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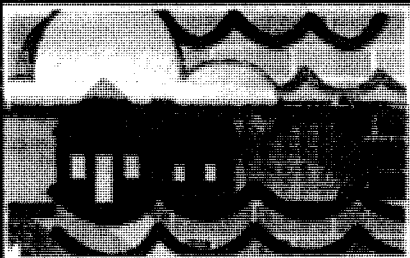
Vol. 42, No. 16

Week of June 6 - 12, 2003

32 Pages



Celebrate the
 Big Bang at the
 Old Schoolhouse
 Theatre.
 See the review
 on page 21.



The Home Pages this
 week take a look at
 George Parker, Inc.
 and new home
 construction
 materials.
 See page 14.

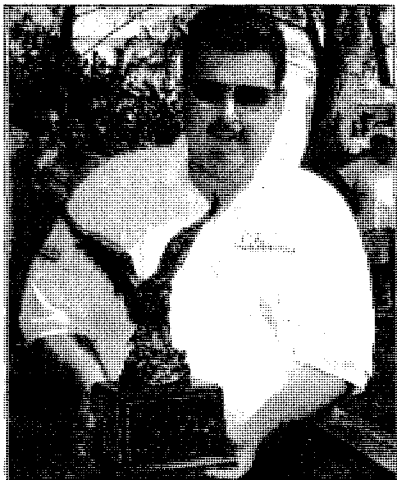


Marsha Wagner
 takes a look at
 Camus' *Caligula* on
 the stage in London.
 See page 18.



CROW's Taste of the Islands 2003 was a big hit with all ages on Sunday, June 1.
 See page 2 for award winners and photos. More photos can be found on page 13

Photo by Renny Severance



Taste of the Taste Award:
The Thistle Lodge



People's Choice Award:
Gramma Dot's, 3rd year in a row!



Best Fish/Seafood:
The Seafood Factory



Best Dessert:
American Legion Post 123



Best Meat:
The Thistle Lodge



Best Pasta: Matzaluna



Fabulous flavors enjoyed at Taste

By Terri Blackmore
General Manager

Under warm skies and balmy breezes, the 23rd Annual Taste of the Islands, held at Gulfside City Park on Sunday, June 1, was a taste testers' dream. Eighteen of Sanibel's finest food establishments strutted their stuff for CROW, Clinic for the Rehabilitation of Wildlife. As CROW'S largest fundraiser, monies from the foods sold help sick, orphaned and injured wildlife on the Islands and in Lee County.

Known as the island biggest and best party, the Taste sported day-long entertainment by The Reggae Allstars, Tanqueray Bay and the Mambo Brothers who kept the crowd moving even though weighted down from trying 42 different food items. Major event sponsor, Michelob Ultra, provided a variety of beverages including beer, margaritas, wine, sodas and water.

Helping to defray some of the costs to mount an event this immense were this year's gold and silver sponsors. Accolades go to Michelob Ultra and the gold sponsors — Lifeline Designs, Bank Of The Islands, Barrier Island Title, North Trail RV Center, Don Peters/Century 21, The Islander, Molnar Electric, On The Marc Entertainment, Coral Veterinary Clinic, and Coldwell Banker Previews International. A special thanks to NBC 2 and anchor Todd Jurkowski this year's MC. Also thanks to silver sponsors, Barefoot Charley, Captiva Cruises, Greenwood Consulting Group, Inc., Marilyn White, and the Sanibel Island Fishing Club.

Last but not least, the Taste would be a bland affair without the participating restaurants, some of whom keep coming year after year to make the event soar. A major portion of the restaurants' receipts go directly to CROW. As busy as they are in their own establishments, these devoted restaurateurs brought everything to the site except the kitchen sink and cooked their hearts out for the event. What always makes the day inspiring is the competitiveness of the chefs and foods served.

The culinary expertise of the panel of judges helped determine the winners in nine varied food categories. Thanks to Bob Janes, Lee County Commissioner; Derek Pagan, Mille Sapore Restaurant; Rodney Doubleday, Gourmet Pizza Bistro; Kimball Matthews, Lee Island Coast VCB; and Shannon Bacchus of Bacchus and Downtown Shannon's.

The winners are... Best Appetizer: Jacaranda; Best Salad: Timbers; Best Meat: Thistle Lodge; Best Fish/Seafood: The Seafood Factory; Best Pasta: Matzaluna; Best Pizza: Latte Da; Best Vegetarian: East End Deli; Best Dessert: The American Legion Post 123; and Best Booth Presentation: The Seafood Factory. The prestigious Taste of the Taste Award (Judges Choice), was surrendered by The Seafood Factory to this year's new winner, The Thistle Lodge. The highly coveted People's Choice Award, voted on by the public the day of the Taste, went to Gramma Dot's for the third year in a row!

The tents are down and new a few thousand Taste-goers are back on their diets getting ready for 2004! It was truly a beautiful day spiced with the camaraderie of good people blended with the best food on the Islands.

Anita Pinder, event chairman and operations manager at CROW, offers her profuse thanks to everyone who helped make this 23rd annual Taste a successful one.



Best Appetizer: Jacaranda



Best Pizza: Latte Da



Best Vegetarian:
East End Deli



Best Booth Presentation:
The Seafood Factory



Best Salad: Timbers

TOO MUCH SUN



Dave Horton



Lee Horton



UP PERISCOPE

It's a tough choice...

If I win the lottery this week, should I buy the Hummer or the wall-size, plasma screen, High Definition TV with voice-activated controls and automatic channel surfing?

The TV is about \$4 cheaper but the Hummer will probably last longer in this world of rapidly changing technology. Some would say "advancing," but I'm going to settle for "changing" as being the more accurate. In the TV universe this is especially true as manufacturers struggle to work out new standards. It's the old Beta vs VHS all over again, only more so.

In all of this seething technological turmoil it sure would be nice if they could also agree on some standards for programming the recording devices. I know I've whined about this stuff before but the powers that be are still not taking notice.

In this case it's the French Open (or "Freedom" Open, as some might like to call it) that brings it all to head. For reasons that only Copernicus, Magellan and the European Union understand, the

RENNY SEVERANCE
Editor

French set their clocks six hours ahead of ours. This means that when the Williams sisters should be playing tennis there in our prime time, it's 2:30 a.m. by the clocks in Paris.

In reality, they play at some other time — who knows when — and the TV moguls decide to broadcast it here during the day when most reasonable people are hard at work or play away from their recliners and TV sets.

Consequently, we have to rely on — dare I utter it? — the VCR! The combination of VCR, cable and television set is daunting to say the least. There are only three documented cases in all of Lee County where they actually work together exactly the same way and none of those are at my house.

(There is an insidious rumour circulating that in some households the way they

work together is known to change without warning when no one is at home keeping a close eye on these things.)

So, the current system in my house is... the cable is connected to the TV which is connected to the VCR — I think. If you want to watch a program, you have to set the TV to Channel 3 and tune the cable box to the desired channel.

If you want to record something in the future when not at home it becomes infinitely more complex — not worthy of all the boring details here.

My wife has gotten pretty good at this particular one — it's up to me to program the other TV/VCR/cable concatenation in the other room because it's completely different.

But even she, with her depth of scientific background, is not infallible as evidenced all of the programming that came up empty because she did not know to turn off the VCR after programming it.

When I become emperor of the world all this stuff is going to get simpler.

COLUMNISTS

Business Profile
Nancy Santeusano
— page 14



Center Stage
Marsha Wagner
— page 18

HURRICANE 2003

With the start of hurricane season on June 1, the Sanibel Emergency Management Program (SEMP) is now issuing 2003 Hurricane Passes to property and business owners and their *essential* employees. This pass is valid for one year only.

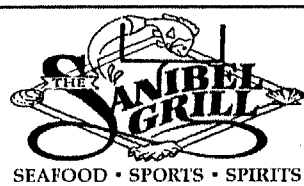
It will allow one access back onto the island, but access could be limited due to ongoing response and recovery efforts on the islands in the aftermath of a disaster.

Come to the Police Department to obtain a 2003 Hurricane Pass or, if you are leaving the islands for the summer months, send a self-addressed envelope to the Police Department with a request to have a pass sent to your summer residence. *Residents with a Florida driver's license reflecting a Sanibel address do not need a pass for re-entry to the island.*

Residents of both islands are reminded that Alert Radios are sold at the Police Department for \$55. These radios have been converted to use a Sanibel Police frequency for emergency broadcasts to residents. An alert signal is first transmitted by the Department, then followed up with an advisory broadcast. The radios are programmed for this use only.

The primary point of contact for SEMP is Maj. Michael Murray at 472-3111 ext. 232 or Admin. Secretary Stephanie Dowd at Ext. 234.

A Hurricane Seminar has been scheduled for Sanibel and Captiva residents on Thursday, June 26, from 9 to 11 a.m. at Sundial.



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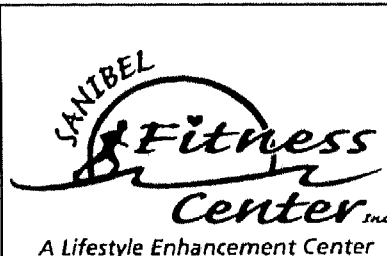
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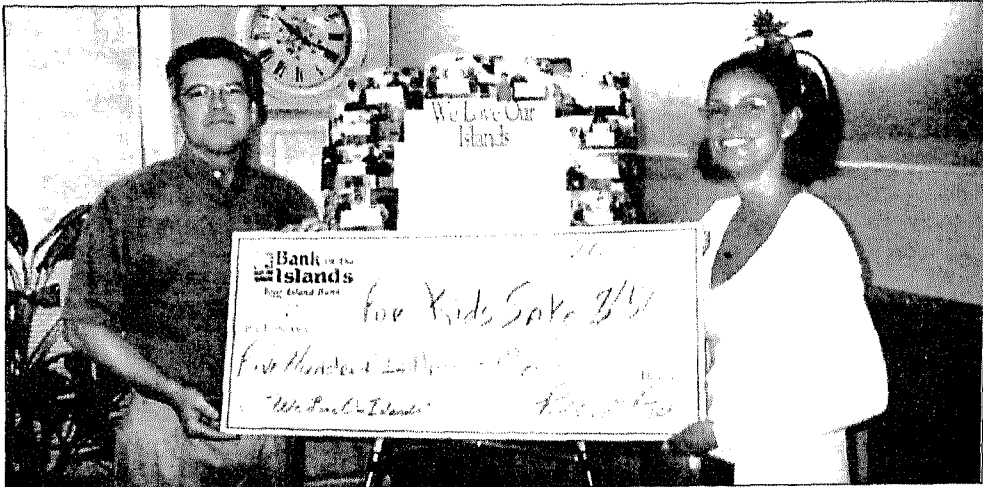
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HAPPENINGS



Bank Vice-President and Office Manager Rob Lisenbee presents a \$500 check to Betsy Ventura on behalf of For Kids Sake.

To date, over \$5,500 has been presented to island charities by winners of Bank of the Islands' "We Love Our Islands" promotion. The "pot" was up to \$500 when the most recent winner, Betsy Ventura, was spotted with the decal. She chose For Kids Sake, the Sanibel School Capital Campaign, as her charity and was presented a check by bank vice-president/office manager Rob Lisenbee.

Other recent winners include Janie Melsek (SCCF- Native Plant Nursery), Alice Payton (Children's Education Center), Edith Levy (SCCF), Linda McLaughlin (PAWS), and Joan Cory (The Sanibel School).

Free lymphoma lecture

The Leukemia & Lymphoma Society is sponsoring a FREE educational presentation, Meet the Expert on Non-Hodgkin Lymphoma, on Tuesday, June 24th from 6 to 8 p.m. The program will be held at Springwood Court, 12780 Kenwood Lane in Fort Myers and will present basic information on terminology, risk factors, diagnosis, staging and classification. New insights, treatments and future directions for NHL will also be discussed, and there will be a question and answer session as well. For reservations or information, call 992-5781.

Attention: Summer Rec Parents

Due to the recent closing of the Rec Center's main office and concession area, the Rec Department will no longer be supplying food for the summer program lunch hour. As in past summers, however, Sanibel Optimists will continue to provide free pizzas Fridays. And vending machines, subject to the availability of the vendor, will be located throughout the complex as another snack or beverage option.

Please send your campers with a lunch and snacks on a daily basis.

Pages which ran out in November and are still kicking around. Sprint will kick in a buck for each one of them, too!

Old phonebooks can also be recycled curbside as well along with other recyclables, but the Literacy Volunteers don't benefit from curbside recycling.

Blood draws on-island

Starting June 18, out-patient blood draws will be done on Wednesdays from 8 to 10 a.m. only at HealthPark of the Islands, behind Bank of the Islands on Periwinkle.

Classroom Without Walls:

Graduate courses at a distance

Ever thought of applying to graduate school, but delayed because of distance or time constraints? Now is your chance to participate in an exciting, well-established and accredited program offered by the University of South Florida's College of Public Health (COPH).

Through satellite technology and the Internet, the college offers courses at off-campus sites throughout Florida and in Atlanta that would lead to a Master's of Public Health (MPH) in Public Health Practice.

The Distance Learning Program allows students to complete almost all degree requirements with minimal Tampa on-campus requirements. In addition, the core courses offered via distance learning may apply toward other MPH tracks on Campus in Tampa, Florida.

Students may apply for the degree program, or take classes as a non-degree-seeking student. Fall semester starts August 25 and ends Dec. 5. Registration deadlines for new students do apply, but the university makes all efforts to register new students up until the first week of classes.

The fall semester graduate-level courses offered through distance learning will be "Epidemiology," "Introduction to Social Marketing," "Environmental and Occupational Health," and "Social and Behavioral Sciences Applied to Health." Course timings are typically 6 to 8:50 p.m. EST one night a week, either Mondays or Wednesdays (unless web-based); check confirmed timings during registration. These are three-credit graduate-level courses. Internet access and e-mail address are required for participation in

Freedom banners offered

Families with loved ones serving in the military are being offered 6x9-inch handmade freedom banners provided by Naples Quilters Guild, Fort Myers Quilt Guild and the Bonita Quilters.

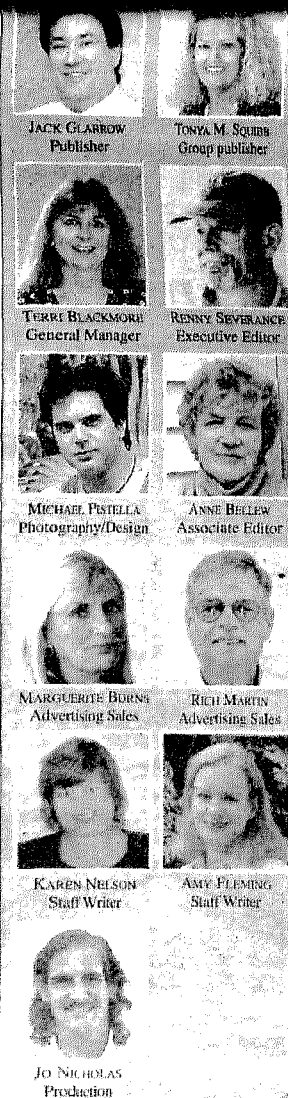
The Mini-Quilt Freedom Banner is a tiny handmade quilt with a patriotic star in the center and a gold border representing the yellow ribbons tied around trees to hurry service men and women home safely. Recipients are urged to hang the banners in their windows.

Supplies for the banners were donated by A Stitch Above, SEW Studio, The Sewing Center FabricMart, WalMart and PBS Ad specialties. The National Association of Letter Carriers-Local 2072 has donated postage for delivery.

Families with loved ones in the military are asked to send their banner requests including the name and address for delivery and the name and branch of the family member serving — to Freedom Banner, 2655 North Airport Road, Fort Myers, FL 33907.

Recycle, raise money

Residents and businesses are encouraged to bring their outdated Sprint Yellow Pages to Sam's Club parking lot or Coralwood Shopping Center in Cape Coral on Saturday, June 7, from 8 a.m. to noon. Sprint will donate \$1 per book (up to \$3,000) to the Literacy Volunteers of Lee County. And the procrastinators among you can also take those White



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Sanibel, FL 33957

Classified Ad deadline: Noon, Tuesday.

