

# RAHWAY News Record

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RAHWAY, NEW JERSEY, THURSDAY, DECEMBER 24, 1987

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25 CENTS

## Drop-out alternative offered to Rahway youth

By Pat DiMaggio  
Before Project ACE, students who did poorly in school, or who were disruptive, had only one choice — to drop out.  
Since September 1986, their choices for education, and for life, have been expanded due to the Alternative Center for Education, known as Project ACE.  
"There are some students who don't do well in school as school exists," said Project ACE Director William Petrino, Ed.D. "That doesn't mean they are not capable of learning and it doesn't mean that school needs to be changed for everyone. To get involved in a program they can learn in we created ACE."

The goals of Project ACE are to reduce the level of disruption in the high school, to provide educational opportunities to potential drop-outs and to develop instructional models which might have applicability to similar populations elsewhere.

An option for "at risk" students, Project ACE currently numbers 39 students, between the ages of 16 and 18, who attend school from 8:20 to 12:45, five days a week, in a third floor wing of the Intermediate School. Students are required to be employed or to attend a vocational training program every afternoon.

Students considered for Project ACE have a history of school failure and behavior problems. Referrals are made by guidance counselors, administrators, teachers, parents and friends.

"Many of the referrals are from students currently in the program," said Dr. Petrino. "They will tell me that they have a friend who will call me up and ask how they can get into the program."

Project ACE allows a student to fulfill all his or her graduation requirements through the program. Courses include freshmen to senior English, General Science, all U.S. History courses, health and physical education and work study.

There are 17 students currently in the program who are eligible to graduate next June, said Petrino. "As

kids are ready to go back to the high school, they will return there," he said.  
"Out of 43 students enrolled in Project ACE last year, the first year of the program, three dropped out. According to students and parents, 90 percent would have dropped out of regular high school if not for this program," said Dr. Petrino. "Last year, three came back after dropping out to enter the ACE program."

"We define success as if 60 percent of the kids this year would succeed we would have done better than most alternative high schools," said Petrino. Attendance has gone from an unacceptable 75 percent to an acceptable 89 percent, said Petrino.

"Parents who come to our meetings say the program is working because their kids are calmer at home, they are still in school and they are thinking about the future. This program helps the high school serve more students than it could previously serve. Every town has kids like this but not every town has the courage to deal with them," Petrino added.  
Project ACE is one of six

programs in the state serving as models for the development of other alternative education programs.  
"Towns are sometimes reluctant to work with students like this because the students are often angry and don't want to play by the schools' rules," said Dr.

Petrino. "But these kids are a resource. Rahway should be proud of itself for taking a chance on these kids. Like any high risk investment, they will give a tremendous return. We need businesses to be aware of us to help provide jobs or to come in to speak to classes. Pro-

grams like this succeed when there is a partnership. These kids are not a town problem or a school problem or the parents' problem; they are a shared problem and we all have a responsibility. Programs like these succeed because all the people cooperate."



ACE IS THE PLACE for educational options for Rahway High School students at-risk to drop out of school or become disruptive. Mrs. Lillie Henderson, Vice President of the Rahway Board of Education, discussed the program with Dr. Thomas Rubino of the New Jersey State Department of Education during a recent conference hosted by Rahway High School's Project ACE.



LOOKING AT ALTERNATIVES... Pictured from left, Nicholas F. Delmonaco, Assistant Superintendent of the Rahway Public Schools, Dr. Thomas Rubino, New Jersey State Department of Education, Dr. Vito Gagliardi, Union County Superintendent of Schools, and Frank

Brunetto, Superintendent of the Rahway Public Schools, recently participated in a conference to explore educational alternatives for students who are at risk to drop out of school or have become disruptive in school.

## Rahway hosts alternative ed conference

Rahway's Alternative Center for Education (Project ACE) recently hosted a conference for school districts throughout the county on the topic of alternative education.  
At the request of Dr. Vito Gagliardi, Union County Superintendent of Schools, Project ACE opened its doors to the administrators of other school districts so that they might learn about starting a similar program.  
Mrs. Lillie Henderson, Vice President of the Rahway Board of Educa-

tion, welcomed the administrators and was proud to say that Rahway was concerned about the education of all its children. The administrators observed this concern in action by attending two classes and discussing the program with the students and its Director, William Petrino, Ed.D.  
Dr. Thomas Rubino, representing the State Department of Education, told the participants that school districts can ill afford to ignore the educational needs of alternative education students.

In sheer dollars, high school graduation brings an extra \$352 a month in earning power compared to what high school dropouts earn. This simple fact can be an effective counterpoint for students thinking about dropping out of school.  
As persuasive as the money is, it is sometimes not sufficient. In some of those cases a specially-designed learning environment is needed and that is just what the conference on alternative education showcased.

## Airman May awarded Good Conduct Medal

Air Force Senior Airman Thomas R. May, Jr., son of Thomas R. and Barbara J. May of Main St., Rahway, has been awarded the Good Conduct Medal at Nellis Air Force Base, Nev.  
The award was presented for exemplary conduct

while in the active service of the United States.

May is a security specialist with the 554th Security Support Squadron. He is a 1984 graduate of Middletown High School South, Atlantic Highlands.



