

INSIDE THE

Rahway Progress

Obituaries	3
Editorials	4
Columns	4
Seniors lifestyles	8
Sports	10
County news	B1
Entertainment	B4
Classified	B11
Real estate	B14
Automotive	B15

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The Progress provides an open forum for opinions and welcomes letters to the editor. Letters should be typed, double-spaced, must be signed, and should be accompanied by an address and daytime phone number for verification. Letters and columns must be in our office by 5 p.m. Monday to be considered for publication that week. They are subject to editing for length and clarity.

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Merck, Center for Visual Arts honored

Arts are central to the human experience because in one form or another they express every emotion, every experience in life or death.

Recognizing this fact, Merck & Co. Inc. of Rahway and the New Jersey Center for Visual Arts were recognized for their support and co-sponsorship of the 1996 Union County Joint Arts and Crafts Exhibition held at the New Jersey Center for Visual Arts in Summit.

This varied show focuses attention on the excellence, creativity and diversity of visual artists who live or work in Union County.

"I was proud to join the Union County Board of Chosen Freeholders in honoring Merck and the New Jersey Center for Visual Arts with resolutions for helping our Office of Cultural and Heritage Affairs to make this special show a reality," said Freeholder Linda Di Giovanni.

The show would not have been possible without the generosity of Merck as well as the hard work of the show's co-sponsors, the New Jersey Center for Visual Arts and the Union County Division of Parks and Recreation's Office of Cultural and Heritage Affairs. They have helped to enrich the lives of us all," she said.



Artists display the resolutions they were presented during the Union County Juried Arts and Crafts Exhibition. From left are Joan Duffey Good, executive director of the New Jersey Center for Visual Arts; Margarita B. Garros, of Merck's public relations department; and Freeholder Linda Di Giovanni.

Students 'in concert' with their environment

Students from Rahway Intermediate School are studying their personal and household energy use as part of a new program, "In Concert With the Environment," a course sponsored by Public Service Electric & Gas to teach students how their personal energy consumption affects the environment.

Students learn about their household's use by completing a comprehensive home energy survey. Students enter their data into "In Concert With the Environment" computers provided by PSE&G.

The result is a report that shows ways students and their households can save money, save energy, and benefit the environment by using energy wisely.

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One injured in Allen St. house fire

"Heavy fire, heavy smoke... it was a working fire."

That was how Capt. Bill McQueeney of the Fire Department described a bedroom blaze on Allen Street on Sept. 22.

Injured in the fire was Rose Wilson, who burned her hand and her foot. She was treated and released.

According to McQueeney, the fire apparently started when a candle in the room burned out and lit the bed and one of the tables in the room.

"How they could even see in there," said Councilman Frank Janusz, who was passing by at the time.

There were numerous calls for the fire. The first firefighter on the spot arrived at about noon. The blaze was under control 10 minutes later.

"They knocked it down so fast it didn't even get to the rear of the house," said Janusz.

According to McQueeney, "It was confined to one room and it was a perfect fire. It was a good stop. They used a minimum amount of water and the damage was minimal."

HEALTH

Hospital plans bereavement group

Rahway Hospital Hospice is planning its Fall Bereavement Group to provide emotional support to those who have lost a spouse within the last year.

The group meets Thursdays between 1:30 and 3 p.m. at Rahway Hospital.

Facing life after the loss of a loved one can be an overwhelming and difficult experience. Often men and women who have lost a spouse find solace sharing their thoughts and feelings with others who are going through the same ordeal.

Learning to cope together can greatly aid the healing process and give a grieving spouse the foundation they need to go on with their life. There is no fee for attending, but pre-registration is required. For more information or to register, call Rahway Hospital Hospice at 499-6169.

Rahway Hospital Hospice is also accepting volunteers for its next volunteer training program. The training program for Hospice volunteers focuses on the family as a unit of care, and its treatment, death and dying, bereavement, communication and creative listening.

Hospice volunteers perform a variety of activities, from running errands and picking up medications, to feeding patients or "just being there." Volunteers continue to assist Hospice families even after the death of a patient.

Anyone who is interested in becoming a Hospice volunteer is asked to call Hospice at 499-6169.

PEOPLE IN THE SERVICE

Amiker graduates
Gerald Amiker has graduated from the Warrant Officer Candidate School and received an appointment as an Army warrant officer at Fort Rucker, Dadeville, Ala.

The school is an intense 240-hour course conducted in a rigorous, high-stress environment. Candidates receive training and experience in leadership, Army doctrine and tactics, drill and ceremonies, military uniform, land navigation and physical training.

Military history, professional ethics, and requisite traits, skills and qualities required for an officer are part of the military education and training.

The warrant officers continue to further their training through technical and tactical certification. As the officers gain progressive levels of expertise and leadership, they operate, maintain, administer and manage equipment, support activities or technical systems throughout their careers.

Amiker is the son of Florio Amiker of Clinton Avenue, Jersey City, and brother of Harris Amiker of Ivy Street in Rahway.

His wife, Lois, is the daughter of Joe Wright of Hensstead, N.Y.

He is a 1983 graduate of Henry Snyder High School, Jersey City.

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Golf classic



Ronald C. Kowalczyk, chairman of Rahway Hospital's Board of Governors, was on hand to welcome fellow golfers to Rahway Hospital Foundation's annual golf classic. This year's proceeds in excess of \$20,000 will help fund the hospital's Community Health Care Transportation Service.

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NEWS CLIPS

Classes start

The Polish Cultural Foundation of Clark has begun its fall schedule of studies.

There are classes in Polish and English languages, art for children, U.S. citizenship and singing.

Call the foundation at 382-7197 for a catalog with course listings.

Firewood available

The Department of Public Works invites city residents who have a need for firewood or wood chips to stop by the department offices, located at 999 Hart St., from 9 a.m. to 3:30 p.m. Monday to Friday.

Rahway residents must sign in at the office, then they are welcome to all the free firewood and wood chips that they can carry, while supplies last.

Computer lab is open

The Technology Center at Rahway High School is open to all residents Mondays through Thursdays from 4 to 5 p.m. for those who want to gain or improve computer skills.

The tech center has 26 networked computers equipped with word processing, data base, and spreadsheet software.

The lab is also equipped with many other application programs and CD-ROM encyclopedias for research. Six of the computers have direct access to the Web.

School report available

The annual report of the Rahway Public Schools for the 1995-96 school year will be available for public discussion at the regularly scheduled Education Committee meeting of the Board of Education.

This Quality Assurance Annual Report is part of reporting and planning requirements of all districts.

The annual report will describe the district's compliance with mandated programs; present and analysis of

Quilting is topic

When members of the Rahway Woman's Club will meet tomorrow at the Second Presbyterian church hall, downtown Rahway, they will be entertained by Marion Coates who will lecture on quilting by pioneer women.

Program will follow business meeting conducted by president Fran Rasmussen after luncheon tea, hosted by the club's American Home department starting at noon.

Marion Coates is a retired registered nurse, now specializing in her hobby of needlework. She will show samples of quilt designs taken from Biblical incidents.

OBITUARIES

Dr. Ralph Wexler

Dr. Ralph Wexler, 82, of Rahway, retired as a dentist, died Sept. 27 in Rahway Hospital.

Born in Elizabeth, Dr. Wexler lived in Rahway for 25 years before moving to Rahway 51 years ago. He was a dentist on St. Georges Avenue, Rahway, for 25 years and retired in 1980.

Dr. Wexler served in the Army Air Corps during World War II and retired as a lieutenant colonel in the Air Force Reserve. He served at the McGuire Air Force Base in the dental

Benedict S. Boyce

Benedict S. Boyce, 35, a lifelong resident of Rahway, died Sept. 26 in Rahway Hospital.

Mr. Boyce was a flight attendant for Trans World Airlines in Newark for seven years. He was a sigma chi lambda graduate of Seton Hall University, South Orange, in 1993, when he received a bachelor of arts degree in communications and public relations.

Surviving are his father, John E. Boyce, three brothers, Michael V., Gerald and Brian, and a sister, Nora Haddock.

Betty Jane Frazier

Betty Jane Frazier, 65, of Colonia, retired as a Rahway elementary school teacher, died Sept. 28 in Rahway Hospital.

Born in Plainfield, Mrs. Frazier lived in Colonia for 40 years. She was employed by the Rahway Board of Education as a first grade school teacher at the Cleveland Elementary School before retiring in 1992.

Surviving are her husband, Ralph W., a son, Brian C., two daughters, Sandra L. Frazier and Lysa J. Frazier-Blyme; a sister, Susanne Voynik, and three grandchildren.

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Newark Public Library 728 Bergen Street, Newark October 29, 11:00AM - 1:00PM	St. Barnabas Medical Center Suite 100, 100 Short Hills Road Livingston October 4, 10:00AM - 12:00PM	The Rustic Mill Drive 109 North Avenue, Cranford RSVP Required 908-668-2825 October 31, 9:30AM - 11:30AM
Irvington Public Library 501 Park & Civic Square, Irvington October 23, 11:00AM - 1:00PM	Dan's Restaurant 582 South Orange Ave., Livingston October 30, 10:00AM - 12:00PM	Lily Greenleafs From Street at Church Street Plainfield RSVP Required 908-668-2825 October 17, 2:30PM
Count Towers Senior Building Community Room One Court Street, Newark October 10, 10:00AM - 12:00PM	Grand Palace 615 Northfield Ave., West Orange October 9, 10:00AM - 12:00PM	
Hillside Public Library Library & Hillside Avenue L.P. Passi, Hillside October 22, 4:00PM		

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SENIOR LIFESTYLE

Meals on Wheels director retires

By Jason Giffin
Staff Writer

Joseph LaPica has been feeding Union County for nearly 20 years. There is no doubt he has broken bread and shared a table with hundreds of thousands of residents over that time. However, he recently decided to take his last order to go. Retiring from his position as director of the local Meals on Wheels division, LaPica, 64, leaves behind a string of accomplishments and many admirers.

"He's a very warm and personable man," said Donna Sullivan, the chaplain's new director. "Most importantly, he is very interested in the people we serve. That was always his primary concern."

LaPica first became involved with the organization in 1979 when his wife, who worked at the Office of Aging, urged him to take a vacation from his job.

"I had no intention of changing my occupation," he said. "I had already

put in more than 20 years of service at Penn State."

Two weeks later, LaPica said goodbye to insurance, and remained with Meals on Wheels for 18 years. "I could immediately see the total potential of what had to be done," said LaPica.

According to him, he was given a great deal of freedom to implement whatever he felt was necessary. But he was not an easy 18 years, he was quick to add.

Howard Williams, who worked with LaPica in the beginning said, "We would move on often in the early days that we sometimes closed on a Friday, moved over the weekend, and ended back up in a new location on Monday."

Early homes to the organization included the Linden Knights of Columbus, the Bayway Community Center, Saint Elizabeth's Church and the Polish National Home in Linden. Meals on Wheels' current location, 1025 Pennsylvania Ave., was spotted

County will introduce 'easy' service program

Union County is one of four counties chosen by the New Jersey Department of Health and Senior Services to begin NJ Easy Access Single Entry, a pilot program designed to create easy, local access to a coordinated system of senior citizens services.

"NJ Easy will allow senior citizens and their families to get information about needed services, or to enroll in programs such as Meals on Wheels or Pharmaceutical Assistance to the Aged and Disabled," said Frederick Walter McNeil, liaison to the Advisory Council on Aging. "Through the Union County Division on Aging, designated as the lead agency in the county, individuals and their caregivers can gain a broad range of information, an array of services, and a coordinated system of planning and care management."

The single-entry system for senior citizens is scheduled to be in place in Union by the end of this year.

Key county personnel attended a two-part, one-day orientation on NJ Easy on Sept. 10 at the county Administration Building in Elizabeth. They were introduced to an overview of the program and its implementation utilizing service delivery models, core services and technology.

Demonstration counties were chosen to represent the state as a whole, and include the full range of geographic areas, population densities, racial and ethnic mix, and counties with a high percentage of senior citizens.

For further information on NJ Easy, contact the Union County Division on Aging at (908) 527-4866.

Assisted living residence will open in the county

Families in the Union County area, who may be concerned for the welfare of elderly loved ones no longer able to live alone safely, soon will have a housing and health care alternative which combines independence with daily personal care.

The Chelsea at Fanwood, a new assisted living residence located at 295 South Ave., is slated to open in early winter. The Chelsea has been designed to respond to the individual needs of those who require help with the activities of daily living, but do not need the skilled nursing care provided in a nursing home.

Formerly the Madison Hotel, the Chelsea is being renovated by Long Term Care Management Co. in Roseland. The residence will accommodate up to 70 residents in furnished or unfurnished one- or two-room apartments with private bath with walk-in shower and grab bars, a suite, such as a private hall with walk-in closet, wall-to-wall carpeting, and custom designed decor.

With the help of a round-the-clock staff, residents will be able to live in an atmosphere of independence with their possessions. Individualized personal care is provided for residents who choose or require supervision and/or assistance in areas such as medication monitoring, bathing, dressing, grooming, or walking. The assistance is provided by a trained staff whose goal is to preserve the dignity and pride of residents in a well-keeping, residential setting of security, comfort, and community.

Services at the Chelsea include: on-going health evaluation, three home-cooked meals a day prepared under the supervision of a registered dietitian, housekeeping, linen service, social, spiritual, education, and recreational programs. Also included are scheduled transportation, an emergency response call system, and all utilities except for telephone. The residence has appointed public rooms and an enclosed, landscaped garden with walking paths. Podiatric, medical consultation, physical therapy, laboratory, and pharmacy services will be available. A diverse social calendar is designed to encourage participation in a variety of activities.

Long Term Care Management Co. provides a range of services including nursing home, subacute care, and assisted living residence operations, development and supervision of health care quality assurance programs, and formulation of standards of care in compliance with local, state, and federal regulations.

The company's principals, Elie Mendelsohn and Herbert Helfrich, have experience in developing, building, financing, refurbishing, marketing, and operating long-term care facilities and assisted living residences in New Jersey.

The grand opening of The Chelsea's model suites will take place in October. For further information regarding The Chelsea at Fanwood, call (908) 654-5200.

We should prepare for longer life

For most families, preparation for death is a given. Americans faithfully are up on premiums for insurance to be disbursed when they die. Paradoxically, only about 4 percent insure themselves against the consequences of living a long life.

We aren't ready for it, but Americans are living longer — much longer. Of those who live to be age 65, men can expect to live to be 81 and women 86. For the first time, the odds don't fear dying too soon; they fear living too long.

Today, the likelihood of mental decline, stroke or chronic illness far surpasses the prospect of sudden death. In fact, more than 40 percent of us who reach age 65 will require nursing home care before death — a cost that will impoverish many of the first year.

Why are more than 90 percent of Americans over age 65 unprotected against the most devastating risk of their lives?

- Denial. The response I hear most frequently from those I counsel is, "It won't happen to me." But, unfortunately, statistics show that a stroke or Alzheimer's Disease doesn't always strike the "older guy."
- Others say family members will care for them, if necessary, but how will you, or they, pay for your long term care?
- More reasons: My health, insurance, Medicare, or Medicaid insurance will pay. Or I'll go on Medicaid. Many people are shocked to learn

that neither Medicaid nor health insurance covers long-term care. And Medicare will only pay 90 days. Remember, Medicaid is not an entitlement like Social Security or Medicare. Medicaid is welfare. Its reputation for access and quality of care is dismal and, to qualify, you must be destitute. Even if you can divest yourself of your assets, do you really want to gamble that a bankruptcy system will be around when you need it? And do you imagine your care will match the care that paying customers get?

People can pay for their own quality long-term care through savings, investment accounts, reverse mortgages, or long-term care insurance. But these days, even if you start saving at a young age it would be difficult to save enough, because the cost of long-term care is expected to more than double in the next 15 years. And a reverse mortgage means relinquishing the value of your home from your estate.

Long-term care insurance guarantees that you choose your own care, whether in your own home or in a long-term facility. And it protects your life savings for your future.

Long-term insurance premiums

Planning Ahead

By Gary Melnikoff

very widely, but the cost of being without it can be devastating, especially for middle income people. Generally speaking, basic long-term insurance would cost a 60-year-old about \$554 a month, someone younger, of course, pays much less. That policy would pay \$36,000 a year for your lifetime care in your own home or in a nursing facility. Premiums do not increase with age. But, before you invest in long-term care insurance, you should ask yourself some questions: How long-term care counselor tough questions. Here are a few:

- Do I qualify for long-term care insurance? What kind of care do I need? Skilled, intermediate, custodial?
- How much will the policy pay for each level of care?
- Is home care or adult day care covered?
- What types of facilities are covered?
- How much does the policy cost?

Gary Melnikoff, of Hackensack, is a long-term-care specialist.

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AT THE LIBRARY

Three Union County artists will spend a day at the Rahway Public Library, as part of the library's Arts and Humanities Month celebration. The "Artist in Residence" series is designed to expose regional talent to the Rahway community as well as demonstrate different types of media in the arts.

This part of the library month-long program is funded in part by a grant from the Union County Office of Cultural and Heritage Affairs, through the State-County Partnership Program of the New Jersey State Council on the Arts, Department of State. Part of the funding is also provided by the Friends of the Rahway Library.

Each artist will be available between 10 a.m. and 4 p.m. in the library Conference Room, adjacent to the Circulation and Children's departments. In addition to a display of their work, each artist will also be working on one or two pieces to show how they create. Visitors are invited to stop by at any time and speak to the artists about their work, their background, and any other questions which come to mind.

The first of the artists to be "in residence" will be Paul Pinkman, on Monday. His specialty is monotype printing, and he will bring with him a small press for demonstration purposes. Pinkman, a resident of Plainfield, has exhibited in New York and Dallas, as well as at galleries and libraries in Summit, Watchung, Red Bank, Roseland, Woodbridge, Chatham, and Madison.

In 1994, he participated in an exhibition at the Union County Arts Center in Rahway. Pinkman is a graduate of Rutgers and Seton Hall Universities, has lectured at Union County College, and been the curator of exhibitions in Plainfield and Watchung.

Calligraphy will be the second art form to be demonstrated, when Marianne Brady visits on Oct. 12. Brady has taught calligraphy at Union County College for 10 years, and has also been on the staff of local adult schools. She has been active in the Plainfield community in the areas of historic preservation and education for many years.



Michael Wraback and Barbara Ann Lombardi

Lombardi weds Wraback

Holy Spirit Church in Union was the setting Aug. 24, for the marriage of Barbara Ann Lombardi, daughter of Patricia Ann and Menotti Lombardi of Rahway and Bluewater Bay, Fla., to Dr. Michael Wraback, son of Patricia and Richard Wraback of Union.

The Rev. David Perry, of Cumberland, R.I., officiated at the afternoon ceremony, and was celebrant of a nuptial mass. A reception followed at the Hilton Hotel in Elizabeth.

The bride was escorted to the altar by her father, and had her sister, Carol Ann Reyski of Scotch Plains, as her matron of honor. Bridesmaids were Audrey Lombardi, sister-in-law of the bride, of Scotch Plains, and Patricia Wraback, sister of the groom, of Union.

Thomas Wraback, brother of the groom, of Old Bridge, served as best man. Groomsmen were Edward Boucher of Elizabeth and Dr. Peter Leopold of Cranford, Mass.

Elizabeth Insalaco was the organist, and Jack Triger was trumpeter. The liturgical music was provided by the Holy Spirit Choir and friends, directed by Margaret Smirgis.

