonita Lakes	Bonita Springs	2012	3,128	\$879,000	\$850,000	33

BUY & SELL

THESE FINE PROPERTIES.



1230 BAY DRIVE



SANIBEL HARBOR

- True "Old Fla" 3BR 2BA perfect island dream home
- . Deep water boating access w/ updated pool and deck
- Amazing views, modern finishes & lush, tropical vegetation

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- . Gorgeous Sunsets, Walk to Shops & Dining
- · Beautifully Decorated, Fully Furnished
- Floor-Ceiling Impact Windows, Copper Roof, **Wood Floors** 53,849,000

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- waterfront commercial real estate location on Sanibel & Captiva Island
- Original World Famous Lazy Flamingo, The Sunset grill and general store \$8,500,000

4630 RUE BAYOU



CHATEAUX SUR MER

- Steps to Beach, Private Setting on 1 1/2 Lots
- 4 BR 4,5 BA, Pool & Spa
- · Elevator, Fireplace, 2 Master Suites, Newer Roof \$1,495,000

2268 WULFERT ROAD



SANCTUARY CC SIGNATURE RESIDENCE

- 4 BR, 5.5 BA, 5,368 S.F., Golf Course Views
- Championship golf Tennis, Restaurant
- Amazing great rm w/ soaring ceiling, 2 large master suite, large open kitchen, walk-in wine cellar \$1,995,000

- · Overlooks the 15th fairway w/ great views of golf course
- Fantastic community amenities &social events

2462 WULFERT ROAD

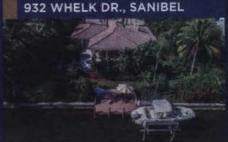
• 5-10 minutes from the beautiful Gulf of Mexico beaches

5089 SANIBEL-CAPTIVA ROAD



PRIVATE ISLAND GETAWAY

- 3/4 BR, 2 BA, Pool & Spa
- Quite oasis on West End
- Large Deck & Game Room \$749.999



SANCTUARY CC LOT

- GULF & BAY ACCESS
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- Tropical Vegetation Offers Privacy
- Pool/Spa, Deeded Beach Access, dock & lift \$1,165,000



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