

OCTOBER 1996

Italian fest to feature  
Belleville artists

See Page 5

Resident honored  
at Clara Maass

See Page 10

Lady Buc volleyball team  
wins championship

See Buc Shots, Page 13

# Belleville Times

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Thursday, October 3, 1996

50¢

## Boy receives much help

'Macho' Rivera gets  
needed assistance

By Joe Brennan

Kathy Rivera breathes a sigh of relief every time she thinks about the outpouring of help and affection given to her family by Belleville residents and private organizations.

Kathy is the mother of Guillermo "Macho" Rivera, a fourth-grade student at School 3 who has been suffering from an inoperable brain tumor since late July.

Along with the emotional anguish of caring for an ill child, Kathy has had to deal with a litany of medical bills.

"Two of my medical bills totaled \$8,000 and my bill for August radiation is \$5,000," said Kathy.

Fortunately for the Rivera family, several organizations in Belleville, as well as private groups, have held events to offset the high medical expenses.

The most recent was a dance held at School 3 on Friday, Sept. 20, which raised \$1,845, said Mark Muro, home and school association president.

"Just because the dance is over doesn't mean we're done. I still have money coming in. Also, the Policemen's Benevolent Association donated \$500," said Muro.

Other organizations that are helping "Macho" include Children's Hopes and Dreams, which donated a computer, the

Vietnam Veteran's Association, the American Tumor Association, The American Cancer Society, the Firemen's Benevolent Association, the Policemen's Benevolent Association, and the Marilyn Green Foundation.

Also, the Jim Messina Civic Association is having an affair/fund raiser on Nov. 1 at the Chandler Restaurant in Belleville. The show will feature the Joe & Mary's Irish-Italian Wedding, with half of the proceeds going for the "Macho" Rivera Fund.

Although the Rivera family is receiving help from these organizations, Kathy has been hard pressed to receive help from the federal Social Security Insurance (SSI).

"I have been denied twice. They told me I had to sell my cars. I got so upset with them. Kids with learning disorders get the assistance," said Kathy.

While the effects of the illness have placed a financial strain on the family, "Macho" continues to keep a pleasant disposition in tact. "He was always that kind of a child, kind, considerate and always has a big smile," said Raffaella Saulino, principle of School 3.

Even though "Macho" has been on a reduced day because of medical treatments, Kathy can only praise his school performance.

"His grades are great. So far he's unbelievable. I just want to bottle the smile," said Kathy.

"Macho's" temperament has changed slightly because of a steroid treatment. Doctors will give him

(Continued on Page 3)

## Jamie's Friends



Jamie Conway



Some of the volunteers for the Friends of Jamie Inc. take time for a photo at the June 2 Walk for Jamie event held at the Clearmont Field in Belleville. Pictured are School Board Member Frank Montagna (third from left), First Ward Councilman Jim Messina (fifth from left), Jamie Conway (in foreground), Mayor Victor Canning (next to Messina), and JoAnn Conway (second from right).

## Keeping benevolence in tact

### Fundraiser held for ill girl

By Joe Brennan

Friends of Jamie Inc. is holding another benefit event to help Belleville resident Jamie Conway.

The fundraiser will be held on Sunday, Oct. 27 at 7 p.m. at the Belleville High School auditorium. It will highlight an "Oldies Extravaganza" with The Duprees, Good Fellas, and The Inferno rounding out the entertainment.

Friends of Jamie was formed by Linda Morgan and Maria Lombardi to help the Conway family offset the high medical expenses.

Jamie has suffered from Reflex Sympathetic Dystrophy Syndrome (RSDS) for the past year-and-a-half. RSDS attacks the sympathetic nervous system, one of two parts of the autonomic nervous system.

"She's gone from being a healthy cheerleader and dancer to being in extreme pain. She has a sharp pain that runs from her foot to her abdomen," said JoAnn Conway, Jamie's mother.

JoAnn said doctors believe Jamie developed this disorder

from a pinched nerve she received during a tap dance class on May 10, 1995.

"They think this turned into the syndrome. There's so much they (doctors) don't know. We've been to so many doctors," said JoAnn.

With all the visits to doctors, the bills have accumulated to a point of \$1,000 a week, said JoAnne.

"Her therapy from August to September of 1995 was \$35,600. I've been very embarrassed about

(Continued on Page 2)

## Council gives OK for bids

### Cop station moves forward

By Anthony Sessa

State Senator John Scott was instrumental in getting.

They say good things come to those who wait. Well, perhaps, for the Silver Lake residents who have been waiting a long time for their mini police substation, no truer words have ever been spoken.

However, Silver Lakers are going to be called upon to wait just a little longer as reportedly the mini Mobile Precinct Command Center, as it is being referred to, will not be up and running until probably February.

Town officials unanimously voted to pass the resolution for the substation at the public Town Council meeting that was held last Tuesday Sept. 24 and Mayor Victor Canning supported what Belleville Police Capt. Joseph Rotonda had said about the operational starting date for the mini precinct.

"It hopefully may be up by the first of the year, but probably not until around February," said Rotonda.

"February is a more than fair estimate," said Canning.

The passing of the resolution actually authorizes town officials to put out an advertisement for bids for the purchase of the mobile substation which, according to Rotonda, will, in all likelihood, be in the form of a truck.

The presentation of a formal proposal about the mini precinct to the council by the Belleville Police Department was made possible by the awarding of a \$500,000 state grant to the department in which

Rotonda said the intention will be to initially locate the mobile unit in the parking lot across from St. Anthony's Church on Franklin Street.

"That area was made available to us by the church, parking is also available, and it puts us right in the hub of things on Franklin Street," said Rotonda.

When asked if he felt the long-awaited arrival of the substation would deter crime in the Silver Lake area, Rotonda said yes, but also pointed out that it's "hard to measure" by how much at this time.

Mayor Canning said the passing of the resolution was an ideal way to convey a positive position in the township.

"I believe this is going to be a huge asset to fighting crime in Silver Lake as well as for the whole township," said Canning. "The fact that it will be mobile should also bring many responses because we can start it up and bring it to another place in town if we have to."

Rotonda said the decision to purchase a mobile station as opposed to having a building constructed was made because when the three years of the state grant funding is up, at least the town would still own the actual piece of equipment and would be able to relocate it if necessary. Rotonda is confident that Belleville will either be able to get additional funding to keep the

(Continued on Page 2)

## Mayor backs Democrat in Congressional race

Mayor Victor Canning, a Republican, on Tuesday announced his endorsement of the Democratic candidate for the Eighth Congressional District seat, William Pascrell.

Pascrell, the mayor of Paterson and a state assemblyman, is bidding to unseat freshman Congressman Bill Martini, R-8. The Eighth District includes Belleville.

"I am a full-fledged Republican," Canning said, "but in this case I firmly believe that Bill Pascrell will do a better job representing the needs of working families."

The endorsement did not sit well with Councilwoman Angie Pascheria, the township Republican chairwoman.

"Victor Canning does not represent the Republican voters of Belleville," Pascheria said in a prepared statement. "Belleville Republicans and, indeed, all the Bellevillians should support Congressman Bill Martini because he has done a good job in Congress. He's voted consistently with us in mind. He shares our values and priorities."

But the assistant manager of the outlet said she had been directed by Ticketmaster to disregard any early arrivals and begin counting heads at 4 p.m., half an hour before the computerized sale began. Also, she said, the owner of Dollar Video "did not want Yankee fans taking up all his parking spaces."

## Yankee fans go home Many lose out on playoff tickets

The New York Yankees are in the baseball playoffs, but some of their staunchest fans are cheering them on from their living rooms instead of at Yankee Stadium.

A chaotic distribution system left many ticket-seekers disappointed -- including dozens at a Belleville Ticketmaster outlet -- when the prized tickets went on sale Friday, two days after the Yankees clinched the American League Eastern Division title.

Belleville police were called in to keep order at the Ticketmaster outlet in the Dollar Video store on Belleville Avenue after irate fans, some waiting on line for eight hours, got rowdy when all seats sold out in 20 minutes.

One fan, Joe Zappolla of Belleville, said the outlet failed to honor a list he compiled that included the sequence and the times of the fans' arrivals.

About 60,000 seats for two playoff games were made available simultaneously at 4:30 p.m. at all Ticketmaster outlets and the stadium box office. By 4:50 p.m., every one had been snapped up.



Photos by Joe Brennan

Brendan and Morgan Sim have found a new friend in their dog Bailey. The Sim family adopted the greyhound through a Philadelphia based agency that has been in existence for seven years.

## Greyhound finds a safe, secure home

By Joe Brennan

comes before the greyhounds are exterminated by their owners.

His feet and legs used to be made for running, but now he'd rather relax in his backyard.

No, this isn't a marathon runner who has retired his Nike sneakers, but Bailey, a greyhound recently adopted by the Sim family of Belleville.

Maria Sim said she would like other families to be aware of how great former racing greyhounds can be as pets. She's hoping compassion from interested people

"They are so abused and neglected, the breeders see them for money. As soon as they stop running, they have no concern for them," said Maria.

Maria said she has always had an interest in greyhounds because of the abuse they take and said Bailey's pleasant disposition is important around her two children, Brendan and Morgan.

"My fascination came out of that people kill them," said Maria.

who are killed every year. "He's so docile. He doesn't want to run. He bonded instantly and was house broken instantly. If the kids bump into him he just walks away," said Maria.

Although it was a smooth transition for Bailey to fit in with the Sim family, staircases and telephones were imposing things the dog had to get accustomed to.

"They are afraid of stairs

(Continued on Page 3)

# Cop station moves forward

(Continued from Page 1)

mobile unit in Silver Lake or have its own resources to do so.

"With a building, we would probably have to pull out after three years," said Rotonda.

Councilman-At Large Jerry Digrori, did not agree with buying a mobile unit.

"We should have a building," said Digrori. "I feel the money would be better served if we took a piece of property and built something."

Rotonda reiterated that the goal of the substation would not only be to prevent foot patrol in the area, but also to help the residents improve the quality of life in Silver Lake.

"This is what the whole concept of community policing is all about," said Rotonda. "We occasionally may use the mobile unit for special blood screenings or the bicycle registration, and a lot more. People who have complaints with the department of works can come in and so forth and so on."

In regards to how many officers would be working out of the mini precinct, Rotonda offered a good idea as to how it may be.

"Presently, we are looking at having one superior officer and two patrol officers who would be working full-time there," said Rotonda. "We will also have a Crime Prevention officer and a DARE (Drug Awareness Resistance Education) officer whom would share their duties between there and our main headquarters."

Rotonda said the weekly schedule for when the mobile station would be open would probably be 9 a.m. to 5 p.m. on Mondays and Saturdays and 8 a.m. to 11 p.m. on Tuesday through Friday.

With the cavalry officially on the way, Silver Lakers can really take pride in believing that patience is a virtue.

"We're finally here," said Marie Burke, founder and President of the Silver Lake Civic Association.

"This is going to spark up the whole neighborhood. We're definitely moving ahead."

## Fundraiser

(Continued from Page 1)

the money part, but without the support I don't think I would have made it this far," said JoAnne.

Adjusting to a 360 degree turn in her life has been hard for Jamie, but she still keeps up her spirit, said JoAnn.

"She gets depressed a lot. But she's very happy to be back with her friends," said JoAnne, adding that Jamie is an eighth-grade student at Belleville Middle School.

"She cries when walking from class to class," JoAnn continued.

While Jamie has been adjusting to living with the disorder, friends and family of the Conways have lent their support. There was a dinner show held at the Branch Brook Manor in Belleville in March. And the Jim Messina Civic Association and the Belleville Fire Department have helped raise monies for the Friends of Jamie organization.

The Conway family, although placed under the same pressure any other family would have with an ill child, has persevered.

"I put a strain on us for a while, but we're holding on," said JoAnn.

Even with the support from the township, donations are still very much in need. If anyone would like to make a donation, you may make the check payable to the Friends of Jamie Inc. and mail it to the following address:  
Friends of Jamie Inc.  
194 Fairway Ave.

## Fire Dept. sets open house

On Saturday, Oct. 12, the Belleville Fire Department will be holding its annual Open House at Fire Headquarters, located at 275 Franklin Ave.

This event will bring Fire Prevention Week, Oct. 6-12 to a close. During Fire Prevention Week the department will be going to local schools and give talks to the students on fire safety.

At the open house there will be a demonstration on fire safety and other emergency situations such as motor vehicle accidents, medical emergencies, gas leaks, etc.

The open house will be from 1 p.m. till 4 p.m. Also, there will be refreshments and door prizes.

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Shown at the recent installation of the Rotary Club of Belleville are, standing from left to right, Adrea Chown, library director, Past District Governor Bob Pityo of Cedar Grove, Rene Gabbai, Angela Cuzzo-Zarro, who received Rotary's first Volunteer of the Year Award, Shirlee Sherman, past president of Rotary, Sol Sherman, and Roy Cohen. Sitting from left to right are Jacque Gabbai, Enza Gabbai, and Pastor Nancy Moore of the Bethany Lutheran Church in Belleville.

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## Clerk's Office registering voters

The Belleville Municipal Clerk's Office will be open for voter registration today, Oct. 3; tomorrow, Oct. 4, and Monday, Oct. 7, from 4 p.m. to 6 p.m. each day.

Registration will take place on the third floor of Town Hall, 152 Washington Ave., Belleville.

Those registered will be eligible to vote in the general election, set for Tuesday, Nov. 5.

## Columbus Day Ball is scheduled

The Belleville/Nutley Parade Committee is hosting its 14th annual Columbus Day Ball on Friday, Oct. 11.

Cocktail hour for the ball will be held 7-8 p.m. The dinner will immediately follow. Tickets are \$65 per person.

For more information call John Gizzo at 235-1818.

## Correction

In the Aug. 29 and Sept. 12 issue of the Belleville Times it was reported that Belleville is the only town in Essex County that doesn't provide housing for its senior citizen population. This information is incorrect because there are eight other municipalities in the county that don't provide senior housing. These towns are Essex Fells, Fairfield, Glen Ridge, Milburn, North Caldwell, Roseland, South Orange, and West Caldwell.

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# Belleville Senior News

By Joseph Restaino



Irene Goglia is out of the hospital and recuperating at home. Condolences to the family of Antoinette Molinaro who passed away this past week.

On a happier note, Phil Livecki has joined the Big Eighty (80) Club. Happy birthday Phil.

A happy anniversary to Jim and Marie Troiano who celebrated their 58th anniversary last week. Jim is president of the Friday Senior Club Inc.

In the Bookmark section of the paper, you will find a complete list of the day-to-day activities at the Belleville Public Library. You will find many rewarding programs. They are free so make use of them.

On Wednesday afternoon, Sept. 25, the Belleville Old Guard held its annual party at the Fairmont. John McGee and Adolph Vecchione were chairpersons. Nick Mauncelle was M.C. of the affair. Pat Rotondo is president of the Belleville Old Guard. Through a conflict, his wife, Jo, had to attend another affair. However, Pat had his brother, Armond, who was visiting from Arizona, as a guest. Nick Mauncelle introduced the officers of the organization. Vice President John McGee, Secretary Joseph Restaino and Treasurer Nick Mauncelle and Chaplain Hugo Antonelli. Tony Donato's Trio provided the dance music. My wife Mary and I sat with Anthony and Marge Lordi. Tom and Carmel Palente, Ed and Dot Barbig and John and Millie McGee. What a congenial group. We had a ball and I can say that it looked like all the others had a good time. Congratulations to the committee for a job well done. I forgot Jerry Gerard was in charge of the raffle.

The Friday Senior Social Club had a sandwich party on Sept. 21 at the Senior Center. As a special treat for the party, the banjo orchestra played for the dancing pleasure of the seniors. This band's rendition of "Our Fling" almost brings tears to your eyes. They received a citation from Congress for their patriotic rendition of this number and having heard it, I certainly agree with Congress. It was a very successful party and President Troiano's committee of chairperson Betty Barr with members Marie Troiano, Eleanore Bellina, Geri Trimarco, Janet Zepko, Rose Simeone, Tess Leonardis, Jo Molinaro and Andy Casese made sure that all had a good time. Happy 55th anniversary to Sam and Kitty Cocuzzo. Public Service advises that if you experience any electric outages to follow this advice:

1. Check your fuses or circuit breakers. If the problem is not fuses or circuit breakers, call P.S. at the number on the front of your bill.
  2. If your fuses or circuit breakers are in a flooded area, do not go near them. Call P.S. or the fire or police department.
  3. Turn off all major appliances.
  4. Stay away from fallen power lines.
  5. Have a battery-powered radio and flashlight handy.
  6. Keep refrigerator and freezer closed. Food will stay cold for hours and frozen for a few days.
- So keep cool and play it safe.
- Councilman Mario Drozd is conducting his monthly 4th Ward meeting on Oct. 2 at 7:30 p.m. at the recreation house at 407 Joramelon St. All are welcome to attend.
- Tid Bit: Standing in the middle of the road is very dangerous. You get knocked down by the traffic from both sides. What did you do today to make Belleville beautiful?

Gloria

She, who never had time to live  
Since most of her life was for others,  
herself to give  
Caring for her aging parents  
was such a burden to bear  
Still never complaining that of herself,  
she gave no care  
Not taking time to vacation at all  
While others were out having a ball  
Hurrying and scurrying, not a moment to waste  
Much to be done, so make haste  
Down the slope, up the hill  
Make sure to pay that pending bill  
Take time to sign that important will  
Tho her spirit was low and her pace was slow  
This unexplainable force was driving her so  
To place a monument on her parents grave  
for her was a must  
Not realizing that this too,  
someday will turn to dust  
As though a time limit for herself she set  
Strangely enough accomplishing it all,  
her seemingly deadline she met  
I pray in Heaven she get her just reward  
While I bow my head and praise the Lord.

Aunt Kathryn Van Ripper

## Boy gets help

(Continued from Page 1)

a 30-day waiting period after six weeks of radiation therapy, then perform more tests, to see if the tumor has grown.

"If it starts growing then the next step would be chemotherapy, but I don't want the chemo," said Kathy.

Kathy has been in contact with the Boston Children's Hospital and the Dana-Farber Cancer Institute, also in Boston.

"In November I might have to go out there," said Kathy.

"But 'Macho' does have some vacation trips to look forward to, including a cruise on the Spirit Line of New York which cruises the New York Harbor.

Also, on Nov. 10 "Macho" will take a trip to Disney World in Florida and the "Make a Wish Foundation" is helping him get back to Disneyworld for Christmas vacation.

For the help the Rivera family has received, Kathy is certainly grateful.

"The support in Belleville is

unreal," she said.

Since donations are still very much needed for the Rivera family, anyone who would like to make a donation may make the check out to the "Guillermo 'Macho' Rivera Fund and mail it to:  
c/o Mark Muro  
School 3  
230 Joramelon Street  
Belleville, NJ 07109

## Greyhound finds a home

(Continued from Page 1)

because they spent all of their time in kennels. But now he just goes right up them," said Maria.

Maria was told by friends who had adopted greyhounds about an agency in Philadelphia, the National Greyhound Adoption Program. After filling out a three-page application and paying a total cost of \$260 for the process, the two-year-old Bailey arrived to stay with the Sim family.

"That cost is cheaper than any pure breed you would get," said Maria.

Bailey arrived in the household as not the only pet in the house. The Sim family have an eight-year-old Shih-Tzu named Bud Light.

David Wolf, director and founder of the non-profit National Greyhound Adoption Program, started the organization seven years ago when he was appalled at the treatment given to the dogs.

"I went on vacation to Florida and went to a dog track for entertainment. I sat next to someone who trained greyhounds and was disturbed about what I heard," said Wolf.

The next step for Wolf, after purchasing a condominium down in Florida to bring some greyhounds back to Philadelphia, was

getting cooperation with airline companies to transport the animals. After getting cooperation from US Air, a kennel facility base was built and the company eventually grew to its present size of 53 kennels.

After performing 46 adoptions in 1990, the agency completed 700 adoptions last year and almost 3,000 adoptions since its inception, said Wolf.

Wolf added that although his organization is the largest, there are other agencies and 15,000 greyhounds were adopted throughout the United States last year.

"But the philanthropic arm of his agency reaches into the legislative and legal fields as well.

"We're an advocacy group and got involved with anti legislation for racing tracks," said Wolf.

