\$13.2 million

city budget adopted

and \$36 for the county.

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RAHWAY, NEW JERSEY, THURSDAY, JULY 31, 1986



DEMOCRATS CITE WOLF AND CHANGE OFFICERS . . . William Wolf, (conter) retirng City Chairman, was cited for almost 50 years of service and leadership in the Domocratic Party. He was presented with a plaque by Mayor Daniel L. Martin, (left), at a recent meeting. Alex Shipley, (right), President of the Rahway Democratic Club, was elected City Chairman and resigned the presidency. Vice President William J. million budget at a special | Municipal Purposes Tax | McBride, who served as Union County Emergency Management Coordinator for 18 | meeting held on July 24. | and --- just last week -- was | by taxes increased 8.5 per | on a vote of 5 in favor with | the line on taxes or to have | Municipal Council has no years and club president for 3 years during the 60's, succeeded Shipley as president.

New personnel appointed for 1986-1987 school year

nations at the regular board | Robert Proctor as a science | salary of \$21,173; Mr. Angram. meeting held on July 21 at | teacher at the Intermediate | drew Hartnett as a special | the Intermediate School. | School at the annual salary | education teacher at the The following staff of \$22,123; Mr. Rocco Col- high school at the annual for the 1986-87 school year: | teacher at the high school at | Virginia Hasse as crisis in-Ms. Victoria Robertson as a | the annual salary of tervention teacher at the order to Allied Equipment reading teacher at the In- \$21,073; Ms. Beth Fleisher high school at the annual Co., Trenton, for a credit of termediate School at the an- as a special education salary of \$23,498; Ms. \$764.30 for auditorium nual salary of \$20,573; Ms. | teacher at the high school at | Phyllis | Inemer | as | a | seating at the high school. Michelle Sovisky as a the annual salary of mathematics teacher at the business education teacher \$21,423; Ms. Carol Papp as high school at the annual No. 1 to Jeffrey and

hours per day, \$5.07 per vices rendered on the repair eeed \$2,424 plus a maximum of \$300 travel expense, fully state funded.

| S15,501.60 for professional engineering services on the Roosevelt School heating out, the City tax office will | Hartnett noted that many municipalities throughout New Jersey are

Resignations were acdicapped, and Miss Yvonne | completed on the high | Maynor, Intermediate school.

teacher, was granted a half-year leave of absense for Kostick was transferred tracting Co., Bloomfield, in receiving a late bill from the from special education aide to Madison School teacher/cafeteria aide. Marticles Scale Police Police Conserved School heating tracting Co., Bioomneia, in the amount of \$3,150 for work completed on the Roosevelt School heating deadline of September 8th," sha Scala, Robin Roberts, renovation. Herbert Way and Donald substitute teacher list.

The following coaches \$55,529 for electrical work The administrator also were reappointed: Head completed on the high announced that on Thurs-Boys Soccer, Mario school. Country, James Ladley,

In other business the school, board: Approved the

| Virginia Johnson as a nual salary of \$22,123; Ms. | development of a series of out that except for four and county taxes increased The Rahway Board of business education teacher Diane Dolce as a special workshops to improve partitions in the budget, garbage by nine points giving now. If we sit together we attempt to cut the budget," 10, but with the delays in Education appointed per at the high school at the an education teacher at the ticipant achievements in the sonnel and accepted resign nual salary of \$21,423; Mr. high school at the annual Adult Basic Education Pro-

-- Approved a change

By Pat DiMaggio

termediate School, 5½ fessional engineering ser. Rahway tax bills will be municipalities due to the hour; Mr. Thomas Lewis as of acid lines at the high mailed to residents later fighting in Trenton over Cooperative Distributive Education Program, for six No. 1 to Jeffrey and Kallaur be established to give all had some complainers also, weeks at a salary not to ex- in the amount of taxpayers ample time to pay but that's really been at a

cepted from Mrs. Judith No. 5 to NOD Mechanical accommodate the many year. "Municipalities have Voza, reading specialist, Contractors, Inc., Pisca- taxpayers who have re- been put in the position of Mrs. Annetta Grumet, high taway, in the amount of quested to pay their bills not knowing what their school teacher of the han \$21,240 for plumbing work after normal work hours. State aid would be for 1986

order for John Schwarz, viding a grace period to concluded. Inc., Clark, in the amount | September 8," Hartnett Miss Barbara Twedak, of \$6,333 for additional stated. He pointed-out the high school mathematics electrical work on the high City will begin mailing the tax bills on August 4. "No - Approved payment taxpayer will be penalized

Hartnett said, "We're trying -- Approved payment to be as fair as possible to all Freeland were added to the No. 6 to John Schwarz, of our taxpayers," he add-Inc., in the amount of ed.

day, August 21; Monday, Kawezynski; Assistant Boys
Soccer (JV), Joseph Cag
No. 6 to NOD Mechanical
No. 6 to NOD Mechanical
August 25: and Tuesday,
Cording to the Merck giano; Girls Tennis, Contractors, Inc., in the City Hall will remain open | Sharpe & Dohme Research scene was a previous Rahway Rec. Dept. fishing derby, Howard Walker; Cross amount of \$79,200 for until 7 p.m. for the convellaboratories (MSDRL), the heating and ventilating nience of citizens wishing to work completed on the high | pay their bills in person.

"We do have a large Approved payment number of residents who

Approved payment "amazed at the cooperative

1 ed with delays pending the 1 a decrease over 1985. These 1, would be \$184 -- \$80 for | County as far as municipal 1 the 20 point increase in the cil finally approved its \$13.2 | decision on funding the | \$489,000 for 1986.

\$137,000 cut from police, fire funds

The council had been face forced to cut \$137,000 from cent due to decreased Councilmen James Full compassion on the tax control over 29 out of 46 the police and fire depart | revenues and amounts to | comer, John Marsh and | payer, I've been on this | points," said Addona, "No ment clothing allowance \$7,780,272. The tax rate for George Wagonhoffer op council for 27 years and I've cut the council could make and overtime accounts to city government went from make up for the lost \$1.98 per \$100 of assessed The \$13,286,027 budget | \$100 of assessed value in

over 1985's total of Voters approved a 20 Business Administrator voted for the Board of

surance, this year's budget home assessed at \$40,000

collection, sewage treat- residents of Rahway a total can cut down the budget said Sheld. ment, pensions and in increase of 46 points. For a appropriately." would actually have shown the 1986 total tax increase of the highest in Union budget called attention to

Taxpayers given

at the high school at the an- a special education teacher salary of \$21,423; Mrs. Kallaur, Consulting Endoseph Hartnett, announce been reading the papers and nual salary of \$19,973; Ms. at the high school at the an-nual salary of \$19,973; Ms. at the high school at the an-nual salary of \$19,973; Ms. at the high school at the an-education aide at the Inthan usual, but a new State aid to municipalities," ceed \$2,424 plus a max. \$15,501.60 for professional their taxes without fear of minimum," he said.

- Approved payment provide late office hours to late with their tax bills this "The usual deadline for and thus not being able to

posed. Councilman Harvey | never seen such apathy as | tonight would affect the tax Williams was absent. exists in this administration. "This budget gives us the | We should be cutting every highest tax increase in a department. This budget is shows an increase of 1986 or a total of 17 points number of years," said filled with fat and should be Councilman Fulcomer, "1 reduced." feel very strongly that if we | Councilman Max Sheld | owner has to pay his tax bill point tax hike when they | do not cut down the budget | called | Marsh's | comments | without accruing interest. this year we can look for a on the budget a 'political | Tax bills should have been Joseph Hartnett pointed Education budget in April | bigger increase next year. | diatribe'. "It is political | sent out in the middle of The time to bite the bullet is grandstanding and not an June, payable by August

"Rahway's taxes are one | dona in voting for the | pected to be mailed until

The Rahway City Coun- outcome of the Governor's four items totalled a raise of the schools, \$68 for the city taxes go," said Councilman school's portion of taxes The amount to be raised | The budget was adopted | done nothing to try to hold | for | the | county. "This

Councilman Vincent Ad | 8800 tax bill are not ex-



payment of taxes is August | adopt their budgets and get | FIRST GENETICALLY ENGINEERED VACCINE . . . A Merck scientist draws a sample School Mathematics tea - Approved a change 1, but this year we are pro- their tax bills ready," he from a small fermentation unit used in the development of the Recombivax HB', the first genetically engineered vaccine for human use in the U.S.

Merck's hepatitis vaccine gets FDA approval

nology to be licensed by the United States Food and vaccine's developer.

Recombivax HB is made | "In addition, this achieve by recombinant DNA ment is an outstanding extechnology with the vaccine ample of the benefits that

engineered form of baker's added. "Development of The new vaccine is for yeast. A separate Merck baker's yeast as an alternate the prevention of hepatitis | vaccine, Heptavax B* , | source of the vaccine an B, a serious viral infection | derived from antigen ex | tigen began with a research of the liver that has caused | tracted from human blood | agreement | between | Merck | nearly one million cases of plasma, has been in wide and university-based in chronic liver disease in the use in the United States and vestigators in the area of U.S. and approximately 200 | many other countries since | recombinant technology."

Recombivax HB* be- | said P. Roy Vagelos, M.D., | human plasma, a potential | shown to induce protective came the first vaccine for | chairman and chief ex | ly limited raw material, as a | levels of antibodies against human use developed from | ecutive officer of Merck & | source of the hepatitis B | hepatitis B virus infection in vaccine antigen.

> antigen (the substance that | can flow from collaborative stimulates immunity) pro- efforts between industrial

> > Scientists associated with

more than 90 percent of received the required threedose regimen. Response to the vaccine was dependent on the age of vaccinees; 100 duced by a genetically and academic scientists," he percent of 7.3 children one developed antibodies while seroconversion tantibody production) rates ranged from 95 to 99 percent for

Recombiyax IIB is ex-"Merek has long stood at | According to Robert the Chiron Corporation pected to be made generally available in January by

years of age and older.

453 adults between the ages

cent for 56 vaccinees 40

THAT'S A CATFISH! ... Adam Thomas is soon in photo with his award in hand and a 834" cattish. The

Fishing derby, anyone?

Drive). The derby rain date | to all, while they last. is Thursday, August 7.

a highlight of the summer season.

age 14 years old and under

Boys and girls of Rahway

Department will sponsor a 6:15 p.m. Fishing time is amount of \$2,140 under general construction work noted. fishing derby on Wedness from 6:15 to 7:15 p.m. Reading is Fundamental, to completed on the high day. August 6 at Milton | There will be fishing poles | be conducted at Roosevelt | school. Lake Park (Midwood provided and worms given School and the Intermediate School.

submission and operation of No. 5 to Sempre Construct prefer to pay their bills in an Inexpensive Book | tion Co., Fast Brunswick, in | person and we want to ne-The Rahway Recreation event from 5:30 p.m. to Distribution Program in the the amount of \$193,383 for commodate them." he

Approved a motion to Russo and Maggio, Ar Rahway over this year's tax research and development. Virus and Cell Biology for from Merck, the antigen Merck Sharp & Dohme The Recreation Dept. has accept funding from the chitects and Planners, situation, Scores of citizens This new form of hepatitis scientific foresight of my source material Merck used The Recreation Dept. has accept funding from the chiteets and Planners, situation, scores of curves announced prizes will be State Department of Adult North Brunswick, in the have called or come into Ci B vaccine reaffirms our predecessors in the Merck in its eight-year program to ing Recombivax HB* was nay participate.

Registration will take place the same day of the learning for the land grant is for the land grant g

genetic engineering tech | Co., Inc.

Hartnett said he has been | million cases worldwide.

No. 4 to Eckert, Morton, attitude of people in the forefront of vaccine Gerety, M.D., director of developed, under a contract

MAC machine gets ribbon cutting ceremony

MAC TAKES A BOW . . . Seen in photo at the MAC ob 🧦 the Dational State Bank, Bill Hering, President, Hahway

bon culting deremony on Millon.Ave. are steft to capit). Molunteer: Emergency: Squad, and Travis: Coroy,

Arthur Vizian, V.P. The Hational State Back, Mayor is representative of First Aid Squad Comorrow.

Branch Manager Anne | Baker presented a check to ting money? Not exactly. National Seater new Baker explained the advan Bill Hering, President of the At the ribbon cutting MAC machine is the first tages of using the MAC Rahway Volunteer Emer ceremony commemorating and only drive in MAC machine "The big dif gency Squad, "National the grand opening of the machine in Rahway Mayor; ference is that you don't State is glad to be part of new National State Bank Martin praised National even have to get out of your the community's effort to Money Access Center State's expansion of bank | car to do your banking," | see that these dedicated (MAC), 144 Milton Avenue | mg. facilities, noting that | Baker said, "And because | volunteers | have | the in Rahway, momes were "with people looking for National State is part of the facilities they need to serve donated to the Ruhway more and more services, PLUS system, customers us best," said Ms. Baker. Volunteer Emergency | this will make banking more | can use any machine with a | Mayor Martin called the 64 PLUS symbol in any state." | member squad "without a officiated by Rahway's National State's Rahway At the ceremony, Ms. doubt the outstanding

Daniel Martin, Anne Bakor, Manager, Patiwa, Proceed

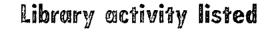
Infant/child alert issued

Do you know of anyone | products in 1974). These | toward the purchase of any | grounds of 'Rahway Hos | who owns an expandable hims are participating in an products, made by the pital. The project, directed tion for the Blind (AFB) has line we hope to provide con- The Haven Program is a circular child enclosure of extensive public notice and following firms: Nu Line In by F.A.S.T. (First Aid established a free telephone sumers and professionals in hospice-like service Persons interested in at prospective members are criss cross wooden slats? | recall program to warn the dustries; Paris Manufactur | Squad Tomorrow), is head | Hotline to answer queries | the field with a faster and available to help ease the tending an open house most welcome. For infor-These enclosures have public of the potential for ing Corporation; and Nor- ed by Jack McGrath, Ex- about products, books, ser more efficient means of get- physical, emotional, meeting should contact the mation and reservations, been involved in 3 deaths, head/neak entrapment. This tates Industries, Inc. ecutive Director of the vices, technology, and re ting comprehensive, up to spiritual and social hard medical center's Haven Pro call Bill at 862-1137 or one incident of severe brain | Strangulation | hazards | Consumers should call Nu | Rahway Housing Authori | quests for general informa | date information about | ships encountered by pa | gram office at 321 7769. | Mary at 342 7388. damage and at least 11 in | presented by the enclosures, | Line Industries, toll free, at | 1y. edents involving minor or and to remove them from [1 800 558 7300, in Wiscon] the possession of con sin call 414.842.2141 col-The Umon County Divi Sumers. lect to arrange for free pick sion of Consumer Affairs up of the enclosures. has received word from the | Children between the | For more information, U.S. Consumers Product | ages of ten and twenty four | consumers may call the | Safety Commission (CPSC) | months can climb upon the | CPSC's toll free hotline at | Charles | Eckert that there are approximate | enclosures, and may slip, | 1800 638 CPSC. A tele | Rahway, majoring in | can be made from any | tion serving the needs of | August 28 at 10 a.m.; I ly 252,000 enclosures and catch their head/necks | typewriter number for the | business/computer informa | where in the contiguous, | blind and visually impaired | p.m. presently in the possession on the vee shaped openings bearing (impaired is fion systems, has been nam confinental United States.) persons in cooperation with Haven volunteers parat the top of the enclosures, 1 800 638 8270. In ed to the denn's list at New York residents should over 700 agencies, schools | ticipate in a special eight-"Consumers who own or attempt to crawl through Maryland only, call Union County College for use (212) 620 2174 to reach and organizations nation week training course which | these cross enclosures [and become entrapped in [800 492 8104. should stop using them in the diamond shaped open. Safety alerts are only one mediately," warn. I llen | mes in the middle of the | aspect of Consumer Affairs. Bloom, Director of Union | enclosures. The angles of | Through the continued sup-County Division of Con | the vee shaped openings are | port of the Union County sufficiently narrow so as to Board of Chosen Freehold A Consent Agreement entrap the head/neck of a liders and the County Mana

between CPSC and the stall | child, resulting in potential | ger, the Division of Conof 6 of the manufacturers of | death by strangulation of m | sumer Affairs, within the these expandable enclosures | other serious injury | Department of Public Sale will establish a recall pro 🚶 "II—you know or see [ty, issues advisories and will] gram for the product anyone using this type of attempt mediation within The manufacturers of the Terra cross enclosure, please The jurisdiction of the New enclosures are Membre warn them of the un Jersey Consumer Fraud 41 you have been unable

Corporation (under the mediate danger," supposts Act name of Nulline In Moon dustriest, WBI fire (former | These products should be | to successfully resolve a by Worldsbest Industries, returned to Nu Line In problem with a retail trasac-Inc.). Pairs. Manufacturing | dustries, which is handling | from write to Union County. Corporation, North States | the recall for all the Consumer Affairs, P.O. Industries, Inc., Mapes In | maintacturers | In return, | Box | 186, | Westfield, | N.J. dustries. Inc., and Creative Looisumers, will receive a 1 07091 including a brief let-Play things in (Circuitive | 840 cash retund or a \$15) for and copies of recepts or Playthings last sold these compon which may be used contracts.