CARDIAC CONTRIBUTORS... Catherine and Nicholas Quadrel (left) present Rahway Hospital President John Yoder and Michael Chen, M.D., with a grant of \$10,000 from the Nicholas and Catherine Quadrel Foundation to be used toward the establishment of a cardiac rehabilitation program at the hospital. Dr. Chen,

attending physician in the hospital's Division of Cardiology, has been instrumental in developing the proposed program, which will emphasize the control of cardiovascular disease through the identification and alleviation of risk factors.

## Rahway Hospital receives donation for cardiac rehab

Rahway Hospital recently received a \$10,000 grant from the Nicholas and Catherine Quadrel Foundation to be used in the establishment of a cardiac rehabilitation program.

The hospital plans to develop a cardiac rehabilitation program which will em-

phasize the control of cardiovascular disease through the identification and alleviation of risk factors.

In presenting the donation to Rahway Hospital President John Yoder and Michael Chen, M.D., attending physician in the hospital's Division of Car-

diology, Mr. Quadrel said, "Catherine and I wish to create an awareness regarding cardiac health by establishing a perpetual fund. We look to Rahway Hospital for continued growth and development in this area."

Mr. and Mrs. Quadrel formed the foundation to

disburse funds to organizations dedicated to causes aligned with health, education and research.

Mr. Quadrel, founder and retired president of Quadrel Brothers Trucking, Inc. of Rahway, has made extensive contributions to the community through the innovations he has brought to the trucking industry as well as through his support of professional, civic and fraternal organizations.

In building his multinational trucking network, Mr. Quadrel developed methods of transportation which revolutionized the industry and led to increased efficiency in the delivery of New Jersey's products to consumers.

He has served as First Vice President of the professional association of his industry, the New Jersey Motor Truck Association, and also as Transportation Chairman of the Woodbridge Chamber of Commerce.

He has been a member of both the Rahway City Council Advisory Board and the Advisory Board of New Jersey National Bank (now known as Princeton National Bank).

As President of the Rahway Kiwanis Club during its 50th Anniversary Year, he was instrumental in the dedication of a \$10,000 "Kids Corner" at the Rahway Library. He has also supported Kiwanis in its activities on behalf of the Hospice movement at Rahway Hospital.

Taking an active interest in health care, Mr. Quadrel is a member of the Board of Governors of Rahway Hospital and is currently serving as Treasurer.

In 1985 he organized the Rahway/Clark Unit of the American Heart Association, the first local chapter to be formed in New Jersey, and served as the group's first President.

## Chief Polhemus honored by board

by Pat DiMaggio  
Rahway's police chief was honored by the Board of Education at their regular meeting held last week.

Chief Theodore Polhemus, who will retire after 29 years in local law enforcement on February 1, 1988, was commended for his services and dedication to the students of Rahway.

"Chief Polhemus has provided inservice training to the Rahway educational staff, has assigned members of his staff to provide educational presentations on safety to students and staff and has demonstrated his commitment to preventive safety education," stated the resolution in his honor.

The board gave its approval to Grover Cleveland School to participate in the United States/Soviet Union Youth Fitness Testing for the President's Council on Physical Fitness.

The following additional Objective and Action Plan for the High School for the 1987-88 school year was approved:  
"By June, 1988, 100 percent of grades 10 and 11 students who have not successfully completed the High School Proficiency Test will pass the test."  
Substitute salary rates were approved at 1 to 20 days, \$50 per diem, 21 days

and over, \$60 per diem. The participation with Union County Education Services Commission in a cooperative agreement for the purchase of school supplies for the 1988-89 school year also received approval.

The board voted to apply to the New Jersey State Department of Education for Entitlement Funds and Provisions as follows: Marketing/Distributive Education, \$3,702; Employment Orientation/Home Maintenance, \$5,358; Industrial Art/Technology Education, \$17,408.

The board also approved certified staff permanent salaries, clerk-typist and bus driver permanent salaries, custodial and maintenance personnel permanent salaries and confidential secretaries salaries.

The following payments were approved by the board: To Tami-Githens, Inc., Woodbridge, in the amount of \$53,257.50, for boiler replacement work at Franklin School; to Jeffrey and Kallaur, Consulting Engineers, in the amount of \$1,645, for boiler replacement work at Franklin School; to D. and M. Russo, Inc., Long Branch, in the amount of \$3,600, for paving work completed on the Franklin School parking lot.

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 (205) 922-0000

**Season's Greetings**  
 Here's to you  
 a healthy, happy, healthy, healthy year and yours.

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**Staff change at Vo-Tech**  
 Union County Vocational School, Scotch Plains, N.J., will become the head of the Mechanics Department.

**AAA promotes alcohol education**  
 Students in the Parkway School District will receive alcohol education kits for use in their classrooms.

**INDIAN CRAFTS**  
 The students in Mrs. S. Packer's American Indian class at Scotch Plains Elementary School recently completed their craft project.



**SNOWGLOBES ART**  
 Evan Murray, eighth grader at the Carle Knapp Middle School in Clark, received a Certificate of Merit from the American Craft Society for his outstanding participation in the Snowglobes Art project.

**It's A Girl**  
 The Rosalie Catholic High School class of 1988 is planning a reunion on the 20th reunion.

**Miss Burke to wed**  
 Donald R. Burke, Jr., son of Mr. and Mrs. John A. Burke of 31 Princeton Road, is engaged to be married to Miss Margaret Burke.



