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Week of July 30 - August 5, 2004

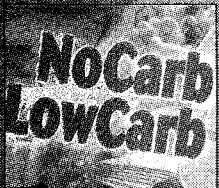
32 Pages



Janie Melsek
1949 - 2004

A
celebration
of Janie's life
will be held
on Friday,
July 30
at 6 p.m.

See page 4



Find out the
latest news
on the Low
Carb diets
inside

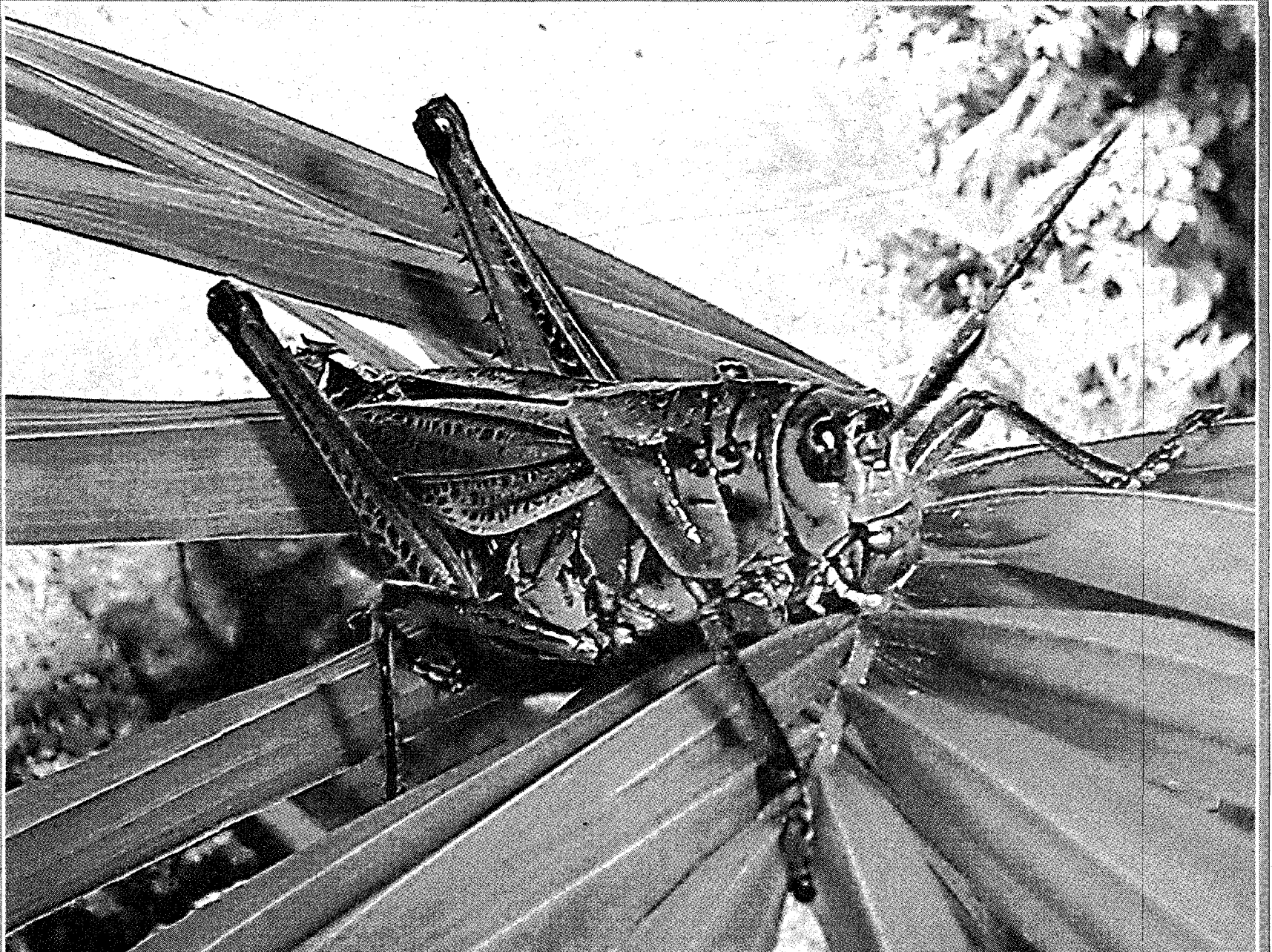


Photo by Gary Hooper

Sanibel's colorful, three-inch grasshoppers: the scourge of the native landscaper but a delightful discovery for those seeing them for the first time. ("THAT'S a GRASShopper?!")

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Jerry Hodgkins lands 40-pound barracuda

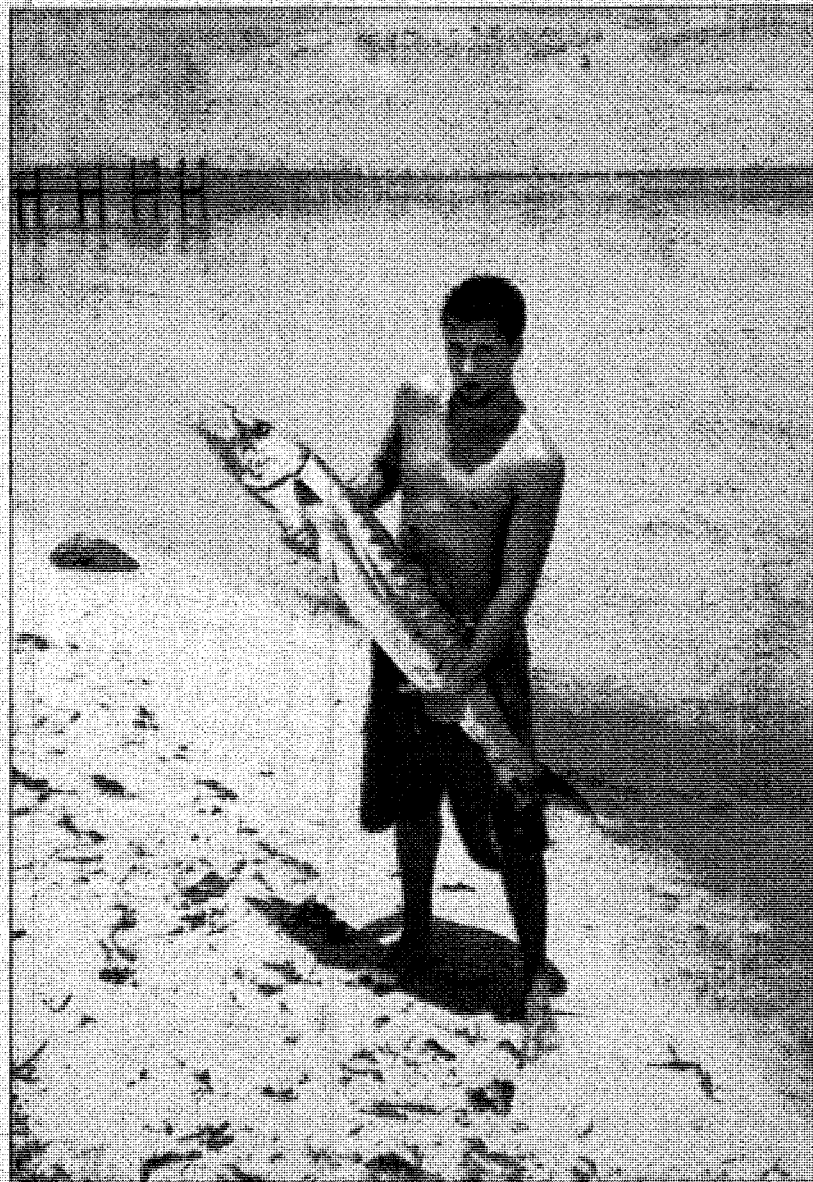
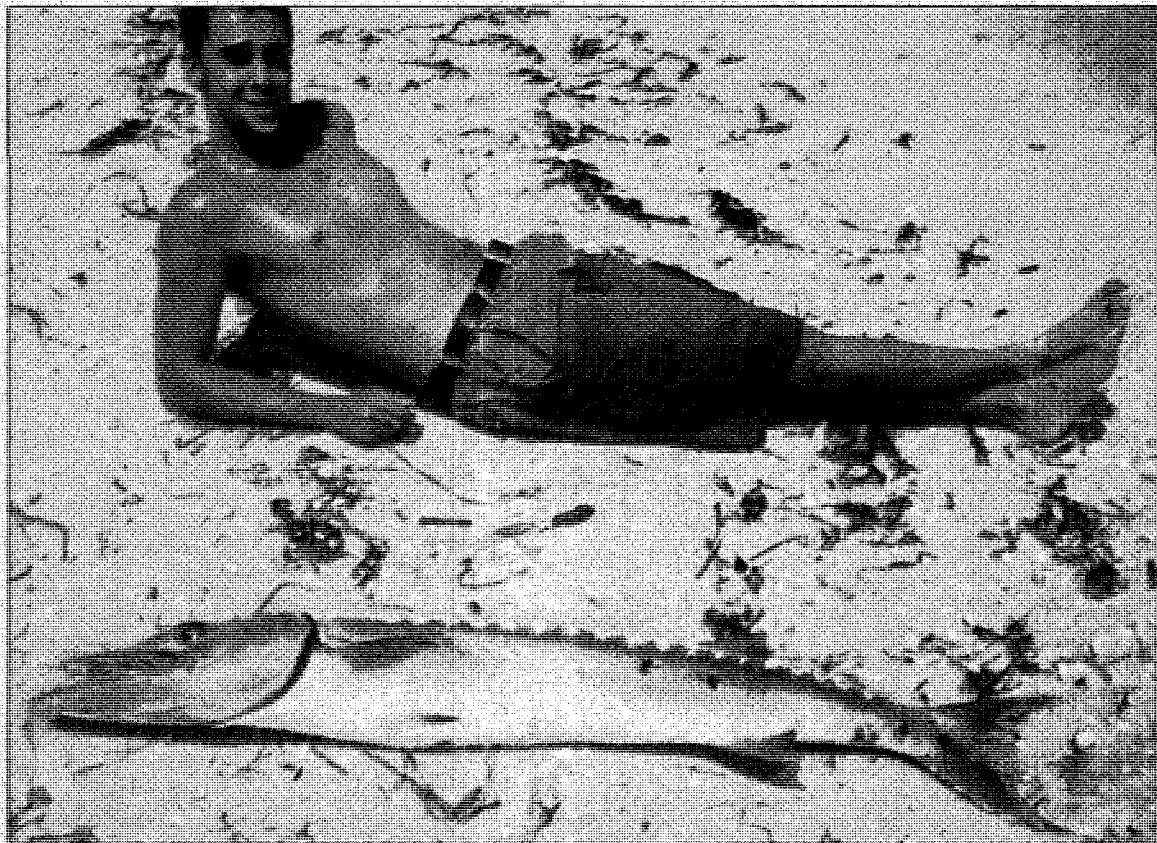
Jerry Hodgkins, who has been fishing in local waters all of his 19 years, caught a 4 1/2-foot, 40-pound barracuda this past Sunday, June 25th, right around noon. He was fishing off the beach just west of the causeway in San Carlos Bay.

"I'd caught one once before in the Cayman Islands," he said. "But this one took me well over 15 minutes to get in and ran me from out by

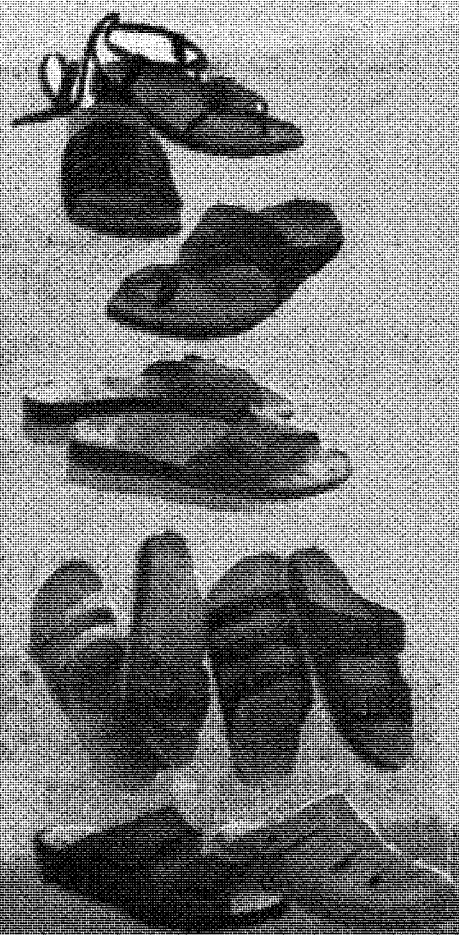
that pier almost all the way to the causeway and back again.

"I gotta tell you, I wasn't fussy about what I caught, I just wanted to catch something. But this guy was the last thing I thought I'd get!"

Jerry works at the South Beach Grill in Fort Myers Beach, "but this is going on my wall, not on the menu!"



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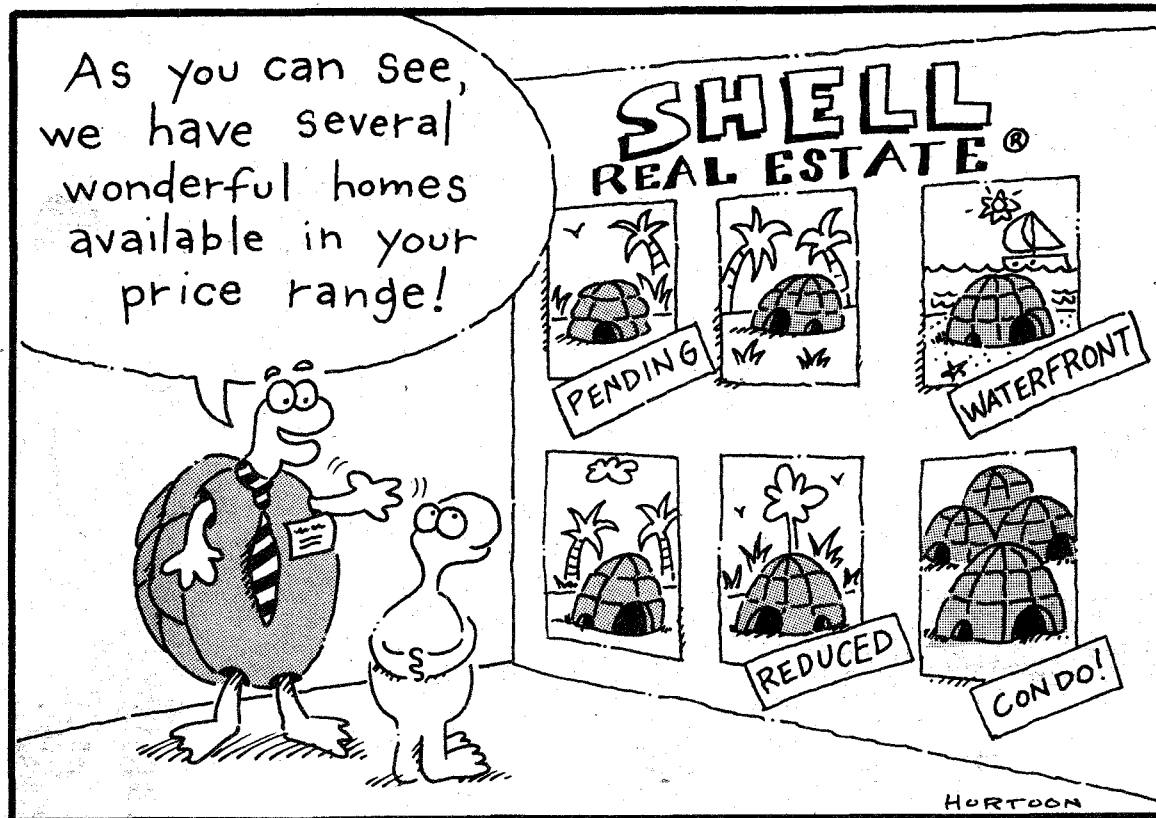
TOO MUCH SUN



Dave
Horton



Lee
Horton



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THE METASTATIC LIFE

"And it's going to be a day. There is really no way to say no to the morning."
...Dan Fogelberg

I just finished cutting my hair very short. It has been falling out in handfuls for the last few days. It was everywhere and it bothered me to find it like clumps of dust on the floor, in my bed, on the couches.

The two weeks following my first chemo were Hell. My white counts plummeted and so they gave me multiple shots of Neupogen to bring them up. These shots caused tremendous bone pain which I couldn't get under control. Though I was never nauseous, I threw up from the pain which only made my back hurt more from the strain.

I have been riding a rollercoaster of emotions since the news that my cancer is back. I live with my 14-year-old who doesn't want to accept the realities yet. So I spent most of my time in bed, reading and crying and praying.

I thought I could summon the courage to say "Enough." I thought I was ready to



LISA PIEROT

just let things be and enjoy what time I have left. But then I saw Dr. Harwin today and my tumor markers had dropped which can only mean that the chemo is working. We agreed to lower my dose for next time to avoid the side effects. We talked about

how hard it's been, as though all the memories from my transplant have surfaced and are intermingling with everything that is happening now.

Still, Dr. Harwin feels there is a good chance this chemo will get me back into remission and then I can go on the next hormone blocker. There is still one left that I haven't tried. It was amazing how quickly I was able to cling to this hope. I left his office feeling like maybe I could fight and fight hard, again.

And so I came home and cut my hair. Emily wants me to get a wig. She will be embarrassed at her new school if I show up

bald. It hurts but only until I remind myself that she is 14. Everything matters when you are 14 as long as it's about you.

Your letters have sustained me and given me the courage I needed to get through the day. I think I will be stronger for the next round. I think it just takes time to adjust to being back in the thick of it. It's crazy, but I really believed at some level that I wouldn't have to do this again. And so it took a while to let go of that and work up to being ready for battle.

My older daughter, Anna, is quitting her meaningless night job so she can help over here. She will keep me company when things get rough and she will look after the house and the laundry, the grocery shopping. This will make all the difference in the world to me. Mom was with me for three nights after the first chemo, this in spite of the fact that she was having chemo as well. She is wonderful and strong and caring but I don't want her to have to do this. I want her to take care of herself and my father. Anything else feels like too much, though

she would never say it.

I am back to the bare bones of it again. Day-to-day emotions that I try to work through. Hope in spite of fear and sadness. I am always swimming for the surface but when I break through the waves, I am sure that I can do this, somehow I can do this.

I will buy a wig just so I have it for times when Emily and I are out together. The rest of the time I will wear a baseball cap or something soft for sleeping. I will take care of myself and I will try. I promise I will try. I know you expect nothing less of me.

Your prayers and hopes are mine and so I will not give up. I had blessed years of remission, more than most people get. I know there is a reason I am still here, even when it's this hard. I will take my strength from my family, from all of you, from God. It will be enough.

Until next week...

If you want to write to Lisa, her e-mail is: lisafaith@swfla.rr.com.