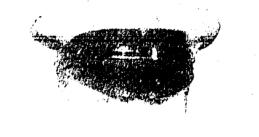




RAHWAY DESCRIPTIONS OF SECTION

fabrary summer reading boys and girls in clubs and activities will con | Kindergarten (brough clude in early August. Grade 6 On Friday, The Young Adult Club | Angust 8, a balloon launch will receive their reading will be field at 10:30 a.m. certificates and have a party | Children should sign up at on Thursday, July 31 at the Children's Desk before August 8 Following the Activities for children in launch, reading certificates Kindergarten through will be awarded and Grade 6 for the week of prefreshments served. August 4 will began with a game day on Monday, Accessibility for the han August 4 during which dicapped may be arranged if chess, checkers or a variety in the Children's Department.

board games may be it contacted, telephone played from 10 a.m. to 12 \ 381 4110, two days before a a.m. to 11.30 a.m., a Bear | refreshments.





Police Superintendent, has appounded that Sergeant Zoltan A. Ur, pictured above, of Rahway has been promoted to the grade of Sergeant First Class and he is assigned to the field Operations Section, Troop-C (Central Jersey) Headquarters, Princeton.

The money donated will

vo toward the construction

of a new emergency facility

o be located on the

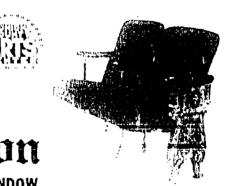
Eckort namod

to doan's list

the spring semester.

The American Founda + "Through the AFB Hot | this situation. Ltion about blindness. | blindness and visual impairs | tients and their families fac-The AFB Hotline, ment," said AFB Executive ing life threatening illness. 800 AFBLIND (232.5463) | Director William F. | The meetings will be held | is in operation from 8:30 | Gailagher. a.m. to 4:30 p.m. Eastern

The American Founda August 25 at 1 p.m.; Standard or Fastern Day light time, Monday through | tion for the Blind is a nat | Wednesday, August 27 at | Friday, Calls to the Hotline | tional nonprofit organiza: | 10 a.m.; and Thursday,



We call it a "Seat of Recognition". Other arts centers have different names for it, but the objective is the same GIVE CONTRIBUTORS THE OPPORTUNITY TO PROVIDE FINANCIAL AID TO THE PRO-JUCT WHILE AT THE SAME TIME PERPETUATING THE MEMORY OF A LOVED ONE VIA AN IN

the Hotline.

thors is a bargain compared with some others. For example, an arts center in San Diess requires a \$5000. we offer a distinctive individual wall plaque in the labby.) Our required infimum donation for a Seat of Recognition only \$1000 — total It should be made clear that the Seat of Recognition is merely a perpetual incinental, and does NOT quant the contributor a permanently reserved seat for attendance at future shows. The homore may be a person living on the cased, an origination, a pet, a menorable event. — There are no specific stipulations. However, the wording will be preputable, the mumber of words being limited mande by the approximately dysponics. form size of the plague Location within the auditorium may be freely chosen from among available sents.

As a bonus, the contributor is granted a Togar construentary membership in Rahway Landmarks (the

Act Now: this offer will be limited to the first 200 seats only. Send ! In your check now to Union County Arts Center Seat of Recognition P.O. Box 1061 - Rahway N.J. 07065 Please Print or Type Name Must Be Legible

\$1,000. Enclosed (

USN vs USSR NAVY - Jack McGrath, conter, a member of the Kiwanis Club of Rahway is pictured with, at the left, P.O. Barry F. Messinger and P.O. Rodney Mayes who are attached to the U.S. Navy Recruiting Station in Elizabeth. At a recent weekly indergarten, through 3rd | age may participate in a | meeting of the club, the navy men showed a slide presentation and commented on the Grades are invited to attend | sidewall, drawing craft on | strengths of the U.S. and Soviet navies, P.O. Mayes pointed out that the Soviets have a story time from 1:30 p.m. 1. Thereby, August 5, from 1 three to every one of our ships. They have 370 submarines to our 135, plus they also to 2:30 p.m. Each child r. 1 10:30 a.m to 11 a.m. Their | baye 280 multi-use destroyers, cruisers and trigates. Their fishing fleet has over asked to bring his or her I final session on Thursday, 14,000 vessels and their fish catch is three times that of the U.S. He noted that the own Teddy Bear or other. August 7 will include the Govints have 46 t 900 in their navy with a conscription tumover of 130,000 each tuffed animal. On Wednes | awarding of certificates, the | year Our navy has 570,000 highly trained volunteers that make our capabilities far day, August 6, from 10.30 | showing of a film strip and | superior. The Kiwanis Club of Bahway meets on Wednesdays at 12:15 at the Colum-

Overflowing mailbox is invitation to burglars!

Postmaster Rufolo:

at the medical center on the

following dates: Monday,

An overflowing mailbox, | mail," Postmaster Rufolo | class publications and 12 at best, a way to damage or | said, "or arrange with us to | months | for | third | and destroy mail and, at worst, have your mail forwarded fourth class items. Except an invitation to burglars, for a specified time, then for fourth class parcels, Postmaster Rufolo warned | held | again | while | you're | there is no charge for for-Rahway, Clark and Colonia | enroute home." Travelers, he said, can ar The postmaster said such "Before you pack up and | range for First Class Mail to | arrangements | can | be | acleave for vacation, contact | follow them for up to 18 | complished by filling out a

us and ask us to hold your 1 months, 60 days for second | Change of Address Order,

Haven program at JFK Center .seeks volunteers

mals or weather conditions or to be a clear signal that John F. Kennedy Medical | needs of both patients and Center in Edison will hold families. Volunteers visit The Catholic Alumni open house meetings for patients and families either persons interested in at home or in the hospital to Club of North Jersey, a volunteering their time to provide relief, whether it be Catholic Singles Club, will help terminally ill patients | helping with errands, | meet at a local restaurant in and their families cope with | transporting patients or just | Paramus, NJ on August 19 offering companionship. for cocktails at 6:30 and

Form 3575, which includes

beginning and ending dates.

The form is available at the

The alternative may be

letting mail overflow from a

receptacle, possibly to be

damaged by vandals, an

post office.

FREE PARKING • FREE DELIVERY



No. 2 Roast Pork with Chinese Vegetables 3.50 No. 3 Boneless Chicken with Chinese Vegetables 3,50 for teen title No. 6 Beef with Pepper and Tomato 3.50

representative to the Nmth | ball, Annual Miss Teen All American Pageant staged at

Spaulding for Children's Stride-A-Thon -awards received-



with children who now AARP Chapter 607 plans summer fun

The Rahway Chapter | tie City. This trip includes a No. 607 AARP plans for food voucher and a show the summer season include | for \$7. There are openings | 4 H Agent, announces the | Terrace in Clark. a trip to Hunter Mountain on August 10. Bobby Vin ton will be featured at the ton will a trip to Hunter Mountain | for additional people. Delaware for lunch and a | 9369,

Hill received support from

The Rinaldos of Plainfield.

Spaulding for Children

Second Lieutenant Kim Stoddard Stoddard commissioned

Second Lieutenant Kim Stoddard, a Clark missioned a second lieute resident and graduate of nant in the U.S. Air Force A.L. Johnson, graduated Nurse Corps. She has

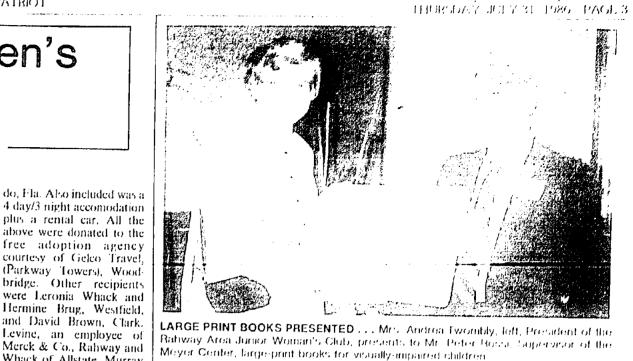
PSE&G's

at 4-H Fair

noon 5 p.m.

Seton Hall University in received a five month in May. She graduated cum ternship and has proceeded laude in a class of 1100. [to her first assignment at] Miss Stoddard was com- San Antonio, Texas.

FAMILY FUN... Pro-school children and their parents enjoy a session of bingo, one lives in, works in, or attends. Leen Ager. Pageant, P.O. of the summer activities held recently at the Rahway Public Library. In this type of school in New Jersey Box 791, Norwich, N.Y. bingo, which is designed for children who do not read yet, colors and shapes are used | Toni Leach, Miss New 13815, or call (607) instead of numbers. The winners received paperback books as prizes.



Junior Woman's Club assists impaired

Mrs. Andrea Twombly, | Supervisor at the Meyer | 1. Krajczar, Executive event was at Giants training Mrs. Teri Herbster and Center. Lextbook. Director, of the Commiscamp and will receive his Mrs. Caroline McGrath of Materials and Technical soon were featured speakers. award at a later date. Also the GFWC Rahway Area Aids Center, prior to May Mrs. I wombly, President of joining the festivities were a Junior Woman's Club 1985. Beaule textbooks the Rahway Area Juniors, spaulding adoptive family, recently attended a were not transcribed by presented a check in the Volunteer Recognition Day | computer. There are now | amount of \$250 to Miss sponsored by the N.J. Dept. 25 transcribers in New Krajezar to be used toward of Human Services. Com | Jersey using computers, | the purchase of a Braille older and disabled Visually Impaired held at thooks than in previous Mrs. Lwombly also youngsters. To date the the Ramada fini in Fair vears. agency has found loving held. presented to Mr. Rossi A luncheon and awards | large point storybooks for The women attended a presentation followed the visually impaired children High Technology Equip | demonstration, Mr. Nathan | which had been prepared by ment Demonstration. Ac Ropolf, Chairman, Board of Incibers of the Rahway cording to Mr. Pete Rossi. | Trustees, and Miss Norma | club

> 4-H Stainglass -club seeks members-

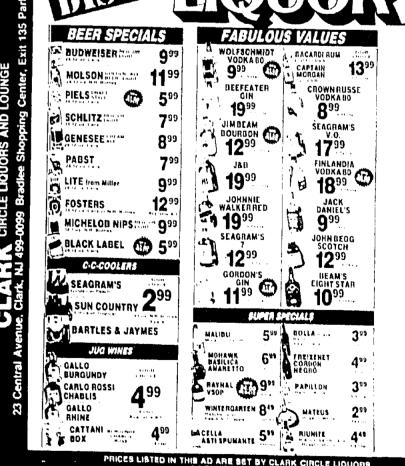
dicate of Appreciation from Volunteer Services to Erika U. Fields, County | Kumph School, Mildred | Chents of the Commission Marlene Brown, 4 H Pro Trames: last year, over 2,000 \$29 per person. On August | nadette Acierno at 388 | Barbara | Mahoney, | Marlene Brown, 4 H. Pro | 14, on to Shawnee on the 9078 or Alice Faser, 381 | Leader of the club, is | gram Assistant at 23.3.9366. | Of these items were donated presently seeking new | Cooperative Extension to the Commission, During show, "The King and I," Regular meetings will members. The group will Service Programs are of the school year, the club resume at the Senior Citizen | meet every Monday after | fered to all without repard | conducts Lazy Eye Vision On September 4 the Center, Rahway, on Sep noon at 3:30 4:30 p.m. The to sex, race, color, national Screening Programs in the elub will meet at the Carl H. origin or handicap. local preschools

> Miss Teen-Ager Pageant slated for October

The Rahway Area Junior

"The" Miss "Teen Agery be present the entire Pageant of New Jersey, the I weekend to encourage the only authorized preliminary | guts during the pageant | held in New Jersey for the The pirl succeeding Tom Miss Teen Ager of the will fly to Orlando, Florida States will be held October | to represent New Jersey in 40.12 at the Holiday Inn. I the national pageant. The pageant is open to bor further information

| Liersey Teen Ager 1985, will 1/334/6603



very own tastes 15% OF Now thru August 31, 1986 If you have a specific style and wording in mind for your invitations, we invite you to stop in. We can show you an extensive selection and you're sure to

find "your style." The Atom Tabloid Rahway News Record Clark Fatriot 219 Control Suc. Rahway, A. g. 07065 574-1200

energy exhibit PSE&G's new mobile Wedding Invitations energy conservations exhibit known as "Conservalo express your tion on Wheels" will be available for touring at the Union County 4 H Pair to be held at Trailside Museum and Science Center, New Providence, on Sunday, August 10. The exhibit is a thirty foot (30 inch) motor home outfitted with energy conservation displays. In the van, conservation computers give energy-saving

Lt. J.g. and Mrs. Thomas Marian Miss Nancy Jasinski

The Social Scene

married to Lt. j.g. Thomas Marian Nancy Dale Jasinski, the daughter of Mr. and Mrs.

dward Julian Jasinski of 424 Oak Ridge Road, Clark, was married to Lt. j.g. Thomas Patrick Marian of New Orleans, Louisiana. He is the son of Mr. and Mrs. Thomas Peter Marian of Niagara on Lake, Ontario, The wedding took place on Saturday, June 21 in the Agnes Catholic Church in Clark. Rev. Michael Hanly performed the noon ceremony. A reception followed at [the Gran Centurions in Clark. Escorted by her father, the bride had her sister 'arolyn Gildersteeve as matron of honor. Bridesmaids

ere Melissa Marian, Marcie Marian and Erin Marian, sisters of the groom. John Marian, brother of the groom, served as best man. Ushers were Edward Jasinski, brother of the bride, Michael Drieu and Michael Emerson, friends Following a honeymoon in Coco Beach, Florida and Puerto Rico, the couple will reside in New Orleans. Mrs. Marian is a graduate of the State University of New York, Binghamton, N.Y.

Lt. j.g. Marian is a graduate of the United State oast Guard Academy, New London, Ct. He is employed. by the U.S. Coast Guard in New Orleans.

Miss Frances O'Donnell

Miss O'Donnell to compete

Miss Frances O'Donnell, 1 with young women from all | tips, an audio visual presen daughter of Edward and over the Garden State for tation shows a home energy Antonietta O'Donnell, the title of Miss New Jersey | use survey being performed. 1310 Fulton St., has been Teen. She attends Umon Numerous other displays selected as an Entrant in the | Catholic | Regional | High | are designed to instruct con 1986 Miss New Jersey Teen | School, where she par sumers on proper insulation | Pageant to be staged in the | ticipates in The Performing | and weatherization technic Grand Valley Balfroom of Arts Company and is Vice ques, all designed to help the Mount Laurel Hilton in President of the Italian consumers save energy and Mount Laurel, New Jersey, Club. Her other activities money. August 2 and 3. This event | melude swimming, bike | Professional energy exwill select New Jersey's riding and playing volley perts will be on hand to

Miss O'Donnell's spon vation questions. Free the luxurious Sheraton Bal | sors to the Miss New Jersey | literature on energy savings Harbour Hotel on world Feen Pageant are: Swank ideas will be available. famous Mami Beach Oc | Cleaners Fast Brunswick, | To obtain more informa tober 29th through Novem N.J., Patt's Trucking tion or to answer any ques Rahway, N.J., Rahway tions, call the Foergy Con-Miss O'Donnell, who was | Chamber of Commerce | servation Center at PSE&G selected as an Entrant at Rahway, N.J., and Knot toll free at 1 800 854 4444 Large, will be competing ⁴ Just Knots Rahway, N.J. ⁴ or 201 430 7134

guide visitors through the exhibit and answer conser-

SATURDAY, AUGUST 16 - 8:30 P.M. TICKE 18: \$10.50 & \$8.50 W1111 GROUP DISCOUNTS CALL: 499 0441 1NFO: 499.8226

No. 8 Shrimp with Pepper and Onions 3,50 TAKE OUT One pint of Chleken Egg Drop Soup or one Egg Roll with purchase of \$10 or more. One quart Chicken Fgg Drop Soup or Chicken

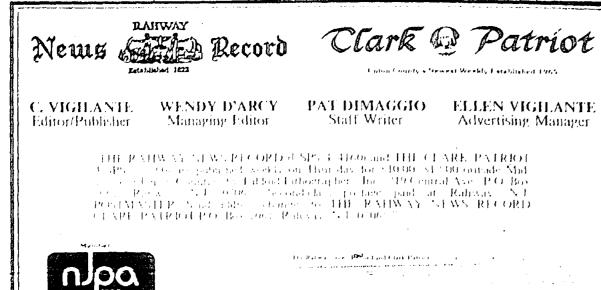
No. 7 Baby Shrimp with Bean Curd 3.50

Noodle Soup with purchase of \$20 or more. One plut of Pork Fried Rice or Chicken Chow Mein with purchase of \$30 or more.

|| State budget."