**SOULS GENIE**  
 Donald R. Burke, Jr., son of Mr. and Mrs. John A. Burke of 31 Princeton Road, is engaged to be married to Miss Margaret Burke.

**It's A Boy**  
 The Rosalie Catholic High School class of 1988 is planning a reunion on the 20th reunion.

**Players casting**  
 The Scotch Plains Players will hold open casting for "Fiddler on the Roof" on Monday, January 5, at 8 p.m. at the Scotch Plains Community Center.



**Jubilee Day planned in Rahway**  
 The Scotch Plains Players will hold open casting for "Fiddler on the Roof" on Monday, January 5, at 8 p.m. at the Scotch Plains Community Center.

**Now there are two kinds of people who think they know everything about their money.**  
 And those who ask Howard.

**Howard**  
 The Video Banking Genius

**Players casting**  
 The Scotch Plains Players will hold open casting for "Fiddler on the Roof" on Monday, January 5, at 8 p.m. at the Scotch Plains Community Center.

**Art's Center plans Atlantic City bus trip**  
 The Art's Center in Atlantic City will hold a bus trip to Atlantic City on Sunday, Jan. 17, 1988.

**Jubilee Day planned in Rahway**  
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News Record Clark Patriot

C. VIGILANTE Editor Publisher WENDY D'ARCY Managing Editor PAT DIMAGGIO Staff Writer ELLEN VIGILANTE Advertising Manager

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LETTERS TO THE EDITOR

Clark's champs

Congratulations to the Arthur L. Johnson Regional High School Football Team. You may have not become Title Champs; you are in our eyes Clark's Champions.

And the band played on...

The people of Rahway missed a beautiful performance of a 39-piece orchestra and 50-voice mixed chorus when the high school held its recent concert.

THE WORD SLEUTHS

The word sleuth has acquired the current sense of "any evidence or outward proof of high quality or genuineness." Originally, however, it referred to a word for impression embossed into gold and silver items to assure that they were genuine.

Use the telephone to file for Social Security

If you will be at least age 62 within the next three months and are thinking of retiring, file for Social Security benefits the quick and easy way — by telephone.

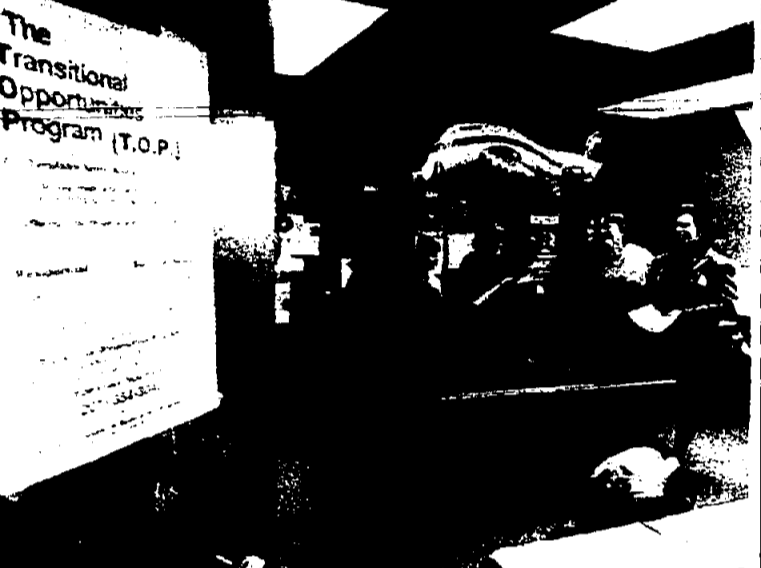
Social Security Full Name, Social Security Number, Date of Birth, Address, City, State, Zip, Phone (home), (work), Best Hours to Reach Me, Clip and mail to: Social Security Administration, Post Office Box 1201, Newark, New Jersey 07101

COMMENDATION... Union County Freeholder James J. Fulcomer presents a framed copy of a resolution he sponsored to Judy Murney, Director of the Rahway Day Care Center.

MOTIVATED LISTENERS... A highly-receptive and enthusiastic audience of high school students and teachers listen to the lively presentation given by Mark Scharenbroich.

Medicare rates to go up in '88

The Medicare hospital insurance deductible, the amount a Medicare patient is responsible for when he or she first receives hospital insurance services in a benefit period, will increase to \$540 in 1988.

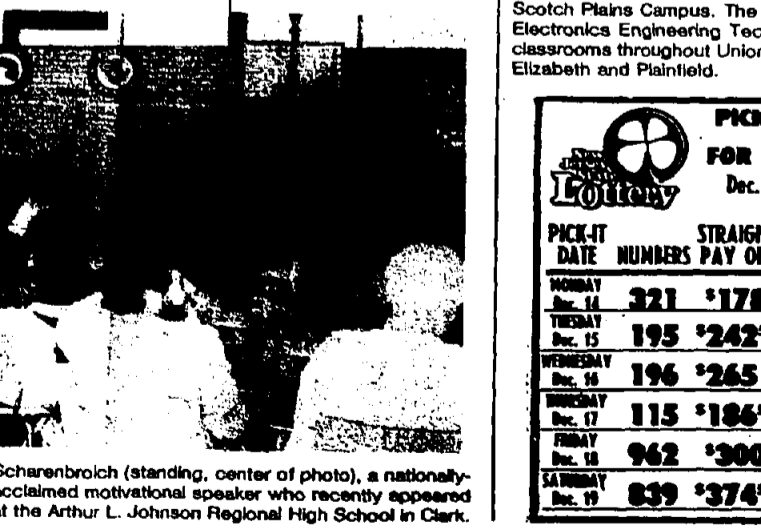


TOP ATTRACTION... An open house recently sponsored by the Transitional Opportunities Program (T.O.P.) attracted close to 100 individuals from all over the state.