Sanibel Library temporary closing

The Sanibel Public Library will be closing from Thursday, July 29 through Saturday, August 15 and will reopen on Monday, August 16 at 9 a.m. During this time, furniture and equipment will be installed and staff and volunteers will move into the expanded library space. New features of the expanded library will be the addition of DVD's to the audiovisual collection, an enlarged and enhanced computer services area, and three new meeting rooms. Parking under the building will be restored.

Log on to www.sanlib.org or call 472-2483 for more information about the library. Regular library hours are Monday

and Thursday, 9 a.m. to 8 p.m.; Tuesday, Wednesday, and Friday 9 a.m. - 5 p.m., and Saturdays (summer) 9 a.m. - 1 p.m.

Sanibel Fire Dept. relocation

During construction of the new Fire Station 1, the administrative offices of the Sanibel Fire & Rescue District on Palm Ridge Road have been moved to The Village, 2340 Periwinkle Way, in suite K2 at the rear of the plaza. The telephone number remains the same and they expect to be there for about a year.

Firefighters and emergency workers will be temporarily housed in trailers at Bailey's until the new station is completed.



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OBITUARY

Janie Melsek

Janie Melsek died at Lee Memorial Hospital Friday, July 23, 2004 of massive injuries she sustained when she was attacked by a 457-pound alligator two days earlier. She was 54. Word of Melsek's death spread quickly on Sanibel, leaving island residents stunned and saddened.

Jim Anholt, one of the three men first on the scene of Wednesday's attack, began his day among his fellow firefighters at Sanibel Firehouse One. "It's just beginning to catch up with me," he said of the emotional effect

of the incident, in which he, Jack David, and Roger DeBord attempted to rescue Melsek before police and EMTs arrived.

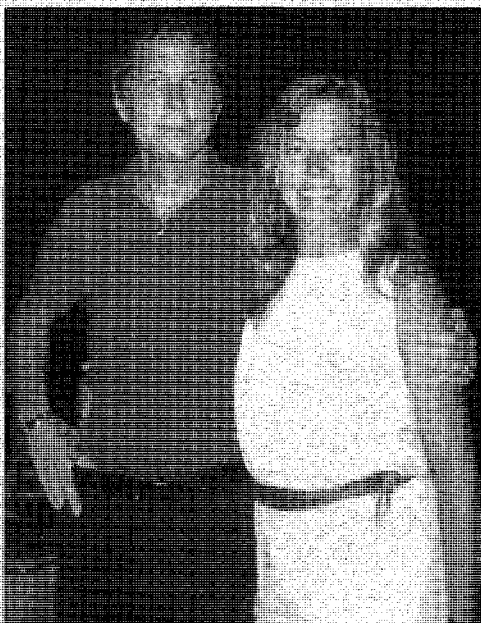
Anholt spent his morning working around the Firehouse and participating in a training exercise. After he heard the news of Ms. Melsek's death, he shook his head. "There's nothing that can be said now," he stated.

"He's taking it very hard," confided his daughter, Morganna Beth. "Harder than he's letting on."

At the Sanibel-Captiva Conservation Foundation, where Melsek purchased the native plants she used in her landscaping, the staff gathered to share their feelings with one another.

After their meeting, SCCF Resource Development Director Marty Bryant said, "Janie was just a total free spirit, a remarkable woman. She was very spiritual, very psychic. She had a wonderful soul. We are just devastated. She'll leave a huge void. She'll be greatly missed."

"Janie was my very, very good friend," Nursery Director Beth DeGrauwe said. "And we could really communicate. We'd meet up at the Grill after work for supper and suddenly realize we'd been talking for well over three hours! She was so intense, but it was her passion about things that made her intense. She was the strongest woman I know and she taught me so much about not only plants, diversity and sustainability but also about balance in life, in my life. She used to say that everybody's human, everybody makes mistakes, everybody has his or her own path in life... That



Janie Melsek and her brother, Lee Melsek.



we have to remember people aren't perfect, we're all different... if we were all the same, we'd be living in a very boring world.

"...She absolutely *loved* her job and couldn't imagine doing anything else. Janie couldn't understand people who wake up in the morning and don't want to go to work — *She* had this wonderful job working in people's yards and educating them about native plants. And she couldn't imagine doing anything else."

Michael Hannan, Janie's neighbor, worked part time for her three years ago. "Tropical storm Gabrielle had just blown through," he said, "and she needed help cleaning up the debris the storm had dropped on her clients' property." It was only five months, he added, but when you work right next to someone digging holes and planting, you get to know that person.

"Most obituaries detail measurable achievements: CEO of this, president of that. Janie's achievements were less tangible, but certainly no less admirable and no less human. She overpaid me; she planted only native vegetation — she could have made a lot more money planting exotics — and she cared for Sanibel."

"Gloria [my wife] and Janie would take trips to the islands north of here; they went out for Thai food together; sometimes they shared a plate of French fries; they watched movies together, sharing popcorn."

Jennifer Lessinger, her brother, Michael Workman, and her mother, Councilwoman Judy Workman, were all close to Melsek. "She was fun and fabulous," said Jennifer. "She was generous and giving — giving of herself, giving of her time. She was one of the most positive people I ever knew... and very strong." She paused. "I'm afraid I'm not doing her justice. You should talk to my brother Michael."

"I can't add much to that," Michael Workman said. "I worked for her for not quite a year. She was extremely generous to me. As a boss, she treated me with respect and with love. I'm really glad I got to know her."

The mood at the Sanibel Police Department was somber. Chief Bill Tomlinson



said of his men who went to Melsek's aid and shot the alligator. "They tried their best. They were real heroes. She would have passed earlier if they hadn't done what they did. They did a great job."

"He has some heroes in that department," said Gary Morse, of the Florida Fish & Wildlife Conservation Commission, referring to Tomlinson. "This is the only alligator attack I've heard of — and I've heard of many — that sent shivers down my spine. The police department were heroes, period."

"It took the wind out of my sails when I heard about it," said Sanibel City Planner Jim Jordan. "I only met Janie a few times, but she was very pleasant, which kind of stuck with me. I never saw her in a foul or bad mood; she was nice woman. It's hard to know what her life would have been like if she had recovered, the consequences and all but, knowing her, she probably would have persevered."


"I saw her just a week ago. You never know when it's the last time you're going to see someone."

According to Mike Hannan, "Janie was very much a part of Sanibel; her friends and the island, a friend in another form, will miss her."

"I was fortunate to have spent 12 years with Janie and her daughter Joy," said Rusty Farst, owner of Rusty Landscaping. "Janie would really engage you in conversation, seldom talking about the weather but of issues of import. She was a true follower of the light."

"She spent over 25 years planting

Melsek, see page 6



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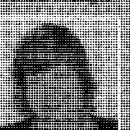
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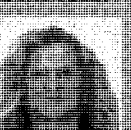

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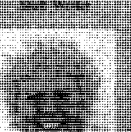

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Melsek's death stirs debate on Sanibel's alligators

By Kevin Duffy
Staff Writer

A Sanibel resident attacked by an alligator last Wednesday died, and city officials say they will scrutinize existing regulations to better safeguard people.

Janie Melsek, 54, a landscaper who was dragged into a pond while tree-trimming behind a house at 3061 Poinciana Circle, died at 9:16 a.m. Friday from complications due to extensive injuries, officials with Lee Memorial Health System said.

"She sustained devastating soft tissue injuries," Dr. Drew Mikulaschek, director of Trauma Services at Lee Memorial, said during an afternoon press conference at the hospital. "By far and away, the more significant and serious injuries were sustained to her trunk itself."

Mikulaschek wouldn't say how long Melsek spent on the operating table, citing privacy regulations. He did say that loss of blood was not the overriding factor in her death.

"Her wounds, in and of themselves, although devastating, were not fatal," he said. Melsek, he continued, died of Systemic Inflammatory Response Syndrome — essentially the body working overtime to try to cope with a traumatic event. "The wounds were deep in her tissues, and were compounded by being in pond water for at least 10 minutes." Pond water is typically contaminated with micro-bacteria and other organisms, Mikulaschek explained, which triggered her body's reaction to the event. "She required extensive surgery to control the onset of infection."

Janie Melsek died on the operating table.

"She was sick from the get-go, but she rallied quite well," he told the media. "There are just some things that we can't fix."

Melsek was air-lifted to Lee Memorial shortly after police received a phone call from a neighbor at 12:41 p.m. Wednesday, informing them of the emergency. Officers discovered two persons in the

water at the pond's edge attempting to assist Melsek, who was floating face up and saying she was caught in vines. The officers, soon assisted by fire and EMS personnel, took up the struggle, but could not see the alligator despite Melsek's claims that it had her in its jaws. She then came free and rescuers pulled her to shore.

The alligator, which appeared soon after about 15 feet offshore and began to swim toward the assisting party in an aggressive manner, was shot and killed. Officers measured its carcass at 12 feet three inches.

Gary Morse, spokesman for the Florida Fish & Wildlife Conservation Commission, said necropsy results on the 457-pound creature showed no evidence of it having been fed by man. Feeding alligators is a violation of state law because it can alter their behavior pattern. Morse said that even a seemingly harmless activity, such as feeding ducks, can present problems as well because ducks are part of an alligator's staple diet.

"An alligator does not differentiate between the chef and the waiter, who's being served or the meal," he said. "It recognizes patterns of behavior, and if there are ducks nearby, and you are feeding them, you are now part of the scenario. Therefore, you are now food."

Morse said it is essential to never feed any animal along the water's edge, or to walk the family pet alongside freshwater bodies.

Sanibel Mayor Marty Harritty said that council will look at existing policies with regard to alligators during its August 3rd public hearing and see what can be done to make them safer.

"It's unfortunate, a sad course of events," he said.

Councilman Steve Brown said that the island's policy regarding "nuisance" alligators may need to be tightened to more closely mirror statewide policies.

"They have to show aggression," he said. "If it's in someone's pool or garage, our policy is if they are not aggressive —

if it tries to get away or is timid — we will relocate it."

State policy is to kill the animal if it exceeds four feet in length. Sanibel law is to relocate the animal if it is up to eight feet in length.

"There will definitely be a re-evaluation," Brown said.

"Ultimately we do have to follow state law," Sanibel Chief of Police William Tomlinson said.

Morse said that selective removal or destruction of eggs in nests, in order to keep alligator populations in check, is not currently state policy. Some eggs are removed in order to stock commercial alligator farms, where the animals are raised for their hides and meat.

"It is very difficult to successfully nest and hatch alligators in captivity," he said. "Plus nature takes care of itself... Alligators are more than carnivores," Morse said. "They are also cannibals, oftentimes preying on their young."

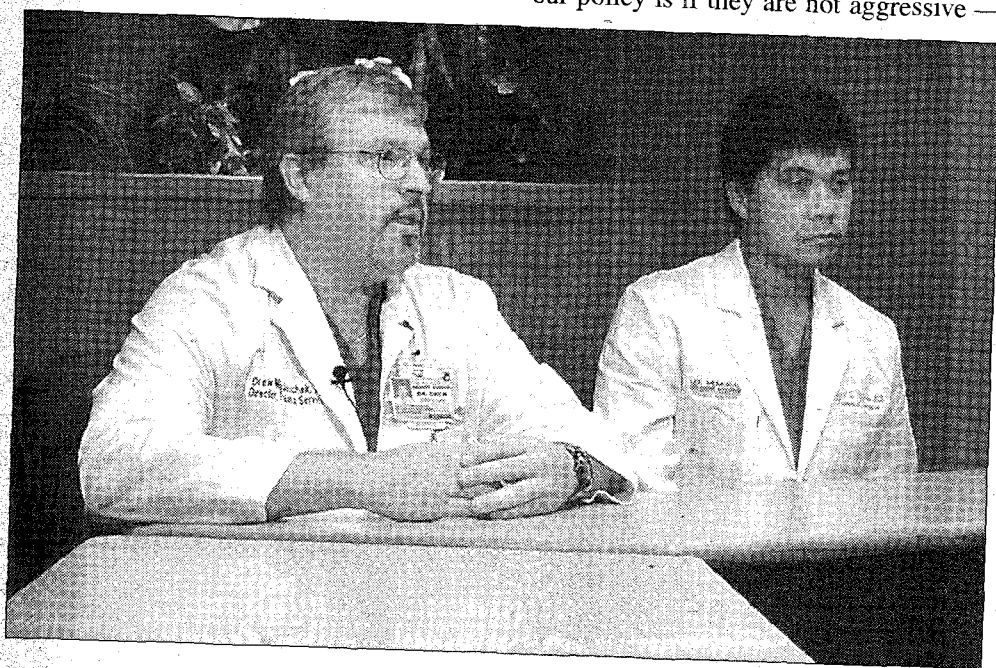
Melsek became the 335th documented alligator attack in the state and the 14th fatality since 1948, when records began being maintained.

Jane Keefer, 70, a seasonal Sanibel resident, escaped with a broken thumb and deep wounds in April when an alligator pulled her into a shallow pond while she worked on a seawall in her backyard.

Robert Steele, 81, lost his life on September 11, 2001, the victim of an alligator who attacked him as he walked his dog near marshy area near his home on Rabbit Road, a short distance from Refuge and Sanibel-Captiva Conservation Foundation property.

Brown said that the latest attacks on Sanibel involved large 'gators, and that he would like to see any changes to policy involve how to deal with the larger animals. "A very large alligator isn't afraid of anybody, whether it's been fed or not," he said.

Alligators, see page 6



Dr. Drew Mikulaschek, left, director of Trauma Services for Lee Memorial Health System, and Trauma Surgeon Manuel Ybanez address the media Friday at the hospital regarding the cause of death of Janie Melsek, a 54-year-old Sanibel resident who died earlier that day from complications brought on by an alligator attack.

Photo by Kevin Duffy

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Melsek, from page 4

native trees and shrubs — creating habitat for wildlife — here on Sanibel. It's ironic that she turned out to be the food for one of those creatures. Sanibel has lost a good friend and the people of Sanibel have lost a wonderful resource.

"In addition to my sadness, I'm angry about our loss," Rusty continued. "The Jurassic Park experiment here on Sanibel has failed... with grave consequence. Lord knows, we tried to make it work."

He paused, with tears in his eyes. "I have to say, this is the worst thing that ever happened to me. Each time I see wildflowers by the road, I'll be thinking of her and celebrating her life."

Melsek was born in Woodstock, Ill., northwest of Chicago, in 1949 and moved with her family to Fort Myers Beach when she was two years old. The family moved off the island to Fort Myers in 1960 and Janie graduated from Fort Myers High in 1967. She was married and divorced twice and had one daughter, Joy Williams. For over the past 20 years she had lived and worked on Sanibel. She used native plants

exclusively in her landscaping, although her start in the "plant business" was with a cart at Edison Mall selling cut flowers — the first floral outlet in the mall. In addition to Joy, Janie is survived by her two brothers, Lee and Rodney Melsek. She was preceded in death by her father, Leroy, Sr., in 1996 and her mother, Lorraine, this past February.

Prior to her death, Janie's friends established an account at Bank of the Islands for contributions to help defray her medical expenses. In the 48 hours she lived, the Bank had recorded more than \$1,000 in donations, according to a bank official. That total is now in the many-thousands and still growing.

A celebration of Janie's life will take place at 6 p.m. at the Sanibel Community Center, for which she provided the native landscaping. It will be followed by a procession to the causeway for a final remembrance.

In 1997, Janie talked to Anne Bellew at the *Islander* about her life and what she

did. Her perspective hadn't changed with the passage of time...

"My goal is real diversity, both in plant species and in the wildlife they attract. It's soon to be a new millennium and we've got to change from the pretty blooming exotic flowers/immaculate yard mindset to one that thinks future... grandchildren... community... planet... continuity... conservation. There is an interdependence between plants and wildlife and humans that we simply cannot continue to ignore."

"There are a lot of people who come to the islands from the midwest because they like the way we are," she continued, "then turn around and try to recreate the environment they just left. That doesn't work."

"Sanibel has a real responsibility for conservation with its interior wetlands and the thousands of migratory birds that stop

off here. And the home owner — be it condo association member or single family residence owner — can quickly feel a part of the community by doing what's right for Sanibel."

"... You know, when I came here, I didn't know a coontie from a prickly apple, and 'native plants' and 'diversity of species' weren't part of my vocabulary. Through hands-on work, I've evolved from a mowing, hedging, blowing, edging — all noise and show type of landscaper — to one who can use plants that are good for and suitable in any given environment, plants that aren't so needy, thirsty and hungry for chemicals."

"People need to think in terms of overall environment, not so much a visual display but rather a deeper sense and feeling of beauty, a being part of the whole."

Alligators, from page 5

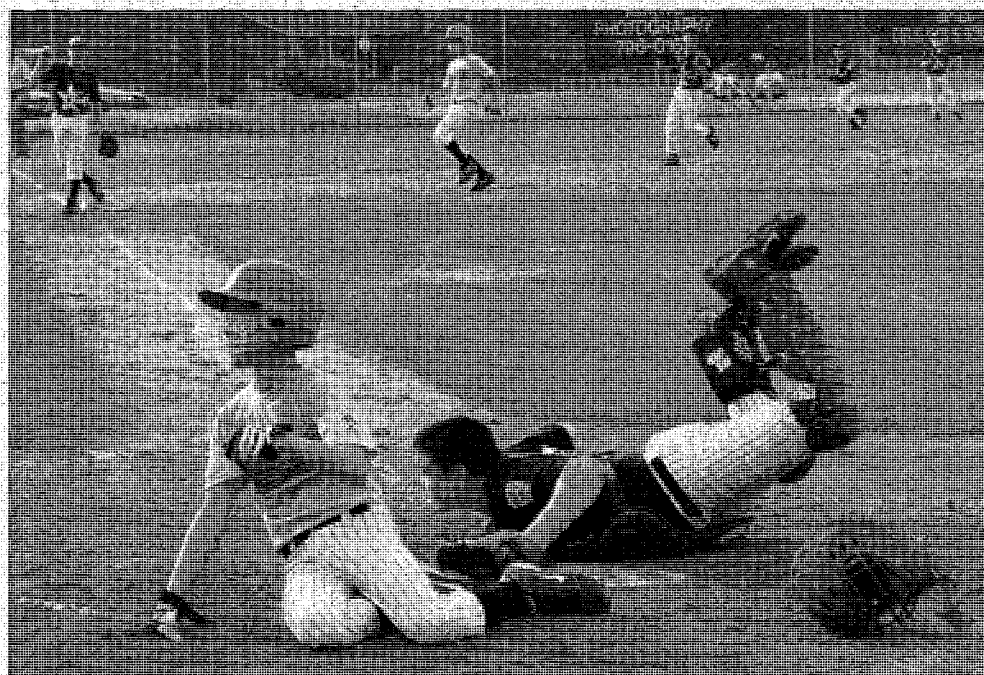
Melsek, who was listed in critical condition, had her right arm amputated below the elbow. She pleaded with rescuers to cut it off during her struggle with the alligator.