Mrs. Poggy Barry

August 17 at United Nations, Park



The innocent still pay

that the officer had issued an improper summons.

officials who will not admit they were wrong.

you would like them to appear

Chambers, Westfield Ave., Clark.

l ad hoe committed an l

finalists for the County

In a prepared statement

Green said, "The people of

Union County deserve to

Manager position.

Editor's Hoto: In order for us to adequately prepare the

Community Calendar, all events for the following week

should be submitted by 5 p.m. on the Wadnasday before

RAHWAY

AUGUST — There is no August meeting scheduled for

- THURSDAY, AUGUST 14 - Retired Railroaders Club,

WEDNESDAY, AUGUST 13 - Clark Board of Adjust

MONDAY, AUGUST 18 — Clark Public Library Book

ment, executive meeting, Westfield Ave., former Brewer

- MONDAY, AUGUST 25 - The Clark Board of Adjus

Court Judge Postizzi found that Kenneth Barry was in Operations.

To the residents of Clark

the Processing of the way.

Open letter to Clarkites from volunteer firemen

For the past 62 years the Clark Volunteer Fire Co No. I has responded to the needs of the people of Clark. ; and now we are asking you to respond to our needs. For the past 4 years we have attemped to get approval from the Township Council for a new fire station. to replace the antiquated facilities we now have on Westheld Ave. in the old Municipal Building complex. For various reasons this request has been put off year. after year with no decision being made as to when this idea might become a reality. We are attempting at this time to out this request on the ballot in November in the form of a referendum for approval by the voters of Clark. The need for a new firehouse is based on a number of

important reasons to consider: 1. The present location on Westfield Ave. presents some serious safety problems when responding to fire calls with the traffic situation of the Police Dept. the Library, and the High School all being within such close. proximity. There have been problems in the past with traffic tie ups which have slowed down the response time. of the men and the apparatus and the chances of having an accident or other problem is always a factor during periods of beavy traffic conditions. 2. The present single bay set up creates a problem if

something happens to the first apparatus in line since there is no way the second apparatus can get out, so we lose the availability of both pieces of equipment. 3. The space at the Westfield Ave. firehouse is ex | ment. tremely limited and just opening the doors of the trucks. presents a problem with hitting lockers and areas where | annual picnic, Senior Citizen Center, Esterbrook Ave. equipment is stored. The area for the men to report to when responding to fire calls measures about 10'X 10' and certainly is uncomfortable when as many as 25 men are there during fire calls. In addition, there is no room for the men to relay or sleep at the fire station for long. School, Room 25, 8 p.m. periods of time during inclement weather or extreme emergency conditions. There are also no bathroom or Discussion Club, 2 p.m. other facilities in the animediate area and the men have to \(\Pri\) Po upstairs into the municipal building just to get a drink

or wash their hands 4. The proposed location of the new fire station would be on Raritan Road next to the Clark Emergency Squad on Township property that has been designated for Building, Clark. a firehouse on the Township Master Plan for many years. This location will still be quite accessible to our members and will reduce our response time to many areas on the West side of town by approximately three (3) minutes which is a long time when a fire situation is involved. While we realize that the cost of this new building 18500,000 or more) may seem like a lot of money, we

was a necessity since it affects the members of the bire-Dept. as taxpavers also. 5. Probably the most serious problem concerns the future replacement of the various vehicles we now have. We presently have a 1950 pumper which is due for replacement after 36 years of service and there isn't any way the modern equipment will fit in the same space as The Fire Headquarters on Broadway even has severe limitations as to the housing of new equipment since the present equipment is parked all different ways in the

would not be making this request if we did not feel that it

building just to give us room to move around and get into The building on Westfield Ave. will not hold the newer apparatus due to the short length and low overhead height of the building so it would require a great deal of remodeling to alter this building to house any new -The fact is that if we don't get a new place to house our equipment, we will not be able to replace our equipment as necessary and the quality of fite service that the pointed to select the

people of Clark need and deserve will definitely suffer in

future years. This has to be one of the main factors in considering the need for this new building. Within the next few weeks the members of the Clark Volunteer Fire Dept, will be asking many of you to sign a petition to have this request for a new fire station put on | have the most effective and the election ballot in November if Town Conneil does not | efficient county governact on this request now. We sincerely ask for your sup- | ment possible, and I intend | port in getting this request on the ballot in November and [to work with Mr. Anderson] we ask for your full support in voting for this referendum | to see that they get it."

Clark Volunteer Ene Dept.

. — UCEDC board member — ------elected to society post-----

ment Corporation Board of Strauss is a partner in the Counsel. Trustees, has been elected CPA turn of Gralinck. In a reference to recent sense of a "worker hired by the day." New Jersey Society of Tocated in Union

State Police emergency network receives funding

Funding to enhance the t departments. When the State Police Emergency | final link-up is completed, Network (SPEN) system all New Jersey police has been incorporated into | departments, large and the new state budget, an small, will have access to nounced Assemblyman Bob | SPEN, including those Franks, who represents departments dispatched to Clark in the General As | other communities. sembly, sponsor of the bud. The benefit of SPEN to get resolution. The \$75,000 | the public extends beyond budget allocation provides | our state border, however. funding for 50 law enforce. | SPEN will allow emergency ment agencies to purchase | radio communications betthe needed radio equipment | ween police departments in to become a permanent part | neighboring states, as well. of the new SPEN system. SPEN was originally communications take place | Law Enforcement Assis | cy radio band," explained | parked near my home at 470 Parkway Drive, Clark. He interconnected radio com base stations, they will have Gene Mirabella, Jerry Revis and Tom Urban

was issued a summons by a Clark police sergeant and his | munication system that will | the same access to the car was towed away and impounded for being an "aban | enable local law enforce | Police Emergency Network ment agencies to participate | that the other 350 stations When this matter was brought to court, municipal in Emergency Service | currently have. Voice communications will carry for fact, innocent of abandoning his vehicle. He also found | "We are extremely grate | 40 50 miles on SPEN. This ful for the support and ef- | will make it possible for us | Although my son, was found innocent by a court of forts of Assemblyman Bob to track emergencies into law, he still had to pay the cost of towing and storage Franks in securing the addi New York and Pennsyl-(\$135) of his car which was incurred by this improper | tional funds for SPEN," | vania, as well." said Ted Polhamus, Chief | Chief Polhamus said that |

December. Now, with the additional tion and service to the tin said. \$75,000, we will be able to public. Our communities The mayor pointed out Atlanta, Ga. link up the additional 50 certainly stand to benefit that "Engineering News base stations and complete | from the increased com | Record" magazine ranks the network throughout the | munications ability SPEN | Hotel | Construction will allow between police | Management is the the top | close to 500 separate police] the state."

novative approach by the

American Legislative Ex-

an example of model legisla-

ALEC Source Book.

The Study Commission

on Regulatory Efficiency,

approved by the Assembly.

will be composed of 33

members, including eleven

ndividuals representing

various executive depart-

ments/agencies, four mem-

bers of the Legislature, and

seventeen individuals

epresenting various busi-

ness labor; and civic

"I am keenly aware of the

cost to business and con-

sumers of unnecessary

organizations.

chang eCouncil (ALEC) as

Franks' regulatory efficiency bill passes assembly

ment will hold a regular meeting at 8 p.m., Council Assemblyman Bob, ed the Assembly by a vote Franks' bill to create a of 730 and now goes to the - TUESDAY, AUGUST 26 - The Clark Public Schools | Study Commission on Senate for consideration. board meeting will be held at 8 p.m., Administration Regulatory Efficiency in The bill, A-2082, was State Government has pass | recently honored for its in-

Democrat congratulates Republican appointee

In a show of good faith, 1 if problems persist, he will 1 In recent years jurisdic Democratic candidate for seriously consider callling tional and partisan conflicts tion created to help elected Union County Freeholder | for a change in the form of | have arisen between the | officials share ideas and Gerald B. "Jerry" Green government. "Any Board and the Manager, legislative proposals in all recently congratulated organization needs stable Anderson will be Union's areas of public policy. Donald F. Anderson for his | leadership to be effective, | fifth County Manager, selection as County Given the size of Union. Two have resigned be Manager, Anderson was ap | County's work force and | cause of conflicts with the pointed by a partisan vote [budget, such leadership is | Freeholders. of the Union County Board | even more important than | In closing, Green said, of Chosen Freeholders with | in smaller organizations." | "My only concern is to pro the seven Republicans | Since 1976 Union Coun | vide quality services to the voting in favor of the ap | tv has been administered by | residents of Union County, pointment and the two a County Manager form of and Hope that Mr. Ander Democrats voting against it. I government in which approsing a son and I can develop the Green, a former Free fessional administrator is kind of relationship holder and Umon County appointed by the Free Inccessary to achieve this businessman, served on the holders.



Journey is a well traveled word, which on its way to Anderson, a Cranford | England traveled through Greece, Italy, and France. resident, is pastor of the Along the way its spelling and meaning underwent some Sincerely. Grace Lutheran Church in mteresting changes. But journey's long journey actually Officers and Men of the North Arlangton. He was started out as a short trip of just a day's duration as you formerly director of will learn. organizational and profes The root of Journey is the Latin word dles meaning sional development for the "day," while diurnalis, the source of journey, was timately, to the consumers state office of management | originally "a day's happening or event." Today, Journey is | of New Jersey for this exand budget. He replaced generalized to mean "any travel from one place to cessive bureaucracy, are

government regulation. Franks said, "The direct and hidden costs to busi nesses, jobs, and, ul-Acting County Manager another," regardless of length. significant and need to be Marvin Strauss, a Public Accountants. His Robert C. Doherty who Journey has several relations that we think you will addressed. I sponsored member of the Union term of office is for one returned to his former posi | find interesting. For example: Journal, "a daily record of A-2082 as a means to focus County Economic Develop | year, effective June 1, 1986 | tion | as Union County | happenings"; Journalist, "one who writes for a attention on the serious problems present in the newspaper", and Journeyman, which originally had the regulatory process and to to serve as Secretary of the Strauss and D'Angerio, upheavals in County go This concludes our word Journey, offer a mechanism to in-Vernment, Green said that 1 1986 Leather Impressions, Inc. stitute possible solutions."



Firm hired to build Rahway Corporate Center

tion contractors. In the construction industry, this is akin to a "Fortune 500" ranking, Martin noted The company is also rated by the professional publication as one of the top 50 construction management firms in the Hotel Construction

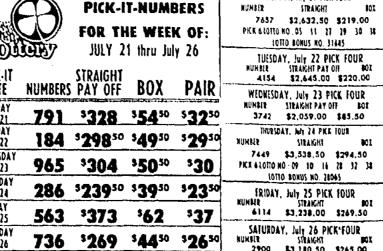
ALEC, headquartered in Washington, D.C., is a nonpartisan, nonprofit, public affairs and research organiz-Franks' bill on regulatory the ALEC selection com- over the wookond will be mittee as one of the best ex- | accepted on Mondays, and | amples of farsighted legisla. ONLY to 10 n.m. Any items NOT submit fion in the country, and will be one of the twenty-six | ted in time for the deadlines bills included in the 1986 | will automatically be transferred to the following

Rahway News-Record and | for his decades of volunteer work with the under The Clark Patriot is 5 p.m. | privileged, the handicapped, the homeless, civic group on the Thursday and recreational associations in Union County "Eddle proceding the Thursday | Gray has been an institution in this area," Augustici you wish to see the item ap- | stated "His dedication and hard work in helping other. pear in the newspapers. Including the Coalition to House the Homeless and the ONLY stories and pie Danny Conway Foundation, is unsurpassed t efficiency was chosen by [tures on events which occur] onyono "



Kean College graduates Clark residents

Kean College of New | Mehalick, Linda Meh Jersey has announced the Haura Ann Poettle graduation of Clark Thomas Reina, Ita residents. The students Roman, Henry P. Schut graduated on June 5. | Jr., Thomas Seeburge They are: Rence Condit, Maranne Serratelli, Jean Thomas Della Sala, Glenn | Marie Swintek, Hor Douglas, Plaine Dymyd, Trautmann, Rence Wanko HONOR AMERICA | Cheryl Hampp, Joann and Nancy Yacabons,



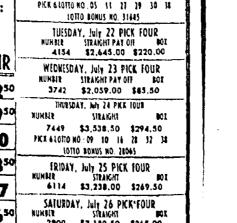


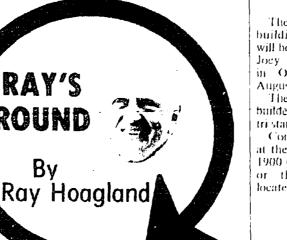
UNION COUNTY FREEHOLDERS HONOR POLICE PISTOL TEAM ... The Union "All emergency police | County Board of Chosen Freeholders recently honored the Elizabeth Police Pictol Team for yet another undefeated season in the Union County Pistol League, and their created in 1980 under a over the same high frequen. 276th consecutive victory since 1976. Accepting the award on behalf of the team Eddie Gray (Center), member and former Edzabeth Police Officer. Left to right an tance Administration grant. | Chief Polhamus, "When we | Union County Freeholders Edward J. Slomkowski, Vice Chairman Alan M. Augustine, On the evening of May 1, 1986 my son's car was legally. Its purpose is to provide an hopk up the additional 50. Chairman Paul J. O'Keeffe and Michael J. Lapolla. Learn members not pictured and

Mayor Daniel L. Martin | Managment, Inc.'s most re 1 2 "With one of our nation" I have spoken to Chief Anthony Smar, head of the of Police, Rahway, and a target date of September announced the Rahway cent area project completed most prestigious financial Police Department of Clark and the violations Clerk of President, SPEN Executive | has been set to order equip | Corporate Center has hired | is the \$165 million Oak | institutions. Morgan Clark and they have informed me that nothing could be Board. "Assemblyman ment for upgrading the 50 Hotel Construction Man Tree Road Shopping Center Stanley, providing the per Franks was instrumental in police departments. If this agement, Inc. of Bedminster in Edison, which brought it manerit financing for this Is this what justice is in Clark? When you found into making sure the SPEN pro date is met, SPEN could be to build its \$30 million on line ahead of schedule. project, and now one of the cent by a court of law, you are still punished by township gram was part of the new completely operational by hotel/office complex behind. Recent hotel projects suc country's best contractor's the Rahway Cay Hall. || eessfully undertaken by the | managing the construction "In developing SPEN, it | "Police protection is one | "We are extremely pleas | company include the \$54 | it is clear that another was determined that 400 of the public's most basic | ed to see that the Rahway | million Marriott Hotel in | dream come true is happen base stations would be need | rights, and one of the res | Corporate Center has re | Panama City, Panama; the mp. in Rahway," May ed to totally connect the ponsibilities I take most lained one of the largest and \$105 million Marriott com Martin commented. "We've police departments through | seriously in my role as [best national and interna] plex in Cairo, Fgypt; the [been working as hard a out the state," said Chief | legislator," said Franks. | tional firms to be responsi | \$17 million Holiday Inn m | possible to make this a first Polhamus, "The original The completion of the ble for the construction of Somerset; the \$11.5 million class, high prestige project grant permitted the installa. SPEN system will insure a this project which is so im a million. I readway from in for the benefit of Rahway tion of 350 base stations. | greater level of both protection for portant to Rahway," Mar (Cromwell, Conn.; and the and that's exactly what we 1. S13 million. Marriott in lare going to deliver to the



EDDIE GRAY HONORED....Alan M. Augustine, lef sion of stories and pictures. Union County Freeholder Vice Chairman, is pictured for events taking place dur | prosenting Eddie Gray of Elizabeth with a resolution ing the week to The honoring him on his 75th birthday. Gray was honored





The Clark Wildcats ad | Albert Smith, who played

vanced to the 1986 Mid high school football at [

The tournament will be coach Lou Racioppe wants |

sponsored by the Depart | any one interested in play |

ment of Recreation and ing football to stop in his of

the Rebels and All Sports. | hours of 9 a.m. to 6 p.m.

at Heritage Middle School | Frank Jones hurled the

on Foxcroft Drive in Liv American Legion Post No.

ingston, on Saturday and 5 to a 5 to 1 win over Sum -

Sunday, August 2 and 3 | mit in a Legion game this

between 9 a.m. and dark. week, Jones pitched a five

university assistant athletic an RBI for the winners.

moon Sentember 6 at Alum | with two hits. Matt

with several other schools | Frank Jones of the Amer

Peters also said the eher was Salvia.

