



A PREVIOUS FISHING DERBY SCENE . . . Many Rahway boys and girls participate in the annual fishing derby sponsored by the Recreation Dept. Prizes are awarded and the derby is a highlight of the summer fun planned for residents.

Fishing derby set for August 6

The Rahway Recreation Department will sponsor a fishing derby on Wednesday, August 6 at Milton Lake Park (Midwood Drive). The derby rain date

is Thursday, August 7. Boys and girls of Rahway age 14 years old and under may participate. Registration will take place the same day of the

event from 5:30 p.m. to 6:15 p.m. Fishing time is from 6:15 to 7:15 p.m. There will be fishing poles provided and worms given to all, while they last.

The Recreation Dept. has announced prizes will be awarded at 7:30 p.m. This annual event is for Rahway residents only.

200 seniors partake in first annual picnic

by Pat DiMaggio
Good food. Good friends. A warm, sunny day. A little dancing and a lot of laughing. All combined to make the first annual City-wide Senior Citizens picnic a success.

The picnic was held on Friday, July 18, in the parking lot at Golden Age Towers, on East Milton Avenue. Over 200 seniors took advantage of the combined effort of the Rahway Senior Housing Corporation and the seniors themselves to produce a friendly gathering of all the tenants of Rahway's four senior citizen complexes.

Kathy Stein, Social Services Coordinator, explained that the idea of the picnic was to gather people together for an afternoon of relaxation and fun. "The idea was to get all the seniors in Rahway together, to mingle and to have a good time," said Kathy. She explained that the seniors paid one half of the expense and the Rahway Senior Housing Corporation picked up the other half.

Food was provided by Elmer's Catering Service and manager Donald Kazer agreed that it was a hungry crowd. He said the seniors had gone through 250

pieces of fried chicken, 200 ears of corn, 120 hamburgers, 160 hot dogs, 200 sausage sandwiches, 100 meatball sandwiches, 6 watermelons and 30 gallons of lemonade, punch and iced tea. "Some of these people have east-trom stomachs," said Kazer. "We are booked for 190 people, all they can eat, with no limit on food."

The theme of the picnic was a Hawaiian luau and most of the people were dressed in brightly printed shirts and dresses. Many wore leis around their neck and one lady donned a grass skirt.

Entertainment was provided by the Joanie Ruback Orchestra and more than a few seniors braved the heat to dance alone, as a couple, or in groups.

Virginia Humenik, along with her husband John, sat under a bright yellow canopy with a group of friends. "It's wonderful," said Virginia. "They've made a happy day for everyone."

Standing up to sing along with the band was Rita Pyle. "This is the most beautiful gathering anyone can make," said Rita. "It makes the young people feel old and the old people feel like teenagers."

Also celebrating was Mary Delasandro who will be 90 years old on July 31. "It's wonderful and I am enjoying it," said Mary. She said she was one of the first seniors to move into the complex on Grand Avenue and was proud of the fact that she lived in Rahway all her life. "I raised six children in Rahway," said Mary.

Sitting or standing, talking or watching, in the sun or in the shade, all the people gathered together had one thing in common: they were all smiling.

G.E.D. programs offered free

Rahway's Adult Basic Education Program has free classes for students who want to prepare for their New Jersey State High School Diploma. The General Education Development test (G.E.D.) is made up of a battery of tests to assure knowledge and skills have been secured in reading, mathematics, language, arts, science and social studies.

For information on receiving a G.E.D. diploma, contact Beverly Backmann, coordinator, at 574-2595.

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Mayor announces plan to cut budget

In response to Governor Thomas Kean's veto of \$30 million in aid to municipalities, which is costing Rahway \$137,000, Mayor Daniel L. Martin announced today he has reached a tentative agreement with the City's police and fire unions to defer payment of their 1986 uniform allowances in order to avert more drastic budget cuts, such as layoffs.

"I'm very pleased that here in Rahway our police and fire unions are always mindful that they are first and foremost servants of the public," Martin said, adding, "Whenever the City and its taxpayers have had a financial problem our fire fighters and police officers have taken the position of 'what can we do to help.'"

The Mayor noted that the union leaders have indicated their membership's willingness to defer the uniform payments and the fire fighters' union has already ratified the proposal, with the P.B.A. scheduled to formally vote on it next Tuesday.

The City's police officers and fire fighters receive an annual allowance of \$850 to maintain their uniforms and working gear. They are supposed to be paid the allowance by April 1 of each year, but due to this year's unusual budget circumstances, have not yet received it.

Under terms of the tentative agreement they will not be paid the allowance until the City either receives the additional aid now be-

ing debated in Trenton or can make other arrangements. In return for agreeing to the deferral, the allowance will be paid with 6 percent interest dating from July 1 of this year.

The uniform allowance payments are part of the police and fire fighters' unions' negotiated labor contracts.

The Mayor pointed out that as such they are mandatory obligations of the City.

Martin noted his administration "always considers it in the public interest to maintain good labor relations and to treat employees fairly and, hopefully, this is why we not only don't have labor problems like other municipalities do, but can count on our employees to be dedicated to the job and to

help out in times of need." The Mayor also commented that the City budget has been "cut to the bone" in all areas except vital services. "In recent years, we've reduced the size of the Public Works Department by 30 percent, cut back on recreation and library programs, reduced administrative and clerical positions, and eliminated all but essential programs," he stated.

