

# Sanibel Islander

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Vol. 43, No. 17

Week of June 18 - 24, 2004

28 Pages



**Randy Wayne White**  
will be sign-  
ing his new  
Doc Ford  
novel at  
Sanibel  
Island  
Bookshop

See Page 2



**Marsha Wagner**  
reviews  
*Grease* at the  
Broadway  
Palm

See Page 14



Photo by Karen Nelson

**Lisa Chapman and Tom Marsh in *Scotland Road* at the Periwinkle Playhouse. See a review of this psychological suspense play about a self-proclaimed Titanic survivor on page 15.**

**HOMES** UNIQUE MEAT ITEMS!  
MAJOR SWEET POTATO PLANT  
FRIED GREEN TOMATOES  
STEAMED CORN ON THE COB WITH SALTED BUTTER

**MONDAY NIGHT IS PRIME TIME!**

**ALL YOU CAN EAT \$14.95**  
Served with baked Idaho potato & corn on the cob

**PRIME RIB**  
Served with baked Idaho potato & corn on the cob

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Shrimp \$16.95  
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EVERYDAY!  
Served with French Fries & corn on the cob

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**239-395-2300**  
37 items on the "Consider the Kids" menu.  
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**99¢ KIDS' SATURDAY & SUNDAY**  
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**FRIDAY NIGHT LOBSTERFEST**  
1 1/4 Pound Maine Lobster served with corn on the cob, French Fries, & Coleslaw (while supplies last) **\$17.95**

**RISE & SHINE Fabulous Breakfast Buffet**

Saturday 7:30 - 11:00 a.m. **\$8.99**  
Sunday 7:30 - 12:00 noon



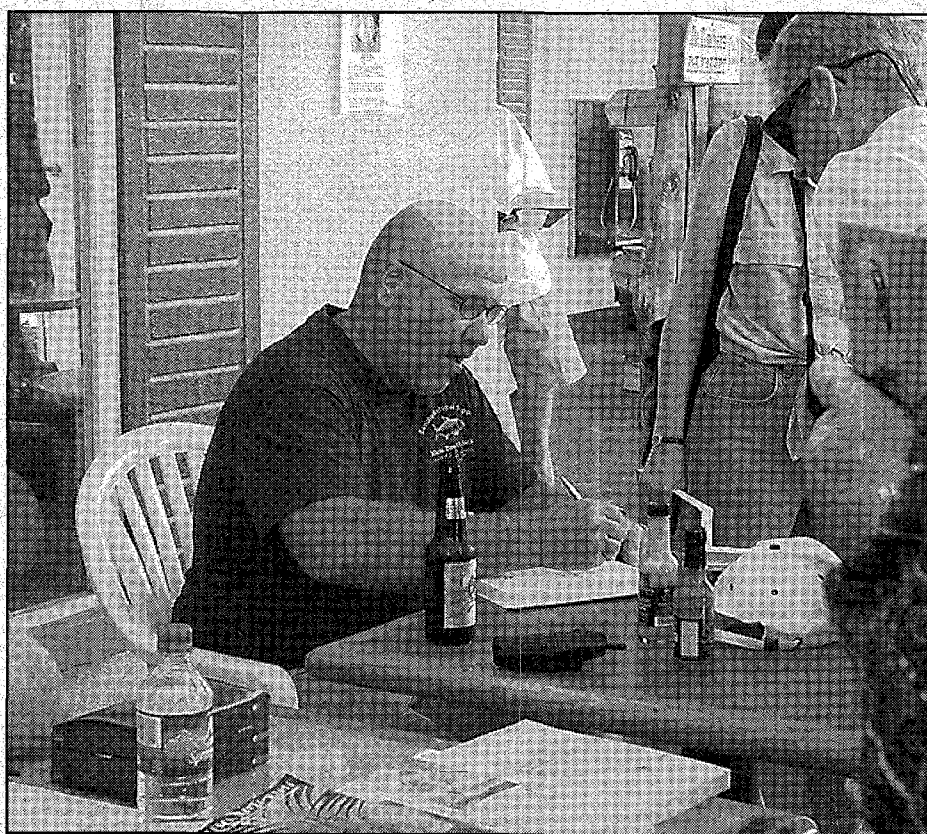
## White to help launch new shop

Join the Sanibel Island Bookshop for its grand opening in its new location at 1571 Periwinkle, across from Dixie Beach Boulevard and next to Doctor's Eye Care, on Sunday, June 20 from noon to 5 p.m.

Exceptionally popular local author Randy Wayne White will speak at 1 p.m. and will be available to sign his new novel, *Tampa Burn*, and his other books from 1 to 3 p.m. Over the course of 10 novels, White's acclaim has taken extraordinary leaps and, in *Tampa Burn*, the risks have never been greater. This Doc Ford novel is filled with remarkable prose, rich atmosphere, knife-edge tension, and some of the best suspense characters anywhere in fiction. *Tampa Burn* is a brilliant work from a writer whose time has come.

Bookshop owner Hollie Smith promises fabulous refreshments — provided by Sanibel Restaurant Group McT's, The Jac, Sanibel Steakhouse) — door prizes, live music by Tanya and Dave — featuring Jimmy Jensen of TroubleStarters fame — chair massages by Sanibel Wellness, and lots of other activities. Come early, stay late, have fun!!!

This will be an island event you won't want to miss but, if you can't make it to the big event, call Hollie to order your signed book (472-5223) or e-mail her at [Holliesbooks@aol.com](mailto:Holliesbooks@aol.com).



File photo / Karen Nelson

Randy Wayne White signing books in May 2002

## Businesses relocating from Sanibel Center

The leases of most of the businesses in Sanibel Center (the pink plaza across from Jerry's) will end on June 30, and the businesses located at this corner of Casa Ybel and Periwinkle will be moving to new digs.

Barrier Island Pharmacy will open in its new location — the former Coldwell Banker building at 1456 Periwinkle (the yellow building on the north side of the street, next to Billy's Bike Rentals) in early July. Moving at approximately the same time to the same location will be Sanibel Chiropractic — Dr. Michael Tolisano (472-0900); and Qwik Pack & Ship — John Thomas (472-0288). Pinnacle Mortgage — Suzie Freeman (472-8400) — is moving this week across the street to 1648 Periwinkle, the Business & Professional building between Jerry's and Lime Tree Center. And Sanibel Medical Clinic — Dr. Bill Fulk (395-2005) and podiatrist Curtis Skupny, DPM (472-1300) — are taking their offices up the street and around the corner to the space next to the Hess station, on the corner of Tarpon Bay Road and Palm Ridge.

Sanibel Island Bookshop — Hollie Smith (472-5223) — will open at its new location, 1571 Periwinkle, across from Dixie Beach Boulevard and next to Doctor's Eye Care Center (in the former Sanibel Photo), on Sunday, June 20, from noon to 5 p.m. with Randy Wayne White signing his new book, *Tampa Burn*.

Scarlett O'Hair's Salon is already situated in Sanland Plaza, 11637 Kelly Road, off McGregor just a couple of miles beyond the causeway (437-5699).

—AWB

—AWB



**Featuring a Large Selection of Comfort Shoes for Men & Women**

### FEATURED BRANDS

- |               |                   |             |            |
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| Allen-Edmonds | Earth             | Munro       | Sebago     |
| Ara           | Ecco              | Naot        | Stonefly   |
| Arche         | Elefanten         | Naturalizer | Taryn Rose |
| Arcopedico    | Finn Comfort      | New Balance | Teva       |
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| Doc Martens   |                   | Romika      |            |

## 1547 Periwinkle Way

(Located Between Traders & Kona Kai

in the Old Brew Pub Plaza) 472-9995 Elevator Access

**Present This Ad**  
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**TOO MUCH SUN**

Dave Horton



Lee Horton

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**ISLAND SCENE**

For items to be included on these pages, they must be submitted by Friday, a week before publication date.



Will the real Pat Davis DAVIDSON please stand up? Pat Davidson was identified as Pat Davis in last week's *Islander*. Our apologies for the error, Pat Davidson. (She's surrounded by - from left - Steve Greenstein, Matt Asen, Bob Janes, Francis Bailey and Ray Judah.)

**25th Annual Optimist Club Road Rally**

Calling all islanders and visitors alike! Rev up your engines, grab your driving gloves and get your best sunglasses. Don't forget your thinking cap, and put your best crew together! It's time for the 25th Annual Road Rally. Grab your friends and tour Sanibel and Captiva Islands on July 3, starting at the Periwinkle Playhouse. Rally registration begins when the July 4 parade ends (on July 3).

For those of you who don't know about this annual island event, The Sanibel Captiva Optimist Club Road Rally is a scavenger hunt for clues. You don't have to know the island at all, we give you detailed directions and you answer questions along the route. It's that simple!

The route will take 2 1/4 hours or less, the first car goes at 12 noon. For an early start time you can pre-register and request the time you want, we will get as

close as we can to your requested time.

If you'd like an early start time, pick up a registration form and send it, along with the \$35 entry fee, to the Bank of America (across from Lazy Flamingo, next to The Bait Box):

Bank of America  
c/o Richard McCurry  
1037 Periwinkle Way  
Sanibel, Florida, 33957

All entrants will be able to see the parade and go to the City of Sanibel Picnic and family fun day at The Community Center. There will be a Road Rally Afterglow wrap up party at the Seafood Factory at Tarpon Bay and Periwinkle, with cash bar and hors d'oeuvres. The fee is \$35 per car, which include one free Road Rally T-Shirt. Bring as many people as you can!

**More Island Scene on Page 4**

## SUSAN BLUEHS

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Bathing & Personal Care • Companion Care  
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YOU'RE HOOKED!**



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7 Days

Snapper / Grouper / Sole / Swordfish  
Yellowtail / Salmon / Cobia  
Dolphin / Softshell Crabs / Pompano  
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Tilapia / Lobster / King Crab

"We serve  
it fresh..."

...or we don't  
serve it at all!

**FISH MARKET SPECIAL**  
Yellowfin Tuna \$11.95/lb. Exp. 6/24/04

**703 Tarpon Bay Road • Sanibel • 395-CRAB**



# ISLAND SCENE

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## Sanibel Library Closing

The Sanibel Library closed due to construction on June 17 and will reopen on June 21.

## EVENTS

Monday, June 21

- CHAMBER AFTERHOURS at the Colonial Bank, Sanibel Beach Center on Summerlin Rd, across from Tanger Factory Stores. June 21, 5:30- 7p.m. RSVP by June 18. \$5 for guests, \$8 at the door. 472-1966

Thursday, June 24

- TOURISM SEMINAR with Dr. Walter Klages at the Sundial Beach Resort. June 24, begins at 8:30 with breakfast. \$10. RSVP 472-1966

Sunday, June 27

- FATHERS DAY CELEBRATIONS at Sanibel Community Church. Services at 8, 9, and 10:45 a.m.

Coming soon

- GULF COAST WRITERS' ASSOC workshop, "Stand in the Moment" at BIG Arts with Stephen Overbeck. Overbeck has written for Newsweek, The Chicago Tribune, the

Washington Post, and other major publications. June 26. 10 a.m. - 1 p.m., bring bag lunch. \$10 members, \$20 non-members.

Regular meetings are the last Saturday of the month, Beacon Exec, Suites 8359 Beacon Blvd, FM. (239) 418-0674

### Every week:

Monday

- BRIDGE FOR FUN Senior Center 2401 Library Way. \$2 members, \$4 non-members. No partner needed all levels welcome. 472-5743.
- SHELLCRAFTERS - 10 a.m. to 3 p.m. every Monday at the Community House on Periwinkle.
- GAMES DAY at the Senior Center, 2401 Library Way. Bridge, Mahjong, and more. All levels welcome. \$2 members, \$4 non-members. 472-5743

Tuesday

- TROUBLESTARTERS AT THE AMERICAN LEGION Every Tuesday evening 7:30 pm. to closing. San-Cap Rd. at mile marker 3. 472-9979.
- FORT MYERS SWING DANCE SOCIETY meets every Tuesday at Ron Dao's Sports Bar in Ft. Myers, 15320 McGregor Blvd. Free lessons 8:30 - 9 p.m. No cover. 239/851-

7354

Friday

- GOURMET SINGLES SUPPER CLUB meets every Friday in finest restaurants in the area. For more info, call 332-8191
- BIBLE STUDY AND PRAYER at St. Michaels and All Angels. Fridays 10 a.m.-11:30; a.m. in the Parish Hall. 472-2173.

### Ongoing

- SUMMER HOURS AT THE HISTORICAL MUSEUM Open half days, Wednesday - Saturday 10 a.m. to 1 p.m. 950 Dunlop Rd. 472-4648.
- THE CARPENTERS SHOP at the Sanibel Community Church. Bibles, books, music, gifts. Mon-Fri. 9 a.m. - 3 p.m., Sunday 9 - noon.
- NOAH'S ARK THRIFT SHOP, the award-winning shop run by volunteers at Saint Michael and All Angels Episcopal Church on Sanibel, is open Tuesdays and Fridays from 9:30 till 12:30 in June, July and August. Noah's Ark is located in the last building behind St. Michael and All Angels Episcopal Church at 2304 Periwinkle Way in the middle of Sanibel Island. Phone 472-3356.

Todd Sherman. Starring Lisa Chapman, Tom Marsh, Patricia McHugh and Jo Anna Bowers \$20. Performances 8 p.m. Box office: 472-0324.

- GREASE at the Broadway Palm, through Aug. 14. 1380 Colonial Blvd, Fort Myers. 278-4422.
- LOST IN YONKERS kicks off a summer of Neil Simon at the Florida Rep, in the historic Arcade Theatre downtown Fort Myers. Directed by Bob Cacioppo, starring Betty Madonna, Jake Johnson, Daniel Benzing, Stephanie Davis, John Lombardie, Kelly Legaretta and Clif Morts. Through June 27. 332-4665
- YOU'RE A GOOD MAN, CHARLIE BROWN. Naples Dinner Theatre's Ice Cream Theatre, performances at 12:30 for the whole family. Starring Brian Hamilton, Brice Corder, Anthony Palencsar, Steven Arlen, Marissa Joy Ganz and Kate Phillips. Music by Clark Gesner, directed by Michael Wainstein. Lunch includes hamburgers, hot dogs, pizza, fries and Ice Cream Sundae Bar. \$16 Adults; \$13 Children. Performances June 18, 21, 22, 24, 25; July 15, 16, 22, 23, 29, 30; August 5, 6, 12, 13. Box Office 239/514-STAR (7827).

### Upcoming:

- A LITTLE MURDER NEVER HURT ANYBODY, by Ronald Jay. The Off-Beach Players are back with another rollicking farce for the whole family. Starts July 1 at the Periwinkle Playhouse. Box office 472-0324.

### At the movies

- THE TERMINAL, starring Tom Hanks and Catherine Zeta Jones,

## STAGE / MOVIES

### Now playing:

- SCOTLAND ROAD by Jeffery Hatcher at the Periwinkle Playhouse, through June 26. In this suspense play set in modern times, a young woman who is found in period clothes claims to be a survivor of the Titanic. Produced and directed by



## The Islands' Community Newspaper since 1961

**Mailing address:**  
P.O. Box 56 • Sanibel, FL 33957  
Phone: (239) 472-5185 • Fax 472-1372

**Location:**  
Promenade Center  
695 Tarpon Bay Rd. Unit #13

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Sanibel Captiva *Islander*, P.O. Box 56  
Sanibel, FL 33957

**Classified Ad deadline:** Noon, Tuesday.

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[islander@flguide.com](mailto:islander@flguide.com)

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BREEZE  
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## REMINDER

Possession and discharge of fireworks  
on Sanibel Island is illegal.

## Donations Needed

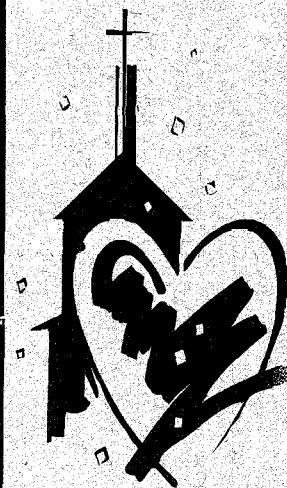
St. Vincent de Paul  
Super Thrift Store

11799 South Cleveland

941/274-0660

Free Furniture Pickup

Tax Deductible  
We Need Your Help  
Help Us... Help Others!





# ISLAND SCENE

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rated PG13, playing at 4:30, 7 and 9:30 p.m.

- **HARRY POTTER & THE PRISONER OF AZKABAN**, rated PG, playing at 3, 6 and 9 p.m.

Both are playing at Island Cinema in Bailey's Center, phone 472-1701.