The bride is a graduate of Union Catholic Regional High School, Scotch Plains. She received a bachelor of arts degree in elementary education and English literature from William Paterson College, Wayne, and a master of arts degree in instruction curriculum and administration from Kean College, Union. She was employed as a kindergarten teacher for six years at St. Elizabeth's of Hungary Catholic School, Linden.

The bridegroom was graduated from St. Peter's Preparatory School, Jersey City. He received a bachelor of science degree in physics at Georgetown University, and a bachelor's degree in mechanical engineering from Catholic University, both in Washington, D.C. He earned his master's and doctorate degrees in physics from Brown University. Wraback is in charge of the Ultrafast Spectroscopy and Terahertz Optoelectronics Laboratory of the U.S. Army Research Laboratory, and an adjunct faculty member of the Electrical Engineering Department at the University of Maryland.

The couple honeymooned in the Hawaiian Islands, and reside in Maryland.

EDUCATION

Teacher pursues master's; student of month picked

The Student-of-the-Month for September is Sapna Shah. Ranked first in her class she is president of the Spanish National Honor Society and Spanish Club. She is also a member of the National Honor Society, section editor of the Lance, a member of SPFL, Key Club, Science League, and a Peer Leader.

She participated in winter and spring track as a freshman and sophomore and in field hockey as a sophomore.

Shah placed first in the Joseph J. Son Mathematics Day Contest and was awarded the Rensselaer Polytechnic Institute Medal, Merck Science Day Medal, 11th place in Chemistry II, Stevens Institute of Technology Competition, first place Chemistry, the Bausch & Lomb Science Medal and the Outstanding Key Club Member Award.

She has participated in the Columbia University Science Honors Program, the National Young Leaders Conference and the Governor's School of Science.

Outside of school, Shah was second place at the Global Convention of the Indian Students Association and Indian Nurses Group Dance Competition and performed at the Naya Andaz '96 Indian festival. She is active in the Indian Cultural Association, volunteers at Rahway Hospital and take self-defense/karate classes. After graduation, she will attend college and probably major in chemistry.

Shah is the daughter of Dr. Deepak and Varsha Shah.

Lou Della Pia began his career at Arthur L. Johnson four years ago teaching Special Education. Prior to that, he worked for the Essex Association of Retired Citizens as the director of its Adult Training Center, where he found jobs for their clients.

A 1987 graduate of West Orange High School, Della Pia graduated from Montclair State College with a bachelor's degree in psychology.

Inspired by his autistic brother, Della Pia is attending Fairleigh Dickinson University in Madison pursuing a master's degree in special education.

Nominated by his students for this award, Della Pia has contributed to life at ALJ as a freshman football coach, assistant varsity football coach and as an assistant Girl's Spring Track coach. He also has served as SPFL advisor and as part of the Renaissance Program.

He is certified in CPR and First Aid and is certified as a personal trainer by the National Youth Leadership Council. Outside of school, Della Pia's hobbies include body building, mountain biking and swimming, last spring, he traveled to Italy and said he looks forward to traveling to Greece in the future.

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Clark and Garwood settle relationship

On May 14, the citizens of six communities voted to dissolve the Regional High School District, an arrangement that lasted for more than 50 years.

Arthur L. Johnson High School is scheduled to come under the control of the Clark Board of Education on June 30, 1997. This means the curriculum of this school district will provide for a K-12 education. A local transition committee is working to accomplish the tasks necessary for this transition. Both the Clark and Garwood boards of education and regional board members serve on this committee.

In preparation for this transition, the Board of Education has decided that the program existing at Arthur L. Johnson High School will remain in effect in 1997.

The Board of Education has an action plan that speaks to 18 items for review during this period of transition.

For each of these items there are multiple tasks and various individuals assigned to oversee the programs. The recommendations will result in a smooth transition of facilities, administration, faculty and program.

All the constituent districts have been busy in the development of accurate seniority lists of staff. Under legislation, the regional staff will be able to choose the district in which they wish to work. The districts are compiling seniority lists of local staff and this will be completed for review by all concerned. During the first week of November, the high school faculty will choose the district in which they wish to work.

This will be accomplished by the individuals who Governor Livingston is choosing first and continuing until all retired employees have made a selection of the district of their choice.

This task will be accomplished in the auditorium of Governor Livingston High School. Each district, Berkeley Heights, Clark, Garwood, Kew-Forest, Mountainside and Springfield will have a "tote board" listing the positions available.

The process will continue until all staff have chosen a district in which to work. The process will continue at another time with non-certified staff. After staff have chosen their districts, the local administration and board will be better informed in the development of the next year's budget.

The Clark and Garwood boards of education have reached an agreement on a contract for a send/receive relationship for the high school. Martin Axelrad, president of the Board of Education stated, "I believe that our communities will benefit by this positive relationship and that Arthur L. Johnson High School will grow as a recognized academic institution."

Elroy "Mickey" Peare, vice president of the Board of Education and chairman of the Transition Committee stated, "an announcement will be made in both Garwood and Clark for interested members of the community to become part of this transition team."

GRADUATES

Rahway detective graduates FBI Academy

On Sept. 13, 238 law enforcement officers graduated from the FBI National Academy Program at Quantico, Va. The 186th Session of the National Academy consisted of men and women from 49 states, the District of Columbia, Puerto Rico, U.S. Virgin Islands, 17 international countries, 6 military organizations and three Federal Civilian organizations.

Among these was Detective Sgt. John Rodger, a 12-year veteran of the Rahway Police Department. Rodger was one of three officers from the Rahway Police Department to have graduated from the FBI National Academy.

Internationally known for his academic excellence, the National Academy Program, held at the FBI Academy, offers weeks of advanced investigative management and fitness training for selected officers having a proven record as a professional within his or her agency.

On the average, these officers have 16 years of law enforcement experience and usually return to their agencies to serve in executive level positions.

The general public is welcome to the opening ceremony at 9 a.m. Free registration starts at 8 a.m. Donations are appreciated at the registration desk.

Interested people can call Lebowitz at (201) 376-3636 for more information.

Organization holds benefit walk

By Shu-Ling Ko
Correspondent

In an attempt to raise the awareness of heart disease and stroke, Union County Healthy Choice American Heart Association will hold a two-and-a-half-mile walk at Echo Lake Park in Mountainside on Sunday, rain or shine.

"Heart disease is the No. 1 killer in our country. The American Heart Walk is an opportunity for people to exercise and help support the community against heart disease and strokes and most importantly, to have a good time," said Bonnie Lebowitz, community services director of Union County.

The national event is celebrated across the country on various dates. Here in Union County, moderate fall weather is the main reason for choosing the date falling on the first week of October, according to Lebowitz.

Lebowitz estimates to have a turnout of about 300 people this year, which is about 100 people more than that of last year.

Program activities include blood pressure screening, massage performances, face painting, music, refreshments and prize drawing.

The general public is welcome to the opening ceremony at 9 a.m. Free registration starts at 8 a.m. Donations are appreciated at the registration desk.

Interested people can call Lebowitz at (201) 376-3636 for more information.

OBITUARIES

John Daly Sr.
John Daly Sr., 90, of Clark died Sept. 27 in his home.

Born in Elizabeth, Mr. Daly moved to Clark in 1963. He was a sheet metal worker with the Sheet Metal Workers Union Local 22 in Cranford for 50 years and retired in 1974.

Surviving are six sons, Thomas, Peter, John J. Jr., Edward, Joseph and James; three daughters, Margaret, Ellen, Eugene and Mary Thoden; 10 grandchildren and five great-grandchildren.

Anna V. Gorda
Anna V. Makymowicz Gorda, 71, of Clark died Sept. 28 in her home.

Born in Hoboken, Mrs. Gorda lived in Linden before moving to Clark 30 years ago. She was a directory assistance supervisor with New Jersey Bell Telephone Co., Elizabeth, for 27 years and retired in 1981.

Surviving are her husband, Stephen A.; a son, Keith R.; a daughter, Charlene A. Costanzo; a sister, Mildred DeCicco, and three grandchildren.

SHARE THE JOY

Birth announcements will appear every Thursday in the Linden, Roseland, Springfield, Rahway Progress and the Clark Eagle. Just fill out the form below and mail it to:

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Mrs. _____, the former _____, is the daughter of Mr. _____ and Mrs. _____ of (town) _____. Her husband is the son of Mr. _____ and Mrs. _____ of (town) _____. Maternal great-grandparents are _____ of (town) _____. Paternal great-grandparents are _____ of (town) _____.

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TURN TO PAGE B2 For Details

H.S. Football Saturday afternoon Johnson at Ridge, 1:00 Rahway at Kearny, 1:30

THIS IS H.S. FOOTBALL

By J.R. Parasci
Sports Editor

Elizabeth and Johnson Regional made statements last weekend, proving that, once again, both will be tough to beat.

Elizabeth went to Cochran Field in Jersey City for the first time and totally dominated St. Peter's Prep, losing away with a 20-0 victory. It was the ninth consecutive regular season win for the Marquians who have now outscored their first two opponents by a 66-0 count.

Elizabeth has Week Two off before returning to action on Friday, Oct. 11 when it hosts Shabazz Johnson Regional extended its winning streak to 12 games by routing Mountain Valley Conference Mountain Division North Plainfield 52-17 in the season-opener for both at Nolan Field in Clark.

Roselle Park, Roselle, Summit and GL opened with victories. Rahway won a forfeit decision over Snyder of Jersey City. The game was called off in respect to Tabil Ramsey, the Snyder captain who died last week after being injured the previous weekend.

WEEK ONE
Summit 21, Parsippany 20
North Bergen 17, Union 0
Immaculate 14, Hillside 12
Roselle Park 35, Middlesex 20
Saturday
Gov. Livingston 24, Dayton 14
Johnson 52, North Plainfield 17
Roselle 14, Newark Central 6
Linden 19, Ferris 6
Elizabeth 20, St. Peter's Prep 0
Rahway over Snyder by forfeit

WEEK TWO
Tomorrow night
East Side at Union, 7:30
Roselle Park at Manville, 7:30
Saturday afternoon
Roselle at Hillside, 1:00
Johnson at Ridge, 1:00
New Providence at Dayton, 1:00
Immaculate at Gov. Liv., 1:00
Linden at Westfield, 1:30
Rahway at Kearny, 1:30
Morris Hills at Summit, 1:30

R.R.'s picks
Union over East Side
Roselle Park over Manville
Hillside over Roselle
Johnson over Ridge
Dayton over New Providence
Immaculate over Gov. Livingston
Linden over Westfield
Rahway over Kearny
Summit over Morris Hills
Last week: 7-3
Season: 9-3

Keith's picks
Union over East Side
Roselle Park over Manville
Hillside over Roselle
Johnson over Ridge
Dayton over New Providence
Immaculate over Gov. Livingston
Linden over Westfield
Rahway over Kearny
Summit over Morris Hills
Last week: 6-4
Season: 8-4

ELITE ELEVEN
1. Elizabeth (2-0)
2. Johnson Regional (1-0)
3. Union (1-1)
4. Summit (1-0)
5. Rahway (1-0)
6. Linden (1-1)
7. Roselle (0-0)
8. Gov. Livingston (1-0)
9. Parsippany (1-0)
10. Hillside (0-1)
11. Dayton Regional (0-1)

Rahway seeking focus after Snyder forfeit

Rahway and coach Mike Panko have the tough task of refocusing after last weekend's forfeit by Snyder following the death of one of their players.

Extenuating circumstances aside, Panko feels the extra week has been a disadvantage.

"The extra week has been a downside," he said. "The kids were ready to go. Kids are like a clock, and now we have to rewind them and get them focused all over again."

The extra time to work on things has not enabled quarterback Louis Campbell to find his rhythm, but true game situations await the talented but slow-to-develop senior, and that may be what he needs to jump start his and the offense's season.

The Indians do have the advantage of having scored this week's opponent, Kearny, while the Cardinals will be getting the first look at the Indians. The contest is 1:30 at Kearny.

Johnson no longer secret after dominant opening win, 52-17 Hassler, Prokos, Bowden lead big play offense in rolling over and through North Plainfield

By Keith Agran
Assistant Sports Editor

Big plays. Some coaches crave them, others thrive on them. Johnson Regional coach Bob Taylor appears to have the luxury of the latter, as evidenced by last Saturday's 52-17 thrashing of visiting North Plainfield.

Jason Hassler rambled for 134 yards and two touchdowns and hauled in one of quarterback Dennis Bowden's two TD passes as the Crusaders built a 39-3 first half bulge and never looked back. Billy Prokos added a pair of TD jumps.

"That's our personality," Taylor said of his team's big play output. "We're going to be a big play team. Bowden makes us a bona fide offensive unit and the big kids up front try to do a nice job."

Returning only a handful of players from last year's season-opener for both at Nolan Field in Clark, Roselle Park, Roselle, Summit and GL opened with victories. Rahway won a forfeit decision over Snyder of Jersey City. The game was called off in respect to Tabil Ramsey, the Snyder captain who died last week after being injured the previous weekend.

Three of the four lost Canuck fumbles in the game were turned into Johnson points, including early in the game when Canuck quarterback Peter Agosta hit Jeff Young for a 58-yard gain setting them up in Crusader territory. Agosta fumbled two plays later and Mike Fink pounced on it for Johnson.

Johnson pushed the ball upfield to the Canuck 30 in seven plays, and Hassler finished the drive with a 30-yard scamper. He converted the PAT for a 7-0 lead, reported in the first.

Jason Navarro got the ball right back for the Crusaders, picking off an Agosta second down pass and bringing it back to the Canuck 17. A Bowden 18-yard keeper off the option brought the ball down to the one-yard line, where Prokos took it across one play later. Prokos also ran it in for the two points and a 15-0 lead with 2:20 to go.

Another strong defensive stab got the ball right back for the Crusaders, and following a punt which put the ball at the Johnson 29, Hassler and the offense ran wasted little time, as the senior jetted through a gaping hole and dashed 71 yards to paydirt. A Nick Spagnuolo run for the conversion made the count 23-0 with only 18 ticks still to go in the quarter.

In a big hole already, the Canucks got little help from the Johnson defense, as they sacked Agosta twice on the next possession setting up fourth and long, and then converted again in punt formation after a bit of snap for a 10-yard loss. Guesner Krys.

CRUSADERS FOOTBALL

CLARK — There's no substitute for experience. Though only five seniors return from last year's state title winners, it appears that the small group has had quite a winning effect on their younger teammates.

Jason Hassler established himself as a "do-it-all, look to me" type of player with a fine effort in the opener, accounting for 24 points. Guesner Krys was in on a pair of sacks and pushed people around all day from his left tackle spot. Billy Prokos had two TD's rushing, and was a major force from his linebacking spot.

"He plays mean football," Taylor said. "He's a 100-percent all the way."

GAME ONE
Johnson 52, North Plainfield 17

FIRST DOWNS: Johnson 5, N. Plainfield 12

RUSHES-YARDS: Johnson 26-278, N. Plainfield 40-179

PASSES: Johnson 9-16-0, N. Plainfield 5-16-1

PUNTING-YARDS: Johnson 89, N. Plainfield 109

FUMBLES-LOST: Summit 2-0, N. Plainfield 5-4

PUNTS-AVG: Johnson 5-30.6, N. Plainfield 5-27.2

PENALTIES: Johnson 9-77, N. Plainfield 3-37

North Plainfield (0-1) 0 3 0 14 — 17

Johnson Regional (1-0) 23 16 7 6 — 52

J — Hassler 30 run (Hassler kick)

J — Prokos 1 run (Prokos run)

J — Hassler 71 run (Spagnuolo run)

J — Hassler 26 FG

J — Hassler 20 pass from Bowden (kick blocked)

J — Feigenbaum 26 FG

J — Spagnuolo 36 pass from Bowden (Hassler kick)

N — Salazar 17 run (Feigenbaum kick)

N — Paripandis 34 run (Feigenbaum kick)

J — Joy 30 kick (kick blocked)

RUSHING: Johnson — Hassler 6-134, Prokos 3-69, Joy 1-50, Bowden 3-19, Hirth 3-8, Crater 2-4, Ostermer 3-1, Jurick 1-1, Navarro 4-8, N. Plainfield — Paripandis 14-100, MacNeill 1-43, Flynn 6-24, Salazar 4-24, Ries 3-17, Semm 2-1, Caputo 1-1, Barron 1-3, Agosta 4-8, 4-20.

PASSING: Johnson — Bowden 8-13-0, 86, Navarro 1-3-0, 3, N. Plainfield — Agosta 1-3-1, 38, Hanson 4-12-0, 31.

RECEIVING: Johnson — Spagnuolo 3-42, Hassler 1-30, Garner 2-10, Detello 2-9, Perrotti 1-3, N. Plainfield — Young 1-58, MacNeill 2-29, Semm 1-18, Flynn 1-4.

INTERCEPTIONS: Johnson — Navarro.

SPORTS

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Johnson quarterback Dennis Bowden hands off to Jason Hassler during the Crusaders 52-17 thrumping of North Plainfield in last Saturday's opener.

though he had high praise for Hassler's effort. "We still have a long way to go," he said. "But we have a strong kicking game. We kept them deep in their territory and that's a big part of high school football."

"Jason's a force," he continued.

Johnson squads continue strong play Rahway's Smith scoring, girls always battling foes

By Keith Agran
Assistant Sports Editor

IN BOYS ACTION, a 3-0 start thru last Friday has Johnson on course for another strong campaign.

Seniors have been the steady stars for the Crusaders, as both Pat Quallsie and Ryan Healy have contributed scoring. Healy had a pair in a 5-1 win over Immaculate Friday and Quallsie found the back of the net in an impressive 3-0 win over Ridge Sept. 24.

Tuesday, last Dayton today and are at New Providence tomorrow.

Soccer Wrap

"With 500 as everyone's pre-set goal, needed to qualify for the state tournament, Roselle Catholic coach John Koppa is pleased with the team's 3-2 start.

After two opening wins, they fell at New Providence 4-2 Sept. 24. They followed that with a 3-0 win over Roselle last Thursday before falling to Wardlaw Hartridge 1-0 last Friday.

Once thought to be transferring to Roselle, Mike Pierce has been a pleasant surprise, posting a pair of two goal games in wins over Hillside and Roselle. Bob Pienick, Sean Hanelmann and John Lukko also recorded goals over that span.

The Lions traveled to Roselle Park Tuesday and host Middlesex and Bound Brook today and tomorrow.

IN GIRLS ACTION, coach Mario Cawczynski of Rahway has been very pleased with his team's effort each game, and the team is far from out of things at 2-3.

Losses 4-2 to Scotch Plains Sept. 24 and 3-0 to Union Catholic last Thursday have not dampened things. They played the UC without starters Annie Feltman and Cindy Gregorio and showed toughness in coming from 4-0 back against Scotch Plains.

The opportunity to find out who the best girls' tennis players are in Union County will be presented today and tomorrow at Plainfield as the Union County Tournament will be contested.

As many as 20 schools will be involved, including: Roselle Park, Governor Livingston, New Providence, Union, Linden, Roselle Catholic, Wardlaw-Hartridge, Oak Knoll, Mosher Senior, Summit, Johnson Regional, Elizabeth, Scotch Plains, Plainfield, Dayton Regional, Rahway, Union Catholic, Kent Place, Cranford and Westfield.

Here are the top five seeds at first, second and third singles:

First Singles: 1-Stephanie Jamar, GL, 2-Jay Matsumoto, 3-Mirjana Banic, Johnson, 4-Tina Kaufman, Summit, 5-Laura Cohen, Oak Knoll.

