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Vol. 43, No. 20

Week of July 9 - 15, 2004

32 Pages



Snowy **Piovers** 

Photos by Clair Postmus

inside



Another year, another wonderful Sanibel July 4 parade.



Photo by Renny Severance

After the rumble of motorcycles, the flagbearers signaled the start of the Independence Day parade on Sanibel last Saturday, July 3. More pictures of the parade and picnic inside.

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I am proud to be an American because America is a wonderful and beautiful country and I feel very fortunate to live here. America gives us the chance to follow our dreams without religion, race or gender stopping us and a promise of freedom. In other countries people do not have the freedom I do or the chance to fulfill their dreams, and that is why I am proud to be an American.

Laura Costa (age 10) Sanibel Why I am Proud to be an American

I am proud to be an American because it is a free country and because we can think anything we want to think. And also, we can do anything we want to do; except things that are against the law,

Max Costa (age 6) Sanihel

# Proud to be an American Essay Contest winners

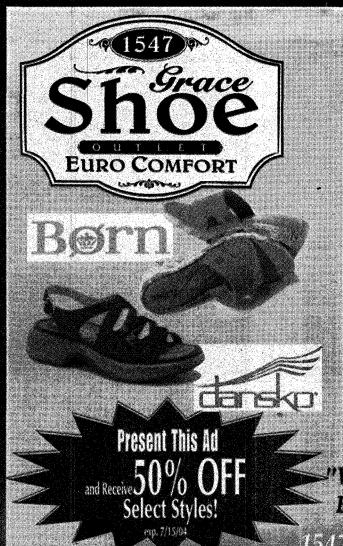
America is a beautiful place, so beautiful that many Americans take it for granted. I did until I started watching the news; I was shocked by the dilemma that other countries dealt with every day.

On September 11, 2001 my world was forever changed. Two planes hit the the World Trade Centers. Loved ones of friends, and friends of loved ones perished. The country mourned. The fall helped us realize what we had and what we should. We got back up on our feet helping each other heal our wounds. I am proud of my country, proud to be an American.

Taylor Nave (age 11)

I am proud to be an American because it is a free country where each individual makes their own choice. We have options not available in most parts of the world. Brave people fought to give us these rights. We can decide our own future and our fate. The more we learn, the more we know, the more we know the smarter we grow. The smarter we grow the louder our voice when speaking our mind or making a choice. I am proud to be an American!

Kim Greenplate (age 12)



# Comfort That Compares Only to the Island Sands.

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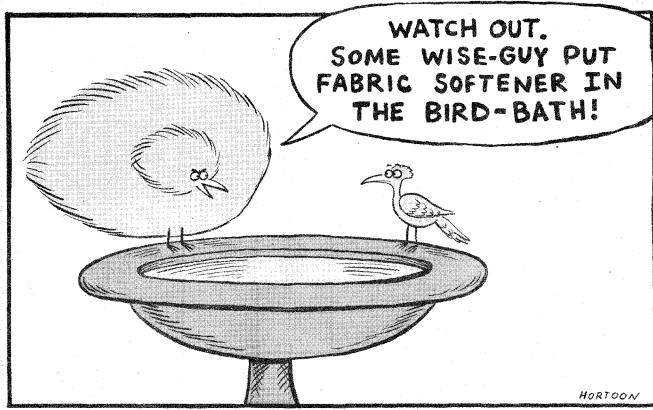
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# TOOMUCH SUN



## INSIDE: Obituary Service Clubs 7 **Nesting Counts** 11 Fishing & Shelling by Capt. Mike Fuery 12 Photo essay: Nesting snowies by Clair Postmus 16 Center Stage by Marsha Wagner 21 Theatre Notes: A Little Murder by Karen Nelson 20 Poetic License by Joseph Pacheco 20 Who's Who on the Islands: Dr. Bob Fisher by Nancy Santeusanio 21 Environment 10 To Your Health Carol Simontacchi 9 Island Scene What's Happening 26 Independence Day on Sanibel Winners and Photo Essay 14

# The Metastatic Life

"The greater the difficulty, the greater the glory..." Cicero

it is no surprise that, having shared the news of Mom's worsening cancer, family and friends are arriving to spend time with her and Dad. My sister Carrie and her children arrived on Sunday night and are staying with me for a week. My Aunt Ve, who I adore above just about anyone, got here two days ago and is staying with Mom and Dad. This weekend my Uncle Tim and his wife are arriving for a few days and last, but not by a long shot, my brother Adam will be here tomorrow.

Mom, who looks wonderful and feels equally well, jokes that she feels like she needs to hurry up and die soon so as not to put anyone out for all their travels. We assured her this is not about last visits. It's just about how much everyone loves her and wants to spend time with her.

I have decided that Mom isn't going anywhere soon. After talking with my favorite nurse at Dr. Harwin's and a couple of other people online, it now seems



LISA PIEROT

entirely possible that she could be around for rather than vears months. One woman was referred to Hospice only to live another five years! I immediately passed all of this info on to my parents and we have all breathed a collective sigh of relief. It

would seem that even terminal, terminal cancer has its own space of time and it needn't be weeks or even months. With that knowledge in mind, I am sliding back into my regular denial mode wherein nothing much has really changed. I can live comfortably in this frame of mind as I've been applying it to my own terminal illness for almost nine years now.

So with Easter fast approaching, I am feeling a resurrection within my own small family. Having plunged to the depths of despair for the last two weeks, we are once again breaking the surface of life to believe and hope that there will be more. More days spent talking on the phone, sharing a meal, getting out and doing things. Today Carrie and I are painting my family room. Technically, on the plans it is referred to as the media room because it houses both the kitchen and a large media center with plenty of room for couches and a big coffee table, but Dad keeps telling me to refer to it as the family room so he knows which room I mean. There wasn't any other media room to confuse it with but over time, it has become something of a mantra for me. "The family room is looking great." "The furniture came for the family room." 'Let's eat in the family room.'

The truth is my entire life has been about spending time in the "family room." It's where everyone I care about lives. And I suppose Dad fought so hard to rename my media room because on some instinctive level it felt right to be talking about family instead of media.

I am reminded over and over again how much family matters. It's not just about blood family. There is my daughter, Lindsay, who really bears no relation to me, but who I love just as though she did. She came home with Anna a few years

ago to say hello and was immediately like one of my kids. She always manages to show up at just the right time and she gives me hugs and reassurance and tells me stories about what she's been doing. She's a miracle in my life, that unexpected person you meet who becomes family by choice. And there's my best friend, John, who couldn't be more like family if he was. Despite the fact that he is absolutely useless when it comes to bad news, he's the one person who can make me smile just by thinking about him.

I don't know any other way to live than this. Many people can't imagine how we go through so many trials and tribulations. They are missing the bigger picture. Life could not be more precious. Our family could not be closer. This is bigger than death and we cling to it with everything we've got. And so we are blessed. And so we are resurrected.

Until next week...

(This column was written just before Easter.)

If you want to write to Lisa, her e-mail is: lisasfaith@swfla.rr.com





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# **O**BITUARY

## Edward J. Leonard

Edward J. Leonard of Lakeside, MI and Sanibel Island, Fl died suddenly in St. Paul, MN on June 14, 2004.

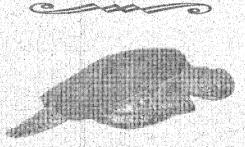
Mr. Leonard was born in LaGrange, IL. He graduated from Northwestern University in Evanston, IL and served in the U.S. Army for three years during World War .II.

He was a real estate broker and builder in both Illinois and Michigan.

He moved to Michigan in 1969. He was a long-time member of the Chikaming Country Club in Lakeside, MI and also belonged to the Dunes Country Club in Sanibel, FL.

He is survived by Elizabeth (nee Klug) his beloved wife of 50 years, his daughter Christine of St. Paul; his sisters Ruth Hayes of Mendota Heights, MN; Terese Fey and Bernadette Sheehan both of LaGrange, IL, his brother Earl Leonard of Alabama and many loving nieces and nephews.

Funeral services were held at St. Gregory's Catholic Church on Friday, June 18, with burial in Resurrection Cemetery in Mendota Heights, MN.





# Over \$800 raised for **Ethiopian schoolchildren**

Twenty-seven children living Yetebon, Ethiopia will be allowed to attend school because of the generosity of seventy-three Sanibel children. The challenge was given to help pay the \$30 annual tuition fee for as many students as possible. Kids at the Sanibel Community Church's Vacation Bible School did a remarkable job. "They far surpassed our expectations!" said Dee Donalson, VBS Director, "and they did it because they had a heart for these less fortunate, needy children."

During the week, a different aspect of the typical life-style of school children in Yetebon was presented each day."I will be going to live and teach in Yetebon, Ethiopia this fall." Dee commented.

"Presently, only one child per family is accepted into the school, which is overcrowded with 700 students. Even then, 'lots" are drawn to determine which family can send a son or daughter. There are 70 students per class with 3 students to one desk. The needs are huge and Project Mercy can use all the help they can get."

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recycled paper.



# **Sanibel Community Church Sends Team to Ecuador**

From June 20 - July 2, a team of youth and adult sponsors from Sanibel Community Church traveled to minister to the villages along the river in Ecuador. The team did puppet ministry, drama, songs and Bible teaching. They also brought needed supplies to the villages,

and visited children who had parents in

on Sunday, July 11, Pastor Barb Nave and the Ecuador team will lead all three worship services (at 8 a.m., 9 a.m. and 10:45 a.m.). Video footage of the ministry in the villages will be presented.

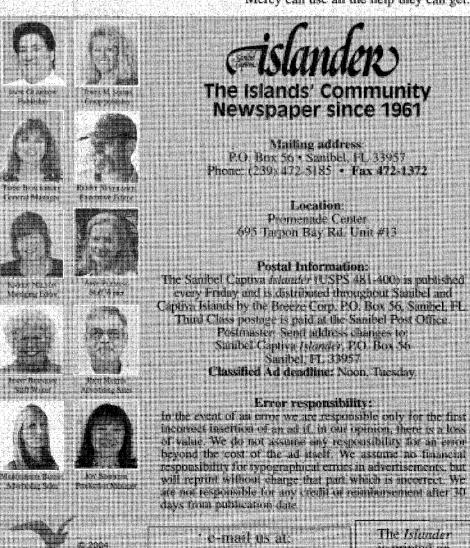


L-R Cherie Gelpi, David Grimsley, Melissa Simontacchi, Larry Buckman, Liz Pinder, Ehren Gerhard, Meaghan Grinstead, and Michael Skaggs. Inset: Pastor Barb Nave



Photo by Danny Rogers, SCCF

From left: Judie Anderson, Mike Badenoch, Kara Cuscaden, Jack Samler, Phil Maxwell, John and Ann Gee, Diane Stocks, Deb Gleason, Linda Jambeck, Shane Spring, Robin Humphrey, David Schuldenfrei, Marcel Ventura,, Bill Schumacher, Maritza Krupp, Holly Smith and Glen Simmons, shown along with Brad Smith of SCCF. The group from the Sanibel and Captiva Islands Association of Realtors dug up hundreds of air potatoes and planted around 80 trees and shrubs just south of the bike path in Periwinkle Preserve.



islander@flguide.com



# Sewer lines smoke testing July 13

On July 13, inspection crews from the Utility Department will be conducting a smoke test of the sewer lines at 362 Periwinkle Way. This will include a physical survey of the City of Sanibel wastewater collection system, which will involve the opening of manholes in the streets and easements.

An important task of the survey will be the "smoke testing" of sewer lines to locate breaks and defects in the sewer system. The smoke that you may see coming from the vent stacks on buildings or the ground is NON TOXIC, HARMLESS, HAS NO ODOR, AND CREATES NO FIRE HAZARD.

The smoke should not enter your building unless the

plumbing is defective or the drain traps are dried out. If this occurs you should contact your plumber. A member of the smoke testing crew will be pleased to check as to where and why the smoke has entered your building.

Some sewer lines and manholes are located on private property. If these lines require investigation, members of the inspection crews will need access to the facilities. The workmen do not need to enter your building. Video tapes will be made of any leaks occurring in the system.

For further information, please do not hesitate to contact the City of Sanibel Utilities Department at (239) 472-1008

# At the Chamber

# Klages speaks on tourism trends

By Karen Nelson Managing Editor

Over 70 attendees heard Dr. Walter Klages, president and CEO of Research Data Services, Inc., speak about tourism trends at a Sanibel Captiva Islands Chamber of Commerce seminar on June 23 at the Sundial Resort.

Addressing concerns about the state of the economy, in spite of job growth, Klages noted that the single most important factor is that "the average level of disposable income in the average American family has not grown."

In spite of continuing economic insecurity, travel numbers have recovered from pre-9/11 levels and, abroad, the U.S. is perceived as a safe destination.

In 2003, there were over two million visitors to Lee County (up 2.6%) and 500,000 to Sanibel and Captiva (up 1.6%), with a total economic impact of \$1.8 billion for Lee County and \$541 million for the islands.

Sanibel and Captiva occupancy for Spring/Summer

Samoer and Captiva occupants \$

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**Walter Klages** 

State Certified CCC057780 2003 was at 76.3% (with an Average Daily Rate of \$135); Fall 2003 was at 64% (ADR was \$137) and the first four months of 2004 were at 90.4% (ADR was \$211).

For Lee County, Spring/Summer 2003 was at 68.5% (ADR was \$88); Fall 2003 was at 61.6% (ADR \$84) and first four months of 2004 was 88% (ADR \$130).

Visitors to Sanibel and Captiva are in the upper levels of income distribution; not surprisingly, the

internet is used extensively by people planning to travel and over 50% are now booking their travel online. 43.5% of visitors to the islands booked their lodgings online

(50.2% in Lee County), although many prefer to get the information online and then book by phone (looking for better pricing)

After Klages' presentation, Chamber Executive Director Steve Greenstein introduced the Chamber's new branding: "The islands of Sanibel and Captiva: Naturally, you'll love it here." He also gave an update on the Lee County Visitors and Convention Bureau's ongoing Beaches of Fort Myers and Sanibel promotion efforts.

# Upcoming Chamber Box Lunch

The next Box Lunch of the Sanibel & Captiva Islands Chamber of Commerce will be Tuesday, July 13 from 11:30 a.m. - 1 p.m. at the Sanibel Community House, 2173 Periwinkle Way.

Featured will be Susan M. Sanders, director of aviation marketing services for the Lee County Port Authority, speaking on the new Midfield Terminal

Complex construction and impact.

Lunch will be catered by Bailey's General Store. Advanced registrations are due by 5 p.m. on Friday, July 9. \$10 for chamber members and guests in advance; \$14 at the door. Cancellations must be 24 hours prior to the event for refund.

## AfterHours

Sanibel Harbour Resort and Spa will host the AfterHours, Monday, July 19, from 5:30 to 7 p.m. It will be in the Promenade Restaurant at the Resort.

Reservations must be

# Tax holidays

Sales tax holiday: July 24 - August 1

From 12:01 a.m. on July 24 through midnight on August 1, there will be a back-to-school sales tax holiday on the following items:

- Clothing and related items with a sales price of \$50 or less
- Books with a sales price of \$50 or less
- School supplies with a sales price of \$10 or less.

The 2004 Tax Free Days for Sales Tax is expected to save taxpayers \$29.7 million.

# Gas tax holiday: August 1 - 31

Florida's first-ever summer gas tax holiday will begin at 12:01 a.m. on August 1 and end at midnight on August 31. During this time, the state tax levied on gasoline with be reduced by eight cents per gallon.

The legislation requires motor-fuel terminal suppliers, wholesalers, importers and retail gas stations to pass on the tax reduction to their customers. The gas tax holiday is expected to save taxpayers \$59.7 million.