Maria, who has also become somewhat of an expert on the greyhound racing business, said there are 52 tracks in the United States, with 18 in Florida and 19 states overall have racing facilities.

"They bet on them just like the horses," said Maria.

If anyone is interested in adopting a greyhound, you can reach the National Greyhound Adoption Program at 8301 Torresdale Avenue, Philadelphia, Pa. 19136. Or call them at 1-215-331-7918 or 1-800-348-2517.

## Young people sought for AmeriCorps

By James Zoccoli

College graduates living in Essex County who harbor an interest in helping the needy are being encouraged to become a part of AmeriCorps.

A total of 24 recent college graduates are sought to work full time for one year on various public service assignments throughout Central and North Jersey.

"It's a great year of learning," said Laura Caldwell, program officer of the New Jersey Community Development Corporation, an arm of AmeriCorps.

Caldwell said many New Jersey

children very much need one-on-one counseling and AmeriCorps workers are trained to help the youths.

Persons selected to join AmeriCorps are expected to work 40 hours a week with children, the homeless, impoverished families, teenagers afflicted by child abuse, and the disabled.

AmeriCorps members receive a living stipend of \$8,500 and an educational award of \$4,725 to pay off student loans or help fund graduate school.

For more information call Laura Caldwell at 225-0555.

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Center Cut PORK CHOPS \$2.49 lb. Trimmed	95% Lean Tender BEEF STEW \$2.69 lb	All Beef BEST FRANKS \$2.19 lb. pkg.
95% Lean Tender PEPPER STEAK \$2.79 lb.	Milk Fed VEAL CUTLETS \$8.49 lb.	PORK CUTLETS \$2.99 lb.
Smithfield BACON \$1.99 lb. pkg.	HOTEL BAR BUTTER \$2.19 lb. pkg.	Homemade Lean Beef HAMBURGER \$1.89 PATTIES 5.18/1lb.
Homemade CHICKEN PATTIES \$2.19 lb	Boneless Extra Lean SMOKED HAM \$2.99 lb. whole or 1/2	Cooked CORNED BEEF \$3.49 lb. Full lb.
Lard O' Lakes CHEESE WHITE OR YELLOW \$3.39 lb (Full lb.)	Hormel Rosa Grande PEPPERONI STICKS \$3.49 lb.	Homebakd VIRGINIA HAM \$2.49 1/2 lb.

MAE VISA WE ACCEPT

# OUR OPINION

## Clara Maass Medical Center still an innovator

Next week, Clara Maass Medical Center in Belleville will open an innovative facility dedicated to female patients: the Women's Health Center at Clara Maass.

The center is intended to provide health services geared toward women's wellness and illness. It will include a dedicated breast service; a perinatal program; an extensive resource center, featuring literature, videotapes and CD-ROM presentations; diagnostic imaging; a gynecologic, cardiovascular, pulmonary and neurologic risk assessment, and expanded gynecologic oncology programs. It will also provide preventative blueprints to ensure cardiovascular and bone fitness and will act as a focal point for support groups

and the medical center's "Hearts of Gold" volunteer program.

With the recent increase in the incidences of diseases affecting women, such as breast cancer and osteoporosis, the Women's Health Care Center at Clara Maass is a needed facility. It is an effort to provide a single, accessible environment offering coordinated and ongoing attention to women, who now might have to search for the same services at scattered locations.

The new center is further evidence that the medical center and Clara Maass Health System, its parent organization, remain vital and progressive institutions more than a century after the medical center's founding.

### Working for tomorrow

## College graduates sought for AmeriCorps effort

Graduates looking to land a career in social services may find AmeriCorps an interesting way to begin.

AmeriCorps, often called the nation's domestic Peace Corps, helps young men and women prepare for leadership roles in both public service and social services through an array of humanitarian activities.

Persons selected to join AmeriCorps are expected to work 40 hours a week with needy children, the homeless, impoverished families, teen abuse victims, and the disabled.

Currently, a total of 24 recent college graduates are being sought to work full time for one year on various civic assignments throughout Central and North Jersey.

AmeriCorps members receive a living stipend of \$8,500. The money helps AmeriCorps workers make it financially through the year. The graduates also receive an educational award of \$4,725 to pay off their student loans or to help fund further

education studies at graduate school.

Founded by President Bill Clinton, the AmeriCorps effort has enjoyed some modest success in helping the needy, particularly in urban areas.

The program, however, has been the object of occasional partisan bickering in Washington. Democrats and Republicans have been trading political barbs on whether AmeriCorps is cost effective. That partisan dispute may soon be reinvigorated as the November election picks up steam.

But in the meantime, the program is seeking Essex County graduates to join.

AmeriCorps promises to be a great experience for the 24 grads picked to participate. Valuable life experiences will be gained, as well as acquiring that wonderful feeling of accomplishment.

For local graduates hoping to help the needy in the decades ahead, AmeriCorps seems an excellent place to begin.

## Quotables

Unless we remember, we cannot understand. -- E.M. Forster

Those who are of the opinion that money will do everything may very well do everything for money. -- Lord Halifax

The way out of trouble is never as simple as the way in. -- E.W. Howe

It is the mark of a good action that it appears inevitable in retrospect. -- Robert Louis Stevenson

I have lived in this world just long enough to look carefully the second time into things that I am the most certain of the first time. -- Josh Billings

Advise and counsel him; if he does not listen, let adversity teach him. -- Japanese proverb

Keep your eyes wide open before marriage and half-shut afterwards. -- Benjamin Franklin

The most ominous of fallacies -- the belief that things can be kept static by inaction. -- Freya Stark

One-half the troubles of this life can be traced to saying yes too quick, and not saying no soon enough. -- Josh Billings

God works in moments. -- Ralph Waldo Emerson

Some luck lies in not getting what you thought you wanted but getting what you have, which once you have got it you may be smart enough to see it is what you would have wanted, had you known. -- Garrison Keillor

Nobody roots for Goliath. -- Will Chamberlain

## Life in Silver Lake By Marie Strumolo Burke

You know, some people can go a lifetime without ever being written up in the newspaper. Not this person. She could have a weekly column written about her. Every time you turn around she's into another projector activity to help someone or her community.

Her name... Angela Cuzzo Zarro. Sometime ago, Angela's aunt passed away. In memory of her Aunt Jennie Burde, she wrote a eulogy and had it published in the Times.

When it appeared, she received a phone call from a lady in town telling her how lucky her aunt was to have someone like her to take care and help out in a time of need. She also said that her husband fell ill and that for nearly two years she barely saw anyone.

Angela asked how this woman got her telephone number. The woman responded that she saw Angela's name in my column and assumed it was the same person. Lo and behold, it was.

Would you believe that this woman was once a Silverlaker? Being the type of person that Angela is, she made a visit to this woman with present in hand, "Angel" Bath Soaps; how appropriate, since we call her an "Angel".

As a momenta, the woman mailed her a bracelet. Since this woman has no children, Angela still keeps in touch. And so another name for Angela...this time it's "Pollyanna".

Does everyone know who Pollyanna was? Well, you know I'm gonna tell you. She was the heroine of the novel of the same name in 1913 by Eleanor Porter -- characterized by irrepressible optimism and a tendency to find good in everything.

And that, my dear Angela, is what you are...Pollyanna.

Every time I think I know or understand Angela...she comes up with another surprise. Now she's a poet.

When my husband reached his 56th birthday, Pollyanna sent him the cutest card I've ever seen. A red flower with petals just opening up and the cutest baby sitting in its fold. The saying went like this:

"Charlie, you're a wonderful guy, Believe me, that isn't a lie. Married to Marie, now that is so great, She certainly is a wonderful mate. It is your birthday and 56 you will be, So, the best of everything is wished, To you from me."

Yep, Pollyanna wrote it. You can't get any better than that. My husband was touched with this poem and pleasantly surprised.

To show how everyone feels about Angela, her reward came when Mrs. Sherman, outgoing president of the Rotary Club, presented her with an award as Volunteer of the Year at their dinner held at the chandler. As you can see by the photo, Sam Papa and myself represented the SLCA. This was a complete surprise to Angela that night, especially when she saw her family come in.

What next? Angela helps out with every worthwhile



From left, Angela Cuzzo Zarro, named volunteer of the year, is greeted by Silver Lake Civic Association trustee Sam Papa and Marie Strumolo Burke, president of the SCLA.

activity imaginable...but fortunately, her heart is in Silver Lake. She is one of the best Trustees we have in the association.


Now, don't get a big head Angela. You know, I was thinking, maybe we should change the name of my column, to "The Life of Angela Cuzzo Zarro." Hey you never know!

And, by the way...happy birthday. This will save me sending you a card.

Poetry day in Silver Lake. Hey, all you poetry lovers out there. If you would like to select your favorite poem and read it, please contact the Shaffer Branch Library on Magnolia Street. You can audio or video tape the selection.

The date is Wednesday, Oct. 9 at 1:05 p.m. and registration is required in advance.

Remember, we love Silver Lake, and Pollyanna, too.



**Of All Things**  
By Frank Orechio  
A feature of the Nutley Sun, Bloomfield Life and Belleville Times

\* **TUESDAY**, we had a surprise visit from Eric Taylor representing the popular television series, "Unsolved Mysteries" which is based in Burbank, California, regarding the Susan Walsh case. Internationally known psychic, Dorothy Allison, has had a vision indicating Susan Walsh is alive. But shortly before Dorothy Allison made known her psychic theory, one of our own staff members envisioned Susan Walsh as a murder victim whose body was left at the north end of Newark's Branch Brook Park, near the Belleville border. Our Nutley Sun Editor, Jim Zoccoli investigated the scene and was subsequently approached by Eric Taylor of the "Unsolved Mysteries" program requesting that they visit the site.

\* **TUESDAY** night's salute to the leadership of Essex County Republican Chairwoman Jeanne Parke was very successful. Held at Livingston's Crystal Plaza, Governor Christie Whitman headed the list of notables and party faithful that paid \$150 per person for the privilege. This occasion was one of the more successful events since the Republican County organization was led by Parke.

\* **SUSAN FORD-BALES**, daughter of former President Gerald Ford, will be the feature speaker to mark the occasion of the grand opening of Clara Maass Hospital's Women's Health Center on Wednesday, October 9th at 4 PM. Susan shares her mother's personal experience with breast cancer and the importance of early detection.

\* **YOUNG** Robert Cordasco, son of the assistant manager of the Getty Gas Station on the corner of High St. and Bloomfield Ave., Nutley, has written from Dublin, Ireland, where he is enjoying good spirits and health. Robert has been assigned to work with the Minister of Defense and Security for Northern Ireland affairs. He is interning in preparation for a life in law enforcement.

\* **THE** Bloomfield Ampere Coalition is sponsoring a four-day fundraiser October 10-13 -- a Columbus Festival -- a feast to raise money for senior citizens' bus and upgrading of walkie-talkies used by the organization. The activity will be held on the corner lot at Ampere Parkway and Bloomfield Avenue next to Rickels -- thanks to the donation of the site by Nick Tozzi of Lynne's Nissan and Infiniti Motors.

\* **WE**, our staff included, grieve over the loss of one of our finest long-term employees, Shirley Reid, who died recently. Shirley was an employee of Orechio Publications for more than a quarter of a century -- dependable beyond any expectations. At work daily by 8 AM sharp, every week, never missed a day for sickness or otherwise until she became ill four months ago.

\* **OUR** Bloomfield Life editor, Steve Galvacky, was voted an award in the "Editorial Writing" category by the prestigious Pica Club of North Jersey. Nutley Sun editor, Jim Zoccoli, was awarded a prize for the

"News Photos" category for his picture of the demise of the ITT Tower. The awards will be made at the annual Pica Club at a 7:30 dinner scheduled for November 2nd at the Glen Rock Inn.

\* **OUR** own Connie Francis will be at Atlantic City's Harrah's Casino this weekend.



Connie Francis

\* **ONE** of the hottest U.S. Squeak races in the country is going full blast involving Congressman Bob Torricelli and Republican Dick Zimmer. A 90-minute debate is scheduled for Saturday, October 5th carried live on News 12 and CTN, replaying at 8 PM, Saturday and 7 PM Sunday, October 6th on News 12.

\* **COMPOSTING** supporters are urged to attend Cornucopia's annual festival this Sunday, October 6th from 2-6 at 86 Elm Street, Montclair. Tom Paulus, hostess for the occasion will tour you through her "compost-buil" front yard spiral garden and Permaculture beginnings and autograph her book, "Hope for the Flowers".

\* **ESSEX** County Executive James Treffinger is hosting a reelection party for Freeholder Nick Roli on Monday, October 7, 7 to 9 PM at the Women's Club of Caldwell. Call 857-2565 for information.

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# YOUR OPINION

## Ex-council member criticizes clerk position

To the editor:  
The Township of Belleville pays its town manager \$86,000 per year plus benefits, a car, and a car phone. He has two very capable and efficient secretaries who work for him. Why are we paying Mr. Colin Donnelly \$26,600 plus benefits to be a "private clerk" to the manager?

I understand Mr. Donnelly came to Belleville from the Welfare Department in Essex County through a former Councilman who works for the County in that department. Not only did Mr. Donnelly work with the Councilman, but rumor has it that Mr. Donnelly is his nephew. I am sure that this relationship had nothing to do with Mr. Donnelly getting the job. Yeah Right.

Mr. Donnelly is not needed. What is his job description? Is it a civil service title? Maybe the Manager should cut his pay to \$60,000 to cover Mr. Donnelly's pay. Hey, a tax point is a tax point.

Kevin G. Kennedy

## Resident argues against Dole media coverage

To the editor:  
Yes, on Wednesday Sept. 18, Republican presidential candidate Bob Dole admittedly had a bad day;

## Health Department gives flu shots

The Belleville Health Department will hold its annual flu immunization and pneumonia vaccine program for Belleville residents only on Oct. 5 at the Belleville Senior Citizen Building, 125 Franklin Ave.

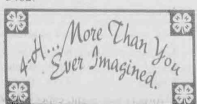
that the flu vaccine will not be administered to the following groups: pregnant women, anyone with fever or with an acute illness, people under 30 years of age, all those who have received another type of vaccine within the past 14 days, and anyone who has an allergy to eggs, chicken or chicken feathers. Longo advises anyone with doubts about receiving the vaccine to consult their physicians.

Pneumonia vaccine will be given to persons 65 years of age or older and persons with chronic illnesses who have written note from their private physician stating there is an increase risk of pneumococcal disease to their patient. If you have

received pneumonia vaccine before, you can not be revaccinated. Revaccination of adults with Pneumovax is contraindicated.

Questions about flu shots and pneumonia vaccine will be answered if residents call the Belleville Health Department at 450-3393.

Senior Citizens needing transportation to Senior Citizen Building, call the Belleville Health Department's Dial-A-Ride at 450-3402.



and weren't the media gleeful!

Now if only it could be linked to his age, but that darned fall he took was due to a faulty barrier and he was able to bounce back and even joke about it.

Ah, but alas he also referred to the Los Angeles Dodgers as the Brooklyn Dodgers. This should really prove his inability to lead our country.

Everyone knows it deserves more TV and press coverage than any gaffes President Clinton and Vice President Gore have made, like when Mr. Gore didn't recognize the statue of Thomas Jefferson at Monticello, the Jefferson home or when our Bible-spouting President not once, but twice (once regarding Bosnia and once about Ireland) referred to "the peacemakers" as those who would inherit the earth, it seems he was talking about "the meek".

After all, aren't "the peacemakers" to be "children of God" (Matt. 3:5)?

Oh, and it must have been very comforting to the victim's families when our president referred to Flight 800 as Flight 100.

Let's not forget the burning of black churches back in the 1960s, remembered so vividly by our president; funny how there's no record of any Arkansas church burning at that time.

None of these "slip-ups" are newsworthy, nor will they change anyone's votes, but if one party's "goofs" are going to be aired so vehemently, doesn't the other party deserve equal time, or are the media just trying to "Quayle" Bob Dole?

Barbara Hahn



## Resident named Ms. Petite N.J.

Liz Ann Rizzolo, 20, of Belleville, was recently named Ms. Petite New Jersey at a beauty pageant held at the Seasons Resort, McAfee.

Rizzolo was one of dozens of women, single and married, between the ages of 16 and 35, who competed for the title, which judged contestants based on their appeal in swimsuits and evening-wear, and their answers to an impromptu on-stage question.

Rizzolo has completed in two dozen pageants throughout the country, and won top awards in several of them. Last year, she was crowned Miss New Jersey Teen Princess. In that competition, she tied with 60 other young women from the metropolitan area.

Rizzolo, a graduate of Mt. St. Dominic Academy in Caldwell, is a junior at Flagler College in St. Augustine, Florida, where she is majoring in Communications.

Rizzolo is an accomplished dancer who studied at Danceation Studio in Bloomfield for nine years; she was also a student teacher and demonstrator at the school for five years.

She has also participated in the Performing Arts Workshop of the Cerebral Palsy Center in Belleville. At Flagler College, she is a member of the school's dance team, which performs at half-time during home basketball games.

Rizzolo is also a dj, for the college radio station, a writer for the college newspaper, The Gargoyle, and a member of the yearbook staff. She also volunteers as an English tutor and as a Student Ambassador.

As first-place winner of this year's Ms. Petite New Jersey contest, Rizzolo received an all expenses paid trip to Winston-Salem, North Carolina for the National Ms. American Petite Beauty Pageant where she came in second place.

## Italian fest to feature two artists from Belleville

—Belleville artists will be featured when the Center for Italian and Italian-American Culture, Inc., a non-profit organization based in Cedar Grove sponsors its third annual "Bella Italia" festival.

The event will be held Saturday, Oct. 5, from 10 a.m. to 6 p.m. at the South Mountain Reservation on Northfield Avenue in West Orange.

The all-day event will include entertainment and cultural displays of interest to all ages both inside and outside the arena. The cultural and informational display will feature various organizations, all with an "Italian connection." Volunteers from Turtle Back Zoo in West Orange will be on site to show off some of the animals and answer questions for the crowd.

Local Belleville artist Marcia Miele will have her work on display and for sale.

Also from Belleville is display member Daniel Quinn, who has programs and documents from his work as a directing assistant for LaScala and the Piccolo Teatro di Milan. His display, "Contemporary and Classical Italian Theatre and Opera," will be accompanied by music of the great voices of 20th century.

Red Mike and his Festival Band, the official band of the San Gennaro feast, will once again be part of this fun day. Sogni d'Oro, Italian folk dancers will perform using authentic instruments and the audience will be invited to join them on stage.

Frizzi and Lazzi, an old-time Italian-American music and theatre company, will be on the "piazza" in period costume.

Food vendors will be selling Italian "feast foods", including sausage and peppers, pizza, zep-poles and pastry.

New to the celebration this year will be a separate two-hour evening show at 8 p.m. to benefit the Center, "Moments to Remember," with the Tommy Dorsey Orchestra directed by Buddy Morrow. Also, the Four Lads, featuring Frank Busseri and starring Lynn Roberts, will feature their many hits from the 50s and the Big Band era. In addition, Italian comedian Rick Starr will be appearing. General admission is \$20.

For information, call the center at 812-0433. Tickets for both events available from Ticketmaster at 507-8900.

## Construction project continues at Clara Maass

A project to create a new main lobby and reception area on the ground floor of Clara Maass Medical Center in Belleville continues to move along.

Part of the \$3 million construction and renovation program designed to provide patients and visitors to the medical center easier access, the project entered its second phase this week.

The existing ground floor entrance to the medical center will be closed to prepare for construction of a larger vestibule and installation of a canopy over a portion of the walkway leading into Clara Maass.

During this construction, patients and visitors can access the main entrance to the medical center via an outdoor stairway which is located

immediately to the right of the ground floor entrance. For those unable to use the existing stairway, a vehicle drop-off and pick-up location has been designated outside the Main Entrance.

Directional signage will be posted throughout the medical center campus and medical center staff will be available for assistance.

Clara Maass Medical Center, a division of Clara Maass Health System, is a 465-bed facility which provides an unparalleled continuum of care to residents in northern New Jersey. Clara Maass offers an array of community programs, acute and sub-acute care, and rehabilitative

and long-term care services. For more information on programs and services, please call 1-800-CLARA MAASS.