Second Singles: 1-Felicia Tarnietello, GL, 2-Beecky Mauro, Westfield, 3-Diego Nolasco, Scotch Plains, 4-Jessica Arnold, Summit, 5-Jennifer Tampo, Roselle Park.

Third Singles: 1-Christine Proda, GL, 2-Nicole Schwartz, Scotch Plains, 3-Dorice Polina, Summit, 4-Meghan Corbett, Westfield, 5-Tara Kullman, Kent.

Jeff Boring has continued to be the top scoring threat, netting three goals in the first four games, and Tito Salamanca has been making it all happen from the midfield. Summer Giesler Arias got his first goal against Bound Brook on a header off a corner and the play of freshman Seth Eason on the back line continues to improve.

Citing a state law that includes stalking as evidence of the change of course the county is taking, Neasey related the case of a county resident who was sentenced in August to nine years for bearing his girlfriend.

In addition, the county's Domestic Violence Unit and its local counterparts in Elizabeth and Plainfield have made progress by serving as the arms of the law that issue restraining orders and assist police.

On top of that, the county freeholders voted last month to provide funds for the training of municipal prosecutors to handle cases of domestic violence.

In direct contrast, the YWCA of Eastern Union County is working to instill prevention in the collective consciousness. Its efforts will prove ineffective, I predict, because its intent is thought control, rather than action.

On Monday and Tuesday, the Y will hold its Protecting Our Children and Making Our Schools Safer programs, that are intended to keep children from watching television shows with violent content. Families will be encouraged to watch TV together, list those programs they consider appropriate for children and then distribute the lists.

Violence on television is a popular focal point when it is time to blame someone for crime, and parents should not allow their kids to watch such programs. But can someone explain why Canadian cities that border American cities seem unaffected by the American violence?

On Wednesday at 5 p.m., the Y will hold a candlelight vigil on the steps of the Union County Courthouse in memory of five county women who were killed last year in incidents of domestic violence.

On Oct. 11, the Y will sponsor a Facing Violence Among Men program.

On Oct. 11, the Y will sponsor its Eliminating Racism and Hate Crime program to address race relations in America.

According to YWCA Executive Director Mary Ellen Burns, "we are in the world's most prosperous country, yet we are embroiled in racism, bigotry and hatred."

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UNION

WORRALL COMMUNITY NEWSPAPERS

THURSDAY, OCTOBER 3, 1996

SECTION B

Deterrence efforts are on target

You may have heard by now that October is Domestic Violence Awareness Month, and depending on which approach to fighting these crimes you prefer, there's something for everyone to support.

This month, regardless of whatever experience you may have in domestic violence matters, you're expected not to participate in violence. Sounds to me like that would make for a decent way of life for all months, rather than just the one designated by the activist ribbon-wearers, but Union County officials have a more practical approach: prosecution and incarceration.

According to the county Prosecutor's Office, domestic violence is — or at least reported cases thereof — increased from 5,254 cases to 5,931 last year.

It's a good news/bad news scenario. Our county saw a jump of "only" 13 percent, while throughout the state, reported incidents of domestic violence increased by 22 percent.

Courts report an increase in all kinds of domestic violence, from harassment to murder, during the past five years.

"The sense of community outrage about domestic violence can be seen in the higher numbers of cases reported by victims, the increased number of prosecutions in court and the increasing amount of jail time imposed as a sentence for a domestic violence crime," said acting Prosecutor Edward Neasey.

Citing a state law that includes stalking as evidence of the change of course the county is taking, Neasey related the case of a county resident who was sentenced in August to nine years for bearing his girlfriend.

In addition, the county's Domestic Violence Unit and its local counterparts in Elizabeth and Plainfield have made progress by serving as the arms of the law that issue restraining orders and assist police.

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Ounce of prevention



Ronald Del Mauro, president and CEO of Saint Barnabas Health Care System, and Rep. Bob Franks recently to discuss drug abuse prevention. Franks will join the Union County Coalition for the Prevention of Substance Abuse for a symposium titled "From Managed Care to Managed Health" Saturday at Kean College. The event will be held from 8 a.m. to 1 p.m. at Kean's Downs Hall on Morris Avenue in Union. Topics will include the role of behavioral health in health care, the cost benefits of prevention, and the development of health care policies that will include prevention services.

Concert to mark anniversary

In celebration of the 75th anniversary of the Union County Parks System, the county will sponsor a variety of events this weekend, including a concert and fireworks. Saturday night at 6:30 in Echo Lake Park, in Mountaintop.

Headlining the show will be Jon Bauman, popularly known as Bowser of Sha-Na-Na. Bowser's Rock and Roll Party will be a nostalgic trip back to the rock and roll days of the 1950s. After twisting the night away, the audience will be treated to a fireworks display by the Cucci Family.

Everyone is invited to attend this free concert. Blankets and lawn chairs are recommended. Picnic dinners are encouraged and a food vendor will be on site. In case of rain, the festivities will be Sunday night.

Echo Lake Park is located off Route 22 East between Mountain and Springfield avenues.

Other events include the Fall Fine Arts and Crafts show at Montetown Park on Sunday and Sunday. That event will be held at the park across from Union County College in Cranford.

For additional information on this and other activities being held in honor of Union County Parks' 75th Anniversary, call Division of Parks and Recreation at (908) 527-4900.

For more information on the parks' anniversary, see this week's insert.

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Prosecutors lobby against parolees

While a statewide debate rages over how to toughen the parole system, officials at the county Prosecutor's Office have been using the system to lead the state in the number of applications to keep violent criminals serving their full sentences.

During the 12-month period ending on June 30, Union County has petitioned parole officials 315 times when criminals were coming up for release from state prisons and reformatories.

Acting Union County Prosecutor Edward Neasey said a computerized program that allows assistant prosecutors and other staff members to provide input on specific cases has allowed a "significant level" of case information to be considered by parole authorities.

As a result, he said, the counties involvement in opposing any early release for especially violent offenders and convicted killers has been more than four times that of the next most active county, Essex.

No automatic parole. "We've set up an intense tracking program through the efforts of Acting Assistant Prosecutor Robert P. O'Leary, inmates should also be able to show some 'positive periodic psychological test results' if they expect parole consideration."

He said the county police chiefs are "more than appreciative" of the office's efforts to follow parole cases closely since it represents an extra level of protection for the community.

"The gatekeepers." "It's true, in many ways we represent the gatekeepers when members of the office go that extra mile to be sure a person who gets parole has earned that privilege," Neasey said. "In addition, we send copies on major cases to every legislator in the district affected by the case to keep the lawmakers in tune with the process."

In Trenton, the Governor's Study Commission on Parole has conducted hearings to help it develop recommendations for changes in New Jersey's system. "Until the law changes, we feel confident we're making the best use of what the statute allows us to do and the office is very, very aggressive about it," O'Leary said.

In some cases, he added, some crime victims are so devastated by the impact of a crime that they become outspoken, active advocates of parole reform or law enforcement and then are enlisted to help educate the community.

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COUNTY NEWS

Health care and drug abuse

The Union County Coalition for the Prevention of Substance Abuse and Rep. Bob Franks will sponsor a discussion titled "From Managed Care to Managed Health" Sunday at Kean College.

The event will be held from 8 a.m. to 1 p.m. at Kean's Downer Hall on Morris Avenue in Union.

The goal of the symposium is to provide a forum for managed care and health care professionals, and the public to discuss health and substance abuse prevention.

Topics will include the role of behavioral health in health care, the cost benefits of prevention, and the development of health care policies that will include prevention services.

The day will include a keynote address, panels, "swap shops" and exhibits from throughout the county and state. Breakfast and lunch will be provided. Admission is free of charge through a grant from the U.S. Center for Substance Abuse Prevention and the Union Hospital Foundation.

Camping and singing

The Washington Rock Girl Scout Council is planning a songfest

camping retreat for Saturday and Sunday.

New and returning chorus members will learn and rehearse songs during an overnight at Camp Sasajewas in Sussex County. The weekend will include crafts, campfires and hiking activities.

The group releases one or two Wednesday nights each month from 6:45 to 8:15 p.m. at the Edison Intermediate School on Grove Street in Westfield.

New members are welcome and encouraged to join the singing trip. For further information, or to sign up, telephone the Washington Rock Girl Scout Council at (908) 233-3236 or

call Leslie Coyle supervisor, Phyllis Walker, clerk or evening supervisor after 4:30 p.m. at 352-5604, Ext. 334 Mondays through Fridays from 8:30 a.m. to 8 p.m.

The Union Elks Club will host a benefit luncheon for Camp Moore for handicapped children Sunday.

Allison Sweeney and Austin Peck from the television program "Days of Our Lives" and Timothy Gibbs and David Gibbs from "Another World" will be the special guests. The 9:55 WFLA party van will be attending. The luncheon will be held from noon

to 4:30 p.m. at the Union Elks Lodge, 281 Chestnut St., in Union.

Tickets are \$55 payable to Doug Lessona/ICOM, P.O. Box 73, Roselle Park, 07064. A self-addressed stamped envelope must be included. For more information, call (908) 353-0002.

Crafters wanted

St. Theresa School on Clinton and Liberty streets in Linden will hold a Christmas Craft Show Dec. 7 from 9 a.m. to 4 p.m.

Crafters interested in participating may call (908) 862-1619 for more information.

Freeholder Linda-Lee Kelly presents to Joseph LaPlaca a resolution honoring him and his efforts on behalf of the county's senior citizens. LaPlaca was director of the county Nutrition Program for the Elderly for 18 years and retired recently. Peter Shields, president of the board of directors of the Senior Citizens Council of Union County, looks on. The Nutrition Program for the Elderly prepares and delivers food to seniors around the county.

Retiree resolution

Freeholder Linda-Lee Kelly presents to Joseph LaPlaca a resolution honoring him and his efforts on behalf of the county's senior citizens.

LaPlaca was director of the county Nutrition Program for the Elderly for 18 years and retired recently. Peter Shields, president of the board of directors of the Senior Citizens Council of Union County, looks on. The Nutrition Program for the Elderly prepares and delivers food to seniors around the county.

League to hold candidates' night

The Union County Council of Leagues of Women Voters will present a freeholder candidates' night at 7:30 p.m. on Oct. 15 in Westfield Town Hall, 425 E. Broad St.

Eleven candidates have filed for these openings on the Union County Board of Freeholders this year. They are:

Republicans Linda Di Giovanni, incumbent; Linda Lee Kelly, incumbent; Nicholas P. Scutari, and Donald Goncalves.

Democratic Linda Stender, incumbent; Nicholas P. Scutari, and Donald Goncalves.

Conservatives Frank J. Festa Jr. and Shawn Gianella.

Independents James Garvin, Paul Frickson and Marie Petraitis.

All have been invited to participate in the annual league forum, at which audience members will have an opportunity to question the candidates on the issues.

The candidates' night is one of two voters service projects undertaken each year by the council, which is comprised of all local leagues in Union County. The other is the "Know Your Candidates" sheet, which contains information on county

and local candidates and which is published annually in October.

Further information about the council is available from Dawn Clarke of Springfield, county voter service chair, at (201) 379-4520.

Additional information about league membership, which is open to all interested persons, may be obtained by calling the League of Women Voters of New Jersey, (800) 792-VOTE.

Warehouse sale

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Friday, October 25th, 1996

Two Sessions

10AM TO 12:30PM

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At Hersh Tower

125 Broad Street, Elizabeth, New Jersey

On-Site Exhibits • Refreshments

Bus Tour - Reservations Required

Call 908 289-0262 Extension 100

RSVP - Tuesday October 22nd

Public Notice

NOTICE OF PUBLIC AUCTION

PURSUANT TO R.O. 38-154

United American Lien & Recovery Corp.

will sell the following assets to highest bidder

on Friday, Oct. 12, 1996, 10% BUYER PREMIUM

will be held at 1000 Lafayette Avenue, Newark, NJ

SALE DATE: October 18, 1996 at 2:00 P.M.

1. 1991 Oldsmobile Cutlass Supreme, VIN 1G4EJ-12400, 1991 Oldsmobile Cutlass Supreme, VIN 1G4EJ-12400, 1991 Oldsmobile Cutlass Supreme, VIN 1G4EJ-12400

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ARTS & ENTERTAINMENT

Civility versus virility is the theme for "The Male Animal"

My feminist sensibilities were put on notice when I received an invitation to "The Male Animal" by James Thurber and Elliott Nugent, which opens the third season of the Elizabeth Playhouse. "Remember," I told myself, "You're a journalist. You have to be fair." It turned out that impartiality was no struggle at all, as the playhouse's first production of the season was lively, spontaneously humorous, and sometimes profound. I found it refreshing to watch the growth of a man inspired to question the priorities of traditional society, and finding identity and self-respect in the process.

The time is the fall of 1939, fraught with myriad political concerns as World War II threatens the quiet existence of the American people. The play reminds us that life goes on even while shrouded by the specter of international conflict, and that conflict can arise even in the most mundane of situations.

The play is set in the home of an unnamed, middle-aged man, as former Tommy Turner and his partner, Patricia, are preparing to host a faculty party in Act I when it is revealed that Michael Barnes, radical campus journalist, has

news of the dreaded "letter" breaks. Turner finds not only his career but also his marriage jeopardized when Ellen's old flame (and former football hero) Joe Ferguson makes an appearance, just as Ellen tries to cope with Turner's uncharacteristic stubbornness. Lorraine Hernandez as rebellious maid Cleota had the opportunity to steal the show several times with her brief but comical lines, movements, and facial expressions, but did not take full advantage of these moments. Sherry Dobrin is slightly comical, condescending as Turner's wife in Act I, but unfortunately carries this expression throughout the rest of the play, missing some wonderful chances to come in the second act, and finally warming up to an exasperated glare in the third.

The men's performances bear up along with the action; Breitkopf has a lot of fun turning the tedious Turner into a man of conviction, stepping expertly through drunken brawls and hilarious pratfalls with Tom Gallison and Dan Mehan as Michael Barnes and Joe Ferguson, respectively. Megan Lahti as Ellen's peppy sister Patricia Stanley adds pleasantly to the physicality of the play as she flounders on and off the set, and does well communicating her character's naive idealism. Michael Riddick gives a steady

performance as Ed Keller, the college's champion against "The Red Menace." Keep your eye on wonderful Alay Barnes as Dean Damon, who despite slight deficiencies seems more comfortable on the set than other actors. Pauline Walsh is adorable as the dean's wife, and sound performance by Judd Rogers as Patricia's sometime beau/football star Wally Meyers and Marjorie Anderson as Ed Keller's wife Myrtle round out the cast.

This production marked my first visit to The Elizabeth Playhouse, located at 1100 E. Jersey St. in midtown Elizabeth. The theater has been converted from an old and beautiful church, and only adds to the charm of the set, complete with colorful over-stuffed chairs and a real working fireplace. Director Marlow Ferguson and wife Karen are the hard working co-founders of the theater, and impressed upon me their need for the continued support of theater lovers. I found their production of "The Male Animal" to be a valiant effort on the part of the entire cast and crew, and definitely suggest it as a nice way to spend a crisp fall evening.

"The Male Animal" will run weekends through Oct. 27. Friday and Saturday performances are at 7:30 p.m., and Sundays at 2 p.m. General admission price is \$8, seniors and students cost \$6. For information and reservations, call (908) 355-0077.



Jason Breitkopf and Sherry Dobrin share a serious moment in the Elizabeth Playhouse production of "The Male Animal," playing weekends through Oct. 27.

College sponsors auction

Kean College of New Jersey's Alumni Association will sponsor a "Gala Art Auction and Exhibit" on Friday, October 11 as part of homecoming weekend activities on campus. The art auction will take place in the new College Center, Rm. 228 at 8 p.m. with a preview at 7 p.m.

On display will be artwork in all media and price ranges. Proceeds will benefit the Kean College Alumni Scholarship Fund.

The auction, which is coordinated by Martin A. Igo, will feature works by such artists as Alaniz, Turkey, Neiman, Delacroix, Rockwell, Pissarro, O'Connell, Moore, Boudin, Wooster, Scott, Gormley, McKnight, Fazzino, and others. All art has been professionally framed and includes signed lithos, sculptures, engravings, enameled prints and originals.

Admission tickets are \$5 and are available by contacting the Alumni Office at (908) 527-5236, East Campus, Room 245. Major credit cards are accepted.

Film event 'may be' a night to remember

The New Jersey Film Festival has scheduled the following films for this week:

Friday and Saturday
"Maybe...Maybe Not," 1996, directed by Sonke Wortmann. The "German Bread Plot," co-written by Til Schweiger, stars in this madcap sexcapade, a la "The Birdcage," about a cute skirt-chasing heterosexual who finds comfort and solace from a gay roommate after he is dumped by his girlfriend. In German, subtitled. A New Jersey Film Festival premiere.

Screening is in Scott Hall #123, near the corner of College Avenue and Hamilton Street, College Avenue Campus, Rutgers University, New Brunswick.

All film programs begin at 7 p.m. Thursday through Saturday shows cost \$5 for general public, \$4 for Rutgers Film Co-op/JMAC Friends, and tickets may be purchased at the door beginning at 6:30 p.m. Sunday shows cost \$7 for general public, \$5 for Friends, and may be purchased the week of the show from the State Theatre Box Office at (908) 246-7469, or at the theater the day of the show beginning at 6:30 p.m.

The New Jersey Film Festival Fall 1996 is funded and sponsored in part by the Rutgers Film Co-op/New Jersey Media Arts Center, which offers this state's only media arts center with programming year-round, offering over 100 annual film screenings and events. Founded in 1982, the Rutgers Film Co-op/New Jersey Media Arts Center draws thousands of viewers from throughout the state by providing an alternative media culture.

WANT SMOKEFREE DINING?

For a FREE COPY of the guide "100% Smokefree Dining in New Jersey," listing 500 restaurants, send a self-addressed, business-sized envelope and \$2.00 to help cover postage and handling to:

Dining Guide, NJ GASP
105 Mountain Ave., Summit, NJ 07901

NEW JERSEY GASP
Group Against Smoking Pollution

Funding for GASP provided by ASBSP

DINING/ENTERTAINMENT

Museum seeks new artwork displays

The Donald B. Palmer Museum of the Springfield Free Public Library has extended the deadline to submit applications to display artwork during the 1997/98 exhibit season. Applicants are asked to submit a current resume, 10 slides representative of the work and a stamped, self-addressed envelope. Applications will be reviewed by the Museum Committee in the fall.

The 36 by 50 foot Palmer Museum was opened at its current site in 1975. The Palmer Collection was started in 1939 when the Library Board of Trustees appropriated \$25 to Springfield resident Donald Palmer to purchase pictures of Springfield. The collection grew to include historical mementos, antique guns, toys, tools, glass and china. Portions of the permanent Palmer Collection are on display throughout the year.

Since 1992, the museum has provided space for the exhibit of art and historical mementos and for the presentation of cultural programs. The museum has just completed a series of programs of poetry readings and storytelling all funded by the Union County Department of Cultural & Heritage Affairs.

Over the past year, the museum has exhibited the works of many fine local and regional artists. Exhibits featured have included photography, sculpture, paintings, ceramics, handmade paper and prints.

Applications should be mailed to the Donald B. Palmer Museum of the Springfield Free Public Library, 66 Mountain Ave., Springfield, N.J., 07081 no later than Oct. 15.

