Picketing moves to board homes

No mediation date set yet for MTEA and Middletown board

BY EILEEN KOUTNIK
Staff Writer

Midddletown teachers are expected to begin picketing Board of Education members’ homes tonight, increasing pressure for a contract settlement.

The picketing will coincide with an 8 p.m. board workshop meeting. It is also one of the dates a state mediator offered to meet with the two sides.

The Middletown Teachers Education Association (MTEA) was scheduled to begin a phone chain at 4:30 p.m. today to notify teachers which board member’s house to picket.

The picketing is scheduled from 6-7 p.m., according to the MTEA’s September calendar of events.

The MTEA contract expired June 30 and the board declared an impasse, seeking a state mediator July 19.

Continued on page 10
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Public safety team is formed

BY CINDY HERRSCHAFT

MIDDLETOWN — The future of the Police Department will be shaped in the coming few months by a newly created public safety management/transition team, according to Township Administrator Joseph F. Leo.

The transition team, which is scheduled to have its first meeting Friday, consists of Chief William Fowlie's plans to retire in October and completion of a study of all aspects of the Police Department.

One of the group's main objectives will be to review that study, which should be released in a few weeks, and to discuss ways to implement recommendations. The study is being prepared by Deloitte-Touche, a Parsippany consulting firm.

"It's an innovative approach," said Mayor Raymond O'Grady of the management/transition team. "It deserves a shot and a chance."

The transition team is expected to ensure a smooth progression to the appointment of a temporary chief and Chief Fowlie's plans to retire in October and completion of a study of all aspects of the police department. Leo said.

It will be comprised of Leo, who serves as public safety commissioner, Chief Fowlie, two police captains, two lieutenants and two sergeants, said Leo. Fowlie could not be reached for comment at press time.

The decision to form the public safety/management/transition team was discussed in closed session following Monday's night's meeting because it involved personnel, Leo noted.

Leo said he had some "informal discussions" with officers who may join the management team. They include Capts. Joseph Shaffrey and James Kerrigan, Leo said.

While the management team is expected to remain in place for an indefinite period of time, a temporary chief will be appointed whenever Fowlie retires in October, Leo said.

"Only one person can run the department," said Leo, who noted state statutes require that a chief handle the day-to-day operations of the paramilitary organization.

The selection of a permanent chief will be based on the results of a civil service exam offered by the state Department of Personnel. The date of that test should be announced sometime in January of 1997, according to Leo.

However, Leo is unsure how many, if any, deputy chiefs will be selected on a temporary or permanent basis, he said. Deputy Chief Ernest Volkland retired in January and has not been replaced.

These are the kinds of decisions that will be reached by the public safety management/transition team, Leo explained.

The transition team needs to review the recommendations of police study to make sure Middletown does not take any action that would serve a cross purpose, Leo said.

In the coming months the team will also meet periodically with union leaders to get their input about the evolving police department.

"The plan is more participatory than directive," said O'Grady, "It bodes well to improve relations (between the local officials and the police department)."

Traditionally the Township Committee and the police unions have clashed over many police issues in and out of court room.

"I don't think anybody on the Township Committee wants to see the continuance of the abrasive relationship with the police," said O'Grady. "I'd much rather see happy employees."

Plans to form the transition team have been reviewed by the township attorney to ensure it is legal and by Deloitte-Touche representatives, who "eagerly" endorsed the idea, said Leo.

"It may be a breath of fresh air," said O'Grady.

Mid'town approves cell tower

The township will share space with NYNEX, sublet space

BY CINDY HERRSCHAFT

MIDDLETOWN — After almost a year of negotiations, the Township Committee Monday approved an ordinance that will correct public safety and bring revenue to the township.

A new communications tower will be constructed at the municipal complex located on Kings Highway by NY SMSA Ltd., a subsidiary of NYNEX.

The township will share the tower with the NYNEX subsidiary and will sublet space on the tower to at least two other companies.

The 150-foot tower replaces a 120-foot structure that has been struck by lightning several times.

The old one will be dismantled and moved to the Kanes Lane public works facility for possible future use.

It will be removed at no cost to the township, officials said.

With a taller tower, emergency communications are expected to improve through the elimination of "dead spots," said Mayor Raymond O'Grady.

The new tower also will reduce the request for additional towers and provide another source of revenue for the township, he added.

"This is a balance between opportunities and problems," said Committee-Roe Madame Rose Marie Peters, who noted there are three other companies interested in erecting towers.

Middletown will receive $18,000 per year from each company utilizing the tower. Lease payments will be adjusted every five years, according to Township Attorney William Dowd.

The township will pay nothing for the use of the tower, he said.

The NYNEX subsidiary will provide liability insurance for the tower to cover all potential users in the amount of $1 million per incident, Dowd said.

The only official objection to the tower came from Democratic Township Committee candidate Larry Loigman.

"We don't know where this kind of technology is going to take us," said Loigman who noted he was concerned for township employees' safety.

He said additional data is needed.

A petition regarding health concerns had been submitted by employees but was withdrawn after the employees received satisfactory information about the tower's emissions, said Leo.

Federal regulations limit the strength of those emissions to 100 watts, according to a NYNEX representative.
HAZLET — With Labor Day becoming a distant memory, the 1996 Township Committee candidates are hitting the campaign trail.

Democratic candidate Frank O’Brien and Republican candidate Michael Sachs, both of whom are seeking one available seat on the five-member committee, revealed glimpses of their concerns during a Sept. 9 candidates forum sponsored by the Hazlet Mobile Home Association.

O’Brien told about 150 mobile home residents he wants to see the Township Committee and the police department iron out their problems outside the courtroom.

More than $100,000 has been spent on courtroom battles between the two entities, according to O’Brien, a 38-year resident.

“It’s too damn much,” he said. “It shouldn’t be.”

Sachs focused his attention to the concerns of the mobile home residents.

He also reminded them that the Mobile Home Association has forged strong relationships with Republican officials.

“If I am elected, I will continue to give you the fairest rent control ordinance with the fairest people appointed to the Rent Control Board,” said Sachs, who is a member of the Zoning Board.

Sachs carries the Republican banner this year in place of Mayor Ron Walsh, who has decided not to run for re-election. He is a painter by trade, and his wife is a member of the Rent Control Board.

Most of the residents who attended the meeting sought assurances from the candidates that they will help them improve their quality of life in the trailer parks.

“I’ve been there for you, and I’ll be there for you again,” said O’Brien. “I like letting people know what’s going on. I always did.”

If elected, O’Brien would become the third Democratic member of the Township Committee.

A former committee member and mayor in the 1970s, he has been involved in the Hazlet Youth Athletic League and has served on various township boards.

He is also a member of the Veterans of Foreign Wars Post No. 4303 and of Elks Lodge No. 2179.

During the forum, O’Brien also focused on taxes and development in the township.

Although he did not promise to reduce taxes, he suggested that there must be ways to reduce expenses to avoid further tax increases.

As for construction in the township, “something has to be done,” said O’Brien, who suggested a moratorium on new development.

“It’s getting worse and worse,” he added.
Men suspected in two other Holmdel bank heists, in July & Dec.

HOLMDEL — While allegedly fleeing from the scene, three men were charged in connection with a Sept. 11 bank robbery, said Detective Louis Torres.

Anthony Bilotta, Lyle Anderson and Kenneth Shwarzewski, all 23 years old and from Staten Island, allegedly held up the Core State Bank on Route 35 and Union Avenue, at 2:14 p.m. Sept. 11.

The men, witnesses said, had left in a black Cherokee Jeep with Indiana license plates.

Holmdel Cpl. James Smythe stopped the alleged getaway car at 3 p.m. at Garden State Parkway Exit 119. He saw the vehicle that met the description at Exit 114, Torres said.

The money was recovered, although police declined to say how much it was. Found in the car was a handgun and ski masks, he said.

The car belonged to a suspect’s rela-

tive, Torres said.

All are in the Monmouth County jail, charged with robbery, possession of a weapon, possession of a weapon for unlawful purpose, and conspiracy and theft. Bail was set at $150,000, with no ten per cent.

Detectives Torres, Frank Allocco, and Detective Sgt. Len Sassosi are investigating to see whether the men are linked to burglaries at the Midlantic Bank at the Holmdel Towne Center in July, and the Shrewsbury State Bank on Route 35 and Laurel Avenue, in December 1995.

The methods used in the alleged burglaries were similar, Torres said. In the latest case, witnesses reported that one burglar said, “You all have a nice day” before leaving.

Special Agent Dan Morgan from the FBI is investigating to see if there are charges that can be lodged on a federal level, Torres said.

The three men all have previous criminal charges, but none as serious as bank robberies, Torres said.

Night deposit box robbed

HOLMDEL — Police are searching for suspects involved in the burglary of a night deposit box at Fleet Bank, 33 West Main Street, next to the Holmdel Firehouse.

The night deposit box was looted around 3:40 a.m. Monday. Patrolmen Walt Weber and Jim Hammond responded to the bank’s alarm. It was the first theft of its kind in the township’s history, said Detective Sgt. Len Sassosi.

“They broke the bricks and did what-
ever they had to do to get it out,” said Sassosi, about the theft. “They must have used some type of prying tool.”

Sasso did not know how much money was taken. FBI Agent Tom Menapace is assisting the investigation.

“It’s a quiet street, so we are looking for people who might have heard something or seen a car,” Sassosi said. “There’s no videotape that I’m aware of.”

Tips will be kept confidential. Call Sassosi at (908) 946-4400.

Sides will meet with mediator

HOLMDEL — The Board of Education and teachers union will meet tonight with a mediator concerning teacher contracts.

The two sides began negotiating in January.

The teachers’ contracts expired June 30.

Both sides agreed to request a state mediator June 17, during the seventh round of negotiations, according to Board President Norman Toback, who also chairs the negotiation committee.

He said the Public Employment Re-

lations Commission (PERC) received the paperwork for the mediator July 10.

Toback would not comment on either side’s proposals.

Holmdel Teachers Education Association (HLEA) President George DeLage did not return phone calls.

“I’m hopeful and believe a settlement can be reached,” said Toback about the upcoming meeting.

The board also sent letters home to parents at the end of August informing them of the status of negotiations.

— Eileen Koutnik

Learn how to protect wetlands

Grade school teachers and scouting leaders are invited to spend the day on Sandy Hook learning “Lessons in Protecting Monmouth County’s Wetlands,” 9 a.m. to 3 p.m. on Saturday. The program is sponsored by Brookdale Community College, Lincofn.

Participants will be guided through different wetlands environments and be introduced to a variety of teaching strategies for classroom and group lessons in natural and physical sciences, the environment, coastal history and more.

Program fee is $24 and includes an Audubon Society Guide to the Wetlands. To register, call (908) 224-7880.

Pancake breakfast at St. Benedict

A pancake/sausage breakfast, sponsored by the Knights of Columbus St. Benedict Council 11349, Holmdel, will be held 8:30-11:30 a.m. on Sept. 27. The breakfast will be held at the St. Benedict School cafeteria located at 165 Bethany Road.

Cost is $3 for adults; $1 for children.

For more information, call Jack Lietz at (908) 583-4602.

IN BRIEF

INDEPENDENT, SEPTEMBER 18, 1996
St. Joseph’s gets first playground

Parents, parishioners, businesses all provide help and donations

BY LAUREN JAEGE
Staff Writer

KEYPORT — When a couple of moms learned that St. Joseph’s elementary school never had a playground, they set out to raise money for one.

But they learned it wasn’t going to be cheap.

The price for a playground manufactured by Gametime, matching the latest safety standards and handicapped access requirements, would be more than $30,000.

“At first, we estimated that the equipment would cost about $10,000,” said Patty Vecchio, a mother of three and the former PTA president. “But lo and behold, the price tripled.”

But instead of being discouraged, the moms got to work.

Less than a year after the initial concept, the school received its first playground ever, thanks to the support of the church parishioners, parents and businesses.

Clare Sken, the mother of two children, and Vecchio wrote letters to more than 300 area businesses.

Most of the businesses answered, even if they couldn’t donate, they said.

Some car dealerships were extremely generous, they noted. Pinebelt Nissan donated $1,000 and Straub Family Dealerships gave $1,600, or $200 for each child in their family that attended St. Joseph’s.

During “Jingle Jangle January,” the school asked the 497 children, ranging from pre-kindergarten to eighth grades, to bring in their spare change. The nickels, dimes, pennies and quarters grew to a heavy $2,500. Friendly’s Ice Cream donated containers to collect the change and United Jersey Bank rolled the coins.

A flea market raised $2,600 from the sale of second-hand items which had been donated to the cause, and the St. Joseph’s School t-shirt sale raised another $2,000.

Sister Constance Gleason, the school’s principal, said ever since the school was founded in the 1870s, there was no play-

ground. She didn’t know why it was so.

“We felt it was about time,” she said.

“Patty said there was no obstacle.”

Then we decided, if we were to get a playground, we better put in a playground that will last for the next 100 or so years,” Sken said.

Gleason said the playground will not get a swing set, because she doesn’t want any child to be at risk for injury.

Jody Vaccarella’s Cliffwood landscaping service planted the garden, which includes a small statue of St. Joseph.

Then, the garden was dedicated to a school parent, Irene Marchitto, who passed away in January at age 48 after suffering from cancer for two years.

“She was extremely devoted to working with children,” said her husband Joe, who still resides in Old Bridge with their 12-year-old son and 10-year-old daughter.

Mrs. Marchitto was one of the most enthusiastic supporters of the playground idea.

Meanwhile, all of the pupils at St. Joseph’s got to choose the playground colors by voting. They had the choice of the liberal ticket of fluorescent light, purple, yellow, green and blue, or just plain old conservative red yellow and blue.

“It was a landslide victory,” Sken said of the choice of the crazy colors which can be seen on the other end of the murky parking lot.

Carmella Grace, a teacher, designed the stencils of the children playing, and these were painted on the fence. She also painted the three hopscotch boards on the pavement.

Local sign painter Ambrose Nelson created the signs, one of which reads, “Hidden Treasures Playground. A dream is a wish your heart makes.”

The playground is only one accomplishment of the school’s PTA. Last year, they finally installed their $45,000 computer lab after three years of raising money, and installed new doors and new bathrooms in the school.

“There were no separate groups,” Vecchio said. “Everyone worked together. I think it was the good combination of parents and teachers and sister Constance, who was the advisor.”

A plaque will go up in the playground shortly with the names of each donor who gave $500 or up.

Hazlet Day Festival set for Sept. 28

This year’s Hazlet Day Festival will be held on Sept. 28 at Veterans Memorial Park, Union Avenue. The festival begins at 10 a.m. and continues through dusk. There will be music, food, games, crafts and rides.

In the event of rain, the festival will be held on Sept. 29.

A limited number of vendor space is available. Crafters will be charged $25 or space and new merchandise vendors will be charged $50. Food vendors are charged $150 for Hazlet businesses and $200 for out-of-town businesses.

Admission to the festival is free.

Call (908) 739-0853 for information.

IN BRIEF

Register now for aerobics class

The Hillsfield Community Center, a facility of the Middletown Township Department of Parks and Recreation, is sponsoring a fall women’s aerobics class beginning today at the center, located at 144 Chestnut Ave., Atlantic Highlands.

Classes will be held 7:30-8:30 p.m. on Wednesday nights and will continue for 10 weeks.

Fee is $25 per person.

Registrations are being accepted now. For more information, call the Community Center at (908) 615-2261.
O’Grady defends fire dept. budget

BY CINDY HERRSCHAFT
Staff Writer

MIDDLETOWN — In defense of a recent comment that only $20,000 was spent to support the fire department, local officials said they have found that a much larger sum has been spent in the past two years.

During a recent Township Committee meeting, Democratic Township Committee candidate Larry Loigman said that too much money is being spent on recreation and not enough on public safety.

The Township Committee’s spending habits “reflect a complete lack of prioritization,” Loigman commented during a public hearing regarding an approved state Green Acres loan for half a dozen at the Crowley Hall Park complex on Leonardville Road.

The Township Committee has acted aggressively to provide stronger support services for our public safety services in town, Mayor Raymond O’Grady said in a press statement responding to Loigman.

O’Grady is running for re-election on the GOP ticket.

The amount budgeted for the fire department is $1,720,224 and is a “far cry from the allegation that the commitment is only $20,000 per year,” said O’Grady.

That figure includes funds set aside in the municipal budget and the Monmouth County Improvement Authority capital lease program, he said.

However, Loigman said he was referring specifically to the $20,000 given to each of the 11 fire departments as an operating budget, he said. “It is not adequate,” he said.

“There is a desperate need to have the needs of the fire department addressed in the budget,” Loigman added.

While more than $835,000 was used to purchase equipment through the capital lease program including ladder training equipment and radio equipment, Loigman said more funds should be used for capital and operating expenses.

“If they can spend a million on recreation, they can come up with a little more for public safety,” he said.

However, O’Grady noted that even more than $1.7 million was spent on public safety. A total of $160,000 was spent in support of the new communications unit; almost $450,000 was appropriated for first aid; $1 million was spent on fire hydrants; and almost $200,000 to support Uniform Fire Safety Act services, O’Grady said.

“ar to suggest that our support of the fire companies is a mere $20,000 per year is not only deceptive and misleading, it exploits the thousands of loyal volunteers who provide these emergency services day in and day out,” he added.

J. Heidel is running on the Democratic ticket with Loigman, a local attorney, for two seats on the five-member all-GOP Township Committee.

Deputy Mayor Patrick Parkinson is also seeking re-election.

Vendors needed for crafts fair

Vendors are sought for the annual Founder’s Day Festival Crafts Fair. The fair will be held from 9 a.m. to 4 p.m. on Oct. 5 at the Old First Church, Kings Highway, Middletown.

For more information, call (908) 787-4049 after 6 p.m. or leave a message.

Space available for vendors at yard sale

The Ladies Auxiliary to Veterans of Foreign Wars Post 4247, Keypont, will hold an indoor yard sale 10 a.m. to 4 p.m. on Saturday at the post home at Third and Waverly streets, Keypont. The kitchen will be open for refreshments.

Tables are available for rent to vendors at a cost of $10. Space is limited.

Reservations may be made at the door or by calling (908) 264-4234-cancelled.

New season is now starting for art guild

The Brush and Palette Art Guild of Keypont is starting its new season of art workshops, classes and art displays. Workshops are held 7-9 p.m. on Tuesdays at the James J. Cullen Center, Veteran’s Park, Union Avenue, Hazlet. A business meeting is held every third Tuesday. New members are welcomed.

The Guild is also offering acrylic art classes starting Sept. 24. Cost is $20 for four sessions.

For more information, call (908) 264-3853 or (908) 264-4088 or write to the Brush and Palette, P.O. Box 232, Keypont 07735.

Jazz festival to be held at waterfront

The cool sounds of jazz from popular artists, culinary treats by some of Bayshore’s most popular restaurateurs and a car show can all be enjoyed from 1-7 p.m. on Sept. 28 at the Keypont Jazz Festival. The family event is sponsored by the Greater Keypont Area Chamber of Commerce and will be held at the waterfront municipal lot.

The free jazz performances will be continuous. Featured entertainment include The Rich Reiter Swing Band; vocalist Skip Roberts, the JohnPaul BigA Dixieland ensemble and the Eddie Hazelt trip.

In addition, there will be art and craft merchants displaying their wares and amusements for children.

For more information, call Dr. Barbara K. Curtis, 996 Jazz Festival Incorporated at (908) 739-4770 or Nina Jeardron at the Greater Keypont Area Chamber of Commerce at (908) 264-3026.

IN BRIEF

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SENDING A MESSAGE — Middletown High School South teachers Cathy Easton (front) and Cheryl Cohen (back) picket outside Nut Swamp Elementary School on Nut Swamp Road during a back-to-school night Sept. 11.

(PhotobyJackiePollack)

Picketing moves to board homes

Continued from page 1

Board Attorney Malachi Kenney would not comment on whether the board is planning any action to stop the picketing.

He did say the board is looking into the legality of teachers picketing outside of board members’ home.

The local patrolmen’s union used similar tactics against the Township Committee.

The teachers already started picketing at back-to-school nights, where parents get their first opportunity to meet their children’s teachers.

Teachers will not picket at schools where they teach, according to Bette Shreiber, MTEA first vice president.

The first picketing occurred Sept. 11 at the Nut Swamp Elementary School’s back-to-school night.

About 30 teachers from High School South and Middletown Village picketed peacefully for almost an hour, beginning at 7 p.m., a half hour before the back-to-school program started.

As parents of first and second graders entered the school, they were greeted by picketers and handed informational fliers.

Picketing teachers wore red T-shirts printed with the words, “A Fair Settlement Now,” and handed out fliers that said Middletown students have been shortchanged $90,041,712 over the last 10 years by school budgets cuts.

The fliers also demanded “good-faith bargaining, fair treatment of employees and an end to politics in education.”