Ybanez, the lead trauma surgeon who attempted to save Melsek, said her probability of survival would have been greatly reduced had she not been brought to a facility with a trauma center. "She'd have died anyway," he said,

"but her chances would have been much, much less," he said.

Brown said the tragedy would not force Sanibel city officials to rethink the island's mission statement of man and wildlife living in harmony with one another. "We still have to live in concert with wildlife, we are a sanctuary island," he said. "We have to find ways that we can live with them."

South Fort Myers 11 year old All-Stars are State Champs



Photos by Chris Brown



The team won 9-8 over North Springs in extra innings... (8 innings). Above: Hudson Boyd of South Fort Myers tries to make the tag on a North

Springs runner. Below: Hudson Boyd hit a 2 run home run in the bottom of the 6th inning to tie the game and send the game into extra innings. He is congratulated by his ecstatic teammates. Left: Manager Roger Boyd is covered with silly string by his players after the South Fort Myers 11 year old All-Stars win the State Championship (notice the scoreboard)



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SERVICE CLUBS

Six local Zontians attend NYC conference



Above: The International Board presided over the ceremonies in front of the international flags; Darla Letourneau, Susan Dunn, Joan Good, Karen Pati and Nola Theiss at the Today Show

Over 2,200 Zontians from 56 countries descended on New York City from July 3 - 8 for the biennial meeting. Sanibel/Captiva club representatives included President Darla Letourneau, Vice-President Nola Theiss, Immediate Past President Susan Dunn, President-Elect Karen Pati, Past President Joan Good, and author Niravi Payne.

Business meetings included updates on international service projects including Anti-Trafficking in Bosnia/Herzegovina, Preventing Violence Against Women in India, Aids Prevention and Micro-Credit in Niger and Elimination of Neo-Natal Tetanus in Afghanistan (which immunized almost one million women of child-bearing age in 2003).

The local representatives were charged with researching the trafficking project(s) as they prepare to focus on Southwest Florida as a destination for sex slaves and forced labor. They met with professional women from Sweden and Australia who are working toward the same goals of reclaiming the lives of these women, who often find themselves in worlds unknown to them, without any documentation or power to leave their slave conditions.

Zonta International and local clubs work with partner organizations which have the expertise to deal with issues

through financial support and advocacy. Members of the Sanibel-Captiva Zonta club have voted to focus on the Trafficking issue as their International issue of choice because Florida is a destination and market for these women. It is the club's intent to become educated on the issue, research those groups best able to deal with the problem on a local level, and advocate and educate about the issue.

Incoming International President Mary Ellen

Bittner (Chief Administrative Law Judge for the U.S. Department of Justice) is an advocate of Zonta's mission to improve "women's health, education and economic self-sufficiency." She discussed the pervasive gender inequality: "60 million women who should be alive today, are not, because of gender-based violence, ranging from dowry killings in India, acid-throwing in Bangladesh, and domestic violence in the United States... Disparities in education are also of concern: Two-thirds of all the illiterate adults in the world are women... Yet, we know that family health and well-being rest on the education of women, and educating females results in lower birth rates, lower infant mortality rates, and lower maternal death rates." In summary, "Zontians are capable, enthusiastic and energetic people who are dedicated to improving the status of women. We must continue that mission because a better world for women is a better world."

Additional speakers included the International Scholarship winners. The audience was impressed by the knowledge and comprehension of world affairs from these young women from China, Germany and the U.S. The Young

Zonta, see page 8

Fay Carney named Woman of the Year



Fay Carney - an educator, principal, and currently an educational consultant - is presented the Woman of the Year award by incoming president Lisa Cochran.

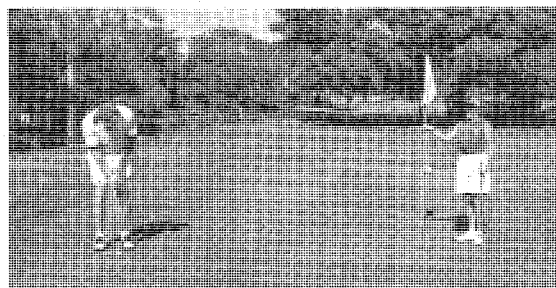
The Sanibel Captiva Chapter of the American Business Women's Association recently awarded Sanibel resident Fay Carney with it's highest chapter honor. The award is presented to the member that was outstanding in her contribution to the

growth and development of her chapter over the past year.

Fay has been president of the chapter for the past two years. Through her leadership, a membership drive was implemented which doubled the number of members, a new and successful fundraiser, The Poker Pedal, was established and standing committees were organized so that the chapter can accomplish set goals annually. Fay has been a member since 1998 and after a summer up north she will return to continue her contributions to the chapter. She will be a nominee for the Regional Woman of the Year, which includes 13 chapters in southwest Florida.

The mission of the ABWA is to bring together women of diverse occupations to help them and others to grow personally and professionally through leadership and education. The Sanibel Captiva chapter also provides local scholarships and contributes to Florida's Take Stock in Children Scholarship Program. Dinner meetings are held the second Tuesday of each month. Membership information is available from Lisa Cochran at 472-8875.

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Zonta, from page 7

Woman In Public Affairs Award Recipient acknowledged the importance of understanding international customs, yet refused to accept female genital mutilation as it only serves to extend the male dominance over females. In other words, respecting cultural differences does not extend to accepting actions which are wrong.

Contributions of almost \$3 million enabled Zonta International to award:

- 70 Amelia Earhart Fellowships to women becoming educated in aerospace fields from 23 countries. This scholarship honors Earhart, one of Zonta's early members.
- 42 Jane Klausman Women in Business Scholarships to women from 13 countries
- 54 Young Women in Public Affairs Awards to young women from 19 countries
- 12 projects designed to reduce violence against women and children over the long term; and
- four International Service Projects in three countries: Afghanistan, Bosnia/Herzegovina, and India.

These funds and programs are supplemented by local projects.

And, although Zonta's achievements are impressive, we acknowledge that our funds are limited, but our advocacy is unlimited. This is the purpose of local clubs, to further the Zonta resolutions with local service projects and advocacy. Zonta provides seed money to partner with local organizations to raise awareness and create solutions to local problems. Success can be seen in our partnership with the Southwest Florida Addiction Service (SWFAS). After an initial "Life Skills" program, the center was able to secure a grant for a full-time counselor to continue the efforts that Zonta initiated.

But, what would life be without a balance of work and play? The club representatives enjoyed the opportunity to see the sites of NYC with a 4th of July riverboat cruise, during which they engaged in international trade with the Taiwan club, offering their patriotic hats for Zonta International Pins. Temporary fame was also achieved with a brief interview with Willard Scott on the Today Show, promoting Zonta International.

The Zonta Club of Sanibel-Captiva works to improve the lives of women on the Islands, in Lee County and around the World (locally and internationally). Zontians are community leaders, professionals, and volunteers working together to provide service, advocacy and funds to strengthen women's lives. Induction ceremonies stress, "Membership in Zonta is an honor and a privilege. It is also a responsibility." Zonta offers our members, who have been successful in their own careers, the opportunity to give back, and to make a difference to women both at home and abroad through service and advocacy. As Susan Dunn told Willard on the Today show, "Check it out!"

PS. Lots of new ideas for the club came out of the trip, such as publicity based on the number of published

authors in our group, recognized artists, and the creation of "spunky" eyeglass holders to be sold at the Key West Convention (inspired by Nola's new business, Spunksters for your Spectacles).

Kids swim program a big success.

More than 3,000 kids are able to take swim lessons in Lee County, thanks to the Kiwanis Club, Division 19, and the YMCA of Lee County. The two organizations have teamed up to offer the Kiwanis' Every Child a Swimmer/YMCA Learn to Swim program, which offers swim lessons to Lee County children regardless of their ability to pay.

The Lee County Sheriff's Office has contributed \$1,500 this year to the program, which will pay for more than 100 children's lessons. The donated funds were raised through the agency's annual charity golf tournament.

Citizens interested in contributing to the Every Child a Swimmer/Learn to Swim program can call 277-0835.

The Arbor at Shell Point

Currently under construction at Shell Point Retirement Community is The Arbor. Phase I, due to be completed in July 2005, will feature two wings with a total of 80 living units, as well as a two-story central commons building. Phase II is scheduled for completion in July 2006 and will add a new wing of 52 residential units, bringing the total number of units to 132.

A wide variety of floor plans are available including studio, one bedroom, and two bedroom units, and the spacious square footage provides room for a resident's own furnishings and accessories. Among the units available are floor plans that can easily accommodate two people to provide for married couples who want to reside together, when one or both spouses need care.

Each residence contains a kitchenette with refrigerator, microwave, and sink, and most have a screened lanai or patio for easy, private access to the out-of-doors. There is a personal laundry facility in each wing, weekly housekeeping service, complete linen and towel service and, of course, personal assistance with medications and daily living activities, if needed.

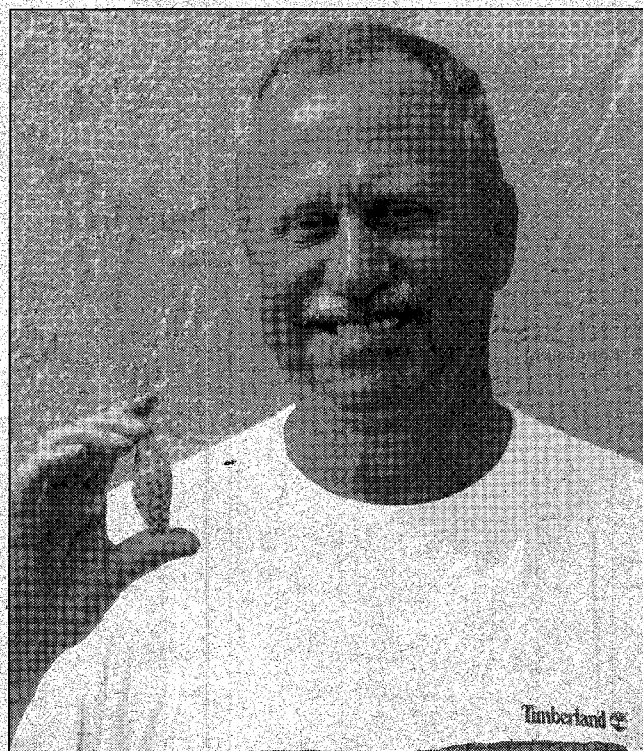
There will be an in-house medical center with a full array of qualified personnel. Concierge services will be available for appointment scheduling, dry cleaning pick-up, and personal service requests. The Arbor will also feature a full-time activities staff, fitness center with cardio exercise equipment, weights, underwater treadmill, supervised fitness classes, and spa-style whirlpools on every residential floor. Living and relaxation areas will include a library with computer center, a billiards, card and game room, and extensive art, craft, and hobby facilities, as well as sun rooms with floor-to-ceiling windows.

For more information call 454-2077.

The seashell islands...



Pam Adomaitis (picture left) from Bethel Park, Penn., found a junonia on Monday, July 19. She was shelling around 7:30 p.m. in front of Sandalfoot. The water was murky and she was feeling around in about six inches of water when she saw something with spots. "I've never seen anything like that," she thought and grabbed it, immediately recognizing it as a junonia. She and her family found great shelling this week: lots of fighting conchs, murex, figs, tulips and even an alphabet cone and a Scotch bonnet... and a foot-long whelk but it was still alive, so they returned it to the water. They also found bones in the water: short, thick ones. Her husband was hit by a wave earlier in the week and lost his glasses, but on balance, they're returning to Pennsylvania with some very respectable finds.



Jim Stopher from Roswell, Georgia found a junonia on July 22. He's been shelling for the last 30 years and he found the shell by the Island Inn.

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Feeding alligators is illegal
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TO YOUR HEALTH

Holistic Health Notebook: More on antioxidant nutrition

If you feel like you're quickly getting old, you aren't alone. We all feel like that. Reality is that we're all getting older at the same rate - one day at a time.

But we can prematurely age. In other words, our biological age can outstrip our chronological age, making us look, feel, think, and live older than that number on the calendar.

One of the factors in premature aging is free radical damage, a marker of oxidative damage that makes skin wrinkle and spot, causes lipofuscin damage in the brain, and generally makes us older than we are.

Free Radicals Are Not Political Subversives

Oxidative stress is a term that describes challenges in which pro-oxidants predominate over antioxidants. Pro-oxidants interfere with normal metabolism by removing electrons from normal cellular macromolecules. Oxidation itself causes cellular damage, including damage to the DNA itself. It also impedes enzyme activity and so on.

While oxidation is a normal process, pro-oxidation that outstrips the body's antioxidant capability causes rapid aging. As one textbook described it, "Although generation of ROS (reactive oxygen species) is a normal component of oxidative metabolism and effective defenses are present, the electron transfer machinery of the cell is not 100% efficient... Chemicals, infectious agents, and genetic defects that disrupt normal mitochondrial function can greatly increase the fraction that is converted to ROS...[and] may also increase as a consequence of normal aging processes." The author goes on to note that alcohol, drugs, and environmental toxicants create excessive free radical damage.

Fortunately, the body is equipped to deal with free radicals, with its own antioxidant systems, comprised of vitamin E, vitamin C, glutathione peroxidase, and hundreds of other compounds. Quenching free radicals before they cause damage is part of an intricate detoxification process.

Before We Rust Completely Out

We are bombarded with factors that can overwhelm our detoxification ability, and

this is where fresh fruits and vegetables are so important. Scientists are trying to quantify why fruits and vegetables are so powerful, and have learned that these "simple" foods contain thousands of phytochemicals that act in an antioxidant function and probably confer other benefits.

One research study reported, "Epidemiological studies have noted a consistent association between the consumption of diets rich in fruits and vegetables and a lower risk for chronic diseases including cancer and cardiovascular disease. There is accumulating evidence that much of the health-promoting potential of these plant foods may come from phytochemicals, bioactive compounds not designated as traditional nutrients."



Carol Simontacchi

A study out of Tufts University asserted that "Age-related neurodegenerative conditions are the principal cause of declining cognitive and motor function during aging. Evidence supports that fruits and vegetables containing generous amounts of antioxidant nutrients are important for neurological function... These findings suggest that other nutrients present in fruits and vegetables, in addition to the well-known antioxidants, may be important for brain function."

We could spend weeks discussing the benefits of fruits and vegetables to the body and brain, but we can sum it up neatly, "There is no supplement that can duplicate the powerful nutrition from the phytochemicals found in fresh fruits and vegetables." Which proves your mother was right: "Eat your vegetables!"

Easier said than done, right? Funny how difficult it seems to include seven servings of vegetables in the diet. Even as a nutritionist, I too struggle with chopping, washing, drying, sauté-ing, and all the other prep work that goes into getting the "green stuff."

So I take the little red and green pills...

For more information, contact Carol at Island Nutrition Center (472-4499).

At the Chamber

AfterHours

Collier Insurance Services, Inc., SunTrust Bank and Mermaid Kitchen & Cake Factory will co-host the Sanibel-Captiva Islands Chamber of Commerce AfterHours, Monday, August 16, from 5:30 to 7 p.m. It will be held at the Mermaid Kitchen, 2055 Periwinkle Way in the Forever Green Center.

Reservations must be made by Friday, August 13, before 5 p.m. for all attending. There is a \$5 charge for guests at the door, without reservations the charge is \$8. Please call 472-1966 or email your reservations to: office@sanibel-captiva.org.

Chamber AfterHours is held on the third Monday at 5:30 p.m. Chamber members, prospective members and guests are invited to attend.

For more information on attending or hosting an AfterHours, call Ava at 472-1080, ext.225.

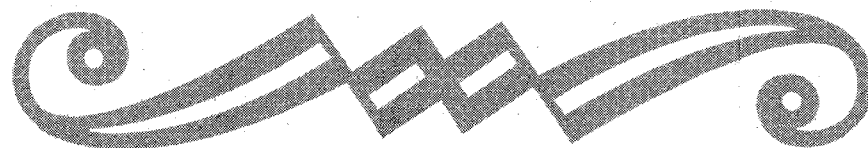
Box Lunch

The Sanibel-Captiva Islands Chamber of Commerce will hold its monthly Box Lunch on Tuesday, August 10, from 11:30 until 1 p.m. on the Sanibel Harbour Princess II which departs from Sanibel Harbour Resort and Spa.

Due to space constraints only advanced reservations will be accepted. You must pre-pay to confirm your reservation. The first 95 guests will be accepted for the cruise. NO WALKUPS ACCEPTED.

Reservations are \$10 and you can register by calling the Chamber at 472-1966. Cancellations must be 24 hours prior to the event for a refund.

The Chamber hosts the monthly Box Lunch on the second Tuesday of every month. If you would like to help cater the luncheon at future dates, please call Ava at 472-1080, ext. 225.



LEE MEMORIAL HEALTH SYSTEM FOUNDATION THANKS

AN ISLAND OF CARING

SANIBEL CAPTIVA TRUST COMPANY MASTER SPONSORS ISLAND FUNDRAISER

The most recent Sanibel Cares Island Celebration event, held at the Community House on Sanibel, raised a record \$275,000 in support of the Children's Hospital of Southwest Florida. The Sanibel Captiva Trust Company, Master sponsor for the event, stepped up to the plate to make this a uniquely Island occasion. Their sponsorship, and the ongoing support for kids, has resulted in our ability to purchase highly specialized equipment and develop new programs that support our most fragile patients.

This year's event proceeds went to support the Neonatal Intensive Care and Pediatric Observation units at the Children's Hospital. Over 50 artists, including featured artist Jim Sprankle, donated works for silent and live auction.

Sanibel Cares formed in 2000 when a group of concerned island mothers, impressed by the care a local child received during cancer treatment, banded together to help The Children's Hospital of Southwest Florida.

Hats off to Sanibel Captiva Trust Company and the scores of volunteers and donors who, through their tireless efforts, have created brighter tomorrows for many local children.



Sanibel Cares



LEE MEMORIAL HEALTH SYSTEM

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Sharing the beach with nesting sea turtles

This is sea turtle nesting season on the beaches of Sanibel and Captiva. You can help!

- Keep obstacles off the beach overnight (beach chairs, umbrellas)
When a female comes on the beach to nest, an obstacle will cause her to turn back and either return to the water (and possibly eject her eggs) or find a different section of the beach. Unlike humans, sea turtles will not attempt to go around or to the side of an obstacle.
- Lights confuse nesting females and hatchlings.
Keep lights near the beaches off or shielded during May through October. It is naturally lighter over the water than it is over the land, so nesting females and hatchlings both head toward the light in order to head toward the water. Artificial lighting confuses them and, disoriented by lights, baby turtles will wander away from the water and die.
- Keep the beach and water free of litter. Sea turtle deaths have been due to trash - balloons, plastic bags and styrofoam - mistaken for food.
- Stay clear of any marked nest area on the beach. It

is a federal offense to disturb or interfere with a nest or to have in your possession eggs or any part of a turtle such as skull, bones or carapace. It is illegal for an individual to retain possession of any threatened or endangered sea turtle hatchlings.