"We've reached the point where the only area left to start cutting is the public safety departments," Martin said. "But, as we have consistently done in this administration, we shall continue through prudent management to provide Rahway citizens the best possible services with the available resources."

The Mayor indicated that after final adoption of this year's budget he would be issuing a detailed fiscal analysis of City government "which will specify the factors pointing to a great improvement for next year."

The Mayor concluded by pointing out that the City budget "should be in a much better position next year than it is this year."

"For 1986 we've had a number of unusual budgetary pressures, such as a huge increase in our garbage collection contract," the Mayor said, "but most of these costs will stabilize next year, as with the garbage contract which is contractually programmed for a 3 percent increase next year as opposed to a 14 percent increase this year."

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Rahway Theatre named state landmark

Effective June 24 the Rahway Theatre on Irving Street and Central Avenue in the City's downtown business district was permanently added to the list of New Jersey historic landmarks. Proposed additional listing in the National Register of Historic Places is pending.

From the outset, such listing has been one of the objectives of Rahway Landmarks, the nonprofit corporation formed in Rahway in 1979 to preserve the vintage vaudeville theatre.

Other objectives are to restore the theatre to its former elegance and to revive it as a showplace for wholesome live entertainment and films. Both goals are in the process of being realized.

Robert Balfour, a Plainfield radio engineer and principal founder of Rahway Landmarks, and Alan

Hurley, a Rahway resident, led the effort to get landmark status for the 1400-seat theatre, recently renamed the Union County Arts Center.

The theatre was built in 1928 by Bernard (Bibbey) Engelbom, a Rahway merchant, and his brother-in-law, Major David Otash, a prominent New York architect/engineer.

Among its physical assets is a Wurlitzer pipe organ which was restored in the 1960s by Robert Balfour and others. The organ ranks as one of the best of its type, this being due in large part to the theatre's unique acoustics.

With a combination of cash donations, loans, and income from benefit events, Rahway Landmarks purchased the theatre from the Morristown-based Wood Group in September, 1984.

Interior restoration of the lobby area commenced in January, 1985.

A souvenir book titled "ENCORE For a Worthy Performer," published by Rahway Landmarks in 1984, details the history of the Rahway Theatre. Copies are available at \$3.95 each in the theatre lobby at 1601 Irving Street.

Resource recovery subject of community meeting

by Pat DiMaggio
Resource Recovery in Rahway was the topic of a special community political meeting called by First Ward Councilman Jerry Coleman held on Friday, July 18 at City Hall.

A vocal opponent of the planned Resource Recovery facility to be built in Rahway, Coleman told residents that even though the First Ward voted against the plant in a non-binding referendum, the state, county and city are all committed to the Rahway site. "We must salvage for the community as much as possible," said Coleman.

The timetable for construction begins with selection of a vendor in August, Coleman said it is conceivable that a contract could be awarded before the end of the year. Proposals have been received from vendors from Alabama, and

from Livingston, Paramus and Somerville, New Jersey.

Coleman called for a community watch dog committee to oversee the construction and operation of the facility. "I'd like to see three members from each ward make up an 18-member committee to meet once a month," said Coleman. He also called for minority hiring during the construction phase of the plant.

Union County created, by resolution, an authority to regulate operation of the facility. Mayor Daniel L. Martin nominated Business Administrator Joseph Hartnett and Fourth Ward Councilman Harvey Williams to sit on that board.

Coleman also said that Union County was committed to naming Hartnett chairman of the authority. Freeholders nominated

Rahway Councilman James Fulcomer as their delegate and Coleman said this would give Rahway "the greatest possible input" on the nine-member authority. Councilman Coleman made available to residents attending the meeting petitions calling for reassessment of the proposed traffic circulation plan. He said the present plan would create "an unbearable and an unequal distribution of garbage trucks to travel on East Grand Street."

The petition called for a plan to reroute at least two-thirds of the approximately 347 round-trips for garbage trucks scheduled for travel on East Grand.

Coleman suggested an alternate route down St. Georges Avenue to Hazelwood Avenue to the route 1 site of the proposed facility.



Union County Arts Center

Religious News

FIRST PRESBYTERIAN CHURCH OF RAILWAY
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

UNION OF NAVAL BAPTIST CHURCH OF CLARK
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

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EBENEZER AFRICAN METHODIST EPISCOPAL CHURCH OF RAILWAY
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

HOPEY COMFORT EPISCOPAL CHURCH OF RAILWAY
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

FIRST UNITED METHODIST CHURCH OF RAILWAY
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

SECOND BAPTIST CHURCH OF RAILWAY
The church will hold its 100th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1886 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

EBENEZER CHURCH TO CELEBRATE 160th ANNIVERSARY
The church will hold its 160th anniversary celebration on Sunday, August 3, at 10 a.m. in the sanctuary. The church was founded in 1826 and has a long and distinguished history. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

Picnic in the park planned for parents of American Israelis
The Parents of American Israelis (PAI) will hold a picnic in the park on Sunday, August 3, at 10 a.m. The picnic will be held at the local park and will include a special service, a luncheon, and a concert. Tickets are available at the church office.

Did you know?
The friends of some palms are over 10 feet long. Shred an aspid, a leaf that length would equal the height of a skyscraper building.