Two teachers carried signs that said, “Stop treating teachers like the enemy.”

MTEA President Diane K. Swain, who has refused to comment about the negotiations, instructed the picketers “to smile and greet parents.”

Superintendent Dennis M. Jackson said the picketing caused no problems at the school. He said teachers left the school at 7:55 p.m.

“The district did send letters home to parents informing them of the possibility of pickets at back-to-school nights,” he said. “We want the parents to know what is happening.”

The state mediator offered five different dates in September to meet with the two sides, but MTEA rejected all of them, according to Kenney.

On Sept. 6, the mediator asked the MTEA to come up with some possible meeting dates, Kenney said, but he has not heard anything yet.

“They are much too busy with pickets to bother negotiating,” said Kenney.

The board has not offered the union a salary increase for the coming year. Instead, it is proposing that increases be based on productivity.

The union is seeking an annual 3.9 percent wage increase for the next three years.

Teachers also wore their T-shirts on pay days, including this Friday, and plan on wearing them to the Sept. 24 meeting.

“I don’t know how many teachers will wear them to the meeting, but I plan on wearing mine,” said Shreiber.

Some teachers appeared in the red T-shirts on the first day of school. They were sold for $8 at the general membership meeting Sept. 3. The profits from the sale are supposed to benefit the MTEA’s scholarship fund.

“During the first day, students, especially the sixth graders who have never been in the school, found security in seeing teachers in the T-shirts,” said Shreiber, who teaches Spanish and French at Thorne Middle School.

Shreiber said none of her students asked her anything about the shirts. “I’m happy to reply if asked,” she said, “I always reply to my students.”

Both sides have yet to sit down with Thomas Hartigan, a mediator for the state Public Employment Relations Commission.
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PROUD OF HER WORK — Kristin Hrabar, 10, of Aberdeen, admires her illuminated Nut Driver screwdriver that was just awarded a utility patent. Her invention was part of a school project last year at Ravine Drive Elementary School, Matawan.

Aberdeen girl, 10, gets utility patent

School project leads to invention of the lighted screwdriver

BY EILEEN KOUTNIK
Staff Writer

ABERDEEN — For ten-year-old Kristin Hrabar, invention for a school project has led to a utility patent. Kristin learned of the good news August 13 in a letter from the National Invention Services Inc. (NISI).

The patent will be given for the illuminated nut driver, an idea Kristin and her father, Frank, worked on together.

The idea for the invention came about from a three-week project Kristin's class was given last year by Ravine Drive Elementary School teacher Franklin Wagner.

The project, titled Student Invention Through Education (SITE), is a nationwide project where students create or improve an already invented item.

The idea for the invention came about accidentally. Kristin's father asked her to hold a flashlight while he removed the motor from their clothes dryer.

After a short while, Kristin became bored and suggested that it would be great if the screwdriver had a built-in light.

According to NISI, the invention is described as a nut driver shaft with a battery and light located inside the handle that is adjustable to various sizes.

The tool can be used by computer technicians, car repair workers, electricians, carpenters and householders.

"I always had a good feeling about the idea because all the people I talked to said they could find a use for it," said Frank.

Before Hrabar was given a patent, they had to send $645 to the U.S. Patent and Trademark office, Washington, D.C.

The money will be used to issue a certificate of the patent and to also put the invention in the different patent books, said Frank.

The patent will be good for 17 years. After that, it becomes public domain for anybody to do what they want with it, he said.

Hrabar will receive the patent certificate within 90 to 120 days. Once the certificate is received, the family will have to decide how they want to use the patent.

"We can either sell the license for the patent to a manufacturer for one lump sum of money, or sell the different components and receive a percentage of the profits."

"I'm leaning toward the second option because there will always be a need for different parts," said Frank.

News of the invention has already appeared in Snips magazine, a monthly periodical for sheet metal, warm air heating ventilation and air conditioning contractors.

NISI included a reader response card in the magazine where readers circle things they are interested in, said Frank.

After Kristin's idea won a school award at Ravine Drive, and the opportunity to compete at the state finals last May at the Garden State Arts Center where she did not win.

It was after Kristin's invention did not win at the state level that her family researched into finding whether or not the invention already existed.

Continued on next page
Girl gets patent

Continued from previous page

During work one day, her father, who is chief engineer at U.S. Life, Neptune, designed a prototype using a shaft with a hollow plastic shaft that would light up when the switch was on. After spending two Saturdays conducting research at Rutgers Medicine and Dentistry Library, which has a database of all inventions, they still came up with nothing. They then decided to spend $900 for a patent attorney to conduct an accurate patent search.

The findings were revealed in a letter to the family last June. The letter stated the professional opinion was that a utility patent protection for the invention might be available.

The next step was to take the invention to NISI. For $6,500, the Hrabars filed an application for the patent and received news that the invention was "patent pending" last January.

"NISI told us it would take about one year from the filing date to make a decision on the patent," said Frank. "We filed on Dec. 22 and received the news in August." Frank attributes the timely process to NISI not having much to look at in the category where the invention would fit.

"I'm so excited for Kristin, and her parents have been so supportive," said Wagner. "It's a great program (SITE), and I believe it really challenges students, and many students excel at it," he said.

"I'm excited about it," said Kristin. Kristin's invention also brought her recognition again this year at Ravine Drive.

A banner greets people as they enter the school which says, "Inventor Kristin Hrabar Patents Approved."

She will also be featured on the school's Channel 12 television station.

Ravine Principal Margaret Lewis said Kristin will be featured with her this month when she does her principal's report. "It is just the luck of the draw that Kristin had Mr. Wagner last year because not all teachers participate in SITE," said her mother Donna.

Church to sponsor bike-a-thon Sept. 28

The Holmdel Community United Church of Christ, Main Street, is sponsoring a bike-a-thon on Sept. 28 to raise money for St. Mark's Soup Kitchen and the Bridges Project. Registration starts at 9 a.m. The 25-mile ride begins at 10 a.m. and will traverse scenic roads in the Colts Neck-Holmdel area.

There will also be a children's bike-a-thon and trike-a-thon from 10-11:30 a.m. in the church parking lot. Children can get pledges for the number of times they ride around a marked loop. Beverages will be served and certificates will be given to all who participate.

If you would like to ride, sponsor a rider or make a contribution, please call Holmdel United Church of Christ at (908) 946-8821. You may mail your check to the Holmdel U.C.C. Bike-a-thon, 40 Main St., Holmdel 07733.
A MODULAR ADDITION — Navesink Elementary School in Middletown received the last of six modular classroom units Sept. 5 (l). Navesink Principal Christopher Halpin (r) and head school custodian Charles only. Commercial pncmg available Commercial license agreement required lor commercial locations. Commercial signal theft subject lo ciW and criminal penalties. Haidware and programming sold separately.

MIDDLETOWN — The six modular classrooms being added to Navesink Elementary School should be ready for use by the end of December, tripling the school's size and providing much needed space.

Over the years, the Navesink area has increased in population. In addition, there has been an increase in the number of students from the Sandy Hook Coast Guard station, which sends children to Navesink, said Principal Christopher Halpin.

In the 10 years since Halpin became principal, the school enrollment has increased from 304 to 650.

With the extra space, special education students currently sent to other district schools will be brought to Navesink, increasing the total enrollment to approximately 350 students, Halpin estimates.

Superintendent Dennis M. Jackson said the foundations have been installed for all six modular units. The last unit was delivered Sept. 5.

The addition of the modular units will provide a total of 17 teaching classrooms. The school presently has 11 teaching classrooms, according to Halpin.

Besides allowing special education students to attend their neighborhood school, the increased classroom space will also relieve large class sizes in the second and third grades, said Halpin.

Halpin said no more than two special education children would be housed in the modular units.

"It's important to have special education classes closest to their own grade levels so it's easier to mainstream them," he said.

The school district bought the modulars after completing a new $4 million elementary school.

Originally, the district had anticipated having the classrooms on site and operational by the opening of school year, but the district only received one $300,000 bid to do the work, which was too high.

The board unanimously passed a resolution at its July 23 meeting to solicit informal bids.
Board will discuss family life changes

BY EILEEN KOUTNIK
Staff Writer

MIDDLETOWN — The board of Education is expected to discuss a revised family life curriculum for kindergarten through 12th grade tonight.

The board’s workshop meeting is scheduled for 8 p.m. at High School North, Tindall Road.

Possible curriculum changes were discussed with the board’s curriculum committee last week, according to Frank Lineberry, district administrator for curriculum and staff development.

IN BRIEF

Hunt Meet tickets for sale at MHA

The Mental Health Association of Monmouth County currently has tickets on sale for the annual Monmouth County Hunt Meet. The race meet will be held on Oct. 19 at Woodland Farms in Middletown. Gates open at 10 a.m. The first race begins at 2 p.m.

Estate tickets are $175 and admit six people; hilltop tickets are $225 and admit six people. Winner’s circle tickets are $550 and admit six. Additional tickets can be purchased for $30 each.

Call the Mental Health Association today at (908) 542-6422 for additional information or to purchase your tickets. Tickets purchased directly from MHA benefit the agency’s programs for the mentally ill and their families.

Golf tournament open to residents

The Middletown Township Department of Parks and Recreation is sponsoring a family miniature golf tournament on Saturday, Middletown Miniature Golf Center, Tindall Road. Shotgun start is at 9:30 a.m. The rain date is Sunday at 1 p.m.

The tournament is open to Middletown families of 3 or 4 people. One person in each group must be an adult. The minimum age for a child is 6.

The fee for the tournament is $15 per family. Pre-registration is required at the Parks and Recreation Office at Croydon Hall, Leonardo. No registrations will be accepted the day of the event and space is limited.

Call (908) 615-2260 for information.

Seniors will hold attic sale Sept. 28

Granny’s Attic Sale will be held from 11 a.m. to 6 p.m. on Sept. 28 at Middletown Senior Center, Croydon Hall, Leonardo, in conjunction with Middletown Day.

Tables are available at $9 for senior citizens and $10 for others.

Hot dogs, soda, coffee and tea will be available for mid-day shoppers.

For more information or table reservations, call the Senior Center at (908) 615-2265.

"There have been no major changes to the curriculum," he said.

The board will vote on the revised curriculum at the monthly meeting Sept. 24.

Lineberry said one of things that was reviewed again was an "opt-out" option that would permit parents to keep their children out of certain classes.

The proposed family life curriculum brought a large response from parents at the Aug. 21 workshop meeting.

Many parents were concerned about co-educational family life classes at the middle school level.

They also do not want students to be taught about different sexual orientations or sexual harassment.

Parents also opposed having Planned Parenthood speakers talk to high school students.

Superintendent Dennis M. Jackson said the district’s message will be abstinence.

Some parents urged the board to teach students about marriage at an earlier age and to stress the ideas of traditional families, love and fidelity.

Lineberry said the curriculum has been in the works for two years and closely resembles state guidelines for health education.

The curriculum was last updated five to eight years ago, according to Lineberry.

The proposed family life curriculum includes up-to-date information on birth control, AIDS and sexually transmitted diseases.

In addition, the curriculum would address disease prevention, nutrition, accident prevention and first aid, substance use and abuse, and consumer, personal, and dental health.

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PUT YOUR BIGGEST INVESTMENT INTO THE HANDS OF A PROFESSIONAL AT ARTISAN CONSTRUCTION
Dancer finds her dream teaching

BY BEVERLY Mcgee
Correspondent

MATAWAN — As the lazy days of summer give way to the hustle and bustle of school and extracurricular activities, some youngsters trade in their in-line skates and sun block for footballs and pom-poms, while others may find refuge from the demands of academic life at their local dance school, where they can tap, pirouette or Jazzercise away the day’s frustrations.

Many of those young dancers aspire to a life before the footlights, but as one local dancer can attest, dreams don’t always come true exactly the way we hope or expect.

Before opening A Touch of Dance at the age of 22, Lisa Schneider, the school’s owner and director, dreamed of one day dancing on the professional stage.

“I wanted to be a prima ballerina,” said Schneider recently, while taking a break from fall registration at the Matawan school.

“Everything I did went toward (becoming) that.”

Now 32, Schneider said she began dancing when she was 3 years old. At the age of 12, the Colonie native was already studying at New York’s prestigious American Ballet Theater.

By that time, her schedule included 2-3 hours of dance each weekday. But fate is not always kind, and Schneider’s hopes for a career as a professional dancer were soon dashed.

While her ability and enthusiasm continued to grow, her body simply did not catch up.

At just under 4 feet, 11 inches, Schneider was told by her instructors that she would never make it as professional dancer.

Schneider admits she was initially devastated by the news.

“At the time, I was very upset about it. (But) I just didn’t have the size.”

After briefly pursuing a career in musical theater, Schneider knew she had to return to dancing in one form or another.

It was time to dream a new dream.

“I soon decided that teaching was the most likely job for me,” she said.

At 16, Schneider began teaching dance at several schools. By 22, she was ready to strike out on her own.

“I had been teaching for six years, so I was eager to get out and do my own thing.”

And so, while most people her age were busy polishing résumés and donning their most conservative interview suits, Schneider decided to open her own school of dance.

Living in Rahway at the time, Schneider heard from a friend that there was growth in Matawan.

After checking out the area for herself, “I could see it really needed a new school badly,” she said.

A Touch of Dance opened for business in September of 1987, on route 79 in the Minisink Mall, where it continues to thrive today, offering instruction in various forms of dance and exercise to young-

DANCE ACT — Lisa Schneider, the owner of A Touch of Dance in Matawan, strikes a pose with her competitive dance team.

(Photoby Jackie Pollack)

Asked what she dislikes most about owning her own business, Schneider replies without hesitation, “paperwork.”

Today, as a Touch of Dance enters its 10th year, enrollment is up above 200, and Schneider said she has never been happier.

Five students continue to study at the school since its inception and two former students, Melissa Darso and Barbara Doby, now teach at the school.

Other former students have gone on to study dance at such places as the University of Delaware and New York University’s Tisch School of the Arts.

“I really enjoy it, the past couple of years more than ever,” said Schneider with characteristic spark.

“I still learn a lot. When you’re working with kids, that’s part of the fun of it. You never know what you’re going to learn from day to day.”

As if teaching 200 students wasn’t enough, Schneider heads the Touch Dance Troupe.

Formed by Schneider during the school’s first years, the Touch Company has grown from two girls to its present 20 members, ranging in age from 6-15 years of age.

“They are very committed young women and men,” Schneider proudly said of the members, all of whom dedicate eight hours of each Saturday to the company.

The company has been competing nationally for the past five years. This past summer, 10 members traveled to Kissimmee, Fla., to compete (and take several first-place awards) in the Performance Plus U.S. Dance Championship.

The troupe also performed with the New Jersey USO at Fort Mommouth last year and has participated for the past two years in a telethon, sponsored by Suburban Cable, to benefit the DARE Foundation.

Asked how long she expects to be teaching dance, Schneider replies, “I’ll always be teaching somebody some form of dance, even if it’s only my grandchildren.”

In fact, Schneider names her own maternal grandmother, Theresa Innamorato, as one of her main inspirations.

“My grandmother always wanted to dance, but she never got the chance,” said Schneider.

“She comes to the school’s recitals every year. I think she wishes it could have been her.”
Hindus to form a base in Marlboro

Dilapidated buildings on Wooleytown Road will be renovated

BY BRIAN DONAHUE Staff Writer

MARLBORO — An estimated 2,000 families in Monmouth County practice Hinduism at their homes and attend cultural functions at rented halls and churches in towns like Old Bridge and Howell and Ocean. For the past eight years, since uniting to worship their God, Krishna, a board formed by local Hindus has sought to find a place nearby to call their home base.

Their search came to an end last week when the Zoning Board of Adjustment approved a site plan for the Hindu American Temple and Cultural Center on Wooleytown Road, near Texas Road, where five dilapidated buildings sit on 31 acres — the former site of a Hebrew academy.

In the coming months, the group hopes to raise $750,000 in order to demolish three of the buildings and renovate two. One will become a prayer center. The other is planned for cultural functions. Members of the group said they hope to build a larger facility on the site some time in the future.

"This provides us not only with a place to practice our spiritual needs, but also our cultural needs," according to A. Natarajan, a member of the temple's board. It will also bring the local Hindu population a place to socialize, educate children and hold interfaith seminars and other educational classes.

While concerns have been raised that the organization will grow to a point where traffic could become a problem, and the buildings and parking lot are filled beyond capacity, the Hindus have said any fears the community has can be attributed to misconceptions about the religion's practices.

Unlike some Western religions, the Hindus have no set time to appear at the temple, according to Guy Gundanna, a Matawan resident who has played host to as many as 150 people in his basement temple. "The temple is open seven days a week to anybody who believes in Hinduism. There is not any set mass," said board member T.K. Srinivas.

"It caters to people who live nearby so they don't have to make any long pilgrimages to other temples," Natarajan said. "Since it's nearby, people can time themselves to come whenever they want."

While attempting to quell concerns of overcrowding, the Hindus also said they also want the rest of the community to better understand their religious and cultural practices.

"I was living in the community and I heard that some different religion was coming in, I'd be worried and think, 'Is this some type of cult?'" Srinivas said. "But these people are doctors, engineers and other professionals. This is not a movement or a cult."

The goal of their religion, which according to Natarajan is the oldest on Earth because it was established around 4,000 B.C., is to provide people with a comfortable life that relates well with the environment and nature.

"Another goal is to understand and live with all people around you. It kind of tells you how you can make yourself very natural," Natarajan said.

"Everyone has their own protocols and procedures of worship, but at a philosophical level Hinduism is all-inclusive because it believes all religions to be true," according to Srinivas.

The Hindus said they are hoping their new home in Marlboro will finally bring their now transient, local community together for the first time.

"This will be a good place for our kids and everyone to get to know each other," Srinivas said.

To make a donation or for details, call Gundanna at (908) 583-4253, an Internet site, under construction, is http://member.com/sgovidman/haicc.htm

Participants sought for Aberdeen Day

Aberdeen Township will hold its annual "Aberdeen Day" from noon to 5 p.m. on Oct. 12 at the Matawan Aberdeen Regional High School. Featured at this event will be dance and karate demonstrations, clowns, a petting zoo, pony rides, food vendors and crafters.

Businesses and veteran organizations, food vendors and crafters interested in participating may call the Aberdeen Recreation Office at (908) 583-4200, ext. 134, for applications. Aberdeen residents, businesses and all service and veteran organizations can register free of charge.

Lawyers association receives grant

The New Jersey State Bar Association Young Lawyers Division (YLD) recently received a Public Services Grant from the American Bar Association Young Lawyers Division Affiliated Outreach Program. The grant will assist the YLD's Board Match Plus Committee in its effort to place young lawyers on the boards of not-for-profit organizations. A reception will be held Thursday at the Harbor League Club in Camden for interested young attorneys in the South Jersey area.

If you would like to volunteer to be on a board or would like more information, please call Renata Lowenbraun at (609) 541-4422.

Center merits ADA recognition

The American Diabetes Association Certificate of Recognition for a quality diabetes patient education program was recently awarded to the Center for Diabetes Management at Jersey Shore Wellness Center, Neptune.

The ADA Recognition process encourages the development of quality diabetes education programs and is based on the National Standards for Diabetes Patient Education Programs.

For more information, call the Center for Diabetes Management at (908) 776-4477.

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IN BRIEF

Plus Committee in its effort to place young lawyers on the boards of not-for-profit organizations. A reception will be held Thursday at the Harbor League Club in Camden for interested young attorneys in the South Jersey area.

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INDEPENDENT, SEPTEMBER 18, 1996
College offering tour of Southwest

Lincroft-Brookdale Community College is offering a five-day tour of the American Southwest, Oct. 17-21, which is open to the community.

The tour includes round-trip transportation to Newark Airport from Brookdale's campus, round-trip airfare to Albuquerque, N.M., four nights' lodging at La Posada Hotel in Santa Fe, and various tours and admissions. The itinerary includes a walking tour of Santa Fe and its shops and galleries, visits to several artists' studios with an art curator, a day in Taos and a visit to the Taos Indian Pueblo and Museum, a trip through the Badlands of Northern New Mexico, a visit to the San Defonso Indian Pueblo, a visit to the Bandelier National Monument and a tour of the Anasazi ruins.

Price for members of the community is $990 per person, double occupancy. For further information, call Brookdale's Community Development office at 224-2880.

Village School seeking crafters

The Village School PSA of Holmdel needs crafters for their second annual Juried Fall Festival Craft Fair, which will be held on Oct. 26 from 9 a.m.-3 p.m. For more information and an application, call Kristen at 957-5668 or Cathy at 946-7771.

Toll-free line offers cancer information

The New Jersey Division of the American Cancer Society has a toll-free line available that will offer up-to-date information on the causes, detection, diagnosis and treatment of cancer, as well as on local services, programs and events. Trained volunteers answer questions and guide callers to appropriate resources.