- Give nesting females room, darkness and quiet. It is illegal to disturb a nesting turtle with lights or noise.
- All dogs on the beach must be on a leash and cannot be allowed to disturb nesting turtles or hatchlings.

If you find lost hatchlings, place them in a dry container with a little moist sand in the bottom and hold them in a shaded area. Please call the Sanibel-Captiva Conservation Foundation at 472-2329 and a licensed volunteer will pick up the turtles.

You can help defray the costs of SCCF's Sea Turtle Research Program by adopting a nest. Call the Conservation Foundation at 472-2329 for more information.

Sea Turtle Nesting Totals July 26, 2004			
	Nests	False Crawls	Hatches to date
2004			
Captiva	63	66	22
Sanibel East End	37	89	2
Sanibel West End	148	294	24
Totals	248	449	48
Percent of 2003	76%	113%	
2003			
Captiva	121	91	
Sanibel East End	31	83	
Sanibel West End	155	206	
Totals	307	382	

The seashell islands...

David Abramson (center), pictured with Keith (left) and Lanney from Kansas City, Missouri, found a large horse conch by the Sanibel Cottages on Monday, July 26. He was sitting on the front slope of the sand bar and digging in the sand. There were about six pen shells and then he felt something that he thought was a piece of coral. It took about 10-15 minutes to dig it out and when he brought it up, the operculum (the flat piece of shell that the living animal pulls in to seal the opening) was still in place. Disappointed that he'd found a live shell, he started to put

it back when the operculum dropped out and there was obviously no live animal in the shell. David has been shelling for 22 years and has been on a lucky streak for horse conchs. He also found a six inch horse conch on this trip, but that one was alive. Two years ago, he found one twice as large as his find on this trip.

Sanibel-Captiva Pictorial History

Before the Causeway - revised edition

Our local heritage has practically vanished... a lifestyle alive only in the memory of our citizens. Now we have the opportunity to safeguard the history of our people through photographs from our files and from those submitted by our neighbors.

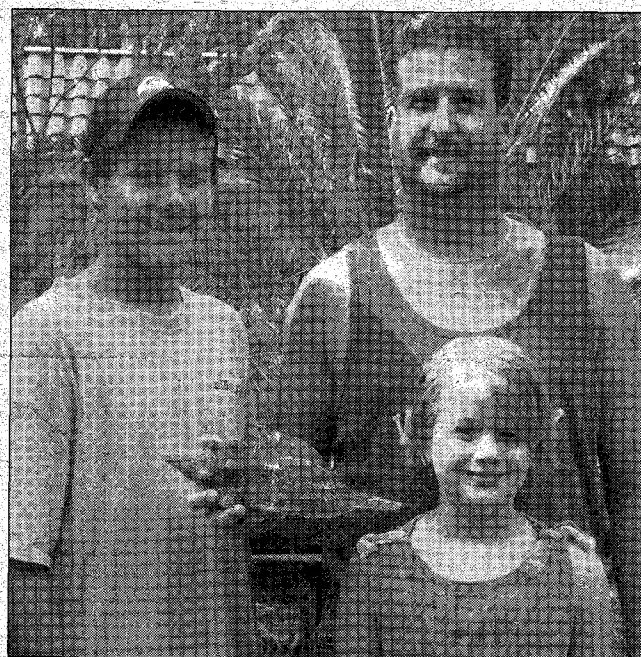
This 120 page book, with more than 300 photographs, is library-quality, printed on archival paper and bound in a beautiful sunrise/sunset (color) hard cover.

The books are now available at the Island Reporter office at 2340 Periwinkle Way in the Village.

They can also be found at these fine island stores:

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John Doubt from Meshank Station, N.J. found a junonia on July 22. He's been shelling for five years and he found the shell by the Blue Dolphin - he was "surprised to find a rare shell!"

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FISHING & SHELLING THE ISLANDS

Putting the Jingle in Jingle Shells

How many of our shells can you think of which were named after the sound they make? Most get their names from colors like the pink tellin, or a feature of the body like the king's crown conch.

The colorful jingle shells do make a pleasant jingling sound when a half dozen or so are shaken in your hands. These shells are fairly common to find. They have a rounded, translucent top and a flattened bottom. The shell can be found in gold, yellow, clear and a dark gray color. They are two-sided shells, with the top being a little stronger so mostly we find the top side as we walk the beaches.

Recently, we found a lot of jingles, which completely surprised me and delighted my guests.

We came upon a stretch of beach, which had been hit hard with a summer storm a few days earlier. We waded into shore and quickly discovered a massive kill of jingle shells. If you had ever wanted to fill a shell lamp with just one color of jingle shells, this was the day and the place.

As I walked to see how far the dead shells reached, I found the line often two feet wide. The jingles had washed high on the shell line from the storm and were glistening in the sun.

One of the best parts was that these were complete shells, with top and bottom.

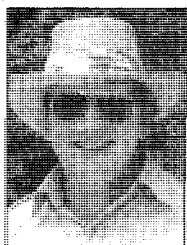
The bottom portion is more oval shaped with a small hole near the hinge. This is where the living jingle extends a foot to anchor it to things on the bottom. Usually they attach to sunken pieces of wood or rock, but they will also bond to old shells like whelks or pen shells.

My choice from the line was a large, dead sand dollar with eight jingles of different colors attached. It was one of those times when you literally couldn't pick up all the jingle shells and I have never come upon such a sight before.

Strangely enough, none had remains of recently dead jingles inside. And with a few exceptions, none were connected to bottom things. I do a lot of snorkeling off the

beaches this time of the year up along Cayo Costa and seeing any jingle shells is not unusual. However, that storm somehow churned up the beach sand in just a few feet of water and sent a line of dead shells up for us.

Of the several colors, the gold ones seem to be favorites with collectors. I've seen some great shell lamps, which were mostly gold. Under usual circumstances, finding enough jingles to fill a lamp can take weeks or months.



Lisa Pierot

Fishing News: High summer tides

Seeing a low tide in the daytime in summer does not happen much when we are in the hottest months of the year, so any type of fishing you might want to try which requires low tides has to be put off.

I am a wade fisherman and I like low tides, especially when sight fishing redfish.

When we slowly get back to four-tide days in early fall, stalking reds is easier when the tides and low and the fish move into shallow bays.

That is when we find them by looking for tailing schools.

In the summer months, we often get two-tide days and they both seem to be high. When the reds are up against the mangrove trees, anglers can position the boats close and throw in shrimp or fish baits or even cut baits, and the reds will be there, foraging well up under the limbs of the isolated islands for food.

That is one best time to look for redfish, but it's terrible for we wade anglers.

We are just starting to get a few more lower tides where some of the bars in the bay show. It's been an alternating week situation with nearly a week of two-tides, then a fairly normal four-tide week. Most of us prefer the four-tides a day pattern.

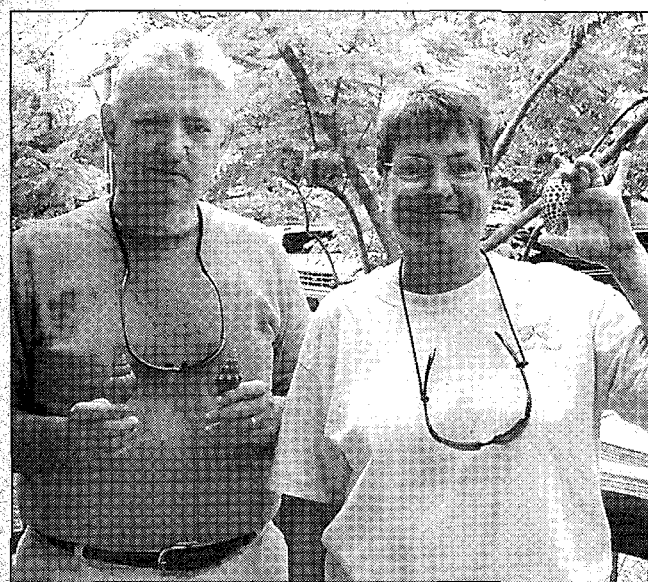
Those higher than normal tides in the day make it tough on wade anglers, or even those who use a canoe or kayak to get into hidden bays. The Ding Darling Wildlife Sanctuary is a great example of a producing area, if you

can slide into low tide bays.

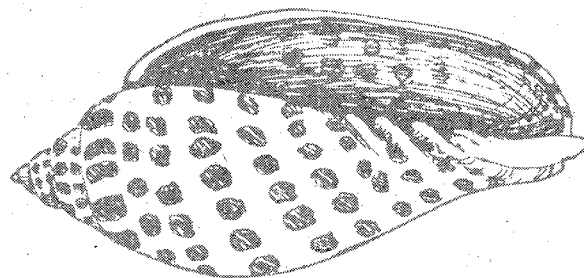
Anyway, the summer pattern of high day-time tides will gradually slow up. Often the best low tide of the day will be near sunset. Other times it will be the middle of the night.

Those whopping high tides often make for excellent fishing, however, around passes like Redfish, Captiva and Boca Grande because it carries out lots of bait and the snook, sea trout and redfish will be waiting. Good luck this week.

(Have a question or comment? You can reach Capt. Mike Fuery at 466-3649 or by e-mail at jumonia4@aol.com)



Beverly Madden from Cincinnati, Ohio, found a junonia on Monday, July 19 around 8:45 p.m. directly in front of the Sandalfoot Condominiums on East Gulf Drive.



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Island Home

Your Resource for Interior Design • Real Estate • Home Improvement • Lawn & Garden

By Laura Nickerson
Staff Writer

The term "island style" in the interior design trade, once brought to mind only florals in coral and teal, soft pastel walls, and lots of white, patio appropriate furniture. There are no longer such formulas for creating island style in our homes today.

Savvy interior designers draw on many sources for tropical inspiration, including Caribbean, Indonesian, mid century modern, and classic country cottage. Another source for decorative ideas is the actual history and geography combined with the folklore, arts, and architecture of any given place, any island.

On Sanibel and Captiva, those influ-

ences include the mysterious Calusa Indians, the Spanish explorers, piracy, early pioneer style settlements, and the 1950's Florida tourist boom. Ever present inspiration can also be drawn from the amazing array of flora and fauna, the constantly changing colors and patterns of sea and sky, and the richly diverse back-grounds of island residents.

In future issues of this new bi-weekly Island Home section, we will be present-

ing some of these design concepts, along with ideas on how to incorporate them into your own decor. We will also be looking at other home related topics, such as meal planning and entertaining, special gardening projects, home based businesses, and practical considerations like safety, insurance, and security systems.

If you know of someone or something that you feel typifies an Island style home, please call Laura at the Islander 472-5185.

Life's a picnic

By Laura Nickerson
Staff Writer

Picnics, by definition, are portable repasts eaten out of doors. A picnic can be as simple as your favorite sandwich and soft drink enjoyed solo at an appropriate rest stop with a wonderful view, along an island nature trail. It can be the highlight of a classically romantic beach date; the old loaf of bread, jug of wine, and thou syndrome. Add a mellow and flavorful imported cheese, and a crisp, mixed greens salad, dressing brought on the side, please, and you've got not only the ingredients for a fun and sexy evening, but a light, tasteful and nutritious supper as well.

At the far end of the entertaining rainbow, picnics have taken on hedonistic possibilities of truly Mount Olympian proportions, and what better place than a pristine and private beach to revel in high fantasy among a few, or even a few dozen good friends, for a night of sensual

delights, not the least of which will be gastronomic. Such an event calls for pulling out all the stops, just as you would for an elaborate indoor dinner party. Find an imaginative caterer/party planner who understands your vision, or, plan to execute the menu yourself, ahead of time, with a few key people. This phase should be as much fun as the event itself. If you feel quite certain it won't be, go ahead and hire the caterer. What you are after is a handful of exotic, elegant finger foods, some of which have already been fully prepared by party time, and others whose preparation is part of the evening's ambiance. Save the whole hog, Hawaiian luau approach for another time.

Begin with some iced, raw bar highlights, and a few very artfully prepared, sushi style, though not necessarily traditional sushi, appetizers, both vegetable and seafood. These can all be made ahead

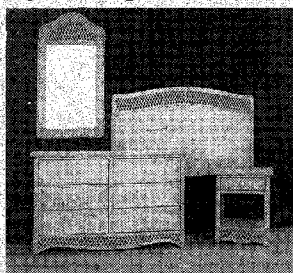
Picnic, continued right

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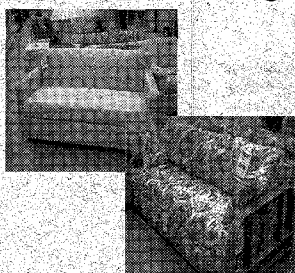
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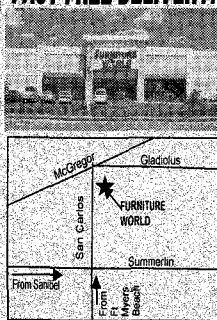
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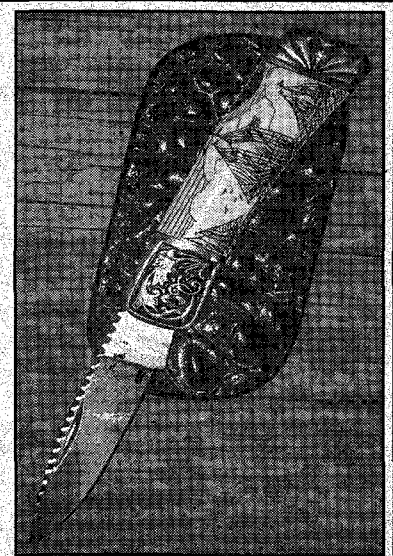
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Picnic, from below left

of time. As an entree, skewered, or other small size, pre-marinated shellfish, meats and vegetables will cook quickly on small grills, provided for each pair, or small grouping of guests to cook on themselves. Salads are a natural accompaniment for these types of foods, but instead of large bowls of the usual family picnic fare, use creatively cut, seasonally fresh greens and other exotic salad ingredients like hearts of palm, good Japanese mushrooms, and several types and colors of peppers and tomatoes to impart tropical flair and to enable guests to customize their meal. Serve these decoratively, using one or two types of vegetables to each beautiful serving dish.

The other important aspects of this type of dining will be the seasonings, drinks, desserts, and the overall presentation. For seasonings, think exotic. Think citrus and ginger, coriander, saffron, and hot flavorful peppers in marinades and dipping sauces. The entire meal will not only taste divine, but the heady scent of blended spices will mingle with the local flora to create a fragrant tropical perfume. Plentiful pitchers of iced citrus waters, and spiced fruit drinks, a fine muscadet, or other seafood worthy white wine, a melon, fruity merlot or other soft aromatic red wine, and a quality champagne are all that is needed in the drinks department. Desserts should be the lightest possible fare. A luscious assortment of whole and sliced fresh fruits, as well as a sampling of hand made, tropical fruit ices works well. For an added touch, miniature cakes and cookies in the shapes of starfish, sea hors-

es, and shells tie in nicely.

Setting the mood for an elaborate beach dinner picnic is only as limited as your own imagination. You may already have the most superlative backdrop as close as your own back yard, but making that evocative scene of sea, sand, and sky become the staging for a memorable event is up to you. Again, pull out all the stops. Let glass, Fortuny style lanterns hung on iron hooks, or distant torches, or hundreds of candles provide the kind of romantic lighting you need. Do send invitations, to thematically promote the event. Buy yards and yards of diaphanous fabric, and use it to festoon a portable or makeshift gazebo. Spread large clean rugs or lengths of upholstery fabric on the sand, nomad style and pile pillows all around the borders. Special pillows, embroidered or penned with words like "beach" and "picnic" or even with their own names, could easily become hostess gifts for each guest. Serve the picnic at ground level, on the rugs, elevating serving dishes and centerpieces with various trays and stands combined with natural rocks and shells. Definitely play music, either live or contrived, something soft, but rhythmic and sensual. You could even supply each guest with a toga style beach cover up. Crush eucalyptus and frangipani into potpourri. Provide finger bowls for hand washing, and float mint and citrus ice cubes in each bowl. Fill oversized clear glass bowls or vases half full of water, then position a few tall palm fronds or banana leaves in the water for fabulous tropical centerpieces. The look should be simple, natural, but always elegant. With the sound of the waves, a view of the stars, and a light tropical

breeze, how could your evening be anything but a success?

If you aren't in the mood for something quite so orchestrated, Marguerite Mozella, of Mozella's Food Works has some wonderful ideas for classy picnics and box lunches. Marguerite, whose shop at 2330 Palm Ridge Road, Sanibel, advertises great take out and catering, recently told me that box lunches were going to become much more popular here, not only because people are often busy, but also because most major airlines no longer offer anything approaching a real meal, even on flights of several hours duration.

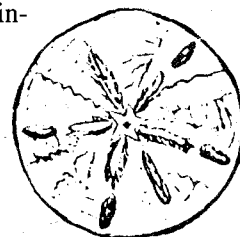
Mozella's box lunches can really fill that gap. A standard box lunch could include a salad or sandwich, such as their Southwest chicken wrap, containing succulent grilled chicken breast, lettuce, tomato, onions, black olives, cheddar-jack cheese, and chipotle mayonnaise, nestled in a tomato/basil tortilla and served in a picnic box with chips and a pickle. Bottled drinks and fabulous desserts are always on hand. By special order, Mozella's can personalize box lunch picnics for a group, with unique tropical fare such as a delightfully refreshing Key lime-lemonade with fresh mint leaves, you provide the rum, and beautiful Island style cookies. See them for all your catering needs. Mozella's has graciously allowed us to print their recipe for sand dollar cookies. Enjoy!

Mozella's Sand Dollar Cookies

- 2 cups or 1 lb. of butter or margarine
- 1-1/2 cups sugar
- 1 cup brown sugar
- 2 eggs
- 4 cups flour
- 1 egg white
- 1 package sliced almonds
- Cinnamon-sugar mixture: combine 1 tsp. cinnamon for every 2 tbs. sugar

1. Preheat oven to 325°

2. Cream margarine or butter with sugar and brown sugar in large bowl
3. Beat eggs well; mix thoroughly with sugars and butter
4. Gradually add flour to the mixture, then shape dough into a log, about 15" long and 2" in diameter
5. Cut the roll into 1/4" slices
6. Beat the egg white, then brush it on top of each slice
7. Sprinkle cinnamon sugar over each slice
8. Position 5 sliced almonds in the top of each cookie to imitate the design found on all sand dollars
9. Bake for 10 minutes. Makes 5 dozen crunchy delicious sand dollar cookies.