Dutcher to head historical society slate

The Society of the War of 1812 in the State of New Jersey elected officers for the coming year as follows: R.K. Dutcher, III, Esq., President and Genealogist; Charles H. Jack, Jr., 1st V.P. and Secretary; Dennis R.K. Dutcher, III, Esq., 2nd V.P. and Registrar; Richard A. Scudder, Deputy V.P., General for N.J. and Chaplain; and William V. Pryor, Esq., Historian.

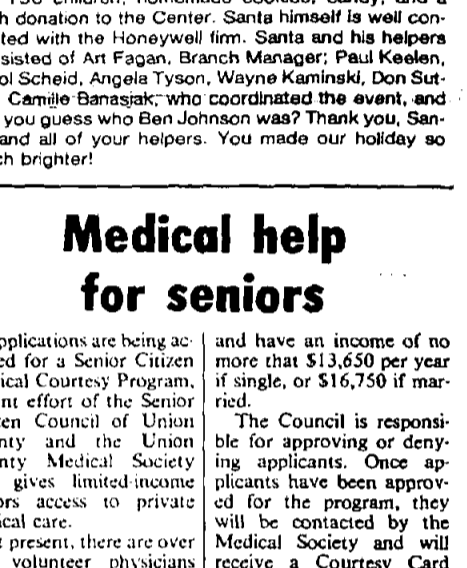
A lifelong resident of Woodbridge Township, Mr. Dutcher claims eligibility in the Society through the military service of his father's great-grandfather and granduncles.



Scharenbroich (standing, center of photo), a nationally-acclaimed motivational speaker who recently appeared at the Arthur L. Johnson Regional High School in Clark.

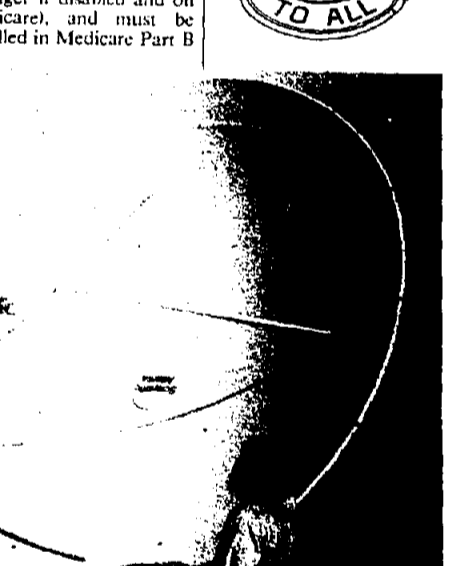
Medical help for seniors

Applications are being accepted for a Senior Citizen Medical Council Program, a joint effort of the Senior Citizen Council of Union County and the Union County Medical Society.



Registration dates announced by CYRC

Registration for CYRC Baseball/Softball is scheduled for Saturday, January 16 and 23, at the Claude Reed Center, Seminary and Irving Streets, Rahway.



SIGNALS FROM SPACE... Prof. John Barstow of New Providence and Pat Melillo of Roselle Park, a member of the Maintenance Department, view the installation of the new satellite dish on the roof of Union County College's Technology Building at the Scotch Plains Campus.

PICK-IT-NUMBERS FOR THE WEEK OF Dec. 14 thru Dec. 19. Table with columns for PICK-IT DATE, STRAIGHT NUMBERS, BOX PAIR, and PICK-IT NUMBERS.

SPORTS



Hat leads 'Cats in outstanding season

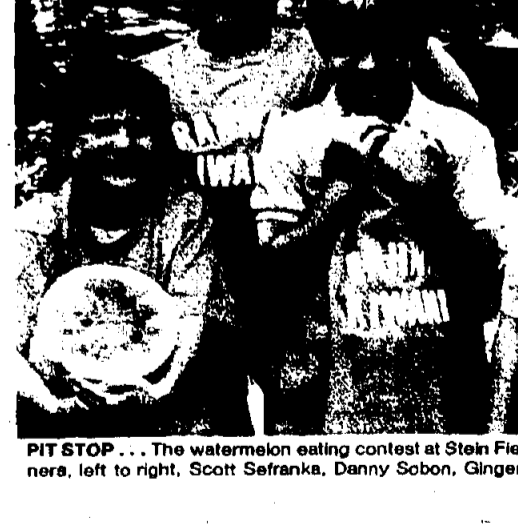
Helen Hnat, a graduate of Arthur L. Johnson Regional High School, wrapped up a sparkling collegiate volleyball career at Villanova University, Pa. this past season.

She terrorized Connecticut with 13 kills in a 3-0 victory in the second round, and then closed out her career in style with 21 kills, including 8 in a nailbiting fifth game, as the 'Cats fell to Syracuse 3-2 (15-8, 8-15, 15-10, 5-15, 13-10) and just missed a berth in the semifinal round in the process.