OBITUARIES

Gale H. Felver, 72, U.S. Navy Killed in Vietnam July 29, 1966
Gale H. Felver, 72, of 1101 N. 1st St., Newark, N.J., died July 29, 1966, in Vietnam. He was a member of the U.S. Navy and served in Vietnam. He is survived by his wife, Mrs. Felver, and two children. Burial will be held at the local cemetery.

Sadly missed by Mom and Dad & brother, Jack
The family of the late [Name] is sadly missed by their mother, father, and brother, Jack. The family is mourning the loss of a dear friend and a devoted family member.

Charles H. Bean, was Army veteran
Charles H. Bean, 64, died July 20 at Rahway Hospital after a long illness. He was a member of the U.S. Army and served in World War II. He is survived by his wife, Mrs. Bean, and two children.

John C. Evans, World War II veteran
John C. Evans, 64, died July 20 at the Interfaith Medical Center, Brookline, after a long illness. He was a member of the U.S. Army and served in World War II. He is survived by his wife, Mrs. Evans, and two children.

Juanita Foster, 55; was medical secretary
Mrs. Juanita L. Foster, 55, died July 17 at Alexian Brothers Hospital, Eliza, after a long illness. She was a medical secretary and worked for the Eliza Hospital. She is survived by her husband, Mr. Foster, and two children.

Rose Brown, past PTA president
Mrs. Rose C. Parker Brown, died July 10 at Montclair Regional Medical Center, Montclair, after a long illness. She was a past president of the PTA and worked for the local school. She is survived by her husband, Mr. Brown, and two children.

WSOU to air installation of Archbishop McCarrick
WSOU-TV (Channel 35) will air the installation ceremony of Archbishop Theodore McCarrick on Friday, July 25, beginning 7:30 p.m. The ceremony will be held at the local cathedral and will be broadcast live on television.

Arthritis self-help course leaders needed
The New Jersey Chapter of the Arthritis Foundation is seeking people with arthritis to become self-help course leaders. The course will be held at the local community center and will provide information on living with arthritis. Interested individuals should contact the chapter office.

Flashback ... Reunited Bech and Roberts
A flashback to the past is shown in a photo of the late [Name] and [Name] taken during a reunion. The photo shows the two individuals standing together and smiling. The reunion was held at the local community center and was a joyous occasion for all involved.

George Bellinger, 77; was Merck messenger

George W. Bellinger, 77, died July 17 at Memorial General Hospital, Union, after a long illness. He was a messenger for Merck and worked for the company for many years. He is survived by his wife, Mrs. Bellinger, and two children.

Herman Meissner, ex-Clark fire chief
Herman H. Meissner, 61, died July 20 at Rahway Hospital after a long illness. He was a former fire chief for the City of Clark and worked for the city for many years. He is survived by his wife, Mrs. Meissner, and two children.

Zuzana Sabol, 26 years in Clark
Mrs. Zuzana Zayzola Sabol, 26, died July 19 at St. Elizabeth's Hospital, Berkeley, after a long illness. She was a resident of Clark and worked for the local school. She is survived by her husband, Mr. Sabol, and two children.

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Celebration to honor Saints Joachim, Ann
St. Mark's Church, Hamilton, N.J., will hold a celebration to honor Saints Joachim and Ann on Saturday, July 26, at 10 a.m. The celebration will include a special service, a luncheon, and a concert. Tickets are available at the church office.

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PROFESSIONAL SERVICES

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1030 St. Georges Ave., Avenel, N.J. 07001

FOOT PAIN?
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676 Amboy Avenue, Woodbridge
636-3737

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Cancer Society allocates over \$1 million for research in New Jersey
The American Cancer Society reports that during its 1985-86 fiscal calendar, it allocated over \$78.2 million to support more than 785 research projects and past (fiscal) fellowships nationwide.

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St. Elizabeth Hospital expands chemical dependency program

St. Elizabeth Hospital opened its newly expanded chemical dependency treatment program July 7 within the hospital's William Street Campus to meet the growing needs of the Union County community.

The program, the Seton Center for Chemical Dependency, represents an expansion of services already being provided at St. Elizabeth Hospital. A twenty-bed medical surgical unit will provide treatment for individuals with alcohol and/or drug dependency.

Sister Elizabeth Ann Minkley, Executive Director of St. Elizabeth Hospital, welcomes the hospital's expansion of services to the area. "When the Sisters of Charity of St. Elizabeth's opened this hospital in 1905, it was in response to the growing needs of our community."



Norman D. Buffalo CPO names Buffalo to new post

CPO of Rahway has announced the appointment of Norman Daryl Buffalo to a management position in the Sales and Customer Service Dept.

Tables available for 4-C flea market
The Community Coordinated Child Care of Union County will hold a flea market on Saturday, August 23 at the Rahway Day Care Center, 1071 New Brunswick Ave., Rahway, from 9 a.m. to 5 p.m.

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QUALITY DECORATORS
Slipcovers \$169
Reupholstery \$485

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Summer library activities slated through August 8

The Rahway Public Library's Summer Reading Club activities will continue until August 8.

Events scheduled for the week of July 28 include a game day on Monday, July 28 from 10 a.m. to noon and Book Bingo for children, July 29 from 10 a.m. to 12:30 p.m. Paperback books will be awarded as prizes.