In a Legion baseball winner.

Stadium, possibly the best | sacrifice fly.

tearue game, Springfield

selling game yet, with the

ment (or a definite televi-

sion contract), is leaning

toward an all campus set up

for the post season. Atlantic

City is definitely out, the

Meadowlands Arena is pro-

bably out, and the Palestra

in Philadelphia and the

main possible sites. More

Civic Arena in Pittsburg re

-championship game.

have a 70,000 house.

.

Atlantic Region 2, Rahway, Union and Rut

Women's Fast Pitch soft | gers, is in camp with the

ball tournament at Liv Giants.

miston, New Jersey on !-

The games will be played

director in charge of

Scarlet Knights are talking

August 2 and 3.

set for beach! The Muscle Beach Body | sant Ave. in Union. Appli-

will be held on the beach at I tion, are also available by Joey Harrison's Surf Club [telephoning 201 754 7853. in Ortley on Saturday, August 9 at 7 p.m. All contestants must be The majority of body registered with the National builders will come from the | Physique Committee to partri state area. ticipate. Contestants may Competitors may register | register with the National t the Surf Club located at | Physique Committee when 1900 Ocean Ave. in Ortley registering for the competior the Fitness Forum tion, a public relations located at 973 A. Stuyve I spokespersons reported.

Junior golf tournament set

Public Links Golf Tourna | Tournament registration ment on Sunday, August 3. | forms are available at all New Rahway football The tournament is schedul | three Union County golf ed for Friday, August 15 at | courses. Ash Brook Golf Course, For more information | Scotch Plains, The tourna | call Ash Brook at 756 0414; Parks in Memorial Park. [fice at the Earl C. Hoagland | ment is open to boys and] Oak Ridge at 574 0139 or The Cats will play against | Field any day between the | girls in age groups 12 14 | Galloping Hill at 686 1556. and 15.17, who qualify as

College will be televised fifth sent the locals to a 3 to New Jersey State Golf Bob Goodman, 10th, live. Lom Peters, the state | 0 lead Mike Hannond bad | Association | Four Ball OAK RIDGE | Match Play | Championship | at Lake Mohawk Golf Club GOLF CLUB Cranford defeated Rah in Sparta, Chuck Young OF CLARK way 5 to 3 as the winners and Eurice Rojas, Rick WOMEN'S THREE The game, scheduled for were lead by John Korn Duttenhofer and Glen Zito. WORST HOLES, HALL-HANDICAP ni Stadium in Chestnut Hill, Paradiso tripled to drive in a 1 Tony Lo Sapio had a FLIGHT A Mass., will be regionally [run when the locals appeal] hole in one on the 163 yard [elevised by Television led whether he touched se 1 13th hole at the Colonia Marion Curdy 67. Entertainment Network | cond. Rahway's Lemogelfi | Country Club, He used a | THIGHT B

and seen on Channel 11. I had a double. The losing pit [six iron. He played with] Lou Petrozziello, John Pin [60 !: to and Joseph Cuzzo. about television coverage, ican Legion Post No. 5 and Marion Martin had a Vi Grobusky, 63. Sources said the Rutgers Cranford's Mike Mohr hole in one on the Colonia game. September, 27, at | dueled evenly for six inn. | Country. Club's 138-yard, | Syracuse, October 4 at lings, until Rahway's Jones 2nd hole. She used a three Penn State, October 25 vs [lifted a sacrifice fly in the | iron, She played with Nan | Bukowiec, 33, Army at Giants Stadium top of the seventh to give cy Brewster, Lois Sica and KICKERS SATURDAY game, and November 22 vs Tem | Rahway a 2.1 win over | Claire Giamo. ple at the Rutgers Stadium | Cranford, Jones struck out-COLONIA also might be televised. four, walked one, and gave 74. up four hits to become the | COUNTRY CLUB

Tom Salvia singled and 2 George D'Aloia and Kickoff Classic IV pitting | stole second. After Lou Caf. | Frank Molfetta, 58. August 27 at Giants Salvia scored on Jones's Bud Haroski, 60. SCRATCH TOURNAMENT week end. Wiewiorski combined on a to, 16th. The Atlantic 10, still four-hitter as the Roselle

Softballers invited to go to bat for **EASTER** seals

Larry Holmes's appeal to baseman personally invites gifts. the rematch was denied by ever. Mattingly, who is ser. 201 247-8353. the IBF. Holmes said he ving as Honorary Chairman

was not surprised his appeal | for the third year, states, | was turned down. Holmes lost the title to great cause helping. New Spinks on a close, but Jersey's disabled children unanimous decision, Sep and adults." tember 21, 1985. He failed Brunette scored it 144 141; | necessary \$150 entry fee in | Medal.

likely, however, is that the New York Yankee Don Ling Company. league will play each tour | Mattingly was named | Time slots are reserved | Gary Ostrega, of the Col-

throughout the entire tour | Softball Weekend to be held | minimum | goal | for | each | Pga National Golf Day Pro | | locations throughout the Additional sponsors can be try Club in Westfield. overturn his split decision softball teams throughout For more information loss to Michael Spinks in the state of New Jersey to about this great softball their international Boxing join him in making this event, call the New Jersey Federation heavyweight ti | event the most successful | Easter | Seal | Society | at

Timko gets Rensselaer

to regain the title April 20 All male, female and co Theodore Timko, son of in Las Vegas, when Frank | ed teams that sign up | Mr. James Timko, Bryant Brunette of Rahway (Supt. | receive two free cases of | St., Rahway, has been | of Schools) and Jerry Roth | Lite Beer, Special prizes for | awarded | the | Rensselaer of Nevada voted for Spinks. teams raising over the Polytechnic Institute and Roth had it 144/142. Clude T Shirts, softball caps, Fach year RPI presents Judge Joe Coretez of New and sports bags. Trophies the medal to high school York favored Holmes and prizes are available students for outstanding thanks to the generous achievements in the study sponsorship of Miller Brew of mathematics and science.

Bodybuilding championships

uilding Championships cations and ticket informa

Entries will close for the camateurs, and are not

Union County Junior | members of private clubs,

On the green. . .

Bowers. Joyce Bukowiec, Barbara Fricke, 66. FLIGHT C

> Marion Donnelly, 69. 1 Bachmann's Tayern a LOW PUTTS team with two year Dr. Milton Persaud. SHNDAY

Club, several Union County | Refreshment stands and without a site for its post- team scored the winning | TOURNAMENT | Flanders Valley, 2 up. morning.

> In a third round match. Kyle Davis of Galloping Hill won over Nick Gold of Oak Ridge 6 and 5. Harry Coeff (3rd) of Oak Ridge won over Chuck Young of 1 Ash Brook 5 and 4.

to feature Open house at the Dr. I side Church in New

tion and Museum on Sun | Guided toms of the res day, August 3, will feature | tored farmhouse and a nament game at the home | Honorary Chairman of the | on a first-come, first-serve | onia Country Club finished | Mary Salmon, crafts ins | grounds will be conducted of the highest seeded team 7th Annual Easter Seals basis, so register now! The second in the New Jersey tructor, from 1 to 4 p.m. by costnined members of nament, including the on August 16 and 17 at team to participate is \$150. Am at the Echo Lake Coun and spins her own wood, by there is no admission will demonstrate her exper | charge raised through friends, fami. The Colonia pro-shot a tise in spinning and exhibit. The museum is located at The 1985 MVP first by and corporate matching 72 on a line 35 37 to tie examples of her work. She | 593 Madison Hill Road in



BOCCE KNOW-HOW . () (1 to R) Bob Parlate and Lony Moschella of Bandoloh and | metabolism is improved; for Madano and Stove Dears of Clade waters closely at the Cambuca Romana Bocco Tour - example, blood sugar levels nament's N.J. eliminations at Landells Park, Lyndhurst as current champ Joe Gostanza 📗 are better regulated. Auxic 📙 of Rutherford measures the distance of the ball to the pallino. The Dearas, last year's 1 ty and depression is thought. finalists who went on to the Sambuca Homana's In State Bocce Championships in to be reduced by regular who want to become more NYC last year were barely noted out. This year Moschella and Parlato will be among | workouts. Some doctors | the teams representing the Garden State when WJ , WY , and Gonn, winners meet on $\frac{1}{2}$ contend, that exercise also $\frac{1}{2}$

Softball marathon gains \$9,000 for YMCA

The 1986 softball mara 1 Rahway group of 14 years even at one game apiece. thou for the benefit of the olds sponsored by the The last game of the tions before performing dif 20 minutes, three to four Rahway Y.M.C.A was Lammane Corportation marathon got underway at facult exercise programs. In times per week. But don't held on July 12 and 13 at The home team won the 5 p.m. on Sunday, when addition to giving you a expect to start out that fast. Suffivan Field in Cartejet, context in the hortom of the Rahway Mayor Daniel L. physical examination and You need time to build up The 12:45 p.m. Saturday seventh mump Martin's team, aided by taking your history, your to this level, especially if starting time was postponed. The Rahway Education members of the Rahway doctor may recommend a vour goal is to achieve the due to wet conditions, but Association played next Police Department, de number of special tests that "training effect" of 75 per by 6 p.m. the field had in against the Rahway BPO | feated the Carteret Mayor's | measure | the heart's | cent of your maximum hitter. He struck out four The following Oak Ridge Cuzzo, 14th; Tony proved and the event open Filks Lodge No. 10/5 The team. Catol Kaminski ar strength. These stress tests heart rate. The Rutgers football and walked three. Pat Golf Club members com LoSapio, 13th; Tony Illario, Jed with A.J. Landscaping J. Elks showed up with more franged this game, season opener at Boston Jackson's two run hit in the pleted in this weeks 54th 4th; Dom Lepore, 17th; and besting Corey and Corey than seventy live players. William Cladek of Rah mine the amount of exer | valed as a public service by Funeral Home, 7 to 1, in an and spectators, and they way provided most of the tion you can safely put on Middlesex General Univerall female contest. ' received the award for the sumpries and he even and your heart during exercise. Sity Hospital, For Speakers The early evening games | team having the most | pired himself from I a.m. to | Be sure to use the right | Bureau information or to were highlighted by Bowco | "fun." They gave up the | 7 a.m. on Sunday, Exterminators, a dominant most runs of any team in Over \$9,000 (nine thou Use the proper shoes for free health care newsletter, softball power from Clark | the tournament, losing 22 | sand) dollars was raised for | jogging, not only to protect | write | Community | Relaas they defeated a good 1 to 8 Rahway team Rapid | Next up was the Rahway | the 50/50 raffle winner was | adequate support for your | University Hospital, 180 Transit Baumann Florist by | Fire Department. The "Cathy" from the Rahway ankles, knees and hips. Try | Somerset Street, New

Jessie Innocenti, 63. | a score of 16 to 4. Bowco | F.M.B.A. No. 33 were | Elks. | was led by hitting star Barry | soundly deteated fast year | Tournament but came back to wm over 1 and spokesperson. Peter Rich Allman poked two the Carteret Fire Depart | Kowal expressed his thanks | (2) home runs to power his | ment 10 to 4. The Rahway | to all of the team sponsors American Cyanamid team | Kiwanis Club were first | and volunteers who helped from Linden over General | time winners this year and | make this second annual | Locksmith of Rahway were led by YMCA board | event a huge success, Over | president Russell Laylor. | 600 (six hundred) players Matt Loughlin and his participated in this year's Jean Peterson and Joyce | marathon experience, were | gang from Suburban Cable | marathon. "And last but | one run victors in their vision TV3 played in a not least, sincere thanks to steady rain and came up the fine people of Carteret withers against the Rah I for their cooperation it Mario Orlando, Jack Zing, St. Demetrius of Carteret | way "Coaches" sponsored | allowing us to use Sullivan

avenged last year's loss to by The Sideliners, Rahway Field," Kowal conleuded. the Lower Lakers from boys basketball coach form BLIND DRAW TOUR | John Herterich, Bart Bot | Rahway by a score of 15 to | Lewis' Intume exhibition NAMENT 1 Tony II ta. Ann. Lewis, Frank 10. Station Cab went cight | along with bulliant helding beat the Clark team 19.0. In the top of the seventh, Tario and Jeff Datillo, 57. Schmidt, Sal Bartoto, 79. [8] innings to defeat by Bill Roesch, Harry Stewart's Root Beer 6 to 5. Reiser and Ed Yergalonis In the State Amateur, at Tom Maye scored the winn were not enough to handle Olno State vs Alabama on frey sacrificed him to third, 3 Frank Comarata and the Flanders Valley Golf ing run for Station Cab. | the local television team The Rahway Police van golfers completed over the 50/50 raffle booths remain Trolled in packed with led open througout the four | players. The PBA easily Meadowlands officials In American Legion con Tony Illario, 4th; Tony Jeff Thomas of Plain nament as more than 1500 | defeated a team comprised holding out hope it could test, Roselle defeated Clark LoSapio, 13th; Dom field, West defeated Fred spectators watched of tournament volunteers. 1.0. Jeff Coakley and James | Lepore, 17th; and John Pin | Brown of Oak Ridge 7 and | Y.M.C.A. volunteers kept | The Daily Journal, led by 5. Nick Golf of Oak Ridge | the action going through | Bill Kennedy, Fim Lies, and won over Al Geissel of the night and into Sunday Mike Murray defeated

Butch Kowal's by one run. season basketball tourna run in the fifth inning. Gene Velri, 12th; Joe Harry Goett, (3rd) of Oak By 8 a.m. the Carteset Both teams are looking for Ridge defeated Dave Jensen | boys' all stars were waiting | ward to next year's match of Cranbury 2 and 1. to take the field against a with this two year series

- Robinson open house ---- crafts instructor

William Robinson Planta | for three years Ms. Salmon, who dyes the Clark Historical Socie



Exercise: benefits and risks

I want to begin an exer- | force you to compete with class program now that automobile traffic. the weather is warming You should check with up, in there anything 1 your doctor before starting should do to got the bost | a serious exercise program, regults? What shouldn't 1 | especially if a number of I years have clapsed since a you fast had a complete Exercise that includes physical and history exstretching before and after annihilation. During the the workout, lasts some 20 | checkup, you should talk to minutes and raises the heart | your doctor about the prorate can have excellent gram of exercise you wish results. The heart and cir | to undertake and design a culatory system and the schedule tailored to your inskeletal muscle is dividual needs and re-

strengthened. Bone strength | quirements. is also improved with The goal of aerobic exerregular exercise. It is cree is encouraged for peo thought that the body's ole who wish to gain the from exercise. The standard recommendation for people fit is to exercise at an intensary that raises the heart rate strengthens the immune system thereby cutting cent of maximal. You can down on infection.