More information on both tax holidays can be found at the Florida Department of Revenue web site at www.myflorida.com/dor

made by Friday, July 16 before 5 p.m. for all attending. There is a \$5 charge for guests; at the door without reservations, the charge is \$8. Please call 472-1966 or email your reservations to office@sanibel-captiva.org.

Chamber AfterHours is held on the third Monday at 5:30 pm. Chamber members, prospective members and guests are invited to attend. For more information on attending or hosting an AfterHours, call Ava at 472-1080, ext 225.

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# Less stress, more joy - SCA

Want more time - energy - joy in life? Stressed? Plan to attend this dynamic luncheon meeting this summer at Sanibel Community Association starting July 21.

Increase your joy and decrease the stress level in your life. Coach, consultant and trainer, Vicki Ashton shares breakthrough methods of leading a simpler, more joyful life. Add to your life skills toolbox by participating in this eight week interactive seminar. The three biggest stressors in life are finances, relationships and not having enough time. Decrease your stress in any one or all three.

The first week Vicki will introduce the concept of how to use personal and pro-fessional success. Do you know what boundaries are and how to set them. A boundary is a limit. By the limits you set, you protect the integrity of your day, your energy and spirit, the health of your relationships, and the pursuits of your heart. Each day is shaped by your choices. When you disregard your own boundaries or let another disregard them, then stuffing spills out of your life. Seize this opportunity to make a difference in your life.

This luncheon seminar is from 11:30 to 1:00 pm, starting Wednesday, July 21 and running every Wednesday through September 8. Island Cow will cater a wonderful lunch at Sanibel Community Association's North Room. The cost for each seminar, including lunch and all materials, will be \$16 for SCA members or \$17 for non-members. Register for the entire eight weeks for only \$120 for SCA members and \$128 for non-members. Due to lunch orders and materials, we require registration and prepayment by Monday prior to each Wednesday seminar. Please call 471-2155 or stop by 2173 Periwinkle Way to reserve your spot for this not-tomiss summer luncheon seminar. We also accept Visa and MasterCard.

**Grains of Truth in Story** 

'Legends with Some Basis of History' and/or "Historical Trivia" will be the double edged theme of the Thursday night, July 15, meeting of the Tamiami Tale Tellers (TTT) at 7 p.m. at the Grand Court, 8351 College Parkway, in Fort Myers.

Legends, according to folklorist Richard Dorson, are often associated with a (real) geographic landmark, a person or event and are usually told in a reminiscent manner as true happenings.

"Legends represent the big picture - a slight amount of historical material but developed into epic proportions over long periods of time," explains TTT spokesperson Bert MacCarry, of Sanibel. But if storytellers prefer the lighter approach - the historical trivia that will entertain and surprise listeners - these stories will be welcome too.'

Dorson is quoted as also saying (about legends) that they "reflect the main concerns and values, tensions and anxieties, goals and drives of a given period in time."

TTT meetings are held the third Thursday of each month and are free and open to the public for ages 5 - 95. Both tellers and listeners are welcome. For information, call 472-1781.

Fly-Fishing book signing

The Sanibel Island Bookshop, 1571 Periwinkle Way, will be hosting a book signing Saturday, July 17 from 11 - 3. Local author Norm Zeigler will be discussing and signing copies of Rivers of Shadow, Rivers of Sun: a Fly-Fisher's European Journal. Like the extraordinarily successful A Year in Provence, this is a book about falling in love with the true essence of a geographical area - its sights, smells and sounds. The author's passion for fly-fishing provides a rich, lyrical backdrop for his observations, but this is no angler's guide. This is beautifully

crafted and handsomely illustrated with graphite-pencil drawings by renowned sporting artist Michael Simon. Join them in a journey long to be remembered.

....a beautifully written, utterly engrossing account of his adventures. I couldn't put it down," William G. Tapply, contributing editor, Field and Stream, and author, Gone Fishin' ... Ruminations on Fly Fishing.

# **Smokey Bear birthday card contest**

Florida Agriculture Commissioner Charles H. Bronson is encouraging children to help celebrate Smokey Bear's 60th birthday by entering a statewide birthday card contest.

Smokey Bear, who turns 60 on August 9, 2004, is a nationally recognized wildfire prevention icon whose message "only you can prevent wildfires" has reached four generations of Americans.

The Florida Division of Forestry is sponsoring a birthday card contest for children living in Florida who have not yet entered the sixth grade. To enter, children should design an original birthday depicting Smokey Bear and a fire prevention message. Cards should be mailed to: Florida Division of Forestry, Forest Protection Bureau, 3125 Conner Protection Bureau, Boulevard, Tallahassee, Fl, 32399.Cards will be judged on originality, design and overall effectiveness of the fire prevention message. One winner will be chosen on August 9 from each of the four regions of Florida (Panhandle, North Central and South Florida). Each winner will receive a three foot tall stuffed Smokey Bear and

four one day, one park admission tickets to any theme park at the Walt Disney World Resort in Orlando. Tickets have been provided through the support of the Walt Disney Company. The four winning cards will also be posted on the Florida Division of Forestry web site. Second and third place prizes will also be awarded. For full contest rules and mailing address information contact your local Division of Forestry office http://flame.fl-dof.com.

During the early years of the National Fire Prevention Campaign, Walt Disney permitted the Ad Council to use Bambi on the first wildfire prevention poster. The campaign was so successful that the Ad Council decided to develop an animated animal character to use as the permanent wildfire prevention symbol. The Smokey Bear campaign was created by the Ad Council in 1944. Smokey Bear became the living wildfire prevention symbol in 1950 when a tiny bear cub was found badly burned from a wildfire on the Lincoln National Forest in New Mexico. The Smokey Bear campaign is the longest-running public awareness campaign in Ad Council history and is credited with reducing the number of acres lost annually to wildfires from 22 million to 4 million in the United States.



the world of reality! Happy birthday 50th Fran Peters! from her lovfriends co-work-



Welcome

# **ABWA July meeting: CROW**

Fascinating stories of the patients at CROW, the mission of this dynamic, local organization (the rescue, rehabilitation and release of migratory wildlife), and a general update on "what's going on at CROW" is the featured topic for the July meeting of the American Business women's Association (ABWA).

ABWA is a networking and philanthropic organization for professional and businesswomen. The local monthly meeting is an excellent way to get to know and network with other local women.

Meetings are held on the 2nd Tuesday of each month. The meeting this month will be held on July 13 at the Sundial. Social hour begins at 5:30 pm in the lounge; dinner is served at 6:30.

If you would like to obtain membership information and would like to attend the July meeting, please contact Lisa Cochrane, 246-8876.

Members of ABWA should call Trudie Kohlbrenner, 466-3892 to make their reservation. Reservations are required.







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# Island Nutrition Center's Simontacchi talked up healthy eating to both Kiwanis and Zontas

Kiwanis: A Veela at Work

Submitted by Bob Wimbush

It was typical pre-meeting Kiwanis: Loud, boisterous and loaded with cholesterol. Bacon, sausages, fried potatoes, pastries, eggs with and without cheese, except there was this attractive woman sitting alone at a tiny, little unset table on the periphery taking notes. She had three books and pensively sipped a glass of grapefruit juice. Curious behavior. I went over to say hello. Her name was Carol and she would be our speaker, and she was intimidated, afraid to join the group. Not an auspicious start.

I cajoled her into joining us at one of the main tables. She provided fun conversation, but no way would she eat any of the food. No eggs, no bacon, no coffee. Not even a refill on the grapefruit juice. Strange... She let slip she had recently joined Zonta - that wonderful group of Veelas (if you haven't read Harry Potter and the Goblet of Fire you really should) that marched on our meeting a year or so ago — and that explained the aberrant behavior, but still no one realized what powers she would have or what trouble the club was in.

When Carol rose to speak, the group was entranced. Then she announced her topic - Nutrition! I expected a stampede for the door. No one left. A Veela's power is at once delightful and terrifying to behold.

She would be working in lists of three. "What three things should you never eat?" queried the Veela. Well, bacon for starters. It was met with booing, but no one left - not even when she labeled the

group "rancid fats." There was a slight sigh of relief as she added margarine: this clarified the appellate would apply to the food group, not those assembled. Rancid fats was followed by refined grains (basically anything white) and refined sugars, including soft drinks. By that time anyone who anticipated his future was starving.

What three things must you always Walnuts and other nuts (oh, joy!) and fish (but only from northern waters like Iceland), nothing local. She listed number three, colorful fruits and vegetables, and asked how many Kiwanians knew they should have five or more portions per day. About 90% of the hands went up. Amazed, but skilled, she asked how many actually ate them. No hands. The club was getting into this. When she mentioned that she had written a bunch of books, someone asked where to buy them. At her store, of course. (Carol Simontacchi is the proprietor of the Island Nutrition Center, 1633 Periwinkle, 472-4499) A few of the rancid fats actually wrote it down.

"What should you always drink?" Red wine! (Cheers) "How many bottles?" piped a questioner. "A glass —or maybe two at most is plenty." (Scattered grumbling.) Also drink green tea - it's good for the heart and when used on the skin. "What would be number three?" asked. "Beer!" resounded from several quarters in unison. "Water," was the correct answer. "How much?" was the question. "Half as much water in ounces as you weigh," came the answer. "But he'll drown!" the group protested. "How about we substitute red wine?" That went unan-

swered. "I drink diet soda," bleated a Kiwanian. "Isn't that just like water?" Carol held up one of her books, The Crazy Makers - How the food industry is destroying our brains and harming our children. "There's a whole chapter on diet drinks in here," she said. The questioner knew that wasn't good. It seems that with Aspartame come excitotoxins — bad for the brain



# Simontacchi at Zonta

Simontacchi, Certified Nutritionist, counselor, and owner of the Island Nutrition Center, was the speaker at the Zonta breakfast meeting on Wednesday, June 16. Her topic was "Nutrition and Health Issues of Particular Interest to Women." She reminded the group that heart disease is the No. 1 risk for women, ranking above cancer. Symptoms of heart disease for women may be different than those for men, often more indistinct, including a feeling of general malaise.

She spoke of foods to avoid: rancid fat (including margarine), soft drinks, and processed grains; and foods to enjoy to promote a healthy heart: walnuts and other raw nuts, lots of vegetables, and natural oils like fish oil. She recommended three lifestyle changes: exercise, sufficient sleep (more than most of us get), and effective stress management.

Carol is the author of several books, including Your Fat is Not Your Fault, The Crazy Makers: How the Food Industry is Destroying our rains and Harming our Children, and A Woman's Guide to a Healthy Heart. Her most recent book, A New Holistic You, is scheduled for publication in January 2005. She is the author and designer of Wings: Weight Success for a Lifetime.



Carol Simontacchi

Carol obtained her MS in Health and Human Services through Columbia Pacific University, and is currently working on her Ph.D. in Nutritional Biochemistry. She is a professional speaker, focusing on nutritional considerations in mental and emotional disorders, in weight management, and the heart. Carol is also a member of the Zonta Club.

The Sanibel-Captiva chapter of Zonta meets at the Dunes at 7:30 a.m. on the first and third Wednesdays of each month. Additional information is available at www.zontasancap.com or by calling Ginger Parker (472-6356) or Inge Glissman (472-1862).

## Kiwanis, from left

drinkers, according to Carol, actually weigh more than non-diet drinkers.

'How about coffee?" fired a questioner, already resigned to the answer. "Contains 300 poisons," was the reply. "Decaf?" "Much better, it has one fewer poisons.'

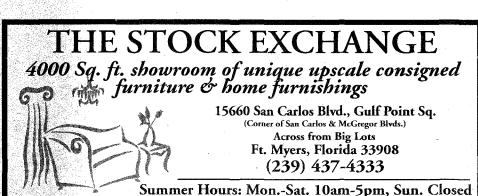
She listed "Three healthy habits:" First came exercise - aerobic, anaerobic and bone jarring. Sleep was second — eight hours is best. Third came things that reduce stress, like laughter. And she proclaimed Kiwanis meetings to be health inducing because we laugh a lot. (Does she award points for drooling, some wondered, but silently.)

Carol covered more than space here allows, and the health inducing repartee

sparkled with laughter. Carol got a standing ovation when time ran out and was mobbed with questions after the bell rang. The club has already asked her to come back even if she is a Zonta. We hope next month's speaker chairman was present, took note, and will arrange it. It's the best way to handle a Veela.

Kiwanis poisons its members every Tuesday morning at the Dunes. Widow wannabes are encouraged to send their husbands. Then you can give his favorite chair - the one that clashes with everything else in the house - to the Fort Myers Beach Kiwanis Thrift Store. Call 454-8090, but please remove him before they pick it up.





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# **Ron Smiley joins PMR**

Priscilla Murphy Realty is proud to announce that Ron M. Smiley has joined our company as a real estate sales associate. Ron first came to Captiva in 1979, and a few years later purchased a home on Captiva, which he owned for approximately 14 years.



**Ron Smiley** 

Prior to coming to the Islands, Ron was a business owner of a corporate and broadcast communications company in Philadelphia, PA. He worked on the Charles Kuralt CBS Sunday Morning show, This Week In Baseball with Mel Allen, Entertainment Tonight, Lifestyles of the Rich Famous, Entertainment Tonight. Smiley also worked on Sanibel's Untold History program which recently aired WGCU Public Media.

Ron has been includ-

ed in Who's Who in America, Who's Who in Entertainment, Who's Who in the World, Who's Who in Emerging Leaders in America, the Who's Who Registry of Global Business Leaders, and he also received the Men of Achievement Award in the Field of Communications from the International Biographical Centre in Cambridge, England.

Ron traded all that, however, for a change to an island lifestyle. While on Captiva, Ron founded "Wildflowers," a grass roots organization that helped buy computers for the children of the Sanibel Elementary School. He was also one of the founding twelve members of McSPOIL: he created the name McSPOIL, an organization that protected our island lifestyle from a fast food invasion.

Smiley also created an advertising agency for island businesses and honed his thespian talents by appearing on stage at the Pirate Playhouse, and the Arcade Theater.

Ron is willing, ready and able, and he'd love to help sellers and buyers with their property needs and concerns whether it's moving on, around, or off island.

# Sanibel-Captiva Pictorial History Before the Causeway

Before the Causeway revised edition

Our local heritage has practically vanished...A lifestyle alive only in the memory of our citizens. Now we have the opportunity to safeguard the history of our people through photographs from our files and from those submitted by our neighbors.

This 120 page book, with more than 300 photographs, is library-quality, printed on archival paper and bound in a beautiful sunrise/sunset (color) hard cover.

The books are now available at the Island Reporter office at 2340 Periwinkle Way in the Village.

They can also be found at this fine island store:

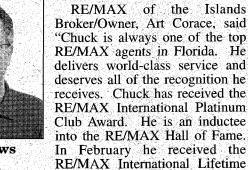
Sanibel Island Bookshop 1711 Periwinkle Way

# Top Performers at RE/MAX

# **Chuck Andrews Top Sales Associate**

Chuck Andrews was the highest producing sales associate at RE/MAX of the Islands for May. He is well-known throughout the islands as one of the areas top agents since beginning his eighteen year real estate

career.





Achievement Award. If this continues, RE/MAX may have to initiate a new award. Who knows? Maybe the "RE/MAX Chuck Andrews Award!"



# **Steve Fisher Top Marketing Agent**

Steve Fisher was honored as being the top marketing associate at RE/MAX of the Islands in May. Fisher began his career in real estate in 1981 and joined RE/MAX of the Islands in July of 1991.