To access this information, call 1-800-ACS-2345 from 9 a.m. to 8 p.m., Monday through Thursday, and 9 a.m. to 5 p.m. on Friday. Spanish-speaking personnel is available from 4-8 p.m.

Upgrades could save $429K a yr.

BY EILEEN KOUTNIK  
Staff Writer

MIDDLETOWN — The school district could achieve an annual savings of $429,000 if it completes an electrical upgrade in the district's 17 schools.

The Board of Education was advised of the potential savings during a presentation Sept. 11 conducted by officials of GPU Energy (formerly Jersey Central Power & Light Co.) and the Concord Engineering Group, Voorhees.

Concord Engineering was asked to complete a study of the lighting in the schools a couple of months ago, according to Steven K Robinson, school business administrator.

It would cost the district $1.4 million to replace the interior lighting at the schools and administration building, bringing it up to current state code requirements.

The ventilation systems in all of the schools would also be brought up to code, and a computerized energy management system would be installed in each school, with air conditioning being installed at Thompson and Thorne middle schools.

The overall cost of the project is estimated to be about $4.4 million, which includes lighting and ventilation system upgrades and interest on the debt, according to Concord engineer Michael T. Fischette.

The project would be funded through a state program that provides financial assistance for energy improvements within the schools, provided the savings offset the project cost within 10 years.

The district would use the savings each year to pay for the project, said Robinson. After 10 years, any savings would belong to the district, he said.

"It would mean no additional cost to the taxpayers," he said.

Fischette also volunteered to look at the possibility of converting Thorne and Thompson Middle schools to geothermal heating.

Fischette looked at the two schools because that is where the most savings could be realized and also because the schools have electric heat.

The schools would receive heat and air from plastic pipes buried beneath the frost line, since the temperature at that depth remains fairly constant.

The geothermal system would move the heat and air from the ground to the building without burning fuel.

Advantages of a geothermal system are lower operating and maintenance costs, durability and energy conversion.

"Electric is very expensive and no longer efficient," said Henry Pieszynski, director of buildings and grounds. "In the 1970s electric was the least expensive way to heat a building."

The district's other 15 schools are heated by gas.

Last year the district paid approximately $275,000 to heat both schools, said Robinson.

Geothermal systems, Fischette said, cost the same as conventional heating, but less to operate and provide air conditioning at no additional cost.

He estimated that if the district went ahead with a geothermal conversion it could be completed over the summer months, provided that the design was completed by January.

The life expectancy of the individual geothermal pipes would be about 20 years and the only regular maintenance needed would be the changing of air filters, said Fischette.

However, before the Board of Education commits to geothermal, they want Fischette to come up with a cost analysis for converting the two schools to gas conversion.
Mid'town board to overhaul policies

Policy review last done in 1987; town will have chance to give input

BY EILEEN KOUTNIK
Staff Writer

MIDDLETOWN — The Board of Education has undertaken a new lengthy project: updating all of the district's policies.

"It is long overdue," said board member Thomas Stokes, who also chairs the policy committee. "The last time a major overhaul of policies was done was in 1987."

He said the board policies should be updated every five years.

"We recommend a district do a major review of policies every five years because educational trends change," said Carol Scott, senior associate director/policy and information systems department for the N.J. School Board Association (NJBSA). "A district should also review policies on an annual basis."

Scott has met with the district twice in the last couple of months and has another meeting scheduled for Oct. 2 to help them with the process.

Superintendent Dennis M. Jackson said since the last major overhaul, the board has updated various policies and also updated the ones that were identified in an audit by NJBSA.

Former Board President Karen Fenton said, "Substantial effort was made with policies every year I was on the board." Fenton served on the board from 1989-1995 and as board president from 1992-95.

"Policies were reviewed frequently and analyzed in depth," she said. "Policies that were not updated were ones that did not need a change."

Some of the policies are hopelessly out of date and should be abandoned," said Stokes. A majority of the policies date back to 1987, but some date back further, he said.

"It will be a thorough overview and updating on the policy manuals," said Stokes. "It's not something you throw in a box and let collect dust. Policies are the administration's bible."

The policies the board establishes are the ones that make sure the district is well run, he said.

"Policies are guidelines for the district," he said. "But you have to leave administrators enough breathing space to do the job."

He said the district will be looking at the model NJBSA recommends, but will make sure the board policies meet the specific needs of the district.

The model by NJBSA gave us a good "running start," he said.

When looking at the two policy books, the board found numerous policies that were ignored or overlooked, Stokes said.

For example, he said, the board has a policy that states each of the district's buildings should be kept in first-class condition.

For a number of years, district schools have been in need of repair.

He said when they update the policy, changes could include allocating a specific percentage of the budget toward upkeep of schools.

Over the summer, 14 of the district's 17 schools underwent renovations and repairs. Work is expected to continue throughout the year.

The board is also preparing to put forth a $79 million school facilities referendum for the three middle schools and two high schools.

Stokes also said a policy concerning health insurance contracts should be done every three years, which has not been the case in recent years.

In December, the board approved a new two-year health insurance contract for employees. The contract with CIGNA will reduce the rates $1.4 million over the life of the two-year contract.

"We (the board) spent a lot of time looking at different insurance carriers," said Fenton. "But what kept us from changing carriers at that time was no one offered us what we needed."

Before the Board of Education can complete the policy review project, a lot of work lies ahead.

The board will have to work with administrators and key staff who have expertise in certain areas, said Scott.

They will use NJBSA's "Critical Policy Manual" as a resource to help them with the project.

The board will also have to establish a time line for completing the project, she said.

Jackson said the district is looking at an eight- to 12-month time line.

"We hope to have it done in nine months," he said. "But it is a huge job that will take a long time to complete."

Scott said she would be more than willing to meet with the district whenever needed, and to help them move the process along.

Before the board has a first reading of the new policies, Stokes said he would recommend different groups in town to give their input.

"We want everyone to have a fair chance to give input," he said.

IN BRIEF

Events to mark Nat'l Adult Day Care Week.

In honor of National Adult Day Care Week, Pleasant Valley Adult Day Care Center, a separate entity located on the hospital campus and managed through Bayshore Community Health Services, will offer the following events:

Today, 6 p.m., "Cookbook Sampler," bring your favorite dish and enter a baking/cooking contest. Dishes will be judged by local celebrity chefs. If you're not cooking, become a taste tester for a small $5 donation.

Saturday, Atlantic City trip, co-sponsored by the Bayshore Community Hospital Activities Committee and Pleasant Valley Adult Day Care. Bus departs at noon from the rear parking lot of the hospital, Beers Road, Holmdel. Cost is $20 and includes $5 cash back from the casino and a $3 food coupon.

Prior registration is required for both events by calling (908) 888-4567.
While downtown Keyport was almost trampled to death by the bargain discount bullies on nearby Routes 35 and 36, it began picking up business speed this month as an arts and antiques center. The borough became the home of Grandma's Old and New Shop, King's Treasures, and Country Cottage Collectibles. The antique stores join several others along West Front and Broad Streets, which have been established for months or years.

With three new antique shops on West Front (Street) itself, in the center of town, and two churches presently considering advertising their thrift shops, the total has grown to about 13 antiques and second-hand shops, a great boost to Keyport," said Keyport Chamber of Commerce Bill Foster. "These additions are opening up a whole new avenue of shopping for the surrounding area."

He said out of eight antique shops, six opened within the last two or three months. And he noted, there are already five second-hand shops, not including two church thrift shops.

The newcomers say they like the views of the Raritan Bay. They say the old things they sell mesh perfectly both with the 19th-century architecture prevalent on almost every street and with the Steamboat Dock Museum on American Legion Drive, a historical society illustrating the town's interesting life.

Unlike owners of other businesses which fear competition, the antique stores are so diversified that the dealers enjoy each other's company. Sidney Beecnal and Roger Goedtel, members of Keyport Partnership Inc., a non-profit organization devoted to improving the borough, encouraged the arts/antiques theme by printing three-color advertising brochures in April. Vacant stores shown on the map were printed with "Potential Antique Center Location" with phone numbers to call for people interested in renting.

The next printing, which contains a location spotter map heralding each business, is scheduled for March 1997. Now, with the 127-year old West Furniture business closing recently, the massive buildings on East Front Street are up for sale. Beecnal and Goedtel are encouraging antique businesses to establish there as well.

Meanwhile, Mark Gale, owner of the former Bayshore Stationers building which now houses antique shops and the Wailing Wall building, West Front Street, which leased to North River Antiques in January, is on a campaign to get fine artists to settle here. He said that at least eight artist's lofts in the buildings are available for rent. He said he will try to woo Red Bank's creative people to settle in Keyport instead.

Once a dying town with few vacancies, Red Bank, in recent years, has had a downtown renaissance with many antiques and art centers. Red Bank, however, has a Special Improvement District, in which businesses donate a small annual sum that is redistributed back to the downtown area. Keyport considered the idea in 1992, but many business owners felt it wasn't worth the price.

Without a cohesive effort, however, the antique shops continue to trickle in. Until last week, Mary Paskell had a successful antique shop on a pleasant street in South River for five years.

She said she took a confident risk and moved her antique shop, "Grandma's Old and New," from Middlesex County to the corner of West Front and Main Street, in the former Bayshore Stationers. Next door to her store is Sack's, another antique, second-hand, and odds and ends shop that was previously located across the street.

"We all plan to take business away from other areas," Paskell said. "I think that this is going to be the antiques center. It will be the 'Key port' for antiques. My efforts are going to be with Keyport."

Coincidentally, Gina King of Aberdeen, an antiques collector for eight years, will open King's Treasures at 29 W. Front St. on Friday. The small antique shop sells lines, records, books, glassware and "you name it." The store replaces the Irish Tinker Shop, which moved to Matawan.

"At first, I didn't think it was the place," King said. "But I think it had potential, but then I saw the volume going through (Twice is Nice)."

"Keyport reminds me of Hoboken," she said, referring to the old-fashioned and gentrified city next to the Hudson River. "Within the next year, you will see the image of Keyport revitalizing. With the new blood, it's fantastic."

They're expanding to full capacity," said the former accountant.
A NEW LOOK — Keyport is attracting more and more antique shops. The depression glass, pictured below, is at Kings Treasures on West Front Street. (Photos by Michael Guiliano)

Continued from previous page

When Bill Cerise bought the 1836 cottage on Main Street six years ago, he thought he would restore it and sell it. But the expense was enormous, because it needed a new bathroom and an entirely new kitchen.

Instead, he restored the interior and is opening a Main Street gift and collectibles cooperative shop called Collector's Cottage on Oct. 1.

"There's Depression glass and toys and advertising collectibles, and some furniture, vases and clocks," Cerese said. "The antiques and collectibles business is not competition because different shops complement each other."

Meanwhile, the boom is encouraging other businesses.

Alexander Seligson, a New York City resident and owner of the former Aeromarine site on the waterfront, is building a large garage on the property. Eventually, he said, there may be an airplane museum, since the site made aviation history in the early 1900's.

Meanwhile, the owners of the West Front Street "Twice Is Nice", Rose Ulozas and Marie Rogalski, have felt that Keyport should go in the antiques direction for years. With or without the additional business, old things sell well in Keyport, they say.

"We've had good luck, and we like the town," Ulozas said. "Estate dealers come in to buy. People like to deal one on one, instead of (in large stores) where there's no hello or good-bye."

"Business is good, especially in the summer. There are a lot of out-of-towners passing by, and every comment we hear is what a quaint town this is. They're amazed by the bay, the view and everything."
Milestones

Huertas-Harrison
Lorena and Robert Zuber of Alexandria, Va., announce the engagement of their daughter, Melissa Huertas, to David Reese Harrison, son of Cassandra and Harry Harrison of Alexandria.

The bride is a graduate of Middletown High School North and is attending Nova Community College, Annandale, Va., where she is majoring in banking. She is employed by Horizon Bank, Merrifield, Va.

Her fiancé is a graduate of Middletown High School South and is attending Nova Community College, where he is majoring in criminal justice. He is a veteran of the U.S. Navy. He is employed by the U.S. Secret Service, Washington, D.C.

A November wedding is planned.

Deborah and Christopher Dumont

Dumont-Smeltzer
Deborah Elizabeth Smeltzer, daughter of Dr. and Mrs. William Smeltzer of Middletown, was married June 1 to Christopher Charles Dumont, son of Ms. Miles Dumont of Hopewell.

They were married at Bet Israel Synagogue, Princeton, N.J. Rabbi Max J. Glassman performed the ceremony.

The Rev. Ophelia Laughlin performed the ceremony at Christ Episcopal Church, Middletown, where the bride was escorted by her father.

Matron of honor was Kelly Ritter of Chapel Hill, N.C. Bridesmaids were Jennifer Stocking of Yardley, Pa., Debra Celucci of Stroudsburg, Pa., Jennifer Allee of Waynesboro, Pa., and Sara Freed of Ambler, Pa. The flower girl was Britny Heigst of York, Pa.

Best man was John Dumont of Arlington, Va., brother of the groom, and Joel Geiger of Columbus, Ohio. Ushers were Gregory Savidge of Columbia, Md., Ian McCray of Middlebury, Vt., and Daniel Bravul of New York City.

After a reception at Navesink Country Club, Middletown, the couple left for a wedding trip to Bermuda.

The bride is a graduate of Middletown High School South and Pennsylvania State University, University Park, where she graduated Phi Beta Kappa and magna cum laude. She is pursuing a master's degree at Bryn Mawr Graduate School of Social Work and Social Research, Pennsylvania.

Her husband is a graduate of Princeton High School and The College of Wooster, Ohio. He is pursuing a master of business administration degree at Rider University Graduate School, Lawrenceville. He is a market manager/vice president employed at the Summit Bank, Lambertville.

The couple resides in Backs County, Pa.

Ross-Lawson

Julia and Jack Ross of Keyport announce the engagement of their daughter, Frances Ross, to Wayne L. Lawson, son of Alice Ellison of the Laurence Harbor section of Old Bridge and Gilbert Lawson of Redondo Beach, Calif.

The bride is a graduate of Keyport High School. She is employed at Empire Funding Corp., Woodbridge.

Her fiancé is a graduate of Cedar Ridge High School, Old Bridge. He is employed by K. Hovnanian, Red Bank.

A November wedding is planned.

STORK CLUB

Millie and Vincent DeLucia of Middletown announce the birth of their daughter, Morgan Britney, Aug. 29 at Monmouth Medical Center, Long Branch. The baby weighed 7 pounds, 9 ounces. Morgan joins a brother, David Nicholas, 9 years old.

Grandparents are Ruth and George Kauffmann of Keansburg and Elizabeth Winter of Long Branch. Great-grandparents are Mina and Charles Fowler of Haddon Heights. Godparents are Nancy and Tommy Cauffmann of Keansburg.

Robert and Kimberly O'Brien of Lakewood announce the birth of their son, Griffin Connor, July 21 at Central State Medical Center, Freehold. He weighed 7 pounds and 13 1/2 ounces. Grandparents are Fred and Patricia Huth of Howell; Josephine O'Brien of Middletown and Robert O'Brien of Jersey City. Godparents are Fred Huth of Edison and Stacy O'Brien of Middletown.

IN BRIEF

Blood drives slated for September
The Central Jersey Blood Center will hold blood drives at the following locations:

- Sept. 21, 9 a.m. to noon, Keyport K of C, Route 35 North, Keyport.
- Sept. 21, 9 a.m. to noon, Matawan United Methodist Church, Atlantic Avenue and Church Street (fellowship hall), Matawan.
- Sept. 24, 6-9 p.m., North Centerville Fire, 372 Middle Road, Hazlet.
- Sept. 25, Atlantic Highlands Methodist Church, 96 Third Ave., Atlantic Highlands.

Call (908) 842-5750 for information.

Awards luncheon set for today
The Monmouth County Task Force on Drunk Driving will hold its annual awards luncheon at 11:30 a.m. today at Squires Pub, West Long Branch. The public is welcome.

IN BRIEF

For information on ticket price, you may call Jerry Hamlin at (908) 577-679 or 577-8797.

County SPCA now on the Web
The Monmouth County SPCA has a site on the World Wide Web, a graphical part of the Internet that is accessible to anyone in the world who can access the Internet and has a personal computer (PC) or workstation capable of handling graphics. The site space and monthly costs are donated. There is no cost to MCSPCA for maintaining this site.

The site covers topics such as shelter adoption hours and adoption prices; volunteer information; upcoming events; merchandise for sale; available pets for adoption (with photos and price) and other clinic hours and prices.

You can access the site at this address:
http://www.monmouth.com/spca/
Call Marsha Cox at (908) 870-7513.
MISSING WOMAN IS FOUND DEAD IN FREEHOLD

BY DAVID RIVERA
Staff Writer

FREEHOLD TOWNSHIP — A township woman reported missing Sept. 6 was found dead Friday in a wooded area near her Silvermead community residence.

The body of Patricia Joy Boldt, 67, was found entangled and wedged in a tree located between Charles Place and Cherin Road, according to Monmouth County Second Assistant Prosecutor Robert Honecker.

There was no evidence of foul play, he added.

Boldt, who was last seen during the afternoon of Sept. 6, had a history of mental and physical disabilities, officials said. Boldt’s sister reported her missing later that day.

Honecker said Boldt may have wandered from her Charles Place residence and become disoriented and lost as she entered the nearby wooded area.

Township police officers responded to suspicions reported Friday evening by neighbors, who stated there was an odor emanating from the area.

Boldt’s body was then located by township officials.

Honecker said it is likely that Boldt became entangled in the wooded area on the day she was reported missing.
IN BRIEF

Carol Jenkins

TV journalist to talk about her career

Emmy Award-winning television journalist Carol Jenkins will talk about life in front of and behind the camera 7-9 p.m. on Oct. 7 at Monmouth Medical Center, Long Branch. The program, which includes dinner and Jenkins' presentation, is part of Monmouth Medical Center's "Challenging Times for Today's Woman" lecture series. In recognition of national Breast Cancer Awareness Month, tours of The Jacqueline M. Wilentz Comprehensive Breast Center will be held beginning at 6 p.m. Hors d'oeuvres and refreshments will be served at the breast center.

Jenkins, host of Fox 5 Live and co-anchor of the Fox Midday News will share her experiences as one of the first African-American women to find success in the volatile world of television journalism and will bring to the forefront issues that confront women today. She'll also talk about her life when she's not behind the news desk, particularly her involvement in Share, a self-help group for women with breast and ovarian cancer.

The $15 per person cost includes the breast center tour, dinner and the program. Pre-registration is required and can be made by calling (908) 870-5500.

Is Your Kitchen Floor As Worn Out As You Get Cleaning It?

Go on... Live a little... Put yourself - and your kitchen - first for a change! Give your kitchen floor that gorgeous makeover you've been putting off for so long. Come in now and get a CASH BACK REBATE* on a fantastic selection of Congoleum sheet vinyl and tile products. Look for Cash Back Jack.

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Sale Ends Sept. 30, 1996.

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(2 miles North of Red Bank, make a right at
County Home Furniture & pull into our driveway)

Shopping trip slated for Oct. 19

St. Mary's Theater Group is sponsoring a shopping trip to Flemington on Oct. 19. The trip departs at 8:30 a.m. from the Mater Dei High School parking lot on Cherry Tree Farm Road, New Monmouth. Approximate return time is at 6 p.m.

Cost is $18. Current brochures, maps and discount coupons will be distributed on the bus. A trolley service is now available at Flemington for shopping and sightseeing all around the town.

Reservations must be prepaid by Oct. 1.

For more information, call (908) 615-9088 or (908) 787-9138.

Genealogy club to hold luncheon

The Monmouth County Genealogy Club is having a luncheon to celebrate the six-year anniversary of Family History Month, at noon in Gibbs Hall (the Fort Monmouth Officer's Club) on Tinton Avenue, Eatontown (near Hope Road), on Oct. 20. The guest speaker will be George H. Moss Jr. of Sea Bright, a picture historian who has published a number of books on Monmouth County. Mr. Moss' topic will be, "The Past is Alive: The Jersey Shore as Seen Through Slides From the Victorian Era and Beyond."

For information on the menu selections and additional details, call the Monmouth County Historical Association at 462-1466. Reservations should be sent to Kay Welch, Monmouth County Genealogy Club, Monmouth County Historical Association, 70 Court St., Freehold, 07728, by Oct. 8. The cost is $20 per person.

Sign up for Boy Scouts Thursday

Hundreds of boys in Monmouth County will go to school twice on Thursday to sign up for scouting. In cooperation with the Monmouth Council, Boy Scouts of America, over 39 area school districts will be hosting School Night for Scouting at participating schools.

For more information on School Night or any scouting program, call the Monmouth Council at (908) 531-3536.

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1-800-660-4ADS
**Fever: Facts & fallacies**

Did you know that 98.6 degrees is not a normal temperature? In fact, it is an average of most people’s normal temperature. Below, other common misconceptions are dispelled by Dr. Thomas Terndrup, associate professor of emergency medicine and pediatrics at Syracuse University.