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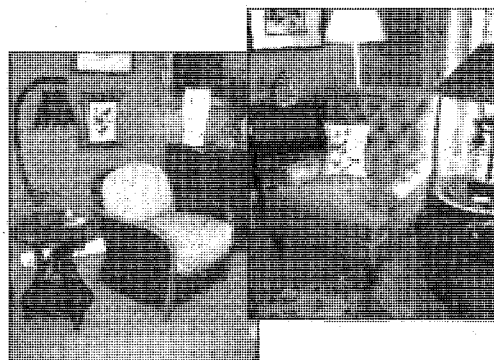
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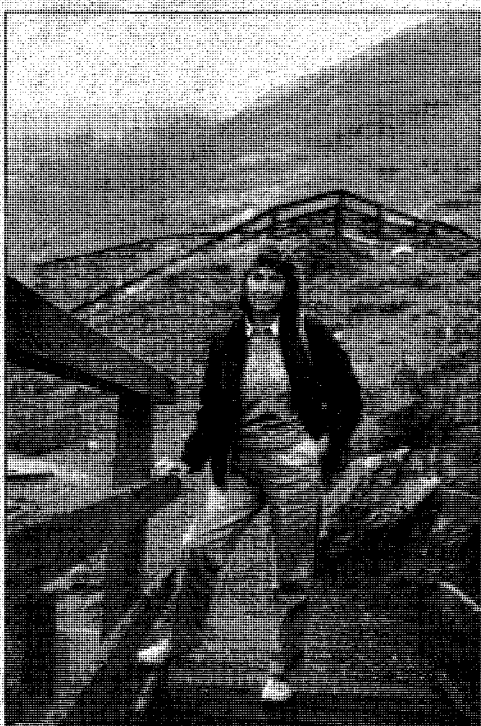
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WHO'S WHO ON THE ISLANDS

Sheila Tardosky: "I'm not a stay-at-home person"

by Nancy Santeusano
Special to The Islander

Sheila Tardosky was born in London and came to this country with her husband, Arthur, in the seventies. They lived in the Sebago Lake region of Maine and, in 1976, started coming to the islands. The visits were orchestrated by Glenn, one of their sons, who was attending school in Orlando. For Sheila's birthday, Glenn sprinkled Sanibel sand and tiny shells in the bottom of her birthday card envelope with the message, "I found the perfect place for you and Dad to come to live." Sheila adds, "We came for a visit and like everyone else, we fell in love with the place and the rest is history."



The more the Tardoskys came down, the more they started asking themselves, "How can we live here? What can we do?" They bought a little condo at Loggerhead and started looking seriously at businesses on the island. The Tree House was up on Captiva. Bernice McCaul, the first owner, had been selling shells and little gifts in the front room of her big six-room house. At that time the house was sitting on the ground but when McCaul sold the house to the Marshalls,



they put it on pilings, called it The Tree House and changed the shop's image to more of a true gift shop. The Tardoskys bought The Tree House in 1979 and local artists asked if they could put up their paintings. "That was a good idea for expansion and we shifted more into a gift shop and gallery," notes Sheila.

With the buying of property there are often surprises and the Tardoskys learned that the previous owners had fed the raccoons. Every afternoon about forty raccoons would come to The Tree House looking for their Twinkies, slightly stale Danish and other sugary sweets. Arthur concluded that the best solution would be to switch their diet to healthy foods and, little by little, they left to find their former menu in other locations.

Famed artist Bob Rauschenberg was their neighbor and Sheila adds, "What a great neighbor!" At one point Rauschenberg had to put up a privacy fence between the two properties. The surveyors found that The Tree House supply shed was mostly on the Rauschenberg property but he proposed an amicable plan so that they would have access to their supply shed via a little gate and, in exchange, he would be able to walk through their property to go to the post office on Captiva. At that time, comments Sheila, "There was no Bubble Room and we used to walk down the road to Timmy's Nook for a delicious meal. We were just on Captiva Drive across the street from the South Seas Plantation Hotel and we were the only gift shop in town."

After nine years on Captiva, in 1988 the Tardoskys sold the house and relocated The Tree House to the Olde Sanibel Shoppes. Arthur had checked out the new location and, with his business acumen "knew what the perks were." At that time, Bailey's General Store, the Coconut Grove Restaurant and the movie house were here. Calamity Jane was the restaurant in the Olde Sanibel Shoppes complex along with Rene's Jewelry Store and Expialidocious, a wonderful children's shop. Here, The Tree House had an upstairs location with light coming in on two sides. This was a smaller shop than in Captiva but ideal for two people to manage together.

Sheila recalls one of the funniest things in Captiva where the rules were different and Arthur would have Cousin It, a robot, walking on the porch. One day the UPS driver was making a delivery and Arthur had Cousin It walk to the edge of the stairs and greet the startled delivery driver. That doesn't happen in Sanibel but now there are other attractions. Today many more people from overseas are coming to the islands for the sunshine. Her old friends from Captiva still come to Sanibel and now their children and grandchil-



Clockwise from above: Sheila at the old Treehouse Gallery on Captiva; Sheila at nine years old; Sunflowers; Sheila sailing in the bay in 1980 and in Scotland in 1984.

dren are joining the cadre of visitors at The Tree House. Unfortunately, her husband Arthur died seven years ago but she adds, "People still tell me anecdotes about him." Sheila will always value her strong family ties in London and returns for a visit every three years.

As she looks at the works of many of the fine artists on display at The Tree House, she recalls her own love for art. "Since I was eight years old, my favorite thing has been drawing and painting. As soon as my cousin in London, who was almost my same age came to visit, the two of us would start drawing and painting. I can't remember playing games with her. We just drew and painted together and pretended that we were artists."

Sheila never stopped painting and today she paints in oil, watercolor and acrylic, with a penchant for collage. She has exhibited at one-person shows at the University Club in Fort Myers and the Captiva Island Yacht Club, and in joint shows at both the Sanibel Public Library and the Captiva Civic Association. Her honors include various awards and exhibitions

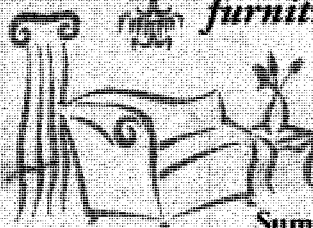
of her work, and her paintings are part of many industrial and private collections.

"I love opening my shop every day and meeting wonderful people. This is the happiest part of my life. I'm very gregarious and I need to meet people. This is the perfect venue for me. Remember I'm not a stay-at-home person!"



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Over 100 paintings by members of the Sanibel-Captiva Art League are on display in the Annual Summer Art Exhibits at BIG ARTS and the Sanibel Library (which is closed for construction and will re-open on August 16).

BIG ART's Phillips Art Gallery also has BUG-WORKS' mosaics by the artists of Sanibel Elementary School; the large mosaic butterfly will be permanently installed in the new school.

On view are colorful watercolors, acrylics and oils of local scenes, wildlife, still life and abstract paintings.

For BIG ARTS hours, call 395-0900. For more information about the Art League's weekly paintouts and educational programs, call 472-8834, 472-2726 or write Sanibel-Captiva Art League, P.O. Box 1192, Sanibel, FL 33957.



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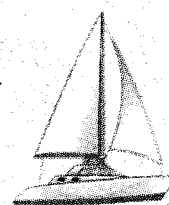
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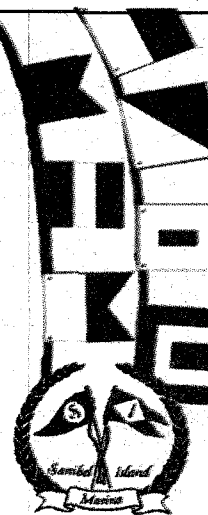
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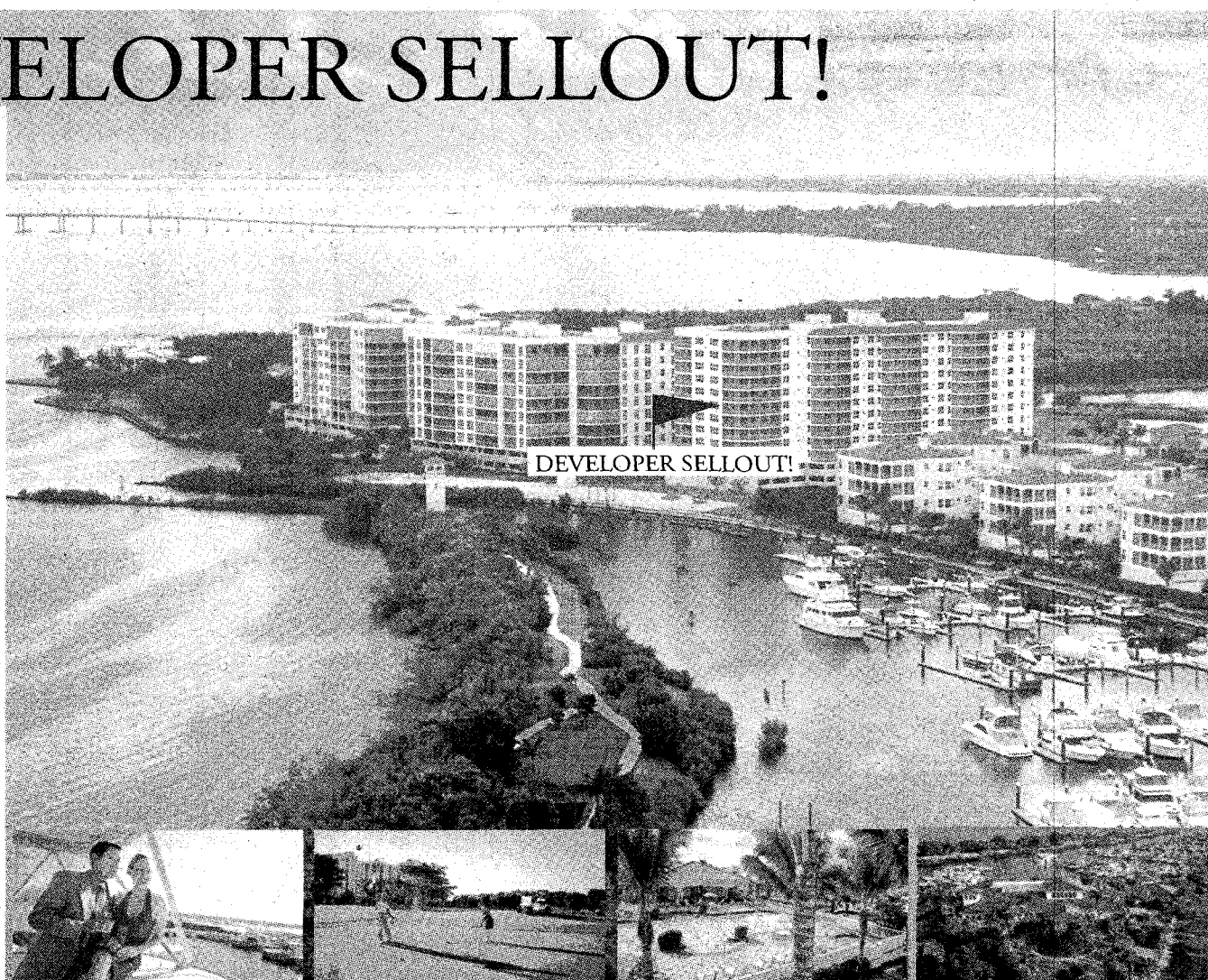
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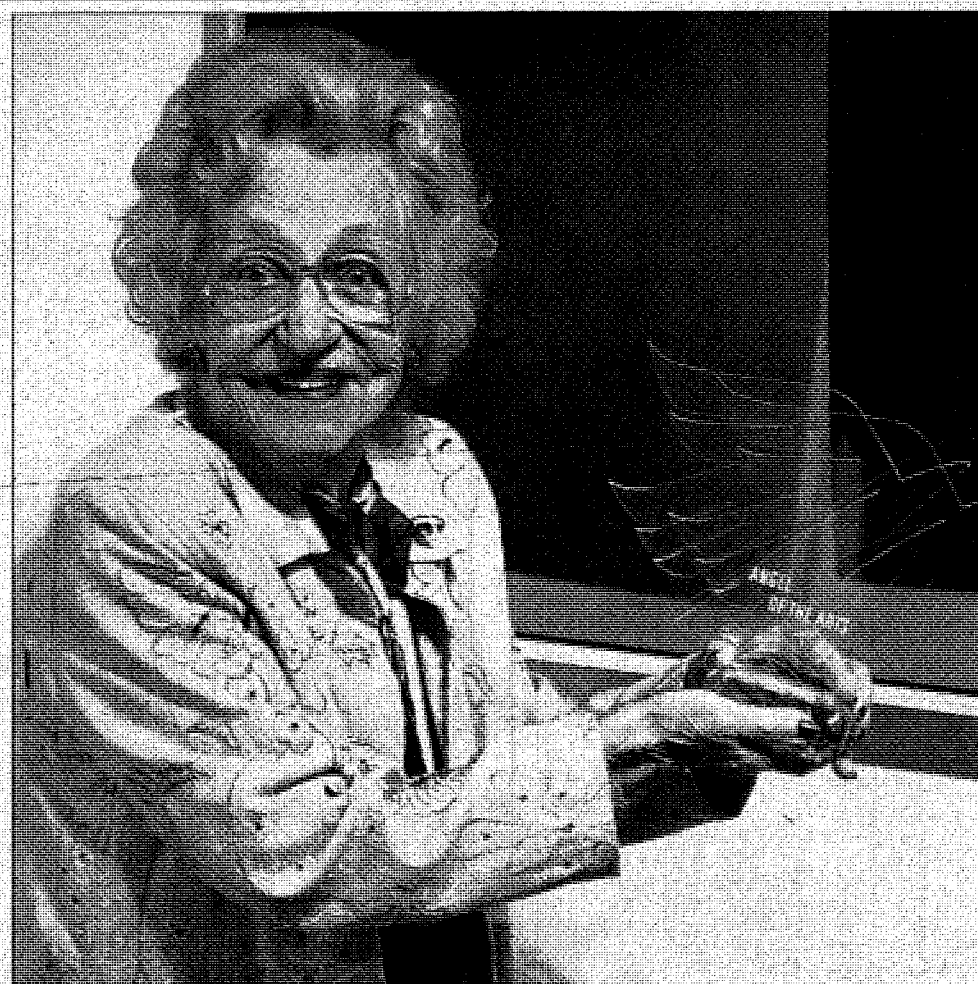
First 2005 Angels of the Arts Awards presenters named

Louise Senneff, Alliance for the Arts Executive Director, confirms that advance planning has begun for the 2nd Annual Lee County "Angels of the Arts Awards" Ceremony being held Sunday, March 6, 2005 at the Broadway Palm Dinner Theatre in Fort Myers. Senneff states, "I am delighted to announce that Barbara B. Mann, widely and deservedly celebrated as a long-time champion and devoted supporter of the arts, is the first of Lee County's leading citizens to indicate her acceptance to present an Angels Award to a nominated and designated award-winning recipient at the March 6th ceremony."

"I am honored to be asked to serve in this capacity," said Mann said. "The artists and arts in Lee County

have added so much to the quality of life in our local communities over the years. Recognizing and honoring those contributions is extremely important and most appropriate."

Barbara Mann was the energizing force behind the 1948 establishment of the Southwest Florida Community Concerts - now in their 57th year -



Barbara B. Mann with her 2004 Angels of the Arts Award for Arts Benefactor of the Year. Mann has accepted an invitation to be a presenter at the 2005 ceremony.

and a founder and former president of Alliance for the Arts. She received an Angels of the Arts Award at the March 2004 ceremony for Arts Benefactor of the Year. Although she was unable to attend that event and receive her award in person because of a scheduling conflict due to a Community Concert that same night at her namesake venue, the Barbara B. Mann Performing Arts Hall, she now promises, "You can count on me this year. I will definitely be there. I've marked it on my calendar."

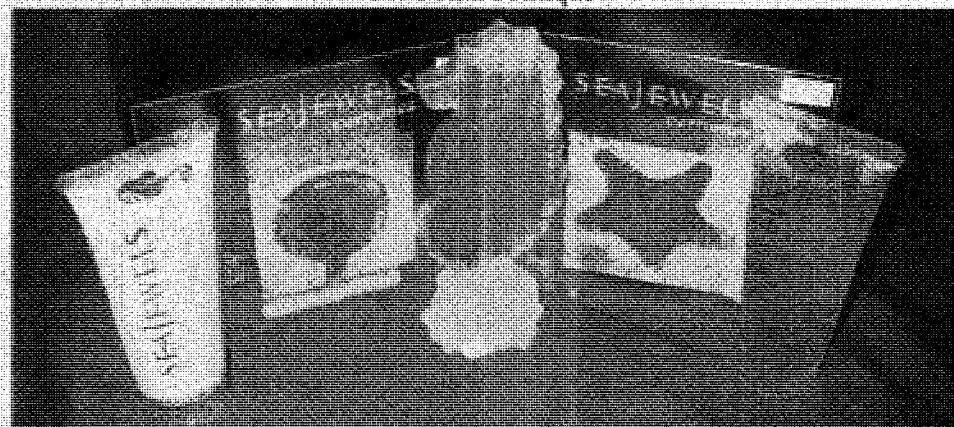
The Angels Awards are presented to local artists and supporters of the Arts who deserve recognition as Angels of the Arts by virtue of their personal contributions or professional involvement with the arts in our area. All local artists, either visual or performing artists, as well as other benefactors, contributors, patrons and supporters of the arts in Lee County are eligible to be nominated for - and receive - one of the Angels Awards. Officials, staff and members of local arts organizations and the public will actively participate in the nominating and confidential voting process to select winning recipients of next year's Angels Awards.

In the context of the Angels Awards, the term "artist" crosses all creative disciplines and media, so winners in the three "artists" categories could be actors, dancers, musicians, painters, sculptors, videographers, singers or writers, etc. Along with established categories for creative artists, such as Artist of the Year, New Artist of the Year and Artist - Lifetime Achievement, other award categories recognize the contributions of arts professionals in categories such as Arts Instructor of the Year, Arts Volunteer of the Year and Arts Organization Leader of the Year. A third category highlights those individuals, who while not necessarily being considered artists themselves, per se, definitely do deserve recognition for making noteworthy personal contributions to support the arts, in their roles as Arts Benefactor, Arts Writer, Arts Broadcaster, or Public Official. In addition, this year, at least one, possibly more, new award categories are being considered.

Further information about plans for the 2005 Angels of the Arts Awards nominations and voting process, the ceremony itself (which again will include a champagne reception), as well as specifics about ticket sales to the public, will continue to be announced between now and the first week of 2005. In the meantime, call the Alliance at 939-2787 or e-mail awards@artinlee.org for additional details.