The risks of exercise | subtracting year and the number 220 and should not be glossed-over. however, despite the known | multiplying the resulting benefits. For example, a number by 0.75. person who has cardiac. Most experts agree that disease or whose family has | the prescription for realiza history of heart disease | mg health benefits is conshould take special precau. I finuous exercise for a least

can help your doctor deter | Matters of Health is proequipment for the sport, get on the mailing list for a the Rahway Y.M.C.A. and your feet, but to provide tions, Middlesex General

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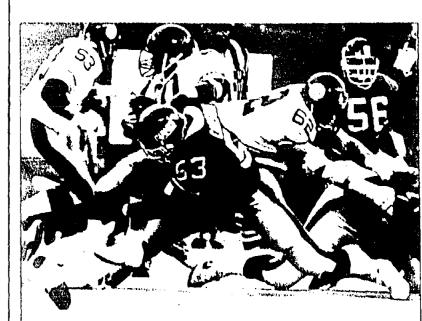
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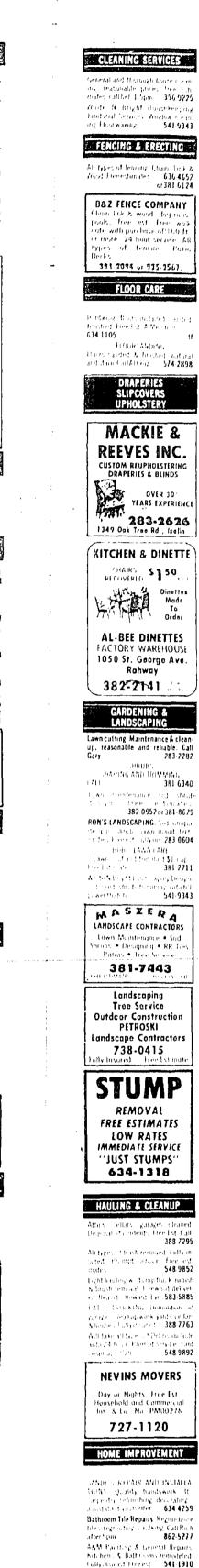


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APPARENT NORTH STORY OF A STORY O	when you add up the pools salary, benefits and greenew I all and Winter clothing, you can't afford NC ply Personnet Dept. Monday Saturday 10am opin Name Address Phone Best time to call Areas of Interest Alexan Mento Park M Where good jobs add up to extra 2	PRES PRES If your typing skills are fit and accurately with no operating calculator and sent a neat, profession very attractive openings in more information, place and profession very attractive openings in the profession very attractive opening very attractive opening very attractive opening very attractive opening very a	rst rate, you work quickly mbers, are experienced adding machines and pre- al appearance, we have a our flizabeth office. For use call our Personnel 6544 COUNTIES	PIANO INSTRUCTIONS Beginners thru Artist levels A Saldutti 381-5976 Luturing by public school teacher All subjects Grades K-8 MATH & RIADING Call after 5 pm 283-1349 WANTED TOOLS WANTED Highest Prices 738-4552 JUNK USED disabled cars and trucks. Highest prices paid, 24 hr. towing. Snow plowing. KD TOWING 541-8162 Your junk car towed away for cash Call amptime 862-0104 Used Passenger Car Tures Wanted Any size 381-0102. Able to pay high prices for gd. run	tox People on the con- personal test by control annet some remote the control annet some control and the control and test remote the control a	



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I think celebrity in , and sales continue to in-MOVING BY EXPERIENCED MEN ercise and sell-improve [volvement in sell-terease, In one recent eight RITTEMHOUSE TRUCK SERVICE Lic. No. PM00117 741 9791 ment. Publishers across the improvement has given the important period alone, more ALL WORK SUMP PUMPS CONSTRUCTION CO. boom on in the self more positive image. But sold there never has been 272 8768 SHEETROCK, spackling new and are trying to deliver more of 1 that " what the general reading People are more in mand year after year. If But to choose ... which themselves," says Paulett more popular," hapen of compensary work fromein the self-improvement ager at Harper & Row, self-improvement book to market place is still as dif. Publishers Inc. 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(po out and get a book to tell) she says. ous 24 hr and said 499-9234 ; herger fromto complete swim pour Frame Chamber that Let Free tot Americal complete Americal St. 636 3161 | Americal Complete Language and given by Adaptive Transport Complete American policies of the American St. 636 3161 | American Complete American Policies Complete American policies of the American St. 636 3161 | American Complete American Policies Complete Complete American Policies Complete Comple which has been successfully | them how to do something | Given that publishing, as publishing books for 179 faither than furn to a profest everything else, has also years. "In my job I see quite | sional. People are depend | become more competitive, Sectionate: 574-3027 GENERAL CONTRACTING to a chapter and Panatang & Papertang of Fet Free extromatated that for the extraction of the chapter of the chapte a number of self-improve [mg/more/upon themselves."]. Forman does seem to hold. ment manuscripts and 1.1 225 5170 or 634 5302 estimates sort out which of these has any Director for Internal why he says he isn't looking BELLINO something positive and dift; fronal. Self-Counsel. Press | for any other self-improve GINERAL CONTRACTING Painting, Handywork Interior & Exterior 283 3065 : Rooting Today Wood Decky 1 terent to offer. The one ! I td., a publishing house ment books to publish just thing no publisher wants to a that aspecializes in self 1 at the moment. tides out home painting is top a estimates. do is flood the market with improvement, and how to But the big question is ing, tealing tepairs alianous intervitive extension and 382 5979 Externation of distance extensions a lot of self-improvement books, agrees that self what to do the publishers books that don't make the publishers a key factor in read to improve themselves. and relocation. Call John bet 1, 10 altpaper hanger with references | p.m. 321 0079 Mike's Lawnmower grade. Quality counts more the growing popularity of "I spend all day sitting Repair Shop "I think people have been through some hard improvement books and te. 1 est 283-1911 or 566-0887 739 Jaques Avenue become a lot more selective [economic times and they] then often have to take Rahway, N.J. PAPER HANGER in what they read," says Sal | arc a little less ready to de | work | home | with | me," epairs on all types of lawn Is I eventhal, an estion with | pend upon the system for all | laments I eventhal. "I need | locks, Fulls, Wat Look Vinyla The Berkley Publishing their support. PAINTING Group, "It just isn't possible | "The world is a confusing | exercise. The 50 yard dash nterior and Exterior these days for a publisher to | place, at least a lot more | between offices just doesn't CALL STEVE 634-6157 put out pap and to see it do | confusing than it was few | cut it. I keep hoping that well. The books that have vears ago," says Walker. one of the manuscripts that BONDED INSURED the longest shell life and "People want to take more comes across my desk might JOHN'S which have some chance of control of their lives, not de have the answer to that." PAINTING lasting 4 or 5 years are those | pend on other people. | EXTERIOR --- INTERIOR WALLPAPER & VINYL books that have the most | That's why we see far more | REPAIRS, GUTTERS FREE ESTIMATES Leventhal argues that book aimed at giving people because people generally greater independence. PLEASE CALL: 574-0087 CALL M.E. have so much more intor ["We've just published a 10 YEARS IN THE AREA MAZUR Electric mation on all facets of life, | book called Stress Manage | EQUITY HOME they have become far more | ment' which looks like it Tree Estimates sophisticated in choosing will do well because people REPAIR what they will read. Self | are looking for ways to im-486-7130 improvement books that prove themselves without Alterations have any chance of becom [having to rely on drugs or] PRIDE ELECTRIC CO. Additions ing popular must be able in [go | to | a | psychologist | oi Roofing & Repair tellipently cater to this psychiatrist. All types of MASONRY sophistication. 24 Hour Service Free Estimates Part of the trend is to depend upon their own Bill Bodine towards a different type of abilities and they want to 382-5979 574-1175 diet or exercise regime. "In | clarify their lives and their ALL-PHASE ELECTRIC PLUMBING & HEATING the past we've seen a lot of | telationships. They are try 'flash in the pan' fad diet | mg to find a lifestyle that | Bos - Permit #8346 -LENNY'S PLUMBING & HEATING books but I think there is a has some meaning for them definite drift away from this | and that makes sense to pgrading Will-Work wer sort of thing," says Leven | them in all the confusion." o Statetic no 6249.574.0480 thal, "Foday people are not Perry feels that part of ert plaintong & beating repairs 298:0050 so interested in a crash thet the drive for self-impro iter heaters, drains learning. State (3.a)(Car) Gates 382-1785, tf program or a crash exercise | vement comes from an in TELEVISION SERVICES program. The trend is creased competitiveness BOB'S toward establishing new both in business, in one's PLUMBING health patterns over a career, and socially, "At & HEATING - EXPERT REPAIRS & ALT - DATH & KIT. INSTALLED period of time, of eating bet | least for anyone who lives ter, of exercising more on a lin New York and the other Stereo repairs CO's & VCR - HOT WATER, STEAM rs. Call Hote for free estima regular basis." Publishers also admit the competitive. People are . WATER HEATERS celebraty health of set looking for skills that will l 24 Hr. Ans. Svc improvement book is still give them the edge, whether very much with us. Follow | this is just gourmer cooking 34-0354 388-6678 ing the lead of the Jane or whether it's better perfor-Fonda books, publishers are 1 mance in a job." still interested in celebrity ["Len or fifteen years ago,] gue and stress. RECOVERED 51 & TREE BARSTOOLS V CHAIRS DINETTES BOAT CUSHIONS &JUPHOLSTERERS CAROL'S LANDSCAPE 549-5414 574-0861 PICK UP & DELIVERY Asphalt Driveways BEFORE U HAUL Driveway Sealing brities may have scurred to tive in running their busi-Railroad Ties erling Express Movi & Delivery Service Fraze & Son Paving 541.8516 12 388 5780 16 .. C. 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Publishers say self-improvement books more than a fad by Ron Harry teel that this is the primary Len Forman, President of You can tell a lot about a reason for the growing in Bridge Publications, Inc. society by the books it terest in self-improvement. "Of course, I'm in the rather reads. The old slogan "you... "It's possible that when so is unique, position, of having

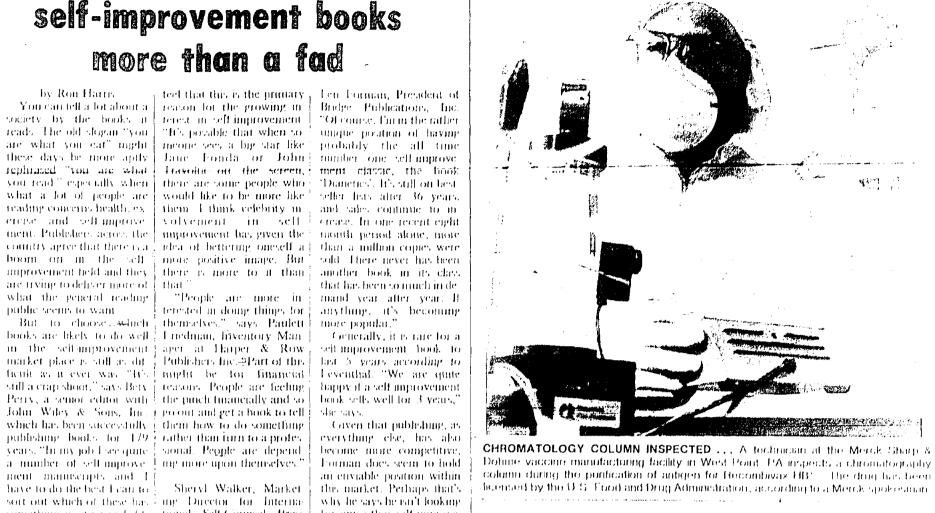
RAHWAY DEWORLOORD/CLARK PATRIOT

such books. People have behind a desk reading self

"People want to be able

major cities, life is far more

more energy, I need more



If a little is good, more must be . . .??

Probably the most talked | About Tourteen vitainins | tissue building and for con-

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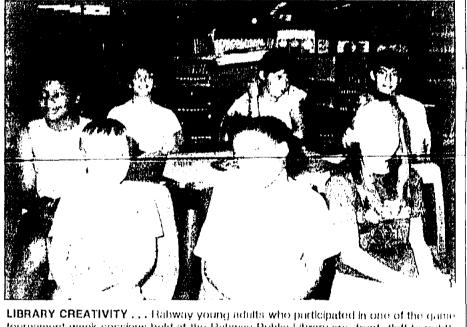
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tion Council.

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Mental Health service guide The Umon County Men books that deal with exer there was much more con tal Health Association has cise, health, and even fatt | cern for society, for the pro | recently completed publica blems of the world. Now | tion of the 1986 1987 "It's difficult to say who's people are much more "Guide to Mental Health leading who when it comes focused upon themselves Services in Umon County."

to celebrity self-improve and the problems of getting and is ready to distribute it. ment books," says Leven ahead, the problems of get to individuals or groups. that, "But it's hard for a ting a good job and making. The guide lists hospital publisher to resist this kind money, of developing satis psychiatric emergency ser of thing. When you have a Tying relationships. A dif Vices, 24 hour hottines, name associated with a ferent style of self-ini counseling centers available book there is at least some provement book reflects in the county, referral to book there is at least some guarantee of a certain quan that change."

People want tools that services and psychiatric services and psychiatric trivials. While a number of cele | will make them more effec | outreach programs. It also contains mental health follow in the path of Jane, ness, running their careers, listings Fonda, Teventhal does not of in running their lives says Tunds to cover the prin-I time of the new guide were I provided by the Junior League of Flizabeth

City residents graduate Plainfield H, you would like to obfrom Kean College tain copies of the guide please call the Mental Health Association at 272 0300. Single copies of Kean College has listed [Foley, Nancy Greberts,] the guide are available he following Rahway Ana Guilaite Miller, San without charge, however,

students that graduated on dra. Kosinski, Roberta the Association is re-

Thursday, June 5. Dolores | McArdle, Mark, O'Kane, | questing a \$1 donation in

Barefield, Kathleen Borens, Jeffrey Olters, Ulle Mar order to cover handling

tem, Patricia Ann Cromn, Safuri, Tave Strong costs for multiple copies

Nichofas D'Ambrosio, Varsolona Rachel Thomas "To teach is to learn

Susan Dowds, Francis and Leshe White -

Raised letters Business Black Ink White Index 500 , 1,000 only \$2000 plu ha Other papers and colors available Come in and see our samples. Fast service guaranteed

THE ATOM TABLOID 219 Central Ave., Rahway, N.J.

Thanks to the generosity

of several Clark residents,

the Clark Library reports it

has been able to purchase a

preschool to grade 7, explor-

l tales, survival, biography, l

science fiction is a huge suc-

members will be held at the

fibrary on August 1, 1986 at

Other summer programs

voumesters, preschool to i

bear might just be waiting be

The Book Club will meet :

on August 18, 2 to 4 p.m. at +

| congregation.

for YOU.

ing exciting places, people,

Sunday, August 3rd at 9:30 a.m. the members of "Old First" Church will hold summer union worship sercond Presbyterian Church; August 17, 24, 31 at First Presbyterian Church Meetings of the week at "Old First" Church; August 2nd, Alcoholics Anonymous members meeting at 7:30 p.m. in Squier Gymnasium and Youth Room. August 5th, the Women's Association ladies meeting

The Reverend Robert C. Powley is pastor of "Old First" Church which is located at the corner of West Grand Avenue and Church Street.

FIRST BAPTIST CHURCH OF RAHWAY Holy Communion will highlight the worship of God at the First Baptist Church of Rahway on August 3. The guest preacher will be The Reverend Ralph Benson, Chaplain at Ford Monmouth. His topic is "Am I Porgyen?" Mrs. Deborah L. Klimm, Director of Music, will be at the organ console. Child care is provided for young children in our Nursery during the summer mon-The American Baptist Church is located on the corner of Elm and Esterbrook in Rahway.

HOLY COMFORTER EPISCOPAL CHURCH OF RAHWAY The summer schedule for the Holy Comforter Episcopal Church (during July and August) is: Sunday, 7:30 a.m. and 10 a.m., Holy Eucharist. Tuesday, 10 a.m., Holy Eucharist in the Chapel.

Thursday, 7:30 p.m., Holy Eucharist in the Chapel

The church is located at Seminary Avenue at St.

TRINITY UNITED METHODIST CHURCH OF RAHWAY Sunday, August 3. The congregation of Trinity United Methodist Church will unite for summer union Worship Service at Second Presbyterian Church at 9:30 a.m. Trinity's Fair Worship continues to meet on Thursdays from 10 a.m. until 2 p.m.