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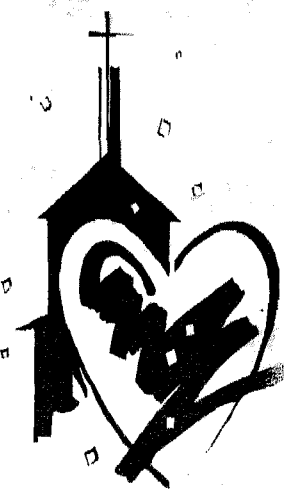
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Sanibel Library's Summer Reading Program

Sanibel Public Library has announced this year's summer reading program, Hats off to Reading, from June 9 through August 9. The program is filled with reading, programs and prizes based on a variety of themes. Prizes will be given for reading 20 minutes a day, five days of the week. Also, by participating in the mystery game, kids can get prizes.

Every Tuesday, starting on June 10, at 3 p.m. there will be a program with a special guest and theme. Our first guest will be The Imaginarium with an array of critters. Other guests include cartoonist Dave Horton, the Sanibel Fire & Rescue/Lee County EMS, Anne Joffe from She Sells Sea Shells, CROW, and magician Ron Tebo.

There will also be special programs for the 6th-8th graders on Mondays at 6. These include an interactive mystery game, Lemony Snicket night and an Open Mike Talent Show; it begins on June 16 with a craft night. Trudy from Three Crafty Ladies will demonstrate the art of beading with everyone making his or her own bead creation to take home. The dates for these are June 16 and 30, and July 14 and 28.

For more details, come to the library and register for the summer reading program. Registration starts Monday, June 9. If you have any questions, call Miss Barb at 472-2483.

Here's the line-up

- June 10th - The Imaginarium
- June 17th - Learn to make your own ice cream
- June 24th - Dave Horton, cartoonist
- July 1st - Mini Float Contest
- July 8th - CROW
- July 15th - Anne Joffe, shellcrafter
- July 22nd - Sanibel Fire Lee County EMS
- July 29th - Open Mike Talent Show: K-5th (register by 7/22)
- Aug. 5th - Ron Tebo, magician

6th-8th Grade Only

- June 16th - Beading with Trudy
- June 30th - Lemony Snicket Night
- July 14th - Interactive Mystery Game
- July 28th - Open Mike Talent Show (must register by 7/21)

Prepare a home evacuation plan

Not everyone needs to evacuate every time, although islanders would be prudent to do so. Coastal residents and those living in low-lying areas that could flood, need to prepare an evacuation plan. People living further inland need to prepare their homes for hurricane winds, rains, possible tornadoes — and a possible influx of "guests" from the coast.

Decide ahead of time where to go if told to evacuate — a friend's home in another town, an inland motel (make sure you have a standing reservation; they fill up quickly), or a shelter. Remember, shelters (and many motels) will not take animals other than service animals; nor may people have any alcoholic beverages or weapons with them in a public shelter.

Have a special evacuation map already marked with several alternate

routes to be used to reach the evacuation destination. Often major roads are closed or clogged with traffic in such an exodus. United Telephone's Yellow Pages has a list of Red Cross -managed shelters as well as a color-coded map of the risk to be expected from the storm surge accompanying a storm.

If someone in the family uses a wheelchair, know in advance the location of wheelchair-accessible shelters. On the islands, register with FISH (472-0404) to receive guidance with evacuation plans.

The disaster supplies kit of anyone with a disability should include extra wheelchair batteries, portable oxygen equipment and/or extra tanks, any other special equipment or medication needed, and food for guide or service animals.

Beach Town Council; Victor Carter, Fifth Third Bank; Cheryl Currie, Shakespeare Beethoven Book Store; Ron Gibson, Captiva; Arnold Kempe, Cape Coral mayor; Ray Murphy, Fort Myers Beach; Jessica Novins, Bonita Springs Chamber of Commerce; Cole Peacock, Chico's; Bill Proce, South Trail Fire Department; Jake Slot, Board of Realtors; Pam Templeton, Fort Myers Toyota; Bill Valenti, Florida Gulf Bank; and Steve Wiley, Fred Astaire Dance Studios.

To donate financially to the fund-raising campaign, contact one of the

above individuals or send your donation to the Lee County Chapter of the American Red Cross, earmarked for the HEROES campaign, 2516 Colonial Boulevard, Fort Myers 33907, or go online at arelcc.org. Contributions in any amount are welcome and will assist with the chapter's ongoing programs.

For additional information about the Red Cross and the assistance it provides, the HEROES campaign, making donations, or volunteering, contact Development Director Kirk Woodbury at 278-3401.

all Distance Learning courses. The college also offers other undergraduate and graduate-level public health electives on the web during fall semester.

For more information about the Distance Learning Program in your area, the MPH Degree and Fall Semester registration, please call (888) USF-COPH (menu option #3), or e-mail the program at distance@hsc.usf.edu.

Red Cross HEROES looking for help

It's not too late to support a community leader in becoming a hero for the Lee County Chapter of the American Red Cross. The HEROES fund-raising campaign currently under way has a goal of raising \$100,000. The acronym stands for Helping Everyday Responders Offer Emergency Services. All monies collected will remain in Lee

County to assist with military family support, disaster aid, and health and safety education.

Community leaders who volunteer to become heroes agree to raise \$1,000 by June 11. \$1,000 was established as an individual goal because \$1,300 funds monthly communication costs for the 24-hour response system for disaster victims and emergency communication services for armed forces members and their families; \$960 ships approximately 800 pounds of comfort items to US troops overseas; \$1,000 helps a family of four recover after losing their home in a fire; \$1,200 provides 720 meals in a Red Cross shelter; \$950 feeds 475 meals to firefighters and other emergency personnel; and \$1,083 funds average monthly volunteer training costs.

Lee County community leaders who are helping in the fund-raising campaign include Russ Baker, Schultz, Chaipel & Co.; Frank and Betty Birely, Fort Myers; Terry Cain, Fort Myers

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OBITUARIES

Eileen Moore Nash

Long-time Sanibel resident Eileen Nash, 88, passed away Thursday, May 29, 2003 at Shell Point following an extended illness. Born August 11, 1914 in Spokane, Wash., she moved to Sanibel in 1978 and to Shell Point just last year. She retired as a school teacher at East Islip High School in Long Island, N.Y. and also taught in Milford, Conn. and Patchogue, Long Island. She was a charter member of Sanibel United Congregational Church of Christ, a member of the Bailey-Matthews Shell Museum where she served as docent, and a member of the Sanibel Friends of the Library.



Nash is survived by her brother, Alan C. Moore and his wife, Elizabeth, of Gainesville and Linville-Newland, N.C.; two step-daughters — Sandra Ryan and her husband, Paul, of Long Island, and Carol Denton of New Jersey; two cousins — Winifred Tardunio of New Smyrna-Edgewater, Fla., and Olive Shannon of San Ynez, Cal.; as well as several grandchildren. Her husband, Robert A. Nash, died in 1993.

Contributions in Eileen's memory may be made to the Professor Alan C. Moore

Scholarship Fund, c/o University of Florida Foundation, Gainesville; to the Sanibel Congregational Church; to Hope Hospice, 9470 HealthPark Circle, Fort Myers 33908; or to the Shell Museum.

A remembrance...

Miss Eileen has left the room

Early on the morning of May 29, Eileen Moore Nash left the room at Hope Hospice to join her Heavenly Father.

Eileen was a real islander. She came here in 1978 with her husband, Bob, and immediately immersed herself in island clubs and causes. She will be missed by many. Even if you didn't know her by name, many of you would know her by sight — a small wren of a woman in shiny sneakers and a splashy outfit, carrying an armload of books on her way to the



library.

Her world in the last few years was Bailey's Grocery Store, the library, the Post Office, and Scarlett O'Hair's. If you were driving down Periwinkle behind a little red Honda Civic that looked like it was driving itself, you were following Eileen.

She loved us all and we loved her. MJ, Phyllis and Charley, Charlene and Ray, Cheryl and Hank, Dick and Jane, Scarlett, Dr. Ed Lamotta, the volunteers at the library and Shell Museum, the girls at Chadwick's, the folks at the Garden Club and especially Frank at the Post Office. No one used the U.S. Postal Service more than Eileen.

Unfortunately, Eileen left on the wrong day of the week, a notice of her leaving missing the deadline of the island papers by hours.

Her bereaved brother, Alan, and sister in law, Betty, combined her memorial service with regular Sunday services on June 1 at the island church of which she was a founding member.

An elegant presence has left our midst and we are the less. Goodbye, Miss Eileen!

—MJMcA

William L. Kellogg

Bill Kellogg, choir director at the Sanibel Congregational United Church of Christ until his final illness forced him to resign, passed away on May 27, 2003 in Fort Myers. Born in Cedar Rapids, Iowa, he was the son of the late Mark Emerson and Lucy Ina Kellogg. He was 76 at the time of his death.



He graduated from the University of Omaha with a Bachelor of Fine Arts and a Master of Science degree. He earned a Master's in Music from the University of Nebraska and was an associate professor of music for 20 years at the University of Southern Colorado.

Kellogg was a veteran of World War II, serving in the United States Navy. Among the honors he earned were Admiral in the Great Navy of the State of Nebraska, election to the Hall of Fame of Technical High School in Omaha, and Emeritus status when he retired from Southern Colorado. He performed with the Omaha Civic Opera, the St. Louis Muny Opera, the Houston Grand Opera and the Central City Opera House Association and was featured baritone soloist with the Omaha, Detroit and Denver Symphonies, among

others. He moved with his wife to Fort Myers in 1996 from Colorado.

He is survived by his wife, Billie, of Fort Myers; a son, Mark, and his wife, Jennifer; two grandchildren — Matthew and his wife, Michelle, and Anne Elizabeth — all of Kansas City, Mo. He is also survived by a brother and sister-in-law, James and Dorothy Whitehouse, of Fort Myers.

A memorial service was held Wednesday, June 4, at the Sanibel Congregational Church. In lieu of flowers, contributions may be made in Kellogg's name to the music department at the church.

Joan Marie Herrmann Carlen

Joan Carlen, 69, a lifetime resident of Indianapolis, passed away Wednesday, May 21, 2003 in her home. She was born Sept. 17, 1933 in Indianapolis to George H. and Ruth Marie Herrmann. She was a homemaker, loved music, taught piano and was a member of the Board of Directors of G. H. Herrmann Funeral Homes. A graduate of Ladywood High School and Stephens College, Carlen was a member of St. Pius X Catholic Church, St. Isabel Catholic Church in Sanibel, The Indianapolis Propylaeum, the Indianapolis Speech & Hearing Auxiliary and the Guardian Angel Guild. She was an active volunteer of the St. Vincent DePaul Society.

Survivors include her husband of 48 years, Richard D. Carlen; five children — Linda S. Carlen, Kathryn M. Brehm and her husband Jay, Ann E. Gardner and her husband Thomas, Lisa L. Golub and her husband Marshall, and Richard D. Carlen, Jr.; a brother, G. Robert Herrmann and his wife Noramae; nine grandchildren — Kristin, Jason, Lauren, and Peter Brehm, Stephanie, Adam and Clayton Gardner, and Tyler and Paige Golub; and her nephew, Jeff Herrmann. Services are being held today in Indianapolis followed by entombment in Oaklawn Cemetery. Memorial contributions may be made to the DePaul Society or Indianapolis Propylaeum.

William Kenneth Irion

A private memorial service and interment will be held for Ken Irion at the Captiva Historic Cemetery on Saturday, June 7, 2003.

Ken passed away on April 10, 2001 at Santa Clara Hospital, Santa Clara, California following a long and brave struggle with leukemia. He was preceded in death by his parents, Cecil Kenneth and Elizabeth Irion.

Born in Gallipolis, Ohio on January 20, 1938, Irion spent his formative years in Columbus, Ohio and graduated from Ohio State University in 1960. He entered the



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WEDDING

Catherine C. Fisher and Timothy K. Virgin were united in marriage on May 24, 2003. The ceremony was held on the beach at West Gulf Drive and performed by Diane Limeri-Marotta. The bride's sister, Holly Bornarth of Fort Lauderdale, was the matron of honor, and Karl Virgin, the groom's father, served as best man. A reception and dinner followed at The Dunes with Danny Morgan providing his very special music.



The bride is the daughter of Dr. Robert and Carolyn Fisher of Sanibel. The groom is the son of Karl and Tina Virgin of Rye, N.H. The couple will live in Ogunquit, Maine where the bride is a massage therapist at the Cliff House Resort & Spa and the groom is owner and skipper of a commercial fishing vessel, *The Petina H.*

U.S. Army as a commissioned officer, serving as both a paratrooper and an infantry officer. Prior to moving to Captiva, he lived in Moraga, California where he served as Senior Vice President of Sales for American President Lines.

In California, Ken was a longstanding volunteer with the Wellness Community, helping others similarly afflicted with cancer. Following his move to Captiva, Ken was a well-respected member of the local golfing community and served as ranger at South Seas Plantation. He was an active member of the Chapel By the Sea. Ken loved Captiva and was grateful to family friend Stephanie Godard Carlson, for introducing him to this paradise.

All those who knew Ken were inspired by his friendly, upbeat attitude toward life. His many acquaintances — whether of long or short standing — felt remarkably lucky to be touched by his outgoing friendliness. It was a privilege to be known and to loved by Ken Irion.

Ken's spirit lives on with family and friends. He is survived by his loving wife, Nancy, of Captiva and Seattle; two daughters — Lisa Ann Freiburger and her husband, Michael, of Rockford, Michigan, and Lori Ann Gruber and her husband, Kent, of Atlanta; two stepsons — Derrick Anthony Note of Columbus, Ohio and Jarrod John Note and his wife, Stephanie, of Philadelphia; three grandchildren — Nicholas, Kenneth and Erin Elizabeth Freiburger, and Jason Kenneth Gruber.

Friends will gather in The Crow's Nest at Tween Waters after the service to toast Ken's memory.

The power of memory

By Dr. Wayne Robinson

There is a new book out entitled *What Happy People Know*. One of the interesting pieces of datum the author, Dan Baker, Ph.D., compiled in his research for this book is that 54,000 scientific articles have been published on depression — 54,000!

But guess how many on happiness? Only 414! That's 53,686 fewer on happiness than on depression.

Why is that? Why is depression so much more of a focus for scholarly research than happiness? Evidently, it's because so many of us are unhappy.

Surprisingly, Dr. Baker contends that the cause of much of our unhappiness roots in two areas: our biology and our genetics. Biologically, our brain stem, which is our brain's most primitive part — it's what we have in common with reptiles — is really a fear processor. It's a memory center for storing all of the fear-producing things we encounter in life. Something bad happens to us — we store it there. Another bad thing happens — we store it there ... so that embedded in our biology is this capacity of the brain to be automatically triggered anytime something fear-producing occurs. And when that occurs, we act out of fear, rather than confidence.

How many of us know people who are infinitely competent to perform certain tasks but their fears eviscerate them into a puddle of Jello? They are afraid to act, to make decisions, to move into the unknown, no take risks.

Now were we in a primitive, survivalist type of society, that function might serve us well. But in a relatively civilized society, it is many times quite counterproductive. Nonetheless, because it's there, our fears can rise up to overpower us.

Secondly, Dr. Baker says that, not only is there a biological explanation for our tendency to be ruled by our fears, but also there is a genetic explanation. Studies on identical twins who have lived apart from each other all of their lives

show that happiness may be as much as 40 percent hereditary. The research demonstrates that although the circumstances of these separated-at-birth twins vary widely, the happiness or lack of it, is the same.

The simple truth seems to be that some people are born more happy than others, more genetically pre-disposed towards happiness. Conversely, some people are born much less happy.

Now, with all of that said by way of introduction — given the factors of a fear-producing biology on the part of all of us and genetic happiness deficit for some of us — then how do we go about being happy people?

Baker gives six happiness tools to offset our happiness deficit. He uses the word "tools" intentionally, so as to indicate that we have to work at it. And the tools? Exercising our choices. Realizing our personal power. Leading with our strengths. Knowing and being able to tell our story, and Living multi-dimensionally in relationship, with health and purpose.

But the one tool he puts as primary, as first, is the one I want to focus on this morning. When we agree to begin work on happiness, this tool outranks all the others. Here it is:

Happiness Begins with Appreciation

Surprisingly, happiness begins with an awareness of what a miracle the gift of life really is. That's why the religious experience is, in one sense, a moment of spiritual awakening when we no longer take life for granted. Rather, we realize what a gift life really is!

When we become aware of that giftedness, it changes our attitude toward the Source of Life itself.

Now, I need to call time out here for a moment: What do I mean by the "Source of Life?" Let me be very honest. I wish I knew, but I don't. I've spent a lot of my life searching, but I don't.

