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The Westfield Record

Vol. 4, No. 1

Thursday, Jenuery 7, 1993

A Forbes Newspaper 50 cents

Briefs

Broadway show seats available

The Westfield Recreation Commission is offering Broadway thester tickets and bus transportation to Phentorn of the Opene Merch 18.

The bus leaves from the field Memorial Pool Cornplac on Scotch Plains Avenue at 6 p.m. for the 8 p.m. performance, and will return about 11:30 p.m.

Tickets are on sale now on a first-come basis at the recreation department at \$78 a per-son. Make checks payable to: Westfeld Recreation Department, 425 E. Broad St., Westfield 07080. For more informetion call 789-4085.

Westfield Y preschool sign-ups

Registration for pre-school at the Westfield Y will be held Monday at 7:30 p.m. Call 233-2700 for additional information.

Plano recital on Sunday

Students of Anita Juntilla will present a piano recital 2:30 p.m. Sunday at the First United Methodist Church in Westfield.

Performing solos and duets will be: Alleon Yuhas, Tim Heine, Jennifer and Allieon Mack, Leanne Jemigan, Emily Kahn, James Gordon, Stephenie Breakstone, Orte Malmon, James Sendal Christopher Keency, Scott and Rose Hemilton, Christle Kurtz, Abby Stotler, Albert, Benjamin, and Margaret Wei, Ted Bowne, Catherine Hogen, Alexis Stoll, Laura Sweeney, Tara Juntilla, Joyce Lee, Margaret Kostro, Lauren Calaro, Mariea Hrinewski, Maria Dairymple, Katie Eleenbarth and Elena Mancere.

Hear the story of 1991 massacre

Allen Neim, a writer for New Yorker, will speak on East Timor - The Other Boenia, at the Christian Forum of Weetfield Presbyterian Church 9:15 a.m. Sunday in the Jim Cole room of

Mr. Naim, who also has written for The New York Times, Washington Post, Harper's and Nation, will tell of the 1991 massacre of several hundred pecple at a demonstration in East Timor which he witnessed (and received a fractured skull), and its history. He will show a video-tape taken during the messacre and titler smuggled out of the country.

First-time moms learn trade tricks

The Westfeld Memorial Library Children's Department will present a program for first-time mothers and other adults at 7 p.m., Jan. 20, where the best books for bables will be introduced and discussed. Fingerplays, nursery rhymes and other ways to introduce literature to bables will be featured.

Registration begins Jan. 11. Call 789-4090.

After-school stop for kids in winter

The Westfield Recreation Commission is offering its Coed After School Program for Westfield students in grades 3-5. The program began Jan. 4 and will be held through March 26 at many of the elementary schools in town, from 3-4:30

While there is no fee for the program, parents are asked to register their child with the instructor at the first scheduled session. There will be no activities conducted on registration day. The program is not held when schools are closed; parents should check with the Recreation Office at 789-4080 for cancellations.



Overlook Hospital's Jeanne Kerwin, second from right, instructs several members of the Westfield First Aid Squad on the use of a difibrillator. Once limited to hospital-certified paramedics, the local first aid squad now sports its own improved difibrillation machine. It's designed to save precious minutes and the lives of heart attack victims.

Aid squad's new equipment, training could help save lifes

'It could make a difference of

by ELIZABETH GRONEK

THE RECORD

Thanks to recent training of the Westfield First Aid Westfield will not skip a beat - even if it is during cardiac arrest.

new semiautomatic defibrillator by members of the staff of Overlook Hospital. Before the invention of this device, only paramedics could at least a few lives' use traditional defibrillators - in spite of the fact that the first aid squad is usually first on the scene

treat heart ailments. A defibrillator, which many associate with hospital scenes on television shows when the doctor yells "clear" and shocks the patient, requires the ability to analyze heart rhythms. The machine, which shocks the heart with electric current, is used on patients

suffering heart attacks or irregular heartbeats. Paramedics are called to the scene of lifethreatening situations, but their response time is longer because they cover a greater area than the local first aid squad. They act as a "travelling emergency room" and have more equipment, including a link to doctors in the emergency room.

Now, the new semiautomatic defibrillators can be operated by trained personnel from the squad, right at the scene. The patient benefits because the process can begin before arrival at the hospital and the time Squad and advances in medical technology, hearts in selement is crucial in situations where there may be a loss of oxygen to the brain.

"Most of the time, we get there before the advance The squad was trained this week on the use of the unit does," Peter Jackson, day lieutenant of the first

aid squad, said. "We're not guaranteed the closest medic unit from the closest hospital. It's a couple of minutes, but that's a big difference.'

Mr. Jackson said the Westfield By MARGARET DOWLING —Peter Jackson Squad member rescue squad averages 75 cardiac THE CHRONICLE calls each year, and about half of those require a defibrillator.

"It's fair to say it could make a difference of at least

a few lives during the current year," he said. According to a statement from Overlook, 1,000 heart attack victims die each year in the United States because they could not reach a hospital in time and cardiac arrest patients will have a better chance of survival because of the new machine.

Westfield's volunteer squad has more than 85 members and is one of the first in the state to purchase this equipment, which costs about \$15,000. Training is provided by the hospital through a state grant.

LaPorta calls for 'overhaul' of procedure

By ELIZABETH GROMEK

THE RECORD

New Year with fireworks; however, they were contained inside the council chambers.

The new council, which consists of the same faces except for the addition of First Ward councilman Anthony LaPorta, began the year's business with the appointments of town officials and board members.

Mr. LaPorta questioned Mayor Garland "Bud" Boothe and the council on the process by which the appointees are chosen. He said he submitted the resumes of three people he considered qualified to take appointments that were open. but he did not see any resumes or qualifications for any of the people selected to fill the posts. He suggested the process needed an 'overhaul.'

Mayor Boothe explained that he confers with other board members for reappointments and with appointees themselves. The mayor also stated these are all volunteer positions, and Westfield has no shortage of qualified people. He added he "inherited" a stack of re-

propriate choice" in candidates for the position, he said.

Third Ward Councilman Ken
The Town Council started off the MacRitchie called for greater council involvement in the process.

"The system of checks and balances will be greatly enhanced by council involvement," Mr. Mac-Ritchie said.

The mayor noted any debate of the council as a whole would be subject to the Sunshine Law. which provides for a public session when the council meets as a whole. He added he did not think such a forum would be appropriate for the discussion.

When the mayor opened the debate for the appointments of town officials, Mr. LaPorta raised the ethical question of town-appointed employees contributing to political causes. Mayor Boothe called Mr. LaPorta out of order in any inference he was making.

Councilman MacRitchie took up the conversation, calling the topic "highly appropriate." He was also called out of order by the mayor.

After the meeting both councilmen explained any contribution to a political party "hints at impropriety." They provided copies of itemsumes from his predecessor, Rich ized receipts from the town Repub-Bagger. He made the "most ap- (Please turn to page A-3)

November date 'realistic' for completing addition

School Superintendent Mark Smith reported on the positive progress of the Washington School addition at Tuesday night's Board of Education meeting.

Mr. Smith said the board was following a "very realistic schedule" in anticipating a Nov. 23 completion date.

"If we could have it Sept. 8, that would be terrific, he said, but the Rader said that this made the pro-November date is more likely for

the four-room addition. The board is looking for a temporary classroom location, possibly by using library for two months, Mr. Smith said. They will also consider moving a fifth-grade class to the Wilson School for that time.

The superintendent pointed out that the new addition, budgeted at \$568,000, was due to a "sharp increase in elementary enrollment" and that it was funded by surplus. Assistant Superintendent Robert

(Please turn to page A-2)

Shop-Rite wants to call town home

By ELIZABETH GROMEK

Another supermarket may soon call Westfield

Shop-Rite has submitted a proposal to the Planning Board to build a 60,712-square-foot store on North Avenue, near the Garwood border — so near, in fact, that the part of the building and all of the parking lot will be in Garwood.

While this is a permitted use of the land, where the Westfield Lumber Yard and Home Center currently space the building will be set back from the road and changes, or find a new site. for signs that will be on the side of the building, according to town officials.

Permission must be granted by both Westfield and Garwood before construction begins. The Westfield problems will fall on Garwood. Planning Board has not begun hearings on the proposal yet.

the application for construction," Town Engineer Ed baum's in Cranford.

Gottko said.

All residents or business owners within 200 feet of the property will be notified of the hearings. At those hearings, the supermarket will explain the hours of business produce several witnesses, including traffic engineers who will explain the store's impact on the number of cars on North Avenue.

The board can approve the plan as is, or make a list of adjustments which would make it acceptable. For example, the plan calls for the building to meet the edge of the property, although Westfield zoning laws call for a setback. If the board does not grant the stands, variances will be needed for the amount of required variances, Shop-Rite can either make the

> Except for the loading area, Westfield's part of the project will be entirely structure. All the parking, and consequently the need for traffic control and drainage

Shop-Rite will join two other Westfield food markets - Mayfair Foodtown and A&P. It could also rival '(The supermarket chain) just recently submitted King's supermarket in Garwood and a proposed Wald-

MIXED RESULTS: Westfield store owners sound off about this year's holiday shopping season. While business picked over last year, most shop owners said business still falls short of better times gone by A-3

COMMUNITY LIFE

CORNHUSKER FANS: The Miller-Cory Museum will sport a collection of comhusiver exhibits this weekend..... A-6

BUSINESS

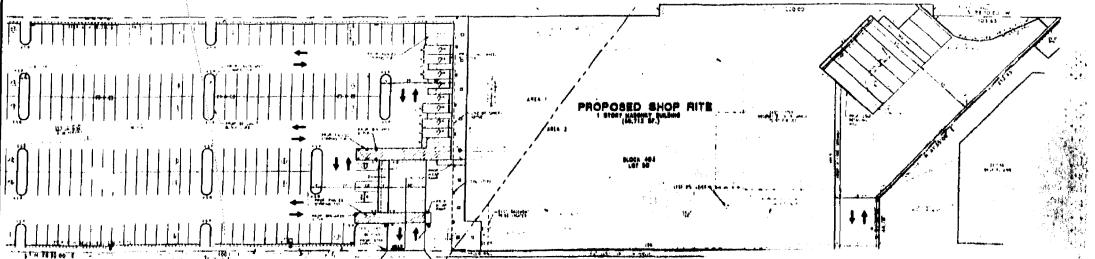
☑ KUDOS: Two Westfield real-

tors garner year-end honors from the Westfield Board of Realtors. Both have received similar awards in the past...... A-11

SPORTS

A BIG WIN: The Westfield High School Girls Varsity basketball team swamped Elizabeth Tuesday. The upset victory ended a long losing streak...... A-9

Business	A-11
Classified	.A-12
Editorial	A-4
Obituaries	
Sports	
This Week	A-6



A preliminary site plan drawing of the proposed Shop-Rite supermarket on North Avenue. Plans call for the building and parking lot to straddle the Westfield.

Garwood border, as shown.

Thrown object damages winshield post, hood of car

at Scotch Plains resident reid a vehicle was damaged at se corner of Central Avenue and eve Street when an unknown subject was thrown at it, causing damage to the windshield post and Jhe hood.

pocketbook was reported sto-Jen at A&P on Elm Street.

LU., was arrested for driving on pect posted \$275 bail.

Police log

the revoked list, second offense. Subject posted 10 percent of the \$100 bail. The vehicle was impounded.

Carol Struthers, age 31, of Orange, N.J., was arrested for shop-Selissa Bates, 27, of Highlands, lifting at Lord & Taylor. The sus-

beth, was arrested at the Elizabeth Police Department on a contempt of court warrant from the Westfield Municipal Court for traffic violations. He was held in lieu of posting \$250 bail.

January 2 Jesse Christopher, of Plainfield, was arrested for lewdness.

A West Dudley Place resident reported damage to their mailbox.

A Lincoln Road resident reported the theft of a garage door opener from a vehicle parked at the residence.

January 1

Three juveniles were arrested for A Webster Place resident re- criminal mischief at the Temple

ricades on the driveway. They were turned over to their parents. December 29

An Elizabeth Avenue resident reported damage to their house and items removed as a result of an unauthorized juvenile party.

A Lawnside Place resident reported an AM-FM radio was stolen out of a vehicle parked at the South Side Train station.

Lord & Taylor and A&P signed

shoplifting complaints against Cynthia Thomas. The suspect was transported to county jail.

A St. Mark's Avenue resident reported that their cleaning lady removed items from the residence without permission.

December 28

A juvenile was assaulted at the corner of Cacciola Place and Sterling Place. The victim was transported to Union Memorial Hospital. An investigation is continuing.

Holidays prove quiet except for oven fire

righte holiday season was quiet for the fire department. They did exguish an oven fire on the 800 block of Forest Avenue on Decemher 28 and a car fire on the 500 block of South Avenue on January

Attack other action on the fire log. oths department: 100

January 3

Responded to an alarm system malfunction on the 100 block of

Sandyhill Road January 2 hesponded to a smoke detector cactivation on the 100 block of Ply-

mouth Road.

Conducted a smoke odor inestigation on the 100 block of Elm

Investigated an alarm system halfunction on the 800 block of radford Avenue.

Responded to an unintentional larm on the 700 block of Norman

Assisted a locked out resident on he 700 block of Belvidere Avenue.

December 21 ition on the 200 block of Prospect day European adventure. treeL

ctivation on the 100 block of Plymouth Road.

dge.

Assisted at a motor vehicle acdent on the 300 block of South uclid Avenue.

Responded to an alarm activa- idents who also like to travel.

November date

(Continued from page A-1)

The addition will be slightly gher and have a peak, he said, people will see the addition and ot the existing school from the ont. Some fancy brick work has en eliminated to save money. The project has a \$50,000 contin-

ncy fund built in, but Mr. Rader id that part of that "comfort shion" was already being used pay for relocation of a catch sin and drain pipe currently der the addition's site. The project's architect will also review prage areas at the Franklin hool in an attempt to create an-ner classroom, Mr. Smith said.

In another matter, the board dissed the proposed draft of the 193-94 school calendar which is dife to be approved at the Feb. 9 eting. The most important ange in this calendar is from a whek-long vacation in late Februby to a four-day weekend from b. 19-22, Mr. Smith said.

Michael Seiler, president of the Westfield Educational Association, and Washington School Principal Ken Wark said that they preferred a full week of vacation in February since that is flu season.

The board also discussed contiguing to start school the week before Labor Day as it did this year. This September, Labor Day is r, leading to a suggested Sept.

8 pening date. light now, the teacher's concts traditionally run Sept. 1-Julie 30, Mr. Seiler said. The sc**sooi board can set a school** oriening date without consulting

the teachers' union. Also, Finance Chairman G. Brice McFadden reported on the timetable for the 1993-94 budget process. At least three public meetings will be held to discuss the budget, Feb. 2, 9 and 23. The board expects to approve a tentative budget March 2 and submit it to the county superintendent by the March 8 deadline. The formal pullic hearing will be March 23, with the school election on April

Fire log

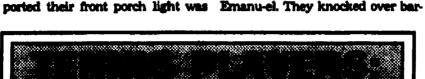
tion on the 100 block of Hawthorne Drive.

December 20 Responded to an alarm activa-Jefferson Elementary at

Investigated an unintentional alarm on the 400 block of Kimball

Responded to an alarm system malfunction on the 100 block of **East Broad Street.**

Responded to an alarm system malfunction on the 100 block of East Broad Street.



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Munich, Salzburg will

European adventure this

serve as b**a**ses for

'Romantic" tour

ufthansa German Airlines, together with Forbes Newspapers, are cosponsoring a first class tour of "Romantic Europe" this spring.

Readers, along with their friends and fam-Was on the scene of a water con- ily, are invited to join our group on the 10-

The tour, scheduled to depart Newark In-Investigated a smoke detector ternational Airport May 3, will visit Germany and Austria. Arrangements have been made to travel to some of the most beautiful Responded to the highesthand and historic cities in all of Europe such as arm on the life block of Golf Munich, Rothenburg, Oberammergau, Garmisch-Partenkirchen, Salzburg and Inns-

> The tour is being offered exclusively in our readership area and offers tour participants an opportunity to meet other area res-

speedy, since no financing highlights that each of these magnificent cit- towns of Dinkelsbuhl and Rothenburg. ies has to offer. Then, using each city as a On a separate day trip, our group will ex-

rounding areas, returning back to the hotel world architecture of the castles of Hohen- Mozart," including the Hohensalzburg Forlater in the day. This will alleviate time con-schwangau and Neuschwanstein. These fairy suming packing and unpacking and offers a tale castles, built by Mad Ludwig II, were more enjoyable travel experience.

The first stop on the tour will be Munich, era. The group will also visit the small Gerthe capital of Bavaria,

where arrangements have been made to visit the famed glockenspiel at the Mariesplatz and the 18th century Nymphenburg participants on 10-day Palace. The group will

also enjoy a memorable evening at one of Munich's popular beer gardens.

The group will enjoy uninterrupted, four- Germany's most famous sights. Our group Tyrol and Maria Theresa's favorite city. night stays in both Munich and Salzburg. will travel the world famous Romantic Road. Sightseeing here will include the "Hofburg" Our tour participants will experience the on our way to the picturesque medieval Imperial Palace and the world famous Gold-

the king's final effort to recapture a bygone

man village of Oberammergau, known worldwide for its passion play and its decorative wood carvings.

The next stop will be Garmisch-Partenkirchen, the famous Alpine resort which is dominated by

the Zugspitze, Germany's highest mountain. While visiting Munich, readers turned ad- Afterwards, travelers from our area will visit venturers will enjoy excursions to some of the 700-year-old city of Innsbruck, capital of

Continuing to Salzburg, the group will line at (703) 644-3179 or (800) 523-6767.

tress, one of the largest in all of Europe. The: group will also enjoy many of the sights and places closely associated with The Sound of

Additional day trips planned will include visits to The Eagles Nest, Berchtesgaden and the picturesque Lake District.

Tour arrangements include round-trip airfare from Newark, accommodations in first class hotels, buffet breakfast daily, dinners, sightseeing and more for just \$1,985.00 per person. These arrangements are offered on a first come, first served basis. Those who are interested in joining the group should make their reservations as early as possible.

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-Westfield Record-

Mixed reviews by merchants

For some, holiday business went well; for others so-so

By BLIZABETH GROWEK

Westfield shoppers spent the last few days before Christmas running around town trying to find practical gifts to give, according to a sampling of merchants.

4 Sales improved somewhat this year, compared to last year, but they were not near more successful holiday shopping seasons in years past.

Geraldine Most, co-owner of Choo Choos, a children's boutique on Elm Street, said that there did not seem to be as much traffic. Her regular customers still bought gifts there, but foot traffic was slight.

"There were less people buying less things," the store's other owner, Howard Most said.

"It was slower than it should be at Christmas time," Mrs. Most said. "There were less people asking

'what's on sale?' " At Nirvana, on East Broad Street, people were most attracted to the jewelry, which co-owner Anita Dhak-

wa said is reasonably priced because they import it themselves from countries such as Nepal. "We tried to price it as low as possible so everyone

can afford it," Ms. Dhakwa said. Although the traditional "returning season" was al-

ready in full swing, Ms. Dhakwa said they had only a few returns. She added that their first Christmas in Westfield was "very good and really busy."

Boundary Bay, on Quimby Street, also had a successful first holiday season. The store, which specializes in men's shirts and sweaters, only had one rack of sweaters left last week. Manager Beth Papp said she was surprised at the number of out-of-towners frivolous gift.

who came to Westfield to avoid shopping at the mall.

No matter where they shopped, customers seemed to be looking for functional items. At Celtic Imports, Ltd., on Prospect Street, gift buyers went for Irish sweaters or imported food items more than expensive Tipperary crystal or Beleek china, according to owner Jim Gilden. He added that the season was off to a slow start, and he was surprised business improved so much near Christmas.

Temptations, on East Broad Street, also found customers buying practical rather than frivolous gifts. The owner, Marilyn Evangelista, said people purchased more "everyday" items than those exclusively for the holidays. Shoppers were also more conservative and careful about their choices. She noted that being open nights and weekends did not matter to her customers, most of whom can complete their shopping during regular hours.

Along the lines of the practical, Woodfield's owner, Linda Woodfield-Stern, said she sold many mixers and food processors. Business this season was "a little bit better," she said, but the official tallies were not completed yet.

No matter how people are saving buying other gifts, there usually is enough left over to buy a card. At Pickwick Village, owners Marie and Frank Delfino said that although it seemed like a late shopping season, it was a good one. They also called it "food for thought" that they sold out of money holder cards twice. They offered the explanation that maybe people thought it was safer to give money and let their recipients buy what they need, rather than to give a



SHARON WILSON/THE RECORD

Councilman Tony LaPorta takes his oath of office Tuesday. Mr. LaPorta is the first Democrat in Westfield's history to represent the First Ward.

Procedure

(Continued from page A-1) lican Committee, which lists Town Administrator Jack Malley as a contributor from the last the years. But Mr. MacRitchie es pointed out there is no an improper conduct on Mr. N

"Jack is squeaky clean; the is not," Mr. MacRitchie said.

All the appointments passed without debate, exce the position of public de a letter to the mayor. Mr. Ritchie recommended George Con nell III not be appointed to post. Among his objections was attorney's involvement with political organization, West Integrity In Government Co which raised questions abo MacRitchie's ethics during 1991 re-election campaig group, according to Mr. M Ritchie's letter, was "a com phony organization, operating ALA front for the Westfield Town. publican."

Fourth Ward Michael Panagos said he he Mr. Cornell's resume and was satisfied with his "extensive experience in municipal court mati

Mr. Cornell's appoints public defender was approved by a 6-3 council vote. Third Ward. Councilman Gary Jenkins joi Mr. MacRitchie and Mr. LaForts in voting against Mr. Cornell.

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Commentai

People don't understand'

What is that strange intoxication that can turn a firebrand vote-getter into mush?

Let's say a town government gets highhanded and plows right ahead and completes a project over the open objections of a sizable bloc of citizens. A citizen in that group gets mad, runs for office and wins on a platform of a common sense government that listens.

On New Year's Day, the firebrand is sworn into office, appointed to a committee in charge of his pet peeve area, and by January 15th he's already lost the fire in his belly and eye.

You can almost hear our mythical town candidate-now-official saying, "People don't understand:"

A how the union won't let our police do this-

how the budget cap makes umpty-ump campaign promises hard to deliver:

how the municipality's attorney has advised that voting this way or that on a hot topic will get the town sued, and

how town workers won't do Saturday services or some such program, because their Trenton union boss told them it's not in their contract. Where has our firebrand gone? The Bible's

still warm from his hand at the swearing-in, and already "that rhetoric" is coming from him!

There is an intodcating pollutant to blame in this familiar behavior change. It's the overwhelming volume of plain old facts, force of contracts and law, the litigious society in which we suffer, and the realization that there really are many sides to every issue, each with persuasive proponents. These turn our firebrand ashen-faced, and after a while he gets to enjoy knowing the technical reason for copping out on many campaign ideals. He's drunk with knowledge and powerless to move.

Well, here's a belated toast to the newly sworn town leaders: Westfield's Council members Anthony LaPorta, Jim Gruba, Gary Jenkins, and Michael Panagos, and Mayor Garland "Bud"

"People DO understand and know what they want. Lash yourself to the mast of common sense and don't solve every problem by spending more money or voting to avoid a lawsuit. Talk to the people first; maybe they can help. And stay sober!"



to havoc in nature Widened road leads

🔼 warning about Central and South

Letters to the editor

To The Record: At the risk of being offensively repetitive and persistent, I wish to inform anyone who drives in Westfield of the ever-increasing danger to motorists traversing Central Avenue at the South Avenue intersection of my town. I travel that way Monday through Friday, making that left turn Your times daily as I drive to Westfield Orthopedics at 8:50 a.m. 12:50 p.m., 1:50 and 4:50 p.m. on every weekday and consider this travel as my expertise in the ebb and flow of the nearly constant stream of fastmoving traffic at the intersection. The speed posted is 35 mph for the South Avenue leg and 25 mph on the Central Avenue leg. These speeds, I might add while realistically considering the traffic volume, are rarely adhered to by the busy drivers who use Central Avenue as a shortcut to other major arteries north and south of town.

Inevitably, a few drivers ignore the amber signal, or worse, ignore the red at almost every light change, leading to panic, confusion, hesitation and indecision as drivers in both directions try to outguess one another or argue for dominance with 8,000-pound meapons as their persuaders. Surely, there is chough should be the hadre to install a three-way traffic light and a temporary more persistent police enforcement presgee to make that intersection more safe and usable.

george van hecke sr. 146 Harrison Ave. By DAVID F. MOORE

EXECUTIVE DIRECTOR

It rained recently and, driving down a newly-widened road near my home, I saw a graphic example of why we all must pay a lot more attention to basic care of our local environments.

The min runoff from the new pavement ran to a small stream which flows beneath the road. Upstream from the road, it flowed gently as usual. But, on the downstream side of the road, it became a miniature torrent.

In all, the road widening had added only about helf an acre of pevement, a foot or two on each side. But, without a means to slow escape of the higher volume of water, nature's control of pollution

Allowed to flow gently, the brook and its population of microorganisms can clean up pollution at no cost to us tempeyers.

It is not hard to overload the natural system, so much so that recovery is impossible. The worst problem is pavement. It appears innocent enough, seemingly stable and benign, but its looks are deceiving.

Rainwater, hitting the road, has no chance to get soaked up by grass and leaves, as it does in the woods. In woodland, the surface area available for rain evaporation and absorption is many times

greater than on paved areas.

When rein hits the pavement, with nothing to hold it back, gravity sends it rushing off to the curb, carrying with it a myriad of bits of tires, paint chips, oil and antifreeze drippings, the fallout from vehicle exhaust, dog manure, wildlife casu

alties, discarded trash and bits of the pavement itself.

This foul cocktail is washed off, with no chance of nature's biologistorm drain and then into the nearest stream or brook.

By now the polluted runoff water is vastly increased in volume and speed, tearing away at the streambanks and, in doing so, adding silt to treat them, and to reduce the and other streamside debris as it increase in volume.

microscopic

creatures Mother Nature has a decay which norwonderful way of repairing mally decompollution environmental damage if have no chance only given a chance. Think act. They need quiet time about what the Pinelands and stable flow looked like in the middle to do their thing efficiently, of last century not flood/ drought cycle

ment runoff. Soon the increased emsion eats out streambanks so that trees begin to fall. Loss of trees increases sunlight and warms the water, making it even more dif-

ficult for stream biota to survive. But all is not lost at this point, for the fallen trees dam up the brook, slowing it down and creating little waterfalls. These add oxygen to the water, enhancing bacterial action against pollution.

Of course, people, being what they are, want this rushing torrent to move quickly away. So they remove the obstructions and thus increase the problems for those downstream.

Of course, pavement isn't the only water pollution problem: Silt washing from construction and agriculture and too many pesticide cal treatment, into the nearest and fertilizer applications gang up against nature's purification efforts.

> The federal Water Pollution Control Act seeks to get solutions to these problems. We have the technology to detain stormwater flows,

The State of New Jersey has Because of its flooding rush, the started to deal with the problem by

shaping regulations. But, we have a long way to go before we render all of our waterways fit to fish and swim in, the goal we've set for ourselves in the federal act.

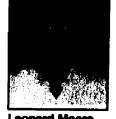
Mother Nature has a wonderful environmental damage, if only

given a chance. Think about what the Pinelands looked like in the middle of the last century, with vast industrialization there which left woods decimated for charcoal production and bogs torn up by mining of the bog iron deposits in them.

Now all that remains of many of the iron-mining and smelting towns are small islands of unusual vegetation and some mounds and depressions where buildings once stood. The same goes for the Highlands, where the iron industry flourished in the last century, but

now woods cover the remains. We can coexist with Mother Nature if only we do not smother her with rubbish!

Question: Do you prefer winter or summer for vacation?



· ·

Leonard Moore Westfield "I prefer a winter vacation because I like New Jersey in the summer."

AL PROPERTY.



Westleld "Summer, I'm definitely a summer person, I like the beach and the days are longer."



Viewpoint

Bob Jagueak Cranford "Most of my trips are in the winter. My family all still live in Cranford, i take three weeks every year during the winter in the holiday season to get back with the family."



Thomas Downey Cranford "It depends on where you are going. My two favorite places to go are Ireland and Africa. I'd go to Africa in May, during the animal season. That's the time to get pictures. Ireland I'd go to during the summer."



Tim Meraden Cranford "Definitely during the winter. The weather here is ugly, it's gray and depressing most of the time. It's good to get away then, I plan on going to visit my brother in Florida 800m."

Our policy on corrections

The Record will promptly correct errors of fact, context or presentation and clarify any news content that confuses or misleads readers. Please report errors to Record editor Ed Carroll by phone at 276-6000, or by mail at P.O. Box 2790, or through the slot at the office at 231 Elmer St. All corrections and clarifications will appear in this space.

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* The Westfield Record

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The Westlield Record is published weeldy by Forbes Newspapers, A Division of Forbes Inc., 231 Elmer Street, Weetfield, NJ 07091 (908) 233-9696, Fax 232-1621, Office hours: 8:30 am to 5pm daily, Second Class Poetage paid at Weetfield, NJ 07091, POSTMASTER: please send address changes to Forbes Newspapers, Fulfillment Office, PO Box 757, Bedminster, NJ 07921 To subscribe call: 1-800-300-9321

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Medical industry looks askance as disease reaches epidemic

In 10 short years, over half a million people in the U.S. have been infected with this serious disease. the may be easily treated if it's acknowledged early, but all too often it isn't recognized in time. It's debilitating effects include nervous system damage, severe musculo-skeletal pain and occasionally cardiac abnormalities. And, if you live in the northeastern United States, there's a good chance it's waiting for you in your back yard.

Give up? It's Lyme disease, and it's running neck and neck with AIDS for the dubious title of fastest growing infectious disease in the country.

The disease is a bacteria carried primarily by deer, mice, rabbits, raccoons, dogs, horses, cattle and birds. It is transmitted to humans and other animals through the bite of a tick, which carries the disease between species. The primary tick vector is the deer tick, and it's as small as the tip of a pencil.

The tick bite is painless, thanks to its secretion of a chemical that numbs the pain when it sinks its mouth in your skin.

Letter to the editor

recognized, the cost of treatment their actions. My former insurer, can be staggering. A recent study found that the cost of LD to society is comparable to the cost of AIDS (over \$1 billion annually).

Insurers are not interested in dealing with another expensive epidemic. In their efforts to keep LD expenses down, they have enlisted the help of some controversial doctors from around the state who These so-called "experts" have de-clared that LD is cured with 28 days of antibiotics.

What a coincidence: a panel apthat LD does not require large ex- bill. penditures. Last year several pubtheory by documenting that the bacteria can survive in the body after 28 days of antibiotics.

Despite these findings, the insurers are sticking to their highly disputed theory. They routinely

the RCHP HMO, even went a step further.

They spent long hours trying to convince me that I wasn't infected. They referred me to a psychologist, implying that I was making up the symptoms. They only agreed to treat me after I was properly diagnosed at the world renowned SUNY Stony Brook Lyme Disease deny that LD is a major problem. on Long Island. After six weeks of treatment (they told me they were being generous), they refused to pay for my follow-up treatment with a Lyme specialist. They also pointed by insurers has concluded refused to pay the Stony Brook

I was lucky. I have met patients lished papers refuted the 28-day who have shouldered thousands of dollars of bills, including prohibitively expensive intravenous therapy. Some have even contemplated

filing for Chapter 11 bankruptcy.
New Jersey State Senator John Bennett (R-Monmouth) caught on deny treatment to sick patients to this injustice and proposed a bill If the disease is not promptly using the 28-day theory to justify that would stop insurers from de-

introduced last November, states that insurers must pay for LD treatment that is deemed necessary by the patient's doctor. The bill (S-1297) was well received and ready for a vote in December until the insurers tossed a bombshell into the area.

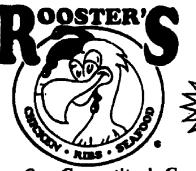
They had an amendment submitted that would create a "triangular committee" that would "review" a doctor's request to have treatment prolonged after 28 days. The committee would consist of the doctor, a representative from the Department of Health, and a representative from the insurance

This is simply obscene. What doctor has the time to waste a full day in Trenton with a "triangular committee" for every chronic LD patient they treat?

It is imperative that S-1297 be passed with no amendments. Please urge your state senator to support this bill.

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Community Life



Virtunteer Elleen O'Shea, left, will create cornhusk figures Sunday at the Miller-Cory House

Cornhusk figure making topic at Miller-Cory House Sunday

The Miller-Cory House Museum at 614 Mountain Ave. will feature comhusk figures 24 p.m. Sunday. the last tour will begin at 3:30 p.m.

Deen O'Shea of Summit will show visitors, stepbistep, how to create unique shapes from cornhusks. Mrs. O'Shea has served the museum in many capacities, including as a craft demonstrator for the museum's outreach program to schools.

Corn and its parts had an almost unlimited number of uses for farmers such as the Millers and Corys. Cornhusks were often used to stuff mattresses as well as being made into dolls and other toys.

Life during the winter months will be explained by Chris Glazer of Cranford and Nancy Schmidt of Mountainside while they guide visitors through the rooms of the 18th century farmhouse, a private home

Although open hearth cooking demonstrations at the museum cease during the winter, a close-up presentation of a colonial cooking technique will take place each Sunday in the main house. The museum and gift shop close at 4 p.m. during January and

Visitors are invited to learn about winter life in early New Jersey at the museum. Call 232-1776.

Religion

New ministers to be commissioned

The Rev. David F. Harwood, senior minister of First United Methodist Church, will preach Sunday on The Body Shop Sunday.

ship time in the fellowship room, School, 8:30 a.m. an informal gathering of the commusity and visitors, begins at 10:15 a.m. Morning worship will be at 10:45 a.m. with child care. This at Presbyterian Church Signday, the first Sunday after place during the worship service.

ministry pot luck supper at Helen ministered at 10:30 a.m. Spooner's, 5 p.m.; Tuesday, Disciple Bible Study, 12:30 p.m.; primary and Wesley choirs and Kids

enhancement seminar, 8:30 a.m.; youth choir, 6 p.m.; Stephen Ministry training, 7:30 p.m.; Disciple Bible Study, 7:30 p.m.; retreat team for women, 8 p.m.; Thursday, United Methodist Women meeting, 9:30 a.m.; Laboratory School, 6 p.m.; Or-Rach Sunday there is church atorio Singers, 7:30 p.m.; finance thool for all ages at 9:15 a.m. Con-committee, 7:30 p.m.; Sanctuary tinuing education classes for Choir, 8:45 p.m.; Friday, Senior Feladults: 1. Jeremiah; 2. I Never lowship, noon; Laboratory School, Know What To Do or Say. Fellow- 6 p.m.; Saturday: Laboratory

Baptism set Sunday

Dr. William Ross Forbes will Epiphany, commissioning of the preach at both the 8 a.m. and 10:30 new Stephen ministers will take a.m. worship services Sunday at The Presbyterian Church with the Events include: Sunday, Stephen Sacrament of Baptism to be ad-

At 9 a.m. the Inquirers' Class will meet for those interested in church membership. Adult education Discover and Create, 3:15 p.m.; Fife classes, the confirmation class and and Drum, 7 p.m.; church meeting Sunday School for children and night, 8 p.m.; Wednesday, career youth will meet at 9:15 a.m. Nursery is staffed from 9-11:30 a.m.

through grade 3) will meet at 10:30 a.m. At 5 p.m. the junior high choir will rehearse. The senior high choir and unior High Fellowship will meet at 6 p.m. while the Senior High Fellowship will meet at 7:30 Evening prayer services will re-

Church school classes (cribbery

sume Wednesday at 7:30 p.m. Following the service two adult studies will be offered: a study on Revelation and a study of the Gospel

Service planned at Baptist Home

The Rev. Dr. Robert Harvey will preach at the 10:30 a.m. Sunday worship service at the First Baptist Church of Westfield. The Chancel Choir will provide musical leadership. Dr. Harvey also will con duct a chapel service at 3 p.m. Sunday

at the Baptist Home in Newark. Church school for children, youth and adults begins at 9 a.m. Sunday. Adult education includes the pastor's class on the Gospel of Mark, the Journeys Class on the leaders of Israel, and the adult forum on issues of current interest.