## Marine receives new assignment

Dannie L. Cohen, son of Willie F. and Agnes A. Coleman of 86 Mal'ne Ave., Belleville, recently reported for duty with Marine Wing Support Squadron 172, 1st Marine

Aircraft Wing, Okinawa, Japan. Cohen is a graduate of Belleville High School who joined the Marine Corps in October 1995.

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James Connors Jr.

## Petty officer in naval exercise

Navy Petty Officer 2nd Class James Connors Jr., son of Mariana Connors of Belleville, and the rest of the crew of the command ship USS Coronado recently completed Exercise Rim of the Pacific '96 (RIMPAC '96), one of the world's largest naval exercises. Held off the coast of Hawaii, the month-long exercise was designed to improve the tactical capabilities and operational readiness of the maritime forces from the United States, Canada, Australia, Japan, Chile and the Republic of Korea.

The Coronado is the flagship for the Navy's Third Fleet, which is responsible for training carrier battle groups and amphibious ready groups for overseas deployments.

The multi-national exercise, which involved 45 ships and more than 30,000 sailors and marines, was a crucial step in the Third Fleet's training schedule for the USS Kitty Hawk Battle Group and U.S.S. Essex Amphibious Ready Group (ARG) as they prepare for an important six-month deployment to the Arabian Gulf region scheduled to begin in October.

Connors enjoyed participating in the exercise and working with other U.S. ships as well as with foreign military forces.

"I enjoyed the sporting events and other activities," said Connors.

## Former Democrat chosen as GOP freeholder nominee

Joseph "Buddy" Fortunato, a former Democrat who lost his state Assembly seat while facing bribery charges a decade ago, is the Essex County Republican Party's choice for the District 5 county freeholder seat.

Fortunato was unanimously nominated by the GOP on Sept. 11 to replace Yolanda Gehring of Nutley as the November opponent of Democratic incumbent Louise Palagano.

The newly converted Republican was on vacation in Europe and did not attend the District 5 committee's nominating meeting, which was held in Verona and attended by about 70 of the 300 committee members.

A Montclair resident, Fortunato had been accused of taking a \$2,000 bribe in exchange for a job on the New Jersey Turnpike Authority in 1985.

A jury that condemned the prosecution for bringing the charges against Fortunato subsequently acquitted him, but not before he

had lost a bid for re-election to the Assembly.

The Fifth Freeholder District is comprised of Nutley, Bloomfield, Glen Ridge, Montclair, Cedar Grove, Essex Fells, Nowata Caldwell and parts of Belleville.

Gehring, a hospital administrator, won the June 4 Republican primary for the nomination, outpolling 20-year-old college student James Gibbons IV of Glen Ridge by a substantial margin.

Later last month she withdrew from the race, citing increased personal and professional commitments which she said would have prevented her from devoting time to the freeholder post.

Republicans, currently outnumbered 8-1 on the county freeholder board by Democrats, had held the Fifth District seat for years until Palagano, a Bloomfield resident, edged incumbent Arthur Clay of Glen Ridge in the 1993 general election.

## PUBLIC NOTICE

The last day to register to vote for the Presidential Election is Monday, October 7, 1996.

The Township of Belleville Municipal Clerk's Office will be open for "Voter Registration". The Municipal Clerk's Office is regularly open Monday through Friday 8:30 am to 4:00pm and will remain open on the following dates:

Thursday, October 3, 1996 4pm to 9pm  
 Friday, October 4, 1996 4pm to 9pm  
 Monday, October 7, 1996 4pm to 9pm

"Voter Registration" will take place in the Municipal Clerk's Office located on the third floor of Town Hall, 152 Washington Ave, Belleville.

Mary Lou Hood,  
 Municipal Clerk



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Was denied the Sierra Club endorsement for Congress... with good reason:

As Paterson Mayor, allows city sewage to be pumped directly into the Passaic River.

As NJ Assemblyman, authored a bill to allow the dumping of sludge in the ocean off the NJ shore.

As Assemblyman, refused to vote on key measures to preserve and protect Sterling Forest.



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Twin, Ea. Pc.	\$ 446	\$223	\$34	\$189
Full, Ea. Pc.	586	293	44	249
Queen, 2 Pc. Set	1364	682	103	579
King 3 Pc. set	1858	929	140	789

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# HEALTH BEAT

An advertising section

## West Hudson Hospital sets babysitting seminar series

West Hudson Hospital's Community Health Department will sponsor a series of three-day seminars, "Babysitting: What You Need to Know," to arm future sitters with the information they need to care for children.

"West Hudson Hospital is committed to producing educational programs that promote prevention and early detection," said Carmen Alecci, chief executive of the hospital, located at 206 Bergen Ave., Kearny.

Classes will meet three times and present topics such as "What Sitters Need to Know," "What Sitters Need to Tell Their Parents," "Protecting the Baby," "Hooray for Play," "Bedtime, A Special Time" and "Toy Safety: Know the Seven Dangers," and will include tips on where to look for employment. Students will also be introduced to CPR, the Heimlich maneuver and first aid techniques.

"We emphasize safety for babysitters and the children for which they are responsible," said Kathryn Zewerich, West Hudson Hospital's Emergency Department administrative coordinator.

"We enjoy ourselves in class but we take seriously the issues concerning child care. Our students

practice personal care of the baby such as feeding and changing diapers on dolls. We also teach them how to prepare themselves as babysitter and how to determine their worth as sitters in the market," she said.

On the last day, students will be asked to review the material and are given an exam. Additional training and instruction is given if needed immediately following testing.

The session concludes with the presentation of certificates and followed by a celebration.

Students who recently received their certificates of certification were Joey Wood, Rachael Gasataya, Jennifer O'Neill, Jacalyn Lemise, Kaitlyn Dyes, Alexandra McAllister, Toni Ann Troy, Melinda Trzempla, Janine Bubet, Diana Giordano, Shannon Whalen, Myniah Keeley, Barbara DeSilva, Timothy Bunalski, and Lauren Stec.

All classes are held at West Hudson Hospital. The admission fee for the three class session is \$15.

For more information about the babysitting course or to register, call the hospital's Community Health Department at 955-7077.

## ACS walk seeks volunteers

Volunteers are needed to help stage Making Strides Against Breast Cancer, a five-mile walk to be held on Sunday, Oct. 20 at Liberty State Park, Jersey City. Making Strides is the American Cancer Society's biggest one-day event to create awareness and raise

funds in the fight against breast cancer. Volunteers are needed to staff information and lost and found booths and be part of other committees.

For further information or to learn more about the event, call 736-7770.

## CANCER SUPPORT GROUP

The following are FREE programs sponsored in conjunction with the Essex Unit of the American Cancer Society

They are open to anyone who is dealing with cancer... patients, families and friends

Breast Cancer Meets every 3rd Wednesday 1:00-2:20  
Support Group Beginning September 18, 1996  
For Breast Cancer Patients

General Support Group Meets every 4th Wednesday 1:00-2:20  
for Cancer Patients Beginning September 25, 1996

Support for Meets every 2nd Wednesday 1:00-2:20  
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All groups are led by Ann F. de Jong Hodgson RN, Ph.D and are held at

## ESSEX ONCOLOGY GROUP

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For more information or to register,  
Call: 744-2888 Ask for Ann

## 'Hands on Health'

### Pregnancy pain — expect relief!

By Robert Ruffalo, PT, DC, CCSF

Without a doubt, sharing the joys of motherhood are pleasurable, surprising, and exhilarating! Whether you're a husband, friend or relative, you can certainly relate to the excitement caused by a new baby. Although the entire population does not experience the joys associated with motherhood, we're all exposed to it in some way or another.

And then there are the pains — indigestion, mood swings, and BACK PAIN! One out of every two pregnant women report some kind of back pain including lower back pain/buttock pain, upper back pain/neck pain and sciatica. Very often, considerate family members and friends try to assist and ease the pain of the mother-to-be by helping with strenuous chores and lifting.

Besides the help of family and friends, pregnant women can rely on another solution. Physical therapy has been successful in treating back and leg pain in pregnant women for years, offering drug-free relief. Understanding body mechanics and the sources of pregnancy and post-partum pain goes a long way to avoiding or alleviating pain.

Changing hormones, posture, weight, body-mechanics and muscle overuse are the main factors contributing to pregnancy pain. Likewise, abdominal weakness, stretched ligaments (pelvic laxity), and poor body mechanics in baby care contribute to post-partum pain.

At a recent christening I attended, the new mother, Linda, asked me what she could do about her back pain.

"I'm so excited about my new son, but I have such a hard time lifting him without pain," she explained.

I suggested several ways to relieve pain during and after pregnancy. Just remember B-A-B-Y!

1. B-OOST YOUR BODY: Exercise regularly. If you are actively involved with an exercise routine, don't stop now. Maintaining muscle tone and flexibility help in both delivery and post-partum care of the baby. Consult with your OB/GYN or health care professional before including any high impact exercises. I suggest walking as a very effective, low impact exercise for the total body.

2. A-CCOMMODATE YOUR BODY: In preparation for the birth of the baby, the body becomes "top heavy" so to speak! Accommodate the upper and lower back with proper support and posture.

3. B-ABY YOUR BACK: Lift with your legs, not your back. Upright stress on muscles, joints and ligaments undoubtedly lead to higher incidence of injury.

4. Y-OU ARE A TEAM: After birth, get involved in a mother/baby exercise program to help strengthen muscles and lose unwanted weight. Remember to take it slow and speak with your doctor to discuss an appropriate weight loss strategy.

Needless to say, Linda called me to report the joys of motherhood. The baby is growing beautifully, her pains are diminishing, and the physical therapy exercises were almost as helpful as her mother's parenting tips!

As part of the "Hands on Health" campaign, FREE information on pre- and post-natal exercise tips may be obtained by calling 429-3001. Dr. Robert Ruffalo, director of A.T.E.A.M. Approach Chiropractic & Physical Therapy Center, is a licensed physical therapist and chiropractor. His office is located at 265 Broad St., Bloomfield.



Dr. Robert Ruffalo

## Children's health fair is scheduled in Nutley

Fire safety tips also will be offered

By James Zoccolli

Parents will have an opportunity this week to entertain their children while having them screened for possible vision, hearing and dental problems.

"There's going to be a number of things going on," said Dr. Richard Marcus, a Nutley-based pediatrician and sponsor of the event.

The Children's Health Fair will offer an array of activities, including safety tips by the Nutley police and fire departments, a teddy bear clinic, finger printing, face painting, Seeing Eye puppies, real fire trucks and ambulances, and numerous exhibits by health experts and educators.

Marcus said that 250 bicycle helmets will be given away to children. Youths suffering from asthma

will be given peak flow meters. Asthma burdens approximately 10 percent of the nation's children, said Marcus.

Nutley Firefighter Dave Wilson said fire officials will be on hand to teach children various safety measures.

"We're going to offer information on fire safety, smoke detector tips, what a baby sitter should know, and how to hunt for hazards in the home," Wilson said.

The Nutley Police Department will also participate in the fair by offering information on the DARE program and Community Policing.

Marcus both lives and works in Nutley. He is director of pediatrics at The Mountainside Hospital, Montclair, and a member of the attending staff at Clara Mass Medical Center, Belleville.

## Choose the physical therapist & chiropractor doctors choose.

If you're in pain, physical therapy or chiropractic can help. But before you take the advice of a friend or neighbor, you owe it to yourself to find out why doctors in virtually all areas of specialization refer their patients to A.T.E.A.M. Approach.

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## Smile Center offers public lecture

Drs. Harry Harsczark, Richard Ekstein and Gary Eder are pleased to once again offer the general public a chance to learn about the sophisticated dental services they offer.

The services include dental implants, cosmetic makeovers, dentistry while asleep, and the much-talked-about Snoreguard, a non-surgical treatment for snoring.

"These lectures give people the chance to talk about their own personal dental needs and concerns," stated Dr. Harsczark.

"The doctors and I will discuss the benefits of dental implants —

the intelligent alternative to loose-fitting dentures and partials and unsightly missing spaces, along with the many choices available in cosmetic dentistry," he said.

Implant and cosmetic dentistry have expanded in so many different directions with many new technological advances.

Since many people are not aware of the alternatives available to them in dentistry, The Smile Center is pleased to offer a free lecture and slide presentation at their office, located at 837 Kenny Ave., Kearny, on Thursday, Oct. 17 at 7 p.m.

If you are interested in attending, please call the office at 991-2111 to reserve a seat.



## MEDICAL RESEARCH

### Age spots? New research project may help

Some news for people bothered by "age" or "liver spots".

People who work outdoors or sunbathe without sun protection can develop various skin problems. The sun can cause large freckles called "age spots" or "liver spots". These flat, brown spots are medically referred to as "lentiginos". They have nothing to do with the liver; they are caused by

the sun and usually appear on the face, arms and hands. Most commercial "fade" creams will not make lentiginos disappear.

Dr. Manuel R. Morman of Rutherford is conducting a research study on a medication being developed to lighten these areas of sun damage. Qualified participants receive the following at no

charge: Physical exam and laboratory work; Study product; A stipend of \$20 per visit for travel related expenses.

If you are at least 30 years of age (females must not be of child bearing potential) do not have a history of skin cancer and would like more information, please call the study coordinator at 460-7362.

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# HEALTH BEAT

An advertising section



AT HEALTH FAIR - Melissa Ryan McManus and her father, of Bloomfield, enjoyed a day of free screenings, informational displays and educational programs when they attended the free Community Health Fair of Clara Maass Medical Center, Belleville, recently held at the Scots-American Club, Kearny, more than 300 people attended the event. Among the activities offered were a sports medicine clinic; screenings for blood pressure, skin cancer and lung function; a pharmacist consultation session; and osteoporosis risk assessments. For more information on services and programs at Clara Maass, call 1-800-CLARAMAASS.

## CLEAR PERSPECTIVE



Dr. Walter Shurminsky Jr.  
Optometrist

### Computer eyestrain

As computers become an increasing part of our work and personal lives, so does our exposure to computer eyestrain. Sufferers complain of a variety of symptoms including headaches, exhaustion, sore eyes, blurry vision, neck and shoulder pain. Until recently, these complaints went largely untreated by eyecare specialists - because they had no effective way to treat them.

Walter Shurminsky, O.D., is among the first eyecare practitioners in the Nutley area to address computer eyestrain using a new technology which can successfully eliminate computer-related eyestrain. Dr. Shurminsky is one of fewer than 550 eyecare specialists in the country with expertise in this procedure.

The key to this technology is a unique eye-testing device, designed and developed by PRIO® Corporation (Lake Oswego, Ore.), which optometrists and ophthalmologists can use in their offices to simulate a computer screen, diagnose the level of computer eyestrain and develop prescriptions for special eyeglasses which eliminate it.

According to Dr. Shurminsky, the risk of eyestrain associated with the increased use of personal computers and other video display terminals (VDTs) is a form of "repetitive stress injury (RSI) for the eyes." Like other RSI conditions including carpal tunnel syndrome and tennis elbow, computer eyestrain suffers often complain of a wide variety of symptoms including headaches, burning or tired eyes, blurred vision, loss of focus, double vision, and neck and shoulder pain. "Until now, all I - or any other eyecare specialist - could do for patients complaining of computer eyestrain was to suggest environmental and ergonomic solutions," said Dr. Shurminsky. "But these solutions addressed only a small part of the problem. Now that I use a PRIO Vision Tester in my practice, I finally have an effective answer to computer eyestrain."

Addressing computer eyestrain by controlling lighting and reflections falls short

For years, eyecare specialists and physicians have recommended environmental and ergonomic solutions to make computing more comfortable, and to reduce the economic impact of workplace injuries and thus the liabilities on companies that rely on computers. Such solutions have included ergonomic keyboards and mice, tilting computer screens, wrist supports and other devices to relieve the physical stress on parts of the human anatomy.

However, limiting solutions for reducing computer eyestrain to environmental controls - including such things as regulating ambient lighting, maintaining a working distance of 18-24 inches, reducing computer screen reflections or using polarizing filters on computer screens - were found to be insufficient. Although helpful, these solutions only partially addressed computer eyestrain. "More than a decade of vision research has consistently shown that viewing a computer screen is not physiologically the same as reading the printed page, yet these findings have rarely been applied to treating computer eyestrain," explained Dr. Shurminsky.

Look for part 2 in this series on Oct. 17. For further information, contact Dr. Shurminsky at 420 Centre St., Nutley; 667-0331.

### Vascular association meets

The business meeting of the North Jersey Vascular Association was held on Saturday, Sept. 21 in the Belleville office of the Thoracic Cardiovascular Surgical Group.

Dr. Kumar R. Patel of Glen Ridge was the guest speaker and there were 20 vascular technologists in attendance from the tri-state area.

The meetings are held periodically to supply continuing educational opportunities to vascular personnel.

The meeting was hosted by Ginnie Vyniski, who is a resident of Nutley and the president of the North Jersey Vascular Association and director of the Noninvasive Vascular Laboratory for the Thoracic Cardiovascular Surgical Group.

## Cardiac facility ok'd for Clara Maass

State Health Commissioner Len Fishman has notified Clara Maass Medical Center in Belleville of approval for an on-site, low-risk adult cardiac catheterization facility. His letter referred to the state's approval as a method of helping CMMC to continue to provide high quality care to patients.

"Placement here of this widely-accepted and advanced technological system for confirming diagnoses of specific cardiovascular conditions gives Clara Maass yet another way to provide complete care for our patient community," said Robert Curtis, president and CEO of Clara Maass Health System, Inc.

"It will allow our cardiologists to coordinate all aspects of testing that may contribute to decisions regarding medical management or cardiovascular surgery referral for heart disease," he said.

Clara Maass cardiologists now perform catheterizations at other facilities. Curtis noted that the target date set by the state for program setup is June 1997.

According to Dr. Neil Dello Russo, Clara Maass senior vice president of Medical Affairs and a longtime advocate for on-site cardiac catheterization, "the establishment of this crucial diagnostic program comes from Clara Maass's immediate response to New Jersey's recognition that community hospitals like ours should offer accessible and advanced cardiac testing to their patient populations." He added that "the pilot laboratory will add to our expansive roster of acute care and non-invasive diagnostics for cardiac service patients."

"Patients who have relied on Clara Maass as their major resource for emergency and elective care appreciate the cardiac service we provide," said Dr. Dello Russo. "We know they will prefer,

when medically necessary, to undergo cardiac catheterization in this familiar environment."

Almost 10 percent of CMMC emergency-room visits annually involve complaints of chest pain or evident cardiac problems. Clara Maass, with an attending staff that includes 26 cardiologists, performs more than 20,000 electrocardiograms annually and offers Echocardiography, including stress echocardiography as well as a wide spectrum of cardiac testing including state-of-the-art nuclear medicine stress testing.

Last year, the medical center introduced an alternative to external echocardiography, transesophageal echocardiography, providing physicians with 360-degree visualization of the heart and aorta through advanced technology, which allow studies on difficult cases.

Cardiac catheterization involves guiding a thin tube, inserted into a vein or artery, into the heart. The test provides information - about the heart's anatomy and function, including the working of valves and vascular efficiency - that can contribute to physician recommendations for life-saving medical or surgical intervention.

Dr. Hawthorne explained that only certain patients will be recommended for the procedure.


"Generally, we will be looking at patients who may have been presented with chest discomfort or other symptoms suggestive of coronary artery disease. Cardiac catheterization can establish a diagnosis or assure the patient that the arteries are normal," he said.

The laboratory also will create new professional staff positions, including a certified cardiac catheterization nurse and a certified cardiac catheterization technologist. For patient comfort, multi-lingual support will be provided by the CMMC staff.



**PRIO** Our office is now a certified provider of PRIO® glasses, which give dramatic relief from the eyestrain, blurred vision and headaches often caused by computer use. The PRIO VDT Prescription System is based on a completely new testing technology that is FDA-released and clinically validated. You'll see the difference immediately, and feel the long-term comfort working at your computer! Call for more information or an appointment!

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Orechio

# HEALTH BEAT

An advertising section

## Nutrition On-line

By Michael A. DeAngelis

A feature of The Nutley Sun, Belleville Times, Bloomfield Life and Glen Ridge Voice



This week we will begin a three part series that focuses on eating right while living a life on the go.

As vacations end and people return to school and to work, the usual rat race begins all over again. However, a person can eat healthy while living a life that is busy.

The key is to make food choices that are healthy, delicious, and quick to prepare or to eat. This includes eating in diners, coffee shops, and even fast food restaurants.