That's included traditional pietistic approaches such as prayer, devotional reading, and religious practices. I've also spent an inordinate amount of time in intellectual pursuits.

Happiness, see page 13

Walking the wetlands

By Syril Ivler Rubin
Sanibel Wildlife Committee

On May 22, Vern Frankwich, Terry Baldwin, Theo Boyle, Syril Ivler Rubin — all member of the Sanibel Wildlife Committee — and City Conservation Officer James Evans along with Sandy Boyle met with Randon Eddy, a Sanibel artist and avid birder, at Sanibel Gardens Preserve for a bird and native plant walk.

Eddy pointed out various birds using her telescope and members with binoculars viewed red shouldered hawks, vireo thrushes and, feeding in the ponds, little blue herons. Florida mottled ducks and roseate spoonbills. And Evans gave the committee some background on this 265-acre portion of the island's unique interior freshwater wetlands.

It was a joy to walk out of the Preserve realizing the

City of Sanibel and the Sanibel-Captiva Conservation Foundation now own this beautiful land after many years of piecemeal acquisition. Much work is still to be done before restoration is complete and the Preserve is open to the public. When completed, it will include a 1.4-mile loop walking trail.



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Presented by
Margie Davison

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Margie has specialized in Sanibel, Captiva and Ft. Myers real estate since 1991. She was named Realtor of the Year by the Sanibel & Captiva Assn. of Realtors in 2000 and 2002, and she is a continuous award winner with Priscilla Murphy Realty, Inc. Call Margie at PMR, 472-1511, or e-mail her at Margie@MargieDavison.com



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COMMENTARY

By Johnnie Byrd, Speaker
Florida House of Representatives

Over the past few weeks, there has been a lot written from here in Tallahassee about Alzheimer's Disease. Unfortunately, it dealt with the political side of research dollars. My main concern has always been making sure we don't lose sight of the Alzheimer's sufferers, their caregivers, and the problems they face everyday.

I would like to share the thoughts of one caregiver on life after an Alzheimer's diagnosis:

"It is difficult to describe my life now. People are incredibly kind and sympathetic — in an elevator, on the street, everywhere... and the mail, which is tremendous, and reflects the same concerns and feelings. I can't begin to say how much this means to me and how helpful it is.

"First of all, there is a feeling of loneliness when you're in this situation. Not that your friends aren't supportive of you — they are. But no one can really know what it's like unless they've traveled this path... and there are so many right now traveling

the same path I am.

You know that it's a progressive disease and that there's no place to go but down, no light at the end of the tunnel. You get tired and frustrated, because you have no control and you feel helpless. We've had an extraordinary life, and I've been blessed to have been married for almost 50 years to a man I deeply love — but the other side of the coin makes it harder. There are so many memories that I can no longer share — that's very difficult. When it comes right down to it, you're in it alone. Every day is different, and you get up, put one foot in front of the other, and go... and love, just love."

The above paragraph was written by Nancy Reagan, describing her life as a caregiver to her husband, former President Ronald Reagan.

As she states, many are traveling the same path. We must not forget. We must continue fighting. The cure for Alzheimer's Disease is within our grasp. Together we will continue on until it has been reached and every patient, friend, family member, and every caregiver will be relieved of the immeasurable cruelty of this disease.

Pet of the week

Hi I'm Bob, I'm a blue eyed blonde boy with some white hairs, about 8 years old. I'm a poodle and cocker spaniel mix. Notice I left out slim or trim, because I'm a little pudgy and my favorite job is to sit on someone's lap and eat bon bons. If you can adopt



Bob, contact Lee County Animal Services at 432-2083 and ask about animal ID#174916, or you can go to www.leelostpets.com for more information. Lee County Animal Services is located in Six Mile Commercial Park on Six Mile Cypress Pkwy.

Do you need help parenting a parent?

More and more adults in America are finding themselves in a new role as the population ages. They are parenting a parent, providing some form of senior care for a loved one. But what happens when the seniors need more help than their families can provide?

"Nearly one of every four households is involved in caregiving to persons aged 50 or over," said Sandy Foland for the Right at Home Southwest Florida office. "This statistic from the National Alliance for Caregiving indicates a growing trend. It is wonderful to see families making the time to care for senior-aged loved ones. But, as the seniors continue to age, the likelihood grows that their needs will increase to the point where families are not able to meet them all. This is especially true when you consider that caregivers also have the demands of their own families and careers."

For families struggling to meet the demands of caring for aging seniors, companies such as Right at Home can provide a helping hand. In-home care services such as those Right at Home offers are designed for seniors who struggle with one or more everyday activities.

"Because the needs of aging seniors can vary so greatly, in-home care companies work with families to provide as much or as little care as the situation requires," said Foland. "In some cases, families need a caregiver every day while family members are at work. In other situations, if the seniors live alone, the families need someone to come in a few hours a week to do housework and meal preparation because the family is busy keeping up their own house. Sometimes families can provide good care, but need a break, have to travel for work or want to go on a vacation. These are all situations where bringing in a qualified in-home care agency can supplement the care families are providing."

How do families know when they need assistance caring for a loved one? Foland said if families see any of the following signs, they should discuss their needs with a senior care expert:

- An increasingly unkempt or cluttered living area. Is the senior becoming more and more unable to participate in basic household chores? Is the refrigerator messy? Does it regularly contain spoiled food?
- Growing concerns about the senior's

diet and nutrition. Is there a concern the senior is not eating properly when the family is not providing meals?

- Medication not being taken as prescribed or doctor's appointments being missed or rescheduled. Is the family finding medication that was not taken? Or is the senior putting off medical appointments until someone is available to take him or her?
- A decline in the senior's personal hygiene. Is the senior wearing the same unclean or improperly fitting clothes day after day? Is the senior bathing regularly?
- Signs of confusion or short-term memory loss. Is the senior unable to remember the last time a family member saw him or her? Does he or she lose track of what they were doing during routine tasks?
- Signs of depression. Does the senior have frequent mood swings or seem withdrawn or anxious and worried all the time?
- Seldom leaves the house on their own. Can the senior run all the errands he or she needs, or shop as needed? Is the senior getting out of the home to get exercise or be active?
- Evidence of diminished driving ability. Has the senior had an accident or accidents that appear to be caused by lessened mental or physical abilities?

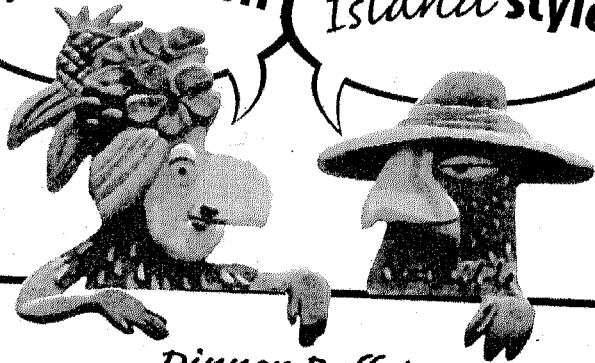
"Families caring for seniors should really do two things," Foland said. "First, listen to the seniors and what they are telling you. Seniors will not always directly ask for help, but they may make comments that hint at the need for more care. Take those hints as an opportunity to discuss how to best meet the senior's needs."

"Families also need to step back, look around and make an honest assessment of the senior's needs," said Foland. "Then make an honest evaluation of what you as a family can provide. In some cases, families feel a sense of guilt if they can't do everything themselves. But once they bring in outside help, it is a much better situation for everyone. The senior is getting the care they need and the family, while participating in the care, has the time and energy to meet its own needs."

In-home care, provided by a service
Parent, see page 12

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ENVIRONMENT

Surviving Florida Summer Camp 2003

Can your teenager survive a week in the Everglades and the Keys?

From July 14th to July 18th, area 9th to 12th graders are invited to test their survival skills. OK, it won't be anything like Survivor, but they will be tent-camping in the Everglades and down in the Keys. The Calusa Nature Center & Planetarium provides the transportation and food, plus supervision for a variety of environmental programs for a week.

He-e-e-re we go!

- Monday - Leave from the Nature Center at 9 a.m., hike Everglades National Park at Flamingo in the afternoon and spend the night camping in the heart of the Everglades.
- Tuesday - Explore the Everglades and Florida Bay on a Ranger-guided canoe trip, drive to Key Largo, spend the night camping in John Pennekamp State Park.
- Wednesday - Snorkel the beautiful coral reefs of the Pennekamp Park.
- Thursday - Explore the middle and southern Keys and spend the night camping at Bahia Honda State Park.
- Friday - Enjoy a fun time in Key West for a day of sight-seeing; return home Friday evening.

Space is limited to 13 teenagers only, so sign up soon for this awesome adventure. \$470 for non-members, \$450 for Nature Center members.

For more information, call Melissa Stakun, Senior Naturalist, at 275-3435.

The Calusa Nature Center & Planetarium is a private, not-for-profit environmental education center which consists of a living natural history museum with over 100 live animals including a bobcat and new albino raccoon, an Audubon Aviary housing permanently injured birds of prey, nature trails, a picnic area, a gift shop with an excellent assortment of nature books, and a Planetarium which features astronomy programs and laser light shows.

The Center is located at 3450 Ortiz Avenue at the intersection of Colonial Blvd. and Six Mile Cypress in Fort Myers, one

minute from I-75 at Exit 136. New volunteer orientation is every Wednesday at 4pm.

Take a Kid Fishing

Do you remember when and where you caught your first fish?

National Fishing & Boating Week, which is celebrated annually during the first week in June, offers the perfect opportunity to re-create that experience for your kids or for yourself. Join the nation by at least taking time this weekend to enjoy the outdoors with your family. A visit to the J. N. "Ding" Darling National Wildlife Refuge is a perfect opportunity to celebrate National Fishing Week. "We want people to realize that the refuge encourages responsible fishing," said Refuge Manager Rob Jess.

Fishing is one of the six priority public uses of the National Wildlife Refuge System. Other public uses include wildlife observation, wildlife photography, environmental education and interpretation and hunting. Of these, only hunting is prohibited in the Sanibel refuge.

Not only do fishing and boating provide lasting memories and recreation, they also are a tremendous boost to the economy. According to the Service's 2001 National Survey of Fishing, Hunting and Wildlife Associated Recreation, anglers 16 years of age or older around the nation spent more than \$35 billion dollars in 2001 to fish. Fishing-related expenses — boats, vans, and cabins, for example — ran to over \$11 billion in 2001.

Even if you don't decide to drop a fishing line in the water, Jess encourages everyone to spend some quality time with family celebrating our natural resources. "National Fishing Week is about more than just catching a fish... it's a great change to share nature with a child. Similar to hiking, biking or birding, going fishing is an opportunity to share our natural heritage with the next generation. They'll never forget it," Jess added.

Kayak clinic at park

Lee County Parks & Rec is hosting a Kayak Clinic at Manatee Park on Saturday, June 14, from 9 'til 11 a.m. Here's your chance to learn the basics and try them out on a guided paddle on the Orange River. \$27.50 per person includes all equipment. To reserve a spot, call Connie at 694-5513.

Full Moon guided kayak tour

Travel on the protected waters of our tropical wilderness enjoying the gorgeous sunset and then the magnificent moonrise. Enjoy the mysteries of the night in a quiet, easy-to-handle kayak with informative guides. Meet Friday, June 13, at 7 p.m. Trip lasts 2 hours. Pick up, delivery, guide and all equipment are provided for \$35 per person. Call 694-5513 for reservations.



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	2003		2002	
	Nests	False Crawl	Nests	False Crawl
East End	5	24	5	19
West End	45	71	59	76
Captiva	34	21	27	38
TOTALS	84	116	91	133

SERVICE CLUBS

ABWA awards night

The Sanibel-Captiva chapter of the American Businesswomen's Association (ABWA) will host its annual awards dinner on Tuesday, June 10, at Sundial. Social hour begins at 5:30 p.m. in the lounge; dinner is served at 6:30.

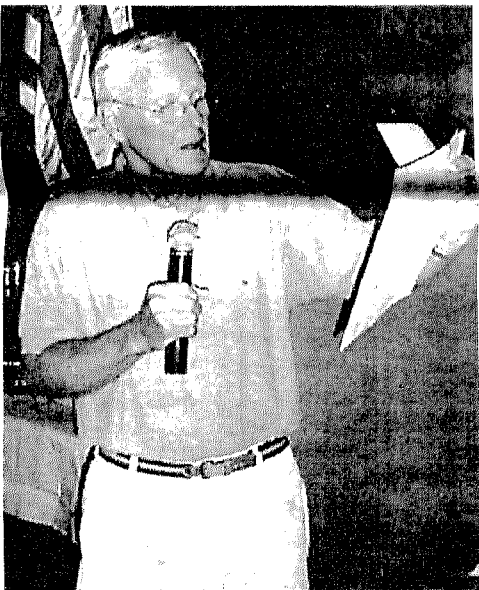
The mission of ABWA is to bring together businesswomen of diverse occupations and provide personal and business growth opportunities. The Sanibel-Captiva charter chapter of the national organization meets on the second Tuesday of each month, and is an excellent networking and friendship opportunity for women on the islands.

For membership information and/or to attend the June meeting, please call Lisa Cochrane (246-8876.) Members of ABWA should call Trudie Kohlbrenner (472-4969) to make their reservations. Reservations are required.

Kiwanis: Tasty Solution

By Bob Wimbush

They announced Kiwanis speaker would be Vern Frankwich, head of the Wild Life Committee — Wild Life is, after all, what Kiwanians (and, it appears, Zontians, much to our delight) profess to practice and enjoy. Then we learned wildlife was one word, not



Vern Frankwich

two, and we settled in to our polite mode.

Despite rumors, the wildlife committee is advisory. It does not make policy, have police powers or appear to possess or use weapons of mass destruction. It does, however, influence a network of well-financed, effective, and highly organized cells that sport coded names like SCCF, CROW,

"The Refuge" Staff and a deceptively benign-sounding moniker, "The City Council." Often cells work in consortium.

Take Sanibel Gardens, the development slated for what is now that huge cleared parcel along San-Cap Road. They've found animals and a pond with herons, and spoon-bills that would be obliterated by the construction. However, SCCF and the City Council cooperated to acquire the land and clear the pepper. Both land and wildlife have been preserved.

According to Vern, the increasing raccoon population faces a growing threat. While their population growth is far from flat, their profiles are becoming so. An occasional alligator, armadillo or tortoise, is also flattened, but the greatest impact is on the island's overabundance of raccoons — 200 animals flattened by cars in the last six months along San-Cap Road, and Periwinkle Way. Vern thinks speed is a factor — drivers should slow down and be vigilant, especially at dawn and dusk when raccoons are attracted to the roadside by discarded food and garbage left for pick up. Food from the Dumpsters situated behind restaurants increases the flattening incrementally.

And, we can expect the population to increase until it exceeds the available food supply because, according to Vern, cars are island raccoons' only significant predator. Anticipating the obvious, one restaurateur told of raccoons chewing their way through tied-down dumpster lids, learning to undo gates, and posing as underprivileged Rotarians trying to use photocopied Kiwanis Books at the drive thru. Says they communicate in a single-syllable, monotonous 20 friends in about 5 minutes. Went on to describe 'coon conga lines passing stuff out... No one thought to ask if 'coon conga lines might be keeping restaurant garbage bills down, but one wonders, "Would the causeway collapse sooner without them?"

One member asked if 200 flattened in six months was a good or bad number given the burgeoning population. No one knows if it's good, bad, or average. A representative from CROW noted that the figure doesn't reflect the partially flattened. And that's where the meeting ended.

Afterward a few Kiwanis brainstormed a solution: Reduce the raccoons' population and thus the available casualties by targeting restaurant waste. Doesn't it follow that if restaurant patrons cleaned their plates, less would be thrown out and the raccoon population could be naturally stabilized or reduced? So, with a perversity understood only by environmentalists, the group suggested Sanibel restaurants should control raccoons by serving better food... or smaller portions. Or, perhaps, if they outlawed tables, chairs, parking... or, God forbid, put heavy steel lids on their Dumpsters...

Kiwanis breakfasts on Wednesdays at the Island House. We've welcomed Rotarians who visit, Lions who give blood, Zontians who invade, and members of various committees, but never a raccoon.

Zonta elects new officers

The Zonta Club of Sanibel-Captiva installed officers and board members in a ceremonial installation dinner at the St. Charles Harbor Yacht Club, with Caroline Hoisington acting as mistress of ceremonies.