Night Place returns next Friday night at Edison School After breaking for the holiday Edison Intermediate School 7:30-

season, the Night Place returns 9:30 p.m. for students in grades 6-8. Friday, Jan. 15. The program, spon-The Night Place features a varisored by the Westfield Recreation ety of activities including a disc Commission and the PTC Night jockey with dancing, food, table Place Committee, will be held at tennis, basketball, movies, vol-

leyball, games and more. Tickets will be on sale at the intermediate

schools the week of the event. A large crowd is expected and students are encouraged to purchase tickets in advance. Call 789-

Discount ski ticket program now under way

The Westfield Recreation Commission has announced that it will offer discounted ski tickets to price — \$36; reduced price — \$22; weekend/holidays residents of Westfield to the following locations:

Vernon Valley/Great Gorge, McAfee: weekdays: gate price — \$36; reduced price — \$22; weekend/holidays — gate price \$36; reduced price — \$28.

Jack Frost/Big Boulder, Blakeslee, Pa.: most weekdays: gate price - \$27; reduced price - \$19; most Sundays: gate price — \$35; reduced price — \$25; most Saturdays: gate price — \$35; reduced price — \$29.

Shawnee Mountain, Shawnee on Delaware, Pa.: weekdays: gate price - \$30; reduced price - \$19; weekend/holidays: gate price — \$35; reduced price —

Blue Mountain, Palmerton, Pa.: midweek/twilight: gate price — \$27; reduced price — \$22; weekend/ holidays: gate price — \$36; reduced price — \$31. Montage Ski Area, Scranton, Pa.: midweek: gate price - \$26; reduced price - \$20; weekend: gate price

 \$33; reduced price — \$26. Hidden Valley, Vernon: midweek: gate price - \$30; reduced price — \$17; weekend: gate price — \$35; reduced price — \$30.

There's still time to sign on to rec programs

cepting registration for a wide variety of programs clinic. held during the winter session which began Jan. 4.

sculpture, drop-in basketball, drop-in volleyball, ballet, children's instrument workshop and the community concert band.

The Westfield Recreation Commission is still ac- indoor field hockey and indoor hitter and pitchers

Each of these programs are held on various week-Programs include step aerobics, aerobics, pottery, day evenings at a variety of locations. The registration fee varies depending on the program.

To register, stop by the recreation office on the second floor of the municipal building or consult the Also beginning later in January are indoor batting, brochure to mail in registration. Call 789-4080.

Renowned birder to address garden club

meet 12:30 p.m. Wednesday at the Westfield Y.

The program will be presented by Richard Kane, director of conservation for the New Jersey Audubon Society. He is also director of Scherman Hoffman Sanctuaries in Bernardsville and editor of Records of New Jersey Birds, which is the society's quarterly on ssler and Darielle Walsh. Lori Grow will create the bird status and populations in New Jersey. He is the centerpiece.

The Rake and Hoe Garden Club of Westfield will voice of New Jersey Audubon, the weekly birding hotline, 766-2661. He represents the society on various public bodies, state advisory councils and coalitions. Mr. Kane has led trips to Australia and Africa and is the author of numerous articles on conservation and

The hostesses will be Nancy McCool, Bonnie Gei-

Cranford artist Lowe to judge Westfielders' exhibition

Joe Hing Lowe, noted artist from Cranford, has been selected to judge the Westfield Art Association members' exhibition. The opening reception will begin Sunday, Jan. 10, and the show continues through Jan. 30 at the Watchung Arts Center, 18 Stirling Road, Watchung. Call 753-0190.

birds.

Mr. Lowe has won a five-year scholarship from the prestigious Salmagundi Club and has taught art in New York City and at his private studio. His art career spans more than 30 years. Many of his works are in public and private collections, including Union County College.



MARINA YU

Marina Yu, brothers play in concerts around county

Marina Yu and her twin borthers Peter and Allen were invited to perform in the Union Symphony Orchestra's Dec. 13 concert at Kawameeh Junior High School in Union.

Thomas Linsay conducted the orchestra. Marina, a concert mistress of New Jersey Youth Symphony in 1990, also plays in her school orches-

Ms. Yu has multiple talents in violin and piano. She played Franz Liszt's Hungarian Fantasia in an early December concert at the First United Methodist Church in Westfield.

Her private music teachers for piano are Dr. Fred Gajewski and Steven Wolosonolich of Westfield. Her violin teachers are Mrs. L. Schnable and Leon Wong of Fanwood.



HEIDI HYLAN and STEPHEN MOTYCZKA

Heidi Hylan plans to wed Stephen Motyczka in fall

Mr. and Mrs. Robert C. Hylan of Westfield announce the engagement of their daughter, Heidi Pamela, to Stephen Motyczka, son of Mr. and Mrs. Stefan Motyczka of Garwood.

The future bride, a 1980 graduate of Westfield High School, received an interior design degree magna cum laude from Kean College. She is employed by R. H. Macy & Co. Inc., New York City, as a senior store designer. Her professional affiliations include ASID, ISP and the Westfield Art Associa-

Her flance is a 1979 graduate of David Brearley Regional High School, Kenilworth, and Union County College. He is employed by the State of New Jersey in the Department of Law and Safety. A September 1993 wedding is planned.



THURSDAY

Choir rehearsals — Singers are invited to join the Oratorio Singers Thursdays, beginning today, at 7:30 p.m. at the First United Methodist Church choir room to rehearse Mendelssohn's Elijah for a March 28 performance.

SUNDAY JAN. 10

☑ Cornhusk dolls — Instruction in making comhusk dolls is the feature at the open house 2-4 p.m. at the Miller-Cory House Museum, 614 Mountain Ave.

Coping with adolescents — A six-session workshop for parents on understanding adolescence be-

gins at 7:30 in Patton Hall of the First Congregational Church. The sessions continue Jan. 17, 24, Feb. 7, 21 and 28.

☑ Support group — Visions, a support group for people who are separated, divorced or widowed, meets at 7 p.m. at St. Helen's Parish Center, 1600 Rahway Ave. Today's discussion is setting goals for 1993 and beyond. 322-7762 after

MONDAY

JAN. 11

All about budgets - Schools Superintendent Mark Smith and Municipal Administrator John Malloy Jr. discuss their respective budgets and tax structure at the monthly meeting of the Woman's Club of Westfield at 1:15 p.m. at the clubhouse, 318 S. Euclid Ave. Members' husbands are welcome.

TUESDAY JAN. 12

 Southern species — Birding in Florida is the topic for the 8 p.m. meeting of the Echo Lake Naturalists at The Presbyterian Church, Mountain Avenue. The speaker is William Leaning, a world traveler and member of Summit Nature

WEDNESDAY

☑ La Leche League meets at 9:30

meeting. Call 757-9828, or 709-4171.

a.m. at the First Baptist Church,

170 St., Westfield, for a toddler

JAN. 13

THURSDAY JAN. 14

☑ La Leche League of Westfield meets at 8 p.m. at 257 Scotch Plains Ave., Westfield, to discuss the advantages of breastfeeding to mother and baby. 233-7363 or 654-

SATURDAY JAN. 16

☑ Choral works — The Choral Art Society of New Jersey presents Puccini's Messa di Gloria and Verdi's Four Sacred Pieces at 8 p.m. at The Presbyterian Church, Mountain Avenue, Westfield, Call 322-7240 for tickets.

FRIDAY

JAN. 15

✓ Night Place returns to Edison Intermediate School 7:30-9:30 p.m. for students in grades 6-8. The program is sponsored by the Westfield Recreation Commission and the PTC Night Place Committee. Tickets are on sale at the intermediate schools. 789-4080.

UPCOMING

☑ Books for babies — The Westfield Memorial Library children's department presents a program for first-time mothers and others Wednesday, Jan. 20, at 7 p.m. when? the best books for babies will be introduced and discussed. Fingerplays, nursery rhymes and other ways to introduce literature will be featured. Registration begins Jan. 11. 789-4090.

Scholarship fund expanded

dation has been expanded and renamed the Thelma and Noel Tayfor Memorial Scholarship Fund

The Thelma C. Taylor Memorial Award for Excellence in Literature, established in 1989, was made possible through a fund created with Westfield Foundation after Mrs. Taylor's death by her husband Noel and other family members and friends.

Following the death of Mr. Tayler last September, their children, Dr. Beryl Taylor and Professor Mark Taylor, renamed the fund, increased the monetary size of it, and changed the purpose of the award to honor the memories of both of their parents.

LWV offers handbook

The Westfeld Area League of Women Voters announces the sale of the 1993 New Jersey Citizens Handbook.

The handbook costs \$3 and is at the following stores: Martine Avenue Bookstore, 40 S. Martine Ave., Farwood; Sealfon's, 137 Central Ave., Westfeld; and Leader Store, 109 E. Broad St., Mastlatd

The New Jersey Citizens Handbook is compiled by the New Jersey League of Women Voters and identifies New Jersey Congressional and legislative districts along with respective senators, representatives and assembly members.

A convenient date planner is included as well as other pertinent governmental information. Call Donne McDoneld, 322-7013.

An existing scholarship fund ad- Mrs. Taylor was a much loved excellence in education." For the ministered by the Westfield Foun-teacher of English at Westfield Taylors, "the study of science and High School for many years, and her memorial award honored a but was always a means by which graduating Westfield High School senior who "demonstrated outstanding work in the study of literature."

and beloved science teacher at the high school, and was active in the preservation of Brightwood Park.

The changed scholarship fund will reflect the contributions to Westfield of both Mr. and Mrs. Taylor, the citation reads, in part: The Taylors "were teachers with an extraordinary gift for comand literature to their students. They were sincerely dedicated to Westfield 07091.

literature was never an end it itself, they helped young people explore life's recurrent questions and enduring values."

The Thelma and Noel Taylor Noel A. Taylor was an admired Scholarship Fund will now be awarded annually to a Westfield High School graduating senior or seniors who have "demonstrated outstanding work in the study of science or literature."

Anyone wishing to contribute to the fund or to learn more about establishing a fund within the Westfield Foundation should conmunicating their love of science tact the Executive Director, The Westfield Foundation, Box 2295,

Club to hear program on the history of flags

Affairs Department of the meeting. Woman's Club of Westfield The Ar

Wednesday at 10 a.m. Mrs. DeGoff will delve into history dating back to 1126 B.C. and symbols and the colors of several European countries.

At 1 p.m. Jan. 15 Mrs. Ethel Henry will present to the Antiques Department a program of slides. She will also display paperweights from her collection. Tea will be served by the department's hospitality committee.

Mrs. Howard K. Ureizler will present to the American Home Life and Social Services departments an intriguing program, "Famous People You've Never Heard four-time winner of the Pulitzer 5:30 p.m. through March 24. The municipal building or call 789-4080. Of," Jan. 18 at 1 p.m. Guests are Prize, Jan. 25 at 1 p.m.

Mrs. Edwin DeGolf and Mrs. welcome. Mrs. Frederick A. Egner W.J. Campbell will present the his- and Mrs. Luther S. Hafer will be tory of flags to the International hostesses for tea following the

The Arts and Crafts Department will meet Jan. 20 at 9:30 a.m. and make plans for entries in the District Achievement Day, April 27. the Chou Dynasty. Mrs. Campbell Department members will also will explain the significance of the make decisions on programs for the remainder of the year. Guests are welcome.

Linda McTeague of the Department of Parks and Recreation of Union County will present a talk on "Will They Restore the Deserted Village" to the Fortnightly Group Jan. 20 at 8 p.m. There will be a monthly business meeting prior to the lecture.

The Literature Department will hear a talk by Mrs. Vincent Positan on Eugene O'Neill, playwright and



Anne Marie Garrigan recently displayed her collection of Norman Rockwell memorabilia in the showcase at the Westfield Memorial Library. This showcase is used to recognize local artists and craftsmen, hobbles and interests of the library community. Ms. Garrigan, a member of the Friends of the Library board, is responsible for this service.

Painting, drawing lessons begin Jan. 13 for grades 3-5

Rockwell remembered

mission has introduced an all-new Art for Fun program which will begin Jan. 13. This program is offered to Westfield youth in grades 3-5 and will introduce them to various aspects of drawing and paint-

The program will be held in the Elm Street School third floor art room each Wednesday from 4:30-

The Westfield Recreation Com- instructor is Westfield resident Michelle Ceklosky, who holds an art degree from Monmouth Col-

The cost is \$25 and enrollment is limited to 15 students. Registration is on a first come, first serve basis until the maximum is reached. For information or to register, stop by the recreation department in the



Classes Beginning Jan 7

review courses won't

Raise Your Scores... Techniques Wilk Com-

Mercia Lawrence, M.A., author of How To Take the SAT, and George Kapner, M.A. announce the opening of registration for the only course that teaches you the sychology behind the test that will overcome your lears and help increase your sucres.

You'll find out how to recognize clues to answers and

trick questions, how to deal with multiple choice and math "stumpers", how to digest material quickly and efficlently, how to locate every answer in the reading comprehensive question—every technique and strategy you'll need to raise your scores.

AWRENCE **ECHNIQUES**

Jan. 20, 1993

7-10 P.M. 7 weeks Where: Temple Emanu-El 756 E. Broad St., Westleid F.F Inle: Ann Glickman 232-4245

Starting Date

MAKE YOUR NEW YEARS RESOLUTION COME TRUE OSE THOSE POUNDS KEEP HIL STAY HEALTHY ALL YEAR LONG.

- Nutritional Guidance
- Permanent Dietary Success
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- Stress Reduction

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 Eating Disorders • Cholesterol

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- Meal Planning

EREE 908-889-7272

****************** **Ballroom Dancing**

fox trot, mambo, disco, jitterbug, cha-cha, swing and merengue

LOCAL MOVIE TIMES

TOR THE WEEK OF FRID'O), JAN. 8-THURSDAY, JAN. 14

MIDDLESTA

MINOY BULTIPLEX Routes 9 & 35, Seyreville (908) 721-3400 Scent of a Woman (R) Friday Thursday: 1, 4:05, 7:10, 10:15 p.m. *Leoracheur (R) Friday-Thursday: 1, 3. 5, 7:05, 10:05 p.m. Late show Friday and Saturday at midnight. eChantin (PG-13) Friday-Thursday: 1:15. 4. 7:20, 10:10 p.m. *Hoffs (R) Friday-Thursday: 1:15, 4:30 7:25, 10:15 p.m. *The Muppet Christmes Carol (G) Friday-Thursday: 1, 3:20, 5:30 p.m.

"Toys" (PG-13) Friday-Thursday: 3, 7:30, 9:55 p.m. Late show Friday and Saturday at 12:10 a.m. •Forever Young (PG) Friday-Thursday:

1, 3:10, 5:20, 7:35, 9:45 p.m. Late show Friday and Saturday at 11:45

*A Few Good Men (R) Friday-Thursday: 1:10, 4:10, 7, 9:40 p.m. Late show Friday and Saturday at 12:15 a.m. *The Distinguished Gentleman (R) Friday-Thursday: 1:15, 3:30, 5:45, 8, 10:15 p.m. Late show Friday and Saturday at 12:25 a.m.

*The Bodyguard (R) Friday-Thursday: 1:20, 4, 7:05, 9:35 p.m. Late show Friday and Saturday at 12:05 a.m. "Aladdin (G) Friday-Thursday: 1:05, 3:05, 5:05, 7, 9:05 p.m. Late show Friday and Saturday at 11 p.m. •Home Alone 2 (PG) Friday-Thursday: 1, 3:30, 5:30, 8, 10:15 p.m. Late show Friday and Saturday at 12:30

•Malcolm X (PG-13) Friday-Thursday: 1, 5, 9 p.m. *Trespess (R) Friday-Thursday: 1:10,

5:20, 7:45, 9:50 p.m. Late show Friday and Saturday at midnight. «Bram Stolen's Oracula (R) Friday-Thursday: 1:45, 4:20, 7, 9:35 p.m. Late show Friday and Saturday at mid-

CINEPLEX ODEON MENLO PARK

Route 1, Edisor (908) 321-1412 The Distinguished Gentleman (R) Friday-Thursday: 1:10, 3:30, 5:45, 8:05, •Forever Yound (PG) Frider-Thursday: 1:10, 3:20, 5:30, 7:45, 9:56 p.m. -Aladdin (G) Friday-Thursday: 1, 3, 5, 7, 9 p.m.

A Few Good Men (R) Friday-Thursday: 1, 4, 7:10, 9:50 p.m. Home Alone 2 (PG) Friday-Thursday: 1, 3:20, 5:40, 8, 10:25 p.m. =The Muppet Christmes Carol (G) Friday-Thursday: 2, 4 p.m. less (R) Friday-Thursday: 5:50,

8:10, 10:30 p.m. *The Bodyguard (R) Friday-Thursday: 1:30, 4:30, 7:30, 10:10 p.m. •Chaolin (PG-13) Friday-Thursday 1:30, 4:20, 7:15, 10:10 p.m. *Scent of a Woman (R) Friday-Thursday: 1, 3:55, 7, 9:55 p.m. *Long of Faith (PG-13) Friday-Thursday: 1:15, 3:20, 5:30, 7:50,

10:05 p.m. •Hoffs (R) Friday-Thursday: 1:15, 4:15, 7:20, 10 p.m. Used People (PG-13) Friday-Thursday: 1, 3:20, 5:40, 8, 10:20 p.m.

DUNELLEN THEATER 158 North Ave., Dunel (908) 968-3331 Call theater for showtimes. KENDALL PARK CINEMAS 3560 Route 27, Kendali Park (908) 422-2444

*Chaplin (PG-13) Friday, Saturday: 1:10, 4, 6:45, 9:30 p.m. Sunday: 1, 3:45, 6:30, 9:15 p.m. Monday Thursday: 7:45 p.m. *A Few Good Men (R) Friday, Saturday: 1:50, 4:30, 7:20, 10 p.m. Sunday: 1:20, 4, 6:35, 9:15 p.m. Monday-Thursday: 8 p.m.

Aladdin (G) Friday, Saturday: 1:15, 3:10, 5, 6:50, 8:40, 10:30 p.m. Sunday: 1:15, 3:10, 5, 6:50, 8:40 p.m. Monday-Thursday: 7:30 p.m. *The Lover (R) Friday, Saturday: 4:10, 8:15 p.m. Sunday: 3:25, 7:30 p.m. Monday-Thursday: 7:15 p.m. *The Distinguished Gentleman (R) Friday, Saturday: 2:05, 6:10, 10:15 p.m. Sunday: 1:20, 5:25, 9:30 p.m. Mon-

day-Thursday: 9:10 p.m. Leprecheun (R) Friday, Saturday 1:15, 3:05, 5, 6:55, 8:50, 10:45 p.m. Sunday: 2:05, 4, 5:55, 7:50, 9:45 p.m. Monday-Thursday: 8:15 p.m. •Home Alone 2 (PG) Friday, Saturday: 1:30, 4, 7:25, 9:45 p.m. Sunday: 1:30, 4, 6:40, 9 p.m. Monday-Thursday: 7:30 p.m.

-Hoffe (Ff) Friday, Saturday: 1:40, 4:20, 7:05, 9:45 p.m. Sunday: 1:30, 4:10, 6:50, 9:30 p.m. Monday**w. 8** p.m.

Stellon and Hadley roads (908) 753-2246

«A Few Good Men (R) Friday: 8, 10:20 p.m. Saturday: 2:15, 5, 8, 10:20 p.m. Sunday: 2:15, 5, 8 p.m. Monday Thursday: 5:30, 8 p.m.

10:30 p.m. Saturday: 12:15, 3, 6, 8:30, 10:30 p.m. Sunday: 12:15, 3, 6 8:30 p.m. Monday-Thursday: 6, 8:30

p.m. Saturday: Sunday: 12:30, 3:30, 6:15, 9:30 p.m. Monday-Thursday: 5:45, 8:15 p.m. MOVIE CITY

(908) 382-5555 Call theater for showtimes MOVIE CITY Oak Tree Center

ERNARDSVILLE CINEMA 5 Mine Brook Rd. (906) 766-0357 nA Few Good Men (R) Friday: 7:30, 10 p.m. Saturday: 1:30, 4:30, 7:30, 10 p.m. Sunday: 1:30, 4:30, 7:30 p.m.

ROOK CINEMA 10 Hernilton St. **Bound Brook** (908) 469-9665 Wednesday: 2, 7:10, 9:15 p.m. 13) Friday, Saturday: Midnight. DENERAL CINEMA BLUE STAR

(908) 725-1161 =Hoffe (R) Friday, Saturday: 12:40, 3:45, 6:50, 10:20 p.m. Sunday: 12:40, 3:45, 6:50, 9:40 p.m. Mondey Thursday: 1, 3:45, 6:50, 9:40 p.m.

MIDDLESEX MALL CINEMAS •Leap of Falth (PG-13) Friday: 6, 8:30,

•Home Alone 2 (PG) Fridey: 6:15, 9:30

Route 1 & Gill Lane, Iselin

1665 Oak Tree Rd., Edison (908) 549-6666 Call theater for showtimes.

SOMERSET

Monday-Thursday: 7:40 p.m.

*The Lover (R) Friday, Monday, Tuesday, Thursday: 7:10, 9:15 p.m. Seturdey, Sundey: 1, 3, 5, 7:10, 9:15 p.m. The Rocky Horror Picture Show (PG-

Route 22, Watchund (906) 322-7007 -Call theater for showtimes. **GENERAL CINEMA** BRIDGEWATER COMMONS Routes 22 & 202-206

8 and 16 week, personalized and group programs to satisfy all your nutritional and dietary needs.

A Few Good Men (R) Friday, Saturday

12:30, 3:35, 7, 10:10 p.m. Sunday:

Thursday: 1:10, 4:10, 7:10, 9:50 p.m.

12:20, 2:40, 5, 7:20, 9:45 p.m. Mon-

day-Thursday: 2, 4, 6, 8, 10:05 p.m.

a Scent of a Woman (R) Friday-Sunday

Noon, 3:15, 6:40, 10 p.m. Monday-

*Aladdin (G) Friday, Saturday: Noon,

2:20, 4:40, 6:30, 8:30, 10:20 p.m.

p.m. Monday-Thursday: 1:30, 3:30,

*Home Alone 2 (PG) Friday, Saturday:

Noon, 2:35, 5:15, 7:50, 10:20 p.m.

p.m. Monday-Thursday: 1:40, 4:30,

Sunday: Noon, 2:35, 5:15, 7:50, 10

*Used People (PG-13) Friday, Saturday:

Noon, 2:25, 4:50, 7:30, 10:20 p.m.

Sunday: Noon, 2:25, 4:50, 7:30, 10

p.m. Monday-Thursday: 1:20, 3:30,

*The Bodyguard (R) Friday, Monday-

Thursday: 7:30, 10 p.m. Saturday.

Sunday: 2, 4:30, 7:30, 10 p.m.

*Leprechaun (R) Friday, Monday-

Sunday: 2, 4, 6, 8, 10:10 p.m.

urdey, Sunday: 2:15, 7:15 p.m.

=Toys (PG-13) Friday, Monday-

•The Lover (R) Friday, Monday-

Westfield Record-

Thursday: 8, 10:10 p.m. Saturday,

Sunday: Noon, 2:20, 4:40, 6:30, 8:30

Thursday: 1, 4, 7, 9:45 p.m.

5:30, 7:30, 9:30 p.m.

7:20, 9:30 p.m.

5:40, 7:50, 10 p.m.

Easton Ave., Somerset

Call theater for showtimes.

GENERAL CINEMA

(908) 828-8787

GENERAL CINEMA

SOMERVILLE CIRCLE

Route 28, Rarkan

(908) 526-0101

4:40, 9:45 p.m.

(609) 924-7444

MONTGOMERY CENTER

Route 206, Rocky HH

NUTGERS PLAZA

*Forever Young (PG) Friday-Sunday:

12:30, 3:35, 7, 9:50 p.m. Monda

• Diabetes

Classes for the beginner and advanced beginner who want to learn the basics of Thursdays -8:30 p.m. 4:weeks • \$45 per couple • \$25 per single To Register & For Further Info: 276-3539 The YVETTE DANCE STUDIO 118 Walnut Avenue • Cranford • • • • • • • • Cinases bonin Jan. 14 • • • • • • • •

=A Few Good Men (R) Friday, Mondey

UNIONDERKELEY CINEMA 450 Springlield Ave. **Berkeley Heights**

(908) 464-8888 •Call theater for showtimes. CWEPLEX ODEON CRANFORD 25 North Ave. West

(908) 276-9120 *Toys (PG-13) Friday-Thursday: 7:30, *The Muppet Christmas Carol (G) Saturday, Sunday: 2, 4 p.m. Scent of a Woman (R) Friday. Monday-Thursday: 7, 9:55 p.m. Satur-

Yhursday: 7, 9:40 p.m. Saturday, Sun-

dey: 1:30, 4:15, 7, 9:40 p.m.

CINEPLEX ODEON UNION 990 Stuyvesant Ave., Union (908) 686-4373 A Few Good Men (R) Friday, Monday Thursday: 7:15, 9:45 p.m. Saturday, Sunday: 2, 4:30, 7, 9:30 p.m. «Leprechaun (R) Friday, Monday-Thursday: 7:45, 9:45 p.m. Saturday,

day, Sunday: 1, 3:55, 7, 9:55 p.m.

FIVE POINTS CINEMA 327 Chestnut St., Union (908) 964-9633 Call theater for showtimes. LINDEN FIVEPLEX 400 North Wood Ave., Linden

Sunday: 2, 4, 6, 8, 10 p.m.

(906) 925-9787 Aladdin (G) Friday: 7, 9 p.m. Saturday, Sunday: Noon, 1:45, 3:30, 5:15, 7:15, 9 p.m. Monday-Thursday: 7, 8:45 p.m. #Home Alone 2 (PG) Friday: 7:20, 9:45 p.m. Saturday, Sunday: Noon, 2:25, 4:55, 7:20, 9:40 p.m. Monday Thursday: 7:15, 9:25 p.m. *Leprecheun (R) Friday: 7, 8:45, 10

The Distinguished Gentleman (R) Friday, Monday-Thursday: 7:15 p.m. Satp.m. Saturday, Sunday: Noon, 1:45, 3:20, 7, 8:45, 10:30 p.m. *The Bodyguard (R) Friday: 7:25 p.m. Saturday, Sunday, 4:55, 7:25 p.m. Thursday: 9:45 p.m. Saturday, Sunday: Monday-Thursday: 7:15 p.m. *Hoffs (R) Friday: 7:05, 9:40 p.m. Saturday, Sunday: 1:45, 4:15, 7, 9:40 p.m. Monday-Thursday: 7, 9:25 p.m. *The Distinguished Gentleman (R) Friday-Sunday: 9:45 p.m. Monday-Thursday: 7:15, 9:15 p.m. Saturday, Sunday: 1:15, 3:15, 5:15, 7:15, 9:15 Thursday: 9:30 p.m. *The Muppel Christmas Carol (G) Saturday, Sunday: Noon, 1:40, 3:15, 5

LOST PICTURE SHOW 2395 Springfield Ave., Union (908) 964-4497 sCall theater for showtimes. **NEW PARK CINEMA** 23 West Westfield Ave. Roselle Park

(908) 241-2525 Call theater for showtimes UNITED ARTISTS MALTO 250 East Broad St. Westfield (908) 232-1288

. Call theater for showtimes.

WESTFIELD TWIN CINEMA 138 Central Ave., Westfield (908) 654-4720 Aladdin (G) Friday: 7:30, 9:30 p.m. Saturday: 1:15, 3:15, 5:15, 7:30, 9:30 p.m. Sunday: 1:15, 3:15, 5:15, 7:30, 9:20 p.m. Monday-Thursday:

7:30, 9:20 p.m. •The Distinguished Gentleman (R) Friday: 7:45, 10 p.m. Saturday: 1:45, 4:15, 7:45, 10 p.m. Sunday: 1:45, 4:15, 7:40, 9:50 p.m. Monday-Thursday: 7:40, 9:50 p.m.

HUNTERDON

CINEMA PLAZA Routes 202 & 31, Flemington (908) 782-2777 *A Few Good Men (R) Friday, Monday-

Thursday: 7, 9:30 p.m. Saturday, Sunday: 2:30, 7, 9:30 p.m. *Forever Young (PG) Friday, Monday-Thursday: 7:30, 9:40 p.m. Saturday, Sunday: 2, 4, 7:30, 9:40 p.m. (Senior citizen show Thursday at 10:30 a.m.) *Home Alone 2 (PG) Friday, Monday-Thursday: 7, 9:20 p.m. Saturday, Sunday: 2, 4:15, 7, 9:20 p.m. •Aladdin (G) Friday, Monday-Thursday: 7:10, 9 p.m. Saturday, Sunday: 2, 4, 7:10, 9 p.m. •Chaplin (PG-13) Friday, Monday-

Thursday: 8 p.m. Saturday, Sunday: 2:30, 8 p.m. Scent of a Woman (R) Friday, Monday-Thursday: 8 p.m. Saturday, Sunday: 2:30, 8 p.m.

JUNTERDON THEATRE Route 31, Flemington (908) 782-4815 *Hoffa (R) Friday-Thursday: 7, 9:35

MORRIS

AMC HEADQUARTERS 10 72 Headquarters Pleza Morristown

(201) 292-0606 •Chaplin (PG-13) Friday: 4:20, 7:20; 114 10 p.m. Saturday: 1:10, 4:20, 7:20; 10 p.m. Sunday: 1:50, 5:10, 8:10 p.m. Monday-Thursday: 5:10, 8 p.m. *Toys (PG-13) Friday: 5, 7:30, 10:10 p.m. Saturday: 1:30, 5, 7:30, 10:10 p.m. Sunday: 1:40, 5:40, 8:10 p.m. Monday-Thursday: 5:40, 8:10 p.m. *The Muppet Christmas Carol (G) Saturday: 1, 3 p.m. Sunday: 1, 3:40 p.m.-*Forever Young (PG) Friday: 5, 7:40, 10:20 p.m. Saturday: 1:30, 5, 7:40, 10:20 p.m. Sunday: 1:10, 3:30, 6,

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20.13

8:20 p.m. Monday-Thursday: 5:50, 8:10 p.m. *Home Alone 2 (PG) Friday: 5, 7:20, 10 p.m. Saturday: 1:20, 5, 7:20, 10 . p.m. Sunday: 1:40, 5:30, 8 p.m. Monday-Thursday: 5:40, 8 p.m. *A Few Good Men (R) Friday: 4:45, 7:30, 10:15 p.m. Saturday: 1:40, 4:45, 7:30, 10:15 p.m. Sunday: 1, 3,

5:50, 8:30 p.m. Monday-Thursday: 5:30, 8:10 p.m. *Leap of Faith (PG-13) Friday: 5, 7:30, 10:10 p.m. Saturday: 1:40, 5, 7:30, 10 p.m. Sunday: 1, 3:40, 6, 8:20 p.m. Monday-Thursday: 5:40, 8:10 p.m. Scent of a Woman (R) Friday: 4, 7. 10:10 p.m. Saturday: 1, 4, 7, 10:10 p.m. Sunday: 1:30, 5, 8:10 p.m. Monday-Thursday: 5:10, 7:50 p.m.

*The Bodyguard (R) Friday: 5, 7:20, 10:10 p.m. Saturday: 1:20, 5, 7:20, 10:10 p.m. Sunday: 1, 3:20, 5:50, 8:30 p.m. Monday-Thursday: 5:30, 8

*Aladdin (G) Friday: 5:10, 7:40, 9:30 p.m. Saturday: 1, 3, 5:10, 7:40, 9:30 , vip p.m. Sunday: 1:20, 3:30, 5:50, 8:3Q p.m. Monday-Thursday: 6, 8 p.m. •Trespass (R) Friday, Saturday: 5:10, * 7:40, 10:20 p.m. Sunday: 6, 8:10 p.m. Monday-Thursday: 5:30, 8:10 p.m.

1 1:15

1.4**1**]

CINEMA 208 Route 206, Chester (908) 879-4444 Call theater for showtimes.

See WeekendPlus for reviews of current movies in your area

'Stella' Pernell, at 92

Most recently a Westfield resident

Castella (Stella) Pernell, 92, who 1992 at Overlook Hospital.

-A native of Staunton, Va., Mrs. nursing home. She was a member Scotch Plains. of the United Presbyterian Church, Plainfield.

Surviving are two sons, Benahad been a resident of the Merid- jmin B. Steward of Cranford and ian Nursing Center-Westfield for William Pernell of Westfield; eight the past two years, died Dec. 25, grandchildren; and 30 greatgrandchildren.

Funeral services were held Dec. Pernell lived in Cranford and 30 at the Bethel Baptist Church. Plainfield before she entered the Burial was in Hillside Cemetery,

> Arrangements were by the Plinton Funeral Home.

Mauro Novello, 55

Punch press operator; avid athlete

Williams & Nettle Co. of Berkeley Softball League. Heights, died Dec. 30, 1992 at his home.

Mr. Novello was born in Plainfield and lived in Westfield for most of his life. An avid bowler, he played baseball with the Westfield

Mauro A. Novello, 55, a punch ball League and softball with a press operator for 10 years with the team in the Plainfield Industrial

Surviving are a son, John M. Novello of Linden; a daughter, Linda Novello, his mother, Marie Monte, and two brothers, Frank Novello and Ronald Novello, all of West-

Services were held Monday at Hawks of the Union County Base the Dooley Colonial Home.

Marguerite Andrew, 86

Marguerite L. Andrew, 86, who once resided in this community, Hospital Center, White Plains, N.Y.

Mrs. Andrew was born in Plainfield and lived in Westfield before moving to White Plains in 1957.

Her husband, George H. Andrew, died in 1978.

She is survived by a daughter, Patricia A. Doyle of Dennisport, died Dec. 31, 1992 at White Plains Mass.; three grandchildren; and three great-grandchildren.

A funeral Mass was offered Monday at St. Mary's Roman Catholic Church, Plainfield, following services at the Higgins Home for Funerals, Plainfield. Burial was in St. Mary's Cemetery, Plainfield.

Obituaries

Carolyn MacCowatt, 87

Teacher: oldest member of local church

Carolyn D. MacCowatt, 87, a retired teacher and the oldest con- MacCowatt, died in 1983. tinuous member of the Presbytedied Dec. 27, 1992 at King James Nursing Center of Chat-ham.

She was born in Westfield and lived in the town all her life.

Mrs. MacCowatt taught kindergarten classes in the Plainfield public school system until her retirement in 1970. She graduated from Penn Hall, a private school in 07090. Chambersburg, Pa., and from Wheelock College.

Her husband, Horace Haskell

Surviving are a son, Haskell P. rian Church on Mountain Avenue, MacCowatt of Summit; and three grandchildren.

A memorial service was held Dec. 30 in the chapel of the Presbyterian Church.

In lieu of flowers, contributions may be made to the Memorial Fund of the Presbyterian Church. 140 Mountain Ave., Westfield,

Arrangements were by the Gray Funeral Home.