- **FALLACY: A fever is an illness.**  
  **FACT:** A fever is a positive sign that the body is fighting an infection.

- **FALLACY:** If a child has a fever, place him in a cold or alcohol bath.  
  **FACT:** Sponging a child in a bath filled with tepid water (85-90 degrees) will cool him comfortably and not harm him.

- **FALLACY:** A child with a fever can be up and about the house, but should not overexert himself.  
  **FACT:** Everyone’s “normal” temperature is the same all the time. Everyone’s temperature is highest between late afternoon and early evening, and lowest between midnight and early morning.

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**FLAT AS A PANCAKE!**

What do pancakes and feet have in common? “Two things,” says Hazlet podiatrist Dr. Patrick J. Caputo.

First there is the expression; flat as a pancake; that people use to describe their flat feet.

Second, is the Annual Hazlet Rotary Pancake Breakfast. You see, Dr. Caputo is past president and an active member in the Hazlet organization. This year’s pancake breakfast will be held Sunday morning (8am-noon), September 22, at the Hazlet Firehouse on Hoelmel Road.

“We are going to have a small craft fair, Mum sale, moon walk for the kids, and of course pancakes!” proudly states Dr. Caputo. The Hazlet Rotary Club has been planning this event and expects 400-500 people. It is a big job for the Rotary group of 25 local volunteers. But with the help of their friends and donations of other businesses, the event raises money for the Hazlet Rotary foundation. Tickets are $4.00 for adults, $3.00 for seniors and kids. All are welcome! For more information call 739-3230.

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**Do you know where your medicines are?**

About two million people were accidentally poisoned in the U.S in 1994. The following poison prevention tips from the United States Pharmacopoeia can help:

- **Store medicines out of a child’s reach, in a cabinet with a safety lock.**
- **Take the container along and restore it to safe storage if distracted by telephone or doorbell while taking medicines.**
- **Use child-resistant caps on medicine containers if children are in your home or if children visit your home.**
- **Do not keep medicines beyond the time of directed use or beyond a year if there are no expiration dates.**
- **Do not take or give medicines unless the container labels can be read accurately.**
- **Ask again for directions if the instructions concerning scheduling and dosing are confusing.**
- **Do not take or give medicines meant for someone else.**
- **Notice the total number of tablets or capsules on the label so the number of missing tablets or capsules can be estimated in case of accidental ingestion or overdose.**
- **Label medicine containers with poison symbols.**
- **Refer to medicines by their proper name so children won’t think they’re candy.**
- **Do not take medicines in front of a child, especially when the child is imitating adult activity, behavior, expressions, etc.**

Keep a poison control center or other emergency service number posted. Always get advice from the Poison Control Center of health care professional before attempting any treatments. Not all poisonings are treated the same way.

Also, keep a bottle of ipecac syrup and some activated charcoal handy. Give only as directed by a health care professional.


The USP is a not-for-profit, voluntary organization, founded in 1820 to develop quality standards for drugs.
There’s nothing a mother treasures more than the birth of her new child. Nothing is more exciting than witnessing the emergence of a whole new person who will carry her name, and her features, in their journey through life.

At Riverview Medical Center, our goal is to make this special time even more memorable by enhancing the total birthing experience. Our maternity suites have the look and feel of a five-star hotel, with breathtaking views of the Navesink River. These private maternity suites have been designed for each phase of the birthing process, including labor, delivery, recovery and postpartum stay, all of which can take place in a single luxurious setting.

In fact, there’s little that’s hospital-like about them. Appointed with matching cherry wood furniture, state-of-the-art birthing beds that adjust for total comfort, amenities such as huge attached bathroom and shower as well as TV with VCR to play back those dramatic new baby videos, these maternity suites rival any nationwide.

They’re also the perfect setting to get close to your whole family. Yet hidden behind this elegant exterior, tucked neatly inside the hand-crafted cabinetry, is the very latest state-of-the-art medical equipment to respond to any eventuality. You’ll feel secure with the central fetal monitoring system providing instant information on your baby’s progress and a special care nursery for babies who may need more advanced care.

You’ll also be attended by some of the finest doctors and certified obstetric nurses, dedicated to the health and well-being of mother and baby.

At Riverview, we know nothing can compare to having your baby.

And nothing can compare to having your baby at Riverview.

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For more information on Riverview’s Maternity Suites or for a free tour, call (908) 530-BABY.
Driving, medication often just don’t mix

A s drivers take to the roads, they may be under the influence of drugs that impair their driving and not even know it. This is because many people are unaware that commonly used over-the-counter and prescription medications often can affect driving ability just as alcohol and illicit drugs do.

Medicines such as antihistamines, antidepressants, sleep medications, sedating antihistamines are among the culprits. Because some of these medications interfere with signals in the nervous system, they can diminish your driving ability by causing drowsiness. This can result in slowed reaction time to other drivers and pedestrians, and to roadway dangers such as bad weather, sudden curves, loose gravel and potholes. In fact, more than 100,000 auto accidents each year involve drivers who became drowsy.

In addition to the health risks, there are legal consequences of drug-impaired driving. Laws in 35 states and the District of Columbia prohibit driving under the influence of any drug or substance that impairs driving ability. Penalties for an infraction include fines up to $5,000, license suspension or revocation, and jail sentence of up to two years.

Wearing a seatbelt, checking engine fluids regularly, monitoring tire pressure, and cleaning windows and mirrors all can help ensure a safe journey this summer, but they are not the only precautions you need to take. Before getting behind the wheel, consider the following tips:

- When shopping for over-the-counter drugs, be sure to look for warning labels on your medications such as “may cause drowsiness” or “avoid driving a motor vehicle.”
- Always consult with your physician or pharmacist about the side effects of medications, including any over-the-counter drugs you are taking.
- Follow your physician’s directions when taking your medications — especially if you are taking more than one. Your doctor or pharmacist can answer any questions you may have.
- Ask your doctor for non-medicated alternatives to the drugs you may be using. For example, while several over-the-counter anti-allergy medications cause drowsiness, non-drowsing anti-allergy medications are available by prescription.
- Avoid “self-medicating” with caffeine, sugars or other stimulants. Although certain stimulants may improve alertness, they also may interfere with your thinking ability, making it harder to recognize and react to hazards such as curves and sudden stops.

More than 100,000 accidents a year involve drowsy drivers.

Fitness resource guide for age 50+

Studies show older Americans are on the move. In what some have called the “fitness renaissance,” it’s been found that fitness participation by men and women age 55 and over increased by 73 percent from 1987 to 1995.

“As this segment of 68 million Americans grows by 70 percent over the next 30 years, it’s our goal to keep them moving,” said Maria Stefan, executive director of the Sporting Goods Manufacturers Association (SGMA) and vice president of the Association’s Sports Apparel Products Council.

An SGMA study also revealed that 27.8 percent of all people age 55-plus can be classified as frequent fitness participants, meaning they participate in any one of 15 designated fitness activities at least 100 times or more each year. That figure, analysts say, reflects a rise in fitness consciousness of the 55-and-over group greater than that in any other age group.

To celebrate this and help others achieve fitness after 50, a nationwide resource guide is being developed by SGMA. “The ultimate goal of the Guide is to be a telephone directory for members of the 50-plus age group who want to get active and have fun. Whether they want to participate in senior games, be part of the ‘Dancin’ Grannies’ or a mall walking club, they can turn to the Guide for information on the everyday and the offbeat, as diverse as the population it serves,” says Stefan.

The guide will read like an All-Star Team of organizations, clubs and groups of men and women over age 50 engaged in physical activities. This Action and Ageless Resource Guide is a part of SGMA’s multi-year, multi-media program aimed at promoting the fun and social side of physical activity.

If you belong to or know of any group interested in appearing in the guide, free of charge, send the group’s name, address, phone number and contact person to SGMA Active and Ageless Resource Guide, 245 Eighth Ave., Suite 236, New York, N.Y. 10011. All information must be received by Nov. 1, 1996 for inclusion in the 1997 guidebook.
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**Health & Fitness**
A GREATER MEDIA NEWSPAPERS SPECIAL SECTION

‘Bee’ alert: Insect stings can be fatal

By Dr. Susan Wynn

An estimated one to two million people in the U.S. are severely allergic to insect bites, resulting in 40 to 100 deaths each year. Stinging-insect allergic reactions are brought on in susceptible people by exposure to allergens, the allergy-causing substance. Among the insects whose stings are known to bring about severe allergic reactions are bees, wasps, hornets and fire ants.

The symptoms of a severe life-threatening allergic reaction, as anaphylaxis, can include itching and hives; shortness of breath and wheezing; nausea and abdominal cramps; sense of impending doom and loss of consciousness.

The best prevention for stinging-insect allergic reactions is to avoid situations that are known to trigger these reactions. Consider these tips:

- Avoid areas where stinging and biting insects congregate and nest.
- When outdoors, keep food covered.
- Regularly clean outdoor eating, barbecue and garage areas.
- Mow lawns and gardens with caution to avoid disturbing insect nests.
- Avoid perfumes, sprays and lotions which attract insects.
- Avoid bright colors and bold or flowered print clothing.
- Avoid public trash baskets.
- Use insect repellents.

Those who are susceptible to anaphylactic reactions should always carry an epinephrine auto-injector, such as Epipen™, the only self-administered, automatic epinephrine delivery system.

Epinephrine is the only treatment that will save a person suffering from an anaphylactic reaction. If not treated immediately, anaphylaxis can be fatal. Such reactions require immediate attention and should be treated as medical emergencies.

For a free brochure about allergic emergencies, titled Anaphylaxis: The

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**Soothing the ‘itchies’**

An estimated 90 percent of insect species worldwide have yet to be identified, but just because they’re nameless doesn’t make them painless. Tiny bites, nicks and scratches can make your skin burn and itch through the warm months.

Need relief? Turn to an old-time remedy: Epsom Salt.

Epsom Salt is magnesium sulfate, a pure mineral product that not only eases muscle aches, but can help relieve the itching and swelling of bug bites. It can even help itchy skin due to poison ivy and poison sumac.

“Epsom Salt is one of those items you should always have on hand. You can use it for 101 things,” said Lori Katz, president of the Epsom Salt Industry Council based in East Rutherford, New Jersey.

Katz adds that Epsom Salt is inexpensive, odor-free, non-toxic and easy to use.

Here’s how to relieve the “itchies”:

- **For insect bites:** Add 2 tsp. Epsom Salt to a half-cup of boiling water. Chill. Then dip a cotton ball in the solution and apply to the affected area as needed.

- **For poison ivy** (and other plant rashes): Soak in a bath of cool water and 2 cups of Epsom Salt. Don’t be concerned if the salts don’t dissolve completely. After soaking, make a solution of 1/4 cup Epsom Salt and a cup of boiling water. Soak strips of cotton cloth into the solution and let cool. Next, apply the strips to the rash and keep them there for 10 minutes. You can also follow this routine for chicken pox.

The council reminds people to have all bumps, bites and rashes checked by a physician.

To receive free information on how to use Epsom Salt, send a stamped, self-addressed envelope to: Epsom Salt Council, Box 133, Nutley, N.J. 07110.
Managing menopause at work can be tough

I magine yourself in the middle of a key presentation to your colleagues and all of a sudden a hot flash strikes. Do you subtly fan yourself or run out of the room in embarrassment?

Nearly three out of four working women aged 45 to 65 have had experience with menopausal symptoms such as hot flashes. However, hormone replacement therapy (HRT) can be beneficial in many cases.

"There's no need to suffer from menopausal symptoms such as hot flashes," said Dr. George Bray, executive director of Pennington Biomedical Research Center in Baton Rouge, La. Dr. Bray says it is important to remember that health risk — not appearance — is the most important reason to lose weight and that losing just a few pounds can reduce that risk.

The surveys, undertaken by Knoll Pharmaceutical Company, polled more than 500 overweight consumers and 300 primary care practitioners about their perception of excess weight. All consumers surveyed were screened for a Body Mass Index (BMI) of 27 or greater. Experts agree that BMI, a height/weight ratio calculation, is the measurement of choice for determining if a person is at health risk from excess weight. A BMI of 27 or greater indicates that you may be at risk from excess weight.

Another misconception revealed by the survey is that obesity itself, which is defined as 20 percent over ideal body weight. All of the consumers polled were obese by definition, yet only 6 percent of women and 2 percent of men identified themselves as such.

Even when a man or woman did realize he or she was overweight, the survey revealed that their incentive to lose the weight was quite different. Nearly two-thirds of physicians surveyed said that appearance was the key driver for women (67 percent), while improving overall health was most important for men (51 percent).

Physicians and consumers both agreed that a standard numerical indicator, such as BMI, would be beneficial in defining when excess weight puts a patient at health risk. Most of the doctors (84 percent) said that such an indicator would help them communicate with their overweight patients without having to use the term "obesity," a term that most patients view as not pertaining to them.

Each year, excess weight takes its toll on 300,000 Americans, making weight-related illness the nation's second leading cause of death after smoking-related illnesses.

• Take charge. Ask your health care provider about HRT. For many women, HRT may be all they need to alleviate menopausal symptoms.

Some women should not take HRT. A woman should make sure her doctor or health care provider is aware of her personal or family health history. This history should include instances of breast cancer, breast lumps, abnormal vaginal bleeding, abnormal blood clotting, severe headache, dizziness and liver disease. Side effects of hormones should be considered. If you have not had a hysterectomy, estrogen alone can increase the risk of cancer of the uterus. The addition of progesterone, however, may reduce this risk. That is why many doctors and health care providers now prescribe estrogen in conjunction with progesterone for their patients who have a uterus. However, some estrogen users may have unfavorable effects on blood sugars, which might make a diabetic condition worse. The most common side effects are breast tenderness, headaches and abdominal pain.

Women who are pregnant should not take HRT because of possible risks to the fetus.

Managing menopause at work can be tough.

Whatever your guess is on what constitutes a "healthy" weight loss, it's probably wrong.

According to recent surveys, the majority of adult Americans believe that in order to decrease health risks associated with their weight, they need to lose approximately 30 percent of their total body weight.

However, most physicians surveyed correctly stated that modest weight loss of only 5 to 10 percent of total body weight, if maintained, can decrease health risks. These weight-related health risks include high blood pressure, hyperlipidemia, Type II diabetes, osteoarthritis and certain cancers.

"Many people set unrealistic goals for themselves when it comes to weight loss," said Dr. George Bray, executive director of Pennington Biomedical Research Center in Baton Rouge, La. Dr. Bray says it is important to remember that health risk — not appearance — is the most important reason to lose weight and that losing just a few pounds can reduce that risk.

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Women who are pregnant should not take HRT because of possible risks to the fetus.
Most people enjoy spending time outdoors and look forward to participating in activities such as gardening or jogging. But, according to a recent survey of 300 emergency physicians conducted in association with the American College of Emergency Physicians (ACEP), increased outdoor activity also may mean an increase in emergency department visits due to minor injuries such as sprains, strains and backache.

According to the survey, 95 percent of respondents consider outdoor sports or exercise to be among the major causes of visits to the emergency department for treatment of sprains or strains. Although 92 percent of the physicians surveyed agree that the number of visits to the emergency department due to musculoskeletal injuries such as sprains and strains is higher on summer weekends than during the week, “weekend warriors” can be a major cause of these visits.

“Typically, people who aren’t able to exercise during the week go out on the weekend, suffer a minor injury—such as back pain—and end up in the emergency department for treatment,” said Peter Bruno, M.D., sports medicine specialist at Lenox Hill Hospital in New York. “We call these people ‘weekend warriors,’ because their bodies aren’t prepared for this sudden burst of activity, and they tend to overdue it and injure themselves.”

According to ACEP, injury-prevention techniques include stretching before engaging in any physical activity, starting the activity slowly and building gradually and cooling down after exercise. Dr. Bruno described a simple treatment technique known as the “R.I.C.E. regimen.”

• Rest, stop any exercise or motion of the injured body area.
• Apply ice to the injured part.
• Compress the injured area to minimize swelling and avoid further injury.
• Elevate the injured area above the level of the heart.

He also recommends taking an over-the-counter analgesic, such as ibuprofen, to relieve pain.

The American College of Emergency Physicians is a national medical specialty society representing more than 18,000 physicians who specialize in emergency medicine. The College is dedicated to improving emergency care through continuing education, research and public education. Headquartered in Dallas, Texas, ACEP has 53 chapters representing each state as well as Puerto Rico, the District of Columbia, and Government Services.

For more information on the prevention and treatment of minor injuries, and a free brochure, please write to: The AdVil Forum on Health Education, Attn: Dept. WW, 1500 Broadway, 25th Floor, New York, N.Y. 10036.

F

Family Health Fair
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10:00 a.m. to 2:00 p.m.
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CHILD’S HEARING LOSS
COULD AFFECT SPEECH

By The Associated Press

If your child has an undetected hearing loss, he may have trouble developing speech and language, interacting socially and have emotional problems, says an audiologist at St. Louis University School of Medicine.

One of the key steps is to determine if, and when, a child is losing hearing. Dr. Linda Beck, professor of audiology and pediatric otolaryngology, says early detection and intervention is key to early detection and intervention, says Dr. Beck, assistant professor and director of audiology in the school’s department of otolaryngology-head and neck surgery. “Research has shown that when the mother suspects a hearing loss, she is usually correct.”

Dr. Beck says the child doesn’t have to be old enough to respond to conventional audiologic tests; hearing loss can be detected even in a newborn with special tests.

One of the risk factors cited by Dr. Beck include history of hearing loss in the family; a baby with very low birth weight; a child who doesn’t respond consistently to sounds (at 12 months, he should respond to his name, telephones ringing, dogs barking, vacuum cleaners and the sounds of familiar voices); a child who doesn’t pronounce words in an age-appropriate manner; a child who uses his voice too loudly or too softly.

Actual diagnosis should be made by a professional, Dr. Beck says. The licensed audiologist can test and diagnose the degree and type of hearing loss; the otolaryngologist or otolaryngologist, doctors specializing in ear, nose and throat disorders, can determine medical diagnosis and treatment.

Hearing aids, even for infants, are likely to be recommended. Children with hearing impairment in both ears will need two aids. Medical or surgical management also may be recommended.

One child in a thousand is born with profound deafness, and two in a thousand develop deafness in early childhood, Beck points out. Children with no measurable hearing may be candidates for cochlear implants, surgically implanted electronic devices that send signals to the inner ear.

Riverview seeks volunteers

Cancer care at the Riverview Regional Cancer Center offers the latest medical treatment to patients from Monmouth County and the central New Jersey region. But Riverview’s efforts in cancer prevention, diagnosis and care transcend medical treatment alone.

The Cancer Center uses a team approach to patient care that involves oncologists, oncology nurses, certified nurse assistants, primary physicians, social workers and the support of a dedicated group of volunteers.

The Riverview Regional Cancer Center is currently seeking volunteers for its Cancer Center and Hospice areas. Upon completion of volunteer training, a volunteer may typically work directly with patients or provide administrative services in the Cancer Center and Hospice areas, assisting with cancer support groups.

Volunteers also can help in the area of community affairs, especially at health screenings and other health and wellness programs.

For more information about becoming a Cancer Center or Hospice volunteer at Riverview Medical Center, please contact Eileen Tett, volunteer coordinator, at (908) 530-2382.

The Weekned warriors’ often end up in ER
Updated from page 1

"It’s one of the greatest things that has ever happened to Middletown," said Mayor Raymond O’Grady.

The expanded facility could bring $120 million in revenues to Middletown coffers, he said. It also could improve real estate values and create more jobs, he has said.

As it currently exists, the facility is assessed at $105 million and brings about $3 million tax dollars into the municipality, O’Grady said.

AT&T representatives have not communicated any decision to the township, but “we are getting nothing but positive vibes,” said Township Administrator Joseph P. Leo.

Middletown officials launched an aggressive campaign in June to convince AT&T to move the headquarters to the Laurel Avenue site.

O’Grady appointed a study team when he learned Middletown was under consideration for the national headquarters.

Hospital foundation sponsors trips

The Deborah Hospital Foundation is sponsoring three trips in November. Nov. 1-12, cruise the Mediterranean aboard the Pacific Princess. Ports of call include Venice, the Greek Island of Zakynthos, the ancient Turkish city of Ephesus, Athens, Capri, Rome, Monte Carlo, and the Spanish islands of Mallorca, Menorca and Barcelona. Rates start at $3,195 and include airfare, based on double occupancy.

Nov. 4-14, three-island tour of Hawaii, $2,699. Includes round-trip airfare via Delta; first-class accommodations; all breakfasts and dinners, with complimentary wines; three cocktail parties; half-day tour of Pearl Harbor; helicopter tour of Kauai.

Nov. 9-16, Rome, Italy. Price is $1,099 per person, based on double or triple occupancy. Package includes round-trip airfare from New York to Rome via Alitalia; six nights at first-class hotel with buffet breakfast daily; baggage handling, taxes and gratuities.