Installed were Susan Dunn, president; Sue Denham, recording secretary; Inge Glissman, corresponding secretary; Darla LeTourneau, treasurer; and board members Karen Pati, Sally Webber, and



l-r: Beverly Duff, Area Director; Susan Dunn, Incoming President; Doris Trowbridge, Past President.



l-r: Darla LeTourneau, Janice Caron, Barbara Cooley, Inge Glissman, Karen Pati, Doris Trowbridge, Caroline Hoisington, Barbara Traum, Linda Uhler, Susan Dunn, Eleanor Horowitz, Sally Webber.

Caroline Hoisington. Absent were Linda Robison, president-elect and LeClair Bissell, assistant treasurer.

New Committee Chairs are Karen Pati and Barbara Traum, PR & Communications; Inge Glissman and Jane Hudson, Membership; Ginny Jones and Linda Robison, Finance & Budget; Sue Denham and Carla Johnson, Status of Women.

Joan Good will serve as e-mail Coordinator with Barbara Cooley as Webmaster.

Special guests at the meeting included Beverly Duff, Fort Myers — Area Director for District 11 of Zonta International — who installed officers, and Michele Marcum, also of Fort Myers, Area 6 Director.

Power Squadron: Boat Safety is no accident

One of the most common causes of accidents in small boats is overloading. Although it may be fun to see how many teenagers will fit into a 10-foot Jon boat, if that boat is moved anywhere away from the dock loaded with more than the capacity plate recommends, it is probably going to swamp. (The capacity plate is mounted on the console or transom by the manufacturer. It lists safe load capacity in all boats as well as a maximum legal horsepower for outboard boats.)

Even fairly large boats can be overloaded easily. One of the most common mistakes is with bow riders that may have seating room for four or five large adults in front of a walk-through windshield. This sitting room at the bow does not have the buoyancy to support 700 or 1,000 pounds up front. If the boat meets a wave of any height, a tugboat wake for example, water will pour over the bow, soak the unfortunate in the bow, and swamp the boat. The same load distribution aft might cause no problem because the wider beam and decreased "V" toward the rear of most boats can support more weight.

Excessive weight does not have to come in the form of live bodies, however. Remember, a 40-gallon live well filled with water at eight pounds per gallon can considerably decrease the seaworthiness of a flats boat that already has minimal freeboard. If you are loaded to the max with passengers, the added weight of the water can make the boat sit dangerously low. Rainwater can collect in the bilge of some boats and can create a weight problem as well. Always pump

out the bilge first when preparing for a day on the water. The boat will float higher, run faster and burn less fuel.

File a float plan

Tell someone Where you are going. A float plan is a simple written communication that tells those ashore where you are going and when you expect to return. If you do not come back on time, they know where to start looking. The float plan should include the following items:

- The skipper's name and home phone number. This lets potential rescuers call your house to make sure you did not slip home without telling anyone.
- A description of your boat including registration numbers, length and color.
- The itinerary of your trip, where you are going (including latitude and longitude for all offshore locations), where you are putting in and the approximate time you expect to return.
- Emergency numbers to call in case you do not return on time. The Coast Guard, Sheriff's Office and Marine Patrol should be included.

Give this information to a friend, relative or cooperative marina operator, and then check in with that person once you are back on shore.

The United States Power Squadron is dedicated to making boating safer and more fun. For membership information in the Sanibel-Captiva Sail & Power Squadron, contact Bob Morain at 481-4798.

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BUSINESS**Ellen Lai named AVP**

Colonial Banker Ellen Lai has new initials after her name, and some islanders think it's long overdue. She's Colonial's newest Assistant Vice President. Mike Esper, Executive VP (L) and Harlan Parrish, President and CEO (R) made a special trip last week to present her new business cards. Ask her for one.

Kilburn and Harder welcomed back

Sanibel Island's popular restaurant, The Jacaranda, recently welcomed the return of former executive chef Brad Kilburn. Kilburn had most recently served as executive chef/partner of the Metropolitan Restaurant in Fort Myers.

"We are thrilled to have Brad back," said owner Paul Gaeta. "He is an outstanding chef who understands the atmosphere and style that The Jac has become known for and it shows in his food."

John Rapp, who had served as the Jacaranda's executive chef, has assumed the same position with the Bonita Spring's Sanibel Steakhouse.

Harder, who had directed the operations of The Jac for more than a decade, returned on May 23rd after successfully overseeing the grand opening of the Sanibel Steakhouse in Naples.

"Patrick did a wonderful job getting the Naples store open and running smoothly, but we quickly came to realize that the Jacaranda was not the same without him," Gaeta said. "For many of our local customers, Patrick is The Jac."

John Berkley, who ran the Jacaranda in Harder's absence, has assumed the co-manager's duties at the Naples' Sanibel Steakhouse along with Jason Tabbernee.

Sweet Certified

Kyle D. Sweet, Golf Course Superintendent at the Sanctuary Golf Club, recently demonstrated his professional competency by successfully completing the Certified Arborist examination administered through the

International Society of Arboriculture (ISA) and ISA's local chapter.

The purpose of the ISA Certification Program is to improve the level of knowledge and standard of practice within the tree care profession. It is designed to assist the public in identifying those professionals in arboriculture who have demonstrated, through a professionally developed examination and education program, a thorough knowledge of tree care practices. All Certified Arborists carry a wallet ID card for verification which is valid for three years.

The International Society of Arboriculture is a scientific and educational organization devoted to the dissemination of information in the care and preservation of shade and ornamental trees. Its certification program is designed to promote the professional development of those involved in the field of arboriculture.

Gerasin Completes Course

VIP Realty Group, Inc. has announced that Cathy Gerasin has just returned from Coral Gables where she completed a highly specialized National Association of Realtors course in residential real estate buyer sales strategies. The course is one in a series of professional education sequences required to qualify for the coveted Certified Residential Specialist (CRS) designation.

"The growing importance of negotiation as well as sales



Cathy Gerasin

strategies in today's residential real estate market were addressed in some depth," Gerasin said. "The many and varied needs of the buyer, who is making what is probably the largest single purchase of a lifetime, are what is dealt with in this advanced course."

The course included counseling techniques, understanding human behavior and professional knowledge of the required steps in the real estate sales sequence.

"Cathy's commitment to further her real estate education is to be commended," commented VIP Managing Partner Jim Hall. "Her customers and clients will be the ones to benefit from her hard work."

Council of Residential Specialists Courses are presented throughout the U.S. in affiliation with NAR, as part of its on-going program of promoting the professionalism of the residential sales associate.

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Parent, from page 8

Right at Home, may include many of the basic activities of daily living. Caregivers may prepare meals, provide medication reminders, perform household chores, provide transportation around town, do shopping, run errands, help with light exercise, or offer companionship and conversation.

"One of the benefits of in-home senior care is the ability to tailor the amount of the care to the needs of the individual and his or her family," said Allen Hager, founder of Right at Home. "Options can range from a few hours a week to around-the-clock companionship. We would provide individual needs assessments to determine how much and in which areas assistance is necessary, then work with the family to supplement the care it is able to provide."

Right at Home is a national franchise organization, with a local office that serves the communities of Naples, Bonita Springs, Estero, San Carlos, Fort Myers, Fort Myers Beach, Sanibel, Captiva, Iona, Lehigh Acres, and Golden Gate. The service offers in-home care and assistance to seniors and other adults to help them continue living independently with trained, bonded, and insured professionals. Services can include light housework, medication reminders, nutritious meal preparation, shopping and errands, transportation, and companionship.

For more information on Right at Home, please visit the company's website at www.rightathome.net or the Southwest Florida office website at www.rightathome.net/swflorida.

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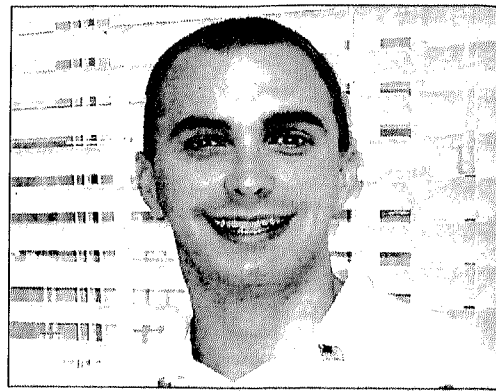
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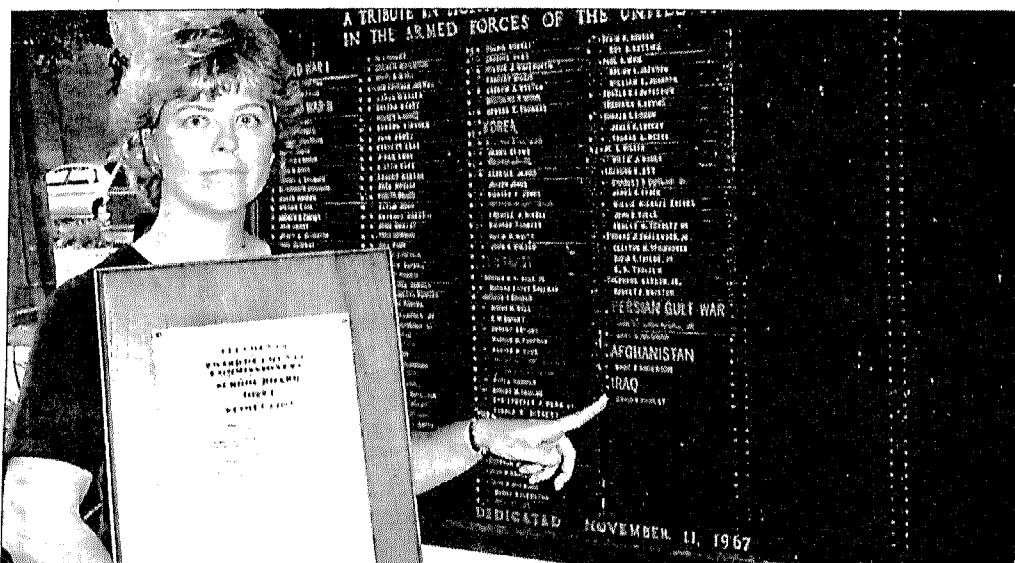


County adds names to plaque

On Friday, May 23, the Lee County Board of County Commissioners and the School District and Board of Education of Lee County, joined with Lee County's 68,000 veterans in paying tribute to two young men who recently lost their lives serving their country. The patriotic program and memorial plaque dedication took place at the Old Lee County Courthouse in downtown Fort Myers, with veterans, friends and family of the honorees in attendance. John Ebling,



David Fribley



Tammy Laude, Resource Coordinator at Shell Point, indicates Fribley's name on the plaque.

director of the Lee County Veterans Service Office, arranged the moving memorial tribute to the honorees.

David Fribley, Lance Corporal, 1st Battalion, 2nd Marine Regiment, 2nd Marine Expeditionary Brigade died on Sunday, March 23, near Nasiriyah, Iraq. Fribley was a bright and energetic employee of Shell Point from April, 2001, through May, 2002. A graduate of Indiana State University with a degree in recreation and sports management, Fribley accepted a position as a program coordinator for the resort services department of the retirement community, which serves more than 1,700 residents.

Tammy Laude, Resource Coordinator at Shell Point and David's former manager, represented the Fribley family, who were attending another honorarium for David in Indiana. Laude accepted a memorial plaque on behalf of the family, which will be briefly displayed at Shell Point, prior to its return to David's parents.

Also honored at the program was U.S. Army Specialist Marc Anderson, a former teacher at Fort Myers Middle Academy. Marc had earned his Ranger tab and was lost while preserving America's freedom in Afghanistan last year. His father accepted the memorial plaque.

Both Marc and David received the Purple Heart posthumously. The Purple Heart is an American combat medal available to any member of the Armed Forces who has been wounded or killed while serving with one of the U.S. Armed Services. In addition, both men's names have been added to the Veterans Memorial Plaque monument located at the Old Lee County Courthouse in downtown Fort Myers. The monument was dedicated on Veteran's Day in 1967, updated and rededicated in 2002, and stands as a lasting tribute to Lee County veterans who died in U.S. wars in the 20th and now, 21st century.

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With a picture perfect day and the stress of the past season left behind, a great crowd came out to enjoy and appreciate the efforts of our participating restaurants. Heartfelt thanks to all of the workers who prepared and served the BEST Tastes ever, keeping party-goers happy and well-fed the entire day!

Thanks also to our bands - The Reggae All Stars, Tanguaray Bay and The Mambo Brothers for providing the music that helps make Taste the best party of the year every year. Sincerest thanks to all of our Gold and Silver Sponsors who help make the Taste a profitable event every year.



Thanks to our judges who eat themselves silly in order to judge everyone's entries fairly. To all of our vendors and suppliers who do everything in their power to help us cut costs and increase the bottom line, thank you for your faithful support again this year. To the City of Sanibel, the Algiers community, Taste committee members who put



Taste together and to the CROW board who support our efforts - thank you - it couldn't happen without any of you.

Finally, to all of our attendees who came to enjoy the day, our sincerest thanks for your support again this year at

CROW's 23rd Annual Taste of the Islands.

With heartfelt thanks and great appreciation to all,

Anita Pinder
Event Chairman, 2003

Happiness, from page 7

especially in theology and philosophy.

I've danced in circles with Sufi Muslims. I've meditated with Buddhists. I've spoken in tongues with devout Pentecostals. I've partaken of the Mass with Roman and Orthodox Catholics. I've knelt and prayed in St. Peter's in Rome and at the Wailing Wall of King Solomon's temple in Old Jerusalem. I've traveled around and through Israel and the Occupied Territories to every place the Gospel of Matthew says Jesus went.

I've gazed at the peaks of Kilimanjaro and heard the lions of Africa roar, its elephants trumpet, and seen and felt 10,000 wildebeest thunder by.

I've watched a Florida sunset and a Gulf of Mexico sunrise. I've been hypnotized by the awesome power of the crashing waves of the Pacific and the Atlantic Oceans. I've sat underneath a full moon on the beaches of the Mediterranean.

I've made babies and seen my babies minutes after they were born. I've looked for the final time in the faces of my dear mother and beloved father. I've held my brother's hand as the last breath of life left him.

I've loved and lost, hoped and dreamed, succeeded and failed, zigged when I should have zagged, and zagged when I should have zigged.

But when the day was done and the night was upon me, deep in the reservoirs of my heart and soul, the words that were most penetrating, the words that were most relevant — the only words I could find to say were... "What a wonderful world this is, what a gracious gift life is, how marvelous the miracle, the mystery of life."

Oh, to be 16 again. Oh, to be 21 again... to be 30 and 40 and 50 and 60 and 70 and 80 and 90 and 100 and more! And, all along the way at every stop and start, at every up and down, every beginning and ending, to know that life opens another door, it raises another window, a new promise is proffered, and the start of a new day begins.

And the first and foremost resource for happiness along the journey of life is appreciation of the very gift of life itself. It is the awareness that somehow, somewhere in this marvelous mix of planets and galaxies and stars — at least on Planet Earth — this thing we call life began. And you and I are part of its results.

Back in the mid-20th century, scientists hypothesized that the universe had an actual beginning in time, before which it was all One, a sort of cosmic egg. And then there came an explosion the proportions of which defy the imagination. The Universe was born, and it is still expanding, and new stars and worlds are being formed as we speak.

And because of the way the Universe was born as a Whole, as One, there is deep within each of us a recognition that we are separated from the Whole of which we once were a part. To think that we are truly separate from each other is one of life's greatest delusions, according to Einstein. Separation from that Source of all life denies us the feeling of unity with all that is.

But when we tap into a sense of appreciation for our place in this space, when we grasp hold of the marvel that we are witnesses to, then truly a miracle occurs before our very eyes — because all of life in every form is miraculous. The flowers that bloom, the rain that falls, the sun that shines, the moon that glows, the hearts that beat, the breath that clouds a winter's morning — aah, how marvelous in every way.

It's fine to reject certain expressions of religious language. Some of it has so much baggage that it's difficult to carry. But how tragic to let outdated theological struggles hide the beauty of this moment, and diminish appreciation for this eternal now.

Appreciation... appreciation of those things that are more than the mind can conjure and the eye can see... Appreciation of feelings and emotions, love for diversity and possibility... Appreciation for the free-will offering of life we've been given.

So you want to be happy?

Open yourself to life's mystery. Find a spiritual haven where you can seek out doorways and windows into dimensions of life that you've never explored nor entered into.

So you want to be happy?