Thomas Anthony Rotella, 32 Toy store manager; WHS alumnus

Thomas Anthony (Tom) Rotella, 32, a toy store manager who graduated from Westfield High School in 1979, died Dec. 28, 1992 at his

home in Greenwood, S.C. Mr. Rotella was born in Westfield and lived in the town before moving to Greenwood. He attended Fairleigh Dickinson University, Madison, and had been the manager of a Kay Bee Toys store in Greenville, S.C.

Surviving are his parents, Michael V. Rotella and Ann Seppe Rotella, with whom the late Mr. Rotella lived; five brothers, Anthony Rotella of Hodges, S.C., Michael Rotella Jr. of Greenwood, Carmen J. Rotella of Raritan, Joseph Rotella of Philadelphia, Pa., and Patrick Rotella of Warren; four nieces and two nephews.

A funeral Mass was offered Thursday at Our Lady of Lourdes Roman Catholic Church, Greenwood, of which the late Mr. Rotella was a parishioner.

Contributions may be made to the Hospice of Greenwood, Greenwood Medical Center, Greenwood, S.C. 29646.

Arrangements were by the Blyth Funeral Home, Greenwood.

Leo Richman, at 59

Westfield insurance agent

Leo Richman, 59, an insurance and the Composite Lodge, Free & agent with his own agency in West- Accepted Masons. field for more than 30 years, died

Jan. 2, 1993 at Overlook Hospital. Mr. Richman, who was born in Newark, lived in Florida and Elizabeth before moving to Westfield.

He was a member of Temple Emanu-El and belonged to its

He served in the Army during World War IL

Surviving are his wife, Toby Richman; a daughter, Shari Richman; and two brothers, David Richman and Louis Slatnick.

Services were held Sunday at the Men's Club, Mr. Richman also held Menorah Chapels at Miliburn, membership in the Westfield- Union. Burial was in Beth Israel Mountainside lodge of B'nai B'rith Memorial Park, Woodbridge.

Dorothy A.C. Stecker, 80

Active in community center programs

Dorothy A.C. Stecker, 80, who Graveside services were held ing Center-Westfield.

town, Pa., and had lived in West- Cranford. field since 1978.

Her husband. Paul D. Stecker, is deceased.

She is survived by two daughters, Nancy Wabert and Kathryn Johnston; a son, Davis Stecker; six in Centronia, Pa. grandchildren; and a greatgrandchild.

participated in programs at the Monday at the Cedar Union Luth-Westfield Community Center, died eran Church cemetery, Allentown, Dec. 30, 1992 at the Meridian Nurs- Pa. A memorial service will be held Sunday at 4 p.m. at the Calvary Mrs. Stecker was born in Allen- Lutheran Church, 108 Eastman St.,

In lieu of flowers, contributions may be made to the Memorial Funds of the Calvary Lutheran Church at the address above, or the Cedar Union Lutheran Church

Arrangements are by the Gray Funeral Home.

William Arthur Graham Jr. At 71; hospital biomedical technician

William Arthur Graham Jr., 71, a attended the Newark campus of biomedical technician at Elizabeth Rutgers University. He served in

28, 1992 at that hospital. Plains in 1956.

He joined the staff of Alexian Brothers Hospital, Elizabeth, in 1972 and continued on its staff after the hospital became Elizabeth General Medical Center-East. Mr. Graham had been an electrical engineer with Weston Instruments in the Gray Funeral Home. Burial Newark from 1952-1972.

A 1940 graduate of Westfield High School, Mr. Graham also may be made to the Deborah Heart graduated from Union College and Lung Center, Trenton Road, (now Union County College) and Browns Mills, 08015.

General Medical Center, died Dec. the Army during World War II.

Surviving are his wife, Genev-Mr. Graham, who was born in leve Bender Graham; two sons, Brooklyn, lived in Westfield from William A. Graham III of Roseland 1926 until he moved to Scotch and Geoffrey Graham of Edison; two daughters, Joan Balcerski of Califon and Jennifer Graham at home; two grandchildren; and two brothers, Robert E. Graham of Lyons and Richard L. Graham of Westfield

Services were held Thursday at was private.

In lieu of flowers, contributions

Church workshop to focus on adolesenct years

8:30 A.M.-5:00 P.M. Prince of all process of

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Saturday, January 9th

The First Congregational Church on understanding adolescence, The Adolescent Years: A Workshop.

Beginning Sunday, the Rev. Marc Trister, associate pastor, will coordinate workshops on six Sunday evenings at 7:30 p.m. in Patton Hall exploring important aspects of adolescent life and behavior. Each session will include a knowledgeable speaker and time for questions, discussion and support.

counseling adolescents and has published articles in this area.

terested persons are invited to at-

The following topics are scheduled for the workshops:

 Sunday: What is an Adolescent? An Overview of Adolescent sented by Torn Leanos, associate Culture, presented by Rev. Trister. director of admissions and varsity

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Rev. Trister has 22 years of ex- viewing of the film River's Edge Trister.

• Jan. 24: Helpl Academic Pres-Parents of adolescents and all in- sure, the College Process and the Adolescent, presented by Elizabeth M. Trister, director of college counseling, Newark Academy.

• Feb. 7: Is It Too Much?, Athletics and the Adolescent, pre-• Jan. 17: This Isn't My Child, a lacrosse coach at Drew University.

ener Chris Hoser wrech de che

• Feb. 21; My Friends Would Not of Westfield will sponsor a program perience teaching, coaching and with discussion, presented by Rev. Dot That to Me, Dating and the Adolescent, presented by Linda Hipp, director of Middlesex County Rape Crisis Intervention Center.

> • Feb. 28: A Bud for a Bud, Use and Abuse of Substances by the Adolescent, presented by Carol C. Gerson, substance awareness coordinator/student assistance counselor for the Westfield Public Schools, and Maureen Mazzarese, health coordinator at Westfield High School.

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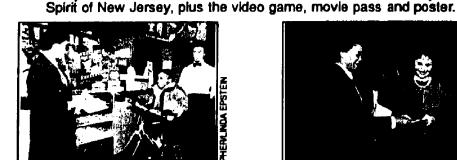
Success Begins with Prayer

Jacob's Well Prayer:9:30 AM Main Service:11:00 AM Hillside Ave. School, Cranford



Isalah won a 10-speed All Terrain Mountain Bike and a Home Alone 2 Video Game,

courtesy of THQ Software, plus a movie poster and pass for two to see the film. Mary won a Dinner Cruise for two around Manhattan, courtesy of

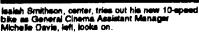


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Thank you two the over 1,000 Forbes Newspapers readers who played the game and congratulations, once again, to the 42 lucky winners.

Forbes Newspapers





Worship Bervices -- 8:30 and 11:00 am

Westfield Record

Sports

Maccablah bound Julian Burnstein, a West-

field resident, was appointed to the 1993 United States Maccabiah Masters **enimming** team. Burnfreestyle swimmer

who swims



Westfield Y, was selected to participate in the 14th edition of the games this July in Israel. He has competed in distances ranging from 50 yard sprints through 1,500 meters.

The Maccabiah Games are the central sporting event of world Jewry. More than 5,000 athletes representing over 50 nations in 37 sports will compete in this world class event. committee has been formed to help raise funds to enable Burnstein to train for this event and join the United States team. Donations may be sent to the Ad Hoc Committee for Julie Burnstein, 764 Carleton Road, Westfield, NJ 07090. For further information, contact Harvey Davidson at (908) 232-9119.

W.H.S. captains

Westfield High School Is pleased to announce elected captains for teams participating in the winter sports season: Boys' Basketball: Rob Moore, Michael and Matt Comandini; Girls' Basketball: Erin Allebaugh, Julia Cerefice and Amy Gallagher: Wreetling: Seth Coren and Chris Policy: Bowling: Michael Pass; Boys' Swimming: Pete Catanzaro and Joel Pargot; Girls' Swimming: Susan Rodihan and Wendy Jebens.

Tennis anvone?

The Pingry School in Martinsville is seeking applications for the position of Head Boys Tennis Coach for the upcoming 1993 spring season. Interested applicants should send a brief letter and resume to: The Pingry School. Director of Athletics, Martinsville Road, Martinsville, N.J. 08836. The phone number is (908) 647-0417.

The Hot Spot



This weekend at the Dunn Sports Center in Elizabeth. the boys and girls track team will participate in the Union County Indoor Relays. The girls competition will begin tomorrow at 4 p.m., while the boys will start Saturday at 6 p.m. Last season, the Blue Devil girls tied with Plainfield for second place, finishing 10 points behind Elizabeth. The highlight for the girls came in the 1-mile run, where Catle Robinson and Noelle Nolas finished first and second. Meanwhile, an injury depleted boys team placed fifth.

Inside

Schedule..... A-10 Last Week's Results .. A-10

Got a score to report? Call Kip Kuduk at 276-6000 or fax to: 276-6220. Our address is: 102 Walnut Ave., Cranford, N.J. 07016.

Devils are tourney bridesmaids

Roselle Park wins Westfield wrestling meet

By KUP KUBUK THE RECORD

Holiday tournament hosts typically pound upon the schools they were so gracious to invite, fatteriing up the won-lost record in preparation for the conference schedule that lies directly ahead.

So, perhaps it's not surprising that the Blue Devils wrestlers were disappointed with their second place finish in the 5th Annual Westfield Invitational last Wednes-

But, it's not as if Westfield invited a bunch weak sisters to their gym. On the contrary, Roselle Park, Howell, Dover and Morristown have always been traditionally strong in wrestling.

Roselle Park proved its proficiency on the met, winning the teem title with a total of 173 points. Westfield, which finished eight points behind the Panthers and half a point ahead of Howell, last year's champion, wasn't thrilled about being the runner-up.

"Our team didn't have a really good tournament," said Blue Dev-ils Heed Coach Don MacDonald. "We were upset in a few places and lost a couple of tough bouts. It was not a strong team effort. I can't point to one particular reason. It just wasn't our day."

"We really should've won," said Westfield junior Paul Baly. "Some had breaks went our way. We have a strong team, but everyone might have gotten a little too cocky."

Despite the team's downtrodden mood, a couple of surprises and some things which held true to form enabled Westfield to capture three individual titles, two seconds

and one third place finish.

The most dominant performance by a Bue Devil weather was turned in by 140-pound freshmen Cory Posey. Posey pinned two op-ponents and defected another by technical fall, wrestling a total of 5:47 in his three bouts. Posey was selected by the eight coaches as the tournament's Most Outstanding Wrestler.

"I guess a lot of people don't knew I'd have to shoot low." think freshman can be good at the varsity level," said Posey, who is undefeated in seven matches. "But, I'm just doing my best."

Posey displayed plenty of skill and quickness in defeating Roselle

AUGUSTO F. MENEZES/THE RECORD Mike Liggera puts a hold on Roselle Park's Pat McCafferty during the Westfield Invitational Tournament last week. Liggera, wrestling at 145 pounds, lost by pin at 5:23. He rebounded to win a bout in wrestle-backs, pinning Piscataway's Davion Swiney in 3:58.

Catholic's Giovanni Duran in the finals. Late in the first period, Posey worked Duran over with a couple a front headlocks before applying an arm bar. With Posey enjoying the upper hand, the freshman suddenly flipped Duran onto his shoulders with an ali-overhead and held on for the pin at 1:58.

In the surprise of the day, Baly claimed the 171-pound title by virtue of winning a pair of close deci-sions. Following his second period pin of Princeton's Garritt Roberts in the first round, the junior bested Everton Heron of Morristown, 9-7.

In the finals, Baly rallied to score three points in the final 38 seconds, upsetting No. 1 seed Thermon Perry of Howell, 9-6. After an injury timeout, Baly came out yery aggressive and shot at Perry's legs, eventually lifting him up and taking him down to score two points with eight seconds left.

"I just got a boost of adrenaline and hit him off the mat," said Baly, who won his first individual championship at the varsity level. "He (Perry) was pretty strong, so I

Minutes after Baly's dramatic victory, senior Seth Coren exhibited great strength in defeating Morristown heavyweight Jason physical." Allen, who outweighed Coren by about 40 pounds.



AUGUSTO F. MENEZES/THE RECORD Senior Chris Possy wrestled gamely in the 135-pound final, but lost to Howell's Kelth Swistock in the final seconds. 8-6.

to set up the West Essex pin. Coren's second pin of the day came at 2:50.

"I try not to get underneath and Trailing, 4-2, after one period, Coren about going u tling is as much mental as it is third.

In the 135-pound finals, West- 125-pound title before sustaining a field's Chris Posey and Howell's

Coren took down the bulky Allen Keith Swistock put on quite an extwice before using the hammerlock citing show. Each wrestler dispatched their first two opponents with ease, setting up an interesting final.

force him to wrestle my style," said Posey scored two points in the last five seconds of the second period ger foes. "He was quick, but wres- to take a 5-4 lead entering the

Swistock, who won last year's (Please turn to page A-10)

Devils defense

Girls hoops rips Elizabeth, goes to 2-3

By AMY KORCHAK

THE RECORD

Success came early for the Westfield girls' basketball team in their 52-36 victory over Elizabeth Tuesday in the Blue Devils' home opener.

Tough play and hard defense enabled the Blue Devils to emerge with their first victory over the Minutemen in at least five years.

H.S. ROUNDUP

Right from the opening tip-off Westfield's tenacious defense forced Elizabeth into 13 turnovers in the first eight minutes, helping them race out to a 14-2 lead after the first quarter.

"Our key factor in our victory was our defense, along with us taking advantage of the Elizabeth turnovers," said senior center Erin Allebaugh, who had nine points.

The half ended with Westfield holding a 27-14 advantage. The defense did not let down the entire game. The Blue Devils created a total 39 Elizabeth turnovers - the single most important factor in the outcome.

Elizabeth cut the deficit to 39-30 three minutes into the fourth quarter. However, Amy Gallagher drained a four-foot jumper and junior Abby Bomba hit a pair of long range jump shots to quell the Minutemen rally.

Westfield's leading scorer was Bomba, who scored nine of her 11 points from the three point range. Other scorers included Tayrn McKenna with 10 points, and Shi-Kia Carter and Gallagher, who had eight points apiece. Senior Julia Cerefice played outstanding defense, coming away with a team-high eight

"I hope this gets us ready for the rest of the season. After coming back against (Please turn to page A-10)

Swimmers eye 4th straight Pirate title

By KIP KUDUK THE RECORD

They've won the team title an unprecedented three straight years, shattering the old meet record for total points last year. They established four new event records last season and have had the same person win the Most Outstanding Swimmer sward the past two years.

So, what will Westfield's bovs swimming team do for an encore in Saturday's Pirate Invitational?

For starters, the Blue Devils will walk under the bubble at West Windsor-Plainsboro High School as the clear cut favorite to bring home its fourth consecutive title, possibly even eclipsing last year's recordsetting point total of 301.

When Westfield won eight of 11 events last year and nearly doubled the point total of its closest competitor, the Blue Devils sent a resounding message to the rest of the state. The same thing may happen this weekend.

We'd certainly like to send that type of message again," said Blue Devils Head Coach Chris McGiffin. "But, I'm guardedly optimistic. We're not going to just walk away from this meet without some batties. We've got to do our best to both win and be satisfied. I don't think it's enough to just win. We want to do some other things."

Perhaps McGiffin is referring to some of the meet records which appear to be in danger of being

Senior Dave Schwartz will likely break the existing 100-yard breaststroke record of 59.60, set by Andy O'Grady of Bergen Catholic in 1987. Schwartz has already been clocked at 56.8 this season.



GEORGE PACCIELLO/THE RECORD Westfield's Chris Manos will swim the 200 freestyle and 100 breastroke events in the Pirate Invitational, hoping to help the Blue Devils to their fourth-straight meet victory.

the 100 breast and try to put it out competition which will take place while," said Schwartz.

Darren Hertell, the senior who Club. has been chosen as the meet's years in a row, has broken the existing meet record in the 100-yard backstroke in each of the past two don't expect fast times." seasons. Hertell, who will also go after the title in the 200-yard individual medley, does not feel any think he's got a damn good shot at pressure to claim a third consecutive MVP award.

In fact, Hertell will not be as focused on this meet as well as he has in the past. The current W.H.S. away with either the 100- or 200record holder in the 100 back and the 200 IM has been concentrating will compete in the 200 and 500 "I want to crush the record in his efforts toward a national team

of reach so no one gets it in a in one month in Syracuse. He will represent the Phoenix Aquatic

"I hope people aren't expecting Most Outstanding Swimmer two me to win the MVP, but, I'm sure they are," said Hertell. "I want to do well and, hopefully, win. But, I

"I hope he gets it," said Schwartz about Hertell winning the MVP. "I it because he's so versatile. That local American Legion team in would be great if he got it. It would add so much to the meet."

Tim Smith is a threat to come yard freestyle titles. Ted Pollack (Please turn to page A-10)

American Legion baseball program, currently by Al Lies

Moeller shows winning

spirit with winning teams

which started in 1925, has more than 4,000 teams and over 80,000 players participating every year. Over the past 37 years, Westfield's

The nationwide

Moeller has played a significant years. He retired from the Hallrole in the program on both the mark Card Company in 1983. local and national level.

or manager of Westfield's Martin No. 3 team since 1956. His teams have won over 500 games, including 14 Union County championships, four district titles and three second place finishes in the state.

Moeller was the national vice commander in 1972-73, was appointed to the six member National Baseball Committee in 1964 and was selected as vice chairman of the committee in 1974. In addition to being a member of the National Rules Committee, he was appointed to the three member National Court of Appeals, which has the final say on any American Legion baseball dispute.

Locally, he was chairman of Union County Legion baseball for 22 years and has been chairman of the State Legion Baseball Scholarship Committee since its inception 17 years ago. As a youth in Jersey City, he played baseball on the

"I'll be back with the team next most rewarding to see young athletes change into young men. involved with the American Legion Edison Intermediate School.



gram for two years had done more for her son than she was able to do in 18 years." Moeller, who

is 74 years old. has been a Westfield resident for 41

During World War II he entered Moeller has been either a coach the United States Army as a private and was discharged as a cap-Wallberg American Legion Post tain. He served in Europe as a paratrooper with the 17th Air Borne Division, earning a Bronze Star medal during the "Battle of the Bulge" in France. After the war ended, he coached baseball and basketball for his division's teams while he was still in the Army.

> At Westfield, his teams have produced a number of athletes who went on to play professional baseball at the major and minor league level. The most famous is current New York Mets manager Jeff Tor-

Other former pros include Jeff Stember (San Francisco Giants organization), Kevin Smith (Seattle Mariners), Mike Murray (Chicago White Sox) and Dick Meyers and Steve Tebbets, both of whom played with several clubs.

In 1981, Moeller received the 'Best Friend Award" for his efforts in helping raise money for the Special Olympics. This season he w be active in supporting Project 93 season," said Moeller. "It's been an undertaking in which Westfield baseball parents are seeking funds to help finance the renovation of mother once said to me that being the high school field behind the

Roundup

(Continued from page A-9) West Orange and winning today, this should make the girls know how it feels to win," said Westfield Head Coach Linda King.

Last Wednesday, the Blue Devils were blown out of the starting gate by Livingston in the championship game of the West Orange Holiday Tournament The Lancers (4-0) raced out to a 28-8 lead after eight minutes and extended the bulge to 41-14 at halftime.

They're an excellent team. They just outplayed us," said King. "Their guards outran us. They're two all-state players and they handled us very well. Our girls had a lot of heart. They didn't stop playing until the final whistle."

Westfield got on track in the seconth half, outscoring Livingston, 34-27. But, the damage had already been done and Livingston won the tournament for the fourth straight season by a final score of 68-48.

"We performed well against a good team," said McKenna, who was Westfield second leading scorer with nine points. "The second balf really showed our ability as a feam."

With the Blue Devils showing their ability to defeat good teams, they have an opportunity to even their record at 3-3 at Union 4 p.m.

Comandini injury puts Westfield "O" in a bind

A shoulder injury to Mike Comandini in Tuesday's game at Elizabeth left the Blue Devils without their leading scorer and go-to man on offense.

The senior, who averaged 21 points in the first three games of the season, sustained sprained ligaments in the AC joint of his right bound." shoulder while going after a loose ball late in the first quarter. Comandini tried to return in the second half, but he said he experienced too much pain. The guard currently has his arm in a sling and is expected to be out one to two weeks.

"I ran to go after the loose ball and No. 14 of Elizabeth ran after it too. He rammed into my shoulder and that's how I go hurt," said Comandini, who will undergo rehabilitation work this week.

All times P.M. unless otherwise noted

THURSDAY, Jan. 7

Girls Raskethall

Boys & Giris Swimming

Bowling

FRIDAY, Jan. 8

Boys Basketball

Wrestling

Girls Track

SATURDAY, Jan. 9

Girle Besketball

Westfield (JV) at Hunterdon Central, 5:30

Westfield (Var) at Hunterdon Central, 7

Union County Relays at Dunn Arena, 4

Boys Besketbalt Westfield (Var) vs. Plainfield, 7:30

Westfield (JV) vs. Plainfield, 6

Westfield (Var) at Plainfield, 2

Westfield (JV) at Plainfield, 12:30

Westfield (Var, JV & Fresh) vs. Union, 4

Westfield (Var, JV & Fresh) at Union, 4

Westfield vs. Summit, 2:30

Westfield vs. Summit, 3:15

Westfield (Fresh) vs. Plainfield, 4



Junior Abby Bomba sealed Westfield's upset victory over Elizabeth by canning two longrange jump shots in the fourth quarter Tuesday. The Blue Devils (2-3) won, 52-36.

producer, Westfield buckled under the defensive pressure applied by the Minutemen. When Comandini left the game, the score was tied,

Turnovers, a lack of confidence and superior offensive rebounding by Elizabeth turned a close game into a rout. The Minutemen (6-0) outscored the Blue Devils 21-6 in the second quarter and literally ran away to a 70-31 victory.

"After the injury the kids looked in the specialty strokes. out of it," said head coach Stew Carey. "There was just no offense on the floor because the kids are used to Mike doing it all. We just had no one to go to and I think (point guard) Marc Koslowsky got frustrated because of that.

"The turnovers hurt us a lot, but the injury took us right out of our offense. And once Elizabeth missed, it was the same old story of them getting the offensive re-

Before the mishap, Comandini scored eight points. He ended up leading Westfield in scoring. Mike Checkett added seven points.

Last Wednesday a destructive run which began late in the first half and continued early in the second half did in Westfield in the championship game of the William Buglovsky Holiday Tournament in Perth Amboy.

Perth Amboy on the offensive the 100-yard butterfly (1:07.28),

1:40 remaining in the second quarter. But, Westfield missed four free throws, committed a pair of turnovers which led to some easy baskets and watched Adam Rivera toes in a prayer before the buzzer

to give the Panthers a 37-31 lead at

the break.

The start of the second half only brought more misery for the Blue Devils. Perth Amboy (4-0) broke the game open by scoring the first dozen points of the third quarter, giving the host school a 49-31 lead. Westfield could not recover and lost, 82-86.

Once again, Mike Comandini scored the bulk of the points for Westfield. The senior guard poured in a season-high 27 points. Matt Comandini netted 13 points.

Devil girls deal Union swimmers first loss

By SASKIA RILEY

THE RECORD

Westfield extended . its perfect record to 3-0 on Tuesday by crushing visiting Union, 106-62, spoiling the Farmers' previously undefeeted 4-0 record.

As in most of their meets, the Blue Devils held a narrow victory before a midway break. But, Westfield pedded its cushion with depth

"We have phenomenal depth," said Blue Devils Head coach Stacey Hegna. "No team will be able to stop us now."

Due to the break provided by the Christmas vacation, most of the swimmers' times were off. However, Westfield was still sharp enough to secure the victory.

Many swimmers contributed to the triumph with personal victories. Winners included: junior Breawyn Hay in the 200 and 100yard freestyle (2:06.30, 58.59), sophomore Jili Smith in the 50 free (26.26), freshman Anne Teitelbaum in the 500 free (5:25.06) and senior Sarah Showfety in the 100-yard breaststroke (1:20.33).

However, a meet is not won solely with first place finishes. Those who helped with important second place finishes were: Teitelbaum in the 200-yard individual medley Despite being outrebounded by (2:23.99), sophomore Lisa Olden in

backstroke (1:07.02).

Third place finishers were: Olden in the 200 free (2:13.52), Riley in the 200 IM (2:32.74), sophornore Jen O'Brien in the 100 fly (1:11.80). sophomore Caitlin Jerdan in the 500 free (6:19.22) and senior cocaptain Wendy Jebens in the 100 beck (1:12.36).

Westfield won every relay event, picking up eight points for each first place finish. The medley relay of Riley, Showfety, Olden and sophomore Laura Todd won by two seconds, finishing in 2:04.08, Showfety, Jebens, freshman Morna O'Keefe and Smith teamed up to win the 200 free relay by nearly 23 seconds (1:31.54).

The final event, the 400 free relay, was Farmer's final opportunity to redeem themselves. But, they were thwarted by Hay, Teitelbaum, Riley and Olden (3:58.50). Today, the Blue Devils face Summit at the Westfield YMCA at 2:30 p.m.

No surprises here: **Devils crush Farmers**

By MY CHARMATZ

THE RECORD

When the Westfield High School boys swim team faced Union at the Westfield YMCA last Tuesday, it didn't take anyone too long to see who would come out on top. To absolutely no one's surprise, it was the Blue Devils who emerged victorious in an expected 111-59 triumph.

The Blue Devils (3-0) won all but one of the 11 events and picked up many second and third place finishes along the way.

Ted Pollack had a great meet, winning the 100-yard butterfly (56.92), and assisting in two other first place finishes — the 200 medley relay (1:47.12), and the 200-yard freestyle relay (1:37.05). Other swimmers who took part in the relay victories were: Darren Hertell, Chris Manos, Tim Smith, Dan Zemsky, and Robbie Schundler.

Additional first place triumphs were claimed by: Tom Mann in the 200 free (1:52.63) and 500 free (4:58.10), Hertell in the 200-yard individual medley (2:10.66), Smith in the 100 free (52.74), Dave Schwartz in the 100-yard breaststroke glass, 23-4, in the first half, the Smith in the 100 free (59.50) and (1:08.89) and Brian Ramsthaler in Without their main offensive Blue Devils held a 31-29 lead with junior Saakla Riley in the 100-yard the 100-yard backstroke (59.24).

The 400 free relay team, consisting of Smith, Jeel Parget, Remethaler, and Andy Larsen also came

out on top, finishing in 3:46.94. Nice times were also recorded in the 100 free by Manos (52.89), and Ramsthaler (52.78), earning them second and third place finishes, respectively.

Impressive finishes were turned (5:29.91), Schwartz in the 200 free (1:54.04), Hertell in the 100-yard butterfly (57.29), Rusty Schundler in the 100 back (1:02.12) and Jen. Jones (1:00.22) and Andy Hughes (1:04.18) in the 100 breast.

Third place finishes were also carned by each relay team. Rusty Schundler, Hughes, Zemaky and Rob Schundler completed the medley relay in 1:53.33, while Walt Kapuscinski, Louis Guzzetti, Frank Copps and Hughes finished the 200 free relay in 1:42.04. Kapuscinski, Guzzetti, Coppa and Brenden Lechner swam the 400 free relay in 3:47.23.

"It got pretty close there," said Westfield Heed Coach Chris Mo-Giffin, referring to the four point lead the Blue Devils held after the 50 free, "But, we came back and swent them in the 100 free, which changed our momentum. That's when I think we really took control."

"As a team this year, we are better prepared for any upcoming challenges," said sophomore sprinter Kevin Aldrich. "This meet was an opportunity to see where we are in the season, and for us to look at our chances to defend our Pirate Invitational title."

The Blue Devils will meet Summit at the Westfield YMCA today,

Bowlers roll past Seton Hall in season opener

Westfield cruised past nonconference opponent Seton Hall Prep, 7-0, Monday at Clark Lanes. in the season opener for both teams. The Blue Devils (1-0) were never seriously threatened in any of the three games, winning by an average of 185.3 pins per game.

Westfield's series of 2072, an average of 891 a game, was the best in the Watchung Conference after the first day of action. Junior Matt Masine rebounded from a shaky start to post scores of 214 and 203 in his final two games. Senior Greg Rhodes rolled a 562 series (179, 191, 192) and captain Mike Pass bowled a 207.

"Nobody had a good first game," said Westfield Head Coach Mike game jitters. If you take the last two games (907 and 940) our average was 923, which is where we'd like to be."

On the junior varsity, John Szurlej's 521 series (174, 169, 178) was not enough for the Blue Devils. Westfield lost, 7-0, to a Seton Hall Prep JV team which bowled better than its varsity (2155 total to the varsity's 2116).

Westfield begins it Watchung Conference schedule today at 3:15 when it squares off against Union at Clark Lanes.

Swim meet

(Continued from page A-9) free, while Tom Mann will vie for first in the 200 IM and 100-yard

Dan Zemsky will be entered in the 50 and 100 free. Walt Kapus cinski will participate in the 50 free and 100 fly and Robbit Schundler will go in the 100 back in by Pergot in the 500 free and 100 fly. Chris Manos will swim in the 200 free and 100 breast.

The 400 free and medley relays appear ready to win titles. Hertelf, Schwartz, Smith, Mann and Pollack will probably be swimming in these events.

"Everyone's really psyched," said Schwartz. "We started think ing about the Pirate a long time ago and we want to do something no one's done before (win four straight titles). This is our last year and I consider my class a different bunch. We have different characteristics, but we all come together in the big meets and dominate."

Wrestling

(Continued from page A-9) serious ankle injury later in the season, recorded two points on a reversal 15 seconds into the final period. After allowing one point on an escape, Swistock broke the 6-6 deadlock by taking down Posey and scoring two points with three seconds left.

Jeff Checchio pleasantly surprised the home fans by reaching the 112-pound finals. But, in his final bout the sophomore succumbed to Ian Reddy of Princeton, 9-1. The methodical Reddy used his strength to stay on top of Checi chie throughout the match, allowing his only point on an unnecessary roughness call with four seconds left in the second period.

"He was pretty strong and he put in a lot of leg shots," said Checchio of Reddy. "He was slippery and he got out of anything I tried. But, I'm still happy with the way I wrestled."

In other weight classes, Kevill Sullivan pinned Jason Fania of Roselle Park at 4:05 of the 103pound consolation finals to finish in third place. Brian Buldo lost two of three bouts and placed fourth following his 11-9 loss to Morristown's Marcus Getkin in the consolation finals.

Jamie Hogaboom also went 1-2 on the day at 125 pounds, as did 130 pounder Paul Hayes, 145 pounder Mike Liegera and 100 pounder Tom Whelan. Lance Kovacs recovered from an overtime loss in the first round to win two consecutive matches and place fifth at 152 pounds.

In the junior varsity tournament, Westfield's Jim Flood (145) was chosen as the tournament's Most Outstanding Wrestler, while teammate Frank DiGiovanni placed second at 189 pounds. In the teath competition, Roselle Park finished first and the Blue Devils placed

High School Results Neck of Dec. 20-Jan. 5

WESTPIELD Boye Baskelball (1-3) 10 70, West

Ng (3-0) ld 111, Union 56 ld 100, Un Bouting (1-0) id 7, Seton Hell Prep O

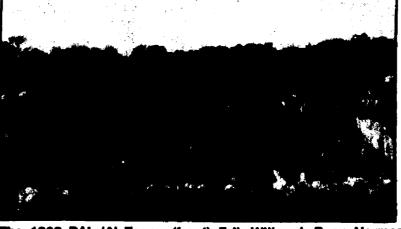
Sports Calendar

Plainsboro H.S., 10 a.m. Union County Relays at Dunn Arena, 6 MONDAY, Jan. 11 Wrestling stileld (Var) at Parsippany, 5:30 estfield (JV) at Parsippany, 4

Bowling field vs. Rahway, 3:15 TUESDAY, Jan. 12 Bove Reskethall Westfield (Var & JV) at East Side, 4

Giris Backetball Westfield (Var) vs. East Side, 4 Westfeld (Fresh) vs. Kearny, 4 Boys Swimming Westfield vs. Sco.ch Plains-Fanwood, 2:30 G.ria Swimming

Westfield at Mountain Lakes, 3 WEDNESDAY, Jan. 13 Wrestling
Westleid (Var, JV & Fresh) vs. irvington, 4 Boys & Girls Track Westfield vs. Union, 3



The 1992 PAL 'A' Team: (front) Erik Willyard, Ryan Harmer, Jesse Keiser, Mike Urcluoli, Josh Silverstein, Billy Ganun, John Triars, Stephan Taranto, Ted Goss; (middle) Mark Jueils, Kevin Whalen, John Faggins, Tony Reggio, Chris Guerin, Bill Hedden, Kevin Dowling, Josh McMahon, Bernard Williams; (back) Coach Ken Claitocca, Coach Tim Doerr, Robert Tyson, Brendon Hickey, Bill Sweeney, Rob Jessup, Nick Constantino, Jason Murray, Jason Yarusi, Don Maron, Steve Comitini, Mike Runfolo, Dan Norton, Coach Joe Walsh.



CORY POSEY WESTFIELD

The freshman made quite a splash in last week's Westfield Invitational. The 140 pounder was selected as the tournament's Most Outstanding Wrestler after easily defeating his three opponents in a combined time of 5:47. Posey pinned Giovanni Duran of Roselle Catholic in the finals at 1:58.

"As chosen by Forbes Newspapers' Sports Dept."

PAT WILDE



SOMERVILLE

The 171-pounder on Somerville High's wreetling team, Wilde is unbesten this season and last week earned the "Outstanding Wrestler" award at the annual Somerast County Tournsment. In the SCT, Wilde needed just five minutes to pin three opponents, including a 1:47 triumph over Bound Brook's Greg Beatty in the

"As chosen by Forbes Newspapers' Sports Dept."



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Realty honors for Love, Peterson

Pinky Lucrasen, president of the Westfield Board of and opened his current firm, Century 21 Taylor and Realtors, announced recently that Roger Love has Love, in 1975. been designated the Realtor of the Year and Pete Peterson, the Realtor-Associate of the Year.

The two received their awards and were honored at the New Jersey Association of Realtors annual convention in Atlantic City.

Mr. Love is completing his 20th year of continuous service to the board, having been a director or officer during that entire time. He served as president in 1986 and 1987. He is the mediation officer in arbitration disputes and will serve as chairman of the Multiple Listing Committee for 1993.

· A third generation Westfield resident, Mr. Love has served on the Board of Directors of the Westfield Y for the past 22 years, including time as president. He keeps busy with the Westfield School Boosters, the Education Fund of Westfield, the United Fund, the Ocean Gate Yacht Club, the Washington Rock Girl Scout Council and the 200 Club of Union County.

Mr. Love started his career in real estate in 1969

Mr. Peterson, the Realtor-Associate of the Year, has been a member of the Westfield Board of Realtors since 1951, serving in all the officer positions and gaining the presidency in 1957 and 1958. He is chairman of the Professional Standards Committee.

Mr. Peterson founded the Peterson-Ringle Agency in Scotch Plains in 1950, selling to the Degnan Boyle Company five years ago.

Mr. Peterson is proud of his 40-year perfect attendance as a member of the Fanwood-Scotch Plains Rotary Club, where he has been president. He is also a director and past president of the Fanwood-Scotch Plains YMCA and is a member of the steering committee for the Y's capital fund drive. He has served as an adviser for planning boards and boards of adjustment, is a local representative of the Union County Mental Health Association and a charter member of the Union County 200 Club.

Hotel names new manager

Gine Ciccocell has been acpointed general manager of the Westfield Inn, one of five Boyle Hotels in central New Jersey. The announcement was made by Susan Boyle, executive vice president of sales and marketing for the hotel group.