Openings in ceramic class

Peter J. Lukach, Rahway Recreation Department Ceramic Instructor, has openings in his Adult Ceramic Class on a first-come, first-served basis until the class is filled.

Registration for CYRC Baseball/Softball is scheduled for Saturday, January 16 and 23, at the Claude Reed Center, Seminary and Irving Streets, Rahway.



PIT STOP... The watermelon eating contest at Sten Field this summer produced winners, left to right, Scott Seltrick, Danny Sobon, Ginger Sobon and Kathy Roaky.

UCC basketball teams gain underdog status for Owl Classic



Hnat leads 'Cats in outstanding season

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UCC basketball teams gain underdog status for Owl Classic

Union County College's struggling men's and women's basketball teams will be underdogs as they strive for the championship in the annual Owl Classic, which opens on Monday, December 28 in the Cranford Campus gym.

Hnat leads 'Cats in outstanding season

Helen Hnat, a graduate of Arthur L. Johnson Regional High School, wrapped up a sparkling collegiate volleyball career at Villanova University, Pa. this past season.

She terrorized Connecticut with 13 kills in a 3-0 victory in the second round, and then closed out her career in style with 21 kills, including 8 in a nailbiting fifth game, as the 'Cats fell to Syracuse 3-2 (15-8, 8-15, 15-10, 5-15, 13-10) and just missed a berth in the semifinal round in the process.

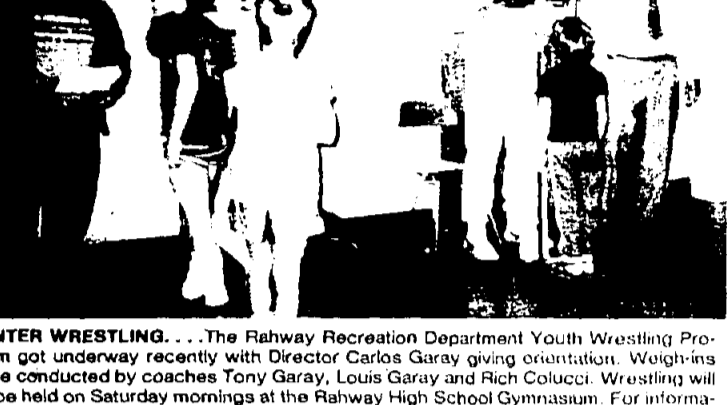
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WINTER WRESTLING... The Rahway Recreation Department Youth Wrestling Program got underway recently with Director Carlos Garay giving orientation.



Official certification

The New Jersey Track & Field Officials Association, Central District, is accepting application forms from anyone 18 years and over living in Union, Somerset, Warren, Hunterdon and Middlesex counties.



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Budget car and truck rental WE LIVE UP TO OUR NAME. Includes a coupon for \$5 off per day and 10% off weekly rentals. Location: 70 Central Ave., Clark, NJ.



MERRY CHRISTMAS



HOPING FOR A HOME... This lovable one-year-old Doberman mix, who is all dressed up with a big red bow...



AAA serves tips for a cold car

It seems logical that a cold car would operate better when it's allowed to warm up before driving... AAA New Jersey Automobile Club says the opposite is true...

Did You Know? A team of eight or nine hickies dogs of the Park Region are capable of running fifty-six miles a day...



PILGRIMS AND INJUNS... Children in Mrs. McGuire's room at Rahway's Grover Cleveland School...



Kindergarten enrollment... The Vail-Deane School in Mountaineer will hold its second meeting for parents...

kindergarten enrollment... The Vail-Deane School in Mountaineer will hold its second meeting for parents...

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HELP WANTED... Job openings in various fields.

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Job Opportunity Information Network... The Recruitment Advertising Revolution

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MAKIE & REEVES INC... Commercial remodeling and construction.

AL-BE DINETTES... Restaurant and food service.

WANT ADS... Classified advertisements for various services.

CONSTRUCTION... Building and construction services.

PLUMBING & HEATING... Plumbing and heating services.

REPAIR SERVICES... Various repair and maintenance services.

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From Our House... Real estate listings and services.

United Counties raises dividend... News article about a dividend increase.

OVERLOOKING MILTON LAKE... Real estate listings and services.

REPAIR SERVICES... Various repair and maintenance services.

REPAIR SERVICES... Various repair and maintenance services.



OLGA SORIENTE... She has been promoted to assistant account executive at Keyes Martin Club...

TRUE THANKSGIVING SPIRIT... Students at Clark's Carl Kumpf Middle School gathered a harvest of Thanksgiving food...

REPAIR SERVICES... Various repair and maintenance services.

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REAL ESTATE GUIDE... Real estate listings and services.

good times! good cheer-at Christmas!... Real estate listings and services.

From Our House... Real estate listings and services.

United Counties raises dividend... News article about a dividend increase.

OVERLOOKING MILTON LAKE... Real estate listings and services.

REPAIR SERVICES... Various repair and maintenance services.

REPAIR SERVICES... Various repair and maintenance services.

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## A CHILD IS WAITING

LADL, an alert 12½-year-old with a love of sports, a social hygiene habits and accepts criticism. Despite a club foot, which gives him an uneven gait, he is physically able and active — loves camping in fact. For more information, contact Spaulding for Children, the free adoption agency, 233-2282.