## ART

- **ROBERT RAUSCHENBERG** at the Bob Rauschenberg Gallery (formerly Edison Community College Gallery of Fine Art). "Scenarios," recent work. 8099 College Pkwy. Through July 11.
- **SAN-CAP ART LEAGUE** at BIG ARTS and the Sanibel Library, on view throughout the summer. Large variety of tropical and local scenes: lighthouse, marina, fishing pier, causeway, beach and chapel. Wide variety of media. Sanibel Library: 472-2483; BIG Arts: 395-0900.
- **BIG ARTS Phillips Gallery** - large mosaic butterfly made by Sanibel Elementary School artists during their annual May Art Exhibit, **BUGWORKS**. The mosaic butterfly will be permanently displayed at the Sanibel School, along with last year's **FISHWORKS** mosaic.
- **DIGITAL IMAGINATION** all Florida juried show at the Alliance for the Arts, Fort Myers. Sponsored by FindWhat.com, opening reception June 4. 939-2787.
- Recent work by **BRUCE GORA** at the Members Gallery at the Alliance for the Arts. Through June 26.
- **DUO SHOWS AT ARTS FOR ACT**. Christina Wyatt's "Mermaids" and Roy Benton's "Elements." 2265 First Street, at the historic Arcade in Fort Myers.
- **GUESTS ARTISTS INVITATIONAL** at the Cape Coral Arts Studio. Showcases works of Cape Coral Arts Studio instructors. 4533 Coronado Pkwy. June 4-25.
- **SUMMER MEMBERS' SHOW** at the Fort Myers Beach Art Assoc. corner of Donora and Shell Mound Blvd., FMB. Open Weds and Thurs 9-1.
- **ART ON THE WALK** sidewalk showcase in front of Arts for ACT, 2265 First Street, downtown Fort Myers. June 26, 11 a.m. - 2 p.m.
- **CALL TO ARTISTS**: Exhibition opportunities at the Cape Coral City Hall, through Arts in Public Places. Call Cape Coral Arts Studio, Fine Arts Division at 574-0802
- **CALL TO ARTISTS**: Charlotte Harbor Nat'l Estuary seeking artists for calendar who can capture the beauty of the greater Charlotte Harbor Watershed. Go to [www.CharlotteHarborNEP.org](http://www.CharlotteHarborNEP.org). or contact Maran Brainerd Hilgendorf at [mhilgendorf@swfrpc.org](mailto:mhilgendorf@swfrpc.org). Deadline June 30.

- **TICKETS ON SALE FOR ARTS FOR ACT AUCTION**, event to take place August 21, from 5:30 to 11 p.m. at the Harborside Convention Center. Featured artist is Judy Smith. \$75 advance, \$85 at the door. Tables available, call (239) 939-2553.

### Wednesday

- **OUTDOOR PAINTING AND SKETCHING** with the Fort Myers Beach Art League. 8:30 a.m. to noon, June 23: Mound House, at the end of Connecticut St. 437-4906

### Thursday

- **PAINT OUT** with the San-Cap Art League, 9 a.m. - noon. Bring lunch and a chair. Lunch is followed by an informal critique for those who wish to participate. June 24: Jensen's Marina; July 1: Jensen's Marina. 472-1850

## OUTDOOR ACTIVITIES

- **SCCF LIFE ALONG OUR TRAILS**. Tues, Wed and Fri at 9 a.m. Guided tour along Center Tract trails. Learn about the interior wetland habitat, natural and cultural history, land management and preservation. \$3 non-members. At SCCF. 3333 Sanibel-Captiva Road.
- **TARPON BAY EXPLORERS** is offering naturalist led tours on the Tarpon Bay portion of the 'Ding' Darling National Wildlife Refuge for birders, naturalists, and curious people who enjoy being on the water and learning from an experienced naturalist. Call for reservations for all activities. 472-8900

### CRUISES:

- **Sealife and Nature** cruise in Tarpon Bay onboard the electric-powered, 26 passenger pontoon boat. Tours depart at 11 a.m., 1 p.m., tour is approx. 90 minutes.
- **Evening** cruise at 6 p.m. These tours also include a visit to the touch tank. Tour is approx. 2 hours.
- **Breakfast** cruise 9 a.m. Tuesday and Thursday. 90 min., includes coffee, juice, and pastry. Also includes visit to the touch tank.
- **EVERGLADES DAY TOUR** all-day Tuesday, Thursday, Saturday, meet at 8 a.m., return around 6:30 p.m. Includes air boat ride, swamp buggy tour, and more. Call for reservations. 472-0101.
- **TOUCH TANK EXPLORATION** at 11 a.m. and 1 p.m. Program approx. 1/2 hour.
- **TRAM TOUR OF WILDLIFE DRIVE** leaves every 1 1/2 hours, Sat. - Thurs., 7:30 a.m. - 8 p.m. Wildlife Drive is now open from 7:30 a.m. to 7:30 p.m. except Fridays. Reservations, 472-1351
- **SITTING ON THE DOCK OF**

**THE BAY:** The naturalists at Tarpon Bay Explorers have started up free lunchtime talks beginning at 12:30 p.m. Mon.- Fri. on the observation deck overlooking the most beautiful setting on Sanibel and last about half an hour. Topics include Calusa Cafe, manatees, dolphins, sharks, turtles, and alligators. Tarpon Bay Explorers is located at the north end of Tarpon Bay Rd. Call for reservations for all activities. 472-8900

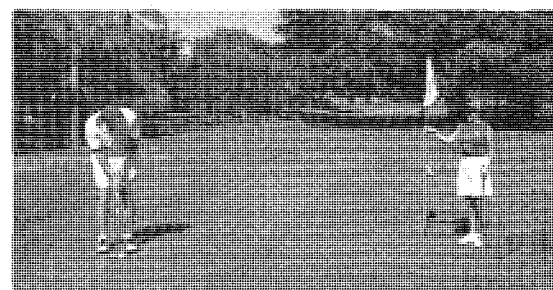
- **CAPTIVA CRUISES** offers a variety of cruises and sailing charters, all departing from South Seas Resort. Call 472-5300 for reservations and information:
- **Dolphin & Wildlife Adventure Cruises**. Daily at 4 p.m., Captiva Cruises departing from South Seas. Narrated by SCCF docents. 472-5300 for reservations. \$20/adult; \$10/children 4-12; under 3 free.
- **Dolphin & Wildlife Adventure** - Docents from the SCCF narrate this 1-1/2 hour cruise. Departs at 4 p.m.
- **Island Beach & Shelling Cruise** - 3-hour shelling cruise to Cayo Costa State Park. Two trips: at 9 a.m. and 1 p.m.
- **Cabbage Key or Useppa Island** - Get off at either Cabbage Key or Useppa Island. Enjoy a Cheeseburger in Paradise at Cabbage Key and then follow the

nature trail; or enjoy lunch at Useppa and then tour this story-book island and visit the history museum, with exhibits on the Calusa and on the role of Useppa in the CIA's training program for the Bay of Pigs. Depart at 10:30 a.m. and return at 3:30 p.m.

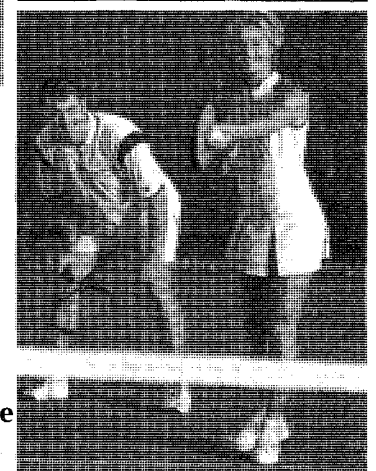
- **Sunset Serenade**
- **Dolphin Luncheon Cruise** (in conjunction with South Seas Resort) departs at 11:30 a.m., return, at 1:30, with casual lunch buffet served.
- **Sunset Dinner Cruise** call for departure times. Cocktails and dining. \$45 adults, \$20 children aged 12 and under, kids under 3 are free.
- **ONE-HOUR CRUISE** on the Stars & Stripes, departing from Sanibel Marina, 472-2531. Cruise from the Sanibel Lighthouse to the back bay wildlife areas. Tours depart at 10 a.m., 1 p.m. and 3 p.m. Sunset Cruise also available, with complimentary beverages served on board.
- **ADVENTURES IN PARADISE** at Port Sanibel Marina (across the Causeway): Cruises; dolphin watch, sunset cruises and more on board power catamarans. Canoe and kayak

More Island Scene on Page 6

## THE NEW Beachview Golf & Tennis Club



The Best  
is Getting  
Better



Come play golf or tennis and see all the wonderful changes in progress at our club. You'll enjoy 18 holes on a championship golf course wrapped around the scenic beauty of the Sanibel River. Our award winning state-of-the-art Hydro-Grid tennis courts make you feel like a pro, no matter what level you play.



- **Full Service Pro Shop**
- **PGA Professional Available**
- **USPTA Tennis Professional Available**
- **Tournament & League Play**



League Play Starting May 1st at 5:30 pm  
Mondays - Points Game  
Wednesdays - Ladies League  
Thursdays - Mixed League  
Fridays - Scramble

1100 Par View Drive, Sanibel Island - Golf 239-472-2626 • Tennis 239-472-9099  
[www.beachviewgolfclub.com](http://www.beachviewgolfclub.com)



## ISLAND SCENE

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tours; guided or self guided. Walk the Boardwalk; free nature tour of mile-long boardwalk at Port Sanibel Marina, Monday, Wednesday, Friday 10 a.m. 472-8443.

### By Kayak or Canoe

- **TARPON BAY EXPLORERS** offers two tours. 472-8900
- Guided trail tour by canoe and kayak at 10:30 a.m. daily.
- Sunset Paddles tour Monday, Wednesday, Friday, 6 p.m. Tour is about 2 1/2 hours.
- **ADVENTURE SEA KAYAK WILDLIFE TOURS**, the islands' original kayak tours, offers several tours departing from 'Tween Water Inn Marina on Captiva, just across Roosevelt Channel from undeveloped Buck Key. Led by ACA/BCU Instructor Brian Houston and John Houston. 472-5161, ext. 4 or 239/437-0956.
- **CAPTIVA KAYAK CO. & WILDLIFE ADVENTURES** offers rentals, tours, sales and instructions for kayaking and sailing. Departing from McCarthy's Marina on Captiva. 395-2925, toll free 1-877-EZ-KAYAK.

### Sailing

- **NEW MOON**, with Capt. Mick Gurley, departing from 'Tween Waters Inn Marina. 395-1782.
- **ADVENTURE and MAGIC DRAGON**, with Captiva Cruises, departing from South Seas Resort. 472-5300.

- **RENTALS**. A variety of trimarans, perfect for shallow bay waters, available for rental from Captiva Kayak at McCarthy's Marina. 395-2925.
- **LEARN TO SAIL** at Offshore Sailing School's location at South Seas Resort. Three and five day courses offered. Learn to Sail and Performance Sailing on a Colgate 26; Bareboat Cruising Certification on a Hunter 356; Junior Captains Course for kids 7-11 in Hunter 90's. 472-5111, ext. 7141 or 800/221-4326.

### Water Sports

- **YOLO WATERSPORTS** offers parasailing, waverunners, snorkel gear, beach gear and more. At 11534 Andy Rosse Lane on Captiva.
- **HOLIDAY WATER SPORTS** offers para-sailing and waverunners. At the north end of South Seas Resort; available to the public with advance reservations. 472-B WET (2938).

### Boat rentals

- **JENSEN'S MARINA** - Charter (up to six people) by the hour (as little as one hour available). Rental fleet includes 24' pontoon boat, 18' Bowrider, 18' Center Console and 14' Skiff. Water taxi to out islands available. Jensen's Marina is on Captiva Island. 472-5800.
- **THE BOAT HOUSE at SANIBEL MARINA** - Charter for fishing, shelling and sightseeing. 21' Center Console, 20' Regal deck boats, 20'

Power catamarans. Sanibel Marina at 634 North Yachtsman Drive (off Periwinkle) on Sanibel. 472-2531.

### Weekly Eco-events

#### Saturday

- **VEGETATION WALK** 2 hour tour of Shell Mound trail 9 a.m. every other Sat. 472-1100 x222.
- **FAMILY FUN AT THE REFUGE** guided tour of Wildlife Dr. for the family. 9 a.m. RSVP 472-1100 x222.
- **KORESHAN STATE HISTORIC SITE** guided tours. 10 a.m. Sat. and Sun. \$3.25 per vehicle.

#### Monday

- **A DAY AT THE BEACH** — Tigertail Beach, with the Alligator Amblers. June 21. \$4 per car admission. RSVP (239) 495-7644

#### Tuesday

- **Butterfly House Tours** at SCCF at 10 a.m.; \$1 donation. A guide will explain the life cycle and behaviors of butterflies.
- **SCCF Ethnobotany Tour** at 10 a.m. Free to members, \$3 non-members. In guided tour, learn how native cultures (Calusa, Seminole and Caribbean) have used native plants.

#### Thursday

- **TURTLE TRACKS** at the Sanibel - Captiva Conservation Foundation's Nature Center at 9 a.m. on Thursdays. Interpretive program on the life cycle of the sea turtles that make their home on the islands. \$3 adults/ kids free. \$2 for parking at the beach. 472-2329

### KIDS

- **SUMMER ARTS CAMP** at the Lee County Alliance for the Arts: Tons of great programs for kids and grown-ups, including painting in all media for adults, Space Odyssey, Treasure Island, Super Sleuths and

more for the kids. 939-2787.

#### Friday

- **TERRIFIC TWOS** stories, activities for two year olds, Sanibel Library. 10 a.m.
- **KWLF** stories, activities, games, for ages 6 and up at the Sanibel library. 3 p.m.

#### Saturday

- **FAMILY FUN AT THE REFUGE** guided tour of Wildlife Dr. for the family. 9 a.m. RSVP 472-1100 x222.

#### Monday

- **MOMMY AND ME** at the SCA 10:30 a.m. -11:30 p.m. \$2 per child. For Moms and kids aged 1-4 years. 472-6227.
- **BOOKWORMS** stories and crafts for children aged 3-5, Sanibel Library 10 a.m. Mon/Wed.
- **SMALL WONDERS** stories for children birth to age 2. Sanibel Library 2 p.m. Mon/Tue

#### Tuesday

- **CHILDREN'S STORY HOUR** Sanibel Public Library 9:30 & 10:30 a.m.

#### Wednesday

- **DING DARLING READING HOUR** bring your children to the Education Center EVERY Wednesday at 10 a.m. to hear an exciting story and program highlighting an animal in our estuarine ecosystem. Pre-school and elementary school aged children are targeted but everyone is welcome to attend. We hope to see you there! If you have any questions or are interested in the topics we will cover, please contact Refuge Ranger Toni Westland at 239-472-1100 x236.

#### Thursday

- **THE FROG PRINCE** by Rags to

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## ISLAND SCENE

Riches at the Captiva Memorial Library at 2 p.m. on June 24. You must have a ticket (the event is free). 472-2133.

- **FAMILY STORY HOUR** at the Sanibel Public Library, 6:30 p.m.
- **FAMILY NIGHT** at the Sanibel Library 6:30 p.m.

## HEALTH

- **FITNESS WITH PAM** at the SCA, 2173 Periwinkle Way. Low impact aerobics, lt. weight training. Mon, Wed. Fri., 9:15 - 10:30 a.m. \$8. 267-3092.

### Thursday

- **YOGA FOR HEALTH** 9:15 - 10:30 a.m. Thursdays at the Community House, 2173 Periwinkle Way, with Eleanor Horowitz. Cost: \$10. 267-8334
- **YOGA & MEDITATION** 6 p.m. - 7:30 p.m. with Murari Brian Healy

## Rec Center Aquatic News

### Summer pool hours

Monday - Friday - 10 a.m. - 8 p.m.  
Saturday and Sunday - 1 p.m. - 5 p.m.

### Water Aerobic Classes

Tuesday, Wednesday and Thursday at 9 a.m., Sat at 10:00 a.m. Class fee - \$2.00 (coupon book required) Coupon books for classes are now available at the City of Sanibel Finance Department located at 800 Dunlop Road. Coupon books are available for a week (4 coupons) or a month (16 coupons).

### S.W.A.T - Sanibel Water Attack Team

There's still time to sign-up for the 2004 season. Training sessions are held on Monday, Wednesday and Friday for kids eight and older; Tuesday, Thursday and Friday for kids eight and under. There

at Casa Ybel Resort. Open to public, beginner's welcome. \$12.

### Saturday

- **MINDFUL YOGA AT BIG ARTS** with Brian Healy, 9:30 a.m. - 10:45 a.m. Open to public, beginners welcome. \$12.

### Tuesday

- **YOGA CLASSES AT CASA YBEL RESORT** Murari Brian Healy will begin teaching two new ongoing yoga classes at Casa Ybel Resort on Tuesday mornings, 9 a.m. - 10 a.m. This is an outdoor class and will be held on the lawn overlooking the gulf in front of the Thistle Lodge restaurant on the grounds of Casa Ybel Resort, 2255 West Gulf Dr. Beginner friendly, cost is \$12 per class.

are Tuesday swim meets at FGCU and Saturday morning meets at other pools in the area. Registration includes a swimsuit and T-shirt. S.W.A.T. is affiliated with SwimFlorida. Kids need a birth certificate to register. Call Coach Holly at 472-0345 for more information. The League opening was held last Sunday at FGCU and the first meet was on Tuesday, but kids can still join the team.

Coach Holly would also like to extend a "special thanks" to the Kiwanis and Rotary Clubs, who both donated funds "to help buy equipment, T-shirts and to sponsor kids."