Ms. Ciccocelli most recently was regional director of sales for the Boyle Hotel group. She has worked for the company since

The Westlield Inn. a Best Western facility, is focated at 435

Imaging center gains ACR accreditation

The mammography facility at organizations, and the public: first College of Radiology (ACR).

which include a peer review evalucations, equipment, quality control and quality assurance programs, image quality and breast dose.

The accreditation must be renewed every three years.

More than 5,500 facilities have been accredited nationwide. This two major concerns expressed by radiologists, other national medical the center at 232-0610.

Westfield Imaging Center, has that qualified personnel perform been accredited by the American and interpret mammograms and second, that dedicated main-The facility has met the neces- mographic equipment be used to sary accreditation requirements, ensure that women receive optimammographic ation of the facility's staff qualifi- aminations with the lowest possible risk.

Mammography done in conjunction with breast physical examinations provides the most accurate diagnosis of early breast

The Westfield Imaging Center is program was started in response to located at 118 Elm Street, Westfield. For more information, call

Central NJ's #1 Source For Meeting People

TO PLACE AN AD

Take some time to write down some characteristics about yourself, and your preferences about the type of person you would like to

2. You can place your "introductions" ad for free just by calling 1-800-559-9495. Our specially trained staff will help you write your Introductions ad to get the best response. Deadline to place your Introductions ad is Monday by noon 3. Your ad will run for six weeks, and can be renewed at any time.

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Forbes Newspapers' Introductions is a way to meet people, find a tennis partner, a fourth for bridge, or another classical music lover. Whatever your interests, you should be able to find someone to share them. Personal advertisements and voice mail messages may not contain language that is overtly sexual, suggestive and/or offensive to the general public. The publisher reserves the right to reject any ad, This publication assumes no responsibility or liability for the content or reply of a personal advertisement. Must be 18

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- 1. Note the extension numbers at the end of the ads you would like to
- 2. Call 1-900-226-1003 from a Touch-Tone phone.
- 3. Follow the voice prompts and record your messages. The cost is \$2.00 per minute.
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•800**•**559**•**9495 vezrs or older to use this service.

TO PLACE AN AD OR FOR CUSTOMER SERVICE MOST COMMONLY USED ASBREVIATIONS: • B — Black • C — Christian • D — Divorced • F — Female • H — Hispanic • J — Jewish • M — Male • S — Single • W — White • WW — Widowed • WWW — White, Widowed

1010 Introductions

SWF— 21, 5'5, 115 lbs. seeks SWM 22-28, 6' & above for dancing, comedy, park, skiling etc. There's something about a man in a uniform that turns a woman on, Ceps. Fireman, etc. a big plus. Smokers okay. Please call Ext. 3032.

SWF- 30, 5'7, attractive, blonde. I have a demanding job with crary hours. Seeking SWM with great sense of humor to enjoy off-hours with. Please reply box 4305.

SWF.... 33 seeks SWM 30-40. Professional, fun loving and caring, full figure woman seeking a professional man with a positive outlook who enjoys football, music a movies. Friendship or possibly more. Please call Ext. 4354.

SMF— 34, warm, bright, slim, attractive, seeks a 30-40 year old S/DWM 30-40 year our arrown who is sensitive, down-to-earth, enjoys life & le looking for someone special for friendship, dating & a possible long-term relationship. Please call Ext. 4308.

SWM, CATHOLIC, 84-

non-drinker, non-emoker, health conscious seeks honest, open, sincere, practicing Catholic woman, with similar qual-ties Reply ext. 3475.

1010

SWF— 42, mother of 2 infents, looking for tall (appox. 6 ft.) semi-overweight SWM, to enjoy each other, distings forty something does, must be educated, employed, wince personality, Drugiatonol FREEII Not afraid of commitment, if this sounds good to you then call ext.4274

Ads in Classified don't cost -They pay!

SWIG- Social drinker, 30, 61", 190 lbs., brown hair, attractive profes-sional, seeks WF, for dis-creet relationship, all

1010 Introductions

SWM - 23, 5' 10, medium build, college edudium build, college edu-cated prof. sense of humor down to earth. In search of SWF intel-legent, level headed, not flashy, who likes to laugh, cute, blue eyes a plus but not necces-sery. For a possible rela-tionship. Call ext. 4132

SWM— 40, 6'1, 180 lbs. prof., goodlooking, en-loys sports, movies, din-ing out & travel. Looking for SWF 34-44, who is se-cure & enjoys the same interests as I do. Piesse call ext. 4141

CAH ext. 4141

WANTED: Confirmed Bachelor, UNATTACHED, WM approx. 38yrs., 8+ (long dk. hair s + Taurus pret.). A gentleman rogue w/ adventurous spirit, expressive eyes, firm build & strong but gentle hands. Devillish, imaginative, outspoken, nasquaste. maginative, outspoken, passionate, unconven-PENDABLE. Strongwilled but compromising & fair. Stimulating, hun-ary, not easily intimià fair. Stimulating, hungry, not easily intimidated or afraid to openly express emotions à desires w/out feeling exposed or vulnerable. Able to stand a little shakey ground à have the guts to stick around to collect the spoils. Must have a grand sense of humor. No remotely controlled couch potatoes. REWARD: SW woman, 5' 4". Long

dancing quiet times & old les, dancing quiet times & old movies. Seeks DWM 40's that has same qualities, good listener and drug free. Ext. 4356

Introductions

daring & playful. Eagerly awaits a worthy chal-lenger who'll discuss rules, weapons and HONORABLE terms of surrender. Let the sparks flyl call ext. 4306.

flyl call ext. 4306.

WEALTHY EXECUTIVE—
DWCM (over 10 years)
56, 6 ft., 195 bbs., distinguished looking, good dresser, neat, nonsmoker, overall humorous and interesting person is seeking a nonamoking lady who is highly attractive, neat, bright, conversant, shapeley, should be reither Twiggy or Rosame. Age & religion will bot make a difference to me, compatibility will. Please leave name & number with any information you

with any information you think is pertinent. Box

WF- 47, 5' 5, 138, good

sense of humor, good values, sincere, enjoys

WINNERS EXT. 4350
WINNERS ONLY: Youthful 40-something BF, 5'
1', intelligent, personable, attractive with good figure. Enjoy good conversation, theatre, reading, walking, quiet times. Highly principled, contemporary with old-fashioned values, looking for male with similar interests for friendship & toreste for friendship & possible LTR. Drug-free, race unimp. Ext. 4311.

in the Classified!

PERSONAL

MALE DATECHOS PART-HER HEADED— to take denoting lessons together and hopefully develop rice friendship. Please

Provide Partners is a now classification and is part of forms Newspapers' Introductions. It is insended for use by papels landing for other people with whom to therefor or play sports. For more information please call 1-800-159-9495.

ne Mayera

RIBBAGE PLAYERS-

tiage players interested in terming a group to promote regularly sched-uled games in the Bridgewater/Somerville area. Cell ext. 4227

Gamo Players is a new classification and is part of Ferbes Newspapers' Introductions. It is intended for new by people leoking for other people with whom to play games. For more information please call 1-800-539-9658.

Hobbyists is a new classification and is part of Forbes Newspapers' Introductions. It is intended for use by people looking for other people with whom to pursue behivies. For more information please call 1-800-559-9495.

1000 Traveling Costspanion

Traveling Companions is a new classification and is part of Forbas Newspapers' latroductions. It is intended for use by people looking for other people with observed to travel. For these information please call 1-800-559-5455.

YR OLD - SM. 5'6, in

ireels are dancing, din-ing, going out & having fun, seeking SF 25-30 with similar interests. Nesse call ext. 4137 36-26-36 blonde hair blue eyes 5'5, 119lbs, 6'msty sergeeus.... hOW that I've got your aftention, let me tell you about myself, I'm 5'5, short brown hair, brown eyes, attractive, witty, 6 mewhat abnoxious thy brother wrote the formewhat abnoxious (ny brother wrote the last part) I like classic rock, Broadway, movies, tasketball & dining out. This DWF is looking for a \$DWM prof., for friend-ship??? I live in NYC & unless you like to travel I befor you either work or lee in NY. If any of this bunds interesting sease call ext. 4148

PECTIONATE — White male 51, very pretty, 5' shapely and educated. seks WM, I am searchspeke WM. I am search-ling for a discreet sensi-tive male for friend and dimpanion. If you would like an honest and caring injetionship built on mu-tical respect please call \$44. No smokers, drugs alcholic users.

A ST. NICK FOR ALL SEASONS— is searching for a petite lady of breed-ing, secure enough to be unhibited, & who likes big men of intelligence, good taste & unsurgood taste & unsur-passed culture. My hands are said to be magic, they heal & ca-rese, & are capable of opening the gates of the preverble! 7th heaven for the right partner. You don't have to leave a leng metaless; just shar number.! said get back to you within & wild it. Please call est 4133

AMMAL LOVER -- DWM,
44, brown hair, blue
eyes, considerate & compassionate. Loves: all animals, expecially cats,
diving in or out & long
weekends in sunny
spots. Looking for: 8/
DWF, 33-41 only, reasonably attractive & fit, who
wants to be sharing &
caring partner for LTR.

ATTRACTIVE DWF, a young 39. I love to work-out, dine-out, flee mrkts, playe, movies, participate in sports, danoing, 50-80's music, romance & family activities. Seeks nice looking, prof. WM, 33-49, who loves kids, (i heve a boy, 3 yra.) se-cure, non-emoker, social drinker, sincere, roman-tic, & trustworthy w/ simi-lar interests. Ext. 3222.

lar interests. Siz 22.

COULD YOU BE THAT PERFECT HOLIDAY GHT I'VE SEEN LOOK-ING FOR? does your charming personality & ruggedly handsome body come in a tall package? Is it wrapped professionally with a bright red bow? Assuming the package isn't too dusty (aged 28-35 yrs), could you please mall yourself to my sisters doorstep immediately? Special delivery of coursel By the way, you'll know you're at the right place if a 29year old SWPF with a curie sz. 18 body, snewers the door wearing her long dark hair in a pony tall, & bunny slippers on her feet (just kidding!). PS her address is ext. 4135

DJF— 46, pretty blonde.

D.F.— 46, pretty blonde, petite 5'5. sparkling eyes, friendly smile w/s vibrance for life. In search of Prof. Male for love & laughter who enloys, dining out, traveling & social entertainment.

LOOKING FOR YOUR NAME? You're getting warmer...

It is the policy of this newspaper not to publish any personal adversament that may be overtly sexual, suggestive and/or offensive to the general public. This service is intended solely for personal advertisements for singles who would like to establish a relationship with other singles. with other singles.

pwF— 42, 5', 3", very thin, intelligent, sincers, honest, carring, with sense of humor, enjoys dining out, traveling, aports, movies & music-anything with the right person. Don't smoke or drink. Please call Ext. 4303.

GENEROUS WM— 45, attractive, wealthy willing to share. Seeks preity lady for mutually beneficial mistress-type relationship. Please call Ext. 2020.

Introductions

DWF— Very young 44, blonde hair, green eyes, shapley, attractive professional N/S, non drug user & very light drinker. I love music & darwing the night away, fashion, sport cars, movies, concerts, good conversation, dining out, fireplaces, hugs, kisses, holding hands & most of all old fashion romance. Looking for definetly good looking executive type prefessional DWM 37-47 who is fit & trim a good dresser hon eviolate & non drug user, must be healthy & have same interests as mine, and looking for a committed one on one very serious relationship leading to marriage. If you feel you are what I am looking for give me a call. Only serious apply. Please call ext. 4136

DWM- 5ft. 11, 175 ibs., brown hair, green eyes, mustache, handsome, trim and athietic. Successful college graduate in search of an attractive S/DWC PF, 30-40, 8ft. 7 or taller, physically fit, must have equestrian ability and enjoy salling. Non amoker only for monogamous relationship. Morris County area. Call ext. 4357

ext. 4357

DWS— H.S. & College teacher w/no major hang upe or problems. 5' 10', 145 be., 40's, blond heir & blue eyes, attractive, trim & athletic. Ivy educ., good disposition & sense of humor. Wants to share life's upe & downe with S/DWF, attractive & slim, for companionship & possible long term relationship. Smoker OK. Call ext. 3821.

GWM- 31 yrs. old, 5'11, 155 ibs., bm. halr/eyes. Somerville area. Enjoy romantic times, Antiques, long walks to the city, tooking for possible relationship. Looking for someone 18-31. Please call ext. 3033.

example SWM — 35, 6°, 8°, brown hair, blue eyes, physically fit, great emile & personality, looking for cute SWF who is tun & open-minded for exciting relationship. Please call Ext. 4310.

HANDSOME SWM— 39, looking to meet, 8/DWF, who enjoys Gunnison Beach at Sandy Hook as much as I do. I also like dancing, movies a candellt dimers. I'm caring a sincere, tooking for long term relationship. If interested, please call Ext. 3979

Ht QIPILS!— We are 2 down to earth, SWPM, aged 27, who would like to meet 2 SWPF (23-27) for conversation, friendship or possibly more. We are both active, enjoy sports, movies, going out, & having fun. Please call ext. 4092

If you're a tall, fit, se-oure, ed. men of integ-rity, 55+, who is bright, warm, sensitive, loves life warm, sensitive, loves life inc. the arts, travel, dancing, skiing, tennis, the outdoors, lakes and the seal-think you'd like me. I'm a DWF, 5' 5", trim, presentable and profess. My children are on their own. Calt-maybe we can make acch other smile. make each other emile-

ext. 3234. SLENDER, SETY, SPIR-FITED, SPONTAMEOUS— 58. 5 in, www., with a winning amile that will light up your life, seeks 50 plus gentleman who loves to dance, romance and have lots of fun. Your my kind of guy... lets connect. Call 4359.

1810

MARRIAGE MINDED? MARRIAGE MINDED?
Want a child? I want a
wife: Let's make a
deal...Hardworking SWM,
28, very fit, 8' +, very
intelligent, suave tooking,
Prof. needs mousy Country Girl, Corporate Lady,
or in-between, 19-29 or
so, to share walks, movtes dispars curidiling so, to share wants, mov-ies, dinner, cuddling, beach, love (a business together?) Sacrificing for Bountiful life. Ext. 3826.

Bountiful life, Ext. 3929.

ASERT, A CHALLANGE —
SWM, 21, 5' 3, dertish
blord hair, blue eyes, I
litte the beach, cudding,
letening to all music except country, the movies,
talking & bowling, ISO a
special someone & or
companion SWF 18-25,
who would like to teach
& or learn hobbles & interests & to share the joy
& mysteries of life together. Call ext. 4144

OPEN MINDED SWM--28, is easking a lady for a serious reteriorismp, i like foreign travel, de-pendability & the unusu-al, age & race are not factors. Please call ext. 4096

SBM— 38, 5FT 10, 210 ib., man with good job, good heart, good build, good morals and weak in the knees for romance, in search of 28-35 year old SDBF or Mississippi Massis type woman for a serious one on one never a doubt love affair. 150 ib. Hmit. Call ext.4358

SDWF— 43, 5 ft. 2 in.,

ib. Hmit. Call ext.4358

SDWF— 43, 5 ft. 2 in., petile, brown hair, hazel eyes, self-employed, I enjoy life & love to laugh, I like dance, see movies, enjoy dining out, toves to travel, or even just to stay at home and watch a movie, seeking S/DWM, 35-43 yr, old, who is financially stable, tired of the bar-scene & is now looking to build a future, please call ext.4258

please call ext.4258

SDWM — 43, looking for SDWF 30-45. Looking for one on one relationship, possible 'marriage. A woman who likes to be spolled and to spoil her man. A non-emoker and not into druge. Sociable drinker OK, kids ok, pets OK. Likes the movies, dining out, shore, or just being home with a good movie & danding. No head games, no barbies. Please call ext. 4208.

SDWM — 80, professional, very active, fit, & financially stable. An average man no drinking or drugs, but I smoke. looking for SWF, slim, 28-43, needing a nice start in life who likes to be spoiled and knowshow to spoil in return. Must be level headed, like sports, cars, dining out, quiet eves. Sense of humor a must! Ext. 4014. SJF— 27, 5'5, slim, enjoys walking, golf, tennis, dining & being with that Special Someone. Seeks SJM for serious relation-

BLIM YERY CUTE SWF-- 34 who works out & enjoys outdoors & ro-mantic weekendsin search of S/DWM 30-35, with similar interests. Piesse call ext. 4142

Please call ext. 4142
STOP— I'll make it almple and brief and to the point. I a SWM, 25, 5'10, and medium build. Pleasently good looking and easy going, etc. Seeking SWF, 20-25, who's honest, healthy, attractive and easy going for fun and exciting diversities, like movies, dancing, dining, etc. Your turn now. Please call ext. 4242

1010

SWM — 28, 5'0, 175, brown hair à eyes, college educated, athletic build. I enjoy live music, dining out à staying home with good friends. I am always open to new experience à enjoy new challenges. I am looking for \$ZDVF 19-25, who is truthful, sincere à loves life. I know you're out there so call ext. 4145

there so call ext. 4145

SWMI— 26, 5'.10, drawberry blond helr, medium
billd, enjoys' the shore,
midnight wellte on the
beech, NYC, dhinky out å
quiet evelnge et home
reading a good book. I
consider myself romantic
å down to earth. I'm
looking for a SWF, 21-30,
who shares the above
qualities å interests.
Please call ext. 4143

ext.4274

FUF Young, p4, breen, hair a eyes, loves Rdnante evenings, red exrations, actrees a former
dencer, now whestchair
bound, loves all types of
music especially 70's
rock, if you are a 8WM,
mature 30 sometime, intelligent, non/smoker,
has a life and is witting to
share k, willing to take a
ohence, and be friende
first then please call ext.
4288 chance, and be friende first then please cell est. 4296

SWF— 36, down to earth, 50 me times shy and SWF—38, down to earth, beautiful, wavey, light brown, shoulder length hair and brown eyes. 5'8', larger frame but not obese, a emoker, attractive, likes cooking, staying home for a quiet evening w/a movie or q o in g o ut. Work a diff.hours but kind of a night owl. Looking for a sincere, honest, \$/DWM, kids ok, 30-48 who knows how to treat a lady, 5' 10" and over, average or solld larger other times a lime of the wall. I enjoy travel, beach, surfing, skiing & snowboarding, riding my motorcyle & dining out. I love a cozy night in or a night out partying & dancing. Looking for a thin, attractive SWF who shares some of my interbin, structure swy who shares some of my interects & maybe has some
different ones to share
as well, hopefully leading
to a long term relationship. Please call Ext.
4131.

orage or solid larger frame, who wants a one on one relationship. No head games please, only serious minded callers SWM - brown hair brown eyes, decent bok-ing, 31, in search of fit, SF, Cell ext. 4146

1010

8WM— 32, 6'1", 190 ibs., brown hair, green eyes. Altractive, college educated professional, with a sense of humor, & a variety of interests seets a pretty 8F, 25-35, for friendship & eventually relationship. Must be fiexible & willing to build a relationship based on trust & mutual respect, please respond for futher details ext. 4277

details ext.4277

BWB - 35, down-to-barth, carrin, heatth-conscious, nice-looking gentlemen, brown heir, blue eyes, 6'2, honest, affectionale, N/S, good sense of humor. I enjoy working out, cooking, dining out, cooking, dining out, country drives, movies, comedy clubs, sports & quiet eves, at home, interested in meeting a SWF, 25-37, w/s/millar interests for friendship, dating & poss, lasting relationship, someone who isn't afraid of commitment. afraid of commitm Please call ext. 4304

messages answered, please call ext.4280

SWM-29, sick of the bar scene, has old-fashion values, likes the beach, loves animals, beach, loves animals, fishing, movies, romantic dinners or quiet nights at home. Seeking 8 or DWF, between the ages of 24-35, with same interests for friendship and possible relationship. Please call ext. 4243

toes. REWARD: 3w woman, 5' 4". Long blonde hair, blue eyes, stender womanly figure. Diverse tastes, lots of apirit, sizzie & moxie. Cautious & serious, but Advertise in the Classified!

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what you're selling.

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the best features of

Use only standard

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and times to call.

Including the word

'please" in your ad

increases response.

your phone number

price of a sale item

and, if you're flexible

negotiable" in your

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e Mind Ade. \$5.00 for box rental and rnelling charge (Box held for

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INDEX

1000's - PERSONAL 1004 - Energiae Partners 1004 - Charles Partners 1007 - Game Players 1008 - Hobbylets 1008 - Traveling Companior 1010 - Introductions

Singles Organizations and Activities 1030 - Lost & Found 1040 - Persons 1050 - Coming 1080 - Announ Coming Events Announcement

2000's - FOR SALE

2007 - FOR SALE 2010 - Artiques 2020 - Appliances 2030 - Art 2040 - Auctions 2050 - Cothing and Append 2050 - Cothing and Append 2070 - Computers 2070 - Computers 2000 - Farm & Garden

2000 - Flon Markets, Sales and 2100 - Free to Good Home 2120 - Garage Sales 2130 - General Merchandise 2140 - Office Furniture and Suppi 2150 - Software 2160 - Wanted to Buy

3010 - Birds 3020 - Cats

3020 - Cats 3030 - Dogs 3040 - Fish 3050 - Horses 3050 - Livestock 3070

3100 - Miscellaneous Supplies and 4000's - SERVICES

Adult Day Care Business Services Carpentry Child Care 4050 -4080 -4070 -Cleaning Se Convelencer - Convelencent Care - Electrical - Handyman Services - Heath Care Services - Home Improvement

4120 - Insurance 4130 - Landscaping and Tree Care 4140 - Legal Services 4150 - Leans & Pinance

4170 4180 4190 Painting
Party & Entertainment Services
Plumbing, Heating & Cooling Pluribing, Heating & Cooling Protessional Services Rooting Walten 4200 4210 4220 4230

4230 - Walapeing
8000's - EMPLOYMENT
5010 - Career Training
5020 - Child Care
5030 - Employment - Career Training and Services - Child Care Wanted 5030 - Cred Care Wanted 5030 - Employment Agencies 5040 - Employment - General 5080 - Employment - Health Care 5070 - Employment - Hanegeries 5080 - Part-Time Employment 5080 - Employment Wanted

8000's — AUTOMOBILES 8010 - Automobiles Under S

8070 - Family Vans 8080 - 4x4s, Sport and Light Trucks 8080 - Trucks and Vans 8100 - Automotive Financing 8110 - Automotive Parts, Accessories

8120 - Automotive Repair 8130 - Miscellaneous Automotive MOTORCYCLES 8210 - ATV's 8210 - Mopads 8220 - Mopads 8230 - Oll-Road Molorcycles Acces On-Road Molorcycle Molorcycle Paris, Ac

8200 eque Motorcycle 8480's — RECREATIONAL VEHICLES 8410 - Compets and Trafers 8420 - Motor Homes 8430 - RV Parts, Accessories and

Service 8440 - Misselleneous RIV AMAR'S -- SCATE 8610 - Bosts 8620 - Power Bosts 8620 - Bellinsets

8600 - Rentale and 6 8670 - Stip Rentale Rentale and Charters 8660 - Storage 8660 - Ball & Fishing Supplies 8700 Bost Parts, Accessories and

Service 8710 - Miscolleneaus Basting SAGO'S - REAL ESTATE 9010 - Homes Under \$150,000 9020 - Homes for Sale 9030 - Farms 9040 - Lunury Hornes & Estates 9050 - Mobile Hornes and Lots 9080 - Waterfront Property 9070 - Condomina-9080 - Townhouses 9080 - Multi-Family Homes 9100 - Lots and Acresge 9110 - Out of Ares Propr Warsed to Blay 9130 - Mortgages and Financing 9140 - Miscollaneous Real Estate 9200's — VACATION PROPERTY 9210 - Homes for Sale 9220 - Poconos Properties

Recort Properties
Waterfront Properties 9240 - Waterfront Prope 9250 - Lots and Acres 9290 - Time Shares 9270 - Vacation Rentals Lots and Acreege Time Shares

BACKYS - RENTALS

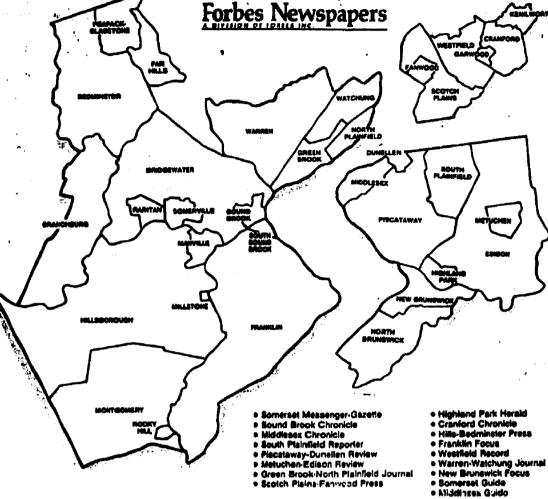
9410 - Homes 9420 - Multi-Family Homes 940 - Tourhouses 940 - Apartments 940 - Rooms 940 - Boarding 9470 - Apartments

9480 - Homes to Share 9480 - Wanted to Rent 9600 - Macellaneous Rentals 9000's — COMMERCIAL REAL ESTATE 9010 - Queinosa Proposition 9610 - Business Properties for Sale 9620 - Professional Properties for Sale 9830 - Protectional Properties for Sale 9830 - Retail Properties for Sale 9840 - Warshouse Properties for Sale 9850 - Office Rentale 9850 - Industrial Rentale 9850 - Warshouse Rentals 9850 - Warshouse Rentals

9000's - BUSINESS OPPORTUNITIES 9610 - Businesse for Sale 9610 - Businesses for Sale 9620 - Franchise Opportunities 9630 - Licenses for Sale 9640 - Investments/Opportunitie

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tabby. South Bound
Breek— 6 mo. grey
white and orange female
kitten. Nictuolian— male
greek tabby with whitebrown tabby with white. Somerset County Humane Society, Route 22, North Branch, NJ. Call 528-5330

LOST— Cat, female in So.Plainfield. Himaleyian Tan & Dk.Brn, blue/gray eyes, long haired. An-awers to "Diva". Reward. awors to "Dive", Reward. Call 908-561-2285.

Personale

A CARING— Young cou-ple understands adoption lan't an easy choice. We'll provide a loving home and secure future. Call Jamie/Barry Collect 215-376-9742 (days); 215-527-4123 (nights).

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mentry session. 908-273-5378 PRAYER TO THE

(Never known to fall) Oh, most besutiful flower of Mt. Carmel, fruitful aplendor of Heaven, reseed Mother of the humbly beseech you from the bottom of my heart to succor me in this necessity. There are

none that can withstand your power. Oh, show me herein you are my moth

nersh you are my mon-er. Oh Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads problems, light all roads so that I can attain my gost. You who gave me the divine gift to lorgive and forget all evil against me and that in all instances in my life were me and that in all instances in my life you are with me. I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will

3 days, the request will be granted. This preyer must be published after the favor is granted. K.G.

PRAYER TO THE BLEESED VINGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine spiendor of Heaven, Bleesed Mother of the

Blessed Mother of the son of God, Immeculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and hear me, herein you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are necessity. There are none that can withstand your power. Oh, show

me in you are my mother. Oh Mary, conceived without ain, pray for us who have recourse to thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light ail roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you me and that in all instances in my life you are with me. I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will

3 days, the request will be granted. This prayer must be published after the favor is granted. F.M. SWEDISH MASSAGE Janet, CMT. Call 908-254-8433. By appt. only.

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PREE— cat, 2 yr, sid fe-male, spade, all chots, very affectionate, owners are desperate to find her a good home, \$08-654-4716 leave meg.

2110 **Funding**

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Send A Message of Love Place a Valentine message to the special people in your life! Your "special someone" will receive a card to make sure that they won't miss your message. Heart To Heart

messages will be printed on February 10th-12th in our classified section. Here are some ads from last year to help you get started.

When I was little I used to dream about a prince who was handsome, caring & loving. As I got older I thought the dream was over until I fell in love with

you, my Special Prince Charming! BEAN HEAD, you're a breath of fresh air when the world around me stinks. MUSH PACE

VISA

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& I love you LOVE WORM

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Me(Ju



THE NEW SAAB 9000 sedan combines a little old, a little new and a lot of car.

The Saab 9000CSE is revised, updated for '93

fter establishing a reputation as a successful aircraft manufacturer Seab first started building cars in 1949. From the start it has been known as a producer of interesting and unique products, starting with the early 90 series up through the new 1993 9000CS. Each model has enjoyed a highly recogniz-able profile, as well as some innovative platforms, power plants and electronics. The first 9000s were displayed to the world the U.S. The 1993 CS marks the second kion 9000, and the introduction of several revisions and enhancements.

Arnong them are: significantly revised five-door hatchback styling; 25 percent improvement in structural rigidity; a new interior ventilation filter; a new Trionic engine management system that integrates ignition, fuel injection and knock control systems thus maximizing fuel efficiency and reducing exhaust emissions; and improving noise and vibration abatement. And so Seab's goal of distinctive styling, high safety standards and good performance and handling is enhanced.

APPEARANCE

The 1993 9000 CS is lower in front and higher in back. It retains the familiar Saab grille and logo, while the wraparound front lights are lower and wider and each has its own wiper. The spoiler has integral driving lights and the wide mirrors are designed to reduce wind noise. All trim is black, and the rocker panel area is coated with plastic for minor body damage reduction.

COMFORT

The 9000CSE is a full size luxury car, and as such is fully equipped with all of the items now expected in this type of vehicle. Leather is standard, as are air conditioning, the stereo system and a glass sunroof. There's ducting for passengers in the back, and their seats fold forward for added storage. All controls and gauges are ergonomically located and locks, windows and mirrors are power operated. All seating is quite comfortable, and the hatchback has a pulldown.

ROADABILITY

Whether on the highway or back country roads, the 9000CS exhibits excellent road holding manners thanks to its time proven suspension layout, aided by powerassisted steering and Pirelli P4000 206/ 50ZRI5 performance tires. Disc brakes and an anti-skid braking system insure safe stopping. Passenger safety is enhanced by integrated safety-cage construction which now includes a built in roll-over bar over the rear seat. A driver's air bag and 3-point seat belts also contribute to safety. Road noise is minimal and vision is excellent.

PERFORMANCE:

Saabs turbocharged 2.3 liter, 16-valve, double overhead carn engine develops 200 horsepower. The Trionic system has a 32bit microprocessor that monitors drivers habits and stores information for later use in similar situations. The electronically controlled automatic transmission moves and there's plenty of torque for heavy traffic mobility.

SUGGESTIONS

Add beverage holders for driver and passengers.

ECONOMY

EPA ratings are 18 city/24 highway. I averaged 22.5 mpg.

CONCLUSION

Coincident with its partnership with GM, Saab has started a 10 year product development program leading towards a three-car range. Added to the current 900 and 9000, a higher segment model is being studied for future development. Also in this period it plans to present either a new car or an important technical innovation each year. For 1993 it has presented at least two items the 9000CS and CSE, plus the Trionic engine management system.

PRICE AS TESTED

\$36,415 including automatic 4-speed transmission.

BASE PRICE

\$35,055 with all of the luxury CSE

TEST DRIVE

SAAB 9000CSE HATCHBACK

Specifications

Base price - \$35,055 Price as tested - \$36,416

Engine type - I-4, doho 16v.

Engine Size - 2.3 liters/140 cid Horsepower - 200 @ 5,000

Torque (ft/fbs) - 222 @ 2,000 rpm Wheelbase/length - 105 inch/187 22.5

Transmission - four-speed

auto w/od

Curb weight - 3,240 lbs. Pounds/HP - 16

Fuel capacity - 17 gal. Fuel requirement - unleaded 87

thru 92 octane)

Tires - Pirelli P4000 205/50ZR15

Brakes - anti-lock standard

disc/disc Drive train - front engine/

front drive Performance - 0-60 mph - 7.8 sec

1/4 mile (E.T.) - 15.3 sec.

EPA economy, mpg city/ highway/observed - 18/24/

Drag coefficient (Cd) - .33

*efi = Trionic engine management system

See the 1993 Saab 9000CSE Hatchback at the following local dealership: JMK Auto Sales, 391 Noute 22 II., Springfield.

Passing the torch **New generation should study** some old auto traditions. Page U-3



Prices incl. all costs to be paid by consumer except for lic, reg. & taxes

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U.S. Public Auction, Drugtord Properties. Choose from thousands starting \$50. PREE information-24 Hour Hotline. 801-379-2930 Copyright #NJ17HRC NISSAM — 64 Stanza, 5-apd., Power Locks/Win-dows, 140K, exc. cond., needs engine. \$500/80. Call \$08-248-6345.

VOLKSWAGON- 73, Bug, reliable, rune great, good brakes, replaced engine, \$500. Please call \$08-719-2290.

8020

BUICK— 85 Somerset Regal, 2 DR, auto, AC, PB, loaded, 1 owner, 72 K, \$2450, 905-0418

CADILLAG— 80 Eldo-rado, excel, cond., clean in and out. \$2000/80. Call 722-7480

CHEVY— 81 Citation X-11, hi-performance V8, 4 spd., silver, 2-dr., new clutch, siloy wheels, Per-roll tires, 94k miles. \$1800. Call 908-528-0586 sher 8pm or weekends. CHEVY— 82 Wagon, 9-pase, 41k, rebit. eng./ trans., inspected, good running cond. & body. \$1800/80. \$08-521-1561.

BMW— 85 535i, hwy. ml., AC, am/im/cass., new exhaust/tree, many extra parts. \$4995/BO. Call \$05-253-0244, Pele. CHEVY - 85 Spectrum, 2-dr. hatchback, 30K mi., 6 spd, AM/FM. Very good cond. \$1350 or best offer. Call 908-837-4785. BUICK— 86 Century Um., 40R, 4cyl., AC, and Im cass. low mi. ex. cond. \$4500 868-8179 CHEVY— 9D Caprice, 70K mi., 4dr. sufo, PS, PB, AC, AM (police car). Min. bid \$2000. Informal bids no leter than Jan 15, 10AM, Borough Clerk, Council Chambers, 283 Somerast St., No. Plain-field, Mon.-Fri., 8:30AM-4:30PM, 908-789-2800 BUICK- 89 Century Custom, P9, P8, AC, AM/ FM stereo, 43K mi. Mint cond. \$6300. Call 908-297-8817 or 297-4864, DODGE - 85 Colt Pre-mier, blue, 4dr, 5spd. AC, loaded, gar. kept, 85K ml, exc. cond. \$2000 firm. Call 908-654-7587.

CHEVY — 86 Celebrity, V6, 4 DR, Auto, alarm, AC, 67K ml. \$3650 Call 808-753-6296

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PORD— 87 Teurus Sta-tionwagon. 40K, white, new tires-Loaded. Exc. cond. Asking \$5900. Call widys: \$48-2900, sek for Bill R. or eves: 233-3256.

FORD— 99 Mustang, Hitchbk., black, suto, loaded, stereo cass., AC, tilt, looks/rune like brand new. 27k orig. ml.I Must see this carl \$6,800/50. (906) 359-7157

FORD- 92 Taurus-LX, 9050 miles, every option; moving must self. Buy outright or assume pay-ments plus \$4000. Call 908-654-9636

TOYOTA— 87 Tercel, manuel, red, AC, AM/FM, 78K ml., mint cond., 1 owner, \$2700. 271-8638 day, \$28-3787 after 7.

TOYOTA — 86 Carmy DX, 4 dr., 5 spd., ac, PS, PS, AM/PM, exc. cond., 60k, 86,280, 606-668-7717

TOYOTA— 88, Celica GT, Iffibeck, 5 apd, AC, P/W/L/surrool, cruise, tilt wheel, AM/FM stereo case, excel. cond. \$7800/ BO. Call \$08-709-1123.