Starting the day on the right foot requires a good breakfast. A good breakfast often is comprised of a fruit serving, a milk serving (preferably skim) and some breads, cereals, and grains servings.

In addition to these guidelines, the food choices should focus on high fiber and low fat foods. Also, high sugar foods should be eaten in relatively small quantities.

Here are six supper ideas that

can be used in the morning to make a complete and fast breakfast.

1. Toast a frozen waffle and top it with fruit and add either a glass of milk or some yogurt.
2. On the way to work, stop at your favorite fast-food restaurant, coffee shop or bagel store and buy a whole grain, low fat muffin, juice and a carton of milk.
3. Mix non-fat yogurt or milk with some high fiber cereal and fruit in one bowl to make a quick one dish breakfast.
4. Top a bagel or toast with non-fat cottage cheese and add some fruit and milk.

5. Make a milk shake in the blender with some fruit and add toast or a bagel to the meal.
6. Stuff a pita pocket with fruit and cheese or add a glass of skim milk.

The possibilities are endless and the general formula for a quick breakfast can be used to make breakfast in a flash the next time you are on the run!

## Columbus Hospital slates two health fairs

Columbus Hospital in Newark will kick off its new Senior Health Improvement Program (SHIP) with two health fairs.

The first of the health fairs will take place on Saturday, Oct. 5 between 8:30 a.m. and noon at Columbus Hospital, 495 North 13th St., and the second fair will be held on Saturday, Oct. 19, between 8:30 a.m. and noon at Columbus Health Center, 66 Somme St. in Newark's Ironbound district.

The health fairs will feature screenings for cholesterol, blood pressure and height and weight. In addition to the screenings, participants will receive information on how to lower their cholesterol levels and blood pressure. Refreshments will be served.

For more accurate results, participants should fast for 12 hours prior to having their cholesterol level checked.

The screenings are free of charge and are open to the entire community.

Columbus Hospital's SHIP is a free membership program for seniors, age 55 and over. The program offers seniors free resources to help them look and feel their best.

Members are entitled to free and low-cost screenings, free seminars on health care issues that are of interest to seniors, a free newsletter, social events, complimentary transportation to and from the hospital, free television and telephone service, complimentary parking, and discounts at the hospital's coffee and gift shops.

To register for one of the health fairs, for information on joining SHIP, or for a free calendar of events, call Fatima Freitas at 268-1467 or Dina Matos at 268-3674.

## Colonial Sheltered Care offers solution to loneliness

Many seniors who live alone can go days without talking to another person. This is especially true in the winter months.

Colonial Sheltered Care Home of Bloomfield may be a welcome solution when independent living becomes difficult and living with family is impractical.

Colonial offers a warm, family-like, home atmosphere in a beautiful house - complete with a large screened-in porch, fully decorated rooms, picturesque stained glass windows and a patio. Colonial is located in a lovely residential area of Bloomfield, about seven blocks from the center of town. Of course, Colonial meets all the state standards for residential health care facilities.

Colonial provides home-cooked meals, assistance in bathing and

personal care, maid and laundry services. A registered nurse is on staff for monitoring and the house doctor visits as needed. The taking of medication is always supervised. Various activities and parties are held throughout the year.

Most importantly, the women at Colonial have someone to share their daily lives with - someone to eat with, watch TV with, go for walks with, someone just to talk with.

Because Colonial is a small home, only 17 residents, the women are able to get to know each other and each other's families very well. Guests are free to visit at any time.

Colonial works very hard at maintaining a family atmosphere with no uncomfortable restrictions.

## Waikathon supports organ donations

An autumn adventure that also benefits a worthy cause will be the National Kidney Foundation of New York/New Jersey's Waikathon on Sunday, Oct. 13.

Participants are guaranteed free food and beverages at the starting line, entertainment and an official certificate of completion at the finish line and an opportunity to earn prizes. Plus you can meet members of the 1986 Super Bowl champion New York Giants, such as Joe Morris, Carl Banks, Phil McCoukey and George Martin.

The waikathon will be held simultaneously in Central Park in Manhattan and Liberty State Park in Jersey City. Check-in at both locations begins at 9 a.m. The walks start at 11 a.m.

The 5K event will draw thousands of tri-state residents, including transplant recipients and donor families, to raise awareness about the importance of organ donation, generate research funds and give local residents now awaiting life-saving organ and tissue transplants a second chance at life. Last year, the event, held only in New York, attracted 1,200 participants and raised \$140,000.

The top fundraiser this year (minimum \$2,500) will win a five-day/four-night vacation in San Juan, Puerto Rico, for two. Other prizes are gift certificates worth as much as \$500, sweatshirts and

Mickey Mantle commemorative T-shirts.

To register or to receive a free organ donor card, or both, call the National Kidney Foundation of NY/NJ at (212) 629-9770 or 1-(800)-63-DONATE. Or you can fax your registration form to (212) 629-8652.

You may form teams made up of family members, co-workers, friends, clubs, church/temple members. The organizers will provide a team sign.

*Do you have a loved one in a nursing home?*

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Very often people end up in nursing homes because they can no longer safely manage a home by themselves. They may not require the level of care provided by a nursing home setting and they would be happier in the home atmosphere of Colonial Sheltered Care Home.

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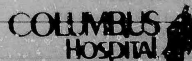
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If you think you're having a heart attack, every second counts. Don't let cramps, dizziness or embarrassment stop you from seeking medical attention. Just

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At the first signs of tightness, pressure, chest pain or even mild chest discomfort, don't wait. Call 911 immediately. It can make the difference between being wrong...and being dead wrong.

For a free brochure about our Chest Pain Center or the name of a Mountbroad physician, call 1-800-MED-SEARCH (1-800-637-3272).

# Resident is Clara Maass employee of the year



**Joan Mannion** worker Doreen Stevenson for a CMCC award. Each quarter, three CMCC winners are chosen and they become eligible for Employee of the Year. Mannion has been married for

more than 20 years to her husband Jim, who is employed by United Airlines. The Mannions have a daughter Colleen, who is a dean's list student at Manhattan College. "Receiving the CMMC award was recognition enough," said Mannion. "I was overwhelmed that Clara Maass would honor me as Employee of the Year. I am very proud to receive this distinction."

## Resident reports for marine duty

Marine Pfc. Dannie L. Cohen, son of Willie F. and Agnes A. Coleman of Malone Avenue, Belleville, recently reported for duty with marine wing Support Squadron 172, 1st Marine Aircraft Wing, Okinawa, Japan. The 1995 graduate of Belleville High School joined the Marine Corps in October 1995.



Mr. Lewis, principal librarian, leads parents and children on a tour of the Belleville Public Library & Information Center. Those interested in arranging tours for nursery schools and public school classes should call the James J. Cozzarelli, Jr. Children's Room for Nursery School Through Grade 6. Mrs. LaRue or Ms. Taub should be contacted at 450-3434 for Grades 7-12 and for organizations who wish to tour the library. The library also invites teachers, principals, PTA presidents, organizational leaders, the press and church leaders to the Oct. 28 Electronic Doorway Presentation at the library at 7 p.m. for everyone to learn about the library's new technology.

# WEEKEND REVIEW

Arts... Dining... Entertainment...

A weekly feature of The Nutley Sun, Belleville Times, Bloomfield Life, Glen Ridge Voice

## HOROSCOPES

October 6-12

**ARIES** - March 21/April 20  
A creative hobby will add spice to an otherwise dull week. Don't be afraid to take your artistic abilities to a new level. A love relationship may need some nurturing this week. Do something special for the object of your affections. A little effort will go a very long way. Think positive.

**TAURUS** - April 21/May 21  
Avoid taking on too many work projects at once. Remember, it's quality — not quantity — that counts. A difference of opinion with a loved one could escalate into a major battle if you're not careful. Keep hold of your temper or you could say something hurtful that you'll regret.

**GEMINI** - May 22/June 21  
An unexpected problem at work could put a damper on your social life this week. You may have to put in extra hours in order to finish the job at hand. Don't be afraid to call on the help of others in order to make things right. Don't confuse in those you don't completely trust.

**CANCER** - June 22/July 22  
Get an early start if traveling this week. Packing at the last minute could cause you to forget something important. Keep calm if there's a problem at work. A firm, professional approach will lead you to success. On Thursday, don't be afraid to put new ideas to the test.

**LEO** - July 23/August 23  
Look for a better way to manage your work schedule and you'll have more time for doing the things you want to do. Try not to pass judgment on a friend who's made a mistake recently. Use some empathy before forming any opinions. Virgo yearns for your attention.

**VIRGO** - Aug 24/Sept 22  
Don't be too quick to look for a scapegoat when a work problem arises. Instead of focusing on who's responsible, focus on the cure. If you're unhappy with a situation at home, it's best to say something before it gets any worse. You'll learn something new on Thursday.

**LIBRA** - Sept 23/Oct 23  
Instead of dwelling on the negative, figure out how you can make things better. Remember, you can change what you don't like. If you have control, use it. Show enthusiasm at work this week. Higher ups will take note and there could be an offer for advancement. Don't be afraid to seize the opportunity.

**SCORPIO** - Oct 24/Nov 22  
You may be prevented from carrying out a plan. Think creatively and you may be able to accomplish your mission in a very unique — and more efficient — way. A Leo has a special surprise for you on Tuesday. Be sure to show your appreciation. An Aquarius will teach you something new.

**SAGITTARIUS** - Nov 23/Dec 21  
Before you pat yourself on the back for a job well done, you might want to look over your work to see if you forgot something important. A problem that was plaguing you for the last few weeks seems to go away as quickly as it came. Romantic bliss is an unrealistic goal this week.

**CAPRICORN** - Dec 22/Jan 20  
Keep plans simple this week, especially if you have big changes ahead. Try to take it easy. Tackle household chores and catch up on correspondence. Romance comes easily if you're involved with Taurus. A tight hold on spending should be your goal this week.

**AQUARIUS** - Jan 21/Feb 18  
A family member will do something to disappoint you early in the week. Try not to let it get you down, though. There may be more to it than you realize. Take a supportive — rather than a defensive — approach. A surge of energy helps you plow through work projects.

**PISCES** - Feb 19/March 20  
A task you thought would take up a lot of your time and energy turns out to be a snap. You'll be relieved and have the luxury of some extra free time. Take advantage of it and do something totally frivolous. A Virgo family member will have some important news. Pay attention to diet.

### FAMOUS BIRTHDAYS

- OCTOBER 6**  
Carole Lombard, Actress
- OCTOBER 7**  
Desmond Tutu, Rights Activist
- OCTOBER 8**  
Willy Brandt, Politician
- OCTOBER 9**  
John Lennon, Musician
- OCTOBER 10**  
Helen Hayes, Actress
- OCTOBER 11**  
Eleanor Roosevelt, First Lady
- OCTOBER 12**  
Dick Gregory, Health Guru

### At Applegate Farm

## Octoberfest set for Saturday

A free event for children and the whole family, the third annual Octoberfest, will be held at Applegate Farms, 616 Grove St., Upper Montclair, on Saturday, Oct. 5 from 10 a.m. to 3 p.m. Rain date is Sunday, Oct. 6.

There will be a free pumpkin-

painting contest for children ages 2-12, including prizes for each age group and free ice cream to participants.

Also featured will be face painting, games, clown, balloons, hot apple cider and much more.

## ON THE AISLE

with Richard

**MOVIE TRIVIA CONTEST**  
Win two FREE movie passes from one of our participating theatres.

**Contest Rules:**  
Completed entries with all 5 correctly answered trivia questions must be received by 12 noon, Monday.

The winner will be selected in a random drawing amongst eligible entries.

Odds of winning will be determined by the number of eligible entries received.

All entries will become the property of Orechio Publications.

In the event that no one correctly answers all 5 trivia questions, winner will be determined in a random drawing of entries with the most correct answers.

Winner's name and correct answers will be published in next week's edition.

This week, win two free passes to Royal Theatre.

### Movie Trivia Contest #21 Oct. 3, 1996

1. This Hollywood heartthrob was a male war bride.
2. As "Mrs. Miniver," she braved WWII bombings.
3. He went from Broadway to "Birdcage" to Broadway.
4. This "Country Girl" later wore a crown.
5. She traveled the roads with Hope and Crosby.

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE # \_\_\_\_\_

Mail this completed entry to Orechio Publications, 800 Bloomfield Ave., Nutley, NJ 07110 att: Movie Trivia Contest.

Answers to last week's quiz:  
1. Raul Julia  
2. Jon Voight  
3. Peter Sellers  
4. Jim Carey  
5. Antie MacDowell

Winner of two free passes to Cinema 23: Mike Marsella of Nutley.

## MOVIE TIMETABLE

Please Note: Movie times are subject to unexpected changes. Call on the day of the show to confirm times.

**BELLEVUE**  
Bellevue Ave. Upper Montclair (201) 748-1455

**EXTREME MEASURES** - Fri. 7:30, 10:00 Sat. & Sun. 2:00, 4:35, 7:30, 10:00 Mon.-Thurs. 7:20, 9:40  
**FLY AWAY HOME** - Mon-Fri. 7:00 Sat. 1:45, 4:15 Sun. 1:45  
**SPIT FIRE GRILL** - Fri. 9:30 Sat. 7:00, 9:30 Sun. 9:30 Mon.-Thurs. 9:15  
**BOUND** - Fri. 7:15, 9:45 Sat. & Sun. 2:15, 4:45, 7:15, 9:45 Mon.-Thurs. 7:10, 9:25

**CINEMA 23 FIVEPLEX**  
101 Pompton Ave. Cedar Grove (201) 857-0877

**FIRST WIVES CLUB** - Fri. 4:45, 7:20, 9:40 Sat. & Sun. 12:45, 2:45, 4:45, 7:20, 9:40 Mon.-Thurs. 7:20, 9:35  
**FIRST WIVES CLUB** - Fri. 5:15, 7:40 Sat. & Sun. 1:15, 3:15, 5:15, 7:40 Mon.-Thurs. 7:40  
**THAT THING YOU DO** - Fri. 5:05, 7:30, 9:45 Sat. & Sun. 12:35, 2:55, 5:05, 7:30, 9:45 Mon.-Thurs. 7:30, 9:35  
**MIGHTY DUCKS 3** - Fri. 4:55, 7:10, 9:25 Sat. & Sun. 12:30, 2:40, 4:55, 7:10, 9:25 Mon.-Thurs. 7:10, 9:25  
**GLIMMER MAN** - Fri. 5:00, 7:45, 10:00 Sat. & Sun. 1:00, 3:00, 5:00, 7:45, 10:00 Mon.-Thurs. 7:35, 9:40  
**LAST MAN STANDING** - Fri. 9:35 Sat. & Sun. 9:35 Mon.-Thurs. 9:30

**CLAIRIDGE TRIPLE CINEMA**  
486 Bloomfield Ave. Montclair (201) 746-5564

**PARADISE LOST** - Fri. 7:00, 9:45 Sat. & Sun. 1:00, 4:00, 7:00, 9:45 Mon.-Thurs. 8:00  
**2 DAYS IN THE VALLEY** - Fri. 7:10, 9:20 Sat. & Sun. 1:30, 3:30, 5:30, 7:30, 9:30 Mon.-Thurs. 7:10, 9:20  
**BIG NIGHT** - Fri. 7:10, 9:20 Sat. & Sun. 1:30, 3:30, 5:30, 7:30, 9:30 Mon.-Thurs. 7:10, 9:15

**ESSEX GREEN CINEMA**  
Prospect Ave. West Orange (201) 731-6692

**FIRST WIVES CLUB** - Fri.-Sun. 2:00, 4:30, 7:00, 9:30 Mon.-Thurs. 2:00, 4:30, 7:00, 9:20  
**THAT THING YOU DO** - Fri. 5:00, 7:15, 9:45 Mon.-Thurs. 5:45, 7:15, 9:45  
**THE GLIMMER MAN** - Fri.-Sun. 2:15, 4:45, 7:30, 10:00 Mon.-Thurs. 2:15, 4:45, 7:20, 9:45

**ROYAL TWIN THEATRE**  
614 Bloomfield Ave. Bloomfield (201) 748-3555

**EXTREME MEASURES** - Fri. 7:30, 9:45 Sat. & Sun. 2:00, 4:45, 7:30, 9:45 Mon.-Thurs. 7:20, 9:30  
**FIRST KID** - Fri. 6:00 Sat. & Sun. 12:30, 2:20, 4:10, 6:00 Mon.-Thurs. 6:00  
**LONG STAR** - Fri.-Thurs. 7:50  
**TRAINSPOTTING** - Fri.-Thurs. 10:10  
**TIN CUP** - Fri.-Thurs. 9:15  
**MATILDA** - Sat. & Sun. 12:50

**Roberts WELLMONT THEATRES**  
5 Seymour St. Montclair (201) 783-9500

**THE FIRST WIVES CLUB** - Fri. 5:10, 7:30, 9:30 Sat. & Sun. 1:15, 3:10, 5:10, 7:30, 9:30 Mon.-Thurs. 7:30, 9:30  
**EMMA** - Fri. 4:50, 7:05 Sat. & Sun. 2:40, 4:50, 7:05 Mon.-Thurs. 7:05  
**FIRST KID** - Fri. 6:00 Sat. & Sun. 12:30, 2:20, 4:10, 6:00 Mon.-Thurs. 6:00  
**LONG STAR** - Fri.-Thurs. 7:50  
**TRAINSPOTTING** - Fri.-Thurs. 10:10  
**TIN CUP** - Fri.-Thurs. 9:15  
**MATILDA** - Sat. & Sun. 12:50

**Applegate Farm**  
Serving the Community Since 1848

**Third Annual Octoberfest**

Saturday, October 5, 1996  
10:00 am - 3:00 pm  
Raindate: Sunday, Oct. 6

Free Pumpkin Painting Contest (Ages 2-5, 6-8 & 9-12)  
Prizes For Each Age Group & Free Ice Cream For Participating Youngsters

Homemade Candy • Carmel Apples • Apple Cider  
Hot Dogs • Sandwiches • Clown • Balloons & Much More  
Homemade Ice Cream

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**Crystal's**

Every Wednesday  
**BIG BAND NIGHT**  
with THE ALAN QUINN ORCHESTRA Plus DJ SALBOY

October 5  
**GOODFELLAS**

Saturday October 12  
**CRUISE DISCO LEGENDS HAROLD MELVIN & THE BLUE ALEX**

Every Friday  
**CHAMPAGNE & ROSES NIGHT FOR THE LADIES**

525 Riverside Ave., Lyndhurst, NJ • (201) 360-0015

# Events in the area

## Fairs, flea markets, rummage...

**Thrift Shop at Bloomfield Presbyterian Church on the Green, 147 Broad St., open 10 a.m. to 3 p.m. Wed. and Fri.; 10 a.m. to 12:30 p.m. Sat.** Treasure cove and boutique.

**New View Thrift Shop at Christ Episcopal Church, 74 Park Ave., Bloomfield, 2nd floor, 9:30 a.m. to 4 p.m. Tuesdays; 9:30 a.m. to 12:30 p.m. Saturdays.** Consignments accepted 9:30 a.m. to 1:30 p.m. Tuesdays. For info, call 743-0399.

**Rummage sale, 9:30 a.m. to 2 p.m. Oct. 4, Wesley United Methodist Church, 225 Washington Ave., Belleville.** Household items, clothing, toys, etc.

**Rummage sale, 9:30 a.m. to 4 p.m. Oct. 11, Belleville Reformed Church, 171 Main St.** Sponsored by Ladies Aid Society.

**Great fall rummage sale, 6 to 9 p.m. Oct. 11, 10 a.m. to 2 p.m. Oct. 12, Glen Ridge Congregational Church, 195 Ridgewood Ave.** Refreshments available.

**Outdoor craft and antique show, 10 a.m. to 5 p.m. Oct. 12, Yanicau Park, Park Drive (off Passaic Ave.), Nutley.** Kiddie amusement and food fest. Sponsored by Dystonia Foundation. Rain date: Oct. 19.

**Christmas crafting at Kingsland Manor, Oct. 26 to Nov. 17, 10 a.m. to 9 p.m. Monday through Friday; 10 a.m. to 5 p.m. Saturday and Sunday.** \$25 admission benefit Nutley Historical Society and Kingsland Trust. Over 200 crafters, Victorian, country, Thanksgiving, Christmas, and more.