### Saturday Swim Lessons

A few spaces are still open for beginners and advanced beginners. Call Coby for more information at 472-0345.

## Living Well with Diabetes

Lee County Extension Service will be offering their Living Well with Diabetes class again starting on July 7. Class size is limited to 18 and pre-registration is required. The cost is \$50 and each partic-

### Before You Tie the Knot

Lee County Extension Services will be offering a two-session pre-wedding workshop on Wednesday, June 23 and Thursday, June 24, from 6:30 - 9 p.m. These two, 2 1/2 hour workshops fulfill the requirements of Florida Statute 741, Marriage Preparation and Preservation Act, and have been approved by the Circuit Court of Lee County. Participants must attend both sessions to receive a certificate of completion. The total cost is

ipant may bring one friend or family member for an additional \$5. Classes will be held from 6 - 8 p.m., from July 7 through August 11. See below for info.

\$15 and is due with registration. A minimum of three couples must be registered or the class will be canceled and the registration fee returned.

For information on both classes, please call (239) 461-7523 between the hours of 8 a.m. and 5 p.m. Monday through Friday. Lee County Extension Service is located in Terry Park at 3406 Palm Beach Boulevard in Fort Myers.

## THE METASTATIC LIFE

April 2004

"Home Sweet \_\_\_\_\_"  
To be completed soon

I know it doesn't sound like such a big deal, but after a move that can only be described as "The Move From Hell," it seems like a miracle to actually be sitting at my new desk in the media center that was only put together yesterday on a computer that was only hooked up five minutes ago. I'm convinced that the higher tech we become, the more difficult life changes - like moving - are.

I saw Dr. Harwin yesterday. It had been a couple of months because of the move and I was fairly convinced that the stress alone was enough to cause a recurrence. I had been there in February for a treatment and to get weighed. So when I got on the scale and the nurse said, "You go, girl!" I felt a small wave of panic. Turns out I had lost nine pounds in a month. It's not that I can't afford to lose it, I just wasn't really trying. But looking back over the last three months, I realized that I have been so active with packing boxes and coordinating installations and closings, that it wasn't really surprising that I'd dropped some pounds.

I do that. I immediately look for a justification for potentially bad news. I had just been in the lobby where the latest Fortune magazine had on its cover in huge letters "Why We Are Losing the Battle Against Cancer." My first reaction was anger because nobody needs to see that in their oncologist's office; but then I decided I'd better read it because maybe there was something I needed to know.

By the time I was done, Harwin was in with me and I asked him about it. He hadn't read it yet. I told him it basically said what I have been saying all along; that the best way to fight cancer is to treat it aggressively in its earliest stages. He agreed. And then we both acknowledged

that I was always a step behind the newest thing that is now standard protocol. So when I was diagnosed with a Stage I cancer, preventive chemo wasn't protocol and the anti-hormone drug Tamoxifen was still in clinical trials. I didn't have a family history yet because my mother and sister wouldn't develop breast cancer for another year. Call it bad luck but then it's hard to really feel that way because I'm still here and I've been so lucky that all the treatments so far have worked.

I know I've said this before, but if I were in charge of medical care, it would go something like this. A woman would arrive at her doctor's office with a complaint.

The doctor would immediately refer her to an oncologist or perform the necessary tests to rule out cancer. Once cancer was ruled out, they could start looking for less serious causes. If the key to survival is early detection, then we need to start looking for cancer first. And damn the costs. No one can tell me that the price of a diagnostic test such as a PET scan or a tumor marker will be greater in the long run than the treatment for metastatic disease. We need to finally get this and then implement it into our health care system. And not just for men, for women.

I'm done preaching and it's time to unpack some more boxes. By this time next week I am determined to be able to say I am fully living in my house. Sometimes getting to the optimal place in your life involves a lot more work and dedication than you might have anticipated. The same is true as regards our responsibility to stay healthy. But there's no doubt in my mind that it's worth it. The key word here is life.

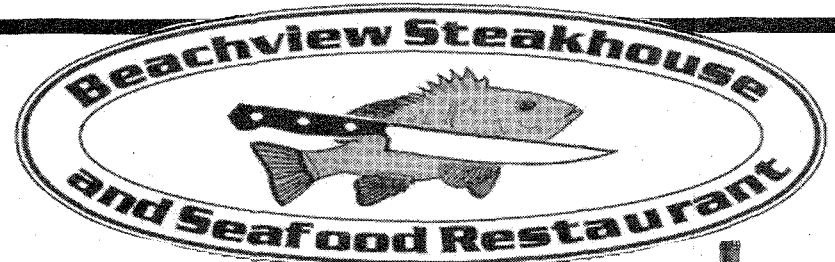
Until next week...

If you want to write to Lisa, her new e-mail address is: [lisasfaith@swfla.rr.com](mailto:lisasfaith@swfla.rr.com)

NOTE: Last week's column was from March 2004.



Lisa Pierot



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## OBITUARIES

### Dr. Joseph Charles Beaver

Dr. Joseph Charles Beaver, a resident of Iris Park Commons, St. Paul, Minn., and Sanibel, died May 22 after a 27-year battle with cancer. He was 83.

Born in Paducah, KY, Beaver received both his B.A. and his M.A. from Columbia University in New York City and a Ph.D. from New York University. He reached the rank of Lt. Senior Grade after three years of service with the U.S. Coast Guard aboard an L.S.T. in Europe and the Mediterranean during World War II. He then pursued a teaching career, becoming head of the English Department at Hastings College in Nebraska before changing to American English/Linguistics and serving as Department Chair at Northeastern Illinois University in Chicago, for the balance of his career.

His publications include Walt Whitman, Poet of Science, The Prosody of John Donne, and numerous scholarly articles. After studying with organists Carl Weinrich of Princeton and Alexander Schreiner of the Mormon Tabernacle, Beaver became an organist/choir director, an avocation he enjoyed for decades. He formed an à cappella group called the Beauvoir Singers that sang in the Chicago area for many years.

An avid birder, he reached a life list of 656 birds seen in the lower 48 states before his sight and hearing began to fail. A visitor to Sanibel since 1974 and a life member of the Sanibel-Captiva Conservation Foundation, he was one of the first Rovers on the dikes at Ding Darling. He liked to patrol the Sanibel River in his yellow kayak, clearing debris as he went. For a time, he and his family had a house on Island Inn Road where he led the campaign to close the road to vehicular traffic.

Needless to say, he loved the island and its commitment to balancing the needs of the environment and the pressures if the public successfully.

In retirement, he earned a Master of Theological Studies at Seabury Western Seminary in Evanston and, after moving to the Twin Cities, preached on occasion in Episcopal churches there, and at St. Michael & All Angels in Sanibel, where he also played the organ during the season.

Beaver leaves behind his wife of 59 years, Verna, nee Tamborelle; two daughters — Susan (Sherman Eagles) Conner and Ellen (Fr. Buck) Lea; a son

Thomas (Dr. Mary Bodie); five grandchildren — Tyson Conner, Dr. Adrienne (Dr. Jeff) Schucker, Eric and Joseph Housley, Katlyn Bodie-Beaver; a great-granddaughter, Amelia Schucker; and a brother, William Lee (Mary Eva).

Memorials may be made to St. Clement's Church in St. Paul, the Minnesota Ornithological Union, or Iris Park Commons.

### Helen Wainwright Evans

Helen Wainwright Evans, 96, of Sanibel died June 13, 2004. She had been a resident her for six years, having lived previously in Chicago, IL.

Evans was the beloved mother of Barbara McGuffin of Sanibel, sister of Caroline McGivern of Evergreen, IL, grandmother of William White, Virginia Rasmussen, Doug Evans, Amy Evans, and David McGuffin, and great-grandmother of 10. She was preceded in death by her son, Glen W. Evans.

Arrangements are private. Memorials may be made to Hope Hospice, 9470 HealthPark Circle, Fort Myers, FL 33908.

### James L. Jerrell

James L. Jerrell, 85, died June 13, 2004. Survivors include his wife: Mary Lou Craig Jerrell, his children: Patrick N., Michael A., Stephen K. Jerrell, his stepchildren: Christine A. Fossett, David H. Craig, George L. Craig, Kathleen Skillman, Dr. Charles Gudas and John Gudas, his brother: Samuel C. Jerrell; and eighteen grandchildren. Mr. Jerrell was the widower of Anna Louise Tolle Jerrell and Ann Marie Gudas Jerrell.

He was a member of St. Isabel's Catholic Church on Sanibel, the Sanibel-Captiva Lions Club, Holy Spirit Catholic Church of Indianapolis, Knights of Columbus Fatima Council #3660, International Institute of Electrical and Electronic Engineers and a WW II Navy veteran. James was a graduate of Purdue University.

Mr. Jerrell was employed by Naval Avionics for 32 years as an electronic design engineer and retired in 1977.

The Funeral Mass will be in Indianapolis at Holy Spirit Catholic Church. Memorial contributions may be made to the Society of St. Vincent de Paul.

### Charles R. Shipley, Jr.

Charles R. Shipley, Jr., brilliant innovator in the field of electronic chemicals, and former chairman of the board of Shipley Company, passed away on June 13, 2004 at his home in Sanibel. He was 86.

Shipley grew up in Philadelphia, PA, where his father was president of John Wanamakers. He graduated from Lawrenceville School in 1935 and attended Yale University. He served with the United States Navy as a procurement specialist during World War II with the rank of lieutenant.

Beginning with a modest research lab in their home in Auburndale, MA, Shipley and his wife, Lucia, founded Shipley Company in 1957. The company

became profitable after only 18 months. Revolutionizing the emerging printed circuit industry, Shipley Company introduced catalysts to the market, resulting in it becoming the leading producer of reliable chemical deposition processes. The Shipleys likewise pioneered positive working photoresists for the semiconductor industry.

When Shipley Company was merged with Rohm and Haas Company in 1992, its workforce had grown to 1,000 members and annual sales exceeded \$200 million. More than 20 U.S. patents in the electronics field had been issued in Shipley's name. After the merger, the Shipley's son, Richard, continued as president of Shipley Company, now called Rohm and Haas Electronic Chemicals, LLC and served as its chairman until 2004.

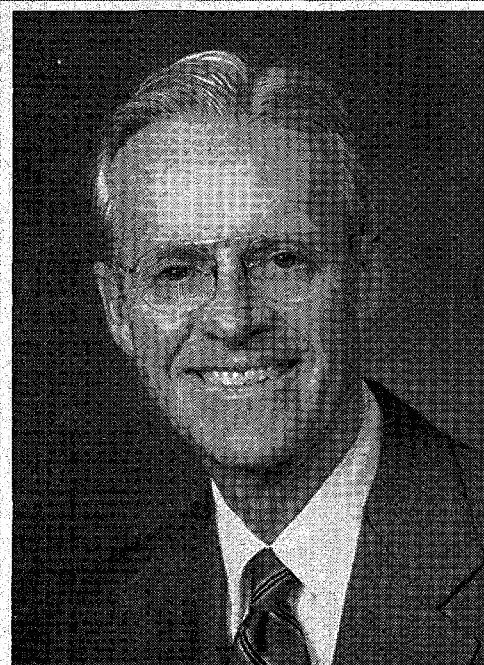
Raj L. Gupta, CEO of Rohm and Haas Company, issued the following statement: "Charlie Shipley was widely recognized as an inventive genius, a wildly successful entrepreneur, and man of uncompromising principles. However, on a personal level, I have the highest respect for his affinity for the common man, and his ability to inspire those with whom he worked. This trait remains a hallmark of the Shipley family, and the Shipley organization.

"The visionary technology he helped to create and to refine remains critical to the production of today's most powerful semiconductor chips. In no small measure, Charlie's work is the foundation upon which Rohm and Haas Company's \$1 billion electronics business has been successful."

Shipley stood for refusing to accept the impossible, and for finding ways to obsolete competitive products as well as those of his own company. It is noteworthy that Shipley took only one chemistry course in college, and yet his research led to Shipley Company's business of enabling technologies, i.e., chemistry for the fast paced semiconductor, printed wiring board and electronic packaging markets.

Both Mr. and Mrs. Shipley were renowned for focusing on Shipley Company customers and for integrity and commitment to Shipley Company mem-

Shipley, see right



Charles R. Shipley, Jr.

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Margie specializes in Sanibel, Captiva and Ft. Myers real estate. She was named Realtor of the Year by Sanibel and Captiva Assn. of Realtors in 2000 and 2002. Her new book, "How To Make Your Realtor Get You The Best Deal—South Florida Edition" is must reading if you are thinking of buying or selling. Call Margie at PMR 472-1511, or e-mail her at Margie@MargieDavison.com.

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## FISHING & SHELLING

### The Mysterious Ground Swell Affect

Shelling in the summer can be a combination of dodging thunderstorms, looking out for stingrays and dealing with no-see-ums so thick they look like salt and pepper on your skin.

Shelling can be very productive, despite all those things, if one of the unusual ground swell wave patterns happens to hit where you are looking for specimens. The ground swell wave is strange in that there are no crests or no breaking water. When we fish well out into the gulf, it's hard to detect that there is much of a wave pattern until the boat is anchored. Then we notice that the boat is going up and down in long slow patterns. If you are prone to sea sickness this might be the wrong time to be out. The trouble is, it's difficult to tell the rollers are there until you get out because there's no white water crashing to the beaches.

We found ourselves in a ground swell the other day while shelling up off the beach on Cayo Costa Island. Running up in the Gulf, the water along the shore appeared to be nice and flat. That is the perfect condition, when adding a light easterly wind. The waters will usually be clear enough to snorkel and calm enough to easily get off the boat.

When we got there, I could see the water was dirty and as we anchored, the first of the ground swell waves came in. There can be two or three stronger waves, then that many or more will be calmer and less breaking. Anchoring off the beach can be dangerous if there are strong breaking waves and I surely wouldn't recommend it, good shelling or not. We have two wrecked boats on the beach off North Captiva to attest to the problems of pulling up to the beach. The mild ground swell waves we encountered that day made my anchored boat pitch hard several times, but I had out 125 feet of line and it took the strain just as it should.

That morning it was high tide a little past 9 a.m., not one of my favorite times. I like those lower than normal lows of the cold morning in the winter. However, in the summer tide patterns, if there is a good low for the day,

it will often be near sunset. So we were surprised to find such good shelling at high tide - all thanks to the ground swell.

Because this wave doesn't break until the last minute, even the relatively light ones we were watching were pounding down hard right at the beach, then shooting shells high up on the beach. Even delicate shells like sand dollars were making the 40-50 foot wave ride without breaking into a million pieces.

What one of my group quickly noticed was that even more shells were dislodged from the sand just where the waves came to break on the beach. It makes for a wet time looking for shells in breaking waves, but the water is well into the upper 80's.

There doesn't seem to be any particular time the ground swell waves will come in. We didn't have any strong storms in the Gulf, but I have seen the swell come from such weather disturbances. The winter months can often produce strong waves associated with powerful weather fronts passing over the state. Those storms can send tall breaking waves at the beaches and strangely, not always do they produce good shelling.

It might have been a day or even a few hours and the ground swell had stopped. The next morning the beach was flat and calm with a light easterly. But, for a short time, it was pretty hot shelling in the middle of the morning at high tide.

### Fishing news

I spent two days fly fishing a beautiful lake in the Tennessee mountains and if there is anything which makes me appreciate all the variety of fish and ways of catching them we have here, it's a trip to a lake where a five-inch fish merits a photo opportunity. My brother-in-law is a tournament bass angler. We figured between us we must have cast 1,000 times.

My thrill was in the last hour of our visit, while packing for the trip back here to Southwest Florida, I actually had a bass strike my fly popper. It had been so long since I had a bite that I was shocked and the fish

missed the hook.

It's hard to beat the fish we have around the islands this time of the year. Even the lowly jack and ladyfish would be king and queen of a lake like the one we fished. We have monster tarpon which take bait the same size as some of the fish my relatives were catching. They weren't complaining. Catching anything is better than nothing.

Good shelling and fishing this week.

Have a question or comment? You can reach Capt. Mike Fuery at 466-3649 or by e-mail at junonia4@aol.com.



Capt. Mike Fuery

### Shipley, from left

bers. They were close partners in the business and in their private life.

In 1984, he was awarded an honorary Doctor of Science by Clarkson University "for his creative effort as an inventor and for the entrepreneurial talents which enabled him to establish an international corporation."

In 1985, Mr. and Mrs. Shipley were awarded the Winthrop-Sears Medal by the Chemical Industry Association for Entrepreneurial Achievement. In 1990, they received the SEMI (Semiconductor Equipment and Materials International Trade Organization) award for their outstanding and lasting contribution to the electronic chemicals industry.

Following his retirement from Shipley Company in 1992, Mr. Shipley continued his research both at home and at the company's offices in Marlboro, MA.

Shipley was the president of the Charles R. Shipley, Jr. Foundation which, for the past decade, has been a major benefactor of educational institutions throughout the country. Shipley was a member of the Weston (Massachusetts) Country Club and of the Dunes Country Club in Sanibel.