VW- 99, Fox GL, 4apd, 4Dr., Air, AM/FM case, escal. cond. 77k ml, Ask-ing 84,000. Call 908-781-7481. HONDA— 87 Chris, 4 dr., auto, AM/FM Stereo, AC, new tires & exhaust sys. 48K ml. \$8600. 886-7075 HONDA - 87 civic, Sepd., AC, AM/PM cess., FWD, very reliable. Best offer. 808-722-5042

WW— 87 Cabriolet, 87K hwy. mi, red w/whit top, 26 mi/gat., sucel. cond., incl all options 87200. Please call 722-5867 eve

CADILLAC— 73 Coupe, mint cond., 40K orig. mi., white int. red leather int. PW, PS, AC, \$4500/SO. 908-234-2833

CADILLAC — 84 Brougham, 40R, 77,740 ml., 84,300. Excel. run-ning cond. 808-463-0886.

MERCEDES- 86 580 SEL, black, 86k, new tires, dealer service records, good cond., \$22,500 firmi Serious

buyers only please, 906-781-0661

FORD - 80 Escort GT, Sepd., AC, em/lm cess., cruise cont., Clifford alarm syst., clean, 38k

alarm syst., clean, 36k ml, \$4500 782-1538

IROC- 88, Sapd, TPI loaded, factory rear,

excel. cond., Aeking 88750. 356-3613

teuzu — ee imerk, very clean, sek mi, AC, PS, AM/FM case. 2 new tires, just detailed, \$200/90 MUST SELLII 908-231-0714

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avan, great cond. \$6K miles, \$8000/80, 908-725-2482 days.

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HISSAN— 87 Stanza QXE, 86,5K, sunri., fully loaded, \$5,100, 808-463-0240 evs. & weekende, 908-465-6567 days PLYMOUTH— 85 Horizon, 4 dr., auto, PS, PS, AC, AM/FM, nice cari 81800/8.0. 908-358-7157

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PONTIAC — 87 Grand AM, bronze, 89K ml., new brakes & shocks. Exc. cond. \$4100. Call \$65-

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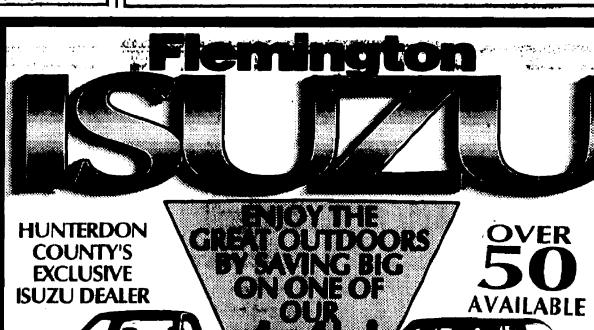
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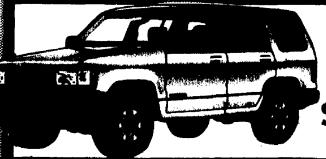
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tome.

During the recent election much was made of the fact BU Clinton and At Gore are members of that quitural offshoots the American Baby Boomer ss. Born after The War the one you have to be around 60 to even remember), they have somewhat different authories from their predeces-

sors on a pisthora of mores and que-

But as the population advances in ticle, most of our younger citizens will not length from firehand experience some of the automotive traditions the rest of us receil with fond memories. It's not hard to understand the reasome and causes; television has changed our entertainment needs. ecological concerns have altered many of the pestimes we used to engage in and changing laws have made some of the old ways liegal,

So our younger readers will know and understand what automotive customs were followed during the thermoelves if they missed anything,

my hand over mohair upholstery. We still pick out the locations to this day, ing is now illegal in most towns and all learned to drive in Fords and even neighborhood so the results were few cars were so mean and un- their grandchildren.

SATURN.

usually a topo-up. Gary Witzerburg's sightly that they were ignored. An old the West Coast a few years ago.

GO TO THE DEALERSHIP TO HE THE NEW CARS: It was a really big deal when the new cars came out and were displayed on the he told me he still spends Saturday showroom floors of our local dealerahips. We didn't have to be told that they had arrived; October night receil. sides were filled with the piercing beens of Army surplus searchlights. FOR A DATE: Today most kids Follow them to their bases and you'd wouldn't consider borrowing the famfind the new Hudson, Nash or By Bulck for a date: they have their Studebaker, it was a family affair and own cars by the time they're 16. we'd even forgo. The Jack Benny "Back when," the family car was Show on the radio to see what the loaned out only if the petitioner got new care looked like. We'd pick up good grades, his room was clean the brochures that were evellable for (girls weren't driving as much then) later perueal, and some declarables and the necessary household chores even handed our models of their of- had been done the previous week. ferings. I wish I'd had the foreeight to And since jobs for kids were pretty

diffing around town was an event in few bucks for movie tickets and a past half century, I'll explain some of the citi days. After dinner dad would burger afterwards. them and let them determine for recommend a jount to just take in the sights. It usually took a hour or was a right in the '50s. Kids would BUY THE BRAND YOUR DAD so and kids would get to know other pile into at car (even the family car DID: It was traditional your make of neighborhoods during the course of qualified as a cruiser) and several car was the same one "your" termly childhood. My dad would tour the trips up and down Colorado Boulebought. My father was a Ford man. Caldend/Berteley. Hills during the verd or Main Street or whatever the when I was a lidd and of course, that warm summer evenings and point local cruise street happened to be was the brand that my brother and). Out the homes of local bigwigs or were a weekend necessity. You tried gravitated towards when we were areas of the town where he used to to look cool, stay out of the way of young. My earliest vehicular recollection deliver newspapers or where some the tough guys and hope that memtions are Model A-related and I still major fire had occurred 20 years be- bers of the opposite sex were watchget a "little boy" feeling when I run fore. It was Living History and I can ing. Times have changed and cruis-

TUNE THE CAR ON SATURDAY: cities for salety reason. got into playground fights over which. Saturday mornings used to be spent brand of our was superior. In those under the hood pulling spark plugs wouldn't want to. Once is fun; twice days, Ford and Chevrolet supporters or dovered with soap suds. Maintain- would be torture, I wonder that tales were in about equal number in our ling the family car was a tradition and today's 16 year olds will pass on to

family was Buildi-oriented and Gary toothbrush was used to scrub betold me he thought he'd died and tween the apokes that held the wire gone to heaven when he got the job wheels together. Having an uneighby as head of Builds public relations on car was aidn to having holes in your socks. Jacques Hurgendeguy is a well-know exotic and classic car collector and has owned some of the most desirable cars in the world but mornings cleaning his "driver" which at that time was a '87 Olds 442, as I

BORROW THE FAMILY CAR scarce, the request for wheels was GO FOR A FAMILY RIDE: Simply usually followed by a request for a

FRIDAY NIGHT CRUISE: Cruising

We can't go back - and most of us

Blue engine smoke not a very good sign

By BOS WAIN

PORBES NEWSPAPERS

Q. I have a 1989 30 foot Class A motor home with a 454 CID Chevrolet engine and a T-400 transmission. It has 29,000 mile on it. It uses a quart of oil every 1,200 to 1,500 miles. Recently I took a trip and noticed while cruising, at the moment I let my foot off the accelerator, a puff of blue smoke would come out of the passenger's side of the engine. It had been 18,000 miles since a tune-up, so I put in new spark plugs, distributor cap and rotor. I noticed when the plugs were removed three plugs on the passenger's side were badly carboned. The driver's side plugs were clean. I had used leaded fuel until they took the lead out of our gasoline. What would be causing the puff of smoke and why would three spark plugs be carboned on the passenger side of the engine while the other side plugs are

A. The usual rule is blue smoke coming from a tail pipe is caused by oil burning in the combustion chambers. White smoke is usually antifreeze or water vapor coming from the engine and black smoke is excessive fuel (gasoline) going through the system. Excessive oil can get into the combustion chamber when you lift your foot off the accelerator if the piston rings are weak or if the valve stem seals have become worn or have broken. The valve stem seal problem is not **Automotive** Q & A

uncommon in Chevy V8s although your 454 doesn't have very many miles. If you're getting 1,200 mile to the quart, I wouldn't do a "fix" until it gets lots worse: oil is cheaper than repairs. You could do a dryand-wet compression check or a cylinder leak-down test to determine if the rings are bad. If the valve stem seals are gone, they can be replaced without having to remove the heads unless the quarters are too cramped.

Q. I've had a vibration in the steering wheel of my '87 Subaru ever since I took it into our local Firestone store for a tuneup and a had a rotation of the tizes. I returned to complain and was told that the balance of both fronts were off by nearly an ounce each. J.T. After a balancing the vibration was Oakley, CA not much better. They tried new tires to see if that would help. It didn't, so they put my old tires back on. They did everything they could to solve the problem. Firestone has taken care of my car for about 20 years but I've learned a lesson. The car has 26,500 miles.

Colorado Springs, CO

A. It's one thing for a shop not to be able to fix a car's problem but It's something else to not be able to cure a problem that a shop causes. If the problem wasn't there

when you took it in and the shop can't right its wrong, tell the manager you plan to take the car to another shop, get it fixed and you expect his shop to pay for it. If you get turned down, call or write your district Firestone representative's office to see what response you get there. Your wheels could be bent, the front hubs could be "tweaked" from front lug nuts or bolts being overtightened, the tires could be out of round or any combination of these could be the cause. To say "We don't know" is unprofessional.

Q. My '88 Toyota Corolla has squeaking front brakes. I had it inspected and was told there was lots of wear left on the pads. The shop did some adjustments of the front brakes and relined the rear. I complained about the squeak but was told the rotors were glazed and squeak was common with metallic pads. They tried roughing-up the rotor but it didn't work. Must I let this noise persist until the front pads need replacing? Could the front rotors be deglazed by machining?

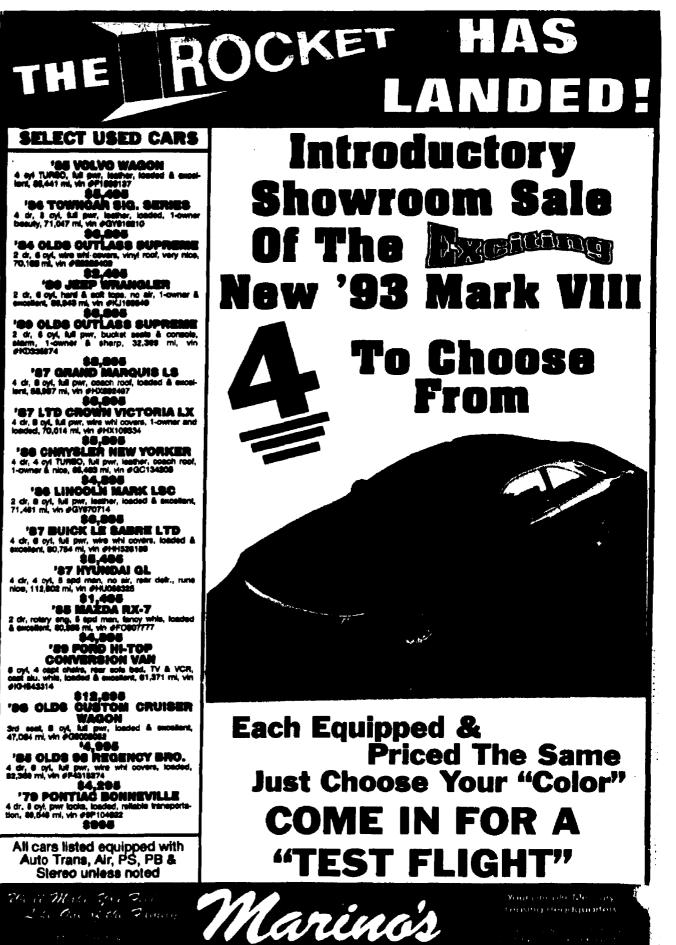
> R.M. Pittsford, NY

A. Yes, but if you have all that .: work you'd be best off to have the pads replaced with "softer" units while they'ry off. Once pads and rotors get glazed (surfacehardened) together, the only surecure is to do the job completely. If you can stand the noise, I'd let

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2 DR, 6 CYL, 5 SPD, P/S/B, AIR, AM/FM STEREO/CASS, TILT, T/GLSS, INT/WPR, CUST WHEELS, BSM/CONSOLE, ALL TERRAIN TIRES, VIN# PUM01660

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AUTO 55 '87 MAZDA RX-7 2 DR, AUTO, AIR, AM/FM STEREO/CASS. R/DEF, T/GLSS, MI. 72,003, INT/WPR, ALLO

WHI.S. BUCKET STS, VIN# H0517628

4, STATION WAGON, 6 CYL, AUTO, MI. 54,193

'83 MAZDA RX-7 GSL 2 DR, AUTO, MIS/B, AIR, AMFM STERECKASS, RIDEF, T/GLSS, INT/MPR, ALLOY WHILS, SUNROOF, BUCKET STR, RADIALS, VINI DO718233, MI. 68, 100

'91 TOYOTA COROLLA DX 4 DR, 4 CYL, 5 SPD, P/S/B, MI. 38,991, AIR, AM/FM STEREO, TILT, R/DEI

T/GILSS, INT/WPR, VIN# MC081724 '88 TOYOTA CAMRY DX DR, 4 CYL, AUTO, P/S/B, AIR, MI. 59,927, AM/FM STEREO, TILT, CRUISE, R/DEF, T/GLSS,

'89 CHEVY CAVALIER 4 DR, 4 CYL, AUTO, P/S/B, AIR, AM/FM STEREO, R/DEF, T/GLSS, INT/MPR, MI. 58,911, BUCKET STS, STEEL BLT, VINN K7103658

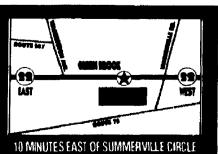
'86 CHEVY BLAZER 4 X 4 TAMOE PKG, 6 CYL, AUTO, P/S/B, AIR, AM/FM STEREO/CASS, TILT, MI. 51,000, R/DEF, T/GLSS, INT/WPR, ALLOY WHLS, BUCKET STS, VING G014544

2 DR, 4 CYL, 5 SPD, MI. 60,118, P/S/B, AIR, AM/FM STEREO/CASS, TILT, P/DEF, T/GLSS, INT/WPR,

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mazpa

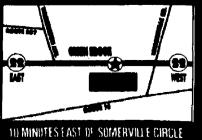
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al Estate Guide

Colonial has meticulous landscaping

SCOTCH PLAINS - Lush and meticuluous landscaping grace this mider-hall colonial sitting on a onleacre lot in a quiet cul-de-sac at 30 Greenview Drive

The quality built home, listed at 19,900 through the Westfield ofice of Coldwell Banker Schlott Re-

HOUSE TOURS

alters, has almost 4,000 square feet of living space all constructed with custom workmanship.

Careful attention has been given to details such as the ceramic tile floor throughout the home and the double door entry into a marble floor vestibule, and extra large custom Anderson windows, including several picture windows.

Solid wood doors are a trademark of the home, along with oak hardwood floors, and many windows are filled with special wood shutter window treatments.

A magnificent center entrance way greets visitors to the home with its splendid staircase, wraparound oak banister, skylight and brass chandelier.

The bright and airy living room and formal dining room are acuipped with a central music systesh and the 16-by-28 foot family troom has a large brick raisedhearth fireplace, two ceiling fans, and double french doors leading to a deck

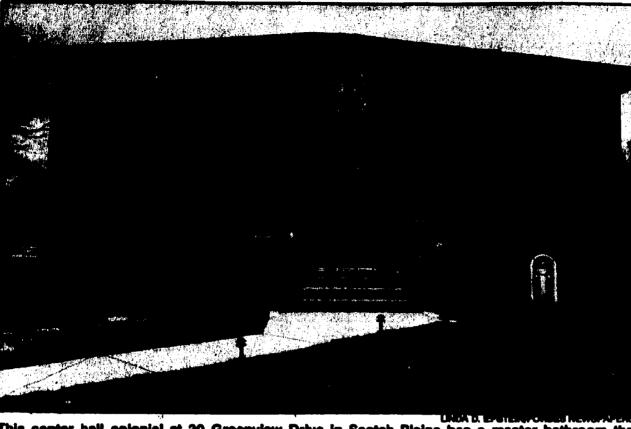
The elegant room includes a ceramic tile floor, and a built-in bar is The living room includes a view

of the nearby golf course, and the hiding room is graced with two terms picture and side windows.

The 14-by-27 foot kitchen has

chautiful hand-painted glazed tile als and handcrafted butcher bidck counters.

center-island provides ad-



This center half colonial at 20 Greenview Drive in Scotch Plains has a master bathroom that features a custom Roman tub.

ditional work space, and appliances include a self-cleaning oven and dishwasher.

A bay window eating area provides a scenic view, and the kitchen has sliding glass doors to the

A half bathroom on the first level includes hand-painted ceramic tile walls, and the laundry room adjacent to the kitchen and pantry has a ceramic tile floor and walls and a

Upstairs is the master bedroom with a view of the golf course and the front yard, and a dressing room that has a generous walk-in closet and a second large closet.

The master bathroom has topquality Valentino design handpainted tiles and a Roman tub., m

Tipsheet

Address: 20 Greenview Drive, Scotch Plains

Asking price: \$469,900 Lot size:.9 acre Bedroome: 4

Bothe: 2.5 Age: 9 years

Amenities: special wood shutter window treatment, view of golf course, ceiling fans, custom Roman tub, lighted tile shower, pedestal sink,

hardwood floors, unfinished wine celler, water softener, smoke alarms. Heating/cooling: gas, fired forced air heat/central air conditioning

Taxes: (1992)\$10,541 Open house: Through Coldwell Banker Schiott, Westfield, 233-5555.

Be careful when choosing remodeler

other eastern seaboard states recently, thousands of homeowners are seeking relief for their windand rain-damaged homes. The natural tendency in such situations is to get the house repaired as quickly as possible and to accept the proposal offered by the first contractor on the scene. Unfortunately, this scenario also sets the stage for "rip-offs" by a minority of "con-tractors" who prey upon consumers in such situations. Avoiding problems is easy if some straightforward, common sense steps are followed.

The remodeler you select will depend on the size of the project. A major house rebuilding demands a greater degree of design talent and overall technical expertise than a simple installation of replacement mate? windows. Remodeling professionals run the gamut from carpenters and siding installers to full-scale remodeling firms, capable of handling a large, complicated construction job involving many trades, etc. Some remodeling firms specialize in insurance repair work, although most reputable contractors can also handle work in this regard.

Principal sources for locating remodeling contractors include friends, neighbors, realtors, lenders, local Home Builder Associations/Remodeler Councils, and the local Home Owners Warranty Program office.

Once a list of contractors has been obtained, the next step is to speak with at least three remodelers. Ask them questions related to price, timetables, past experience, interest in your project, and credentials (eg., are they members of a trade association or insured warranty program?). Make sure contractors being considered have workman's compensation and other liability insurance coverage.

With the devastating nor easter Ask what sort of warranty the rethat pounded New Jersey and modeler offers. Is it an insured warranty (such as the HOW Remodelers Warranty/Insurance)?

It is of critical importance to obtain the names, addresses and telephone numbers of several recent references from each remodeling contractor under consideration. If possible, go see the work that was completed. In any event, ask these important questions:

• Was the work done on time?

Were delays with good reason? Did the workers conduct themselves properly?

· Were the materials and workmanship as specified?

 Did all work pass the first inspection?

Did the firm make timely call-

• Was the job within the esti-

• Would the customer use the

remodeling firm again?

Other sources of information about a contractor's track record include local Better Business Bureaus, municipal or county Consumer Affairs offices, the New Jersey Division of Consumer Affairs in Newark, local building officials, and the New Jersey Department of Community Affairs in Trenton. Make sure the remodeler being considered has no unresolved complaints.

When determining which contractor to select, be sure to obtain a comprehensive written proposal including specifications and quotes. Be prepared to pay a fee for this service which may or may not be credited against the project.

If an architect is being retained for design purposes, all of the aforementioned principles should again be applied.

Whether you or the architect solicit construction bids, they must be based on the exact blueprints and specs.

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SCOTCH PLAINS

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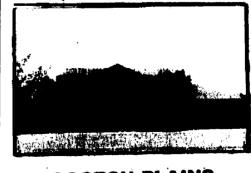
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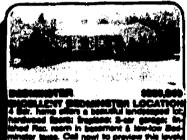
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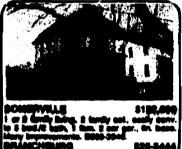
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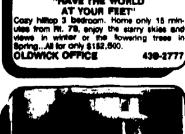
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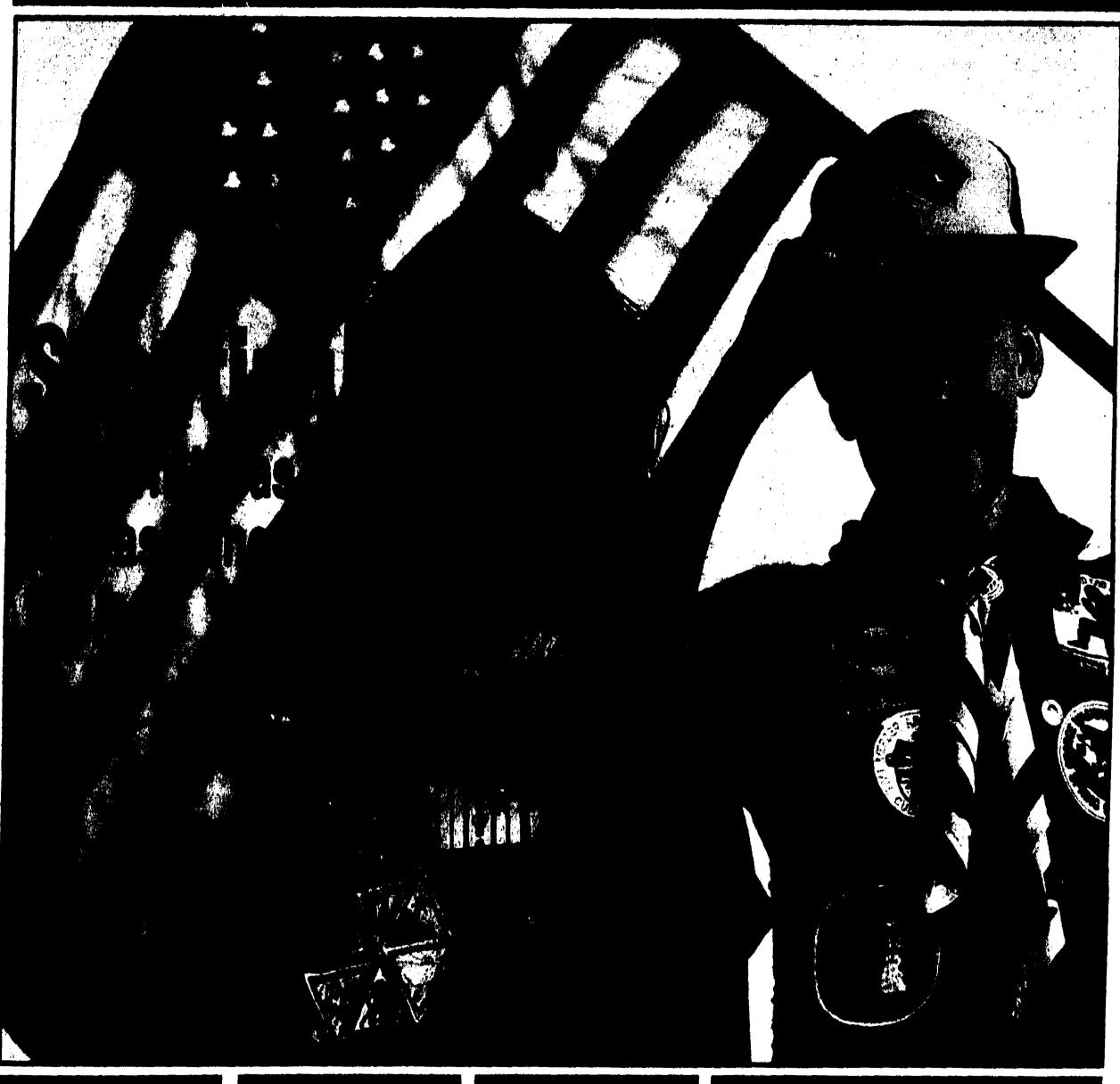


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WeekendPlus

Cover photo by Rob Paine

Brownie Jessica Stecian
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DEPARIMINES	
Cover story	4
Events	5
Movies	12
Nightlife	10
Video	7
Dining	14
DIRLCTORIES	
Advertiser index	8
Club Mix	11
Curtain Calls	9
Film Capsules	13
Galleries	
Happenings	8
Kid Stuff	
Museums	6
Singles	
Soundings	

WERKENDPLUS is a feature of Forbes Newspapers, a Division of Forbes Inc., and appears in the Hills-Bedminster Press, Somerset Messenger-Gazette, Franklin Focus, Bound Brook Chronicle, Middlesex Chronicle, New Brunswick Focus, Metuchen-Edison Review, Piscataway-Dunellen Review, South Plainfield Reporter, Highland Park Herald, Warren-Watchung Journal, Green Brook-North Plainfield Journal, Westfield Record, Scotch Plains-Fanwood Press and Cranford Chronicle. Letters to the editor, press releases, photographs and announcements of upcoming events should be sent to: William Westhoven, WeekendPlus Editor, P.O. Box 699, Somerville, N.J. 08876. The fax number is (908) 526-2509. To subscribe to your local Forbes Newspaper, call 1-800-300-9321.

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Members of Boy Scout Troop 80 in Somerville help unload over six tons of food collected for the local food bank.

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law To help other people at all times To keep myself physically strong mentally awake and morally straight

- The Boy Scout Oath



JABARI S. JONES

Scouts still know how to breed heroes

The acouts have modernized: no doubt about it. But when it comes to old-fashioned, All-American heroes and heroines. there still ian't a better place to

Take Jabari S. Jones of Somerset, who was awarded the Boy Scouts's highest special honor — the Medal of Honor - in a ceremony last month.

Jones, a senior at Franklin High School and a member of Troop 113 in Somerset, was honored for rescuing a fellow scout who fell through thin ice on a lake at Kittatinny Mountain Scout Reservation during February.

The award, according to ness and skill at the risk of the scout's own safety.

Keeping pace with the modern world

The new breed of boy and girl scouts are working together to make a difference

By WILLIAM WESTHOVEN

WeekendPlus Editor ome things never change, and others do. In the case of the Boy Scouts of America, they've done both.

Along with the Girls Scouts of America, the Boy Scouts have recognized that as the world changes, there are new and different skills required to fufill the motto Be Prepared.

"Our programs have changed dramatically as the world has, but the core concept has remained the same," said Blake Lewis, national spokesperson for the Boy Scouts of America. "To provide a program for community organizations that offer effective character, citizenship, and personal fitness training for youth."

Of course, when the Boy Scouts began in 1910, it was a very different world. Training and activity concentrated on outdoor activities that developed skills in young men with the aim of giving them a sense of enjoyment, fellowship and "a code of conduct for everyday living." These activities remain a staple of scouting, but more as a means of recreation than as a method of developing necessary survival skills.

These days, thankfully, few children need worry about shelter, warmth and hunting for food, but there are many other skills required for coping, and thriving, in modern society. Several of those skills are reflected by the latest merit badge programs instituted by the Boy Scouts — Auto Mechanics, Family Life, Medicine, and Communications.

Take Family Life, for instance, whose requirements include:

- Discussing what a family is and how the actions of one member can affect other members.
- Listing 10 reasons why you are important to your family.
- Deciding and carrying out a project around the house that would benefit the family.
- Planning and carrying out a project that involves the participation of the family.
- Discussing with a merit badge counselor how to plan and carry out a family discussion, and then carry out a family discussion including the following subjects: drug abuse; understanding the growing-up process, how the body changes, and making responsible decisions dealing with sex; and personal and family finances.

Yes, scouting is a lot more than soap-box derbies and campfire sing-alongs these days.

"When I was a scout, I saw a lot of typical crafts and things," said Mary Ellen Comollo, leader of Cub Scout Bear Den 4 in Montgomery, which includes her son, Drew. "A lot of the activities these days are designed more to teach self-motivation and independence. They collect their own dues and take their ow attendence at meetings, even on the Cub Scout and Brownie level. I think it helps. The kids are involved with decision making and making decisions in groups. They are very involved with organizing trips, figuring the cost and raising the funds. With adult guidance, of course."

Comollo, whose daughter, Maren, is a member of Girl Scout Junior Troop 15 in Montgomery, also observed that service to the community is a much bigger priority with both the Boy and Girls Scouts than when

A B A BAR STONE WITH THE STORE OF THE STORE

she was a scout herself.

"We've collected food and made meals, we help the rescue squad with drills, things like that," she said.

"We try to organize a service activity every month or so," said Jo-Ann Stecian, leader of Service Unit 10 of Brownie Troop 256 in the Bound Brook area. "I think it's good for the kids. It helps them to feel good about themselves when they are helping others."

The increase in service activities among scouting organizations is not only a humanitarian one, but a practical one as well.

"A few years back, we started the formation of something we called the 'Unacceptables,' " said Lewis. "We looked at our resources — we have 51/3 million registered members and adult volunteers — and committed them to five major issues; homelessness, hunger, drug abuse, child abuse and unemployment. These are issues that concern not only the scouts, but all of society, and we want to invest our significant resources to eliminate them from society.

All of which has helped the scouts to reaffirm their position in the '90s as a significant force in society.

"I think there was a real waning of interest is scouting in the '60s and "70s," said Comollo, "But as a parent, I see a resurgance now of interest both among the kids and the parents."



DARYL STONE/WEEKENDPLUS

Brianne Hickey, Michelle Buontempo and Jillian Widdows of Brownie Troop 665 sing songs at a park ceremony honoring the Girl Scouts of Cranford

VENTS

The big deal about 'Small Art'

Local artists present their own works at B. Beamsderfer Gallery

special exhibition beginning Thursday, Jan. 7, at the B. Beams-derfer Gallery in Highland Park.

The show, titled "Small Drawings," carries a theme of "drawings as works and ideas." It was conceived to display a representative sample of diverse approaches contemporary artists use, whether the small drawing format is intended as a finished product or as a step in the creative process of conceiving another work.

Historically, drawings and sketches have been narrowly defined by their technique of mark-making or medium, but modern artists can also define drawings as the process of image-gathering, a way of concretizing expression or thought in visual terms, or as experimentation in other media or content.

"Small Works" can also provide insight for the viewer into a detailed look at the artists' process.

The show includes artists representing a variety of media and vocation, including photographers, sculptors, ceramicists, filmmakers, musicians, teachers, critics as well as both graphic and fine artists.

The juried show is curated by Bob Paige, co-founder of A.R.T. (Artists Representing Themselves); Deborah Pohl, a recipient of a fellowship by the State Council of the Arts; and Evan Brownstein, owner and director of the B. Beamsderfer Gallery.

The artists include Ruth Borgenicht on Highland Park, Donald Bruno of Edison, Katherine Bruce of Princeton, Lenore Duensing of Milford, Cynthia Edwards of Somerset, Pam Farrell of Branchburg, Colleen Frendak of Basking Ridge, Diana Gonzalez Gandolfi of Highland Park, Joan Hierholzer of Pittstown, Joan Juliet Labette of Middletown, Robert Mahon of Stockton, Glenn Mason of East Brunswick, Jeffrey Mason of Cranford, Robin Middleman of Roosevelt, Aydan Ozalp of Edison, Patricia Rosenblad of North Brunswick, Andrea Schwartz of Cherry Hill, Jude Schwendenwein of Hightstown, Coleen Tyler of Highland Park, Felicia Van Bork of Highland Park, Frank Zeretski of Edison and Paige.

A reception, open to the public, will launch the show Sunday, Jan. 10, 1-5 p.m. The show will continue through Feb. 11 during regular hours at the gallery, which is open Mondays, Tuesdays, Wednesdays, Fridays and Saturdays, 10 a.m.-5 p.m.; Thursdays 10 a.m.-7 p.m.; and by appointment.

SMALL. DRAWINGS, Jan. 7-Feb. 11 at B. Beamsderfer Gallery, 6 North Second Ave., Highland Park. (908) 249-6971.



JACK ABRAHAM/WEEKENDPLUS

"Portrait of Alice Aycock," a pen and ink drawing by Robin Middleman of Roosevelt, is part of the "Small Drawings" exhibtion that debuts Thursday, Jan. 7, at the B. Beamsderfer Gallery in Highland Park. The show, which features the works of more than a dozen local artists, will continue through Feb. 11.

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Open during library hours.

*Cornic books from the Dan Goulding collection, through Jan. 30.

*Oil paintings by Vincent Gross, through Jan. 30.

A.J. LEDERMAN FINE ART
309 Court St., Hoboken
(201) 659-3570
Thursday and Friday from noon-7
p.m., Saturday and Sunday from
noon-5 p.m. Also open by appoint-

ment.

*"The Gift of Art," affordable art

and crafts, through Feb. 14.

HOWARD MANN ART CENTER

45 North Main St.

Lambertville (609) 397-2300 Wednesday through Sunday from noon-5 p.m. •Childhood "Joys of the Season,"

through Jan. 17.

MORTIMER GALLERY
GM St. Bernard's School

St. Bernard's Rd., Gladstone (908) 234-2345 Open to the public Thursday and Sunday from 2-4 p.m. "Retrospective of Marion Mader, Jan. 7-March 3. Gallery talk by Michael Bzdak at 2:30 p.m. Jan. 10; reception from 3:30-5:30 p.m. Jan. 10.

NEW JERSEY CENTER FOR VISUAL ARTS 68 Elm St., Summit (908) 273-9121 Monday through Fric p.m., Saturday and

Monday through Friday from noon-4 p.m., Saturday and Sunday from 2-4 p.m. Closed Jan. 18. Free admission.

 "Editions IV" of works by women artists, through Feb. 4.
 Large-scale pastals by Grace Graupe-Pillard, Jan. 16-March 21.
 N.J. DESIGNER CRAFTSMEN

65 Church St., New Brunswick (908) 246-4066 Monday through Saturday from noon-6 p.m. Free admission. •Works "In Search of Excellence," Jan. 16-Feb. 27. Reception from 4-

6 p.m. Jan. 16.
PALETTE PLACE
ART GALLERY

103 Bayard St.
New Brunswick
(908) 545-8833
Tuesday through Friday from 4-8
p.m., Saturday from 10 a.m.-2 p.m.

*Juried exhibition of black-and-white
art, through Jan. 23.

QUIETUDE GARDEN GALLERY
24 Fern Rd., East Brunswick

(908) 257-4340

Open by appointment only.

*Sculpture of "Winter Wonders," through Jan. 31.

RIDER COLLERE
Student Center Art Gallery
Route 206, Lawrenceville

(609) 896-5327
Monday through Thursday from noon-2 p.m. and 6-8 p.m.; Friday through Sunday from 2-5 p.m. Free admission.

*Trenton Artists Workshop Association show, through Feb. 7.
ROSELLE PUBLIC LIBRARY

104 West Fourth Ave., Roselle (908) 245-5809 Open during library hours. *Raritan Center archeology excavation, through Jan. 30. TUCKER ANTHONY

100 Nassau St., Princeton (609) 924-0314 Open during office hours. •Black-and-white photographic "Gargoyles" by Wink Einthoven,

through Jan. 29.
WATCHUNG ARTS CENTER

18 Stirling Rd., Watchung (908) 753-0190 Tuesday-Friday and Sunday from 1-4 p.m., Saturday from 11 a.m.-4 p.m. Also open during intermission of concerts.

"Westfield Art Association members' show, Jan. 10-30. Reception from 1-4 p.m. Jan. 10.