**Treasure Chest at Cerebral Palsy Center, Belleville, open 10 a.m. to 2 p.m. Tuesdays, Thursdays, Fridays, Sept. through June.** New and newly new jewelry, art work, clothes, furniture and much more.

## Fundraisers...

**Art auction, 7:30 p.m. Oct. 4, Parks and Rec, 44 Park Ave., Nutley.** To benefit Project Graduation '97. For tickets, call Marilyn Milano at 667-1895.

**Annual luncheon, fashion show, 12 noon Oct. 5, Upper Montclair Country Club, Clifton.** One woman show, "Unlacing the Victorian Woman." For info or reservations, call Barbara Continii at 667-8304. Sponsored by St. Mary's Rosary Society.

**Square dance social, 7:30 to 11:30 p.m. Oct. 5, St. Mary's gymnasium, Nutley.** Live caller, snacks and beverages, open to public. \$10. For tickets, call 235-1100 or 667-6706.

**14th annual Columbus Day Ball, 7 p.m. Oct. 11, Chandelier, Belleville.** Cocktail hour and dinner. \$65. For tickets or info, call John Gizzo at 235-1818.

**Country Western dance and pasta night dinner, 7 p.m. Oct. 12, Parks and Rec, 44 Park Ave., Nutley, \$10.** Music and line dance instruction by Kenny Nevin. Sponsored by Nutley Volunteer Emergency and Rescue Squad. For info and tickets, call 667-7487.

**Service auction and grand buffet, 6 p.m. Oct. 19, Vincent United Methodist Church, Nutley.** Sponsored by UMW. For tickets and info, call 667-5440.

**Italian buffet, to benefit Kid's Corner, 5 to 7 p.m. Oct. 19, Park United Methodist Church, 12 Park St., Bloomfield.** \$10 adults, \$4 kids under 12. Fifteen items, homemade desserts. For tickets, call 429-7745 or 429-9667.

**Murder Mystery Night, 7 p.m. Oct. 19, St. Paul's Church, Franklin Ave. (bet. High and Kingsland), Nutley.** \$25 includes full pasta dinner, murder and mayhem performed by professional actors. For reservations, call The Inclusive Community, 284-1780 by Oct. 14.

**Attie Treasures auction, 7:30 p.m. Oct. 21, St. Mary's School Hall.** Sponsored by Catholic Daughters of the Americas. Bring no more than two items to be auctioned off. Refreshments. Admission: \$1. For info, call Gert Furlong at 667-4908.

**Trip to Showboat, Atlantic City, 9 a.m. Oct. 21, St. Peter's parking lot, William St., Belleville.** \$16 includes \$16 coin, \$3 food voucher. Fundraiser for St. Peter's Rosary. For tickets, call 751-4729.

**Tricky tray, 7 p.m. Oct. 23, St. Peter's School gym, 152 William St., Belleville.** \$6. Nobody under 18 admitted. No tickets at the door. For tickets, call Crissy at 450-4325, Terri at 751-1393 or Donna at 759-8531.

**Fish and chips dinner, 5:15 to 7:15 p.m. Oct. 25, Bloomfield Presbyterian Church parish house, 147 Broad St.** Catered by Thistle. \$9 adults, \$4 kids under 12. Sponsored by 50/50 Club. For tickets, call 748-5746.

**Third annual dinner dance, 7 to 11 p.m. Nov. 1, Bela Casa Caterers, 2 Acute St., Belleville.** \$30 includes all-you-can-eat buffet, beer and soda, D.J. and door prizes. Cash bar. Sponsored by Belleville Reformed Church as first event in year-long celebration of 300th anniversary. Limit: 150. Last date for tickets: Oct. 25. For tickets or info, call Betty Schwenk at 751-2262 or Betty Davenport at 759-4039.

**Weekly luncheon, 11:30 a.m. to 1 p.m. Fridays, Glen Ridge Congregational Church, 195 Ridgewood Ave.** \$6. Open to the public. For reservations, call 743-5596.

**42 Dining Out baskets, to benefit Van Riper Trust.** \$10. Call 235-9461.

**NHS Project Graduation '97.** Support Project Graduation by shopping at any ShopRite with ShopRite gift certificates. Available in various denominations. To purchase certificates, call Mary Kish at 661-4316. Don't forget to call 661-1258 or JoAnne Puccio at 235-0483.

**Gary W. Scholtz Scholarship Fund, annual fundraiser to be held at the Van Riper House and Gardens, 6 p.m. to 8:30 p.m. Sept. 26.** For reservations and info, call 783-1600 ext. 9.

## Other events...

**Free health screenings, Montclair Community Hospital, 120 Harrison Ave., Montclair, 9 a.m. to 12 p.m. Oct. 3, 10 a.m. to 2 p.m. Oct. 4, 10 a.m. to 2 p.m. Oct. 5.** Volunteers needed for Outreach program. Call Marie Dorey at 746-2644 after 2:30 p.m. Oct. 5; hand screening: 746-2644.

**Oct. 12: blood sugar screening, eye problems; Oct. 26: foot problems, skin cancer.**

**All night vigil, sponsored by Prayer Group of Holy Family Church, Nutley, 10 p.m. to 8 a.m. Oct. 4, 5, St. Anne's Church, 3545 Kennedy Blvd., Jersey City.** For info, call 656-2490.

**Nutley High School Raider Band breakfast, 8 to 10 a.m. Oct. 5, Franklin School cafeteria.** Band, color guard, twirlers and families invited.

**Blessing of the animals, 2 p.m. Oct. 6, lawn of Grace Episcopal Church, 200 Highfield Lane, Nutley.** Inside if rain. Children and adults invited to bring pets for blessing and fellowship. In celebration of St. Francis of Assisi.

**Nutley Parkside Association trips: Oct. 18: day trip to Platz Bräuhaus Golden Oktoberfest, Poinonia, N.Y. \$45; trip to Wildwood Crest cancelled due to lack of response.** For more info, call Julia Spadafino at 284-1009.

**St. Mary's Religious Education accepting registrations for 1996-97 program year.** For ages 4 through grade nine. For kids in public and private schools. Forms available at Parish Center, 145 St. Mary's Place, Nutley, or by calling Brian or Colleen at 235-1100.

**St. Lucy's grammar school, Newark, 90th anniversary dinner dance Npv. 16, recreation center.** Former students, teachers, parishioners, members of I.C.U., C.Y.O. or drum and bugle corps invited. Write to Rocco Corbo, 63 Crestwood Ave., Nutley, 07110.

**Essex County Child Placement Review Board needs volunteers to review case plans of children in foster care.** Must live in Essex County. Day and evening review boards. Contact Superior Court of New Jersey, Family Division, Child Placement Review Unit, Old Court House, Rm. 123, 470 Martin Luther King, Jr. Blvd., Newark, NJ 07102.

**Dapper Dams of Harmony invite male singers to join regardless of age or experience.** Ability to read music not required. For info, call Pete Wall at 845-5353.

**Walking and Fitness Club, 8 a.m. Tuesdays and Thursdays, rain or shine, Nutley Chapter, American Red Cross.** No cost. Call 667-3818.

**Weekly bridge games, 12 noon, Tuesdays and 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St.**

**Widowed Persons Service, an outreach program in which trained widowed volunteers offer support to newly widowed persons, urgently needs volunteers.** No age restriction, free. For info, call Retired and Senior Volunteer Program (RSVP) at 673-0640 or the local AARP representative Mr. Rosenberg at 731-3292.

**Non-profit writers' group forming in Belleville-Nutley area for persons interested in writing fiction and non-fiction prose.** Call Margaret Kazancioglu at 450-3299 for info.

**Poison hotline: 1-800-POISON-1, 24 hours a day, 7 days a week.**

**Wanted: Memorabilia of the Van Riper House, River Road, Nutley.** Call Marie Greiner at 235-9461.

**Saint Valentine Church, Bloomfield, is sponsoring a three-day weekend bus trip to Philadelphia/Washington, D.C.-Alexandria, Va/Baltimore on Oct. 25-27.** For info, call 743-0220.

**"Murder at the Mansion Dinner Theatre," 7 p.m. Oct. 18, Oakside Bloomfield Cultural Center, 240 Belleville Ave., Bloomfield.** For info, call 429-0960.

**WIC program in Nutley, supplemental food program for women, infants and children, again being administered in Nutley, Third Tuesdays.** Appointments necessary. Call 667-3818. For info, call 667-3818 9 a.m. to noon and 1 to 4 p.m.

**Programs at Mountainside Hospital, Montclair/Glen Ridge: 7 to 9 p.m. Thursdays, through Nov. 7: Meeting the Challenge of Parenting.** For parents and guardians of children 2 to 12. \$65. 7:30 to 9 p.m. Oct. 8, 15, 22, 24, 29, Nov. 5, 12: Freedom from Smoking. \$110; 9 to 10 a.m. Tuesdays, through Nov. 5 (senior program) and 7 to 8:30 p.m. Oct. 7 through Nov. 11 (multi-level program), Yoga and Relaxation; 7 p.m. Oct. 8: Vegetarian Cooking Made Easy With Fast, Tasty Grains. Pre-registration required for all programs. Call 429-6856.

**Nutley Democratic Club pizza party, 7 to 11 p.m. Oct. 4, VFW, Washington Ave., Nutley.** Pay your dues and admission is free. All others, \$5. For reservations, call Nancy Pepe at 667-1371 or Betty Cafone at 667-0138.

## Meetings...

**Tri-County Camera Club, 8 p.m. Tuesdays, Sept. through May, Nutley Museum, 65 Church St.** Visitors welcome. Oct. 8: nature/assigned subject, "Your Backyard"; Oct. 15: program, "Hawaii."

**Nutley AARP #2052, 1 p.m. Oct. 10, Parks and Rec, 44 Park Ave.** Program: slides on the history of aviation and info about the aviation museum at Teterboro Airport. Trips and luncheons: Oct. 9, Mt. Airy Lodge, Tommy Dorsey Band and lunch, \$52; Dec. 2, Radio City Music Hall, lunch, \$64; Dec. 11, annual Christmas lunch, Fairmont, Little Falls.

**Rosary Altar Society of Holy Family Parish, Annual communion breakfast Oct. 6 at Chandelier, following 9:30 a.m. Mass.** Guest speaker: Msgr. Ronald Rozniak.

**Nutley Music Boosters Assoc. 7:30 p.m. Oct. 8, NHS room #102.**



**BELLEVILLE RESIDENT** Cindy Giardina, marketing coordinator at Columbus Hospital, joins Foundation Board Chairman Richard A. Guarino, M.D., Grace Ciccone, chair of the hospital's Renaissance Ball, and Rebecca Vitillo, hospital vice president, Patient Care Services, at a recent wine tasting for the upcoming fundraiser. The event is scheduled for 7 p.m. Nov. 23 at Pleasantdale Chateau, West Orange. Entertainment will be by board member Joe Piscopo.



## Victoria Marie Scheuplein

A second child, a daughter, Victoria Marie, was born to Mr. and Mrs. Peter J. Scheuplein of Mount Olive Aug. 19 at Morriston Memorial Hospital, Morristown. Birth weight was 7 pounds, 12 ounces. She joins Nicholas, 19 months.

Mrs. Scheuplein is the former Patricia Palamara, daughter of Helen and Frank Palamara of Lake Hopatcong. She is a clerk with Pathmark Stores. Mr. Scheuplein, son of Ida and Peter W. Scheuplein of Belleville, is assistant manager with Pathmark Stores.

## Murder Mystery Night planned at Inclusive Community

The Inclusive Community of Nutley is sponsoring a Murder Mystery Night 7 p.m. Saturday, Oct. 19 in Falconer Hall at St. Paul's Church, Franklin Ave. at St. Paul's Place. Tickets are \$25. For more information or reservations, call 284-1780 by Oct. 14.

Those who attend will enjoy a complete pasta dinner, Italian style, and participate in an evening of fun-filled murder and mayhem performed by professional actors. At the end of the evening, everyone will get a chance to solve the crime with the winner receiving a special prize.



**CASPER needs a home.** He is a handsome one-year-old, 30 pound neutered male who appears to be a pure bred American Eskimo with a long-haired white coat and a curled tail. The breed is known for its intelligence, devotion to its owner, trainability, eagerness to please and "smiling" face. Casper and other dogs, cats and kittens will be available for adoption 11 a.m. to 3 p.m. Oct. 5 at the PET'SMART store, Route 22 East at West End Ave., North Plainfield. For more info on People for Animals and its low cost spay/neuter clinic, call (908) 688-1073. Update: Stacey was adopted and Miss Rita has a home.

**Resident graduates from military training**

Air Force Reserve Airman 1st Class Walter E. Obando has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and customs and received special training in human relations.

Obando is the son of Carlton G. and Sylvia J. Obando of 51 Mount Prospect Ave., Belleville.

He is a 1991 graduate of Bloomfield High School.

**COUPON SPECIAL CAR WASH \$5\*\*+Tax For Full Service**

**Exterior \$5.25 + Tax (with This Coupon) Expires 10/31/96**

**FRANKIE'S FUTURMATIC BRUSHLESS CAR WASH**

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**ALFONSE A. DEMEO ESQ.  
ANTHONY F. LAVISTA ESQ.**

318 Graylock Parkway, Belleville  
(201) 844-9110 • Fax: (201) 844-9113

CLARA MAASS MEDICAL CENTER

# You're a woman.

Your health needs are special.

We designed the Women's Health Center at Clara Maass for you, the women of the communities we serve. You voiced your concerns about women's wellness, the accessibility to diagnostics and treatment, and education regarding the choices you make about healthcare. And we listened. The Women's Health Center delivers a wide range of services most frequently requested by women of all ages including:



- **Physician Referral Service**
- **Education**
- **Breast Health Service —**

Services include: Screening and Diagnostic Mammography, Clinical Breast Exams, High Risk Breast Clinic, Consultations, Second Opinions, Specially Trained Breast Surgeons, Lymphedema Treatment and Reconstructive and Cosmetic Surgery.

- **Perinatal Care —**

This service is specially designed for women considering pregnancy who are at risk due to diabetes, hypertension or maternal age, and require consultation and medical management including testing and monitoring.



## Now there's a health center you can call your own.

- **Osteoporosis Service —**

Services include: Screenings, Consultations and Management.



- **Education, Diagnostic and Therapeutic Services —**

Utilizing the latest in biomedical technology including: Mammography, Ultrasound, Stereotactic Needle Biopsy, Bone Densitometry Screenings and Pathology Services.

- **Women's Resource Center —**

A fully equipped library of health information, providing a comfortable, relaxed setting where you can learn more about your healthcare and the health of your family.

# Introducing the Women's Health Center at Clara Maass.



**WOMEN'S  
HEALTH CENTER  
AT CLARA MAASS**

# Belleville SPORTS

## BUG SHOTS

By Mike Lamberti



### 'Worley's Wizards' off to flying start in '96

Like a fine wine, Grace Worley seems to get better with age, and that's no pun on her tenure as a coach and teacher in the Belleville school system.

Worley, a Belleville Hall of Famer who has coached the varsity volleyball team since its inception in the Spring of 1979, has the '96 team off to a tremendous start.

The Lady Bucs were 5-0 heading into this week's action. The team will travel to Wayne Valley this afternoon and will be at Paramus tomorrow afternoon in a key NNJL Pacific Division matchup. Both of those matches begin at 4 p.m.

Next Tuesday, the team returns home to play Immaculate Heart, beginning at 4 p.m. Next Wednesday, Hackensack will be in town for a 4 p.m. match.

Worley was pretty confident about her team before the start of the season, thanks to a senior oriented nucleus. The team opened with a tough win over Bloomfield, and the coach felt that that would help the Lady Bucs as the season continued.

Last week, the team won in straight sets over Clifford Scott, Barringer and Montclair and needed three sets to defeat Paterson Kennedy.

But the highlight of the week came last Saturday, when Belleville traveled to Bloomfield for the Bloomfield Tournament and came away with the championship trophy.

The Lady Bucs defeated Nutley in the first round, 15-10, then rallied past state ranked Passaic for the championship, 15-12.

Needless to say, Worley was quite pleased with the performance.

"In 19 years, it's our first trophy," the coach said. "The kids did a great job. They played very well. I can't say enough about how they've played. The win over Passaic was a big step for us."

Passaic, ranked in the Star Ledger Top 20 in varsity volleyball, led the match 12-6 and appeared to be in control. But Belleville scored the final nine points of the match to seal the championship.

"We've never been known as a team that can come from behind to win," Worley said, "but this was big. Passaic has a real good team. Our kids worked hard for this one."

Fran Sanzone was named MVP of the tourney.

"She did a great job serving and hitting," Worley said of Sanzone. "She played some great volleyball."

Strong net play was provided by Deanna Addis and Chrissie Scassera.

"They both provide a great deal of versatility at the net," Worley said of Addis and Scassera. "They're very good athletes."

Kim Mahoney turned in her typical all around effort.

"She does so much for this team," Worley said of Mahoney. "We can use her just about anywhere in the lineup."

Worley termed Koltene Myers' game as "great" last Saturday in Bloomfield. Paala Lappas was credited with a strong game on the backline.

While there is plenty of games left in the '96 season, the Lady Bucs certainly have to be encouraged by the early season success.

"It was a whale of a game against Passaic," Worley said. "It can only help our team the rest of the way."

The team will face tough matches against Paramus and Paramus Catholic, teams traditionally ranked high in the state rankings.

"We'll take them one at a time," Worley said. "This is a good start."

### Baseball playoffs

After nine years, my St. Louis Cardinals are back in the baseball playoffs, having won the National League Central Division.

I think they have a shot at beating San Diego in the first round, but Atlanta, who should beat Los Angeles, will be tough to beat.

In the American League, the Yankees had better win its home games against Texas, because they don't play well in Texas. Cleveland should beat Baltimore.

When the World Series arrives, look for a rematch of last years Series, with Cleveland winning this time.

### Drop league opener

## Bucs decked by Paramus, 14-0

By Mike Lamberti

Having displayed a potent offense in its season opener, the Belleville Bucs were not able to carry the momentum into last Friday's game at Paramus.

The result was a 14-0 setback that evened the Bucs record at 1-1 on the '96 season.

John Senesky's team will play its home opener tomorrow night, against powerful Teaneck. Kickoff time is 7 p.m.

It was the second straight loss to Paramus, who had beaten Belleville 20-0 in a dreary game last November.

This time, Paramus, with a new-look, Penn State type of uniform, played a solid game and the Bucs, who did display defensive resiliency, could not get a consistent offensive game plan going.

"They (Paramus) have a good team," Senesky said. "They run the option and executed it pretty well. We had some break downs defensively, but our kids were able to avoid the big play for the most part."

"Our defensive front four played very well. We were hurt a little by our linebacking play. We missed some reads and we didn't go for the ball as aggressively as we should have."

Paramus has been on a rebuilding mode for the past few seasons. The program began to make strides late last season, and this year, they put on the field, by far, one of their better teams.

In addition to a very athletic team on the field, the program was well received by its fan base, with one of the largest crowds in a long time at Paramus High School.

The home team took advantage of that, driving the field consistently but coming up with just two field goals in the first half despite controlling the game.

Belleville, despite playing good defense, could not get its running game going in the same way it was executed in the season opener at Scotch Plains.

The Bucs were able to pick up some first downs, but never seriously threatened to score in the first half.

Belleville took the second half kickoff off, but could not get past the mid field mark.

The Bucs best drive came in the fourth quarter. Down 14-0, they began to move from their own 35, getting as close as the Paramus 20. But on a fourth and one, Paramus stopped the Bucs short on the first

down attempt and the home team regained the ball.

"We couldn't get the yard we needed," Senesky said. "Their speed hurt us in the game. But we had our chances. We didn't commit

a penalty in the game, but we weren't able to take advantage."

Senesky was also concerned about his teams ability to pass.

"We knew after Scotch Plains that we can't expect to run the ball every game. We didn't need to use the passing game all that much in the opener, but against Paramus, we couldn't get it going when the run was not as effective."

Donnell Graham, who rushed for 286 yards in the season opener, had some good runs, but could not break a long run, as he had against Scotch Plains.

"That's where we need the passing game," Senesky said. "If we don't open it up that way, then they're bound to key on Donnell and Chris (Zarro, the starting fullback)."

NOTES: Bucs will face a very good team in Teaneck tomorrow night.

The Highwaymen won its opener over a state power in North Bergen.