Be willing to step into experiences that don't compute. Be willing to let go of the cherished mental boxes and the predictable answers. Let go and let the Spirit of life lead you into new pathways and roads less traveled by.

You can do it, you know. You can choose to overcome your prejudices against spirituality. You can choose to invest in the unknown. You can get to a place of hungering for that inner awareness, that sense of being in sync with the rhythms of the Universe.

And, when you do, you will discover a new you, a more generous you, a more gracious you, a more courteous you. A you that seeks entertainment, a you that wants relationship and balance and wholeness.

And, when that happens, fear will slip into the shadows. Fear will lose its grasp and hold. You will not be afraid. You will be able to say with the poet shepherd of 3,000 years ago, "Yea, though I walk through the valley of the shadow of death, I will fear no evil... Surely, goodness and mercy shall follow me all the days of my life."

Happiness is Appreciation of Others

But appreciation is more than appreciation for the gift of life, the vertical score. Appreciation has a horizontal dimension as well.

It is also appreciating others. Will James, who struggled with deep depression most of his life, wrote, "The deepest principle in human nature is the craving to be appreciated."

If that is so, how simple a task it is to increase the sum total of this world's happiness by expressing appreciation to someone who may need a word of thanks and gratitude. We may forget tomorrow what we said today, but for them it may be a handhold to life that keeps them keeping on.

So maybe we should take time to express

appreciation for both large and small tasks. No telling what may happen. They may respond in kind. Suddenly, both of us may be made to feel a little fuller and richer and more appreciated.

It should be no surprise that the two most popular holidays on our calendar are Thanksgiving and Christmas. On the one hand we give thanks, on the other we give gifts to others. That's a double whammy of potential happiness.

Conclusion

My long-ago friend, Dr. Barry Bailey, the one-time senior minister of First Methodist Church of Fort Worth, loved to tell the story of a man who was thinking of selling his farm. He didn't want to use a real estate agent and pay a commission, but he did want to do things right. So he hired an advertising company to write copy of an ad he wanted to place in the newspaper, describing the qualities of his farm.

At the appointed time, he went in to town to the advertising company and found the copywriter who had prepared the ad on his farm. Rather than read it to himself, the farmer asked the copywriter to read it aloud. The writer did, and the farmer said, "I'd like to hear it again."

So, the advertising copywriter read the statement once more. Whereupon the farmer said, "Forget it. I'm not going to sell."

The copywriter was nonplussed and apologized and said he would be more than willing to rewrite it. "No," the farmer replied, "I've always wanted to own a place like that."

Sometimes the very best things in life are right there before us waiting to be fully appreciated.

Dr. Wayne Robinson is the minister of All Faiths Unitarian Congregation which meets at the Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. This sermon was given on May 25, 2003 and submitted to the Islander by Sanibel resident Mark Rubin. Used with permission.

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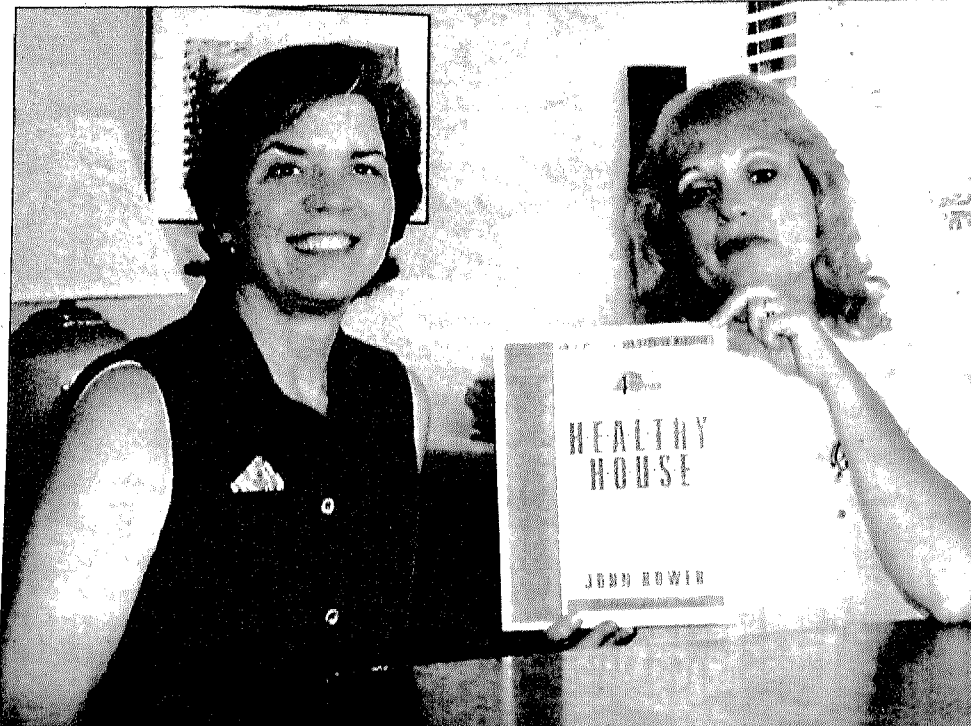
Interior Design Real Estate Home Improvement Lawn & Garden

How healthy is your home?

by Nancy Santeusano
Special to The Islander

When custom builder George Parker and his company say, "We Build It Better," they are paying close attention not only to how they build or remodel your home but to the new technologies and increasingly wide range of earth friendly products available today.

For example, Leanne Ritchie, interior designer with the Parker team, says that this is the time to spring into action and investigate even some small changes such as retrofitting your large, standard hot water heater with its life expectancy of eight to nine years with the new tankless water heating system. This heats only the water you use, reduces electricity costs from 40 to 60 percent and has an average life span of 30-40 years and a lifetime warranty against leakage. Too good to be true? Not at all, it's available on the market today.



Co-owner Ginger Parker (left) with interior designer Leanne Ritchie.

Co-owner Ginger Parker says that the company's interest in healthy homes was heightened when prospective clients started asking about the feasibility and cost of building materials connected with this kind of construction and remodeling.

Immediately, Parker went to work researching contractors' prices and their knowledge and experience of working with these products, while Ritchie did alternative pricing with standard materials.

"An alternative gives people a choice as to what they put into the house and the financial repercussions," points out Parker. "Prior to this time there was only general interest, but now this is the direction in which things are moving. The trick is to find the architect who will find the products and hire contractors who know how to make this happen."

Research on indoor air quality found that people in the United States spend 80 and 90 percent of their time indoors and that the atmosphere inside many houses is five to ten times worse than the outdoor air.

Ritchie points out that a house is an

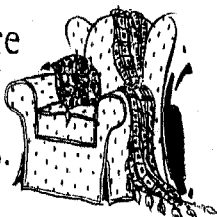
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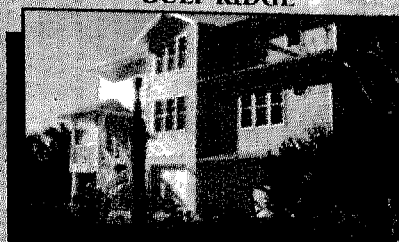
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active, enclosed system and each person in the house becomes part of that enclosed system. Many of today's houses are built with materials that contain toxic chemicals and carpeting, flooring, wall coverings and other parts of the house are treated with these chemicals which "outgas" (release chemicals into the air) into the living space, interact to form new toxic compounds and contaminate the air that you are breathing.

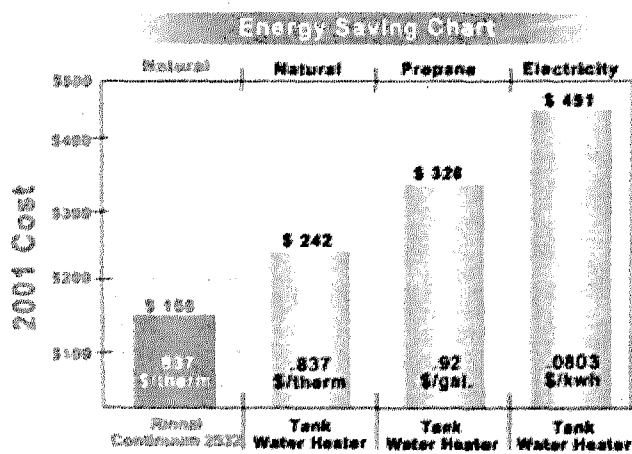
The good news is that healthier alternative building materials and construction techniques are becoming readily available to the architects who want to pay attention to these issues. They can now find suppliers who sell these materials and hire competent contractors who understand proper installation techniques. Some architects don't want to spend time on the research but that's precisely what George Parker, Inc. with his "By George" signature will do.

"The American Lung Association Health House Builder Guidelines" provides a detailed resource concerning preferred, healthy materials and methods of installation to reduce toxic harm. Many of these recommendations can be followed in making even minor replacements within your existing home.

For example, you can improve the quality of air in your home by changing the filtration system. To do this use a qualified technician to measure the flow rate of air and make any adjustments and modifications.

Hard-surfaced flooring instead of carpeting reduces toxicity from chemicals used on carpets to increase stain resistance. Today, with the increased emphasis on conservation, bamboo is becoming a popular replacement for the lumber used traditionally in wood flooring.

Carpet products need to meet the criteria set forth by the Carpet Rug Institute-Interior Air Quality (CRI) IAQ label and wall-to-wall carpets in bathrooms, kitchen, utility rooms, basements or entryways are not recommended. The best choices in carpeting are 100 percent nylon



** Source: GAMA Consumers Directory of Certified Efficiency Ratings

yarn systems, polyester, or wool pile.

Paints and varnishes need to be "zero" or "very low" VOC interior latex, 100 percent acrylic paint products for interior wall/ceiling applications and water-based polyurethane varnishes are recommended.

Avoid composite materials in closet and cabinet shelves by substituting wire shelves or choosing solid or salvaged uncontaminated lumber. Reclaimed stone or stainless steel are best for countertops and indoor planters, if you love and must have them, require installation of a drainage system.

Ginger Parker explains that the healthy home and "green home" in Sarasota, Florida overlap in many ways but they are not identical. "The healthy home is talking more about the quality of the indoor environment and the green building is talking more about the conscious use of natural resources and environmental responsibility."

A visit to the "Eco-Smart" home in Sarasota is a must if you are curious about this kind of ecologically sound and economically smart construction. "Sarasota has a model green home and it's been there for many years. Everything is labeled and it's actually a permanent exhibit," says Ginger.

Many people on Sanibel and Captiva are environmentally conscious and sophisticated. They want to use natural products and George Parker predicts, "The local movement is going to be client [driven], not builder-driven. We're in the custom building business and if this is what our clients want, then we will provide it."

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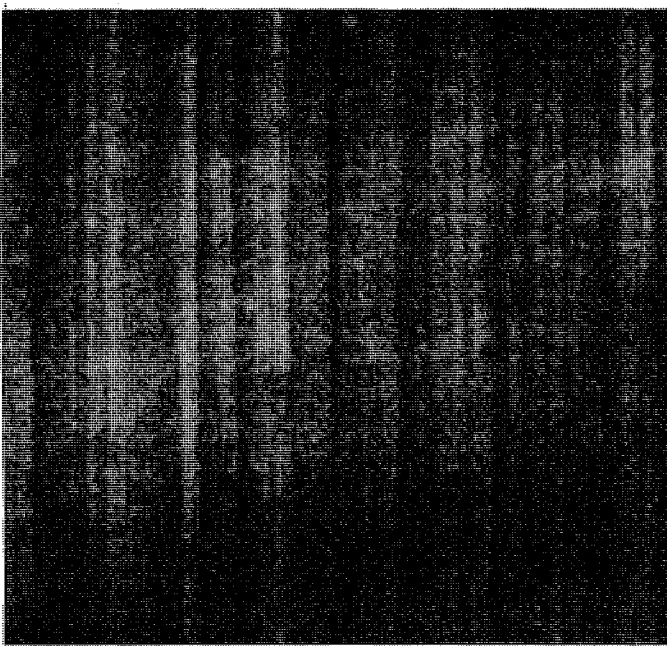
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Embellishing the bath

By Jeanie Tinch
Interiors by Decorating Den

Bathrooms have changed dramatically in the last two decades, becoming larger and more luxuriant. Have we become obsessed with this room? or did we simply get tired of using an obsolete model? Probably a little of both.

The bathroom is a favorite choice of homeowners to remodel and/or redecorate. The reason? Beautiful bathrooms make a home more sellable and the cost is generally recouped once the house is sold.

Why are bathrooms getting larger? With today's increasing two-income families, people are tired for fighting for time and space in the morning. For this reason, designers have increased countertop space, added another sink and covered entire walls with mirrors.

Decorating the bath has taken on a whole new meaning. There's a great deal more to today's bath than fixtures and hardware. Window treatments, and the wall and floor coverings are as prominent in the design of a bath as any other room in the house. Often homeowners will carry over elements of adjoining rooms into the bathroom to give the floor plan continuity — allowing the eye to flow easily from room to room. Such elements of decoration include wallpaper borders, color schemes or window treatment styles or fabrics.



Jeanie Tinch

Lighting, once consisting of a single bulb, built-in fixture over the medicine cabinet, has become all important.

Vanity lights, resembling those you might find around the dressing table of a movie star, are common features in today's bath, as well as

recessed lighting for general illumination. Natural light has been admitted, especially in master baths, via larger windows and skylights.

This emphasis on light, whether natural or artificial, plays a key role in color options as well. Light colors, especially crisp, clean whites are serving to double the impact of space no matter how small the bath may be. In fact, most manufacturers report white is still the most popular color for bathroom fixtures, followed by light pastels and then "decorator" or stronger colors.

Think again about your bathroom. It can be the ultimate space, custom-designed with luxuries to be enjoyed every day. So go ahead, make a splash!

Living by the "Code" reduces electrical risks

It's the final word on what is correct, and what isn't, in electrical wiring. It has guided the work of electrical contractors for generations. And, because it is updated continually, it has been safeguarding structures in America for more than a century.

It is the National Electrical Code®, a document published by NFPA (National Fire Protection Association) and developed by a series of voluntary National Electrical Code panels and a Technical Correlating Committee, which oversee the review and revisions written into this "bible" of electrical authority. The NEC® is approved by the American National Standards Institute (ANSI), which accredits NFPA's code- and standard-development process. As a result of this open consensus code development, anyone may propose a change to the NEC, provided you have a strong case and sufficient backup for your proposal.

The NEC, or simply the Code, has provided guidelines for the proper installation of electricity in more than 100 million homes in the United States. It continues to assert a major influence through laws aimed at preventing fires, electrical shock and electrocution, thereby protecting both property and lives. Because NFPA is not an enforcement authority, the Code is purely advisory until adopted. Nonetheless, it is routinely enacted into law by local jurisdictions, including state, county and city governments. The NEC is adopted in every state and is the foundation for electrical safety around the world.

Various insurance, electrical, architectural and allied interests developed the original document in 1897. In 1911, NFPA, which itself dates back to 1896, became the Code's sponsor, a relationship that continues to this day. Besides sponsoring the Code, NFPA is involved in many other programs aimed at raising awareness of electrical and fire safety, which are described on its Web site, www.nfpa.org.

The Code is one of the most respected and trustworthy documents in industry. Rather than being a nuisance, it eliminates

the guesswork from electrical work and speeds up installation times.

Many homeowners are only vaguely aware of the NEC, and others have never heard of it. Yet, homeowners can be the most effective force in ensuring that their own electrical wiring meets the standards of the Code. The majority of fire deaths continue to occur in homes, although fatalities have declined steadily since the NFPA began tracking them in 1977, accounting for 3,110 deaths in 2001. Only 1999 had a lower number of home fire fatalities in the past quarter-century.

But there is still room for improvement. Mark Earley, Chief Electrical Engineer at NFPA, observes that "Bad wiring is still a significant cause of fires and fatalities. If every home met the Code, these deaths could be practically eliminated."

According to Earley, the Code changes substantially with each new edition. A home may have been built to the Code, but subsequent wiring could have been installed improperly, or it could have deteriorated or been damaged in the interim. "If you don't know when your home was last inspected, it may be a good idea to call an electrical inspector," he advises. "Get an estimate of the work that needs to be done, and bring it up to code."

Typically, homes are inspected when first constructed, and often when they are resold. The latter inspections, paid for by the buyer, are usually performed by a private general inspector. When major electrical work is done, an electrical specialist who is an employee of the municipality or other local authority will perform an inspection. The Code is an important tool for reducing the risk of fires and injuries caused by deficiencies in an electrical system. Homeowners should know what it is, and make sure the wiring in their home is in compliance with it.