Aquarium

1 Riverside Dr., Cemden (609) 365-3300 •Seals, sharks, and other wonders of the water. Open every day from 9:30 a.m.-5:30 p.m. Closed Jan. 18. Adults \$8.50, senior citizens and students \$7, children 2-11 \$5.50, children under 2 free; parking \$4-\$7. Group rates available. Directions: N.J. Tumpike to Exit 4, then I-295 South to I-676 North.

Stargazing

NJ. STATE MUSEŲM

205 West State St., Trenton (609) 292-6333 "'Laser Drive 3-D," laser light show w/holograms, Fridays, Saturdays, and Sundays, Jan. 23-March 28. Admission \$6.50, discounts avail-

RARITAN VALLEY
COMMUNITY COLLEGE

able; call for showtimes.

Route 28, Branchburg (908) 231-8005 Adults \$4, senior citizens and chil-4ren \$3.50. ""Life Beyond Earth," 7 p.m. Friday

and 2 p.m. Saturday, Jan. 8-Feb. 6. e"The Magic Sky," 1 and 3 p.m. Saturday, Jan. 9-Feb. 6.

Mark your

calendar

Museums

MUSEUMS THE ART MARKET Princeton Links

(000) 286-3786 Tuesday through Saturday from 10 a.m.-5 a.m., Sunday from 1-5 p.m. Free admission. Westom European pointings, sculpture and decorative art from 19th and 20th centuries; also are-Columbian art and art of the Americas. elitation by Suzy Freiinghapson and Goods L.K. Morris,

through Jan. 24. o"The Art of Holy Russia," through Poli. 7. SAMP PLUE YEARS, TAVE Johnson Park River Rd., Placetoway (906)-463-8077 Village gerng 18th combay structures set

near the headquarters of the county park police. No tours offored at present. Gift shop closed until further notice. DIOCH IMPONE

Main St., West Orange (201) 736-8060 Wartshop with Inventions of Thomas Alva Edleon, Osen way day from \$ a.m.-5 p.m. Closed Jan. 18. Adults \$2, children and senior citizens free. How Edison calabrated Christmas at Glenmont, through Jan.

CREAT SWAMP OUTDOOR EDUCATION CENTER

247 Southern Styd., Chetham (201) 635-6629 Open every day from 9 a.m.-4:30 p.m. Registration required

for programs. ellow see is collected from trees, 2 p.m. Saturday and Sunday, through Feb. 28. oblight hills in the Great Swamp, 7 p.m. Jan. 14. •Works by James Powles. through Jan. 31.

DIEAGE CONTOR 300 Somerast St. New Brunswick (908) 846-5777 Tuesday through Saturday from 11 a.m.-4 p.m. "Budecest 1900: In Photograche," through Jan. 31. MAIN STREET

ANTIQUE CENTRE 148 Main St., Flornington (908) 788-6787 Antiques and collectibles from two consuries. Delly (except Tuesday) from 10 a.m.-5 p.m. Free admission.

METLAR HOUSE 1281 River Rd., Mecateway (900) 463-4363 Pleaseway Township historic museum, with permanent arhibition of life in the town's early days. Thursday through Satunder from noon-5 p.m., Sunday from 11 a.m.-4 p.m. IDOLISED COUNTY MUSEUM

Cornelius Low House

1225 River Rd., Piscataway (908) 745-4177 Daily (except Monday) from 1-4 p.m. Free admission. ""Echoes of a Storyteller," legends, mythology, and games of New Jersey, through July 18. MILLER-CORY HOUSE MUSEUM 614 Mountain Ave., Westfield

(908) 232-1776 Restoration of 18th-contany New Jersey house. Open Sundays from 2-5 p.m. beginning Jan. 10. ofigures made from combusins,

Jan. 10. التقليبة برايو Braciulate Community College Nauta 520, Lineralt (908) 747-2266 Main galleries agen Tuesday through Saturday from 10 e.m.-4:30 p.m., Sunday from 1-5 p.m. Becker Children's Wing open to the public delly (except Monday) from 2-4:30 p.m. Free admission for membors, Non-marrier admission:

adults \$2, senior citizens and children \$1.50. elfustrations by Tornio dePecie. through Jan. 17. "The First Eve," how children see the world in art. through Jan. 31.

entclair ailt mucchi 3 South Mountain Ave. Montdeir (201) 746-5555 Tuesday, Wednesday, Friday, and Saturday from 11 a.m.-5 p.m.: Thursday and Sunday from 1-5 p.m. Free admission for members. Non-member admission: adults \$4, senior citizens and students \$2, children free. Free admission for all on Saturday.

Paintings by Darlo Suro, Robert Estopinan, and Juan Sanchez, through Jan. 10. Releted symposium at 1 p.m. Jan.

""Anatomy of a Painting" by

John George Brown and William Monte Hunt, through Jan, 17. e"Serech-Borrernini," art forms done naturally by Vera Mensi-School, through Jen. 17, Geltery talk at 3 p.m. Jan. 17. Paintings by Reginald Marsh, through Jan. 24. Paintings of seasons by Robert Kuehner, through March 7. elmmissent artists from Smitert to the present, through March 28. Gallery talk by Alajandro Anreus at 3 p.m. Jan. 24. officine indign art from the museum's collection, through June

27. & Hormandy Holights Rd. Morristown (201) 539-0454 Monday through Solurday from 10 s.m.-5 s.m., Sunday from 1-5 p.m. Free admission for members. Non-member admission; adults \$4. manier citiauns and children \$2. Permanent gallery exhibits: dinoscure, the entimets. The sonses (for children 3-5), marrimale, model trains, history, North American Indians, Woodland indians, rocks and miner-

•New Jersey guilts from 1777-1960, through Feb. 14. Lectures at 1, 2:15, and 3 p.m. Jan. 9; reception from 6-8 p.m. Jan. 9. MUSCUM OF EARLY

trades and crafts 9 Main St., Medison (201) 377-2982 Exhibits portray the role of crafts people in the 18th and 19th centuries. Tuesday through Schurdey from 10 a.m.-4 p.m., Sunday from 2-5 p.m. Free admission for memhers. Non-member admission: adds \$2, children \$1.

N.J. AMOUBON SOCIETY 11 Hardacrabble Rd. 1000 706-5707 Nature walks (free admission),

8 a.m. Fridays and Saturdays. ething hills in the senctuery, 7 a.m. Jan. 9. Members \$5, nenmembers \$7; bring fleshights. ALI, CHILDREN'S MÜĞ

500 Industrial Ave., Paremus (201) 202-5151 Fentagy costle, a 50s fire ondine, and more orbible for tide to touch. Coon every day from 9 a.m.-5 p.m. Admission 90 weekdays, \$7 weekends; childrain under 1 year old free. Group rates available. steam and oridami, Jan. 9, 10. Martin Luther Hing colobration. Jan. 18, 17. shiedel trains, Jan. 23, 24.

NJ, HISTORICAL SOCIETY 230 Broadway, Newark (201) 483-3639 Wednesday through Friday from 10 a.m.-4 p.m., third Saturday of the month from 10 s.m.-4 p.m. Closed Jan. 1. Guided tours by appointment. Admission free for society members, \$3 for non-members. e"Tender in Years," childhood In 19th-century New Jersey, on-

NJ. STATE MUSEUM 205 West State St., Trenton (609) 292-6464

Tuesday through Solution from 9 a.m.-4:45 p.m., Sunday from noon-5 p.m. Clease Jan. 18. Free admission. "Wooded Around the World." through Jan. 31.

offectors by Ben Shehn, through Feb. 7. e"Chiesopher Columbus and the Age of Exploration," through Morch 7.

NIANK MACELIAN 40 Washington St., Honork (201) 986-6680 **Wednesday through Sunday** from noon-5 p.m. Closed Jan. 18, Free admission. Largest museum complex in the state. Permanent auhibite include "Mrice-The American-The Pacific," "Design in Notice American ttle," "American Painting and Sculpture," Numiematic Callory, Asian Gallaries, Ballantine House and the Mini-Zoc. "Chinese "Court Cockense of the Calculat Hindom," through Jan. 3. "Stagging Into Ancient Egypt," through Dec. 1903.

CLD ENTINAINS INVOCAN Barnck St., Transan (609) 305-1776 Revolutionary War muteum. Tuesday through Saturday from 11 a.m.-5 p.m., Sunday from 1-5 p.m. Adults \$2, senior citizens and students \$1. children under 12 50 cents. **CORONI-CANNONBALL HOUSE** Front St., Scotch Plains

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UNIVERSITY MUSEUM Fehr Hell, South Orando (201) 761-9543 Monday through Friday from 9 a.m.-8 p.m., Saturday from 9 a.m.-4 p.m. Free admission. ·Britist on the Lenace Indiana tem 10,000 S.C.-A.D. 1756,

andbing. MALLACE MONEY 38 Weshington Pl., Sementile (909) 725-1015 Googs Washington's headsupriors when he was stationed in Somerville in 1778. Open Wednesday through Saturday from 10 s.m.-5 p.m., Sunday from noon-5 p.m. Free ad-

mission. LINE VOORNEES SMARTLE ART MURALIN

Rutairs University Hemitton St., New Brunswick (908) 932-7237 Tuesday through Friday from 10 e.m.-4:30 p.m., Saturday and Sunday from noon-5 p.m. ""Focus x 4" university collections, through Feb. 21. "Expression Abstracted," heads painted by Vincent Pepi, Raiph Resemborg, and Sai Sirugo, through Feb. 21. "New Works on Pager,"

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SWF— 42, mother of 2 Infants, looking for tall (appex. & ft.) semi-everweight SWM, to enjoy each other, dieting, movies, & other things forty something does. must be educated, employed, winice personal-ity, Drug/alcohol FREE!! Not afraid of commitment, if this sounds good to you then call ěx1.4274

SWM- 22, 5'9", black hair, brown eyes, self employed, stable, great sense of humor, interests include: music, movies, sports, weekend geta-ways. In search of SWF, 18-24, non-smoker with similar interests. Please reply to Ext. 3324.

SWF-38, down to earth beautiful, wavey, light brown, shoulder length hair and brown eyes. S' S', larger frame but not obees, a singler, attractive, likes eaching, staying horse for a quiet evening w/s mevie or going out. Werks diff.hours but kind of a diff.hours but kind of a night swil. Looking for a sincers, honest, \$/DWM, kide ok, 3045 who knows how to treat a lady, 5' 10" and over, average or solld larger frame, who wants a one on one relationship. No head games please. Only serious minded callers need call-ext 3806.

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SWM- 32, 6'1", 190 lbs., brown hair, green eyes. Attractive, college educated professional, with a sense of humor, & a variety of interests seeks a pretty SF, 25-35, for friendship & eventu-ally relationship. Must be flexible & willing to build a relationship based on trust & mutual respect. please respond for futher details ext.4277

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Just wild about Shari

Shari Lewis is reaching a new generation

By JEFFREY COHEN WeekendPlus Film Critic

ame a TV personality who's the executive producer and creator of her own show, works with a member of her family and asks more from her audience than just passive viewing.

No, it's not Roseanne Arnold. It's Shari Lewis.

Yes, that Shari Leas. The one you remember from your childhood, with Lamb Chop, Hush Puppy and Charlie Horse. And she's back, mesmerizing a whole new generation of preschoolers, with a PBS series, Lamb Chop's Play-Along, that shows every morning at 8:30 a.m. on Channel 13 in this area.

Now in her late 50s. Lewis refuses to stand still. Her show, which involves her concept, often her writing, her singing, her dancing and her ventriloquism, along with producing chores, invites - no, demands - her young audience participate, not just sitting on the couch and letting the whole thing happen.

"I look into the camera and ask the children to do something along with me," Lewis explains. "I just communicate across that TV camera. I'm just simply good at that."

Indeed, the show often asks its audience to sing along, to respond and help tell a story, to get up and dance, to tell a joke and to use household items to make toys and games for those few hours when Play-Along. isn't on the air. The amazing part is how successfully it brings the youngest viewers in.

For many parents, the show also allows them to share a piece of their childhood with their children. Lamb Chop, the perpetually three-yearold puppet bearing an eerie resemblance to a sock with eyes, is practically a national treasure. And the lightning-fast repartee among the characters, almost all of whom share Lewis's voice, is still funny for grownups as children listen to the story.

"If the parents sit down and watch TV with the kids because they're not bored, they'll learn a lot about their kids," Lewis explains. "I'm very careful not to limit the age range to pre-schoolers, because there are children in grade school or whatever who might watch and be fascinated by the games or the jokes."

The key is getting children to do something other than act as couch potato. While Lewis has complimentary words for many of her TV colleagues, she felt that the audience was not being prodded to participate, but to memorize. Lamb Chop is her answer to that.

"We knew we wanted to use audience participation when we started the show," said Mallory Marcher, senior writer on Lamb Chop and also, by coincidence, Lewis's daughter. "We prefer to use the term 'stimulate." When you do it right, you're using television at its best. Ninety-five percent of the show uses some sort of participation, and the other five is jokes we hope the children will tell someone after the show's over."

Lewis approached PBS with the idea for a children's show two years ago, and was given the go-ahead after securing financing from a Canadian production company, Paragon Entertainment. Lamb Chop began airing a year ago, and is now starting its second season with 35 new shows that will be added to the original 30.

But Lewis, with amounts of energy that would leave people half her



Shari Lewis and her pai, Lamb Chop, are back on the air with a new children's show, Lamb Chop's Play-Along, which is seen locally on PBS (Channel 13).

age in the dust (it's no wonder she wants children to participate in her show; she's constantly participating in something), doesn't stop with the daily PBS show. She makes countless personal appearances (recently riding a float in the Macy's Thanksgiving parade), has written for other television shows — including "The Lights of Zetar," a classic Star Trek from 1968, for you trivia buffs — and conducts symphony orchestras. When she's not entertaining at the White House.

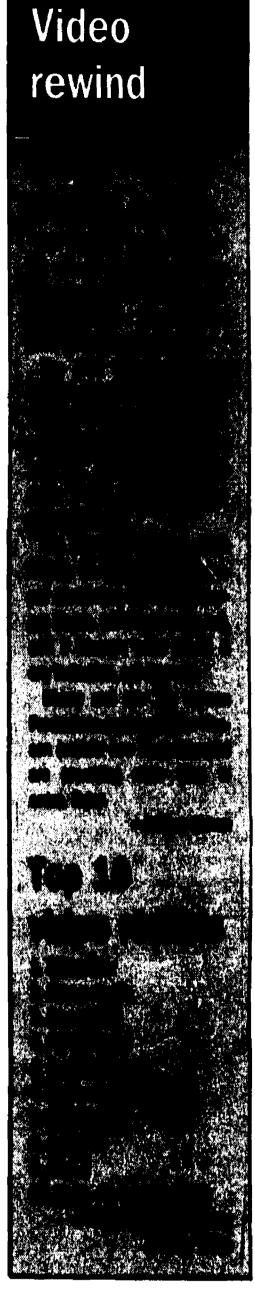
She also puts out videocassettes for children, which regularly win awards, and has collected seven Emmys since 1957. She's written 51 books, made records, danced and sung on the Las Vegas stage; whenever someone told Shari Lewis she couldn't do something, she simply found a way around them and did it anyway. But Play-Along is the show she devotes most of her time and boundless energy to producing. it's clearly what she's been building toward for a number of years, and now that it's a reality, the response has been enough to bring Lewis back to her days on The Shari Lewis Show in 1957, after introducing Lamb Chop on Captain Kangaroo.

"We can't go out to the mall now without hearing 'Shari Lewis, Shari Lewis!" says Marcher. "You see the little kids riding on their fathers, shoulders and pulling their hair to get a better look at Shari."

It is Lewis herself who gets the show and its response into the best perspective, never taking more credit or displaying more ego than is absolutely necessary. And if she ever does start getting a little heady on the adulation of 3-8-year-olds and their parents, life is bound to give her a reality check.

"I was in a mall not too long ago and a woman came up to me, very excited." Lewis recalled, "She ran up and looked me striaght in the eye and asked, 'Are you the original Shari Lewis?' "

She starts to laugh, and you'd be comfortable leaving your child with this woman. At the very least, for 30 minutes a day.



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Wayne Manor Route 23, Wayne (906) 247-1093 •New Jersey's largest stamp show, 11 s.m.-6 p.m. Jen. 8, 10 s.m.-5 p.m. Jen. 9, 10:30 s.m.-4:30 p.m. Jen. 10. Adults \$2, children under 12 free.

MANTIC CARD, COMICS, AND COLLECTIOLES SHOW Congregation Anshe Cheesel Route 27, Linden (908) 486-8616, 925-8220 Exactly what it says, 10 a.m.-4;30 p.m. Jan. 10. Admission

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«Planning for kids" summer excursione, noon-4 p.m. Jan. 17.
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AND COMICS

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Hadley Rd., South Plainfield

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The Jersey Central Train Show and Sale pulls Into the Days Inn Coachmen Restaurant in Cranford Sunday, Jan. 10.

Kid Stuff

CINDERELLA

Sunday, Jan. 17; 1, 3:30, and 6 p.m. Theatre at Reritan Velley Community College Route 28, Branchburg (908) 725-3420 •Musical portrayal of Cinderelle, In Cherming, her Ugly Stepsisters, as

•Musical portrayal of Cinderella, her Prince Charming, her Ugly Stapaieters, and her Fairy Godmother. Admission \$6. THE SHOW QUEEN

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Hens Christian Anderson

*Hens Christian Andersen's fairy tale, told with puppers. Admission \$5. STRAIGHTEN UP AND PLY REGIT Seturday, Jan. 9.

11 a.m. and 1 p.m.
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MALIAN LESTING

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Thurs., Feb. 4
- Westfield YMCA
Wed., Feb. 3
- Metuchen-Edison
YMCA
Wed., Jan. 27
- Middlesex County

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Thurs., Feb. 11

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Natasha's Stars

ARIES (March 21-April 19) Now that you're finally reaping the harvest of your efforts at work, it's time to consider a much-needed vacation. Even a weekend getaway would go a long way toward recharging those creative batteries.

TAURUS (April 20-May 20) You may find it difficult this week to figure out what's motivating certain people's actions. Don't let this get you down. All will be clear very soon. In the meantime, try to have a relaxing, donothing weekend.

GEMINI (May 21-June 20) Romance is in the stars for you this week, whether single or attached. Take full advantage of this. Let your imagination go, and indulge all those naughty fantasies. Your partner will be more than willing.

CANCER (June 21-July 22) It's time to move out of the play mode and get back to reality. Take care of all that unfinished business waiting for you at work. If you don't, you'll find yourself working into the weekend.

LEO (July 23-August 22) This is a good week for youto take stock of your physical needs. A bit more exercise wouldn't hurt, and it would be wise to pay attention to your diet. You've been a bit negligent in that area since the holidays.

VIRGO (August 23-September 22)
While it's "back to the drawing board"
time for you, you will find yourself
feeling invigorated by the challenge.
As a result, you'll be burning that midnight oil. A loved one may disapprove,
but all your work will pay off.

LIBRA (September 23-October 22)
Family and friends will be impressed with how well you handle some minor disappointments. By the end of the

week, everything will be looking up once again, leaving you refreshed and relieved for the weekend's socializing. Accept invitations out, and enjoy.

SCORPIO (October 23-November 21) Last week, it seemed you couldn't do anything wrong if you tried. This week, events don't flow quite so smoothly. However, you're up to the challenge and find creative ways of handling it. Rest up this weekend.

SAGITTARIUS (November 22-December 21) The time for lying low is over. Others will look to you this week for the answers, and you'll be able to provide that much-needed leadership with your innovative approach. Higher-ups take notice, and a financial bonus could very well be in your future.

CAPRICORN (December 22-January 19) The beginning of the week will find you somewhat lethergic, and a bit down. However, toward midweek, things will once again be looking up. Even better, by the weekend, you will be positively beaming. Go out and party this weekend. You deserve

AQUARIUS (January 20-February 18) You're going to have to resist the temptation to fly off in a million different directions this week. A problem at hand will require all your energy and concentration. Let that brilliant Aquarian mind do its best stuff.

PISCES (February 19-March 20) You are not aware of it, but a loved one is not pleased with your tendency toward picky criticisms. Think carefully about this, and you will find some of your critiques are unjustified and blown out of proportion. Spend the weekend making up hurt feelings.

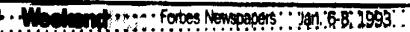
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WeekendPus

Curtain calls

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New Brunswick

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(908) 755-4654

of a Rosa Guy mystery adapted for

*Extremities, Drama about a woman

who imprisons a man who attempts

to race her. Jan. 8-17. Admission

•King of Schnorrers, musical about the Sephardic king DeCosta in London in 1791, Jan. 12-17, Admission \$30, \$25; group rates

the stage by Ruby Dee. Jan. 17-

Feb. 21, Admission \$30-\$18.

EDISON VALLEY PLAYHOUSE

\$12, discounts available. MAURICE LEVIN THEATER

Jovish Community Conter of Metropolitan New Jersey

760 Northfield Ave. **West Oranda** (201) 736-5029

available.

MICARTER THEATRE

(609) 683-8000

RIDER COLLEGE

admission.

(609) 896-5303

91 University Pt., Princeton

•Gulf War and Black, two one-act

mission \$25-\$20. Benefit tickets

*The Meeting of Malcolm X and the

Rev. Dr. Martin Luther King Jr., de-

picted by Jeff Stetson, Student Cen-

ter Theater, 2:30 p.m. Jan. 19. Free

Two plays, Just Friends by William

Amadio and Fool for Love by Sam

Sheperd, Fine Arts Studio Theater,

Jan. 20-24. Admission \$5.

SAMPSON G. SMITH SCHOOL

1649 Anwell Rd., Somerset

(908) 214-1065, 828-0968

*The King and I, Rodgers and Harn-

merstein's musical taken from Anna

and the King of Slam. Jan. 23-Feb.

14. Admission \$12 Saturdays, \$10

Sundays: discounts available.

200 Liberty Corner Rd., Warren

transformed to a dinner theater

SCAMERGET HULLS HOTEL

(908) 647-6700

\$75, \$50; includes reception.

Route 206, Lawrenceville

plays by Joyce Carol Oetes in a staged reading, 8 p.m. Jan. 23. Ad-

2196 Oak Tree Road, Edison

Alexandra O'Karma is part of the impressive cast of Don't Dress for Dinner, a comedy from London running through Feb. 7 at the Paper Mil Playhouse in Miliburn.

NOW PLAYING EDISON VALLEY PLAYHOUSE

2196 Oak Tree Rd., Edison (908) 755-4654 "Extramities, William Mastrosimone's drame of a woman taking revenge on the man who raped her. Jan. 8-17, Adults \$12, senior citizens and students \$10.

BORGE STREET PLAYHOUSE

9 Livingston Ave. New Brunswick (908) 246-7717 Soine, drame written and directed by Bill C. Davis, Through Jan. 24. Admission \$30-\$16. HUNTERDON HILLS PLAYHOUSE

Route 173, Hemoton 1-800-447-7313 *Pleas Suite, comedy by Neil Simon, Through April 6. Group rates available; call for prices.

5 South Greenwood Ave.

•Graucha: A Life in Revue of "the

one, the only" Marx brother. Jan. 8-Feb. 13. Admission \$17.25 Saturdays, \$15.75 Fridays and Sundays.

PAPER MILL PLAYHOUSE Brookside Dr., Millburn (201) 376-4343 Don't Dress for Dinner, Marc. Campletti's comedic menage a trois. Through Feb. 7. Admission \$41-\$26.

PLAYHOUSE 22 210 Dunhams Comer Rd. **East Brunswick** (908) 254-3939

•1940s Radio Hour, musical set in radio days of yore. Through Jan. 10. Admission \$12, discounts available.

COMING UP

CIRCLE PLAYERS 416 Victoria Ave., Piacataway (908) 968-7555

•All My Sons, Arthur Miller's drama about life in America after World War II. Jan. 15-Feb. 6. Admission \$10, discounts available

SOMERSET VALLEY PLAYERS Amweil Rd., Neshanic

(908) 369-7469

*The Disappearance, world premiere Beyond Therapy, Christopher Durang's corredy of a woman dating a boyfriend who has a boyfriend. Jan. 22-Feb. 14. Admission \$11 Fridays and Saturdays, \$15 for two tickets

> Sundays. STATE THEATRE

19 Livingston Ave. New Brunswick (908) 246-7469

The Music Men, Meredith Willson's musical about the good people of River City, 3 and 8 p.m. Jan. 16. Admission \$37-\$23.

VILLAGERS THEATRE

475 DeMott Lane, Somerset (908) 873-2710 "A Few Good Men, Aaron Sorkin's court-martial drama on which the movie is based, Jan. 15-Feb. 7. Admission \$12.



See the movie, see the play. The stage version of A Few Good Men will be presented at the Villagers Theatre in Somerset Jan. 15-Feb. 7.

Stage right



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on



Nasty business

But the blues still beckon Nasty Ned and the Famous. Chili Dogs

By WILLIAM WESTHOVEN WeelendPlus Editor his blues thing, it's been going on a long time for Nick Petti. Better known as Nasty Ned, he of Nasty Ned and the Fa-

mous Chili Dogs, blues are a consuming passion he's sacrificed a lot for - time away from his family, long, lonely hours on the road and sweating through three sets a night on the dimly-lit stages of roadhouses and juke joints.

But such is the stuff that blues legends are made of, and Petti is hopeful — no, make that confident — that sooner or later, his stuggle wil be rewarded.

"I don't want to sound arrogant, but this band is going to make it," he said. "It has to."

And you know, it just might. After all, the blues are enjoying a renaissance, and while many of the old blues masters are reaping the rewards, many new, young bands have also taken the blues to the bank.

But Petti, whose current band recently celebrated its fifth anniversary, isn't a recent convert. "I've been listening to Muddy Waters and Howlin' Wolf since high school," said Petti, who graduated from Middlesex High School in 1970 with Chili Dog guitarist Lee Fink.

After graduation, Petti, who sings and plays harmonica, and Fink could be found on numerous occasions jamming in Mountainview Park in Middlesex, and eventually joined the same band, Shadofax (not the current band of the same name). Later, Petti and Fink formed the "R" band, which made a name for itself on the local club scene in the late '70s, but a case of wanderlust prompted Petti to leave the band and seek out other employment opportunities in the music business, working as a road manager for national touring bands including the early punk rock favorites the Tuff Darts.

He returned to the area in 1981, and after a brief flirtation with country music, finally embraced the blues as his vocation. "It was a natural progression; I had always loved the blues and had to address that," he said.

Even if you aren't a music fan, the name of Nasty Ned and the Famous Chili Dogs may spark a glimmer of recognition. That's because he borrowed the name from his business — a hot dog van, parked on **South Avenue** in Middlesex next to Richie's Tire Service.

"When I came back, I worked that stand for a living," said Petty. "Around the same time, Lee (Fink), who was always into the blues, too, and I decided to start a blues band. The only thing I can't figure out is why we didn't do it sooner."

Finding the remaining pieces of the Famous Chili Dog puzzle proved



Nasty Ned and the Famous Chili Dogs have won over an impressive local following, but yearn to spread their modern blues sound to a larger audience. Could 1993 be the year?

problematic - "some of the other guys in the band didn't understand what we meant by the blues" - but gradually, the lineup settled in with two additional key members, bassist/vocalist Geroge Evers, who writes much of the band's original material, and drummer Richard Tulp.

They also evolved a highly original sound — a neat trick given the somewhat limited structure of rhythm and blues. Their self-produced tape, A Storm is Coming, is a cornucopia of influences ranging from classic blues to modern, blues-based acts like the Allmans, J. Geils and Southside Johnny, whose resonant vocals Petti's often resemble. There's even a hint of reggae thrown in for good measure.

These days, the band enjoys a loyal local following. Their appearance at the Red Bull back in November outdrew every national act that has played there this year.

"We have over 500 people on our mailing list," said Petti. "We have a party when we play; we become one with the audience. They reach out to us, we reach out to them, and the next thing you know, we're on the tables and they're on the stage."

But a national spotlight and record deal have eluded them, although the band hopes to begin a new recording early this year.

"I don't know what it is; we're like the black sheep around here," Petti observed, "We don't seem to get the best gigs, and even when we get our name in the paper, they don't even get our name right (that's the Famous Chili Dogs, editors).

"But I'm telling you, this band is gonna make it. We're believe in what we're doing and we're very determined. You know, with all due modesty, this is a great band. When Lee rips into a solo, people's eyes start popping out of their heads."

Until they do, however, local music fans can have Nasty Ned and the Chili Dogs all to themselves. You can catch them at T.J.'s Hideaway in South Plainfield Friday, Jan. 9 (668-1020); at Zupko's in Dunellen Saturday, Jan. 9 (968-1020); Petey's in Manville Friday, Jan. 15 (685-9496); or the Exchange in Bridgewater Saturday, Jan. 23 (526-7090). And you won't even have to scalp tickets.

At least, not yet.

Listen

pade for the needy. And, as ore, bitme your own must fai office and top.

Other upcoming shave at Horisons, which holds he concerts in the followship Hell of the Shi-Mile Run Reformed Church on Route 27, include an All-Star Open Stage jam (Feb. 5) and Back Street Drivers along with Sherman, Sight and Surcivier (March 5). For more information, oal (908) 821-1324.

Club mix

ALE 'N WICH PUB

675 Bound Brook Rd.

Dunellen (908) 968-6958

•The Blue Souls, Jan. 9. BIRCH HILL NIGHT CLUB

Route 9 South, Old Bridge (908) 536-0650 Dance party, Saturdays.

Non-Fiction, Edgar Cayce, Jan.

Male revue, Saturdays, Thurs-

•The Party Dolls, Jan. 9.

BOURDON STREET CAFE Old Bay Restaurant

61 Church St., New Brunswick (908) 246-3111

Blues/jazz jam session, Sundays.

BRUNSWICK HOTEL

10 Livingston Ave. **New Brunswick** (908) 214-1717

Jazz jam session, Thursdays. CATCH A RISING STAR **Hyatt Regency Hotel**

Route 1, West Windsor (609) 987-8018 Headline comedy every night except Monday. College night, Sundays and Tuesdays. Ladies' night, Thursdays.

17.

CHARLOTTE'S 58 South Main St., Manville (908) 685-9546 Live oldies bands Fridays and

Saturdays CHATFIELD'S

273 Main St., Gladstone (908) 234-2080 ■The VooDudes, Jan. 22. CITY GARDENS

1701 Calhoun St., Trenton (609) 392-8887 95-cent dance night, Saturdays, Thursdays. Green Day, Shades Apart, Headstrong, Jan. 17.

Shudder to Think, Severin, Jan. 30.

CLUB GENE Route 35, Sayreville (908) 727-3000

Poco, Jan. 8. Larry Seth (Elvis tribute), Jan.

■The Outlaws, Jan. 15. Dave Mason, Jan. 16. ■The Whispers, Jan. 21, 22. •Gilbert Gottfried, Jan. 23. Little Jimmy Scott, Jan. 29. ■Johnny Maestro & The Brook-

lyn Bridge, Jan. 30. THE CLUBHOUSE 116 Watchung Ave., Plainfield

Rave night, Thursdays. **COMEDY BY THE CANAL** Remede Inn

Weston Canal Rd., Somerset (908) 560-9880 Live comedy Fridays and Saturdays.

CORNERSTONE

25 New St., Metuchen (908) 549-5306 Traditional jazz. ■Tom Butts-Chuck Wayne Quartet, Jan. 8. •Jed Levy Quartet w/Lynne Arnale, Jan. 9. Terry Blaine Trio w/Ray Kennedy, piano, Jan. 13.

Quartet, Jan. 15. •Harry Allen Quartet, Jan. 16. *Kenny Davern Quartet, Jan. 20, 29,

■Mike LeDonne Quartet, Jan.

•Ken Peplowski Trio, Jan. 27. Larry Ham Quartet w/Scott Robinson, Jan. 30.

THE EXCHANGE

Routes 202-206, Bridgewater (908) 526-7090 Open blues jam, Tuesdays. Nasty Ned and the Famous Chili Dogs, Jan. 9.

THE FAR SIDE 789 Jersey Ave.

(908) 247-2995 Open-mike night, Mondays. FREDOY'S 1 Mill St., Bernardsville

(908) 766-6575 Country music, Saturdays. Live comedy Sundays.

J. AUGUST'S 19 Dennis St., New Brunswick (908) 246-8028 Dance party, Fridays, Sat-

Hub City Jam, Sundays. •The Blue Souls, Jan. 8.

JACK O'CONNOR'S 1288 Route 22, Bridgewater

(908) 769-9267 ■Dan Barrett-Howard Alden **New Brunswick** Fear, The Skatenigs, Jan. 24. (Please turn to page 11)

•Gary Delena, through Jan. 10.

•Mike Sullivan-Irwin, Jan. 12-

Club mix

(Continued from page 10) (908) 725-1500 Pieno brunch w/Gladys Richards. Sundays. Lou Pompillio, Tuesdays. Willie Lynch Trio, Thursdays, Rhythm & Babe, Fridays. *Lost River Hell Cats, Jan. 9. *Wooster Street Trolley, Jan. 16. •Zeire, Jan. 23. *Spare Change (w/A.L. James), Jan. 30.

JOHN & PETER'S 96 South Main St. New Hope, Pa. (215) 862-0823 Free admission Saturday and Sun-

day afternoons. Liberty Blues Jam, Tuesdays. Mountain John, Wednesdays. *Road Runner, Jan. 8.

9, 23. *Unguided Missile, evening Jan. 9. •The Razorbacks, afternoons Jan. 10, 24,

•Trimm & Larsen, afternoons Jan.

*The Resonators, evening Jan. 10. elain Matthews, Jan. 11. •B.B. & The Stingers, Jan. 14. •The Conrads, Jan. 15.

AMERON EDONE'S 39 Route 22, Green Brook (908) 968-3338 Country music, Sundays and Wednesdays.

MANNELL'S 1039 Washington St. Hoboken (201) 798-4064

•The Barleycoms, The Seigobillies, Jan. 8. Action Swingers, Daisy Cutter, Jan.

*Gutterball (w/Steve Wynn), The Clintons, Jan. 10. ■American Standard, Luscious Jack-



Classic country rockers Poco, featuring founding member Rusty Young and guitarist Paul Cotton, will appear at Club Bené in Sayreville Friday, Jan. 28.

son, Jan, 14. mme street coppee house

First Reformed Church 9 Bayard St., New Brunswick (908) 699-0570 All shows at 8:30 p.m. •Mike Sinatra (singer-songwriter),

MINSTREL COFFEEHOUSE Somerset County Environmental Education Center 190 Lord Stirling Rd.

Basking Ridge (201) 335-9489 All shows at 8:30 p.m. •Open stage, Jan. 8. Jack Hardy, Jan. 15, ORPHAN ANNIE'S 1255 Valley Rd., Stirling (908) 647-0138 Open jam, Sundays. PLAYPEN LOUNGE Route 35, Sayreville

(908) 721-0100

•Jammy, Jan. 15. RARITAN RIVER CLUB (908) 545-6110 Dinner-dance, Fridays. Live comedy, Saturdays. RED CAFE **Best Western Red Bull Inn** 1271 Route 22, Bridgewater

•S.O.U.L.S.Y.S.T.E.M., Jan. 8. 85 Church St., New Brunswick (908) 704-8999

•B.B. & The Stingers, Jan. 8.