On Wednesday, July 30, a sidewalk drawing project will be held from 10:30 to 11:30 a.m.

A balloon launch will be held on Friday, August 3, at 10:30 a.m.

Programs for pre-schoolers include a Bear Mask Craft on Tuesdays, July 29 from 10:30 to 11 a.m. and on Thursdays, July 31, at 10:30 a.m.

Read To Me Storytime from 10:30 to 11 a.m. Children are asked to bring a leafy bear or other stuffed animal to this program.

Accessibility for the handicapped may be arranged for the above programs by phoning 381-4110, at least two days before scheduled program.

Summer activities for young adults will feature a program on sign language on Monday, July 28 from 10:30 a.m. to noon and Book Bingo for adults on Tuesday, July 29 from 10:30 a.m. to 12:30 p.m. Paperback books will be awarded as prizes.

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NATIONAL SALUTE TO NURSES. ... The Nursing Administration Department of Atlantic Brothers Hospital recently sponsored an essay contest entitled "Why I Became a Nurse, and Why Nursing Matters Most" in honor of National Nurses Day. Pictured, Helen Galano, H.N., president of the nursing profession, (second from left) and the contest's grand prize winners: (l-r) Gladys Tobin, R.N., (third from left) and MaryAnn Giamar, H.N., (first from left).

Mental Health service guide available

The Clinton County Mental Health Association has recently completed publication of the 1996-1997 "Guide to Mental Health Services in Union County," and is ready to distribute it to individuals or groups.

The guide lists inpatient psychiatric emergency services, 24-hour hotlines, counseling centers available in the county, referrals to drug abuse and alcoholism services and psychiatric outreach programs. It also lists various mental health services, including psychiatric day programs and self-help groups. The pamphlet also lists sources of help in the areas of child welfare, community education, support and various other programs.

If you would like to obtain copies of the guide, please call the Mental Health Association at 272-0301. Single copies of the guide are available without charge, however, the Association is requesting a \$1 donation in order to cover handling costs for multiple copies.

Time to plant fall vegetables

The heat of summer will soon cause spring plantings of peas, lettuce, and other early vegetables to die or to wither. The spaces left by those plants will soon be filled with fall vegetables, according to James Niemalowski, Program Associate in Agriculture, Union County Cooperative Extension Service.

Beets, broccoli, lettuce, snow peas, kale, kohlrabi, radishes, and spinach will all do well if started in the garden shortly. They have to grow in the cool temperatures of fall. Try to use varieties which mature early to compensate for the shorter days of late summer.

Never use a pool with the cover partly in place. Children could become entrapped under the cover.

With above-ground pools, remove the steps leading to the pool whenever the pool is not in use.

Do not leave children in or around a pool, even if a pool alarm is in use. A portable phone near the pool area should be considered during the outdoor pool season.

Finally, learn how to perform cardiopulmonary resuscitation (CPR) in the event of a pool emergency. Never assume the victim is dead.

We must all be alert to the dangers associated with pools and spas, and be sure we are prepared to handle an emergency should a drowning accident occur.

Commissioner Dawson adds, "Never leave a child un-



PERSONALIZED HEALTH CARE. ... Louis Muscareo of Resonance Park is one of the many patients who have received the personalized health care offered by the Concentrated Care Unit at Memorial Hospital, Union Shewen with Muscareo, (left), Debbie DiLorenzo, RN, of Union, and Laura Lancelotti, unit head nurse, and Brenda Hill, RN, both of Union.

Chief Polhamus: Choose a child safety seat carefully!

Theodore E. Polhamus, Director of Police, City of Rahway, has released the following information: Automobile accidents are the leading cause of death for children, however, child safety seats are estimated to be up to 90 percent effective in preventing fatalities and injuries if used correctly.

The New Jersey State Safety Council suggests to consider the following when choosing a child safety seat:

- Look for a seat that meets Federal Motor Vehicle Safety Standard 213, which indicates that the seat has been crash tested. Seats manufactured after January 1, 1985 must meet this standard.
- The best car seat is one in which your child will be most comfortable. Children travel better behaved in a comfortable seat.
- Child safety seats are available at a wide range of prices. Shop around to get the best buy. If you can afford a car seat, there may be a rental program in your community.
- After you have obtained a safety seat, make sure to use it according to the manufacturer's instructions. The seat should be properly anchored so it will remain in place in an accident or sudden stop.
- The New Jersey State Safety Council reminds parents that different child safety seats are appropriate for different ages. Be aware of the following recommendations: your child is in one of the following age categories: BIRTH TO 12 MONTHS - Starting with the first ride home from the hospital, infants need protection that an adult's arms cannot give. Infant carriers are available which allow the baby to ride backwards in a semi-reclined position. This position allows the baby's strong back to absorb the forces of a crash or a sudden stop. A harness built into the carrier holds the child while the car's safety belt secures the carrier.
- 12 MONTHS TO 4 YEARS OLD OR 40 POUNDS - When your child is able to sit up without support, it is ready for a toddler seat. The seat faces forward and is anchored by the vehicle's seat belt. It will have a safety harness with two shoulder straps, a hip belt and a crotch strap. This five-point harness system will spread crash forces over the child's shoulders and hips. Some models have partial shields as well.
- Booster seats are also available, preferably for children ages 4 to 6 who are outgrowing their car seats. The purpose of a booster seat is to raise the child high enough so that the lap belt fits snugly across the hips and not across the stomach. If you use a booster seat, it's very important that you use both a harness system if provided with seat and your car's lap belt.