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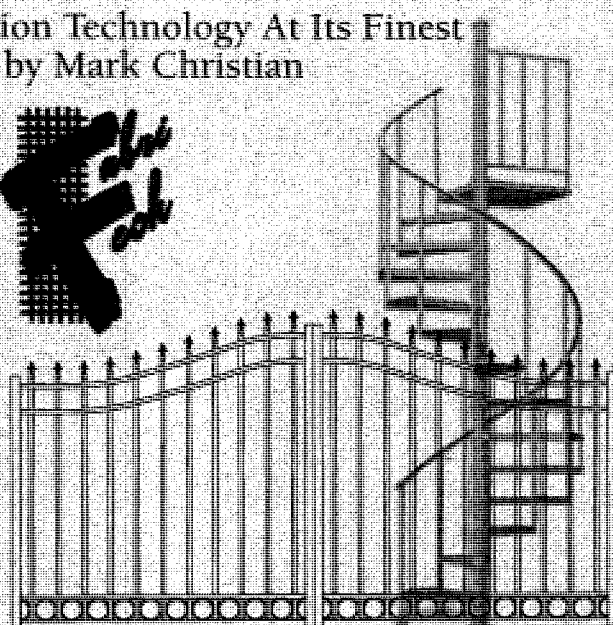
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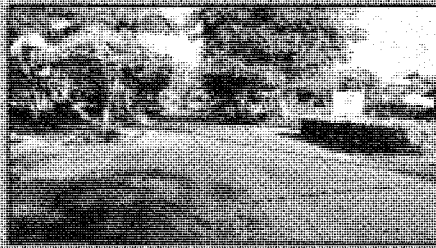
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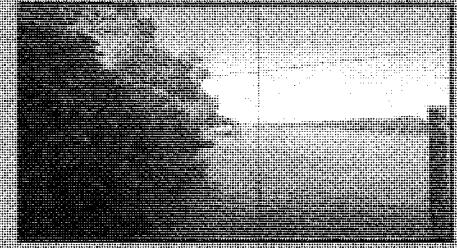
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ESTATE ON ROOSEVELT CHANNEL

This 1-2 acre estate will bring back memories of Old Florida. The 3 BR/2 BA main house and the 1 BR/1 BA guest house are nestled in native vegetation with beautiful views of Roosevelt Channel. The property offers a shared deep water dock with Gulf access and screen enclosed pool. The homes have carpet, tile and wood flooring, French doors, lots of built-ins, newer roof and is fully furnished with a few personal exceptions.

\$1,995,000



OSPREY BAY ESTATES

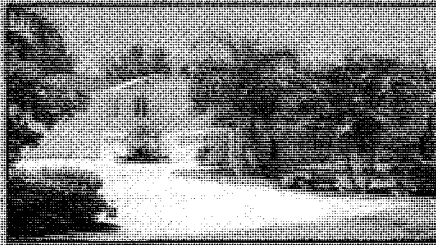
This beautiful tropical, gated compound is located on Captiva's Roosevelt Channel and consists of 3 estate-zoned properties totaling over 4 acres. There is a 6 BR/5.5 BA main house and a 2 BR/2 BA guest house currently being renovated. A shared Gulf beach access dockage and pool. This prime waterfront property has direct access to the intra-coastal waterway. **\$6,995,000**



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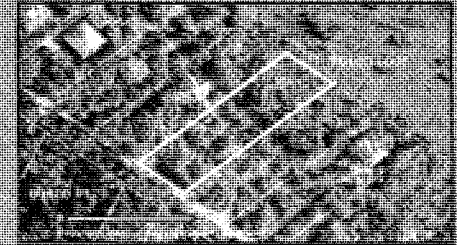
Spectacular custom designed 3 BR/3 BA home located on a desirable canal front lot. This home is just steps to the beach and offers a flock with Gulf access, soaring ceilings, deep hardwood trim, den, plantation shutters, screen enclosed heated pool with spa, private elevator, fireplace, gourmet kitchen, 2 versatile entertainment areas overlooking the pool, 2 split master suite with sitting areas that open to a screened lanai and there is also a community boat ramp. **\$1,875,000**



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\$699,000



STEPS TO THE BEACH

Stunning Victorian style 4 BR/4 BA near beach home. This beach home offers great craftsmanship, decorator furnished by Ruth & Mack, gourmet kitchen with custom cabinetry, private elevator, screen enclosed heated pool, wrap around porch, fireplace, security system, numerous upgrades and a private endless. Many quality upgrades.

\$1,895,000



ESCAPE TO PEACE AND QUIET

Wonderful Sunset Captiva home with 2 BR/2.5 BA. This home offers a great room with fireplace, sundeck off master suite, screen enclosed porch and plenty of storage. Great opportunity offering deeded beach access, pool, tennis, dock with Gulf access and BBQ grill.

\$789,000



PALMFLOWER ESTATE

Beautiful completely remodeled Old Florida style home with 5 BR/5 BA. Offering a pool with spa, beach access, shared deep water dockage with Gulf access, hardwood & tile floors, guest cottage with pool bath and lot furnished with a few personal exceptions.

\$2,695,000

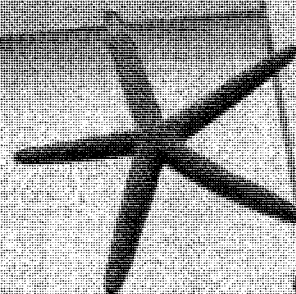


VILLAGE BY THE SEA

This quality constructed home is 4 BR/4 BA and has detailed workmanship throughout. Offering a pool with spa, rooftop sundeck with views of the Gulf of Mexico, beautifully landscaped yard, brick driveway, elevator, wood floors, fireplace, gourmet kitchen with custom cabinets, vaulted ceilings and gingerbread detail on exterior of home.

\$2,195,000

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Karen Bell & The Bell Team

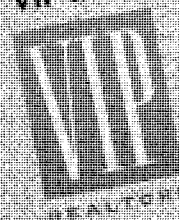


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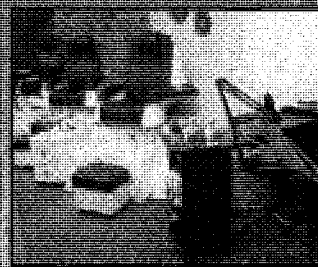
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10 AM - 6 PM
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Salon by Design

Two and a half years ago Sandy Gales, a well known islander, opened Salon by Design in the Sanibel Tanger Factory Stores. The salon is uniquely and discreetly located in the back section of this 2,700 -square-foot building to ensure client privacy and complete relaxation.

When you enter the inner salon you are greeted by a "fairyland" Cinderella-like glass aquarium with its own waterfall and mirrors, the creation of an imaginative artisan. Carpeting to soften sound, shining bevelled mirrors and beautiful lighting add to the luxury of the salon's six individual, private and well-appointed wet stations, dryer area, facial room, pedi-spa, nail stations and tanning and changing rooms. For additional client comfort, Sandy has designed individual shoulder wraps and the finest, freshly roasted coffee is always available.

The front half of the building, with its dramatic lighting and perfectly arranged displays, houses more than 17 different lines of hair and nail care products and a cosmetologist is available for you to consult for additional information.

Sandy, along with husband Jim Gales, personally selects each item she carries, not only the beauty care lines, but also lovely handcrafted giftware, that is the work of over two dozen artists chosen for their individuality and talent. Not to be missed are the hand-carved pillar and globe candles, some with fresh flowers floating in the melted wax, as well as those that are hand-made on Sanibel with shells from Sanibel shell collectors.

A dramatic display of fused glass art and jewelry, featuring pendants and rings designed by talented artisans, includes some pieces created by Sandy herself. She personally selected shells on Sanibel beaches and fused them in glass. Salon by Design is truly a one-of-a-kind boutique where uniqueness and eye appeal count.

As for hairstyles, Salon by Design offers all full service salon options, including cuts for women, men and children, shampoo and set, reconstructive conditioning, and all types of coloring processes.

Salon by Design is in the Sanibel Tanger Factory Stores complex at 20350 Summerlin Road - Suite 6115, just over the Causeway. The shop is open from 10 a.m. to 9 p.m. Monday through Saturday and 11 to 6 on Sunday. The phone number is 590-0015.



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The Schoolhouse Theatre: A new name, a new theatre and a new season

The Schoolhouse Theater is happy to introduce its new name, and to announce its 2004-2005 Season. "Our board felt very strongly that we should honor our past and retain the very positive image of a schoolhouse as we



Schoolhouse Theatre Artistic Director Victor Legarreta

move into our new facilities," said Chuck Kettman, The Schoolhouse Theater Foundation Board president. "Our new name reflects this, as will the changes we plan to make to the new facility. We are also extremely excited about the season we have planned and especially happy that we can offer season subscriptions

for the first time."

"Our 2004-2005 season will kick off with a bang," said Victor Legarreta, artistic director. *Make 'em Laugh*, playing from October 22 - November 27, is two acts of side-splitting hilarity that will make your cheeks hurt from laughing so hard! "This show will feature all of the classic sketches and music that made comedy what it is today. Who can forget Abbott and Costello in "Who's on First?" or Lucy in "Vitameatavegamin"? Come see *Make 'em Laugh* and we'll show you why laughter is the spice of life!

Next up will be *Christmas on Sanibel: Yule Love it!* playing December 2 - 31. "Just across the 'Santa Bell Clauseway' on Periwinkle you will celebrate the holidays like you never have before! Come join us as we ring in the holidays with joy, love, and of course, laughter. *Christmas on Sanibel* will become a tradition that you will look forward to year after year. Oh, and kids... There will even be a guest

The Schoolhouse Theater

appearance by the big guy himself!"

After that we have *Come Fly with Me*, playing January 13 - March 5. Join The Schoolhouse Theater in paying tribute to one of the great entertainers of all time, "Old Blue Eyes," Frank Sinatra. Through song, dance and laughter, spend a delightful evening with the man and his music. "Frank Sinatra created timeless classics with every song he sang and we hope this show becomes a timeless classic for you and your whole family."

"To end our winter season we will have *Now THAT'S Broadway!* playing March 10 - April 30. Come visit Broadway's past and present as we light up 'The Great White Periwinkle Way.' How many times have you seen a Broadway show and waited for that one great song that everybody loves? Well, we plan to pick the best songs from these shows and put them all into one blockbuster musical revue! From comedy to tragedy, you will leave The Schoolhouse Theater saying "Now THAT'S Broadway!"

For the summer of 2005, Rock 'n' Roll Beach Party will take over Sanibel playing May 19 - Aug. 13. Why suffer in the hot summer sun when you could party '50s and '60s style on an air-conditioned beach and be "cool" like the rest of us. We are going to have a beach party and you're invited! If you like the music of the '50s and '60s, then you will love this rockin' revue. Bring your sunglasses and your bathing suit and sit back as we celebrate the coolest summer Southwest Florida's ever had.

Special season subscriptions are available. Call 472-6862 now.

Al Oerter at Arts for ACT in August

In 1980, Al Oerter, a four time U.S. Olympic gold medalist in discus throwing was commissioned to create a piece of abstract art in support of the United States Olympic Team. The commission required that he create the art utilizing a discus. The result was widely distributed in the form of prints and the original sold successfully at a Christie's auction in New York.

Oerter's work has since been exhibited in Monaco, Athens, Lausanne and numerous U.S. cities including Birmingham, Atlanta and Colorado Springs. He has been invited to exhibit in Budapest and Sacramento. His work consists entirely of acrylic and gesso on canvas. From hard edge to entire free form pieces, there is no single theme that defines his work other than abstract.

"Athletics and art are much the same

for me," Oerter said. "Both require a good work ethic and a creative drive that I hope folks will find in my work."

Al Oerter will be at the gallery, during the entire month of August, Mondays through Fridays, from 11 - 5, to talk art or Olympics. The show continues through September 1. Arts for ACT gallery is located at 2265 First street in historic downtown fort Myers.

Proceeds help benefit Abuse Counseling and Treatment, Inc. a non-profit agency established to provide shelter, 24 hour hotline, counseling and education to victims of domestic violence and their families and survivors of sexual assault, serving Lee, Hendry and Glades Counties. For additional information contact Claudia at Abuse Counseling and Treatment, Inc. at 939-2553.

Two wives, two lives, two great shows!

Theatre Conspiracy, at the Foulds Theatre in Fort Myers, is proud to announce its up-coming productions: *Run for Your Wife*, and its sequel, *Caught In The Net*, two hilarious farces by Ray Cooney.

Run For Your Wife will play August 20 to September 4. In this superb, hysterically funny British farce, London cabbie John Smith lives a happy life with his wife Mary in Wimbledon. He also lives a happy life with his wife Barbara in Streatham. Since neither Mary nor Barbara know of the existence of the other, John's cleverly structured life is free of incident.

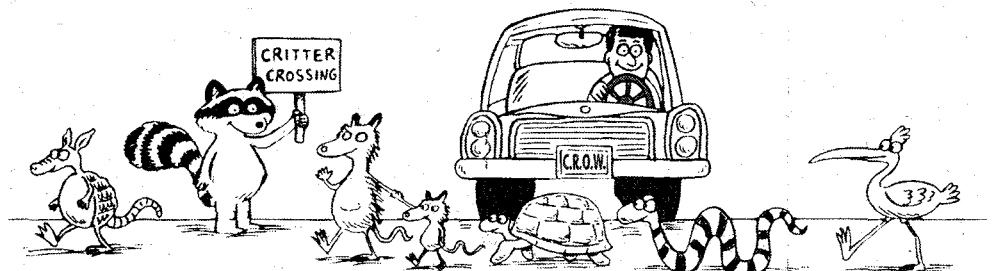
But one day, gallantly intervening in a mugging, John ends up in the hospital, and both lives come together. With the help of Stanley, his lodger, John spins a desperate web of lies in a hilarious attempt to keep a succession of well-meaning but prying police, the press and his wives from discovering his secret.

Caught in the Net will play September 30 to October 16. This sequel to *Run For Your Wife* finds our bigamist taxi driver, John Smith, fifteen years later still keeping both his families (one in Wimbledon

and one in Streatham) happy and blissfully unaware of each other. However, his teenage children - one girl and one boy by each wife - have met on the internet and are determined to see each other in person, especially as it transpires that they have so much in common - same surname, taxi-driver dad of the same age, etc!

When it dawns on John that they are about to meet, he plunges into a chaos of his own making in order to keep them apart. Once again, his savior could be Stanley, his lodger. But Stanley is about to go on holiday with his ancient father. The ever spiraling situation gets increasingly out of hand as John struggles relentlessly to juggle with the truth.

The shows, starring artistic director Bill Taylor, also star Clement Valentine, Lisa Marie and Unota Lucero. Performances will be Thursdays, Fridays, and Saturdays at 8 p.m. with Sunday matinees at 2 p.m. Tickets are \$16 for the general public and \$7 for students, or buy both shows for \$30 and save \$2. For more information or to make reservations call 936-3239.



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Join us for a spectacular musical revue featuring all of the hottest tunes from the composers that made our hearts sizzle. You'll hear classic hits from the 30's and 40's including *In the Still of the Night*, *It Don't Mean a Thing*, *Kalamazoo*, *Night and Day*, *I Got Rhythm*, *Chattanooga Choo-Choo* and many more.

Tickets \$20 - \$34

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POETIC LICENSE

Golf Course Alligator

By Joseph Pacheco

Alligators are present —
Enjoy them from a distance
Sign on the Dunes Golf Course

I'd watched him often from my caged poolside:
Navigating noiselessly on the gray
Waste water, and with stealthy slide,
Submerge softly into the slime of hazard,
Eyes periscoping peril, watching, waiting,

Or, in sprawled immensity, sunning
His rough dark leather on the smooth Bermuda,
Watching the golfer, with golf cart waiting,
Move carefully toward his downhill lie.

But one May morning while watching him glide
He made an ominous turn toward my poolside,
Paused on the edge of hazard, then suddenly
Emerged in full blown immensity:
A monarch of menace come to claim the sun,
One Million BC sprawled on my manicured lawn!

Until, with camera cocked and safe inside
My cage, I moved to shoot, — then seeing me,
He rolled and tumbled into the hazard again,
Submerging, periscope eyes watching, waiting ...

Whatever our earth-movers and planned upheavals
Have carved for creatures like birdies and eagles
And bogies and doglegs without knees or paws,
For bunkers trapping their tiny round prey
And sprinklers detumesing in twilight,
And mowers rumbling in the early light —
He is too mired in memory primeval
For us to ever manicure his menace
Or groom the jeopardy within those jaws!



Graffrigreriti

by Three Island Writers

Inspired by William Carlos Williams famous poem, "This is just to say", some Island Writers have tried their hand at a new poetic form, "Graffrigreriti," poems that mimic the language we use on refrigerator notes but with additional dashes of humor and irony.

This is just to say

Dear Friends
We found
the shower too hot
the pool too cold

the beds too hard
the towels too rough
the sofa too lumpy
the armchair too soft

But we must say
that for a week
the price
was just right

This is just to say

I read your note
suggesting
luncheon at one
or one-thirty

But since I must
endure the dentist
in the morning it
seems bad timing

as I could only
eat soup that
would drool down
my chin

- By John F. Jones

This is just to say

Honey
when you get home
take the meat from freezer
defrost in microwave

Since you're there
peel potatoes
boil them
don't forget a little salt

While you're waiting
chop onions
celery and peppers
I'll make dinner when I get home

- By Bev Postmus

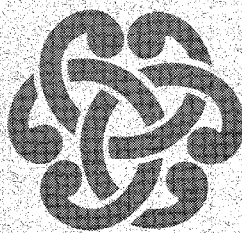
This is just to say

The blond in our bed
is me
Henri suggested
a change

Tried to stay up
to see your reaction
but day at spa
was too tiring

Hope you approve
if not
I'll let it grow out
in a month

- By Tanya Hochschild



ACT's Adopt a Child program needs donations

Abuse Counseling and Treatment, Inc. is in need of school supplies, boxes of Kleenex, new children's underwear, socks, shoes, and a new outfit for the first day of school for the children at the battered women's shelters in Fort Myers, Cape Coral and LaBelle.

Abuse Counseling and Treatment,

Inc. is a non-profit agency established to provide shelter, counseling, and education to victims of domestic violence and their families and survivors of sexual assault, serving Lee, Hendry and Glades Counties. To adopt a child, please call Johnnie Mae or Tiffany at 939-3112.

Friendly Faces Luncheon

The next Friendly Faces Luncheon will be held Tuesday, August 10 at 12 noon. All are invited. Reservations are required. Please call Charlene Timothy at 472-5187, ext. 222, no later than August 1 for a reservation.

If you need transportation or assistance, please let us know.

Food & Wine tasting at Bailey's

On Saturday, July 31, from 3 - 5 p.m., stop by Bailey's General Store to sample foods from the different departments.

Enjoy some of Bailey's fine wine selection while trying out tidbits from the deli, bakery (they won second place at the Community picnic for their Orange Dreamsicle Pie!), produce and meat.