■Solar Circus, Jan. 9. The VooDudes, Jan. 15. SAM'S GRILLE 777 Route 202, Reritan (908) 707-1777 Warren Chiasson Trio, Mondays, SHOQUN 27 3376 Route 27, Kendall Park (908) 422-1117 Live comedy Fridays and Saturdays. SOUTH RIVER PUB

66 Main St., South River (908) 257-0330 John Eddie (acoustic), Tuesdays. Backstreets Duo, Wednesdays. STANHOPE HOUSE

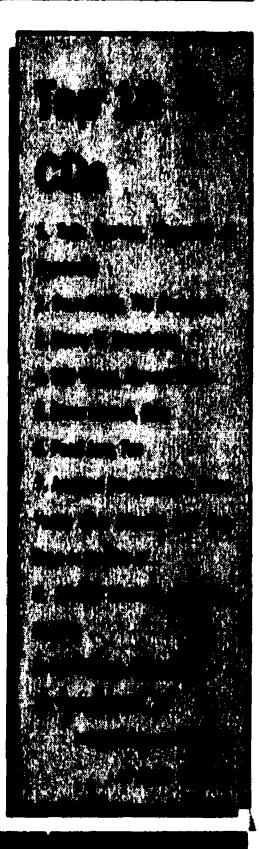
Main & High, Stanhope (201) 347-0458 Jon Paris Band, Jan. 8. Johnny (Clyde) Copeland, Jan. 9. Jerry Portney & The Streamliners. Jan. 15. ●Loup Garou (zydeco), Jan. 16. STONE PONY

913 Ocean Ave., Asbury Park (908) 775-5700 The Fairlanes, Sundays, The Outcry, Thursdays. •American Angel, Jan. 8. STRESS FACTORY

Clarion Hotel 2055 Route 27, Edison (908) 287-3500 Live comedy Fridays and Saturdays. •Gallagher II, Jan. 22, 23, STUDIO 1

88 Verona Ave., Newark (201) 482-1150 Reigndance (from The Real World) on MTV), Jan. 8. ZUPKO'S TAVERN 450 North Ave., Dunellen (908) 968-1020

Nasty Ned and the Famous Chili Dogs, Jan. 9. The Blue Souls, Jan. 30.



Soundings

ARBONETUM CHAMBER MUSIC SOCIETY

Sunday, Jan. 17, 7:30 p.m. N.J. Center for Visual Arts 68 Elm St., Summit (908) 232-1116 •Quintet performs works by Beethoven, Schubert, Ravel, and Bruch, Adults \$16, senior citizens and students \$12. DENNY BARKSDALE Jr.

Sunday, Jan. 10, 3 p.m. Borough Hall 221 South Fifth Ave. Highland Park (908) 572-3400 *Jazz saxophone virtuoso performs with his quartet. Free admission.

CAPTAIN HAWKER & THE ALL-STARS

Jan. 22, 7:30 p.m. Jan. 23, 6 and 9 p.m. Watchung Hills Regional High School, Warren (908) 561-1570 *Fifties music and fashion. coming to life in the 90s. Admission \$9 in advance, \$12 at the door.

CHORAL ART SOCIETY OF NEW JERSEY

Saturday, Jan. 16, 8 p.m. Presbyterian Church 140 Mountain Ave., Westfield (908) 322-7240 •Puccini's Messa di Gloria, plus Four Secred Pieces by Verdi. Adults \$10, senior citizens and students \$7.

CLARING CHAMBER PLAYERS

Sunday, Jan. 10, 4 p.m. Uniterior Church 4 Weldron Ave., Summit (908) 273-3245, 277-3327 *Piano-and-atrings ensemble performs works by Mozart, Kodaly, and Schumann. Adults \$15, senior citizens \$12, students \$3.

CORNELL CHORUS

Friday, Jan. 8, 8 p.m.

Westminster Choir College 101 Walnut Lane, Princeton (609) 921-2663 •All-woman chorale from Cornell University sings works by Kodaly, Vaughan Williams, Mozart, Brahms, Salieri, and Palestrina. Admission \$5. DePAUW UNIVERSITY

CHAMBER ORCHESTRA

St. Mary's Abbey, **Delbarton School** Route 24, Mornstown (201) 538-3231 Performing works by Mozart, admission.

A GERSHWIN CELEBRATION

Friday, Jan. 15, 8 p.m. State Theatre, New Brunswick Saturday, Jan. 16, 8 p.m. War Memorial, Trenton Sunday, Jan. 17, 3 p.m. Symphony Hall, Newark 1-800-ALLEGRO •An American in Paris, the Jersey Symphony Orchestra. available.

Saturday, Jan. 16, 8 p.m. Watchung Arts Center 18 Stirling Rd., Watchung (908) 753-0190 *Planist performs works by J.S. Bach, Haydn, Chopin, and Brahms, Admission \$8.

MOSCOW BALALAIKAS Friday, Jan. 15, 8 p.m.

Monday, Jan. 11, 8:30 p.m. Ravel, Stravinsky, and Ott. Free

DENNIS DOUGHERTY

Friday, Jan. 8, 8 p.m. Six Mile Run Reformed Church Route 27, Franklin Park (908) 821-1324 Country singer performs in a coffeehouse setting. Admission \$5 wa donation of nonperishable food, \$6 without; other discounts available. LEW

Rhapsody in Blue, and other works performed by the New Admission \$32-\$16, discounts

TODO MARSH

"Season for Celebration" is the theme of a post-holiday concert by the Philomusica Chamber Choir, which will take place Sunday, Jan. 10, 3 p.m., at Our Lady of Hungary Catholic Church, Cortland Street, Perth Amboy. For more information, call (908) 846-4489.

Theratre at Raritan Valley Community College Route 28, Branchburg (908) 725-3420 *Ensemble of singers and musicians from the Russian capital. Admission \$15. **MUSIC 213**

Friday, Jan. 8, 8 p.m. Sunday, Jan. 10, 3 p.m. Taplin Auditorium. Princeton University (609) 258-5000 Chamber music ensemble per-

forms works by Handel, Brahms, Mendelssohn, and Poulenc (Jan. 8); Beethoven, Brahms, and Bartok (Jan. 10). Free admission. N.J. CHAMBER MUSIC SOCIETY

Sunday, Jan. 10, 3 p.m. Morris Museum, Morristown Friday, Jan. 15, 8:30 p.m. Union Congregational Church, Upper Montclair (201) 746-6068 •Jean Philippe Rameau's Gavotte: Debussy's Premiere

rapsodie: Poulenc's Trio; Le tombeau de Couperin by Ravel. Admission \$12 in Morristown; adults \$16, students \$6 in Upper Montclair, (Lecture precedes Upper Montclair performance at 7:30 p.m.)

N.J. SYMPHONY ORCHESTRA 1-800-ALLEGRO Friday, Jan. 8, 8:30 p.m. Count Basie Theatre, Red Bank Saturday, Jan. 9, 8 p.m. War Memorial, Trenton Sunday, Jan. 10, 3 p.m.

Symphony Hall, Newark *The overture to Die Meistersinger by Wagner; Weber's Concert No. 2 in E flat major; Vaughan Williams' London Symphony No. 2 in G major. Admission \$37-\$10, discounts available. Thursday, Jan. 14, 8 p.m.

Morris Museum, Morristown Haydn's Sunrise String Quartet in B flat major; Schubert's String Quartet in C major; and other works. Admission \$18.

Friday, Jan. 22, 8 p.m. War Memorial, Trenton Saturday, Jan. 23, 8 p.m. State Theatre, New Brunswick Sunday, Jan. 24, 3 p.m. Symphony Hall, Newark ■The overture to Othello by Dvorak; Schubert's Symphony No. 5 in B flat major: Beethoven's Symphony No. 7 in A major, Admission \$37-\$10, discounts available.

BUCKY PIZZARELLI/ HOWARD ALDEN

Friday, Jan. 22, 8 p.m. Watchung Arts Center 18 Stirling Rd., Watchung (908) 753-0190 •"Dueling guitars" of two jazz musicians. Admission \$10. MARK RUSSELL

Wednesday, Jan. 13, 8 p.m. State Theatre 19 Livingston Ave. New Brunswick (908) 246-7469 •Humorist best known for his appearances on PBS. Admission \$26-\$20.

RUSSIAN NATIONAL ORCHESTRA

Wednesday, Jan. 20, 8 p.m. State Theatre 19 Livingston Ave. **New Brunswick** (908) 246-7469 •Tchaikovsky's Symphony No. 3 in D major; Prokofiev's Classical Symphony No. 1 in D major; Le poeme de l'extase by Scriabin, Admission \$32-\$23.

THE SPINNERS

Saturday, Jan. 16, 8 p.m. Union County Arts Center 1601 Irving St., Rahway (908) 499-8226 ■R&B vocal group best known for its 70s hits, one of which turned up in a credit-card commercial, Admission \$25-\$20.

Making the best of it

Charting the cinematic highs and lows of '92

By JEFFREY COHEN WeekendPlus Film Critic s with most years, it would be a lot easier to come up with a 10-worst list of movies than 10 best; that's not a complaint, simply a statement of fact. It's incredibly hard to make a decent — let alone great — film, and good fortune plays an enormous role: casting the right stars, getting the right script, finding a director willing to sacrifice ego for the common good. Just doesn't happen that often.

And to be fair, it didn't happen every time even in the 10 films that make up the following list.

"Ten Best" doesn't mean "all fabulous," it means "what's better than everything else we had to choose from." When the list to ponder includes such turkeys as Cool World, 1492: Conquest of Paradise and the immortal Man Trouble, you have to make allowances.

So, let's look at 1992: the year of the movies. And see what happened this year that was at all interesing. At all.

The following list was completely subjective; you might have thought Home Alone 2 or Wayne's World was a cinematic achievement worthy of inclusion in the Hollywood Hall of Fame. More power to you. This is a critic's list, and the critic gets to choose. So there,

It's presented in alphabetical order, since comparing Of Mice and Men to Honeymoon in Vegas would be silly. It's simply the 10 movies I've decided were the best in 1992, and it's limited, by the fact that some highly acclaimed films, like Reservoir Dogs and The Crying Game, which might have been included, were not released in New Jersey during 1992. So if you can't see them without taking a train into Manhattan, we're not going to consider them. That'll teach those snooty film companies.

1. A Few Good Men - Rob Reiner, one of the best popular directors working today (his ex-wife Penny Marshall is another), makes a big step into the big, big leagues with this military courtroom drama in which Tom Cruise digs a little deeper than usual and Jack Nicholson (it was hard to find a movie this year that didn't have Nicholson or Goldie Hawn in it) makes what amounts to an extended cameo, but a brilliant one. Demi Moore does moore than provide window dressing, a welcome change of pace for her, and Kevin Pollack, an unsung supporting player, makes aplea to be sung. Not the classic they'd like you to believe, but fine performances and gripping courtroom scenes.

2. Aladdin — Yes, it's animated, but not just a kid's movie. Robin Williams, in what might actually be his best role so far, steals the movie as the shape-changing genie. The

songs aren't as good as those in Beauty and the Beast or The Little Mermaid, and that's why the film isn't as good as those two, either. But still head-and-shoulders above anything anybody else is offering in animation.

3. Glengarry Glen Ross — If David Mamet's obscenity-a-second, never-stop-talking, it's-all-such-ametaphor style of writing is for you, this is it's ultimate expression. A dream cast of Al Pacino, Jack Lemmon, Alan Arkinm Ed Harris and Alec Baldwin. among others, makes it all live. Sure to be a contender for many Oscars, if that's your litmus test of quality.

4. Honeymoon in Vegas — Best comedy of the year, which isn't saying much. If you haven't checked out this nutty tale of a small-time private eye (Nicholas Cage) who loses his fiancee (Sarah Jessica Parker) to a gambler (James Caan) hours before they'r eto be maried, keep in mind it'll be available on video in February. After all, 50 skydiving Elvis impersonators can't be wrong. Writer/director Andrew Bergman proves again he's a singular talent who should make movies more often.

5. Malcolm X — Spike Lee's answer to Oliver Stone's JFK, which asked so many questions it's hard to tell which one Spike's answering. A dignified, engrossing epic of a pivotal figure in history (what would have been had Malcolm lived?), the movie is still way too long, at three hours, 21 minutes, but Denzel Washington (Best Actor frontrunner) is perfect, and Lee



Jack Nicholson was bogus in Man Trouble, boffo in Hoffa, but was even better in A Few Good Men, the only one of the three to make critic Jeffrey Cohen's top 10 list of 1992.

gets to how movies are actually made, and that's the really horrifying part. **8. Proof** — An Australian movie that shows the country which gave us Breaker Morant still knows how to put together a drama. This small-scale film from writer-director Jocelyn Moorhouse gives us a blind photographer (yes, you read that right), the slightly twisted woman who loves him and a dim restaurant dishwasher who accidentally enters and disrupts their lives. It's all about trust, and it's not a wildly uplifting experience, even with the welcome touches of humor. Rent it.

9. Unforgiven — Clint Eastwood (yet another Oscar wannabe) returns to the Western, and as star/director, brings an unremitting bleakness to a tale of a bounty killer out to do in the men who disfigured a prostitute. Everybody in the movie is unforgiven, especially by themselves. And expect to see Gene Hackman doing one-armed pushups as Best Supporting Actor on a Monday night in March.

10. Zebrahead — Nobody went to see this charming drama of an interracial couple in a Detroit high school, and it's too bad. The humor, the true-sounding dialogue, the fresh performances and the unique vision are all worth checking out. It has a few of the genre's cliches, but most are left out. Refreshing and original.

Runners-up — A League of Their Own, A River Runs Through it, Bob Roberts, Death Becomes Her, Diggstown.

10 Worst (in case you were wondering) — Alien 3, A Stranger Among Us, any Christopher Columbus movie, Cool World, Encino Man, Man Trouble, Mom and Dad Save the World, Out on a Limb, Shining Through.

Best Litle — Buffy the Vampire Slayer.

Worst title - Basic Instinct. What does that mean?

Worst Trend - Movies from TV shows: Wayne's World, The Addams Family, forthcom-

ing The Flintstones, Beverly Hillbillies, Wayne's World 2. Coneheads, Pat. The Brady Bunch, Sprockets, Star Trek: The Next Generation, and Gilligan's Island. Didn't this used to work the other way around?

doesn't hit you over the head with

platitudes. Forget Hoffa and Chaplin (and, for that matter, Christopher Columbus, this was the bio

6. Of Mice and Men - Gary Sinise's take on the oft-told John

Steinbeck tale. John Malkovich does such a good job as Lenny it's entirely unfair, and Sinise himself

makes George a decent man who isn't nearly as smart as he thinks

he is. Not a romp in the park, by any means, but a worthy retelling

of a classic tragedy. Another film

to check out on cassette when you

7. The Player — Robert Altman

shark (Tim Robbins, another Oscar

contender, along with Lemmon.

Malkovich and Washington) who

accidentally kills a screenwriter

and gets away with it. The tradi-

tional Altman touches of strange

camoes and overlapping dialogue

are here in abundance, but the di-

rector tells more of an actual story

here and Robbins manaes even to

make the seamy hero seem like

not such a bad guy. As close as it

returns in style with his Hol-

lywood in-joke about a studio

movie of the year.

get the chance.

Silliest Casting — Melanie Griffith as a tough New York Cop going undercover in the Chassidic community in A Shiksa Among Us.

Best Actor - Denzel Washington, Malcolm X. Best Actress — Was there a movie about a woman this year and I missed it?

Best Screenplay — Honeymoon in Vegas. You try writing a comedy.

Best director - Anthony Drazan, Zebrahead. Best Off-Camera Performance - Robin Williams, Aladdin.

Best Supporting Actor — Gene Hackman, Unforgiven; Sydney Pollack, Husbands and Wives.

Best Supporting Actress - N'Bushe Wright, Zebrahead.

Worst Sequel — Alien 3.

Best Song - There wasn't any. Check out the allistar Elvis impersonators in Honeymoon in Vegas. Springsteen does "Viva Las Vegas." You haven't lived.

Most Predictable Sequel — Home Alone 2. **Worst Comedy** — Brain Donors, A Marx Brothers movie without the Marx Brothers. What?



Al Pacino, who also scorched the screen this year in Scent of a Woman, cursed his way to impressive reviews in the David Mamet drama Giengarry Gien Ross.

WeekendPlus

Film capsules

OPENING THIS WEEK =An exti representative of the

little people terrorises a North Deleta town, Standard action/ horror fere starring Werwick Davis, who played the title role in Willow. (R)

CURRENT FILMS A PEW GOOD MEN

A few storing flows in script and direction undermine, but do not spoil, this hard-driving drame starring from Cruise as a lary Marine lawyer investigating the hazing death of a young insthemeck. Demi Moore costers as the superior officer pushing him to get to the real truth, which leads him to scene chewing officer Jack Nicholson. Wasted scenes telegraph information the audience is better off without, but solid acting by the principals and capable support by Kevin Bacon, comedian

Kevin Pollack, James Marshall (Twin Peaks) and J.T. Watch overcome a rare bad outling by director Rob Reiner (This is Solnel Tap. The Princess Bride. When Harry Met Sally). (R)

☆ Dieney does it again. Impressive followup to Beauty and the Beast is an animated retailing of the Arabian Nights fairy tale. Voices include Robin Williams as the genie. (G)

Bram Stoker's Dracula

*Title refers to the author of the original 1897 novel, but this latest big-screen treatment of Transylvania's most-famous citizen bears the stamp of director Francis Ford Coppola, Dark, viclent, bloody and very adult, the big-budget production is often incoherent as several characters babble on in a variety of dialects and accents. Impressive scenery and authentic period touches help keep the viewer's interest, as does the opening sequence, which flashes back to how the whole vampire thing not started. Not a complete disaster, but extremely disappointing. (R)

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THE SCOVELIME

•Kevin Costner stars as a Spertan Secret Service alumnus who falls in love with his client, a saw singer played by Whitney Houston in her feeture film debut. (R)

THE DISTINGUISHED GENTLEMEN

eEddie Murphy is back, shaking up Washington D.C. as a twobit con man who scams his way into Congress. (R) POREVER YOUNG

eThe sesson's bid romance movie, with Mel Gibson starring as a pre-World War II test pilot. Cast includes Isabel Glasser,

George Wendt and Jamie Lee

HOME ALONE 2: LOST IN NEW YORK

Curtis. (PG)

•Mac is back -- Macaulay Culkin, that is, in the longawaited, carbon-copy) sequel to Home Alone. The former's strong supporting cast, which includes Catherine O'Hara, Daniel Stem and Joe Pesci, is also back for this eoisode. which abandons the pint-sized hero in Manhattan after he's separated from his family while on vecation. Home Alone director Chris Columbus returns

to the helm as well. Be warned before you shall out ticket money for the whole femily you've seen all of this before.

CLENGARRY CLEN ROCE Al Pecino, Jack Lemmon, Alec Baldwin, Ed Harris and Alen Arkin head an alf-star cast in this sizzling film version of Devid Memet's Pulitzer Prize-

winning play about real estate

movers and shakers.

✓ On the heels of Malcolm X comes the biography of another controverisal flaure in postwer American history. When it comes to dramatic punch, Hoffe delivers a heymaker with Jack Nicholson starring in the title role of the Teamsters Union power broker, who locked homs with the mobithe FBI and then U.S. District Attomey Robert F. Kennedy, Did Hoffa kill Kennedy? And who killed Hoffs, for that matter? The film is unlikely to shed any more light on the various theories than Oliver Stone did with JFK, but Hoffe, directed by and co-starring Denny DeVito (War of the Roses), promises to be abcerbing dramatic entertain-

ment. (R) LEAP OF FAITH

- Satirical black cornedy starring Stove Mertin as an unscrupulous (and previously unsucconstut) evengelist who strikes it rich fleunting bogus miracles. Supporting cast includes Debra Winder, Liam Neccon (Derlimen) and Lolita Davidov-

ich (Blaze), PG-13 LORENZO'S OIL

₩Well-done, true-life story of a couple (Nick Notte, Susan Sarandon) who refuse to believe doctors who offer no hope for their dying son. (PG-13)

MALCOLM X ☆ Spike Lee's long-awaited (and long, as in over three hours) biography of the murdered civil rights activist. Oscarwinner Denzel Washington is brilliant in the title role. Inspiring one minute, infuriating the next. Lee wisely tells the story in a mostly straightforward manner, letting the incredible history of a street punk who finds enlightenment in prison and becomes a spokesman for a generation of African-Americans speak for itself. A must-see for people of all ages

and colors. (PG-13) THE MUPPET CHRIST.

MAS CAROL

✓ Kermit is Bob Cratchit, Miss Piggy is the Missus and Michael

Caine is a delightfully nesty Scroom in this Muccetized musical version of the Charles Dickens classic Christmas tale. Songs by Paul Williams are nothing to get excited about, but overell, a fine family outing.

SCENT OF A WOMAN

 Al Pacino stars as a bitter. blind, retired Army officer who leads a young prop school student, hired to care for him at home, on a mad weekend romp through Manhattan. (R)

eRobin Williams and director Berry Levinson, who last teamed up for Good Morning. Vietnam, are back at it in this fantasy-cornedy about the evil heir to a toy company who wants to turn it into a war machine factory, but must first deal with lunatic employees (and relatives), played by Williams and the delightful Joan Cusack (Broadcast News), Another big-budget eccentricity in the tradition of Baron Munchausen and Brazii. (PG-13) TRESPASS

Originally scheduled for a summer release, this gritty action drama depicting an inner-

city riot was shelved to avoid charges of exploiting the L.A. riots. But with its still-topical subject matter and star power from rappers ice Cube and ice-T (who have both proved their

acting abilities in previous films - Cube in Boyz 'n the Hood and T in New Jack City), it was only a matter of time before it hit the big screen. Directed by action-genre expert Welter Hill (48 Hours) (R) USED PEOPLE

 Charming tale of a woman (Shirley MacLaine), unappreciated by her family, who finds romance in the arms of Marcello Mastriani, All-star enemble includes Oscar-winners Jessica Tandy and Kathy Bates. If you liked Fried Green Toma-

REVIVALS JAILHOUSE ROCK/VIVA LAS VEGAS

toes... (PG-13)

& A well-selected double-dip of celluloid Elvis. Don't be late or you'll miss the title song production number that opens up the former, originally released in 1957 - it's the King's best moment on film, and he reportedly choreographed it himself. Recently colorized, it will be shown here in its original black and white glory. As for Viva Las Vegas (Color; 1964), it's one of Presiev's better post-Army efforts as he plays a daring racecar diver. Ann-Margaret is along for the ride. Saturday, Jen. 9, 7 p.m., at the Union County Arts Center, 1801 inving St., Raiway. Tickets \$5. (906) 409-8226.

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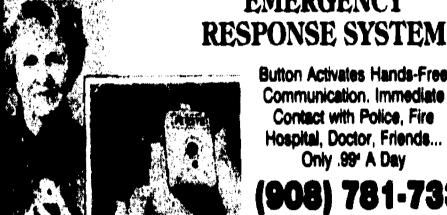
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No place like home

Former owners welcomed back to County Line Inn

By MICKI PULSINELLI **Culinary Correspondent** give up. I just can't get this right. The two times I dined here, I was informed that the menu would be changing. The first time, it was called The County Line inn, and had that menu, but the name and the menu was changing to Brother's.

This time, the name had already changed (since August) back to County Line Inn, but the old Brother's menu was scheduled to change after the new year.

The original owners, Joe and Mary Pirone, have returned after a three-year absence. Mary told us they owned the Inn for 18 years

and in those three years away from it, she realized how much she missed working there. It was like a home to her, with customers like old friends who came to visit each night.

While we were talking to her, several customers stopped by to wish them well and tell them how delighted they were to see them back.

The main dining room is a combination of paneling and large-length mirrors between the windows that gives it a spacious look. There is a skylight in the middle of the room with a large potted tree reaching up into the skylight.

The current menu has seven appetizers (\$3.95-\$5.95) and three soups (\$1.95-\$2.95). You can order clams, oysters, escargot and baked brie in a puff pastry.

Entrees include steak and chops (nine choices from \$8.95-\$16.95), five veal selections (\$12.95-\$14.95), eight seafood choices (\$11.95-\$21.95), four poultry (\$10.95-\$14.95) and four pasta choices (\$8.95 each).

The regular menu is supplemented with nightly specials that include several appetizers and entrees. All entrees are served with bread and butter, a garden salad, vegetable and a choice of potato, rice or pasta.

The Pirones are still working on the new menu, but you can be sure that it will include their famous chateaubriand, and eggplant rollantini two items the restaurant was known for.

Our appetizer selections included one from the regular menu (escargot for \$4.95) and one from the nightly special (king crab cocktail for



SHARON WILSONWEEKENDPLUS

Regular customers have welcomed popular former owners Joe and Mary Pirone back to the County Line Inn in Skillman.

\$6.95). The escargot was served out of the shell in a round dish, with seasoning and garlic bread.

The king crab was served cold and in the shell. The six pieces were easy to de-shell for dipping in the mildly hot cocktail sauce.

Our salads consisted of greens, croutons, cucumbers, tomatoes and shredded cabbage. The dressing was a good balsamic vinaigrette which is also the house dressing.

For his entree, my husband had one of the nightly specials, a grilled whole rack of lamb with mint jelly. When he finished what he could with a knife, he picked up eadch piece and cleaned it to the bone. The lamb was excellent.

I had the grilled duck breast (\$14.95). The duck was served with bits of oranges on top and in an orange sauce. The meat was crisp outside and moist and tender inside. I was served a steak knife but didn't need it. The duck was very tasty and wasn't gamey at all.

In the spirit of the holiday season, my husand ordered an eggnog rum cheese cake for desert. He said it was light and delicious.

If you get a chance, have dinner at the County Line Inn and welcome Joe and Mary back home. They will be glad you did and they are glad to be back.

COUNTY LINE INN 1736 Route 206, Skillman. (908) 359-6300.

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forum for singles

(609) 520-9337, (908) 446-2699

*Discussion group (not churchaffiliated), social hour, and dancing at First Presbyterian Church, Hightstown, 9 p.m. Fridays. Cost \$6.

GEORGE STREET PLAYHOUSE

New Brunswick (908) 246-7717 •Gay and lesbian night, in conjunction w/performance of Spine (see Stage), Jan. 14. Social hour at Raritan River Club, New Brunswick, 6 p.m.; showtime at 8 p.m. Cost \$25.

JERSEY JEWISH SINGLES (**ages 35-55**)

■Dinner at Plaza Diner, Edison,

6:30 p.m. Wednesdays. (908) 753-0263.

 Champagne brunch at Holiday Inn, Raritan Center, Edison, 11 a.m. Jan. 10. Members \$14, nonmembers \$16. (908) 283-0779. 753-0263.

•Weekend in the Catskills, Jan. 15-17. Reservations; (908) 412-6228.

MUSTARD SEED CHRISTIAN SINGLES

(908) 968-3161, 214-0432 Tour of Duke Gardens, Hillsborough, 3 p.m. Jan. 9. Reservations required

PARENTS WITHOUT PARTNERS

Mid-Jersey Chapter 236 (908) 248-8840 Closed dance (members only) at Sheraton hotel, East Brunswick, 8

p.m. Jan. 10. New-member orienta-

tion at 7:30 p.m. Cost \$6. PLUS SILHOUETTE SINGLES (plus-size adults

and their admirers) (908) 704-8480 Bowling at Manville Lanes, 1 p.m.

Hike at Watchung Reservation, Mountainside, 11 a.m. Jan. 9. Meet in commuter lot at Garden State Parkway Exit 120. Members \$3, non-members \$4. (908) 774-6759.

Jan. 24.

SHORE SINGLES

•Hike at South Mountain Reservation, South Orange, 11 a.m. Jan. 23. Meet in commuter lot at Garden State Parkway Exit 120. Members \$3, non-members \$4, (908) 291-

SINGLE PROFESSIONALS

(ages 30-55) (609) 924-7400 Office party at Good Time Charley's, Kingston, 6 p.m. Jan. 13.

Cost \$8. SINGLEFACES

(908) 462-2406 Cost for all events \$10. Dances at Mayfair Farms, West Orange, 8 p.m. Jan. 8, 9 p.m. Jan. 29. Jacket required. Dance at Martinsville Inn, 9 p.m.

Dance at Gate House, West Orange, 8 p.m. Jan. 10.

*Dances at Essex House, West Orange, and Garden State Arts Center, Holmdel, 9 p.m. Jan. 15.

SINGLES AGAIN

(908) 928-2300 Dance at Inn at North Brunswick, 9 p.m. Jan. 9. Cost \$5.

SOCIAL ADVENTURES FOR SINGLES (ages 35-older)

(908) 704-1962 ·Ballroom dance at McAteers, Somerset, 7:30 p.m. Thursdays. Cost

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(908) 665-2686, 766-1839 •Rap or bridge at Central Presbyterian Church, Summit, 6:30 p.m. Sundays. Cost \$2. Bridge at Central Presbyterian Church, Summit, 7:15 p.m. Jan. 21. Cost \$3.

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 Hike in Jockey Hollow, Morristown, 11:30 a.m. Jan. 17. Meet in lot across from Willie's Taverne, Route 202, Bedminster. Cost \$4.

SOPHISTICATED SOCIALS (professionals)

 Dance (all ages) at Costa del Sol restaurant, Bound Brook, 8 p.m. Wednesdays, Cost \$6, (908) 707-

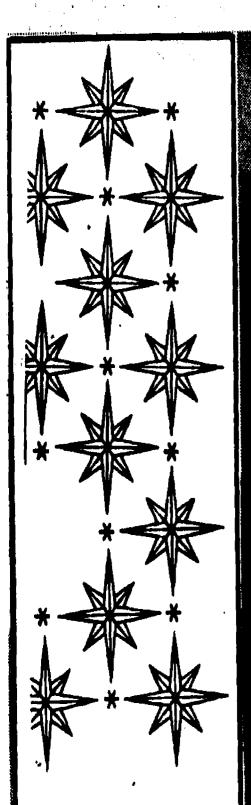
Dances (ages 30-50) at Basking Ridge Country Club, 8:30 p.m. Jan. 8, 22. Cost \$10; jacket and tie required. (908) 221-0047.

Networking (ages 30-50) at Bridgewater Manor, 6 p.m. Jan. 14. Cost \$12. (908) 221-0047. Dance (ages 30-50) at Governor Morris Hotel, Morristown, 8:30 p.m. Jan. 15. Cost \$10; jacket and tie required. (908) 221-0047.

WIDOWS OR WIDOWERS

Somerset-Hunterdon Chapter (908) 725-2271, 725-8238 Dances/socials at Elks lodge, Bridgewater, 8 p.m. Jan. 13, 7 p.m. Jan. 24, Cost \$7.

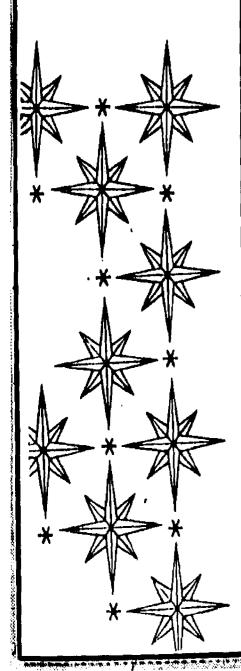
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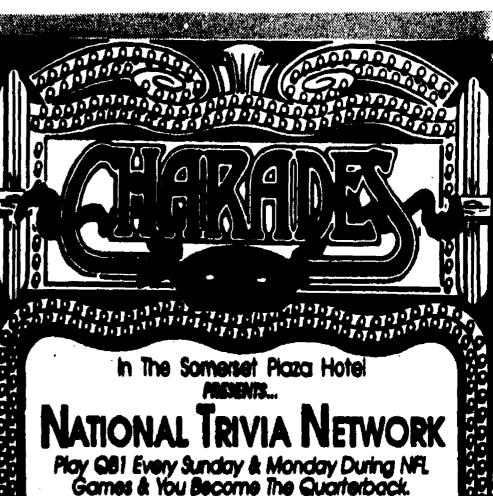
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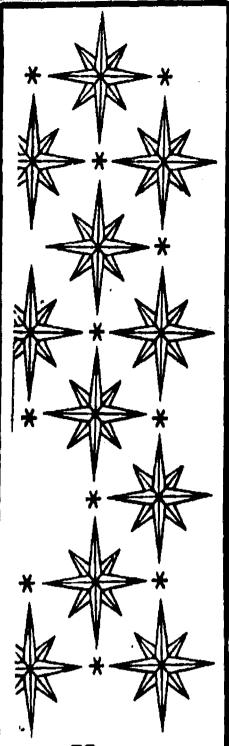
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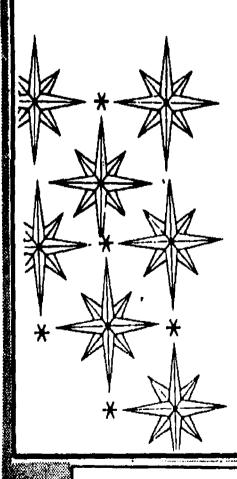
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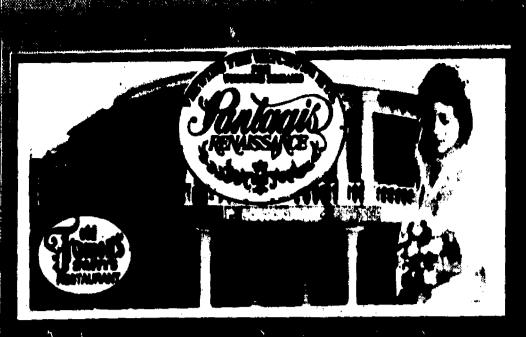


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Wine with Reason **Marilyn Cormack**

I was reading one of my favorite wine rags when I came across an editorial-type article that put me on slow burn. It's been three weeks now, and I'm still burning. This gentleman wine opinion-ist was giving a big name winery a very hard time about producing a sweetish red wine. His reason for dissatisfaction was that the wine was make for "marketing considerations" and that while "Neophytes may love the wine" the daily wine drinker will not.

Why is this a problem?? Heaven knows there is a wealth of great wines for people to "trade-up" to when they find they want a little more from a wine. But, isn't it the non-wine drinker that we're supposed to be trying to seduce? In an industry that is suffering from overpricing of products and brand recognition has become cannibalism on the shelves, doesn't it make very good sense to try to broaden the general drining base? And, what better way to do this but to create a wine that a "neophyte" will enjoy?

It seems that wine snobbery is not dead. I enjoy Chateau Haut Brion the same as any other wine enthusiast. (Perhaps not as often. but as well) However, I also get a great deal of satisfaction from watching the face of someone trying Blue Nun for the first time and loving it. If I'm drinking with then, I love it too. It's contagious!

Marketing considerations are a very big issue in an industry that has at least a million and two different chardonnays. Since I'm out here, benging a drum loudly, trying to get people to drink a meriot with their pot roast instead of orange juice, I appreciate that a few wineries are marketing to new wine drinkers.

The gentlernan writing the editorial said that the winery in question did the public a disservice, because "new-to-wine drinkers deserve better". Better than what? Better than what they'll drink? Better than that which can make their exploration into wine a pleasant and easy move? Maybe what new drinkers and "neophytes" like myself need is fewer people judging our tastes and letting us enjoy what we want.