Broker/Owner of RE/MAX of the Islands, Art Corace, said "Steve is truly dedicated to the real estate business as a profession. Over the years he has built a strong following and his client base continues to grow year in and year out." Corace continued, "Steve is one of the most thorough agents I know. He documents everything and follows through. I'm sure his clients appreciate his attention to detail."



Fisher

Steve Fisher is consistently an annual member of the RE/MAX International 100% Club and received his most coveted award in 2001, when he was inducted into the RE/MAX International Hall of Fame. Steve's wife, Maxine, is very involved in the business with him. The Fishers and daughter, Stevie, and son, Ramsey reside on Sanibel.

# June is Coldwell Banker Cares Month

This was the last distribution of funds from the 2003 Fundraising Campaign. The 2004 fundraising Campaign is currently underway with a portion of each Coldwell Banker Previews International transaction going to the Coldwell Banker Cares Foundation.

Coldwell Banker Cares Foundation is a charitable organization, which was formed for the sole purpose of giving back to the community and neighborhoods in which we live, by providing charitable contributions. In addition to the funds provided by each closing, funds are contributed and raised by the local office associates and staff. These funds are distributed through out the year to qualified island charities who have are in need of support.

Requests for support may be made in writing to a Coldwell Banker Previews International Associate. The charity requesting support must be a 501 3 (c)



Dan Cohn of Coldwell Banker Previews International presents a check to FISH Director Tom Wiley

organization.

There are some community fund raising activities planned for the coming months so watch for those announcements!



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## **HOME INSPECTIONS**

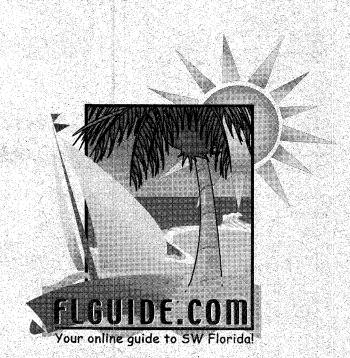
You have just found the "perfect" house and are eager to make an offer. It is important to remember, however, that it may not be as perfect as it looks - a charming exterior can often conceal hidden defects. You should have a reputable home inspector go over the house from the foundation to the roof so that you can make an informed decision.

A structural expert can give you crucial information about the plumbing, wiring, heating and air conditioning systems. He will check the roof, give you an indication of the condition of the appliances, and help you set up a long-term budget for replacement and repairs. The inspector can also show you where the water cut-off valve, circuit breakers and fuse box are located.

Your Realtor can advise you about how to include a home inspection in your offer to purchase and give you

Your Realtor can advise you about how to include a home inspection in your offer to purchase and give you the names of inspectors in your area. The purchase of a home is a major investment, and the cost of an inspection is well worth the peace of mind it provides.

Margie specializes in Sanibel, Captiva and Ft. Myers real estate. She was named Realtor of the Year by Sanibel and Captiva Assn. of Realtors in 2000 and 2002. Her new book, "How To Make Your Realtor Get You The Best Deal--South Florida Edition" is must reading if you are thinking of buying or selling. Call Margie at PMR 472-1511, or e-mail her at Margie@MargieDavison.com.



# TO YOUR HEALTH

# Holistic Health Notebook: The cheapest insurance policy on the market



Carol Simontacchi

Well, not exactly "health insurance." But certainly we can discuss the best way to improve health, lower specific risk factors for disease, promote anti-aging, and in general make you feel better.

The best way to achieve all of this, for a

very small amount of money, is a good quality multivitamin and mineral supplement. "I know that!" you say. "That isn't news."

Perhaps not. We've read the studies, pro and con, on using supplemental vitamins and we take one, on the belief that somehow we're doing our body a favor. In that assumption, however, we need to make sure that the supplement we've chosen actually contains nutrients in the amount needed to provide biological benefit, in a form that the body can utilize, without getting too much of something we don't really need.

American Even the Medical Association (AMA) has reversed its antivitamin stance. In a study by Harvard researchers, Dr. Robert Fletcher and Dr. Kathleen Fairfield, the Journal of the American Medical Association (JAMA) changed the opinion of this august body. They wrote, "Insufficient vitamin intake is apparently a cause of chronic diseases. Recent evidence has shown that sub-optimal levels of vitamins...even well above those causing deficiency syndromes, are risk factors for chronic diseases such as cardiovascular disease, cancer, and osteoporosis. A large portion of the general population is apparently at increased risk for this reason.

They recommend supplementing with several of the B complex vitamins, vitamins C, D, E, and K, and carotenoids, noting that each of these nutrients is responsible for important physiological functions, and deficiencies are not uncommon.

Hopefully, researchers will come to the same conclusions regarding mineral supplementation. Let's hope it doesn't take another fifty years for the professionals to realize that Americans may not be getting enough minerals to support the health of the body, and recommend supplementation of these nutrients as well. Vitamins and minerals work, after all, synergistically, You can't enjoy the benefits of one

without the other.

The body requires seventeen vitamins and vitamin-like substances, and at least fourteen trace elements and minerals. The body cannot manufacture these substances: they must be obtained from the diet. In addition, science is now uncovering evidence of enormous benefits of thousands of phytochemicals or phytonutrients, many of which function in antioxidant and anti-aging capacities.

# Does your supplement do the job for you?

If you would like to do some personal research on supplements and what they should contain, I highly recommend that you read "Comparative Guide to Nutritional Supplements," by Lyle McWilliam, MSc. McWilliam and a team of experts constructed a benchmark product that contains the nutrients shown by scientific consensus, to be essential, with the amounts needed to confer benefit. They tested five hundred nationally-marketed supplements against the benchmark product, and rated them on a scale of one to one-hundred, with one-hundred being the very best.

The results are fairly scandalous. Many of the top-selling products (widely advertised) rank under ten. Many of the health food store brands ranked under twenty-five.

McWilliams does not base his conclusions on the DRI (dietary reference intakes). He writes, "While a step in the right direction, it is the opinion of many nutritional experts that the new DRI standards still come up short, when considering the nutritional needs for prevention and optimal health."

So, what should your supplement contain? In what amounts? We'll discuss that next week.

For more information, contact Carol at the Island Nutrition Center (472-4499).

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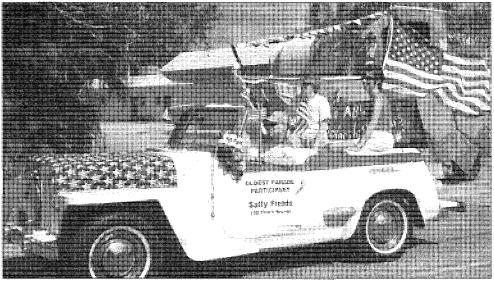
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# ENVIRONMENT

# Three baby otters to be "adopted" at CROW

Family members of Michael "Ferd" Hardenbergh "adopted" three baby river otters in memory of Michael, who died unexpectedly last April. Because baby season is now over and the last baby river otter patients were

r otter patients were released successfully back into the wild a few weeks ago, the Hardenberghs will wait until next January, when CROW typically receives six to eight baby river otters each season. They will be sent photographs of the

babies and mailed updates, with a final photo of their release back into the wild.

River otter patients usually arrive at CROW as orphans. Since they typically stay with the mother for seven months before going off on their own, CROW also keeps them for that length of time. River otters are voracious eaters and the cost of preparing a baby river otter for release back into the wild is approximately \$600 per otter. It is important to feed them live fish (which can get very expensive) and they are excellent swimmers, so the otter compound has a pool area which needs regular cleaning and maintenance.

"Memorial gifts are a wonderful and meaningful way to express regard and pay tribute to family and friends who have encouraged and inspired us by their strength and friendship." CROW is pleased that "Ferd's" parents,

Tina and Mark, brother Stephen, sisters Laura and Holly their spouses, and niece, Julia, chose memorialize Michael in way. "When we were about the river



we told Hardenbergh (in front) with friends.

otters, we became excited, knowing that Michael would have loved to have been thought of in this way," said his mother.

"Michael had a real love of life and one of his many interests was CROW, in particular the Taste of the Islands. Michael always looked forward to the Taste because it was something that combined so many things that he loved... good food, good music, the beach, his friends and the fact that it was all going to help the wildlife"

CROW relies exclusively on private donations to operate. Birgit Vertesch, Director of Development for CROW explains that the number of patients received by CROW continues to increase, and financial contributions are very important. Gifts can be mailed to CROW at PO Box 150; Sanibel, FL 33957. For more information about CROW, call 239/472-3644.

# Florida adopts Everglades water quality standard

The State of Florida officially adopted a rule to limit phosphorus levels in America's Everglades on July 5, 2004. Filed with the Department of State, the rule to improve water quality and restore the natural system in the famed River of Grass will become effective in twenty days.

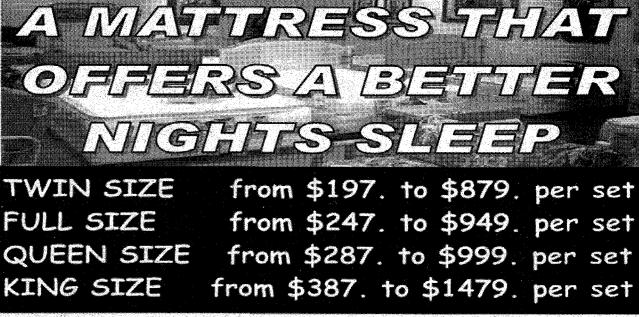
"This first numeric phosphorus water quality standard for the Everglades is the result of decades of biological research," said Governor Jeb Bush. "The stringent, science-based standard combined with the comprehensive cleanup plan already underway will restore water quality throughout the famed River of Grass."

The rule proposed by the Florida Department of Environmental Protection (DEP) three years ago establishes a phosphorus standard of 10 parts per billion for the entire freshwater area of the Everglades Protection Area. As part of its intensive schedule to improve water quality in America's Everglades, the State is operating more than 41,000 acres of constructed wetlands that use plants to naturally remove nutrients from water flowing into the marsh. Together with improved farming practices, man-made wetlands prevented nearly 1,400 tons of phosphorus from entering the Everglades over the last ten years.

"Florida is ahead of schedule in removing phosphorus from water entering the Everglades," said DEP Secretary Colleen M. Castille. "This is another step toward improving water quality, achieving further phosphorus reductions and restoring the Everglades to its natural condition."

The rule requires the use of best available technologies to ultimately achieve the water quality standard. More than half a billion dollars will be invested over the next decade to implement an enforceable, long-term plan to ensure continued water quality improvements and protection of America's Everglades.

In July 2003, the Environmental Regulation Commission approved the rule proposed by the Department, Just a week ago, Judge David Maloney formally upheld the Department's rule. The 1994 Everglades Forever Act requires that the South Florida Water Management District comply with the standard by December 31, 2006.





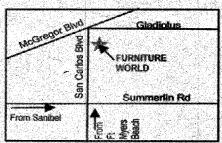
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# Blind Pass project gets funding from county, Sanibel & CEPD

By Donna T. Schuman Staff Writer

A partnership between Lee County, Captiva and the City of Sanibel will lead to the eventual restoration of the Blind Pass Ecozone.

The Lee County Board of County Commissioners approved an agreement on June 22 with the Captiva Erosion Prevention District (CEPD) and Sanibel for the Blind Pass Ecozone Restoration Project that includes the reopening of Blind Pass.

The agreement lays out the cost sharing for the project. The CEPD and Lee County will be partners in the sand-bypassing project. The estimated cost of the project is \$900,000 with \$450,000 funded by the state and \$450,000 funded by Lee County and the CEPD. The City of Sanibel will be responsible for funding the culvert between Clam Bayou and Dinkins Bayou.

The project includes elements of beach restoration, sand bypassing, inlet management and hydraulic connections for the purpose of restoring an adjacent degraded mangrove wetland. Other areas that will benefit from this project include Wulfert Channel, Roosevelt Channel and portions of Pine Island Sound.

Once the dredging is complete the ecozone will be restored to the conditions it was in 1988," said Alison Hagerup, of the CEPD. "If we move ahead with all of the dredging and the culvert under the road, this whole system will flush within a 14-day period and will be a huge improvement."

During the course of the project, material will be removed from the entrance to Blind Pass and interior waterways to restore a flushing connection to the Gulf

of Mexico. According to a study done by Hans Wilson and Associated, this will improve the nutrient level and dissolved oxygen content within the waters of the

The three entities retained Hans Wilson and Associates in 2003 to prepare a feasibility study that examined the current ecological health of Blind Pass as well as Dinkins Bayou and Clam Bayou on Sanibel.

The City of Sanibel intends to install a culvert between Dinkins Bayou and Clam Bayou under San-Cap Road that will serve as an integral part of the ecozone restoration. The connection will alleviate inundated mangrove habitats within Clam Bayou.

The project, Hagerup said, will benefit the entire region. "Since it has been closed, we have fewer birds and fish in that area," Hagerup said. "This area used to be full of snook and pink shrimp. It has always been a great fishing spot and a popular destination."

Previous attempts to dredge Blind Pass failed due to restrictions placed on the project. In 1998, the CEPD received permission from the state to open Blind Pass. However, because the permit only allowed for minimal dredging in the Gulf of Mexico seaward of the Blind Pass Bridge, the pass closed again due to insufficient tidal energy. A larger opening, which includes dredging inside the Pine Island Sound Aquatic Preserve, is necessary to maintain an open inlet.

Lee County will be the lead agency on permitting and construction of the project and has already sent out a request for proposals to prepare the engineering, design, plans and specifications for the project. Once these are in hand and the contracts can be secured, a more accurate timetable for the restoration project can

be established. As of now, the project's proposed start date is January 2005.

"It's a complicated permit from various environmental standpoints, but it is a major benefit to the environment," Hagerup said. "There are so many people working together on this and in favor of it that I think it will ultimately be successful."

# **Come Kayaking with the Conservation Foundation**

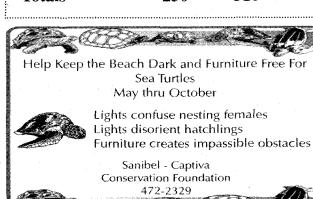
The Sanibel-Captiva Conservation Foundation, in cooperation with Captiva Kayak Company will be offering naturalist led kayaking outings in our local estuarine

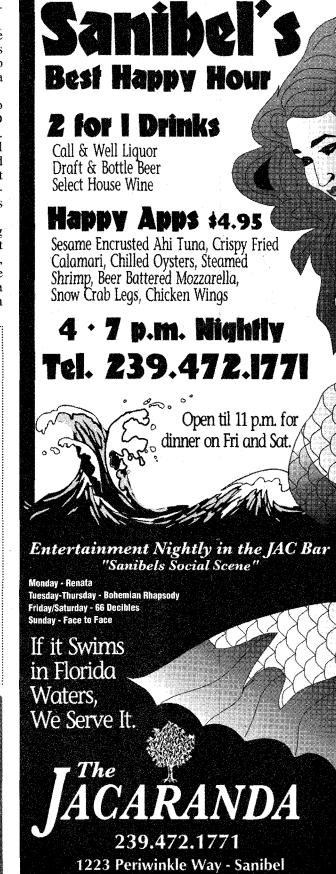
We will discuss the importance of our Back Bay estuary as we paddle in and around Buck Key, a unique island within the Pine Island Sound Aquatic Preserve. The next kayaking adventures will be on Friday, July 16 and Friday, July 30 at 9:30 am. These tours will help fund the Conservation Foundation's Environmental Education programs while educating participants about the natural and cultural history of Pine Island Sound. No kayaking experience is necessary for these excursions. Just a sense of adventure and a willing spirit. We will be using very stable kayaks and paddling instruction will be provided.

The cost for this outing is \$35/person. Space will be limited so reservations are required. Reservations and additional information can be obtained by calling the Conservation Foundation at 472-2329.