For more information on home and commercial electrical systems, visit the Copper Development Association online at <http://buildingwire.copper.org>.

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Protect your home electronics from lightning

Today's homeowners have more to lose

Take a moment to calculate the value of all your home electronic gear—televisions, DVDs or VCRs, computers, stereos, game boxes, printers, fax machines, telephones, security systems and other equipment typically found in homes today—and you'll quickly realize the potential damage a lightning strike could do. And it only takes one such strike to turn some of your prized possessions into toast.

Severe thunderstorms may occur only a few days each year in many locales, but when a storm does pass through, the number of strikes it produces can be alarming. Lightning takes more lives and causes more property damage than hurricanes or earthquakes.

And it doesn't take a direct strike to destroy thousands of dollars of electronic equipment. Because most electrical circuits and communications networks connect to the outdoors, a near-miss that hits a tree or other object outside a home can still wreak havoc on equipment installed inside. To minimize the risk, every home should be shielded by some level of lightning protection.

Although much about lightning remains a mystery, the technology behind lightning-protection systems has advanced considerably. These systems are routinely installed in commercial and industrial buildings, and their effectiveness is well documented by organizations such as the Lightning

Protection Institute (LPI), a nationwide nonprofit organization (www.lightning.org).

Lightning protection systems do not attract lightning to structures, nor do they repel it. Rather, these systems intercept the lightning and channel the energy onto a low-resistance path. This safely discharges, or "grounds," the electrical current to the earth.

Computer and electronic stores sell surge suppressors that offer protection from sudden electrical overloads, commonly referred to as voltage surges or spikes. They may be installed in your load center where the electricity enters the home, or they may be plug-in units at the point of use. These latter units should not be confused with true lightning arrestors, however. A certified lightning protection system for a home may cost anywhere from \$1,500 to \$4,500, but it provides a much higher level of protection. In lightning-prone areas, many homeowners have learned that they can't afford to be without this protection.

A certified lightning protection system is made up of four separate yet interconnected components that work together to form a multi-layered shield. This system includes:

- Lightning rods or "air terminals." These metal devices are installed on the roof to intercept and divert light-

ning to earth before it can affect a home's electrical circuits.

- Grounding conductors. Typically of heavy-gauge copper wire, conductors connect the lightning rods to a ground point and form a path to carry high-intensity electrical surges away from the home.
- Ground terminations (electrodes) such as solid copper-clad rods or rings buried outside the home. Electricity diverted to ground through these electrodes dissipates harmlessly into the earth.
- Surge suppressors. These point-of-use appliances are installed in the home's electrical system or wherever electronic equipment is used and form a last line of defense against transient electrical overloads. (Remember: surge suppressors must be well-grounded to work properly.)

Lightning protection systems must be installed correctly and tested by a certified technician to ensure that all components perform correctly. Ground terminations, in particular, must be checked for resistance, which measures how effectively electricity will discharge into the surrounding earth. Soil and site condi-

tions can vary and, if the electrical ground is faulty, the lightning protection system may not work at all. Conversely, a properly functioning electrical grounding system can actually improve the operation of electronic equipment.

For more information on residential wiring systems, visit the Copper Development Association on the Internet at <http://buildingwire.copper.org>.

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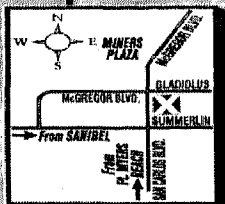


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Arts & Leisure

If you get to London, don't miss the Donmar

One of the items high on my list of must-do's while in London was a trip to the Donmar Warehouse, a black-box theater where some of the great cutting-edge plays and musicals are performed. It has been in existence for 10 years and almost every fine English and American actor has played there at one time or another. This was my first opportunity to visit. Every other time I have been here, it was totally sold out and, this time, I had to wait a week to get my seat — the very last one available for a Tuesday night performance.

The venue itself is intimate, the stage is a square thrust, the stalls (translate: the orchestra, for us) are slightly below floor level, there is a balcony; productions have a brick wall upstage so there can't be any crossovers or exits up stage. Entrances and exits are made from the unobtrusive curtains on either side or up the audience aisles. The lighting is mostly overhead, with pin spots strategically placed floor level for special effects. This simple arrangement is an ideal space for productions, and one we should take a look at for any new theatres we might



MARSHA WAGNER

build in our area of Florida in the future.

Albert Camus created *Caligula* as a philosophical response to the political demands of the times. He first wrote it in the 1940s while Germany was laying plans to conquer the world, as well as occupy Paris. Camus had

been in the French resistance, primarily as a political journalist, and in 1944 he produced and directed *Caligula*. This particular work laid the foundation for the movement, which infected so much of Western theatre in the late 20th century. "Theatre of The Absurd."

The "Absurd" has gathered rather a bad name for itself since it's been associated with disenfranchised youth, cigarettes, turtle necks, bad plays, and even worse poetry read in

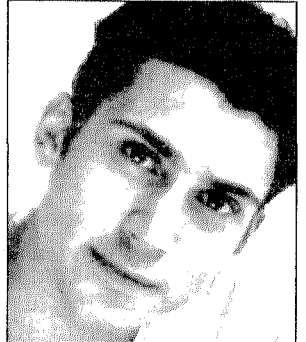


Camus

dim coffee houses. Camus never quite bought into that idea. He believed his works were more about negation, experiencing the world as meaningless, random to no apparent purpose, and ending unavoidably in death. Or, as *Caligula* puts it in the play, "We die and we are unhappy."

The "Absurdist" tend to demonstrate meaninglessness to their audience — even willingly embrace it — but Camus is more interested in something else... he explores how humans go on living despite their knowledge of death and unhappiness. It is this "despite" survival skill which gives Camus' playwriting so much humanity. One usually considers philosophical plays to be dry as well as static, but Camus is, first of all, a man of the theatre both as director and producer and *Caligula* is beautifully structured theatre. Every scene drives the philosophical debate forward. The play is full of black humour, touches of vulgarity, high camp, burlesque and the main character Caligula himself, is a wild bigger-than-life persona, not unlike one of Shakespeare's characters.

This is a play, which explores negation against a background of clashing ideologies, violence, and deep personal despair for Camus. His own personal life was falling apart — France had just been invaded and the world was at war. *Caligula* clearly reflects those times. The mark of a great play is that it still holds true. In our time of violence, clashing ideologies and despair, Camus seems to be speaking directly to us — especially in the light of terrorism, 9/11, the war with Iraq. *Caligula* forces us to face the question of how best to live in the face of what we know. This was not an easy 2½ hours in the theatre, but I truly miss that kind of experience; that's the reason I go to the theatre in London and New York.



Sheen and Turner

As far as the performances went, Michael Sheen as Caligula was, in a word, AWESOME! Other outstanding performances were newcomer and recent graduate from the Guildhall School of Music & Drama Ben Turner as Scipo (remember this name; I'm certain Turner has STAR written all over him); Jason Hughes as Helicon; Raymond Coulthard (his films include, *The English Patient* and *Muppet Christmas Carol*) as Cherea; and Diana Kent as Caesonia.

Sorry to say, that this play closes on June 14. But may I suggest that you put the Donmar's next production on your must-see-while-in-London list. From June 20 till Sept. 6 Stephen Sondheim's *Pacific Overtures* will be in residence. This is a co-production with the Chicago Shakespeare Theater and garnered super fantastic reviews when it played in the States. I can't think of a better place than the Donmar to see this glorious fusion of Japanese Kabuki and Noh theatre with the musician styles of the West — one of Sondheim's most lyrical scores. The story line tells of the 1853 Japanese expedition led by Commodore Perry that changed an ancient kingdom's way of life forever as told through the friendship of a samurai and a fisherman as they struggle with Western and traditional influences.

Just remember this one is not available at TKTS, the half-off ticket price booth. You must either go to the Donmar Box Office or have your hotel phone for seats. In any case do not miss *Pacific Overtures*, and don't forget to tell 'em Marsha sent you.

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Dear Doctor...

We ask you not forget
As we battle this disease;
We ask you not forget the ones
Who ultimately grieve.

As you treat the men we care for
And advise them in this war,
We ask that you remember
Who it's ultimately for.

Please don't give him seconds
When it's minutes that he needs.
Please don't leave a question
Still hanging as you leave.

Let him be the author
Of decisions that are made,
Let me bring my research in
To help prepare the way.

Please allow your honesty
To override your pride;
Please allow your head
And your heart to coincide.

Let us be a team of three...
United we might stand.
Divided we will surely fall,
Letting down this man.

We don't expect perfection —
We know you're not divine;
We only want the effort of
An open heart and mind.

The meaning of this poem
Has naught to do with rhyme.
The meaning of this poem
Is the endless pairs of eyes

That watch and hope and listen
As you treat the man we love,
Knowing well that "protocol"
Is often not enough.

So as you walk this path with us,
We couldn't thank you more;
But we ask that you remember
Who it's ultimately for.

Sincerely,
One wife and her son

Jan Manarite is the Florida Educational Facilitator for the
Prostate Cancer Research Institute.
The Florida Helpline/fax is 395-0995.

New theatre venue opening on Fort Myers Beach

Sheryl Ruppert and James Knox-Benfer in *Extremities*

The Fort Myers Beach Orpheus Players will be opening a new theater venue on June 13 with the play *Extremities* by William Mastrosimone. The Holmes House on Estero Boulevard (across from the Chapel by the Sea) in Fort Myers Beach will provide a gourmet meal experience then lively and cutting-edge theatre in a cabaret setting.

Extremities is an intense psychodrama of a would-be rapist and how the victim (Marjorie, played by popular local actress Sheryl Ruppert) fights back. Raul, the would-be rapist, is played by James Knox-Benfer; Marjorie's two room-mates — Patricia and Terry — are played by Donna Prima (who is also the producer) and Amanda Parke (another well-known local actress), respectively.

The two-act play is based on an experience Mastrosimone had of meeting a woman who had been raped and badly beaten who related her story to him. In its Off Broadway production, Farrah Fawcett received a Tony Award for her portrayal of Marjorie.

Extremities is directed by Mark Liszt and will run Friday and Saturday evenings at 8 p.m. through June 28. Tickets are \$15, \$35 with dinner. If planning an evening of dinner and the theater, 6:30 reservations are probably in order. Call 463-5519 for performance tickets and/or dinner reservations.

Book signing is a big success

By Terri Blackmore
General Manager

A whole volume of book enthusiasts and fans of Randy Wayne White turned out at the Jacaranda on Friday, May 29, for the introduction of his new book, *Everglades*. Chef Brad Kilburn, whose delicious tidbits received this year's



Above: Judy Gaschhoi of Toronto, Canada, received more than a signature on her copy of *Everglades*.

Below: Event sponsors — Sanibel Bookshop employees Aimee Kaplan, Ferd Hardenberg, and owner Hollie Smith — are shown with the complete series of Doc Ford novels.



Taste of the Islands Best Appetizer award, prepared the hors d'oeuvres. White's intimacy with Florida's history and his connection with the outdoors have again set the theme for his new Doc Ford novel.

In this thrilling and complex book, Doc undergoes a transformation that launches the entire series in a new direction. After hitting rock bottom, ravaged by suffering and loss, Ford is a mere shadow of the strong-willed, charismatic man he once was. With gripping suspense, a beautifully rendered setting and engaging characters, *Everglades* strikes a new high note for White.

Over 200 books were signed including many that dated back to the first Doc Ford days — *Sanibel Flats*, *Twelve Mile Limit*, *Shark River*, *Ten Thousand Islands*, *North of Havana*, *Captiva*, *The Mangrove Coast* and *The Heat Islands*. If you missed the book-signing, the series of books is available at the event's sponsor, Sanibel Island Bookshop, in Sanibel Center (the pink plaza on Periwinkle Way).



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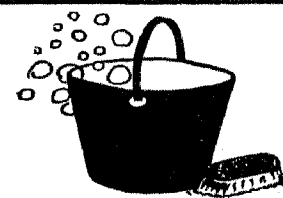
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Out of the Box and Back to the Future?



Out of the Box Productions

On a cold winter evening in 1971, *Masterpiece Theater* was born, hosted by the talented and witty Alistair Cooke. Viewers enjoyed a 12-part epic based on the ancestors of the United Kingdom's most favored son, Winston Churchill. A few years later, its far less distinguished adopted brother emerged across the Atlantic in America.

Disaster Piece Theater, unfortunately, suffered from an influx of American culture that was developing at the same time known as the late-night talk show. As a result, *Disaster Piece Theater* was well known for its various odd guests, cultural gaffes and the enduring presence of its host, prim and proper Alistair Cooke. Sadly, the show seemed to be doomed from the start and was cancelled after only three seasons.

As a special highlight for the evening, the show will also feature spotlight appearances from television and movie star Jim Labriola. Labriola is known to television audiences worldwide as Benny Barony (a/k/a The Donut Guy) on *Home Improvement*. Prior to doing television, he created the highly successful comedy review, *Night of a 1,000 Guidos*, featuring a variety of nationally known comics, including Ray Romano, Kevin James and Labriola himself.

Disaster Piece Theater promises to be a night filled with singing, dancing, laughter and culture (?), featuring sights seldom seen on any stage in the U.S. or abroad. *Disaster Piece Theater* will be the directorial debut of Out of the Box's own Kristen Flanagan.

All proceeds from the show will benefit the Big Brothers/Big Sisters *Making it on Purpose* program. *Making it on Purpose* is designed to provide support to young women transitioning from foster care to independent living. Its aim is to inspire and encourage them to recognize their personal power, and to provide tools of empowerment so they may reach their highest potential — becoming leaders and role models in their community.

The Fort Myers-based project is a pilot program for Big Brothers/Big Sisters. The ultimate goal is to create a self-contained village where girls can live as they transition from foster care to living independently under the guidance of compassionate, knowledgeable, committed and positive people who share our goal to encourage, empower and enrich their lives. As they continue to be successful, it will become the model for similar programs across the United States.

Out of the Box Productions was started in 1997 by Wende and Michael Gilmore, when they saw the need for a new creative outlet for actors in Southwest Florida. They embrace all forms of art, while striving for excellence in everything they do. They seek to markedly enhance the cultural and artistic world in which they live with unique flavor and illumination, and provide a safe haven for artists to grow and discover their true potential. As part of their commitment to the community, they endeavor to provide their services as a fund-raising device for worthwhile charitable projects through the year.

On July 18, 2003, Out of the Box Productions presents, for the first time this century, a glimpse into the past with the *Disaster Piece Theater* revival, on stage at the Periwinkle Playhouse. Join Alistair Kook as he reunites some of the shows most famous guests and classic stars of the stage for only two nights.



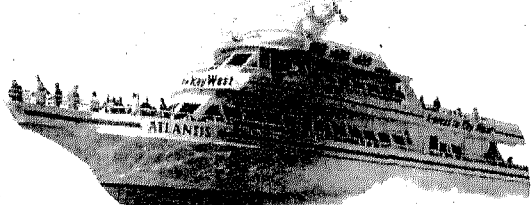
Jim Labriola

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Summer opens with a bang at Schoolhouse

Karen Nelson
Staff Writer

The Old Schoolhouse Theatre opened their summer season on May 30th with *The Big Bang*, a delightful evening of spectacular silliness.

The Big Bang, with music by Jed Feuer and Book and lyrics by Boyd Graham, is a collection of backer's auditions, where shows are sketchily presented before an audience of potential patrons. In this delightful takeoff, the Old Schoolhouse audience sits in the wannabe Broadway "angels." The show opens with Billy Breed as he enters the living room set from the offstage kitchen with a cheery hello and a tray of cheese hors d'oeuvres.

He is joined by John Vessels as Jed and they maintain a fun rapport with the audience throughout the evening. They begin by explaining that generous friends theirs have lent the New York City apartment as the setting for a backer's audition for their new musical extravaganza *The Big Bang*. A product of the bigger-is-better, everything-plus-the-kitchen-sink school of theatre, their musical presents a entire history of the world in 12 hours of pure entertainment...with a cast of... and an opening chorus featuring historical personages like "Plato, Jesus, Cleopatra, Cher."

In this wackiest history of the world, Mel Brooks took on the task, political correctness is occasionally (and amusingly) disregarded and the jokes and sight gags fly fast and furious. The show is light and Breed and Vessels actively engage the amused audience while singing like they're having a great time. Inventively staged by J.T. Smith, the show utilizes bits and pieces of apartment or so that props and costumes become interchangeable. The show within a show is off with a bang, as in the big one. In a voice in the vast nothingness said, "there be light," there was — courtesy of "clap-on" chandelier.