Interfaith council uses theater to help homeless

A group of Union County residents, under the direction of Judi Scher of Springfield, performed Thornton Wilder's "Our Town" on September 6, 7 & 8 in Plainfield as a benefit for the Interfaith Council for the Homeless of Union County. The superb production, enjoyed by young and old, revealed how the lives of people in a small town are woven together. This community-wide effort brought together members of Plainfield's United Presbyterian Church, some volunteers, a cast of local actors, and several area businesses for a good cause.

Among the contributors to the event were Berkeley Print and Copy Center of Berkeley Heights, Video Video, Fine Ingredients, Inc., Transport Consultants International, Celtic Treasures, Ltd., Northside Trattoria of Westfield, Another Look Books, Park Hardware, and Park Express Dry Cleaners of Plainfield. The cast included the following local community members: Timothy McGovern, Elaine Doonan, George Foster, Gen Kennedy, Bernard Weinstein, Mitch Brenner, Gena Richards, Art Self, Steven Krakauer, Daniel Jaskovics, Gretchen Saville, Nathaniel Parker, Sam D. Hasselman, Lorraine Savoy and Lorne Epstein.

As a result of this collaboration, Mrs. Scher and her group presented the Interfaith Council for the Homeless of Union County with a gift of \$1,882.

The Interfaith Council, now celebrating its 10th anniversary, is a non-profit organization that assists the homeless and those at risk of becoming homeless by offering an array of services including emergency shelter, transitional and affordable permanent housing, education and other supportive services to promote personal development, independence and self-sufficiency for its clients. To receive a brochure about the Interfaith Council, to become a volunteer or to make a donation, call (908) 753-4001 for more information.

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24 Oz. Delmonico Steak
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Free Sides & Lobster
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Hella Bailin of Union stands with her Silver Medal of Honor Award-winning painting, "Market Night," at the 54th annual open juried exhibition of the New Jersey Water Color Society, currently being held at the Monmouth Museum in Lincroft. Eighty paintings by New Jersey artists will be on display at the museum through Nov. 9. For further information, contact the museum at (908) 747-2266 Tuesday through Sunday.

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Authentic Russian Cooking

Hours: Tues. - Sun. 8:00 a.m. - 8 p.m.

Zaars	5.95
Beef Brisket	
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Potato Pancakes	
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Beef Stroganoff	6.95

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Featuring Live DJ • \$2.00 Bar Drinks

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Union Leader, Kenilworth Leader, Roselle Park Leader, Summit Observer, Springfield Leader, Mountainside Echo, Elizabeth Gazette, Roselle Spectator, Rahway Progress, Clark Eagle, Hillside Leader, Linden Leader

DINING REVIEW

October 3, 1996

By Rande Bayer-Spittel
Staff Writer

Looking for a bite to eat in a homey atmosphere surrounded by friendly staff? Try Liberty Pub. The pub is located in downtown Hillside in the same building as Liberty Manor, just off Liberty Avenue.

The pub is a true sports bar with two pool tables, a dart board and sports murals painted on the walls. It also features a good selection of beer, with everything from Budweiser to Molson in bottles and a good selection of beer on tap including Red Wolf, Wyntle and Coors as well as full truck service.

But what is new at the pub is Carol's Kitchen.

The kitchen now offers lunch and dinner at the pub with daily blackboard specials and a menu featuring sandwiches and delicious hot buffalo wings.

Last Thursday, the special was homemade meatloaf, believe it or not, not an easy dish to make well. This old staple of the suburban kitchen gets people opinionated, and I must say Carol's is

better than my grandmother's. Not an easy thing to do.

The special had a generous serving and, wonder \$6, was just the right price. But for those in the mood for more traditional bar fare, try the buffalo wings. The wings were hot and spicy, just right to be washed down by a good mug of cold beer.

Carol's Kitchen has been open only a few weeks, so look for the menu to expand.

The menu features traditional sandwiches and burgers, and there is nothing on the menu over \$6.

Carol's Kitchen has been open only a few weeks, so look for the menu to expand and change to suit the needs of the crowd.

A quiet place to get a good sandwich for lunch, the pub turns into a rowdier place at night. Featuring drink specials and live entertainment on Thursday,



Nadine, left, and Melissa Galitka are bartenders at Liberty Pub in Hillside.

Friday and Saturday nights, the bar offers a good place to get away from the grind with friends and, best of all, no cover charge.

So if you can't get down to the shore but you feel the need for good music, good friends and

good food, head across town to the Liberty Pub, where a good time is had by all.

This column is intended to inform our readers about dining opportunities in the area.

GRAND OPENING!

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FOURTH ANNUAL TASTE OF THE TOWNS
Co-Sponsored by The Rotary Club of Elizabeth & The Union County Chamber of Commerce

Date: Monday, October 21, 1996 Time: 5:00 PM to 9:00 PM
Place: Parkway Restaurant Route 22 East Scotch Plains Price: \$30 per person advance sale \$40 per person at the door Limited Availability

A first rate food and wine tasting event featuring some of our area's finest restaurants, bakeries and beverage merchants, including:

Alana's Coffee Roastery	Madrid Restaurant
B.G. Field's Restaurant	Manolo's Restaurant
The Baxter Group, Inc.	Marino's Trattoria
Bella Palermi Pasty Shop	Maya Grill
BridgeMaster Manor & Cafe Repetti	Nuova Pizzeria
Cafe Fontana	Nova & Penny
Civile Restaurant Italiano	Piolo Bakery, Inc.
DiCenzo's Restaurant & Italian Deli	Raaghi
Elle Fine Ingredients, Inc.	Reilly Antiques, Inc.
Garden Restaurant	Seagrams Classics Wine Co.
Olga Marie's	Shady Restaurant
Giovanna's	Toscana Italiano
House of Seagrams	Towne's Tea
Hunt Club Grill	Union County Voc-Tech School
The Louisiana Room	Varda Chocolatier

All proceeds from Taste of the Towns benefit charities and scholarship programs in the greater Elizabeth area.

Please complete, detach and return this reservation form by October 7, 1996.
Make check payable and return to: Rotary Club of Elizabeth, P.O. Box 971, Elizabeth, NJ 07207-0971

Yes, I will attend "Taste of the Towns" on October 21, 1996.
Please send _____ tickets at \$30 each.
_____ \$40 tickets at the door.
_____ \$40 tickets at the door.
Name: _____
Address: _____
Telephone: _____
City: _____ State: _____ Zip: _____

*Tickets may be purchased at the YMCA, 100 Madison Avenue, Elizabeth, NJ 07208, from 9:00 AM to 5:00 PM.

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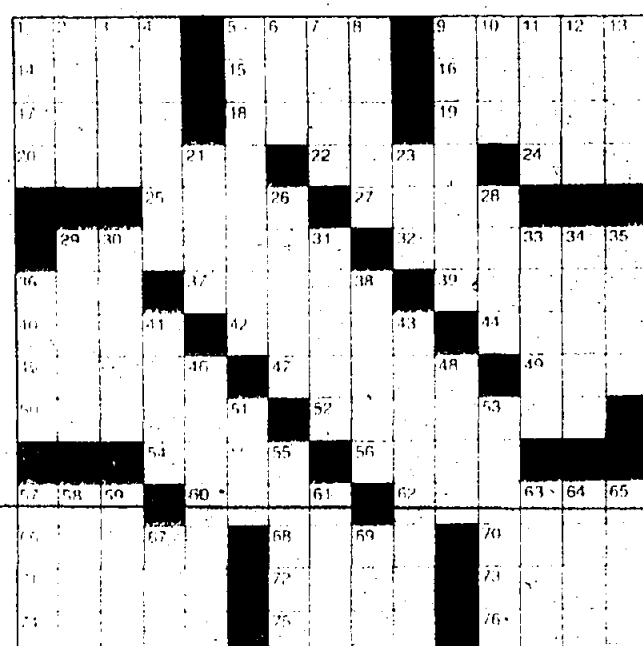
FALL DINING

Out on the TOWN

FALL DINING

Out on the TOWN

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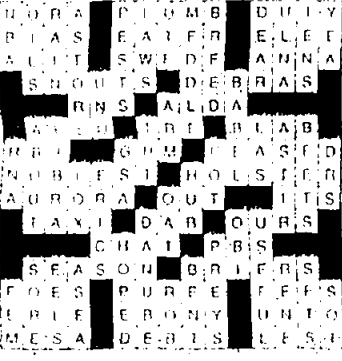
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Outstanding achievement recognized

Applications are now available for the 1997 Very Special Arts Achievement Awards. These include the Student Arts Achievement Awards, presented to distinguished students; the Teacher Arts Achievement Awards, presented to outstanding teachers; and the Parent Arts Achievement Awards, presented to outstanding parents. The awards are presented to students, teachers, and parents who have demonstrated outstanding achievement in the arts. The awards are presented to students, teachers, and parents who have demonstrated outstanding achievement in the arts. The awards are presented to students, teachers, and parents who have demonstrated outstanding achievement in the arts.

ANSWER TO PREVIOUS PUZZLE



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Broadway recreation found worthy of an encore

Theater View

By Ben Smith
Associate Editor

Each musical number is meticulously staged, and some of the musical titles are created from the unforgettable dialogue of the movie, such as "Fatten Your Soul." She can dance, sing and emcee while capturing the hearts of theater goers, and as Margo Channing, supposedly aging, certainly appears to be aging so gracefully that it really is difficult to ascertain her age — particularly in those exquisite sparkling gowns. And it's worth the price of admission just to watch her bounce around that stage with the best of them, waving her arms and kicking her legs up in the air.

Unquestionably, the tightly knit story about a young woman, who instigates herself into the life of an aging Broadway superstar until she herself becomes a superstar, and the production's exceptionally entertaining musical numbers, are enough to keep the audience's attention. However, when the show is enhanced by the work of the inimitable Benjy Grant and the multi-talented Michael Annini, who serves as director, and Ann Reinking, choreographer, with a score by Lee Adams and Charles Strouse, the production becomes a masterpiece.

In the second scene, outstanding numbers include "Inner Thoughts," "Good Friends," "She Killed Them," "One of Us," "I Don't Want to Grow Old," and "I Don't Want to Grow Old."

The supporting cast is excellent, particularly Nick Wyman, who portrays Howard Benedict, the show producer, who can see his own evil in the image of Eve. Wyman has a thrilling stage voice that gives the entire production a quality of grandeur. In the new "Applause," the audience are treated to four new musical numbers and a revised book. It originated from a musical by Mary Gorman in the early 1930s called "The Widow of Eve," and 10 years later was adapted to a movie with Bette Davis as Margo Channing, which won the 1950 Academy Award as Best Picture. In 1970, on Broadway, "Applause" received four Tony Awards. And from the revised version at the Paper Mill, it certainly warrants a couple of more awards.



Stephanie Powers appears in a scene from the new production of "Applause" at Paper Mill Playhouse, Millburn, through Oct. 19. Directed by Gene Saks, "Applause" is the first production of the 1996-97 Paper Mill Playhouse season. For tickets and information, contact the playhouse at (201) 376-4343.

One could hear a gasp from the audience. Darrell Caroy, who portrays Duane, Margo's devoted hindservant, is absolutely wonderful with a great sense of comedy. In the new "Applause," the audience are treated to four new musical numbers and a revised book. It originated from a musical by Mary Gorman in the early 1930s called "The Widow of Eve," and 10 years later was adapted to a movie with Bette Davis as Margo Channing, which won the 1950 Academy Award as Best Picture. In 1970, on Broadway, "Applause" received four Tony Awards. And from the revised version at the Paper Mill, it certainly warrants a couple of more awards.

A nostalgic theme will prevail as Bowzer rocks Echo Lake Park

In honor of the Union County Park System's upcoming 75th Anniversary, the County's Board of Chosen Freeholders is sponsoring one of the most exciting shows ever to come to Echo Lake Park, Mountaintop. In the evening of comedy and the music of the 1950s and 1960s, on Saturday, Once a part of the nostalgic rock group Sha Na Na, Bowzer now wows the county on his own. His Rock 'n' Roll Party offers something for everyone. Join him as he reminds about everything from cafeteria ladies to air raid drills and the audience to all the songs you remember like "Blue Moon," "Shout" and "Do You Love Me."

Opening for Bowzer will be AJ and the Hearts, a New Jersey band, with strong roots in the music industry. Adam Montemoreale is the "A" while Joey Amintio is the "J." Adam has toured the entire circuit with major names such as Del Shannon and Lou Christie, while Joey has played with the E Street Band and other major names.

In the first half of the evening, the world-famous Grand Funk Railroad will be a firework presentation by the world-famous Grand Funk Railroad. The concert and fireworks will be Sunday, same time and place. The Union County Park System was founded in 1921 by an overwhelming affirmative public vote. Seventy-five years later it continues to provide outstanding recreation services and acting through its twenty-six parks such as Warinanco in Elizabeth, Rahway River Park and the Watchung Reservation.

For information on the concert, fireworks and other upcoming 75th Anniversary events, contact the Union County Division of Parks and Recreation, (908) 327-4900.

Artist's creative evolution exhibited in mixed media show

Different Directions, a mixed media exhibit of paintings by Stephen D'Amato of Cranford, is showing at the Les Maitre Gallery in the Union Public Library in Friburger Park on Morris Avenue. The show will continue through Oct. 24.

D'Amato is art director for International Business Products, Inc. in Garwood. He teaches painting and drawing at the Pleasant Hill Montessori Club. He is immediate past president and Program Chairman of the Westfield Art Association.

Among his solo shows are Children's Specialized Hospital, Midland National Bank and Ru-Lene Gallery. He has also participated in group shows, including Westfield Art Association Shows, Jersey Central Power and Light, Menom Corporation, NJ Miniature Society, Image Gallery and Long Beach Island Art Gallery and Studios where he was awarded an Honorable Mention in 1990.

For the past three years, D'Amato's paintings have marked a change in style and approach toward art.

"I used to be overly concerned with having a very realistic light painting which looked realistic and boring to paint. I noticed the end result gave me the most pleasure rather than the actual painting. I decided I needed to express myself more and started painting abstract, using bold colors and moving them around with large brushes and a palette knife. This freed me up and I began painting the feelings I was experiencing, whether they were happy, sad, angry or confused. This was a tremendous release. In the summer of '95 I resumed painting outdoors again using watercolor and ink. My favorite places to paint are at the shore and around Cranford — places I enjoy being."

Gallery hours are Mon, Wed, and Thurs. 9 a.m. to 9 p.m. Tues., 9 a.m. to 6 p.m. and Sat. 9 a.m. to 5 p.m.

What's Going On?

Flea Market
SATURDAY
OCTOBER 5, 1996
EVENT: Flea Market and Crafts
PLACE: Elmira Presbyterian Church
TIME: 9:30am-5pm
PRICE: Free Admission
ORGANIZATION: Elmira Presbyterian Church
Cafe, 200 Elmira Avenue, Elmira, NY 14901

Garage/Yard Sale
FRIDAY AND SATURDAY
OCTOBER 4 & 5, 1996
EVENT: 200 Family Semi-Annual Garage/Yard Sale
PLACE: Christ Lutheran Church, 1359 Morris Avenue, Union
TIME: Friday 9:30am-6pm, Saturday 9:30am-12pm
PRICE: Free Admission
ORGANIZATION: Christ Lutheran Church

Rummage Sale
FRIDAY AND SATURDAY
OCTOBER 4 & 5, 1996
EVENT: Rummage Sale
PLACE: Christ Lutheran Church, 1359 Morris Avenue, Union
TIME: Friday 9:30am-6pm, Saturday 9:30am-12pm
PRICE: Free Admission
ORGANIZATION: Christ Lutheran Church

Friday and Saturday
OCTOBER 11 AND 12, 1996
EVENT: Fall Rummage Sale
PLACE: Townley Presbyterian Church, 829 Salem Road at Huguenot Avenue, Union, NJ
TIME: Friday 9:30am-7pm, Saturday 9:30am-12:30pm
PRICE: Free Admission
ORGANIZATION: Townley Presbyterian Church

Thursday
OCTOBER 10, 1996
EVENT: Rummage Sale
PLACE: First Congregational Church, Civic Square and Clinton Avenue, Irvington
TIME: 10am - 7pm
PRICE: Free Admission
ORGANIZATION: First Congregational Church

CRAFT
SATURDAY
OCTOBER 5, 1996
EVENT: Autumn Craft Show
PLACE: Townley Presbyterian Church, Salem and Huguenot Avenues, Union, NJ
TIME: 9am to 3pm
PRICE: \$5.00 per adult/\$2.50 per child
ORGANIZATION: The Townley Presbyterian Church

Theatre Play
FRIDAY, SATURDAY, SUNDAY
OCTOBER 4, 5, 6, 1996
EVENT: "The Male Animal" by James Thurber
PLACE: Elizabeth Playhouse, 1100 E. Liberty Street (near the Ritz Theatre), Elizabeth
TIME: Friday/Saturday 7:30pm, Sunday 2:00pm
PRICE: \$10.00, \$15.00, \$20.00
ORGANIZATION: The Elizabeth Playhouse

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According to Foster, 'Hate' is no joke

The Video Detective

By Jim Riffel

In the world of low budget pictures, the story behind the film is often more important in the marketing of the film than the film itself. Take, for example, "Clerks." The picture, made in 1994, told the story of one night in the life of a convenience store employee. Before the picture was even released, it gained momentum by the repeated stories of how the director was an actual "clerk" and filmed the movie in his store during his breaks. By the time the film opened, this "story behind the film" marketing tactic had created enough public awareness that the film, regardless of how good or bad it was, was guaranteed a financially successful opening weekend.

"Hate," a French film, also had a "story behind the film." The picture gained press before it was released in America because Jodie Foster saw it in France and was so "blown away" that she had her company, Egg Pictures, bring the film to the U.S. and distribute it. Her powerful involvement gave the film an added push but, unlike other films which need the type, "Hate" could easily have stood on its own.

The picture was written and directed by 26-year-old Mathieu Kassovitz and is probably one of the best directorial debuts in the last ten years. It was shot in black and white, which may have been a financial decision but, regardless, adds to the bleakness of the story.

It begins with a voice-over. A young man is telling his friend a joke: "A man is falling from a building. As he passes each floor he says 'so far, so good, so far so good.' The voice-over ends and the film begins. The story is about three friends on a road to ruin, trapped in a seamy city which sees itself, falling but keeps telling itself 'so far, so good.' Said is an Arab, Hubert is Black, and Vinz is Jewish. They live in the projects, each jailed to this lifestyle by hopeless poverty. They've got enough money to survive but not enough to change.

"Amusingly, the city in the movie is Paris. The police and army come in to calm things down. During a violent outbreak one of their friends, Abdul, is critically wounded and sent to the hospital. Said, Hubert and Vinz wander the streets, cuped in by their own fears of the future. They hear from a friend that during the last riot, one of the policemen lost a gun. The city is looking for it. Moments later, Vinz shows Said and Hubert the piece. He says if Abdul dies he will kill a cop. Hubert, the only one of the three with a mind still intact, scoffs at Vinz's insanity and wants nothing to do with it.

The long night winds down and, exhausted, they sit on the floor of a local mall. Behind them is a huge television screen. The news arrives that a local youth, Abdul, who was shot by a police officer, has died. It's now time for Vinz to fulfill his promise.