A donation of 5 percent of the total amount of each trip will be made to Deborah Hospital Foundation.

For more information, call Travel Network Voicebox at (800) 881-5258.

Over the last three months, Steiner Equities and the Township Committee have taken steps in anticipation of AT&T’s decision.

The committee voted unanimously June 19 to amend the existing zoning ordinance to increase the amount of permitted lot coverage at the site in hopes that the communications giant would choose Middletown.

The Planning Board approved a laundry list of waivers Sept. 4 regarding the format of presentation to the board. A hearing date for the application has not been set yet, according to Minear.

While Steiner’s proposal offers much to Middletown, O’Grady said, “The whole Planning Board process will not be short-chaned.

“There will be concerns of the residents, and we will respond to every one of them,” he said.

County studies have already been requested to address the possible noise pollution the expanded facility could bring to the area, O’Grady said.

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While Supplies Last!
Help celebrate community day

It's that time of year when our local communities like to throw a party for residents. Community days and local town festivals have become more and more common and also more popular with residents in recent years.

The celebrations — which fall in September or October — generally give local volunteer groups a chance to attract new volunteers and show off their accomplishments.

They also provide fun and games for local children.

And they offer prime time for local politicians to bid for votes in upcoming November elections.

This Sunday, Matawan will kick off the festivities in Independent land with a combination Matawan Day and Food Festival.

The afternoon event will feature lots of activities for old and young alike.

The following Saturday, Sept. 28, Hazlet and Middletown will both hold special community days.

The daylong Hazlet festival will be at Veterans Park, and the Middletown Day celebration will be held on the lawn at Croydon Hall.

Middletown is expecting as many as 10,000 people, while Hazlet's celebration will provide an opportunity for residents to visit the Cullen Community Center and enjoy the park surrounding it.

Aberdeen and Holmdel are planning similar festivals in October.

If you haven't taken part, you're missing out on a good opportunity to meet your neighbors, learn more about your town, and even ask local candidates a question or two.

Coren stopped sewer project

In a reply to Mark Coren's letter, he and he alone stopped the sewer project for the Woodfield taxpayers. He is the one who took the ATMUA to court. He is the one who sent a letter to the EPA not to issue a permit. He is the one. He is the instigator for the planning board ruling. He is the one who wants to sewer Mt. Laurel. He and he alone is responsible. He doesn't talk about who is paying and how. He says all property owners in the Freneau section are brought into the sewer system on an equitable financial basis. That means the people of Woodfield will be paying double the amount of the ATMUA price. He and he alone is calling the shots on this sewer project. The new council is in space. They don't know what's going on. We don't hear any comments from them.

This council should have everything to say, not Mark Coren. Mark Coren talks about cooperation between council and ATMUA, yet he does the opposite. He does not know what the word cooperation means, because if he did, the sewer problem for Woodfield would have been solved a long time ago. This council does not know the frustration of these people in the Woodfield area. They will tell you, "We understand. We sympathize. We feel for you." They don't know because they do not live here. I would love to see everyone of them and their families get up in the morning and be unable to take a shower, go to the bathroom, shave or more due to the backups.

People in Woodfield have been doing it for 25 years. This new council should be recalled. They are not for the people. Their record shows nothing. Ask yourself, why is Mark Coren going through great lengths and experience to sewer Mount Laurel? You can't say for future growth because future growth is now for Woodfield residents. All reasonable offers by ATMUA were turned down by Mark Coren. It's something to think about.

NICHOLAS PACILLO
Aberdeen

FOR THE RECORD

Middletown Township Administrator Joseph P. Leo and the township attorney are making the necessary preparations for the state Department of Personnel to offer an exam for police chief. In a story in the Sept. 11 Independent, it was unclear who is preparing the test.

Commissioners must end drinking at the Arts Center

The Arts Center has been the subject of bad press for good reasons, while the Independent has shown a great deal of courage by calling for the governor to stop the bleeding and return the operation to the commissioners of the Highway Authority.

I think that the problem exists because it's the commissioners who ordained the current mess when they agreed to the current contract.

We entrusted the care of the Arts Center to appointed commissioners who arrive in limousines to see a show at no personal expense.

While being there, they actively support unlimited consumption of alcohol by patrons of any age.

At the evening's end, we witness hundreds of individuals who enter their vehicles after consuming countless glasses of beer over three hours after discharging onto the Garden State Parkway in their automobiles.

Commissioners expound that leasing to outside operators is a major financial source to support current tolls on the Garden State Parkway.

Their own publicized statistics prove this argument to be sadly lacking and contrary to the public good. I would prefer management of expenses and would sooner select higher tolls rather than be subjected to a legion of drunk drivers pouring out of the center every summer night.

Just imagine driving past exit 116 at the very moment when the performance is concluding, when at least a thousand soused drivers leave the theater to travel to their next watering hole.

Mothers Against Drunk Driving (MADD) ought to picket the Arts Center as being the catalyst which currently ensures that every patron, regardless of age, will be given as much beer as they can afford.

The current problems may be blamed upon the operator, though the culprits remains to be the commissioners and the governors, past and present, who appointed them.

If we can accept the name change of the Arts Center, we could accept that Christie Whitman should diminish the commissioners' role relating to the operator's contracts by making any changes (and) additions subject to the unanimous approval of the Holmdel Township Committee.

While an oversimplified proposal, Holmdel officials would do an excellent job because our residents represent a cross section of the entire state and would be responsible to both their neighbors and their conscience to do the right thing for all patrons of the Arts Center.

The current management has not illustrated similar interests.

These comments are instigated by disappointing experiences by so many who have been dedicated Arts Center patrons, and who see no hope for a bright future unless Governor Whitman makes a major change.

We tire as witnesses to the parade of patrons who bring a beer to their seat only to return for another, with each drink becoming more disinterested in the quality of life of other patrons.

We cannot, as a sty, rally against child abuse, drunken driving (and) drug-free schools, while allowing the transgressions which have occurred at the Arts Center this season.

If it's not fixed soon, the extra planned seats will never be filled by patrons of the arts, most of whom had their fill this season.

Robert L. Mazzeo is a Holmdel resident
Despite attacks, teacher loves job

I am a lifetime resident of Middletown, a parent of two sons attending New Monmouth School and a fifth-grade teacher at Leonardo Elementary School. I would like to thank those in our community who voted for the budget. It brings me pleasure to see so many building improvements finally being done. However, having read and heard so many comments regarding my profession, I would like to respond.

I have dedicated 10 years to the children of Middletown. It brings me such joy to watch them grow throughout each school year. I especially love when my former students visit to let me know how their lives are going. For I know I have touched their souls, and for that they are grateful. I am proud of them and of myself, because I know the many after-school hours of preparation, lessons, field trips, activities, calls to parents and student counseling sessions were not done in vain.

Despite the recent attacks by some of our elected officials, they will not destroy my enthusiasm for teaching. It is the air I breathe. It would, however, be so nice to leave for work each morning without feeling as though I need a helmet and a gas mask.

Recalling his response to an MTEA questionnaire from March 1994, Mr. Scaduto said: "If I am elected, I would anticipate a sense of cooperation between the board and teachers to bring the best environment to the students. With a waste of talent the board has overlooked if they have not considered meeting with the teachers to discuss matters that deal with the students." It is unfortunate in 1996, many Middletown students go home to hear their parents "teacher-bash." Surely, this situation changes their level of respect when they enter the classroom. And yes, our talent as professionals could truly benefit Middletown's children more if only the board and the teachers could "discuss matters that deal with the students."

So, let's talk and solve this problem quickly, fairly and with continued respect for each other as people, professionals and taxpayers. I am not looking for a fight. I continue to work hard for my students. I have earned your respect, and I deserve it.

DEBORAH DEIGERT-ABRAHAMSEN
Middletown

Midtown please stop the bickering

I have children in Thompson and Village (schools). I am involved in my children's education at our home and in their school, as well as in organizations that support education. I am out there and hear the rumors that people spread about others. I have to tell you I am losing faith in this town's ability to address an issue without everyone trying to prove that their point of view is the right one and the only one.

I am not here to criticize the board. I am here to make a request of the board, the union, the parents and you, to stop all the negativity and bickering. I do not remember the last time I read an article or editorial or heard a conversation that was positive or congratulating someone on a job well done.

You have a lot of parents in this town who feel that the board, the union and or parents are to blame. There is no honest thinking going on. They think the board has become too political and feel that politics should stay out of school boards and that the board spends a lot of energy trying to prove you are right. They think the union, while it is doing its job as a union, is hurting their credibility and doing an injustice to their profession.

We have teachers who should be earning $90,000 a year, and we have ones who shouldn't be in the classrooms because they just aren't teaching anymore. And we have nonpartisan organizations that are becoming partisan. Everyone of you can point a finger and say, "Well they said this." But at what point does it stop? Parents are just frustrated by the whole thing. I am here as an adult, and I am asking you to stop. Let this be the point that we search within and take responsibility for our role. I try and teach my children that they have a role to play. They have to work, and they have to stop. Let this be the point that we search within and take responsibility for our role. I try and teach my children that they have a role to play. They have to work, and they have to stop. Let this be the point that we search within and take responsibility for our role. I try and teach my children that they have a role to play. They have to work, and they have to stop.

DEBIE STUDD
Middletown

Resident urges Gov. not to sign

Soon, Gov. (Christie) Whitman will sign an agreement to expand the PNC Bank Arts Center in Holmdel Township to 17,000 seats. This small residential community is not the setting for an open-air theater of this size. Privatization of the PNC Bank Arts Center has already brought with it dozens of drug-related arrests, excessive noise and reports of physical violence as the make up of the performances has begun to change.

Encouraging, endorsing and promoting privatization and expansion of the PNC Bank Arts Center by Gov. Whitman now makes her responsible for the problems facing this community.

To date, Gov. Whitman, PNC Bank, Sony Entertainment and Blockbuster Video have turned a deaf ear to the concerns of Holmdel.

I urge Gov. Whitman, who was so strongly supported by this community during her campaign for governor, to attend a public town meeting to address the concerns and complaints of local citizens and elected officials.

I urge her to attend such a meeting now, before signing the agreement to expand the PNC Arts Center.

MICHAEL SANTOS
Holmdel

North section of Holmdel suffers

Several weeks ago, a crucial issue as to the well-being of our township was put to a vote. Thanks to the ceaseless efforts of a group of individuals, the rezoning efforts of the developers was laid to rest, at least temporarily. Our thanks to Committeeman Gary Aumiller and Joe Adams for their support. They voted against the proposal. Their stand did not go unnoticed, nor has the action taken by the remaining committee members. We must not let this lull us into a false feeling of confidence. Remember this when you go to the polls on Nov. 5, and then cast your vote accordingly.

To me, it appears our township is being polarized, north and south. All the density hearings and rezoning requests are being forced into the northern areas causing more congestion, pollution and environmental damage in an area already overburdened in this regard. This is being orchestrated in an effort to have us believe it would satisfy a large percentage of the Mt. Laurel commitments — a ruling which now appears to be questionable in its present form from the governor's office down. The resolution also presented the mandate could only be allowed in the northern section of the township as it has the necessary requirements available even though plans have been presented and approved for sewerage in some areas in the so-called south.

William D. Bell
Holmdel

Merla's reason for ineligibility absurd

A recent article concerning the recall effort in Keyport drew my attention and raised certain questions as to the validity of certain explanations made by a major backer of this effort, John Merla.

A statement attributed to Mr. Merla concerning why two members of the recall committee that sought to remove me from office had somehow not been eligible or qualified to serve, is as follows:

"Both former recall committee members are registered voters of this town and therefore, eligible to serve. Mr. Merla then called the membership of one of these individuals to the recreation committee as some kind of restriction to his being involved in this movement. What law or regulation would prevent a volunteer from exercising his rights? Pure baloney, Mr. Merla!"

"Maybe these two, like a lot of people in this town, realize that this recall movement is being lead by political opportunists who would seek to advance their personal agendas under the guise and in the name of community concern. These bully boys, with their self-created bully pulpit, purport to speak for the majority when in reality, they speak for a few other than themselves."

As to Mayor Kevin Graham and Council President Robert Bergen, I want all to know that these two gentlemen have my fullest support and that I feel strongly that they have not wasted their time dealing with such self-serving, narcissistic individuals that would be so bold as to usurp the people's trust in their elected officials.

I know that Mayor Graham and Councilman Bergen weigh all factors (including those that, by law, cannot be revealed to the public) when they seek to make a responsible decision in the name of the citizens of Keyport.

Considering the vast amount of clean-up this council has had to do based on the actions or inactions of the Merla administration, I wonder if that same criteria was used at all during Merla's tenure as manager. Recall anyone? What a waste of time, money and energy to satisfy the needs of some ego-driven has-beens.

KAREN SALVAGGIO
Hazlet

Letters
work as a team. Comedians, actors, musicians, gymnasts, singers, dancers and impersonators. For information, call Scott Goldberg at (908) 583-9626.

Future event
• The Company of Dance Arts will hold open auditions on Sept. 29 at the Nutcracker at The Count Basie Theatre, 99 Monmouth St., Red Bank. For more information or audition application, call (908) 642-4015.

Saturday and Sunday
• Performing Arts Ensemble will hold auditions at noon for the Nutcracker at the Count Basie Theatre, 99 Monmouth St., Red Bank. Experienced female ballerinas with pointe training should come prepared with toe shoes. Parts are open for men, boys and girls, actors, gymnasts and choreo singers. Additional auditions will be scheduled in Middletown and Shrewsbury. (908) 677-9655.

Monday and Tuesday
• The Off Center Stage Company is holding auditions for its Improv Comedy Troupe from 7-10 p.m. at Central Jersey College of Technology in Toms River. The Tuesday audition will be held at the First Unitarian Church, 1475 West Front St., Lincroft. Cost is $5. (908) 747-0707.

Tuesday
• The Shrewsbury Chorale will hold open working rehearsals and auditions at 7:45 p.m. at the United Methodist Church, 247 Broad St., Red Bank. The Tuesday audition will be held at the First Unitarian Church, 1475 West Front St., Lincroft. Cost is $5. (908) 747-0707.

Thursday
• The Matakwan Rotary Club meets weekly at 12:15 p.m. at the Monmouth Inn, Route 34, Matakwan. New members are welcome. (908) 966-2499 or (908) 966-1881.

• The Goosebumps Fan Club will dis- • The Keyport Republican Club will meet at 8 p.m. at the Keyport Veterans of Foreign Wars Post 4247, Third and Waverly streets.

Friday
• Preschool story time and craft will be held at 10:30 a.m. at Barnes & Noble, 2103 Highway 35, Holmdel. Book read will be Peter Rabbit by Beatrix Potter. Make your own “pop-out” Peter Rabbit. (908) 615-3933.

• Fridays through Oct. 25
• Monmouth County Park System is sponsoring its 14th annual art show and craft sale from noon to 5 p.m. at the Seaview Square Mall, Ocean Township. Tickets are $25 each. A 1997 Ford Explorer will be raffled. Raffle tickets are $5 each. For more information, call Barbara at (908) 566-2459.

Sunday
• The Matakwan Rotary Club is present- • Two River Theatre Company will pre- • The Goosebumps Fan Club will dis- • The Keyport Republican Club will meet at 8 p.m. at the Keyport Veterans of Foreign Wars Post 4247, Third and Waverly streets.

Saturday
• The Monmouth Conservation Foun- • The Goosebumps Fan Club will dis- • The Keyport Republican Club will meet at 8 p.m. at the Keyport Veterans of Foreign Wars Post 4247, Third and Waverly streets.

Tuesday
• The Middletown Ramblers Square Dance Club is hosting its annual open house at 7:30 p.m. at The River Plaza School, Hubbard Avenue, Middletown. Admission is free. For more information or to reserve a place, call (908) 531-1159 or Larry at (908) 495-0366.

• The Off Center Stage Company is holding auditions for its Improv Comedy Troupe from 7-10 p.m. at Central Jersey College of Technology in Toms River. The Tuesday audition will be held at the First Unitarian Church, 1475 West Front St., Lincroft. Cost is $5. (908) 747-0707.

Saturday
• The Middletown Ramblers Square Dance Club is hosting its annual open house at 7:30 p.m. at The River Plaza School, Hubbard Avenue, Middletown. Admission is free. For more information or to reserve a place, call (908) 531-1159 or Larry at (908) 495-0366.

Sunday
• Knights of Columbus Freehold Council No. 1672, 70 Main St., is holding its monthly breakfast meeting from 8 a.m. to noon. Pancakes, French toast, bagels, eggs any style, sausage, ham and home fries. Cost is $4 for adults and $2 per child. All welcome. (908) 431-8706.

Tuesday
• The Insurance Women of Monmouth County will be meeting at 6 p.m. at the Downtown Area Chamber of Commerce at 257 Main St., Freehold. For more information, call Barbara at (908) 566-2459.

Wednesday
• The Shrewsbury Chorale will hold open working rehearsals and auditions at 7:45 p.m. at the United Methodist Church, 247 Broad St., Red Bank. The Tuesday audition will be held at the First Unitarian Church, 1475 West Front St., Lincroft. Cost is $5. (908) 747-0707.

Thursday
• The Matakwan Rotary Club meets weekly at 12:15 p.m. at the Monmouth Inn, Route 34, Matakwan. New members are welcome. (908) 966-2499 or (908) 966-1881.

• The Goosebumps Fan Club will dis- • The Keyport Republican Club will meet at 8 p.m. at the Keyport Veterans of Foreign Wars Post 4247, Third and Waverly streets.
Register for fall Matawan programs

The Matawan Student Enrichment Program has a variety of courses available this fall. There are two Saturday morning programs available for preschoolers: "Torrific Two's and Three's" and "MSEP's Preschool Experience." Each course will meet for one hour on 10 Saturday mornings beginning Oct. 5 at the Matawan Avenue Middle School. Adults may take courses such as sign language, T-shirt art, flower arranging or jazzercise and country western line dancing. Several sports/athletic courses will also be offered for all age levels. Brochures are available at local libraries. For more information, call (908) 566-7900.

Pupils ponder peace

Holmdel resident's philosophy school is now in its third year

BY LAUREN JAEGER

Staff Writer

The former IBM executive used to be preoccupied with his next career hurdle, lunch breaks, catching taxi cabs and making deals. But that's all changed.

Today, a peaceful and wisdom-loving Niall Mandal of Holmdel ponders the true values and the meaning of life with his students at the School of Practical Philosophy.

Now in its third year, the school meets at Brookdale Community College in Lincroft or in rented classrooms at Christian Brothers Academy, across the street.

The school is non-profit and the eight teachers of the 12-week course volunteer their time. Each session attracts from 26 to nearly 100 students, ranging from age 10 to 80, from diverse backgrounds.

Mandal, the founder of the local branch, is a student at the main branch, the School of Practical Philosophy, at 12 East 79th St. in New York City.

The course is intended to lead students to seek a better understanding of human existence through meditation, questioning and topics of discussion. Sources include the Old and New Testament of the Bible, Plato and Socrates, Indian gurus, and others.

Also, the school strives to show people how lost they are in their own hypnotic thoughts instead of really seeing and hearing what is going on around them.

However, the teachers encourage the students to constantly question the teachings and even doubt what is told to them.

"I thought science was king," Mandal said, of his earlier years.

"But he notes that love of truth hasn't interfered with a paycheck."

"I still earn my living at computers, as a Microsoft solution provider and trainer."

But philosophy has opened up the depth of life that's available. Things don't upset me anymore."

For instance, while he owns a large home and car, he doesn't define himself by his ownership. If he lost it all tomorrow, he wouldn't care. If the car was dent ed, he wouldn't care, Mandal explained.

The school doesn't teach the different theories of philosophers over the years, or who stood for what and why. Instead, it teaches awareness.

The results of establishing the school's practices within one's own life can be surprising, according to Mandal.

"You become more efficient," he said. "Mandal, whose mother was Irish and whose father was Indian, grew up in Calcutta, India, where the focus upon spirituality is present in everyday life.

He was raised a Catholic but the school does not compare religions, he said.

While living in Ireland as an adult, he took a few philosophy courses on a whim, and then attended the school in London.

The London branch of "The School of Economic Science" was founded more than 60 years ago as an economics school, but the philosophy classes became closely entwined and soon became the dominant theme of the school.

"It was after the First World War, and there was widespread poverty and countries were devastated," Mandal said. "A group got together and discover the laws of how society operates. The study groups of economy then opened up to study humanity."

"The scriptures tell us our nature is pure bliss, but experience contradicts that a lot of times," Mandal said. "Part of the work of philosophy is seeing this going on."

"The rule in our school is that there is no personal gain. Instructors don't get paid and we do this as our practical work. Payment can be fame and money, but neither is the aim."

There are more than 40 affiliated schools all over the country.

For more information, call (908) 946-3379.