### School Views

PEP POWER... A group of Madison School sixth grade students, Rahway, called Madison PEP (Peer Education Program), meet with Mrs. J. Torricolo once a week to up against while growing up in terms of peer pressure. Pictured are, back row, from left, Mrs. Torricolo, Mrs. L. Stout, Madison School nurse, and students Erik Wnuck, Rafiah Chester, Jamie Stelman, Jessica Miselson, Catherine David, Kelly Karnas, Karla Riels, Carla Pinto, Jemara Agosto, Hazima Robinson and Mike Thor. Missing kindergarten through fifth grades. Madison School is the first school in the district to implement the program.

### AWARENESS THROUGH ART

Fire prevention was an important part of the curriculum at the Clark Public Schools during the recent Fire Prevention Week with Mrs. Marjorie Cassidy, Curriculum Coordinator, created an excellent schedule of activities, which included the annual poster contest for fourth graders in each of the Clark schools. Pictured are the Frank K. Hehly winners posing with Inspector Klemplady, at left, and Inspector Tom McDonald, right. The Hehly winners are, bottom row, from left: first place, Heather O'Flynn, third place Jodi Conner, and second place with no Diana Winkle.

## Managing adult obesity

Physicians are uncertain exactly what factors cause obesity and why some people are more likely than others to suffer from this condition. The inherited genetic make-up of overweight parents and their eating habits, particularly fast foods loaded with calories, fats and oils are another obesity culprit.

Despite Madison Avenue's best efforts to install the "thin is in" ethic, the obesity problem is growing. The Boston University/Framingham Heart Study, a continuing health examination of a typical population survey, has shown that, since 1956, one-quarter of adults over age 30 are obese. In fact, 15 percent of men and 20 percent of women were 30 percent or more over their ideal body weight.

Yet, despite heavy public scales, adult obesity is a manageable. New medical techniques, such as the helping hand willpower are helping many break the weight gain chain.

The current definition of obesity states that more than 20 percent of ideal body weight faces health risks. Diabetes, hypertension, menstrual irregularities and risk of cancer increase in the obese. Many obese adults have the Pickwickian syndrome, in which severe nighttime breathing problems result in sleeping during the day. Obese adults suffer higher death rates at an earlier age than their normal weight peers.

Along with the physical dangers, the obese must confront psychological factors as well. The overweight often feel picked on and are judged by their appearance rather than by their actions. Job discrimination against the obese is not unheard of. Between diets, doctors, clothing and exercise programs, obesity is becoming a \$10 billion industry. Last year, \$2 million was spent on appetite-suppressant drugs alone.

Obesity's ramifications are medical, personal and professional, but the condition is potentially controllable. While there is no miracle cure, the combined approach of behavior modification, exercise and diet is considered the best method. Willpower and motivation are not enough to manage obesity.

Developing alternative eating behaviors is crucial to managing obesity. But determining the cause of an individual's weight problem is necessary for success. Working with a psychologist or social worker can be helpful. Patients who lose weight without a low-calorie diet, and eating awareness all too often gain back lost pounds. Moderate exercise is the second element to successful weight management.

Although jogging five miles is not feasible at 350 pounds, increased walking is a possibility. Physicians often design a reasonable exercise program for their obese patients without threatening their shaky body image.

You can lose weight without a doctor's supervision. Groups like Weight Watchers and Overeaters Anonymous can work well for some. But if medical or psychological complications accompany severe obesity, a doctor's supervision is recommended.

There are degrees of obesity which may require more drastic treatment. The term "morbid" obesity describes a magnitude of overweight which is notoriously refractory to diet and behavior modification treatment. To be considered "morbidly" obese, a person must be at least 100 pounds overweight. For this degree of obesity, surgery is considered an acceptable medical treatment.

Robert Wood Johnson University Hospital is the site of New Jersey's largest program for surgical treatment of morbid obesity. Since 1981, more than 230 operations have been performed by Robert E. Brolin, M.D., associate professor of surgery at the affiliated Robert Wood Johnson Medical School.

Brolin performs an operation called gastric bypass, a type of stomach stapling which has led to successful weight loss in more than 85 percent of his patients. Weight loss is not a cure for obesity. Weight maintenance is the key. Successful results demand a patient's commitment to changing his eating habits and lifestyle.

Matters of Health is provided as a public service by Robert Wood Johnson University Hospital. For Speaker's Bureau information or to receive a free health care newsletter, contact: One Robert Wood Johnson University Hospital, New Brunswick, NJ 08901.

## In Our Schools



### HOLIDAY GOOD WILL

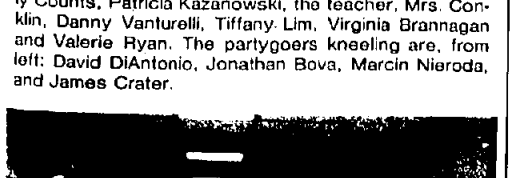
"We have so much; it makes us feel good to share with other people." These words of Franklin School Girl Scout Troop 1021, who filled a basket with canned goods and holiday food items brought from their homes to donate to the Rahway Kwanza Club Holiday Food Drive. Troop leaders are Mary Allen, Maria Shaugnessy and Joan Lock. Pictured are the Girl Scouts of Troop 1021: Nicole Wolf, Kathleen Rosvack, Nicole Quatro, Erin Karpius, Lori Lasowski, Heather Allen, Marina Steyer, Julie Lasowski, Erin Dewarney and Laurie Shaugnessy. Missing from the photo is Adienne Savard.