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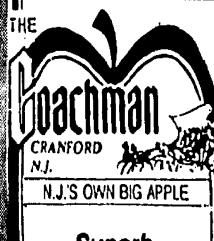
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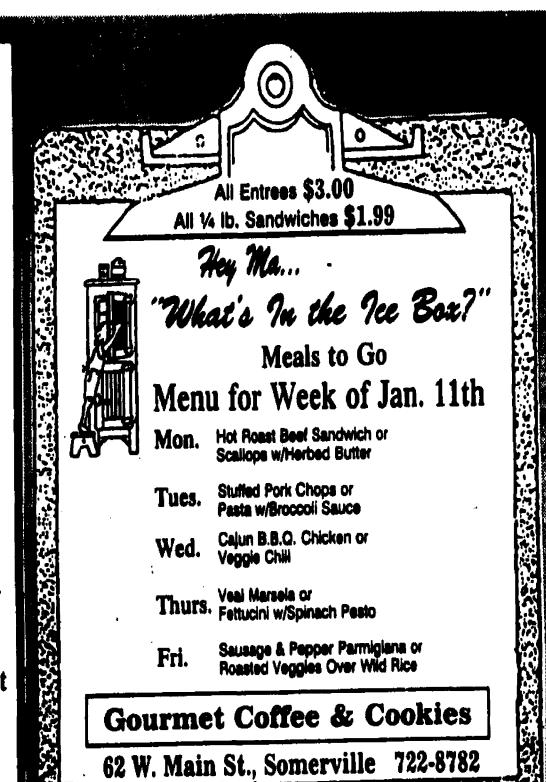


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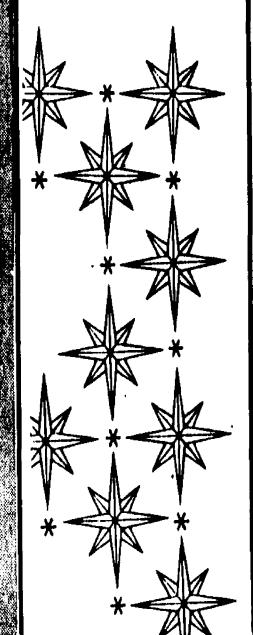
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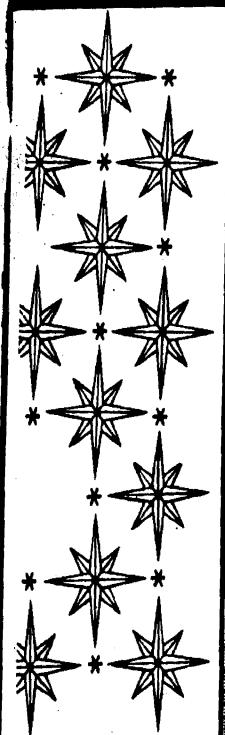
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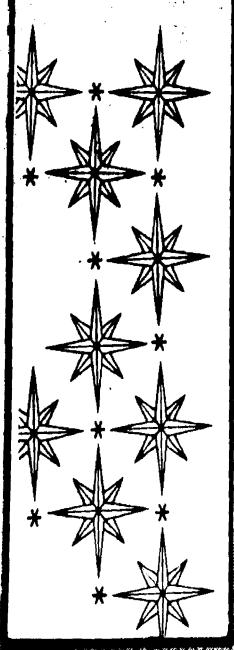
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The Control of the Co



Exercise your options when choosing exercise plan

By ELEANOR BARRETT

FORRES NEWSPAPERS

via pound cake, fruit cake or the New Year's clam bake may seem to present an overwhelming obstacle when it comes to loosing them: never fear.

Professionals at area fitness centers are offering an array of (almost painless) options to choose from in making New Year's resolutions come true.

A fairy tale is far from the reality of the fitness and wellness programs in the '90s, and the word "diet" has become taboo, said several health and fitness instructors.

The emphasis today is on health and well being, they said, rather than the acquirement of a "rock hard" body or a svelte fashionmodel figure.

Gold's Gym at 363 Market St. in Kenilworth offers many types of exercise options and, according to owner Mark Szczygiel, after a work-out, his customers walk away feeling good about themselves.

One of the highlights unique to Gold's Gym is the Nutritionalysis program.

Mr. Szczygiel explained the feature as "a nutritional program, using regular food, with the goal to reduce body fat."

By consuming the correct amounts and types of food, users of the program speed up their metabolism, enabling them to burn off fat cells at a quicker rate.

In addition to their personalized atmosphere — complete with aerobics classes, body-building equipment and circuit training — Mr. Szczygiel said he expects the new affordable Nutritionalysis program to be widely recieved.

For those wishing to further "get into the swim," the Cranford Indoor Pool and Fitness Center at 401 Centennial Ave. in Cranford may be the answer.

The pool is open for lap swimming from 6-9 a.m.; 11:30 a.m.-1:30 p.m. and 4-to 6 p.m. Open lanes (for those who just want to enjoy the pool) are available from 7:30 till closing weekdays, and all day Saturday and Sunday.

According to Facility Director Ron Marotta, the center also boasts water aerobics, water walking and water step aerobics classes. There is also a fitness area furnished with a wide array of exercise and body building equipment.

The water program remains a favorite of Mr. Marotta', however.

"The advantage of exercising in the water is that it's low impact. On land, there is more stress on your joints," said he said adding that doctors recommend water (Please turn to page 11)



DIANE MATFLERO/FORGES NEWSPAPERS

Harry McCarthy swims at the Cranford Indoor Pool to get some exercise.

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CONTENT

Exercising your options	2
Anatomy of a workout	4
The right way to exercise	5
Ski-season warmup	6
Fitness accessories	7
Read up on good health	8
Two-wheel exercise	9
The right stuff	10

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ON OUR COVER - Taking stops toward fitness at Spe Lady located at 550 Stelton Road in Piscataway, our model knows that after the holidays it's a great time to start an exercise program for the year ahead. Photo by Rob Paine.

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Setting you straight before and after a workout

By PAT JOHNSON

SPECIAL CORRESPONDENT

lhe holidays are a great excuse to consume highhigh-cholesterol calorie. palate pleasers and to miss your workout session in favor of a family gathering or holiday party. With the holidays behind us, the time to go from fat to fit.

Whether you've been working out or are just beginning, as one of your resolutions, local chiropractors have some advice on what you should do before and after any exercise routine.

Anthony Carusone has been practicing at 329 North Ave., Garwood, for the past three years and describes chiropractic as a drugfree approach to health, dealing with the structural alignment of the spine. He says it calls on the body's natural powers to heal itself; if there is a lack of suppleness, muscles get tight and pinched nerves may result.

Dr. Carusone points out that electrolytes and minerals. muscles function best when warm.

"You must warm up prior to working out because if muscles are cold, they will overstretch beyond the bounds of normal movement." he says. "Your warmup stretch should imitate the movements you · will use when working out; stretch ballistic stretching."

are well-trained to understand muscle function. They must complete five academic years of schooling, about 5,000 of anatomy, neurology and related studies, pass two sets of national boards and a state board, and participate in an to practice.

"The difference between us and an M.D. is that M.D.s also study pharmacology," he said. "We don't because chiropractic does not use headaches. drugs in treatment."

says you should replenish the water supply lost after working liosis and colic." out. Have water on hand during your workout, but don't gulp down a big glass of soda, for example, or you could get cramps. According to Dr. Carusone, through sweating you lose water and salt, electrolytes and minerals; the body depends on a delicate balance of

ing movements after working out. If you do sustain an injury, "Apply ice immediately, within the first 24-48 hours," Dr. Carusone says. "After that, apply heat if heat seems to make the soreness feel better. Rest, ice, compression, el-

15-20 seconds per muscle - no evation are the steps to take. Just think of the acronym RICE, and Dr. Carusone says chiropractors you'll remember what to do."

If the pain is not appreciably better after 48 hours, Dr. Carusone suggests you see a chiropractor. He believes that, particularly for back pain, patients should seek conservative care for at least four to eight weeks before pursuing start of a new year is the perfect internship before being qualified measures requiring drugs or possible surgery.

> Dr. Carusone says chiropractic is often effective for "Failed Back Syndrome," lower back pain and

"The nervous system controls In addition to proper warmup of the organs as well, so chiropractic the major muscles, Dr. Carusone can also be effective for such maladies as asthma, bedwetting, sco-

Ron Wawrzyniak, in practice at 32 Roosevelt Place in Somerville for the past five years, says most people today are looking for a good cardiovascular workout. Most of his patients are into bicycling, running, cross-training, swimming or aerobics. Any of these activities could potentially lead to injuries. Cool down with similar stretch- Knowing what to do before and after working out could reduce the risk of injury.

portant to warm up and stretch the body equally. major muscles, quadriceps, hamstrings, back, shoulder, trunk and

I CAN SEE RIGHT OFF YOU IGNORED MY ADVICE TO WARM UP BEFORE EXERCISING

out. You must stretch each area for at least 30 seconds - a sustained, gentle stretch to the point of the beginning of pain, not pain Dr. Wawrzyniak says it's im- - and stretch both sides of the

"Walk for 10 minutes or jog in place for five minutes; soak in a extremity muscles before working tub or hot Jacuzzi for 10 minutes.

Work on the muscles you will use during your workout," he says. "To achieve any kind of benefit, an activity must be sustained for at least 20 minutes.

"Locomotion is equivalent to good health; people today are not sedentary. However, intense ac-

(Please turn to page 7)



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SPECIAL CORRESPONDENT

kay, admit it. How many of you put diet and exercise on your list of New Year's resolutions? Something about the advent of a new year fills us with the best of intentions, but many of us still find ourselves back on the sofa munching potato chips by February because we can't figure out how to make an exercise program work for us. The advice of health and fitness professionals might be the first step in that jog towards a better body.

Before beginning any diet or exercise regimen, it's important to define your goals and assess your lifestyle. Trying to work down four sizes in two months. with only one day a week to exercise, is a perfect way to set yourself up for disappointment. Physical limitations and ailments must also be accounted for, so that you can benefit from exercise without injuring yourself.

Verna Cavalieri, who runs Physical Perfection, provides all prospective clients with a questionnaire to help outline weight loss and exercise goals, as well as to pinpoint potential problems.

"I need to know what a person's limitations are," she says, explaining that programs can be tailor-made to suit people with bone or joint problems, high blood pressure, and even heart trouble. The scope of exercise options enables almost anyone to work out, but Ms. Cavaproblems should see a doctor before em- ticular exercise, such as leg lifts, or

barking on a strenuous exercise pro-

Physical Perfection is located in Piscataway, although Ms. Cavalieri trains clients at their home or gym.

The amount of time dedicated to exercise is extremely important, even for those of us who can stick to a diet. As Randy Sorrentino and Janey Forman of

Exercise is the only way to get bod fat down, otherwise you'll only lose water and muscle'

> -Randy Sorrentino Distinctive Bodies

Distinctive Bodies in Warren explained, "Exercise is the only way to get body fat down, otherwise you'll only lose water and muscle."

45 minutes of exercise three times a week, although five workouts are optimal.

Both Ms. Sorrentino and Ms. Forman train clients at their homes or gyms, as well as one-on-one at their exercise facility. Circuit and weight training are preferred for most programs, although they emphasized that the amount of weight used is often more beneficial to the ego lieri emphasizes that those with specific than the muscles; repetitions of a par-

"reps" in work-out lingo, are more important.

Of course, while calisthenics and aerobics are undoubtedly effective, they can also get boring. Competitive sports don't have to be ruled out as a general form of exercise, and should be considered a complement to the focused muscle shaping aerobics and weight training can pro-

The Pro Tough Tennis Academy, located in the Inman Sports Club in Edison, offers a variety of programs for adults, juniors, and different ability levels. Director Jeff Brandes recommends lessons for beginners, to avoid developing bad habits or technique, the cause of injuries like tennis elbow. As with all sports, though, a warm-up is necessary.

"You have to break a sweat first," he said, perhaps jumping rope or jogging in place for seven to 10 minutes to let muscles relax. While you're still learning, it would be difficult to play tennis at a pace that would burn fat, because aerobic ac-Their minimum recommended goal is tivity is defined as a sustained elevated heart rate for at least 20 minutes. With the proper shoes and equipment, however, even tennis can become a fun way to exercise with friends.

> The options are limitless today — rent a video, join a gym, hire a trainer, or take a dance class. Once you get the kinks out and get those muscles working, exercise can become an anticipated pleasure in the middle of the work week, which gives new meaning to the phrase, "...after all, you have your health."

DIANE MATFLERD/FORBES NEWSPAPERS Ed Cullena works out on a treadmill at the Cranford Indoor Pool in Cranford.

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Exercise can cure what ails you

SPECIAL CORRESPONDENT

the wise for cure on exercise depend." Do you, like me, have a case of the post-holiday blahs? Do you feel that if you see one more spinach ball on a festive table that you, too, will turn green? Take heart, and learn from the lesson that John Dryden taught us in the quote above (from his Epistle to John Driden of Chesterton, written in 1700). Mr. Dryden knew what he was talking about!

Be sure to check out the capped skis at Summit Ski and Sport's two convenient locations: 353 Springfield Ave., Summit, and 108 Quimby St., Westfield. Owner Paul Phillips said that capped skis, the latest in ski technology for the '90's, have outside controls on them for better guidance. A suggested companion piece might be silicone-injected ski boots, also available at Summit Ski and Sport.

My flagging spirits received a much needed boost when I learned about all the exercise aids that are available this winter to help cure what ails you. One of the most popular items this year is the steps exercise machine, available at Drier's Sporting Goods, Blue Star Shopping Center, Route 22,

Watchung. This popular form of of the past. stationary exercise is manufacone of whom is Reebok. The Reebok step machine, used at many spes, is accompanied by a 60minute videotape showing a complete exercise workout. The instructor on tape takes viewers through a series of exercises on the Reebok step machine.

treadmill are numbered among other pieces of stationary exercise equipment that are popular this season of the great shape-up.

The nation's weak economy, coupled with an aging population, has caused some to turn to walking (at various paces) as their exercise of choice. After all, walking is free, doesn't involve much training beyond babyhood, and definitely is a low impact form of exercise.

With walking all the rage. I turned to the pros at the Walking Center, Kilmer Square, New Brunswick for the inside track on proper footgear. Co-owner Bill Rood talked about a number of things to consider in your comfort walking or exercise footwear. For one thing, if you like a "total look" in your exercise apparel from head to toe, you'll be glad to know that exercise footwear in its several forms now comes in various earthtone shades. The plain white sneakers of vesteryear are a thing

The Walking Center considers tured by several reputable firms, several factors when fitting customers with footgear. Among them are the shoes' ability to absorb shock to the foot, breathability. and cushion support. These advanced features are not found in your average sneaker. Mr. Rood

"Exercise walking will become The Stairclimber and electric more popular every year as the demographics of the U.S. are changing. We have a maturing population and the shock to the feet of running is more than the shock of running. Walking causes fewer injuries and is safer for maturing adults," Mr. Rood commented. He noted, too, that according to 1991 erticles in Walking and Consumer Reports magazines, exercise walking is the most popular exercise in the United States for people age 30 or older.

The '90s are seeing rapid advances, too, in technical ski apperel. These developments are best seen in the new waterproof, breathable fabrics for ski apparel. some of which are also made of solar absorbing materials which absorb infrared rays from the sun and heat up the fabric.

So no matter what kind of exercise program you undertake this winter, know what it entails and what your limitations are, physically or financially.



LINDA D. EPSTEIN/FORBES NEWSPAPERS

Tom Lutz and Maggie Plotzer show off the latest in ski equipment and clothing at Summit Ski & Sport, 353 Springfield Ave., Summit.

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Add fun to your fitness regime

By AMY GARVEY

SPECIAL CORRESPONDENT

mercise is no longer the province of the musclebound beach boys of days past - exercising has become a way of life for the healthconscious society of today, as well as big business. A better body doesn't mean strictly tiresome push-ups or lans around a track. although those are certainly acceptable ways to shape up. In the '90s, people seem determined to have a little fun with their fitness.

The number of gadgets and accessories available to aid your workout aren't all necessary, but some of them can spice up a boring routine or introduce you to a whole new way to shape up. Probably only the most serious swimmers need the new Wave Webs (webbed gloves to help provide resistance to the water) and only the most dedicated runners will think about a Tune Belt (a cushioned waist belt to absorb shocks to your Walkman).

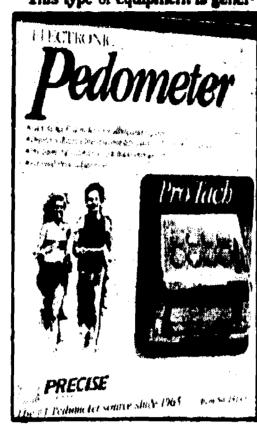
Other fitness accessories, however, are mandatory for the best results.

You don't always have to set out on a 10-mile marathon to find the equipment you'd like. Frank Kuebler, the manager of Woolworth's, 151 E. Broad St., Westfield, said

his store carries the Thighmaster. the Abdomenizer, the Easy-Glide, and Jane Fonda's step platform.

"Almost everything you see on TV, we carry," he said.

This type of equipment is gener-



Pro Tach Electronic Pedometer by Precise can be used by walkers and joggers for measuring distances or allotted times.

ally lightweight and reasonably priced, making it a good choice for those who prefer to work out at

Efinger's, 513 W. Union Ave., Bound Brook, carries heart rate monitors at \$60 and up.

"For serious trainers, it's a good way to keep track of your heart rate." Bill Norris, a buver for the store, said.

The store also offers basic accessories, such as weight gloves, as well as the aerobic step platforms that are currently popular.

Sue Raja, owner of Fitness Store USA, 3417 Route 27, Franklin Town Center, recommended pedometers for walkers and joggers, a device that keeps track of how many miles you've gone. The store also carries hand weights, which can be used to enhance many aerobic programs as well as for walking or running, and larger equipment like Stairmasters and treadmills for serious exercise buffs. She also owns Brunswick Fitness. at 455 Route 9, Englishtown.

For most strenuous sports, the most important accessory is on vour feet.

"It's important for runners to have a good shoe made specifically for running," said Peter Lins, owner of Center City Sports, 358 George St., New Brunswick.

The store carries more than 800 different styles of sneakers and exercise shoes, many designed for a particular activity. Mr. Lins noted that many women now are buying cross-trainers, a shoe made to go the distance in a variety of sports.

Setting you straight

(Continued from page 4) and inflexibility."

after exercise is as important as warming up before and suggests that people over 30 should be extremely careful because they are prone to lower back and leg prob- habilitative needs of athletes. lems. He further advises not to suddeniv increase the time and intensity of your workout, as in running four miles instead of your usual two stress on your body.

"Chiropractors deal with the biment, of the spine," says Dr. Wawrzyniak. "If the biomechanics are faulty, there may be joint pain, mus- haven't exercised in awhile, see cle imbalance and a decrease in performance. Chiropractors treat what we call Grade One and Grade Two injuries, which often result from shoe gear. Keep hydrated (drink exercise. We are trained to screen types of injuries and once people during exercise because you could experience the treatment, they develop cramps." come back.

neck, shoulder and lower back eff from proper exercise. muscles," he says.

foot and ankie, as well as a sports mail and is never OK.

medicine specialist. He treats athtivity will cause muscle tightness letes, triathletes, merathoners, runners, aerobic instructors, students He advises that cooling down, and ballet dencers, as well as the general public. He is a member of the American Academy of Podiatric Sports Medicine and concentrates on the special preventive and re-

His advice regarding what to do before and after a routine: "Warm up and oppl down, stretch and loosen up thoroughly before and because this could put too much after - muscles get tight due to a buildup of lactic acid. A 15-minute warmup is adequate for some paoomechanics — the structural align- pie; for others, a half-hour may be necessary."

> Dr. Wishnie cautions, "If you your doctor first and go slowly. Know your equipment and from use it properly. Wear the proper water), but don't drink too much

He advises geriatrics to take a "Chiropractic treatment will main- stretch class and proceed slowly tain flexibility, particularly for the and cautiously; everyone can ben-

Dr. Wishnie wants people, par-Peter Wishnie, practicing at 84 ticularly those just starting an ever-Stalton Road, Piscataway, for the cise regimen, to know that muscle past three years, describes himself screness is OK for 24-48 hours as a physician and surgeon of the after a workout, but pain is not nor-





Feast of healthy culinary ideas are at bookstores

By PAT JOHNSON

SPECIAL CORRESPONDENT

HATTONAL BERTSELE

WHEN FOOD

IS LOVE

RELATIONSHIP BETWEEN

EATING AND INTIMACY

GENEEN ROTH

nce again, it's that time of year for resolutions. Some of the junk food junkies out there — and I must reluctantly include myself — may include healthy eating as an annual resolution. Food preference habits can be difficult to break.

If you're like me, you have a million excuses for a less-than-balanced diet: You're too busy to eat right; you don't know what to cook; your parents invite you over for a

big, fat-filled meal on Sundays and you don't want to be rude.

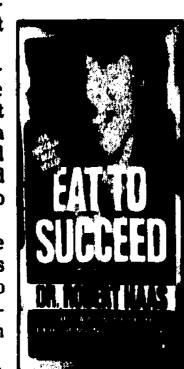
Whatever the reasons, perhaps the time is now to make good nutrition a priority in your life.

If you don't know where to start, delve into the wealth of books on the subject currently at your local booksellers.

Dorene Levy, buyer for Success

Express, 1828 E. Second St., Scotch Plains, has a couple of suggestions. Success Express, owned by Marci Santucci, has been in business just two short months but is enjoy-

ing a successful startup. Their store is unique in that it specializes in self-help books on subjects from relationships to business success and also carries gifts, jewelry, new age music, 12-step recovery items, motivational and subliminal tapes, affirmation books and cards.



"Our items are designed to help people and make the world a better place," says Ms. Levy. "We carry things that make you feel better."

They carry several books about healthy versus unhealthy eating and the varying effects on your body.

Dorene Levy recommends Food Addiction, the Body Knows, a book authored by Kay

Sheppard and published by Health Communications.

"This book defines addiction to food products containing sugar, wheat, fat, etc., as a chemical disorder, and calls it the Siamese twin of alcoholism, dispelling the myth that emotional rather than chemical dependency is the cause," she says.

After you read the book, according to Ms. Levy, you will know if you're addicted to food and will be given guidelines on how to

arrest the disorder.

A second book that is a popular seller at Success Express is Parents' Nutrition Bible by Dr. Earl Mindell, published by Hay House. The book offers guidelines to start your children out right on a lifetime of healthy eating. According to Ms. Levy, the content includes a discussion of vitamins in foods, how to buy vitamins, how to get sick kids well, how to make baby food and how to break the junk food habit.

"Overall, the book tells parents how to help children reach their full potential through nutrition," Ms. Levy says. She believes parents must set a good example if they want their children to eat healthfully. If you're a junk food junkie, she says, your children probably will be too.

Fit for Life, written by Harvey and Marilyn Diamond and published by Warner Books, is also a big seller. Described as a total lifestyle revolution, Ms. Levy says it tells you how to change your figure and your life; how to lose weight without counting calories; and when and how, not just what to eat. It includes a permanent weightloss plan, recipes, meal planning, exercise advice and more. Ms. Levy describes it as a "solution for looking and feeling fit."

She emphatically adds that her store is very strong in children's books focusing on self-esteem. She praises a series called Positively Mother Goose, which alters the ageold rhymes in a contemporary way, changing "the old woman in the shoe," for example, into "the bold woman in the shoe."

Ms. Levy sums up the uniqueness of Success Express by saying, "I have customers

say to me, "Thank God I don't have to go to New York anymore'."



Wendy Thomas, manager of Words and ... at 177 Washington Valley Road, Warren, describes hers as a different kind of books store. The unusual store name is meant to imply the limitless quality of books and imagination. In business for a little over one year, Ms. Thomas says 50 percent of her stock consists of children's books.

educational toys, games and software. The other half are general interest books and bestsellers.

"We are very customer/service-oriented and are happy to help with special orders," Ms. Thomas says.

Regarding books on nutrition, Ms. Thomas recommends For Goodness Sake, authored by Terry Blonder and published by Firefly Books. The book contains advice as well as recipes geared to the vegetarian or would-be vegetarian, with easy, tasty, low-fat, whole-grain recipes. The theory is that good food doesn't have to taste bad or bland. A lot of spices are often used in veg-

(Please turn to page 10)

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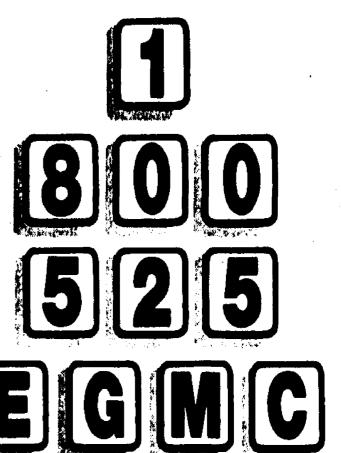
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The newest bikes feature gear shifts that glide

By BLEANOR BARRETT

PORBES NEWSPAPERS

his is the year. I'm finally going to do it. Watch out, Claudia and Cynthia, 'cause here I come!

For those who have echoed similar sentiments while promising to drop pounds and inches in 1993, taking up cycommencing an exercise regimen.

Yes, getting up off the couch, putting on the helmet and moving limbs — which may more resemble whale blubber than anything else - may seem cumbersome at first, but son. consider at least one alternative:

Who wants to hit the beach this summer looking like a species that just washed up on one?

Rather, wouldn't it be swell to see those swollen thighs shrink to the point where you actually look good in bicycle shorts?

You can do it, say local merchants who offer what may be the perfect remedy to burn off superfluous lipids (i.e. FAT!).

George Johnson and Thomas Viglianti of hybrids and mountain bikes. Cranford Bike Shop at 103 North Union Ave., Cranford have changed their business over the years to suit the changing needs of shop happy," said Mr. Fitzhenry. cyclists today, said Mr. Johnson.

known for its sponsorship, and cosponsorship, respectively, of such events as Bound Brook is here to serve. the Cranford Bike Shop Racing Tearn and the Somerville Tour. Both events feature large numbers of cyclists who compete on market has to offer. several ability levels.

Closer to home, said Mr. Johnson, one of the hottest new features included in his stock is "index shifting." With index shifting, he said, gears no longer have to click into place but rather "glide" into place, thus, providing a smoother ride.

Such an attribute can enhance the biking experience of every level of cyclist, he said.

Other attributes of the sport itself provide clery might be the perfect choice when a great way to keep one's cardiovascular system in good health, said Mr. Johnson.

As opposed to "working out" at a gym, he suggests riding a bicycle instead.

"It's much nicer to bike," said Mr. John-

According to Dave Pitzhenry, owner of Highland Park Cyclery at 137 Raritan Ave., Highland Park, the sport of bicycling can be greatly enjoyed by beginners as well as seasoned cyclers.

He said the key lies in choosing the correct vehicle for the purpose in which it will be used.

He said the three most common bikes sold at his establishment are road bikes,

"We provide good service and hope that everyone who leaves the shop leaves the

For those in Somerset County searching Cranford Bike Shop is perhaps best for a new blke or to accessize their present cycle, Hamilton Bicycles at 25 Hamilton St.,

The bike shop has been in business some nine years, offering the latest bikes that the



LINDA D. EPSTEIN/FORBES NEWSPAPERS George Johnson of the Cranford Bike Shop adjusts the gears of a bicycle in

Hamilton Bicycles is specialized cycles for heart rate therapy, said owner Sam Gilbert.

the store at 103 N. Union Ave. In Cranford.

The feature of heart rate therapy capable bikes is the constant heart rate a user acquires by utilizing the cycle.

The use of such a device is most helpful One of the unique offerings found at for those who should not strain their hearts,

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said Mr. Gilbert. He added that once a desirable aerobic heart rate is arrived at the device will ensure the rate remains stable.

Mountain bikes seem to be the biggest seller at Hamilton Bicycles, however, and the new genre provides for greater flexibility for those who wish to cycle off the beaten path.

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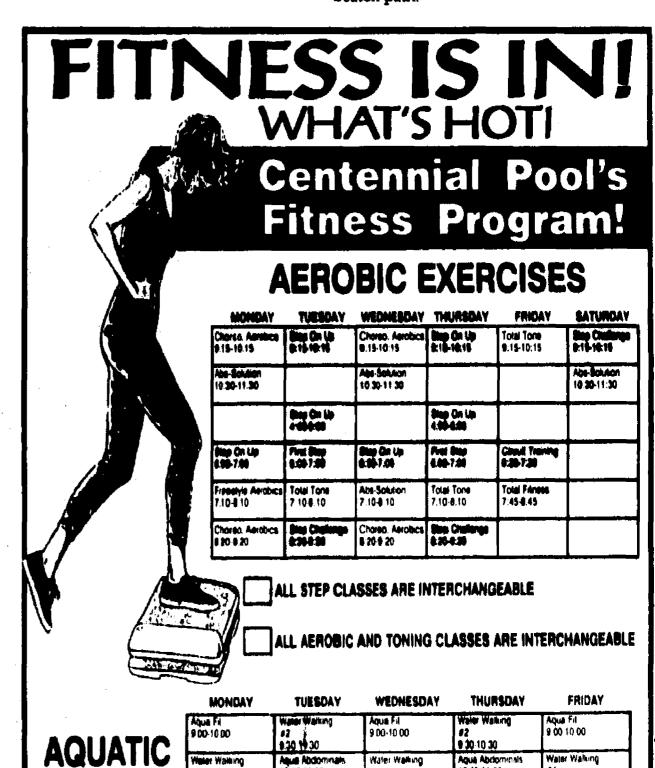
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Skis — and skiers — must be ready

By CHRISTINE RETZ

SPECIAL CORRESPONDENT

Ton-skiers often have a vision of skiing that goes somewhat like this: you drive to the mountain of your choice, park the car, strap on your skis, and take the lift to the highest peak - no preparation or forethought involved.

Well, as has become a popular slang phrase, "NOT!"

At the same time, the equipment must be ready for the season. Easy Rider Ski Center, 362 North Ave. East, Cranford, specializes in ski tuning, says co-owner Tom Snyder.

"We have built our business by being experts in ski tuning and binding maintenance."

Skis and equipment that are professionally maintained are safer and will last longer. Easy Rider rents not only ski gear but also snow boards, which Mr. Snyder says are becoming more popular with every passing season.

Those who want a change of pace from downhill skiing often like to try cross country skiing which is different in many ways from its cousin. Not only is the equipment and terrain different but the body also responds in different ways, with different sets of muscles being exercised. Easy Rider also rents cross country skis

for those who want to try this stores have a full stock of all the

However, taking that fabulous run down the slopes is the last step in the skier's journey toward a great run. An awful lot has to come before that.

Chief among the preparations is conditioning of the body and the equipment. One is just as important as the other, and both are interdependent. If one doesn't work, the other won't either.

Skis and equipment that are professionally maintained are safer and will last longer

One of the best ways to tone the body for the exertions involved in skiing is by rollerblading, states Ron Houghton, manager of 4 Season Ski, 83 Route 22, Green Brook, and 415 Route 18 (Village Green Shopping Center, East Brunswick). Rollerblading is a cross between ice skating and skiing and is an excellent exercise tool for skiers and non-skiers alike all year round. This form of skating also provides an excellent workout for the legs and cardiovascular system alike.

Taking its name literally, the year.

top name brand skiing equipment and apparel that will keep you on the slopes from Thanksgiving to Easter, as well as those rollerblades and related protective gear to keep you in shape from Memorial Day to Halloween.

The staff at 4 Seasons likes to see its customers on the slopes as much as possible and, realizing how expensive it can be to rent equipment at the ski resorts, has a variety of very affordable equipment rental packages for youthful skiers (who will grow out of their equipment) and novices alike who don't ski that often but who like to take advantage of the slopes when their schedules permit.

Personally. I like to go to the apres-aki room directly after breakfast, but wouldn't dream of wandering in dressed incorrectly. Someone might suspect that I was an avid non-skier! Wanting to know how best to blend in with the bona fide skiers after their return from the slopes. I turned to 4 Season for advice.

Neon colors are out this year, said Mr. Houghton, who added that the darker jewel and earth tones are found in all the fashionable ski apparrel that the 4 Season stores are carrying this year.

The folks at 4 Season also foretell of a great skiing season this

Feast of culinary ideas is available at bookstore

(Continued from page 8) etarian cocking.

She says a customer who teaches classes on mutitional cooking ueee *For Goodnese* Sake in her instruction.

A second suggested title is The T-Factor Diet by Martin Katahn (authat of The Rotation Dief; and pulplished by Bentem Books.

The book includes a fet gram counter, meet plans and recipes for bresidest, funch and dinner.

"It's basically about cutting the fat and is very popular," Ms. Thomas

She also recommends When Food is Love by Jeneen Roth, published by NAL/Dutton.

It is about compulsive overesting and the author, a sufferer, recently appeared on Oprah Winfrey's show to advise other compulsive overeaters how to break the habit.

Ms. Roth also wrote Feeding the Hungry Heart, another big seller.

Scott Randolph describes himself as general all-around assistant at Metuchen Book Shop, 438 Mein St., Metuchen.

The store has been in operation here for 25-30 years, but has been owned by Byron Sondergard for the past 10 years.

"One nice thing about the store is that it is designed so it is easy to get beby strollers in and out and around the store," Mr. Randolph

The store carries a large stock of **New Jersey and northeast area** books, travel subjects, folklore and a very large mystery section — the store's owner is a serious mystery aficionado.

They also carry classics and heve a large children's section.

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The degenerative changes progress gradually (this is why sitting's effects have been virtually unnoticed); thereby affecting the quality and quantity of work. Chiropractic care can be beneficial by reducing the biomechanical stress on the body.

TYLEAR



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DIANE MATFLERO/FORBES NEWSPAPERS

Theresa Lavitola uses a weight machine at Gold's Gym, 363 Market St., Ken-Hworth.

Exercise the options

(Continued from page 2) therapy for patients in the process of recovering from several types of ailments and injuries.

Whatever you do, "easy does it," said Tony Posella, manager of The Racquet Club of Warren at 149 Mt. Bethel Road in Warren Township.

program which starts off easily for those who have not exercised regularly.

By beginning a program of strength train-classes.

ing in the Racquet Club's fitness center which boasts Nautilus equipment, Stairmasters, treadmills and Life Cycles among others — a beginner may increase strength and stamina and prepare for the vigorous pace of the aerobic offerings of the facility.

Once the body is conditioned, said Mr. Posella, a patron may wish to utilize his Mr. Posella said he recommends a fitness establishment's seven indoor tennis courts, 10 racquetball courts or the 16,000 feet of space set aside for various types of aerobics

Good diet means good health

By AMY GARVEY

SPECIAL CORRESPONDENT

There's no denying it anymore — the foods that Americans have been raised on aren't exactly the healthiest. Red meat. heavy sauces, hot French fries, and ice cream are but a few of the items doctors and nutrition experts have advised us to stay away from. Calories and fat content have combined to make Americans some of the most overweight people in the world, as well as one of the populations with the greatest occurrence of high cholesterol and heart problems.

Cutting out snacks isn't enough, however. The rest of a healthy diet must include plenty of fruits and vegetables, as well as grains. Kicking the eating habits of a lifetime can be difficult, but there are a variety of resources for people who want to lose weight, as well as eat the right foods.

Even the healthiest and most natural

foods can spell disaster for those of us who overeat. Many of us can shed the extra few pounds we gained during the holidays, but for people who need to lose a great deal of weight, more effort than cutting out snacks is required.

Westfield Diet Plan is dedicated to more than simple weight loss.

"We're known as the self-esteem group," said Maria Chororos, counselor. "It's difficult to enhance your appearance if you don't feel good about yourself."

For that reason, clients attend one-on-one counseling sessions to help identify eating behaviors, although weekly group seminars are available, as well as many workshops designed specifically for women. Food itself, of course, is still a major concern, even when you understand why you overeat.

"You've got to cut down on proteins, fat and sugar, and make your diet mostly grains and vegetables," said Isabel Tabatchnick, another counselor. "Lots of water is also essential to any diet."

You've always wanted to try tt Classes start at the following locations: Highland Park YMHA Jan. 18 (Monday) S. Plainfield YMCA Jan. 12 (Tuesday) Feb. 4 (Thursday) New Brunswick YWCA **Westfield YMCA** Feb. 3 (Wednesday) Metuchen-Edison YMCA Jan. 27 (Wednesday) Middlesex County College Feb. 11 (Thursday) OCEAN EXPLORERS

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