ZION LUTHERAN CHURCH OF CLARK The main worship service during the summer months is at 9:15 a.m. with the Sunday school in recess. Registration for the fall term of Sunday school can be made by telephoning 382-7320. l'hursday bible study is at 8 n.m.



une resignation we

Alexian Brothers announces of Roselle. new board structures

Michael J. Schwartz, management representa-President and Chief Ex tives and other informed - Michelle LePoidevin of zka, Pascal Tyra, Kristie ecutive Officer of Alexian | professionals outside the Linden. change in the local and corporate wide governance structure of Alexian Brothers Health Systems, which owns and operates the Hizabeth facility. The new structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became effective care and medical staff credential to the structure became of the structure became effective care and structure became effective care an Brothers Hospital, has an I health system. and local board control Board. areas, are reflective of a "We welcome a new Cranford; Janine Bajger, cher, Gayle Winne, positive tedirection of the Alexian Brother and Annemarie Cilly, Michelle focus of the management of another physician to our Novak, Linden residents; Mexian Brothers Health Board of Directors with the Donna Daikalo, Kristen

System facilities. The im appointments of Brother Rickes, Christopher Zim pact here in Flizabeth will Michael McKee of the merman, Rahway residents. be strengthening of the Hizabeth Alexian Brothers An Academic Effort ability to carry on the 92 | Community and Michael | Award was given to Mark | Avear old healthcare mission Bercik, M.D. of Elizabeth. Benedetti of Clark and a of the Mexian Brothers." Dr. Bereik's appointment Perfect Attendance Award Under the new structure, represents the Brother's also went to Mark Benedet the Regional Coordinating | commitment to the continu Corporation Board, Alexian | mgly increasing role of | The class officers were | Brothers of New Jersey, physicians in the gover lalso presented medals by Inc., which had formerly mance of hospital affairs," their teachers. Officers for served primarily as an ap said Schwartz, Drs. Donald Mrs. Haria's Class were: proving body that made Holizman and Fryin Moss, class president, Carolyn recommendations to the na | who have served on the Augustyn; vice president,] tional Board of Governors, Hospital board for several Michelle Dynak; treasurer, has shifted its focus to the I years, will continue their in I Gregg Knapp; and secrebusiness aspects of the volvement in governance as tary, Michelle LePoidevin. region. Membership is com | members of the Regional | Officers for Mrs. | THE BRAIN EXPLAINED...

physicians, local facility board

CHURCH OF RAHWAY On Sunday, August 3, at the 10 a.m. Worship 12 volume Marshall Caven Music will be presented by the Celestian Choir with 1875.

I. Stanley Parker, Directress, and Mrs. Vera Bergen, the organist. Similar Church School will commence at 9 a.m. or anyone wanting to learn about an innecessant time in a linear time in a linear time in a linear time. In a linear time i Rev. John Ford III, associate minister. Second Baptist | about an important time, in | before returning to Rahway | two | daughters... Mrs. Church, Perth Amboy, will be the guest preacher at the | a not too far in the past era | in 1984. 7:30 p.m. Evening Worship Service. hurch, 8 p.m.; Tuesday, August 5, Men's Chorus | reading,

ZION LUTHERAN CHURCH OF RAHWAY The Service of Holy Communion will be conducted things and ideas in the field by The Rev. Scott L. Zanger, Sunday, August 3. Children of poetry, magic, science, are encouraged to worship with their parents. Meetings | sports, animals, history, folk scheduled for this week: Christian Education Committee Monday, August 4 at 7:30 p.m.; Finance Committee, Tuesday, August 5 at 7:30 p.m.; and Property Commit | cess. A party for all tee, Wednesday, August 6.

On Sunday the Main Worship Service will be at 11 a.m. and the Evening Service at 6 o'clock. Sunday School | are: August 12, 1:30 2:30 | a.m. and the Evening Service at 6 o'clock. Sunday School Story Hour, for grades K-3 sunday School Story Hour, for grades K-3 years ago. He lived in Mrs. Joanne Dunlap of Col She was born in Ger William of Clark and Kur handicapped, and at 10 a.m. for the adults. Children's and on August 19, Church will be at 11 a.m. Meetings during the week: Fuesday, Ladies Fisher's Club & Fellowship, 10 a.m.: Visitation, 7 p.m.; Saturday, Visitation, 10 a.m. For grade 7, who have not Merck and Co., Rahway, mann of Randolph. transportation, please call the church office at 574 1479. entered the "Name the Nursery care will be provided at all the services. The church is located at 4 Valley Road, at the Clark | time. | Don't | prograstinate | Parkway Circle, exit No. 135 of the Ciarden State any longer, this cuddly little

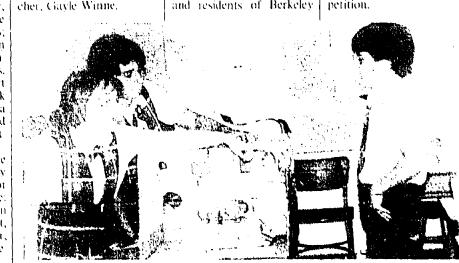
SECOND BAPTIST CHURCH OF RAHWAY On Sunday, August 3, at 8:45 a.m., church school | discussed are: Clan of the | nells Hospital, Berkeley | Her husband, Ernest | will be in session, Morning Worship Services will begin at | Cave Bear, Valley of | Heights, after a long illness. | Banks, died several years | 10 a.m., and officiated by the pastor, the Reverend James Horses, and Manmoth She was born in ago. W. Ealey, who will also deliver the message. During the Hunters. Worship Services, Baptism, Holy Communion, and Right | The library has added the | Roselle many years. Hand of Fellowship will be observed. The music will be service of an electric Mrs. Banks was a coat sisters, Mrs. Belle Colson of rendered by the Church Inspirational Choir under the typewriter which is maker for the Phoenix Haddonfield, Mrs. Bessie, direction of Mr. Bryant Richardson. Every Wednesday Evening at 7:30 p.m., mid week | use | by Clark Library | years, retiring in 1965. | Hattie Whitfield of | Prayer and Bible Study Classes are in progress. All are in patrons. vited to bring a friend and your Bible.

St. John the Apostle School graduates Class of 1986 ——seeks new members—

for the eighth grade James Villarino; and students of St. John the secretary, Annemarie Cril-become members of the all offerings, the spokesman man, a master of Jewish Under the Volunteer In Jewish families or singles to become members of the all offerings, the spokesman man, a master of Jewish Under the Volunteer In Jewish families or singles to become members of the all offerings, the spokesman man, a master of Jewish Under the Volunteer In Jewish families or singles to become members of the latest and offerings the spokesman man, a master of Jewish Under the Volunteer In Jewish families or singles to become members of the latest and offerings the spokesman man, a master of Jewish Under the Volunteer In Jewish families or singles to become members of the latest and offerings the spokesman man, a master of Jewish latest and offerings the spokesman man, Apostle School in Clark. | Iv.

-Most Progress in Robert Kreitz, Michelle high school. A variety of tivities. Language Arts - Michael | LePoidevin, James Lon-Sot and Jennifer Braith dino, Michelle Novak, Jenwaite both of Linden. nifer Primich, Carrie Small, -Most Artistic Ability Michael Sot, James Tylic

new structure became effective care and medical staff credential implementation anticipated by the end of 1986. The Board, composed by the end of 1986. The Demission of the control of th by the end of 1986
Schwartz stated that, The changes, which en The changes, which en The Presidential Aca demic Fitness Awards were presented to the following the changes, which en The Presidential Aca demic Fitness Awards were presented to the following the changes of the ch the changes, which en represented on the Regional presented to the following Michael Blackwell, Tanya from 10 a.m. 5 p.m. on the practice session at Governous national, regional processing the regional presented on the Regional processing the regional presented on the Regional processing the r students: Diana Kielezynski | Braithwaite, Suzanne | Governor Livingston | nor Livingston will be in of Clark; Vicki Durner of Carter, Leigh Ann Dem athletic field. All students preparation for this comand residents of Berkeley petition.



Library

Charles Cox, 84, owned trucking firm

Charles F. Cox, 84, died | His wife, Mrs. Elizabeth | Westfield before moving to | daughters. Mrs. Martha Virginia Andersen and Mr. | retiring in 1983. of American history, it is Mr. Cox was the owner Betty Butkiewicz, both of Mr. Lanza was a com Joseph Lanza of Barefoot Meeting during the week: Today, Prayer Meeting, fascinating and educational of Charles, Cox Trucking Rahway: five grand municant of St. Mary's Bay, Mary three sisters, Miss 1 Co. 30 years, retiring in children; and six great R.C. Church. Our "Choose Your 1950." - Frandchildren Sumer Adventure" for !

Andrew Kusner, Jr. was Merck operator

Andrew Kusner Jr., 65, | 42 years, retiring six years died July 24 at Rahway ago. Hospital after a brief illness. | He was a Navy veteran | Mrs. Frieda Schaaf | Senior Citizens Everpreen Hofschneider, 81, died July | Chapter. of World War II. He was born in Surviving are his wife, 23 at Rahway Hospital Her husband, William Czechoslovakia and was Mrs. Dorothy Emplert after a brief illness. Mrs. Joanne Dunlap of Colonia, and Came to New of Colonia; a sister, Mrs. York in 1927. She lived in Trudel Bischoff, in Geryears ago. He lived in Mrs. Joanne Dunlan of Col 1:30-2:30 Craft Hour, Linden 33 years. grades 4.6. For all Mr. Kusner was a heavy Kusner, at home; and a Colonia 40 years. equipment operator for sister, Mrs. Anna Herr

Clara Banks,

retired coat maker

She was a member of the Rahway; and a grandehild.

the dibrary. Books to be Roselle died July 23 at Run A.M.E. Church, Elizabeth.

Elizabeth and lived in

available, free of charge, for Manufacturing Co. many | Ford of Linden, and Mrs.

Temple Beth O'r

Mrs. Clara H. Banks, of [Grater Mount Teman]

Florence Lambert, 32 years in Rahway

Mrs. Hofschneider was a and two great grand

member of the Colonia children.

Andrew P. Lanza,

retired store operator

Andrew P. Lanza, 66, 1 member of VI-W Post 681,

Hospital after a long illness. | Surviving are two cons.

Orange and fived in Neil of Edison: three

Mr. Lanza was born in Anthony of Roselle and

He was the owner and of Colonia and Mrs. Nancy

He was an Army veteran | inc Gonella and Mrs. Julia

Mr. Lanza was a lifetime | and nine grandchildren.

F. Hofschneider,

40 years in Colonia

Del., Mrs. Annette Zsamba

both of Westfield, and

l Anna Lanza, Mrs. Joseph

Richelien, all of Westfield;

Hofschneider, died in 1958.

many: four prandchildren:

died; July 22, at Rahway Rahway. -

of World War II.

Mrs. lambert was member of the Union Baj tist Church in Orange. Her husband, Robe Lambert, died in 1982. Survivimp are a niece an a nephew.
а перисм.

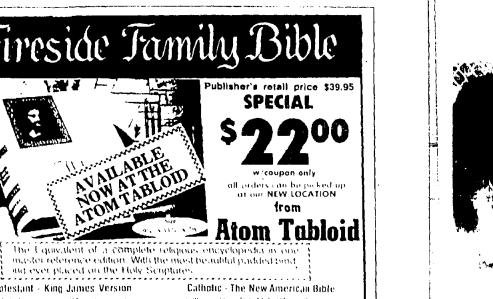
IRS seeks volunteer income tax preparers

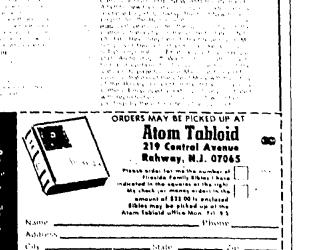
Volunteers are being more specialized assistance

sought by the Internal for senior citizens at 282 Revenue Service in New sites. Altogether, 59,798 Jersey to provide free in low income, handicapped come tax preparation and elderly New Jerseyans A spokesman for Temple adult education classes and Rabbi Shawn B. Zell is assistance next year for were helped under the two cises were held on June 7 William Tisdall; treasurer, Beth Or in Clark invites a family lecture series are the congregation's spiritual those who are unable to af volunteer assistance pro | liturgical, as well as popular | come | Tax | Assistance | Individuals, as | well | as Regular Sabbath services | music, serves as the temple's | (VITA) | program, | persons | organizations, interested in were presented for excellence and performance to the following the following students:

The temple is a conservative congregation affiliated with the United Sequence of America. The sequence of America The Sequence of Amer -Highest Scholastic Mark Benedetti, John Synagogue of America. The conducted all year, well as in projects involving sponsored by local civic and 645 6478 or toll free on Religious services are also world wide Jewish causes, fraternal organizations. 1-800-424 1040. They may Zimmerman of Rahway.
—Second Highest Scho
—Second H Information concerning as time permits and at a site 1.476, Newark, N.J. 07101. Temple Beth O'r has an | membership in Temple Beth | most convenient to them. active sisterhood, men's O'r may be obtained from Earlier this year, 1162

PROGRAM Counseling for the Elderly (TCE) program, provided _____m





About the rotation diet . . .

Want a diet in which you | creasing their ability to eat | counce | cheese, | no cal | grapefruit, no cal beverage. can lose 10 to 15 pounds in after the diet without beverage. 21 days and then take a regaining weight. Lunch: 2 ounces salmon chicken, 1/2 cup carrots, 4 vacation from the weight | In fact, with a wise canned in water, unlimited cup mixed vegetable salad, foss regimen? Then, reports choice of foods and a free vegetables such as as 1 tounce cheese, 1 apple, no the August Reader's Digest, | reasonably active lifestyle, | paragus, celery, cucumbers, | cal beverage. the Rotation Diet may be most people can eat up to for you.

On it, you rotate between day than they are now whole wheat crackers, 8 all of the foflowing each three week periods of quick cating and not pain weight! ounces skim or low fat milk, all of the following cach weight loss and rest! How can the Rotation no cal beverage. maintenance periods during Diet short circuit the starva Dinner: 3 ounces baked 50 percent larger portions which you can go off the diet. During Week I. Matth Katahn: originator W cup beets, I apple, no call tablespoon of butter, oil or women consume 600 of the diet and director of beverage. calories a day for three the Vanderbilt University 900 Calorie Day days, followed by 900 Weight Management Pro Breakfast: ½ banana, 1 calories a day for four days. | grain, you eat a variety of | ounce high-fiber cereal, 8 | The diet should also in children calories a day for four days. | grain, you eat a variety of | ounce high-fiber cereal, 8 | clude eight eight ounce Week 2 allows for 1.200 foods. (High protein diets ounces skim or lowfat milk, glasses of water a day. calories a day. Week 3 that cut out such car no cal beverage. repeats the 600/900-calorie holydrates as bread, Lunch: Tuna salad (2) Once you reach you rotation. Men are permitted postatoes. fruits and ounces water-packed timal, desired weight, the best way

day the second week. | | caloric intake below 1,200 | low-cal salad dressing, ½ | fat, and walk. After 21 days you stop | calories for more than a } dieting for one to three week. And third, if you are Picnicking fun weeks the length of time | sedentary, you are niged to

The Retired Railroaders, I his orchestra. Group 2, will have their and For tickets, please con-With the Rotation Diet, for several hours, In ad Citizens Center at 1306 mual picnic at the Senior | tact 245 5031. keeping the pounds off, research, the vacation from Esterbrook Ave., Rahway, on Thursday, August 14 at to dean's list 12 noon. Fried chicken, Italian Rahway has been named to rate the speed with As with any weight loss sausage, hamburgers and the dean's list at Union which your body burns program, it is important hot dogs will be served. County College for the spr

calories slows down. that you check with your Dancing music will be fur- ing semester. She is major Body temperature falls, physician before starting, hished by Al Gehrum and hing in business.

Union County 4-H Fair to sponsor pet show

The Union County 4-H | at the Fair grounds. Fair will sponsor an open. The open per show will vices to individuals, strong peer pressure expet show on Sunday, begin at 3 p.m. and prizes families, groups, and perienced by their children August 10, at Trailside will be awarded to entry employers faced with the to experiment with drugs Nature & Science Center, winners. Coles Avenue and New] Providence Road in Moun- For further information | tified alcoholism counselor.) | number of "experimenters" please contact Erika U. All children are welcome Fields, County 4.11 Agent to enter a pet. Children or Marlene J. Brown, 4-H | Techagers account for with 54% of the 16 to 1 under 5 years of age may Program Assistant at about 60% of people killed 18 year olds using alcohol. have an adult help in handl | 233/9366. Registron for the pet Service Programs are of drunken driving accident children and discuss with show will take place bet | fered to all without regard | every 14 minutes, and drun | them their concerns for ween 2-2:45 p.m. Registra | to sex, race, color, national | ken driving is the leading | health and safety. These |

tion forms will be available origin or handicap.

is up to you. Then, if you be more active.

have more weight to lose. A 30 minute exercise ses

you diet for another 21 | sion walking, swimming, }

days. For many people, one | pentle jogging can in-

rotation is enough. crease your metabolic rate]

you have a good chance of diton, according to

When caloric intake is dieting guarantees that]

restricted during a typical there will be no slow down.

heart-rate slows, and other | The Rotation Diet should

body functions are reduced | not be used by diabetics, |

serve energy. This women, children and

metabolic adaptation is call adolescents or persons

ed the starvation response. Trecovering from trauma or

there is no reduction in Following are sample

metabolic rate with the Rotation Diet menus from

Rotation Diet. Instead, the August Reader's Digest:

showed an increase. This Breakfast: ½ grapefruit,

means that they were in [4] slice whole wheat bread, I

many participants actually 600 Calorie Day

all in an effort to con pregnant or nursing

crash diet, your metabolic in metabolic rate.

