

STOVES AND HARDWARE.

How can we make children - *that* the most important subjects to be considered in the rearing of a child; child is that of diet, both in regard to quantity and quality. It is a very common practice to feed a baby when it cries, as if it were nothing but a stomach, and had no other demands than those of hunger. There are many things that a child may want and many ways in which it may be supplied, and the only way to satisfy it is to give it what it needs. Infants do not cry from hunger, but it is the tendency of many to feed the crying child, which only brings temporary relief. A child's stomach needs rest quite as much as any other part of the body, and if it is fed all that it wants to eat, it is not crying for want of food. Three hours is a good interval for those of delicate organization, and for those who are stout and hearty. As the child grows older, the interval may be gradually lengthened. These rules, however, are scarcely applicable until a baby is a few weeks old. The habit of feeding a child of any age between its regular hours for meals is positively injurious, unless there be some special reason for so doing. The habit of tugging food at the table, allowed to children by many mothers, is very pernicious, but only doing injury physically, but cutting off an insatiable desire, and a desire to try every kind of food that comes within sight, causing the mother to give unnecessary care and trouble. When a child first asks for an unobtainable food, it may be taught that it is injured and the matter be easily disposed of, providing always that some kind child comforter does not give the first taste. The benefit of tugging, I think, is very generally admitted. A full bath, one each day, serves not only as a tonic. For this purpose it is important that the temperature of the water should not be too high, as very warm baths are relaxing. A healthy child will soon find a tepid bath more agreeable than a very warm one. If the bath room is sufficiently warm, it is a very good rule of hygiene institutions, that for all bath rooms the rooms should be warmer than the water. A full bath may be given daily with beneficial results under favorable circumstances, at all ages. The importance of tugging food at the table, and the necessity of a good air to health we all understand, and it is essential to the health of children, as well as to the health of the mother, that the air should be pure and fresh. A healthy child will soon find a tepid bath more agreeable than a very warm one. If the bath room is sufficiently warm, it is a very good rule of hygiene institutions, that for all bath rooms the rooms should be warmer than the water. A full bath may be given daily with beneficial results under favorable circumstances, at all ages. The importance of tugging food at the table, and the necessity of a good air to health we all understand, and it is essential to the health of children, as well as to the health of the mother, that the air should be pure and fresh.

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PROCLAMATION ON STOVES!

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HARDWARE.

AT THE CORNER OF Front & Cherry Street Is the Place to Buy Your HARDWARE, STOVES & TINWARE.

We have the Largest Stock ever offered in this City.

Heaters, Ranges, Furnaces,

Put up in the best manner, and at short notice.

Tinuing & Plumbing Done

In all its Branches.

If you want anything in the above line, this is the place to make your purchases, as we have a large stock of goods, and no money, and the city tax is due.

BERRY & THORN.

FRONT STREET.

ABOVE SECOND PRESBYTERIAN CHURCH, PLAINFIELD, N. J.

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HARDWARE.

Iron in the Blood

PERUVIAN SYRUP

MAKES THE WEAK STRONG.

The Peruvian Syrup, a Protected Solution of the Protoxide of Iron, is also combined with the character of an aliment, is easily digested and assimilated with the blood as the simplest food. It increases the quantity of Nature's Own Vitalizing Agent, Iron in the blood, and cures "a thousand ills," simply by taking up, insulating and circulating the blood, repairing damages and waste, searching out morbid secretions, and leaving nothing for disease to feed upon.

This is the secret of the wonderful success of this remedy in curing Dyspepsia, Liver Complaint, Dropsy, Chronic Diarrhea, Bolls, Nervous Affections, Chills and Fevers, Humors, Loss of Constitutional Vigor, Diseases of the Kidneys and Bladder, Female Complaints, and all diseases originating in a bad state of the blood, or accompanied by debility or a low state of the system. Being free from Alcohol, in any form, its energizing effects are not followed by corresponding reactions, but are permanent, infusing strength, vigor, and new life into all parts of the system, and building up an Iron Constitution.

Thousands have been changed by the use of this remedy, from weak, sickly, and feeble creatures, to strong, healthy, and happy men and women; and invalids cannot reasonably hesitate to give it a trial.

See that each bottle has PERUVIAN SYRUP blown in the glass. Pamphlets Free.

SETH W. FOWLE & SONS, Proprietors, No. 1 Milton Place, Boston. SOLD BY DRUGGISTS GENERALLY.

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