The film ends with a voice-over that finishes the words at the beginning of the film, "It's not how you fall, it's how you land." These words become very important when the three friends and the police officer finally meet. Video Detective Trivia: Pick the Best Actress of 1996 a) Glenn Close, b) Jodie Foster, c) Melanie Griffith, d) Meryl Streep, e) Courteney Cox, f) Julia Roberts, g) Demi Moore, h) Sandra Bullock, i) Winona Ryder, j) Kate Winslet, k) Saoirse Ronan, l) Saoirse Ronan, m) Saoirse Ronan, n) Saoirse Ronan, o) Saoirse Ronan, p) Saoirse Ronan, q) Saoirse Ronan, r) Saoirse Ronan, s) Saoirse Ronan, t) Saoirse Ronan, u) Saoirse Ronan, v) Saoirse Ronan, w) Saoirse Ronan, x) Saoirse Ronan, y) Saoirse Ronan, z) Saoirse Ronan.

Free design studio
The du Crest School of Art and Design is offering non-profit organizations a full-service design studio at no charge.

The Design Group gives a select group of art students the opportunity to work in an advertising agency environment. New designs are created and camera-ready art work is provided. This service is offered, at minimal cost, to any non-profit organization in the local and surrounding communities.

The du Crest School of Art and Design, founded in 1926, is the largest private art school in New Jersey. For further information, call 737-7171.

Network with the symphony via the World Wide Web

The Westfield Symphony Orchestra has officially launched its homepage and new World Wide Web address. The website is designed and managed by Darryl Walker, webmaster of Westfield, and includes graphics, photos and ticket order forms that users may download and print for subscriptions to the WSO's 1996-97 Season of Grandeur and Romance. The symphony's unique Internet address is <http://www.westfield.org/wso>. It is accessible 24 hours a day from anywhere in the world for WSO concert information, artist bios, news, letters and ticket prices for the five concert subscription series and annual symphony events.

WSO Executive Director Pamela Cooper noted, "The new web address and homepage is a logical progression in our ongoing efforts to use new technologies to better serve our audiences. We are extremely fortunate to have found in Darryl Walker a very talented and generous individual who has helped us make our vision a reality." The WSO has participated for the last year in Internet listings such as Culturefinder, and is included on sites offered by Bob Dolvin and Quintiliani Research for the town. The new homepage, however, is the first complete and comprehensive Internet program dedicated to all facets of the Westfield Symphony and its programs. Darryl Walker contributed his time and design skills to develop the fourteen-year-old symphony's new web image and address.

Visitors to the WSO website can simply "click" on the various links and icons to instantly obtain concert and program information, photographs and biographies of guest artists, subscription and ticket information, as well as diagrams of concert venues and seating locations and ticket order forms, all while on-line. The Symphony's website is the most recent addition to "Westfield, New Jersey," a free community information service on the web located at <http://www.westfield.com>, which also contains information about the town's government, the schools, houses of worship, history and businesses. Designed and conceived by Darryl Walker, a ten year resident, the Westfield Website is quickly gaining recognition as one of New Jersey's premier spots on the Internet.

The World Wide Web is the most exciting technological advancement since the fax machine," said Mr. Walker, who is the site's Editor and Webmaster. "This technology is both interactive and dynamic. For example, after purchasing tickets to attend the symphony, those with a computer and a modem can also make dinner reservations at their favorite restaurant by clicking on the restaurant's "Discount Program" link on the Symphony's homepage, "net" browsers receive a listing of area restaurants participating in the WSO's 10 percent "Concert Night Discount" program. A similar feature provides instant access to information on ticket outlets in Westfield, Cranford, Summit, Scotch Plains and Rahway.

The fully professional orchestra also utilized the world wide web to announce the opening of a search for a new Music Director and Conductor to lead the Symphony's five subscription concerts, educational programs and outreach activities. The WSO Search Committee has selected a number of outstanding candidates to serve as Guest Conductors for the upcoming Season of Grandeur and Romance. Photos and biographical information on guest conductors, as well as guest artists and cast members for the Symphony's May 10 performance of Carmen, will be added to the WSO homepage in coming weeks. For more information, visit the WSO at <http://www.westfield.org/wso> or call the symphony office at (908) 233-9400.

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"She plays with body, soul and a harrowing sense of adventure." -Newsweek
Thurs., Oct. 3, 8:00pm, ENGLEWOOD, John Harms Center
Fri., Oct. 4, 8:00pm, NEW BRUNSWICK, State Theatre
Sat., Oct. 5, 8:30pm, RED BANK, Count Basie Theatre
Sun., Oct. 6, 3:00pm, NEWARK, Symphony Hall
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Speedy Car Wash

It's located in an industrial area on Lehigh Avenue — not exactly the kind of place you might expect to find a car wash, but somehow the Speedy Car Wash has managed to do quite nicely over the past 20 years.

According to Gene Rooney, who has operated the business for the past 20 years, the customer receives the best possible service at a reasonable price.

At Speedy Car Wash, an exterior wash goes for about \$2 less than the average car wash, a competitive price in a business where customers can be charged \$7 simply for an exterior wash, not to mention amenities such as hot wax.

In addition, the Speedy Car Wash offers free, self-service mat washing equipment, something many other car washes dispense only for an extra charge. Speedy also offers coin-operated, self-service vacuum cleaners.

Rooney always keeps his equipment up to date, replacing washing equipment as part of an ongoing commitment to giving the best wash for the money.

At Speedy Car Wash, Rooney's employees take time to wash off excess dirt from every vehicle before it even enters the conveyor and the workers must greet each customer courteously because it is their job to do so.

When the car wash is not operating, Rooney is still busy keeping all equipment in working order.

"We've really done a lot of maintenance on our equipment," he said. "I think that our assembly of equipment is superior to most other car washes in the area."

COME THIS WAY FOR A REALLY GOOD CAR WASH!!!

OPEN
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SUN 8 AM-6 PM

SPEEDY CAR WASH

Personalized Hand Detailing
On Every Car Washed
100% BRUSHLESS
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WHAT A WAY TO MEET!
Call 1-900-786-2400 (\$1.99/min.) to respond to these ads.
TouchTone or Rotary phones. You must be 18 or older.

WOMEN SEEKING MEN

Call 1-900-786-2400
\$1.99 per min.

SEEK A STRONG MAN

39 year old, 5'4" black female
Looking for an attractive, sensitive,
strong and very masculine
black male, 5'6" or taller, who is
down with a good sense of humor.
Must be physically fit, disease
free, alcohol free. BOX 13867

ENCHANTING WOMAN

Attractive 46 year old, 5'7",
professional white female. Enjoy life,
laughter and good times, travel.
Looking for an intelligent, romantic
and attractive male for a monogamous
relationship. BOX 14614

LOYAL & HONEST LADY

47 year old single black female,
5'8" and 137 pounds. Looking for
a single black male, over 5'11",
45 to 49 for friendship leading to
a possible long term relationship.
Someone who is a good sense of
humor. BOX 15248

SOMETHING LONG TERM

Very attractive, petite, rapidly
5'4", 116 lb. youthful 45 yr old
female. Looking for a single black
male, 5'10" or taller, 35 to 39 years old,
with a good sense of humor. No
beliefs please! BOX 37361

YOUNG AT HEART

Young 50 year old, petite, blonde
female. I'm creative, artistic, down
to earth and casual. Enjoy music,
movies, books, good conversation,
long walks and more. Looking for
a honest man, 40 to 55, with similar
interests. BOX 13291

LOOKING FOR A FRIEND

Attractive and youthful 69 year
old white widowed female, enjoy
golf, sewing, dining out, crafts,
shows and quiet evenings. Looking
for a sincere and honest gentleman,
60 to 75, for companionship.
BOX 13155

HONEST AND SINCERE

Attractive and sincere, divorced
female, 40 years old, 5'6", 120
pounds. Enjoying exercise and more.
Looking for a tall gentleman, 45
to 55, who is outgoing and
friendly. BOX 13444

SEARCHING FOR YOU

20 year old black female, 5'4",
120 lbs. and heavy set. Enjoy quiet
evenings, dining, and long walks in
the park. Seeking a strong and
sensitive male to depend on and
talk to. BOX 38249

VOLUNTUOUS LADY

Romantic 49 year old single white
female. Enjoy candlelight dinners,
church and more. Looking for a non smoking
man for a long term relationship. BOX
12475

ENERGETIC LADY

Attractive, upbeat, professional
female, 47. Looking for a great
guy with a sense of humor, for
friendship and a possible relationship.
Enjoy movies, dining out,
walks, nights at home and more.
BOX 13584

SPIRITUAL WOMAN

Divorced black female, 45, 5'3",
185 pounds. Enjoy movies, sports,
travelling, dancing, dining,
church and more. Looking for a
male, 30 to 50, with similar
interests for friendship and a possible
relationship. BOX 38262

ENJOY LAUGHING

Very attractive and intelligent, 5'6",
professional, physically fit female.
Don't have that much time to meet
men. Seeking a male in his 40's
and maybe 50's who is professional,
intelligent, communicative and
has a sense of humor. (very important).
You will be disappointed
if we meet! BOX 39777

MALE WANTED

Full figured, single black female
seeking single black male 30-40.
Want someone who likes sports,
movies, computers, and also
likes the theatre. BOX 13530

MUST BE HONEST

Full figured Black woman seeking
middle aged man ages 40 to 52.
Must be employed, be honest, loving,
understanding, and caring.
Looking for good relationship and
marriage. Like to go to the park
and the shore. BOX 37655

CALL ME SOMETHING

Pretty single female, 31, 5'7",
seeking a single white male, who
is caring and sweet, 25 to 38, thin
to medium build, enjoys beach,
music and dining out. BOX 12811

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(Please have your voice greeting written down before you call.)

GIVE ME A CALL!

Employed black female, 57, En-
joy Atlantic City, bingo, race
tracks, rides in the park on week
ends, holding hands. I am a
smoker, drug and alcohol free.
Looking for an attractive, sensitive,
strong and very masculine
black male, 5'6" or taller, who is
down with a good sense of humor.
Must be physically fit, disease
free, alcohol free. BOX 13867

WHERE ARE YOU?

Seeking a full figured gay, my in-
terests are: movies, old cars from
the 50's and 60's, etc. BOX
13291

THIN MAN LOOKING...

For lady large. To me, big is
beautiful, chubby is charming and
plump is pretty. I'm in a single 40
year old male seeking a female to
enjoy the ages of 30 and 55.
BOX 14409

LOOKING FOR LOVE

Single white professional male,
37. Looking for a single white fe-
male, 27 to 37, who enjoys a
5'10" or taller, 25 to 35 years old,
with a good sense of humor. Free
and clean cut. BOX 39776

COMPANION NEEDED

Attractive single black mother of
one child. Looking for a non
smoker, 35 and over male, medi-
cine, 6' and a professional.
You must be honest. Friends first.
Possible relationship later. BOX
37108

OUTSTANDING LADY

35 year single white female with
green eyes, brown hair and a
good sense of humor. I like to
eat, drink and be merry. I am
employed and have a great time
together and share special times.
Enjoy free markets, movies, dining
out, and more. BOX 37655

CAN YOU LAUGH?

5'3" slim divorced white female,
enjoy the outdoors, laughing a lot
and having a good time in life.
Looking for someone educated,
who likes the outdoors, and has a
good sense of humor. BOX
16077

ANSWER MY BILL

23 year old sincere female, 5'3",
120 pounds. Looking for a single
male, non smoker and drug free
24 to 30 years old, 180 to 200
pounds. 5'7" to 6'1", tall. Enjoy
working out, skating, etc. for
friendship and a possible relation-
ship. BOX 13502

SEARCH FOR MR. 60

Thin, 5'6", white widowed female.
Seeking a male to enjoy life and
just walk with me. Leave your
number, and we can talk first.
BOX 12502

WOMAN OF SUBSTANCE

40 year old attractive, single
female, 5'4", 116 pounds. Active
lifestyle, is physically fit, and
enjoys a good sense of humor. I
am looking for a man who is
down with a good sense of humor.
BOX 13444

OPEN FOR NEW IDEAS

37 year old black single female,
47. Looking for a great
guy with a sense of humor, for
friendship and a possible relationship.
Enjoy movies, dining out,
walks, nights at home and more.
BOX 13584

IS THIS YOU???

I am in search of the 40 something
year old woman who longs for
a tall athletic built male who is
a disease and drug free. As well
as domestic violence free. Let me
hear from you! BOX 15756

WANT A REAL FRIEND

34, slender, good looking, single
white male seeking a girlfriend.
Do not want big spenders, want
an seeking financial support. I
am a single white male, 34, slender,
good looking, single white male
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HEALTH/FITNESS & MEDICINE

New technology helps hospital speed exams

Union Hospital's Radiology Department recently installed a new, state-of-the-art CT Scanner to be utilized in patient exams. The Siemens Somatom AR SP CT Scanner is a spiral scanner which is regarded as one of the most advanced pieces of equipment available for this type of exam.

There are a number of features which make the scanner more convenient to patients and hospital staff. One such feature is a faster reading time, making it possible for patients to spend less time on the machine when a scan is being taken. A tiltable gantry is another feature which the machine boasts. This type of gantry, or bed upon which patients lie, makes it easier for the technician to take images in various positions by moving the bed rather than moving the patient themselves.

The scanner is referred to as a spiral scanner because of the manner in which it produces the images for the technician to examine and record. Unlike previous CT scanners which reproduced an image for examination one image at a time and would have to create additional images for each new perspective, this new scanner displays a continuous image throughout the exam. This new spiral imaging allows for faster, more accurate readings.

According to Steve Wozniak, Radiology Department Manager, the scanner has been well-received by both patients and hospital staff. "The new CT Scanner has many features which make the whole process run much more efficiently. Our technicians can scan and record images in less time, which means patients spend less time on the machine and receive test results faster. Patients also remain more comfortable throughout the exam because the new technology allows us to view images from various perspectives with the patient rarely having to change position."

Union Hospital's Radiology Department provides a variety of diagnostic services including nuclear medicine, diagnostic radiology, and ultrasound. Two state-of-the-art MRI facilities and multi-modality services are available through the hospital's affiliation with Saint Barnabas Medical Center. For more information about the new CT Scanner or Union Hospital's Radiology Department, call Steve Wozniak, Manager of Radiology Services, at (908) 851-7124.

Union Hospital, an affiliate of the Saint Barnabas Health Care System, is located at 1000 Gallop Hill Road in Union, NJ.

Sell it with a classified ad, 1-800-564-8011.

A gala outcome



From left to right, Edward Reeves, executive director of the Reeves Foundation; Mrs. John E. Reeves, and Ann O'Neil, executive director of the Overlook Hospital Foundation survey floor plans for the hospital's new Ambulatory Surgery Center, named in memory of John E. Reeves. The John Reeves Ambulatory Surgery Center is the beneficiary of the Overlook Foundation's 90th Anniversary Gala, held Sept. 28 at the Liberty Science Center.

Imaging made easier at Union Hospital

The state-of-the-art non-invasive imaging technique in nuclear medicine is now available at Union Hospital. SPECT Imaging provides physicians with a comprehensive look at the results of a nuclear stress test, which examines a patient's heart.

"The test indicates the presence of coronary artery disease and the effectiveness of current treatments, damage caused by heart attacks, and the visibility of heart tissue," said Richard J. Claps, M.D., medical director of Union Hospital's Radiology Department. "SPECT Imaging allows us to study the physiology of the heart, making it the most accurate and detailed method of cardiac evaluation in nuclear medicine."

The Department of Nuclear Medicine at Union Hospital uses a hybrid technique for this procedure, where two radioactive pharmaceuticals are circulated in the patient's blood stream. The combination of both radioactive pharmaceuticals yields the maximum amount of information available from the test by taking advantage of the unique properties of each isotope.

Physicians have a three dimensional view of the heart, allowing them to delve deeper into questionable areas by dissecting the image into "slices" that focus on a specific part, similar to a CT Scan.

The first part of the nuclear stress test is conducted while the patient is resting. The nuclear technologist injects the patient with the first radioactive pharmaceutical. Approximately 15-20 minutes after the injection, the patients are imaged by a Gamma camera that rotates around the patient for approximately 30 minutes, taking 32 pictures of the heart. The radioactive material injected decays and emits particles which are detected by the Gamma camera and are converted into a computerized image of the heart.

The second part of the exam is the treadmill stress test. An intravenous line is placed on the patient's arm and electrocardiogram leads are placed on his or her chest. The patient is asked to walk on the treadmill until they reach a target heart rate. Before the end of the exam, the patient is injected with the second radioactive pharmaceutical. In approximately 30-45 minutes a second set of images is taken.

Patients who have physical limitations and are unable to complete a treadmill stress test undergo a pharmacological nuclear stress test, where a cardiologist injects a drug that speeds the patient's heart rate without treadmill exercise. According to Dr. Claps, there is no pain or discomfort during nuclear or pharmacological stress tests.

"The Radiology Department at Union Hospital is a state-of-the-art facility that continually strives to make the latest technology available to our physicians and patients," explains Steve Wozniak, director of Union Hospital's Radiology Department.

Union Hospital, an affiliate of the Saint Barnabas Health Care System, is located at 1000 Gallop Hill Road in Union, NJ.

Pathways offers cancer support

Pathways Community Breast Cancer Resources announces its fall 1996 schedule for the organization's therapist support groups. Meetings are free and will be held at one of Pathways' three sponsoring agencies — the Summit YWCA, the Resource Center for Women, or Overlook Hospital. Free parking is available.

Call Margaret Meola at (908) 277-3663 to register for the following groups:

A new "Kweek" series "Facing Breast Cancer Together" is open for registration. This group is for women who have been recently diagnosed and discussed with focus on breast cancer treatments, communication with the health care system, practical coping strategies and issues involving families and friends. The group will meet at the Summit YWCA on Thursday evenings from 5:30 - 7 p.m. and will begin new registrations are in Vaughan Schwarz, PhD will facilitate.

"Living with Breast Cancer" is an ongoing weekly group for women with non-recurrent breast cancer. It meets at the Summit YWCA at noon on Thursdays and is facilitated by Mary Hill, RN, MSN and Kay English, MSW.

Adjusting to "Recurrent Breast Cancer" is for women with recurrent or metastatic breast cancer. The group meets every other Wednesday evening at Overlook Hospital, Virginia Burns, LCSW, MSW facilitates.

Pathways is a non-profit joint venture of Overlook Hospital, The Resource Center for Women and the Summit YWCA.

Do you need to get in shape... Or just start exercising... Call GREG BISHOP, Certified Personal Trainer, 908-851-0164.

Individualized training programs • FREE evaluations • CPR certified • In Home Training

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Having a Problem with Relationships? If you tried and tried, and still have the problem, Therapy might help.

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SEPTEMBER 30th - OCTOBER 4th
Monday - Friday 10 AM - 6 PM

THE VITAMIN FACTORY
201 RT. 22, HILLSIDE, NJ 07205 (201) 926-2946

NATIONAL Depression SCREENING DAY

Thursday, October 10, 1996

When even the simple joys fade...

Are you still tired after a full night's sleep? Do you feel sad and empty? Have you lost interest in hobbies and activities? Do even the simplest tasks seem overwhelming? ... You may have clinical depression. It's a medical illness, and effective treatments are available.

Free Depression Screening Includes:

Information and written self-test for depression.
Confidential meeting with a mental health professional.