# **Sea Turtle Nesting Totals**

July 5, 2004 Nests False Crawls 2004 47 Captiva 45 Sanibel East End 22 62 235 Sanibel West End 108 **Totals** 175 344 70% 111% Percent of 2003 2003 67 Captiva 101 65 Sanibel East End 23 Sanibel West End 126 178 **Totals** 250 310







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# FISHING & SHELLING THE ISLANDS

# The sand dollar which looks like an alien

Many shell collectors are surprised to find that there are not one, but three, kinds of sand dollars found here in Southwest Florida and there might be a subspecies which adds a fourth one, too.

I came upon one of the hardest-to-find of the family recently and I ended up giving it away because it would shatter in the handling or boat ride. Of the few of this kind of dollar I've found, all wound up getting broken: one broke as I was gently placing it in my fishing shirt pocket. I gave this one to a woman who tucked it gently into her husband's boat shoe with instructions that he not accidentally place his food inside.

This kind of shell is called a heart urchin. However, urchins and sand dollars are in the same family. The most commonly found sand dollar is the key hole variety, called that from the five slits on the inside of the specimen. It has tiny spines on both sides, when alive, but they are so small that one can hardly detect them.

The commonly found purple urchin lives off most of our beaches. They were washed ashore in large numbers a couple of months ago, providing lots of collectors with as many dead, clear urchins as wanted

The heart urchin is a combination of the two. It is golf-ball-sized, light tan in color but without noted spines. It kind of looks like a naked urchin or a sand dollar which just ate a marble.

What really made this heart urchin stand out was the space-alien-looking "face" on the bottom of the shell. This kind of sand dollar has a flattened bottom. It lives buried just under the sand, the same as regular sand dollars. Not a lot more is known about the living animals. They are filter feeders, catching nutrients settling down to the bottom.

We assume they live in colonies like the sand dollar and urchin, but they are so rarely found, in fact, that there can't be pilchards because they can be used to many living off the beaches.

I believe I've found perhaps half a dozen heart urchins in about 30 years of looking and I haven't got a one to show for it. There's no way I would put one on the boat's display because the slightest brush would shatter it. These specimens almost have to be behind glass to be kept. The more dry they get, the more delicate they become.

Good shelling this week.



Capt. Mike Fuery

**Fishing News** 

Beach snook fishing is getting better and better. The fish were late coming to the beaches this year and that might be partly because we haven't seen a good supply of shiners so far this year.

There are several kinds of silvery baits in the waters, but snook like what we call shiners - sometimes they're known as pilchards - the best. Another bait is called a threadfin herring. They have been around in good numbers and the snook will eat them, however the threadfin is soft and easily dies in bait wells. Often they die just from being in the cast net, which is how they are caught.

The pilchards come in waves, starting with tiny juveniles of an inch or so and growing until they are four-to-five inches, then they seem to move off-shore while a new gang of pilchards starts to grow. There are schools of thousands at times and they can appear so thickly that it is possible to get a hundred or more in one toss of a net.

Snook will also take pinfish, which is about the only kind of fish bait local bait and tackle stores sell. This is a colorful, hearty bait which holds up quite well in a bait well or even bait bucket.

Anglers like to have a good supply of

bring in snook right to the boat or even to shore where a person is fishing. By giving the pilchards a gentle squeeze, the fish swims erratically when thrown out as bait. Snook will usually move in to feed only after several wounded baits are tossed in. Then a healthy pilchard with lightweight hook is tossed in after the others. That doesn't guarantee a strike, but it surely puts getting a bite in your favor.

One place this works well from the beach is fishing "the sticks" on the western end of Bowman's Beach, on Sanibel Island. This is where the beach has eroded so much that trees are falling into the water. The snook like to hover in the branches in the water.

Anglers on boats anchor and cast into the snags, while those on shore cast out.

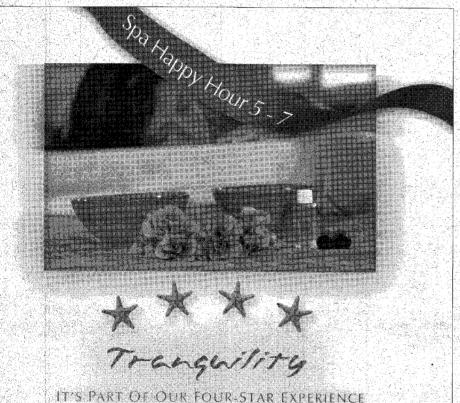
The chances of getting a bite, then having the shook tangle into the branches is high, however under most circumstances, the hook-up ratio is better than most

Park at Turner Beach (Blind Pass) and walk back towards Bowman's about a third of a mile, or park at Bowman's and walk west about half a mile to reach the sticks.

Remember that snook are strictly a catch-and-release fish until the closed season ends on the first of September. Most anglers are just pleased to be able to catch a couple for a quick photo and release.

Good fishing this week.

(Have a question or comment? You can reach Capt. Mike Fuery at 466-3649 or by e-mail at junonia4@aol.com)



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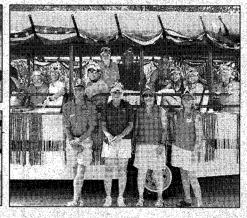


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# **Shell Harbour dredging requires construction at Sanibel boat ramp**

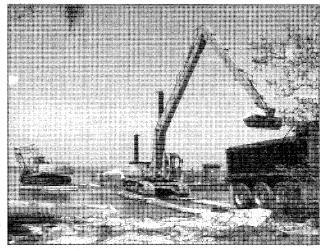
By Jenny Burnham Staff Writer

Crews from Stemic Marine Construction have built a temporary dock at the Sanibel boat ramp as part of their project to dredge the entrance to Shell Harbour. The landing space provides a place to load and offload equipment and dredged shell as the project progresses.

The dock consists of twelve-inch concrete pilings arranged in a criss cross pattern, resting on flat concrete slabs on the sea floor, according to Butch Jones, co-owner

of Stemic. When the dredging barges return to the dock with the "dirty shell" from the harbor entrance, a crane transfers the shell from a barge to a dump truck for disposal

The shell is a good quality material, according to the City of Sanibel Department



of Public Works, and will remain on Sanibel for use in re-grading roads.

The project will remove approximately 1200 cubic yards of shell from the harbor entrance, according to Jones, and is expected to be complete in early July.

# Judge tells Florida election officials: Let public see voter rolls

On July 1, a Leon County Circuit Court judge ordered Florida elections officials to open to public scrutiny a list of names to be purged from voter rolls. In so doing, Judge Nikki Ann Clark ruled as unconstitutional a state law restricting access to the records.

The decision by the Tallahassee circuit judge strongly reasserted that it is state policy for government records to be open for personal inspection by any person. The judge also said the state failed to justify the limits it had put on people's ability to copy the records in question.

The ruling brought an immediate response from U. S. Sen. Bill Nelson, who last month joined a lawsuit filed by Cable News Network demanding that Florida make public the state list of names of possible felons who are to be deleted from voter rolls.

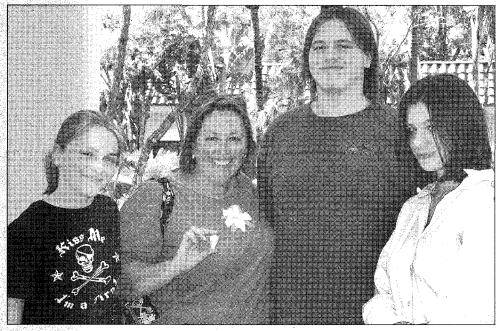
"I look at Judge Clark's ruling as reinforcing a constitutional principle that peo-

ple have a right to know what their state government is up to," Nelson said in a prepared statement issued after the ruling. "The decision also safeguards the integrity of our elections process."

The CNN lawsuit, which Nelson joined June 4, contended a new Florida law wrongly let only certain people and groups, such as political parties and candidates, get copies of various voter lists. The lawsuit was prompted by state officials denying CNN full access to the list of names to be removed from Florida voter rolls.

The list is of increasing interest to the public, because in the 2000 election many potential voters around the state said they were prevented from voting because their names were incorrectly on such a list. It was in that election that George W. Bush became president by winning Florida by just 537 votes.

# **Shelling Watch**



Karen DeMarini (second from left) from Tremont, Ill. found her "very first cone shell" on Thursday, July 1. She was shelling off West Gulf Drive, near Sayana, in the afternoon when she saw the shell being washed up to the ledge in about six inches of water. At first she thought it was

an olive, but when she picked it up, she realized that it was a cone. She has found fragments of cones and junonias before. She's been shelling for three years, and she's pictured with Marisa DeMarini (left), Alex DeMarini and Melanie Gritzmacher (right).

# **Controlled burn** behind **SCCF**

Professional and volunteer firefighters from the Sanibel Fire Control District conducted a controlled burn in the tract of land behind the Sanibel Captiva Conservation Foundation on the morning of Friday, June 18, 2004. The burn took place under the direction of Assistant Chief Danny Duncan. Photograph by Jim Anderson, volunteer firefighter and Realtor with VIP Realty.

# **Fuel Price Hedging**

In recent years, electric utilities have experienced sharp fluctuations in the prices of certain fuels, especially natural gas and oil, which utilities use to generate electric power for their customers. In particular, the price of natural gas has recently become more volatile than in past years due to a combination of factors. Because these significant fuel price fluctuations have led to price uncertainty for the utilities and their customers alike, utilities and regulators have become more interested in the topic of "fuel price hedging."

Fuel price hedging refers to actions taken by an electric utility seeking to protect its customers against an anticipated rise in future prices. As is the case with every other investment, there are a number of risks associated with fuel investments and transactions in the market-place. Because of this, the Florida Public Service Commission (PSC) is taking the time to explore these issues so that Florida's electric customers are minimally affected when sharp fuel price increases take place.

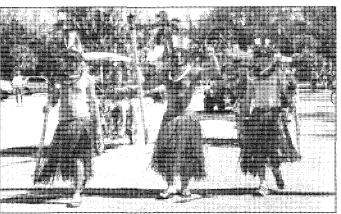
The PSC has encouraged Florida's investor-owned electric utilities to hedge their fuel prices where appropriate. At present time, the PSC is monitoring whether each investor-owned electric utility is taking reasonable steps to manage the price risk associated with a number of fuel transactions. This issue is

particularly important at this time given the recent history of price fluctuations in the natural gas industry.

Overall, the PSC is taking an active role to ensure that Florida's consumers can benefit by receiving electric service in a safe, reliable and affordable manner. Ultimately, the PSC has a difficult balancing act to undertake. While consumers seek protection from volatile price increases, utilities seek the freedom, to explore options as they manage the risks associated with the acquisition of fuels used to meet daily needs. This balancing act is consistent with the overall role of the PSC as a regulatory agency, which is to balance the needs of the utilities and their shareholders with the needs of consumers.

If you require additional information about the energy industry or are interested in earning how to conserve energy safely and efficiently, please contact the PSC's Division of Regulatory Compliance and Consumer Assistance toll-free at 1-800by e-mail or contact@psc.state.fl.us. The PSC's web site is located at www.floridapsc.com and offers information on a range of energy topics. Please feel free to visit this web site to review the many brochures and reports about electric safety, electric reliability, and conservation education.

- from the Florida Public Service Commission



Getting into the parade spirit at (left) Bank of the Islands and (right) the Chamber.



# Independence Day on Sanibel: Hot wieners, hot winners and cold bananas

Independence Day Community Picnic proved to be a sea of red, white & blue fun as Sanibel residents consumed 3,500 hot dogs, 2,000 sodas, 1000 servings of cotton candy, 500 snow cones and 1,000 frozen bananas while participating in numerous games from horseshoes to cow milking competitions. This year's event marked the second consecutive year that the town has gathered together at the Sanibel Community Association and adjacent city-owned lands for a community picnic following the Independence Day Parade.

The hot dog grills and service were operated by the Sanibel-Captiva Lions Club, the Rotary Club of Sanibel-Captiva Islands, the Sanibel Community Church and City of Sanibel employees. Volunteers from Big Arts and the Sanibel Community Association also assisted by staffing the beverage service. In addition to providing staff during the event the City of Sanibel

provided all the event set-up/tear down and traffic control.

The following donors contributed to the Community Picnic: The Sanibel - Captiva Islands Chamber of Commerce, 'Tween Waters Inn; Billy's Rentals; Bailey's General Store; Colonial Bank; Mike McMurray -VIP Realty Group; Barb Rich, South Seas Sanibel and Captiva Properties; Gilda Suarez, Executive Title Insurance; Vasanta Senerat, CPA; Dick Muench,

Periwinkle Park and Lazy Flamingo; Jerry Muench; Brian Murty; Damon Craig; Kiwanis Club of Sanibel-Captiva; Doc Ford's Sanibel Rum Bar and Grille; Sysco Food Systems; The Dunes Golf and Tennis Club: The Sanibel Shellcrafters; Sanibel Historical Village and Museum; Thistle Lodge/Casa Ybel Resort; Tarpon Bay Explorers; She Sells Sea Shells; South Florida Water Management District; Schnapper's Hots; and Dairy Queen.

# **Game Winners Potato Sack Race**

1st Place winners Age Trey Callahan 6 Bailey Owens 7 Kap Öwens

# 2nd Place Winners

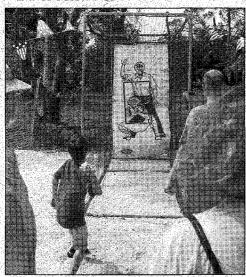
· Marcus Garcia Bethany Corke

3rd Place Winners Mason Blackburn Samantha Jefferson Mark Sobel 10

# 30 Yard Dash 1st Place Winners

Drew Mills

· David More



2nd Place Winners

· Haley Blackburn

Kap Owens 10

# 3rd Place Winners

 Amy Codie Nathan Walker10

# Seed Spitting Winners

Jade Caputo 11

Sara Rosenberg 13 George Walker Adult Div.

3-Legged Race — 8 & under

Charity Scott & Melody Franco Samantha & Sydnie Kelsey 2nd 3rd Kathleen & Tabitha Nave

3-Legged Race — 9 to adult

Nathan Walker & George Walker 1st Abby & Gary Mills 2nd 3rd Max & Amy Condie

3-Legged Race — Adult Div.

Robert & Mic Jefferson 1st Amber Nave & Tammie Callahan Joey & Anna Schiltz 2nd3rd

**Ball on Spoon Race** 

Monica Mira, Patrick McKinney, Michael Damico, Jade Caputo, Mitch Massey, Matt Wener, Troy Thompson

2nd Amy Condie, Nicholas Watterhouse, Moriah Munk-Madsen, Courtney Callahan, Mark Sobel, Mariah



Christian 4th Meghan Hill, Walterhouse, Josiah Scott, Abbie Mills, Kalsey Jefferson, Brittany Kroop

Georgia Price

Lisa Friedman

**Brittany Bonner** 

Cow Milk-Off Champions

12 and under

Shell Guessing Jar

18 and over

13 - 18

# **Baseball Pitching Contest**

Female Winners Carolyn Coyne 30 mph Megan Phillips 13 42 Lindsay Phillips 44 15 Jill German 41 adult

Tracy Lehrer & Beth Rizzo

Male Winners Jesse Mitchell 46 Tyler Newell 14 63 Troy Simon 17 64 Andrew Lossau adult

## Maura Šalyer Martha Wells & Linda G. Scott

2nd (tied) Terry Gray & Ashley Tomlinson 3rd (tied)

# **Prize-winning pies**

Nancy Black, a resident of the Lake Murex neighborhood, and the East End Deli were awarded the Grand Champion Ribbons in the Independence Day Community Picnic Best Pies of Sanibel Competition. Nancy Black's "Pecan Pie" was the judge's first choice in the non-

commercial category, while East End Deli's "Banoffee" garnered the first place prize for commercial entries. Both were awarded Grand Champion ribbons as well as a basket of gifts including an engraved pie plate.