But research indicates that | surgery,

driving. MR. PEEPERS, the longest resident at the Pets Adoption Waiting Station, desperately needs a good, stable home. The 212 year old, 60 lb., collie mix is extremely help protect their teenagers ride if in a drinking and

affectionate, loving and friendly. "He would be the from the tragic consequen driving situation. perfect addition to any deserving family," said Diano | ces of driving while under | • Parents should be alert | Astalos, shelter volunteer. He gets along with all the influence of alcohol? to signs of possible drinking full that they'll buy visits every waekend duranimals, is neutered and fully-innoculated. Mr. Peepers only has the sight of one of his eyes, but this is no handloap to him. "Sad to say, poor Peepers has been re- Alcohol has been glamoriz out behavior, dull and lected by most people because of his loss of sight. | cd in the media and, to | bloodshot eyes, a change in | They fail to see that he still has one very good eye | young people, represents | friends, mood swings, drop | available to him. Uses wish people could see their own | adulthood. Anyone who | ping out of extra-curricular | faults and realize that none of us is perfect," Astalos | has ever seen the victim of a | activities, and failing grades | sald. Anyone wishing to fulfill Mr. Poopers' dream may | drunken driver knows | are just a few of the | call the shelter at 499-9300, or visit from 1-3 p.m., there's nothing glamorous recognizable signs and Monday, Wednesday, Friday and the weekend; or from | about drinking and driving. | symptoms of a drinking or 6-8 p.m., Tuesday, Wednesday and Thursday, Please | So the old "do as I say not | drug problem. make an appointment first! Pets Adoption is a non-profit animal wolfare organization which does not euthanize its animals. Many cats, dogs, kittens and pupples are all good, responsible examinated for adoption.

We're here to help

Finally, parents an find help at the UMDNI Community Mental Health

We're here to help

CENTURY 21 • CENTURY 21

Dinner: 3 ounces baked I regular salad dressing three

1,200/4,500 calories a day | vegetables are more likely | unlimited free vegetables, 2 | to prevent lost fat from during the first and third to slow the metabolic rate.) slices whole wheat bread, I returning can be boiled weeks and 1,800 calories a Second, you don't say on a Leaspoon mayonnaise or Ldown to five words; cat less L planned by Railroaders

> Sopranzi named Susan E. Sopranzi c

Teen drinking and driving — What Parents can do to promote safety

Phyllis Reilly, M.A., 1 • Along with responsible | Centers in Piscataway and behavior, parents should Newark or be referred to an never allow alcoholic agency near their home. (Phyllis Reilly, a resident | beverages, including beer, | For information call of Piscataway, is project to be served to teenagers at 463 4726. director for the UMDNJ parties in their homes. (This column is given to Community Mental Health Teemages should have a Center at Piscataway's clear understanding of New Jersey newspapers as a Center for Industrial parental limits and beha public service of the Univer-Human Resources (CHIR). vioral expectations as far as sity of Medicine and Den The Center for Industrial drinking and driving are tistry of New Jersey. In quiries to the column may Human Resources offers | concerned. be made through this

outpatient treatment, edu | Parents should be sen cation, and consultation ser | sitive to and aware of the | newspaper.) problems caused by alcohol and alcohol. According to abuse. Ms. Reilly is a cer the Gallup survey, the with alcohol has grown to The facts are grim, the highest level to date in drunken driving acci- | Parents should make an ef Cooperative Extension dents, A techager dies in a fort to listen to their cause of death for young discussions should be just

people ages 16-24. that -- discussion, not angry lectures or argu The good news is that ments. eenagers themselves Parents can and should ecognize the dangers of support local efforts to comdecohol and drug abuse and bat alcohol and drug abuse list them at the top of the such as Mothers Against many problems and fears Drunk Driving (MADD), facing teens today. In a re | Students Against Drunk | cent Gallup survey, one Driving (SADD), safe ride third of the teenagers ques | programs, and new school | tioned said they would like response to alcohol and o talk more with their drug abuse such as the new | parents about drinking pro | Student Assistance Problems. The survey further gram initiated at Piscarevealed that more and taway High School in the more teenagers are suppor | fall of 1985. The program [tive of a national minimum | strives to increase school | drinking age of 21. They and community awareness also favor stronger mea about alcohol and drug use,

sures to counteract the and to eliminate alcohol dangers of drinking and and other drug use among those students who are abusing by educating them The Gallup survey found about the negative consethat 53% support legisla quences of their use. I tion written in 1984 that | • Parents should encalls for withholding federal | courage their children to highway funds from states drive safely and responsibly. with a drinking age below and to stay out of cars if the driver has been drinking. Children should feel com-

What can parents do to | fortable calling home for a and drug abuse in their • Set a good example, children, Irritability, acting

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CENTURY 21 . CENTU



REALTOR PERSONAL USE OF VACATION HOME

Under today's tax laws, if you are claiming your vacation home as an investment property, you are restricted to personal use of no more than 14 days or 10% of the anmual number of days the property is rented. If you exceed this number of "personal use" days", you'll lose many of the important invostment deductions, such as depreciation and utility and maintenance costs. This 14 day limit of personal use can be extended if the visits are for the purpose of maintenance and upkeep. If this is your

case, be sure you can document the fact that

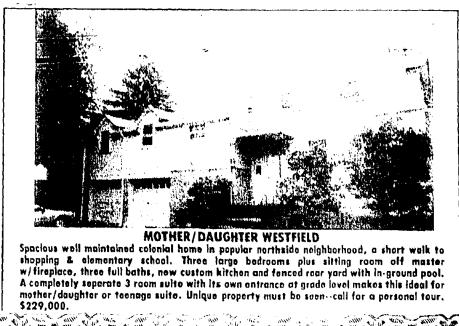
you actually did the maintenance work during that extra time period. In the past, if you brought a relative or friend along, it was automatically considered personal. Now you can bring the whole family, as long as you can prove that you did maintenance work during the visit. Since the IRS is always looking for their share of taxes, you must be prudent about the number of visits and the timing. It is doubting the cental season.

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vices in Second Presbyterian Church. Our congregation | Service, Holy Communion will be celebrated. The Rev. | dish | Illustrated | En and that of Trinity United Methodist Church will share in Rudolph P. Gibbs, Sr., pastor, will deliver the sermon. | Cyclopedia of World War II. | July 23 at Rahway Hospital | Ganer Cox, died in March. | Rahway 25 years ago. | Strode of Bloomington. summer worship during August. The dates and places of Music will be presented by the Celestral Choir with Mrs. For those who have fived after a brief illnew. these services are as follows: August 3 and 10 -- at Se | L. Stanley Parker, Directress, and Mrs. Vera Bergen, the | through it and remember, | ' for the Workshop at 40:00 a.m. in the church fibrary. All | Rehearsal, 7:30 p.m. are welcome.

UNION COUNTY BAPTIST CHURCH OF CLARK | 1:30 p.m.

Dr. Frank Papandrea is the pastor.

'ommencement exer i Braithwaite; vice president, l Recognition and awards St. John's 1986 Class in-

-Highest Scholastic Mark Benedetti, John Synagogue of America. The lastic Average -- Mark Cranford residents: Vick social needs of Jews in nomany year. Durner, Glen Trescott. Clark and surrounding com--Third Highest Scho | Linden residents: munities. lastic Average - Vicki | Carolyn Augustyn, Janine | The educational program | club, young couples group, | Don Paris, membership | VITA volunteers assisted | Durner of Cranford. Bajger, Thomas Baykowski, services those from 3 to 16 and senior citizens group, vice-president, by telephon New Jersey taxpayers at -Excellence in Social Jennifer Braithwaite. An years old from pre-primary The young couples group, ing 381 1076 or from the 198 sites. In addition, 748 Studies — James Villarino | nemarie | Criffy | Tricia | classes to Bar and Bat Mitz | which is in its fifth year, has | temple office by telephon | assistors, under the Tax | 🔻 Davis, Gregory Knapp, van training and Hebrew a full calendar of social according 381-8403.

-Outstanding Perfor | Mountainside resident:

prised of Alexian Brothers. | Coordinating Corporation | Augustyn's Class were: | plan their science project on the human brain to Patrick Golden at the science fair hold

class president, Tanya at St Agnos School, Clark

Public invited to practice session

of Colts Corp.



, ,Patricia O'Kane and Michelle Ozransky, sixth graders, ex-

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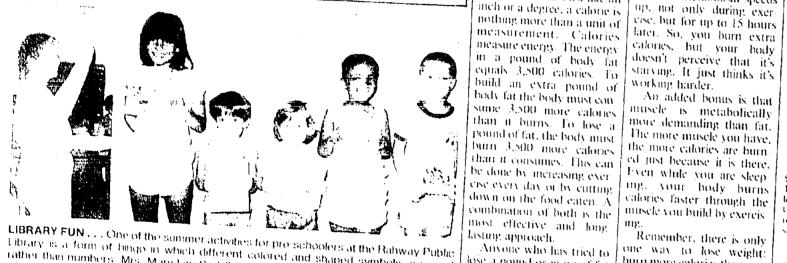
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STEP plans free film events

Piotrowskinamed to memoration of Hiroshima | munity Center in California Day will present two live in 1970. This film event is concert films. The Beatles | free and will take place at |

of these symbols for the boys and quits. The winners who received paperback books find Singleton and Jinmy Shymko.

Yery difficult. Ironically, repeated dieting may be the leason it becomes more and more difficult.

Itource your daily caronic in take by 500 calories and burn 500 calories more than usual each day through in Diastically reducing food creased exercise, in a week, mtake no 1,000 calones of Von will take in 3,500 fewer tion. The body becomes in [(This column is given to "UNHOOKED." They can

you know how to help? Call

s in process of collection and unposted debits) Interest bearing balances. ADVERTISEMENT FOR BIDS BOARD OF EDUCATION Federal funds sold & securities purchased under CLARK SCHOOL DISTRICT freements to reself OFHOM COUNTY, NEW JERSEY 4. Loans and lease, financing receivables FIGURE IS HEREBY GIVEN THAT sealed bids will be received by a. Loans and leases, net of uncarned income. 55,969. as Board of Education of the Clark School District, Schindler Road b 1435 allowance for loan and leave losses. Pione lark, Union County, New Jersey 07066, for the following to be received c Loans and leaves, net of uncorned lucorne & ed at the prevailing time on Monday, August 11, 1986, at 2.00 p mwance for losses complete removal of all Asbestos containing material from the Boile Assets held in trading accounts Room of the Valley Road Elementary School, Additional work Effect and tadher t investments in real includes removal of asbestos containing pipe insulation in the estate ventures. asement areas of the Administration Building. Work to commence Premises and fixed assets (including capitalized on or before August 18 Bids must be made on the proposal forms in the manner designated, 3. Other real estate counsel enclosed in a separate scaled envelope with name and address of bidder Other investments in unconsolidated subsidiaries & and work bid upon noted on the outside, and must be accompanied by a ertified Check, Cashier's Check or Bid Bond drawn to the order of the Tangible assets Board of Education for not less than ferr percent (10%) of the amount of Mortgage servicion o re bid, and must be delivered to the Secretary of the Board of b. Goodwill and all other intangible assets ication, the Board's designated representative, at the above place on Other assets or before the hour named. The Board of Education assumes no esponsibility for bids mailed or misdirected in delivery LIABILITIES AND LIMITED LITE PREFERRED STOCK It is a pierequisite to bidding that each bidder obtain a set of Deporate perficulteds for a non-refundable fee of \$25, and make arrangements Moninterest bearing a mandatory site inspection by contacting the Board Secretary, H b. Interest bearing redend funds purchased & securities sold under as right is reserved to reject any or all bids to waive informality in the quirchase agreements adding if it is in the interest of the Board of Education to do so Demand notes is used to the U.S. Treasury Bidding fiall be in conformance with the applicable requirements o Other borrowed money S.A. HEBA Let seq., pertaining to the Public School Contracts Mortgage indebtedness and obligations under malized leases All bidders are placed on notice that they are required to comply with 8. Notes and debentures subordinated to deposits / Other habilities --20. Total liabilities BY ORDER OF THE Limited life preferred stock BOARD OF EDUCATION OF THE T WORTH CLARK SCHOOL DISTRICT 2 Perpetual preferred stock UNION COUNTY, NEW JERSEY Common stock

Religious News

HOLY MOUNTAIN CHURCH OF GOD

IN CHRIST OF RAHWAY

On August 3, Sunday School will begin at 10 a.m.

Every Wednesday evening at 7:30 p.m. Prayer and

On July 31 there will be a Special Program by the

On August 1, there will be a special program for

The church is located at 220 East Grand Avenue.

Arthritis self-help

PUBLIC HOTICI.

Currency and com-

PUBLIC HOTICI.

(President)

CORSOLIDATED REPORT OF COUDTHOU (Including Domestic disidiaries) for The Rahvary Savings Institution of Rahway, New

sey, as of the close of business June 30, 1986. Cash and balances due from depository institutions

b Non-Interest bearing, balances, fineliating, each

11 7/31/86 Undivided profits and net worth reserves Net worth Certificates 7 11.55 Net unrealized loss on PUBLIC NOTICE. marketable equity securities fotal net worth. Total habilities, limited life preferred stock, NOTICE OF INTENTION NOTICE IS HEREBY GIVEN that the following ordinance was in and net worth We Thomas F. Grahill and Frances E. Burnett of the above named troduced at a Special meeting of the Municipal Council of the City of bank do solemnly swear that this report of condition (including the infor-Rahway, County of Union, State of New Jersey, held on July 24, 1986. matton on the reverse side hereoft is true and correct to the best of our and will be further considered for final passage after a public hearing at a knowledge and belief. regular meeting of said Council of the City of Rahway to be held Monlay August 11, 1986 at 8 00 P.M. Prevailing time Attestation by three directors who are not officers Rahway, N.J James S. Smith, William F. Little, Jr., A.W. Lawrence AN ORDINANCE AMENDING SECTION 178 4 OF THE CODE. Ordinance No. A 22.86 OF THE CITY OF RALIWAY. BE IT ORDAINED, BY THE MUNICIPAL COUNCIL OF THE CITY me this 28th day of July, 1986 and I hereby certify that I am not an of OF RAHWAY, that Section 178.4 of the Code of the City of Rahway is ficer or director of this bank. My commission expires March 1987, Ellen nereby amended to read as followa) In accordance with N.J.S. 54:4-67 any taxes or assessments which

ward Flanagan, at 574 9602

are not paid on or before the 10th calendar day after which same accome payable shall be charged interest at a rate of 8% per annum on he first \$1,500,00 of the delinquency and 1896 per annum on amount in excess of \$1,500,00, to be calculated from the date the tax was payable until the date of the actual payment; a) Notwithstanding the provisions of sub-section (a) of this Bartenders Academy Ordinance, in the event that the Tax Collector, for v mail or otherwise deliver the tax bills by August 1, the Mayor may, in his sole discretion, by executive order, extend the 10 day period in which no interest is charged for a period of time not to exceed 30 days 925-0095 but in so doing the Mayor shall fix a specific date which is the termination of said fime period, c) This Ordinance shall take effect immediately upon adoption and publication according to law-

Morning Worship will begin at 11:15 a.m., officiated by the Reverend Robert L. Bragg. The music will be rendered by the Inspirational Choir under the direction of Mrs. Brenda Salter. PUBLIC NOTICE Bible classes are held. Regular service is held every Friday PUBLIC NOTICE. SHERIEL'S SALE The Board of Education of the C Helping Hand Club, under the direction of the President SUPERIOR COURT OF NEW ty of Rahway, County of Union, State of New Jersey invites scaled Missionary Ernestine Joyner. bids for Gym Bleachers Scaled bids will be received in the Mother Gladys Bragg conducted by the Vice President of (Business Office, Rahway Inthe Missionary's Circle Missionary Alice J. Ross, All are termediate School, Kline Plac Rahway, N.J. until 10 00 A.M. on Thursday, August 14, 1986 prevail and time. Bids will be publicly open als, Defendants ed and read aloud at the Busines Office beginning 10.01 A.M. Note CIVIL ACTION that this logal notice supersedes any l Bids are to be stamped on the PREMISES outside of envelope. Bids for Gym Bleachers

course leaders needed pose for sale by public vendue, in Secretary of the Board, Rahway The New Jersey Chapter | trolling their disease. of the Arthritis Foundation | Phone Anne at 388-0744 The Board of Education reserves is seeking people with ar for further information. August A.D., 1986 at two o'clock in the right to reject any and all bids of thritis and health profesproposals or parts of bids or proposals, waive any informalities sionals such as nurses and physical therapiets who and award contract which in their physical therapists who judgment may be for the best would be interested in Interest of the Board of Education | becoming Volunteer Ar-Bidders are required to comply thritis Self-Help Course with the requirements of P 1 1975. Leaders.