Ticket sales brisk at Arts Center for "New Thundering Herd"

Tickets for the upcoming engagement of Woody Herman and the "New Thundering Herd" at the Union County Arts Center on Irving Street are enjoying brisk sales following only a minimal initial publicity effort.

The famed band leader and his group have been booked for a one-night stand, Saturday, August 16, 8:30 to 10:30 p.m.

Reserved seats for the event may be ordered by phone by calling 499-0441, Monday through Friday, 8:30 a.m. to 4:30 p.m. There are only two ticket prices: \$10.50 for orchestra and center logs, and \$8.50 for side logs and balcony.

Beginning July 31, the Arts Center box office will be open Thursday evenings, 6:30 to 8, and Saturdays, 1 to 4 p.m. The Arts Center (former Railway Theatre) is located at the junction of Central Avenue, Main and Irving Streets in downtown Rahway.

The "Herman Herd" was one of the best known of the big bands of the World War II era. It had struck popular in 1939 with a record titled "Waxaholop's Ball," of which 5 million copies would eventually be sold.

The Herman sound survived the demise of the big bands after the war, and the great man himself, "The Old Woodchopper" as he is known, returned to the Arts Center to perform.

A special donation option is being offered in connection with the Woody Herman show by Rahway Landmarks, the nonprofit corporation operating the Arts Center. For \$1,000, the contributor gets an "1176" (September 25 through 27 and 28, Home 499-0441, or 499-8226, for further information).



Woody Herman

Other shows coming soon to the Arts Center stage are Kurt Weill's "Down in the Valley" (September 19 and 20) and the Broadway hit "1776" (September 25 through 27 and 28, Home 499-0441, or 499-8226, for further information).

Check, volunteers will receive a kit with five safety checklists. More checklists can be ordered in increments of five.

To help publicize the Home Safety Drive in your community, the safety kit also includes model press releases and public service announcements. Your group may also want to launch the Home Safety Drive with a new 15-minute videotape program entitled, "Falls and Fires Safety in the Home," which gives you all the facts on how to prevent falls and fires, the two most dangerous safety hazards in the home to older people today.

The "Falls and Fires" videotape kit can be borrowed by contacting AARP, Program Schooling Office, 1909 K Street, NW, Washington, DC 20049.

You can order your free Home Safety Kit by writing: Home Safety Check Kit (D 12-403), Fall 1995, AARP, 1909 K Street, NW, Washington, DC 20049.

The stock number for additional checklists is D 12-415.

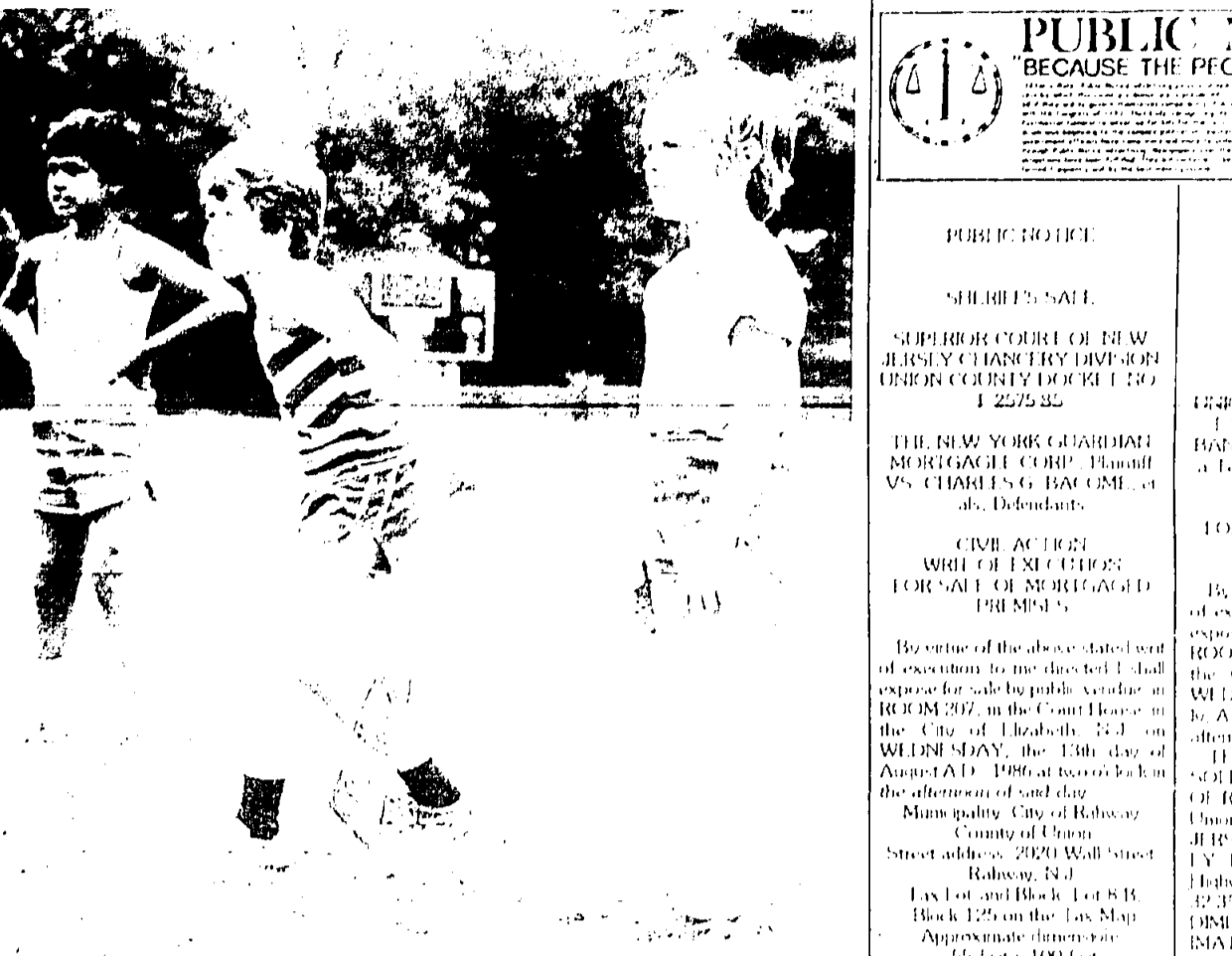
Senior citizen home safety tips and kit offered