Three Locations:

Place: Morristown Memorial Hospital	Time: 9:00 am - 9:00 pm
Location: Auditorium B, 100 Madison Avenue, Morristown	
Presentation: 6:30 pm - Bryan Fennelly, MD	
Information: (201) 971-4700	

Place: Overlook Hospital	Time: 2:00 pm - 4:00 pm and 6:00 pm - 8:00 pm
Location: 8th Floor, 99 Beauvoir Avenue, Summit	
Registration/Information: (908) 522-5353	

Place: Mountainside Hospital	Time: 7:30 pm - 9:00 pm
Location: Auditorium, Bay & Highland Avenues, Montclair/Glen Ridge	
Presentation: 7:30 pm - Mark Faber, MD	
Registration/Information: (201) 429-6121	

Sponsored by ATLANTIC BEHAVIORAL HEALTH SERVICES

Atlantic HEALTH SYSTEM
Morristown Memorial • Overlook • Mountainside Hospitals
Chilton Memorial • Newton Memorial

HEALTH/FITNESS & MEDICINE

Liposuction can do what diet, exercise can't

Liposuction has been the most common procedure performed by plastic surgeons. It is not a cure for obesity, but is better thought of as a sculpting procedure to remove these areas of fat unresponsive to diet and exercise. Typically, this occurs in the hips and thighs of women; and in the flanks and abdomen of men. Dieting and exercise does help, however, by reducing diffuse fat throughout the body, this ultimately improves one's overall body contour. Liposuction aids in these areas nature cannot improve.

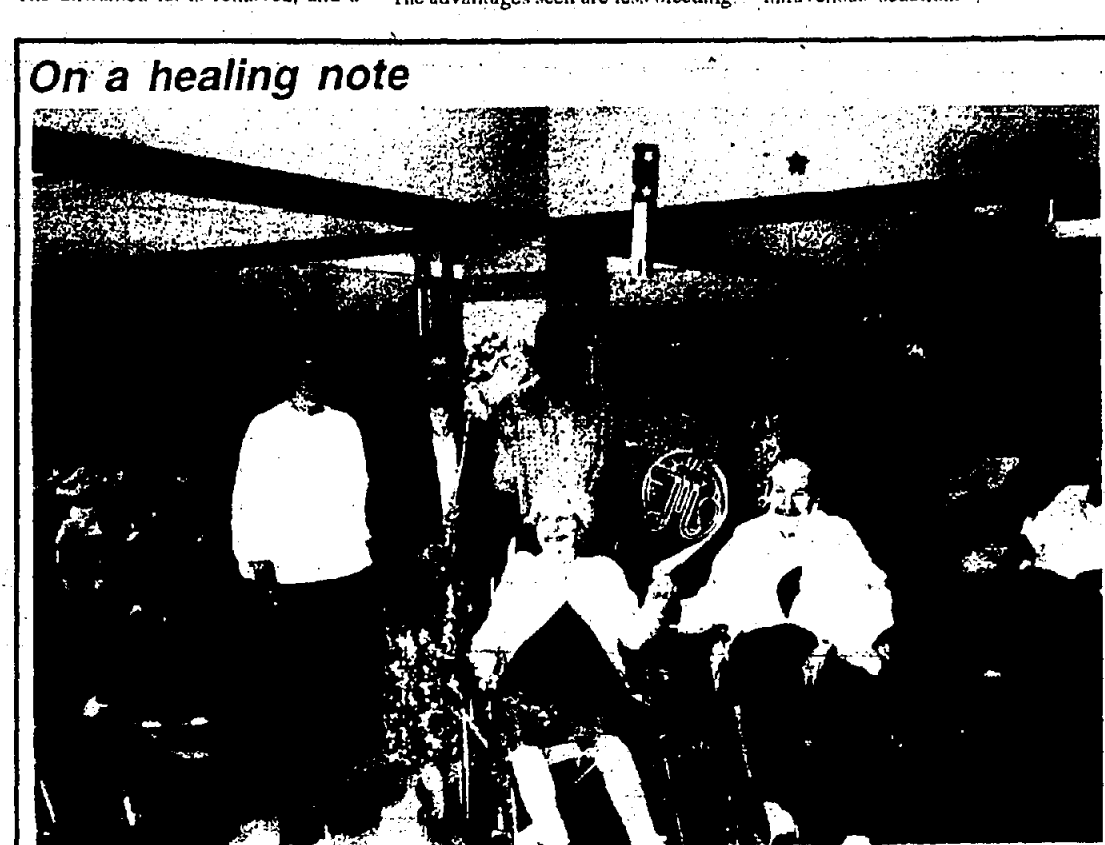
Liposuction technique utilizes small entry sites less than a quarter-inch in diameter. A cannula is used to remove fat cells in the treated areas. The unwanted fat is removed, and a compression garment is placed. After approximately one week, the dressing is removed. Vigorous exercise can be resumed in the next several weeks.

A new technique called Tumescent Liposuction differs from the original procedure in that large amounts of fluid containing local anesthetic and epinephrine — to reduce bleeding — are placed in the areas to be treated. The advantages seen are less bleeding and subsequent bruising, more fat removed and less post operative swelling. Since the fluid instilled with this technique is a local anesthetic for small areas, the procedure can be performed without the need for IV sedation or general anesthesia. This can markedly reduce the cost of the procedure. Larger areas usually require some form of anesthesia, usually intravenous sedation.

Doctor On Call

By Dr. Barry DiBernardo

Dr. Barry DiBernardo is a plastic surgeon specializing in aesthetic and reconstructive plastic surgery, hair restorative surgery, and laser surgery.



Residents and staff of Ruppel's Hospital enjoy a day of entertainment and culture at a chamber concert by the Westfield Symphony's Woodwind Quintet, sponsored by the Union County Office of Cultural and Heritage Affairs. Among those enjoying the music are Diana Horn, seated left, and Theodora Lemassera, seated right. Standing from left to right are musicians Wendy Lane, bassoonist; Laura Glogus, flutist; Albert Hendricks of the activity therapy department; Janet Lanz on French horn; Patricia Scott, Director of Recreation; and Bill Schadel, clarinetist.

Make the healthy choice — walk for your heart's sake

The Healthy Choice American Health Walk will take place on Sunday at Echo Lake Park, Mountaintop at 9 a.m. Under the Chairmanship of Michael Bono, Senior Vice President of First Community Bank, Springfield, hundreds of Union County residents will form walk teams to walk all over heart disease and stroke. Maria Garcia, Assistant Vice President of First Community Bank serves as this year's Vice Chair.

The Healthy Choice American Health Walk raises funds to support research, public education, and community services to all the residents of all ages. By volunteering and offering your support, your company and employees can make a difference and help people to be heart-healthy. Through this effort, you will also will

be promoting employee health and fitness through physical activity.

The Red Cap Initiative will be a highlight of this year's Heart Walk. The American Heart Association is honoring all walk participants who have survived heart disease or stroke with a free red cap. Pre-registration is required.

The event promises to be great fun. The New Jersey Interregional Orchestra under the Direction of Loraine Marks will perform. Andy the Clown makes his return appearance.

A subscription to your newspaper keeps your college student close to hometown activities. Call 908-686-7753 for a special college rate.

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	• Sports injuries	• PCOS	• and more

(908) 522-1926 • 18 Bank St. Suite 106B Summit

CAN'T CONTROL YOUR EATING?

If you tried and tried, and still have the problem, therapy might help.

(201) 701-0668

YOUR EYES

By **DR. BRADLEY T. DOOLEN**
Optometrist

What is your most precious possession? Most people agree that their eyes are far more precious than any amount of material wealth. Nevertheless, many of us... maybe most of us... allow the precious gift of sight to suffer from well as it should and how you can protect and preserve your most precious possession, your eyes.

In this column, we intend to discuss various aspects of good vision with you. We'll talk about the eye, its marvelous construction and how it works. Some of the common eye disorders, why the eye sometimes fails to work as well as it should and how you can protect and preserve your most precious possession, your eyes.

If your eyesight is less than perfect, don't wait to see your problem discussed in the paper... make an appointment for an eye examination.

DR. BRADLEY T. DOOLEN
Optometrist
442 Westfield Ave.
Elizabeth (Elmora Section)
(908) 353-6757

CHIROPRACTIC FOR BETTER HEALTH

DR. DONALD ANTONELLI CHIROPRACTOR

SHOULDER PAIN

If you're suffering from shoulder pain and can't recall any injury that could be the cause of the problem, the problem may be in your pelvis.

Three bones make up the pelvic girdle, the two hip bones and a triangular shaped bone called the sacrum. When this structure is out of alignment, it can cause strain throughout the body, including the shoulder area.

When the pelvic girdle is out of balance and not supporting your body the way it should, the body tries to adapt as it can. But this adaptation only causes more problems. What causes the pelvic girdle to get out of balance? Poor posture may be one cause. A spinal column out of alignment may be another. Only a full examination can get to the cause of the problem.

A well-balanced body on a proper foundation is important to your physical health. Your shoulder pain may be directly related to a structural imbalance that needs to be corrected before the pain will go away.

In the corner of better health from the office of Dr. Donald Antonelli, Chiropractor, 2570 Westfield Ave., Union, NJ 07087-1737.

Charter can help parents through teen's tough years

A little turmoil in a teenager's life is nothing to worry about. In fact, it's normal. But when an adolescent has ongoing difficulties dealing with the normal peaks and valleys, it may be time to get help. Charter Behavioral Health System of New Jersey offers no-charge confidential screenings and assessments 24 hours a day and seven days a week.

"Adolescence is one of the most difficult times in life," said Dr. Elizabeth Rody, director of child/adolescent psychiatry at Charter Behavioral Health System of New Jersey. "Teenagers in trouble ask for help in different ways. Parents need to respond."

During Charter's confidential, adolescent screening/assessment, a trained counselor will speak with you and your teenager and identify problems. With the consultation of a physician, the counselor will determine what appropriate care is needed for the individual. If treatment is necessary, you and your teen will be referred to a therapist, psychologist, psychiatrist or other mental health professional for inpatient treatment, outpatient treatment or partial hospitalization treatment.

It is very important to recognize the early warning signs of trouble. They include:

- Severe/sudden mood changes
- Depression
- Eating/sleeping behavior changes
- Declining school performance
- Violent behavior
- Suicidal thoughts/gestures
- Withdrawal/isolation
- Discontinuity/Stealing
- Loss of energy
- Changes in peer group
- Changes in appearance
- Defiance
- Discontinuity/Stealing

"Four important areas are assessed during the screening/assessment," said Rody. "There will be a psychosocial screening for emotional and behavioral problems, a chemical dependency screening, a family services assessment and an educational history review. Please bring the most current report card."

"Recognizing changes in your teenager can be the very thing that prevents a crisis or even worse," said Rody. "As a parent, you can help your teen overcome problems such as violent behavior, poor school performance, inability to relate well to peers, and other emotional or behavioral problems."

To schedule an appointment for an adolescent screening and assessment, call Needs Assessment Department at (908) 522-7074 or (800) CHARTER.

Orders will be accepted until Sept. 30, and calendars will be mailed by late November. Other non-profit organizations can also benefit financially through this program. Call the Health & Safety office at (908) 353-2500 between 8 a.m. and 4 p.m. weekdays for more information.

Red Cross Calendars focus on child safety

The Eastern Union County Chapter of the American Red Cross is now selling 1997 Child Safety Calendars to raise much needed funds.

The calendars were jointly developed by Red Cross and Laurel Medical Center and feature moveable models to help demonstrate first aid techniques. Prevention steps to use 1997 a safer year for children are also included. Proceeds will benefit the chapter's Health & Safety program, which includes HIV/AIDS education.

To order, send a check or money order for \$15 per calendar to 203 West Jersey St., Elizabeth, NJ 07202-1301.

Include your name, mailing address, and daytime phone number.

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Our Professional Nutritionists will help you do just that WITHOUT STARVING YOURSELF WITHOUT EXPENSIVE PRE-PACKAGED FOODS.

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Get More Than a Test Score Get Back Your Life

NATIONAL DEPRESSION SCREENING DAY®
Thursday, October 10, 1996

• FREE of Charge
• Written Self-Test for Depression
• Screening Interview with Mental Health Professional
• Educational Presentation

Symptoms of Depression Include:

- loss of pleasure
- feelings of sadness, hopelessness, worthlessness
- changes in sleeping and eating patterns
- irritability, anxiousness, restlessness
- inability to concentrate
- fatigue or loss of energy
- unexplained aches and pains
- thoughts of death or suicide

Depression is an illness and effective treatments are available.

Call 1-800-CHARTER for a free evaluation. If you don't get help at Charter, please, get help somewhere.

Charter Behavioral Health System of New Jersey
19 Prospect Street, Summit, NJ 07902-0100
Charter Behavioral Health System of New Jersey accepts Major Medical Insurance, managed Care Health Plans, HMO's, PPO's, Medicare and Medicaid.

Buick showcases the next generation with the XP2000

Buick's XP2000 showcases a new generation of automotive technology, specifically selected to enhance the convenience, comfort and safety of Buick customers. While the XP2000 contains a dream car, many of these features will appear on real-world Buicks during the next few years.

Customer's Choice allows customers to tailor many features of the car to their personal taste. Each driver is identified by an electronic code in a keyless fob. As he or she approaches the car, a digital code from the fob tells the XP2000's computers to adjust the seat, steering column, outside mirrors, climate control and entertainment system to the preferences of that driver.

The dynamic response of the car, including steering effort, transmission shifts, engine response and suspension feel, can also be programmed using Customer's Choice.

Each driver of XP2000 will have a unique keyless fob. On approaching the vehicle, a signal from the fob unlocks the doors and, if it is dark, turns on the car's interior and exterior lights.

To start the car, the driver inserts the fob into a slot in the instrument panel and presses it momentarily. A security code in the fob's circuit card fits into a slot in the instrument panel, providing a number of convenience features.

A list of Customer's Choice settings can be placed on the card, allowing the settings to be transferred to any Buick equipped with Customer's Choice.

The Smart Card can pay for fuel, food or other services. It can automatically pay tolls, so the car can pass through toll booths without stopping.

Smart Card can also carry the driver's medical records and personal history, important assets in the event of accident or illness.

A head-up display projects vehicle data onto the base of the windshield, allowing the driver to check speed, fuel level, and other important information without moving his or her eyes away from the road.

The advanced head-up display of the XP2000 uses programmable, reconfigurable color displays to provide whatever information the driver chooses. When the car is parked or operating in wire-guided mode, the head-up display can be used as screens for the vehicle information center, the cellular phone, the driver's personal computer or the entertainment system.

Frontal air bags are provided for the driver, front passenger and rear passengers. Side-impact protection is enhanced by an air bag located in each of the XP2000's four doors. In the event of an accident severe enough to deploy the air bag, the vehicle computers can be programmed to automatically call the local police and ambulance service, and even notify the driver's personal physician.

reconfigurable color displays to provide whatever information the driver chooses. When the car is parked or operating in wire-guided mode, the head-up display can be used as screens for the vehicle information center, the cellular phone, the driver's personal computer or the entertainment system.

XP2000 features a navigation system with an easy-to-use format. An arrow indicates vehicle direction while distance, time to destination, road names and the color of approaching traffic lights are displayed nearby. The system warns the driver of approaching emergency vehicles. It can also start only if an authorized fob is used. To stop the engine, the driver simply removes the fob from the slot.

The GM Smart Card, a credit card with an integral computer memory, fits into a slot in the instrument panel, providing a number of convenience features.

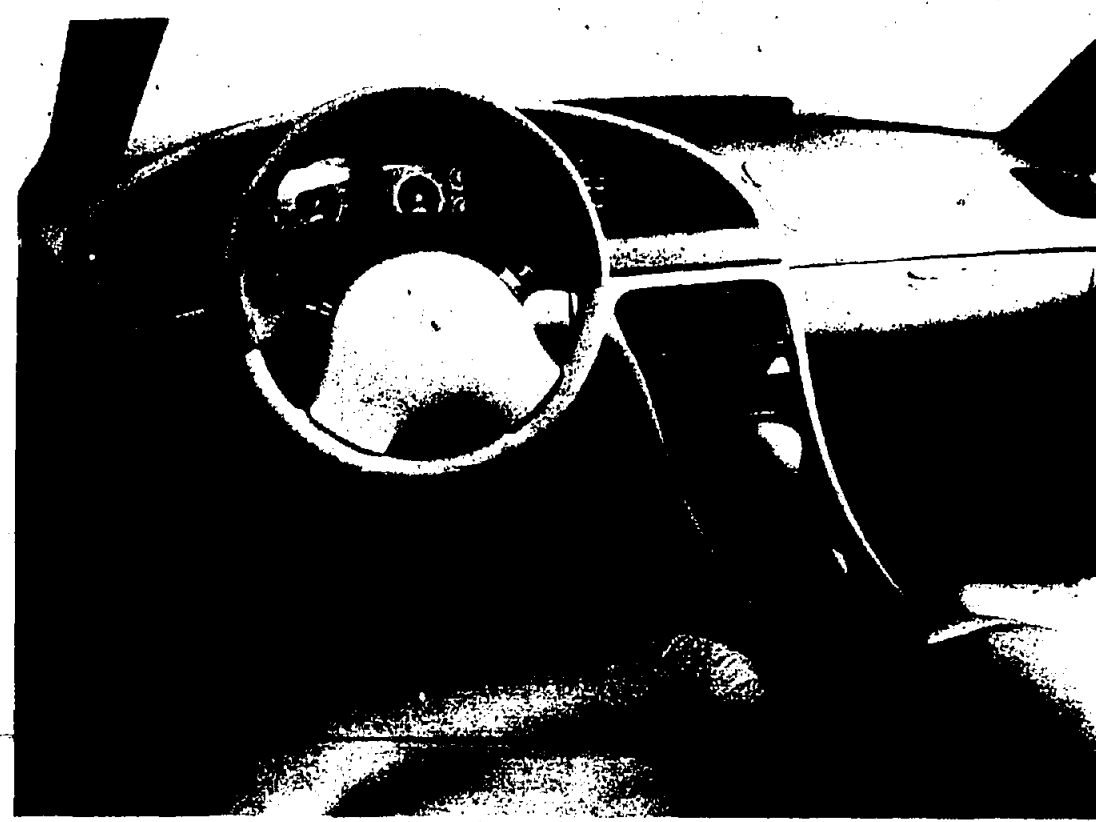
The navigation system, climate controls, entertainment system and other features can be activated by a voice recognition system, allowing the driver's hands to remain on the steering wheel.

XP2000 is designed to use wire-guidance systems proposed for the Intelligent Vehicle Highway Systems of the 21st Century. In automatic guidance mode, the XP2000 reconfigures its color displays and other features, transforming the interior into an office or entertainment center.

Also fitted to the XP2000 is an Adaptive Cruise Control system, which can be used for either wire-guided or normal driving. The driver selects a speed and following distance; the cruise control automatically maintains this distance from the car ahead. The system will instantly slow



The advanced head-up display of the XP2000 uses programmable, reconfigurable color displays to provide whatever information the driver chooses. When the car is parked or operating in wire-guided mode, the head-up display and the flat-panel color display that normally serves as the instrument cluster can be used as screens for the vehicle information center, the cellular phone, the driver's personal computer or the entertainment system.



The navigation system, climate controls, entertainment system and other features can be activated by a voice recognition system, allowing the driver's hands to remain on the steering wheel. The Smart Arrow Navigation System can be programmed to use either the head-up display or the main color display in the instrument panel.