IN BRIEF

Rotary to hold craft sale and dinner

The Matawan Rotary Club is sponsoring an art show and craft sale from noon to 5 p.m. on Sunday. All artists are welcome.

Crafters may rent table space for $15. The event will be held in conjunction with the Matawan Food Festival on Main Street. For more information, call Barbara Tuttle at (908) 566-2459.

The club is also sponsoring a dinner raffle on Sept. 25 at the Buttonwood Manor in Matawan.

Tickets are $130 and include dinner and one raffle ticket for $10,000 and other cash prizes. Only 150 raffle tickets will be sold. Dinner-only tickets cost $50.

For more information, call Maury Barton at (908) 583-8900 or (908) 446-3794.

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INDEPENDENT, SEPTEMBER 18, 1996 37
NYC art museum tour set for Sept. 28

The Monmouth County Park System has scheduled a trip to New York's Metropolitan Museum of Art on Sept. 28. The bus departs at 1:45 p.m. from Thompson Park, Newman Springs Road, Lincolntown, and returns approximately at 10 p.m.

Participants will be free to tour the museum on their own.

Cost of the trip is $15 per person which includes transportation and park system leader only. Suggested donation for admission is payable at the door. Pre-registration is required.

For more information, call (908) 842-4000; TDD (908) 219-9484.

Candlelight service to be held at post

Middletown Veterans of Foreign Wars Post 2179 and its Ladies Auxiliary will hold its annual POW/MIA candlelight service at 7:30 p.m. on Friday at the post home, One Veterans Lane, Port Monmouth. The public is invited.

La Leche League to meet on Friday

The Middletown La Leche League will meet at 8 p.m. on Friday at Middletown Pediatrics, Route 35 north, Crestview Plaza. For more information and to confirm meetings, call Mary Lou Moremarco at (908) 888-3064.

Register by Sept. 27 for Amish trip

The Middletown Township Department of Parks and Recreation is sponsoring a bus tour to Amish farmlands on Oct. 19. The bus departs at 8 a.m. from the Johnson Gill Annex at town hall and returns at 10 p.m.

Cost of the trip is $43 per person and includes round-trip transportation, guided tours of an Amish farm and a home- and family-style dinner.

You must register by Sept. 27. Call (908) 615-2260 for information.

Vendors are sought for fall craft fair

A fall craft day, sponsored by the American Legion Post 273, will be held from 10 a.m. until 4 p.m. on Oct. 12 at Carr Avenue and Manning Place, Keansburg.

Tables are available both indoors and outdoors. Cost is $15 for indoor space with table; or $10 for 10 feet by 10 feet space outdoors.

For more information, call (908) 787-4468.

Help adults learn to read and write

Volunteers are needed for the Adult Literacy Training Volunteer Program conducted by the Monmouth County Division of Social Services. The goal of the program is to teach English-speaking adults to read and write. Time commitment is a minimum of one year, once or twice a week, for 1-1 1/2 hour sessions.

If you wish to help, please call Diane Lukacs at the Monmouth County Division of Social Services at (908) 571-6722.

Adopt a Pet

Adopt a Pet is a public service provided by Greater Media Newspapers in conjunction with the Monmouth County SPCA.

IN BRIEF
Patients can go to school at hospital

Stay Smart University, a Monmouth Medical Center program that has drawn praise for its innovative approach to meeting the educational needs of young patients, recently added the New Jersey Hospital Association (NJHA) to its list of admirers. The program was one of 10 in the state to receive the 1996 NJHA Applause Award, which recognizes unique hospital-based volunteer programs.

Stay Smart University (SSU), which is believed to be the only one of its kind in New Jersey, utilizes a corps of volunteer teachers from the Long Branch School District to tutor preschoolers through high school students hospitalized at Monmouth. Because the SSU faculty is comprised of volunteers rather than paid teachers, the program can be very flexible in meeting the individual needs of hospitalized children, said Susan Godwin, director of Child Life Services with the hospital.

"If a child is here for one day, and wants to go to school, we can arrange it," she explained. "For hospital programs that employ paid teachers through the state, often a child has to be hospitalized for several days before they're eligible to attend the program. "This is an extremely unique program because it is staffed not just by volunteers, but by 30-plus certified, active Long Branch teachers who have dedicated themselves to tutoring — not just Long Branch children, but any child hospitalized at Monmouth," she said.

And while helping to make the lives of hospitalized children as normal as possible by allowing them to keep up with their schoolwork, Stay Smart University also helps caregivers, teachers and school administrators better understand the needs of children with serious and/or chronic illnesses.

"The teachers feel that volunteering their expertise and skill is very rewarding to them personally," said Susan Bransley, a volunteer teacher who coordinates the program with Child Life Services. "It helps children keep up with their school work and instills a feeling of not being forgotten."

Since opening its doors in 1992, more than 400 children have been tutored by the teachers who have provided more than 900 hours of educational instruction after completing their regular workday. During the school year, SSU’s classroom hours are 2:45-5 p.m., Monday through Thursday.

During each "school day," Godwin compiles a list of patients who wish to attend school and notes who is permitted to get out of bed and go to the one-room schoolhouse — furnished and equipped like a real classroom, with a blackboard, personal computers and child-sized furniture — located in the pediatrics unit. Those whose conditions prevent them from being ambulatory receive bedside tutoring.

At noon, Bransley calls for the list of who will be attending school and sends one or two teachers to provide classroom and bedside instruction.

"We average one to six kids every day who need tutoring," Godwin added. "If the child has their own homework, they will receive help with that. If not, I'll ask the parent what the child's interests or needs are. The parent may tell us the child needs help with spelling, or math, or, for example, and I'll let the teachers know what area to work on."

A summer program that emphasizes computer and game activities was recently added to the Stay Smart University school year.

"We found that some of these teachers just love what they do so much, they want to continue through the summer, so they come in during the day and volunteer in the schoolroom or the playroom," Godwin said.

In addition to the Long Branch School District, Stay Smart University has received community support from the Junior League of Monmouth County, which helps supply the classroom, and from the Medical Explorers Post 175, which has designated a portion of its fund-raising proceeds to the program. In 1995, a $20,000 grant from the Washington, D.C.-based Freed Foundation included $5,000 for educational materials for Stay Smart University. The money was used to purchase a computer, CD-ROM, software and a color printer, as well as a handicapped-accessible computer table.

"With the new computer, young patients can do their own research — if they are hospitalized for the treatment of a blood disorder, they can look up information about blood and their illness," Godwin said, adding that SSU students also will be able to make their own hospital newsletter.
**Ads from Women**

- **SEEKING SOMEBODY SPECIAL**
  Attractive, European DWF, 27, 5’10”, blond, enjoys music, dancing, travel, cooking, baking, arts and crafts, cooking, dancing, being in love, looking for LTR. Seeking, serious, sensitive, caring, LTR.

- **SINCERELY YOURS**
  Norman, 65, enjoys traveling, hiking, biking, nature, seeking for friendship and companionship. Phone: 410-547-9600.

- **INDEPENDENT, SEPTEMBER 18, 1996**
  41, 1-5’, 100lbs, light, looks like a teenage boy, seeks female, 26-40. Call 1-800-232-4000.

- **NEW ADVENTURES**
  Female, 50-70, seeks new friends for fun and games. Call 1-800-555-1234.

- **SEXY AND SPECIAL**
  Female, 25, seeks a man who’s interested in a special kind of activity. Call 1-800-666-7788.

- **SOMEONE SPECIAL**
  Attractive, blond, 31, seeks female, 25-35, for friendship, seeking一位特别的朋友。Call 1-800-999-0000.

- **THERE’S THIS ONE**
  Female, 40, seeks a man who’s interested in a special kind of activity. Call 1-800-444-5555.

- **CURRENTLY SINGLE**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-1111.

- **FREE DAY**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-222-2222.

- **SEASONAL FUN**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-4444.

- **LEAVE ME A MESSAGE**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-555-6666.

- **BUST OUT**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-777-8888.

- **JUST FRIENDS**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-999-9999.

- **MEET YOUR MATCH**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-111-2222.

- **PHONE IN LTR**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-5555.

- **CHERISH THIS MOMENT**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-666-7777.

- **LOOKING FOR FUN**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-444-5555.

- **ENCOURAGEMENT**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-555-6666.

- **LOOKING FOR LTR**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-777-8888.

- **HAPPY ENDINGS**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-999-9999.

- **RECOMMISSIONED**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-111-2222.

- **JUST A GENUINE CONVERSATION**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-5555.

- **SEXY FEMALE**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-666-7777.

- **LONG TIME COMING**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-444-5555.

- **LOOKING FOR A MARRIED WOMAN**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-777-8888.

- **SEXY AND SENSITIVE**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-999-9999.

- **GIRL TO CHAT WITH**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-111-2222.

- **HAPPY HAUNTED**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-5555.

- **SEEKING SINCERITY**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-666-7777.

- **SEEKING MR. RIGHT NOW**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-555-6666.

- **HAPPY ENDINGS**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-777-8888.

- **CIRCLE THIS AD!**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-999-9999.

- **SEXY PHONE CHAT**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-111-2222.

- **CUTE AND CARING**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-333-5555.

- **SOMETHING SPECIAL**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-666-7777.

- **REQUESTED**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-555-6666.

- **SEXY AND SENSITIVE**
  Female, 25-30, seeks a man who’s interested in having a meaningful LTR. Call 1-800-999-9999.

- **HAPPY ENDINGS**
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**YESTERYEAR**

**100 YEARS AGO**

Middletown's tax rate this year will be $16.47 on a thousand, and there is a great deal of grumbling, especially among the farmers. In Raritan Township, it is $15.67 on a thousand. This is $2.78 higher than last year. In the town of Keypart, the rate will be considerably higher.

Theodore Stilwell of Morrisville has a cow that performed a remarkable feat last Thursday night. The cow was put in a box stall for the night and the window was open. This window is about 4 1/2 feet from the floor. During the night, the cow jumped out through the open window and was found eating grass in the yard the next morning.

J. Holmes Conover of Lincroft visited John S. Schenck of Holmdel on Friday night. While he was in the house, the horse became untyed and went home without its owner. Mr. Conover had to foot it to Lincroft.

A mad dog appeared on the streets of Atlantic Highlands on Monday. It bit 13 dogs and chased all the people indoors. Murray Foster shot the dog seven times, but it was hard to kill it, and Officer Fred Loux finally despatched the brute with a gun.

Squirrels are not so plentiful in Holmdel this year as they were last season, though they are not scarce.

The best squirrel hunter in Holmdel is John H. Tilton. He has gone out a number of times and has gotten a fairly good bag of game each day.

Elwood Magee of Morrisville had a fine watermelon in his patch which he was saving for seed. Mr. Magee watched the growth of the melon with great interest. The other day, Mr. Magee concluded that the melon was ripe enough. It weighed about 45 pounds.

That night, a young man was returning home when he saw two objects coming from the direction of Mr. Magee's melon patch.

The young man caught up with them. The objects stopped. The young man smiled and produced a knife. There were some "ahs!" and "ohs!". Mr. Magee's watermelon was gone.

The slaters who were working on the tower of the Reformed Church at Holmdel struck a yellow wasps' nest last Friday. The wasps became so angry at being disturbed, they drove the workmen away. Several times during the day, the wasps would attack them. One of the masons climbed up to the nest and built a wall around the nest and cemented it in. Since then, the work on the tower has gone on without interruption.

**75 YEARS AGO**

F. H. Lloyd, principal of the Matawan school, is considering the institution of a college extension course at that place. It is planned to have college professors give the course in a series of lectures.

Cows owned by Arthur Smock of Scoobyville got out of the field last Thursday and had a feast of sweet corn.

**50 YEARS AGO**

Robert M. Rooke, of Riverside Heights, Middletown Township, was elected commodore of the Shrewsbury River Yacht Club at the annual meeting Friday night.

J. Gordon McNair was elected vice commodore, Frederick Glasier, real commodore, Joseph P. Peighton, secretary, and Fred E. Gregg, treasurer.

A W. Koonsburg man staged a sit-down strike on the railroad tracks of the Jersey Central railroad early Saturday morning as he drove his car on the tracks at the Creek Road crossing and proceeded to sit in his car even though he knew a train was nearing the spot.

Thomas A. Smith was finally forced from his vehicle while Officers Eugene Bennett and James Beatty flagged down the train as it approached.
The notion was planted in Massachusetts more than 100 years ago when a group of female college students decided to organize a group to help women accomplish their educational goals. Those ideals have since grown and prospered, and now span the entire nation.

The American Association of University Women (AAUW) is an organization dedicated to promoting educational equity for women.

The Freehold Area Branch of AAUW was formed 27 years ago by residents of the Freehold Regional High School District’s sending municipalities. The Freehold Area branch has since expanded and now has members from Holmdel, Matawan and Lakewood.

“Education is the way to achieve whatever it is you want in life,” said Susan Norton, a Marlboro resident who serves as the branch’s president.

The 80 branch members meet in small discussion groups that focus on a variety of interests, including literature, cinema, antiques, gourmet cooking, vacations and games, such as bridge and Trivial Pursuit. “It’s a source of friendship and companionship,” said Holmdel resident Anita Linke, vice president of programs.

The entire branch opens to the public and meets on the second Thursday of each month at 7:30 p.m. in the Clifton T. Barkalow School, Freehold Township.

Branch members get involved in several fund-raising and scholarship projects throughout the year.

In order to fund the scholarships, branch members hold an annual used book sale in June. Norton said the branch collects books and other donations throughout the year.

Members also are involved in many community projects, including an after-school homework help program, which is designed to assist area students with their homework when parents are not available.

Norton said branch members buy reference materials, recruit tutors and offer snacks to the children.

The branch recently received a $500 state grant to buy books for the children. An equity program also has branch members reading stories that explain to children how girls also have the capability to achieve their goals in life.

Norton said that although the young girls were shy at first, they began to speak to each other and to the children and to name the various number of things they can accomplish.

The branch also financially supports educational foundations for scholarships and legal advocacy funds to help eliminate bias and discrimination in the workforce.

In addition, branch members promote voter registration and communicate with local elected representatives.

For their efforts, Freehold area branch members were awarded a Five-Star Branch Award from the National AAUW.

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Former orphans living happy lives

Families thankful for Romanian native who helped with adoptions

Almost six years ago, on a bleak winter day, Bette Jo Tarnowski, of Aberdeen, mustered courage and said goodbye to her husband, Randy, and their son, Randy Jr., for the first time in her life.

Then, this woman, who had never left the United States before, flew to a country she never in her wildest dreams thought she would visit.

"I didn't know what to expect," she said. "All I knew is that I wanted another child, desperately.

Tarnowski was one of more than 100 citizens whom Holmdel resident Shelly Perry, a Romanian native, took to orphanages in Romania and later, the Ukraine, in 1990-91 to search for an adoptive child. Each was successful.

The result of Tarnowski's sojourn, a bright, adorable, brown-haired child with a mischievous twinkle in her eyes, sat on her mom's lap in the family room during a recent interview, hanging on to every word.

Gabriella Noel Tarnowski will turn 6 years old next month. Free-spirited and outgoing, the energetic youngster begs attention, as the little girl's brother, Randy Jr., 8, who has a reserved nature, read a book.

"It must be in her blood," laughed Gabriella's mother, as the little girl's other, Randy Jr., 8, who has a reserved nature, read a book.

The little girl has come a long way from the limp, 4-pound, 3-month old that Tarnowski encountered for the first time in a Romanian orphanage.

At the beginning of her "Help Romania Campaign," Perry did not set out to help childless couples looking to adopt. In 1989, Perry was living the good life in her large Holmdel home. But as a Romanian native concerned about the tumultuous revolution, Perry, a former engineer at AT&T, collected food and medical supplies and made frequent trips to her home country.

Initially, Perry never thought beyond food and medicine. But that all changed because of Sliten Island couple Susan and Avraham Raovfogel, who were about to give up hope on raising a family of their own.

For six years, the couple had struggled to have children and spent $70,000 on fertility treatments.

Then they thought about adoption.

From a 20/20 episode aired in April 1990, the couple learned there were thousands of orphans in Romania. Ironically, the tile papers, the news aired a segment about Perry donating supplies to Romania.

"I said, 'What the heck, we don't have anything to lose,'" Mr. Raovfogel recalled as he picked up the phone to call Perry to ask for her help.

Despite the chaos, Perry, in order to help grant the Raovfogels' wish, learned what rounds to make, the paperwork to complete, the officials to hassle with and the people in the court system to close the deal with.

She learned that there were many, many, many more American couples in line waiting for Romanian orphans.

Dozens of trips were made from Holmdel to Romania, where she keeps a tiny apartment.

Paperwork and home study checks are just a small part of adopting from Romania. Because of the unusual circumstance of each orphan, the potential parents have to find out if the child, indeed, is adoptable at all.

In order to adopt Gabriella, Perry took Tarnowski to meet the baby's parents and three siblings, who lived in a two-room hut off a muddy street and who had so little to eat, the mother sacrificed her own meal for the brood.

"I don't know if I could mentally do it again," said Tarnowski, noting how terrified she felt from the deprivation she saw.

"I told the mother that I would give her a good home," she said. She kept her daughter's given name, which means "God's strength."

For years, Tarnowski desperately wanted children and spent $60,000 on infertility treatments. She lost two pregnancies, one at five months and the other after one month.

Her son is from Korea, but she said that Korean adoptions are done differently. The children are brought to the air.

HAPPY FAMILY — Avraham Raovfogel (l) and his wife, Susan (r), went to Romania to adopt their children, Ariel, 8, and Daniella, 9, Holmdel resident Shelly Perry (far right), a Romanian native, made the adoptions possible.

Holmdel woman still helps orphaned kids

Shelly Perry seeks good homes for Romanian children

HOLMDEL — Shelly Perry wants childless couples to know that there are still plenty of adoptable children in her home country of Romania.

And, as a legal representative for Romanian adoptions, Perry said she'll work with couples to achieve their dreams.

However, running from orphanage to orphanage with potential mothers as she did in the early 1990's, when the country was getting its act together after a revolution, is a practice that has been discontinued by the government.

Romania now has a Committee for Adoption.

Children have to be on the committee's list for at least six months before they're available to be adopted. So parents seeking newborns may want to look elsewhere.

Last year, Romania had 32,000 orphans, reports the Romanian Embassy in Washington, DC. Of that number, only 8,200 were pre-school age.

"The best-case scenario would be adoption of an eight month old," Perry said. "And by the time the papers are completed, the child is one year.

The child is selected before the parents arrive to Romania.

Competition exists, particularly between England, France, Israel and even Japan, Perry said. But childless Romanian couples are given priority.

Last year, 2,400 children were adopted by Romanians and 108 more were adopted by foreigners.

But she said the tighter regulations have made the country a better place.

"They've improved a lot," said Perry.

"It's cleaner, they've learned about AIDS, and there's sterilization. There's a lot of help and social workers. They're getting their act together since Committee for Adoption was formed.

In 1966, Dictator Nicolae Ceausescu ordered that every woman give birth to at least five children. Abortion and birth control became illegal; miscarriages, by law, had to be reported to the police.

But the dictator's new law and plans for a stronger nation severely backfired.

Instead, more than 100,000 youngsters were placed into orphanages by 1989, reports the Romanian Embassy in Washington, DC.

At the time, there were only 176 orphanages and many lacked help, heat and running water.

Today, there are 260 modern orphanages with clubs, gym, music rooms, libraries, workshops for painting, woodworking and dressmaking.

Most of the children attend class at the regular public school.

But the problems persist today because many families are too poor to keep their children.

Perry has always had a soft place in her heart for the country she was born and raised in.

In 1989, the revolution took place and she realized that Romania, in a devastated state, needed food and supplies. She organized a benefit concert at Holmdel High School starring her daughter, Iris Perry, a renowned pianist.

Although she has the means to sit back and relax, Perry refuses to rest.

"All last year, I worked to get a firm to get accredited with the Romanian government," Perry said. "And I just stopped to sit here in Holmdel?" she asked.

"She's doing the impossible," said Perry's husband, Avi. "She doesn't take no for an answer. She got 27 no's before she got a yes."

In the meantime, Perry continues to look for people who can help her home country in many ways.

Perry said she's looking for a university hospital to donate services for a Romanian child she met that needs laser surgery for a skin condition.

For more information on Romanian adoption, call Perry at (908) 671-1126, the Holmadel Foundation at (908) 471-4599 or fax her at the same number, or e-mail her at Perry@ATTmail.com.
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** The after-tax examples assume a 36% tax bracket; your after-tax advantage may differ from the examples shown.

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**POLICE BEAT**

All items in Police Beat are taken from police department records. All suspects are presumed innocent until found guilty in court.

**ABERDEEN**

Police are looking for a township man, Edward Brown, 26, of Delaware Avenue, who eluded police, resisted arrest, and was found unlawfully in possession of a weapon Sept. 10 at 1:35 p.m. after he refused to stop his vehicle on Clifton Avenue and Gordon Street.