Does your home have loose carpets, overloaded electrical outlets, shaky handrails, a clogged chimney, or other potentially dangerous home-related hazards? asks Ellen Bloom, Director of the Union County Division of Consumer Affairs.

According to the U.S. Consumer Product Safety Commission (CPSC) and the American Association of Retired Persons (AARP), too many older Americans probably answer "yes" to these questions, but only after they have been involved in accidents, or are around their home. And the situation could get worse because of the accelerated growth in this country's population of citizens aged 65 and older.

In 1986, a record 12 percent of America's population will be 65 or older. According to CPSC, more than 600,000 persons over 65 are treated each year in hospital emergency rooms for injuries associated with products in the home. The annual cost of all medically attended injuries from accidents to persons 65 and older is estimated at approximately \$3 billion.

Give the same good care to your fall plants as you do to your spring ones. You are taking in vegetables with your leaves.



ATHLETES OF THE FUTURE. ... Three Rahway youngsters are seen competing in the softball pitch for accuracy over the recent playground olympics of the Rahway Recreation Dept. summer season.



FINISH LINE. ... Debbie Coko and Tanya Hill are seen racing across the finish line in the olympics 100 yard dash, a Rec Dept. playground event.



OLYMPIC PROGRAM. ... Billy Young competes in the softball pitch for accuracy event at the Rahway Recreation Dept. playground olympics held recently.

Mr. Banjo and his BANJOSINGALONG

Performing will be "Mindy J. and the Capone Rangers" and "Steel Angel." Mindy J. and the Capone Rangers led by fiddling, harmonica playing vocalist Mindy Joseph, are a popular progressive country band who have played in the New York area since 1980. They have toured nationally with Grande Ole Opry stars Minnie Pearl and Boazorg Willie.

For up to the minute information call the Parks 24-hour hotline at 352-8410.

The ideal of calm exists in a sitting cat. Jules Renard

MONMOUTH COUNTY FAIR FLAIR. ... "Old-Time Favorites" is the password when Mr. Banjo (pictured) and His String-A-Long stroll through the Monmouth County Fair on Thursday and Friday, July 24 and 25, beginning at 11 a.m. with a repertoire of popular selections including "Take Me Out To The Ball Game," "On Swanee" and "Paparazzi." Banjo Quartets, magicians, puppet shows, singers and dancers will perform on two stages. The Monmouth County Fair will run Thursday, July 24 through Saturday, July 26, 11 a.m. to 11 p.m.; and Sunday, July 27, 11 a.m. to 6 p.m. For further information, please contact the Monmouth County Park System at (201) 642-4000.

PUBLIC NOTICES

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Blood types may reveal personality

According to the London publication, International Management, Japanese executives with specific blood types to perform certain jobs.

These personality traits can be linked to four blood types: Type O (team players), Type A (detail oriented), Type B (creative), and Type AB (strategic thinkers). Type B's highly creative and Type AB's strategic thinkers.

Employment and advertising agencies in some Japanese cities are recruiting executives with specific blood types to perform certain jobs.

"Only those with Type A or B should apply."

Learning your blood type may not guarantee a job opportunity in the United States, but it is important to know your own blood type.

"Some people are not aware that they have a rare blood type that is considered a high class type that is in short supply," said Dr. Henry Kurian, director of New Jersey Blood Services, in New Brunswick.

"Our first time donors are usually quite pleased to learn that a card indicating their blood type is mailed to them shortly after donating," continued Dr. Kurian.

"We've had some donors learn that their blood type is rare," she said. "When this happens, the donor may decide to donate more frequently so that blood will be available in case of an emergency."

Donated blood is routinely tested, typed and separated into components. Each one part donation may, after being separated into components, go on to meet as many as five different patients in local hospitals. Carcinoma, leukemia, hepatitis, AIDS, anemia, burns and hemophilia, therapies for cancer, all require the use of blood and blood products.