Other winners in the non-commercial category were Gloria Baker, second place, and Annie Skaugstad-Nachtsheim third place. In the commercial category the Orange Pie entered by Bailey's General Store

was awarded second place honors and Bailey's Key Lime Pie was awarded the third place ribbon.

Robert Price, the proprietor of East End Deli, baked the winning pie in the commercial category. Robert Price reports the "Banoffee" recipe is from

England where this pie was very popular in the 1980's. The pie is made from a graham cracker base, and the filling is made of lime juice, cream cheese, yogurt, sugar and bananas topped with toffee and meringue. An alternate topping is fresh bananas and fresh cream.

Sanibel resident Nancy Black and her husband Bill Black first came to Sanibel in 1983. Three days later they purchased a condominium at Sandalfoot. They

moved their permanent year-round residency to Sanibel in 2000. In addition to being a member of the Sanibel Community Church, Nancy is also a member of CASI. She is employed as the manager of Sandalfoot Condominiums on East Gulf Drive.

Robert and Kim Price, originally from the South Coast of England, have owned the East End Deli, located at 359 Periwinkle Way, since March 2003. The Price's visited Sanibel for the first time in 2000 and have been permanent residents since 2003.

## Nancy Black's Pecan Pie Recipe: Pecan Pie

1/2 cup light Karo Syrup 1/2 cup dark Karo Syrup

1 cup sugar

2 tablespoons butter, melted

1 teaspoon vanilla

1-3/4 cups pecans

Mix sugar and eggs together in bowl.

Add syrup. Stir to mix.

Add melted butter and vanilla. Stir well. Add pecans and pour into unbaked pie

1/2 teaspoon salt Mix together with a pastry blender until

Pie crust

l cup sifted flour

1/3 cup Crisco

Add four to six tablespoons ICE water.

Bake at 350° for fifty to fifty-five min-

Mix with a knife until mixture forms a ball. Let set for fifteen to twenty min-

Roll out dough and line pie dish. Trim edges and flute.

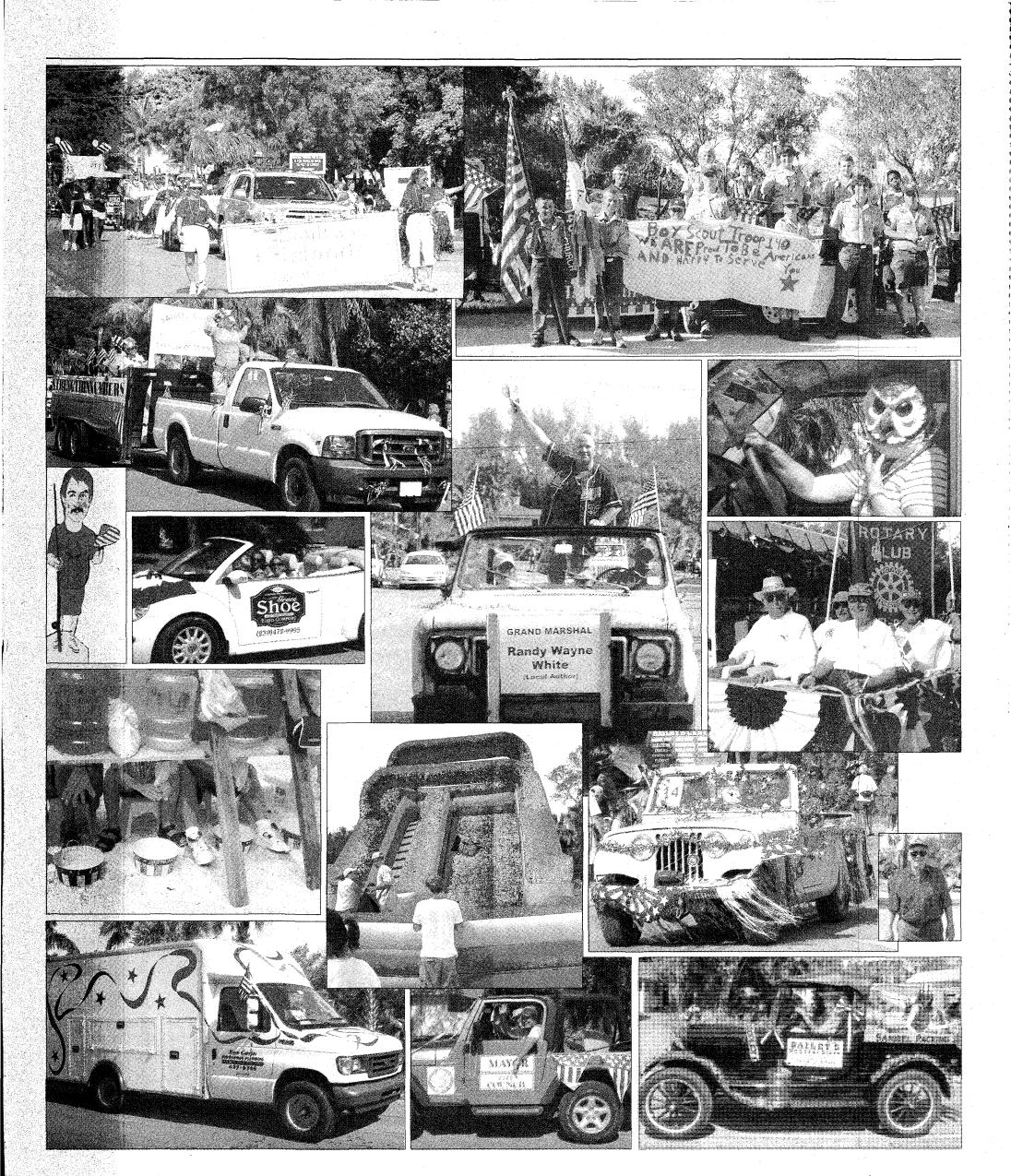
Fill with filling and bake as directed.

The pies were judged anonymously by a celebrity panel including Mayor Marty Harrity, Harry Bertossa, George Waters, Jackie Rauschert, and Councilmember Jim Jennings.

After tasting his fourteenth pie of the afternoon Mayor Harrity, speaking on behalf of all the judges stated, "I don't think I could eat another piece of pie right now."



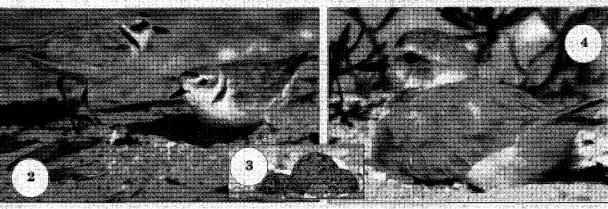
Nancy Black



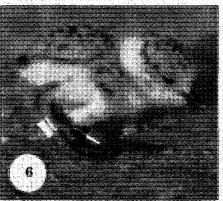
# Photo essay: Nesting snowy plovers

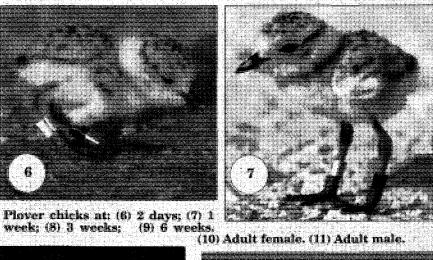
Photos by Clair Postmus





(1) Males hollow out a depression in the sand and line it with small shells. (2) The female (and male) inspect the nest... but the female has final say on acceptability. (3) While they show clearly in this photo, the speckled eggs are almost impossible to see by the untrained eye. (4) A female on the nest. (5) Parent, one chick and eggs that haven't yet hatched. Once all the chicks have hatched, they're up and running, darting up and down the beach like racing "cotton balls on tooth-



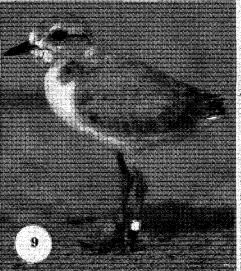




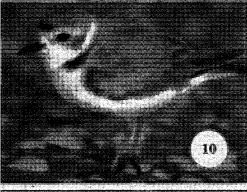


# Contest Page ...Here's How!

Select the country with the Highest Total Medal Count, circle it on the Entry Form, mail or drop it off to us and if your count is Closest... win \$100.00 Cash!! It's That Easy!









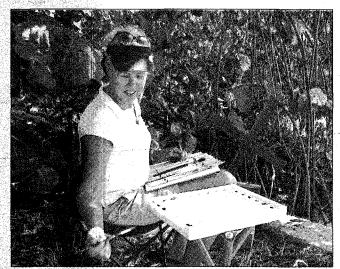
- Please keep out of the posted nesting areas on the beaches. Snowy plovers are extremely well-camouflaged and virtually impossible to see if they are not moving.
- Keep dogs restrained.
- Don't fly kites near nesting plovers. The nesting parents can mistake the kite for a predator (like a hawk) and temporarily leave the nest. Direct exposure to the hot sun can very quickly kill the unhatched chicks.
- Nesting season for snowy plovers lasts through mid-August, and plovers can have three clutches (three nests) in one season.

If you find an unstaked plover nest, please call Brad Smith at the Sanibel-Captiva Conservation Foundation at 472-2329.

# Have easel, will travel: the Thursday paint-out gang

By Amy Fleming Managing Editor, Captiva Current

Any fan of plein air painting knows that Sanibel and Captiva are an artist's paradise. For members of the Sanibel —Captiva Art League, it's practically a way of life.



Artist Caroline Hoisington sets out her watercolor palette.

Thursday morning found three of the members at Jensen's Marina for their weekly "Paint Out," setting up easels and deciding which scene to paint. They usually start at about nine, but on this morning, a visiting mother manatee and her baby became the initial focus of everyone's attention.

The paint-outs are held throughout the year at various focations on Sanibel and Captiva, drawing up to 18 artists during the season. Painters gather together at a designated area, say Bowman's Beach or the Chapel By the Sea, and spend the morning sketching and painting. Afterward, they share ideas and a friendly critique over bag lunches.

"We recently painted on the beach behind the Mucky Duck," said Betty Weise, president of the San-Cap Art

# - San-Cap Art League exhibit

Works by members of the Sanibel-Captiva Art League - some painting during the weekly paint-outs - can be seen during their annual summer exhibit at BIG ARTS Phillips Gallery and the Sanibel Public Library.

There are local scenes, drawings, collages and still lifes in a variety of media including watercolors, oils and acrylics Many of the artists have extensive backgrounds and experience in the visual arts and others have recently joined or are becoming newly acquainted with artistic endeavors. For viewing hours, call BIG ARTS at 395-0900; the Sanibel library at 472-2483.

League. "Most places are very hospitable, we can go just about anywhere."

Weise had found a shady spot beneath a coconut palm, with a picnic bench handy for setting out a roll of brushes and a blue duffel bag filled with supplies.

"I like that bicycle over there, with the lobster boxes," she said, sketching a scene near the Jensens' office.

According to Weise, Tarpon Bay is another favorite spot with the league, as well as the causeway islands.

"There are lots of fishermen there, lots of good rocks, shadows and trees," she said.

Under a seagrape tree, next to a stand of red mangroves, Caroline Hoisington sat squeezing tubes of watercolor onto her palette.

"I can hardly imagine anything better than sitting in the shade out here,"

she said.

Hoisington surveyed the scene around her, trying to decide what to paint. The view through the mangroves had first caught her eye, but then the play of light on the water and the weathered docks and pilings proved to be just as interesting.

"I really like all the verticles," said Hoisington, eyeing the boat slips and the shrimp shack.

Rita McLain has

Spiral Staircases



Amy Fleming photos Betty Weise, the San-Cap Art League's president, sketching a scene at Jensens' Marina.

been painting with the league since 1980, and is getting ready for a show at the Sanibel Library this March. She had her easel set up under a tiki hut that afforded a good view up the Roosevelt Channel, to a small point of land that had once offered a favorite waterside scene. Recently though, someone had removed the picturesque vegetation and small skiffs that used to dock there, and

plopped down a new, very large house. McLain was sketching the imposing east wing of the mansion, which she planned on hiding behind a lot of vegetation, along with the sweeping palm trees of Jensens Marina and sailboats floating in calm water.

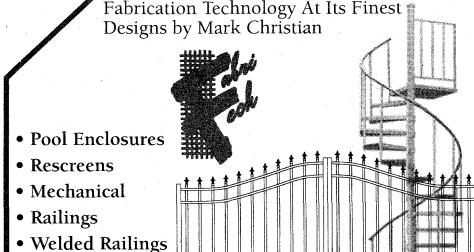
"It's nice to share art ideas and news with fellow artists," she said. "This is a congenial group — a happy group."

The San-Cap Art League holds paintout every Thursday morning through the month, then resuming



Rita McLain, with a nearly completed sketch.

again in October. Bring materials, a chair, and a sack lunch. On July 8 and 15, the group will meet and paint at the Thistle Lodge on Casa Ybel Rd, on the 22nd, at the Lighthouse Restaurant at Port Sanibel, and on the 29th, at the Punta Rassa fishing pier.



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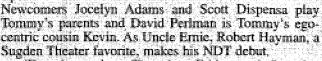




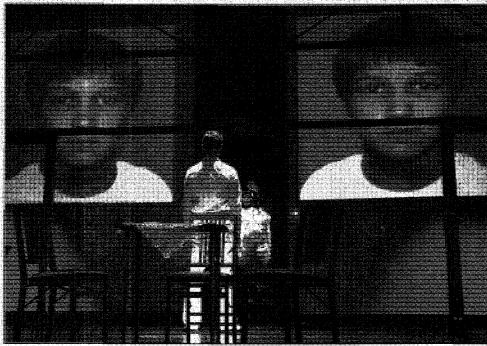
# Naples Dinner Theatre presents The Who's Tommy

The Naples Dinner Theatre presents the Broadway hit musical version of the Who's classic rock musical. The show opened on Broadway in 1995 to critical and audience acclaim and has only been seen once locally, as a Broadway tour at the Barbara B. Mann. This is the regional theatre premiere of the rock musical classic.

The NDT production is directed by Michael Wainstein, with musical direction by Loren B. Strickland. The lavish design is by Jason Bolen and includes over 180 digital projections. The 150 costumes were designed by Susic Hartman, The cast of 26 is led by Stephen F. Agosto, who was last seen Stephen F. Agosto as Tommy as Prince Dauntless in Once Mattress.



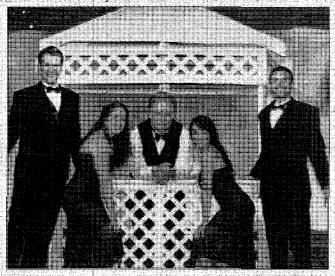
The show plays Thursday, Friday and Saturday evenings through August 21. Thursday nights will be Cafe Nights, with no buffet and an a la carte menu, avail-



able for \$27.50 for adults, \$10 for children 15 and under. Friday and Saturday shows feature a full buffet dinner and show for \$42.50 for adults, \$15 for children 15 and under. Tommy is not suitable for children under 12.