Shipley was an enthusiastic tennis player but their dogs were the passion of the Shipleys. They owned 12 German Shepherds during their marriage of 63 years. Mr. Shipley is survived by his wife, Lucia, his son Richard of Needham, MA, his daughter Helen of Princeton, NJ, and by five grandchildren and two great-grandchildren.

Memorial services were held on June 17.

### Junonia Watch



Kelly Cuscaden from Atlantic Highland, NJ, found a junonia on May 17. She was shelling near Gulf Pines. She's been coming to Sanibel for 37 years and seriously shelling for 10 years; this is her first junonia.

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## SHELL SHOCKED

## How to avoid getting lost in Sanibel

Did you ever ask yourself what was your most memorable moment in Sanibel?

I remember the time I got lost - yes, lost. It was my first time in Sanibel and we were staying at a very small condominium unit facing the beach. Without bothering to study the building's architecture to serve as a landmark, I decided to go for a long walk along the beach.

Giving in to the famous Sanibel stoop, I casually wandered along studying the various sizes and shapes of shells. Every so often some sunbathers would point to the Gulf and I'd witness a squadron of dolphins perfecting their diving routine.

I must have walked for about forty-five minutes and decided it was time to get back. The sun was at its noon time zenith and my growling stomach told me my wife would have a sandwich ready for me. Maybe a quick swim in the luxurious pool before lunch and afterwards a nice nappy poo.

I walked for what seemed like forty-five to fifty minutes when a horrible thought struck me. I had no idea what the condo units looked like. But I was sure I had taken the same amount of time walking back as I had taken to start my walk. Shouldn't I be near the condo by now? No need to panic, I thought. Just ask someone.

"Excuse me," I started to say to a passing beach person. "Can you tell me where....." That's when the second horrible thought struck me. What is the name of that darned condo unit?

"Yes, sir. Can I help you?" the beach person asked.

I began to stammer. "This is rather awk-

ward. My first time here and all that. It seems I'm trying to find the condo building I'm staying in. I guess I didn't bother to study what it looks like from the beach."

"No problem, my good man. Simply tell me its name and I'll point you in the right direction."



Art Stevens

The perspiration forming on my forehead wasn't only from the sun.

"That's the problem," I said. "I can't seem to remember its name. To tell you the truth, they all sound alike. It's something like Sanibel Arms or Sonesta Sunrise. Or is it Sanibel by the Sea?"

The beach person was compassionate, to say the least. "There, there now. Try to concentrate. Is it the Sanibel Beach Haven? Maybe the Surf'n Sanibel? Or the Sanibel'n Surf?"

I tried to concentrate. "Is it the Sanibel Sunrise? No, no, I've got it. It's the Siesta Sanibel. No, that's not it. The Century Sanibel."

As I became reduced to muttering Sanibel alliterations, the beach person stared at me. "You're quite right," he said. "You are lost." And he wandered off.

For the next ten hours I meandered back and forth along the beach attempting to find a single tell tale sign that would identify my habitat.

When they found me around midnight sitting by the Sanibel lighthouse, I could be heard murmuring, "or is it the Sunrise Siesta? No, the Sanibel Sands - or was it the Sanibel Sandpiper? The Sandman?....."

## New Zonta member Kristin Ritts

Kristin Ritts became the newest member of the Zonta Club of Sanibel-Captiva on May 5 at the meeting at The Dunes. Kris and her husband Roy became year-round residents of Sanibel last year, after living part-time on the island since 1997. In the late 1990s, after careers with the Mayo Clinic, Roy became a lead physician administrator at the King Faisal Specialist Hospital in Riyadh, while Kris completed a master's degree at the University of Minnesota. They met during her exchange

classwork in France, Austria and Switzerland. Prior to that, both had spent decades with the Mayo Clinic in Rochester, where Kris worked in a variety of administrative areas. She holds an undergraduate degree from Brown University and an MBA from the University of Minnesota.

During the time the couple lived in Rochester, Minn., Kris was active in the community and, since moving to Sanibel, she has become a volunteer with BIG ARTS

and the Gumbo Limbo neighborhood association. She and her husband enjoy gardening (particularly orchids), wine tasting and jazz. Their children have second homes nearby (two on Sanibel, one on Pine Island).

The Sanibel-Captiva chapter of Zonta meets at the Dunes at 7:30 a.m. on the first and third Wednesdays of each month. Additional information is available at [www.zontasancap.com](http://www.zontasancap.com) or by calling Ginger Parker (472-6356) or Inge Glissman (472-1862).



From left: Past President, Esther Saltzman, Kris Ritts, President Darla Letoureau and Past President Susan Dunn

## SERVICE CLUBS

## Kiwanis: Who's guarding the coast?

Submitted by Bob Wimbush

Kiwanians know there's a Coast Guard Station at Fort Myers Beach, but until Petty Officer MK2 Marc Firestone, who has viewed Sanibel many times from a boat, actually deigned to drive here and talk to the club, most did not know why it's here or what it does. Actually it's quite interesting.

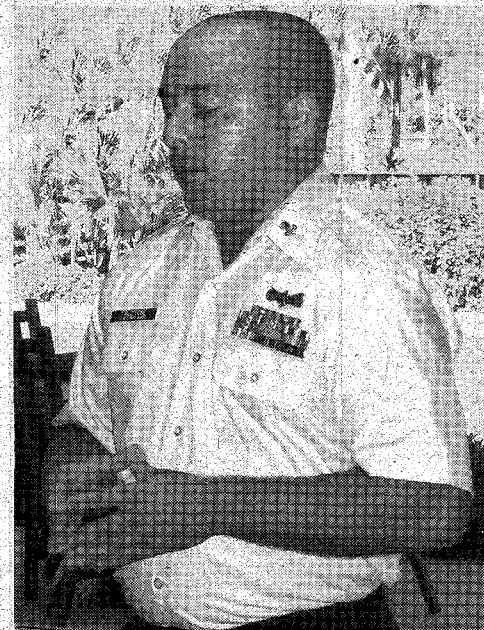
Even fewer knew that at one time the station had been run on solar power and batteries, but that is not the case any longer.

Marc did not elaborate on the large boat that is stationed there because it seems there are two commands, the large boat and the base itself, and Marc works with the four smaller boats, approximately 50 active duty Coasties and 30 Coast Guard Reserve Auxiliaries that comprise the base. Base jurisdiction covers about 4,000 square miles of water, 65,000 registered boaters, and a lot of beach, stretching all the way from Boca Grande to Pavilion Key. It is responsible for search and rescue, boater education, boating safety inspections, interdictions and law enforcement.

And speaking of laws, he ratted out a couple of agencies. The state and federal wildlife people who were issuing warning tickets in the manatee zones are now issuing the real thing, so pay attention. He also noted there is confusion over the Manatee Zone signs, that Florida's voters - oops, boaters - don't understand them or see one side and not the other, but he did not report any groundings due to chads.

Station personnel work closely with and rely on the fishing fleet to report suspicious activities - like small boats cozying up to freighters on the open sea. "We tell them what to look for, and they give us a call." The Coast Guard monitors VHF- FM16. You, too, can give them a hand. 911 has not made their job easier.

And you can use that frequency to report other kinds of trouble, and apparently there's plenty of it - accidents, groundings and fires and the like. Marc echoes a common refrain, "The majority of the public buy a boat, and go out on weekends. Many don't know what the red and green day boards mean." And it's not like driving a car. "When you get into trouble on water you can't park it and just



USCG Petty Officer Marc Firestone had his eyes closed in all three shots. Can you blame him?

walk away." He advocates driver training for boaters.

On the water, the Coast Guard also boards recreational boats that attract them. The idea is to educate, but tickets for safety violations and stupidity are not unheard of. The Coast Guard Auxiliary offers boat inspections and issues stickers to boats that meet their safety standards, and patrol boats make note of those in deciding which boats to board.

If you do get into trouble and radio the Coast Guard, you'd better be prepared to wait. And wait. Especially if it's not a severe problem. Their four boats must cover 4,000 square miles of water and over 65,000 boaters. They work closely with Fish and Wildlife, the sheriff, fire departments and other local jurisdictions and will try to send the unit that can get there soonest, but it sometimes takes several hours before they can respond. A good reason for boaters to have adequate safety equipment and supplies and to take a boating safety course.

*Kiwanis breakfasts every Tuesday around 7:30 at the Dunes. Guests and other thrill seekers are welcome.*

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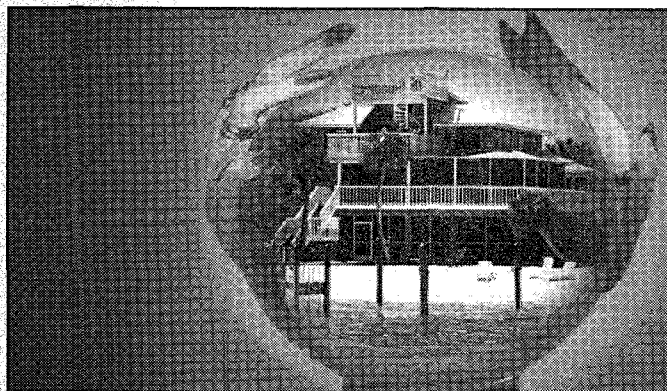
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## VIP Realtor Ada Shissler: Proud of the quality of island life

As an experienced and highly respected island realtor - who has been selling on Sanibel and Captiva for over ten years - Ada Shissler points out, "I know that most people are attracted by the beaches and beauty of the islands but many of them do not realize that, of equal or greater value, is the quality of life. The opportunities for growth, participation and contribution are many and highly varied. Islanders are generally low-keyed, unostentatious, value conscious and they place a high priority on the islands' preservation and conservation." Clearly, islanders want to be doers, to be participants and to take advantage of new opportunities. They want to be integrated into the community and give of their talents to community life.

The environmentally conscious may

choose C.R.O.W. (Clinic for the Care and Rehabilitation of Wildlife). Others may prefer to be part of J. N. "Ding" Darling National Wildlife Preserve, the Sanibel Captiva Conservation Foundation (S.C.C.F.), the Native Plant Nursery or the Bailey-Matthews Shell Museum. Each of these organizations has its own unique purpose and works to preserve many native plant and animal species.



Nancy  
Santeusanio

B.I.G. ARTS offers performing and fine arts with classes and workshops to explore your hidden talents or untapped creativity. There are numerous volunteer opportunities at the spacious state-of-the art Sanibel Public Library. The completion of the renovation and addition to The Sanibel School (K-8) is attracting many newcomers with the opportunity for their children to receive a quality education in an opti-

mal public setting. Service organizations including Kiwanis, Lions, Rotary and Zonta International offer outstanding programs and sponsor benefit events for community enhancement, in addition to the very active church programs devoted to worship and the sponsorship of many vital outreach programs.

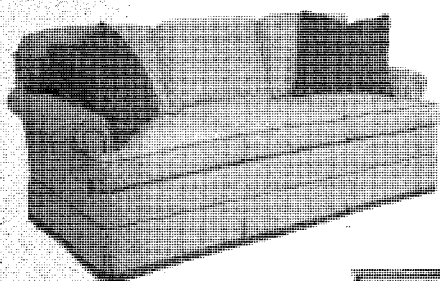
There are special interest clubs including the Sanibel-Captiva Orchid Society, Power Squadron, Shell Club, Fishing Club and Yacht Club and every possible kind of water activity including swimming, boating, canoeing, kayaking, snorkeling, scuba diving. For those who like biking there is the Bike Club and over twenty miles of bike paths. Both golf and tennis are a part of island life. Again, so many people, knowledgeable in so many different fields and eager to continue to explore new venues add up to a high quality of life.



Shissler, see page 12

Ada Shissler

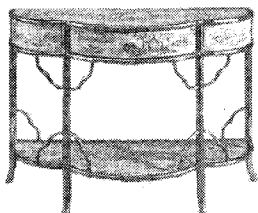
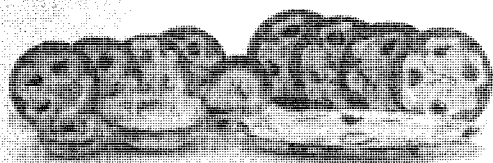
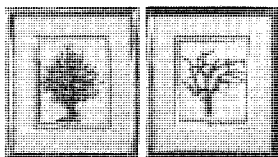
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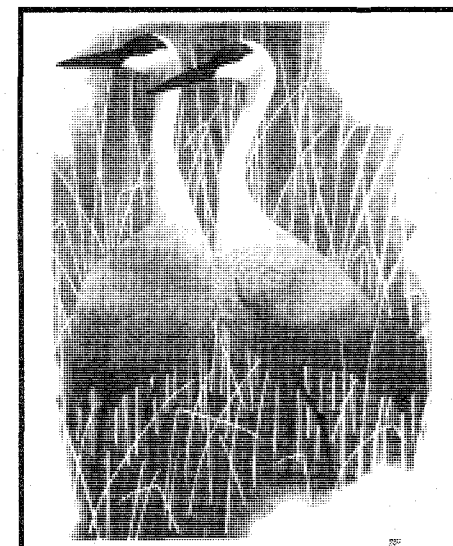
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## Shissler, from page 11

Shissler believes strongly that community service is important and allows an opportunity to give back to the community. "As a realtor it is important to be part of the community and share in its work. I was fortunate to have the opportunity to develop Sanibel Beautification for the past four years and during that time we have collected in excess of \$100,000 in contributions from the public." This money has been used to beautify the entrance to the island at the Periwinkle intersection and on the three medians of Lindgren Boulevard, through the planting of native trees, shrubs, flowers and grasses. She explains that this project has involved not only the original planting by volunteers but the willingness of residents to give of their time to maintain this landscaping. This same community effort led to the Periwinkle Pavers Program with contributions from almost every state in the country and one from a foreign country. With her usual wisdom Shissler notes, "Neglect invites disrespect; beautification invites admiration."

A frequent comment about real estate is that either the prices are so high or they will slip and lose value. In her thirty-two years of watching the real estate values on the islands, Shissler has observed that no matter what the economy or what is happening in the world, there are always people who are willing to pay a premium to live where the beauty of nature is so accessible and the quality of life so extraordinary. The 2004 first quarter figures reveal a very successful real estate period. "I think that this is a reflection of the baby boomers, their pre-retirement investment and disillusionment with the stock market. They are finding that real estate is more tangible and continues to enjoy favorable interest rates."

Shissler, who has been coming to Sanibel since 1972 and a resident since 1992, is certain that island property has been the best investment anyone could make during that period. "I never hear people say, 'I'm so sorry I bought on the islands,' but they do say, 'I wish I had bought sooner!'"

## Finding the right home inspector

Selecting a home inspector is an important part of the home buying process. Currently, in the State of Florida, an individual who wishes to become a home inspector only needs to obtain an occupational license. For this reason, it is important you choose the most qualified inspector. Following are a list of questions you should ask your potential home inspector:

Is the inspector a member of the Florida Association of Building Inspectors or the American Society of Home Inspectors? Both organizations require their members to pass exams, show proof of a set number of completed inspections and earn continuing education each year. Members are required to follow a strict Stand of Practice and Code of Ethics.

How long has he or she been a private home inspector and what did he or she do before? Many inspectors have a background in the construction field, however, this should not be considered a requirement. There is no substitution for specific training or experience in the home inspection industry.

What will the inspection cover and how long will it take? A thorough inspection should include the home's structure, plumbing, electricity, appliances and workmanship. Make sure the inspection and the report that follows meet or exceed the accepted standards of practice. The typical single-family home inspection should take an inspector anywhere between two and three hours to complete. Less time may not be suitable to perform a thorough inspection, unless a firm sends more than one inspector to the home.

How much will the inspection cost? Although prices will vary significantly, you can expect to pay between \$300 and \$500. This seems high, until you consider the investment being made. Remember, as with other professional contractors, the fee should be in line with the inspector's qualifications and services.

Does the inspector allow the client to be present for the inspection? An inspector who does not want the client present should be regarded suspiciously. Attending the inspection can be a valuable learning experience.

Can the inspector offer contact information for past clients? Talking to other homeowners who have worked with the inspector can give you the best indication of the inspector's competence and qualifications.

Getting the answers to these questions, before choosing the inspector you hire, can speed up the home buying process and eliminate any surprises that could come up after you have purchased the home.

With over 500 Registered Professional Inspectors and Candidates throughout Florida, the Florida Association of Building Inspectors is the largest state association for home inspectors operating in Florida. For a list of qualified members in your area, please call 800-544-FABI (3224) or log onto [www.fabi.org](http://www.fabi.org) to search for inspectors by county or city.

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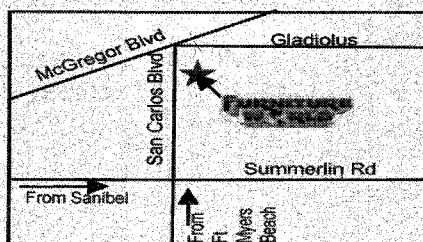
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## Look before you leap

It can be difficult to know, when viewing a home for the first time, if it will prove to be the house of your dreams, or a never-ending nightmare. This is why the Florida Association of Building Inspectors, Inc. (FABI) has assembled a consumer checklist, to help homebuyers make a preliminary evaluation, prior to calling in the professionals.