Anyone between the ages of 17 and 66, according to at least 100 points and in good health, can donate blood. However, if you are on any medication, you must first get the written consent of your physician.

For further information, please call New Jersey Blood Services at 838-9111 or your local Red Cross.

Dugno awarded to Eugene Norostas

Eugene Norostas of Clark has been awarded a baculiferous degree from the Stevens Institute of Technology recently at the 15th commencement.

Mr. Banjo and his BANJOSINGALONG



MUSICAL MIGHT... Pictured, left to right, are (standing) Tony DePasquale, Dona DePasquale, Barbara Jennifer and Joseph King. Seated are Michelle, Danillo and Nicole Difino, and Maria and Monica Quinn. They are among the performers scheduled to appear tonight at the Rahway Summer Band School concert at the Rahway Intermediate School at 7 p.m.

Summer band school to hold free concert tonight

Over the years, Rahway Summer Band School has become a family affair. All of the DePasquale children - Ron (on saxophone), Gary (trumpet), Tony (trumpet), and Dona (flute), have participated every summer in the band. So have the Kings - Barbara (on clarinet), Jennifer (flute), and Joseph (trumpet). Other families whose members have joined the Rahway Summer Band are the Difinos - Michelle (on flute), Danille (clarinet), and Nicole (flute); the Quinns - Maria (French horn), and Monica (trumpet). Area residents are invited to enjoy an evening of musical entertainment from these families and more tonight, July 24 at the Rahway Intermediate School beginning 7 p.m.

The Rahway Summer Band School is sponsored by the Rahway Recreation Department under the direction of Richard Grivichke. Students in grades three to twelve have been preparing for this evening's program since the last week of June. This year the cost was only \$30 per person - which was made possible by donations from the following P.T.A.'s of Madison, Cleveland, Franklin and Roosevelt elementary schools; the Intermediate School P.T.O.; Merck & Co., Inc.; Rahway Elks No. 1075; Rahway Woman's Club; Corey & Corey Funeral Home; Evans Golden "K"; Rahway Community Mother's Club; Rahway Firemen No. 33; Rahway Italian American Club Auxiliary; Rahway Policemen No. 31; Rahway Savings Institution; Realty World-Arch Agency; Reptina Co.; Dorn & Kirschner Band Instruments; Rahway Junior Service League; and the Knights of Columbus No. 1146.

The concert will feature a variety of musical selections performed by students at all levels of study. Admission is free.

The employees were taught the one-person rescue and obstructed airway technique on a conscious victim, which was actually a mannequin that is used for CPR courses.

The course, held during working hours, certified the



CPR INSTRUCTION... (L-R) James Clark, Chief Electrician for U.C. and CPR instructor, demonstrates the technique of Donna Hayden, Manager of Warrenton Skating Center and Rahway and Wheelbar Pools for Dept. of Parks and Recreation of U.C., as Bruce Swadlow, Asst. Mgr., looks on.

County employees learn life-saving techniques

The first Cardiopulmonary Resuscitation (CPR) course was held recently for almost 40 Union County employees, according to James Clark, Chief Electrician for the county, and the course instructor. Two classes were held, one at the Administration Building in Elizabeth and one at the county complex in Westfield, consisting of two three-hour sessions. Books were purchased by the county to aid the training, and more classes are scheduled for October to accommodate other employees, with 36 registered already.

"I am extremely pleased that we now have county employees certified in CPR," said Paul J. O'Keefe, Union County Freeholder Chairman, "but I hope no one ever has to use it."

Approximately 125 people witnessed the combination installation of the officers of The American Legion Clark Post 328 and auxiliary who will lead the post and unit for the 1986-1987 year.

Commander Elect Don McArdle and his staff were installed on Saturday July 12 by Union County Commander Joseph Gettys and his county officers.

Commander McArdle, a member of Post 328 for 8 years, has been an active member since joining the organization. In his two years as membership he has been instrumental in signing fifty new members for Clark Post 328.

Other officers who were installed are as follows: John Specht, Sr. Vice-Commander; Ray Grimes, Adjutant; Michael Totin, Chaplain; William Cox, Finance Officer; Theodora Lambach, Historian; Nelson Metchoulski, Judge Advocate; Mike Mikus, Service Officer; Joseph Adamski, Sgt. at Arms.

Installing the unit officers were President Elean Vashiti Rediet and President Laura Sharpe. Elected to the presidency for Unit 328 was Dorothy Rea. Her officers for the year will be Alexander Rudnicki, First Vice President; Irene Bott Second Vice President; Ann Gindler, Treasurer; Jessie Cox, Secretary; Betsy Santig, Chaplain and Ann Krov, Sgt. at Arms.

Did you know? The proper amounts of water, fresh air and fertilizer are also important for an indoor garden.



TEDDY BEAR CRAFT ACTIVITY... Pre-schoolers who participated in a teddy bear craft as part of the Rahway Public Library series of summer activities were, above left, first row, left to right, Lauren Warchinski, Crystal Coughlin and Jennifer Coughlin. Second row, Mrs. Cindy Coughlin, Mrs. Judy Warchinski and An-



draw Warchinski. At the above right, clockwise from front, Dean Tolstina, Mrs. Theodora Tolstina, Michael Campanelli, Christine Campanelli, Mrs. Jo Ann Campanelli, Angela Campanelli, Mrs. Alexandra Barnes and Patrick Barnes.