PRINCIPAL IMPOSTER... Shown posing as Betsy Ross at the Constitution Day celebration at Frank K. Hehly School in Clark is Principal Mrs. Susan Mikaza.



CONSTITUTION CAKE EATERS... Pictured are some students of Valley Road School in Clark celebrating the anniversary of the Constitution by participating in a party, complete with Constitution cake. The students pictured are, standing, from left: Stephanie Cuccinelli, Kelly Counts, Patricia Kazanowski, the teacher, Mrs. Conklin, Danny VanLuigi, Tiffany Lim, Virginia Draganovic and Valerie Hija. The partygoers kneeling are, from left: David Dionizio, Jonathan Bova, Mearc Nioroda, and James Cramer.



Santa visits Meridian... Santa Claus greeted the children of the employees of the Meridian Nursing Center-Westfield at the Annual Christmas Breakfast recently.



ACADEMIC ACHIEVERS... Pictured are students from the Carl Kump Middle School in Clark who were named to the First Honor Roll for the first marking period. They are, front row, from left, Amy Beth Heller, Whitney Chelnik, Rachel Schackman, and Amy Winkler. Middle row: Jill Margulies, Andrea DuCaro, Sharnie Stoleck, Karin Lichtman and Gregory Grysko. Back row: Richard Burlew, Kellie Walsh, Christine Ruloff, James Grobe, and Peter Fishko. Missing are Henea Jadro, Paul Haddad and Danyelle Wray.

HUGH P. SHARKEY has been named Chief Financial Officer for William Grulich & Associates (WGA), an international hospitality company headquartered in the company's financial and accounting matters, which major catering, more than 20 restaurants and a joining WGA, Mr. Sharkey was Senior Staff Supervisor with Morison, Fleming, Grizzetti and Bolko. Mr. Sharkey is a member of the New Jersey State Society of CPAs and the American Institute of CPAs. He is a graduate of Salton Hall University. Mr. Sharkey currently resides in Cranford with his wife and son.

## Acting classes begin Jan. 12

Registration for the winter term for The Acting Studio in Cranford, will be held on Monday and Tuesday, Jan. 4 and 5, at the Studio, at 189 North Avenue, E., between the hours of 4 and 8 p.m. The winter term will begin on Jan. 12 and will run through March 26.

Acting classes will be offered for children (from age 7), teens, and adults, who are beginners or professionals. For adults, the basic acting technique class "The Actor Prepares," helps students become freer and less inhibited, teaching through theatre games and improvisation, the acting techniques that are used in all acting situations. This class is followed by "Creating a Scene" where the students are shown how those basic techniques are used in working with a script.

The third step of the program is called "Building a Scene" where more advanced techniques are used to help actors play different to solve various scenes for the class.

And finally, "Scene Study" lets the student actors work independently to solve various scenes for the class.

Also offered for adults are classes in "Musical Performance," where songs are worked on from an acting point of view; teaching how to set a song and make it a realistic acting experience. The "TV Acting Techniques" the students learn how to work in front of a camera, with commercials and TV scenes. Special private classes are taught for "Speech and Diction" and "Voice Training for the Singer."

There are three types of children's classes: "Creative Acting for Children" in which the children use their imaginations to create playlets of their own with pantomime and role playing; "TV Acting Techniques for Children" where the children do commercial acting and scene work in front of the camera, and a full tape of all of the classes is shown at the end of the term; and "Musical Performance for Children" where the students work on a small musical play, with acting, choreography and singing.

For more information and a free brochure call the Director and Head of Faculty, David Christopher at 276-0276.

## Ramada offers "food and fun"

The Ramada Hotel, 36 Valley Road, announces its new Chicken 'N' Ribs dinner, a down-home treat the whole family is sure to enjoy. Every Saturday, from 5 to 10 p.m., bring the family in for a heaping portion of BBQ Chicken and Spare Ribs — swimming in a special tangy BBQ sauce created by the chef — and hot, buttery biscuits. And if that's not enough, there's the all-you-can-eat salad bar with more than 20 assorted salads.

It's a great family night, BRIB with good food and fun and all for just \$9.95 for adults and \$6.95 for children under 10.

The Clark Ramada Hotel is located off exit 135 on the Garden State Parkway. Call 574-0100 for reservations.

## Happy Holidays

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# SERVICE DIRECTORY

THURSDAY, DECEMBER 24, 1987 PAGE 11

### Board of Ed approves new floor, positions

by Pat DiMaggio  
The Rahway Board of Education approved staff appointments and gave a nod to a new floor for Madison School at a meeting held last week.

The board will contract with Morton, Russo and Maggio, Architects/Planners, New Brunswick, to provide architectural services for a wood floor replacement project at Madison School at a fee of 10 percent of construction cost.

The board terminated the employment of Robert Osborne as assistant winter track coach and reappointed the following coaches: Raymond Candiloro, as head volleyball coach, \$1,684; Veronica Zalinkanskas, as assistant volleyball coach, \$1,236; Harry Reiser, as head softball coach, \$3,052; Kenneth Farrell, as assistant softball coach, \$2,631; Miriam Fernandez, as head tennis coach, \$1,098; Robert Jackson, as head spring boys track coach, \$3,052.

In other business the board:

— Ratified the abolishment of the position of coordinator of maintenance and operations effective December 8, 1987.