"Every year we play Teaneck. (Continued on Page 14)



Running back Donnell Graham heads downfield for touchdown in season opener, while Tom Dyer (86) looks to block. Graham, Dyer and Bucs will look to get back on track tomorrow night at home against Teaneck.

## Moreno paces x-country team

By Mike Lamberti

Led by Jose Moreno, the Buccaneer cross country team won its first meet of the '96 season, stopping Nutley, 24-33 last week.

John Tosato's Bucs were 1-4 heading into this weeks action. The team will race West Essex and Manchester this afternoon, at West Essex, beginning at 4 p.m.

Next Tuesday, the Bucs will host Hackensack, at 4 p.m. Don't forget, the Bucs race their home meets at Nutley Park.

The victory over Nutley was Belleville's second in three years over the Maroon Raiders.

"It was a good win for us," Tosato said. "We got some good performances from our kids."

Moreno was the winner in the Nutley race, finishing in a time of 18:02. Angelo Chavez was fourth overall in 19:43, John Bolkas, who has done well so far this year, was fifth, also in 19:43, Dan Kirk finished sixth in 20:22, Mike Dribnak placed eighth (20:57), Jorge

Miranda was ninth (21:23) and Edgar Herrera finished in 13th, with a time of 23:51.

In the girls race, Ariel Lane took second for Belleville with a time of 24:09.

The race with Nutley was a tri race that also included league rival St. Joe's of Montvale. St. Joe's won the meet, beating Belleville, 18-43.

Last Saturday, the Bucs took part in the Passaic Coaches Invitational, at Garrett Mountain. The meet was well attended and included state champion, Christian Brothers Academy.

Belleville finished 16th overall in the race, with Moreno leading the way with a time of 19:10. Others who performed in the race included Dribnak (21:10), Bolkas (21:16), Kirk (21:20), Chavez (22:24), Miranda (24:02) and Herrera (25:50).

In the freshman race, Jim Ruffalo ran two miles in 24:03. Lane earned a medal in the novice race, finishing 24th overall with a

time of 24:32.

Melissa Anderson ran the novice race in 27:24.

The Bucs opened the '96 season with a tri meet against Don Bosco and Teaneck on September 18. There, the Bucs lost both races, falling to Don Bosco, 15-50 and Teaneck, 21-34.

Moreno highlighted Belleville's effort in the race, winning the Teaneck portion of the meet in 19:05.

The Bucs third race of the season came against Bloomfield on September 19. The Bucs lost that race, 22-33. Moreno finished third overall, in a time of 18:46.

"I think the kids have done well this year," Tosato said. "We've had some good performances from some new kids and everyone is contributing. It was a good experience running against the likes of C.B.A. last week at the Passaic County Coaches Invitational.

"We should only get better as the year goes on."

## Booters salvage week by tying Emerson

By Mike Lamberti

The Belleville soccer team endured a tough week, losing league games to Nutley 1-0 and Don Bosco, 3-1. Gino DePinto's team did gain a tie last Saturday with Emerson, 1-1.

The Bucs were 3-2-1 heading into this weeks action. Today, Hackensack comes to town for a 4 p.m. kickoff. Tomorrow, Good Council comes to town, also at 4 p.m. Next Tuesday, its off to Paramus for a 4 p.m. start.

Versus Nutley, the Bucs played a good game, but weren't able to put the ball in the net.

"I felt we were the better team,"

DePinto said. "But the most important part was the score and they won. It was a good game. Nutley played well."

In the Don Bosco game, the Bucs were up against a state ranked team that is traditionally one of the strongest in the NNJL Pacific Division.

"They are very good," DePinto said of Don Bosco. "They have an excellent team and the experience factor was definitely the difference. Our kids did a good job. I was proud of their effort."

The Bucs trailed 1-0 in the first half, but tied it on a Dan Almeida

goal, assisted by Nick Colucci.

Don Bosco regained the lead before halftime, then sealed the win in the middle of the second half to win, 3-1.

Last Saturday, Belleville and Emerson played double overtime, but still ended up in a one all tie.

"I thought it was a good game by both teams," DePinto said. "Emerson's goalie was tremendous. We must have taken about 17 shots on goal and he made some great saves."

Belleville goalie Mike DiPrimo did a good job in net, playing the entire game and making six saves.

The Bucs lone goal came from

Colucci, assisted by Dan Rispoli midway through the second half.

Emerson tied the game with ten minutes left in regulation time.

"We played a lot of soccer and it ended up in a tie," DePinto said. "It was a good game."

NOTES: Bucs hoping for home game in the first round of the Essex County Tournament. Therefore, this weeks games are critical toward attaining that goal.

Freshman team won its first game last week, beating Teaneck, 3-2.

The J.V. team fell to 0-3 with a loss last week.



Buc player races his lead in advances ball during game at Clearmont Field. Bucs were 3-2-1 heading into this weeks action.



Nick Colucci advances ball downfield during game against Teaneck. Colucci and his teammates will be in action this afternoon against Hackensack.

# Belleville Rec Roundup



The Belleville freshman football team is off to a 2-0 start this season. Led by coaches Russ Pagano and Nick Cofano, the team beat Scotch Plains 18-0 and Paramus, 14-0. In the Paramus win, Joe Morgan accounted for a touchdown and safety in first half and Marquise Falmadge scored in the second half.

## Bucs host Teaneck tomorrow night

(Continued from Page 13)  
they always have a big size advantage," Senesky said. "But this year, they're big and very quick. It's a formidable challenge for us, and an example of how good our league is this year."

Bucs and Teaneck began rivalry in 1983, with Belleville winning 33-0. The teams did not play again until 1988, when Teaneck won, 15-12. Since then, Teaneck has won four of seven in the series, including the last two games. Overall, the Highwaymen lead the series, 5-4.

Senesky is right about the quality of the NNJL Pacific Division this year. St. Joe's is once again a powerhouse, having beaten number one-ranked Montclair, 32-7. Hackensack has won four straight Group IV. Section I titles and is off to a fast start this year.

Paramus Catholic is ranked in the top 20. They had a tough game with Nutley last Saturday, winning in the closing seconds, 25-20. Nutley, despite being a young team, played well at Paramus Catholic and they should be very tough this season.

As mentioned, Paramus has one of their better clubs this year and

Teaneck could be very dangerous this fall.  
Don Bosco could also be strong, despite losing to Hackensack last

week, 34-6.  
No injuries to report from last weeks game.



Edwin Garcia converts on a point after attempt off the hold from Greg Sheridan in season opener. Garcia didn't have much work last Friday, however, as Bucs lost to Paramus, 14-0.

### REC NEWS

#### League Director Needed

The Belleville Recreation Department is in need of one adult to coordinate and supervise its Youth Basketball clinics and leagues for boys in grades 3-8. Beginning in November, these activities take place on weeknights and Saturdays at the Middle School and at other locations, to be announced.

The part-time position entails supervision of league games/personnel and recruiting volunteer coaches for teams. Anyone interested must reside in Belleville and qualified applicants must be sports minded, responsible and must work well with people. This position would also be good experience for a college student majoring in recreation/physical education.

Please call the Recreation office at 450-3422 if interested.

#### Volleyball teams needed

The Belleville Recreation Department is taking names of people who would be interested in entering teams in the Women's and Men's Volleyball Leagues.

The Women's League plays on Tuesday nights at School #3, while the Men's League plays on Tuesday and Thursdays at the Friendly House. Teams must be composed of three-quarters Belleville residents.

Also, a new Co-Ed League may potentially be forming for Monday nights at the Friendly House. If interested in applying for any of these leagues or for Men's basketball, please call the Recreation office at 450-3422.

Belleville resident women and men age 18 or older, are invited to put their names on the waiting list, in the event that already established teams may be in need of individual players to fill out their rosters.

#### Registration for Rec Wrestling

Applications for Recreation Wrestling are now available at the Belleville Recreation Department at 407 Joralemon Street between 8:30-12:00 and 12:30 p.m. to 4 p.m., Monday-Friday. The Belleville Recreation Wrestling Program introduces boys, ages 6-14, to the fundamentals of the sport. Basic techniques, moves and strategy are taught to beginners as well as to the more advanced wrestlers. In competition, the boys are matched up against opponents of the same weight class.

Recreation wrestling will be conducted on Monday, Tuesday and Thursday evenings from 6:15-8:15 p.m. in the High School cafeteria, beginning November 4, 1996. Tentatively, ages 6-9 will be given basic instructions from 6:15-7:15, while the 10-14 year olds are prepared for league competition between 6:15-8:15.

Boys can registers for the activity by completing an application at the Recreation office before participating. Birth certificates are required for all first-time applicants, who must be Belleville residents and cannot be above eighth grade. For further information, call 450-3422.

#### Basketball Leagues

The Belleville Recreation Department is forming basketball leagues for children in grades 3-8 and applications are now available at the Recreation office.

In preparation for the leagues, basketball clinics will be conducted at the Middle School Boys' Gym. Clinics will be held Monday,

November 11 and Tuesday, November 12 as follows: Grades 3-4 from 6:00-7:00 p.m.; Grades 5-6 from 7:00-8:00; and Grades 7-8 from 8:00-9:00 p.m. Boys and girls shall attend these clinics together. "Performance Clinics" for player assignment will be held November 18 (Girls) and November 19 (Boys).

Interested players should pick up application forms at the Recreation House, 407 Joralemon Street, and return them with birth certificates before participating. The registration deadline for the basketball leagues is Friday, November 15, 1996.

The Recreation office on Joralemon Street will be open for registration on Wednesday nights, 6:00-8:00 p.m., beginning October 2.

#### Basketball Team Needed

The Belleville Recreation Department is presently seeking at least one team to play in its men's basketball league beginning in

November. The league plays on Thursday nights at the Middle School, using primarily high school rules. There is a residency requirement, mandating that three-quarters of the team be Belleville residents. For other information or if interested, please call 450-3422.

#### Basketball Coaches Needed

The Belleville Recreation Department is presently seeking adults to volunteer as coaches in Junior Basketball Leagues for boys and girls. Games are played on weeknights and Saturdays. If interested, call the Recreation office at 450-3422.

ADULT OPEN VOLLEYBALL will start on Wednesday, October 9, from 6:30 to 9:00 p.m. at School #3 for men and women. Photo I.D.'s are required of all participants, who must be Belleville residents.

For more information on upcoming programs in basketball, volleyball and wrestling, call 450-3422, between 8:30 a.m. and 4 p.m.

## Roller hockey tryouts

The Belleville In-Line Association will be holding tryouts for the traveling team on Sunday, October 20, 1996 at the roller hockey rink located behind School #9 on Stephens Street. The times of the tryouts are: Bantam (Grades 4, 5 & 6) 1:00 p.m. to 2:00 p.m., Junior (Grades 7, 8 & 9) 2:15 p.m. to 3:15 p.m., Senior (Grades 10, 11 & 12) 3:30 p.m. to 4:30 p.m. An additional tryout date is tentatively scheduled for Saturday, October 26, 1996 at the same times.

The following equipment is mandatory for play in the league

and is also mandatory for the tryout sessions: hockey helmet with full face shield, elbow pads, shin guards, hockey gloves, mouth piece, hockey stick and roller blades. Each player must supply their own equipment.

Any player not selected to play on the traveling team will be assigned to a team in the Belleville In-Line Hockey League. Applications are available at the Belleville Recreation Department on 407 Joralemon Street. For information, call 759-2265.

## Pirate 'A' team wins

The Belleville Pirate "A" team traveled down the road to Nutley on September 24 and earned a hard fought, 18-0 victory in a steady down pour.

Leading the way for Belleville was Anthony Bello, who scored Belleville's first TD following a scoreless first half.

Bello hauled in a 40 yard pass from quarterback Eric Ferriol early in the third quarter.

Later in the third, George

Chumas picked up a fumble and rambled 55 yards with the loose ball for the Pirates second TD of the game.

Belleville wrapped it up in the fourth quarter when Lonnie Lawson scored on a 25 yard end around play. The touchdown was set up on the previous play by a forty yard run by Anthony Malanga.

Belleville's defense was paced by Gary Ferrugia, Mike Williams, John Pellow and Roberto Canaro.

**The Deacons' Bench**

By Frank Santamassino  
Sports Information Director  
Bloomfield College

A feature of The Nutley Sun,  
Belleville Times and Bloomfield Life

The Bloomfield College men's soccer team continued their winning ways at a rain-lashed Jersey City State College field in defeating the home-standing Goatics, 2-0.

The Deacons improved their record this fall to an impressive 6-0.

Both sides were able to create scoring opportunities despite the soggy conditions. However, only Bloomfield College was able to capitalize as Musa Mameh, the Deacons' industrious forward, assisted on both goals.

On the first goal, Mameh slotted the ball through the Gothic

sweeper and left back to Pablo Budna, who two-touched a low drive to the back post from 18 yards out. Later, Maniich chipped the ball across the field to Joe Montesinos, who found himself on a 30-yard breakaway, capped when he lifted the ball over the charging goalkeeper's head into an open net.

The Bloomfield defensive unit, led by sweeper Edefetanure Sodie, played a well-organized game and mastered the raw conditions. Freshman goalkeeper Mark Cairns sparkled in goal, making three outstanding saves, including a great second effort on one play to slap the ball off the line after it had slipped through his water-logged gloves.

The Bloomfield College women's volleyball team captured its third consecutive championship at Ramapo College's Roadrunner Invitational Tournament on Sept. 21.

Bloomfield competed in the 13-hour marathon without losing a single game of any match in the eight-team tournament, thumping each opponent, 3-0. Host Ramapo was the semi-final victim to Bloomfield, and the Lady Deacons eased past New York's Lehman College in the finals.

Bloomfield freshman Teresa Dewera won the tournament's Most Valuable Player Award and fellow teammate Kathy Cardona and Glissa Small captured All-Tournament Player Awards.

With the victories, the Lady Deacons' season record swelled to 7-1.

## THE ESSEX-COUNTY UTILITIES AUTHORITY

WILL BE CONDUCTING A

# HOUSEHOLD HAZARDOUS WASTE

## COLLECTION DAY

FOR ESSEX COUNTY RESIDENTS  
- SATURDAY, OCTOBER 5, 1996 -

FREE OF CHARGE \* MUST PRE-REGISTER

- \* Rid your home of household hazardous waste
- \* Dispose of household hazardous substances The Right Way

WHERE:  
Essex County Dept. of Public Works  
Field Maintenance Garage  
99 W. Bradford Avenue, Cedar Grove, N.J.

ONE LOCATION ONLY

WHEN:  
Saturday, October 5, 1996  
From 9:00 am to 3:00 pm only  
(Please do not arrive earlier or later than the appointed hours)

#### WHAT TO BRING:

- Pesticides and herbicides
- Paint thinners and solvents
- Chemistry Sets
- Automotive Fluids: Antifreeze, motor oil, transmission, steering and brake fluids
- Gasoline
- Batteries
- Lead Acid type (Automotive) Household Type (A.A, A.A.A, C, D, 9V, NiCad, etc.)
- Propane Tanks (Barbecue Grill Type)
- Oil-based paints and stains
- Pool Chemicals
- Darkroom/photographic chemicals
- Household cleaning fluids
- Fluorescent light tubes/ballasts
- Mercury/mercury-containing products
- Household fire extinguishers

#### WE WILL NOT BE ACCEPTING:

- Waste from commercial or industrial sources
- Latex Paint (These should be dried out and disposed of with your regular trash)
- Empty containers
- Unlabeled or unidentifiable materials
- Explosives, munitions, ordnance or highly reactive materials
- Regulated medical waste or infectious waste
- Asbestos

All containers must be five gallons or under, or ten pounds or under. Larger or heavier containers will be rejected.

#### PRE-REGISTER TODAY

To participate in the Essex County Utilities Authority's Household Hazardous Waste Collection Day, Essex County residents must pre-register no later than Friday, October 4, 1996. Pre-registration enables us to estimate the number of people participating in the program. Essex County residents must provide proof of residency, such as a driver's license, voter's registration card, military ID, etc., upon entering the collection site. To pre-register or for more information call the Essex County Utilities Authority at:

**201-857-2350**



James W. Treflinger  
County Executive

Joseph N. DiVincenzo  
Freeholder President

Mauro G. Tucci  
Chairman, ECUA

The Essex County Utilities Authority  
120 Fairview Avenue, Cedar Grove, New Jersey, 07099  
Tel: 201-857-2350 FAX: 201-857-9361

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# Dolores Inaugurato

A Mass for Dolores L. Inaugurato, 70, a lifelong Belleville resident was offered Saturday in St. Anthony Church, Belleville, following the funeral from the Zarro Funeral Home, Bloomfield.

Miss Inaugurato, who died in her home, was an office supervisor at

Western Electric, Kearny, for 40 years before retiring in 1983.

She was a member of the Telephone Pioneers of America of Western Electric.

Surviving are a brother, Gerard, and two sisters, Rosalie Rosamaria and Theresa Vasarkov.

# Obituaries

## William O'Dwyer

A Mass for William O'Dwyer, 49, of Belleville was offered Saturday in queen of Peace Church, North Arlington, following the funeral from the Kiernan Funeral Home, Belleville.

Mr. O'Dwyer died Sept. 25 in his home.

Born in Newark, he lived in

Carlstad before moving to Belleville.

Surviving are a son, William; two daughters, Darlene and Christine; his mother, Katherine; a sister, Sister Anita Maria O'Dwyer, S.S.J., and two brothers, John and Robert.

# Margaret Mulligan

A Mass for Margaret M. Mulligan, 84, of Belleville was offered Saturday in St. Peter's Church, Belleville, following the funeral from the Megaro Memorial Home, Belleville.

Mrs. Mulligan died Sept. 24 in Clara Maass Medical Center, Belleville.

Born in Newark, she lived in Miami, Fla., or 15 years before moving to Belleville 30 years ago.

Surviving are a brother, John McCabe; two sisters, Anne Ryan and Frances Clark; three grandchildren, three great-grandchildren and a great-great-grandchild.

# Paul Falkman

Paul Falkman, 45, of Belleville died in St. Michael's Hospital, Newark.

A Mass was offered Tuesday in St. Anthony's Church, Belleville, following the funeral from the

Zarro Funeral Home, Bloomfield.

Born in Fort Worth, Texas, he lived most of his life in Belleville.

Surviving are his mother, Mildred, and a brother, Gary.

### SHERIFF'S FILE NO.

96-016896

### SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F1145395 FRANK W ONIPANTI, PLAINTIFF VS. ANGELO LUGARDO AND AMERICA LUGARDO, ET ALS, DEFENDANTS

Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, October 15, 1996, at one-thirty P.M. (Prevailing Time)

Commonly known as: 1 1 6 0 STUYVESANT AVE IRVINGTON NJ 07111

Lot:27 Block:260

Size: 73X 35 feet

Nearest cross street name: BEECHWOOD PLACE

A full legal description can be found in the office of the Register of Essex County.

A deposit of 50% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of TWO HUNDRED SEVENTEEN THOUSAND FIVE HUNDRED SEVENTY SEVEN AND 03/100 DOLLARS (\$217,577.43), together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.

Newark, NJ September 3, 1996

ARMANDO B. FONTOURA, SHERIFF

NITTANTINI, ATTORNEYS

Belleville Times Sept. 19, 26, Oct. 3, 1996

Fee: \$75.20

No. B96-465

### SHERIFF'S FILE NO.

96-017540

### SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F1033698

FEDERAL FINANCIAL CO. PLAINFIELD VS. RICHARD DEMARCO AND MARY LOU DEMARCO, HIS WIFE, DEFENDANTS

Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, October 15, 1996, at one-thirty P.M. (Prevailing Time) Commonly known as:

000000002 CORTLANDT ST BELLEVILLE, NJ 07109

Lot:1,3,4 Bldg:1-6 Size: 100X115 feet

Nearest cross street name: MILL ST FILE NO. XCM-31705

A full legal description can be found in the office of the Register of Essex County.

A deposit of 50% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of THREE HUNDRED THIRTY FIVE THOUSAND EIGHTY EIGHT AND 91/100 DOLLARS (\$335,283.31), together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.