Kid's World seeks largest tomato

Kid's World, the educational children's amusement park on the Long Branch boardwalk, is searching for the largest tomato grown by a child this year. Children, from toddlers through age 12, are invited to bring their largest homegrown tomato to Kid's World on Saturday, August 2. The judging will take place at 2 p.m. by the Gift Shop located on Ocean Avenue. Old MacDonald assisted by an area home economist, will serve as judges. A gift certificate of \$25 will be awarded to the first prize winner, second prize winner will receive a gardening tool set and third prize winner will be presented with a terrarium. For more information call Kid's World at 222-9000.

Jon Henry Barr of Clark went through astronaut training activities recently, leading to two simulated missions in space at the U.S. Space Camp at the Space and Rocket Center in Huntsville, Ala.

Barr attends Space Camp



Management Consultant hired for County Arts Center

Landmarks, Inc. reports that as one of several calculated moves aimed at carving a prestigious niche for the old Rahway Theatre under its new mantle as the Union County Arts Center, Donald R. Stralbig has been hired as a Management Consultant.

Stralbig who hails from Ohio, is well known in theatre restoration and arts management circles for his work in revitalizing the Landmark Ohio Theatre in Columbus and in serving as Executive Director of the Ohio Arts Council for several years. He moved to New Jersey in 1981 to become Executive Director of the New Brunswick Cultural Center, a post he held for two years.

During his tenure in New Brunswick, Stralbig founded the New Jersey Presenters Roundtable, which he still chairs. He is a former Treasurer of the League of Historic American Theatres, and a member of the International Association of Auditorium Managers and of the Association of College, University and Community Arts Agencies. He has taught Theatre Arts at

the college level and served as Assistant Commanding Entertainment Director for the U.S. Armed Forces in Europe.

Mr. Stralbig's areas of responsibility in his new association with the Union County Arts Center include renovation, programming, staffing, budgeting and promotion.

Among other recent moves made by Rahway Landmarks, the art center's nonprofit ownership, and the hiring of Charles Reitz Associates of Westfield to manage a capital fund drive currently underway, and the addition of a full time salaried secretary to the predominantly voluntary staff. The latter post is held by Joanne King, formerly Box Office Manager and Administrative Assistant for the Theatre at Somerset (Somerset College).

On Saturday, August 16, the Arts Center will host a concert by noted bandleader Woody Herman and the new "Thundering Herd." The Arts Center is located at the junction of Irving, Main and Hamilton Streets and Central Avenue in Rahway.

Antenucci named to Dean's List

Karen Antenucci, daughter of Mr. and Mrs. Joseph Antenucci of Clark, has been named to the Dean's List at Rosemont College, Pa., for the spring 1986 semester.

Hospital plans program on eyes

Alexian - Brothers Hospital, located at 655 East Jersey Street in Elizabeth, will present a community education program on Eye Injuries and Their Prevention. The program will be held on Monday, July 28, 1986, at 2:30 p.m. in Grassman Hall.

The lecture, offered free of charge, will be given by Christine Zolli, M.D., F.A.C.S., of New Jersey Eye Physicians and Surgeons.

For further information, please contact the Continuing Education Department of Alexian - Brothers Hospital at 351-9000, ext. 247.



LOOKING CHIPPER... Chipper is a one-year-old mixed breed who has no hope unless a special loving home is found. Chipper lacks self-confidence which is a problem. He needs someone who understands dogs and has a little patience. If you can give Chipper a home and future, please call 486-0230, or 232-9298. Pet owners are also urged to phone for Friends of Animals low-cost spaying and neutering information.

Legion installs officers

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Seat of Recognition

CAN BE SEEN IN THEATRE WINDOW

We call it a "Seat of Recognition." Other arts centers have different names for it, but the objective is the same: GIVE CONTRIBUTORS THE OPPORTUNITY TO PROVIDE FINANCIAL AID TO THE PROJECT WHILE, AT THE SAME TIME, PERPETUATING THE MEMORY OF A LOVED ONE VIA AN INSCRIBED PLAQUE ON THE BACK OF AN AUDITORIUM CHAIR.

Ours is a bargain compared with some others. For example, an arts center in San Diego requires a \$5000 donation, spread over five years, for a single commemorative seatback plaque. (For the same size donation, we offer a distinctive individual wall plaque in the lobby.) Our required minimum donation for a Seat of Recognition: only \$1000 - total.

It should be made clear that the Seat of Recognition is merely a perpetual memorial, and does NOT grant the contributor a permanently reserved seat for attendance at future shows. The honoree may be a person living or deceased, an organization, a pet, a memorable event... There are no specific stipulations. However, the wording will be negotiable, the number of words being limited mainly by the approximately 4 x 6 inch in designated areas.

As a bonus, the contributor is granted a 3-year complimentary membership in Rahway Landmarks (the nonprofit organization operating the arts center), and the honoree's name will be listed in all future printed counts on souvenir items and on tickets to certain events.

Act Now: this offer will be limited to the first 200 seats only. Send in your check now to Union County Arts Center Seat of Recognition P.O. Box 1061 - Rahway N.J. 07065

Please Print-or-Type Name Must Be Legible.

Name _____

Address _____ Phone _____

\$1,000. Enclosed

Remember: Your contribution is a tax deduction.