The Garden of Eden is replete with le-bear snake. Of course, Adam and Eve get the boot and the actors — with an inventive twist of their T-shirts which



but the quirky one-liner lyrics always amuse and the audience thoroughly enjoyed the entire evening. Breed and Vessels never lose the energy level and concentration required to pull off this two-man tour de force.

In "Act 10-Scene 6," Henry VIII's cook bemoans Henry's "noblesse obese" before Breed and Vessels skip over to 1595 Manhattan. There, Minnehaha and Pocahontas sit over drinks at the bar of the Algonquin bemoaning their single status: "Even though we mingle it still looks like we'll be single in the happy hunting grounds."

Napoleon and Josephine, perfectly costumed (more later), sing a duo in two styles: aria and rock, followed by an antebellum Southern belle (also wonderfully costumed) who, with her slave Inertia, faces the woes of the Civil War at her plantation, Knotty Pines, vowing that a mere war won't stop her from going to the barbecue at Poison Oaks.

Other Act 2 highlights include an 1840's Irishman with his last potato; a duet between Tokyo Rose (who is "ashamed of Hirohito but proud of Judge Lance Ito") and Shanghai Lil; and a cabaret turn by Eva Braun ("for the longest while, I thought his first name was Heil").

Scenic Designer Peter Michael Marino has created the perfect aspiring-to-cultured New York apartment, complete with a Warhol portrait (with both the Mr. and the Mrs.) over the marble fireplace mantel;

African masks, Oriental paintings and the obligatory Manet poster on the walls; and classical pedestals supporting the phone. Designer Jim Conti has done a superb job with the costumes and props, turning a lampshade into Pharaoh's crown, pillow covers into a lion's mane, and an ice bucket helmet and dinner fork into an armed Attila the Hun. You find yourself checking out the set to see what else they can use and you just know that the velvet drapes hanging over the doorway to the kitchen are being saved for something good — and they are.

Perhaps the single best costume transformation belongs to Napoleon and Josephine. Napoleon's red window-curtain sash looks dashing enough but the finishing touch is the "Napoleon" hat (I won't give it away). However, the piece de resistance is Josephine, wearing the velvet drapes and valance (plus the rod). A creative twist of the two drapes et voila! an Empire dress with short sleeves.

Most of the first act is very solid and even in the slightly less focused scenes, the humor is more than enough to sustain a very entertaining evening. J.T.'s production is very well supported by the cleverly integrated set, props and costumes of Marino (who also served as assistant director) and Conti. With stage management by Miguel Cintron, the evening flowed flawlessly. Billy Breed and John Vessels both display a range of vocal, comedic and dance talent, bringing life and love to a show that starts the summer at the Old Schoolhouse with a big bang!

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Grilled Bacon Wrapped Gulf Shrimp on a Bed of Rigatoni Pomodoro
Day Boat Catch of Local and Exotic Fin Fish

the Old
Captiva
House

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GREAT SELECTION OF TOYS FOR ALL AGES

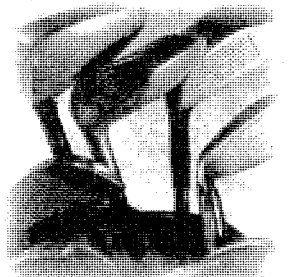
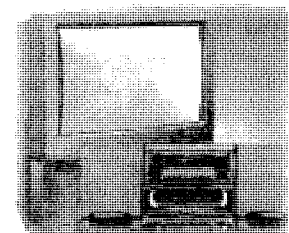
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(LOCATED IN PERIWINKLE PLACE)

472-4803



CLASSIFIEDS • (239) 472-5185



GOOD

BETTER

BEST

ADVERTISE LOCALLY

Reach readers of The Sanibel Captiva Islander, which is mailed each Friday to every address on Sanibel and Captiva.

\$5⁰⁰ and up per week
28 WORDS - 1 ITEM \$51-\$100

TARGET SELLER PACKAGE

Your 28 word classified ad can run in The Islander, the Lee County Shopper, & your choice of any 8 papers listed in the publication list to the right.

*Business Ads start at \$58.00

\$41⁵⁰*

REACHES OVER 150,000 HOUSEHOLDS!

SUPER SELLER PACKAGE

Your ad will appear in ALL of the Breeze Newspapers in Lee & Charlotte Counties, with circulation in Pine Island, Cape Coral, Ft. Myers, N. Ft. Myers, Lehigh, Sanibel, Captiva, Ft. Myers Beach, Boca Grande, Port Charlotte & Punta Gorda.

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Get the advantage and reach your target customer fast with the addition of an eye catching photo! Only \$13 additional charge per week!

\$13⁰⁰ PER WEEK

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Reach the world! Your ad will appear on the world wide web at www.flguide.com!

REACH YOUR TARGET CUSTOMER IN ANY OF THE FOLLOWING PUBLICATIONS:



Sanibel Captiva Islander
Delivered on Friday to every home and business on Sanibel & Captiva



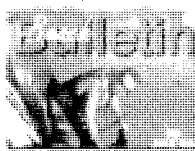
Island Reporter
Sanibel's official city newspaper with a paid distribution of 4,500+



Captiva Current
Delivered to consumers in the Captiva area every Friday



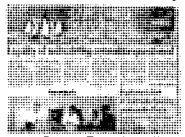
Sanibel Captiva Shopper's Guide
Reaching over 7,500 every Thursday



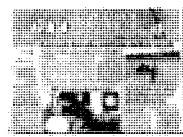
Beach Bulletin
The area's visitor and entertainment newspaper delivered every Friday



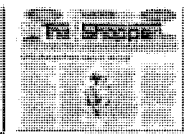
Fort Myers Beach Observer
A circulation of over 14,000 in the San Carlos Island and Estero Island area every Wednesday



Cape Coral Daily Breeze
Reaching homes in the Cape Coral Community daily



The Saturday Breeze
is delivered to 38,000 homes in Cape Coral every Saturday morning



The Lee County Shopper
Home delivered every Wednesday with a circulation of 105,000



The Pine Island Eagle
Pine Island's only community publication with a distribution of over 7,000



North Fort Myers Neighbor
Home delivered to 9,500+ every Wednesday



The Lehigh Acres Citizen
Reaching 7,000 every Wednesday



Gasparilla Gazette
Reaching over 4,000 homes in Boca Grande and Gasparilla Island



Charlotte Shopping Guide
Published every Wednesday in Port Charlotte & Punta Gorda

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Monday - Friday 8:30am-5:00pm

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DIVORCE \$175-\$275.* COVERS
children, etc. Only one signature required! *Excludes gov't. fees! Call 1- (888) 998-8888, or 1-(800) 522-6000, ext. 500. (8am-8pm) Divorce Tech. Established 1977

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children, etc. Only one signature required! *Excludes gov't. fees! Call 1-800-522-6000 ext. 507 8am-8pm Se Habla Espanol. Divorce Tech - established 1977

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Miami-Dade (305) 854-6000; Broward (954) 630-9800; Tampa (813) 871-5400; St. Pete (727) 442-5300. Toll Free (800) 603-3900. Spiegel & Utrera, P.A. L. Spiegel, Esq., Miami

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ALL CASH CANDY ROUTE. Do you earn \$800 in a day? Your own local candy route. 30 Machines and Candy. All for \$9,995. Call (800) 998-VEND. AIN# BO 2000033

ALL CASH CANDY ROUTE Do You Earn \$800. in a Day? Your Own Local Candy Route. Includes 30 Machines and Free Candy, all for \$9,995. CALL 1-800-998-VEND AIN B02000033

ALL CASH CANDY ROUTE. Do you earn \$800. in one day? 68 vendors with locations. All for \$9860. 800-601-6656

EARN \$600 WEEKLY Working through the government part-time. No experience. A lot of opportunities. 1- 800- 308-2850 Code F2

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WE OWN MANY NEWSPAPERS AND HAVE A FREQUENT NEED FOR WILLING, RESPONSIBLE AND DILIGENT CARRIERS ON DIFFERENT DAYS OF THE WEEK - USUALLY TUESDAYS, WEDNESDAYS, AND SATURDAYS.

2510 DEL PRADO BLVD., S.

ONE BLOCK SOUTH OF VETERANS OVERPASS, CAPE CORAL.

COME TO OUR OFFICE TODAY TO FILL OUT AN INDEPENDENT CARRIER INFORMATION SHEET.

NO PHONE CALLS, PLEASE

★★★★★

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AWESOME CAREER!! Hiring/2003 Postal Positions. \$14.80-\$36.00+/hr. "Entry/ Professional levels" Paid Training/ Benefits "No Exp. Req. For Free Information Call 1-800-875-9078 Postal Ext. 207

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Wedding Set 14Kt Gold Size-7 1Kt. Marquise Solitaire with 2-Kt. Marquise Jacket Valued @ \$5,000. Offered @ \$1,800. (941) 624-6587 or (941) 456-1972

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GIGANTIC 3-DAY auction. June 5, 6, 7, 2003. Montgomery, AL. *9:00 a.m. Single, tandem & tri-axle dumps, truck tractors, lowboys, crawler loaders & tractors. Excavators, motor graders & scrapers. Backhoes, rubber tired loaders, forklifts, paving, skidders, feller bunchers, log loaders, farm tractors. J.M. Wood Auction Co., Inc. (334) 264-3265. Bryant Wood AL Lic# 1137

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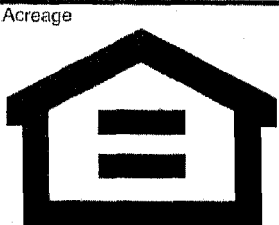
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Study finds feral cat colonies threaten endangered species

With 4 to 6 million unwanted animals — mostly cats — put to sleep each year in the United States, some people consider it more humane to free the felines into the wild.

But, as these cats forage for food and establish their territories, they kill more than a billion small mammals and birds each year, many of which are threatened or endangered, a University of Florida study shows.

Feral (or free-roaming), untamed cats pose a serious threat to endangered species nationwide as colonies of the wild cats have grown, largely because local groups provide funding and resources to sustain them, according to the UF study commissioned by the U.S. Fish & Wildlife Service.

In addition, although the study found those who release cats into the wild or support feral cat colonies are violating numerous federal and state wildlife protection laws, enforcement of the law in these cases has largely been ignored, according to the study presented in March at the 9th Annual Public Interest Environmental Conference.

"The domestic cat species is not indigenous to Florida or anywhere else in North America. They impact native wildlife in three primary ways — predation, competition, and disease," said Pamela Hatley, a law student at UF's Levin College of Law who conducted the study. The results also will be published in the spring volume of the *Journal of Land Use & Environmental Law*.

"Cats are non-indigenous predators that compete in the wild with native predators like owls, hawks, fox, because cats, being subsidized by humans, outnumber these native predators and prey on the same small mammals and birds. Thus, cats reduce the prey base for native predators, making it difficult for native predators to feed themselves and their young," she said.

In addition, these cats spread diseases — rabies in particular — that can kill wildlife. The Centers for Disease Control & Prevention report that rabies is more than twice as common in cats as it is in dogs or cattle, and cats have the highest incidence of rabies among domestic species.

The number of feral cats in the United States is estimated to be 40 million to 60 million, said Hatley, who works with the University's Conservation Clinic, which was commissioned by the Service to determine the applicability of federal, state and local wildlife laws to the practice of releasing cats into the wild and maintaining feral cat colonies. Compounding the problem is that another 40 million domestic cats nationwide also roam outside, hunting and killing small animals.

For example, the Lower Florida Keys marsh rabbit is a federal endangered species with a remaining population of about 100 to 300. A 1999 study found free-roaming cats were responsible for 53 percent of the deaths of these rabbits in one year, and a 2002 study indicated the species could be extinct within two or three decades, Hatley said.

Cats also have been recognized as instinctive predators and a serious threat to the Key Largo cotton mouse, Key Largo woodrat, Choctawhatchee beach mouse, Perdido Key beach mouse, green sea turtle, roseate tern, least tern and Florida scrub jay,

she added.

Cat predation also is a serious problem in California and Hawaii, where, like Florida, the climate is ideal for cats to survive outside and breed year-round. As a result, endangered animals, such as the Hawaiian goose, California brown pelican and blunt-nosed leopard lizard also face additional threats.

"There are some 15 million cats in Florida which spend all or part of their time outside preying on wildlife," Hatley pointed out. "It is estimated that cats kill as many as 271 million small mammals and 68 million birds each year in Florida, many of these threatened and endangered species."

As an alternative to euthanasia, many cat advocates believe in trap-neuter-release, or TNR, programs, in which feral cats are spayed or neutered and returned to colonies where caretakers look after them. While the programs aim to reduce wild cat populations, irresponsible pet owners continue to release unwanted cats that often join feral cat colonies.

In Florida, such colonies are known to exist in 17 counties. The largest, in Key Largo, may include as many as 1,000 cats and operates on an annual budget of \$100,000, Hatley said. However, she continued, TNR programs and attempting to manage large numbers of cats in this fashion do not effectively control cat overpopulation or the predation of endangered animals.

And although Hatley determined releasing cats into the wild and supporting feral cat colonies is a violation of federal laws, such as the Migratory Bird Treaty Act and the Endangered Species Act, enforcement of these and other state and local regulations with the same goals is rare.

The Florida Fish & Wildlife Conservation Commission, for example, has left enforcement of state laws up to local governments, whose ordinances vary greatly as to what they prohibit and the fines involved.

"It is essential that our state and local governments take steps to educate the public about the destructive impact of free-roaming cats on native wildlife, and strictly enforce against the release of cats into the wild," Hatley said.

Michael Wooten, an associate professor of biology at Auburn, has done extensive research on endangered beach mice nationwide. His studies have found limited direct evidence that feral cats hunt the endangered mice, but he said he has observed immense indirect evidence, including cat paw prints in the dunes where mice live and mouse-tracking devices in the bellies of cats.

"Predators in general have taken quite a toll on the beach mouse population," Wooten said. "Where you have cat colonies, there is a decrease on the mouse population."

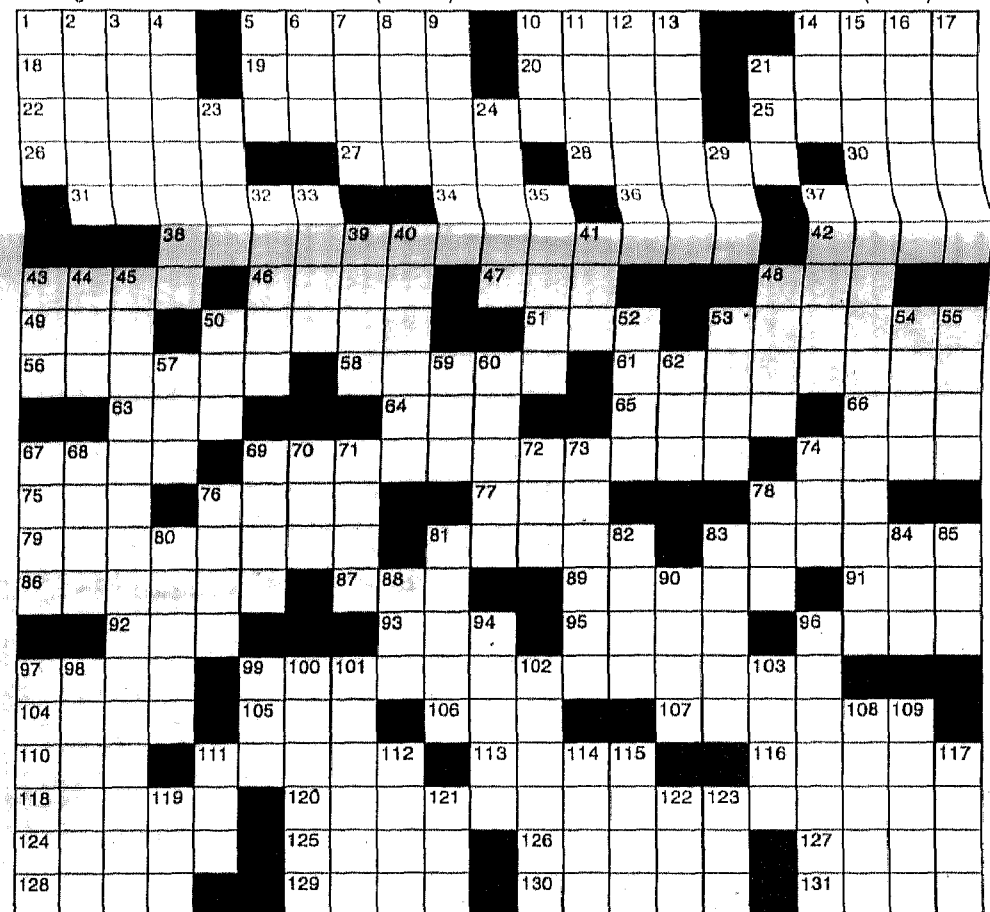
Feral cat colonies are a well-intentioned but misguided idea, Wooten said. "If people really loved animals," he said, "they wouldn't release large groups of predators into the wild."