Newark, NJ September 9, 1996

ARMANDO B. FONTOURA, SHERIFF

ZUCKER, GOLD, BERG, BECKER, AND ACKERMAN, Attorneys

Belleville Times Sept. 19, 26, Oct. 3, 10, 1996

Fee: \$82.72

No. B96-476

### SHERIFF'S FILE NO.

96-017262

### SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. P248296

SOVEREIGN BANK, FSB, PLAINTIFF VS. HW ET ALS, DEFENDANTS

Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, October 15, 1996, at one-thirty P.M. (Prevailing Time)

Commonly known as: 000000011 MIDLAND PL. NEWARK, NJ 07106

Lot:19 Block:4275

Size: APPROXIMATELY 33.50 FEET

WIDEX100.00 feet

Distance to nearest cross Street: 66.45 feet

Nearest cross street name: ML VERNON PLACE

A full legal description can be found in the office of the Register of Essex County.

A deposit of 50% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SEVENTEEN THOUSAND FORTY THREE AND 10/100 DOLLARS (\$17,043.58), together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.

Newark, NJ September 9, 1996

ARMANDO B. FONTOURA, SHERIFF

FEIN, SUCH, KAHN & SHEPARD, Attorneys

Belleville Times Sept. 19, 26, Oct. 3, 10, 1996

Fee: \$77.08

No. B96-473

### SHERIFF'S FILE NO.

96-018673

### SHERIFF'S SALE

SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F1427295

MIDLANTIC BANK, N.A., PLAINTIFF VS. LI IN DA NAZQUEZ AND MR. VAZQUEZ, HUSBAND OF LINDA VAZQUEZ, DEFENDANTS

Execution for Sale of Mortgaged Premises

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, October 29, 1996, at one-thirty P.M. (Prevailing Time)

Commonly known as: 000000382 LITTLETON AVE NEWARK, NJ 07103

Lot:33 Block:2941

UNIVERSITY HEIGHTS NEIGHBORHOOD CONDOMINIUM

A full legal description can be found in the office of the Register of Essex County.

A deposit of 50% of the bid price in certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of SIXTY ONE THOUSAND NINE HUNDRED TWENTY EIGHT AND 81/100 DOLLARS (\$61,928.81), together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.

Newark, NJ September 23, 1996

ARMANDO B. FONTOURA, SHERIFF

COOPER, PERSKIE, APRIL, NIEDERMAN, WAGENHEIM & LEVEN, Attorneys

Belleville Times Oct. 3, 10, 17, 24 1996

Fee: \$77.08

No. B96-486

# Daniel Rocca

Daniel Rocca, 74, of East Hanover died Sept. 28 in St. Barnabas Medical Center, Livingston.

Services were held Monday in the Leonardis Florham Memorial Home.

Mr. Rocca was a maintenance mechanic with the Pen-Walt Co., Belleville, for 15 years before retiring in 1987.

He served in the Army during World War II.

Mr. Rocca was a member of the Club Renier, Newark.

Born in Newark, he lived in Belleville before moving to East Hanover four years ago.

Surviving are two daughters, Luane Fabbo and Denise; a sister, Carmella Ponenti; a brother, Michael, and two grandchildren.

# Middle school welcomes new staff

Belleville Middle School teachers have welcomed five new staff members to their ranks.

Luane Iannacone, a graduate of Jersey City State College, will be teaching seventh-grade English. For the past seven years she has served as the assistant to award winning teacher, Richard Ruffalo. Prior to that she taught English in a private school in Hoboken. In her spare time, she enjoys reading, embroidery and walking.

In the science department, Martha Kelly will be teaching seventh-grade Life Science and eighth-grade Earth Science. She is a graduate of Ramapo College with a Bachelor of Science Degree in Biology; her hobbies are scuba diving, soccer and fishing. Her goal is to make "science fun and understandable".

The Special Education Department has three new additions. Kathleen Lockwood is the seventh and eighth-grade teacher. She is a graduate of William Paterson College. Prior to this position she taught in a private school in Paramus and was a head teacher at Passaic County's Juvenile Detention Center. Her goal is to create a positive learning environment for her classes.

Assisting Lockwood is August Lemming Jr. He is a graduate of Columbia University with a Bachelor of Arts in Psychology. Previously he has been a substitute teacher in Belleville. His goal is "to help as many children as possible improve their life skills".

Francis Petrillo is the Therapeutic Counselor at the Middle School. He has a Bachelor of Arts from William Paterson College and a Masters of Social Work from Rutgers University. Mr. Petrillo's previous experience is with the Division of Youth and Family Services, Cedar Grove Residential Center and Mount St. Joseph's Children Center. As a hobby he enjoys weightlifting. Petrillo's goal is to "assist students in actualizing their potential through individual and group therapy."

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# Christopher Columbus Festival planned

The Ampere Coalition, Inc., of Bloomfield will host its first annual Christopher Columbus Festival from Thursday, Oct. 10, through Sunday, Oct. 13, next to the Rickel Shopping Center, 107 Bloomfield Ave., Bloomfield.

Planned are rides, food, 50/50s, games of chance and novelties.

Proceeds from the festival will be used to purchase block-watch equipment for the coalition, said its president, Joseph DeBlasio.

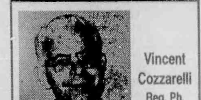
"We will also be running this event annually so we can purchase and maintain a much-needed senior citizens' bus along with purchasing crime-prevention devices for our residents, especially our seniors," DeBlasio said.

The Ampere Coalition is a citizens' crime-watch group based in Bloomfield's Third Ward.

"We keep our eyes and ears open for anything suspicious, and then contact the police," DeBlasio said.

For more information about the plans for the Christopher Columbus Festival, call DeBlasio at 680-8871.

# Pharmacy Footnotes



Vincent Cazzarelli, Reg. Ph.

# CAPPING THINGS OFF

A recent comprehensive study clearly indicates that child-resistant containers save lives. When the United States Consumer Products Safety Commission looked at the annual death rates of children under 5 years old who accidentally ingested oral prescription drugs, it found that the death rate dropped 45% between 1974 and 1992. The government is requiring that these drugs be put in child-resistant packaging in 1994, since which time it is estimated that 460 lives have been saved. As effective as the child-resistant containers have been, more lives could have been saved if used for two important factors. A further 40% could be expected but for the fact that federal law allows people to request conventional containers when getting prescriptions filled, meaning to help arthritis adults and others who find the child-resistant bottles too difficult to open. Secondly, 10% of child poisoning involve disposed medicine left outside the protective containers.

Whether or not you have child resistant containers, you should be absolutely sure medications should be put away carefully after each use. We can provide complete prescription service at ROSS-MORE PHARMACY, 338 Washington Avenue (750-126, 753-1964). Our stocks include Russell-Solco candles, cosmetics, toiletries, Times watches and transistor radios. Open: Daily Sun-10pm, Sundays Sun-9pm.

HINT: A Sunday a child-resistant medicine bottles is expected on Jan. 21, 1996 in an effort to make them easier for adults to open, but it's not made difficult for children to open.

## Worship With Us

**CHRIST EPISCOPAL CHURCH**  
393 Washington Ave., Belleville

**Sunday Services:**  
8:15am, Holy Communion  
9:30am, Sunday School  
10am, Holy Communion (with Nursery)

*Everyone is Welcome!*  
The Rev. Carolyn Lumbard, Rector

**751-0616**

**Nutley Abundant Life Worship Center**  
390 Washington Ave., Nutley

Sunday: 9am Sunday Bible School  
All Ages  
10:00am Morning Worship  
Children's church provided at all services ages birth through nine.

Thursday: 7:30pm  
Revelation Knowledge Seminar  
(Pastor Bruno teaching)

**687-4329**

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**VINCENT UNITED METHODIST CHURCH**  
100 Vincent Place, Nutley

**"In The Heart Of Town"**  
SUNDAY WORSHIP  
10:30 am  
also, in addition on  
TGI, CHANNEL 19  
Sunday 1pm / Wednesday 2:30pm

**"A Good Week"**  
CHILD CARE PROVIDED  
SUNDAY SCHOOL  
FOR ALL AGES 9:15am

Leon F. Weaver,  
Pastor  
667-5440

**"Celebrating Our 175th Year"**  
**PAK UNITED METHODIST CHURCH**  
Broad & Park Sts., Bloomfield

SUNDAY WORSHIP  
10:45AM  
Bible School For All Ages  
9:25AM

Child Care & Transportation Provided  
An Exciting Worship Experience  
For The Whole Family

**429-7745**

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**United Church of Christ**  
**GLEN RIDGE CONGREGATIONAL CHURCH**  
146 Hedgeswood Ave. Glen Ridge

SUNDAY SERVICE  
10:15am

Child care is provided at all services.

For information about our many programs please contact the main office.

The Rev. Joseph David Steinhilber,  
Minister

You are always welcome  
to our Glorious  
Congregational Church

**747-8598**

**Call For Info & Rates Today!**

**687-3000**

IRVINE

## Cazzarelli Memorial Home

Established 1883

**IN YOUR TIME OF NEED**

**"A Family Name You Can Trust"**



James J. Cazzarelli Jr., Owner/Manager

276 Washington Ave. Belleville, NJ • 759-1114

(Continued from Page 15)  
**SUMMONED AND REQUIRED** to serve upon **FEDERMAN AND PHELAN, P.C.**, plaintiff's attorney whose address is Suite 905, sentry Office Plaza, 216 Haddon Avenue, Westmont, New Jersey 08188, an answer to the Complaint filed in a civil action, in which Countrywide Home Loans, Inc. is plaintiff and Steven Chester, et als are defendants, pending in the Superior Court of New Jersey, Chancery Division, Essex County and bearing "Docket No. F-151961-95 within thirty-five (35) days after October 3, 1996 exclusive of such date. If you fail to do so judgement by default may be rendered against you for the relief demanded in the Complaint. You shall file your answer and proof of service in duplicate with the Clerk of the Superior Court of New Jersey, Chancery Division, Justice Complex, CN-971, 24 Market Street, Trenton, New Jersey 08625, in accordance with rules of civil practice and procedure. This action has been instituted for the purpose of (1) foreclosing a mortgage dated December 13, 1993 made by Tony Hoyrd, unmarried as mortgagors and given to Flexible Benefits Mortgage Corporation said mortgage was recorded on January 14, 1994 in book 6233 for Essex County, page 541. By written assignment dated January 14, 1994, Flexible Benefits Mortgage Corporation, assigned said mortgage to First Union Mortgage Corporation, the plaintiff herein. Said assignment was recorded on January 14, 1994 in Essex County in book 713 at page 801. Said assignment was recorded on July 15, 1994 in assignment book 725, page 481, and (2) to recover possession of and concerns premises commonly known as 100X37.50X100X37.50 feet Court Street, Newark, New Jersey 07102. If you are unable to obtain an attorney you may communicate with the New Jersey State Bar Association by calling 908-249-5000. You may also contact the Lawyer Referral Service of the County of venue by calling 622-6207. If you cannot afford an attorney, you may communicate with the Legal Services office of the county of venue by calling 624-4500. You, Tony Hoyrd are named as party defendant herein for any lien, claim or interest you may have in, to or on the mortgage premises because you are the record owner of the

mortgaged premises, because you executed the bond and mortgage being foreclosed herein and may be liable for any deficiency thereon.  
 Donald P. Phean, Clerk  
 Superior Court of New Jersey  
 Belleville Times  
 Oct 3 1996  
 Fee: B96-485

**SHERIFF'S FILE NO. 96-018687**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F151961-95**  
 Distance to nearest cross street: 279.20 feet  
 Nearest cross street name: CHESTER AVE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED ELEVEN THOUSAND TWO HUNDRED SIXTY SIX AND 85/100 DOLLARS (\$111,266.85), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: 0000000242 RENNER AVE  
 NEWARK, NJ 07112  
 Lot: 51 Block: 3666  
 Size: 100X37.50X100X37.50 feet  
 Nearest cross street name: BERGEN STREET  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of TWENTY FOUR THOUSAND TWO HUNDRED FORTY ONE AND 47/100 DOLLARS (\$24,241.47) together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 23, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 HARRIS & KLEIN, ESQS., Attorneys  
 Belleville Times  
 Oct 3, 10, 17, 24 1996  
 Fee: \$78.96

**Mortgaged Premises**  
 By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Court Building in Newark, on Tuesday, October 8, 1996, at one-thirty P.M. (Prevailing Time) as follows:  
**0000000053 HINSDALE PL. NEWARK NJ 07104**  
 Lot: 37 Block: 278  
 Distance to nearest cross street: 279.20 feet  
 Nearest cross street name: CHESTER AVE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED ELEVEN THOUSAND TWO HUNDRED SIXTY SIX AND 85/100 DOLLARS (\$111,266.85), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 OKIN, COHEN AND HOLANDER, Attorneys  
 Belleville Times  
 Sept. 19, 26, Oct. 3, 10, 1996  
 Fee: \$78.96

**SHERIFF'S FILE NO. 96-018695**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F151961-95**  
 Distance to nearest cross street: 200.00 feet  
 Nearest cross street name: 11TH AVENUE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED NINE THOUSAND THREE HUNDRED AND 73/100 DOLLARS (\$19,300.73) together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 23, 1996  
 Commonly known as: 0000000138 TELFORD ST  
 NEWARK, NJ 07106  
 Lot: 14 Block: 4203  
 Size: 100X35X100X35 feet  
 Nearest cross street name: TREMONT AVENUE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED THIRTY FOUR THOUSAND SEVEN HUNDRED EIGHTY FIVE AND 89/100 DOLLARS (\$134,785.89) together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 23, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 FEDERMAN & PHELAN, Attorneys  
 Belleville Times  
 Oct 3, 10, 17, 24 1996  
 Fee: \$78.96

**SHERIFF'S FILE NO. 96-018671**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F1392595**  
 Distance to nearest cross street: 50X100 feet  
 Nearest cross street name: ORANGE ST  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED TWENTY THOUSAND SIXTY SIX AND 47/100 DOLLARS (\$122,866.47), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 FEDERMAN & PHELAN, Attorneys  
 Belleville Times  
 Sept. 12, 19, 26, Oct. 3 1996  
 Fee: \$75.20

**SHERIFF'S FILE NO. 96-018672**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F152395**  
 Distance to nearest cross street: 118.18 feet  
 Nearest cross street name: HELEN PLACE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of SIXTY SIX THOUSAND SIX HUNDRED THIRTY TWO AND 89/100 DOLLARS (\$66,632.89), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 FEDERMAN & PHELAN, Attorneys  
 Belleville Times  
 Oct. 3, 10, 17, 24 1996  
 Fee: \$83.96

**SHERIFF'S FILE NO. 96-018688**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F152395**  
 Distance to nearest cross street: 118.18 feet  
 Nearest cross street name: HELEN PLACE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of SIXTY SIX THOUSAND SIX HUNDRED THIRTY TWO AND 89/100 DOLLARS (\$66,632.89), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 JONES & JONES, Attorneys  
 Belleville Times  
 Oct 3, 10, 17, 24 1996  
 Fee: \$82.72

**SHERIFF'S FILE NO. 96-018833**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F87905**  
 Distance to nearest cross street: 420.00 feet  
 Nearest cross street name: COPPER PLAGE  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SIXTY FOUR THOUSAND EIGHT HUNDRED FORTY TWO AND 10/100 DOLLARS (\$164,842.10), together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 3, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 HACK, PIRRO, O'DAY, MERKLEINGER, WALLACE & MCKENNA, ATTORNEYS  
 Belleville Times  
 Sept. 12, 19, 26, Oct. 3 1996  
 Fee: \$78.96

**SHERIFF'S FILE NO. 96-018678**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F75694**  
 Distance to nearest cross street: 235.55 feet  
 Nearest cross street name: LESLIE ST  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of FORTY THOUSAND HUNDRED FIFTY AND 87/100 DOLLARS (\$41,827.87) together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 23, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 JONES & JONES, Attorneys  
 Belleville Times  
 Oct 3, 10, 17, 24 1996  
 Fee: \$82.72

**SHERIFF'S FILE NO. 96-018678**  
**SHERIFF'S SALE**  
**SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F75694**  
 Distance to nearest cross street: 235.55 feet  
 Nearest cross street name: LESLIE ST  
 A full legal description can be found in the office of the Register of Essex County.  
 A deposit of 2/20 of the bid price in certified funds is required at the time of sale.  
 The approximate amount of the Judgment to be satisfied by said sale is the sum of FORTY THOUSAND HUNDRED FIFTY AND 87/100 DOLLARS (\$41,827.87) together with the costs of this sale.  
 The Sheriff reserves the right to adjourn the sale from time to time as provided by Law.  
 Newark, NJ September 23, 1996  
 Commonly known as: ARMANDO B. FONTOURA, SHERIFF  
 JONES & JONES, Attorneys  
 Belleville Times  
 Oct 3, 10, 17, 24 1996  
 Fee: \$78.96

**TCI of Northern NJ**  
**Channel 20**

**MONDAY**

- 4:30pm Jersey Music & Video Spotlight\*
- 5:00pm Uncle Floyd's New Jersey\*
- 5:30pm Ambassadors of Grace
- 6:00pm The Gary Null Show
- 7:00pm Conversations With Cate\*
- 7:30pm The Metaphysical Messenger\*
- 8:00pm Keys To Peace\*
- 8:30pm NATV

**TUESDAY**

- 4:30pm Essex Digest
- 5:00pm Hot Spots With Daisy\*
- 5:30pm For The Love of Beer\*
- 6:00pm Film Flix & Video Pix\*
- 6:30pm Jersey Music & Video Spotlight\*
- 7:00pm Special Program
- 7:30pm It's In The Stars\*
- 8:30pm NATV

**WEDNESDAY**

- 4:00pm Bringing Italy To You
- 5:00pm The Mark Dacey Show\*
- 5:30pm Video Fashion Weekly
- 6:00pm Community Profiles\*
- 6:30pm Hot Spots With Daisy\*
- 7:00pm Conversations With Cate\*
- 7:30pm The Metaphysical Messenger\*
- 8:00pm Tomas Tonight\*
- 8:30pm NATV

**OBC TV**

**THURSDAY**

- 4:30pm Jersey Music & Video Spotlight\*
- 5:00pm Uncle Floyd's New Jersey\*
- 5:30pm Real Estate & Car Connection
- 6:00pm Health Issues\*
- 6:30pm Hot Spots With Daisy\*
- 7:00pm The Mark Dacey Show\*
- 7:30pm For The Love Of Beer\*
- 8:00pm Tomas Tonight\*
- 8:30pm NATV

**FRIDAY**

- 12noon NATV
- 5:00pm It's In The Stars (R)\*
- 6:00pm The Gary Null Show
- 7:00pm Conversations With Cate\*
- 7:30pm The Metaphysical Messenger\*
- 8:00pm Keys To Peace\*
- 8:30pm NATV

\*SHOWS PRODUCED BY OBC TV

**Comcast Cablevision**  
**Channel 36**

**MONDAY**

- 8:00am Special Program
- 8:30am Film Flix & Video Pix\*
- 9:00am Ambassador of Grace Ministry\*
- 10:00am Special Program
- 10:30am Conversations With Cate\*
- 11:00am The Metaphysical Messenger\*
- 11:30am Health Issues\*
- 12noon Keys To Peace\*
- 12:30pm Italics
- 1:00pm Political Pic
- 1:30pm Special Program
- 2:00pm Special Program
- 2:30pm Special Program
- 3:00pm For The Love Of Beer\*
- 3:30pm Videofashion Weekly
- 4:00pm Special Program
- 4:30pm World Beat Network
- 5:00pm Bringing Italy To You\*
- 6:00pm Carol & Carol Psychic Call In Show\*
- 6:30pm Film Flix & Video Pix\*
- 7:00pm The Mark Dacey Show\*
- 7:30pm Real Estate & Car Connection
- 8:00pm Mondo Italiano
- 9:00pm Bringing Italy To You\*
- 10:00pm Special Program
- 10:30pm Jersey Music & Video Spotlight\*
- 11:00pm It's In The Stars (R)\*

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3 year old Kenmore gas dryer for sale \$150. Call 680-4828

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Belleville Sat/Sun, Oct 5 & 6, 9-4! Baby items, toys, appliances, ect. 102 William St.

Belleville 10/5, 9-3pm

33 & 38 Creators Terr. (off Perry St)

BELLEVILLE MOVING!