"You really should have a professional home inspection on any house you plan to buy - so that there are no hidden defects to worry about later on," states Everett Rawlings, a past president of FABI. "However, before you get to that final stage, there are some simple checks you can make yourself the very first time you are shown the home - before you let yourself fall in love with it."

### Homebuyers beware! Smart shoppers are cautious shoppers.

FABI members urge you to look for the following during your first walk-through:

- First, look around outside. Take note of the overall impression. Is the house well kept? Are the exterior walls straight or out of line? Is the ground sloped away from the house for adequate drainage? Take a close look.
- Observe the condition of the roof. Are shingles curling and lifting? Find out how old the roof is, and you will have a pretty good idea of when you will need to replace it. A tar and gravel roof should last up to 12 years, asphalt shingle and wood shingles up to 15 years and wood shakes about 20 years.
- Look closely at windows and exterior doorframes. Has the glazing putty dried and shrunk? Is the wood decayed? Are the windows and doorframes caulked? Weather-stripped?
- Check pavements, driveways and hori-

zontal brick surfaces. Have all cracks been filled? Is any pavement buckling from spreading underground tree roots?

- Indoors, look at the attic and crawl space insulation. Is it adequate? Does it cover up the air vents, preventing the house from breathing and possibly causing wood rot?
- Test the plumbing. Turn on all faucets and flush the toilets. How is the water pressure? Are there any leaks?
- Look over the interior. Are there any signs of leaks or water stains? Is plaster cracked? Are walls and ceilings straight and level?
- Open the door of the fuse box or circuit breakers. But don't remove the panel cover. The average house requires 100-amp service at both 120 and 240 volts. Is it labeled as such? There is no guarantee of safety or adequacy, however, and is something only a professional home inspector or licensed electrician can check.
- Check the oil/gas/electric heating equipment. How old is it? Has it been maintained? Ask to see the owner's heating bills from the previous year.
- Look for evidence of termites on wood surfaces, doorframes, etc.

These are only preliminary guidelines. If buyers find a number of faults themselves, they can be sure it reflects the overall condition of the house.

FABI, a statewide organization of residential and commercial building inspectors, warns homebuyers to fight the temptation to jump quickly at what may first appear to be a good deal. For more information on home inspection criteria and a list of qualified FABI members in your area, please call 1-800-544-FABI (3224) or visit [www.fabi.org](http://www.fabi.org).

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## CENTER STAGE

## Grease is the word!

Actually GREAT! is the word for Grease, currently playing at the Broadway Palm Dinner Theatre for the summer. The Broadway Palm is atingle and the joint's jumping with this lively and funny musical — as well as being the dancingest show in town — bringing us the look and sound of the teenage world of the late 1950s with glee. The show is set at a reunion of Rydell High's class of '59, a spirited one composed largely of delinquent, Rebel-Without-a-Cause, James Dean wannabes. The in guys wear ducktails, pompadours and leather jackets; act tough and hang loose with attitude. The Pink

Ladies are the cool kittens the guys hang with — "hair sprayed do's," bobby sox, pedal pushers and tight skirts. The in crowd has all kinds of street smarts with language to match (though nothing raunchy or blue is spoken in this production). It's the hip kind of talk you'd hear in a high school lunchroom, gym, or street-corner with all the inflections of the '50s.

But the main thing is the kids are all

great fun. The show moves swiftly and without a hitch from cafeteria to pajama party, prom, Burger Palace and drive-in movie, among other places. The guys are forever striking cool, sharp attitudes no matter where they are, while the girls give as good as they get with their wisecracks.

The show's state of mind is appealing, its reflection of the era accurate, its tunes by Jim Jacobs and Warren Casey are attractive, niftily arranged and wonderfully evocative of that period. Jacobs and Casey successfully parody as well as duplicate the early rock'n'roll sounds of Elvis, Bill Haley, Buddy Holly and the Everly Brothers. They create a world of the early rockers and present it with zip and charm.

Grease is totally immersed in the music as is the spirited direction and



Marsha Wagner



choreography by Marie Jagger-Taylor who, like the originators, laughs and camps the '50s era to the hilt. The whole production is a delight and the sheer performance energy carries all before it. Rydell's class of '59 may have been mindless and uncouth but, boy, did they have rhythm. Dig it!

The cast is super; they have uncannily duplicated the look and behavior of the times. Their manners — of speech, movement and looks — are so accurate that this could have easily have been the high school I attended in New York City back then.

The two principals are personable as well as skilled. John Ashley as Danny Zuko is funny goofing on the nerdy Eugene Florczyk (played for laughs by Wally Calderon) in his tan walking shorts and knee socks. He's even more ingratiating when he's caught out in a fat lie. He's just sung "Summer Heat" about a girl he made out with during the vacation months, only to come face to face with her, newly registered at Rydell High. The boast on his face turns to egg in an instant as he suddenly loses his cool — he can't figure out what to do with his hands which seem to have suddenly sprung a few extra sets of fingers.

Kara Guy, is the girl (Sandy Dumbrowski) who is stuck for a time in a pink poodle skirt, not quite in tune with the school's popular fashionistas, the Pink Ladies. These gals drink Swiss Colony wine, smoke Lucky Strikes, pierce their ears and slip out windows for an evening of necking and making out. Kara is able to make her Sandy pretty, appealing, and believably innocent as she makes an amusing lament of her big number "It's Raining On Prom Night." Her transformation into a hip chick is just as believable, rocking the "You're the One That I Want" at the end of the show with Danny.

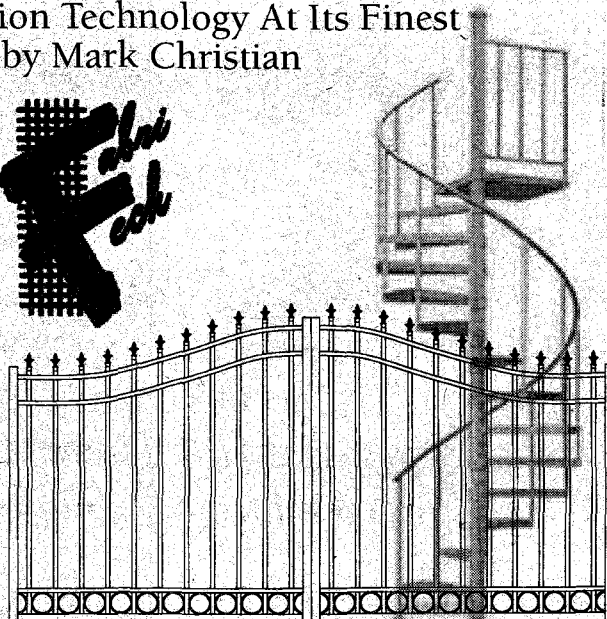
The other principle players all contribute mightily to the enjoyment of the show. Outstanding were the Pink Ladies — Jodi Beck as Rizzo (a tough cookie with a heart of gold), Erin Dickerson as the delightful, bubble-brained Frenchy, Jackie Smillen as the man-hungry Marty. The cool guys were Nathan Brown as Doody, Nathan McGaughey as Kenickie (his rendition of

Grease, see right below

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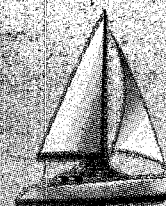
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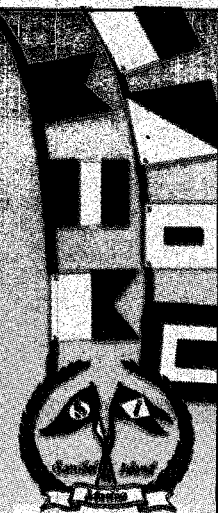
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# A provocative look at reality along the Titanic's Scotland Road

By Karen Nelson  
Managing Editor

When Scotland Road begins, we are in an undisclosed location in modern Maine, where a young woman, just found by a Norwegian fishing boat, has been brought. Found dressed in early 19th century clothes and sitting on a small iceberg, she spoke one word, "Titanic," when asked where she came from. This is the setting of Scotland Road, by Jeffery Hatcher, which opened Thursday night at the

Periwinkle Playhouse.

In a stark white room, myth clashes head-on with reality and none of the characters are what they appear to be. This mysterious young woman (played by Lisa Chapman) has been brought to this special clinic-like setting, provided by John (Tom Marsh). At the beginning of the play, short scenes drive the play forward as John and Dr. Halbrech (Jo Anna Bowers) try to elicit a response - any response - from the young woman who has said nothing beyond her one word, "Titanic."

In these scenes, we learn more about John than The Woman. He seems more at home with the elegance of a bygone era and he is seemingly obsessed with a particular image of John Jacob Astor onboard the Titanic: stoically standing - his faithful valet at his side - "in full evening clothes and waiting for the ship to slip beneath the waves." His sense of Astor seems strangely encapsulated, as if it were an unattainable ideal.

John brings sardonic humor to his conversations with

The Woman, and he seems determined to expose this young woman as a fraud. When all remaining survivors are dead, the information available to the questioners is also available to the one being questioned. Pointing to a stack of books about the Titanic, Dr. Halbrech asks, "How you do prove a negative?"

In Act II, a survivor is found and brought in for a confrontation that ends with an unexpected turn of events. This survivor, Frances Kittle (played by Patricia McHugh) warns, "Whatever you transform yourself into, you must remain for the rest of your life.... Don't be taken in by your dreams."

The doctor, who specializes in working with people who refuse to speak, notes

that sometimes it's disappointing when, after years, they finally do speak. "Their words and thoughts are so much smaller than the ones I've made up for them."

The driving force in the play is the interaction between the young woman and John, who also reveals himself to be something other than what he first seemed. There is a palpable tension - and attraction - between the two characters and the air in the theatre is electric when the two are on stage alone in Act II.

Chapman brings a strong conviction and luminous quality to The Woman, whose extraordinary directness and clear perceptions of those around her are startling and,

**Scotland, see page 17**



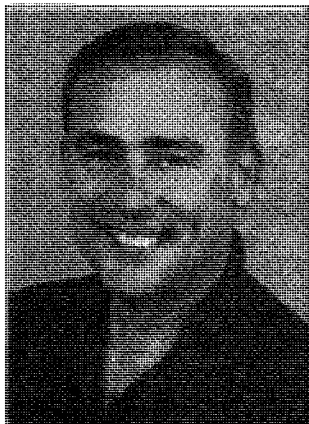
Photo by Karen Nelson

Scotland Yard cast members Jo Anna Bowers, Lisa Chapman, Tom Marsh and Patricia McHugh (with a rehearsal stand-in for a Titanic deck chair).

## Local DJ Jeff Hickcox in Grease

The hit musical Grease, playing at Broadway Palm Dinner Theatre, features a guest appearance by local deejay Jeff Hickcox. The award-winning musical will be playing Wednesdays through Sundays, now through August 14.

Jeff will play the part of Vince Fontaine, the 1950s radio station WAXX's deejay within the show. Jeff Hickcox has been on the radio for 17 years. He is currently the promotions director at WXKB / B103.9. Jeff can also be heard on weekdays from 3 - 7 p.m. on WJPT 106.3 afternoon drive.



Tickets for Grease range from \$21 - \$44 for adults and only \$15 for children 15 and under. Tickets are now on sale and may be purchased by calling the Broadway Palm Dinner Theatre box office at 239/278-4422, by visiting the website at [www.broadwaypalm.com](http://www.broadwaypalm.com), or by stopping by the box office located at 1380 Colonial Boulevard in Fort Myers.

Do not miss out on Jeff Hickcox in the nostalgic and fun hit musical Grease. Be there or be square!

## Grease, from page 14

"Greased Lightin'" was hot), Christopher Smith as Sonny and, last but not least, Steven Pettit as Roger the king of "Mooning."

But the person who stole the show for me was Seth Abrahms as Johnny Casino, the DJ of radio station WAXX, as well as Teen Angel with a choir, wailin' "Beauty School Dropout," with high notes that were off the charts. Abrahms has the looks, the style, the talent and the panache to portray a teen heartthrob. What can I say, this guy is the glue that holds the show together, whether it's to get the audience to

participate in a dance contest, take part in a hula hoop competition, or just clap and shout. Simply put, Seth makes this enjoyable show even more enjoyable. Right on, man, you're the BOMB!

If you're looking for some cool fun on these hot nights, wanna get to dancin' in the aisles with a blast from the past, then dig it at Broadway Palm's production of Grease, which plays 'til August 14th. As the newspaper ad said, "Be there or be square!" Do your thing by phoning the box office at 278-4422 and, when you do, remind 'em Marsha sent you.

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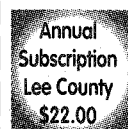
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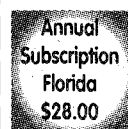
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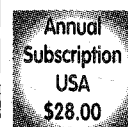
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# Ice Cream Theatre: You're a Good Man, Charlie Brown

Naples Dinner theatre is presenting an Ice Cream Theatre Series production of the hit comic musical for the whole family, *You're a Good Man, Charlie Brown*.

Based on the Peanuts comic strip created by the recently deceased Charles Schultz, this tribute to his wit and humor is a delightful romp through the world of Charlie Brown, Lucy, Linus, Schroeder, Snoopy and Patty.

A recent Broadway revival of the show has created a great deal of renewed interest in this musicalization of Schultz's beloved comic strip. The music is sweet and innocent, rousing and funny. Clark

Gesner, the show's creator, has captured the essence of Schultz's characters through innovative dialogue, delightful music and perfect characterizations.

Appearing as Charlie Brown is Brian Hamilton; as Snoopy, Brice Corder; as Linus, Anthony Palencsar; as Schroeder, Steven Arlen; as Lucy, Marissa Joy Ganz; and as Sally, Kate Phillips. Mary Brozina is the musical director and Naples Dinner Theatre Artistic Director Michael Weinstein will stage the show.

Ice Cream Theatre includes a lunch of hamburgers, hot dogs, pizza, fries and a do-it-yourself Ice Cream Sundae Bar, plus a beverage. Tickets are \$16 for adults and \$13 for children 12 and under. Performances begin at 11 a.m. and the show begins at 12:15 p.m. Shows are June 18, 21, 22, 24, 25, July 15, 16, 22, 23, 29, 30, August 5, 6, 12, and 13.

Tickets can be ordered by calling the box office at 239-514-STAR (7827). Box office hours are Monday and Tuesday from 9 a.m. until 6 p.m., Wednesday through Sunday from 9 a.m. until 8 p.m. The Naples Dinner Theatre is air-conditioned, fully wheelchair accessible.



The cast of *You're a Good Man, Charlie Brown*

# San-Cap Art League

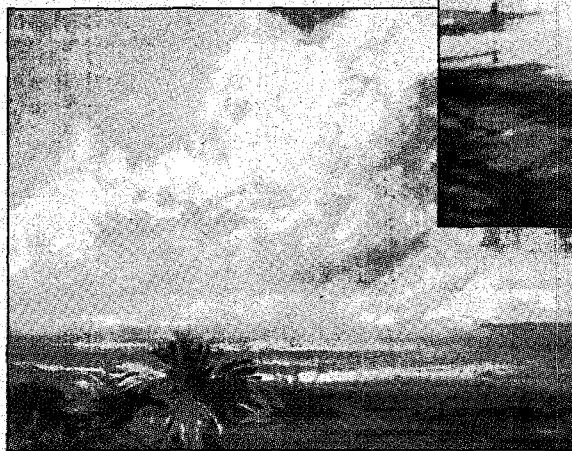
Over 10 paintings by members of the Sanibel-Captiva Art League are on view throughout the summer at Sanibel public Library and BIG ARTS, next to Sanibel City Hall on Dunlop Road.

There is a large variety of tropical scenes, including many places of local interest - the lighthouse, marinas, fishing pier, causeway, beach and chapel - that were painted during the League's weekly paintouts. A wide variety of media has been used with other interesting subject matter.

For library hours, call the Sanibel Library at 472-2483; for BIG ARTS hours, call 395-0900.



Top: An oil painting by Ann Bischoff; Above: Anne Kittel painting by the Island Inn; Left: a seascape by Jo Mullen.



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# Something wicked this way comes Scotland, from page 15

by Maria Familo  
*Special to the Islander*

Sometimes sequels don't live up to the hype. Harry Potter and the Prisoner of Azkaban is an exception. Darker, deeper, and way more engrossing than the first two films, this movie will not be disappointed Harry Potter fans.

In this round, we find that murderer Sirius Black, (played to a "T" by the impeccable Gary Oldman) has escaped from Azkaban Prison...in search of Harry (Daniel Radcliffe). The twists and turns take the audience on a roller coaster of mystery and intrigue, and - as always - leave fans wanting more.

It's amazing to see the young actors growing into their roles... Radcliffe embracing Harry's anger and longing to know the truth about what has happened to his parents... the beautiful Emma Watson experimenting in Hermione's growing powers and knowledge... and Rupert Grint enjoying Ron's humorous side.

The new members of the cast held their own just as well as the veterans, with Emma Thompson as Professor Trelawney, and Michael Gambon assuming the role of Albus Dumbledore. Gambon, whose performance more than honors the late Sir Richard Harris, brings his own twist to the school's patriarch.