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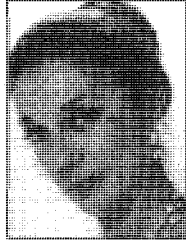
CENTER STAGE

Marsha tours Niagara Falls

There's only one word to describe Niagara Falls and that is AWESOME! I've never really appreciated the full power and meaning of that word 'til I saw Niagara Falls in all of its magnificent splendor. First of all, the approach to the falls in no way prepares you for the mighty power that sends 675,000 gallons of water per second down from a height of 167 feet. The Niagara River rolls along rather unsurprisingly for a while then picks up speed with white capped waves (not unlike Sanibel's bay-side on a breezy day), then crash! swift moving rapids like nothing I've ever seen. The rapids keep picking up at unbelievable speed as you head toward the parking lot near The Cave of the Winds by The Three Sisters' Islands. Suddenly. KABOOM! a might roar and, voila, there are the falls. Fred and Betty knew of a rocky path to follow on one of the Three Sisters, leading to a flat ledge where you can get really close to the Niagara River rapids, before they cascade down to become the Horseshoe Falls. I can't begin to describe the power of nature as you safely stand there, mere inches away from the roiling, cascading river. It was a stupendous experience. I became both hypnotized and very nearly dizzy at the same time. It beats anything I've ever experienced... being that close to the mighty, raw power of nature.

Aside from this physical experience, here are some fall facts: Niagara Falls is the second largest falls on the globe next to Victoria Falls in South Africa. One fifth of all fresh water in the world cascades over the falls from the four upper Great Lakes, Michigan, Huron, Superior and Erie. The average volume of the waterflow over the

falls is 45 million gallons per minute, although the amount varies depending on the time of year — the heaviest being in June, July and August. There are both Canadian and American falls. The mist that the falls produce can be seen for miles.



Marsha Wagner

People don yellow raingear and clamber down stairs along the sides of the falls (not this people; I'm way too afraid of heights). I also didn't feel like doing the other tourist thing — don blue raingear and board the crowded Maid of the Mist (I'm way too claustrophobic) for a very wet circle trip around the bottom of the falls. Another tourist favorite I personally wouldn't attempt — walking out to the edge of a man-made ledge expansion, way up at bridge height over the water, for a bird's eye view of the falls.

I never go up higher than my six inch heels. It's terra firma for me. We were just fine walking around the safety-railed walkways at the top of the falls for our sight-seeing, thank you very much.

Established in 1885, Niagara Falls State Park is the oldest in the nation. It is clean, well run and has numerous eateries, gift shops and amenities, without being a trashy tourist trap. For lunch we opted for the Horseshoe Falls restaurant, right by and overlooking the falls. The food was simple but tasty, the prices reasonable, the service sloooooow. But who cares when you're in good company and the view's spectacular?!

Do yourself a favor and plan to see one of the wonders of our nation. If you go, do take a rain hat or umbrella, 'cause if you're like me, your hair will fizzle and your "do" will fall and it'll be a really bad hair day. Stay in

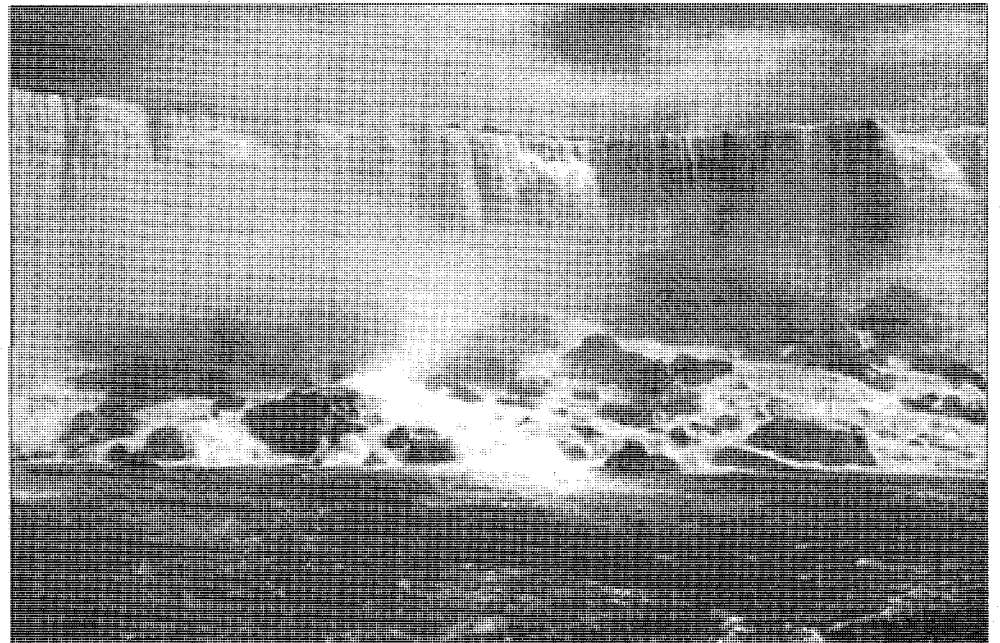
Supplies needed at Schoolhouse Theatre

Class is in session again at the Schoolhouse Theater and our pupils are in need of some much needed supplies. Here are some of the things we wish for:

- Twin beds with box spring and frame
- Cast Automobile (good working condition please)
- A truck for picking up set pieces
- Basic home necessities (plates, glasses, silverware, pots, pans, cooking utensils, sets of towels, twin sheets, pillows, lamps)
- Couches
- TV's
- VCR
- All kinds of tools, (power saws, hammers, screw-drivers, screws, nails, etc)
- Office supplies
- Lights (Christmas, rope, etc)

Please call 472-8930 as some "PTA" member might have already been gracious enough to have fulfilled some of our needs. Principal Victor thanks all of you for your generosity.

Buffalo, drive to Niagara Falls, and round off your visit with a day in Chautauqua, an experience which I'll share with you next week.



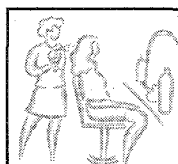
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Top Producers

VIP top June producers

The Sanibel office of VIP Realty Group, Inc. has announced its June Associates of the Month. Mike McMurray was named Top Producer, Rose Dakos was named Top Sales Associate and Karen Bell



McMurray



Bell



Dakos

was named Top Listing Associate.

Mike McMurray has been consistently one of the island's top producers and has been selling real estate on Sanibel and Captiva Islands since 1993. McMurray has been presented many times over with VIP's Associate of the Year Award and has repeatedly been a member of their prestigious President's Club. Rose Dakos has been a consistent top producer in real estate on Sanibel and Captiva Islands for the past 20 years and is also a member of V.I.P.'s President's Club. Karen Bell served on the Sanibel-Captiva Association of Realtors Board of Directors. For many years, Karen has consistently been the top producer for both Sanibel and Captiva Islands.

Coldwell Banker top June listers and sellers

A few years ago three realtors from Sanibel's Coldwell Banker Previews International joined forces to form The 3 Marketeers. Jim Artale, Mike Robison, and Ken Colter combined their considerable expertise in order to serve their company's needs more effectively. They have recently expanded their team to include Jason Lomano and Paul Cook and have now become simply The Marketeers. In June, they were again the top listing team at Coldwell Banker Previews

International.

The top sales team in June at Coldwell Banker was Newman-Panico and Associates. Fred Newman, Vicki Panico, and Ray Ochester joined Coldwell Banker last October, and have already risen to achieve the top monthly honors at their company. They recently closed a sale on Captiva for over \$8 million, setting a new record for the highest price ever paid for beach to bay Captiva real estate.



Robison



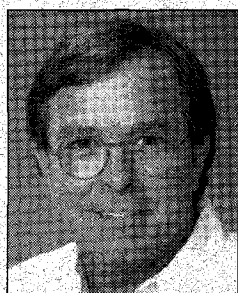
Cook



Lomano



Artale



Colter



Newman



Panico



Ochester

FGCU golf tourney

The 2004 Founder's Cup golf tournament will be Florida Gulf Coast University's lucky number 13 - taking the tournament totals to over the half-million dollar mark for the school's Foundation. The host, The Bonita Bay Group, has announced that the 13th Annual Florida Gulf Coast University Founder's Cup golf tournament will be held Friday, Oct. 15, 2004 at Mediterra in North Naples.

The tournament begins with an 11:30 a.m. buffet lunch at The Club at Mediterra. At 1:15 p.m., golfers begin play with a shotgun start on two of Mediterra's Tom Fazio-designed championship golf courses. Following the scramble tournament, participants will share their experiences

during a buffet and awards reception. Registration is \$1,200 per foursome. Individual players also are welcome with a registration of \$300.

For the sixth consecutive year, Shelton Jaguar, is offering a luxury car as a hole-in-one prize. Additional sponsorships are available. Golf-related, travel and other silent auction prizes also are being solicited.

Proceeds from the tournament benefit the Florida Gulf Coast University Foundation, which provides funds to enhance scientific, educational and athletic programs that are related to the mission of the university, outside the scope of regular state funding. For more information or to register for the FGCU Founder's Cup at Mediterra, call (239) 590-1074 or e mail jedens@fgcu.edu.

SPORTS

Dunes Men Golf Association

Result: July 21

Event: 18-Hole - Two Man Better Ball - 90% Handicap - Net

Player	Score
1st Place	
Dan Alston	62
Jim Clark	
2nd Place	
Bob Davison	64
Dick Smith	
3rd Place	
K. K. Bigelow	65
Earl Sawin	

Congratulations!

It seems to be that as one grows older, one has a tendency to hit more shots to the right than elsewhere. It is such a simple game that maybe we should follow Ben Hogan's advice, given to a person who asked how he could correct this. His answer, "Why don't you aim more to the left?"

Cape Coral 50+ Softball announces player openings

Cape Coral 50+ softball has openings for players. Applications for the Fall 2004 league, which plays on Monday and Thursday nights at 6:45 and 8:00 pm are available now. The games are played at the Cape Coral Sports Complex in Cape Coral. (On Trafalgar Parkway, west of Chiquita). The summer league starts September 2, 2004 and goes until December 16, 2004. (28 games scheduled). The league is 28 years old, plays year round and has players ranging from 49 to 73 years of age. Players come from Naples, Fort Myers, Cape Coral, Lehigh, Sanibel, Pine Island, North Fort Myers, Bonita, Estero, and Punta Gorda. Players are eligible if they will be 50 by 12/31/04. The cost for this season is \$45. In order to be drafted you must attend a practice at the Cape Coral Sports Complex on either Monday, August 23 and or Thursday, August 26 from 5:30 - 7 pm and the draft will be held Monday, August 30, 2004.

For more information or to receive an application call Richard Karp at (239) 489-0085.

Golf tournament to benefit Goodwill Industries

On Saturday, August 14, a scramble golf tournament, presented by Lee County Chamber of Commerce, will be hosted by and held at Pelican Preserve Golf Club on Colonial Boulevard, one mile east of Interstate 75. The shotgun start is at 8:30 a.m., with 4 person scrambles at \$60 per person. The tournament includes lunch and prizes. For registration, call The Chamber office at 239/931-0931. To request a faxed application, email to: info@iloveleecounty.com?subject=send me a golf application.

Kids can meet a member of the Miracle

Enter a contest to win tix to World Series

Join the Major Leagues @ your library, a program developed by Major League Baseball and the American Library Association, is designed to help people of all ages build their 21st century literacy skills. It's also a chance to win tickets to the 2004 Major League Baseball World Series.

Kids ages 10 and younger can enter the Baseball Around Florida contest. You can win box seats to a Miracle game and also be entered into a national drawing to win a trip to a designated game of the 2004 Major League

Baseball World Series.

On the islands, the official entry form can be picked up at the Captiva Memorial Library, a branch of the Lee County Library System. (Please note that the Sanibel Library is not part of the Lee County Library System and will not have the entry forms available.)

Kids can meet a Miracle mascot and talk with a player at the following locations:

- Cape Coral-Lee County Public Library
Saturday, July 31 at 11 a.m.
542-3953

- Dunbar Jupiter Hammon Public Library
Wednesday, August 4 at 11 a.m.
334-3602

- Fort Myers-Lee County Public Library
Saturday, August 14 at 11 a.m.
479-4635



ISLAND SCENE

For items to be included on these pages, they must be submitted by Friday, a week before publication date.

ON EXHIBIT

- **ARTS FOR ACT PREVIEW** at the Bob Rauschenberg Gallery at Edison College. More than 180 pieces of art to choose from. Poster "Cathedral," by featured artist Judy Smith will go on sale. Through August 19.
- **RED, WHITE OR BLUE** at the Arts for ACT Gallery, 2265 First St, downtown. Original art, fine crafts. Show runs through August 4.
- **SAN-CAP ART LEAGUE** at BIG Arts, Summer Show throughout the summer season. More than 150 members present their latest work.
- **SANIBEL LIBRARY** San-Cap Art League members show.
- **SUMMER MEMBERS' SHOW** at the Fort Myers Beach Art Assoc. corner of Donora and Shell Mound Blvd., FMB. Open Weds and Thurs 9-1.
- **TICKETS ON SALE FOR ARTS FOR ACT AUCTION**, event to take place August 21, from 5:30 to 11 p.m. at the Harborside Convention Center. Featured artist is Jean Smith. \$75 advance, \$85 at the door. Tables available, call (239) 939-2553.

ON STAGE

- **GREASE** at the Broadway Palm June 10 - Aug. 14. 1380 Colonial Blvd, Fort Myers. 278-4422.
- **ALWAYS PATSY CLINE** at the Broadway Palm Aug. 19 - Oct. 2. 278-4422.
- **FOOLS**, part of a summer of Neil Simon at the Florida Rep, in the historic Arcade Theatre downtown Fort Myers. Directed by Bob Cacioppo July 9 - Aug. 1. 332-4665

- **THE FAT LADY SINGS AGAIN!** at the Florida Rep., Aug. 13-29. 332-4488
- **BROADWAY PALM CHILDREN'S THEATRE** presents Pinocchio, July 16 — Aug. 7. Lunch and show \$14, 278-4422.
- **KIDS CONSPIRACY** presents Don Quixote de la Mancha, at the First United Methodist Church, 2466 First St. Fort Myers. August 6, 3-5 p.m. \$5, includes refreshments. 332-1152

AT THE MOVIES:

- **Manchurian Candidate**, rated R, starring Denzel Washington and Meryl Streep. Showtimes 4, 6:45 and 9:15 p.m.
 - **Bourne Supremacy**, rated PG-13, starring Matt Damon. Showtimes 4:30, 7 and 9:15 p.m.
- Both now playing at Island Cinema, in Bailey's Center. 472-1701.

THROUGH THE MONTH

- **SUMMER HOURS AT THE HISTORICAL MUSEUM** Open half days, Wednesday - Saturday 10 a.m. to 1 p.m. 950 Dunlop Rd. 472-4648.
- **THE CARPENTERS SHOP** at the Sanibel Community Church. Bibles, books, music, gifts. Mon-Fri. 9 a.m. - 3 p.m., Sunday 9 - noon.
- **SUPPORT GROUP FOR EARLY STAGE ALZHEIMERS**, forming for September meetings. Participants interviewed prior to first session. 437-3007.
- **TARPON BAY EXPLORERS** is offering naturalist led tours on the Tarpon Bay portion of the 'Ding' Darling National Wildlife Refuge



Neil Simon's Fools, playing at Florida Rep through August 1.

for birders, naturalists, and curious people who enjoy being on the water and learning from an experienced naturalist. Call for reservations for all activities. 472-8900

Guided trail tour by canoe and kayak at 10:30 a.m. daily. 472-8900.

Sunset Paddles tour Monday, Wednesday, Friday, 6 p.m. Tour is about 2 1/2 hours.

Sealife and Nature cruise on the 26 passenger pontoon boat departs at 11 a.m., 1 p.m., tour is approx. 90 minutes.

Everglades Day Tour all day Tuesday, Thursday, Saturday, meet at 8 a.m., return around 6:30 p.m. Includes air boat ride, swamp buggy tour, and more. Call for reservations. 472-0101.

Touch Tank Exploration at 11 a.m., 1 p.m. and 3 p.m. Program approx. 1/2 hour.

Evening cruise at 6 p.m. These tours also include a visit to the touch tank. Tour is approx. 2 hours.

Breakfast cruise 9 a.m. Tuesday and Thursday, 90 min., includes coffee, juice, and pastry. Also includes visit to the touch tank.

Kayak/canoe rentals daily 8 a.m. — 6 p.m., last rental goes out at 4 p.m.

Motorized 20' pontoons available for rental, holds 8 people. 472-8900

- **TRAM TOUR OF WILDLIFE DRIVE**, Monday — Thursday, 10 a.m., 11:30 a.m., 1 p.m., 2:30 p.m., and 4 p.m. Saturdays and Sundays 10 a.m., 1 p.m., 4 p.m. Wildlife Drive is now open from 7:30 a.m. to 8 p.m. Saturday through Thursday, changing to 7:30 a.m. to 7:30 p.m. in August. Wildlife Drive is closed on Friday. Reservations, 472-1351

- **SITTING ON THE DOCK OF THE BAY:** The naturalists at Tarpon Bay Explorers have started up free lunchtime talks beginning at 12:30 p.m. Mon.- Fri. on the observation deck overlooking the most beautiful setting on Sanibel and last about half an hour.

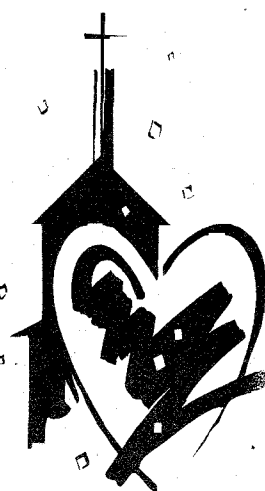
Topics include Calusa Cafe, manatees, dolphins, sharks, turtles, and alligators. Tarpon Bay Explorers is located at the north end of Tarpon Bay Rd. 472-8900. Call for reservations for all activities. 472-8900

- **FITNESS WITH PAM** at the SCA, 2173 Periwinkle Way. Low impact aerobics, lt. weight training. Mon, Wed. Fri., 9:15 - 10:30 a.m. \$8. 267-3092.

- **ADVENTURES IN PARADISE:** Cruises; dolphin watch, sunset



Grease, now playing at the Broadway Palm.