Sun 10/6, 9-4. Huge indoor/outdoor sale. 129 Brimond St. (off Greylock Plow) J

Belleville - Yard Sale

120 Franklin St. Sat, Oct 5th, 9am - 6pm. Guitars, jewelry, items, watches, clothes, lamps, jewelry.

Bloomfield 10/5 & 10/6

10-5pm. Something for everyone! Please No Early Birds! 272 Berkeley Ave

Bloomfield 10/5, Sat

10/5 & 10/6, 12-4 pm. 103 Garrahbar Ave. Toys, exercise equipment, clothing, Little Tykes gym, pool & toys, bikes, dolls, etc. Too much to list!

Bloomfield 10/5, 10/6

10-5pm, No Early Birds! Canceled if rain. 42 Fritz St. (off Broughton Ave)

Glen Ridge 10/5, 9-5pm

Rd 106, Antiques, designer clothes, art, great stuff! 61 Hawthorne Ave

Nutley - Driveway Sale

24 Holmes St, Sat 10/5, 10/6, 10am, 10-6pm. Baby items, clothes, a little bit of everything!

Nutley - Multi Family

Yard Sale, Sat, Oct 5th, 9am - 4pm. HR items, toys, costumes, etc. Too much to list! 102-112 Coeyman Ave.

Nutley - Multi Family

Sat - Sat, 10/5, R.D. items, 10/6, early bird! Fun, HR, baby items, clothes, etc. 93-99 Alexander Ave.

Nutley 10-5/6, 10-6pm

Sports, greeting cards, comics + more. Save! Save! 165 Whitford Ave.

Nutley 10/4, 10/5, 10/6

9:30-4:00, Burnham Dr, elect. typewriter, old playboy magazines, word processor, tools, etc. at 70s, old & new. No Early Birds! something for everyone! 536 Bloomfield Ave.

RUMMAGE SALES

GREAT FALL RUMMAGE SALE Glen Ridge Congregational Church 195 Ridgewood Ave., Glen Ridge (Corner Ridgewood Ave & Clark St.) FRI., OCT 11, 6pm - 9pm SAT., OCT 12, 10am - 2pm

Clothes, furniture, linens, household items & utensils, toys, attic treasures & more. Refreshments available!!

PETS FOR SALE

\$50 Pup Sale on any Pup in #1 Pen Only. Good selection (cash). Open October 6 & 6. Hrs: 10-5, J.P. O'Neil Kennels, US Hwy 909, Nutley, NJ. Directly across road from Hyatt Hotel.

2 Kittens Black & Shaded

old. Midnight & Snow. Help! We need a good home 589-6727.

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Tranton, State House

Location, offering 1,892-SF with 2,500-sq on the first two floors for lease. Ideal for the lobbyist, lawyer, professional with immediate State House access. Call for additional information. Richardson 609-386-1000

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Belle-Mint cond. Cape

2 BR's, exp. cap. Lg. corner lot. Nice area. Asking \$120,000. Call owner 264-0758.

Belleville By Owner

3 BR expanded brick Cape 3 full baths. Xlg EIK, FDR, LR w/tp. enclosed porch. 2 car garage. Present offer call for more details! \$128,000. Call Marie at: 214-940-2029

Nutley 3 BR expanded brick

Cape 3 full baths. Xlg EIK, FDR, LR w/tp. enclosed porch. 2 car garage. Present offer call for more details! \$128,000. Call Marie at: 214-940-2029

Belleville 4 BR w/owner

3 BR, FDR, EIK, LR w/tp. enclosed porch. 2 car garage. Present offer call for more details! \$128,000. Call Marie at: 214-940-2029

RUMMAGE SALES

GREAT FALL RUMMAGE SALE Glen Ridge Congregational Church 195 Ridgewood Ave., Glen Ridge (Corner Ridgewood Ave & Clark St.) FRI., OCT 11, 6pm - 9pm SAT., OCT 12, 10am - 2pm

Clothes, furniture, linens, household items & utensils, toys, attic treasures & more. Refreshments available!!

HOUSES FOR SALE

BELLEVILLE NEW LISTING BRING MOM DON't miss this 5 BR home w/tp. last at \$139,900

Call Marie at

Century 21 Stanford Agency 235-9000 or (Eves) 667-1940

Belleville By Owner

Open House 141 Forest St. 751-6505 October 5th & 6th 1-4 pm 3 BR Colonial, Liv. FDR, HDW/Trs, Mod. Kit, 1 1/2 Baths, Fin. Base, 3 zone heat, 1 car gar. Farm neighborhood, Near Schools. \$125,000.

Bloomfield OPEN HOUSE

Sun, 9/22, 1-4pm 181 Baldwin Street 1975 3 BR Colonial, Liv. FDR, HDW/Trs, Mod. Kit, 1 1/2 Baths, Fin. Base, 3 zone heat, 1 car gar. Farm neighborhood, Near Schools. \$125,000.

Bloomfield Brookdale

NEW LISTING Priced For Quick Sale 4 BR Split level with family rm, 3 1/2 baths, fin. basement w/tp bar & 2 car garage. Move-in cond. Asking \$199,000. For details call Marie at: Century 21 Stanford Agency 235-9000 or eves at 667-1940

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Located in pizza center, ideal for catering, fully equipped, rent negotiable. MARZULLI REALTOR 743-2306

Ideal for Hairdresser or Manicurist in Nutley location

Make own hrs. Call 748-9218

Manicurist space for rent

Call 661-3003

RESIDENTIAL RENTALS WTD.

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APARTMENTS UNFURNISHED

bed/bath 3 ms., 2nd fl. h/w incl. \$650. 1 mh. soc. avail. 10/15. Call 759-0771

BELLEVILLE 1 BR ultra modern garden apt

in quiet community. Extras include WW w/tp, H/W, mod at 10/1, 700 incs H/W/HVGE. 5 rms, 3 BR's, avail immed \$110 heat incl. Pkg. Intry \$100. MARZULLI REALTOR 743-2306

Bloomfield - St. Val 2 BR

apt w/tp EIK & new bath-room. 2nd fl. 3rd fl. 1sm. Av 11/1. \$795. H/W/HV inc. MARZULLI REALTOR 667-8000

Fox Hall - Passaic Pk

Brook Avenue 1 Bedroom includes H/W, gas cooking, WW carpets. No pets. From \$700.00. 201-777-8222 201-473-8000

KEARNY/Lovely 1 BR

apt, just 1 block from shopping & transit. \$450. No pets. No inspection please call Resident Manager at: 291-911-817

Nutley-Bloomfield 1 BR

garden apt, w/tp, \$685. h/w incl. NO PETS! 661-0815

HOUSES FOR SALE

NUTLEY Expanded 3 BR Ranch includes finished basement. 2 baths. LR, FR, formal DR, EIK, attached garage, 3 BR's, 1 1/2 baths. Sold as is. Priced to sell at \$189,000. Call Marie at Century 21 Stanford Agency 235-9000 or eves 667-1940

NUTLEY NUTLEY PK. COL.

Prime area. This spacious 10 m home has 6 BR's, lg open front porch on 70x140 lot w/tp. Ratched to \$200,000 all offers! Call Broker, ask for Susan

A-1 cond North end of

Nantacore area near trans. pks. & schools. 3 BR's, 1 1/2 baths, gar. in rear. MOVE-IN COND. Priced in the \$150's. Eves call Bob Peters at 667-2993 or Broker.

RANCH

On 50x118 ft. level lot! Dining area off kit. 2 lg BR's, built-in 2 car gar in rear, CA, rad. rm. Must be sold reduced to the \$150's. REALTOR RECORDS REALTY 667-5500

NUTLEY OPEN HOUSE

Sun, Oct 6, 1-4pm 98 Oakridge Avenue TWO FAMILY! \$161,000. Excellent income potential. Not a drive by. Bring your buyers!

Available thru Lou Fusaro

Century 21 Stanford Agency 235-9000

NUTLEY UNUSUAL RANCH

1/2 lg. lot, full bath, 3 BR's, fam. rm., LR-Central air, built in gar. Great for the smaller family! \$150's - owner wants out. Must be seen! REALTOR Records Realty 667-5500

Nutley By Owner

4 BR, 2 1/2 Bath, Extended Cape, C/A/C, Fin. Bldg. Move-in cond. Asking \$199,000. For details call Marie at: Century 21 Stanford Agency 235-9000 or eves at 667-1940

SPACE FOR RENT

Commercial kitchen for rent. Located in pizza center, ideal for catering, fully equipped, rent negotiable. MARZULLI REALTOR 743-2306

Ideal for Hairdresser or Manicurist in Nutley location

Make own hrs. Call 748-9218

Manicurist space for rent

Call 661-3003

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APARTMENTS UNFURNISHED

bed/bath 3 ms., 2nd fl. h/w incl. \$650. 1 mh. soc. avail. 10/15. Call 759-0771

BELLEVILLE 1 BR ultra modern garden apt

in quiet community. Extras include WW w/tp, H/W, mod at 10/1, 700 incs H/W/HVGE. 5 rms, 3 BR's, avail immed \$110 heat incl. Pkg. Intry \$100. MARZULLI REALTOR 743-2306

Bloomfield - St. Val 2 BR

apt w/tp EIK & new bath-room. 2nd fl. 3rd fl. 1sm. Av 11/1. \$795. H/W/HV inc. MARZULLI REALTOR 667-8000

Fox Hall - Passaic Pk

Brook Avenue 1 Bedroom includes H/W, gas cooking, WW carpets. No pets. From \$700.00. 201-777-8222 201-473-8000

APARTMENTS UNFURNISHED

bed/bath 3 ms., 2nd fl. h/w incl. \$650. 1 mh. soc. avail. 10/15. Call 759-0771

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Fox Hall - Passaic Pk

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KEARNY/Lovely 1 BR



For the location of your nearest ShopRite Supermarket or Pharmacy Dept. Call 1-800-492-4173. 24 Hours A Day, 7 Days A Week!

# What's for Dinner?

## ShopRite has the answer!

Today, we know it's often difficult to find time to plan and prepare a delicious dinner. That's why we're here to help you...with weekly specials in our meat department, along with recipes and serving suggestions. Creating wonderful meals has never been easier! And, when you shop our entire meat case, you'll find great values across the board. What's for dinner? ShopRite has the answer!

### Introducing ShopRite's "Answer Plan"

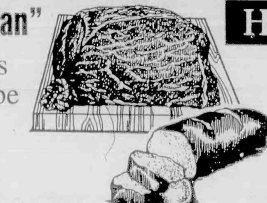
- Country Pot Roast with Vegetables
- Served with Steamed Broccoli Rabe
- ...And Fresh Baked French Bread

USDA CHOICE BONELESS BEEF

**Bottom Round Roast**



**1.49** lb.



CALIFORNIA **Fresh Broccoli Rabe** lb. **1.69**  
IN FRESH BAKE SHOPPE (WHERE AVAIL.)  
**Freshly Baked French Bread** 12-oz. pkg. **.99**

### Healthy Meal

**Dinner for the Health Conscious:** Not only is this a great homestyle meal, it's low in fat and calories. Steamed broccoli rabe offers a nice sharp flavor that rounds out the meal.

#### Country Pot Roast with vegetables

This recipe makes enough meat to have extra to reheat for a quick supper on a busy night.

1-3-lb. boneless beef bottom round roast  
Nonstick spray coating  
1-3/4 cups beef broth  
2 medium onions, cut into wedges  
2 cloves garlic, minced  
1-1/2 teaspoons dried basil, crushed

1/4 teaspoon pepper  
1 bay leaf  
2 medium potatoes  
1 lb. whole baby carrots or 5 medium carrots  
1 lb. turnips or beets  
1 lb. turnips or beets

Trim "visible" fat from roast. Spray an unheated 4-qt. Dutch oven with non-stick coating. Brown meat on all sides over medium-high heat. Drain off excess fat. In a small mixing bowl stir together broth, onions, garlic, basil, paprika and bay leaf; pour over roast. Bring to boiling, reduce heat. Cover and simmer for 2 hours. Peel and cut each potato into eighths. Peel and trim baby carrots, or peel and cut medium carrots into fourths. Peel and chop medium turnips or beets. Add potatoes, carrots, and turnips or beets to Dutch oven. Cover and simmer for 45 to 60 minutes or until meat and vegetables are tender, adding additional broth or water, if necessary. Remove meat and vegetables from pan. Discard bay leaf. Skim fat from pan drippings, season.

## Shop The Whole Meat Case and Save More!

<p>4 TO 7-LB. AVG., FROZEN WITH RIB MEAT</p> <p><b>Turkey Breast</b></p> <p>U.S.D.A. A GRADE</p> <p>lb. <b>.99</b></p>	<p>BEEF LOIN, TAILLESS</p> <p><b>Porterhouse or T-Bone Steak</b></p> <p>TRIMMED</p> <p>lb. <b>3.99</b></p> <p>USDA CHOICE</p>	<p>THIN CUT FROM LEG</p> <p><b>Veal Cutlet For Scallopini</b></p> <p>TRIMMED</p> <p>lb. <b>5.99</b></p> <p>USDA CHOICE</p>	<p>GRADE 'A'</p> <p><b>Tyson/Holly Farms Whole Fryer</b></p> <p>U.S.D.A. A GRADE</p> <p>lb. <b>.69</b></p>
<p>FRESH, ShopRite</p> <p><b>Ground Turkey</b></p> <p>lb. <b>1.49</b></p>	<p>BONELESS BEEF, SOLD AS ROAST ONLY</p> <p><b>Round Rump Roast</b></p> <p>USDA CHOICE</p> <p>lb. <b>1.69</b></p>	<p>CUT TO ORDER, RIB HALF, FRESH</p> <p><b>Boneless Pork Loin</b></p> <p>lb. <b>2.79</b></p>	<p>FRESH, ALL AMERICAN, OVEN READY</p> <p><b>Whole Leg Of Lamb</b></p> <p>USDA CHOICE</p> <p>lb. <b>1.99</b></p>
<p><b>Top Quality ShopRite Beef</b></p> <p>We sell USDA Choice Beef. Our beef is inspected for proper handling to ensure great flavor and tenderness. We only buy beef from plants that are Federally inspected for sanitation. All the beef we buy has been inspected for wholesomeness by the U.S. Government. We even have our own staff of Quality Assurance inspectors that's a second check to make sure every package of beef purchased is top quality.</p> <p>USDA CHOICE</p>	<p>BONELESS BEEF, SOLD AS ROAST ONLY</p> <p><b>Seamed Eye Round Roast</b></p> <p>USDA CHOICE</p> <p>lb. <b>2.29</b></p>	<p>CUT TO ORDER, BONELESS</p> <p><b>Fresh Pork Loin Half</b></p> <p>5-LBS. OR MORE, MEATY, BREAST BONE REMOVED</p> <p>lb. <b>2.89</b></p>	<p><b>We Carry Grade "A" Poultry</b></p> <p>Look for a full selection of Grade "A" Poultry in our meat department. And all of the top quality poultry that we sell is inspected for wholesomeness by the Federal Government. That means the poultry you find at ShopRite has no broken bones, no skin tears, bruises, or broken pieces. Just top quality tender juicy poultry.</p> <p>U.S.D.A. A GRADE</p>
<p><b>Butt Tenderloin For Filet Mignon</b></p> <p>USDA SELECT</p> <p>lb. <b>4.99</b></p>	<p><b>Fresh Pork Spareribs</b></p> <p>lb. <b>1.99</b></p>	<td> </td>	

## Over 2,000 Items on Sale Every Week...ShopRite and always Save in Every Aisle!

<p>LUNCHBOX SNACK</p> <p><b>Ruby Seedless Grapes</b></p> <p>lb. <b>.99</b></p>	<p>LIQUID, REG. OR WITH BLEACH</p> <p><b>Yes Ultra Laundry Detergent</b></p> <p>less than 1/2 price</p> <p>50-oz. btls. <b>3.40</b></p>	<p>PLUS DEP. WHERE REQ., MT. DEW, SCHWEPPE'S OR REG. DIET OR CAFF. FREE</p> <p><b>Pepsi 2-Ltr. Btl.</b></p> <p>PRICE PLUS club Members SAVE .30 PAY ONLY</p> <p>MFR <b>.79</b></p> <p>UP TO 2 DISCOUNTS PER VARIETY</p>	<p>FRESH</p> <p><b>Tuna Steaks</b> lb. <b>4.99</b></p> <p>SAVE AN ADD'L 1.00 PER Pkg. (1-LB. OR MORE WITH PRICE PLUS)</p> <p>21-25 CT. PER LB., FROZEN OR THAWED</p> <p><b>Farm Raised Jumbo Shrimp</b> lb. <b>8.99</b></p> <p>SAVE 1/2 PRICE</p> <p>1/2-GAL. CONT. ANY VARIETY, NON-FAT FROZEN YOGURT, CANDY CRAZE, ALL NATURAL OR</p>
<p>12 SIZE</p> <p><b>Snow White Cauliflower</b></p> <p>ea. <b>.99</b></p> <p>A GREAT SIDE DISH</p> <p><b>Fresh Asparagus</b></p> <p>lb. <b>1.89</b></p>	<p>1-LB. 12-OZ. TO 1-LB. 13-OZ. CAN, ANY VARIETY</p> <p><b>Redpack Tomatoes</b></p> <p>UP TO 4 DISCOUNTS PER VARIETY</p> <p>MFR <b>.49</b></p> <p>16-OZ. LOAF, ANY VARIETY</p> <p><b>ShopRite Rye Cuts</b></p> <p>UP TO 4 DISCOUNTS PER VARIETY</p> <p>SR <b>.69</b></p> <p>ANY VARIETY, GRAPEFRUIT OR</p> <p><b>Tropicana Pure Premium</b></p> <p>64-oz. cont. <b>1.99</b></p> <p>REG., THICK, NO SALT ADDED OR MAPLE</p> <p><b>ShopRite Bacon</b></p> <p>1-lb. pkg. <b>1.59</b></p> <p>STORE SLICED, 98% FAT FREE, NATURAL JUICE, MAPLE GLAZED OR</p> <p><b>Black Bear Virginia Ham</b></p> <p>9 TO 12.5-OZ. BAG, ANY VARIETY</p> <p><b>Lender's Bagels</b></p> <p>UP TO 4 DISCOUNTS PER VARIETY</p> <p>MFR <b>.49</b></p> <p>GRADE 'A', FROZEN</p> <p><b>ShopRite Broccoli Spears</b></p> <p>10-oz. boxes <b>2.10</b></p> <p>ORIG., COOL MINT OR FRESH BURGERS</p> <p><b>Listerine Mouthwash</b></p> <p>33.9-oz. btl. <b>4.19</b></p>	<p>1-LB. BOX, #8 SPAG, #9 THIN SPAG, #2 CUT ZITI OR #10 VERMICELLI</p> <p><b>Ronzoni Pasta</b></p> <p>UP TO 4 DISCOUNTS PER VARIETY</p> <p>MFR <b>.29</b></p> <p>WHITE, BATH</p> <p><b>Angel Soft 12-Pk. Tissue</b></p> <p>3360-tot. shft. ct. <b>2.99</b></p> <p>ANY VARIETY, NON FAT</p> <p><b>Axelrod Yogurt</b></p> <p>6-oz. conts. <b>3.10</b></p> <p>BUN SIZE OR JUMBO</p> <p><b>Kahn's Beef Franks</b></p> <p>1-lb. pkg. <b>1.49</b></p> <p>STORE SLICED</p> <p><b>Norwestern Turkey Breast</b></p> <p>lb. <b>3.99</b></p> <p>VALUE PACK</p> <p><b>Bomb Pop Jr.</b></p> <p>12-ct. pkg. <b>1.14</b></p> <p>IN FRESH BAKE SHOPPE, WHERE AVAIL.</p> <p><b>8" Apple Pie</b></p> <p>24-oz. <b>1.99</b></p> <p>AVAIL. OCTOBER 1, 1996, NEW RELEASE</p> <p><b>Twister Video</b></p> <p>each <b>14.99</b></p>	<p>ShopRite Sale Price <b>2.54</b> FINAL COST</p> <p><b>Ice Cream</b></p> <p>1.99</p> <p>ShopRite Sale Price <b>1.49</b> FINAL COST</p> <p><b>Idaho Potatoes 5-Lb. Bag</b></p> <p>1.49</p> <p>16.25 TO 30-OZ. JAR, ANY VARIETY</p> <p><b>Ragu Spag. Sauce</b></p> <p>ShopRite Sale Price <b>1.69</b> FINAL COST</p> <p>.85</p>

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