Aside from the new cast members, a new director stepped up to bat. Alfonso Cuarón (Y Tu Mamá's Tarmbri'en) shows us the vast and rolling landscapes of Hogwarts along with the village of Hogsmeade. He also brings us deeper into the souls of the characters and their rela-

tionships, the growing romance between Ron and Hermione, and what Sirius Black is really searching for.

SO, for all of those who have read the books... the adventure has just begun.

*Maria Familo is a production assistant for the upcoming Off-Beach Players production, A Little Murder Never Hurt Anybody.*

You can see Harry Potter and the Prisoner of Azkaban at the Island Cinema on Sanibel.

## Art on the Walk

Join Arts for Act Gallery at 2265 First Street in historic downtown Fort Myers for Art on the Walk on Saturday, June 26 from 11 to 2 p.m.

Watercolor, clay, glass and portraits will be demonstrated by artists David Hammel, Ron Seidler, Lois Johnson, Dixie Kraft, Pat Maloy and Susan Shollee-Martin on the sidewalk in front of Arts for ACT Gallery. Light refreshments will be served.

Proceeds help benefit Abuse Counseling and Treatment, Inc. a non-profit agency established to provide shelter, 24 hour hotline, counseling and education to victims of domestic violence and their families and survivors of sexual assault, serving Lee, Hendry and Glades Counties. For additional information contact Claudia at Abuse Counseling and Treatment Inc. at 939-2553.

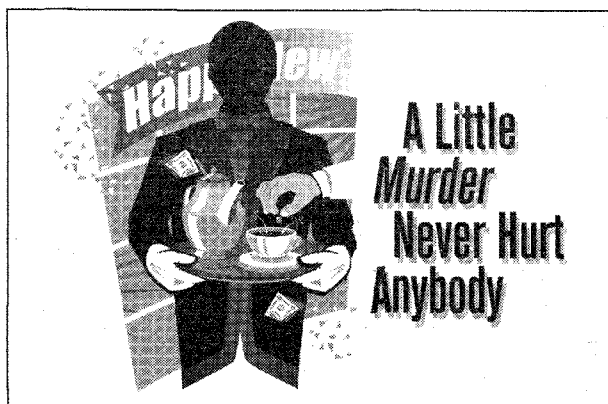
## A Little Murder Never Hurt Anybody

A Little Murder Never Hurt Anybody, by Ronald Jay, opens July 1 at the Periwinkle Playhouse. The Off Beach Players - Sanibel's Original Summer Theater Company - are back with another great rollicking farce that the whole family will enjoy.

A Little Murder Never Hurt Anybody features a mom, a dad, a daughter, a boyfriend, a detective and a Butler...and the plot thickens. The actors are Dave Yudowitz, Roy Gibson, Laurie Pickens, Mark Sauer, Cary Gorsline, Patrick O'Connor. Directed by John Thomas. Produced by June Koc.

It will be a great evening of entertainment for the whole family at the Periwinkle Playhouse at 2200 Periwinkle Way on Sanibel. Box office: 472-0324. You can also call or stop by Needful Things for ticket reservations (1995 Periwinkle Way, in Tahitian Gardens; 472-5400).

Performances are July 1, 2, 6, 7, 8, 9, 10, 14, 15, 16, 17. This is the final community production at the Periwinkle Playhouse so don't miss out. The tickets are specially priced at adults \$15 and children \$5 (up to 18 years old).



Logo design by Rick Fichthorn

## PERIWINKLE PLAYHOUSE

2200 Periwinkle Way, Sanibel, FL 33957

### SCOTLAND ROAD

SUSPENSE

6/16 - 6/26

In 2004 a Woman is found floating on an iceberg in the middle of the North Atlantic Ocean wearing 19th century clothing. She says only one word "Titanic". A man named John Astor has her brought to America to find out whether or not she is a fake and what she might know about the great ship.

Next this Summer:

A Little Murder Never Hurt Anyone

A Rollicking Farce

7/1 - 7/17

The Fourposter

A Romantic Comedy

7/28 - 8/7

BOX OFFICE: 472-0324

at times, unnerving. Marsh's character undergoes the greatest transformation and Marsh is powerful in the emotional passages and sympathetic in scenes where he is trying to establish trust. Bowers' Dr. Harbich tends to be given the difficult task of providing plot exposition when needed, but even this character is hiding inner truths and Bowers brings compassion to the role.

McHugh delivers the most consistently polished performance, modulating her dialogue and gestures as she sceptically questions this twenty-something woman who claims to have survived a 90-year-old disaster.

The performances of Chapman, Marsh and Bowers are perhaps not as finely tuned as they could be. However, especially with Chapman and Marsh, the power and emotional truth are there and the connection between players and audience is very strong. The last scenes of Act II, primarily those with Chapman and Marsh on stage, are riveting.

Todd Sherman's direction is understated as he allows the play to unfold and reveal itself in a maze of unexpected turns. The staging seems slightly static at first, until you realize that too much movement would shatter the careful buildup of mood. Sherman's white, white set - with only a Titanic deck chair and a table - provides a wonderfully clinical setting for an exploration of our varying definitions of reality.

James Conti's costumes are perfect for the characters. John is appropriately attired in a conservative three-piece suit, while the costumes for Dr. Halbrech and Kittle serve the characters well. However, the scene-stealer is the wonderful period dress of The Woman. This elegant dark blue dress is rich in early 19th century touches, yet fitting for someone of her station in life.

Scotland Road is a thought-provoking play and the ending is completely unexpected. The Periwinkle Players production is a tightly wound evening of theatre, drawing on the romantic notion we all have of the Titanic. Interwoven

with the cultural fantasy is an exploration of character and reality, and the realization that, perhaps, reality is what we say it is.

### About this production


I met briefly with the people behind this production of Scotland Road. Three cast members - Tom Marsh, Lisa Chapman and Patricia McHugh - will be familiar to regulars at Theatre Conspiracy. Jo Anna Bowers made her stage debut in the recent Off-Beach Players production of "We Blew Up the Bridge, Didn't We?" That was her first comedy; Scotland Road is her first drama. She notes, with understatement, "This is a lot more intense."

Chapman has performed primarily in musicals and comedy but "I love it all." When this production wraps, she is headed to New York City for a summer session at the American Academy of Dramatic Arts. She noted that she was impressed by the innate power of her Scotland Road character, the young woman. While Tom Marsh's character is onstage virtually throughout, the play revolves around Chapman's young woman. "She's very powerful, I love that. It's very understated in the beginning. She has so much depth, and she's a force to be reckoned with, which is unusual, especially in her time."

Marsh was last seen at the Periwinkle Playhouse in "Dearly Departed," and he, too, has mostly performed in musicals and comedy but "I like to step into drama on occasion. It revs you up, and brings

Scotland, see page 19

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**of Azkaban (PG)**  
**3:00 PM - 6:00 PM - 9:00 PM**

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## At the Art League of Fort Myers

### Art Classes

Free and open to the public

- Art at Noon - July 5 from 12 noon to 1 p.m. Lee Ann Oliver, back by popular demand, will teach glass painting. All supplies will be furnished. If the audience wishes to bring their own glasses, vases, jars, or whatever, they may do so.

### Six-week July classes

"The Art League of Fort Myers is offering the following six-week classes starting in July. Note: Please notify the instructor of your attendance!"

- Acrylic, beginner/intermediate, with Victor Barreto (239/274-8092), Mondays, 7 p.m. to 9:30 p.m. in English or in Spanish.
- Oil or Acrylic, beginner/intermediate/advanced, with Mary Richey (239/939-7738), Fridays, 9:30 a.m. to noon.
- Open Painting Session, with Margaret Gill (239/656-5294), Wednesday, 9 a.m. to noon. Come for a fun-filled day with other artists.
- Drawing, (Can't draw a straight line?) with June DeVincent (239/368-6851), Thursdays, 1 p.m. to 3:30 p.m. June is also a specialist in charcoal and watercolors.
- Stained Glass with Lois Johnston (239/458-8319 or 242-0285), Fridays, 1 p.m. to 3:30 p.m.

Call the Art League of Fort Myers at 239/275-3970 for more information, or visit [www.cyberstreet.com/artleagueofft-myers](http://www.cyberstreet.com/artleagueofft-myers). Use PO Box 2255 for any correspondence

### Summer Fling

Summer Fling is a show being presented by The Art League of Fort Myers in their gallery at 1451 Monroe Street in downtown Fort Myers from July 1 - August 28. The show will be open to the public during regular gallery hours - Mondays through Fridays from 11 a.m. - 3 p.m.

There will be an opening reception on Thursday, July 1 from 6 p.m. to 7:30 p.m. with light refreshments and live music. All are welcome to attend the reception and the show.

This show is open to artists who are members of the Art League of Fort Myers and the SW Florida Art Council. (\*see below)

Entries are done in oil, watercolor, acrylic, pastel, mixed media, pen & ink, and colored pencil by artists too numerous to mention individually. Neither photography nor sculpture are included in the show.

\*Note: The Art League of Fort Myers is a member of the Art Council of Southwest Florida which consists of the following members: Art Leagues of Bonita Springs, Cape Coral, Charlotte County Art Guild, Estero Art League, Fort Myers Beach Association, Lehigh Acres Art League, Art League of Marco Island, Pine Island Art Association, Sanibel-Captiva Art League, Southwest Florida Pastel Society.

### Judging the Summer Fling

Nationally known artist, Douglas Flynt, who paints realistic portraits and still lifes in oil, will judge the July/August show. Mr. Flynt lives on Sanibel Island, and teaches at the Bonita Springs Art League.

Flynt is one of a new group of emerging young artists that are building on and moving beyond the classical tradition. These artists demand from themselves an intense and extended period of training and study.

For Douglas, this preparation involved seeking two undergraduate degrees, a Bachelor of Fine Arts in Studio Art and a Bachelor of Arts in History and Criticism of Art, both received with honors from Florida State University. Soon after, as the youngest in his class he earned with honors a Master of Fine Arts degree from The New York Academy of Art, a relatively new school in which the entire curriculum centers on drawing, painting and sculpting the human figure. Still eager to learn more, Douglas sought out private instruction while earning his degrees. While attending Florida State University he studied part-time with the cofounder of the Portrait Society of America, painter and sculptor Edward Jonas. Later, while pursuing and after completing his degree at the New York Academy of Art Douglas enhanced his education with additional full-time study under Jacob Collins at the highly selective Water Street Atelier. After completing

## Astronaut Story Musgrave to speak at Alliance fundraiser

Story Musgrave, one of NASA's most experienced astronauts, will speak on Monday, July 26 at the Broadway Palm Dinner Theatre. The evening is a benefit performance for The Alliance of the Arts entitled "Our Universe as Art." Mr. Musgrave's 30-year career spans the Apollo era of the 1960s through the Space Shuttle program of the 1990s. His inspirational presentation will include the highs and lows of an amazing career that includes not only being a NASA astronaut, but also a skilled pilot, surgeon, mechanic, poet, photographer and philosopher.

In 1967, Story was selected from 4,000 applicants applying for a career with NASA. In his early years with NASA he worked on the design and development of the Skylab space station. It took 16 years for Story to receive his first space mission. Story's first flight was aboard the maiden voyage of the Challenger in 1983. During that mission, he and astronaut Don Peterson performed the first space walk of the Space Shuttle program.

Story is the only astronaut to fly all five Space Shuttles. In 1993 Story led the crew of the Endeavor as they trained for over a

year to carry out the first major repair and maintenance of the Hubble Space Telescope. Story retired from NASA in 1997 and is in the Astronaut Hall of Fame. Today, Story is a popular guest at Kennedy Space Center and an advocate for the continual exploration of space.

On Monday, July 26, Story Musgrave will share his many unique experiences, including a slide presentation with over one hundred Hubble images. "Our Universe As Art" at Broadway Palm Dinner Theatre begins with dinner at 6 p.m., followed by a live presentation by Story Musgrave at 7:30 p.m. At 9 p.m. the evening moves onto the grounds of The Alliance for the Arts for stargazing and dessert.

Tickets are on sale now and may be purchased by calling the box office 239/278-4422. Adult ticket prices are \$40 and include dinner, presentation, stargazing at The Alliance for the Arts and dessert. Prices for children 18 and under are \$20. To purchase tickets visit the Broadway Palm box office at 1380 Colonial Boulevard in Fort Myers.

## Arts for ACT Auction tickets on sale

Join Abuse Counseling and Treatment, Inc. at Harborside Convention Center on Saturday, August 21 from 5:30 to 11 p.m. for the Arts for Act 2004 Fine Art Auction. This will prove to be the biggest social event of the summer with actress, singer and comedian Tracey Ullman as this year's guest auctioneer.

Ullman has won numerous Emmy and Cable Ace Awards for her critically acclaimed performances as a social satirist, actress, singer and dancer. An array of hors d'oeuvres to entice the palate will be served and a cash bar will be available.

More than 150 artists have kindly donated pieces of artwork to be bid on in either the voice or silent auctions, including an original from world renowned

artist Robert Rauschenberg and International artists Darryl Pottorf, Leo Johnson and Judy Smith, among others. Tickets for this exciting event are \$75 and may be purchased in advance by calling 239/939-2553. Tables of eight and ten are available. Reservations are recommended. Tickets purchased the night of the event will be \$85.

Award-winning, nationally collected artist, Judy Smith, is the Arts for ACT 2004 featured artist. The poster for her painting, Cathedral, will be available for sale for \$53.

To purchase tickets or for additional information, contact Claudia of Abuse Counseling and Treatment, Inc. at 239/939-2553.

## Summer Fling, from left

his formal education Douglas returned to the Fort Myers, Florida, area where he was born and grew up.

Usually employing the medium of oil, Douglas creates paintings that are strongly grounded in draftsmanship. His subject matter includes landscapes and still lifes, yet his greatest passion lies in portraiture

as well as the entire human figure. A full-time artist, Douglas is developing his own artistic voice with the goal of transcending the rational and logical creative process and producing a particular feeling, emotion or psychological impression combined with a visual aesthetic of harmony, truth and beauty.

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## Scotland from page 17

renewal as an actor.... I enjoy things that are different."

Patricia McHugh, also last seen on Sanibel in "Dearly Departed," started acting about 10 years ago and she has "performed with every company in town."

"The play deals with the facts of the Titanic," explained Producer and Director Todd Sherman, things like "the timing of events, the Carpathia picking up survivors." But after that, it's all hearsay, and much of that hearsay is woven into the play. "It's the springboard from which the play takes off..."

"For instance, we all have the impression that the Philadelphia millionaires sat in the lounge playing bridge as the ship went down... Our impression is that the ship just went down, settled into the water but, as in the movie, it didn't, it was far more traumatic... There has always been controversy over what the band played. We lose the fact that these guys stayed and played while the ship was sinking..."

"Men dressed as women to get off the

ship. They say that many men put shawls on. Once discovered, some of them were almost thrown out of the lifeboats into the water."

Scotland Road "keeps you guessing what's happening," notes Sherman. "From one second to the next, you don't know. There are a bunch of red herrings. The Titanic is almost a red herring: it's the canvas upon which the play is done."

Adds Marsh, "The Titanic is the fifth character in the play."

But the Titanic is only one element. The other is how we define reality and our identity, "how we create these myths in our head, and people get really wrapped up in them," said Sherman, "people who feel they don't belong in [their own] place and time."

"I love this play. It's a wonderful piece of work, really suspenseful. Just reading it, I was getting goose bumps and it got increasingly powerful. That drew me to it."

## Nesting Counts

### Sea Turtle Nesting Totals

June 14, 2004

	Nests	False
Crawls		
<b>2004</b>		
Captiva	29	20
Sanibel East End	12	22
Sanibel West End	65	103
<b>Totals</b>	<b>96</b>	<b>145</b>
<b>Percent of 2003</b>	<b>70%</b>	<b>71%</b>

<b>2003</b>		
Captiva	54	48
Sanibel East End	14	41
Sanibel West End	70	116
<b>Totals</b>	<b>138</b>	<b>205</b>

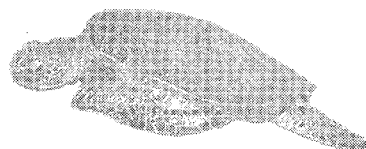


Photo courtesy SCCF

## Snowy Plover Update: June 9

From the five nests found in April, six chicks out of a possible 11 reached fledgling. Those chicks born in May are not yet old enough to fledge (it takes at least 30 days) but these chicks are having a harder time surviving. Already nine out of 18 hatched have been lost, probably to predation.

A total of 24 nests have been found so far this season. Of these, four still contain eggs and six have been abandoned, washed out, or predated. One was actually lost to ants. Volunteers continue to monitor the plover activity and the nests.

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## WHO'S WHO ON THE ISLANDS

# Captivan Ron Gibson: A man with a flair for getting things done

By Nancy Santeusano  
Special to the Islander

Gibson compares coming to Captiva as a time in his life when he could have made a right or a left turn. Gibson, an expert in finance and administration, spent many years in the banking business and had traveled extensively throughout the United States. Another couple persuaded Ron and his wife, Phyllis, to join them for a short vacation on Captiva. Phyllis had just read about "this island called Captiva" and agreed to try it for a couple of nights.