Jeffrey H. Lohmeyer, 49, of Wilson Avenue, Matawan, was charged with driving while intoxicated and resisting arrest following a motor vehicle stop on Van Brackle Road and Reids Hill Road Sept. 8 at 1:07 p.m. Bail was set at $1,000.

A German shepherd dog and dog house were stolen from Wagners Marina, Amboy Avenue, between 8:30 p.m. Aug. 31 and 7 a.m. Sept. 8.

**MATAWAN**

Unknown persons removed jewelry from an Edgemere Drive residence sometime between 8 a.m. and 4:30 p.m. Sept. 11.

A steering wheel, Nike gym bag, and sunglasses were taken from a vehicle parked at Mullaney Tire, Broad Street, between 5:40 p.m. Sept. 6 and 9 a.m. Sept. 7.

**KEYPORT**

A window was smashed Sept. 11 on a van parked on Route 35.

Two hubcaps and a power antenna were stolen Sept. 7 from cars parked at New World Auto on Route 35.

The benches on Provost Street were spray painted on Sept. 5. The suspects, age 14 and 15, were not charged, but were ordered to clean and sand off their work.

**MIDDLETOWN**

Tricia and Joseph Cooney, of 16 Sylvia Terrace, were charged during the evening of Sept. 12 on Bray Ave with possession of marijuana.

George Herman Zachmann, 32, and Robert Charles Wilcox, 26, of Sulphur Springs, N.Y., and Michael Allen Schultz, 27 of Youngsville, N.Y., were charged during the evening of Sept. 12 with possession of marijuana after a routine motor vehicle stop on Route 35.

Felix Solar, 16, Route 35, Middletown, and a male juvenile from Red Bank were charged with two acts of burglary and conspiracy to commit burglary. They are suspected of taking $150 worth of jewelry, $36 in clothes, $10 in cash, and a BB gun from a Wainwright Avenue home and $140 worth of merchandise from a Stepahvillle Road residence during the day of Sept. 10.

Non-profit groups and organizations are welcome to submit items for the Calendar page. Mail to 7 Edgeboro Road, East Brunswick, 08816, or fax to (908) 254-0486, attention: Luisa Nagel.
RALPH CRELL, 58, of Auburn, Ala., died Sept. 11 at East Alabama Medical Center, Opelika, Ala. Born in New Jersey, he lived in Hazlet for 16 years and Millisboro, Del., for 16 years before moving to Alabama one year ago. Mr. Crell was a former communicant of St. Benedict's Church, Holmdel. He was in the National Guard and served in the Korean War. He was predeceased by his wife, the former Mary Ann Casanova, who died 20 years ago. Surviving are two sons, Vincent Crell, Freehold and Robert Crell, Pittsburgh, Pa.; two daughters, Donna Scott, Millisboro, Del. and Joyce Ann Adelhock, Auburn, Ala.; and eight grandchildren. Funeral liturgy was held at St. Rose of Lima Church, Freehold. Interment was in Mt. Olivet Cemetery, Middletown. Funeral arrangements were under the direction of the Freeman Funeral Home, Freehold.

MARY MAGUIRE, 90, of Matawan died Sept. 8 at CentralState Medical Center, Freehold Township. Born in Newark, she lived there for 16 years and then moved to Cliffwood Beach 42 years ago. She was predeceased by her husband, Donald, who died in 1991, and a daughter, Elaine. She was survived by her son, Thomas R. of Point Pleasant, Robert P. of Lead, Sayreville, for 24 years before retiring in 1973. She was a communicant of St. Joseph's Church. Interment was at St. Joseph's Cemetery, Keyport.

EMMA F. (TOOTIE) THEE, 79, of Matawan died Sept. 12 at Bayshore Nursing Home, Keansburg. Born in Jersey City, she lived in Forest Park, Ill., until moving to Matawan 40 years ago. She was a self-employed private detective for more than 25 years. She was past Lodge Master of the Rising Star Masonic Lodge, Elizabeth. He was an Army veteran of World War II, where he had served as a lieutenant. Surviving are his wife, Ruth; three sons, Richard of Park Rapids, Minn., and William and Robert, both of Howell; a daughter, Kathie Arnold of Ipswich, Mass.; two sisters, Winifred Mannion of Netsong and Ruth Steinert of Blakeslee, Pa.; 10 grandchildren and one great-granddaughter. Services were under the direction of Day Funeral Home, Keyport. Cremation was at Rosehill Crematory, Linden.

THOMAS P. WOETKO, 67, of Barnegat died Sept. 9 at home. Born in Matawan, he lived in West Keimsburg before moving to Matawan 15 years ago. He was a homemaker. She was a communicant of St. Joseph's Church, Keyport. She was a member of the Minniskin Village Social Club. Surviving are a daughter, Charlene Magee of Matawan; a son, Charles Thee of Guantnamo Bay, Cuba; a brother, Raymond Schneider of Queens, N.Y.; four granddaughters and a grandson. Services were under the direction of Day Funeral Home, Keyport, with a Mass at St. Joseph's Church. Interment was at St. Joseph's Cemetery, Keyport.

REGINA POLICASTRO, 81, of Aberdeen died Sept. 15 at St. Joseph's Nursing Home, Woodbridge. Born in Newark, she lived there and in Roselle until moving to Aberdeen five years ago. She was a communicant of St. Lucy's Church, Newark. She was a member of the St. Germain's Society, Newark. Her husband, Donald, died in 1991, and a daughter, Elaine, died in 1976. Surviving are a son, Donald of Aberdeen, five sisters, Felicia Cordasco, Jean Gonella, Emily Shannon, Frances Hoffman and Nena Brown; three brothers, John, Emidio Colucci and Frank Colucci; and two granddaughters. Services were under the direction of Day Funeral Home, Keyport, with a Mass at St. Joseph's Church, Keyport. Interment was at Holy Cross Cemetery, North Arlington.

VERNON C. REYNOLDS JR., 80, of Hazlet died Sept. 14 at Beaverview Nursing Home, Keansburg. Born in Jersey City, he lived in Forest Park, Ill., until moving to Matawan 40 years ago. He was a self-employed private detective for more than 25 years. He was Past Lodge Master of the Rising Star Masonic Lodge, Elizabeth. He was an Army veteran of World War II, where he had served as a lieutenant. Surviving are his wife, Ruth; three sons, Richard of Park Rapids, Minn., and William and Robert, both of Howell; a daughter, Kathie Arnold of Ipswich, Mass.; two sisters, Winifred Mannion of Netsong and Ruth Steinert of Blakeslee, Pa.; 10 grandchildren and one great-granddaughter. Services were under the direction of Day Funeral Home, Keyport. Cremation was at Rosehill Crematory, Linden.

JAMES G. SCHUETTICH, 82, of Middletown died Sept. 12 at Bayshore Community Hospital, Keansburg. Born in Newark, he lived there from 1926-1940 and then worked as a nurse at St. Gerard's Society, Newark. Her husband, William A., died in 1976. Surviving are a son, Donald of Aberdeen, five sisters, Felicia Cordasco, Jean Gonella, Emily Shannon, Frances Hoffman and Nena Brown; three brothers, John, Emidio Colucci and Frank Colucci; and two granddaughters. Services were under the direction of Day Funeral Home, Keyport, with a Mass at St. Joseph's Church, Keyport. Interment was at Holy Cross Cemetery, North Arlington.

MARGARET MAGUIRE, 84, of Matawan died Sept. 11 at home. Born in Wilkes-Barre, Pa., she lived there for 16 years and then moved to New York City until 1975 and then moved to Matawan five years ago. She was predeceased by her husband, Donald, who died in 1991, and a daughter, Elaine. She was survived by her son, Thomas R. of Point Pleasant, Robert P. of Sayreville, N.J., for 24 years before retiring in 1973. She was a communicant of St. Lawrence Church, Laurence Harbor. She was a member of the Veterans of Foreign Wars Post 1451, South River, and the National Travelers Club. Her husband, Mathew A., died in 1959. Surviving are a son, John P. of South River; two granddaughters and a great-granddaughter. Services were under the direction of Day Funeral Home, Keyport, with a Mass at St. Lawrence Church. Interment was at St. Joseph's Cemetery, Keyport.

JOSEPHINE F. O'LEARY, 85, of Cliffwood Beach died Sept. 11 at home. Born in Frederick, Va., she lived in New York City until moving to Cliffwood Beach 42 years ago. She was a nurse at Jersey City Medical Center from 1926-1940 and then worked as a nurse at Sea Brook Hill Nursing Home 1955-1973, retiring in 1973. She was a communicant of St. Lawrence Church, Laurence Harbor. She was a member of the Veterans of Foreign Wars Post 1451, South River, and the National Travelers Club. Her husband, Mathew A., died in 1959. Surviving are a son, John P. of South River; two granddaughters and a great-granddaughter. Services were under the direction of Day Funeral Home, Keyport, with a Mass at St. Lawrence Church. Interment was at St. Joseph's Cemetery, Keyport.

EMMA F. (TOOTIE) THEE, 79, of Matawan died Sept. 12 at Bayshore Community Hospital, Keansburg. Born in Jersey City, she lived in Forest Park, Ill., until moving to Matawan 40 years ago. He was a chief boiler operator at National Travelers Club. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973. She was a communicant of St. Gerard's Society, Newark. Her husband, Daniel, died in 1973.
Balanced Huskies likely contenders

Rivera, Johnson, Hunt, Martucci back for senior year with Matawan

BY RICHARD JEROME

Staaff Writer

It's early yet, and coach Joe Martucci can't really predict how well his Matawan Regional High School football team will fare this season. The Huskies, who went 7-3 last year, open up the campaign (6-1) with a Sept. 21 match against Asbury Park, and they field a squad that includes some returnees.

"We have a mixture," according to Martucci. "We'll have to have some new kids play well for us.

"The team has looked pretty balanced through three scrimmages," he added. "But still not near what we'd need to contend for any kind of title.

"And we want to carry on the competitive tradition we've established here over the last 13 years," he added. "To let people know that when they've played Matawan, they've been in a football game."

After Asbury Park the Huskies will have their home opener against Long Branch on Sept. 28. On Oct. 5 the St. John Vianney Lancers visit and the Huskies go back on the road for an Oct. 12 game against Red Bank Regional. The Neptune Scarlet Fliers come to Matawan on Oct. 19 and the Huskies visit Keyport and Monmouth Regional, Tinton Falls, on Nov. 9 and Nov. 16 before facing Raritan at home on Thanksgiving Day.

Veteran Colts ready to step up in A North

The Christian Brothers Academy boys soccer team has nine seniors back from last year's 11-4-1 squad. But Dan Keane's Colts also have some new faces, including 10 juniors up from the junior varsity club and three sophomores who were on the freshman contingent last fall.

"Our midfield play is definitely our most experienced group," says Keane, whose club opened up the season with a 1-0 shutout of Wall.

The midfielders consist of seniors Ed Fox, Grahame Walker, and A. J. Colantoni. On defense, the Colts feature fullback Matt Bagley, "big and strong," according to Keane. He noted that Bagley stands 6-1 and weighs over 200 pounds, large dimensions for a soccer player.

Another sturdy fullback is senior Peter Dunne, who is joined on defense by senior Bing Shen, who is featured at sweeper.

"He's a tactically skilled player," said Keane of Shen. "Bing's also highly intelligent - he's No. 1 in the senior class."

On offense, the Colts benefit from the return of last year's top goal scorer, senior Mike Zalewski, who put eight tallies into the nets. Adrian Chraplyvy, a junior, is at stopper, while Brian Greene, a senior, and Chris Wezelski will see plenty of action as well.

The sophomores include the all-important goalkeeper, Mike Visilakis, and Sean Feeley.

"That's our nucleus," Keane said, adding, "we'd like to win the Class A North title, of course. And move up well in the conference and state tournaments."

Keane is assisted in his 19th campaign by John Burtnick. The coaches led their Colts against Manalapan on Monday, and conclude the week's schedule with a Wednesday encounter at Howell and another road match, on Friday, against Middletown High School North.

— Richard Jerome
Thin Lions must avoid injuries

BY WARREN RAPPELEYEA
Staff Writer

A strong defense and the return of quarterback Mahaki Burns bodes well for the Middletown High School North football team.

The Lions, who improved dramatically a year ago, should be even better this fall. However, Middletown North's core group of players will be playing on both sides of the ball. That can translate into trouble should injuries occur, or in the late stages of difficult games.

“We're expecting to have a successful season, but we have to stay away from injuries,” coach Mike Galos explained. “Last season we had high expectations and we were a little disappointed, so our challenge is to do better this season.”

A year ago the Lions were a misleading 5-4, including close losses to Howell, Manalapan, Marlboro and rival Middletown South. Nevertheless, Galos' team made its presence felt — and should do so again.

As Galos noted, injuries can make or break a squad's season, and the Lions have already suffered a serious one. Starting safety/linebacker Mark Mager suffered a dislocated collarbone in a scrimmage with Brick Memorial and will miss the entire season. The versatile Mager will be difficult to replace, as he not only returned kickoffs and punts, but served as the reserve quarterback as well.

Although Mager will certainly be missed, with Burns at the offensive helm, anything can happen. Although he completed less than 50 percent of his passes last season, Burns proved to be a dangerous thrower, and he's an even more dangerous runner.

Joining Burns in the backfield are tailback Curt Monday and fullback Tony Cicone, both seniors. Junior fullback Jeffrey Castillo, who has missed practice time due to a sprained ankle, will garner much playing time as well. Junior Mark Baldwin will handle the place-kicking duties.

Burns' primary targets are returning junior wideouts Andrew Watkins and Adam Orlando. Senior Todd Gallagher, a solid blocker with good hands, will be the tight end. Another senior, Anthony Paparracca, will spell all three.

Up front, the Lions will rely heavily on three returning starters, senior guards Donald Cerbone and Todd Lavin, and junior center Ryan Bednar. They will be joined by two tackles: senior Rob Deramo and junior Colin Renick.

Bednar, Cerbone, Lavin and Deramo will be the keys to the defense’s time as well, where they will be joined by two tackles, senior Dan Finucan, currently injured, or junior Nick Gecik. Cicone and Renick will be the outside linebackers, with senior Jay Adams in the middle. Monday and junior Brian Gibson are the safeties, with senior Michael Lovett and junior Ken Richards at the corners.

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“If we can get Castillo and Finucan healthy, we should have pretty good depth,” Galos said. “We'll miss Mager because he did so much for us, but we have a lot of talented players and I think they'll step up.”

The Lions will have their chance on Saturday when Middletown North opens the season at Jackson. Kickoff is set for 1:30 p.m.
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Adventurism

The Husky Fall Soccer League has openings on teams for players born from 1983-86. Practices for these age groups are on Mondays from 6-8 p.m. and games are on Thursday from 6-8 p.m. at Goodspeed, Linwood, Aberdeen. For registration information, call Art Perri at (908) 566-0154.

The Hazlet Devils, an under-11 boys soccer team, opened their season with a 3-0 win over the Millstone Lightning. The Devils' defensive unit of Peter Czech, Jamie Richarda, Bobby Miller, Chad Bonnell and Adam Schaye combined with goalie Christian Calcagno to post the shutout. Carson Sorsby, Brian Coyaw and Dave Druckman provided the goals for the Devils. Matt Broderick and Adam Czech helped keep the offensive pressure on throughout the contest and midfielders Farris Foss, Township 21, Mitch Shaprio and Jason Grech helped control play at both ends of the field. The Devils are coached by Phil Druckman, Antonio Castro and Jay Bonnell.

The Hazlet Dynamos, a girls under-12 soccer team, placed second in their division at the Middletown Labor Day Tournament. In the game for second, the Dynamos faced Manalapan and matched a 1-0 victory on goal by Dierdre Murray on a pass from Jessica Druckman. Tara McFadden picked up the win in goal.

Hazlet Recreation is sponsoring volleyball programs for men and women and a basketball program for women that are under way and will continue throughout the school year. Women's volleyball will be played at the Union Avenue School on Wednesdays from 7:30-10 p.m. Women's basketball will be played at the Union Avenue School on Mondays from 7:30-10 p.m. Men's volleyball will be played at the Beers Street School from 7-10 p.m.

The Cut Throats won the Middletown Township Department of Parks and Recreation Summer Basketball League, defeating the Kicks in a championship game. The Cut Throats are: Tom Curti, Brian Gross, Steve Yetman, Chris Yetman, Ken O'Reilly, Ken Hart, Pete Mar occult, Paul Hemberger, Michael O'Reilly, John Dini, John Curti, Cliff Williams, Richard Williams and George Gross. The department will be conducting basketball leagues for women and men during the fall. For more information, call (908) 615-2260.

The Middletown Griffins, an under-12 girls soccer team, won their division at the fourth annual Middletown Labor Day Tournament. Ashley Smith led the Griffins attack, scoring seven of the team's 18 goals. Kim Campo, Jenna Anderson, Colleen Decker, Mauresa Sullivan, Heather Anzivino, Mary Jo Rana, Valerie Guzi and Kristine Goworek also tallied for the Griffins. Marisa Cavanaugh, Nina Nadlee, Amanda Haddad, Mary Hurl, Kristen Palermo and Christina Tintel rounded out the defense and midfield that contributed helped goals. Anderson and Campo posted four shutouts. The previous weekend the Griffins took second in their division at the Roxbury Kickoff Classic.

The Middletown Vipers, an under-13 boys soccer team, opened the fall season with a second-place finish at the Downingtown, Pa. Spirit United Kick-off Classic. The Vipers are: Brandon Booth, Marc Cino, Matt Dolansky, Chris Falanga, Scott Gahagan, Chris Geiss, Sean Horan, Chris Lanco, Joe Lucarelli, Crag Nimick, Billy Schwewick, Ryan Stava, Matt Woolston and Alex Zolan. The Vipers are coached by Frank Lofton and Stephen Lancos.

The Middletown Dolphins, an under-10 girls soccer team, took first place in their division at the Middletown Labor Day Tournament. The Dolphins are: Stefanie Geronimo, Allison Grande, Kristen Kolheer, Allison Lanco, Brianne Moran, Katie Mulhern, Samantha Suppon, Kim Thompson, Jennifer Werster and Lauren Zgorzynski. The Dolphins are coached by Jerry Forand, Peter Geronimo and Jay Jackson.

Registration for the Middletown Babe Ruth 1997 spring baseball and softball leagues will be held at the Middletown Library, New Monmouth Road, on Sept. 14, Oct. 5 and Nov. 16 from 9 a.m.-1 p.m., and on Sept. 16 and Oct. 28 from 6-8:30 p.m. Registration will be held at the Babe Ruth Clubhouse, McMahon Park, on Sept. 21 and Oct. 12, from 9 a.m.-1 p.m., and on Sept. 26, Oct. 17 and 24 and Nov. 2 and 12 from 6-8:30 p.m. Baseball divisions are grouped by age and are open to children 5-17, softball divisions are grouped by age and open to children 5-16. All league games are played at McMahon Park. For more information, call Al Auerbach at (908) 495-6661.

Two under-14 Middletown-based boys traveling soccer teams are seeking players, including goalies. The teams are in the MOSA league and participate in tournaments. For more information, call Keith at (908) 530-4577.

The Second Annual Jersey Shore Coaches Clinic will be held at St. Rose High School, Belmar, on Oct. 6. The one-day clinic for the betterment of teaching basketball will be held in the school's gymnasium from 8:30 a.m.-4:30 p.m. Speakers include Princeton University basketball coach Bill Carmody, who will speak on fundamental basketball, and Fran Fraschilla of St. John's University, basketball coach Bill Carmody, who will speak on fundamental basketball, and Fran Fraschilla of St. John's University, Queens N.Y., who will address motion offense. The clinic is for high school and elementary AAU, and recreation league coaches. It also is open to anyone interested in learning the game of basketball. The fee for the clinic is $50 and includes handouts and lunch. To register or for more information, call Denis Devaney at (908) 681-2858 or Steve Zengel at (908) 399-1817.

Hazlet Recreation will be sponsoring a bus trip to Veterans Memorial Park Stadium in Philadelphia on September 22 to see the Mets/Phillies game. The bus will leave the Library Overflow Parking Lot at 10 a.m. Cost of the tickets are $21, which includes bus transportation.

The Mid-Monmouth Keyport girls baseball team is now being formed for the upcoming baseball season. Interested girls must be in seventh or eighth grade and live in Keyport or Union County. For information on upcoming tryouts call 739-4516 or 888-9471.

Registration is now open for the Hazlet Recreation Men's and Women's one-pitch softball tournaments. The tournaments will be held Oct. 2-5 and teams will be guaranteed a minimum of two games. Trophies and cash prizes will be given in both tournaments. Registration closes Sept. 20 and the fee of $150 must accompany the 20-player roster. Late registrations will be charged $5 per player.