Box office hours are 9 - 8 p.m. daily and tickets can be ordered by calling 239/514-STAR (7827). All sales

# Summertime and the Music is Easy at Off-Broadway Palm

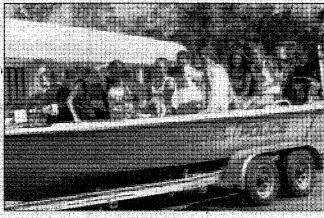


Off Broadway Palm Theatre Summertime and the Music is Easy, playing July 8 -August 29. This spectacular musical revue features all of the hottest tunes from the composers that made our hearts sizzle. Summertime and the Music is Easy will feature classic hit songs from the '30s and '40s, from such great composers as Richard Rodgers, Irving Berlin. Cole Porter, Gershwin and more. Some of the songs include It Don't Mean a Thing, Night and Day, In the Still of the Night, Chattanooga Choo-Choo, Kalamazoo, I Got Rhythm and many more.

Summertime and the Music is Easy is directed by Victor Legarreta. Musical Direction is by Tim Raymond. Tim has served as musical director for over 50 musical theatre shows, as well as a myriad of concert-stage productions. The cast includes Kristin Collura, Brian Padgett, Tim Roberts and Amelia Sheperd.

This summer, why not slip into something comfortable: Summertime and the Music is Easy. The Off Broadway Theatre is located just off Broadway Palm's main lobby. Performances are Wednesday through Sunday with selected matinees. Ticket prices range from \$20 to \$34 and can be reserved by calling (239) 278-4422, on-line at www.BroadwayPalm.com, or by stopping by the box office located at 1380 Colonial Boulevard in Fort Myers.





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# A lotta laughs and A Little Murder...

By Karen Nelson **Managing Editor** 

For a delightful romp through a bit of murder, be sure to see A Little Murder Never Hurt Anybody, now playing at the SCA Periwinkle Playhouse. The Off Beach Players production, directed by John Thomas, is an engaging evening with an off-kilter family - and it's perfect for family viewing.

In the first scene, on the eve of their New Year's Eve party, Matthew and Julia Perry (Patrick O'Connell and Cary Gorsline) begin their ritual of naming their New Year's resolutions. We know we're in for an unusual evening when Matthew declares that he intends to murder Julia (his wife) before the next New Year. She takes his resolution in stride and, as the play progresses, numerous friends, pets and servants succumb to suspicious deaths.

Characters in this play have secrets: daughter Bunny's fiancé (Mark Sauer) is looking for his father; Detective Plotnick (Dave Yudowitz), the wise-cracking, New York-style detective, is looking for the murderer, and the lurking butler (Troy Gibson) is looking for... well, you'll just

have to see the play to find out.

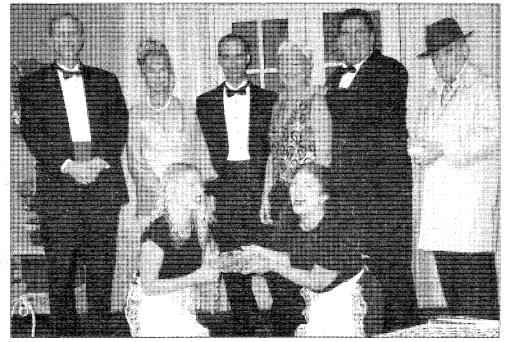
Endearing (but rather smarts-challenged) daughter Bunny (Laurie Pickens) brings her fiancé around for family introductions.

Director Thomas keeps the pace brisk and the laughter flowing. The actors skilfully highlight these foible-filled characters, holding their own in this fast-moving farce. Wife Julia, daughter Bunny and her sweet, bumbling, fiancé, Donald, are warmly sympathetic. Plotnick, who calls women "sister," is tenacious and fast-talking. And in the end, even those who bore the brunt of suspicion turn out to be happily OK.

Jack Koc's professional set evokes the comfortable Florida home of the obviously well-off Perry family with French doors, a peach-and-teal color theme, floral arrangements on pedestals, wicker furniture and, of course, Oriental carpets. Music from the '60s (I think?) gives a nice sense of quirky nostalgia to the evening and Todd Sherman's lighting design is in line with the upbeat mood.

The actors wear their roles well and keep the pace brisk, just the right tempo for a farce. The opening night audience (over a hundred people) had a wonderful time. It's great for kids - some of the loudest laughs in the crowd came from the kids in the audience - but don't think that the show plays down for or to them.

Despite the potentially gruesome subject matter, murder is rarely this lighthearted. Everything is tied up very nicely at the end and the resolution sends everyone home happy with the outcome.



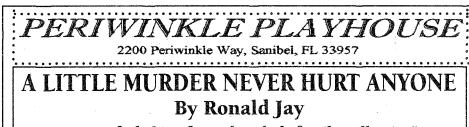
Standing, from left: Mark Sauer, Laurie Pickens, Troy Gibson, Cary Gorsline, Patrick O'Connell, Dave Yudowitz. Front: Maria Familo and

For a light and frothy evening of theatre, with some sparkling dialogue delivered by a wonderful cast, remember that A Little Murder Never Hurt Anybody.

Produced by June Koc; marketing by Vince Kelly. Production staff: June Koc, Cameron Anholt and Maria Familo.

Now playing at the SCA Periwinkle Playhouse at 2200 Periwinkle Way. Performances Wednesday through Saturday at 8 p.m. through July 24. Tickets \$15 adults, \$5 children. Call the box office at 472-0324 or Needful Things at 472-5400.





"A great frolicking farce the whole family will enjoy". July 1st thru July 17th

The Off Beach Players are back, Sanibel's original Summer Theater Group. A Little Murder Never Hurt Anybody features a mom, a dad, a daughter, a boyfriend, a detective and a Butler...and the plot thickens.

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Coldwell Banker Residential Real Estate Inc

# Graffrigeriti

(Inspired by William Carlos Williams) I

This is just to say

There is nothing good to eat in the refrigerator

I have gone to Timber's bar for food and comfort

This time I forgive you Don't wait up for me II This is just to say

I couldn't find the AA batteries we usually keep in the butter dish.

Had to work the TV manually and keep getting up to change the channel.

Please turn the TV off when you come to bed. Ш

This is just to say

The light on the other side of this door blinks on and off

have gone to Ace hardware to buy a replacement

I hope they don't tell me it's on back order from the dealer IV
This is just to say

Mona called to say Inez can't make it

if Betty's Beemer isn't back from the dealer

in time to take her and Jeannie home from the luncheon V
This is just to say

I missed you when I woke up this morning

forgot your

CAT scan date but couldn't wait my stress test at ten beckons

sorry I'll be back at two and then we'll wait for the results V

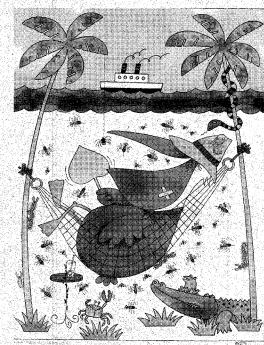
This is just to say

The CAT scan was last week when you were busy with your writer's group

this morning
I took the convertible
for its oil change
that you forgot

came back then left right away for eleven o'clock waxing and pedicure

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Ahhh Tropical Paradise

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	SCHARLE PO Box 809  MAILTO PO Box 809  2340 Periwinkle Way  Sambal Island, Florida 33957 x 239,473, 1887

## VII

This is just to say

A Dr. Faustus called to make an appointment for soul swapping

I told him you had your hands full with mine



He insists you shook hands on it Will call again round midnight



By Joseph Pacheco



# Broadway Palm Children's Theatre presents Pinocchio

Broadway Palm Childrens' Theatre presents the enchanted and fun-filled story of Pinocchio this summer. Pinocchio, the wooden puppet of a toy maker, wants nothing more than to become a real boy and he will do almost anything to become human.

Join Pinocchio on his adventures, which include a run-in with troublemakers Candlewick and Gino, a trip to the sinister Land of Toys and finding himself inside the belly of a whale. This heartwarming tale is perfect for all ages.

Pinocchio performances are July 16,

17, 21, 23, 25, 29, 30 & 31 and August 5, 6, & 7. Tickets are \$14 for all ages, with lunch at noon and the show at 1:00 p.m. Chef Greg features a special menu for the young and the young-at-heart that includes hamburgers, hot dogs, chicken fingers, pizza and more.

To purchase tickets for this show call 239/278-4422, stop by our box office at 1380 Colonial Boulevard, or visit our website at www.BroadwayPalm.com.



# **CENTER STAGE**

# Marsha takes a look at Farenheit 9/11

Before making my journey to Pennsylvania, I had one more opportunity to get to the Big Apple to see daughter Lisa and the Metropolitan Museum. The bus from Wayne got my friend, Adele, and me to the city lickety-split, actually in 25 minutes. Small wonder so many folks are moving out of the city and into the 'burbs where the living is cheaper. A round trip bus ticket costs \$4.50, a lot cheaper than the \$3 one way trip on the subway. We disembarked at the Port Authority Bus Terminal — completely spiffed up and no longer the dirty entrance to the Big Apple it used to be.

wound my way across 42nd Street (also all spruced up

and looking good) and ambled over to 5th Avenue to my favorite pit stop, Saks 5th, where you can stop and shop in style and comfort. Next a sprightly jaunt up Madison Avenue to check all the latest fashions. The is THE place to see all the designer label outfits parading about shopping, lunching, or walking the dog. This is also the the best street for star gazing and checking out the celebs. The art galleries on Madison



Marsha Wagner

Avenue feature the Who's Who in the emerging artists scene. A visit to several of these galleries is like a mini-visit to a museum. Just don't let the hoi polloi, snobby gallery owners/managers run you off. Stick up your nose and tell them you're a personal friend of the artist's family and just checking the gallery out. Humph!

If there's a sale in any of the boutiques on this pricey avenue, it's bound to be a major mark-down melt-down instead of \$3,000 for a silk shirt, it will be a mere \$2,000. Or, if you're in my league, go to Daffy's on 57th between Park and Lexington where I purchased a suede jacket for \$29.99 instead of \$159.99. Even the couture copies at Daffy's are outstanding and the prices are rock bottom.

But onward and up Madison Avenue after a soft pretzel

purchase (need all the carbs and salt I can ingest after viewing those fashions and thin people) to the Metropolitan on 81st and 5th. Met with Lisa and Adele in the lobby in front of the to-die-for beautiful flower arrangement. We had decided to see the Childe Hassam exhibit which was currently showing. Hassam is a late-19th/early 20th century American Impressionist who was Boston born and painted mostly cityscapes of his hometown, New York City and Paris, France. My personal favorite was an evening snow scene of Paris, but they had no posters or post cards of this particular picture. BooHiss!

Had a nifty supper at the museum instead of eating out since it was raining cats and dogs when we started to leave. Rather nice meal and not too pricey. The restaurant is near the Wrightsman Galleries in the museum. You might want to check it out. We managed to have a two-hour dinner during which London-based Lisa shared her favorite dining places, things to see and do in London and the surrounding environs. Adele is planning a London visit in October and Lisa is a real foodie and an experienced Mom's-friends-visiting London tour guide.

The next day found us on the road again — to Pennsylvania this time. We drove the beautiful tree-lined roads of Pennsylvania to Lake Wallenpaupack. ...Oh, give me a home where the garbage bears roam, where the deer and the wild turkeys play... Where seldom is heard a discouraging word as the golf balls go kerplop in the bay (lake)... Tanglewood Lakes is a charming golf community with boating, fishing, hiking and all that outdoorsy stuff that yours truly doesn't do. Big city girls don't trust grass and open spaces with turkeys, deer and eeekkk, bears.

Steve, Adele and I took off one rainy evening to the movies to see Michael Moore's Farenheit 9/11 and see what all the fuss was about. Wel-1-1-1, got to tell you guys, on pain of rattling a few cages, I was underwhelmed. I found the whole presentation a tad lengthy, and Moore's exaggerated, mocking of Bush, his policies, his cabinet and the war on Iraq way over-the-top and, therefore, more humorous

than serious. Even though I am neither a Bush fan nor do I sanction the war, I could not get with this film or agree wholly with it. 'Nuf said. We did have one heck of a good discussion afterward. In fact, our conversation lasted all through dinner at Ruby Tuesday's where we got so involved we even engaged our film student/waitress in the discussion. That in itself speaks well for the film. Anything that leads to a lively political exchange is aces in my book. Say, how about a round-table discussion of Farenheit 9/11 at BIG Arts come October? OK?

Well must start packing for the next leg of my journey when it'll be time to shuffle off to Buffalo.

# **Red White or Blue at Arts for ACT**

Come celebrate the "Red White or Blue" at Arts for Act Gallery at 2265 First Street in historic downtown Fort Myers Friday, July 9, 2004 from 6 to 9 p.m.

The Gallery's first group show highlights our remarkable artists working in "Red White or Blue." This contemporary show features original art, handcrafted fine crafts, silver and glass bead jewelry, gourd art, clay, metal work, photographs, digital art, and sculptures. Presented in our country's colors, these extraordinary creations range from fun and funky to serious and all are truly one-of-a-kind originals. "Red, White or Blue" continues through the fourth of August.

Proceeds help benefit Abuse Counseling and Treatment, Inc. a non-profit agency established to provide shelter, 24 hour hotline, counseling and education to victims of domestic violence and their families and survivors of sexual assault, serving Lee, Hendry and Glades Counties. For additional information contact Claudia at Abuse Counseling and Treatment, Inc. at 939-2553.

Location, Location, Location



- Direct access, deep water, wide canal4 bedroom, 3 bath, Michigan home
- Family room, living room, large utility room
  Double garage, pool, patio dock!

\$1,497,000 (105077) Robin Humphrey • 472-5187 x 218

Penthouse Island Beach Club



- Peaceful lake views3 bedroom & den, 2 bathCaged & heated pool with spa
- Excellent location on quiet cul-de-sac

\$574,000 (105087) James & Penny Hetmanek 472-5187 x 219/202

Gergerus Lake Vicus

Realle, Realle Close To



- the Gulf on Captiva! 3 bedroom, 3.5 bath
- Open, gourmet kitchen with granite
  Fully furnished by Robb & Stucky
  Top floor master with views galore

\$4,950,000 (104032) Jim Hall • 472-5187 x 215

Caption Village Home

- 2 bedroom, 2.5 bath in Sunset Captiva
- Community pool, tennis and grills
- Short walk to shops, restaurant & marina

\$789,000 (104596) Karen Bell • 472-7800 x 270

# Near Beach Lot NEW LISTING

- 100' x 100' lot
- In Captiva's "Village"
- Quiet neighborhood Steps to Gulf and Bay

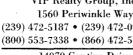
\$1,230,000 (105069) Karen Bell • 472-7800 x 270

Sanctuary

# PRICE REDUCED

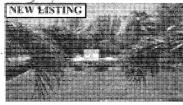
- The best of the best
- Private golf club community
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\$589,900 (105094) John Buskirk • 472-5187 x 253 VIP Realty Group, Inc.

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- · Furnished I bedroom
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  East-end convenience
- · Community pool, canal docks & beach access

\$249,500 (105102) Susan Andrews • 472-5187 x 251



- · Loggerhead Cay, beautifully remodeled
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  2 bedroom, 2 bath with good Gulf views
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\$629,000 (104611) Lynda Traverso • 472-5187 x 226



Large master suite

Ideal 2nd home

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# **CHURCH**

# Sanibel Congregational United Church of Christ

Full service on Sundays at 10 a.m. through September. Sunday School and childcare will be available. There is an elevator for easy access to the sanctuary. Dr. Randal H. Niehoff, senior pastor; Dr. Sandra Boler, associate pastor. Located at 2050 Periwinkle Way, across from Periwinkle Place Shopping Center. Phone 472-0497.

**Sanibel Community Church** 

During the summer months, Sanibel Community Church has added "Word Surfers" for children Kindergarten through 5th grade. Fun games, crafts, praise songs, puppets and exciting Bible teaching occur at the same time as the 9:00 a.m. Contemporary Service.