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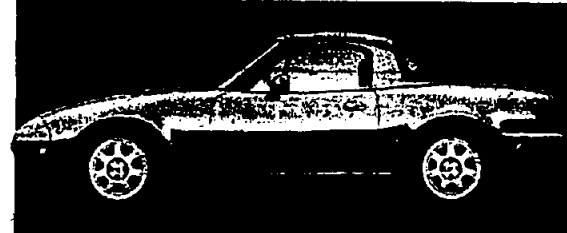
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75TH
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1921-1996

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PARKS CONTINUE
TO OFFER DIVERSE
RECREATIONAL
ACTIVITIES FOR
EVERYONE

From top to bottom, left to right
 pictured here are:
 (1) Walter E. Ulrich Memorial Pool,
 Rahway River Park
 (2) A Trailside Nature and Science
 Center naturalist with a group of Girl
 Scouts in the Watchung Reservation
 (3) Young equestrians enjoy a ride at the
 Watchung Stable, Mountainside
 (4) Fishing in Echo Lake Park,
 Westfield/Mountainside
 (5) A park patron utilizes one of the
 County's five fitness trails.
 (6) A family enjoys skating at Warrinanco
 Skating Center, Roselle.
 (7) Children enjoy the newest County
 playground in Warrinanco Park,
 Elizabeth.
 (8) Local citizens enjoy a golf clinic at Ash
 Brook Golf Course, Scotch Plains.

SUPPLEMENT TO
 Union Leader, Kenilworth Leader, Roselle
 Park Leader, Summit Observer, Springfield
 Leader, Mountainside Echo, Hillside Leader,
 Elizabeth Gazette, Linden Leader, Roselle
 Spectator, Clark Eagle, Rahway Progress

from
WORRALL
 COMMUNITY
 NEWSPAPERS

October 3, 1996



Instilling stable-ity



The Watchung Stable offers a variety of riding programs for all levels of ability. Although the main focus is on programs for children, group lessons are also available for adults. Recreational riding is also available for children and adults on an hourly and half-hourly basis, Tuesdays through Sundays, following a seasonal schedule. See story on Page 9.

Time has not stopped for county parks system

Chairman of the Board

By Edwin Force

Much has changed since the Union County Park System was established 75 years ago, but the county government's commitment to the conservation and preservation of our precious natural resources has not.

Just as the original park commissioners had the foresight to conserve the environment, today's Board of Chosen Freeholders is equally dedicated to preservation and has embarked on an ambitious program to ensure that our parks will continue to be areas of relaxation, recreation and ecological necessity for decades to come.

To understand the importance of improving waterways and estuaries, urban parks, the Watchung Reservation and other vital resources, one merely has to appreciate how the county has become a thriving economic region, while managing population growth and preserving and effectively using space.

With picturesque suburbs and thriving cities and businesses, Union County is not only the fifth wealthiest county in the state, but has a tremendously high ratio of parks and acreage to population.

When four riverside acres in Raritan were donated to the Park System by the Wheatena Company in 1922, the county population was a little more than 200,000. Today, more than 500,000 people are residents of the region that now boasts 26 parks encompassing 5,574 acres. Moreover, with 85 percent of land constituting parks, Union is only one of two counties in the state that

exceeds recommendations for public land use established by the Department of Environmental Protection's Green Acres Program.

We have achieved an abundance of parkland while becoming "The Gateway to New Jersey." We will celebrate the Union County Park System's anniversary on Saturday and Sunday, with concerts and scores of other free events and activities at Nonshegan Park in Cranford-Echo Lake Park in Mountainside and Trailside Nature and Science Center in the Watchung Reservation.

But we recognize that our parks are far more than open-space preserves within a metropolis, or places of relaxation, jogging or fishing where children play on swings and slides, where people enjoy games of softball, bocce, horseshoes, football and other sports—or listen to music under the stars.

Among the countless personal and social benefits of parks:

- They increase property values, encourage...

See COUNTY'S, Page 8

Directory of Advertisers

A & P Food Market.....	11
Bannworth Funeral Home.....	11
Benedictine Academy.....	5
Dr. James C. Byrne.....	11
Camelot Auction.....	11
C.J. Villa.....	9
Charter Behavioral.....	12
Cost Cutters Group.....	5
Country Squire.....	4
Engine City.....	4
Exxon Chemical.....	9
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Lincoln Tech.....	8
Manor Care Health Service.....	9
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Rose Square Productions.....	10
Sevell's Auto Glass.....	11
Steven Willard.....	10
Union County Savings Bank.....	67
Union County Vo-Technical.....	3

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Courses provide fairways 'fore' golfers



Oak Ridge Golf Course in Clark features a clubhouse that represents three periods of U.S. history. The kitchen wing is pre-Revolutionary; the central section of the house dates to the early 1800s; and the library wing is of the Civil War period. This building still presents the architectural effects of the periods, such as an open hearth fireplace, suspended staircase and two-story gambrel roof.

Union County's Ash Brook, Gallop and Oak Ridge golf courses have long been recognized as outstanding public courses, providing golfers of all ages and skill levels with the opportunity to enjoy this challenging sport.

Specific programs have been developed by the Union County Division of Parks and Recreation staff in their continuous efforts to meet the growing recreational needs of Union County residents.

Qualified golf professionals design and teach lessons for the novice, the experienced golfer striving to perfect the game, and all levels in between. During July and August, young golfers can enroll in the Junior Golf Camp, a two-week course specifically geared to the youthful beginner.

A full range of tournaments for all age groups, inviting patrons to test their skills against fellow golfers, are held during the summer. Women's, Men's, Senior's and Junior Public Links are some of the competitions available.

Industrial and scholastic golf teams, and industrial golf leagues can play and compete at Union County's three courses. Industrial teams can make arrangements by calling the golf courses directly.

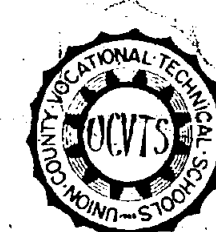
Ash Brook Golf Course — opened in 1953, Ash Brook provides golfers with tree-lined shopping fairways that stretch over 7,000 yards in Scotch Plains. Known as the "championship" course, Ash Brook earned the reputation as one of the 10 longest and most difficult 18-hole courses in the state.

See COURSES, Page 10

CONGRATULATIONS AND "THANK YOU"

TO THE UNION COUNTY DIVISION OF PARKS AND RECREATION!

THIS CELEBRATION OF YOUR 75th ANNIVERSARY YEAR STANDS AS A TESTIMONIAL TO THE SEVEN AND ONE-HALF DECADES OF DEDICATION AND DEVOTION YOU HAVE GIVEN FULFILLING THE COUNTY COMMUNITY'S RESTFUL, RELAXING AND RECREATIONAL NEEDS. ALL OF US ARE PROUD OF, AND THANKFUL FOR, THE EFFORTS PUT FORTH BY YOU TO KEEP OUR PARKS, PLAYGROUNDS AND PARTICIPATION PROGRAMS AT THE HIGHEST LEVEL OF QUALITY AND PERFORMANCE. ONCE AGAIN, "HAPPY ANNIVERSARY."



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Warinanco skating rink to open tomorrow

Warinanco Ice Skating Center, a facility of the Union County Division of Parks and Recreation, will open for the 1996-97 season tomorrow at 5:30 p.m.

"It's hard to believe that the summer is over and that winter sports are beginning," said Freeholder Chairman Edwin Pore, who also serves as the liaison to the Parks and Recreation Advisory Board. "Our parks staff has been working hard to get the Skating Center ready for the opening. A new set of locker rooms are on the way to complement the restrooms with features accessible to persons with disabilities."

"Hockey has increased in popularity over the past several years," added County Manager Ann M. Baran. "The impending addition to the building will enable us to address this demand. I understand that there are two open hockey sessions where anyone interested in playing may participate. I have also been told that extra hours of general sessions will be added on school holidays. The public is encouraged to call the Skating Center for the exact dates and times."

Skating sessions will be:
Open Hockey — participants must be 18 years or older. Helmets with a cage or shield required. Admission is \$7. Ten-visit discount cards are available.

Tuesdays, 12:30 to 2:30 p.m.
Wednesdays, 10 a.m. to noon, 12:30 to 2:30 p.m.
Thursdays, 12:30 to 2:30 p.m.
Fridays, 10 a.m. to noon, 3:30 to 5:30 p.m.
Saturdays 11 p.m. to 1 a.m.
Sundays, noon to 3 p.m., 3:30 to 5:30 p.m., 8:30 to 10:30 p.m.
Family Session — No one under 17 admitted without an adult. 6:45 to 8 p.m.; 8:30 to 10:30 p.m.

Admission to the general sessions is \$5 for adults, \$4 for children and \$4.25 for senior citizens.

Discount cards for Union County residents who plan to skate on a regular basis also are on sale. For those who are interested, semi-private and private lessons are available as are hockey clinics for children. Skate rentals, a pro shop and a refreshment stand are other features of the center.

The Warinanco Ice Skating Center is located off Thompson Avenue in Warinanco Park, Roselle. Park entrances are located on St. Georges Avenue, Thompson Avenue and Third Avenue. For further information, call (908) 298-7850 for a recorded message.



Hockey will play a big role at Warinanco Ice Skating Center, which will open tomorrow. A new set of locker rooms have been completed, as well as restrooms with features accessible to the disabled. Skate rental, a pro shop and a refreshment stand are other features of the center, where hockey clinics will be held.

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Arts & crafts show opens Saturday



'Gracelul', a whale sculpture, will be among the works of art and hand-crafted items on display and for sale at the Fall Fine Art and Crafts at Nomahegan Park in Cranford Saturday and Sunday.

The 10th annual Fall Fine Art and Crafts at Nomahegan Park Show will place Saturday and Sunday in Cranford across from Union County College.

This show will feature more than 120 juried, professional artists, photographers and craftspeople displaying and selling their hand-crafted work.

The show is co-sponsored by the Board of Chosen Freeholders, the county Division of Parks and Recreation and Rose Squared Productions, Inc., and helps celebrate the 75th anniversary of the Union County Park System.

All applicants are judged on originality, creativity, quality of work and general show appeal, before being selected to participate. This year's exhibitors include many artists from New Jersey as well as from Florida, North Carolina, Massachusetts and Maryland.

Besides hand-crafted jewelry, pottery and pottery, the Fall Fine Art and Crafts at Nomahegan Park Show will feature art, photography, weaving, clothing, woodwork, fiber, leather, stained glass, and more. The show will be accentuated by a variety of ethnic foods.

In celebration of the 75th anniversary of the Union County Park System, Saturday will feature the Eagle Creek Band and George and Karen Bowd teaching line dancing. For the children, there will be the Polar Bear Band, and for a nominal charge, there will be hayrides and facepainting.

Sunday is the rain date for the entertainment. Saturday night, at Echo Lake Park at

6:30 p.m., there will be a concert featuring AJ and the Hearts and Bowzer's Rock and Roll Party, followed by fireworks.

Across from Union County College, Nomahegan Park is a lovely setting for the free event. The park, located on Springfield Avenue in Cranford, can be reached by taking the Garden State Parkway to Exit 138 in Kentworth and following signs toward Kenilworth going approximately two miles to a left onto Springfield Avenue. Parking is free across the street at the college. The new hours of the free event are 10 a.m. to 5 p.m., rain or shine. For further information, call (908) 874-5247.

Did you know that...

- If one looks at a map of Union County, they will notice an arching beltway of parks, for the original design called for linked greenways so a person could travel from one end of the county without leaving a park. About three-fourths of the link has been completed.
- Union was the first in the country to have a full-time recreation director for its parks.
- A vice president of the Trust for Public Land said "there is more than adequate anecdotal evidence" that crime drops, sometimes dramatically, when there are recreational opportunities and open space for citizens.
- Property values remain stable near parks. It goes without saying that houses near parks are desirable.

Bowzer bash



Jon 'Bowzer' Bauman, of Sha-Na-Na, will host Bowzer's Rock and Roll Party Saturday at 6:30 p.m. at Echo Lake Park in Mountainside. Fireworks will follow.

Happy 75th Anniversary Union County Parks and Recreation!

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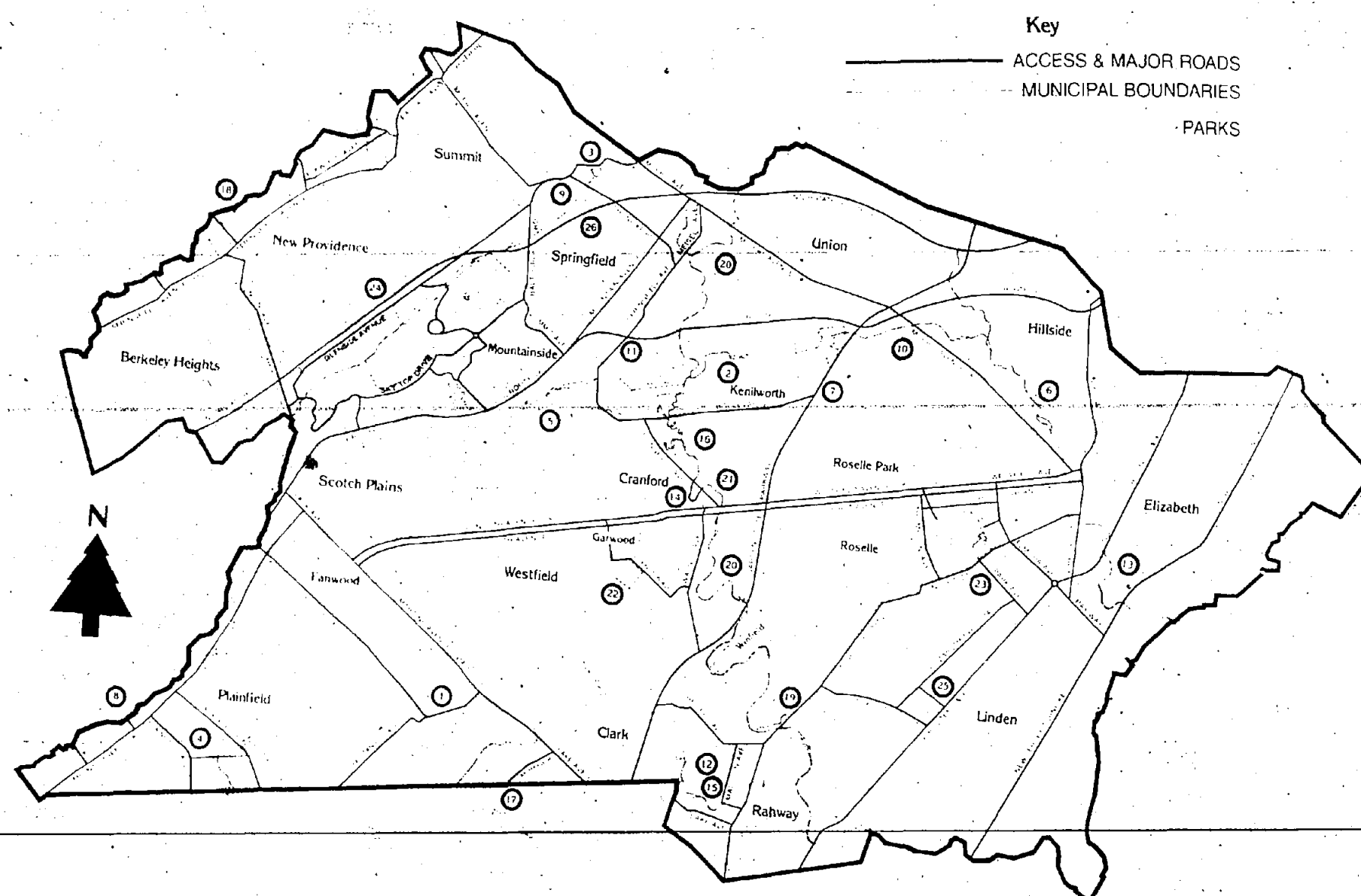


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Kenilworth
3. **BRIANT PARK**
Springfield & Summit
4. **CEDAR BROOK PARK**
Plainfield
TENNIS:
Bombardier Avenue
5. **ECHO LAKE PARK**
Mountain Avenue, Mountainside
Springfield Avenue, Westfield
BOATING: (Summer) 232-9819
SUMMER ARTS FESTIVAL
6. **ELIZABETH RIVER PARK**
Hillside, Elizabeth & Union
7. **GALLOPING HILL GOLF COURSE**
Galloping Hill Road, Union
CLUBHOUSE: 686-1556
PITCH & PUTT: 687-4990
8. **GREEN BROOK PARK**
Plainfield & North Plainfield
9. **HIDDEN VALLEY PARK**
Springfield & Summit
10. **KAWAMEEH PARK**
Union
11. **LENAPE PARK**
Cranford, Kenilworth, Springfield,
Union & Westfield
TRAP & SKEET RANGE:
(Kenilworth Boulevard, Cranford)
276-0225

12. **MADISON AVENUE PARK**
Madison Avenue, Rahway
13. **MATTANO PARK**
LIGHTED TENNIS COURTS:
(Fifth Avenue) 558-2396, Summer
14. **MCCONNELL PARK**
Eastman Street, Cranford
15. **MILTON LAKE PARK**
Rahway
16. **NOMAHEGAN PARK**
Cranford
17. **OAK RIDGE GOLF COURSE**
Oak Ridge Road, Clark
CLUBHOUSE:
574-0130
18. **PASSAIC RIVER PARK**
Berkeley Heights, New Providence
& Summit
19. **RAHWAY RIVER PARK**
Clark and Rahway
POOL:
(St. George's Avenue, Rahway)
381-4945, Summer
PARCOURSE & TENNIS COURTS:
(St. George's Avenue, Rahway)
20. **RAHWAY RIVER PARKWAY**
Clark, Cranford, Linden, Rahway,
Springfield & Union
21. **SPERRY PARK**
Riverside Drive, Cranford

22. **UNAMI PARK**
Cranford, Garwood & Westfield
23. **WARINANGO PARK**
Elizabeth and Roselle
SKATING CENTER:
(Thompson Avenue, Roselle)
208-7849, Recording: 208-7850
TENNIS COURTS:
(Park Street & Jersey Avenue,
Roselle) 345-2288 (Mid-April
Mid-October, weather permitting)
BOATING:
(St. George's Avenue, Roselle)
209-1899, Summer
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Scotch Plains, Springfield, &
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THE WATCHUNG STABLE:
(Summit Lane, Mountainside)
789-3665
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(Coke Avenue & New Providence
Road, Mountainside) 789-3670
25. **WHEELER PARK**
Linden
POOL:
(W. Simpson Avenue) 862-1977,
Summer
26. **HOUDAILLE QUARRY**
Springfield
PISTOL RANGE:
273-3553, Weekends

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County's park system is a model for nation

(Continued from Page 2)

age, community and healthy activities, reduce crime and are crucial to the county's role of conserving soil and cleaning the air and water.

The county Park System is a model for the nation, thanks to current and past employees and officials of the county, state and local governments.

We members of the Board of Chosen Freeholders also tip our hats to residents of the county's 21 municipalities. Over the years, they have enjoyed the parks and used the facilities with the utmost appreciation and respect. Since the Adopt-A-Park Program was established last year, for example,

organizations, individuals and community groups have enthusiastically volunteered to care for these important habitats of our heritage.

Because everyone in Union County takes pride in our parks, the credo of the Union County Park System, "to benefit the whole population" is as alive today as it was 75 years ago.

We pledge that our parks will thrive and continue to be sources of recreation and enjoyment for years to come.

Edwin Force, a resident of Cranford, is the chairman of the Board of Chosen Freeholders.

Did you know that...

• The Park System was designed by the Olmsted Brothers landscape architecture firm, which also designed Central Park and the grounds of the White House and U.S. Capitol.

• In keeping with Olmsted's designs, Union County Parks are works of art, having their roots in English romantic style.