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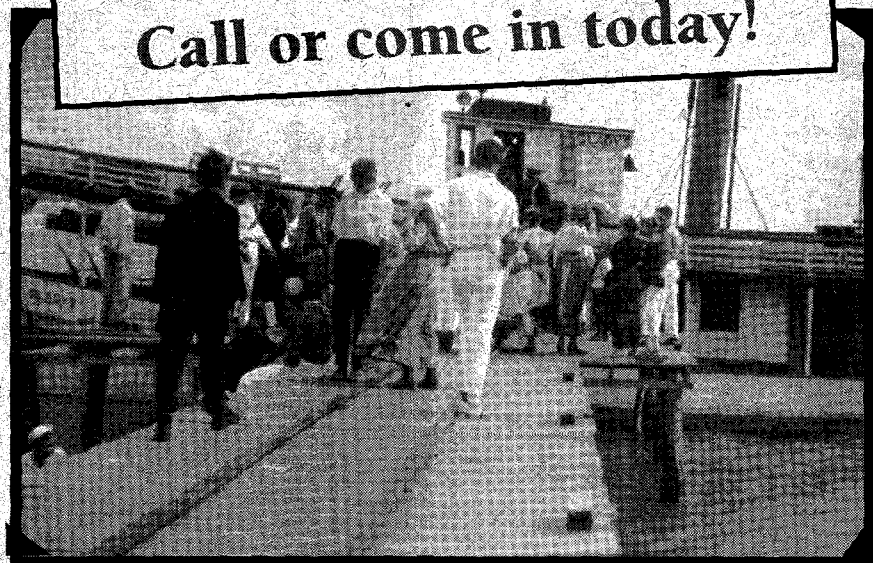
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ISLAND SCENE

cruises and more on board power catamarans. Canoe and kayak tours; guided or self guided. Walk the Boardwalk; free nature tour of mile-long boardwalk at Port Sanibel Marina, Monday, Wednesday, Friday 10 a.m. 472-8443.

- CAPTIVA CRUISES offers a variety of cruises and sailing charters, all departing from South Seas Resort. Call 472-5300 for reservations and information.

Dolphin & Wildlife Adventure Cruises— daily 4 p.m. 1 1/2 tour. Narrated by SCCF docents \$20/adults, \$10/kids 4 - 12, 3 and under are free.

Island Beach & Shelling — 9 a.m. and 1 p.m. 3 hour trip to Cayo Costa.

Cabbage Key or Useppa — 10:30 a.m., 3:30 p.m.

Friday

- KAYAK WITH THE SCCF around Buck Key, in Pine Island Sound. No kayaking experience necessary, leaves at 9:30 a.m. \$35/ person, guided tour. July 30. Reservations 472-2329

Every week

- GOURMET SINGLES SUPPER CLUB meets every Friday in the finest restaurants in the area. For more info, call 332-8191
- BIBLE STUDY AND PRAYER at St. Michaels and All Angels. Fridays 10 a.m.-11:30; a.m. in the Parish Hall. 472-2173.
- TERRIFIC TWOS stories, activities for two year olds, Sanibel Library. 10 a.m. 472-2483
- KWLF stories, activities, games, for ages thru third grade at the Sanibel library. 3 p.m. 472-2482

Saturday

Every week

- VEGETATION WALK 2 hour tour of Shell Mound trail 9 a.m. every other Sat. 472-1100 x222.
- FAMILY FUN AT THE REFUGE guided tour of Wildlife Dr. for the family. 9 a.m. RSVP 472-1100 x222.
- MINDFUL YOGA AT BIG ARTS with Brian Healy, 9:30 a.m. - 10:45 a.m. Open to public, beginners welcome. \$12.

Coming soon

- JUNIOR LEAGUE OF FORT MYERS Tropical Tea. August 7, 4 p.m. 277-1197.
- CHAMPAGNE AND CHOCOLATE JAZZ CASINO NIGHT hosted by the Florida Rep. at the Renaissance Mall, corner of College and Winkler. Dress 'artistically casual' August 7, 7:30 - 11:30. \$55 332-4488
- ARTS FOR ACT annual auction, at the Harborside Convention Center. Guest auctioneer: Tracy Ullman

5:30 p.m. August 21, \$75. 939-2553

Sunday

Every week

- KORESHAN STATE HISTORIC SITE guided tours. 10 a.m. Sat. and Sun. \$3.25 per vehicle.

coming soon

- SPECIAL EQUESTRIANS LUNCHEON AND LIVE AUCTION at Carrabba's Italian Grill, 129990 S. Cleveland Ave. August 8, 11:30 a.m. - 2:30 p.m. \$25. (239) 731-1212
- KAYAKERS FOR MATT SMITH for County Commissioner. Meet at the causeway island near restrooms. 9:30 a.m.

Monday

Every week

- BRIDGE FOR FUN Senior Center 2401 Library Way. \$2 members, \$4 non-members. No partner needed all levels welcome. 472-5743.
- SHELLCRAFTERS 10 a.m. to 3 p.m. every Monday at the Community House on Periwinkle.
- BOOKWORMS stories and crafts for children aged 3-5, Sanibel Library 10 a.m. Mon/Wed. 472-2483
- SMALL WONDERS stories for children birth to age 2. Sanibel Library 2 p.m. Mon/Tue 472-2483
- YOUTH PROGRAM for 4th - 8th grades at the Sanibel Library, 3 p.m. 472-2483
- STORY TIME for all ages at the Sanibel Library, 6:30 p.m.
- SCA DUPLICATE BRIDGE has resumed at the Sanibel Community Association on Mondays at 7:30 p.m. The game is open to all regardless of ability. Partners will be provided if necessary. Fees \$4 for SCA members, \$5 for non-members.

coming soon

- LEE REPUBLICAN WOMEN FEDERATED meeting at Hilton Garden Inn, with candidates for House of Rep District 75. RSVP August 11. Meeting August 16, 11:15 a.m., \$16. 849-0966

Tuesday

Every week

- SMALL WONDERS at the Sanibel Library, for children birth to 2 years.
- OPEN PORTRAIT STUDIO 1-4 p.m. \$4 per session, open to all artists. Model provided. 472-5267.
- TROUBLESTARTERS AT THE AMERICAN LEGION Every Tuesday evening 7:30 pm. to closing. San-Cap Rd. at mile marker 3. 472-9979.
- YOGA CLASSES AT CASA YBEL RESORT Murari Brian Healy will begin teaching two new ongoing yoga classes at Casa Ybel Resort on Tuesday mornings, 9 a.m. - 10 a.m. This is an outdoor class and will be held on the lawn overlooking the

ISLAND SCENE

For items to be included on these pages, they must be submitted by Friday, a week before publication date.

gulf in front of the Thistle Lodge restaurant on the grounds of Casa Ybel Resort, 2255 West Gulf Dr. Beginner friendly, cost is \$12 per class.

- **FORT MYERS SWING DANCE SOCIETY** meets every Tuesday at Ron Dao's Sports Bar in Ft. Myers, 15320 McGregor Blvd. Free lessons 8:30 - 9 p.m. No cover. 239/851-7354

coming soon

- **FRIENDLY FACES LUNCHEON** August 10, 12 noon. Call Charlene or Timothy, 472-5187 X 222.

Wednesday

Every week

- **LUNCHEON SEMINARS** at the Sanibel Community Association, 2173 Periwinkle Way. Self-help seminars led by Vicki Ashton, Wednesdays from July 21-September 8, 11:30 - 1 p.m. Island Cow to cater. Per seminar: \$16/members, \$17/non-members, or preregister all eight weeks \$120/members, \$128/non-members.

472-2173

- **YOGA WITH DR SUSAN PATAKY**, Sanibel Fitness Center on Rabbit Road. All levels, noon - 1 p.m. \$12 466-1558
- **BOOKWORMS** at the Sanibel Library, for children ages 3 - 5 years. 10 a.m. 472-2483
- Coming soon
- **WOMENS' WINE DINNER** at the Thistle Lodge, Casa Ybel Resort, 2255 West Gulf Dr. Guest speaker Mary Ann Costello, owner of Sable Ridge Vineyards in Sonoma. August 11, 6:15 p.m. \$50 if RSVP by August 8, \$60 afterward. 246-4328.

Thursday

Every week

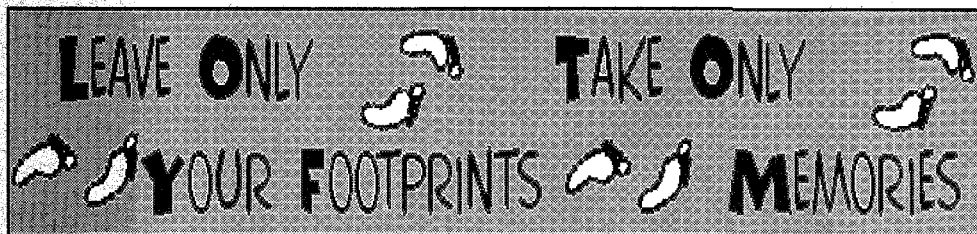
- **TURTLE TRACKS** at the Sanibel - Captiva Conservation Foundation's Nature Center at 9 a.m. Interpretive program on the life cycle of the sea turtles that make their home on the islands. \$3 adults/ kids free. \$2 for parking at the beach. 472-2329.
- **YOGA WITH DR SUSAN**

PATAKY at the Senior Center on Library Way. 10 - 11 a.m. All levels \$10. 466-1558

- **GAMES DAY** at the Senior Center, 2401 Library Way. Bridge, Mahjong, and more. All levels welcome. \$2 members, \$4 non-members. 472-5743
- **SMALL WONDERS** at the Sanibel Library, for children birth - 2 years. 10 a.m. 472-2483
- **YOGA & MEDITATION** 6 p.m. - 7:30 p.m. with Murari Brian Healy at Casa Ybel Resort. Open to public, beginner's welcome. \$12.



Ann Bischoff with the San-Cap Art League, exhibiting at BIG ARTS.



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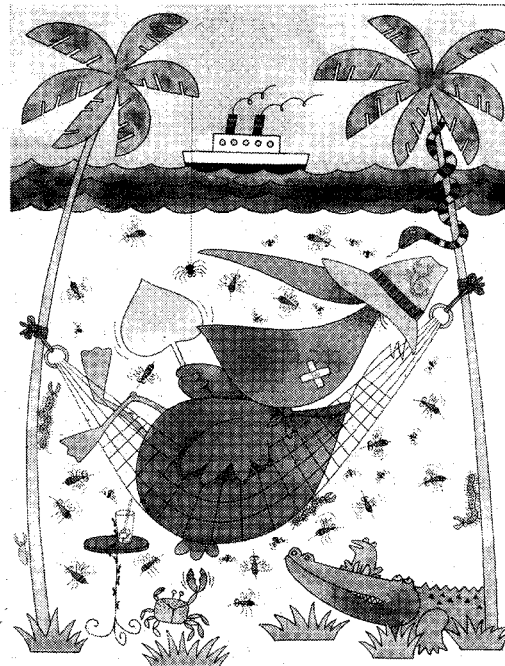
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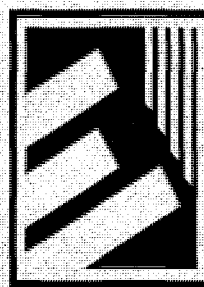
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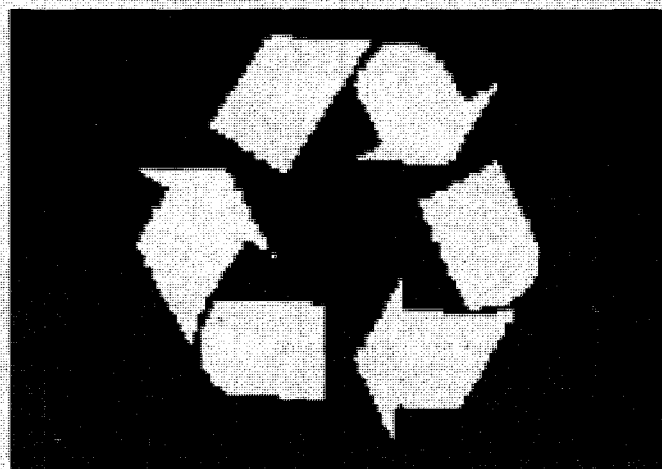
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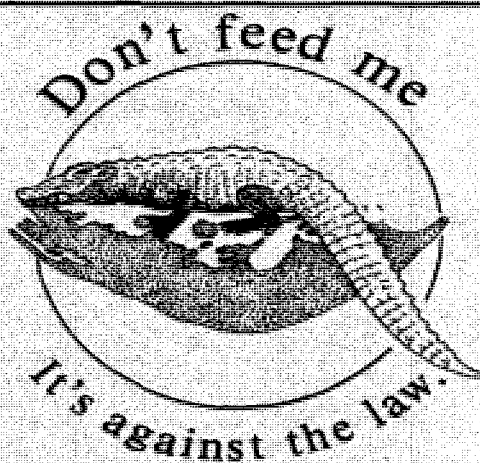


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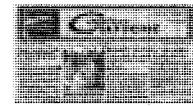
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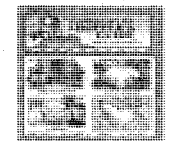
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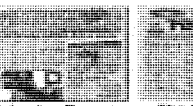
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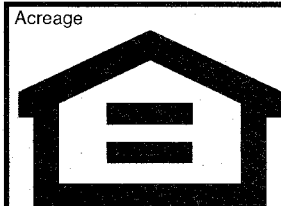
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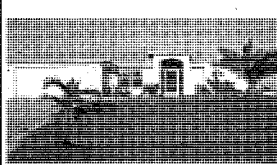
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It's all in the family for Sanibel Shell's Tim Bryant

By Anne Bellew

Tim Bryant, who has been working at Ken Kasten's Sanibel Shell station for three years, is bringing in the next generation of mechanics in his family.

His son, Paul Bryant, is apprenticing with Tim as well as his nephew Jason Hall. All three of them were born in Fort Myers and Tim's direct family has been here ever since his grandfather's family moved to Captiva in 1912. "Their property was adjacent to the Carter property [now part of South Seas]," Tim explained. The more extended Bryant family had already been in Florida for 100 years.

Both Tim's grandfather and his dad were net fishermen for years, and his dad used to have a picture of himself

standing at the back of a shrimp boat with a 22-23-foot shark laid across the stern — head hanging off one side and tail off the other.

His dad and six brothers and sisters grew up in a little house more or less across from the A-frames after you pass through the toll booths. The family dock was on the front shore across McGregor from the house.

Tim grew up a little further toward town in a house next to the Cracker Box which burned to the ground on Tim's 13th birthday. All the old family pictures were lost along with everything else. His father now lives in the replacement house.

As recently as when Tim was a baby, McGregor was a two-lane dirt road with so little traffic that he used to sit in the middle of the street as if he were in a playpen... 'til his dog came over and nudged him out of the way when a car was headed their way. Tim's dad taught himself to be a mechanic. "I have an uncle who's in small engine repairs," Tim said, "and two of my uncles are retired Postmaster Generals — one here and one in Dallas. My grandfather stayed in commercial fishing and trout-fished around the bay and on the front shore, where the causeway would later be built, 'til the day he died."

"He sure did," Ken added. "I remember seeing him trolling back and forth off Dixie Beach — six or seven bamboos poles hanging off the back of his boat!"

"My mother's brother parked cars on the ferry," Tim continued. "He used to tell us about what great fun it was to see the reactions of tourists when some of the crew would tell them that the dolphins they often saw were

sharks... 'See the fin?'"

Tim started coming to Sanibel with his father when his dad was running the heavy equipment used for dredging and building the canals for Mariner Pointe and Shell Harbour. "We used to find beautiful junonias as big as six to eight inches long in the fill," he said. "They burned up in the fire along with all the rest of the stull — or those we kept did. We didn't know they were worth anything, and we threw a lot of them out," he laughed. "The whole east end of the island used to be filled with pines and palmettos, and we picnicked every day where the boat ramp is now."



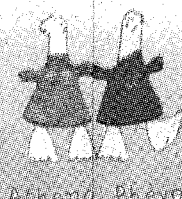
Tobie and Mamie Bryant and their five kids.



From left: Paul and Tim Bryant and Jason Hall.



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Kirkendall works as a Massage Therapist at Stevens Family Chiropractic in Fort Myers and in association with Healing Hands Massage Therapy on Sanibel Island, and Specializes in Sports Massage Therapy, Certified

Lymphadema Therapist, Neuromuscular Reeducation, Auto Accident Rehabilitation, Reflexology, Trigger Point Therapy, and Deep Tissue Therapy. He has been a licensed Massage Therapist since 1995 and is a Professional Member of the American Massage Therapy Association.

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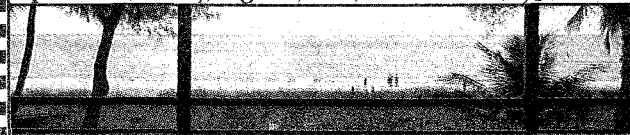
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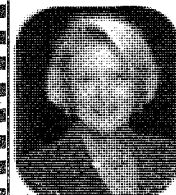
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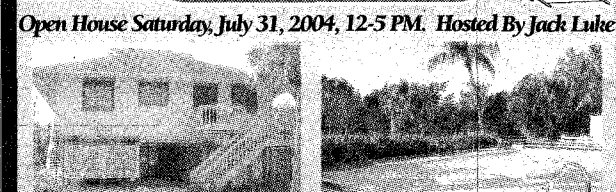


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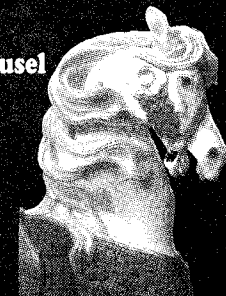


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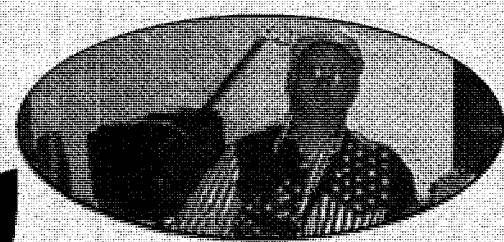
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Art &
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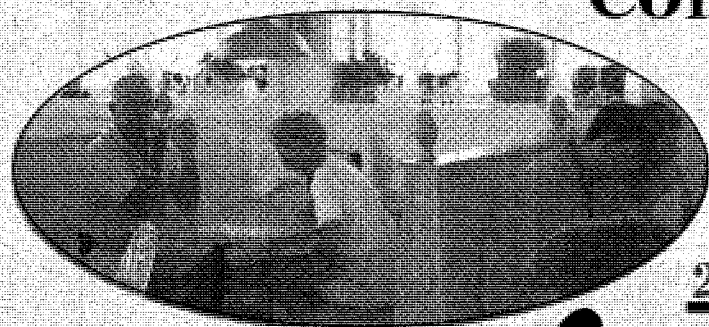
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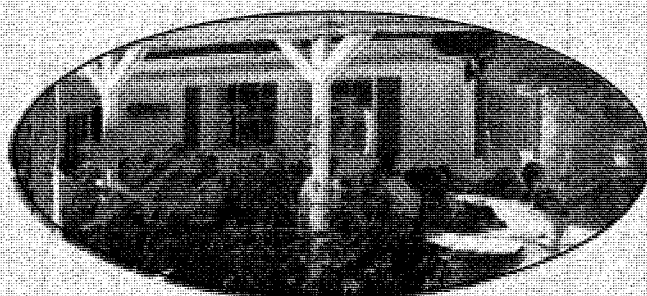
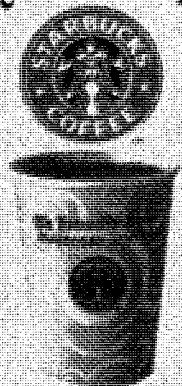


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