Traditional services at 8 and 10:45 a.m.; contemporary service at 9 a.m. and Kids' Church at 9 a.m. Dr. Daryl Donovan, pastor; Dr. Ed VanderHey, associate pastor. Located at 1740 Periwinkle Way, next to Jerry's Market; 472-2684. All are welcome; feel free to come dressed casually.

The Carpenters Shop at the Sanibel Community Church. Bibles, books, music, gifts. Mon-Thurs. 10 a.m. - 2 p.m., Sunday 9 a.m. - noon.

St. Michael and All Angels **Episcopal Church** 

Services on Sunday at 8 and 10 a.m.; on Saturday at 5 p.m. Donald Fishburne, rector; Suzy Post, associate rector Located at 2304 Periwinkle Way. Phone 472-2173.

- Bible Study and Prayer Fridays 10 - 11:30; a.m. in the Parish Hall. 472-2173.
- Noah's Ark Thrift Shop, the award-winning shop run by volunteers at Saint Michael and All Angels Episcopal Church on Sanibel, is open Tuesdays and Fridays from 9:30 till 12:30 in July and August. Noah's Ark is located in the last building behind St. Michael and All Angels Episcopal Church at 2304 Periwinkle Way in the middle of Sanibel Island. Phone 472-3356.

# St. Isabel Catholic Church

Mass at 8:30 and 10:30 a.m. on Sunday; 5:30 p.m. on Saturday. Daily mass at 8:30 a.m. on Monday, Wednesday, Thursday and Friday; Communion service at 8:30 a.m. on Tuesday. Father Christopher Senk. Located at 3559 Sanibel Captiva Road. Phone 472-2763.

# **EVENTS**

# Saturday, July 10

**ALLIGATOR AMBLERS museum** stroll at the SWFL Museum of History, 2300 Peck St. Ft. Myers. Admission 9:50, meet at museum, 10:30 a.m. July 10. RSVP (239)

495-7644

- FI. MYERS AGLOW MEETING. guest speaker Dianna Carpenter-Eick, ordained minister, counselor, Shofar Sounder. Holiday Inn Riverwalk, July 10 at 9 a.m. \$10 includes breakfast. 936-3307, or 543-3949.
- Pine Island's MANGO MANIA -Saturday and Sunday, July 10 - 11, starting at 10 a.m. on both days. Over 100 vendors.

The RANDELL RESEARCH CEN-TER will also be at the festival, with Dr. Bill Marquardt and Dr. Karen Walker at the Randell booth on Saturday. Dr. John Worth will be at the booth on both days plus he will be speaking at 3 p.m. on Sunday. There will be a basket-weaving demonstration for the kids. Mango Mania will be held at the German American Social Club on Pine Island Road; admission is \$5.

# Sunday, July 11

Pine Island's MANGO MANIA see July 10.

Dr. John Worth of the Randell Research Center will be speaking at 3 p.m. about his recent trip to Spain to research the Calusa Indians.

# **Every week:**

Monday

- **BRIDGE FOR FUN Senior Center** 2401 Library Way. \$2 members, \$4 non-members. No partner needed all levels welcome. 472-5743.
- SHELLCRAFTERS 10 a.m. to 3 p.m. every Monday at the Community House on Periwinkle.
- GAMES DAY at the Senior Center, 2401 Library Way, Bridge, Mahjong, and more. All levels welcome. \$2 members, \$4 non-members. 472-

## Tuesday

- TROUBLESTARTERS AT THE AMERICAN LEGION Every Tuesday evening 7:30 pm. to closing. San-Cap Rd. at mile marker 3. 472-9979.
- FORT MYERS SWING DANCE SOCIETY meets every Tuesday at Ron Dao's Sports Bar in Ft. Myers, 15320 McGregor Blvd. Free lessons 8:30 - 9 p.m. No cover, 239/851-

## Friday

**GOURMET SINGLES SUPPER** CLUB meets every Friday in finest restaurants in the area. For more info, call 332-8191

Upcoming

Pine Island's MANGO MANIA Saturday and Sunday, July 10 - 11, starting at 10 a.m. on both days. Over 100 vendors.

The RANDELL RESEARCH CEN-

TER will also be at the festival, with Dr. Bill Marquardt and Dr. Karen Walker at the Randell booth on Saturday. Dr. John Worth will be at the booth on both days plus he will be speaking about his recent research trip to Spain at 3 p.m. on Sunday. There will be a basketweaving demonstration for the kids. Mango Mania will be held at the German American Club on Pine Island Road; admission is \$5.

- Ongoing
   SUMMER HOURS AT THE HIS-TORICAL MUSEUM Open half days, Wednesday - Saturday 10 a.m. to 1 p.m. 950 Dunlop Rd. 472-4648.
- AMERICAN SEWING GUILD, Southwest Florida Chapter, meets at the Lee County EXtension Service in Terry Park. "Heirloom Sewing the Martha Pullen Way" July 24, 12:30 - 3 p.m. Dues are \$40/year. 458-2858.

# STAGE / MOVIES

- Now playing:
   A LITTLE MURDER NEVER HURT ANYBODY, by Ronald Jay. The Off-Beach Players are back with another rollicking farce for the whole family: with a mom, a dad, a daughter, a boyfriend, a detective and a butler... ah, the plot thickens. Starring Dave Yudowitz, Roy Gibson, Laurie Pickens, Mark Sauer, Cary Gorsline, Patrick O'Connor.
  - Directed by John Thomas. Produced by June Koc. Through July 24 at the Periwinkle Playhouse. Box office 472-0324.
  - "FOOLS," part of a summer of Neil Simon at the Florida Rep, in the historic Arcade Theatre downtown Fort Myers. Directed by Bob Cacioppo July 9 - Aug. 1 . 332-4665
- GREASE at the Broadway Palm, through Aug. 14. 1380 Colonial Blvd, Fort Myers. 278-4422.
- BROADWAY PALM CHILDRENS' THEATRE presents Alice in Wonderland, July 1,2,3,7,9, &11. Lunch and show \$14, 278-4422.

YOU'RE A GOOD MAN, CHAR-LIE BROWN. Naples Dinner Theatre's Ice Cream Theatre, performances at 12:30 for the whole family. Starring Brian Hamilton, Brice

Corder, Anthony Palencsar, Steven Arlen, Marissa Joy Ganz and Kate Phillips. Music by Clark Gesner, directed by Michael Wainstein. Lunch includes hamburgers, hot dogs, pizza, fries and Ice Cream Sundae Bar, \$16 Adults; \$13 Children. Performances June 25; July 15, 16, 22, 23, 29,



Carol Provonsha, in Fools at Florida Rep

30; August 5, 6, 12,13. Box Office 239/514-STAR (7827).

## **Upcoming:**

**CAFE** CABARET -Kid's Conspiracy founder Shawn Holiday will be part of a comedy troupe that will be performing at the Cafe

Cabaret at the Broadway Palm Dinner Theatre. The program will consist of adult comedy, skits and improvisation on Saturday nights at 9 p.m. beginning in July. THIS IS NOT A KID'S SHOW.

FIDDLER ON THE ROOF -Cultural Park Theatre Company presents Fiddler on the Roof, with music by Jerry Bock, lyrics by Sheldon Harnick and book by Joseph Stein, starring Danial Valol as Tevye, with Lee Otto and Leni Manno. Directed by Leni Manno, musical director - Barbara Atkins. Playing August 20 - September 5. Cultural Park Theatre is at 528 Cultural Park Boulevard, Cape Coral. Special pricing - \$10 adults, \$5 students. Call 772-5862 for information.

# At the movies

- ANCHORMAN, starring Will Farrell and Christina Applegate, rated PG13, playing at 4:30, 7 and 9:00 p.m.
- SPIDERMAN 2, starring Tobey Maguire, rated PG-13, playing at 4, 6:30 and 9 p.m.

Both playing at Island Cinema in Bailey's Center, phone 472-1701.

# **ISLAND NIGHTS**

CROW'S NEST - July 2 - 4: Blues Water; July 6 - 7: John Salamon. Monday and Thursday: Nascrab races - 6 p.m., children's show; Monday at 9 p.m., adult show.



A Little Murder Never Hurt Anybody we records inte



Grease

Don't forget to get a number when you come in for the Crab races so you can get your own crab to bet on. Win prizes, drinks, T-shirts and cash (half the money goes to the United Way). At 'Tween Waters Inn on Captiva; 472-5161 x423.

# **ART**

- ROBERT RAUSCHENBERG at the Bob Rauschenberg Gallery (formerly Edison Community College Gallery of Fine Art). "Scenarios," recent work, 8099 College Pkwy. Through July 11.
- ARTS FOR ACT PREVIEW at the Bob Rauschenberg Gallery at Edison College. More than 180 pieces of art to pick from. Poster "Cathedral," by featured artist Judy Smith will go on sale. July 15, 6 8 p.m.
- RED, WHITE OR BLUE at the Arts for ACT Gallery, 2265 First St, downtown. Original art, fine crafts.

  Opening reception July 9, 6 9 p.m.

  Show runs through August 4.
- SAN-CAP ART LEAGUE at BIG ARTS and the Sanibel Library, on view throughout the summer. Large variety of tropical and local scenes: lighthouse, marina, fishing pier, causeway, beach and chapel. Wide variety of media. Sanibel Library: 472-2483; BIG Arts: 395-0900.
- BIG ARTS Phillips Gallery large mosaic butterfly made by Sambel Elementary School artists during their annual May Art Exhibit, BUG-WORKS. The mosaic butterfly will be permanently displayed at the



Ann Bischoff of the San-Cap Art League

- Sanibel School, along with last year's FISHWORKS mosaic.
- PURE LINE WINNERS at the Alliance for the Arts, 10091 McGregor Blvd, Fort Myers. Featuring award winning Florida Artists. Show runs through July 30. 939-2787
- SUMMER MEMBERS' SHOW at the Fort Myers Beach Art Assoc. corner of Donora and Shell Mound Blvd., FMB. Open Weds and Thurs 9-1.
- CALL TO ARTISTS: Exhibition opportunities at the Cape Coral City Hall, through Arts in Public Places. Call Cape Coral Arts Studio, Fine Arts Division at 574-0802
- TICKETS ON SALE FOR ARTS FOR ACT AUCTION, event to take place August 21, from 5:30 to 11 p.m. at the Harborside Convention Center. Featured artist is Judy Smith. \$75 advance, \$85 at the door. Tables available, call (239) 939-2553.

## Thursday

 PAINT OUT with the San-Cap Art League, 9 a.m. - noon, bring lunch and a chair. July 8 & 15 — Thistle Lodge, Casa Ybel; July 22 — Lighthouse Restaurant at Port Sanibel; July 29 — Punta Rassa Fishing. 472-1850

For more information about the Art League's weekly paintouts, seasonal portrait workshop and educational programs call 472-8834, 472-2726 or write to Sanibel-Captiva Art League, P.O. Box 1192, Sanibel, Fl, 33957

# **OUTDOOR ACTIVITIES**

- SCCF LIFE ALONG OUR TRAILS. Tues, Wed and Fri at 9 a.m. Guided tour along Center Tract trails. Learn about the interior wetland habitat, natural and cultural history, land management and preservation. \$3 non-members. At SCCF. 3333 Sanibel-Captiva Road.
- TARPON BAY EXPLORERS is offering naturalist led tours on the Tarpon Bay portion of the 'Ding' Darling National Wildlife Refuge for birders, naturalists, and curious people who enjoy being on the water and learning from an experienced naturalist. Call for reservations for all activities. 472-8900

## CRUISES:

- Sealife and Nature cruise in Tarpon Bay onboard the electric-powered, 26 passenger pontoon boat. Tours depart at 11a.m., 1 p.m., tour is approx. 90 minutes.
- Evening cruise at 6 p.m. These tours also include a visit to the touch tank. Tour is approx. 2 hours.
- Breakfast cruise 9 a.m. Tuesday and Thursday. 90 min., includes coffee, juice, and pastry. Also includes visit to the touch tank.
- •EVERGLADES DAY TOUR all-day Tuesday, Thursday, Saturday,

- meet at 8 a.m., return around 6:30 p.m. Includes air boat ride, swamp buggy tour, and more. Call for reservations. 472-0101.
- TOUCH TANK EXPLORATION at 11 a.m. and 1 p.m. Program approx. 1/2 hour.
- TRAM TOUR OF WILDLIFE DRIVE leaves every 1 1/2 hours, Sat. Thurs., 7:30 a.m. 8 p.m. Wildlife Drive is now open from 7:30 a.m. to 7:30 p.m. except Fridays. Reservations, 472-1351
  - SITTING ON THE DOCK OF THE BAY: The naturalists at Tarpon Bay Explorers have started up free lunchtime talks beginning at 12:30 p.m. Mon.- Fri. on the observation deck overlooking the most beautiful setting on Sanibel and last about half an hour. Topics include Calusa Cafe, manatees, dolphins, sharks, turtles, and alligators. Tarpon Bay Explorers is located at the north end of Tarpon Bay Rd. Call for reservations for all activities. 472-8900
- CAPTIVA CRUISES offers a variety of cruises and sailing charters, all departing from South Seas Resort. Call 472-5300 for reservations and information:
  - Dolphin & Wildlife Adventure Cruises. Daily at 4 p.m., Captiva Cruises departing from South Seas. Narrated by SCCF docents. 472-5300 for reservations. \$20/adult; \$10/children 4-12; under 3 free.• Dolphin & Wildlife Adventure -Docents from the SCCF narrate this 1-1/2 hour cruise. Departs at 4 p.m.
  - Island Beach & Shelling Cruise -3-hour shelling cruise to Cayo Costa State Park. Two trips: at 9 a.m. and 1 p.m.
  - Cabbage Key or Useppa Island Get off at either Cabbage Key or Useppa Island. Enjoy a Cheeseburger in Paradise at Cabbage Key and then follow the nature trail; or enjoy lunch at Useppa and then tour this story-book island and visit the history museum, with exhibits on the Calusa and on the role of Useppa in the CIA's training program for the Bay of Pigs. Depart at 10:30 a.m. and return at 3:30 p.m.

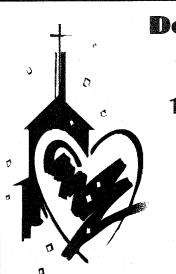
- Sunset Serenade
- ONE-HOUR CRUISE on the Stars & Stripes, departing from Sanibel Marina, 472-2531. Cruise from the Sanibel Lighthouse to the back bay wildlife areas. Tours depart at 10 a.m., 1 p.m. and 3 p. m. Sunset Cruise also available, with complimentary beverages served on board.
- ADVENTURES IN PARADISE at Port Sanibel Marina (across the Causeway): Cruises; dolphin watch, sunset cruises and more on board power catamarans. Canoe and kayak tours; guided or self guided. Walk the Boardwalk; free nature tour of mile-long boardwalk at Port Sanibel Marina, Monday, Wednesday, Friday 10 a.m. 472-8443.

## By Kayak or Canoe

- TARPON BAY EXPLORERS offers two tours. 472-8900
  - Guided trail tour by canoe and kayak at 10:30 a.m. daily.
  - Sunset Paddles tour Monday, Wednesday, Friday, 6 p.m. Tour is about 2 1/2 hours.
- ADVENTURE SEA KAYAK WILDLIFE TOURS, the islands' original kayak tours, offers several tours departing from 'Tween Water Inn Marina on Captiva, just across Roosevelt Channel from undeveloped Buck Key. Led by ACA/BCU Instructor Brian Houston and John Houston. 472-5161, ext. 4 or 239/437-0956.
- CAPTIVA KAYAK CO. & WILDLIFE ADVENTURES offers rentals, tours, sales and instructions for kayaking and sailing. Departing from McCarthy's Marina on Captiva. 395-2925, toll free 1-877-EZ-KAYAK.