They also provide for the separation of traffic, provide visitors services, and provide a strong contrast to the city. The latter is particularly relevant because Union County is not only a diverse region of peoples, but a collection of cities and suburbs, with everyone having easy access to parks.

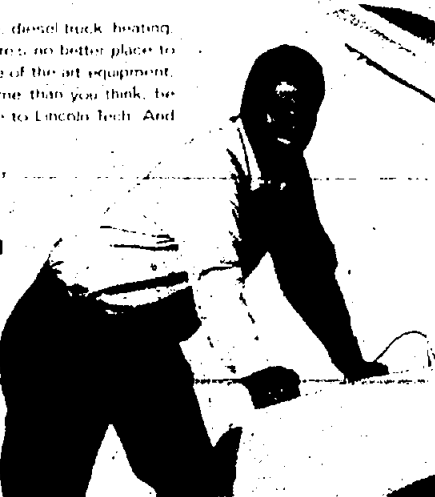
• Many county residents are within walking distance of county parks. Eighteen of the county's 21 municipalities have parks, while the remaining three are within a mile of a county park.

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County shows horse-sense at reservation



The Watching Stable, located in the Watching Reservation at Mountainside, offers a unique aspect of Union County. Just minutes from Route 22, this recreational facility, owned by the county and operated by its Division of Parks and Recreation, provides children and adults the opportunity to learn to ride horses. Others may enhance their skills or just enjoy the natural beauty of the 26 miles of trails that weave through the Reservation.

Throughout the year, the Watching Stable offers a wide variety of riding programs for all levels of ability. Although the main focus is on programs for children, group lessons are also available for adults. For those who want more personalized attention, private riding lessons can be arranged with any of the Watching Stable's instructors. Recreational riding is also available for children and adults on an hourly and half-hourly basis, Tuesdays through Sundays, following a seasonal schedule.

Specially geared toward children, Union County's instructional riding program, the Watching Mounted Troop, was organized in 1918 under the guidance of T.N. Tully. Since then, more than 40,000 youngsters ranging in age from nine to 18 have learned and practiced the fundamentals of horsemanship. For those who continue to ride, these lessons provide the basis for enjoyment of a lifetime recreational activity.

Now headed by Hilson F. Williams, the Watching Stable continues to carry on the traditions and philosophy begun by Tully in

teaching principles of horsemanship and good sportsmanship.

Riding instruction is given in two 10-lesson sessions each year, in the spring and fall. Students wearing the traditional Troop uniform are taught on school horses, hand-picked for their dispositions and suitability for the riding program. Mounted on a different horse each week, students are taught in five rings adjacent to the barn, and on trails that weave through the Reservation. Troopers with similar riding ability are placed in groups of about 10, and progress through four levels of riding: beginner, novice, intermediate, and advanced. Instructors demonstrate and explain what to do so that each trooper learns to control their own horse in a small group setting designed to promote confidence and ability.

The highlight of each riding season is the Watching Troop Show. This three-day event, held in late spring, gives every student in the troop program the opportunity to demonstrate the horsemanship skills they have learned and practiced throughout the troop season. The importance of friendship and good sportsmanship is evident during the Troop Show, as troopers cheer each other on during each event.

During the summer months, the Watching Stable conducts Equestrian Camp for youngsters ages nine to 17. Each camper is enrolled in a four-day session and is responsible for a horse which he or she will ride and learn to care for under the strict supervision of the staff.

See STABLE, Page 10

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Clark carries the distinction of being the shortest county house with only 6,229 yards. Despite its size, Oak Ridge, sprinkled with interesting fairways and sandtraps, presents golfers with 18 demanding holes to heighten challenge. Like the other two golf courses, the Oak Ridge Golf Course on Oak Ridge Road has viewed various phases of American history. The clubhouse, specifically, represents late frontier periods. The kitchen wing is pre-Revolutionary, while the central section of the house dates to the early 1800s. The library wing is of Civil War era vernacular design. This building still presents the architectural effects of the periods, such as an open, heart-shaped space, suspended staircase and two-story gambrel roof. Call 574-0139 for Oak Ridge golf information.

(Continued from Page 9)

the course often called "the hill" has a reputation as one of the most challenging courses in the area, testing riders' skills with a variety of side-hill, up-hill and down-hill hills. Gallop 'n' Hill, located off Gallop 'n' Hill Road, also offers riders a more traditional pitch and putt course, a 9-hole par 3 game of golf for practice and fun. Call 800/556-66 for golf information, 687-1909 for pitch and putt information.

Oak Ridge Golf Course — The newest addition to Union County golf, Oak Ridge in



Trailside will host show next month

Have you ever picked up a rock and wondered what it was? Do you have jewelry with semiprecious stones you would like identified? Do you marvel at lines in rock formations along the highway and want to know more?

If so, the Trailside Mineral Show, sponsored by the Trailside Mineral Club and Trailside Nature & Science Center, a facility of the Union County Division of Parks and Recreation, is the place to be Nov. 3, from 4 to 5 p.m.

Tidewater Mineral Show attracts approximately 1,000 experienced and novice collectors. In addition to featured speakers, highlights of the event will include ongoing mineral and fossil displays and sales, demonstrations of rock cutting, polishing and jewelry making, rock and mineral identification, and children's craft.

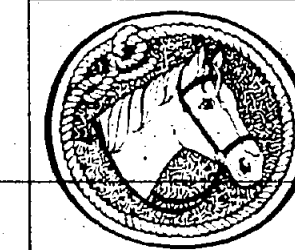
For further information, contact Trailside Nature and Science Center, 452 New Providence Road, Mountainside, NJ 07092, or call (908) 789-3670.

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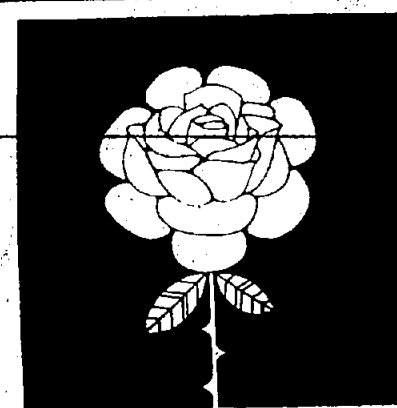
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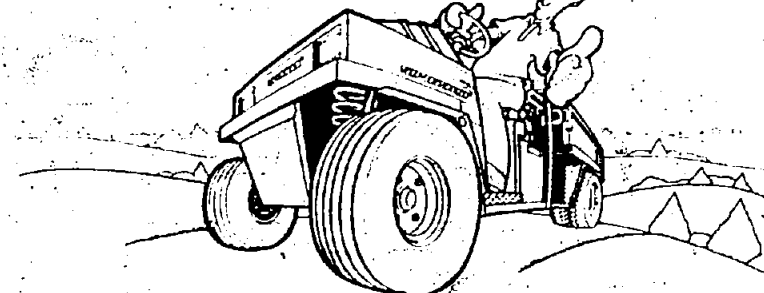


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Sensory delights
In part two of Burning Desires,
we look at a brand new shop
in Union Center. See Page B3.

Justice and jails
The freeholders receive reports
on the county's jail and juvenile
detention facility. See Page B1.

Stony Hill's 'skin'
Summit's Stony Hill Players open
their production of 'The Skin
of Our Teeth.' See Page B4.

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City Highlights

Craft fair planned

The Holy Comforter Episcopal Church of Rahway, located at the corner of St. Georges Avenue and Seminary Avenue, will have an outdoor craft fair on Saturday from 10 a.m. to 4 p.m. The rain date is Oct. 19. Any interested crafter, home made items only, may call Pat at 381-3776 for more information.

Flu shots available

Free influenza immunizations will be given on Oct. 20 at Rahway's annual health fair at the municipal complex from 9 a.m. to 2 p.m.

The immunization is recommended for adults, 55 years and older, and for people with chronic illnesses such as diabetes, heart, lung or kidney disease.

The flu shot is covered by Medicare. Have a Medicare card available. Anyone allergic to eggs, chickens, chicken feathers or chicken dander should not receive this vaccine without first consulting their physician.

A comprehensive blood test will be made available by appointment only, starting at 8 a.m. to 11:30 a.m., for Rahway residents.

To arrange an appointment, call 827-2085. The cost of the blood test is \$20.

Crafts fair planned

The Home School Association for St. Mary's School in Rahway is having its annual crafts fair on Sunday.

Vendors are needed to participate in this event. Only new and hand crafted items can be sold.

The fair will be held from 9 a.m. to 4 p.m. For more information either for vendors or general information, call Ellen Ahern at 815-1281 or Celeste Murray at 381-7853.

Training workshop

Rahway Division of Parks and Recreation and National Dance-Exercise Instructor's Training Association are co-sponsoring a nationally recognized aerobic instructor's certification workshop on Nov. 23, and Continuing Education workshop on Nov. 24.

Potential and current fitness instructors will learn basic academic and practical application of teaching group exercise. No college, science or teaching background required. Aerobic Certification Workshop registration includes a full-day review, comprehensive aerobics manual, written exam, 2-year certification and membership.

CEC workshop participants receive 3 NDEITA CEC's for each workshop. The morning workshop is Special Populations and the afternoon workshop is Circuit Plus. Pre-registration is important, space is limited. For information, call 1-800-237-6242, 24 hours.

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Council faces more than \$2K in state fines

By Sean Dally
Staff Writer

Could the city government be introducing the municipal budget in the near future?

The state hopes so. If it doesn't, it could fine the members of the City Council more than \$2,000.

The director of the state Department of Local Government Services, Beth Gatos, has sent a letter to the city government, dated Sept. 26, with the reminder that the municipal budget for FY 1996-97 must be introduced by the council no later than Oct. 25.

If it is not introduced by then, said Christopher Wolf of Local Government Services, it could result in the council being fined \$25 for each day it is delayed.

This fine would also be retroactive to Aug. 10, when the budget was supposed to be introduced. This would mean an additional fine of more than \$2,000.

This is only one "potential tool" that Local Government Services has, he said. The other route that Gatos could take would be to impose a city tax levy of her own choosing on the municipal budget.

"The Division of Local Government Services is charged with enforcement and compliance and making sure that municipalities comply with local statutes," Wolf said.

"In addition to local budget law, the department has to make sure of fiscal integrity, and once you let a budget go

so long, you start to lose fiscal integrity and that's where we step in," he said.

Wolf added that this is not aimed at Rahway, but is a mass mailing to about 20 towns in New Jersey that have fiscal year budgets and that are late with their introductions.

Still, both Mayor James Kennedy and the council have begun pointing fingers at each other, as have the Democrats and Republicans.

"It goes back to what I said months ago: they are dysfunctional, absolutely dysfunctional," said Kennedy, a Democrat.

The Republican minority on the council has helped to stop the introduction of the budget, which was prepared by Kennedy, because it includes

an increase of 4.9 cents in city-purpose taxes per \$100 assessed value on property. This means that the average house in Rahway, worth \$135,000, would be taxed an additional \$66 in taxes.

"It's just one of the Democrats would go along with the Republicans 100 percent, this would have been passed in August," said Republican councilman James Fulcomer. "We welcome any Democrat who votes for a change in property taxes."

Fulcomer has said that there is about \$1 million in "fall" in the budget and about \$400,000 "hidden" and unused in salary accounts. Kennedy has said that some of the Republicans cuts are either illegal and that "they have no clue or are playing politics."

The Republicans also have blamed Kennedy for delays in presenting his budget to the council. Kennedy presented the budget after Aug. 10, the state deadline.

Kennedy shot back that he was only a week late with the budget and that he prepared it during changes in the Finance Department, when the former treasurer retired.

"They have attended four meetings where they have nothing but open the meeting and close the meeting," said Kennedy.

Still, at least two Republicans are sticking to their guns. Both Fulcomer and Councilman Frank Janusz have said that they will vote against any budget that does not include tax cuts.

Drug program founder endorses center head

By Sean Dally
Staff Writer

Dave Brown has received the first public election endorsement of this year's election campaign.

Brown, the Democratic candidate for the 4th Ward City Council seat, received an endorsement from Mr. Rogers Say No Program, Inc. on Saturday.

Wendell Rodgers, the founder of the Mr. Rogers Say No Program, was at the John F. Kennedy Community Center when he gave his endorsement. Brown is the executive director of the center and has worked in Roger's Say No Program for at-risk minority boys.

"I think what happens is when someone is going to endorse someone, they have to know something about them," said Rodgers. Our past year, I've worked with and I've gotten to know Dave Brown and I think that this community needs someone like him."

"I think that he'll make a great candidate, and I think he'll make a real

difference and he'll provide leadership for the community," he added.

"Which asked why he was endorsing Brown, Rodgers said, 'A lot of people, they have a lot to say, but as to getting their hands dirty... that's why I like Dave Brown.'"

Brown has set up block parties in the 4th Ward in the past, including one for National Night Out. He has also proposed a controversial plan to establish Block Captains that would stay on the lookout for potential problems in the ward. His Republican opponent Dirk Weber has said that this is the action of a lazy councilman and had questioned whether the captains would be city employees.

"You don't have many people coming into the community and getting together a block party," said Rodgers, adding, "People believe what they can feel. I can talk to you, but when I'm here and I can touch you, you believe me."

"You can count on what he says. See BROWN, Page 2

Historic tavern restoration gets \$180,000 fed grant

By Chris Susal
Managing Editor

The Rahway Historic Society announced Friday that it has received a federal grant for \$180,000 which covers over half of the money needed to restore the historic Merchants and Drivers Tavern in Rahway.

The tavern, located at St. Georges and Westfield avenues and headquarters for the society, is planned to be turned into a museum.

The renovation will be the result of a \$350,000 campaign and fund-raising program initiated by the society. The grant funds will come from the federal ISTEA Transportation Enhancement Program.

Society Executive Director Linda McTeague said that the society must continue to seek funds in order to see renovation plans which include installing new electrical wiring and plumbing. The Rahway Savings Bank will also contribute \$10,000 towards the renovation fund.

According to McTeague, the renovation project is expected to take about six months to complete after all the funds are in place. The tavern must be structurally reinforced to handle large groups of visitors within the four-story building.

The tavern was originally built in the 1780s as a house and a store.

Approximately 20 years later it received its license to serve liquor and around 1820 the top two floors were added.

Society President Carol Chapin said the early taverns served as centers of community life at a place for town meetings, auctions, celebrations, and military recruitment. The Merchants and Drivers Tavern served as a hotel through the 1930s.

The society purchased the tavern in 1971, when it was planned to be demolished. Restoration began four years later when what is known as the "tap room" was rebuilt.

Keep It Standing Straight, or KISS, was the 1988 campaign formed by the society to keep the building from sagging and shifting because of its deterioration. This campaign raised over \$150,000 which resulted in enough repairs to keep the building from collapsing.

The history of the tavern is gathered in a 75-page draft compiled by researcher Dennis Bertland who was commissioned by the society when the New Jersey Historical Commission gave a grant to explore historical data.

"It was an important step for passengers heading for the steamboats in Elizabeth," McTeague said.

Council rejects bidding proposal for wetlands, again

By Sean Dally
Staff Writer

Will it be a shopping center?

Will it be a recreational center?

Will it be a day care center?

No one seems to know for sure what the land behind City Hall is going to be used for. It is certain, how-

ever, that it won't be used any time soon.

Business Administrator Peter Pelisier removed a bid from the table at the Tuesday meeting of the city council. The last bid, worth \$149,577.50 to Fischer Contracting, Inc. of Scotch Plains, was for remediation of about 0.86 acres of wetland on the property

behind City Hall; it was rejected by the council last week.

The city administration has been receiving bids from the council over this bid for how it is being paid and how the bids were conducted.

One of the most surprising turns in this story was when Republican Councilman Jeffrey Cohen introduced

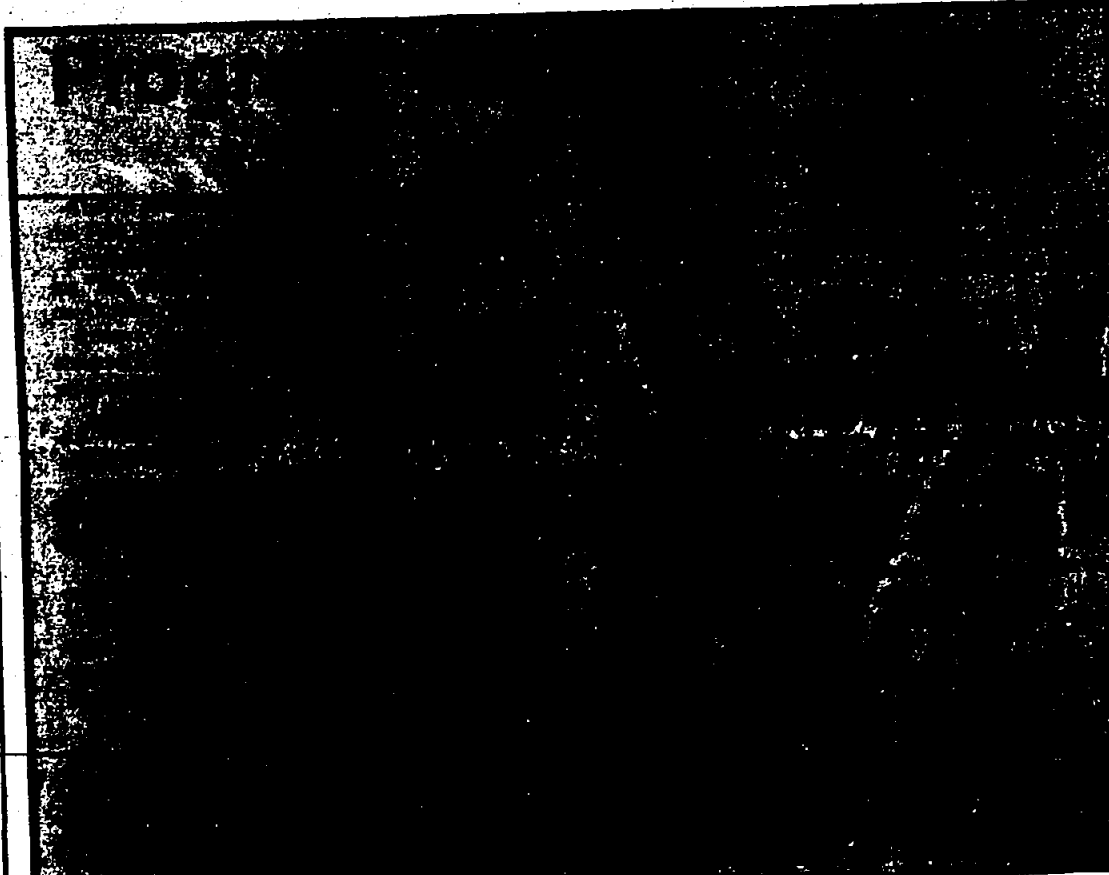
a resolution asking the Attorney General to look into the bidding process for the job to see if there had been any bid rigging.

According to Cohen, the process "looks fishy to me" because of previous bids for the job that were substantially lower and had been rejected as being too high.

Republican Frank Janusz provided documents stating that a previous low bid for the job, made by Durnor Contracting, Inc. of Kearney for \$101,425, was rejected because the cost had been estimated at around \$80,000. This bid was made on July 1.

The specifications were later

See HUD Page 2



Merchants and Drivers Tavern houses the offices of the Rahway Historical Society. It must be structurally reinforced to handle large groups of visitors who will frequent the four-story building after it becomes a museum.

Photo By Teddy Matthews