Guard Veterans of World War II are seeking ship-The U.S.N. Armed By order of the Board of Volunteers will be train nion. For further informaducation, City of Rohway, in the ed by the Chapter to lead a tion contact Alex P. Lom-Authors Rocco, dr Six-week course designed to bardi, 14 Brookfield Rd. Board Secretary help people with arthritis Upper Montelair, N.J. For \$22.63 take an active role in con- 07043

vening at 7:30 p.m.

Overlook Hospital plans free support groups for caring for elderly at home Overlook Hospital will Both monthly groups will | clude a short educational

sponsor two support groups | be lead by health care pro- program followed by a supor those caring for the fessionals including clinical port meeting. The demenelderly at home, with group | nurse specialists with exper- | ting illnesses group will meetings beginning August tise in rehabilitation and meet only in the evening. Concert films. The Beatles Live At Shea captures the Rearles' concert at Shea Captures the Rearles' concert at Shea Captures to Cannot Country of Rahway, majoring in historics at Union Country of New Jersey from Shear Carried Country of New Jersey from Shear Cannot Country of Serving calories Your public service of the University of Medicine and Den p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. For New Jersey from Serving Call 643-5050, 9 a.m. to 5 p.m. Monday through Friday. Live At Shea captures the Beatles' concert at Shea Stachum in 1968. The set St. Pool Axe Fon Anoust 6 College has been named in the College has been named i quities to the column may ment program referrals and mer's Disease or a related month for the convenience neberg, Geriatric Clinical of those attending. It will in Specialists, at 522-2140.

RAHWAY NEWS RECORD/CLARK PATRIOT THURSDAY JULY 31, 1986 PAGE 11 SERVICE DIRECTORY

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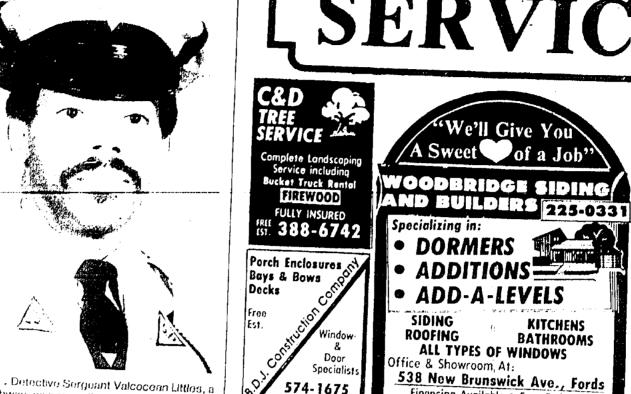
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DOUBLE HUNG

formal installation



NEW POST... Detective Serguant Valcocean Littles, a resident of Rahway, was recently promoted to the position of Sergeant First Class within the Division of State Police. He is now assigned to the Personnel Bureau, Administration Section, in West Trenton.



GAME CREATED Rahway young adults Doniso Fitzgernld, left, and Jennifer Disney display the board game they made during sessions of the young adult summer activities held at the Rahway Public Library. This game, entitled "What Am I," was created entirely

Consumer checklist pinpoints household electical problems Safety experts at the U.S. 1 these GFCTs. Find out if Consumer Product Safety your home has them. If

Commission offer this your home does not have quick and easy checklist of G!-CI protection on these some major electrical ha lines, this protection can be zards to look for in your added by a qualified in- Has any electrical pro
 Do you always connect duct shocked you lately? If the grounding system when so, stop using the product | you use a third wire groundand have it inspected at an ed electric appliance, one electric repair shop or ap with a three-prong plug? If pliance service center; the you don't, you lose shock next shock could be far protection. To reduce the worse if you continue to use risk of shock when using an the product. extension cord, be sure it is • Are countertop elec three wire. If your outlets trical outlets within six feet | do not accept a three-prong of the kitchen sink pro plug, be sure to use an tected by a ground fault cir adapter and connect its cuit interrupter (GFCh? ground terminal to the Probably not, says CPSC, screw of the faceplate. in which case you could be Double insulated products electrocuted by means of a do not require the threenumber of product related wire cord and may be used accidents. For example, if with two-wire extension an electrical appliance fell cords. into a sink of water and the

consumer instinctively Consumers may obtain a reached into the water to free copy of the detailed remove the product, the electrical safety checklist in consumer could probably English or Spanish by be electrocuted, even if the writing Electrical Safety, switch were off. However, Washington, D.C. 20207. if the circuit were protected or by calling the agency's by a GFCI, the power toll free hotline at would be shut off before | 1800 638 2772. A slowserious harm came to the play disc record of the consumer. The GFCI checklist is also available for monitors electricity flowing the blind. in the circuit to sense any l loss of current, then swit ches off the power quickly

American spirit if current is escaping from the circuit. For any circuit | ∟singles dance set_ or outlet which may pose a risk of electrocution, a The Young Single Cathoqualified electrical repair-1 lie Adults Club invites man should install the singles 21-35 to an "American Spirit Dance" on Satur-• Are all bathroom outlets protected by will be held at the Im-GFCFS? If your home was built before 1975, CPSC Church, Martine Ave., says the outlets probably do Scotch Plains. Music will be not have GFCI protection. provided by Sounderaft Since then, new homes D.J. wired according to the National Electrical Code are The time is 8 p.m. til mid Supposed to have GFCI night Admission is \$7 and protection on all bathroom | includes beverages and | circuits, plus garage and snacks. For further inforoutdoor circuits. However, mation, call 382-0122 or

not all newer homes have 1 388 9676.

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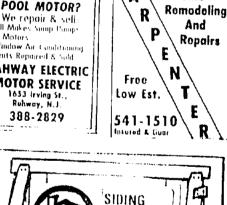
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ENROLL TODAY Calories: To spend, burn up or store

Everybody hates calories,

People picture them as little

gobs of fat just waiting to

victims' hips. Actually,

/ substance at all. Just like an 📳

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Remember, there is only !

If you exercise vigorous-

One of two week course

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Morning and afternoon, night fell o

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(Dr. Cavalieri is an assis 1 metabolism to slow down, ant professor of medicine your body resists weight the University of loss. The less food you eat,

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ploss. As a matter of fact diet without exercise can actual OR SALE OF MORTGAGED by result in up to a pound of attach themselves to their vital muscle loss for every By varie of the above stated writby your metabolism speeds ROOM 207, in the Count House, in Intermediate School, Rline Place, inch or a degree, a calorie is up, not only during exertific City of Elizabeth, N.d. on Rahway, N.d. nothing more than a unit of | cise, but for up to 15 hours | WEDNESDAY, the 13th day of measurement. Calories later. So, you burn extra measure energy. The energy calories, but your body Municipality City of Rahway, Starving. It just thinks it's ! theet address, 2020 Wall Street Rahway, N.J. Fax Lot and Block Lot 8 B. Block 125 on the Tax Map than it burns. To lose a pound of fat, the body must the more muscle you have, Approximate dimensions

55 feet x 100 feet burn 3,500 more calories and the problem of the consumers. This can be done by increasing exer be done by increasing exer by the consumers from July by the consumers from July to the 2. 1985 and costs. There is a full down on the food eaten. A calories faster through the legal description on file in the Union County Sheriff's Office. The Sheriff

of these symbols for the boys and girls. The winners who received paperback books.

| Institute that numbers are used the point of the RAI PHTROEHICH, SHERIF

UNHOOKED



ROCK-A-BYE CLUB MEMBERSHIP TOPS 1000 . . . Susan Zurich, of Lindon, is the 1000th member of Hahway Hospital's Hock-a-Bye Club for expectant mothers, which was started two years ago. Marie Galvin, of the hospital's Community Relations | Department, presents her with a club T-shirt. Mrs. Zurich, who is expecting a baby in Docember, said she joined the club to make the wait go more quickly. She and her hushand Stauber, already have a two and a half year old son, Anthony, Rock-n-Bye Club members receive free monthly new lotters during their pregnancy, coupons good for discounts or tree gifts with local merchants. Teahirts (free to those enrolled in maternity chasses at the hospital), and invitations to special programs of interest to prients. Topics of programs have included infant CPB, safety-proofing the home, pediatric dental care, infant stimulation, and sports for children. Members also receive the "Healthy Child New Jotter, Impublication which contains articles of Interest to parents. Member-Ship continues, even after the birth of the baby; parents still receive the newsletter and \pm invitations to Book a Bye Club events. There is no fee to join the club. For further Information, call the hospital's Community Relations Office at 499-6137.

Hospital program stresses colorectal cancer screening

ment of Surgery explained | done in the hospital and one Deduck R.D. Chief Some day Clinical Dietitian, explained Head Endoscopy Nurse, hber diet von may be able ed each year. According to Jour of the body, Dr. Campos, although little progress has been made in I

the remains of digested food. and to hold the waste mat ter until it is expelled from the body. Cancer of the colon and rectum arises from polyps, which occur when a layer of the bowel wall call ed the mucosa becomes raised. Not all polyps are can-

The major symptoms of colorectal cancer are change in bowel habits and the presence of blood in the stool. Dr. Campos said that: there are two screening methods which should be part of routine health ex ains starting at the age of 40.45. One is a test for blood in the stoot. This is a simple test which can be done at home and the r sults submitted to a lab or physician for interpretation Positive results do not necessarily mean there is cancer present Blood in the stool can be an indication of other diseases. In fact, only 6.8 percent of those with positive results actually have cancer

The other important screening method is the proctosigmordoscopy The physician visually examines the bowel for polyps or other irregularities with a helited instrument

When the physician su pecis a problem, a col onoscopy is performed as

At an educational pro 1 diagnostic and therapeutic 1 an equivalent amount of ap 1 vulnerable not only to heat 1 sion of Consumer Affairs. Prame held recently at procedure. The bowel is explicitly and a baked apple has 3 heat stoke, but also to more Public Safety, reminds and rectal cancer, early optic scope. This is the pro-grams, A bran muffin or serious medical problems, county consumers of some detection through screening | cedure | President | Reagan | whole grain cereal contains | such as heart failure and | common sense guidelines was stressed. Humberto has had to remove polyps, a greater amount of fiber stroke. Campos. M.D., Chauman Mrs. De Mato explained than a more refined pro Many people feel tired ing their chances of falling of the hospital's Depart | that the colonoscopy is | duet, such as a donut.

the methods used to detect [4s takes a few minutes; the]. There is some evidence this decease, and Gerri patient can go home on the that certain vegetables, call These may be mild signs of apartment cool by leaving such as broccoli, cauli | Bloom, Director of the Divi In addition to following flower, and brussels sprouts, sion. of cancer through their thods, there is evidence that risk of colon cancer even are more serious and may Sharon De Maro, R.N., it you follow a low far, high more.

material found in food from associated with a greater diarrhea, nausea, throbbing should be consumed in copies of receipts or con-Over 100 000 cases of co plants. It helps move food risk of colon cancer as well headache, dry skin (no moderation, Don't wait un tracts. dorectal cancer are diagnos | through the intestines and | as heart disease. Americans | sweating), | chest | pain. currently consume about 45 general weakness, mental percent of their calories changes, breathing pro-Mis. Dedrick said that from fat, but it is recom blems, vomiting or cramps, recent years in discovering a | the average American takes | mended that this be lowered . Any of these signals should cure, advances have been in about 10/20 grams of to 30 percent. be carefully monitored, and made in research and dietary fiber a day, but it is Mrs. Dedrick stressed a doctor should be con-

recommended that this be that when modifying your sulted if they persist. Heat increased to 25.35 grams a diet to follow these guide stress can be fatal," adds Di Campos explained day. You can increase fiber lines, you practice modera Bloom. in your diet by eating more | tion and eat a variety of | Certain individuals may turn are part of the bowel. Tresh truits and vegetables, food from all of the food be especially prone to hot the lower end of the as well as whole grains. For groups to get all of the weather sickness. People digestive tract. Their func. [instance, a fresh apple has 5.] nutrients you need for good. [with weak or damaged.] tion is to absorb water from grams of dietary fiber, while health. hearts, stroke victims, l

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DELIVERY



RUNNELLS HOSPITAL ADVISORY BOARD NAMED...The John E. Runnells Hospital Advisory Board of Managers was re-established after a two-year hiatus, with the swearing in recently of six of the seven appointees, according to Paul J. O'Keeffe, Chairman of the Union County Board of Chosen Freeholders, Present at the first meeting of the board are (left to right) Luther M. Smythe; Dr. Halph G. Oriscollo; Sister Hizabeth Ann Maloney, Paul J. O'Reette, U.C. Trecholder Chairman; Kathleen Hoza, Administrator of Runnells Hospital and Horinan E. Bauscher

Consumer Affairs Division offers hot weather warnings for safety

The Union County Dept. | diabetics, people suffering | til you are thirsty to drink. of Public Safety, Division of | from hypertension or cir | By the time you feel thirsty Consumer-Affairs has of | culation problems, over | you already may be danger fered the following informa | weight people and the elder | ously low on water. Ty should exercise special Watch what you cat. Avoid hot foods and heavy reminded that the hot Anyone taking prescription meals, and try using the weather has returned but | medicines for high blood | stove less than usual. people do need to keep in pressure, nervousness, mind that hot and muggy depression, or poor circula with a doctor before in days can cause far more tion should check with a than physical discomfort, doctor or pharmacist for adpotassium intake. Do not particularly to the elderly. | vice, since some of these | take "salt tablets" without The Union County Divi | medicines may increase a your doctor's permission. sion of Consumer Affairs patient's vulnerability to Dress appropriately. issues an alert regarding the beat. Other medical condidangers of heat stress, tions, such as infection, around the house. especially in the early days | fever, diarrhea, and sun-Lightweight, light colored,

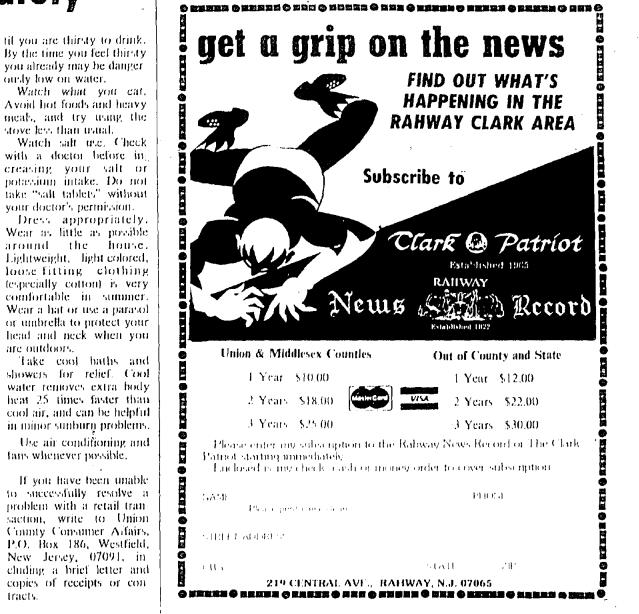
of summer, before people burn may be seriously ag have adjusted to the heat gravated by extreme sumand humidity. At this time | mer heat. of the year, people are | The Union County Divi for keeping cool, and reduc-

and irritable, and have victim to heat related it cool air, and can be helpful reduced appetites on op | Iness: in minor sunburn problems. pressively hot summer days. Use air condifioning and Keep your house or fans whenever possible. ed cruciferous vegetables, heat stress," warns Allen shades down during the If you have been unable Take it easy, Physical ac-

to successfully resolve a Changes I rivity produces body heat Drink lots of fluids. be early warnings of ex Water is best in hot County Consumer Affairs, treme heat stress or illness. weather. Coffee, tea, car | P.O. Box 186, Westfield, discusses the colonoscopy, at to lower your risk of colon. Mrs. Dedrick reported. These serious signs include thousand high sugar. New Jersey, 07091, in diagnostic and therapeutic cancer. Fiber is undigestible that high fat diets have been dizziness, rapid heartbeat, beverages, and alcohol cluding a brief letter and



"SKATEAUSAURUS" VISITS HEHNLY SCHOOL ... The United Skaton of America "Skatoaugaurus" visited the Frank Hehnly School in Clark, Hehnly School was involved in the USA Birthday Party Rebate Program this past school year. "Skato" visited the school along with Sales Manger Jill Mandell, on right, and rink General Magager Philip De Angelo to present a check for \$205 to the school. Seen receiving the check for the achool is Mrs. Montdomory.



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