# Sailing

- NEW MOON, with Capt. Mick Gurley, departing from 'Tween Waters Inn Marina. 395-1782.
- ADVENTURE and MAGIC DRAG-ON, with Captiva Cruises, departing from South Seas Resort. 472-5300.
- RENTALS. A variety of trimarans, perfect for shallow bay waters, avail-



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We Need Your Help

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- able for rental from Captiva Kayak at McCarthy's Marina. 395-2925.
- LEARN TO SAIL at Offshore Sailing School's location at South Seas Resort. Three and five day courses offered. Learn to Sail and Performance Sailing on a Colgate 26; Bareboat Cruising Certification on a Hunter 356; Junior Captains Course for kids 7-11 in Hunter 90's. 472-5111, ext. 7141 or 800/221-4326.

# **Water Sports**

- YOLO WATERSPORTS offers parasailing, waverunners, snorkel gear, beach gear and more. At 11534 Andy Rosse Lane on Captiva.
- HOLIDAY WATER SPORTS offers para-sailing and waverunners. At the north end of South Seas Resort; available to the public with advance reservations. 472-B WET (2938).

## **Boat rentals**

- JENSEN'S MARINA Charter (up to six people) by the hour (as little as one hour available). Rental fleet includes 24' pontoon boat, 18' Bowrider, 18' Center Console and 14' Skiff. Water taxi to out islands available. Jensen's Marina is on Captiva Island. 472-5800.
- THE BOAT HOUSE at SANIBEL MARINA Charter for fishing, shelling and sightseeing. 21' Center Console, 20' Regal deck boats, 20' Power catamarans. Sanibel Marina at 634 North Yachtsman Drive (off Periwinkle) on Sanibel, 472-2531.

## Weekly Eco-events Saturday

- VEGETATION WALK 2 hour tour of Shell Mound trail 9 a.m. every other Sat. 472-1100 x222.
- FAMILY FUN AT THE REFUGE guided tour of Wildlife Dr. for the family. 9 a.m. RSVP 472-1100 x222.
- KORESHAN STATE HISTORIC SITE guided tours.10 a.m. Sat. and Sun. \$3.25 per vehicle.

## Tuesday

 Butterfly House Tours at SCCF at 10 a.m.; \$1 donation. A guide will explain the life cycle and behaviors

t feed me

Painst the law

of butterflies.

• SCCF Ethnobotany Tour at 10 a.m. Free to members, \$3 non-members. In guided tour, learn how native cultures (Calusa, Seminole and Caribbean) have used native plants.

## Thursday

 TURTLE TRACKS at the Sanibel -Captiva Conservation Foundation's Nature Center at 9 a.m. on Thursdays. Interpretive program on the life cycle of the sea turtles that make their home on the islands. \$3 adults/ kids free. \$2 for parking at the beach. 472-2329

# **KIDS**

- SUMMER ARTS CAMP at the Lee County Alliance for the Arts: Tons of great programs for kids and grown-ups, including painting in all media for adults, Space Odyssey, Treasure Island, Super Sleuths and more for the kids. 939-2787.
- Shawn Holiday has made the tough decision to put Kids Conspiracy on hiatus, but he will be bringing back season favorite, A CHRISTMAS CAROL, in December. In the meantime, he will be teaching classes around the area;
  - Acting for Youth at the Cape Coral Arts Studio from July 6 to August 3; call 574-0802 for information.
  - This Fall, he will continue teaching his Monday afternoon classes at the Alliance for the Arts: one class for homeschoolers at 1 p.m, and one for traditional students at 3:30 p.m.; call 939-2787 for information.
- BROADWAY PALM CHILDRENS' THEATRE presents Alice in Wonderland, July 1,2,3,7,9, &11. Lunch and show \$14, 278-4422.
- YOU'RE A GOOD MAN, CHAR-LIE BROWN. Naples Dinner Theatre's Ice Cream Theatre, performances at 12:30 for the whole family. See listing above under Stage.

## Saturday

FAMILY FUN AT THE REFUGE

When you feed an alligator you are training it to approach humans and are creating a life threatening situation... especially for our children. Feeding alligators is a criminal act punishable by fines and/or imprisonment.

City of Sanibel Ordinance 75-29
Florida State Statute 372.667
Code of Federal Regulations 50 CFR 27.51

guided tour of Wildlife Dr. for the family, 9 a.m. RSVP 472-1100 x222.

# Monday

• CROW'S NEST NASCRAB
RACES - See them dash madly for
the finish line! Pick your hermit
crab and put your money down.
There are 6 p.m. children's crab
races on Monday and Thursday.
Don't forget to get a number when
you come in for the Crab races so
you can get your own crab to bet
on. Win prizes, drinks, T-shirts and
cash (half the money goes to the
United Way). At 'Tween Waters Inn
on Captiva; 472-5161 x423.

## Wednesday

- DING DARLING READING
  HOUR bring your children to the
  Education Center EVERY
  Wednesday at 10 a.m. to hear an
  exciting story and program highlighting an animal in our estuarine
  ecosystem. Pre-school and elementary school aged children are targeted but everyone is welcome to
  attend. We hope to see you there! If
  you have any questions or are interested in the topics we will cover,
  please contact Refuge Ranger Toni
  Westland at 239-472-1100 x236.
- The Captiva Memorial Library offers a terrific variety of summer programs for teens and children as part of the Summer Reading Team and Teens Read and Win!

Teen Programs: Papier-Maché by DiVitto Kelly. Registration for all three programs is required. Saturday, July 10 at 2 p.m. Tuesday, July 13 at 2 p.m. Thursday, July 15 at 2 p.m.

• Reading programs (from May 26 - July 24) The Summer Reading Team is for children grades K-5. Teens Read and Win is for readers in middle and high school. There's even a Summer Reading Program for children 3 and under called "Read to Me" which encourages parents to read to their babies and toddlers.

The Captiva Memorial Library is located at 11560 Chapin Lane in Captiva. For more information, please call the library at (239) 472-2133. All programs are free and open to the public. A sign language interpreter is available with 48-hour notice. Call the Deaf Service Center at 461-0334 (voice) or 461-0438 (TTY). Assistive listening devices are available upon request.

# HEALTH

 FITNESS WITH PAM at the SCA, 2173 Periwinkle Way. Low impact aerobics, It. weight training. Mon, Wed. Fri., 9:15 - 10:30 a.m. \$8. 267-3092

## Tuesday

YOGA CLASSES AT CASA YBEL RESORT Murari Brian Healy will begin teaching two new ongoing yoga classes at Casa Ybel Resort on Tuesday mornings, 9 a.m. - 10 a.m. This is an outdoor class and will be held on the lawn overlooking the gulf in front of the Thistle Lodge restaurant on the grounds of Casa Ybel Resort, 2255 West Gulf Dr. Beginner friendly, cost is \$12 per class.

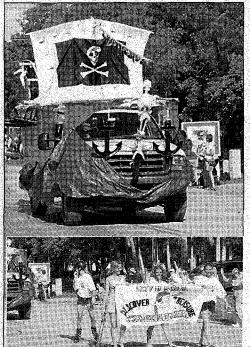
## Thursday

- YOGA & MEDITATION 6 p.m. 7:30 p.m. with Murari Brian Healy at Casa Ybel Resort. Open to public, beginner's welcome. \$12.
- YOGA WITH DR SUSAN
   PATAKY at the Senior Center on
   Library Way. 10 11 a.m.
   Wednesday and Thursday. All levels
   \$10. 466-1558

## Saturday

 MINDFUL YOGA AT BIG ARTS with Brian Healy, 9:30 a.m. - 10:45 a.m. Open to public, beginners welcome. \$12.





# MangoMania July 10 - 11

Learn about the Calusa at MangoMania

The Randell Research Center will be operating an educational booth at the Eighth Annual MangoMania Tropical Fruit Fair this Saturday and Sunday, July

Learn about the most recent findings about Pine Island's original residents - the Calusa Indians - while reveling with modern natives at MangoMania 2004.

The Randell Research Center (RRC). based on Pineland, is offering a public lecture and operating an educational booth to share recent, exciting discoveries about the Calusa, who thrived at their Pineland village on Pine Island for over 1,500 years. Remains of many centuries of Indian village life blanket the old pastures and groves, where serious archeological study has been on-going for 20

In June, Dr. John E. Worth, RRC Research and Education Coordinator, returned with intriguing new information following a month of archival research in Seville, Spain. He continues to study records in Spain and Cuba to find out how the Calusa disappeared, and where they disappeared to, 300 years ago.

Dr. Worth will speak about his recent trips to Cuba and Spain to locate and interpret Spanish records focused on Southwest Florida. The lecture will be on Sunday, July 11 at 3 p.m.

Also on hand to answer questions at the RRC's educational booth will be Dr. William Marquardt, Director of the Randell Research Center and Curator in Archaeology at the Florida Museum of Natural History in Gainesville and Dr. Karen Walker, a Florida Museum of

Natural History archeologist who has directed intensive Pineland excavations. Volunteer Rick Tully is offering basketweaving demonstrations.

Free child fingerprinting

Free child fingerprinting will be offered July 10-11 as part of MangoMania. Lee County Sheriff's Office V.O.I.C.E. volunteers will provide the service from 10 a.m. to noon on Saturday, July 10, and noon to 4 p.m. Sunday, July 11, weather permitting.

In addition, a Lee County Sheriff's Office deputy will display the Safety Bug, a decorated, highly visible Volkswagen Beetle, and teach elements of the Safe Child Program.

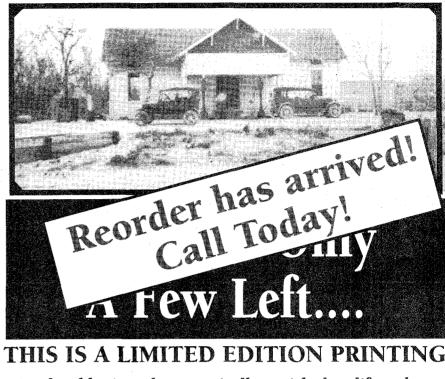
"Child fingerprinting is a community service provided through V.O.I.C.E. volunteers in the event that a family was to encounter something happening to their child," says Lt. Arlan Roan, who oversees the Volunteer Observers Impacting Community Effort program. "Information gathered provides law enforcement with all the necessary information to start looking for the child," Roan says. V.O.I.C.E. volunteers fingerprinted an estimated 5,000 children last year.

MangoMania is being held on the grounds of the German American Social Club, 2101 Pine Island Road in Cape Coral. There will be over a hundred vendors. Admission is \$5 for adults and there is plenty of parking.

For more information, call the Greater Pine Island Chamber of Commerce's MangoMania Hotline at 283-4842. For information on the RRC, call 283-2062; on VOICE fingerprinting, call the Lee County Sheriff's Office at 477-1400.



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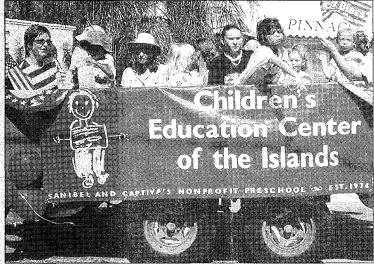
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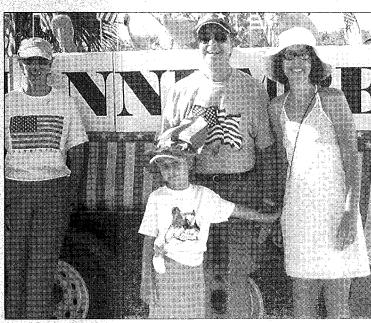
HOURS: MON-FRI 9-6:00 SAT 9-4:00

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# **Sanibel Island Junior Tennis Championships**

Sundial Beach Resort will host the 21st Annual Sanibel Island Junior Championships to be held July 16 - 18 on the resort's clay courts. Juniors of all ages will be able to mix tennis with the fun of sand and sun at the resort's beachfront location.

Deadline for entry is July 13, at 5:090 pm. Phone entries will be accepted with a major credit card number. All divisions will compete for trophies and all players will receive a commemorative tourna-

ment t-shirt. Special tournament player rates will be available at the Sundial Beach Resort. Please call 239-472-4151, ext. 3851.

For more information on the tournament, please call 395-6016 and ask for Toni Halski.



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# Patriotic from her fingers to her toes

The hands and feet belong to Heather Silbar-Rice, president of the American Legion Auxiliary. The nail artist is Tina Daubenspeck of Hair's What's Hot. Tina has been "pampering" hands and feet on Sanibel for nine years.

Photos by Jenny Burnham

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# **FORECAST FOR JULY 10 & 11**



pect the usual rain in the ite afternoon to be followed a slight drop in temps.

SUNDAY P.M.



Another good chance of rain in the late afternoon and possibly in the evening as well.

WEEKDAY TIDES								
City	Sat.High	Sat. Low	Sun. High	Sun. Low				
Cape Coral	1-	12:06 a.m.	***************************************	12:56 a.m.				
Bridge	3:39 p.m.		4:35 p.m.					
Captiva at								
Redfish Pass	1:29 p.m.	9:40 p.m.	2:25 p.m.	10:26 p.m.				
Fort Myers	7. A.S.	12:48 a.m.		1:38 a.m.				
	4:32 p.m.		5:28 p.m.					
Matlacha Pass				. 12:22 a.m.				
	-	3:07 p.m.	4:03 p.m.					
Pineland			****					
	2:05 p.m.	11:20 p.m.	3:01 p.m.					
Point Ybel	1							
	12:34 p.m.	9:42 p.m.	1:30 p.m.	10:28 p.m.				
Punta Rassa	4		_	There is a second of the secon				
	1:23 p.m.	9:35 p.m.	2:19 p.m.	10:21 p.m.				
St. James City	_	_		-				
	1:54 p.m.	10:10 p.m.	2:50 p.m.	10:56 p.m.				



ISLAND

87/77 Sat

88/76 Sun

GRANDE 87/77 Sat 87/76 Sun

Gul

of

Mexico

Seas: 2-3 Feet

Wind: West at 8 mph

PORT CHARLOTTE

PINE

ISLAND 90/75 Sat 91/74 Sun

SANIBEL

ISLAND

88/77 Sat

**BOATING FORECAST** 

Bay & Inland: Moderate Chop

**CHARLOTTE** COUNTY

PUNTA GORDA 90/73 Sat 91/72 Sun

CAPE

CORAL

91/75 Sat

91/75 Sun

FORT MYERS

REACH. 91/76 Sat



LEE COUNTY

> **ACRES** 92/72 Sat 93/70 Sui

**FORT MYERS** 92/74 Sat 92/74 Sun

IMMOKALEE 95/70 Sat 95/69 Sun

**BONITA SPRINGS** 93/74 Sun

ESTERO/SANCARLOS 92/75 Sat 93/74 Sun

> COLLIER COUNTY

MARCO ISLAND 89/77 Sat

NAPLES 8**9**/76 Sat 90/75 Sun







GET YOUR FORECAST FIRST ON FOX. WATCH FOX 4 NEWS of 10:00

STATE FORECAST-SATURDAY	1
CAPE CORAL	- Company
DAYTONA BEACH	
FT LAUDERDALE 90/80 FT MYERS BEACH 91/76	NOTE THE
GAINESVILLE	ACCRETO TO
JACKSONVILLE	
KISSIMMEE 92/74	
MIAMI	
PANAMA CITY 91/77	出土の
PENSACOLA	
ST PETERSBURG 91/79	2000
TALLAHASSEE	THE PARTY.

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SATURDAY SUNRISE



SUNDAY SUNSET

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