Writer: Piper Stannard
News & Public Affairs, (352) 392-0186
Source: Pamela Hatley, (813) 973-8002,
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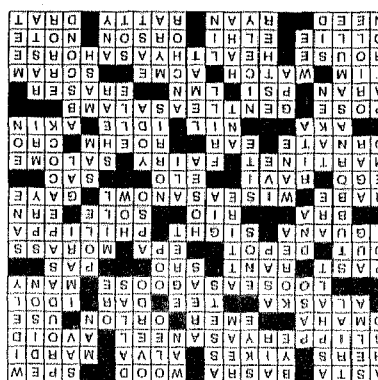
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5 Iraqi city	58 Vision	104 Irish island	7 — terrier	48 Obsolete	85 Tons of time
10 "Norwegian —" ('65 song)	61 Novelist Carr	105 Pressure meas.	8 Enlarge a hole	49 Gdansk denizen	88 Tiny colonist
14 Act like Etna	63 Lingerie item	106 K-O connectors	9 Sometimes they're frozen	50 Genes designer?	90 Model Macpherson
18 Towel word	64 "Blame It on —" ('84 film)	107 School supply	10 Pale	52 Lhasa —	94 Paul of "Melvin and Howard"
19 Startled cry	65 Flatfish	110 Cratchit kid	11 Dairy-case purchase	53 Grind grain	96 Run away
20 Feminist Belmont	66 Directional suffix	111 Sentinel	12 Go to extremes	54 Nimble	97 Benefactor
21 — Gras	67 Broccoli —	113 Zenith	13 Cowboys' home	55 Rational	98 Baltimore bird
22 Elusive	69 Sage	120 Fit	14 Bankbook abbr.	57 Is for two	99 Scholastic abbr.
25 Shun	74 Melodious	124 Hilarious	15 Vain	59 Actress Scala	100 Wet Williams
26 Brando's birthplace	75 — trip	125 Like some textbooks	16 New Jersey city	60 Biblical book	101 Well
27 Part of ER	76 Sitarist Shankar	126 Bean or Welles	17 Very	62 "— sweet it is!"	102 Mainslay
28 Synthetic textile	77 "Xanadu" rockers	127 A bit of Berlioz	21 TV's "Chico, and the —"	67 San —, Italy	103 Prepare potatoes
30 Exploit	78 Cul-de —	128 Requirement	23 El —, TX	68 Thickening agent	108 Blunder
31 Pipeline place	79 Disciplinarian	129 Baseball's Nolan	24 Zones	69 Ebb	109 Jamaican cultist
34 Fairway accessory	81 Sprite	130 Wretched	29 Nev. neighbor	70 "— Gotta Be Me" ('69 hit)	111 Elf
36 — as Salaam	83 Strauss opera	131 "Confound it!"	32 Asian nation	71 Location today	112 "That's a scream!"
37 Adored one	86 Fancy		33 PDQ, politely	72 Clay, today	114 Dame Hess
38 Relaxed	87 Teacup part		35 Wading bird	73 Karate-chopping	115 Orient
42 Scads	89 Designer Carolyn	DOWN	37 Japanese porcelain	74 Four qts.	117 Competition
43 Future of the present	91 — -Magnon	1 Comment from Chan	39 "Dukes of Hazzard" deputy	76 Rudner or Gam	119 Silly Caesar
46 Be bombastic	92 Police acronym	2 Actress Diamond	40 Dress	78 Jaffe of 4 Down	121 China's — Biao
47 Smash letters	93 Zilch	3 Experiment	41 "Alley —"	80 Spoken for	122 Tippler
48 Faux —	95 Monty Python's Eric	4 "The — Jungle" ('50 film)	43 Luau dish	81 Ruffle	123 "— Day Now" ('62 hit)
49 Unfashionable	96 Related			82 Jedi instructor	
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(Answer grid on next page)



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The City of Sanibel, Florida will receive **Sealed Proposals** to provide group medical insurance and a pharmacy benefit plan for employees and retirees and their families.

SEALED PROPOSALS are due in the City of Sanibel, Attn: Manager of Administrative Services, 800 Dunlop Road, Sanibel, FL 33957, no later than 1 p.m., July 2, 2003, at which time Proposals will be publicly opened. Late Proposals will not be accepted. The City reserves the right to reject any and all Proposals and to waive any and all irregularities in any Proposal.

Proposal packages are available from the Gehring Group, Inc., 11505 Fairchild Gardens Avenue, Suite 202, Palm Beach Gardens, FL 33410, telephone (561) 626-6970.

BY ORDER OF THE CITY OF SANIBEL
Judith A. Zimomra, City Manager

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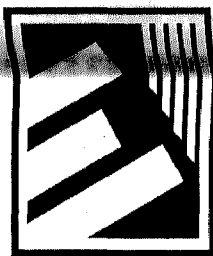
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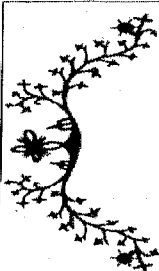


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POTPOURRI

At BIG ARTS Workshop for Young Actors

Shawn Holiday, founder of Kids Conspiracy, will teach a workshop, *Acting for Youth*, at BIG ARTS on Tuesdays from 2:30-4:30 p.m., starting June 17 and running through July 29. The workshop will emphasize poise, diction, blocking, improvisation, character development, technical production, music and juggling.

A native of Miami, Holiday has lived in Southwest Florida for 25 years and presented over 500 performances around the state, including murder mysteries, improvisation seminars and other special events. With his extensive background in community development, freelance writing, marketing, public speaking, publishing and promotion of the arts he is sure to inspire the young actor with this workshop.

Kids Conspiracy performs throughout the area providing cultural entertainment for area youth and is known as a place for the area's best actors, young and old.

Acting for Youth is a seven-session workshop and costs \$70. Call 395-0900 to register; space is limited.

Summer Film Series

Come cool off while enjoying a movie in Schein Hall! Every Wednesday from June 11 through July 30, BIG ARTS will be showing a family film at 7 p.m. Admission is \$5 for adults, \$3 for children 14 years and younger, and can be purchased at the door. Children must be accompanied by an adult. The concession stand will be "personed" by members of the Junior Optimist Club, with proceeds benefiting the group's activities.

The planned schedule includes *Spy Kids 2* on June 11, *Chicken Run* on June 18, *Who Framed Roger Rabbit?* on June 25, *Newsies* on July 2, *The Wild Thornberrys' Movie* on July 9, *Flipper* (1996) on July 16, *The Rookie* (2002) on July 23, and *Grease* on July 30.

For more information contact the BIG ARTS office, open Monday through Friday from 9 to 4 p.m. — 395-0900.

Friends/Lovers share storytelling theme

Stories about friendships — including those leading to romances and weddings — will be the theme of this month's meeting of the Tamiami Tale Tellers (TTT) on Thursday, June 19, from 7 to 9 p.m., at the Grand Court, 8351 College Parkway in Fort Myers.

According to Bert MacCarry of Sanibel, spokesperson for TTT, this romance and/or friendship theme seemed appropriate for storytelling in June, the month of weddings. "But we decided to broaden the theme to include friendships as well as romance — romance can lead to real friendship, and friendships can develop into romances."

The stories may be personal, family or those adapted from folktales or myths

from any world culture. The friendship may have begun in childhood, and the romances may have developed during the senior years.

"We welcome new storytellers and new listeners to our meetings," MacCarry said. TTT meets the third Thursday of each month; the meetings are free and open to the public, ages 5 to 95. For more information, call 472-1781.

Beach Art Association

For the summer season the Fort Myers Beach Art Association All Member Summer Show will be in the galleries until mid-October. There is a variety of media, and most paintings are for sale. The gallery — at the corner of Donora & Shell Mound Boulevards, just behind the fire station at the blinking light on the Beach — is open on Wednesday and Thursday mornings from 9 to 1.

The Outdoor Painters will be in the Beach area again this week — on Wednesday, June 11, in the area of the Bridge Restaurant under the Sky Bridge. Their informal sessions of sketching and painting begin at 8:30 a.m. and at noon the artists finish with a critique over brown-bag lunches. They encourage visiting artists and beginners to join them in these weekly sessions of enjoying the great outdoors of Southwest Florida.

For further information and directions, call Lisa Grinter at 463-2980.

Team looking for artists

The Fort Myers Miracle is hosting a new Arts in the Park competition for artists ages 12 and younger based on the theme "What America and Baseball Mean to Me."

Any media is OK — crayon, pencil, chisel, marker and/or paint — on any type of 8½x11-inch paper. The artist's name address, phone number and school should be listed on the back.

Judges will select a first, second and third place which will be eligible for appearance in next year's Miracle promotional literature.

All entries will be displayed and the winner announced at the beginning of the Sunday, June 22, game, and each entrant will receive a free ticket to that day's game. Entries should be mailed to or dropped off at the Miracle office, 14400 Ben Pratt/Six Mile Cypress Expressway in Fort Myers (33912) by 5 p.m., Tuesday, June 17.

For more information, call 768-4210.

Reception at ACT Gallery

On June 6, the Arts for ACT Gallery at 2265 First Street in Fort Myers is hosting a reception for *Looking Ahead*, a new exhibit featuring the artwork of Arts for ACT 2003 featured artist, Leo Johnson.

Proceeds from the reception as well as from Arts for ACT 2003 will benefit Abuse Counseling & Treatment, a non-profit agency that provides shelter and counseling to victims of domestic and sexual violence.

Bestseller revised



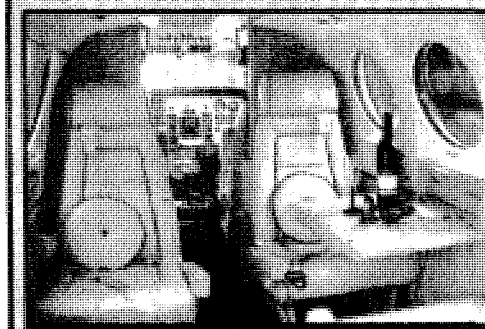
After completely selling out its first printing of 16,000, *Sanibel & Captiva: A Guide to the Islands* has been completely updated and redone for the second edition — expanded and rewritten stories plus over 300 new photos.

For the new edition, authors (and Sanibel residents) Julie and Mike Neal went through all the details, tips, trivia, feature stories and photos that readers said they really liked and added more of the same. The restaurant reviews are broader, attractions and accommodations have been updated and new listings of shops and restaurants have been added.

The new book is out this week and available on the island, in town and on Amazon.com.

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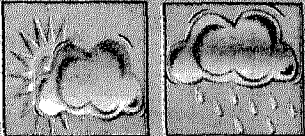
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WEEKEND FORECAST FOR JUNE 7 & 8

SATURDAY

A.M. P.M.



Lots of sunshine with
afternoon showers and
thunderstorms.

SUNDAY

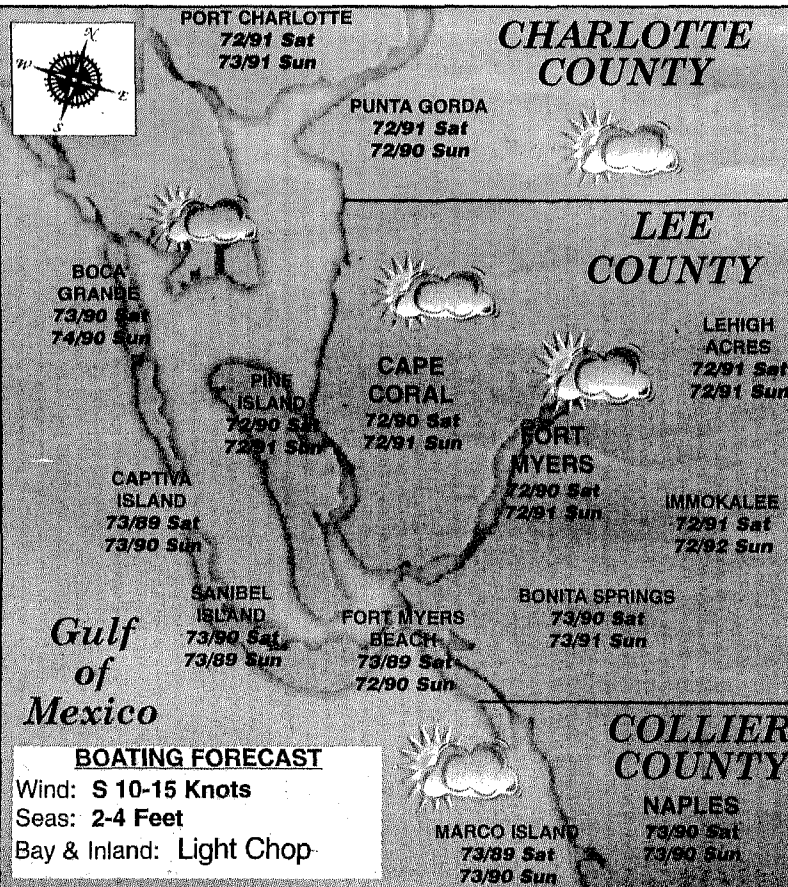
A.M. P.M.



A better chance of afternoon
storms. Warm with tempera-
tures close to 90°.

WEEKEND TIDES

City	Sat. High	Sat. Low	Sun. High	Sun. Low
Cape Coral	11:01 a.m.	4:40 a.m.	11:27 a.m.	5:27 a.m.
Bridge	9:12 p.m.	4:26 p.m.	10:44 p.m.	5:58 p.m.
Captiva at	8:51 a.m.	1:24 a.m.	9:17 a.m.	2:11 a.m.
Redfish Pass	7:02 p.m.	1:10 p.m.	2:42 p.m.	2:42 p.m.
Fort Myers	11:54 a.m.	5:22 a.m.	12:20 p.m.	6:09 a.m.
	10:05 p.m.	5:08 p.m.	11:37 p.m.	6:40 p.m.
Mattacha Pass	10:29 a.m.	4:06 a.m.	10:55 a.m.	4:53 a.m.
	8:40 p.m.	3:52 p.m.	10:12 p.m.	5:24 p.m.
Pineland	9:27 a.m.	3:04 a.m.	9:53 a.m.	3:51 a.m.
	7:38 p.m.	2:50 p.m.	9:10 p.m.	4:22 p.m.
Point Ybel	7:56 a.m.	1:26 a.m.	8:22 a.m.	2:13 a.m.
	6:07 p.m.	1:12 p.m.	7:39 p.m.	2:44 p.m.
Punta Rassa	8:45 a.m.	1:19 a.m.	9:11 a.m.	2:06 a.m.
	6:56 p.m.	1:05 p.m.	8:28 p.m.	2:37 p.m.
St. James City	9:16 a.m.	1:54 a.m.	9:42 a.m.	2:41 a.m.
	7:27 p.m.	1:40 p.m.	8:59 p.m.	3:12 p.m.



FOX 4 CAST



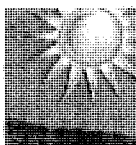
Chip McAtee
Chief Meteorologist

Darren Sweeney
Meteorologist

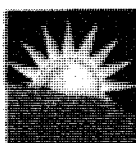
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STATE FORECAST-SATURDAY

City	Low/High
CAPE CORAL	72/91
DAYTONA BEACH	72/88
FT. LAUDERDALE	72/92
FT. MYERS BEACH	73/89
GAINESVILLE	70/90
JACKSONVILLE	70/90
KEY WEST	80/90
KISSIMMEE	72/90
MIAMI	75/85
ORLANDO	72/90
PANAMA CITY	72/92
PENSACOLA	72/88
SARASOTA	75/90
ST. PETERSBURG	75/90
TALLAHASSEE	72/90
TAMPA	75/90
VERO BEACH	72/88
WEST PALM BEACH	72/92



SATURDAY
SUNRISE
6:35 AM



SATURDAY
SUNSET
8:20 PM