The couple of nights turned into five nights and on the last morning, Gibson was walking on the beach. He saw Jensen's on the Gulf, walked in and signed up for a two-week rental later in the season. "I had definitely fallen in love with Captiva, its beaches and waterways, the sand roads and the new friendships I was making."

After five years of vacationing, the Gibsons bought their own place in The Village and Ron started getting involved in local affairs. He was invited to be on the Board of Governors of the Captiva Civic Association and he served as its president for two years. He also served on the Board and as Vice President of the Sanibel-Captiva Conservation Foundation, the Captiva Yacht Club and he is a charter member of the Sanibel-Captiva Foundation Board. "Everything I do, I seem to get on the Board or Council. That's what keeps me so busy."

Gibson has become very well known as a fundraiser in Captiva. "I never had any experience in fundraising but I knew I had better figure it out." This new experience started with the Captiva Civic Association ABC Sale, which he has co-chaired four times. "I'll admit that was one of the most time-consuming events, preceded by a few sleepless nights."

He successfully co-chaired the raising of funds through the Sanibel Captiva Conservation Foundation to purchase Buck Key and he worked with Victor Mayeron

to support his fund-raising events on behalf of the American Cancer Society. Gibson's most recent challenge has been the raising of funds for the Sanibel School Fund, to create the Captiva Art Room at the school.

Gibson has high praise for Captivans in the support



they offer to meet a fundraising challenge. "Once the word is out and the story is told, our neighbors chip in and meet the challenge." Often he writes personal letters and usually gets great results. "I'll knock on doors. (Phone calls can be deadly.) You need to do this in person and point out the purpose of the fundraiser." Gibson explains that often he and his wife work together to raise money. "You need a team to support each other."

Enthusiastically, Gibson declares, "I'm a volunteer fireman." Since all firemen have to be certified, he's been taking a 160-hour course leading up to the state exam. "I've climbed up buildings to ventilate for smoke, practiced going into smoke-filled rooms to search for victims and I'm certified to be a first responder." He confesses that what sparked his interest initially was not only the safety aspect: he had a personal interest since Phyllis Gibson, his wife, is a Fire Commissioner on Captiva.

Gibson spent his early life in Richmond, Virginia and lived there for thirty years. In high school he chose to be part of the Junior ROTC and being part of that for four years started him "on the right track of discipline and leadership."

He graduated from high school in February and, oddly enough, that started him in his career. He found a job as an office boy/quotation clerk, marking the right prices of securities all day long. With September coming, he told the owner of the brokerage firm that he would be leaving to attend college in North Carolina. The highly persuasive owner, who didn't want to lose Gibson, arranged for

him to attend the University of Richmond and continue part-time at the firm. He admits, "I learned more on-the-job training at the brokerage firm than in going to college." Again, he had made the right turn. He ended up staying in the stock brokerage firms of the New York Stock Exchange.

During the Berlin crisis (1961-62) and the Cuban conflict, Gibson was called to active duty through the Virginia National Guard. He then returned to the brokerage business, working in different firms and becoming the vice president of operations. For a time, he was co-owner of a computer software company in the Boston area called Phase 3 Systems. When that company was purchased by a larger company, Gibson was ready to make a right turn again and become a Captivan.

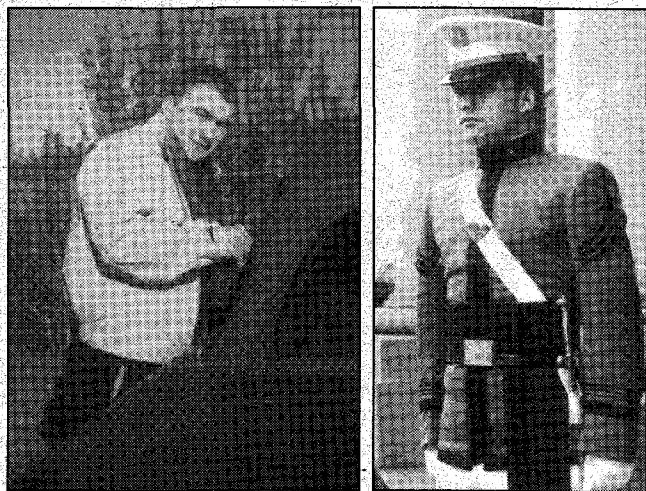
Ron and Phyllis do a lot of traveling and Gibson's two labs, Sandy and Shelly are indeed treated well - they have a most expensive doghouse. "We bought a motor home so the dogs can travel with us. They spend their time in the back of the motor home and sleep on the sofa just like at home. Every few hours we have to stop for the dogs and we've seen the country from Maine to Texas to California. One time we lived in our motor home on a barge cruising the intercoastal waterways of the Mississippi. That was a challenge!"

Gibson's usual question to strangers or friends is



Phyllis and Ron Gibson with Sheriff Rod Shoap (left) after graduating from the Citizens Academy.

"Hey, how ya doin'?" He talks to everyone and readily acknowledges being a good ice breaker. A doer, a leader, an organizer, a fundraiser and a Captivan who still holds season tickets to the Baltimore Orioles. He makes several trips to watch them play and always indulges in his favorite blue crabs and crab cakes from the Maryland shores.



## Mineral springs resort

From former Captiva resident, Helen Kalvin -

Helen Kalvin resided on Captiva from 1976 - 1991 and on a recent trip to Fort Myers, she discovered the Best Western Springs Resort, with "a full sized Roman bath works out back of the motel. I have been bathing in the healing waters ever since. I cannot believe that I never got wind of this place. My Sanibel and Captiva friends loaded with arthritis were delighted to hear of my discovery.

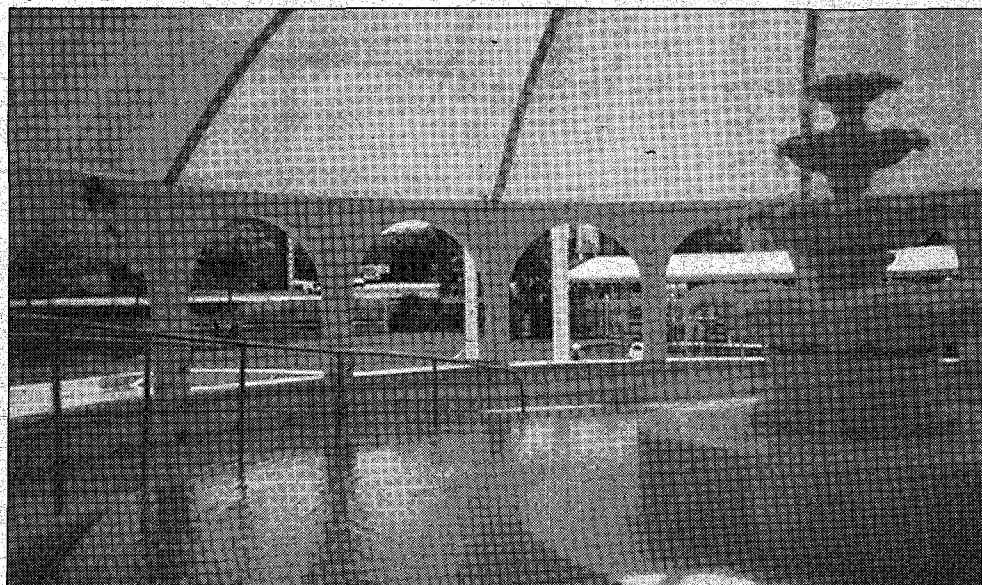
"The facility is owned and operated, hands-on, by a corporation of five women. They are involved in every aspect of the operation. Currently during work hours they are conducting

English language instructions for their housekeeping staff. Further information may be obtained by contacting Nan Hero, one of the owners.

"I... hope that [this information] will be brought to my arthritic Island friends. What an adjunct to the grand Island living lifestyle."

Carry on  
Helen Kalvin

Best Western Springs Resort is located south of Constitution Boulevard off U.S. 41; the phone is 239/267-7900 or 8-0-0 / 3-4-4 - 9-7-9-4 ; [www.thespringsresort.com](http://www.thespringsresort.com).





## TO YOUR HEALTH

# Holistic Health Notebook: Your heart and COQ10

While heart disease is the #1 killer of both men and women in this country, the good news is that it is a highly preventable disease. Even the federal government says that modest lifestyle and dietary changes can greatly reduce the risk of cardiovascular disease, and that is good news indeed.

Supplementation is also an important part of a heart-healthy diet. Over the past two weeks, we have discussed the role that coenzyme Q10 plays in preventing many forms of cardiovascular disease, and today we continue that discussion.

Hypertension is increasing in the Western cultures as a result of added stress, obesity (which is epidemic), increased coffee consumption, and high sodium diets (primarily from consuming large amounts of processed foods). Several clinical trials have shown that COQ10 supplementation can help reduce high blood pressure by decreasing oxidative stress and other factors. COQ10 may help relax blood vessel walls, which reduces resistance; it may also reduce the stickiness of blood, making it easier for blood to squeeze through the vessels and arteries.

COQ10 may help dilate the arteries and improve blood flow to the extremities. In a study of 144 heart attack patients over a twenty-eight day period, researchers found less angina, fewer arrhythmias, and a lower rate of fatal and nonfatal heart attacks in the coenzyme Q10 group than in the placebo group.

Angina is a distressing signal of trouble in the cardiovascular system. It feels like the heart is being gripped, with symptoms that include burning, pressure, or aching in the chest. An inadequate supply of oxygen to the heart causes the pain of angina, and as we might guess, coenzyme Q10 may be an effective treatment with few or mild side effects. In several studies, COQ10 is associated with increased exercise

duration and decreased frequency of anginal attacks.

As an antioxidant, coenzyme Q10 helps prevent the oxidation of lipoproteins (HDL and LDL) in the bloodstream. Lipoproteins transport COQ10 and other substances through the bloodstream, and COQ10 may be the first "victim" during the oxidation process, but when vitamin E and COQ10 are taken together, there is a stronger protection against atherosclerosis than either one alone, and some studies suggest that this nutrient may protect against ischemia also.

Are you deficient in COQ10? Symptoms of coenzyme Q10 deficiency include fatigue and muscle aches.



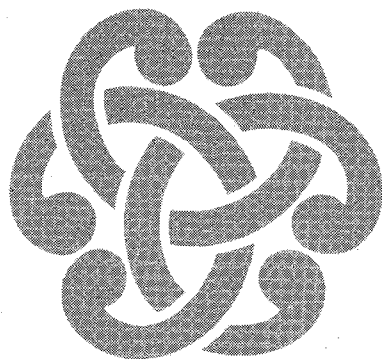
**Carol Simontacchi**

### Are You Getting Enough?

Cardiologist and author Stephen Sinatra suggests dosing in increments, depending on overall health. He recommends starting with 60 to 90 mg/day for prevention of heart disease, from 90 to 120 mg/day for Type 2 diabetes, insulin resistance, or a family history of diabetes, from 120 to 240 mg/day for symptoms of heart disease like angina, hypertension, and so others, and from 300 to 400 mg/day for advanced congestive heart failure. He recommends the Q-Gel form of coenzyme Q10 for enhanced absorption and effectiveness.

Because statin drugs lower the body's own production of COQ10, thus jeopardizing the ability of the cell to produce adequate amounts of energy, it is prudent to supplement with this important nutrient if your doctor has prescribed these types of medications, as additional protection.

For more information, contact Carol Simontacchi at the Island Nutrition Center (472-4499).



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# Slowing the effects of aging

Nothing can turn back time, as aging adults well know, but a University of Florida researcher reports a combination of exercise and vitamin E may at least slow it down.

UF nursing researchers found that older men and women who exercised regularly and took vitamin E supplements became healthier and significantly decreased their levels of a blood marker that signals the destruction of certain cells by unstable molecular fragments called free radicals. That process, known as free radical-induced oxidative stress, contributes to aging and disease.

In fact, study participants who did not exercise but still took vitamin E also showed significant decreases in oxidative stress and blood pressure. The study appears in the current issue of the journal Biological Research for Nursing.

"The results of this study suggest that people who are over 40 can benefit from regular moderate exercise and vitamin E to protect against the destructive properties of free radicals and their effects on our aging bodies," said James Jessup, the study's principal investigator and an associate professor in UF's College of Nursing. Jessup also is affiliated with UF's Institute on Aging.

Oxidation caused by free radicals damages cells, tissues and organs, much as the process causes a car to rust or an apple to brown. Exposure to ultraviolet radiation, smoke and environmental pollutants increases production of free radicals.

Researchers elsewhere have shown that free radicals play a role in the development of cancer, obstructed arteries, Alzheimer's disease and some 200 other diseases, as well as in the aging process itself. However, studies also have revealed that antioxidants, such as beta-carotene and vitamins C and E, help protect the body.

"The body produces free radicals constantly," Jessup said. "When we are young, however, our body also creates antioxidants to battle these free radicals. But in our late 30s and early 40s, we begin to produce more free

radicals and fewer antioxidants."

Vitamin E is a powerful antioxidant that can be consumed in the diet, Jessup explained. Good sources of vitamin E include spinach, almonds and avocados. But most people — old and young — are vitamin E deficient, as it is difficult to get enough of the antioxidant from diet alone. For that reason, Jessup said, older individuals are more susceptible to the physiologic and physical effects of aging.

Over a two-year period, Jessup and his research team studied 59 healthy men and women ages 60 to 75 who lived in a community retirement facility in North Central Florida and were not regularly exercising. Half were randomly assigned to a group that

Aging, see page 27

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**NEWSPAPER CARRIERS NEEDED APPLY AT**

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**Executive Secretary - Weekday mornings on Sanibel.** High proficiency in word essential. Detail, organization, accuracy, people skills, knowledge of office machines. Self-starter, team player. Adobe PageMaker or iDesign desirable. Newsletter and/or website experience helpful. Position available now through July or August, perhaps beyond. Prefer island resident; tolls paid. Fax resume and salary requirements to Office Manager at 395-1670 or mail to P O Box 6, Sanibel, FL 33957.

**GOVERNMENT JOBS! POSTAL** \$16.51 to \$58.00 per hour. Full Benefits. Paid Training. Call for Application and Exam Information. No Experience Necessary. Toll Free 1- 888-269-6120 ext. 444

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**Now Hiring 2004 Postal Positions.** Federal, State, & Local. \$14.80/ \$48 +/- Hr. No experience necessary. Entry Levels Full Benefits. Paid training. Call 7 days for info. (888) 826-2513 Ext. 152

**Now Hiring 2004 Postal Positions** Federal, State, & Local. \$14.80/ \$48 +/- Hr. No experience necessary. Entry levels. Full Benefits. Paid Training. Call 7 days for info 1- 888- 826-2513 Ext. 152

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**PROFESSIONAL THERAPEUTIC FOSTER Parents Needed!** Open your Heart and Home to Emotionally and Physically Abused Children. Compensation Ranges from \$14,000 to \$45,000 a Year. Call Foster America, Inc. 1-800-808-9282 [www.fosteramericainc.com](http://www.fosteramericainc.com) Sponsored by Foster America Inc. and the State of Florida Department of Children and Families

\$250 to \$500 a week. Will train to work at home ... Helping the U.S. Government file ... HUD/FHA ... mortgage refunds. No experience necessary. Call Toll Free 1-866-537-2907

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## MEDICAL/HEALTH HELP WANTED

### CNA/HHA

Full and part time private Call Abby Services at (239) 590-0861.

### CNA/HHA

Full time private duty on Sanibel. (239) 590-0863.

## OFFICE/CLERICAL HELP WANTED

Part time year round Bookkeeping/ Frontdesk and Customer service. Must have excellent computer skills. Contact Indian Creek Park (239) 466-6060

## PROFESSIONAL HELP WANTED

**Ad builder part/time**  
**Sanibel. Mac, Multi-Ad,**  
**Quark experience.**  
**Fax or email to**  
**Joy Simpkins**  
**Fax: (239) 472-1372**  
**Email:**  
**[sancapads@figuide.com](mailto:sancapads@figuide.com)**

## RETAIL HELP WANTED

Part time retail sales help needed. Call (239) 472-1858. Ask for Joanne or Dee.

P/T help (includes Saturdays) at Wooden Horse Gallery. Retail experience a must. Antique knowledge a plus. Salary and commission. Bored retirees welcome. (239) 985-7272 or 472-3300.