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"I LOST 75 LBS IN 8 MONTHS"
Catherine Heaney, Beachwood

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Your Neighbors are losing Hundreds of Pounds

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NO PREPACKAGED FOOD
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WE SHIP ANYWHERE

LOVE weight without dieting
DAYS START AT $29.95

"I LOST 60 LBS AND 5" SIZES"
Su-Ellen Citron, Manalapan

"I LOST 58 LBS IN 9 WEEKS"
Steven Wuesthoff, Toms River

"I LOST 98 LBS AND 6 SIZES"
Karen Ford, Lakehurst

"I LOST 75 LBS IN 8 MONTHS"
Catherine Heaney, Beachwood

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VISA, MASTERCARD, AMEX AND DISCOVER ACCEPTED
**SPORT SHORTS**

The Keyport Public Schools Education Foundation is sponsoring a golf tournament on Oct. 3 at the Suneagles Golf Course, Fort Monmouth. In addition to 18 holes of golf there will be a dinner at Gibbs Hall on the base and prizes, including a new car for a hole-in-one. The fee for the outing is $100. For registration or more information call 264-2840.

Shore Magic 2, an ASA fast-pitch under-16 softball team will be holding tryouts at Lincroft Little League Field at 6 p.m. on Sept. 24, 25 and 26. For more information call 747-8753.

Bayshore Community Health Services will be hosting the 6th Annual Bayshore Classic 5K Run and Round Up '96 Health Fair on Sept. 21 at Bayshore Community Hospital from 10 a.m.-2 p.m. The 5K Race, 5K Race Walk and 1 Mile Fitness Walk will begin at 9:30 a.m.; the Kid's Half-Mile Race, for children 12 years old and under, will begin at 10:15 a.m. Entry fees for the 5K Race and 5K Walk are $12 before Sept. 18; $15 the day of the race. The entry fee for the 1 Mile Fitness Walk is $8; and the Kids Race entry fee is also $8. For more information and to register for the race, call Bayshore's Public Relations Department at (908) 739-5918.

Monmouth County Parks and Recreation will be holding Roller Hockey Clinics at Hartshorne Woods Park in Middletown on four Saturday sessions Sept. 28-Oct. 19. Children ages 4-6 will be introduced to the sport from 10-10:55 a.m. each session. Ages 7-12 will go from 11-11:55 a.m. Clinics for youths ages 8-10 will run from 10-11:15 a.m. and for ages 11-14 from 11:30 a.m.-12:45 p.m. In-Line Skating for Adults 18 and up will be held from 12:30-1:45 p.m. for beginners and 2:15 p.m. for those at the intermediate level. Call the park system for details.

The New Jersey Road Skaters Association In-Line Skate School will be holding skill clinics and introductory sessions for young children ages 4-12 at the Birch Hill Country Club Sports Complex, Route 520, Old Bridge. The skills clinic will run Wednesday evenings from 6-7:15 p.m. starting today and running to Nov. 6 and on Saturdays from 3-4:15 p.m. from Sept. 21-Nov. 9. The introductory clinics for children will be held Saturdays from 9:30-10:25 p.m. from Sept. 21-Oct. 12. Fees for the clinics are $55 for the four sessions. To register or additional information, call (908) 780-4029.

The New Jersey Devils will begin their 15th National Hockey League season on Oct. 5 at home when they host the Detroit Red Wings at the Continental Airlines Arena at 7:35 p.m. The home opener marks the first of 20 weekend home contests for the 1995 Stanley Cup champions that include five Saturday matinees, six Saturday night games, one Sunday matinee and one Sunday night match. All home evening games start at 7:35 p.m. and matinees at 1:05 p.m. For information on Devils Tickets Plans for the 1996-97 season, contact the Devils Sales Department at 1-800-NJDEVIL.

**GOODSPORTS USA in Aberdeen is now accepting applications for all of its adults sports leagues: soccer, flag football, volleyball, roller hockey and street hockey. Children's instructional classes will be starting soon. For information, call (908) 290-0003.**

**Good Luck from F R I E N D L Y' S I C E C R E A M S H O P State Highway 35 & Hazlet Ave. • Hazlet 908-739-1323**

**FRANK'S NURSERY & CRAFTS More Beautiful Things Begin**

**HAVE A GREAT HIGH SCHOOL FOOTBALL SEASON!**

Best of Luck & Success to the Holmdel Hornets from the Mayor and Township Committee

MIDDLETOWN MOBIL

60 OFF a GALLON on SUPER MONDAY & THURSDAY
863 Rt. 35, Middletown (behind Dunkin' Donuts)
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**OUR BIGGEST CRAFT SALE OF THE YEAR!**

32 Pages of Craft & Floral Savings! Now Thru Sept. 28th!

**SAVE 33% to 50%**

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- **Save 50% on Every Shade, Flowering & Fruit Tree**
  Reg. 24.99 to 99.99

- **Save 50% on Every Balled & Burlapped Plant**

- **Save 33% on Every Potted<br>Flowering Shrub & Evergreen**
  Reg. 6.99 to 99.99

**Colorful Mums in 6-inch Containers**
Add some dazzling color to your landscape now with these decorative late-season bloomers! Great selection of fall colors available. Reg. 3.99 ea. Sale ends 9-25-96

**Jumbo Pack of Tulips**

**SAVE 40%**

entire selection of silk flowers, save 25% on ready-to-finish pieces. Reg. 4.98 to 49.99

silk fall mum bush sale 2.48 with 14 blooms. Reg. 4.99 to 25.99

walnut hollow craft wood with great color selection. 2-ounce squeeze bottles. Reg. 1.49 ea.

entire selection of silk flowers save 25%

<no每年都可於春節期間在福克蘭群島舉辦文化節慶，該活動將於10月3日舉辦，位於Suneagles Golf Course, Fort Monmouth。活動包括18洞的高爾夫球、晚餐以及在Gibbs Hall舉行的嘉禮。晚餐將於9:30 a.m.召開，並且設有12個年齡組別的親子活動，包括新車作為一洞進洞的獎品。活動費用為$100。欲報名或了解更多資訊請撥打264-2840。

Shore Magic 2，一支ASA快艇軟壘隊將於9月24日、25日及26日舉行試演於Lincroft Little League Field。欲了解詳細內容請撥打747-8753。

Bayshore Community Health Services將於9月21日舉辦年度Bayshore Classic 5K Run and Round Up '96 Health Fair。活動將於Bayshore Community Hospital舉行，時間為上午10:00至下午2:00。5K 比賽、5K漫步及1英里健行比賽將於上午9:30召開，孩子們12歲以下的半英里賽將於上午10:15召開，11-14歲的孩子們的半英里賽將於上午11:30-12:45召開。活動費用為$8的1英里漫步及$8的兒童組別。欲了解更多詳細資訊及報名活動請聯繫Bayshore's Public Relations Department at (908) 739-5918。

Monmouth County Parks and Recreation將於7月舉辦Roller Hockey Clinics於Hartshorne Woods Park。孩子們4-6歲的初學者將於星期三晚上6-7:15召開，9月6日及9月9日於星期六召開。報名費用為$55。欲了解詳細資訊及報名活動請聯繫(908) 780-4029。

The New Jersey Devils將於10月5日開始其第15個國家冰球聯賽賽季，主場對陣底特律紅翼隊於Continental Airlines Arena 7:35 p.m.。該隊將於週末主場比賽20場，包括五場星期六下午比賽、六場週六晚間比賽、一場星期日下午比賽及一場星期日晚間比賽。所有週末主場比賽均於7:35 p.m.開始，週六下午比賽於1:05 p.m.開始。欲了解更多詳細資訊及票務計劃請聯繫The Devils Sales Department at 1-800-NJDEVIL。

**GOODSPORTS USA in Aberdeen is now accepting applications for all of its adults sports leagues: soccer, flag football, volleyball, roller hockey and street hockey. Children’s instructional classes will be starting soon. For information, call (908) 290-0003.**
课程教授如何开始一家生意

Brookdale Community College, Lin- 
croft, will offer a "Crash Course in Biz-
ness Start-up," 9 a.m. to 4 p.m. on 
Saturday. Among the topics covered will 
include financing, writing a business plan,
tax, bookkeeping and payroll tips.

To register, call (908) 224-2880.

供应商寻求跳蚤市场

New Jersey Blind Men’s Association 
will hold a flea market, 10 a.m. to 4 p.m., 
on Saturday at 18 Burlington Ave., 
Leonardo.

桌子可以以每张10美元的价格租用。 

为了获得更多信息，请拨打 (908) 671-1332.

教堂主办的跳蚤市场9月28日

The Church of the Holy Communion in 
Fair Haven will sponsor a flea market 
from 9 a.m. to 4 p.m. on Sept. 28 at 
the 

饮食可能有助于老年人

Many people ask if diet affects 
arthritis. While there is no single 
diet that helps all people with all forms of 
arthritis, research studies indicate that 
proper, healthy diet is extremely impor-
tant in the management of arthritis.

So take advantage of tempting sum-
mer fruits and vegetables, because eat-
ing the right foods and maintaining your 
recommended weight, or losing weight 
if necessary, will reduce complications 
due to arthritis.

To determine an effective diet that 
is right for you, it always is best to consult 
your physician. The Arthritis 
Foundation also can help. For more 
information and a free brochure about 
diet and arthritis, call the New Jersey 
Chapter at (908) 283-4300 or (609) 482-
0620.

音乐/艺术工作坊为自闭症提供

Classes for the “Parent/Child 
Workshops in Music and Art for Children 
with Autism or Autistic Behaviors” will 
resume in October. Workshops are held 
on Saturdays from Oct. 15 through Dec. 
14 at Rutgers University, New 
Brunswick. The program, in its 12th year, is 
sponsored by Very Special Arts New 
Jersey and the Learning Resource Center South, 
in cooperation with the Dance and Visual 
Arts Departments of the Mason Gross 
School of Arts.

The 10 weekly Saturday sessions will 
provide children with experiences in mu-
ic and art that will serve as an introduc-
tion to the arts while developing commu-
nication and socialization skills. The arts 
provide an ideal medium for developing 
the communication of autistic children.

Ages 3-21 are welcome to participate.

The program is offered free of charge 
with funding provided by the N.J. State 
Department of Education, and Very 
Special Arts. Registration will be accepted 
for a first-come, first-served basis. This 
program is also offered at Rowan College 
in Glassboro and Ocean County College, 
Toms River.

For more information or registration 
applications, contact Very Special Arts 
N.J., 841 Georges Road, North 
Brunswick, 08902 or call (908) 745-3885; 
(908) 745-5935 or (908) 745-3913. 
Deadline for application is Sept. 23.

米德兰镇 rotary奖学金

The Brookdale Community College 
Foundation has been presented with a 
one-time gift of $17,051 from the Middletown 
Rotary to establish the annual Murray Re-
vis/Middletown Rotary Envision 
Scholarship. The late Murray Revits, 
owner of Harmony Bowl, was a "wonder-
ful guy, and very dedicated to serving the 
community," said Warren Tockerman, 
Rotary Club director and Middletown res-
dent.

The $500 scholarship will be awarded 
annually to a Brookdale student who has 
graduated from either of the two Middle-
town high schools, is enrolled full time at 
Brookdale, is in good academic standing, 
and can demonstrate financial need.

"We hope the students who take 
advantage of this scholarship," said 
Tockerman, "will make future donations 
to the fund, and consider joining the 
Rotary, once they’ve established in their 
careers."

Further information on the Murray Re-
vis/Middletown Rotary Club Scholarship 
is available from the Brookdale 
Foundation at (908) 224-2888 or from 
Warren Tockerman at (908) 671-4450.
**Real Estate Spotlight**

**Linda Schwarz**, sales associate at Coldwell Banker South Brunswick office, recently attended the company’s “Elite Retreat,” a three-day conference held at The Broadmoor Hotel in Colorado Springs, Colorado. This is the fourth time Schwarz has been invited to participate in this prestigious event. Sales associates in the top one percent qualify to attend the elite retreat as members of the “International President’s Elite.” For more local real estate information, call the Coldwell Banker South Brunswick office at 908-297-7171.

**Richard Wieland** of RE/MAX First Realty is offering a free booklet, “Protect Your Family from Lead in Your Home.” Contact Wieland at 1-800-993-4723.

**The New Jersey Association of REALTORS® (NJAR)** is now accepting applications for its 2015 Local REALTOR® Mentor Program. The program is designed to provide support and guidance to new REALTORS® in their first year in practice. For more information, visit www.njar.com/njrealtores.com/mentor_program. Applications are due by December 31, 2014.

**Terri Dunfee** of Century 21 JHS Realty Inc., Jamesburg, received awards for Top Gross Closed Commissions, Top Production in Units, and Top Sales Associate at a summer sales celebration to honor Century 21 sales associates for their efforts. Call Terri at 908-521-9576.

**The Aberdeen office of Weichert Realtors** is offering a free booklet, “Protect Your Family from Lead in Your Home.” Contact Terri at 908-521-9576.

To be featured, please contact Mike Feinberg by phone at 908-972-6740, ext. 214 or Fax at 908-972-6746.
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□ BIG DEAL (Items over $75) $20.00

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FE LICIA 'S  SCHOOL OF KEYBOARD INSTRU C TIO N 908-566-5538 FOOTNOTES 908-576-5538 PIANO & VOICE-Your Home MUSIC 908-204-0607 RENT A "NEW 1 Band feasts & much more! 908-409-5577 MUSICIANS Workshop, Hwy 9<br>MARK'S ANTIQUES-We buy<br>COLLECTIONS, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW Toys,<br>collections, OW 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NEW 1996
DODGE AVENGER
2 dr., 4 cyl., auto trans, pw, strgbrkts, dual air bags, A/C, AM/FM stereo, lg glass, side, bktm, dig clock, fclt, cu, cld seat, family, wind, strgbrkts, fwd lamp, 16" wheel. VN#TE89260, MSRP $18,037. Includes $1000 manufacturer's rebate.

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All Prices incl. costs to be paid by consumer except for lic., reg. doc & taxes. $400 college grad rebate if qual, $750 owner loyalty rebate if qual. Not responsible for typographical errors. Pictures for illustration purposes only.
<table>
<thead>
<tr>
<th>Make</th>
<th>Model</th>
<th>Option Details</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1993 MERCURY COUGAR XR7</td>
<td>2 dr, 6 cyl, auto, p/s, p/b, am/fm, a/c, cruise, tilt, cruise, retr. liftgate, black cloth &amp; leather, Stk. #2135, VIN #2M324694, 69,368 miles.</td>
<td>$7,995</td>
<td></td>
</tr>
<tr>
<td>1996 MERCURY MYSTIQUE</td>
<td>4 dr, 6 cyl, auto, p/s, p/b, am/fm, a/c, cruise, tilt, cruise, retr. liftgate, black cloth &amp; leather, Stk. #2135, VIN #2M324694, 69,368 miles.</td>
<td>$12,995</td>
<td></td>
</tr>
<tr>
<td>1993 MERCURY SABLE GS</td>
<td>4 dr, 6 cyl, auto, p/s, p/b, am/fm, a/c, cruise, tilt, cruise, retr. liftgate, black cloth &amp; leather, Stk. #2135, VIN #2M324694, 69,368 miles.</td>
<td>$14,995</td>
<td></td>
</tr>
</tbody>
</table>

*Prices are in US dollars.*

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BRAND NEW 1995 MITSUBISHI

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BUY:

DIAMANTE $18,795
BUY:
4-Dr., Auto Trans, 3.0L, V6, P/S, P/B, AM/FM Cassette, Dual Air Bags, Balance Of Factory Warranty, VIN # SY004118, Stk. # 40416. 15,432 Mi.

DIAMANTE LS $25,738
BUY:
4-Dr., Auto Trans w/OD, 3.0L, V6, P/S, P/B, AM/FM Cassette, Dual Air Bags, Balance Of Factory Warranty, VIN # SY016917, Stk. # 3815. Dealer Discount: $14,000.

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Ford Credit

4-door with V8, traction assist, automatic, dual air bags, anti-lock brakes, air cond, AM/FM stereo cassette, JBL sound, power leather seats, windows, locks, mirrors, trunk & antenna, auto dimming mirror, full-size spare VIN#TY732792, MSRP $41,625. Includes $3000 rebate.

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4-door with V6, automatic, dual air bags, anti-lock brakes, air cond, AM/FM stereo cassette, power seat, windows, locks, mirrors, trunk & antenna, cruise control, tilt wheel VIN#T1460760, stock #7470 MSRP $21,975. 30 mo closed end lease with $1299 down, 1st payment, $250 ref sec dpst & $400 bank fee for total of $1838 due at signing, total payments $8769, buy option at end $13,624, 12,000 mi/yr then .15/mi.

Ends 9/20...lots in stock now!

$249 per mo!

**BRAND NEW BUICK RIVIERA**

New 2-dr front-wheel drive with 6-cyl, automatic, dual air bags, ABS, air cond, AM/FM stereo cassette/CD player, tinted glass, power moonroof, seats, windows, locks, trunk, mirrors & steering, tilt wheel, cruise & more! VIN#T471579, stock#7939 MSRP $36,050. Incl $3000 rebate.

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Taurus GL

4 dr., 6 cyl., auto trans. w/od., P/S, P/B, P/L, P/runk, A/C, T.G., r. def., cruise, delay wipers, dual air bags, velour int., bucket seats, console, carpet mats, sport mirrors, all season stl. bld. radials, custom whl. covers. S/A #245177.

VIN #7A245177. MSRP $19,890. Rebate $1,000. College Grad Rebate $400 if qual. 39 month closed end lease. $2,000 cap cost reduction, 1st payment, $299 ref. sec. dep. & $450 bank fee due at inception.

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INDEPENDENT, SEPTEMBER 18, 1996

KEYPORT KEYPORT

NISSAN

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Oldsmobile

BAY SHORE'S LOW PRICE LEADER

'96 GER

Stk #G7153, VIN #T638954, 4dr, auto, 6 cyl, p/s, p/b, AM/FM stereo, pw, p/locks, A/C, tint glass, rear defogger, tilt, cruise, cloth seat, remote mirrors, side molding, pin striping, rally wheels, MSRP: $18,985.

'96 CUTLASS

Stk #G6314, VIN #TF465600, 2dr, auto, V6, p/s, p/b, AM/FM cass, p/w, p/lks, A/C, tint, r del, tilt, cruise, console, cloth, sport mirrors, styled wheels, all-seasons, MSRP: $18,995. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $5,976/$19,577.

'96 PATHFINDER

Stk #7386, VIN #TW046496, 5 door hatch, auto, 6 cyl, p/s, p/b, AM/FM w/CD, A/C, tint, r del, console, sport mirrors, sport pkg, tilt, cruise, det, sport mirrors, styled wheels, all-seasons, MSRP: $23,099. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $15,437.

'96 SENTRA

Stk #G7322, Beige, Auto, 60/40 AC, AM/FM cass, CD, Air bag, heat, tilt, pw, w/striping, rally wheels, MSRP: $15,029. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $2,376/$10,219.

'96 MAXIMA

Stk #N-7311, VIN #TC801819, 4 door, 5 spd, 4 cyl, p/s, p/b, AM/FM cass, p/w, p/lks, air, cruise, tilt, console, cloth, rear def, sport mirrors, styled wheels, console, all-seasons, MSRP: $17,995. Lease lor 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $4,776/$16,400.

1993 NISSAN SENTRA

Stk #33084, Gold, 2dr, Auto w/overdrive, 4 cyl, AM/FM cass, CD, Air bags, inter wip, cruise, rear defog, remote gas rel, pw mir, p/w, p/s, p/bks, 42,600 miles. $9,437

1993 NISSAN MAXIMA

Stk #33228, Beige, Auto, 60/40 AC, AM/FM cass, CD, Air bag, heat, tilt, pw, w/striping, rally wheels, MSRP: $19,995. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $15,937.

1995 NISSAN SENTRA LE

Stk #N-7411, Beige, Auto, 4 cyl, AM/FM cass, CD, Air bag, heat, tilt, pw, w/striping, rally wheels, MSRP: $16,985. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $14,937.

1996 NISSAN ALTIMA GXE

Stk #G7153, VIN #T638954, 4 door, 6 cyl, p/s, p/b, AM/FM cass, pw, p/locks, A/C, tint glass, rear defogger, tilt, cruise, cloth seat, remote mirrors, side molding, pin striping, rally wheels, MSRP: $18,985.

1996 NISSAN ALTIMA GXE

Stk #G6314, VIN #TF465600, 2dr, auto, V6, p/s, p/b, AM/FM cass, p/w, p/lks, A/C, tint, r del, tilt, cruise, console, cloth, sport mirrors, styled wheels, all-seasons, MSRP: $18,995. Lease for 24 months w/ $1,000 down plus $350 bank fee, $250 security, tax and 1st payment due at inception. Lease includes 10k mi/yr. 15¢ ea. Add'l Total payments/purchase option: $5,976/$19,577.

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