— Appointed Frank Erickson as a maintenance person at an annual salary of \$29,227.

— Accepted the resignation of Virginia Trembley as the substitute calling service.

— Accepted the resignation of Joan O'Bryan, mathematics teacher at the High School.

— Approved a pregnancy/child rearing leave of absence to Nancy Beach, special education teacher at the Intermediate School.

— Approved a pregnancy/child rearing leave of absence to Gwen Samuels-Herbert, English as a Second Language teacher.

— Amended the contractual starting date for Denise Addona, kindergarten teacher at Franklin School.

— Appointed Jacqueline Hahl as a special education teacher at the High School.

— Approved the employment of Mary Allen as a substitute teacher aide in the Pre-K handicapped class at Roosevelt School.

— Appointed Cynthia Bradshaw as a sixth grade teacher at Roosevelt School at an annual compensation of \$26,629.

— Appointed Eugene Shapiro as a mathematics teacher at the High School at an annual compensation of \$27,629.

— Appointed Eileen DiGiovanni as the district substitute calling service, \$3,785.

— Appointed Jaye Dee Stahnke as a teacher's aide at the High School at \$5.07 per hour.

— Added the following names to the substitute teachers list: William Humphries, Virginia Johnson, Thomas McGinn, Marcia Flood and Sr. Rose Malague.

— Created and posted the position of special education teacher for the purpose of creating an additional class for the perceptually impaired at the elementary level.

— Created and posted the position of special education teacher aide for the purpose of creating an additional class for the perceptually impaired at the elementary level.

— Created and posted a temporary special education position for the perceptually impaired at the High School.

— Accepted the resignation of Marita Muscara as clerk-typist for the child study team.

— Approved fund raisers for the High School chorus, junior class, International Thespian Society, Cosmology Club, Wrestling Club and Chi Tri Hi Y.



**SENIOR SCHOLARS** ... Pictured are 11 of the 12 seniors from the Arthur L. Johnson Regional High School in Clark who were recently named as Garden State Distinguished Scholars, based on their academic class rank and Scholastic Aptitude Test (SAT) scores after being nominated by their school. They are front row from left: Steve Gelman, Linda Burlew, Hilary Altman and Karen Bruno. In the back row, from left: Jim Lapidus, Chad Goldfarb, Bruce Goodman, Scott Obadin, David Lampman, David Bongiovanni and Greg

Vaidman. Tracey Clark is not pictured. These students are among just 3,200 high school seniors from throughout New Jersey honored as Distinguished Scholars out of an expected 1988 statewide graduating class of 93,000. All of these youngsters from Johnson Regional are now eligible to receive a \$1,000 annual scholarship award for up to four years of undergraduate study at one of New Jersey's 58 colleges and universities.

### Peer Educators reverse pressure

Fifty-five students met in the Rahway High School cafeteria recently for a four-hour substance abuse training session.

The session included information on drug and alcohol abuse, chemical dependency in the family, and skill training in refusal techniques that high school student "Peer Educators" will use in teaching strategies in the elementary schools.

Students from Rahway High School, Abraham Clark High School, Roselle, and West Orange high schools participated in this session which was under the direction of Mrs. Jacquelyn Torricollo, Chemical Health Coordinator of the Rahway Public Schools.

Assisting Mrs. Torricollo were Mr. Ronald Stevenson, a Rahway High School faculty member; Ms. Nancy Polito, the Chemical Health Coordinator for Roselle Public Schools, and Ms. Lori Vargo, West Orange Student Assistance Counselor.

Peer Educators are high school students who have made a commitment to remain drug- and alcohol-free and to serve as positive role models for younger students.

The Rahway Peer Educator Program (PEP) team plans to visit all fourth, fifth and sixth grade classes with chemical health teaching strategies.

The Peer Education Program also has a drama group called the "PEP Players" which performs for elementary schools in assembly programs with anti-drug use presentations.

Last school year the PEP Players performed the play "Auditions Today" for all five elementary schools in Rahway including St. Mary's School. The PEP Players production was featured on Suburban Cable Televisions "Info" program.

The PEP Players have an all new production in rehearsal for this school year. A musical drama entitled "Kids Who Don't" will be ready for performances in February.

For information about

Peer Education or the PEP Players production contact Mrs. Torricollo at 396-1069.



## Happy Holidays



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### Workshop aims to chase midwinter blues

"Winter can be a time of depression and letdown or a time of turning inward to deep healing, renewal and inner joy," says Westfield psychotherapist Hermene Terry, ACSW.

She will lead a community education workshop of Women Helping Women, at St. Paul's Church, Guild Hall on January 7, 7:30 p.m. on the subject of "Transforming Midwinter Blues."

Terry will show how to "go inside," let go of self-criticism, boredom and depression and touch into the deep core that provides energy and creativity. She will lead participants through her special synthesis of guided meditation,

sharing and Compassionate Gestalt Psychotherapy.

Hermene Terry, ACSW, has been in the practice of psychotherapy and child and family counseling for 14 years and has been teaching and perfecting her unique blend of Eastern spiritual teaching and Western psychotherapy for 25 years.

She is the Founder/Director of Wildflowers Center for Psychotherapy & Training in Westfield and is a certified Gestalt therapist, Kripalu Holistic Health practitioner and a consultant to therapists and agencies.

The date is Jan. 21. A \$5 donation is requested. For information call 232-5787.

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