## RESTAURANT HELP WANTED

**BARTENDERS** Up to \$250/ shift. Full or Part time. (866) 821-1491

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**Sales. \$2,000... Signing Bonus!** \$5,500/wk... based on recent earnings! If someone can do it... so can you! 2-3 qualified T.V. Direct Mail & Confirmed appointments Daily! \$1,100/ \$2,500 Immediate Potential... Per Week! No Experience Necessary! Call (888) 563-3188

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**AIRLINE MECHANIC-** Rapid Training for a high paying career-Aviation Maintenance. FAA predicts severe shortage. Financial Aid- Job Placement Assistance. (888) 349-5387. AIM 5 locations

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All Nautical Antiques- Paintings, Pond Models, Lamps, Maritime Decorations, etc. Buy- Sell- Appraise- Restoration. Wed-Sat 11-5. 1306 SE 46th Ln. Cali (239) 541-0066

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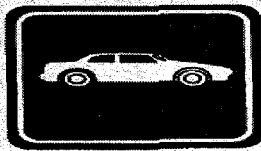
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Bought locally,  
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Light blue. A/C, automatic,  
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Leather, tan, very clean,  
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# Realtors essay contest winners

*Ed. note: Last week, the Islander published the first of three winning essays in the Sanibel & Captiva Islands Association of Realtors® First Annual Essay Contest for the eighth grade students of the Sanibel School. This year's essay topic was: "Discuss the life and/or achievement(s) of any Sanibel/Captiva resident that demonstrates honor." Last week, Brenna Williams' essay, "Kitchen Inspiration: Ernie Gunther" was published. Below is Blake Sobczak's essay on Francis Bailey and, on Page 27, Chizette Kremer's essay on J. N. Ding Darling.*

## Francis Bailey

Stuffing my hands into my coat pockets, I hurriedly crossed the street. Bailey's General Store dominated the large parcel of Sanibel land in front of me, boasting its new Christmas decorations for all the shoppers to see. I had grown up with this store; it was a convenience that I often took for granted. A wintery gust of wind sent a chill running down my spine, and I was very glad to enter the warmth of the supermarket.

A small, shadowy stairwell cleverly concealed behind a door of deep blue, led up to the offices, where I was to meet Francis Bailey for the first time. Sure, I had seen him driving his old Model T Ford at special occasions, and I had seen him coming home from work once or twice, but this was to be my first face-to-face confrontation. A flicker of anxiety buzzed in the pit of my stomach, but it was quickly subdued by my excitement. Francis Bailey had earned the public's acclaim in our community through many years of hard work, I knew.

I entered Mr. Bailey's office, my friend Dominic silently slipping in behind me with the camera. Francis Bailey greeted us with a warm smile and a placid "Come in, come in." I shook his hand enthusiastically, agog about the interview about to take place. He led us down the thin hallway into another room, where we could get our video equipment set up. A long table stretched across

the floor with cushioned chairs neatly lining its sides. Mr. Bailey waited patiently while we plugged in our camera and gathered our notes together. As the interview unfolded, I learned all about Francis Bailey, and saw the many steps he took to become such an honored and respected citizen of Sanibel.

The heat of Sanibel obviously did nothing to deter Francis Bailey from making it his abode. Mr. Bailey lived here all of his life; and still loves the pristine nothingness. That's what he says, anyway: "The best thing we have here is nothing." He loves the fact that one can walk out on the beach without being interrupted by ugly condominiums or noisy construction machines. Mr. Bailey has been active since he was just a child to keep Sanibel pristine. And that is what he holds as honor.

There is more than that, however. Francis Bailey was a key figure in making Sanibel habitable. Without a general store like Bailey's to serve as a backbone for the aspiring island community, the City of Sanibel as we now know it may never have been. Mr. Bailey, calmly responding to questions, hands folded on the table, an air of comfort and hospitality around him, spoke out on this island a long time ago, and indirectly watered the seed that was to become the beautiful flower of Sanibel. Francis Bailey took it upon himself to complete the duties that were given him to accomplish. Yet unlike thousands of others, he alone succeeded in accomplishing them. He has earned more than just the Bailey's General Store that I grew up with; he has honor.

This made me think. How come I didn't know all of this? How come Mr. Bailey wasn't on television all the time, or constantly nagging to get everyone's interest? He didn't hog attention like a Hollywood film star. That was when it struck me: Francis Bailey simply wasn't an arrogant man.

I never really thought of movie stars as demonstrat-

ing ethics or integrity. In fact, these qualities have become rarities as of late, things that distinguish the best of the best. I saw these qualities in Mr. Bailey, whether or not he was arrogant. I didn't see him flaunting his righteousness around and bragging about how successful he had been in his life. I saw modesty in the man; a refreshing change from the haughtiness I see too commonly in everyday life.

Around that time in the interview, when I thought I had truly reached the roots of Mr. Bailey's honor and success; our questions led him to a different topic. Society. How well had he triumphed over the perils and setbacks of getting jobs and whatnot? I thought it trivial at the time. Francis Bailey, I firmly told myself, was immune to societal influence as soon as he started walking. I couldn't possibly make myself believe that this man was once a nobody if he told me it as a fact right then and there.

"Well, I worked in the assembly line for a while..." began Mr. Bailey, and thus I learned that even he had lacked dignity once, while working long hours doing the same, monotonous job over and over again. He was humbled by society, and worked making airplane parts and similar equipment.

Something tickled the back of my mind: Before honor comes humility. So that was why he had told me all of this. I almost wanted to congratulate him for making such a comeback. Now, the tables have turned around, and I can't help but feel sometimes that Mr. Bailey has exacted a certain... recompense for his maltreatment by society. With a wry grin, I watched and listened as he finished his story. The little red light by the camera flickered off, and Dominic instinctively began packing up. I thanked Francis Bailey for a wonderful interview. He insisted it was nothing, but I knew this was not the case.

While striding out into the brisk winter air, I felt a little bit of my own honor; I had met Francis Bailey.



**Blake Sobczak**



## Aging, from page 21

exercised routinely and half to a control group that did not. Participants in each group were then randomly assigned to take daily vitamin E supplements or placebos.

All study participants maintained their usual eating habits. Those in the vitamin E groups were supplied with and asked to take 800 international units of vitamin E, well over the U.S. recommended daily allowance of 30 international units. However, there are no specific guidelines for older Americans, and previous research has shown that exercise may increase the

production of free radicals and the requirements for dietary antioxidants such as vitamin E.


Both exercise groups completed 16 weeks of supervised endurance exercise on treadmill, cycle and stair-climber machines for 60 minutes twice a week, with intensity and duration increasing in the fourth and fifth weeks of the regimen. The sedentary group did not change their usual daily activities or begin an exercise routine.

Results showed that, on average, a key byproduct free-radical damage in the two groups taking vitamin E was cut in half. In addition, those in the sedentary group taking vitamin E showed a significant reduction in their systolic blood pressure, which dropped

an average of almost seven points. The group who exercised and took vitamin E had an average drop of about 15 points in their systolic blood pressure and about 5 points in their diastolic blood pressure, as well as increased weight loss and significant improvement in resting oxygen uptake, a measure of cardiovascular fitness and endurance. The sedentary group not taking vitamin E showed no significant changes in these areas.

The two groups taking vitamin E did not differ in their concentrations of the byproduct of free radical damage, leading researchers to hypothesize that such

**Aging, see below right**



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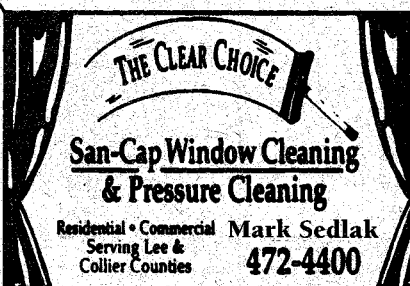
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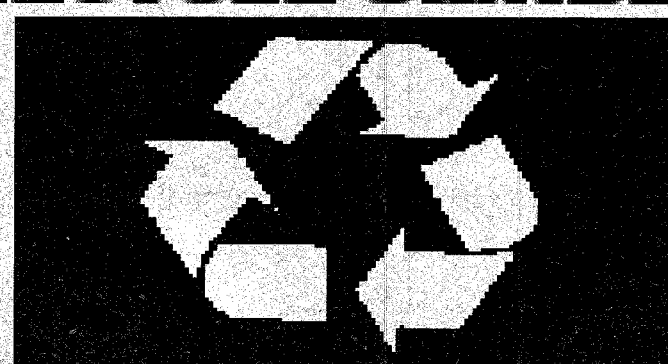


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## J. N. Ding Darling

"Land, water and vegetation are just that dependent on one another. Without these three primary elements in natural balance, we can have neither fish nor game, wild flowers nor trees, labor nor capital, nor sustaining habitat for humans." These are the words of J. N. Ding Darling, one of Sanibel Island's most environmentally conscious individuals. His unflagging work and campaign for the welfare of animals and their habitats on our island has made a positive impression upon not only the animals that live here, but the people as well. Darling was a man that truly demonstrated ethical and moral qualities, and I strongly believe that he deserves to be recognized for his outstanding work.

At a very young age, Darling became interested with biology and the world around him. One especially important figure in the development of Darling's care for wildlife was his college biology teacher who influenced him to see the Earth as one big and dependent ecosystem. After college, Darling began doing more cartooning, a hobby that he enjoyed greatly. But his hobby wasn't all just for fun. His witty cartoons were about issues that concerned him, for instance, the demolition of precious animals' habitats.

He used his famous cartoons to illustrate the problems he saw, in a humorous way. In addition to this, he also wrote several books about environmental conservation in order to try to alert the nation about issues that concerned him. Since I share these same views about environmental distresses, I strongly agree with him and I believe that because of his strong views, he is a moral and ethical per-

son. It takes a lot of confidence and courage to express your views to large amounts of people. Darling was willing to share his views with the entire nation in order to help the environment and the animals. This shows strength, courage, and honor.

In 1934, Darling joined the President's Committee for Wildlife Restoration. He was called by some "The best friend a duck ever had." This was because of his work and political cartoons dealing with the conservation of fowl and birds here on Sanibel, and in other parts of the United States. In addition to this, he also created the North America into the National Wildlife Federation organization, and managed to save and refurbish Nevada's Sheldon Antelope Refuge that had been almost completely destroyed. And even today, Darling's life work still inspires people to take care of the environment. The J. N. Ding Darling Wildlife Refuge here on Sanibel serves not only as a refuge and protected place for the habitat and the animals, but also as a constant reminder to us that we have to help the animals and coexist peacefully with them.

Ever since I came to Sanibel Island when I was a very small girl, my parents would take me through the Ding Darling Refuge. Every time I went through I was always amazed with the unique array of wildlife it was comprised of. I am very concerned for the welfare of wildlife, which is why I admire Ding Darling's work. I also am worried about the endangered species, and feel that we need to work harder to keep their dwindling numbers from getting too low, and help them to grow higher in number.

Ding Darling cared very much about the endangered animals as well as the other ones, and today his refuge

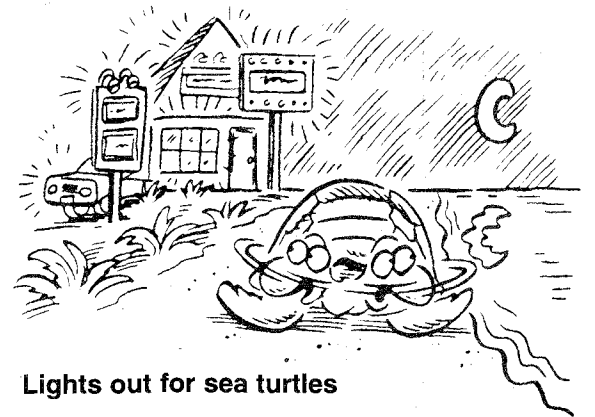
houses many species. Ding Darling was a person who really understood the importance of keeping our environment from being destroyed. It is obvious how much Ding Darling has impacted Sanibel Island and the United States. If not for his altruistic ways, our environmentally conscious island might be a wasteland of high rises and condos, with no regard whatsoever for the benefit of our wildlife.

If not for Ding Darling, many birds that migrate here for the winter wouldn't have a place to come to. The alligator, which is an endangered species, wouldn't have a protected home away from hunters and commercial development. And where would the countless numbers of raccoons, rodents, fish, plants, and other organisms live? Ding Darling was certainly a hero to animals.

His demonstration of moral, ethical, and honorable actions and choices throughout his life shows what an applaudable person he was, and remains to be.



Chizette Kremer



Lights out for sea turtles

## Aging, from page 26

damage can be prevented only up to a point, with or without exercise. However, other benefits derived from exercise — weight loss, improved cardiovascular health and lower blood pressure — cannot be duplicated, Jessup said.

To benefit, older adults do not need to be doing strenuous exercise," he continued. "Mowing the lawn, dancing, vacuuming — something that will get your heart rate up for 30 minutes is enough. Even adults

who cannot physically perform this type of activity should take vitamin E because of its clear benefits to aging and systolic blood pressure."

Results from the UF study and from others around the country indicate that consuming antioxidants and getting the right amount of exercise can help slow the aging process and protect against destructive free radicals.

"Research by Dr. Jessup and others defining opti-

mal intakes of vitamin E is essential to our ability to provide sound recommendations, especially for older adults, about dietary supplements that can promote health and reduce the risk for chronic diseases," commented Jeffrey Blumberg, chief of the Antioxidants Research Laboratory at the Jean Mayer U.S. Department of Agriculture Human Nutrition Research Center on Aging at Tufts University.

### FORECAST FOR JUNE 19 & 20

SATURDAY		SUNDAY	
A.M.	P.M.	A.M.	P.M.
Hot and humid with scattered showers and thunderstorms in the afternoon		Another hot day with showers probable later in the day.	

### WEEKDAY TIDES

City	Sat. High	Sat. Low	Sun. High	Sun. Low
Cape Coral Bridge	4:31 p.m.	1:03 a.m.	5:29 p.m.	2:00 a.m.
Captiva at Redfish Pass	2:21 p.m.	10:44 p.m.	3:19 p.m.	11:40 p.m.
Fort Myers	5:24 p.m.	1:45 a.m.	6:22 p.m.	2:42 a.m.
Mattacha Pass	3:59 p.m.	12:29 a.m.	4:57 p.m.	1:26 a.m.
Pineland	2:57 p.m.	-	3:55 p.m.	12:24 a.m.
Point Ybel	1:26 p.m.	10:46 p.m.	2:24 p.m.	11:42 p.m.
Punta Rassa	2:15 p.m.	10:39 p.m.	3:13 p.m.	11:35 p.m.
St. James City	2:46 p.m.	11:14 p.m.	3:44 p.m.	-

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91/71 Sun

**PUNTA GORDA**  
90/73 Sat  
91/72 Sun

**BOCA GRANDE**  
87/77 Sat  
87/76 Sun

**PINE ISLAND**  
90/75 Sat  
91/74 Sun

**CAPTIVA ISLAND**  
87/77 Sat  
88/76 Sun

**SANIBEL ISLAND**  
88/77 Sat  
88/76 Sun

**CAPE CORAL**  
90/73 Sat  
91/72 Sun

**FORT MYERS BEACH**  
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92/75 Sat  
93/74 Sun

**ESTERO/SANCARLOS**  
92/75 Sat  
93/74 Sun

**LEHIGH ACRES**  
92/72 Sat  
93/70 Sun

**IMMOKALEE**  
95/70 Sat  
95/69 Sun

**MARCO ISLAND**  
89/77 Sat  
89/76 Sun

**NAPLES**  
89/76 Sat  
90/75 Sun

**Gulf of Mexico**

**BOATING FORECAST**  
Wind: S/SE 4-8 Knots  
Seas: 2-3 Feet  
Bay & Inland: Moderate Chop

## FOX 4 CAST

**FOX 4 NEWS**  
AT 10:00

GET YOUR FORECAST FIRST ON FOX.  
WATCH FOX 4 NEWS at 10:00

STATE FORECAST-SATURDAY	
CITY	HIGH/LOW
CAPE CORAL	90/73
DAYTONA BEACH	93/74
FT. LAUDERDALE	90/78
FT. MYERS BEACH	90/75
GAINESVILLE	93/73
JACKSONVILLE	92/74
KEY WEST	90/80
KISSIMMEE	92/75
MIAMI	90/78
ORLANDO	92/75
PANAMA CITY	89/76
PENSACOLA	88/75
SARASOTA	89/75
ST. PETERSBURG	90/77
TALLAHASSEE	91/73
TAMPA	91/76
VERO BEACH	88/74
WEST PALM BEACH	90/78

**SATURDAY SUNRISE**  
6:35 AM

**SUNDAY SUNSET**  
8:19 PM



# Come As Our Guests... Leave As Our Friends!

Triple  
Award  
Winning  
Restaurant

Outdoor  
Seating

Live  
Music  
Every Day

Breakfast • Lunch • Dinner

- Snacks all the time
- Dine with the locals
- Takeout Available

Open 7am to 10:00pm



We Proudly Brew  
Starbucks Coffee



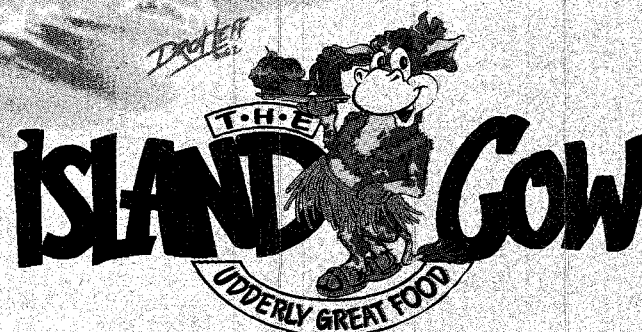
Bring the  
Whole Herd

Happy  
Father's Day!

Father's Day Special!!

Bring Dad in for  
a 16 oz. Prime Rib  
Au Jus Dinner,  
Includes Mashed  
Potatoes, Sweet  
Summer Corn &  
Draft Beer

... Only \$16.95



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